## Dating Advice: How to Make A Man Initiate The First Move?





By <u>Joshua Pompey</u>

There he is, standing at the other end of the bar. He's tall. He's handsome. He's the first man in a month that has made you remember you actually have an interest in the male dating pool. He's looked over at you twice since you first arrived. The question is, how are you going to get him to make the first move? As a relationship expert, I have some dating advice. Let's take a look at a few ways to make this happen with the use of the following dating tips.

### Dating Advice: Get Him To Make The First Move

- 1. Smile as much as possible. Most men want do want to walk over and say hello. But just about every man alive has had that brutal experience of being instantly dismissed the second he walks over to introduce himself. This is a fear that we all face. So make it clear that you are a friendly face and that he has nothing to worry about. My dating advice is that smiling will go a long way towards making him comfortable.
- 2. Go out in groups of three. When you are with just one other person, a respectful man may feel awkward attempting to interrupt the pair, or will feel too much pressure knowing he has to entertain the both of you. On the other hand, more than three people can be very intimidating. Groups of three are a perfect balance. It's not too intimidating, and when a man hits on you, your other two friends are still there to entertain each other without anybody having to feel left out.

Related Link: <a href="Dating Advice">Dating Advice</a>: <a href="Does A Man Really Have to Call?">Does A Man Really Have to Call?</a>

- 3. Hold that gaze. "I think she was looking at me, should I go for it?" I've heard this phrase uttered hundreds of times in my life among male friends. Don't just look at a guy you are interested in and quickly turn away. He may not be sure, or may think the only reason you looked over is because he looked first. Hold the gaze for a solid second or two, look into his eyes, and smile. Then look away. This will make it clear that you want him to come over.
- 4. Wear something that is easy to comment on. It could be a necklace, a sports jersey on football night, or a funny t-shirt. Whatever the case may be, the easier you make it for a man to think of something to say without having to think of a lame pick up line, the more likely he will actually say something.

#### Related Link: Dating Advice: The Secrets to Attraction

5. Don't half ass it. Happy hour is one of the best times of the week to meet someone who is successful and interesting. Happy hour running straight from work looking like a hot mess is not. You never know when you will have the opportunity to meet the man of your dreams. It could be at happy hour, a social group, or just walking the streets. If you want a man to make the first move, always look your best self and your chances will improve dramatically.

Want more information from Joshua Pompey? Joshua Pompey is an online dating and relationship expert. For some free online dating advice, visit this <u>page</u> and learn how to write a world class profile. Check back for more dating 101 tips from the relationship expert!

## Date Idea: Take a Holiday from the Holidays





By Shannon Seibert. Updated by <u>Josh Ringler</u>

The holiday season may be exciting, but sometimes, it can be a bit much. This weekend, take a break from all of the holiday madness and settle down for some alone time with your partner with this <u>date idea</u>. Reflect on how thankful you are to have your relationship and love in your life instead of focusing on the Christmas chaos.

### Recharge during the holidays with this date idea:

The never-ending shopping lists, incessant carolers, and stress of coordinating plans can take a toll on you. If you're feeling the pressure, follow this <u>dating advice</u>: Relax and step away from the holly! Grab your man by the hand, hop in the car, and make a break for neutral territory. Going to a local park is a cool and casual weekend date idea. Pack up a thermos of hot coffee or tea and have your honey push you on the swing as you chat about anything but the season.

#### Related Link: Date Idea: Pick Your Own Presents

Another good place for a holiday hiatus is the movie theater. A dark room with two full hours of no distractions is the perfect place for a little isolation. There most certainly will be a fun movie that both you and your partner can enjoy! Whether it is an action movie, comedy, or romantic drama, it will keep your phone in your pocket and those nagging Christmas calls away from your partner! Buy the biggest tub of popcorn they have and snuggle close to your love as the lights dim.

Why not just lock yourselves inside for the day? Put on a non-holiday movie, such as Harry Potter and the Halfblood Prince or The Notebook, to distract you and your man from all of the films on the Hallmark channel. If you aren't in the mood for just sitting around, put on some music that the two of you can enjoy and relax. Sway with your love around the house. You'll feel like a princess in his arms. You could even be the 'dancing queen' if you want!

### Related Link: Date Idea: Enjoy a Non-Traditional Christmas

At the day's conclusion, be sure to remember what this season is all about and give thanks for your partner and all they have been through with you. By focusing on your relationship instead of the holiday season, you will avoid relationship problems, feel rejuvenated and gather enough energy to tackle the rest of the 'happiest season of all' together.

How would you take a break from the holiday festivities? Tell us in the comments below!

### Dating Advice: 10 Things You're Over-Analyzing In Your Relationship





By <u>Josh Ringler</u>

There are a lot of good, bad, weird, and typical things going on in your relationship at any given time. There are some components of a relationship that can be analyzed with no harm, and then others that if over-analyzed can have devastating impacts on the relationship, leading to severe problems. Celebrity couples have often times failed because of over-analyzing the wrong things, and we don't want that to happen to you. Follow these pieces of dating advice to stop over-analyzing the things that you shouldn't!

# These pieces of dating advice dive into the over-analyzed aspects of your relationship to prevent relationship problems!

- 1. Social media: Whether it is your partner liking an interesting new photo, getting a new friend/follower, or posting an unusual status, don't let social media create relationship problems for you. Don't sit around worrying about their latest update, even if it isn't positive. It could be about school, work or family life!
- 2. Opinions: With an election coming up, opinions matter. But if you're a huge Hillary person, don't let your partner's possible opposing views get in the way. You shouldn't over think how they feel because everyone is entitled to an opinion. Let them use their first amendment right, whether it is about politics, celebrity couples, or life choices! Compromising is a great piece of dating advice.
- **3. Time not together:** As a couple, it is obviously okay for you to spend time apart. Instead of assuming the worst, the space between the two of you shouldn't create any problems. If you over-analyze it, then maybe it will. But, by thinking positive, everything will be fine!
- 4. Who they are texting: It is common to be worried that there could be someone to replace you and take you out of your partner's life. While texting can lead to something more, if your relationship is stable and happy, it means nothing. It may be hard to think the optimistic way, but at the end of the day, if you and your partner are together, you shouldn't be worrying whatsoever!

Related Link: Dating Advice: 5 Ways to Stop Fighting Over

#### Minor Things — Like the Dishes!

- 5. Partner's feelings: If you and your partner are together in a long-term relationship, you probably have had doubts about how they feel about you. If they are with you, they care about you and love you. Don't believe what others say about your partner. Thinking otherwise could just undermine your feelings.
- 6. Your own doubts: A really good piece of relationship advice is to believe in your feelings and to not doubt yourself. While it is natural to have feelings that things may not last, you shouldn't treat every one of these as a reason to end it with your partner. If you are into your loved one and wants things to work, they will as long as you don't over think it!
- 7. Fights: If you and your partner fight, that could indicate a major relationship problem, but if it is a rare occurrence, or over very trivial things, you shouldn't get worked up about them. It is true that they aren't good for your relationship and could turn toxic, but if there are few of them, you should not think about them to the point where you get tired of your partner.

Related Link: Relationship Advice: 10 Strategies to Make Your Good Relationship GREAT

- 8. The past: Every relationship has their share of past problems, whether it be in the current one or it's a past bad experience. While it is important to be like <u>Blake Shelton</u> and learn from your mistakes in order to move on, it is also important not to dwell on the subject. Why should your partner date you if all you think about is your previous partner or problems in your relationship from months ago?
- **9. The present:** If things at the moment aren't the best, do not fear. It is completely natural for a relationship to hit high points and low points. If you are in one of those low points at the moment, but still feel the sparks and the

connection, don't give up! Things can happen that are out of your control that can paint sadness into your love life, but if you stay determined, there is no reason to call it quits.

10. The future: If you've been dating for three months, and you have your whole life planned together with your significant other, stop now. While it is great to be optimistic, you need to be realistic. Don't over-analyze the future because it could scare your partner away!

What do you over-analyze in your relationship that we missed? Comment below!

## Date Ideas: Have a Snow Day With Your Man





By Samantha Mucha. Updated by <u>Josh Ringler</u>
Don't let a snow storm keep your dating life on lock down during the frigid winter months. Bundle up this December and take on a blizzard with one of our winter date ideas! Grab your winter jacket, warmest gloves and scarf. Don't huddle together indoors — you lovebirds have a snow man to build!

### Have fun in the snow with our winter date ideas!

Remember the days when you would get irrationally psyched about a snow storm? As a child, we saw it as an adventurous challenge. If you and your partner are up for it, it can be just like the old times all over again. Get a good stretch beforehand though because you probably aren't as nimble as you used to be. These winter <u>date ideas</u> require some physical energy so be ready!

Related Link: Date Idea: Plan a Snow Date

If you have a driveway, have a shoveling race with your partner. Don't be kind, go hard and see who actually wins. The loser makes the hot cocoa, and gives the winner a luxurious back massage (but that's for later on.) Having little competitions can be so fun and increase your motivation to win!

When the hard stuff is all taken care of, tackle your sweetheart into a pile of snow and make snow angels. Maybe you can even head into the woods, a park, or the neighborhood and take a stroll through a freshly powdered winter wonderland.

#### Related Link: Top 10 Romantic Winter Getaways

Last, but not least, build a snowman. As a child, it always seemed to be a challenge to make the perfect snowman. As an adult it can be your personal contest to create the perfect snow buddy, carrot nose and all! A good piece of <u>dating advice</u> is to keep things fresh and exciting, and a snowman contest could be the perfect way to do that!

Once your gloves are soaked and your nose is runny from the cold, call it quits and retire back inside. Take off all those wet snowy clothes, heat up the cocoa and hit the couch for a movie to watch your favorite <u>celebrity couples</u> in your most beloved rom-com. After a long day in the harsh winter weather what could be better than getting cozy with your lover?

What did you and your partner do in the snow for fun? Tell us below.

### Date Idea: Shop Until You Drop





Updated by <u>Josh Ringler</u>

Need some holiday plans for after you've carved the turkey this weekend? After you've put the stuffing and cranberry sauce in the refrigerator for leftovers, what's a couple to do? Take advantage of those holiday sales of course. Wallets be aware: this date idea may cost you some cash! Wouldn't it be nice to have the latest style from your favorite celebrity couple? Holiday sales, like Black Friday, are a great way to get that style without burning through all your hard-earned cash!

### Be shopaholics together with this date idea!

While waiting in line in the November weather can seem daunting, you can turn this camp out into a romantic rendezvous. Pack some leftovers, bundle up, and don't forget your canister of Pumpkin Spice Hot Cocoa! Here's a dating tip for while you're waiting on line: keeping each other warm while waiting for discount appliances is one way to keep your heart rates up in the cold!

#### Related Link: <u>Dating Advice</u>: <u>Gifts For the Heart</u>

What happens once you make it into the stores? It can get a little hectic in there, but fear not. Staying close together is an important piece of shopping dating advice! You wouldn't want to lose each other! Venture into Target, Walmart, or your favorite clothing store together. Help your significant other pick out gifts for family members, like \$3 appliances, deeply-discounted designer clothes — you can't go wrong. Zales is probably also having a sale, and what better way to ensure you love the gift you're getting than by doing some early window shopping (in your flame's presence, of course)? Be sure to pick up Macy's Black Friday ad for coupons, which you can put toward some sexy lingerie for frosty weekends.

### Related Link: 10 Ways to Give Thanks To Your Partner

After enduring the crowds and the checkout lines, put some of those goods to use! Pick up some discount DVDs from Walmart, and snuggle up with your sweetheart. There's nothing like putting your feet up after a hard day's shopping and enjoying movies on Netflix, your favorite rom-com on DVD, or the new titles you just got in store!

Have a lead on a Black Friday sale? Comment below and share with our other readers.

## Date Ideas: Become a Football Fanatic





Updated by <u>Josh Ringler</u>

The summer is winding down, and you all know what the means: it's almost football season! This sport is a national pastime enjoyed by both sexes; why not take part in some of the action yourself? Playing football, or even just watching a game, is a great way to get a group of your friends together and have some fun, or just invite over that special someone! Football offers a full stadium of date ideas, and we found some of them for you below!

### This is one of the many date ideas the sports world has to offer!

NFL Preseason begins soon: check out the schedule to see when you can catch your favorite team on TV. Check your local paper for bars and pubs offering game night activities, like Buffalo Wild Wings does. Going out to eat can be a really fun way to spend some of your football date ideas! You can expect raffles, contests, and lots of noise cheering favorite teams to victory.

Related Link: Date Idea: Cheer for Your Favorite Football Team

Football and sports are a great way to bond closer to your partner. Over time in a relationship, an important piece of dating advice is to find ways to keep things fresh and new. Football (or any other sport) could be your avenue for new found happiness in a relationship. Plus, who doesn't love some competition! Take our dating tips to heart and have a fun little competition!

Related Link: Weekend Date Idea: Bases, Peanuts, and Home Runs!

If you prefer to get active, get a team together to play in a nearby park on weekend afternoons. Post a sign-up sheet around your area to get more people involved. You might even meet a future lover in the process. (Hint: Divvy up the teams so your can get close to that new cutie — or put him or her on the opposite team as an excuse to tackle!) Celebrity couples are always going to football games, and some like Tom Brady even play! So going to a game could be another great date idea for you and your loved one.

Have a football tradition of your own? Comment below and share with our other readers. And if you want other themed date ideas, let Cupid know!

### Date Ideas: "Fall" in Love





By Shannon Seibert. Updated by <u>Josh Ringler</u>

Before the weather gets too cold, take time out to embrace summer's last bit of warmth. This weekend, take part in some fall <u>date ideas</u> like going for an early fall hike and appreciating the nature changing around you. Or, you can just drive around with the windows down and breathe in that fresh autumn air. Check out this <u>dating advice</u> on how to make the most of your fall weekends!

### Enjoy awesome date ideas for the fall!

Hiking is an amazing way for you and your man to connect with the beautiful outdoors and strengthen your relationship. Talk about your favorite events coming up this fall, and make plans for pumpkin carving, football games, and bonfires. The conversation will distract you from the distance, and in no time, you'll cover a decent amount of ground and get a great workout in for your legs. Staying healthy is one of the great dating tips autumn has to offer.

#### Related Link: <a href="Date Idea: Fall in Love with Falling Leaves">Date Idea: Fall in Love with Falling Leaves</a>

Collect different kinds of leaves as you make your way down the trail, and take cool pictures with the different sites you see. If you find a leaf unique enough, save it! Press it in a book, and when the leaf dries out, you can place it on a matted frame and have it as a keepsake of your trip.

For this weekend date idea, you can even build a pile of fallen leaves and jump in! The more, the better. Think of the scene from *A Thanksgiving for Charlie Brown* when everyone built gargantuan leaf piles and played in them for hours. You and your man can really dive into the feeling of fall and spend the afternoon making angels in the leaves.

### Related Link: Date Idea: Rent a Cabin for the Weekend

If exercise isn't your thing or you don't have any mountains to scale, then take a long drive with the windows down to soothe the soul. Have your beau turn on some of his favorite tunes and just enjoy each other's company. Some "Old Time Rock N' Roll" or a little bit of Jason Mraz will relax the both of you and ease the stress of the workweek.

If you are fickle about wasting gas, you can just drive to an

open field and have a picnic. As a tribute to the end of summer and the beginning of fall, bring all of your favorite foods. Hidden Valley has an amazing recipe for potato salad, which is a great picnic food. It pairs well with turkey sandwiches and fresh fruit.

Lay out with your love and watch the clouds roll by. Bring up your favorite fall memories as a kid or plan a trip together. It could be a weekend getaway to a nearby cabin or a visit to a national park. The Red Woods in Yosemite National Park in California are beautiful this time of year. Ask him about what his ideal vacation would be and bounce ideas off of each other. Maybe even use your favorite <u>celebrity couples</u> as an idea-starter!

When the day is over, snuggle on the couch with a blanket, pop in your favorite rom-com, and think about a fun fall date idea for next weekend.

How are you and your honey getting into the spirit of fall? Tell us in the comments below!

### Date Ideas: Make a Spooktacular Spectacle as a Couple





By Emma L. Wells. Updated by Josh Ringler

Make this Halloween extra special for you, your partner, and all of your neighbors by going all out with your decorations this year. For this <u>date idea</u>, one of the many you'll find from Cupid, you and your partner can get busy hanging fake spider webs and spooky ghosts around the house in preparation for the trick-or-treaters.

### Get ready for a great Halloween with this date idea.

Whether you're going full-out scary or want a playful Halloween look, you'll need to stock up on supplies. Grab your honey and set off for the local superstore. You'll want to fill your cart up with creepy ghouls, fake gravestones, and maybe a skeleton or two. One of the many fun pieces of dating advice for this idea is to have a competition for who can make the scariest component in your yard! If you want to freak out your trick-or-treaters, think about getting things that glow in the dark or are motion-sensored. Or, you can go the

opposite route and create a more lighthearted, kid-friendly setting by making your own jack-o-lantern pumpkin patch. Just like a relationship, make sure to compromise! That is always a great piece of dating advice. You can buy fake ones at the store that will last for years, or you can carve your own to add a personal touch to the scene.

#### Related Link: Date Idea: Haunted History

After your trip to the Halloween store, you and your partner can get into the spooky spirit. It'll be fun to work together on this weekend date idea! You'll see how well your creative sides mesh as you plan your decorations. Bonus: You'll find out just how handy he can be while hanging skeletons and setting up lights. He might be more skilled with a toolkit than you thought! Learning new things about your significant other can be very beneficial for your relationship, especially if it's a new one.

Don't forget the candy, too! After putting in so much effort to make your house perfect for Halloween, you'll want to make sure you're prepared for all the trick-or-treaters who will be ringing your doorbell. You can either buy an assortment of treats at the store, or you and your partner can have some fun in the kitchen making your own cookies, candied apples, and popcorn balls.

### Related Link: Best Celebrity-Inspired Halloween Candy Choices

This date idea doesn't end with the decorations. Once you've made over your house, it's time to take a look in the mirror. You lovebirds will need great costumes to wear while passing out treats on Halloween. If you want more Halloween date ideas, costume shopping together always works! You might consider going as your favorite celebrity couple like Kanye West and Kim Kardashian or a well-known duo like ketchup and mustard. Whatever you choose, this weekend date idea is one the whole neighborhood will enjoy!

How are you and your sweetheart preparing for Halloween together? Can you think of any celebrity couples that go all out for Halloween? Tell us below!

## Date Idea: Embrace Each Other with a Scary Movie Marathon





By Tanni Deb. Updated by <u>Josh Ringler</u>
Halloween is approaching, and it's time to get ready with a thrilling scary movie marathon, one of the many scary Halloween weekend <u>date ideas</u> for those who can handle it!
Boot up Netflix, head to your local movie theater, or rent movies that you've always been scared of or maybe that you

love, and make a night of it with your significant other. Pop some popcorn and get ready for a few thrills and chills that'll have you jumping into the arms of the person you love — staying close is always one of those romantic and important dating tips!

### Halloween offers the perfect time for some spooky weekend date ideas!

If neither of you are frightened by horror movies, then make it a competition to see how many you can watch in one night without falling asleep on the couch. A great piece of <u>dating</u> advice is to have little competitions when you can, to keep things interesting! This challenge is sure to keep your eyes wide open until the break of dawn.

**Related Link:** <u>10 Spooky Ideas to Strengthen Your Relationship</u> and Love Life

If you and your partner are huge horror movie fans, consider playing scary movie trivia and see just how much you really know about the genre. This is a great way to bond with your sweetheart and share your common interests — plus a little competition never hurt anyone. Start your marathon on a weekend because rest assured, you may have nightmares when it's over. This could lead to the two of you waking up holding one another in the middle of the night, which is as far from scary as you can get!

Did you watch a scary movie recently with your partner? Have any other weekend date ideas for Halloween? Let us know by commenting below!

## Date Idea: Pumpkin Picking With Your Partner





By Steven Zangrillo. Updated by <u>Stephanie Sacco</u>

What better way to spend a fall weekend than by picking pumpkins with your partner (say that five times fast)? Pumpkin picking is a lighthearted way to enjoy a beautiful fall day. This seasonal activity is only available to you for a small amount of time, so take the opportunity this weekend to go with your partner.

Here's a <u>date idea</u> to get you into the spirit of Halloween!

The pumpkin picking itself will be a blast as this will give you the opportunity to make a decision as a pair. Discuss the size, shape, and particular orange glow that you so desire. Choose one large or a dozen tiny ones, but be aware of your partner's preference. Take lots of pictures to document this fun date idea! Head to the nearest pumpkin patch or local farm and get into the holiday spirit. Then, decorate your porch or get ready to carve these babies!

#### Related Link: Take a Holiday from the Holidays

Show off your artistic and childlike side by carving your pumpkins into characters. Make caricatures of yourselves or scary Jack-O-Lanterns. Get a step-by-step kit or wing it with your partner. Be careful not to get too messy, but a few pumpkin guts never hurt anybody. Once you're finished, enter them in a contest or give them out as gifts. It's a fun and easy way to enjoy the fall weekend.

#### Related Link: Date Idea: "Fall" in Love

Make pumpkin related desserts if you are up for carving them. Pumpkin spice has been hugely popular in the past, and let's not forget the traditional pumpkin pie. Check out different pumpkin cocktail recipes, or try out a new dessert. Your partner will love getting creative with you this weekend.

Think you have some fun and crazy pumpkin carving ideas? Comment below!

### A "Novel" Date Idea: Browsing

### for Books





Updated by <a href="Stephanie Sacco">Stephanie Sacco</a>

If you're looking for a perfect way to settle down and relax this weekend, grab your partner and head to a bookstore for this <u>weekend date idea</u>. It's a fun way to educate yourself about the new titles that are out there today. You'll enjoy choosing books together and holding in laughter behind the shelves.

### Here are some book-related date ideas to consider.

Find books that you and your partner both enjoy reading. Or, for fun, select one from a completely new genre, and take

turns reading it to one another. Start a book club of two if you decide on a book together, or read totally different ones. If he likes graphic novels and you're in the mood for a memoir, that's fine, too. As long as you are reading together! Head to the nearest library or bookstore, and let your inner book-nerd out.

If you're into e-reading, cuddle in bed with your honey and go through the new book releases on your Kindle, Nook or iPad. Once you've found something, take turns reading to each other until one of you falls asleep.

#### Related Link: Date Idea: Make a Spooktacular Spectacle

If you love a book that has a movie adaption, consider reading it and then going to see the movie with your partner. Debate about which was better — the novel or the film. Discuss the differences between the two over dinner afterwards or eat popcorn and whisper about it from your very own couch. It'll be good for the two of you to bond over your interests.

### Related Link: Weekend Date Idea: Carve Your Way Into His Heart

If you and your partner enjoy similar authors, try to attend an author meet and greet or a book signing. Typically book stores or libraries have author talks and signings so take a look in your local newspaper. It's a perfect date idea that will link the two of you, since you'll hold onto the books forever.

What's your favorite part about browsing for books with your partner? Comment below!

## Dating Advice: 5 Good Reasons to Date Your Best Friend





By <u>Josh Ringler</u>

There is a common thought prevalent in society stating that you should always marry your best friend. Well, the fact of the matter is, you can't marry your best friend until you date them! While <u>celebrity couples</u> have highlighted the best and worst of these best-friends-turned-lovers situations, it is entirely possible that you make the most of your situation if you decide to date your best friend. If you aren't sure if you want to give it a try, check out Cupid's <u>dating advice</u> below!

# These pieces of dating advice highlight some reasons dating your best friend might be a great idea!

- 1. Comfort: A really important part of any relationship is the comfort level that exists between you and your significant other. Comfort levels among best friends are usually really high, which can only help your relationship grow over time. A great piece of love advice is to maintain a clearly defined comfort level so both you and your partner know what the limits are. If those limits are kept in check, there would be no reason for your relationship with your best friend to not be the best!
- 2. Easy transition: If your friendship with your best friend is already a little flirty, or just very comfortable, the transition to dating could be very easy. New friends that decide to date can have a hard time transitioning to becoming a couple because they don't know a lot about each other, and they may not be too comfortable either. All of that leads to a lot of relationship problems, but being best friends means you have already avoided all of that! Smooth sailing into a great relationship is in your future if you go for it.

Related Link: 8 Celebrity Couples Who Were Friends First

3. The obvious is key: The two of you are already friends, best friends even. That means you and your significant other already know about personal problems, family issues, friend issues, and other important emotional things. The fact that there is an important, caring connection makes falling in love a lot easier, and makes the relationship a lot easier to grow. As best friends, the two of you know the little things in life that may mean more than the big things, and in a relationship, sometimes the small things are just as important!

4. Communication: One of the key parts of a relationship is good communication. Relationship problems can sometimes stem from how the two of you communicate. Best friends are mostly good at communicating with each other, and you may even realize the potential love in your pre-relationship communication. If that is the case, you should definitely consider dating your best friend. A good piece of dating advice is to keep a good line of communication open because the better the communication, the better the relationship!

Related Link: Relationship Advice: How to Find Real Love

5. It won't ruin your friendship: The biggest reason against dating your best friend is the common misconception that trying to date her/him will ruin your friendship. If there's no cheating or major fights, there is absolutely no reason that an attempted relationship will ruin your friendship. If anything, it will make your friendship a stronger backbone of your new, more intimate relationship. If you are afraid that your friendship could be ruined, talk about it, and you'll find a way to make it all work.

Did any of these dating advice tips work for you? Comment below!

# Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?





On this week's episode of <u>Single in Stilettos</u>, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer her <u>dating advice</u> for those questioning whether they should be happy with themselves before meeting a man. Follow these dating tips to help find a happiness that isn't dependent on a man.

### Dating Advice On Being Happy Before Settling Down

1. Take time for yourself. You need to find someone that complements you rather than completes you. Focusing on what makes you happy will make you feel fulfilled and help attract someone who admires your happiness.

Related Link: Dating Advice: 3 Tips to Turn Around Your Dating

2. No settling. Don't settle for less than you deserve. If you're complacent with a mate that isn't right for you, there is no way you can be happy later on. Also, if you aren't happy with yourself, you will end up resenting the man you're with because you aren't satisfied with where you're at in life.

Related Link: Relationship Advice: How to Find Real Love

**3. Find balance.** You must be present in your relationship. Men seek out attention the same way women do. So if you're pursuing your dreams or career, make sure to follow this dating advice and take time away from work to be with your significant other.

For more relationship advice videos and additional information Single in Stilettos show, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

# Dating Advice: 7 Reasons to Get in Good with Your Partner's Family





By Josh Ringler

Parents should be important to everyone. Yes, Hollywood may show that <u>celebrity couples</u> have their in-law problems, onscreen and off, but your future in-laws or just your partner's parents are a huge factor in determining the overall success of your relationship. If you think that their opinion doesn't matter, keep reading for <u>dating advice</u> reasons as to why their opinion is beyond critical to your love life's success. Think of all the <u>celebrity exes</u> that became single because of parents' disapproval!

# These pieces of dating advice will explain why parental approval is a must in a relationship.

1. Parental pressure: If your partner's parents don't like you, they can begin to plant seeds of doubt into your partner's head. "So, is he really good to you? Are you really actually happy with him?" can be questions you hear constantly

and that will create problems quickly.

- 2. Questioning: Questioning is one of those many problems. If you start to think about your parents' criticisms of your relationship, you can run into trouble. You want your partner to really feel happy about you in all aspects, and parental approval is a must.
- **3. Adds to your relationship:** Over time, your relationship will become layered with inside jokes, memorable places, unforgettable memories, and more. Having their parents like you will only add another positive layer to the relationship and will increase the likelihood of better things to come in the future. A good piece of <u>relationship advice</u> is to keep the relationship fresh and new, and adding new layers is a great way to do that.

**Related Link:** <u>Dating Advice: 3 Ways to Master the Art of the</u>
First Impression

- 4. Discomfort: Often times, family time is a time that can include significant others. A trip down the shore or to a restaurant can now become a really awkward adventure. Celebrity couples turned celebrity exes became that way because of the discomfort, and you don't want that! An important piece of dating advice is to always make your partner feel comfortable and not out of place.
- **5. Take time away from the relationship:** If discomfort is a common trait when there is family time, you could also lose some time together. If your partner's parents don't like you, you may not be invited places or to dinners, or you might find excuses yourself to not be together because of her/his parents. This will lead to cracks in the foundation of your relationship, and that is never good!

Related Link: Relationship Advice: 10 Strategies to Make Your Good Relationship GREAT

- **6. Happiness:** Happiness is the most important part of any relationship. It's important to always make your partner happy as much as you can, if not always. If your partner loves her parents, their disapproval may be a heartbreaking thing for them. If you're respectful, responsible, and kind, their approval (and your partner's happiness) will follow.
- 7. Deal-breaker: Do you want to marry into a family that doesn't like you? It is true that it has happened before, but that doesn't mean it is a good idea. Parental disapproval can be the straw that breaks the camel's back and ruins the relationship. Regardless of which of the reasons ends it, the lack of their parent's thumbs up can really be a disappointing sign that things aren't as good as you thought.

Did these pieces of dating advice put you on your partner's parents' good side? Comment below!

# Dating Advice: 3 Ways to Fall Back in Love with Yourself After Getting Dumped





By Josh Ringler

Getting dumped is no fun at all. Feeling as though you may have lost your chance at love, maybe for the second or third time, can make you feel really down. But, it is important to stay proud of who you are, because there is a reason to love yourself. An important piece of love advice is to love yourself first, and after your heart gets broken, take the time to reevaluate and continue to love yourself regardless. If you need a few ways to fall back in love with yourself, check out these pieces of <u>dating advice</u>!

# These pieces of dating advice will give you some ways to overcome that heart break and stay in love with yourself.

1. Love your body: After a break up, you may think that it was your fault. You might feel like you aren't good enough, but that is the furthest thing from the truth. However, if you

feel low on confidence or if you just want to prepare yourself for your next endeavor, a new workout schedule or diet could help you fall back in love with yourself! When <u>celebrity couples</u> break up, they are always changing their diets and working out to stay positive. Before you try to find love again, consider becoming a better you first.

Related Link: Dating Advice: How to Deal with Heartbreak

2. Find a hobby: It is really easy to lie on your bed, eat ice cream, and be sad about your break-up. But, it is just as easy to find a hobby or a new way to use your time wisely! You can start watching a new show, reading a new book, or finding a new favorite music genre. One of the hardest parts of a break-up is to replace the time you would have spent with your now ex. A great piece of love advice is to be proud of who you are and what you can accomplish with your time and talents. Finding a new hobby can be one of those ways! Plus, you might even find someone who shares some of the same interests as you!

Related Link: Relationship Advice: How to Handle Single-Shaming

3. Stay positive: Loving your body and finding new interests can only get you so far. A crucial aspect of falling back in love with yourself is your attitude. A bad attitude won't help a thing, but a positive attitude could go a long way in recovering your self-love. Smiles really do brighten people's days, and they can brighten yours, too, so try to stay cheery when life gets you down. With a positive outlook, you'll realize a lot of things are easier to accomplish and your outlook on your love life will improve.

Are you looking for ways to love yourself again? What has worked for you? Comment below!

### Dating Advice Q&A: How Can You Know If Someone is Being Honest Online?





Question from Chelsea R.: I met a guy online who seems really great, but because I've been burned in the past (one too many times!), I'm hesitant to totally trust him. How can I know if he's being honest online? I don't want to move our relationship to the real world until I'm sure that he's trustworthy.

Online dating isn't always easy, especially with "catfishing" becoming extremely common. Leave it up to the relationship

experts who have <u>dating advice</u> that may provide some comfort while you date online.

### Dating Advice: How To Tell If They're Being Honest Online?

Suzanne K. Oshima, Matchmaker: I completely understand your concerns about trusting a man you met online. As women, we always need to be somewhat on guard with new men, so we don't get taken advantage of physically or emotionally. However, that being said, you can also put up too many walls, where it blocks any man (including a good man), from getting to know you! My dating advice is to have a few email exchanges, then move it to the phone. If he seems genuine on the phone, then move it to meeting him in person in a public place. If he seems great and you would like to see him again, then just take it slow in getting to know him. If he's genuine, then his words will match his actions. And if his actions don't match his words, then move on.

Related Link: Q&A: Can You Tell by Someone's Social Network If They're the Relationship Type?

Robert Manni, Guy's Guy: Although trust is a critical aspect of romantic success, it's not easy to prove that someone is completely trustworthy online. You can Google a new guy and check his LinkedIn profile to compare what he's told you to what turns up, and if he passes muster on those sites, it's a good sign. But even that is no guarantee of his trustworthiness. Whenever we decide to get to know someone new, there is always risk involved. My dating tip? After checking Google, LinkedIn and any other site, if you still have doubts, trust your instincts before deciding to meet him in person. After all, the most important person to trust is yourself. Good luck.

To find out more about our three dating and technology gurus, click here.

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

What's your best piece of dating advice when it comes to online dating? Share in the comments below!

# Weekend Date Idea: Venture Out on Labor Day





By Toni Vadala. Updated by <u>Stephanie Sacco</u>

With summer coming to an end, there's nothing like a three-day weekend to experience one last romantic adventure. This Labor Day weekend, take a load off and wait for summer to end in style. Even if you're not in our nation's capital, Labor Day is typically a weekend of barbecues, festivals, and fun times with friends. Celebrity couples are no exception!

### Here are some Labor Day inspired date ideas to get you in the mood.

Plan a BBQ, or attend one close-by. Organize a three-legged race or other fun summer activities to bring you closer to your partner. Run in the sprinklers, or throw around water balloons to cool off. There's nothing more fun in the summer than some outdoor date ideas.

Related Link: Enjoy the Outdoors With This Challenging Date Idea!

Go to the beach or the town pool (if you don't have your own) to spend Labor Day weekend. The water won't be available forever, so take the opportunity to dive in before it's too late. This weekend date idea will have you and your partner getting wet and wild. Go to a hotel and take advantage of their pool. Order drinks and embrace the summer sun one last time.

Related Link: <a href="Date Idea: Enjoy the Warm Weather">Date Idea: Enjoy the Warm Weather</a>

Find a fireworks show somewhere nearby. Walk or drive to a park, or stay on the beach. It'll feel magical to watch the sunset or fireworks pop over the ocean. Like mistletoe, it may be the perfect moment to kiss your partner. Soak up the last bit of summer sun this Labor Day weekend, and enjoy some one on one time with your partner.

Have a favorite Labor Day tradition of your own? Comment

# Weekend Date Idea: Take Time to Relax





By Brittany Stubbs. Updated by <a>Stephanie</a> <a>Sacco</a></a>

Once the work week ends, all you want to do is relax. There's no time during the day to hang with your partner, and by nightfall you are so tired that you just want to sleep until Friday. You and your partner both work non-stop, so take this weekend off and plan something relaxing with these date ideas.

### It's time to unwind and take time for yourself this weekend.

The first step to your relaxation destination with your partner is escaping the digital world. Take our <u>relationship</u> advice to heart, and close your laptops, log out of your email and social media accounts, and most importantly turn off your cell phone. Your boss doesn't need to keep in constant contact with you over the weekend. You'll be amazed how relaxed you'll feel stepping away from technology and out into the world.

Come up with a plan ahead of time that you both agree on, and keep in mind that this date is about spending time together. Consider making appointments at your local spa, and arrange a couples massage. Get your nails done or spend time by the pool. It's like taking a mini vacation. The mix of relaxed muscles, a calm environment, and each other's company will help you connect like you never have before.

#### Related Link: How to Get the Best Sleep With Your Partner

If a spa day isn't in your budget, you don't have to spend money to wind down. Put on your fluffy robe and favorite slippers and create a spa in your own living room. You and your partner can take turns giving each other back, hand, and foot massages. After you've gotten each other's knots out, open a bottle of wine and curl up on the couch.

Instead of grabbing for the television remote right away, make an attempt to learn something new about your partner. This doesn't mean sharing what happened at work last week. Go deeper! It'll strengthen your bond as a couple.

#### Related Link: <a href="Date Idea: Slumber Party">Date Idea: Slumber Party</a>

No matter how you've chosen to relax together, don't forget about your responsibilities: like eating! Pick a meal that

requires little stress or effort or get take-out. You deserve it! Get into your pajamas with your partner and take a nap. Pop a frozen pizza in the oven or wait for the delivery guy to show up. Continue enjoying the comfort of your own home and the warmth of your partner.

Whether it's only for a few hours or an entire day, devoting some time to unwind with the one you love will do wonders for your relationship and your health.

How do you and your partner relax together? Comment below!

# Weekend Date Idea: High School Sweethearts





By Shannon Seibert. Updated by <u>Stephanie Sacco</u>.

The purest form of love is often times teenage love. The anticipation of first kisses, stolen glances, and broken curfews are some of the most magical memories we have of our high school romances. So, why not relive it? Even if you and your partner just met, there's nothing more romantic than recreating past moments that you can cherish while making new memories.

# Plan a high school-inspired weekend date idea while adding a modern twist.

Throw on his old Letterman jacket, and catch a football game at your old high school. Underneath the Friday night lights, you can cuddle on the bleachers and reminisce about the good old days. Get loud and proud for your local team and bond with your man by seeing who can cheer the loudest or try to predict the end score of the game. Enjoy the concession stand

and share a bite to eat. Visit with old teachers or coaches if the time presents itself. It would be a good boost for the both of you.

With this <u>date idea</u>, you can snuggle close together and pick a topic to discuss. Chat about the game, your high school experiences, your past relationships, and your possible future together!

### **Related Link:** Follow this Dating Advice To Be a Hometown Tourist

Didn't win prom queen in high school? Well, now's the time to make your dream come true with this prom-inspired date idea. Put on a fancy dress to impress your partner, bring out the dusty CDs you grew up with, and recreate your own prom. Turn your backyard or living room into an intimate dance floor and invite a few friends over. String up some lanterns, shuffle some tunes, and have a night to remember.

#### Related Link: Date Idea: Kidnap Him!

Completely turn the tables and start at the beginning again. Throw rocks at his window, pass secret notes, write love letters. Call their house phone and leave mushy voicemails. Pretend the times are different and we went back in time. Rent a movie from an old video store or visit the places you used to hang out. Your old stomping ground might be a little bit different today but it'll provide nostalgia that you can share with your partner.

Did you have a high school sweetheart? Comment below!

### Weekend Date Idea: Game On





By Jessica Conigliaro. Updated by <u>Stephanie Sacco</u>.

Get ready for some friendly competition with your man. Show off your gamer side, and challenge your partner to a tournament. Face off against each other in your favorite games, both video and board with these date ideas.

### Here are some fun <u>weekend date</u> <u>ideas</u> involving games.

Video games are a great way to bond with your partner. You can show each other how to play your favorite games and then compete to see who's the champion. Make different bets for different games: loser has to cook dinner or winner picks the restaurant. Win or lose, you'll have a great time bonding with your partner.

Related Link: Dating Advice: Get Inspired by Childhood Fun

Find other ways to compete with one another, too. Break out the old pool table in your basement, and wager kisses. Play foosball, or find some old board games you loved as a kid. Reminisce about simple times, and learn about each other's childhoods. You'll feel closer than ever before.

Related Link: Weekend Date Idea: Bases, Peanuts, and Homeruns

Hit up an arcade at a mall or movie theater. If your man's a dedicated gamer, he'll love the chance to go retro. Challenge your partner to an intense game of Pac-Man, or race him in a car simulation game. Challenge him to a nice game of air hockey. Win tickets for small candy and prizes. Playing skeeball and other arcade games make for a fun afternoon.

You may even decide to invest in a pinball machine or PlayStation 3 after having such a fun day!

What's your favorite game to play with your partner? Comment below!

# Dating Advice: 3 Tips to Turn Around Your Dating Life





On this week's episode of <u>Single in Stilettos</u>, founder and matchmaker Suzanne Oshima talks to relationship expert Iris Benrubi to offer her <u>dating advice</u> to those that want to turn their dating life around.

### Dating Advice To Improve Your Future Dates

1. Look for patterns. If you want to get different results, you need to determine what your type is and date people who are outside of that type. The qualities you think you like might just be the reason why things haven't worked the way you wanted them to. The experts dating tip: Your type might not be the best type for you.

Related Link: Dating Advice: The Secrets to Attraction

2. Know your needs. Don't compromise on your important wants and needs. Being clear on what you want in the very beginning will weed out the ones who aren't right for you and save you from wasting time with those you aren't compatible with.

Related Link: <a href="Expert Dating Advice">Expert Dating Advice</a>: What is Love & How Do I Find It?

**3. Get feminine.** Expert dating advice says to show that you're open and need someone. For men especially, it's important to show that there is a place for him in your life. Asking a man to contribute is one way to show that he is needed and will keep him interested since he'll know for sure there is a role for him in your life.

For more relationship advice videos and additional information Single in Stilettos show, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

# Relationship Advice: The Power of Touch





By Amy Osmond Cook for <u>Divorce Support Center</u>

A dim room, calming oils, quiet music, two masseuses, you, your significant other, and a few hours away from the world: A couples massage sounds hard to beat. While couples massages are known for being a relaxing and romantic date idea, have you ever considered the real health advantages of them? It turns out the power of touch plays a very important role in massage therapy and health. Follow my relationship advice and learn how a couples massage can provide you and your love with real health benefits that can ultimately strengthen your relationship.

### Relationship Advice: Strengthen Your Relationship Through A Couple's Massage

1. Physical touch. Physical touch is a vital part of any relationship. "Touch is important for sustaining a healthy relationship, but it's also necessary for our feelings

of connection, safety and overall well-being," says Dr. Justin R. Garcia, Associate Director for Research and Education at The Kinsey Institute. Receiving a couples massage with your partner will not only satisfy a need for physical touch but also remind you both of the need for physical touch in your relationship. As a relationship expert, I always hear about couples who have been together for a long time, perhaps growing out of the stage of passionate love to companion love who tend to touch less. A couples massage presents an opportunity for you both to feel a renewed sense of satisfaction and peace. You can pick up on a few massage techniques to use on each other at home. Relationship advice: Take time to make touch a priority so you can become closer as a couple and give you both a greater sense of love and security.

Related Link: Relationship Advice: 10 Tips for Couples from 'The Energies of Love'

2. An anxiety reliever. Every relationship goes through tough times, whether caused by a difficult life event or lack of communication. A couples massage can help alleviate some of this stress and anxiety. Regular massages can decrease cortisol while increasing frontal delta brainwaves, causing you to feel more relaxed. After a couples massage, you and your partner will not only feel less stressed but will also handle challenges better. Releasing anxious feelings together can bring you closer and set the tone for a better week.

Related Link: Weekend Date Idea: Spa Day at Home

3. Improved overall health. A healthy couple is a happy couple. Massage provides a variety of overall physical health benefits, including heart health. "Studies show massage therapy can immediately lower blood pressure, decrease heart disease risk, and improve circulation," said Dr. Candice Hall, D.C., an expert in Functional Medicine with Next Advanced Medicine. "We often use massage therapy to help our patients

control anxiety and common digestive disorders." If you and your partner are looking for ways to become healthier together, this is the perfect solution. Another added health benefit of a couples massage is how well it accompanies chiropractic care. Whether you or your partner have chronic back pain or are just in need of some TLC, massages can be a great way to get the most out of your chiropractic appointments. While a chiropractor can adjust your joints, massage therapy can help relieve stiffness and discomfort. If your loved one is suffering from back or joint pain, offering a couples massage is a great way to show you care. When you both feel good, you're less likely to be irritable and more able to enjoy spending time together.

A dating tip for this weekend? Surprise your significant other with a couples massage and you'll not only enjoy spending quality time together but could leave feeling healthier and more relaxed than ever.

For more information about and articles by our Hope After Divorce relationship experts, click <a href="here">here</a>.

### Weekend Date Idea: Head Back In Time & Enjoy A Drive-In Movie





By <u>Sarah Batcheller</u>. Updated by <u>Mary DeMaio</u>

We all want a relationship and love like we see in old films like *Breakfast at Tiffany's*, *Casablanca* — you get the picture. Why not plan a <u>date night</u> that reminds you of these movies? Catch a film at a drive-in movie theater with your beau. Drive-in movies are the perfect balance of the big screen and the great outdoors. The two of you will have your seats all to yourselves, so you can snuggle as you please. Best of all, you'll have a classic, romantic <u>date night</u> that you'll never forget.

### Date Idea: Head to the Drive-In Movie Theater

Drive-in theaters are easy because you never even have to stand up. So, if you and your boo are torn between hanging out on the couch or getting all dressed up to go out, you can have the best of both worlds. Netflix just doesn't compare to a night like this. <u>USA Today</u> has described some of the best drive-in theaters in the nation, and you can always search for

local ones online as well. It pays to do your research before embarking on this date idea, as you'll find which theaters are older and have a more iconic feel and which are newer with more updated features, like high-resolution screens. You'll also want to look at the movie listings ahead of time so that you can choose a film you know you will both enjoy.

#### Related Link: Date Idea: Throw a Classic Movie Night

To go all out, rent or borrow a convertible so that the openness creates a relaxing atmosphere. Or if you're insectadverse, go ahead and keep the roof up. Either way, fill the car with pillows and blankets and recline your seats. Another good thing about drive-in theaters is that you don't have to sneak in snacks in your purse. Bring something homemade to munch on. You can even bring a bottle of wine and two disposable wine glasses. That way, the coziness is at 100 percent. When the film is over, you can end the date night with a midnight drive around town or stop at a local diner to really achieve that 1950's feel.

#### Related Link: Movie Pick-Up Lines That Will Score You a Date

This date idea is perfect for the summertime, because it will make you feel like you're in a movie yourself. Now that you've found the relationship and love you've always dreamed of, it's time to have a date to make you feel like a star. With the summer sky twinkling above and the coolness of the night settling in, neither of you will be able to deny the romance in the air. Take this dating advice as it'll be a great way to spend quality time with your sweetheart and remind you that your love is timeless.

Have a fun drive-in movie experience? Let us know in the comments below!

# Independence Day Date Ideas: Fire Up Your Love!





By Maria Darbenzio. Updated by <a>Stephanie Sacco</a>.

It's the perfect time to get a little adventurous this weekend in the spirit of Independence Day. Fireworks (outside and in your heart) will appear as you celebrate this holiday weekend. With these 4th of July date ideas, you'll be sure to have an awesome time with your partner by your side.

#### Date Ideas for Independence Day

Begin your Fourth of July with this weekend date idea: A romantic nighttime picnic. Pack up some of your favorite (yet portable) foods, grab a bottle of wine, and take a trip to one of your favorite spots for this date night. For added fun, make it a group date and invite other couples to come along. If you're near a beach, watch the sunset over the ocean while enjoying a glass of Merlot. After dinner, build a cozy campfire and roast marshmallows to make s'mores. A perfect date idea for the long summer nights.

**Related Link:** Enjoy the Outdoors with This Challenging Date Idea!

Leave the other couples at home and take some one on one time to go out dancing. You and your partner can turn up the romance by taking a class together or winging it under the moonlight. The shining stars against the dark sky provide a lovely backdrop for your evening. To make your 4th of July date extra special, our relationship advice is to try playing some sweet slow jams that tell your partner how you truly feel.

Related Link: Tease Your Tastebuds on This Weekend Date Idea

End your weekend with a bang by attending a fourth of July fireworks display. Take a trip to a nearby lake or park to view the fireworks. Buy a drink to share or a plate of carnival food. Ride something romantic like the Ferris wheel. With sparks flying in front of you providing a backdrop for a romantic kiss, go for it with your partner. Secure your relationship by spending the whole weekend together. It's a romantic holiday to look forward to.

What is your favorite way to spend the fourth of July with your partner? Comment below!