

Date Idea: Float Away To Paradise



By Amanda Martin. Updated by [Stephanie Sacco](#).

Take advantage of the summer sun by spending time on the open seas. Whether you're looking for excitement or relaxation, our relationship advice is to enjoy the water with your partner because it will unite you as a couple. For this [weekend date idea](#), grab your favorite swimsuit and get ready to make waves.

Refreshing, Water Infused Date Ideas

Research your local (or not so local) area to find romantic

dinner cruises. Find couples packages like massages and spa days. Look for specialty boat tours, a fireworks show, or a party cruise with a DJ and a full bar that both you and your partner can participate in. Enjoy night swims at the pool deck. Once you've embarked, the waves will whisk you away on a romantic date night.

Related Link: [Enjoy the Outdoors With This Challenging Date Idea](#)

Another adventurous date idea is to navigate your own excursion. Visit a nearby lake and rent a canoe or kayak. Pack a picnic lunch that you and your partner prepared together. Even just going for a swim or dipping your toes in the water can provide you with refreshing weekend date ideas. Our dating advice is to plan ahead so you have something to look forward to as the week winds down.

Related Link: [Date Idea: Around the World in 80 Minutes](#)

If you want to explore deeper waters, try scuba diving or snorkeling. Find a venue that offers couples activities that you can try together. Look at the various sea creatures or swim with dolphins. If you don't want to scuba or snorkel even just going to an aquarium with your partner would be fun. Dive into these date ideas, trust in your partner and most importantly have fun. Explore new territory with your significant other and make a splash!

What's your favorite way to explore the open seas with your partner? Comment below!

Dating Advice: Use The Law of Attraction to Attract the Right Man



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to give his [dating advice](#) for attracting the right man using the laws of attraction.

Dating Advice On How To Attract The Right Man

1. Be ready. When approaching a relationship, in order to avoid relationship problems, make sure you're ready to

transition from single to dating. To find the love of your life you need to be available in order to meet him.

Related Link: [Dating Advice: The Secrets to Attraction](#)

2. Don't settle. Accepting less means you'll get less. Settling for someone you know isn't right for you is setting yourself up for failure much like a self-fulfilling prophecy.

Related Link: [Expert Dating Advice: What is Love & How Do I Find It?](#)

3. Take risks. You have to put yourself out there and take a chance. The experts dating advice is that getting out of your comfort zone will expose you to much more. Strictly sticking to what you're used to can be limiting.

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Celebrity Couple Predictions: Drake, Eva Longoria and Lea Michele





By [Shoshi](#)

In the latest [celebrity news](#), three famous couples have caught the public's attention, whether it be Drake and Rihanna's rumored celebrity relationship, Eva Longoria's third celebrity wedding, or Lea Michelle's next shot at love. Who's stepping out in Hollywood this time around hand in hand? Join me as I look into the crystal ball of relationships and love. Below, I share my predictions for these [celebrity couples](#).

Celebrity Couple Predictions: Celebrity Relationships That May or May Not Last

Drake and Rihanna: It seems like nobody believes that Drake and Rihanna are just friends. Who doesn't twerk their booty on a friend any chance they get? It's time to let this rumor go! They aren't a secret couple, contrary to the anonymous sources that keep popping up in the press. Recently Drake was asked point blank if he was dating RiRi and his answer was that they

are just friends. That is not to say that they do not practice being friends with benefits from time to time. Why shouldn't they? They are both attractive adults, so why not help each other maintain pleasure when necessary? It would be nice to see these two in a relationship with each other, or with whoever makes their heart skip a beat. It looks like Drake and Rihanna aren't making time for romance, though. They are both working, traveling, and involved in their careers. However, look for Rihanna to be in the relationship by the end of the summer.

Related Link: [New Celebrity Couple? Rihanna & Drake Spotted Getting Cozy at Concert Afterparty](#)

Eva Longoria and Jose Baston: Looks like the third time's the charm for Eva Longoria. She walked down the aisle with Jose Baston, President of Televisa, Latin America's largest media company. This is Longoria's third marriage and it looks like her last. The celebrity couple was married in Mexico in front of A-list guests. It would seem Longoria has hit the jackpot with Baston. He sees her as his equal and loves that she is a strong and passionate woman. After two failed marriages, Longoria knew exactly what she was looking for in a partner. She has definitely found the right one this time around. Before the wedding, they had already been calling each other husband and wife. I see a new dog in their future and a discussion about children. Right now a baby is a possibility, but if Longoria is not pregnant by next year, more than likely the couple will not have children together. Either way, they will continue to be just as happy as ever.

Related Link: [Eva Longoria Marries Jose Baston in Romantic Celebrity Wedding in Mexico](#)

Lea Michele and Robert Buckley: Lea Michele has not been so lucky in love. That is not to say that she isn't trying. She dated that so-called model/actor and ex-gigolo Matthew Paetz, who allegedly broke her heart. Then there was her boyfriend

and *Glee* co-star, Cory Monteith, who died of a drug overdose. Most women would have locked up their heart and thrown away the key. Despite these negative experiences, Michele is currently dating actor Robert Buckley, and says that she is very happy. That's definitely good news. It's nice to see her find love again. Where is it all going? That remains to be seen. Michele wants to be married with kids but not necessarily right now. It looks like it's on her mind. Buckley may not be the guy she walks down the aisle with, but he is getting her ready for when the time is right.

Related Link: [New Celebrity Couple: Lea Michele Is Dating 'One Tree Hill' Star Robert Buckley](#)

For more information on Shoshi click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Relationship Advice: How To Handle Single-Shaming





By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Samantha Cohen

For one reason or another, there is an undeniable stigma that is attached to being single. As relationship experts, we know that sometimes your friends and family constantly ask why you're still single and nagging you to meet someone. During times like those, dating can become more of a chore. Here are 3 dating tips to handling single-shaming. Our [relationship advice](#) will help you focus on yourself, surround yourself with single friends, and dress to impress.

Relationship Advice On How To Handle Single-Shaming

1. Focus on Yourself. Use this time that you're single to be a little selfish and focus on yourself. Whether it is finding a new hobby, getting in shape or even searching for a new job – use this time to find your happiness. In order to find love, you have to be happy and secure with yourself. Once you're feeling your best, your new-found confidence will help you go

out there and meet the right person. Our relationship advice is to love yourself before you can find love.

Related Link: [Relationship Advice: When to Share Your Passwords](#)

2. Change Crews. If all of your friends are in relationships or married, it might be time to get out there and meet some new friends. When you're single, it's important to have a few single friends who can go out for a night on the town with you. The reality is that prince charming is not going to show up at your doorstep, so going out and being social with a few girlfriends is a great way to meet people. Even if you are going out with the intention to just have a girls date night, going out and having fun is a must when you are single. Plus you never know where you will meet your soulmate!

Related Link: [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

3. Dress to Impress. Being single is a great excuse to revamp your look. Sometimes change is a good thing, use this time of being single to experiment a little...with a new hair color, lipstick or even just nail polish. And no matter where you're headed put a little effort into your look. Even if you're not looking to meet someone at the moment, everyone wants to feel pretty- it will boost your confidence.

Embrace being single and use this as your time to focus on yourself and have fun with your girls. Dating should be fun, not something that you're forced into from your family or friends. And when you love yourself and feel the most confident, the right person will come along.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Advice: Managing Your Adult Child's Return To The Nest



By Toni Coleman, LCSW, CMC for [Divorce Support Center](#)

It's that time of the year when young adults are graduating from college, returning home for the summer break, or have decided they want to step back from their lives and return to their parent's home to rethink their options and future direction. During their absence parents often have a nice rhythm going and fear their life and relationship may be upended and they will end up back in parenting mode now that

their adult kids will be under their roof again. If you are facing this challenge right now, the following [relationship advice](#) and parenting advice could help you transition to this new adult-to-adult relationship and avoid falling back into old ruts, conflicts, or dysfunctional dynamics.

Relationship Advice On Managing Your Child's Return Home

1. Start with an open and frank discussion. As the custody battle between [Madonna and ex-husband Guy Ritchie](#) concerning their teenaged son, Rocco, rages on, their circumstance illustrates this relationship advice that you need to be upfront that this is your house, and you will have the final say on what is acceptable and appropriate. Your child is being given permission to live with you, and they will need to adapt to your way of doing things and not the other way around. This does not necessarily mean they will have no input or say or that there will be no room for negotiation around differences. It just means that after talking everything through together, and hearing them out—you will make the final determination on any issue in dispute. In order to avoid relationship problems, you need to be clear that their acceptance of this is a contingency of their living with you.

Related Link: [Relationship Advice: Telltale Signs Your Relationship Is One of Convenience](#)

2. List your expectations upfront. This is how we handle relationships with peers, isn't it? Therefore, when you speak directly and candidly with your adult child, you are saying that you see them as a peer now and will treat him with the same expectations as you would any other adult. Expectations regarding the handling of household chores, finances, shopping, cooking, and the usage of common space should be aired with the goal of reaching a firm agreement on each.

Anything that is shared by or impacts all members of the household would apply here.

3. Discuss boundaries and any rules you want in place. As a relationship expert, I know that boundaries are necessary and important to healthy relationships. Within all households, there are subset relationships—such as parents, children, children and significant others, and any extended family that may be members of the household. Each subset needs to have a boundary around it that distinguishes it from the others. When your young adult comes home, they will need to respect your couple time and privacy, and you will need to acknowledge and respect theirs. If they have a significant other who visits, establishing rules for where and when they will interact in your home will be important to your privacy and theirs, and if not addressed, disharmony and resentment can flourish. If you are concerned about late night noise and arrivals home, it may be necessary to establish a curfew if these disruptions can't be handled in another way.

Related Link: [Dating Advice: Gifts For the Heart](#)

4. Don't forget they are adults and need to be treated as such. Don't treat your young adult like you would a minor child or younger teenager. This includes how you speak to them, avoiding attempts to control or dictate their behavior, or making threats about what you will do if they don't comply with your expectations/rules. Instead, present your expectations and any rules in a direct and non-confronting manner. Remind them that it is their choice to live under your roof and that your expectations are a part of that decision and that they are free to change their mind at any time.

Remember that the adjustment to returning home will be as much of a challenge for your adult child as it is for you. Therefore, it is important to remain focused on their feelings and needs along with your own. After all, you put a lot of effort and care into raising them and want them to be well-

adjusted and competent adults, right? Helping them to handle this important step towards adulthood may be the last hurdle and one that if handled successfully could pay great dividends for all of you down the road.

[Toni Coleman](#), LCSW, CMC is an internationally known psychotherapist, relationship coach, and founder of consummate relationship coaching. As a recognized expert, Ms. Coleman is the featured relationship coach in The Business and Practice of Coaching, (Norton, September 2005.) In addition, she authored the forward for Winning Points with the Woman in your Life, One Touchdown at a Time, (Simon and Schuster, November 2005.) among many other achievements.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice On Why Men Pull Away





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to give their [dating advice](#) on what to do when men pull away.

Dating Advice On What To Do When Men Disappear

1. They need to reevaluate. In every relationship, a man will pull away after the honeymoon phase in order to reevaluate and make sure they want to go to the next level with you. Expert dating tip: Give them their space and time to evaluate, then when they come back be happy and receptive.

Related Link: [Dating Advice: Online Dating Tips To Find Your Soulmate](#)

2. There's something going on in their life. They're evaluating a crisis at work, or something is going on with their friends or family. Maybe they're scared or not able to take the relationship where they want to go. Be happy and

accepting if this happens.

Related Link: [Dating Advice: The Secrets to Attraction](#)

3. They're done. For some reason or another, they've decided they aren't interested anymore. The experts dating advice is to not pursue him because you aren't desperate.

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Date Idea: Make Your Own Memorial





By Amanda Boyer. Updated by [Mary DeMaio](#)

Memorial Day weekend is the time of year when we recognize the heroic efforts of the men and women who have served our country. It also means that we have to say goodbye to spring and welcome the hot, humid weather. For this [weekend date idea](#), take the next two days to set a plan for the rest of your summer and decide what you want to accomplish during these months with your honey.

Celebrate Memorial Day Weekend With These Date Ideas

To kick off the long weekend, have a picnic in a park. Bring some little American flags, and wear red, white, and blue to show your patriotism. Our dating advice is to leave your phones behind and spread out a comfy blanket to sit on during lunch. Use this Memorial Day date idea to talk about what this holiday means to you and share some stories about the veterans in your family.

Related Link: [Tiger Woods and Lindsey Vonn Jet Ski with His Kids for Memorial Day Weekend](#)

Find a parade around town and be sure to get a good spot. You can cuddle up next to your partner as you enjoy the floats and entertainers. The parade will show the ins and outs of our culture. There may even be a fun run or 5K that you can participate in with your significant other. Grab some spirited workout gear and support your honey all the way across the finish line.

Now, in honor of the holiday, it's time to make your own memorial. Grab a carving knife and head outdoors with your love. As you enjoy a romantic walk, find a tree that is near a special spot in your relationship and love – maybe where you shared your first kiss or had a big talk about the future. Carefully carve your initials into the bark. To make it even more special, add the date with a heart around it. That'll help you remember when you ventured out of your comfort zone to make your mark as a couple. Once you're done, take a picture of it for safe keeping.

Related Link: [Memorial Day Getaways for Lovers](#)

If tree carving isn't your thing, buy a few cans of spray paint and head to a deserted area of town. Proclaim your feelings for one another with a sweet mural that represents your relationship. You and your significant other will enjoy this chance to get your creative juices flowing. Plus, years down the road, you'll smile when you think back to this special Memorial Day weekend.

To end the night on a good note, find a drive-in movie theater nearby. Breathe in the fresh air and take a trip back in time as you watch the film. You can even sneak in some ice cream or a bottle of wine to enjoy as the on-screen story unfolds.

Know another Memorial Day date idea? Comment below!

Dating Advice: Online Dating Tips To Find Your Soulmate



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Dr. Diana Kirschner to give their [dating advice](#) on the secrets of attraction.

Relationship Experts Talk Online Dating Advice

Trying to find your soulmate is rough, especially after

experiencing bad break-ups or relationship problems. But have no fear, because the experts say that everyone has a soulmate. Your soulmate has to be willing to grow and meet the basics. Try online dating if you want to find someone who has the same value system, wants the future you want, and feels like it's coming home.

Related Link: [Dating Advice: The Secrets to Attraction](#)

In order to find love online, there is simple dating advice that you could try to find great guys. First, your online profile should feature a great photo. Men are visual, so pictures count. Wear red, smile, make eye contact with the camera and wear moderate makeup. Also, be proactive about messaging men online, especially if you're not getting the responses that you want.

Related Link: [Dating Advice For Women: What Are Men Attracted To?](#)

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Kate Beckinsale Talks Victorian-Era Dating Advice





By [Dena Linzer](#)

The rules of dating are those unwritten do's and don'ts that women are supposed to follow within the dating scene. It's the dating advice told to us by our mothers, our friends, and the media. "Don't wear dark lipstick on the first date," "offer to pay the check," "Don't seem intimidating" to name a few. Not that we actually follow these rules, but we still hear them nonetheless. We thought they were bad *today*, but imagine what women in the 1800s went through just to have a conversation with a guy. Kate Beckinsale, star of the new film *Love & Friendship* based on a Jane Austen novella, reads and reacts to Victorian-era dating advice with the help of a gentleman straight out of the 1800s. You might want to steer clear of these dating tips and tricks for your next date night.

The video is now live on [VanityFair.com](#) and *Vanity Fair's* channel on [THE SCENE](#), the video platform from Condé Nast Entertainment.

Love & Friendship, written and directed by Walt Stillman, hits theatres tomorrow.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Dating Advice: How A Masculine Guy Can Get In Touch With His Soft Side



By [David Wygant](#)

Are you one of those guys who thinks getting in touch with your soft side makes you a wimp? Do you feel like you're a wussy if you get in touch with your soft side and actually

show people that you have a heart? Well, let me tell you something: I've been the masculine guy my whole life and I can honestly say I've got a soft side. I'm proud of it. Now granted, I'm probably not the guy who's going to go and build the barbeque grill, put furniture together, or say, put a car up on jacks and change the oil myself. But, I've always been a man. I don't really cry at anything. And when I do cry at a sappy movie, I make sure no one sees me doing it. Without our soft sides, we're really out of balance and when we're out of balance, a woman's not going to show up in our life. Have you ever heard the term 'being a big mush'? Well, in my experience as a relationship expert, being a big mush is actually a pretty good thing. I like to be a big mush. I think being a big mush is really important. And if you want my [dating advice](#), I think a lot of people need to really start understanding that that's what a true, masculine man is all about.

Dating Advice: Embrace Your Soft Side to Make Deeper Connections

When I'm with my daughter, I'm a big mush. I'm very connected to her. I'm connected to her and understand her needs, wants and desires. When I'm out with a woman on a date night and I'm listening to her, I tend to be a big mush. I want to hear what she's all about. But I do so in a very masculine way. I do it so she feels safe, secure, protected and honored. So how do you go about getting in touch with that soft side? Well, it's simple. My dating advice: You allow yourself to feel. It's a good thing to feel. It's great to admit that you feel something.

Related Link: [Dating Advice: Chivalrous Acts For The Modern Man](#)

It's great to admit that you feel connected to the sensitive

side of yourself. I strongly suggest that you spend some time really thinking about what makes you emotionally happy, and spend some time trying to really understand that it's good to feel. Spend time looking at your kids, if you have them. Spend time looking at the people in your life, right down to things that really make you feel. It's not good just to be a masculine ape, over and over again. It will cause you many relationship problems. That's what I think about opening yourself up and being a more sensitive kind of guy.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, “Take Actions That Are Consistent With Your Commitments”





By [Rebecca White](#)

On May 3, a new Myx TV original dating series premiered that tested the old cliché that “mother knows best.” Carmelia Ray is the world-renowned professional matchmaker star in the new series, *Mom vs. Matchmaker*, which challenges a matchmaking titan with over 20 years of experience to find, train and prep a better suitor than determined moms who are inserting themselves into their single child’s love life. In our exclusive [celebrity interview](#), the relationship expert talks about the new reality TV show and gives her best love advice.

Carmelia Ray Talks New Reality TV Show, ‘Mom vs. Matchmaker’

With any reality TV show, the contestants’ future happiness is on the line in the hit new series. Emotions run high and audiences are able to get a behind the scenes look at the matchmaking process. As the matchmaker, Ray is most excited for viewers to see what it takes to find a match so they can appreciate the process of working with a matchmaker.

“Matchmaking is a real alternative and a great one at that,” the expert says. “Viewers will be surprised at the lengths that both mom and I go to, to find the perfect match.”

Related Link: [Celebrity Interview: ‘Full House’ Star Candace Cameron Bure Talks ‘Fuller House’ & Relationship Advice](#)

The matchmaking process isn’t just about finding someone who marks off checks on a list but is a creative training process. As the matchmaking titan says, “Nothing is predictable.” The show features many twists and turns, because even if a choice seems obvious and makes the most sense, people tend to go with their gut, even if goes beyond what they say they want. Overall, the show also displays that mothers don’t always know best. “I’m a mom and I’m willing to admit I don’t always know best,” Ray says with a laugh. “There’s no manual and there are a hundred different ways to deal with a situation, so even though moms have a strong sense of what an outcome should be, they don’t always know best.”

Matchmaker Gives Best Love Advice

With summer right around the corner and summer love on everyone’s mind, turning a summer fling into a full-fledged relationship can be tricky. Ray’s best dating tips for summer love are to avoid sleeping with someone on the first date and take your time. “There’s something to be said about saving yourself sexually,” she adds. Slowly reveal yourself, because the mystery is half the charm.

Related Link: [Celebrity Interview: ‘RHOD’ Star Stephanie Hollman Says Her Life Is All About Her Family](#)

Along with summer love, comes wedding season. If you’re single and navigating the upcoming wedding season, you don’t have to bring your summer fling as a date. “It’s always great to bring a date who has no expectations,” the reality TV star says. “Bring a wing woman or a wingman or the DD.” When you’re

single, going to a wedding doesn't have to have pressure or be awkward. You can bring someone who has your back and complements you so you can have a good time. But remember that the wedding day is also about your friend who is getting married. If you see that the bride is having cold feet, have them list everything that they love about their partner. "Ask them what they're really nervous about because a lot of times they are focusing on what can go wrong in the relationship," Ray says. To help your pal through this, have them remember why their partner is a good match and how their life is better with that person.

Related Link: [Celebrity Interview: Blake Cooper Griffin Gives Relationship Advice & Says, "Don't Be Reckless With Other People's Hearts"](#)

You may also have friends who are already married and have thriving careers and families. Managing a career and a family isn't always easy, but moms need to remember to have "me-time." In order to get their energy and mood up, moms have to make themselves a priority and let their family know what they need. Busy moms can also find support groups who have similar interests and will encourage you to get involved in the community. Whether you enroll in a group that does activities you like or a group of moms that support each other, look to other people to help you out. Focusing on your relationship is a great idea, as well. Making time for romance, your career, and your family is tough, but it's all about prioritization. "If you value your relationship, you'll make time," Ray says. "Everything else is just excuses." In our celebrity interview, the reality TV star shared that the best love advice she's ever received was to "Take actions that are consistent with your commitments." If you say you're committed to your relationship, then make sure you're calling your partner or texting them updates. If one thing is for sure: This matchmaker does not take excuses.

Mom vs. Matchmaker airs Tuesdays on Myx TV at 8 p.m. EST.

You can keep up with Carmelia Ray on [Twitter](#) and her [website](#).

Dating Advice: 5 Steps To Securing A Second Date



By [Joshua Pompey](#)

You've met the man of your dreams. He was tall, handsome, fun, and somehow managed to avoid making you question the male species. A true dating rarity these days. You can't wait to have another date night. The question is, how do you secure that coveted second meeting once the first date is over? As a relationship expert, I have some [dating advice](#). Below are five

steps to take to ensure a second date.

Dating Advice On Securing A Second Date Night

Step 1: Send a thank you text after the date. If you had a good time, don't keep it to yourself. Text your date an hour later that you had a good time and thank him for taking you out. Men who are serious about finding a relationship will not be scared off by this. They will like you that much more if they know you have a good heart and are a kind person.

Step 2: Don't play games. In an era of unlimited distractions and short attention spans, playing games will put you on the fast track to being forgotten. These days everyone carries their phone on them twenty-four seven. Avoiding contact for long periods of time after a great date won't come across as playing it cool, it will just come across as rude or disengaged. If you like a man, do all the things you did prior to the first date. Stay interesting, fun, and don't be afraid to flirt a bit over your texts.

Related Link: [Dating Advice: Does A Man Really Have to Call?](#)

Step 3: Don't come across as *too* eager. There is a fine line between showing interest and acting as if you are suddenly his girlfriend. No, you don't want to start playing games. But you also don't want to start hitting up his phone around the clock asking trivial details about his life. Play it cool and just go with the flow.

Step 4: Never send a panic text. If he goes a few hours without answering your text, don't send a follow-up text that wreaks of desperation and insecurity. He may have just become busy, but that doesn't mean he is no longer interested. However, if you send an unwarranted panic text, he may just lose the interest he previously had. My dating advice: If it

gets to a point where a day has passed and he clearly isn't responding, he may have simply just forgot about the text. It happens. So shoot him a new text the next day as if nothing ever happened. Don't comment on him ignoring your previous text.

Related Link: [Dating Advice: Moving Your Relationship From Online To Face-to-Face](#)

Step 5: Attempt to meet sooner rather than later. If you are asked out for a second date with a really great guy, don't put off the date because you have a yoga class or made plans to meet up with your friends later in the week for happy hour. We all get busy these days, but when you run into potential love, that needs to take precedence in your life, as nothing is more important. My dating tip: Postponing a date for more than a week for trivial reasons will quickly cause the momentum to fade.

Want more information from Joshua Pompey? For more information from Joshua Pompey, please visit this [link](#) where you can receive a free profile evaluation. Or visit [here](#) for free profile writing advice. Check back for more dating 101 tips from the relationship expert!

Dating Advice: The Secrets to Attraction





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to give their [dating advice](#) on the secrets of attraction.

Dating Advice: Relationship Experts Reveal Secrets of Attraction

The expert dating advice is simple. Practice, practice, practice. Check out their dating tips below.

1. Eye contact and smiling. Women don't realize how important this is! Hold eye contact and smile, it makes you approachable.

Related Link: [Dating Advice For Women: What Are Men Attracted To?](#)

2. Tone of voice. Sometimes women come across as bossy and demanding, even when they don't mean to. Take a breath, soften your voice, slow down.

3. Confidence in body language. Throw shoulders back and bring the energy down into your body. Lean back into things instead of leaning into them.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Dating Advice: 3 Ways to Master the Art of the First Impression





By [Josh Ringle](#)

You know, there is an obvious thing about first impressions: You only have one shot at them. A first impression can create one of the newest [celebrity couples](#), or it can ruin your chance love. Many times, we hear of movie stars falling in love on the set, while we also hear about those who just didn't make the most of their premier opportunity. If you're looking to be the next Picasso of the first impression art collection, follow our pieces of [dating advice](#) below. With time and some practice, you can easily master the skills necessary to make a killer first impression!

These pieces of dating advice will help you master date nights and make the best first impression possible!

1. Make the situation comfortable: If you want to make a good first impression, you need to first choose the right time and

place. If you met the person online and they already know something about you, this could be easy right off the bat. If you suddenly find yourself in conversation at the bar or smooth sailing on a date night, you'll be fine. However, a good piece of dating advice is to keep the conversation comfortable and high level at first. Talking about politics, marriage, or children is probably not the best start right out of the gate. Celebrity couples are great at making their first dates comfortable, even though they have the paparazzi following them around constantly. Take their lead!

Related Link: [Dating Advice: First Date Fashion Do's And Don't's](#)

2. Use body language: Consider using your body to your advantage. We're not talking about the R rated kind of way, either. Show you're interested in the conversation by keeping eye contact. Simply giving one slight touch may show your prospective partner that you're interested. You want to look like you are open to a conversation, and not too shy or reserved. Be sure to loosen up before the date night, and be prepared to start talking with confidence. Use your body, facial expressions, and emotional instincts to your benefit to start things off right.

Related Link: [5 Ways to Have a Stress-Free First Date](#)

3. Be genuine: Don't be afraid to be yourself! That should be the first thing on your mind. If you weren't the starting quarterback, a national champion dancer, or an academic stud, he/she probably won't mind. Try to have a good sense of humor, and make light of the things you may not be comfortable with. The other person will appreciate an honest and open person over someone who lies about who they are. "Honesty is the best policy" is not just a thing parents say to their children; it is an important step to making a great first impression.

What are some other ways to make a great first impression? Let

us know below!

Dating Advice Q&A: Is It Weird If He Doesn't Call Back After A Date?



Question from Luci M.: I met a guy online who seems really great. We went on a date and everything went well! We even planned our second date. It's been three days but he hasn't called me yet. Is it weird if he hasn't called yet? Should I call or text him?

Online dating isn't always easy, especially when it comes to the etiquette of calling back. Leave it up to the relationship experts who have [dating advice](#) that may provide some comfort.

Dating Advice: When Should He Call Back?

[Suzanne K. Oshima, Matchmaker](#): It really depends on when the second date is planned for. If it's next week, then I don't think it's a big deal that he hasn't called you yet. But if the date is tomorrow, then that could be an issue. The most important thing to know is that if a man is really interested in you, he will pursue you. My dating advice: You shouldn't have to call or text him. He will call or text you and he will make proper arrangements for the second date. If he's not calling/texting you soon after the first date, he might just see you as a "filler."

Related Link: [Dating Advice Q&A: Is He Hiding Something When He Turns His Phone Off?](#)

[Robert Manni, Guy's Guy](#): When a guy is interested in a woman he's just met, he'll get in touch with her ASAP to see her again. Let's assume this one time there were extenuating circumstances that prevented this guy from contacting you. It could be work or a personal situation. There is nothing wrong with texting or calling him once. If he's interested, you will definitely hear back. If he doesn't respond, my dating tip is that it's probably time to move on.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

What's your best piece of dating advice when it comes to a man calling back after a date? Share in the comments below!

Dating Advice: Gifts For the Heart



By Amy Osmond Cook for [Divorce Support Center](#)

Most would agree that Seattle Seahawks Quarterback Russell Wilson is the picture of good health. When paired up with his beautiful fiancée, Ciara, they are the image of a healthy celebrity couple. Finding the perfect gift to celebrate your loved one, however, never gets any easier, even for famous

couples. Do you go with chocolates or flowers? How about a fancy dinner? When you do find the perfect token of love, it will most likely cost you a pretty penny to celebrate your beautiful mate. With summer love heating up, my [dating advice](#) is to make your heart the focus of your enduring love. Here are five ideas that stem from the heart – for the heart.

Dating Advice: Making Your Heart The Focus of Your Relationship

1. Adopt a heart healthy diet as a couple. By incorporating fresh fruit and vegetables, lean proteins, whole grains, and limiting your fat intake, you are taking healthy steps toward a loving and lasting relationship. According to the Mayo Clinic, “Limiting how much saturated and trans fats you eat is an important step to reduce your blood cholesterol and lower your risk of coronary artery disease.” My dating advice is to put your heart where your mouth is and make healthy food choices that will create long-term benefits for you and your loved one.

Related Link: [Dating Advice: Spring Cleaning For The Soul](#)

2. Exercise for Deux. “If you don’t make time for walking together, you’ll never work it into your busy days,” warned relationship expert Sheri Stritof. We all can benefit from daily exercise. A great way to stay motivated to exercise daily is to share your exercise routine with your sweetheart. Creating a daily walking ritual with your loved one is a great exercise for your heart, and the emotional connection that can come from daily conversations is good for the soul.

3. Learn CPR. According to the American Heart Association, sudden cardiac arrest is the leading cause of death in adults. When an individual is able to start CPR, the survival rate increases to over 40 percent. By contrast, each minute that

treatment is delayed, the chance of your loved one surviving reduces by 10 percent. For information on CPR training, you can contact your local branch of the American Red Cross, or you can contact city hall for information on community courses. By learning CPR, you just may give the best gift of all to those you love—the gift of life.

Related Link: [Relationship Advice: Telltale Signs Your Relationship Is One of Convenience](#)

4. Follow up on physical exams. Both males and females are encouraged to undergo physical exams every year. Experts agree a key to overall good health is prevention. One way to prevent disease is to build a comprehensive medical history. Early detection of common diseases is a strong defense should disease occur. According to Health Contributor Treacy Colbert, we should have cholesterol checked every five years, blood pressure checked every two years, and mammograms and cancer screenings every year. While you are focusing on your internal health, don't forget your cover. Colbert reported that the rates of melanoma continued to climb in the United States despite increased awareness of the dangers of skin cancer. "Check your skin every month for moles that have changed or look abnormal," wrote Colbert. "You should also look out for sores that won't heal. Have your doctor check your skin thoroughly as part of your physical—melanoma is highly curable when diagnosed early."

5. Share expressions of gratitude. For the United Health Group, good health is more than just measuring pressures or pounds: "It means taking an integrated approach to well-being that includes not only our physical health but our emotional health, our sense of purpose, our connections to our community and our overall quality of life." Experts say when you vocalize positive phrases and express appreciation to your loved one, it has a positive impact on your health as well as the mental well-being of your loved one. You will always avoid a few relationship problems. So share your feelings about your

sweetheart. Tell him how much he means to you.

When you find someone you want to spend the rest of your life with, why not share gifts that are meant to last as long as your love for that person endures? With gifts such as a better diet, exercise, learning CPR, physical exams and phrases of gratitude, your gifts from the heart can be good for your heart. I “heart” that idea.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: 5 Ways to Stop Fighting Over Minor Things – Like the Dishes!





By [Josh Ringle](#)

When you're involved in a long-term relationship, you may realize that the relationship has problems which stem from minor things. The small things, like the dishes, cooking, and other household chores, , may turn into big problems that can jeopardize the happiness of your love life overall. The following pieces of [dating advice](#) will help you turn over a new leaf and become like a new and seemingly perfect [celebrity couples](#). But, don't worry, there won't be a [celebrity divorce](#), or any breakup for that matter, if you follow these tips to smooth it all out!

These pieces of dating advice will keep the fighting over minor things to a minimum. Use this love advice to keep your relationship strong!

1. Ignore it: At first, simply trying to let the little things go may be one of your best options. In the media, we all see

the little problems that happen in [celebrity relationships](#), but those are usually sorted out quickly! A great piece of dating advice is to just keep things the way they are and see if they go away before taking drastic actions.

Related Link: [Dating Advice: What To Do When Your Relationship Gets Real](#)

2. Find peace, and then talk: Usually, talking about something in the heat of the moment is not a good idea. Remember, a great piece of love advice is to know how and when to communicate the most effectively. Celebrity breakups happen all the time, because little problems, like whose turn it is to do the dishes, escalate and turn into a major problem for no reason. Finding peace and letting the situation calm down before a discussion is crucial. Reflect on the issue, and if it really is minor, address it as such. Don't escalate it into a bigger problem than it really is.

3. Don't fight: This is obviously easier said than done, but if the problem is actually minor, you shouldn't be fighting about it. While minor issues can be problematic in the short-term, it is important to remember that your relationship should be more valuable to you than who does the laundry, for example.

4. Make a schedule: If small daily tasks are of the source of your relationship problems, then the best thing to do may be to make a schedule of tasks. For example, if your partner cooks one day, you clean, or vice versa. The dishes can be alternated every other day, and the same goes for making the bed. A really important piece of dating advice is to help each other out, instead of tearing each other down.

Related Link: [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

5. Compromise: Another idea to consider is compromising and determining what to do collectively as a team. Those awesome

celebrity relationships have their fair share of compromising, so why can't you jump on board, too? If you like to make the bed more than cleaning dishes, then maybe the two of you can trade that off for a day, or even a week. If the two of you are truly in love, compromising is a great piece of dating advice that will keep the relationship stable and the two of you happy for years to come!

These pieces of dating advice will help you keep the minor things from affecting the health of your relationship. What are some of your experiences? Comment below.

Celebrity Couple News: Gwen Stefani & Blake Shelton Hold Hands & Share Kiss at Radio Disney Awards





By [Stephanie Sacco](#)

Blake Shelton and Gwen Stefani are quite the pair. This [celebrity couple](#) is now seen as being in a full-fledged romance. In [celebrity news](#), [date night](#) for these two consists of various outings that result in adorable amounts of PDA. According to [UsMagazine.com](#), *The Voice* stars attended the Radio Disney Awards, where Stefani accepted her award with a kiss from Shelton. They were also seen holding hands throughout the event. This couple seems to be thriving in the aftermath of their [celebrity divorces](#).

This new celebrity couple's relationship is going strong! What are some ways to show you care in public?

Cupid's Advice:

Sometimes it's hard for your partner to be affectionate in

public. At any age, mixed signals and misunderstandings are common. When you're dating somebody, it's important to show them that you care. Cupid's here to help:

1. Holding hands: A small, subtle way to show you care for your partner is by holding their hand. Even briefly holding or squeezing your partner's hands can show them just how much you care about them.

Related Link: [Celebrities Who Share Too Much PDA](#)

2. Smiling: Give your partner a smile every once in a while to show them you're thinking of them. When you're holding their hand, walking or even just sitting together, make sure you are happy. Enjoy each other's company.

Related Link: [John Legend and Chrissy Teigen's Body Language: More Intimate Than PDA](#)

3. Eye contact: Look into your partner's eyes and really pay attention to them. Focus on them and only them when you're out. Even small amounts of PDA can create chemistry between the two of you.

What are some other ways to show you care in public? Share your thoughts below.

Dating Advice For Women: What Are Men Attracted To?





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Tripp to give their [dating advice](#) on what attracts men.

Dating Advice On Attracting The Right Man

Tripp has worked with thousands of men to help them find the woman of their dreams. Now he gives his dating advice to women so they can avoid relationship problems and find the man of their dreams. Below are the top 10 things that men are attracted to in a woman.

1. A man is attracted to a woman who's not "crazy."
2. A man is attracted to a woman who's emotionally stable.

Related Link: [Relationship Advice: How to Find Real Love](#)

3. A man is attracted to a woman who is independent.
4. A man is attracted to a woman who can take care of herself

but still needs a man.

5. A man is attracted to a woman's feminine energy.

6. A man is attracted to a woman who is put together.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

7. A man is attracted to a woman who has a life

8. A man is attracted to a woman who he's attracted to physically, but every guy is different

9. A man is attracted to a woman who takes care of her body

10. A man is attracted to a woman with confidence

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Couple News: Beyonce Dedicates 'Halo' to 'Beautiful Husband' Jay-Z





By [Brooke Crawford](#)

Celebrity couple news has us believing that famous celebrity couples show each other how much they appreciate one another, too! [Celebrity couple](#), [Beyoncé](#) and [Jay-Z](#), are a great example of what it means to show each other and outside parties how much you adore each other. According to [UsMagazine.com](#), the 34 year old singer dedicated her song “Halo” to her husband during her first tour stop in Miami. After releasing *Lemonade* and the album rumors, the couple still presents a united and loving [celebrity couple](#). *Lemonade* is a visual album that tells the story of Beyoncé’s marriage to Jay-Z.

This celebrity couple news is super sweet. What are some ways to show appreciation to your partner?

Cupid’s Advice:

Every loved one wants to feel that you appreciate them and their efforts. Cupid has great [relationship advice](#) that help

you show more appreciation for one another:

1. Say something: Words can be just what your loved one needs to feel your appreciation. Tell the one you love how much you adore and need them in your life. Even if you say it all the time, there could come a day when it needs to be heard.

Related Link: [Celebrity Couple: David Beckham Shares Sweet Birthday Message for Wife Victoria](#)

2. Show it: If there is grocery shopping to be done, chores around the house, or a project to be done, then take the time to complete something when your lover is not looking. Take the time to make one day about taking care of them. It will make you feel great about the relationship and your partner will be surprised.

Related Link: [John Mayer Dedicates Love Song to Katy Perry](#)

3. Do something special: Holidays and anniversaries are not the only day that you can do something special to say you care. Plan out a special day or evening with your lover's favorite food or activities. Take the time to bond and enjoy one another's company.

Appreciation goes a long way in a relationship. Cupid is not the only one with relationship advice. How have you shown how much you treasure the one you love? Tell us below!

Relationship Advice: 5 Ways To 'Affair-Proof' Your

Relationship



By Jess Brighton

Romantic relationships are often the most significant relationships we cultivate throughout our lives. We invest massive amounts of time, emotion and trust to build an intimate connection and history with the person we care about. Over time, our relationships (and even [celebrity relationships](#)) seemingly take on a life of their own. We become just as protective of it as we are of those we love. My role as a relationship coach is to help couples to protect what they have spent years building together, and help them maintain or rebuild a fulfilling and meaningful relationship. I'm asked all kinds of questions about relationships.

The two of the most common questions are 'why do people have affairs?' and 'what can be done to safeguard a relationship from an affairs?'

People often have affairs because they've grown apart as a couple, are dissatisfied with the relationship and are no longer getting what they need from their partner. Once this happens, it becomes difficult to be open and ask for what they're missing. They often end up trying to find this missing piece with another person. On my website, I discuss ways to 'affair-proof' your relationship. On occasion, I'm asked if I really have a solution that guarantees a partner won't cheat. Although I don't have a magic potion or pill to keep your partner from cheating, I do have some valuable [relationship advice](#) that will help significantly reduce the risk of an affair in your relationship. Normally, I only offer these principles in my workshops, but I want to share them exclusively with Cupid's Pulse readers. So here they are in no particular order: the five principles to help you 'affair-proof' your relationship:

Develop A Positive Mindset.

A positive attitude will get you a long way in your life, and the same is true in your relationship. How you view your relationship and partner is a major component of a happy and successful relationship. This is because you are the common denominator to everything that happens to you in your life. When you're unhappy or negative, so is your mindset. In this case, the way you interpret and respond to everything and everyone is with negativity. I suggest you start a new daily ritual. First thing in the morning, think of one thing that

you are grateful for in your life. This will force you to think positive and eventually shift your mindset from negative to positive.

In addition to developing a positive mindset, you need down time to relax and relieve stress. I use the example of an engine to explain the importance of down time. We power through life every day with meeting deadlines, challenges and obligations. Just like an engine needs scheduled maintenance to remain running at peak performance, we too need to schedule down time to maintain our busy lives. To help you maintain your positive mindset, you need to take time to do things that bring you happiness.

Related Link: [Dating Advice: How to Deal with Heartbreak](#)

Communication.

Effective communication in a relationship includes the exchange of messages through verbal and nonverbal means as well as active listening. Both partners will be more willing to talk about issues when they know they will actually be heard. In addition, it's important to be aware of your tone when you are speaking. Phrases such as 'why do you do this' or 'you never do that' are aggressive. The person being spoken to will feel they're under attack. Instead, rephrase your statements and use 'I' instead of 'you'. Now you're simply expressing your feelings to your partner and not attacking or accusing anyone of a negative action.

Don't Ditch The Dates.

Remember when the two of you first met? It was all wine, flowers and romance. Your time together was magical and you couldn't get enough of each other. Fast-forward to today, and it's a bit of a different story. The wine, flowers and romance have since been replaced with apple juice, deadlines, and exhaustion. Your time now is mostly in passing and spent discussing who will be taking which child to which practice.

When you do get 'couple time' the last thing you want to talk about is the two of you or your relationship. These days, 'couple time' consists of planning the week and discussing work, bills and family issues. And what about your sex life? Neither of you can recall the last time you had sex and the times you did, it was routine and took some serious advanced planning.

We naturally become preoccupied with our busy lives, and your romantic relationship often gets neglected. When you stop being intimate and making time for each other, your relationship begins to resemble a roommate situation. I suggest being proactive by planning regular date nights. Even if its once a month, taking time out as couple will help you maintain your intimate connection. Go out, have a few glasses of wine, hold hands, make eye contact and talk about what you love about each other and what brought you together in the first place.

Related Link: [Weekend Date Idea: Spa Day at Home](#)

Be Unconditional With Each Other.

Being unconditional with your partner doesn't mean you're a doormat and willing to tolerate anything in your relationship. It does mean that you appreciate the person at a core level and accept the traits, passions and interests that make them who they are. This is easier said than done. Yes, you're a couple, but you're still two separate people with different views, values and preferences. At some point, you'll upset one another. In this instance, setting boundaries and being honest and open to compromise will assure you remain unconditional and maintain the healthy balance in your relationship.

Don't Try To Change Your Partner.

When the two of you first met, you had instant chemistry and could not get enough of one another. Your time together was romantic, carefree and lighthearted. Your relationship

progressed and eventually you took the next step and moved in together. Over time, the newness of your relationship wore off and you settled into day-to-day life. Early on in your relationship, you overlooked little things about your partner that were slightly irritating. These days, it's a different story and those once small annoyances are now a big deal and hard to ignore. Trust me, something you find to be slightly annoying early on will only become more annoying and problematic down the road. Maybe it's a bad habit, an annoying best friend, or a philosophical difference. Whatever the case, the chances of your partner changing for you are very slim. The more you try to change a person, the more defiant they become. The best approach is to determine early in your relationship what you can live with in and what's a deal breaker.

So, there you have it Cupid's Pulse readers, the five principles to protect your relationship from an affair. With this knowledge, along with your commitment and teamwork as a couple, you can have the relationship of your dreams! Maintaining a healthy relationship isn't easy, but it is certainly worth the effort after all of the years and emotions that both of you have invested.

[Jessica Brighton](#) is your all-American girl, who had a good life and a good marriage, until the 2008 financial crash brought down her relationship. That's when she turned to escorting. And through that, she has gained insight into what makes up a successful relationship. As a former escort-turned-relationship coach, Jessica helps people build healthy relationships.

Dating Advice: How to Deal with Heartbreak



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House gives dating advice on how to get over a heartbreak and move on from your ex and those relationship problems.

Dating Advice On Dealing with Heartbreak

1. Write down why he or she is a jerk. Don't fantasize about your ex. Dating tip: Remember why you broke up in the first

place.

Related Link: [Relationship Advice On How To Fall In Love](#)

2. Burn the fantasy. Literally, write down your fantasy and burn it. Instead, do something for yourself. Take yourself out, show yourself love.

3. Would you date yourself? If you wouldn't date yourself, then get a life. Take control of your life again. Find yourself, go back to your passions, go back to your old friends.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you handle heartbreak? Tell us in the comments below!

Weekend Date Idea: Spa Day at Home





By Ché Blackwood. Updated by [Brooke Crawford](#).

Warm weather is on its way, bringing with it romantic outdoor dates in mini-skirts and toe-baring sandals. But first, you and your honey need to leave all of your winter stress behind. What better way to do so than to treat yourself and the one you love to a spa day at home! Keep the day intimate by pampering one another on this [weekend date idea](#).

Spoil Your Partner with This Spa-Inspired Date Idea

Related Link: [Date Idea: Take Time to Relax](#)

Start off by giving each other manicures. If your beau protests, remind him that there is nothing wrong with a man keeping his nail beds healthy. A bonus palm massage will keep the afternoon flirty. Let him pick out a color and *attempt* to paint your nails. Keep some nail polish remover handy just in case he has trouble staying in the lines. If you're feeling daring, give each other pedicures to get your feet sandal-

ready.

Spend the next hour of this date idea creating makeshift facials with items you already have in the house, like lemons, yogurt, and honey. You can also purchase a mud mask from a drug store or splurge by heading to a salon to experience the pore-cleansing heaven together. If you do stay at home, apply a mask to your partner's face by taking the time to massage it into his temples, cheeks, and jaw. This simple act will leave him relaxed and feeling like he received a professional facial.

Related Link: [Taking Time for Yourself](#)

A healthy diet is just as important as soft skin, so be sure to cook a low-calorie meal together afterwards. If you want to keep it light, blend together a mixture of organic berries and Greek yogurt for a delicious smoothie.

Once you are done, take a few moments to meditate with one another. Sit in silence and enjoy the tranquility of a quiet afternoon with the one you love. This [dating advice](#) is sure to relax you both and refocus your relationship.

How do you like to pamper your honey? Let us know in the comments below!

Relationship Advice: How to Find Real Love





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant-Johnson to give their [relationship advice](#) on how to find real love, even if you've been in the dating world for awhile.

Relationship Advice on Finding True Love

1. Clarity. It's important to have clarity about what you want in terms of a relationship in your life. One dating tip: This doesn't mean having a huge list, but there is a power in being able to say what you want.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

2. Conviction. The experts relationship advice is to have conviction and belief that finding love is possible for you.

3. Compassion. Have compassion for yourself and recognize that

all you've been trying to do is get one of your deepest needs met. Also, approach potential dating partners with compassion as well.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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