

Dating Advice: Five Ways to Get Your Partner to Put Down the Phone When You're On a Date



By Deana Meccariello and Kayla Garritano

Have you ever felt like you had to send your date an email or text across the dinner table just to get his or her attention? In the age of technology, sometimes a smart phone can be more threatening to your relationship than another person. With communication so readily at your fingertips, these days it's hard for some people to interact on a deeper level. Between checking emails, staying updated on everybody's status on Facebook and Twitter, and "liking" pictures on Instagram, a

real conversation can be hard to come by.

This [dating advice](#) will help your partner put down the phone when you're together:

1. Practice what you preach: Put your own cellular device away. How can you get mad at your date if you indulge in the same bad behavior as they do? Quit constantly glancing at your phone. It makes you look anxious, like you have somewhere else to be or are waiting for a message from somebody. Make sure you're not texting, either. This may be the most annoying thing a person can do on a date. It tells your date that they do not have your full attention. Your top priority should be the person across the table from you. And above all, don't take a call. We understand that emergencies happen; however, unless it is a loved one, let it go to voicemail.

2. Make a subtle comment: If they're texting away every two minutes, say something like, "Well, aren't you Mr./Ms. Popular?" Hopefully, they'll hear the hint of sarcasm and put the phone back in their pocket for the remainder of the evening.

Related Link: [Dating Advice Q&A: Is It Ever Okay To Go Through Your Partner's Phone?](#)

3. Just ask: Communication goes a long way in any relationship. Instead of making your date be a mind reader, just tell them that the constant cell phone use bothers you and that you would like your time together to be intimate and personal. Sometimes the direct approach is the best approach.

4. Set limitations: Obviously it's not possible to ban cell phones from your relationship completely. Every once in a

while, there will be an important work-related email, emergency or a friend in need. Make a compromise. Say that on date night you would like their cell phone to be on silent and out of sight for the few hours when you are at dinner or watching a movie together. Realize that when the two of you are just lounging around, you can't expect to shut themselves off from the world. After all, while you should be the most important thing to them, don't give them the idea that you think the world revolves around you. With reasonable limitations, your partner should be willing to compromise.

Related Link: [Five Ways To Get His Undivided Attention](#)

5. Give him a taste of his own medicine: As a last resort, one day when you are doing something that they love to do, pay a little more attention to your cellular device than to them. Text your girlfriends, check your Facebook, send an email and post a tweet. Keep this up until he says something to you about it. Maybe then they'll understand what it feels like to you.

Do you have any tips to keep your partner's attention on you and not his phone? Share your comments below.

Dating Advice: How to Become Irresistible to a Man





On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Jaki Sabourin to offer their [dating advice](#) for those who need help attracting a good man. Learn how to be the confidant woman who is irresistible to any man. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Attract Men

1. Emotional intelligence. You need to be emotionally mature to attract a man. You need to know how to respond to a man, not react to them. Going deep within yourself and knowing who you are will help you better connect with a man. Just remember, nobody likes an insecure drama queen.

Related Link: [Dating Advice: Best Ways to Meet & Talk to Eligible Men](#)

2. Be authentic. Someone that is authentic in who they are is

automatically viewed as attractive or sexy. Don't try to be someone else, it never works out in the end. Just accept who you are and celebrate it. One day a man will show up in your life who appreciates all the qualities you have to offer.

Related Link: [Dating Advice: How to Win Him Over in the First 3 Dates!](#)

3. Have a sense of humor. Don't be serious all the time, it takes all the fun out of a relationship. You shouldn't treat every date like a job interview. Men want to be with women who make them feel comfortable and happy. Knowing how to be light hearted can make a relationship last.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Relationship Advice: When Your Partner Sings The Blues, It May Be Something More





By Amy Osmond Cook for [Divorce Support Center](#)

Depression is so much more than sadness. And for those who love someone battling depression, the effects are all encompassing. “It’s like this thing that engulfs you,” said legendary music artist Bruce Springsteen in a celebrity interview with *CBS Morning News*. “I got to where I didn’t want to get out of bed,” he said. Springsteen credits his celebrity relationship with wife Patti Scialfa for giving him the motivation to rise above it. “She’d say, ‘You’re going to be OK. Maybe not today or tomorrow, but it’s going to be all right.’” With the following [relationship advice](#), I’ll provide you with tips on recognizing signs of depression and how to support your partner through this troubling time.

Relationship Advice On Coping With Depression

The World Health Organization reported that 350 million people worldwide suffer from depression. It’s the leading cause of disability. To better identify depression, a standardized

method was devised by relationship expert ,Dr. Carey Gross, and used by psychiatry residents at Massachusetts General Hospital. "These eight neurovegetative symptoms of depression can be easily remembered with the mnemonic SIGECAPS," wrote Daniel J. Carlat, M.D for the American Academy of Family Physicians.

If you see these signs emerging in your loved one, he or she may be suffering from more than the blues; it could be a sign of depression. Learn to spot the difference with the following relationship advice.

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Sleep Changes: Should your loved one's sleep patterns increase during the day, or if he or she stays up most of the night, this may be an indicator that your loved one is suffering from depression.

Interest: A loss of interest in the hobbies and activities your partner once enjoyed may mean there's an emotional struggle emerging. This isn't about changing interests. Instead, your loved one won't be interested in doing anything at all.

Guilt: This behavior has more to do with feelings of worthlessness, particularly in older couples, where a depressed loved one devalues themselves. "We believe social and emotional health play an important role in maintaining overall physical health," said Shiloh Sorensen, activity director at Parke View Rehabilitation and Care Center. "Positive and supportive social interaction and relationships are important factors in a person's well-being. It's a need people never outgrow."

Energy: A lack of energy coupled with a declining interest in activities is a sign for concern. It could be a matter that your loved one wants to get involved but doesn't have the

energy or feels too fatigued to do anything.

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Cognition/Concentration: Life is loaded with its share of distractions, but if your loved one, who once carried a razor sharp focus when performing tasks, now struggles with concentrating on those things, it's time to talk about it.

Appetite: While an increase in appetite does occur, it's a rapid decline in weight and an interest in eating that indicates possible depression.

Psychomotor: If your man becomes easily agitated, or your girl lacks energy or interest in things she once enjoyed, it's time to talk about how they are feeling.

Suicide: Many people suffering from depression will share signs of their despair. This preoccupation with death compels them to give away valued possessions or talk about life without them around, among other things. If your loved one seems to have given up on the value of life, seek professional help immediately.

Related Link: [Relationship Expert Talks When To File For Divorce](#)

Remember, your loved one didn't request for depression to be a part of your relationship. But, this unwelcome visitor can be controlled with treatment accompanied by the love and support of a committed partner. By seeing the signs and recognizing the onset of depression, you and your partner can change your tune from singing the blues to enjoying an old-fashioned love song.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: Best Ways to Meet & Talk to Eligible Men



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their [dating advice](#) for those who aren't sure of how they should talk or approach single men. Learn how to be the confidant woman who wins the man over with a single conversation. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Approach Eligible Men

1. Create opportunity. If it's important for you to be in a relationship, then come up with a plan to meet men. You need to strategize your time instead of falling victim to your usual routine. Don't worry about looking desperate, you're being intentional with your love life- not desperate.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Notice people. Take time to look at the men in your life and around you. Love can strike when you least expect it. Stay alert and attentive, put down your phone if you have to. Men like a woman who can take notice of them.

Related Link: [Dating Advice: What Do Men Want from Women?](#)

3. Look offline. Explore your area and make it a point to discover new ones. Not only will you find fun places to enjoy your time in, but you might just bump into someone who has the same interests as you.

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Dating Advice: How to Turn Your Man into a Gentleman



By Deana Meccariello and Kayla Garritano

Okay ladies, we've all been there. Your man isn't being a gentleman to you, so now what? Make it known. Make sure you deal with these issues from the get-go, because if you don't, you will end up resenting your partner and the relationship will ultimately fail. We wouldn't want that!

This [relationship advice](#) will help turn your man into a gentleman!

1. Be vocal: As with any relationship issue, communication is

key. Tell him that his actions make you feel unappreciated and disrespected. Lay out what he does that you find rude and tell him how to fix it. If he has to choose between your relationship or holding open a door for you, hopefully he will change accordingly. Make him think about his actions before he lets the door hit you on the way out.

2. Ignore his actions: If you want your boyfriend to pick you up at the door, rather than honking the horn for you like some sort of taxicab service, when that horn starts blaring outside your home, simply ignore it. When he calls your cell phone, don't answer it. That way, not only will he be forced to exit the car and cross your threshold to call for you, but he'll also recognize the message you are trying to send him.

Related Link: [Guys Edition: How to Behave Like A Gentleman](#)

3. Mention another relationship: Try talking about a friend's relationship and how cute it is when her boyfriend holds the door for her or pulls out the chair so she can sit down. Holding another man in high regard will spark the alpha male complex, making him want to be better than another man.

4. Follow the movies: Make a date night that's a marathon of romantic movies. Seeing you swoon over Humphrey Bogart in *Casablanca* or watching you tear up at the grand gestures Ryan Gosling makes for Rachel McAdams in *Notebook* will show your partner the type of man you are longing for him to be.

Related Link: [Relationship Advice: The Guy's Guide to Dating Like a Man](#)

5. Dress fancy, be fancy: Sometimes a man will learn by example. Take him to a nice restaurant for dinner, or host a fancy dinner party where all these people, including the men, are dressed to impress. Hopefully, your man will follow and take a lesson on how to act.

How have you gotten your man to become a gentleman? Comment

below!

Dating Advice Q&A: Why Do Men Ask for Photos?



Question from Emily O.: I've noticed on a lot chat or IM apps, one of the first things guys ask for is a picture of yourself, even if you have a profile photo displayed or albums filled with photos. It seems like "Can you send a pic," is the norm now? Why is that? And why will some even write you off completely if you're not willing to send a photo right away? I'm not comfortable sending pictures of myself to strangers only 2 minutes into a conversation.

Dating can be complicated. Add the internet, social media and electronic devices into the mix, and it can get tricky real fast. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times! Take time to learn some valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here you'll have your questions answered on whether or not you should send a photo of yourself to a potential beau.

Technology Dating Advice On Whether You Should Send a Pic Online

[Suzanne K. Oshima, Matchmaker](#): The **good** reason: Men are visual creatures, so they may want to see more pics to make sure you actually look like the photos on your profile. The **bad** reason: Men will ask you to send a pic and if they're looking for something more sexy, then it will turn into asking you for a naked pic in the future. If a man writes you off for not sending another photo, then thank him for eliminating himself. He's probably just looking for one thing and he's not worth your time... So, just move on. Next!

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

[Robert Manni, Guy's Guy](#): Guys are visual and they enjoy looking at photos of pretty young ladies; and there's lots of photos of good-looking women online. But, at the same time, men get spoiled and some even ask women they've barely connected to- to send more pictures. Unfortunately, sharing more photos will not move a potential relationship forward. My advice to any young woman put into that position is to politely decline. If the guy presses or asks you why not,

consider telling him that if he wants another photo of you he can take you out to a nice restaurant and maybe you'll let him snap a photo of you in person. The bottom line is that if a guy needs more photos of you to make a decision, or prefers looking at pictures of instead of spending time with you in person, he's probably not someone you want to invest your time in.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

5 Date Ideas To Maximize Daylight Savings





By Linda Guma and Kayla Garritano

After a long, hot summer of late night festivities, followed by fall work hours that extend past 6 p.m., we could all use an extra hour of sleep so our bodies can catch up. Well, soon enough it will be here. On November 6, we'll turn back the clocks again to mark the end of Daylight Savings Time. While most of us are probably happy about gaining that extra hour of sleep, why not maximize those 60 extra minutes by spending it with your partner? Here is some [dating advice](#) on ways to capitalize on a little romance:

These [date ideas](#) will be sure to give you the best use out of that one extra hour!

1. Rise and shine: Of course, not all of us are nocturnal. If you and your partner are early risers, there's no need to bother resetting your biological clocks. Take advantage of that additional time by going for a morning jog together

before you start your respective daily routines. To save some energy, you've got to use some energy. Other ways to be creative with dates early in the day include morning swims, sweet mimosas at a nearby cafe, or breakfast in bed.

2. Last call: If you and your partner prefer sleeping in and staying up late, feel free to unleash your night owl tendencies. Bars and clubs will be open an hour later, which also means that last call for drinks will be extended as well. After grabbing cocktails at your favorite lounge, hit the club and dance the night away.

Related Link: [Date Idea: Dance the Night Away](#)

3. Fall cleaning: This may sound like a big drag, but it'll be worth it once it's over. You and your partner can make a game of tidying up together. Get rid of things you no longer use and make way for newer items. The sense of accomplishment will serve as a bonding activity and you if you aren't currently living together, be sure to save a drawer or two for him.

4. Take a chill pill: Sometimes, you just need to relax after the constant hustle and bustle of your busy life. Use the extra time to fuel your energy for the rest of the day. You can find romantic ways to unwind together, such as snuggling in bed or taking a bubble bath. Even the enjoyment of a local bookstore or a movie can be fun.

Related Link: [Famous 'Couples' Star in Best Movies for a Rainy Day](#)

5. Bucket List: Take the time to sit over some wine and plan out some exciting events for the future. You and your partner will each need a pen and paper. Each jot down creative activities and places you've always wanted to visit, your own personal bucket list. After you're done, consult each other's lists and then sketch out a tentative plan to create a joint list. You'll have some fun talking about the unordinary activities you want to do, and the unique places you want to

go. It'll definitely be some good conversation!

What can you do to make the most of Fall Back? Share your ideas below.

Celebrity News: Find Out What Kristin Cavallari's First Impression of Jay Cutler Was



By Kayla Garritano

A little Googling never hurt anybody. [Kristin Cavallari](#) revealed that she searched the web and looked up some pictures

before meeting her husband Jay Cutler back in 2010. According to UsMagazine.com, the Chicago Bears football player originally reached out to her publicist to set up a date in 2009. At first she denied, but then the following year, when she was in Chicago, her rep got Cavallari passes to meet Cutler after one of his games. "My cousin was a huge Bears fan, and he was like, 'You have to meet him.' I didn't think anything was going to come of it for me. I thought I was going to make my cousin's life," she said. "I had Googled pictures of him, and I was like, 'Eh, you know, whatever.' He walked in, and I was like, 'Whoa, he's so much cuter in person.' He's almost six-four, big, manly." They've been a [celebrity couple](#) ever since and have three kids together!

This [celebrity news](#) has us wondering about first impressions. What are some ways to make a good impression on your crush?

Cupid's Advice:

Impressing your crush isn't an easy task, especially if you get all nervous talking to them! Just take a deep breath, because Cupid is here to help you make a good first impression on your crush with this [dating advice](#):

1. Be yourself: What's the point of impressing your crush if you're not being true to who you are? Your crush should like you for who you are, not someone you're pretending to be. Just do your thing, let your crush get to know the real you, and once they do, they'll get to see the amazing person you are!

Related Link: [Dating Advice: 3 Ways to Master the Art of the First Impression](#)

2. Be confident: Confidence is key. Tell yourself you can do

it. Be positive. Being shy probably won't take you far, because you won't be able to hold a hearty conversation. Go up to him and flash a smile. You got this!

Related Link: [Exclusive Celebrity Interview: 'The Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

3. Freshen up: Look good and feel good. We aren't saying cake on the makeup or dress completely differently to the point where you feel uncomfortable, but brush your teeth and get a minty fresh breath going so when you talk to your crush without worrying about bad breath. If you have a zit you don't like, cover it up. Minor changes can make you feel much better about approaching and impressing your crush!

How have you made a good impression on your crush? Comment below!

Relationship and Dating Advice for Love Birds Who Don't Agree Politically





By Justin Lavelle, [Peoplelooker.com](https://peoplelooker.com)

For some of us, political points of view are the ‘bottom line’, the test against which we measure compatibility with another person. Don’t believe me? A poll by Wishbone concluded that 47% out of 10,000 respondents said they wouldn’t date someone with different political views.

This tells us clearly that many would rather avoid the issues that come with different political beliefs and also confirms why so many people marry or date within a specific cultural or religious community.

Are you one of the 47%? Are you on Team Trump or Team Hillary? Consider this [relationship advice](#). You can find a match with

dating sites that are specifically geared towards your candidate of choice, such as MapleMatch (anti-Trump – it will match you with Canadians so you can move, in the event of a Trump win), TrumpSingles (boasting “The number one dating site for those who still believe in Making Dating Great Again”), or LiberalHearts (their catchphrase? “Uniting single Democrats, progressives, environment and animal rights activists who are like in mind and liberal in love”).

For many couples, it isn't until a real rabble-rouser of a candidate emerges that the differences become obvious. Case in point: Donald Trump. Most of us evolve slightly in our political views over time, as our lives change and we grow older, but it's rare enough for people to switch political sides completely. So, it makes sense to start as you mean to finish and not date people that you know you are going to disagree with on some very fundamental issues in your lives. That said, if you do end up at different ends of the political spectrum, a little mindfulness will go a long way so that you can still have a strong and healthy relationship. Here's some [dating advice](#) on getting through an election year unscathed, when you and your partner disagree, politically:

- If you're actively playing the dating game or seriously considering marriage, your ideal has to be someone who shares some of your core values. Hanging out at different ends of the political spectrum isn't necessarily a deal breaker if you can agree on topics that are personally important to both of you. After all, a person is not their politics, unless they happen to be running for President, so eliminating everyone who isn't a card carrying Democrat, for example, might be limiting your scope a little too much. But if you can't agree on even the most basic things, it's probably a sign that it wasn't meant to be and might be time to move on.
- You've met that perfect someone who turns out to be a right wing Conservative. You are a liberal Democrat. Are

you doomed? Not necessarily. It can be possible to agree to disagree and make a list of topics that aren't permitted at the dinner table or anywhere else!

- If you do decide to run the gauntlet and talk politics with your partner of opposing views, do it respectfully and demand the same of them. You can hear each other out without fighting. The couples who agree on absolutely everything are few and far between, so know that differences are okay, and can even be something to be celebrated.
- How a person comes to their political beliefs matters too! If your partner has done a lot of research and reading, you can be sure that their positions are considered and measured. If they rely on television sound bites and Twitter for their political beliefs and are backing someone based on those featherweight points, you should probably be a little more concerned. The person who doesn't think like you do but has come to those beliefs through a process of due diligence deserves your respect, don't you think?
- Even a strongly divided set of beliefs can find some common ground, some areas where you can both agree. Democrats and Republicans in the House can cross the aisle on some issues, so you should be able to manage it as well. Ultimately, many more centric points of view are much closer than they are divided. It's a question of finding that compromise position for the greater good. After all, what's a relationship if not based on compromise and mutual respect?
- Accept that your partner of differing views isn't likely to change and badgering them about it isn't going to help. They may soften or adjust their position on specific issues, but ultimately, very few people cross the aisle for good. This is a good time to practice the idea of 'do unto others': don't try and change them!
- How important are your political views to you? How about your new or prospective partner? Someone can be of a

political view without being really active or vocal about the issues of the day. In other words, how much do your political differences really make in your day to day lives? Not much? Then don't worry about it, you'll probably be just fine!

Justin Lavelle is the Chief Communications Officer at [PeopleLooker](#). PeopleLooker is your go-to source to check whether your new online or in person date is who they say they are. PeopleLooker is a leading source of online background checks and contact information. PeopleLooker allows individuals to find more information about people, phone numbers, email addresses, property records and criminal records in a way that's fast, easy and affordable.

New Celebrity Couple Hilary Duff & Jason Walsh Go Public with Relationship on Instagram





By Kayla Garritano

It's social media official! [Hilary Duff](#) officially announced her new [celebrity relationship](#) with Jason Walsh by posting a picture on Instagram. The picture shows the [celebrity couple](#) sharing a kiss on Sunday, October 16 with a black and white filter. According to [UsMagazine.com](#), Hilary's new romance with her personal trainer sparked rumors after the duo stepped out together earlier this year, but this marks the first time their relationship has been displayed for the world to see.

This new celebrity couple is making it social media official! What are some benefits to announcing your new relationship on social media?

Cupid's Advice:

Congratulations on your new relationship! Now all you want to do is show it off to everyone, and that's what social media is

for. There are many apps and sites that will help you announce the news, and Cupid is here with some [dating advice](#):

1. Show them off: You really like your new partner, and all you want to do is show them off to everyone. Putting pictures on social media of your new relationship shows everyone how happy you are and displays how happy they make you feel. You get to easily say, “This is my boyfriend; isn’t he great?” or “This is my girlfriend, isn’t she amazing?” in a picture. Be proud to show them off!

Related Link: [Relationships Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

2. Share the happiness: You’re happy, so everyone else should be, too. The people who care about you want to see you happy, and want to make sure you are doing well. If they see positive pictures, they will be sure to feel happy as well. Spread the love!

Related Link: [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

3. Stop the rumors: If you’re like Hilary Duff, there may be a rumor about you having a new boyfriend before you confirm anything. In fact, it happens a lot in [celebrity news](#). But when you’re both ready, you can publicly display your relationship and stop everyone from gossiping. There’s no rush to doing this, but a benefit of announcing your new relationship on social media is helping to hush the whispers.

Have you ever posted about your new relationship on social media? Comment below!

Dating Advice: How to Win Him Over in the First 3 Dates!



On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who aren't having the best luck in the dating world. Learn how to turn things around by being the woman who wins the man over. Follow these dating tips to get your love life back on track.

Dating Advice That Will Help You Win The Man of Your Dreams

1. Play it cool. Don't be overeager when you're on a date. You don't want to look desperate. But also, be engaging and have a

balanced conversation.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Relax. Even if you're nervous on a date, don't be all tense. It's not a job interview, you're out with this guy to enjoy yourself. If you aren't comfortable, a man will notice and make note of that.

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3. Keep it classy. Be positive and optimistic. You want to show a man that you're good company to be around. Complaining too much is just a turn off.

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Dating Advice: Do Pick Up Lines Actually Work?





By [Joshua Pompey](#)

There she is standing at the bar. Tall. Beautiful. Long flowing blonde hair. Think. Think. There must be a pickup line that will work... Okay, I've got it!

"Damn girl. Are you okay?"

"Yes, why?"

"Because damn it must have hurt when a beautiful Angel like you fell from heaven."

Cue the eye roll, the grabbing of her closest friend's arm, and the immediate exit. And just like that, bye bye beautiful blonde. If you've used cheesy pick up lines at any point in your life, odds are this may have happened to you at some point. While this may have been a terrible pick up line for the sake of the overall argument I'm about to get into, the question is, can pick up lines ever actually work? Well, that depends on a number of factors that I'll explain to you in the following [dating advice](#).

Dating Advice On Whether Pick Up Lines Work

For the most part, in terms of quality dating advice, the answer is almost always a resounding no. Pick up lines come across as lame, cheesy, and pre-mediated, making the other person not only think that you are corny, but will also communicate that you lack the basic social skills that it would take to approach someone in a conventional way. Using a pick up line communicates to the other person that you don't have enough wit and originality to be interesting on your own accord, which isn't exactly a compelling advertisement for why someone should talk to you. With that said, pick up lines *can* work. But only if you are in on the joke and have a pick up line that you know will make the other person laugh.

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Here's an example, way back in the day, during Mr. Pompey's younger years, long before I became a relationship expert, I once read a pick up line that I thought women would find to be rather cute. I would approach a girl that looked friendly in a bar, and walk up to her as if I were trying to set my friend up. "Hey you see my friend sitting over there..." He would then wave. "Well... (long pause) he wants to know if you think... (long pause)... this is kind of embarrassing... (another pause)... he wants to know if you think *I'm* cute." Cue flirtatious smile by me. Almost every time I delivered this line I would be met with a smile or a laugh, and then the woman would excitingly engage in conversation. The little twist and mis-direction at the end of the line, combined with the fact that this line is also somewhat funny, results in a highly effective pick up line.

Related Link: [Dating Advice: 5 Steps To Securing A Second Date](#)

In addition to my arsenal of dating tips, I'd like to point out my use of that line showed confidence and avoided the typical pitfall of being a pick up line that is lame and cheesy. Being clever can go a long way, even if they know it's a line. But perhaps most importantly, my body language and delivery shows I'm in on the joke. I'm not walking up to a woman all serious as if I am really hoping I pick her up with these smooth skills of mine. I'm just having fun and delivering the line in a way that makes it clear I'm just here to make her laugh and help her have a good time.

Related Link: [Dating Advice: Does A Man Really Have to Call?](#)

At the end of the day, nearly all pick up lines will come across as lame. But if you find a clever one and deliver it in a manner that shows you're just having fun, you just might wind up in some good company and a potential date night.

For free online dating articles and advice from Joshua Pompey [click here](#), or [visit this page](#) to learn more about his world famous profile writing service and free profile evaluations.

Dating Advice: Think of Your Mind, Body, & Food When Out On Dates





On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert, Lynda Layng to offer their best [dating advice](#) that will help you improve your mental and physical health on the dating scene. Learn how you can better yourself and your future dates with these three dating tips. Follow this advice if you want to find the love of your life!

Dating Advice On What You Can Do For Your Mind, Body & Food

1. Change your thoughts. Use positive affirmation instead of fixating on negative thoughts. Even if you don't believe it, you'll eventually be affected by the praise you give yourself. Don't be afraid to be kind to yourself and say, "I'm beautiful. I'm grateful."

Related Link: [Dating Advice: What Do Men Want from Women?](#)

2. Lighten up. Try to let go of the image you have in your mind of what perfection is. And don't take everything so

seriously or be hard on yourself. You don't want to make yourself feel bad with unrealistic expectations.

Related Link: [Single in Stilettos Show: What Turns a Man On](#)

3. Eat more real food. Get rid of processed food. You want to eat healthier, whole food that can expire. Eating processed food all the time will have adverse effects on your waistline and energy levels, so make little changes if you want to be healthier overall.

For more information about Single in Stilettos shows, click [here](#).

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Relationship Advice: 6 Ways to Keep Work & Life Demands in Balance





By Amy Osmond Cook for [Divorce Support Center](#)

How does she do it? You know who I mean. She's the one who makes achievement look easy—and her hair looks great in the process. As women, our relationship with the demands of work and home have been a historically tenuous balance. More often than not, we lose sight of our anticipated goals for the day and end up whipped by daily demands. But it doesn't have to be this way, and we are surrounded by influential women who demonstrate that strength every day. While their personal strategies may differ, the most common game plans for keeping our work and home life in balance include the following six pieces of [relationship advice](#).

Relationship Advice That Will Help You Balance Your Work & Home Life

1. Be the boss of your time. For women whose schedules are often dictated by the needs of others, maintaining control over time is a constant challenge. But it's necessary. Set boundaries establishing clear work and personal times, then

enforce it with colleagues and family. Unless it's an emergency, family must recognize that your attention must be focused on work. The same is true with demands from work. In her book, *Year of Yes*, Shonda Rhimes admitted she now signs off her emails with this signature: "Please note: I will not engage in work emails after 7 pm or on weekends. If I am your boss, may I suggest: Put down the phone." If you don't stay firm on setting clear boundaries, your ability to stay productive in both areas will be compromised.

2. Set priorities. "It's the person with the passion who get it done," said writer, director, and producer Autumn McAlpin. Her award-winning film, *Waffle Street*, is based on the true rags to riches tale that follows the life of a financier who loses his job on Wall Street but finds redemption and true friendship as a waiter in a 24-hour diner. Her success as a writer relies on disciplined organization and project management. "And, a lot of phone calls," McAlpin added. Life will deliver a hearty portion of distractions. Enforcing balance between work and personal demands by setting firm priorities will help you stay focused on your goals. "To this day, I keep a schedule that is almost minute by minute; Grabbing a power nap to facilitate recovery instead of wasting an hour online," said Olympic gymnast legend Shannon Miller. "Focus on those things that bring you further to your goal each and every day. Every moment counts."

Related Link: [Relationship Advice: How to manage your business when you're sleeping with the CFO?](#)

3. Focus and avoid multi-tasking. Business philosopher Dr. Stephen R. Covey once said, "The main thing is to keep the main thing the main thing." As tempting as it is to celebrate the art of multitasking, in truth, we are robbing ourselves of achieving excellence in both arenas. Health contributor and relationship expert Amanda MacMillan wrote, "Research shows that it's not nearly as efficient as we like to believe, and can even be harmful to our health."

4. Recruit help. “If there’s one thing I’ve learned over my career as an entrepreneur, it’s good things are rarely accomplished alone,” wrote *CorpNet.com* CEO Nellie Akalp. “Success often hinges on getting the right advice or support from the right people.” This could mean finding help with household chores or childcare. Or, it could mean emulating an admired mentor. Shonda Rhimes is candid about her dependence on Jenny McCarthy, her family’s nanny. “I am proud to say that I do not do this alone,” Rhimes wrote. Having someone to help you with your duties at home will curb resentment and any potential relationship problems.

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

5. Don’t forget to play. Having something to look forward to that doesn’t include the demands of work or home keeps you motivated to stay on track. “With vacation days left at the end of last year, the principals of my firm encouraged me to take time off between Christmas and New Year’s; time they took off as well,” wrote Kristine Scotto, director of Strategic Planning. “And when we all arrived back at the start of the year, everyone was fresh, and the vibe of the team was more energetic than I’ve seen in months.” Take a break from the work and home routine. Buy tickets to a concert for date night, spend Saturday morning walking on the beach, visit a temporary exhibit at the museum. Make plans at the beginning of the week, then stick to them.

6. Schedule time for exercise. A healthy diet and regular diet is essential for energy. “Even when we’re busy, we make time for the crucial things in life. We eat. We go to the bathroom. We sleep. And yet one of our most crucial needs – exercise – is often the first thing to go when our calendars fill up,” wrote Forbes contributor Deborah Jian Lee. Despite her busy schedule, supermodel Cindy Crawford makes fitness a priority every day. “If you stick with it, even if it’s just a small amount, it becomes part of your life,” she said. Crawford

incorporates dance and Pilates into her daily schedule, and she has been known to jump on the trampoline with her kids as a way to get in some exercise.

Related Link: [Balance Work and Love Like a Celebrity Couple](#)

Life doesn't guarantee it won't throw interruptions in your path. But by establishing a routine that includes the relationship advice we've provided you: setting boundaries and priorities, focusing on each task, recruiting help, and scheduling time for play and exercise, can offset the imbalance in your work and life schedules and make room for the unexpected joys in your life- both of them.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Celebrity Break-Up: 'Entourage' Co-Stars Kevin Connolly & Sabina Gadecki Call It Quits





By Kayla Garritano

Single once again! [Celebrity couple](#) Kevin Connolly and Sabina Gadecki have broken up after more than a year. According to [UsMagazine.com](#), these co-stars met while filming the *Entourage* movie and continued their romance off-screen. “They were better off as friends,” a source close to the pair said. “They tried to make it more and it just didn’t work.”

This [celebrity break-up](#) proves that sometimes two people are better off as friends. How do you know if you’re better as friends or more than friends?

Cupid’s Advice:

Sometimes you may not know when the person you’re dating is a friend or more than a friend. Your feelings may seem a little

confused. Cupid is here to help:

1. Do you see a romantic future?: Close your eyes and look at yourself 20 years from now. Do you see the person you're dating? If so, do you see them holding your hand and cuddling? Or do you see them just hanging out with you and a bunch of friends? Think about that, because if you don't see yourself romantically involved for the long-run, then is it worth pursuing?

Related Link: [Dating Advice: 5 Good Reasons to Date Your Best Friend](#)

2. Sparks fly: When you kiss your partner, how does it feel? Does the touch of their hand give you butterflies and make you feel all nervous? If the answer is yes, then that's a good sign you can be more than friends. Sparks indicate that there's some romance in the air.

Related Link: [Dating Advice: How to Get Out of the Friend Zone](#)

3. You're flirty: It's natural to have a little "flirt" in you. But you may be flirting with that one person a little bit more than average. Your group of friends may even notice, too. If they're flirting back just as much, you may be a little more than just friends.

How have you determined if you were better off as friends or more? Comment below!

Relationship Advice on What

Not to Do: Bad Dating Advice from Romantic Comedies



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Holly Kiffer

Who doesn't love a great romantic comedy? They're perfect for date night or spending quality time with your girls and a bottle of wine. Though the plot lines can be entertaining, romantic comedies are unrealistic and offer poor [relationship advice](#). However there are a few dating tips you can learn from romantic comedies about what not to do, according to relationship experts.

Relationship Advice That Goes Against Romantic Comedies

Be Yourself, Not Like In *How to Lose a Guy in 10 Days*. First thing's first, always be yourself! *How to Lose a Guy in 10 Days* has taught us how to be the best and only version of ourselves. Throughout the whole movie Kate Hudson tries to push Matthew McConaughey away by being the bananas crazy, clingy girlfriend, who most guys would run as far across the country as they could. If a guy is interested in you then they're looking for the real you, they don't want to get to know the pretend, "of course I'm okay" type of girl, when deep down you're really not. You should never have to pretend to be someone else just to impress a guy. In contrast, if they seem uninterested then, as Beyonce would say, "Tell that boy bye!" Our high end matchmaking relationship experts say dating should be a fun experience as long as you get out there and do your thing. You should never be afraid to express yourself. Moral of the story, always be yourself because the best version of you is always yourself.

Related Link: [Relationship Advice: Stay True to Yourself](#)

Don't Jump into Marriage for The Wrong Reasons, Not Like In *The Proposal*. Ah *The Proposal*, a classic movie where Sandra Bullock is going to be deported unless she becomes a U.S. citizen through marriage. Of course the closest person she can force into marrying her is her dreaded assistant, Ryan Reynolds. In this movie she attempted to marry because she felt like she had no other choice. When you find the one you truly love, you should do it because it's YOUR choice. When you marry someone, do it because you found your true love, not because you're about to be deported! That's settling, or just plain lazy and throwing in the towel. Marrying for the wrong reasons, like "settling down" is not the resolution; instead of quitting on the dating scene, push yourself to find the

one. If you just settle for an average Joe, you may never experience full happiness or a potentially happy marriage. The average Joe may make you regret the biggest decision of your life. Wouldn't you rather search for the prince charming that Cinderella found than settle for the boring Joe? Our matchmakers suggest never giving up on love, and never settle for the wrong reasons.

Related Link: [10 Celebrity Couples Who Have Made Marriage Work](#)

Don't Make Drastic Decisions After Heartbreak, Not Like In *Crazy Stupid Love*. It's *Crazy Stupid Love*, you know the one, with the eminent, sexy Ryan Gosling. In this case Ryan Gosling helps the heartbroken Steve Carell, get over his ex wife, while he goes through a divorce. Steve transforms into a player with relationship advice provided by Ryan Gosling. As a result, Carell picks up girls on different nights at the same bar. In this case, changing your persona 180 to recover from heartbreak can be more damaging to your health expected. You're heart and emotional self need time to recover. Splitting up is never easy and it takes time to fully recover; you don't instantly get over a person with the snap of your fingers. Elite Daily's Alexia LaFata, states there are seven factors that affect how long it'll take you to get over your past relationship, "the length of the relationship or marriage, how recently you split up, how 'intense' or even 'obsessive' the relationship was, how important it was to you, how it ended, whether there was any domestic violence, whether or not the relationship was an affair." If you instantly start going out as an attempt forget about your ex, your bank account and body will regret it the day after. Dating in NYC is a great way to experience and meet people but our matchmakers suggest giving it at least, the duration of the relationship before going out and spending all your money at the bars. Besides, going out 24/7 will not only hurt your bank account but your body will feel the effects as well. Losing your figure over heartbreak is simply not worth it. Just

remember to give it some time before jumping to conclusions like *Crazy Stupid Love*.

Related Link: [Dating Advice: How To Get Over A Breakup](#)

Don't Have Sex with Your Friends As a Last Resort, Not Like In *Friends with Benefits*. A very modern twist to a rom com occurred in *Friends with Benefits*, the movie depicting how sex can ruin friendships or workplace environments. Justin Timberlake and Mila Kunis proved to the world that the phrase "just sex" doesn't always work out as planned. It's like the old saying your parents always said when you were play fighting with a sibling, "someone is bound to get hurt." Sex isn't just a physical thing; it's emotional and mental. It's almost impossible to tell yourself it's "just sex" because after a while you start to become physically and emotionally attached to that person. Then in worst-case scenarios, the opposite person doesn't share the same feeling and someone gets hurt. Then there's always awkward tension, knowing you saw one of your friends naked. Or that awkward moment when things have sizzled out and you see them in the coffee shop and you have word vomit. SO instead of having to go through that awkward stage, friends are just friends. Sex with friends just may not be the best idea. That doesn't mean you can't think about what your colleague looks like after he is about to shower. But if there's anything you can take away from *Friends with Benefits*, is that friends should remain friends, not sex friends.

Related Link: [How to Turn a Friendship into a Relationship](#)

In conclusion, always BE YOURSELF because the best version of you is always the you. Also marry for the right reasons not because you're about to be deported or feel like giving up and settling for the average Joe, instead follow your heart and find your prince charming. Remember emotional heartbreaks take time to fully recover, and don't go buck wild right away by changing who you really are. Lastly, don't make a friendship

awkward by adding sex into it. Or in other words, don't follow relationship advice from romantic comedies!

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Dating Advice: What Do Men Want from Women?



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert, Kara Oh to offer their best [dating advice](#) on what men want in a

partner. Learn what attributes are most desirable with these three dating tips. Follow this advice if you want to start having success on your future dates!

Dating Advice On What Men Want In A Woman

1. Attraction: Men are visual creatures, so first and foremost a man wants to be attracted to you physically. Remember that each man appreciates different features in women, so don't worry about looking like a perfect model figure. If you look healthy and upkeep yourself, a man somewhere will appreciate it.

Related Link: [Dating Advice: Don't Be a Rules Girl!](#)

2. Let him be a man: You need to allow your man to feel masculine and powerful like he's your personal hero. While your man gets into his masculine, you should allow yourself to get in touch with your feminine energy. Men don't want to compete with their potential mates.

Related Link: [Relationship Advice: How to Stop Dating Bad Boys](#)

3. Make him feel good: Don't be afraid to compliment a man and offer praise. This will automatically boost his morale and be beneficial to the relationship. A man who feels like he isn't a provider will lose interest because his masculinity is not being exercised.

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Relationship Advice: 5 Things to Know Before Dating a Funny Guy



By Kayla Garritano

When you're dating someone, you should always be able to laugh. After all, isn't laughter the best medicine? Now, say you meet a new guy, and you go on a series of [date nights](#) with him. You realize he cracks a lot of jokes, and you're laughing along. You got yourself a funny guy! However, you may need to know a few things before you continue dating him. Cupid is here to help with some [dating advice](#):

These pieces of advice will help you when you're dating a funny guy!

1. You may have to get used to him: A sense of humor can depend on the guy you're dating. Is he more sarcastic? Is he good with puns? The more you keep dating him, the more you'll adapt to his humor. And who knows? Maybe you'll even catch the same humor, and you'll be cracking your own jokes!

2. Not every joke is a joke: Humor hides emotions sometimes. Guys don't always joke around because they're trying to be funny. There may be an underlying problem, and they're covering it up by inducing laughter. But have no fear, just communicate with him and everything will be fine! You'll know when there's a difference between humor and sorrow.

Related Link: [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

3. He will make your day better: Rough day? Your guy will be sure to make you smile with some corny joke that he was saving for that moment. When you want to talk, he will be serious enough to listen, but know when it's the right time to make you laugh.

4. They aren't titled as the "funny guy": Just because they are funny doesn't mean their new identity when being introduced to people is the "funny one." They don't like being labeled just as much as anyone. They may be funny, but they don't have a sense of humor when it comes to that title!

Related Link: [Celebrity Couples Who Always Make Us Laugh](#)

5. They can be serious: A funny guy knows when it's time to be serious and when it's time to be funny. He can't crack a joke during a tragic event and expect to receive good feedback from that. He should have the right judgement on when it's time to

be serious.

Have you ever dated a funny guy? What do you wish you knew before dating him? Comment below!

Relationship Advice: What Do You Do When There's More Take Than Give In Your Relationship In Life?



By [David Wygant](#)

There is nothing worse than being in a relationship with a

“taker.” I’ve been down this road before and let me tell you, it’s a pretty challenging battle to win. First off, takers never think they’re takers. They don’t see their behavior at all. As a matter of fact, they think what they’re doing is okay. I was once with a woman that was not affectionate at all. For those of you who have read the *Five Love Languages*, my love language equals words of affirmation and physical touch. So when your love language is not being fulfilled, you feel like you’re absolutely dying inside. You don’t feel loved at all. Heed this [relationship advice](#) so you can avoid being taken advantage of by a taker.

Relationship Advice On How To Handle A Stingy Or Greedy Partner

The woman I was with, I had to beg and ask for affection. Imagine that, asking for affection whenever you needed it. And I had to tell her that I needed affection all the time. When she physically touched me, I’d be very happy, but she never felt the urge at all. As a matter of fact, in an ironic twist, she loved to be touched. So she took, and took, and took! And never gave back! Aside from this specific person, I’ve been in other relationships where women have taken my generosity and given nothing back. You see, relationships like these never work, and I believe we’ve all been in relationships with takers, whether it’s affection, money, time; whatever you have, they will take.

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You see, the issue goes back to you. You are a big part of the relationship problems you’re facing. You chose the wrong person in the first place, and chose to tolerate their negligence. The taker was always a taker and never a giver, but you decided not to see the warning signs in

the beginning (because there's always an opportunity to notice these things). As a relationship expert, I take a look at someone's behaviors and actions in the very, very beginning. I tend to spend a lot of time now looking at someone's behaviors and actions. Do they walk the walk? Do they talk the talk? Are they a giver as I am? Are they nurturing and loving? If there is one thing you keep in mind out of all dating tips, I want you to get rid of the story and the fantasy about what you think the relationship is, and allow the person you're with to show exactly who they are.

Related Link: [Relationship Expert Discusses How To Know When It's Time To Call It Quits](#)

If you're already in a relationship with somebody, the best relationship advice I can offer is that you're going to need to sit down and actually have a tough conversation. More importantly, you can't just accuse somebody of being a taker. What you need to do is fully explain what you need, want, and desire in a relationship. Say what makes you feel fulfilled and happy, and how your partner can achieve this through their actions. It's very important how you phrase this, because when you tell them it makes you feel love when they do those actions, it's a reward. They're going to want to do it again and again. Tell them all the things you love about what they do and ask for more. It really is that simple.

David Wygant is an internationally-renowned dating and relationship expert, author of the book [Naked](#), and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Dating Advice: Don't Be a Rules Girl!



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert, Wendy Newman to offer their best [dating advice](#) on finding true love without a rule book. Forget all that you thought you knew, and follow these three dating tips if you want to start having success on your dates!

Dating Advice On Not Following The

Rules

1. Don't strategize intimacy. You shouldn't worry too much about when is the right time to have sex. There is no right time, except for when you are both ready to take it to that level. Men in particular aren't interested in women who will hold out on intimacy in a strategic way.

Related Link: [Dating Advice: When Should I Sleep With A Guy?](#)

2. Take control of your dating life. Be available if you're interested in a man. You don't necessarily have to pursue, but take the opportunity to drop a hint that you're open to dating. This will allow you to have control instead of relying on men to make the first move.

Related Link: [Dating Advice: 3 Biggest Mistakes Keeping You from True Love](#)

3. Make the time. It's alright if you want to give chase, but don't be too unavailable. You need to make time in your schedule for potential dates. If you're too busy and keep rejecting a man, he'll most likely move on to someone else. Try to pencil him in within two weeks.

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Relationship Advice: How to manage your business when you're sleeping with the CFO?



By Amy Osmond Cook for [Divorce Support Center](#)

When viewers tune into HGTV's *Fixer Uppers* each week, many wonder how TV hosts and real-life [celebrity couple](#) Chip and Joana Gaines manage to balance their personal life and professional careers. When considering the challenges of running a business, you want to surround yourself with people who share your vision and provide a comforting degree of trust. Many entrepreneurs turn to their spouse. Though the number has likely increased, in 2007, the U.S. Census Bureau's Survey of Business Owners reported there were 1.4 million firms "jointly owned and equally operated by a husband and

wife.” And while the organizational chart for your business venture may appear standard, the fact that a member of the executive board has seen you naked presents a unique set of challenges and rewards. How can husbands and wives go into business together and still like each other? It’s something that my husband, Jeff, and I are managing carefully. Here are four pieces of [relationship advice](#) that have worked for us.

Relationship Advice On Handling Business With Your Significant Other

1. Recognize the difference between business and personal mode. Once you acknowledge that a business is going to dominate the majority of your time, your business will settle into a pattern. Thus, the number one dating tip relationship experts offer is to establish boundaries that honor both a business and personal arena. “Running a business is difficult and stressful enough. Add marriage to it? That’s quite the challenge,” wrote contributor H. Lerner. “When a couple knows how to turn off the business switch and enjoy their personal lives, they are one step ahead of the game.” Once those two worlds emerge, it’s up to you and your partner to respect them. My husband and I might be in a heated discussion about something I bought that I didn’t run through the “finance department”—then our favorite show comes on, and we move into “married” mode. As difficult as it is, you have to make the mental switch.

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2. Acknowledge that business and personal conversations are going to spill into each other. Things happen. The office manager runs off to Vegas to be an Elvis impersonator, or your

teenager returns from soccer camp with a tattoo of Messi on his calf. You're going to have to discuss it ... urgently. "Trying to separate work and family when your work is your family is pretty much impossible," wrote contributor Valentina Zarya. She referred to Julia Hartz, CEO of the ticketing site Eventbrite. As a co-founder with her husband Kevin, she admitted she doesn't even try to separate the two worlds. "We focus on Eventbrite and our family. That's how we spend our time, full stop. The nature of business today is that the lines of 'work' and 'life' are a little more blurred." Zarya added that when you include kids in the mix, things get even more complicated. Admittedly, Jeff and I aren't very good at this. We can't always compartmentalize the daily events of our personal or professional lives. But when one of us needs some time and attention on a personal level, we are pretty good about communicating it to each other. And we can also make it work for us. "Ok, let's discuss business for five minutes so we can expense this dinner," is commonly heard at our house.

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3. Share the housework... or hire it out. Regardless of whether you're running a business together, it's likely that both husband and wife work. Somebody has to mind the store at home, but nobody wants to do it— and for good reason. Work schedules have never been more stressful, and the distinction between public and private life is blurred with the additional flexibility that many businesses offer. If you're just too busy to do the dishes, it might be time to hire some help. I knew it was time when I came home from work to a dirty house and started blaming Jeff for it— when he had been working all day. While hiring help was expensive, it was cheaper than hiring relationship experts for marriage therapy, and was worth every penny.

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4. Master the bedroom. When it seems as if the major parts of your day are regimented into “to-do” lists and schedules, there is one area where time and titles shouldn’t matter. Your bedroom is a refuge from reality, so use it – a lot. “Appreciate your unique relationship,” wrote David and Carrie McKeegan, writers and co-founders of Greenback Expat Tax Services. “The entrepreneurial lifestyle can be intense and having someone to share it with help make it more manageable but also rewarding – sharing your passion for the business with the one you love can be powerful.”

Running a business with your trusted partner can be an exciting and rewarding experience—or, not. By establishing clear boundaries, relying on loving trust while treating this endeavor as a serious business, and sharing duties while being generous with private time, you can design an exciting future in entrepreneurship without scrapping a promising future with your spouse.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Relationship Advice: NYC Matchmaker Tips On How to Deal with Jealousy





By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Holly Kiffer

We all get jealous from time to time, it's part of being human. However, how can one overcome it and not let it ruin their relationship? Our relationship experts from **NYC matchmakers** have come up with three key pieces of [relationship advice](#) that will help you overcome your jealousy, and prevent it from ruining your relationship or date night.

Relationship Advice To Help You Deal With Jealousy

1. Write it down. By writing your feelings down, you can express your exact thoughts and emotions. This is a great option if you don't feel comfortable sharing with your friends or partner because writing it down is an easy and private way to express how you're feeling about a situation. Keep it all written down in a journal or diary so it will be in your sacred possession that will only allow you to have access. If you feel uncomfortable keeping a journal, you could always try

writing it down and then throwing It away. In a sense, you're throwing out your jealousy!

Related Link: [Relationship Advice: Listen With Your Heart](#)

2. Vent to your friends. Our [New York Matchmaker](#), **Lori Zaslow**, recommends venting to your friends. Venting to your friends helps relieve all the anger and frustration you are feeling. Essentially when you vent you're talking out loud to let it out instead of keeping your emotions bottled up and letting them eat you away, which should help prevent unwanted stress and anxiety. Everybody gets frustrated over relationships, because in relationships people often put themselves before their partner. Venting is like an actor's breathing exercise. Another great way to vent for example, in the movie *High School Musical*, the main character Sharpay, relieves stress by performing breathing exercises. Maybe not as dramatic as Sharpay but in hindsight your friends are always a great way to relieve how you're feeling.

Related Link: [Dating Advice: Don't Let Jealousy Impact Your Friendships](#)

3. Change your perception. Another way to not let jealousy control your relationship is to change your perception. View the situation from a different lens, put yourself in your partner's shoes. Our relationship experts recommend mindful listening. Mindful listening is along the lines of venting except, the person who is listening to you doesn't intrude or comment until you're done speaking.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Dating Advice: 3 Biggest Mistakes Keeping You from True Love



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert, Nicole Moore to offer [dating advice](#) on finding true love. Follow these three dating tips if you want to start having success on your dates!

Dating Advice On Finding True Love

1. Putting the past in the future. Using criteria from your past in your future is a sure way to sabotage new

relationships. There's usually pain in the past and bringing those thoughts with you can make you fearful or cause pain. Use your love desires instead, in other words, traits you'd like to find in a partner.

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2. Try to be happy. Just like in the movies, the main character always falls in love when they're happy and having a good day. If you're open to being happy more often, you'll open yourself to men and invite them in with your positive energy.

Related Link: [Expert Dating Advice: Three Signs He Is Unavailable](#)

3. Learn to be confident. Nobody likes a person who looks insecure or desperate. Don't give your power away by seeking validation from men. When you're confident, men will simply be attracted to that and will want to be around you.

For more information about Single in Stilettos shows, click [here](#).

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Dating Advice Q&A: How Can You Tell Red Flags From

Online Dating?



Question from Natalie L.: I was seeing a guy a while ago. It didn't work out in the end since he was too immature, but during the brief relationship he said something that stands out in my mind today. He said he had been checking up frequently for months to see if I was still with my boyfriend at the time (and jumped at the chance to be with me once he saw I was single). I didn't think much of it then but now I see it was kind of creepy. How can I tell red flags from online dating ideally sooner than later to avoid situations like this?

Dating has always been complex dance between couples. Add our modern technology into the mix, and it gets even more tricky to find a partner who is best for you. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online

dating isn't going anywhere, so let's learn how to date properly in this technological age! Here you will learn a few dating tips that will help you avoid online dating red flags before it's too late.

Dating Advice On Deciphering Red Flags Online

[Suzanne K. Oshima, Matchmaker](#): When it comes to online dating, you don't really know someone until you "know" someone. If you rush into the first and subsequent dates, and then a relationship, then you may miss all the red flags along the way. So, it's always best to proceed slowly and get to know him. Dating advice I always recommend is to exchange a few emails, then move it to texting, then a phone call. Then if he seems okay, move it to the first date. And then as you go on more dates, really get to know him, ask questions and get curious. He will start to reveal more and more about himself. And with each step in the process, you will get to know him a little better and either the red flags will start to appear... or you will see that you have a great guy on your hands.

Related Link: [Dating Advice Q&A: How Has Technology Changed the Way We Date?](#)

[Robert Manni, Guy's Guy](#): This is a tricky area. What may have seemed like creepy behavior could have simply been be a young man waiting his turn for a chance to connect with a lady who sparked an interest. Or, it could be creepy. How can you know? And how can you spot red flags with potential suitors? There is no perfect method to address this common issue. However, deploying a combination of your intuition, common sense, and due diligence will help. When meeting a new guy, ask him for his full name. If he hesitates or gives you incorrect information, it's definitely a red flag. You probably want to Google him, too. If you have mutual

connections, get their take on his character. You might also ask him his thoughts about dating, his likes and dislikes, and why he's single. If any of his answers seem shaky, it's a possible red flag. But again, your most important tool when deciding if a new guy "feels" right for you is your gut instincts. Pay attention and good luck!

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How has technology affected your dating life? Share your stories in the comments below.