

# Ask the Guys' Guy: How Much Is Too Much On Exes?



By [Robert Manni](#)

Question from Mia B: Talking about exes with a new partner is important. How do you know when it's the right time to bring up your past and how much information should you share?

## **Dating Advice: What You Should Tell Your New Partner About Your Ex**

I have a theory about exes. By definition, they are no longer involved in your love life and there are reasons why. Every relationship is different, but if you see a pattern of the

same issues cropping up relationship after relationship, it's time to look inside and ask yourself if you are doing something to invite the same circumstances into your life. There is nothing wrong with a relationship that does not work out long-term. Breaking things off does not mean it was a failure. The way I looked at breakups is we had our time together and we moved on. In the long run, when you look back, it's almost always a good thing that you moved on.

**Related Link:** [Ask the Guys' Guy: How to Pick Up the Man You Like](#)

The point is, exes are exes for a reason. It is not necessary to discuss them and past relationships in detail. It's always better to start a new relationship or even a first date as a fresh start without baggage. If for whatever reason you need to discuss or rehash details of past relationships and why things did not work out, keep it short, be positive, and don't play the blame game. There is no bigger buzz kill to potential suitors than listening to a new partner trash their ex. Everyone who hears this will put themselves in the position of the ex and wonder if they will be judged the same way.

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Of course we all have a past, but my advice is to tread carefully when discussing former partners. You'll get better results by focusing on your new thing and the lessons learned from past relationships that went south.

Good luck.

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email [lori@cupidspulse.com](mailto:lori@cupidspulse.com).

## More about the Guy's Guy:



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Read more from the Guy's Guy on [Cupid's](#).

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## Ask the Guys' Guy: How to Pick Up the Man You Like



By [Robert Manni](#)

Question from Shaylin R: I'm all for making the first move on a guy I like. What are some tactics men like when a woman tries to pick him up?

# Best Ways to Make the First Move on the Guy You Like

Hi Shaylin:

Your question and suggestion is music to the ears of most of the men I know. Maybe it's because guys today are not sure how to make a real connection with a woman once they get past texting and swiping. Some guys are just plain lazy. Whatever the reasons are, most guys love it when women are proactive and make the first move and "pick them up." I'm not sure this is necessarily a good thing for women, but if you make the first move you will get a reaction, so it's worth a shot.

**Related Link:** [Ask the Guys' Guy: Online Dating for Beginners](#)

Women send subtle signals to guys they are interested in. The problem is, most men don't pay attention and therefore do not know how to read the signals of an interested woman unless those signals are overt. I am not suggesting that women simply take over the dating dance and ask the guys out. I believe in romance, seduction, and a man behaving like a man in the very best sense of the word. Guys need to put themselves on the line more, ask women out more, and plan the specifics of a date. If women let guys off the hook on these basics and do all the work, IMHO, guys will sit back and let you. So, be careful of what you wish for.

**Related Link:** [Ask the Guys' Guy: How to Win a First Date After Meeting Online](#)

That said, times are a-changing and no one wants to wait around until a guy finally gets the message that you are interested. If the guy you set your sights on is not responding to your subtle overtures, it's okay to make a move,

Here's an example: he's always talking about the Yankees. If you have a connection, you could say, "My company has a season box at Yankee Stadium. I have them next Thursday." If he does not take the bait, maybe you want to rethink the situation. You can also offer to meet up casually for beers to discuss an issue he's facing or meet up for some much needed post-workout hydration after spin class. The point is, make it feel organic and not like you are chasing him. Leave bread crumbs on the path and make him work.

If you don't feel like playing it that way, ask him out without an organic connection. This could be coffee, drinks, or whatever. If he's into you, he'll jump at the chance. Once things get underway though, I suggest putting the onus back on him to pursue you. After all, do you really want to chase the guy around? He should be chasing you. You're worth it, right?

Good luck.

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## Dating Advice: 3 Ways to Know

# If Your Relationship Is Worth Saving



By Tori Autumn

There comes a time in many relationships when tensions flare up, underlying resentment starts to rise, and overall trust is broken. You start to question if the relationship in question is worth saving. Is there a long-term commitment coming down the line? It can be extremely tough to know if the person you're with is the one for you.

**In this [dating advice](#), find out if your relationship is worth saving.**

- 1. Evaluate the way you both bounce back from arguments.**



How you handle the storm when things go haywire can speak volumes to how you interact with each other moving forward. When you both need to cool off, do you find yourself still resenting your partner after a few weeks have gone by? Is your partner open to having normal conversations after the argument or does he/she avoid the topic and pretend like it didn't happen? And, most importantly, how do you feel overall after having a bad day with your partner? When you evaluate your reactions to both small and big arguments, this will bring you one step closer to understanding if the person you're with is the right one for you.

**Related Link:** [Alternatives to Couples Therapy: Save Your Relationship and Love Life](#)

## **2. The chemistry is still there.**

A good sign that your relationship is strong is that whenever you see your partner, it still feels good. Being with the person who makes you happy can feel new and fresh. Whether you've been together for one year or 10 years, you're both able to continue the romance, laughter, chemistry, and overall great company.

The important thing to remember about chemistry is that you should pay attention to the consistent behaviors and the reactions you're both expecting. For example, if your ideas of keeping the romance alive are going out on dates, watching comedies, planning trips/activities together, etc., you should make sure your partner is open to the things that make you happy. This should go both ways. This way, you won't feel like you're putting in more effort than your S.O.

**Related Link:** [Expert Dating Advice: Why Can't I Seem to Find The One?](#)

## **3. You still feel safe communicating yourself.**

On a scale of 1-10 with 10 being the highest, how much trust

do you have in your relationship? Trust can take the form of communicating your issues, happiness, frustrations, loyalty or emotional security. If your relationship went through a rough patch, and you can both find the strength to sit down and have those meaningful talks, this is one of the most common ways of knowing a little tension is something your partnership will survive.

All in all, you'll know if this relationship is worth saving if this is something you both really want. Take a step each day to think about if your life has changed for the better since you've been with your partner. And if so, be open to trying out new ways to keep the relationship going!

*Tori Autumn is a certified relationship coach, blogger, and author. Her coaching business is named Tori Autumn Coaching and her website is [tautumncoaching.com](http://tautumncoaching.com).*

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## Ask the Guys' Guy: Online Dating for Beginners





By [Robert Manni](#)

Question from Samantha W: I'm new to the digital dating world and my friends keep recommending Tinder, but this app has the reputation for hook-ups. How can I find something more serious and filter out the booty calls?

### **Serious Online Dating for Beginners**

Hi Samantha,

Congratulations on entering the digital dating world. When it comes to dating, technology can be a blessing or a curse. It's up to you and how you play the online dating game. One key to success is always being yourself, the same person you are online as offline. That means maintaining your values and criteria for potential online dates just as you would when meeting someone in person. If you're not into booty calls, don't waste your energy on apps that have a reputation for hook ups.

**Related Link:** [Ask the Guys' Guy: How to Win a First Date After Meeting Online](#)

There is a wide variety of dating websites and apps to choose from. Many are specific about the type of clientele they seek and who they cater to. When getting your feet wet in online dating, it's easy to dive into the deep end of the pool and find yourself treading water due to the amount of offers you'll receive. On most sites and apps, new people get lots of attention and it can be quite overwhelming if you are a smart and attractive woman.

**Related Link:** [Relationship Advice: Four Types of Men You'll Meet Online](#)

Before signing up or downloading an app, do your own research and talk to your friends, both female and male. When you have a clear sense of what the apps and sites are all about, I suggest choosing between one and three apps or websites to sample on a trial basis. That way you'll see the differences in what each service has to offer without spreading yourself so thin that you're constantly juggling dates instead of qualifying potential partners and making a real connection. I also strongly recommend looking inside and determining what experience you want to get out of the online dating game before signing up. If your goal is simply dating, you're in luck. If you want to go deeper, you'll need to set your personal parameters for qualifying the type of guy you're looking for and then stick to your plan.

The good way of managing the online dating process is by starting slow and keeping things simple until you get your bearings and a feel for how the online dating game is played. Remember, never lower your standards to match a service or an app that does not represent the real you.

I hope this helps. Good luck!

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## Dating Advice: 3 Coping Strategies for Widowers that Work







People who have never experienced tremendous loss can never relate to what it's like to be a widower and frankly wouldn't know anything about [dating a widower](#) either. Moving on and accepting the fact that the world won't stop turning just because it feels like your life has come to an end is quite challenging, but doable when the time is right. Below, you'll find our top three coping strategies for widowers not sure how to deal with the stress of getting back to dating following their spouse's death.

## Dating Advice: How to Heal After the Death of a Spouse

The death of a significant other is much harder to overcome than a divorce or a break-up. Here is some [dating advice](#) on how to begin to heal and move on.

**Dip Your Toes Into it:** How will you ever know if you're ready to date again if you don't try it? It's only natural you're overwhelmed with feelings of guilt, and grief itself isn't that far behind on the list of things you feel the most, but

that doesn't mean you shouldn't at least give it a shot. Nobody expects you to go out to a bar and meet people six months following your spouse's death; however, online dating provides you with a perfect opportunity to test the waters and see how you feel about talking to someone you find interesting. Open up a profile and check out what's out there. Simple companionship might do the trick at first before you meet someone truly worthy of your time.

**Related Link:** [Relationship Advice: How to Approach Social Media Post-Breakup](#)

**Keep it to Yourself:** If you have kids, it's unlikely they'll understand that you're trying to move on. Rest assured the same goes with your spouse's family. Nonetheless, you should try to get your life back on track when you feel you're ready and nobody in the world can say when that is but you. There will be people who'll think it's too soon, but don't blame them. Everyone deals with loss in a different way. This is precisely why you should keep the fact you're going back to dating under wraps until you meet someone you'd like by your side at a family dinner or a camping trip with friends. Wait until the opportune moment to let your inner circle know there is someone new in your life and take it from there without making too much of a fuss.

**Related Link:** [Relationship Advice: The Afterlife Connection](#)

**Cherish the Memory:** The fact that you're trying to move on doesn't mean you can't cherish the memory of your late spouse. Having someone to watch a movie with, go out to dinner or to confide in will be fulfilling enough, so that you don't feel like a burden to your kids, family, or friends. In time, they'll understand that it's good for everyone that you're not alone and will come to terms with a new person sitting across from them at your birthday party. The most important thing you need to remember is that you can talk about your late spouse whenever you feel the need to do so, regardless of the fact

that life goes on. Visit their grave with your kids, openly talk about them, and keep letting your kids know you're not forgetting about their mom or dad.

*What suggestions do you have for dating after the death of an S.O.? Offer advice below!*

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## Date Idea: Embrace a Rainy Day



By [Bonnie Griffin](#)

You had a perfect outdoor date planned for this weekend, but now it's supposed to rain. What are you going to do? Are you

going to cancel date night and curl up under the covers? No way! Cupid has some great [date ideas](#) for when the rain runs you inside.

## Check out these date night ideas for when your outdoor plans get rained out.

Take advantage of a rainy weekend by adapting and planning something fun with your significant other even though it may not have been your original idea. Cuddle up with your honey next to the fire and enjoy each other's company. Or, better yet, move all of your furniture and build a little fortress just like when you were a little kid and the rain kept you from going outside.

**Related Link:** [Date Idea: Romance at a Resort](#)

If you don't want to stay at home, then check out a flick you've been dying to see, whether that means going to the theater or watching it at home. A perfect rainy day movie to see is Woody Allen's recent movie *Midnight In Paris*. It centers around Paris being beautiful in the rain!

**Related Link:** [Date Idea: Dance the Night Away](#)

If you're not in the mood for seeing a movie and want something with a little competition, consider going bowling or to an arcade. Check out the "it" bowling destination for our favorite celebrities, Lucky Strikes. They have numerous locations throughout the U.S., and you never know which celebrities you may run into; [Justin Bieber](#) celebrated his album release party this past March at the New York City location. If you're not a bowler, then hit the arcade. Dave & Buster's has over 55 locations, so you're sure to find one near you for a game-filled night inside and out of the rain.

If you really want to get romantic, take a hint from *The Notebook*, and recreate one of the heart-warming movie's key scenes. Kiss in the rain! Now that's one great way to make a seemingly bleak day look cheerful.

**How do you and your significant other embrace a rainy day? Share your stories below!**

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## **Date Idea: Indulge Your Senses at the Coffee Shop**



By [Bonnie Griffin](#)

Coffee is usually used to make one feel energized, and for



some people it's an addiction. The place that people go to get their "fix" can turn into a dating ritual for some couples. It isn't a necessity for every date to be fancy. Sometimes, the simplest choice can actually be the best [date idea](#).

## Check out this great date idea if you are a coffee lover!

Enjoy a night of comfort drinks, like a Mocha or Frappuccino, soothing music and an intimate table (or couch) for two with your hubby by checking out some of the best coffee houses in your city.

**Related Link:** [Date Idea: Explore Love on a Road Trip](#)

Rather have that coffee in private? Then recreate the scene right in your own home by purchasing your favorite coffee beans or coffee of your choice and making a "favorites" playlist that best suits you and your partner's mood.

**Related Link:** [Date Idea: Bookworms](#)

While creating your playlist, search for easy how-to recipes that would perfectly compliment your coffee. Dim the lights, wear something as snug as your oversized pajamas and set up a table for two. Spray the air with a sweet and soothing scent and indulge yourselves in the moment. Who knows what this romantic and homey setting could lead to?

Spread love in between each sip while swaying to the beat of the music, and maybe even the beat of his heart.

**Have your own ideas about coffee shops and dates? Share them with Cupid! And if you want other themed date ideas, drop Cupid a comment below!**



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# Date Idea: Explore the Big Apple



By [Bonnie Griffin](#)

If you're searching for an adventurous [date idea](#), you may want to consider spending the weekend in New York City. From museums to concerts to endless other attractions, you and your partner are sure to have the time of your life.

## Check out this great date night

# idea if you're looking for a little adventure!

If you love movies and being outdoors, look into one of the many free outdoor concerts and films at the Lincoln Center. It's a classy vibe and an exciting way to enjoy New York City without spending a dime. You can even experience a live orchestra for free.

**Related Link:** [Date Idea: Mid-Year Resolutions](#)

While you're there, don't forget to take your mate to The Nuyorican Poetry Cafe, where you can indulge your artistic side with poetry performances from brilliant spoken-word poets. Be delighted by literary events, theatre, performance, and music, all for an affordable price.

**Related Link:** [Date Idea: Get Thrifty](#)

Or better yet, a little shimmy could get you off your feet.

New York City hosts its popular Summer Stage, where you and your man can enjoy free performances of talented dancers, who show off their flexible bodies. If you're interested in attending, don't forget to bring a blanket to spread on the ground, and possibly an umbrella to shield yourselves from the sun. You want to be as comfortable as possible at these kinds of events.

For a complete list of attractions, visit New York City's official guide for tourists. Once you plan out the perfect date in the city for your sweetheart, head over there. Take a bite out of the Big Apple and enjoy yourselves!

**Have some of your own exciting New York events? Cupid would love to know. Spread the word! And if you want other themed date ideas, drop Cupid a comment below!**

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# Date Idea: Relive Your Teenage Years



By [Mara Miller](#)

What if you could go back in time and be “17 Again?” Although you may not be Zac Efron in the movie, it’s very easy to relive your childhood memories by going back in time and dressing the part, watching a film or reading a book from that era. You can even relive your teenage years while you’re on a date, which can be extremely nostalgic.

# Relive your teenage years with this date idea!

Stir up memories of mullets and 90s fashion by renting a movie from the past like *Rambo* or *Legally Blond* with this dating advice. It could make a fun conversation starter, especially if you come dressed for the part.

After the movie, don't forget to jam out to music that was totally 'in' during your teenage years. Even if you and your partner weren't teens at the same time, you can still share what kind of music you liked when you were growing up. Knowing that your partner was a heavy metal rocker while you were all about hip hop can make for a very interesting experience.

**Related Link:** [Date Idea: Finders Keepers](#)

For adventurous types, dress the way you did during high school and stroll the streets with your partner while eating Twizzlers and sipping soda out of a crazy straw. You might get a lot of stares, but who cares? You'll never see these people again, and you and your partner will have memories for a lifetime.

If you're looking for a laugh, flip through each other's high school yearbooks. There are sure to be a few fashions do's and don'ts that'll make each of you cringe and say, "What in the world was I thinking?"

**Related Link:** [Date Idea: Mid-Year Resolutions](#)

Of course, curiosity will probably get the best of you by the end of the day, and you'll be left wondering what your old high school friends are doing. If you're feeling a bit nosy, surf through Facebook or Classmates and let your date know you have nothing to hide.

Have you and your partner relived your teenage years on a date? Let us know how it went by commenting below.

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# Date Idea: Get Your Relationship Off the Ground



By [Mara Miller](#)

Are you getting bored with your typical date nights? There's only so many times you can do dinner and a movie before it becomes tedious. If you're looking for a way to spice up your relationship, then you should consider trying something unique and different to get your relationship off the ground with

this dating advice and dating tips.

## Check out this date idea for unique date night plans!

Since it's still summer (just barely!), amusement parks are "just the ticket" for some a high thrill good time. From rides to live entertainment to great fried food, they have everything to make your date a memorable and adventurous one.

Scream your lungs out on a wild roller coaster ride, feed each other some cotton candy, stand hand-in-hand and exchange kisses in line or have fun laughing at each other trying to win that elusive prize!

**Related Link:** [Date Idea: Finders Keepers](#)

Check out the 10 Best Amusement Parks in America if you aren't sure which park to visit. If you live in Pennsylvania, Dorney Park is a great choice. It has fairly short lines, which means you'll have a better chance of getting on most of the rides. If you're a chocolate addict, you may want to visit Hershey Park, where there are both rides and delicious chocolate.

**Related Link:** [Date Idea: Mid-Year Resolutions](#)

After spending an entire day at a theme park with your partner, give your body a chance to relax from the major adrenaline rush by going on a boat ride the next day. Feel the cool breeze on your face and enjoy the tranquility of the ocean, while taking in the gorgeous views and sharing some bonding conversations – possibly about your date the day before.

Getting your relationship off the ground may not be as difficult as you anticipated, but more fun than you ever imagined.



Have any other ideas to lift your relationship off the ground? Share them with Cupid! And if you want other themed date ideas, drop a comment below!

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## Date Idea: Run Outta Moonlight



By Emma L. Wells and [Bonnie Griffin](#)

Is there anything more romantic than staying up all night to spend some quality alone time with your partner? Cupid has some [dating advice](#) to deepen your relationship and love by connecting under the light of the moon. For this [date idea](#),

you need nothing, but each other...and maybe a little caffeine!

## Be Playful with This Romantic Date Idea

Staying up past your bedtime will make you both feel like kids again. And there's so much you can do together as you waste the night away! Use this time to talk and get to know each other even better. Consider playing a game like Would You Rather or Truth or Dare to get the conversation flowing. Or get out your old family photos and learn more about each other's childhoods.

**Related Link:** [Date Idea: Spend an Intimate Night Indoors](#)

If you're in a playful mood, you may want to play a card game or pull out those board games from the back of your closet. You don't even have to follow the rules! Since you have all night, try combining two games and coming up with your own guidelines to create something new together. This weekend date idea should be light-hearted and fun. Make coffee, hot chocolate, or tea to keep those eyelids from drooping. And don't forget a midnight snack!

To make this date idea even more romantic, light candles around the house. Since the weather is nice this time of year, you can venture outside and star gaze while you snuggle together under a blanket. See how many constellations you can name – you can check your work with an app like SkyView. Don't forget to make a wish on any shooting stars you might see!

**Related Link:** [Date Idea: Slumber Party](#)

You'll be making memories you can cherish for years to come. Since the nighttime is often free of distractions (like work e-mails and texts to answers), your relationship and love will be stronger after taking this dating advice. Perhaps the moon

will allow you to see your partner in a totally new light. This could be a story to tell your grandkids!

**Have you ever stayed up all night with your honey? Share with us in the comments below!**

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## Love Advice: Get Your Country On



By Emma L. Wells and [Bonnie Griffin](#)

Put on your cowboy boots, because this [date idea](#) will have y'all traveling to a dude ranch! You'll have a barrel of laughs as you ride horses, stop by the rodeo, and even learn

to square dance.

## Pick Up New Skills with This Country-Themed Date Idea

For this date idea, you and your partner will head to a nearby dude ranch. They have a lot of fun weekend activities for you two to enjoy. Channel your inner cowgirl and boy as you're taught how to ride horses and use a lasso. You might even catch a rodeo. Whether you're horseback riding through mountain trails or hiking along a river, this is the perfect opportunity to connect with each other and with nature. Take this [dating advice](#) and make sure to snap lots of pictures so your friends and family can see how much fun you had.

**Related Link:** [Date Idea: Get Thrifty](#)

Some dude ranches offer a variety of sports activities, including archery and horseshoes. Why not turn it into a fun competition? You can even rope in (pun intended!) another couple and make some new friends. Ranches that are near lakes or rivers will often have canoeing and fishing too. If it's a hot day, take advantage of these water activities and cool off!

Next, it's time to get your country music on. You'll be sure to wrangle his heart as you spin each other around the dance floor and learn to square dance. Your relationship and love will grow as you and your significant other try to keep up with the quick pace of the tunes. You two will impress your friends next time you pull out your new moves; you might even have a secret talent for it.

**Related Link:** [Date Idea: Hunt for Love](#)

Don't forget to dress the part too! Because these are mostly

outdoor activities, you don't want to wear anything too nice. You'll be comfortable in jeans and boots or sneakers. If you plan on getting on a horse, make sure you're wearing long pants. Bring a cowboy hat if you have one!

You and your beau will have a blast on this country-themed weekend date idea. Doing something outside your comfort zone will help you connect on a totally new level. Not to mention, you'll have plenty of great pictures and lots of happy memories together after the day is done!

**Have you and your honey ever visited a dude ranch? Tell us below!**

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## **Date Idea: Honoring 9/11**





By Emma L. Wells and [Bonnie Griffin](#)

[Date ideas](#) can't always be about romance, flowers, and fun. Some days, like September 11th, need to be spent in reflection and deference for spiritual renewal. The terrible events in American history on this day still have repercussions that reverberate in our society nearly 18 years later. September 11th is known as Patriot Day and is a national day of service. Cupid has some [dating advice](#) for a date night to mark this significant occasion.

## Connect With Your Partner With This Volunteering Date Idea

The events of September 11, 2001 were undoubtedly damaging to our country in countless ways. On this day, pay homage by helping to fix some of the problems in your community. Visit your local homeless shelter or VA Hospital. Volunteer for a cause that matters to you, whether it be related to food, justice, education, the environment, or something else – as long as it's important to you. We can't change the events of



past, but we can do something to better our future.

**Related Link:** [Expert Dating Advice: 5 First Date Ideas to Get Past the Winter Blues](#)

Take pride in your country by visiting a 9/11 or veteran's memorial. Some cities have museum exhibits, and many places host non-denominational memorial services you can attend. You can also support the troops by working with one of the many organizations that collect cards and packages to send to soldiers overseas. You may consider signing up as a volunteer for a disaster preparedness group, such as FEMA or the Red Cross. You and your partner can research and make an emergency plan together if you don't already have one.

**Related Link: Expert Dating Advice:** [Tired of Online Dating Sites? 3 Ways to Get Off As Quick As Possible](#)

Another way to follow this dating advice is to watch a 9/11 documentary or read a book about the tragic day with your sweetheart. Two acclaimed films you can check out are *The Second Day* and *Project Rebirth*. Consider picking up a historical book about the events leading up to and including Patriot Day. If you are looking for a shorter read, check out *A Time of Gifts* by the late Stephen Jay Gould, published just days after the Twin Towers were hit.

**Related Link:** [Date Idea: Explore Love on a Road Trip](#)

Participating in these date idea activities with your significant other will deepen your relationship and love. Connecting over issues you both believe in will draw you together and make your partnership stronger. Seeing your partner interact with a young child, sick patient, or the elderly will give you a better understanding of their values. Before volunteering, make sure you and significant other are on the same page and have similar goals and expectations for the day.

How will you honor 9/11? Tell us below.

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## Date Idea: Kidnap Him!



By Emma L. Wells and [Bonnie Griffin](#)

Of course, we don't mean that you should *actually* kidnap your sweetheart! But a faux kidnapping surprise is a great way to spice up your relationship and love. This [date idea](#) is about catching him off guard and showing off your spontaneous side.

## Be Romantic and Exciting With This

# Spontaneous Date Idea

Surprise your significant other in the morning by telling him you're kidnapping him for the day. He'll love how genuine and carefree you are. Just remember to stealthily check his schedule ahead of time and make sure that he doesn't have something important planned.

For this date idea, you should have a whole day filled with surprises for him. For starters, whisk him out of bed and take him to a big pancake breakfast for the two of you. Don't tell him ahead of time where else you're going; it's for you to know and him to find out!

**Related Link:** [Date Idea: Mid-Year Resolutions](#)

With this relationship advice, you'll be visiting some of your favorite past date spots. Think back on your relationship and the places you fell in love, then head out to the places that have significance for you as a couple. You can go to where you first met, where you had your first date or kiss, and where you first told each other "I love you." It will be very romantic to recall all those special moments together.

**Related Link:** [Date Idea: One, Two, Walk in My Shoes](#)

To make this weekend date idea even more exciting, consider adding a treasure hunt component. After you kidnap him in the morning, give him a set of clues that you and him will follow throughout the day. It's a great chance to test your riddle skills! Give the day some variety by not just visiting places but doing activities too. Stop at locations where you can do a project or play a game together.

**Related Link:** [Relationship Advice: How to Approach Social Media Post-Breakup](#)

This date idea is great for seeing how far you've come as a

couple as well as all of the possibilities you have for the future. After your spontaneous day, have a relaxed and romantic candlelight dinner waiting at home and end this date on the right note.

**What kind of spontaneous date ideas have you planned? Tell us below!**

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## Date Idea: Hometown Tourism



By Emma L. Wells and [Mara Miller](#)

Who says you have to get out of town to be a tourist? This [date idea](#) is perfect for couples who can't take a vacation, but who want to spend some quality time improving their

relationship.

## With this date idea, let your city surprise you this weekend!

There are many ways to make this date idea a success. First, experience the sights, tastes, and sounds that your city is known for. Make a list of the biggest tourist attractions in your hometown and complete as many on the list as you and your beau can do in one day. If you live in a big city, pick a new neighborhood to explore. Does this area have a walking tour, a museum, or any historical or famous spots to visit? Afterward, head to a popular spot for lunch. If you're lucky, maybe a local band will be playing. You'll be surprised by how much goes on right under your nose!

**Related Link:** [Date Idea: Stroll Through a Museum](#)

If you want to venture beyond just one neighborhood, make this date idea a themed day. Decide to walk around to all the best museums, historical sights, or specialty eats in your city. At the end of the day, rank them from your favorite to least favorite. That way, you can revisit your top picks!

You can also consider doing activities you may have done before but not in a long time, like going to the zoo or aquarium. It will be special to experience them again with your significant other. Plus, this [dating advice](#) will allow you to see old things in a new light.

**Related Link:** [Date Idea: Garage Sale](#)

Don't forget your tennis shoes! This date idea requires a lot of walking, so make sure you wear comfortable clothing and sensible footwear. You can still be stylish and sexy. For instance, wear skinny jeans, a black silky top, and red sneakers. After all, you don't want aching feet to interrupt

the fun!

Follow this [dating advice](#) and add some sweet shots and selfies to your photo album. Take a snap together at every stop you make. Consider filming parts of the day and make a montage of your date. You'll create memories that you and your partner can cherish for years to come.

Have you ever been a tourist in your own city? Tell us below!

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## Celebrity Break-Ups: Fans Speculate That Porsha Williams & Dennis McKinley Called It Quits







By Amanda Sanders

In the latest [celebrity news](#), fans are speculating that [celebrity couple](#) reality star Porsha Williams has split from her fiancé Dennis McKinley. According to *UsMagazine.com*, during Memorial Day weekend, her followers noticed that she was no longer McKinley on Instagram. Williams' sister Lauren and her mother Diane are also no longer following McKinley on Instagram. As of Tuesday night, the Bravo star began to follow McKinley once more, but her family members still aren't.

**Fans have some opinions on what was behind this celebrity break-up. What are three good reasons to call off your relationship?**

#### **Cupid's Advice:**

Breaking up is a big deal and shouldn't be done lightly, but there are definitely some instances where it's warranted.

Cupid has some good reasons it's time to call it quits:

**1. They're too clingy:** At first, it's nice to be with someone who showers you with constant attention. But if they get angry or disappointed every time you go out with your friends or when you need a night to yourself then its time to take a step back and re-evaluate how healthy this relationship really is.

**Related Link:** [Expert Dating Advice: How To Handle Heartbreak](#)

**2. They don't make time for you:** Even Prince Charming might forget to respond to a text every so often or be forced to cancel plans when something important comes up. But if you're never able to pin down your guy to hang out, that doesn't give you much time to have an actual relationship. This kind of guy typically isn't looking for anything serious, and if you are, then it's time to move on.

**Related Link:** [Expert Dating Advice: How To Put Yourself Out There After A Breakup](#)

**3. You can't trust them:** No one likes a liar. If you have serious doubts about where they were when they said they were working late or worse, you catch them in a lie, it's time to dump them.

**What's another reason to call off a relationship? Share your thoughts below!**

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## Celebrity News: Kelly Ripa Says She Is 'Disgusted' By

# 'The Bachelor' & 'The Bachelorette'



By Megan McIntosh

Looks like there's some drama in [celebrity news](#) with [Kelly Ripa](#). It turns out that she's "disgusted" by ABC's reality shows *The Bachelor* and *The Bachelorette*. According to *UsMagazine.com*, Ripa blasted the show, saying that she can't stand the idea of women fighting over one guy, adding that women "are too special to be arguing over a guy." Ripa thinks both [reality shows](#) are "creepy."

## In celebrity news, not everyone has

# love for the Bachelor franchise apparently. What do you do if you're vying for the heart of someone another person is also interested in?

## Cupid's Advice:

When you're first getting to know someone, there's no way to be sure that you're the only person they're seeing. There's always a little friendly competition at the beginning of a potential relationship. Cupid has some tips on what to do when someone else is interested in the person you're trying to snag:

**1. Act your age:** Some people like to act immature or childish to get someone's attention. That is not the way to do it. While using a childish voice or teasing a potential partner may get you temporary attention, it's no way to keep them interested for the long term.

**Related Link:** [Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO](#)

**2. Confidence:** It doesn't matter what you do, what you wear, or what you say if you don't do it with confidence. Be confident in your walk, be confident in your flirting, just be confidence. Confidence is attractive because it shows that you know you've got what they're looking for.

**Related Link:** [Dating Advice: Five Steps to Winning a Second Date](#)

**3. Show interest:** This might seem obvious but the best way to grab someone's attention is to show genuine interest in their lives. Ask them about their friends, their favorites, and

maybe try out a hobby or two that they enjoy. This shows them you're interested and makes them want to get to know you better.

**Do you have any advice for catching someone's eye? Share below!**

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## **Relationship Advice: Can You Handle Sex Without Love?**



By Dr. Jane Greer

As women strive for equality, they are exercising their freedom of sexual expression more and more, which for many

might mean a choice to have casual sex. However, with that freedom and choice comes great responsibility, and the important task of taking care of your emotional self and well-being. That is possible only once you know what you want and can tolerate, and, when it comes right down to it, if you can handle sex without love. Diane Von Furstenberg spoke about her fling with Richard Gere, saying it was just a “f\*\*k,” which is how she wanted it to be. While it is more common for men to have sex and keep it just about the physical connection, with few or no feelings of intimacy involved, women regularly struggle with separating the two. Often emotions come into play despite their best intentions, since so often women feel most vulnerable when they are in intimate situations and often literally are and symbolically feel naked. So how can you know if you can handle a fling with no strings attached?

## **With this relationship advice, learn if you can handle a fling without love.**

By challenging the stereotypes that have confined and limited women for so long, you can consider your sexual identity and what it means to you in terms of your happiness and your sexual esteem, and what might give you the most pleasure and fulfillment. Sometimes that might mean indulging in a purely physical romp with someone. That can happen if, for example, you want to sleep with someone you just met, because you are on vacation and want a brief romantic escapade, or you are at a wedding and want a one night stand. Furthermore, you may have just gotten out of a long relationship and aren't ready to jump back in to a serious commitment, so casual sex might seem appealing. If you find yourself facing any of these scenarios, ask yourself if you will be okay if you never hear from this person again. Or if you begin to feel connected but they aren't interested in anything more than the sex, will you



be able to disengage without experiencing a great loss? The most important thing to consider is how you will feel when it's over. The key is to be able to enjoy the experience, and have it enhance your self-esteem.

**Related Link:** [Relationship Advice: Will Your Perfect Partner Vision Become Reality?](#)

Sometimes the only way to know if it is going to work for you is to take a chance, jump in and see where you land. You know best what your Achilles' heel might be, and if there is a chance you could come out of it with a big emotional ouch because you may find it hard to let go, this might not be the right move for you. With that in mind, if you are in the driver's seat you can give yourself the permission to say yes to your desires and feel empowered by them when it comes to your sex life decisions. The essential thing to be aware of is that whatever your action may be you are doing it by choice, one that you are making for yourself with full awareness of the consequences, and thereby can feel confident about. In this way, you will be a woman who takes charge, is in control, knows what you want as well as what you don't want, and will be better able to build your inner security which will reflect in your general wellbeing.

**Related Link:** [Relationship Advice: Should You Elope?](#)

For Diane, it was simply about getting physical. It requires clarity, like she had, to know from the start that you'll be fine if nothing more develops from your sexual encounter. If you are able to take an inventory and determine where your tender spots are, thereby avoiding heartbreak, hopefully you will be able to keep it light and fun. In the end, knowing what you can handle is the best indication of whether or not a sexual rendezvous without a commitment will be a positive or negative in your life. If you tend to get attached quickly and are very sensitive to rejection, just sex might not be for you. You want to be your best protector. When it comes to

casually getting between the sheets and thinking about how you'll feel after, trust your gut.

Please tune in to the Doctor on Call radio hour on [HealthyLife.net](http://HealthyLife.net) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

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## Product Review: Colored Contacts is the Next Best Dating Advice





What does your eye color say about you and who you are attracted to? It's often said that the eyes are the windows to the soul. They are the first thing we notice in another person and there is much more to eye color than simple genetic pigmentation. Eyes can reveal a lot about your personality and your health. Most shocking, however, is that eye color can also determine who you're most attracted to! Evaluating eye color could be the best [dating advice](#)!

## **Product Review: SmartBuyGlasses Offer Dating Advice!**

It may be no surprise to you that many romantic couples share a few physical traits, but attractiveness to a certain eye color could come from a surprising source. According to a paper published by Lisa DeBruine and her colleagues at the University of Glasgow, people tend to prefer romantic partners whose eye color matches that of their parents. To demonstrate how eye color affects one's attraction to another, the research team recruited 300 heterosexual and homosexual men and women and made records of their eye color, as well as

their parents' and lovers' eye color. The eye colors were then categorized into light (covering blue, green, blue-green, grey and hazel) and dark (covering light brown, dark brown and black).

**Related Link:** [Product Review: The Essentials for a Night In](#)

The researchers found that overall, heterosexual women and homosexual men were twice as likely to have a lover with similar eye color to their father's, while homosexual women and heterosexual men were more likely to have a lover matching their mother's eye color. While dreaming about your next [date night](#), consider changing your eye color to boost the attraction.

**Related Link:** [Product Review: Your Date Night Secret Weapon](#)

In general, the eyes are what many people describe to be the most important facial feature in a potential partner, according to another study by FastLife.com. The survey stated that the majority of male and female participants found blue to be the most attractive eye color. Other than blue, they found men preferred women with green eyes over brown, whereas women were more attracted to brown eyes over green in men.

While it's true that there can be many reasons behind why you may be attracted to a certain physical quality, beauty is in the eye of the beholder, so what people find attractive is totally subjective. Nonetheless, if you've always wondered how you might look with a different eye color, colored contact lenses are a popular bet. There are numerous sources for colored contact lenses; however, finding good quality, affordable and comfortable choices can be tough!

**Check out [SmartBuyGlasses](#) to get your own colored contact lenses!**

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# Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO



Valentine's Day is over and done. But, celebrating and expressing love should never be limited by a holiday or a certain month of the year. Trying out new things as a couple is proven to strengthen any relationship regardless of stage. Sure, a candlelit dinner, flower bouquets, and expensive

chocolates do sound romantic, but you can do that any day with your S.O. Go for something new, and never be afraid to try out other things!

**Once in a while, isn't it amazing to go all-out? Whether you and your S.O. are the outdoorsy types or incorrigible homebodies, here is some [dating advice](#) with five simple activities you can do for fun.**

### **Camp Under the Stars**

For the outdoorsy couple, an excellent Valentine's celebration would mix romance and adventure, and that's exactly what you can get when you go camping. Camping in the wilderness makes you feel as if you were the last people on earth. It's just you and your SO underneath the stars, surrounded by the quiet and peace of nature. Nothing can be more intimate than that.

Plus, camping outdoors has lots of [benefits to your physical and mental health](#), including stress reduction, getting exercise, breathing fresh air, and unplugging from social media, to name a few.

Of course, if you don't fancy the long trek and lugging heavy camp gear to the site, you could always [go for glamping](#). It may not be as thrilling or as adventurous as traditional camping is, but you'll have more comfort and convenience in exchange. In any case, you can always rough it up next time.

### **Do an Arts and Crafts Day**

Not everyone enjoys going out. Some people just want to stay



in and relax with their SO at home. You can watch some movies, play video games, and share a home-cooked dinner. Or you can do something that you don't do every day to celebrate the holiday—like doing arts and crafts.

Whether you and your partner are artistically inclined or not, there are plenty of benefits of doing arts and crafts. Staying at home, making origami, [creating a photo book](#), coloring, or just doing something creative is a great way to have fun and just relax. You can compete with your arts and crafts with something 'romantic' as prize for the winner.

### **Try Paintball**

If you and your partner are itching for some thrill and adventure, invite all your friends and organize a paintball competition this weekend. There's nothing like adrenaline rush to add fun and excitement to your celebration.

Paintball is perfect for people who want to have fun and let off some steam at the same time. You're free to go wild, get competitive, and make as much mess as you can. A game of paintball may be just what you and your partner need to decompress and loosen up some knots.

First time trying the sport? Learn all about the rules and whatnot of the game using this [detailed paintball guide](#).

### **Have a Slumber Party**

Who says only kids can have slumber parties? Adults need them too! Slumber parties are a lot of fun, and you and your significant other deserve to as much.

You can stay up watching all your favorite movies, playing video games, doing your nails, having a rap battle, holding an impromptu concert, or simply chatting. It's a great way to catch up especially if you've both been so busy doing individual things.

Having a slumber party also takes away the stress of planning a romantic celebration on one or both of you. And you save yourselves from struggling with a million other couples who are rushing to make it on time for their dinner reservations.

### **Spend a Relaxing Day at the Spa**

For the busy couple, a relaxing spa day may be the perfect way to celebrate special days. Sure, spending the holiday at the spa may not be the most romantic thing to do for others, but both of you deserve to feel more refreshed and a really great massage and pampering. Adventure and excitement can wait until the next holiday or weekend. For now, you both deserve to treat yourself.

### **Final Word**

You're not obligated to celebrate and express your love for each other all the time. But these little things make a huge difference for any relationship. Planning such activities add spice to any relationship and will make your significant other feel loved. You don't have to stick to conventional ways of celebrating all the time. If you and your SO have the time, energy, and resources, why not do something fun and unique and even more extreme?

**What are some fun date ideas you do with your SO to keep the spark alive? Share below!**

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# **Celebrity Interview: 'Temptation Island' Host Mark**

# Walberg Shares His Secret to a Happy Relationship



Interview by [Lori Bizzoco](#). Written by [Lauren Burczyk](#).

Mark Walberg (not to be confused with Mark Wahlberg) is an American actor, television personality and talk show host known for his time on Antiques Roadshow, Russian Roulette, The Moment of Truth, and both the original (Fox Network: 2001) and most recently rebooted (USA Network: 2019), Temptation Island. Walberg's role on Temptation Island is divided between being the host of the show and a relationship expert of sorts who guides confused couples through all types of relationship struggles – stagnant relationships, trust issues, and ultimatums. In our exclusive [celebrity interview](#), Walberg offers our visitors valuable [dating advice](#) on how to make a relationship stand the test of time!

# Celebrity Interview with Mark Walberg: Temptation Island – Dating Advice, and His Secret to a Long, Healthy Marriage.

Many of us remember Temptation Island from when it first aired on Fox in 2001. Controversial from the start, the show followed four couples who were struggling in their relationships and couldn't decide whether to stick together or call it quits. The premise of the show was to separate these couples on a beautiful island, and surround them by members of the opposite sex for a few weeks.

The first season of the show delivered solid ratings, but the next two seasons did not and unfortunately, Temptation Island was cancelled. Fast forward to 2019 and the current state of digital dating and instant gratification, and Temptation Island is back again, newly rebooted with Walberg as the host for a fourth season. "It feels great to do it [host Temptation Island] again," says the reality tv star and husband of 31 years. "I really had no hesitations. I was pretty sure the show would be relevant today and new audiences would enjoy it!" Walberg couldn't be more right, as Temptation Island was just renewed for a second season.

However, a lot has changed in the world since the show went off the air in 2003 and Walberg's personal life is no exception. "It's the same in that I was married then and married still so my perspective hasn't changed," he explains. "However, I'm more in the 'dad zone' now and I have some years of experience to add."



Mark Walberg and wife Robbi Morgan. Photo: Instagram/@markwalberg

Despite the potential for a more accepting audience, there are many skeptics of the show and its theme. Some feel that the four couples are willingly putting their relationships in danger by opening their hearts to temptation and dating other people. That being said, it's not out of the question for an experience like this to strengthen a couple's bond. Walberg elaborates, saying, "I wouldn't advise this experience for couples. It's extreme. And it's TV. That said, I am certain that these couples will find the truth about how they feel about one another through this experience. And that knowledge will either make them stronger as a couple or stronger as an individual."

**Related Link:** [Celebrity Interview: Ashley Iaconetti and Jared Haibon Talk Wedding Plans and Dating Tips](#)

The current couples on the 2019 reboot of *Temptation Island* are Karl Collins and Nicole Tutewohl from Chicago, IL, Evan

Smith and Kaci Campbell from Los Angeles, CA, Javen Butler and Shari Ligons from San Francisco, CA, and John Thurmond and Kady Krambeer from Forth Worth, TX.

### **Mark gave us insight on a few of the couples on the show:**

When it comes down to commitment, Evan and Kaci are at odds after being together for several years. "There's no rhyme or reason to why people fall for one another," says Walberg. "I call it the lightning strike. But, ultimatums for marriage are never the way to enter into that commitment."

Contestants John and Kady had their own issues coming into the show, not knowing if they were right for one another. On the show, Kady is tempted by a single man in the house who makes her feel desired and more like herself, Dr. Johnny Alexander. Are they a better couple than John and Kady? "I can't say who's a "better couple," says Walberg. "What matters is that each of them find partners that respect and love them. If that's not there, it's not going to work. If Kady feels safer and more supported with Dr. Johnny, then that's her path. It's actually better for everyone in the end."

Speaking of temptation, contestants Shari and Javen have been together since high school, but Shari has many insecurities because Javen cheated on her while he was in college. You'd think going on a show all about temptation might worsen those insecurities, but Walberg has a different perspective. "Maybe her insecurities will go away altogether," he says. "That's a couple to keep watching..."

Well, as Walberg says, we'll have to keep watching to see what will happen with each couple. "My hope is that they leave the island with the answers they're looking for in the end," he says. "Although, I warned them that their questions will change, there was a lot of personal growth among the cast."

**Related Link:** [Celebrity Interview: TV Heartthrob Sterling Sulieman on New ABC Drama 'Station 19'](#)



The reality is, not everyone has the opportunity to go on a television show like Temptation Island. So, what can everyday couples do to keep their relationships on track? Walberg, whose long, healthy relationship with his wife makes him the perfect host for Temptation Island, thinks the answer is, "Communicate, compromise, forgive. That's it. Oh...and love one another!" And, there's no one secret for a happy marriage, he says. "I could try to give advice all day, but really it comes down to one thing... my wife and I love each other! That's it!" And, resisting temptation is key as well, of course. "Social media has made it so tempting," Walberg says. "Temptation is at your fingertips. Like advertising! I don't know how to change that except to always remind yourself not to let 'better' be the evil of 'good.' Nothing's perfect, but if you love one another, you can work it out."

*You can keep up with Mark L. Walberg by following him on [Twitter](#) and [Instagram](#). Make sure to check out "Temptation Island" Tuesdays at 10/9c on USA Network.*

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## Dating Advice: Five Steps to Winning a Second Date





In today's world of fast immediate gratification and apps that teach us to swipe left and right, there are so many options for dating that quantity seems to prevail over quality when it comes to meeting someone long-term. If there isn't a connection on the first date, we are off to set up a date with the next person we meet online. Sometimes it takes a few dates to build a connection. Let's dig into some crucial moments advice for getting a second (and maybe third) date with someone.

## Dating Advice: Five Steps to Winning a Second Date

**1. Be respectful of their time:** Choosing a location for the first date is one of the most important factors in getting a second date. It's easier to get comfortable and suggest your date travel closer to you. The respectful and courteous thing is to compromise on a location for your date. The meeting place should be a convenient, neutral location for you both. For example, if you like to play basketball but your date has never stepped foot on a court, this may not be the

best idea for a first date. Similarly, if you live in the city and your date lives in the suburbs, don't invite them to your town just because it's faster and easier for you to get home later. Agreeing on a location together will lay the foundation for any potential relationship. It's surprising how many first dates fail because this simple rule isn't followed. Additionally, if you really want to impress your date, knowing what they like to eat and do is sweet and thoughtful.

**2. Listen and ask:** The bottom line: stop talking, listen to your date, and then ask questions. Even if you have funny stories, use them sparingly. Attraction often happens when someone feels heard by the person sitting across from them. Give your date a chance to speak if you don't want to come across as a selfish, narcissistic chatterbox. Ask about their interests and maintain a healthy give and take in the conversation, paying special attention to topics that really interest your date. Listen without interruption if you like your date. It will let them know you're into them. Don't bombard your date with overly personal questions that it puts them on the defensive. Your conversation should feel like a friendly, pleasant chat, not an interrogation at a police department. Remember, it's hard to be vulnerable, but someone feels heard when they're talking, they tend to open up more. Be mindful of that.

**3. Don't wait too long:** It's a sad truth, but guys often wait too long before asking a girl on a second date. It could be because of a packed week with other options, because they aren't interested, or as simply because they're afraid of rejection. You might want to move on if it's been two weeks since your first date with someone unless they have a reasonable explanation as to why it took so long to get back in touch. If they make you wait the second time around, then it's a pattern that you need to decide if you want to live with when being courted by someone. The same goes for moving too quickly. Don't be too forward or aggressive by asking

someone out as soon as you get home or text them repeatedly.

This article was written by [Meetwife.com](http://Meetwife.com), an online dating site that has several women looking for marriage.

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## Date Idea: Homemade Smoothies



By [Sarah Batcheller](#) and [Mara Miller](#)

It's hot outside, and you and your beau have exhausted every effort to bare the record-breaking heat. One thing you may not have tried, though, is a day inside blending together your favorite ingredients to concoct the perfect smoothies. All you need for this [date idea](#) is a blender and your favorite fruits. A day well-spent indoors this summer is just what the two of

you need to wind down and cool off!

## Check out Cupid's best relationship advice for beating the summer heat with this date idea!

Smoothies are fantastic because they're an easy and delicious homemade treat. Whether you have a sweet tooth or you're a health nut, there are dozens of smoothie recipes out there for you. The Food Network has listed fifty of their own, and you're bound to find more as you search. You can stick to traditional strawberry banana, or you can try your hand at more unique recipes. SimplyArtisanal.com has some very fun ideas that are sure to "wow" your lover like vanilla fig and peach fuzzy navel. Don't be shy about blending different recipes; the whole point is to stay in and try something new!

**Related Link:** [Mexican Cooking Classes: Spice Up Date Night](#)

Half the fun of this weekend date idea is in the preparation. Pick out your favorite recipes; make a list of everything you'll need; and hit the grocery store. It doesn't matter if you're on a budget or willing to splurge – you can find something that fits your desires. If the two of you want to challenge each other, split up at the grocery store and pick out your favorite ingredients. Follow this relationship advice and surprise your partner's taste buds with your creation!

**Related Link:** [Frugal Foodies: How to Save on Dining Out](#)

You and your partner can even have a contest to see who can come up with the best recipe. For added fun, create categories like "most original", "best tasting", or "most disgusting." Then, the date will be more about the time you're spending together and less about the actual smoothies (not that we're



against that). If you're turning the smoothie-making into a day-long event, you'll want to remember to make small portions each time so that you can both try them all!

**What is the best smoothie recipe you've ever made? Tell us in the comments below!**

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## Date Idea: A Day at Sea



By [Sarah Batcheller](#) and [Mara Miller](#)

Embrace the other elements with your cutie and spend a day exploring the ocean. This weekend date idea can include so many different activities at sea, including jet skiing, scuba diving or snorkeling, and sailing. Being out in the



vast water and so far away from dry land will allow you two to really indulge in some alone time. Consider this relationship and love advice and make a day out of conquering the great, blue sea!

## Get ready for this ocean-inspired date idea!

Jet skiing is a fantastic option because it's highly accessible. There are tons of companies on every beach. Once you've found one that matches your budget, make an appointment. After you arrive, the instructors will have you sign a waiver and take a short safety course. Then, you can strap on your life jacket and head to the shore, where they'll help you enter the water. If you want to compete with your lover, you can rent two jet skis or if you want to get cozy, rent one to share. Either way, you'll be able to venture further out into the ocean than you have ever before.

**Related Link:** [Date Idea: Beach and Beyond](#)

In order to partake in deep-sea scuba diving, you have to take lessons and be licensed. This is always an exciting date idea, but if you're just going out for a day at the beach, you may want to opt for some snorkeling instead. You can purchase snorkeling equipment at many sporting goods or department stores, and from there, all you'll need is your ability to swim! Underneath the pier is a great place to snorkel, as a lot of sea critters gather there. You can also bring your snorkel right offshore where you'd normally swim and take a gander at what's lurking around your feet.

**Related Link:** [Date Idea: Bring the Beach to You](#)

If you or a friend owns a sailboat, then use this weekend date idea to spend the day lounging on the deck with your sweetie. You can even make it a couples date and invite your best

friends. Boating is not only exciting, but it provides an escape from everything back on solid land. Pack some food and drinks, and you'll be able to stay out there all day!

**What's your favorite way to explore the ocean? Tell us about it in the comments below!**