

Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to fitness and relationship expert Tracy Campoli to offer their best [dating advice](#) for those who want to improve their health and love life. Learn how to live up to your New Year's weight loss resolutions and keep the pounds off with the following dating tips!

Dating Advice That Will Help You Achieve Your Weight Loss Goals

1. Get clear. Don't just say you want to lose weight and never mention it again. You need to be clear about what exactly you want and how you'll feel when you achieve your goal. If you can visualize what it would be like when you've lost the weight, then you're in a good mindset to pursue your actual weight loss journey. Start from a place of success instead of making it a daunting task.

Related Link: [Dating Advice: Think of Your Mind, Body, & Food When Out On Dates](#)

2. Create a strategy. Stay away from the word "try," you need to say you'll "do"- and create a plan accordingly. In business, people create a clear plan and support system, and they need to implement the same for their weight loss goals. You won't be able to shed the pounds if you don't have any structure. Consistency is key! It's the only way you'll get your dream body after all.

Related Link: [Single in Stilettos Show: How to Get Into Shape for Dating](#)

3. Make it your lifestyle. The best way to lose weight and keep it off is to turn your diet and workout routine into a lifestyle. The pounds will creep back on if you don't implement these changes into your daily life. They don't have to be drastic changes, they just have to be sustainable. Your body will thank you in the future.

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Dating Advice: 3 Signs He's Not Into You!



Suzanne Oshima

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On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Nick Karson to offer their [dating advice](#) for those who want to improve their dating life. Learn how to determine whether or not your partner is into you.

Dating Advice That Will Help You

Figure Out If He's Into You

1. Look out for low energy. Keep an eye out for your date's pupil dilation. The pupil gets larger when person is excited, which is biological response that can't be faked. So look out for this telltale sign along with lackluster energy. If your date isn't going out their way to be nice or impress you then they just aren't into you.

Related Link: [Dating Advice: How to Win Him Over in the First 3 Dates!](#)

2. If you have to initiate contact. It's very uncommon for a man who is interested in a woman to not reach out. So if he isn't calling or texting you at all then that's a huge sign that you're not the one for him. Or he should at least make himself available to you if he seems to not be a chatty type of guy.

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

3. Check his attitude. Make sure to observe how he treats you when you're both around different people. If he doesn't wrap his arm around you or show some kind of affection in front of people then he might not care about you as deeply. Men like to show off the women who are important to them, so take note of how he introduces you too.

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Dating Advice: We Just Started Seeing Each Other, Should I Get Them A Christmas Gift?



By [David Wygant](#)

'Tis the season to spend a lot of money, fa la la la la, la la la la.

You just started dating somebody. You're getting to know them. So the big question is, what do you get them for Christmas? As a relationship expert, the greatest thing in the world is meeting somebody between Thanksgiving and Christmas because you literally are the gift. If you think about it, what have

both of you been craving the entire year? Meeting somebody who is absolutely amazing and crazy about! So isn't that enough of a gift when it comes down to exchanging something this holiday year? If you still think you should do something special for your new partner, then follow my holiday gift related [dating advice](#).

Dating Advice On Whether Or Not To Get Your New Partner Gifts This Holiday

So follow me on this one. The gift you give them is something that the both of you can do together because you came together during the holidays. So you need to do something that is going to be fun for the two of you to experience. Ask yourself a few questions: What do they like to do? What type of music do they like? Is there a restaurant that they love? Is there a place that they wanted to go for a little overnight trip? Is there a sporting event that they've been wanting to go see?

Related Link: [The Best Holiday Gift for Your Man](#)

Think of something that the two of you can do together and either buy tickets, book a little hotel room, or make a reservation. That, to me, is what this time of year is all about. It's about bonding. Connecting. And it's not about the physical gift at all. So if you're dating somebody and you just started dating them, do something that the two of you can experience and enjoy together! That is the best gift that you could possibly give them. The most important part of this brand new relationship is to continue to connect and get to know one and each other.

Related Link: [Relationship Advice: 10 Holiday Date Ideas For Long Time Couples](#)

In Los Angeles there's an island called Catalina, where you can get tickets to take the ferry over. Just imagine what a perfect date night that could be if I was just starting to see somebody during the holiday season. I could take them to Catalina, a place where we'd walk around and have lunch or dinner. And while you're going to be doing something different from my hypothetical Catalina date; you should try to do an activity that's unique and bonds you both. And there's nothing better than buying each other a little trinket from that adventure. If their eyes light up when they see a certain t-shirt because it reminds them of when they were a kid. Or if it's a woman, and she sees a little bracelet that's really inexpensive, get it for her. It's something that will remind her of the first Christmas the two of you spent together. Taking actions such as these are cute and adorable things that will trigger the emotions of a great first holiday, and romance that will hopefully turn into something unforgettable.

Keeping it simple, and keeping it together is what this is all about. You've already delivered the best Christmas gift each of you can give: you became each person's best person you dated all year. So cap it all off by spending some time together and trying out these few dating tips.

David Wygant is an internationally-renowned dating and relationship expert, author of the book [Naked](#), and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Celebrity News: Mariah Carey Gets Close with New Love Bryan Tanaka on Stage at NYC Tour Stop



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Justin Thomas

It looks like Mariah Carey is over her heartbreak and onto a new love. In [celebrity news](#), after what seemed to be an abrupt [celebrity break-up](#) with her billionaire fiancé, Australian businessman James Packer back in October, Carey has already involved herself with a new beau. According to [People.com](#), Carey's romance with her 33-year-old back up dancer Bryan Tanaka hit the ground running behind the scenes and on stage. Recently, during her performances of "All I Want

for Christmas is You,” “Fantasy” performer and dancer got intimate on stage holding hands and locking eyes during her performance. From Tanaka’s noteworthy appearances on Carey’s new docu-series *Mariah’s World* (which premiered Sunday night on E!) where one of her team members revealed Tanaka’s long time attraction to Carey to their Hawaii beach photo op, it’s safe to say Tanaka has the diamond studded diva feeling some emotions. Here’s to our new [celebrity couple](#)!

This celebrity news shows Mariah is officially moving on. How do you know when you’re ready to move on from a past relationship?

Cupid’s Advice:

Dating someone new can be very exciting, but if you’re not careful with your timing, that excitement can come to a screeching halt if things turn sour. So, it’s important to let things fully or at least semi-develop before you make things exclusive. There are a lot of factors and people to consider when deciding to go public with your significant other. Here are some tips:

1. Rally the troops: The holidays are the perfect time for introducing that special someone to your friends and family, but make sure that someone is really special. In other words, bringing the date you met for the first time Saturday night to your parents’ Christmas dinner might not be the most noble choice in timing. Make sure your new love has the same expectations as you do in regards to meeting loved ones and going public before you make any moves or post that cute “usie”. Remember: it’s a process.

Related Link: [Nick Cannon Opens Up About Split From Mariah](#)

[Carey](#)

2. Take your time; you've got plenty of it: Developing a rapport is one of the most necessary parts to a new relationship. Learning how to (or if you can) keep effective communication going is very telling of where your relationship is headed. Read the fine print. Look for significant signals and red flags along the way, because there's no smoke without fire.

Related Link: [Mariah Carey Reunites with Celebrity Ex-Husband Nick Cannon for Easter with Twins](#)

3. Let the excitement die down: New love shouldn't be conceptually strict, but when it comes to matters of the heart it's important not to be too capricious. Allow time to acclimate to each other as individuals once the honeymoon phase is over with. Once you feel solid in your relationship open up as you feel necessary. You don't have to shout it from the rooftops (unless you feel compelled to) but don't hide your new partner either. There's a fine line between discretion and secrecy.

What are some other things to consider before going public with your relationship? Share your thoughts below.

Relationship Advice: Love At First Sight From a Guy's Perspective



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By [Robert Manni](#)

Although some argue against it, there are studies that show the phenomenon known as “love at first sight” is possible. Partially because we are all connected at a spiritual level, it can be argued that people can actually “know” someone almost instantly, including if they are a good fit for them. But others say that we need to know someone through their actions first before truly falling in love. I think a combination of those intense beginning feelings and the gradual reveal of the person melding with those passionate first impressions makes a case for love at first sight. Remember, modern dating and relationships can be tricky, so heed the following [relationship advice](#) on taking additional steps to validate our initial reactions saves yourself from heartache later.

Relationship advice for guys on, “Love at first sight.” Does it exist?

It's no surprise that men are more visually stimulated than women when it comes to attraction. Frequently, men mistake “lust” or “infatuation at first sight” for love, only to have buyer's remorse when the woman does not live up to their fantasies. But, there is a silver lining. Both men and women can experience love at first sight— it just might not be exactly what they expected. The discussions I've had with women on this topic reveal that for them, love at first sight is more of a process with layers that unfold quickly. Although they may not get an overpowering visceral reaction to a guy instantaneously; what he says, how he looks, his energy, confidence, and how she feels around him all create the possibility for love. This process occurs rapidly in a case of “love at first sight,” and can also work for a guy, especially if he has created the space in his heart for new love while also taking the time to look beyond a woman's looks. That's how it happened when I met the woman who became my wife. On the relationship advice of her sister, she signed up for a three-day trial on a popular dating site. She posted a late night selfie without any makeup and winked at me because she liked what I had written on my profile. At the time I'd been happily dating up a storm online and was going to take a pass. But, there was a beautiful simplicity about her in that photo, and especially in her eyes. I studied her face and then re-read her profile. Hers was more of a “hey, this is what I've been doing,” instead of the many packaged profiles I'd seen that were built to sell. So, I decided to write back.

Related Link: [Relationship Advice: The Guy's Guide to Dating Like a Man](#)

After a few short emails we agreed to have a date night. We met at the corner of West 79th and Broadway in Manhattan. I arrived first and climbed the steps of a church so I could keep my eyes out for her. When I looked across the street the first person I laid eyes on was a very pretty lady in a green and white summer dress. I knew this was her, and I could not take my eyes off of her as she gracefully approached the church. I was pleasantly surprised because she was even better looking in person than in the photo she'd posted online. I met her halfway as she crossed the street and without thinking hugged her. She reciprocated with a curious smile. As we walked towards the 79th Boat Basin, I took her hand and she accepted mine with a welcoming clasp. All of this felt very natural. Was it love at first sight? Maybe. It sure was a nice beginning. When we sat down to eat she mentioned that she was a vegetarian. I wanted a cheeseburger, but for some reason when I heard this, I ordered something else. Afterwards we walked hand in hand along Riverside Park. When we stopped to sit on a bench, a former online date of mine roller-bladed past us. For some reason I took this as a sign that the woman on her blades was my past and the woman beside me was my present and future. And, I have not eaten meat since that day. Was it love at first sight?

Related Link: [Top Dating Secrets of Men](#)

My wife and I have been happily married for six years now and are the proud parents of a wonderful little boy. So is love at first sight possible for men? At least that's how it worked for me. As a relationship expert, this is how I advise readers of my blog and listeners of my radio podcast when they ask questions. With so many wonderful available women looking for a good guy, it's never been a better time to be a man. But to make the most of this opportunity, guys need to follow dating tips that make room for love, and take a little bit of extra time to look beyond a woman's exterior and into her heart.

Robert is the author of The Guy's Guide To Love, a novel praised as the "Men's successor to Sex and the City." Robert's website, RobertManni.com, features his syndicated blog, media appearances and other projects.

Date Ideas: Craft Your Christmas Presents



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By [Rebecca White](#)

Ho, ho, ho! When you sit by the Christmas tree today admiring all of the presents around it, you don't want to be embarrassed about what you got your loved ones. In order to

end this year on a high note, try to make your partner something special. For this weekend [date idea](#), you'll get bonus points if you two craft some presents together! This date night will give you a chance to focus on your relationship while ringing in the holidays.

Craft your own Christmas presents with this week's weekend date idea.

To get started with this date idea, you'll need to get in touch with your crafty side. You can make each other a scrapbook of memories, noting your first kiss, your first date, and other important moments. If you want to keep it simple, you can just write a secret love note for your significant other to find on Christmas morning. No matter what, your gift will mean more if it comes from the heart. This [dating advice](#) will surely make the holiday even more romantic!

You can even take a cue from celebrity couples like [Kim Kardashian](#) and [Kanye West](#) and make each other a selfie book. While these selfie books may not hit the bestsellers list, reminiscing and taking some photos together may be just what you need to feel connected.

Related Link: [Find Out How Kanye West Proposed to Kim Kardashian](#)

If you want to feel like a kid again, put on a Santa hat and dance to Christmas music on this weekend date idea. You can even make each other a "couple's first Christmas" ornament and put it on the tree that morning. Or if you aren't crafty or don't want to make something yourself, go shopping together and give each other a list of items under 20 dollars that you want. Either way, you don't need to spend tons of money this holiday.

Related Link: [How to Communicate with Your Ex Over the Holidays](#)

After opening your presents, keep the gift giving spirit going and plan a surprise breakfast picnic for your honey. Pack some holiday favorites, like eggnog French toast, gingerbread, peppermint tea, and candy canes. It's important to get some alone time together before heading off to see your families. Enjoy a calm moment by sharing some delicious food and chatting about what you are most excited for when the New Year hits.

What did you make for your special someone this Christmas? Share your stories below!

Dating Advice Q&A: Is It Okay to Start a Relationship via Social Media?





Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

Question from Alex O.: A few weeks ago, I reconnected with a friend from college on Twitter. We've been tweeting at each other since then and have plans to meet up this weekend. I feel like our flirtation is going to turn into something more – is it okay to start a relationship via social media?

Dating has always been complicated. Add the internet, social media and electronic devices into the mix, and it can get even trickier. However, do not fret. Leave it up to our relationship experts who can offer their best [dating advice](#) on using technology the right way. Online dating is here to stay, after all, so don't be afraid to jump in and catch up with the times! Learn valuable dating tips from Cupid's very own, matchmaker Suzanne Oshima and relationship expert Robert Manni. Here you'll have your questions answered on whether or not it's a good idea to start a relationship through social media.

Technology Dating Advice On Whether

You Should Start A Relationship Using Social Media

[Suzanne K. Oshima, Matchmaker](#): Don't even think twice about starting a relationship via social media, it's totally the norm nowadays to meet and date someone who you met over Twitter, Facebook or Instagram. In fact, I know several people who have met the right man/woman that way, and they ended up marrying! And if this relationship turns into something more and you end up getting married, you will have a great love story to tell all your friends and family about how you reconnected with each other over Twitter.

Related Link: [Dating Advice Q&A: Why Do Men Ask for Photos?](#)

[Robert Manni, Guy's Guy](#): It's perfectly normal to begin a relationship on social media. My wife winked at me online and with that one digital exchange, we met in person and have been together ever since. So, I highly recommend using social media for romance if you are mindful of who you are and what you want out of the relationship. In your case, you already knew the person from college, so reconnecting on Twitter was not technically beginning a relationship on social media. But, you are using your digital re-connection to move the relationship forward. And, that's great. Because, let's face it; no matter how well we text, tweet or craft our Facebook messages, a true connection can only happen when two people get together face-to-face in the "real" world.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Dating Advice: Best Online Dating Photo Tips



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Wendy Newman to offer their [dating advice](#) for those who want to improve their online dating profile photos. Learn how to attract a quality partner through your online dating profiles with the following dating tips.

Dating Advice On Taking Your Best

Profile Photo

1. Do it for you. Get comfortable and take photos of yourself that look simple and natural. Don't have anything in your profile photo that distracts from the message that you're looking for someone. Also avoid posting group photos as a main way to represent yourself, it gets confusing.

Related Link: [Author Wendy Newman Shares the Relationship and Love Advice She Learned After 121\(!\) First Dates](#)

2. Know what you're showing. You only have a few photos to show who you really are. Be aware of what you're showcasing, and try to provide a variety. If you only upload photos where you're out drinking or working out, a person online will think that's all you care about and that you don't have other interests. It's a sure way to get yourself overlooked.

Related Link: [Dating Advice: Don't Be a Rules Girl!](#)

3. Have a full body shot. You want to show what you really look like. Avoid taking shots that misrepresent how your body naturally appears. Be comfortable in your own body and be yourself. Let your potential date choose whether or not they want to meet you based on how you look. It avoids awkward in-person interactions in the future.

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How to Campaign for a Better Relationship



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Tanni Deb and Kayla Garritano

With Election Day in recent history, the best time to campaign for a better relationship is now. Whether that means leaning to the left with a liberal approach or moving toward the right with a more conservative one, you deserve the best relationship. For future [date nights](#) with your partner, let's make sure you can get their vote towards a better relationship.

This [relationship advice](#) may win a

vote from that special someone:

1. Figure out what you want in a partner: Knowing exactly what you want in a partner will help you narrow down your choices, just as you would with a candidate in an election. Otherwise, you'll settle for anyone. You can make a list of pros and cons, or just make a mental note, anything to help you make the right moves.

2. Figure out what issues/things you can compromise: Figure out what things you're willing to let go, such as finding a mate who doesn't have certain features or doesn't meet your height requirement. Although compromising is important for a healthy relationship, and this will help you prepare for compromises with your partner in the future, never do it for major issues. For instance, if you want a family in the future, don't make a life with someone who doesn't like children.

3. Search: You'll probably need to search in a variety of places before you find your perfect partner. Dating sites, clubs or even attending a party at your friend's house can lead you to your ideal mate. You usually end up finding your perfect partner where you least expect it!

Related Link: [How to Deal with Online Dating Rejection](#)

4. Communicate: Communication is the key to every successful relationship. It helps avoid misunderstandings, fixes problems, and aids in understanding each other in order to improve your relationship. Ask your partner how their day was, if they have any new interests, and other common questions like that. You should also show that you appreciate your partner by complimenting him or her once in a while.

5. Listen: Just like communication, listening is another major factor in a successful relationship. Your interest and focus

is important to your partner, and when you show that they have your full attention, it means the world to them. It will also build a sense of respect and trust between both of you.

6. Think positively: When you concentrate on the negative aspects, it'll cause tension in your relationship. The next time you have a negative thought about your significant other's actions, come up with a more reasonable explanation for his or her act and then discuss it. If an argument arises, control your tone and figure out what the major issue is or the message your partner is trying to communicate. Lastly, remind yourself frequently of the good times you've spent together.

Related Link: [How to Communicate to Get What You Need](#)

7. Common goals: Having similar ambitions in life makes your relationship stronger. Figure out what both of you want and where you both want to be in the future. Find common goals and talk about how to achieve them together.

8. Find time for each other: Work is important, but for relationships to flourish, it's essential to have time for your significant other. Instead of taking things too seriously, spend time with your sweetheart, have fun and just relax. Whether it's a movie night in, an impromptu [romantic getaway](#), or a date at a [famous restaurant](#), make sure you get your time together.

9. Get to know him/her: After you've found the person you think is "The One," date seriously for a while. If you find that the person has way too many red flags or your feelings for him or her aren't strong enough, it's best to end the relationship so you don't drag it out for four more years, or even the rest of your life.

Related Link: [Relationship Author Kailen Rosenberg Gives Dating Advice for Finding 'Real Love, Right Now'](#)

10. Marriage: Talk about settling down and moving onto the next step in your relationship if you can see yourself married for the rest of your life. Unfortunately with relationships, it's not quite as easy as electing a new candidate whenever you hit a rough patch.

What methods did you use to find the perfect partner or help change the relationship you're in? Let us know in a comment below!

New Celebrity Couple? Ariel Winter Kisses and Holds Hands with Levi Meaden After Friendsgiving





By Kayla Garritano

There's a new couple of love birds in show business! *Modern Family* actress Ariel Winter was seen out in Los Angeles with actor Levi Meaden on Saturday, November 26, where they happened to share a kiss. According to UsMagazine.com, the rumored new [celebrity couple](#) was seen dressed-down in comfortable clothes for their day out, holding hands. The pair even celebrated Thanksgiving together with a bunch of friends. Winter's friend Jack Griffo captioned a Snapchat of the duo sitting down to dine together with the caption, "Family dinner friends giving that's my girl w her man."

This new celebrity couple is indulging in some PDA. What are some ways to show you care about your partner in public?

Cupid's Advice:

New love is exciting! You want to show the public that you and your partner are happy together. Cupid has some [relationship advice](#) on how to display your affection:

1. Hold hands: If you and your partner are walking somewhere, hold their hand and follow each other. Sometimes it may get difficult, like if it's hot out and your hands get sweaty. Even if it's for a little while, you get to acknowledge the fact that someone is holding you, and it makes you feel secure and happy.

Related Link: [Q&A: Where Does Social Media Draw the Line on PDA?](#)

2. A kiss hello or goodbye: We aren't talking about giving everyone the full make-out scene, but a simple kiss to display your affection says a lot. It's a sweet, endearing action. It also means you're excited to see them or you'll miss them when they're gone. You also have those to look forward to whenever you leave or see each other!

Related Link: [New Celebrity Couple Joe Jonas & Sophie Turner Cozy Up for PDA Packed Date](#)

3. Manners please: Whether you hold the door for your partner or you avoid stepping in giant rain puddles, manners go a long way. The smallest gestures can show that you care and that you want to make sure they are protected when they are with you. You'll be such a proper gentleman or woman!

How have you publicly shown you care about your partner in public? Tell us in your comments below!

Dating Advice: Is It Possible To Find Love After 40?



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert David Steele to offer their [dating advice](#) for those who are looking for love later in life. Learn how to attract a quality partner that's worthy of your time with the following dating tips.

Dating Advice For Those Single Over 40

1. Go for it. Don't discourage yourself by saying it's too late for you. Pursue a relationship believing you're good

enough. Take a risk and go out of your comfort zone to find love. Since so many older in age refrain from entering the dating pool, your chances in finding someone increases with the few who are also looking.

Related Link: [Dating Advice: Why Do I Attract The Wrong Men?](#)

2. Analyze your thinking. You might believe you're alright on your own, and that may be true. But if you find yourself desiring companionship or feel that you're missing something in your life, then a relationship might be what you need. If you decide to start dating again then you need to change your mindset a bit.

Related Link: [Dating Advice: 3 Biggest Online Dating Mistakes](#)

3. Ask for more. If you end up getting lucky and find someone that you really like, don't be afraid to ask for more. At this age you shouldn't deprive yourself from the joy that stems from affection. Just remind yourself of how you weren't afraid to ask for the things that made you happy when you were younger. The same applies at 40 and over!

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Dating Advice: 3 Biggest Online Dating Mistakes



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On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Carmelia Ray to offer their [dating advice](#) for those who are looking for love through online dating. Learn how to avoid these online faux pas through the following dating tips.

Dating Advice For Those Who Want To Communicate With Their Body

1. Don't give up. Some people are too impatient or call it quits after a bad experience. Give yourself time to find a quality date. It's not fair to write everyone off just because you bumped into one bad person.

Related Link: [Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, "Take Actions That Are Consistent With Your Commitments"](#)

2. Avoid misrepresenting yourself. The biggest complaint many have in the online dating community is coming across people who exaggerate or flat out lie about their qualities. Honesty is the best policy, so don't build anything on deceit.

Related Link: [Dating Advice: Best Body Language Tips](#)

3. Choose a good photo. You need to be aware of how you're presenting yourself online. A bad profile photo can really hurt your chances when trying to find a match. Pick a flattering picture that shows who you truly are.

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Dating Advice: Five Ways Social Media Can Help Your Relationship





By Diamon Hall and Kayla Garritano

Perhaps you reconnected with the girl who used to pinch you on the playground, the professor who inspired you to land your dream job or a long lost distant relative who lives in Germany. Whatever it may be, websites like Facebook, Twitter, LinkedIn, Snapchat, or Instagram are used in many different creative ways. In fact, it seems that people can hardly function without social media nowadays. It helps you keep in touch with family, friends and even people you wouldn't normally communicate with if it weren't for those sites. If social media can help you in the platonic aspects of your life, then it can certainly help your love life, whether that means meeting a new flame or enhancing a relationship you already have.

This [dating advice](#) can help you use social media to find that special

someone:

1. More ways to keep in touch: Just like social media can help you keep in touch with family and friends, it can also help you keep in touch with your mate. You may not always be able to pick up your phone to call or even shoot a text. If you're at work and there's a computer available, it's probably easier to log on to a social site like Facebook and chat for a quick minute or send a personal message just to say, "I love you."

2. Dig deeper before the first date: If you're just meeting someone for the first time and about to go on your [date night](#), social media can greatly assist you in figuring out who this person is and what you can expect. Although you shouldn't judge solely on what you read online, the image someone gives off via social media sites can be telling. Browse through their identifying information, photos, and friend's comments. Often times it's insightful to see how a potential partner interacts with others.

Related Link: [Relationship Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

3. Stay close even when distant: You or your honey may have to go out of town without the other sometimes, such as going on a business trip. You can upload pictures of yourself to let them know what's occupying your time while they're not there on Instagram or Facebook. Twitter also let's you update followers about your life as many times as you want. Snapchat, you're just a picture away from sharing with your partner the most current unflattering photo you could take, or putting a goofy filter on. Facebook has even incorporated video chat on their site, which is a great way to seemingly shrink the distance between the two of you.

4. Communicate more with his or her family: Social media is a way around being the shy one at the extended family dinner

table. Your partner's family is going to want to see you in person sometimes, but for the other times, talk to them via a social site. They'll be thrilled to know you think enough of them to include them in your virtual social life. Plus, they get a chance to see what you and your partner do with the pictures you up!

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

5. Meet through mutual friends: Sometimes you meet the love of your life through mutual friends. Social media makes it easier to find mutual friends. Whether it's by a retweet that you share, or a like on a friend's picture, it's a simple gesture to know that they exist. You can even sneak into a friend's snapchat when she's sending silly pics to her closest friends. Plus, you can go the extra mile and "follow" or "friend" them. Who knows what could happen!

How has social media helped your relationship? Share your experiences below.

Dating Advice: I'm Never Single. Is it Bad to Go From One Relationship to the Next?





Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By [Joshua Pompey](#)

There's no doubt that single life can be a bit unsettling at times. In this day and age of swiping left and right- where sexual deviants and creepy singles are running rampant, sometimes the mere thought of staying single for a few months can feel like an eternity. And I'm sure with the emails some of you women receive on a daily basis on dating websites, it's a wonder that some of you are even able to maintain faith in the prospect of a relationship. So when a nice guy comes along as a potential partner, I can't blame you for wanting to dive right in. Great men are scarce, so why not jump at the opportunity when you see one right? As a relationship expert and matchmaker, I need to caution you that there's a problem with this. Jumping from relationship to relationship without ever exploring the single world, it's nearly impossible to learn who you are and what your needs are. Therefore, you're placing the need *for* a relationship over your ultimate needs *in* a relationship. And this can become very problematic down the road. If you don't want this to happen to you, take note of the following [dating advice](#).

Dating Advice For Those Who Are Never Single

When I think of those who are always jumping from relationship to relationship, I always think of a former friend of mine who I unfortunately lost touch with a few years back. For the sake of this article, let's just refer to her as Jessica. Jessica was an extremely funny, extremely attractive, and an all-around quality catch. Why didn't I ever date her? Well, truth be told, I never even had the chance to try. Jessica had spent pretty much her entire adult life in a relationship. After breaking up with her boyfriend of four years slightly after college, she was single for another two weeks before entering another relationship that lasted four years, and then waited another two weeks before meeting the man she ultimately married.

Related Link: [Dating Advice: Do Pick Up Lines Actually Work?](#)

Happy ending right? Well, it depends on the way you look at it. Truth be told, every single man she was ever with, including her husband, were good guys. They were nice, respectful, and never really did anything bad to her. At least that was the perspective my friends and I had from the outside. But at the same time, they never really seemed to have much in common. There was never any spark. Never any magic. Nothing that made you look at her past boyfriends or her now husband and say, 'Wow, they are great together!' It was always just two nice people that happened to find each other, got along, and continued onwards in that manner. Is she happy to this day? This is a question I can't answer for certain. I guess if someone *thinks* he or she is happy that's all that matters right? But as a matchmaker I ask the more important question, which is how much *happier* could she have been if she truly dedicated herself to finding a *great* match and not just an *acceptable* match all her life?

Related Link: [Relationship Advice: How To Handle Single-Shaming](#)

My point is, finding someone who is nice or that you get along with isn't good enough. Nor is jumping from relationship to relationship with a person who doesn't treat you well or with the respect you deserve. Finding the right person is a process that takes time, dedication, and the ability to understand who you are and what your needs are. And the only way to truly figure out your needs is by being single, dating around a bit, and learning about yourself. So have fun being single for a bit and take your time out there with the dating tips I've provided. You never know, you just might enjoy it!

For more information from Joshua Pompey, visit [Next Evolution Matchmaking](#), where you can learn how he is changing the landscaping of traditional matchmaking. Learn more [here](#)!

Dating Advice: Best Body Language Tips





Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Robyn Hatcher to offer their [dating advice](#) for those who need help in communicating through body language. Learn how to effectively get your message across without words in the following dating tips.

Dating Advice For Those Who Want To Communicate With Their Body

1. First impressions are key. A first impression is important because it helps people determine whether or not they can trust you. So the first few minutes you spend with someone are crucial! A good first impression starts with openness and vulnerability, so don't obstruct your torso with crossed arms or excessive clothing, or else it will look like you have something to hide. Another great way to show vulnerability is by exposing your neck while you're interacting. In other words, leave the scarf at home!

Related Link: [Dating Advice: 3 Ways to Master the Art of the](#)

First Impression

2. Be aware of your voice. Take note of how you sound when you speak. The pitch of your voice can either be helpful or detrimental when you're trying to date. A deeper voice is often seen as more confident, whereas a higher pitched voice can be interpreted as "weak" or "needy." If you struggle with your pitch, voice lessons might be beneficial. But of course, keep in mind that all people have their preferences. You don't have to change your voice if you don't want to, just find someone who appreciates that quality.

Related Link: [Dating Advice: How To Attract A Man Through Your Body Language](#)

3. Look at other people's body language. Not only should you be aware of your own body language, but you should keep an eye out for other people's as well. Is the person you're with leaning in? Are they making eye contact? Are their feet facing towards you or are they pointed at the door like they want to make a run for it? These are all things you should look out for in order to have a successful date.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

5 Reasons To Play Hooky From Work With Your Honey



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Andrew Pryor and Kayla Garritano

You're at work, staring at your computer, avoiding the pile of papers sitting on your desk. Right now, all you're thinking about is an afternoon escape. If you're contemplating calling in sick or checking out early, see if you can plan a day with your partner so you can make it a "sick day" to remember. It's not like your work is going anywhere. Besides, what's a day off to have fun if your partner can't be there with you?

Cupid has five reasons to hop the cubicle walls and give you some [date ideas](#) with your significant other:

1. Celebrate a promotion: If you've just picked up a new title

and a pay raise, what better way to celebrate than to spend some time off with someone you love? They can sweep you away to a late lunch or a fancy dinner date where you can toast your latest success.

2. Get an early start on happy hour: It's five o'clock somewhere! If you leave work early, you should have plenty of time to hit your favorite bar. Meet your partner there and think back to the first time you bought him or her a drink. Nothing like some good drinks, a couple laughs and nice memories.

Related Link: [Balance Work and Love Like a Celebrity Couple](#)

3. Adopt or create your own holiday: Whether it's Talk Like A Pirate Day, Flying Spaghetti Monster Day or the birthday of a celebrity you've always worshiped, find a reason to celebrate, and take time off from work. You can keep the holiday going every year and create some unique traditions!

4. It's a nice day outside: Look out the window, feel the sunshine hitting your face and imagine lying in the grass with the love of your life. Life is too short to spend eight hours of your day indoors, so find an out-of-the-way spot that you and your honey can call your own.

Related Link: [Relationship Advice: Keep Your Relationship Strong When You Share Home and a Workplace](#)

5. No reason: The best things in life are unexpected. Come home early and surprise your partner with a sensuous and lovely day together. Sometimes, you don't need an excuse to spend a day away from work – you just need someone to make that day worthwhile...and maybe a 'broken' alarm clock.

Do you have any ideas about how to escape the workday with your partner? Share them with us in a comment below.

Relationship Advice: What Your Type Says About You



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Holly Kiffer

Are you constantly striving for the tall, dark, and handsome guy? Or are you the type who goes for the cute guy you met at the bar, but after one night he never responds to your texts? Also known as the “douchebag boy.” Or is your type the genuine nice guy? With the following [relationship advice](#), we will reveal what your type says about you, and provide dating tips on how you can improve your love life.

Relationship Advice That Will Teach You About Your “Type”

The bigger, muscular, macho boy: If your type is the muscular, tall, handsome boy then our millionaire matchmakers suggest you may feel less secure in your own body. If you are attracted to men who are taller and bigger than you, then you like the feeling of having a bigger buy because he makes you feel small and more secure in your own body.

Related Link: [Relationship Advice on What Not to Do: Bad Dating Advice from Romantic Comedies](#)

The douchebag, or the one night stander: This is the type of guy you meet at a club, you really think you hit it off, maybe you switch numbers, and at the end of the night you end up going home with him. A few days roll by and you haven't heard from him in a while so you decide to text him, but he ignores you completely, and you end up alone on date night. It's easy to get attached to this cute type of guy because he makes you feel special. In the meantime, you think to yourself he's different- you guys really hit it off the first time you met. Well if this relates to you then you might have not experienced a lot of attention or love in past relationships. So the feeling of being noticed excites you even if it's only for the night. Our relationship experts recommend self-love before any guy can get to love you. You have to love yourself first. Treat yourself every once in awhile and don't fall for the first guy you meet at the bar. We go for guys who are assholes because they make us chase them. In our eyes it's a goal to catch that certain guy, because if we catch them it makes us feel better about ourselves. This isn't right at all but it can all relate back to society. Society always made females feel subjugated under men. By getting the guy you were trying to chase can make women feel empowered because they like the chase.

Related Link: [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

The nice guy: The nice guy is the one who goes unnoticed. He's lingering in the shadows and they're the ones who get friend-zoned instead of a date night. These are the guys who you don't really give a chance romantically. If you were willing to step outside the box and try to explore your options, usually the nice guy is the one who you can feel most comfortable around. As an individual you start to feel yourself growing and maturing the more you spend time with this person. You never know what's out there but it's refreshing to try new things and meet different people. You never know when you'll find the one.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea





Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Amy Osmond Cook for [Divorce Support Center](#)

“For great things to happen— get out of your comfort zone,” that is the mantra of famous personalities like Danica Patrick- as she cruises through industry stereotypes to actors like: Charlize Theron and Jared Leto, who made a career out of avant-garde movie roles. Testing the boundaries of convention is the secret sauce for those hungry for change in their lives. But what about breaking out of your comfort zone in relationships? “When it comes to relationships, some feel it is best to date someone who has the same morals, taste, traditions, and beliefs as them,” wrote relationship expert and contributor Elizabeth Aguirre. “But rest assured it is quite okay to step outside of your comfort zone and explore someone from a different background as a potential partner.” If it’s been two weeks since the date with Mr. McDreamboat, and your texts have gone unanswered— again. Here are four reasons why going outside your comfort zone may be just what you need, and some [dating advice](#) to improve your chances in finding “the one.”

Dating Advice That Will Help You Experience Something New

1. You can reevaluate your “type.” Moving beyond your comfort zone draws attention to the type you typically chase. If those pursuits have proven unsuccessful, this is the time to evaluate why your type isn’t making you truly happy.

Related Link: [Dating Advice: Why Do I Attract The Wrong Men?](#)

2. You can learn to take chances on other people. Now, don’t be reckless and start pursuing somebody who is clearly a bad influence, but try connecting with someone who breaks the pattern of your dating behavior. If you only date short women, try one that is tall. Have you ever dated a man with facial hair? Perhaps you should date someone with an interesting job or hobby.

Related Link: [Relationship Advice: True Love or Rebound?](#)

3. You can become more self-aware. Dating outside your comfort zone may want you to change something about yourself or add another quality to your life. “There is something about challenging yourself, and doing something a bit different that gives you confidence, an edge, and a sense of accomplishment that does wonders for your personal growth,” wrote relationship blogger Monique A. Honaman. A self-examination may not result in a lifelong partner, but it will help you discover things about yourself that add zest to your life.

Related Link: [Relationship Advice: 5 Questions To Ask Yourself Before Saying “I Do”](#)

4. You can uncover hidden strengths or desires. “I never thought I would want a man who—” you can fill in the blank. The point is, dating outside of your comfort zone forces you to use skills or behavior traits that you haven’t used before,

including patience. Exploring new social territory means a possible match may be slow to materialize. Unlike your usual connections where the results are quick, venturing into unknown territory takes time to maneuver, but it could be well worth the wait. The good news is, once you find yourself in a happy, healthy relationship, the skills you developed while venturing beyond your comfort zone will stay with you long after you've left the dating scene. "I have seen the difference a good attitude and living a life with purpose can make on an individual's quality of life," said Jim Morrison, executive director of Redmond Care and Rehabilitation Center. "So if there's a secret to living a good life, it's loving the life you have and making the most of it every day."

So get out there and experience a different part of life with someone new. With the dating tips provided, you might just end up loving a person you never thought of giving a chance before!

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Celebrity News: President Obama Says He's 'Pretty Relaxed' About His Daughters Dating





By Kayla Garritano

No worries! President Barak Obama revealed that his daughters, Malia and Sasha, have been ditching family dinners to go on dates, and he isn't too worried about it. According to UsMagazine.com, the President said the [celebrity news](#) in an interview with North Carolina's WDCG radio station on Friday, November 4. "The truth is, I'm pretty relaxed about it for two reasons. One is [my wife] Michelle – she's such a great example of how she carries herself, her self-esteem, not depending on boys to validate how you look or not letting yourself be judged by anything other than your character and intelligence. Hopefully, I've been a good example in terms of how I show respect to my wife." The second reason? "They have Secret Service," he joked. "There's only so much these guys can do."

This celebrity news has us surprised. What are some ways to

get into the dating scene for the first time?

Cupid's Advice:

Dating can be scary, especially if you haven't been in the dating scene before. There's a bunch of questions that run through your mind. One of those includes, "What do my parents think?" Don't worry; Cupid is here with some [dating advice](#):

1. Double dates: If you're super nervous for your first date, bring a friend or two. Maybe they can take someone so it looks as if you're on a double date. Double dating will take the pressure off, and your friend may be able to save you from any failed conversation!

Related Link: [5 Ways to Have a Stress-Free First Date](#)

2. Take your time: Whatever you do, try not to spill your life out on the first date; you don't want to scare your date away! Just focus on similar hobbies and interests. If it all goes well, and you feel a connection, then you can begin to open up.

Related Link: [First Date Outfit Ideas: Dinner and Drinks](#)

3. It's okay to be nervous: Going on dates for the first time is super nerve-wracking. For some people, it never gets easy, and that's okay. Being nervous means you're excited. So many things can be running through your head, but it's normal to feel this way. It's just a date, so take some deep breaths!

How did you get into the dating scene? Comment below!

New Celebrity Couple Joe Jonas & Sophie Turner Cozy Up for PDA Packed Date



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Kayla Garritano

[New celebrity couple](#) Joe Jonas and Sophie Turner cozied up for a date at the Kings of Leon concert in Rotterdam, Amsterdam, on Saturday, November 5. This [latest celebrity news](#) comes from [UsMagazine.com](#), where fellow concertgoer Millie Janssen spilled the details of Jonas and Turner kissing and cuddling throughout the pre-MTV European Music Awards show at the Oude Luxor Theater. "Joe and Sophie arrived together before the show started," she said. "He had his arm around her as they walked in, and then he was holding her before the show. Joe and Sophie kissed a few times and were talking and drinking

soda.” And although the rest of DNCE and a couple body guards were there, they didn’t turn down the PDA.

This new celebrity couple isn’t hiding their relationship. What are some ways to show you’re proud of your new partner and the relationship overall?

Cupid’s Advice:

It’s exciting to go public with a new relationship! You get to show off your happiness to everyone and show how proud of each other you are. Cupid is here with some [dating advice](#) to tell you how to show off your relationship:

1. PDA: A little public display of affection here and there is healthy in a relationship. Hold your partner’s hand or sneak a kiss on the cheek while listening to an amazing concert. Little actions to show your partner that you like their company will make them feel great when they’re with you. Just make sure you don’t overdo it, as you don’t want to make anyone uncomfortable!

Related Link: [Q&A: Where Does Social Media Draw the Line on PDA?](#)

2. Attend their events: Does your partner have an office party they want to take you to? Is your partner going to a family event? One important part of the relationship is going to events with your partner, regardless of if you want to or not. You are supporting your significant other in what they do. Plus, they want to show you off to everyone. That just means they’re happy about where you two stand.

Related Link: [Celebrity News: Miranda Lambert Stuns at CMA's With Boyfriend Anderson East](#)

3. Date in public: Take your partner on a date where there are a lot of people. Consider a picnic in the park, or a trip to the beach. Do something that has the ability to show off your relationship. It means you want to be together and you don't care who knows it or who sees.

How have you proudly showed off your partner? Comment below!

Dating Advice: How to Get Him to Commit to You!



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

On this week's episode of [Single in Stilettos](#), founder and matchmaker Suzanne Oshima talks to relationship expert Cyndi Olin to offer their [dating advice](#) for those who need help in attracting a good man, and making him commit. Learn how to be the woman that men like to stay with. Follow these dating tips to get your love life on track.

Dating Advice That Will Help You Keep A Man

1. Authentic self. Be the person you really are. Don't pretend to be anything you're not. A truly happy person that knows who they are will make a man want to stay. He wants to be around that positive energy!

Related Link: [Dating Advice: 3 Types of Women Men Avoid](#)

2. Have your own life. Don't become obsessed over anyone who doesn't ask you to commit. Keep busy, date other people, just do whatever makes you happy. There's no reason to drop everything for someone who hasn't asked for monogamy.

Related Link: [Dating Advice On Why Men Pull Away](#)

3. Safe spaces. Show your vulnerable side and allow a man to show his vulnerability as well. If he can't be himself or feel safe enough to open up to you, he won't trust you. And of course without trust, there is no commitment and no relationship.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Find Out How High School Sweethearts & Celebrity Couple Jon Bon Jovi and Wife Make It Work



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli

Lifestyle & Wellness Coach
TracyCampoli.com

By Kayla Garritano

It's no longer teenage love! Throughout all his fame, Jon Bon Jovi has remained humble and loyal with his long-time love, Dorothea. According to People.com, he is not just a guy who has rocked the stage for decades, but he is also a devoted family man from small town in New Jersey. He has his high

school sweetheart and wife of 27-years to thank. "She's the glue," says Bon Jovi of his wife and mother of four. "I'm the crazy visionary with all kinds of things flying, and the seams are all splitting. She's the one following me with the glue and the thread and needle, keeping it all together."

This [celebrity couple](#) has made it work for a very long time! What are some secrets to a long and healthy married life?

Cupid's Advice:

When you get married to the love of your life, the goal is to stay together for a very long time. You want your happily ever after with each other. Cupid is here to help with some [relationship advice](#):

1. Listen to each other: Listening is a big part of making a marriage work. You need to talk problems out and hear what your partner has to say. Even if you don't agree, it's best to figure something out than not pay attention to the other person. Avoiding talking and listening will make you less likely to understand each other.

Related Link: [Relationship Advice: Making Marriage Work Like Beyoncé](#)

2. Compromise: Always compromise. You need to be happy in the marriage, as does your partner. Even if it's choosing where you want to go for dinner, just make sure it's never a constant fight of who always gets their way. Be equal.

Related Link: [10 Celebrity Couples Who Have Made Marriage Work](#)

3. Never let the romance die: Make sure you keep that spark

you had with each other when you first started dating. Go on dates or try something new. Try to make it so you're romantic on occasion, and not so you just get bored. Maybe even spice things up a bit; do what it takes to keep you both smiling!

How have you made your long and healthy marriage last? Comment below!

Relationship Advice for the Guys: Why Is it So Hard to Date?



Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Tracy Campoli
Lifestyle & Wellness Coach
TracyCampoli.com

By [David Wygant](#)

I'm going to tell you why it's so hard to date. And I'm going to blame it all on the women. I bet I got your attention, and any women listening or reading this right now- need to pay attention. It's so hard to date because women are so flaky these days. You meet a woman on an online dating app. You text back and forth. You get her phone number. You spend time talking to her on the phone. You set up a date night, which you're excited about. And then, you send her a text the morning of the date to confirm. And right away you get a text back, and she comes up with one of her excuses: "I've got a work project that came up." You think to yourself, 'man, that's the same type of excuse I've been giving women this whole time.' You almost feel like you're being blown off by a dude. Well, you are; because women are the flakiest beings on the planet.

Relationship Advice For Men On How To Successfully Date Women

And what makes them hard to date for men, is that women are judging you based on whatever story happened to them in the past. You see, women never let go of anything. They're constantly talking about the past. Even as a relationship expert, I remember I would sit down with my ex, and we would talk about the present, and she would go back to what I did to her five years ago. In full detail. And how she's never gotten over it. And that's the problem. The older you get, the more you date, the more women have not gotten over the guys that have burned them. You see, women are the greatest story tellers in the world. They love to tell stories non-stop. So the older they are, the more villains they have in their stories. By the time they meet you, even though they'd like to get together, and they've talked it over with friends on how to get together- they go through all the things that can go

wrong on a date, and you're guilty by association. Just because you are a male, and you have facial stubble, means you're going to be just like the other ass that burned her before.

Related Link: [Relationship Advice: What Do You Do When There's More Take Than Give In Your Relationship In Life?](#)

So what dating tips can help you get around this? Well, first off, you need to set precedent. When you call her, or talk to her, you need to tell her plain and simple, 'Hey if we're going to get together, we're getting together, but if you're going to flake on me like so many other women, then I don't really want to set plans; because I'm looking forward to getting to know who you are.' When you get her phone number for the first time, you need to look at her and say 'I'm only going to take your phone number, if you're not a flaker. Because I don't deal with flakers. I find them to be, well, almost like dating, or trying to date, a kindergartner, and I'm not going to do that.' You have to literally call them out on their future flake before it happens. You need to stop the flake from happening. When you've planted it in their brain, that you don't deal with flakers, you're literally telling them that they have one chance to be with you. The great guy that you are.

Related Link: [Dating Advice: How A Masculine Guy Can Get In Touch With His Soft Side](#)

Look, we've all been flaked on many times, and I'm sure we've been flaked on by women that could literally have been our girlfriend, because that's what life is about. I've played the game of chase and flake. Where I've chased them down, and finally after three weeks of chasing I get to go out with them. And they always say the same thing: "Wow, I wish I went out with you sooner!" I'll look at them and tell them: "Well, if you gave up a few nights of wine drinking with your friends, and if you gave up a few nights of pretending to be

busy, we already would've been in a relationship."

Related Link: [Expert Relationship Advice: You're in the Dog House...Now What?](#)

The [relationship advice](#) I hope you take away is that you have to realize that women don't let go of what happened to them in the past. You need to prove to them no matter what, that you're a man of action, and you're different than anyone else without literally stating it in words (if at all possible). And if you feel that you actually have to say something, the only way to do it is to call them out on the potential flake before it happens, and set the date night in stone. When you send them that text in the beginning of the day reconfirming, you literally need to make it clear: 'I will see you at 8:00 tonight. No flaking allowed.'

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Celebrity Couple Prince Harry & Meghan Markle: Secret Toronto Visit



Suzanne Oshima

Founder of Single in Stilettos
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TracyCampoli.com

By Kayla Garritano

They're making long distance work! Prince Harry made a secret visit to Toronto in order to see his rumored girlfriend, Meghan Markle, at her home. According to [UsMagazine.com](https://www.usmagazine.com), the English Prince kept a low profile on his visit and arrived in Toronto's Pearson International Airport on October 28 only having one protection officer. For the next several days, including Halloween night, the [celebrity couple](#) stayed in Markle's suburban pad, staying in and cooking together at home, all while playing with her rescue dogs. A pal of Harry said, "It's very serious."

This new celebrity couple is trying to keep their interactions low-key!

What are some ways to ease into a relationship?

Cupid's Advice:

New relationships are a big deal! They can sometimes be scary as well, especially if you're new to it or haven't been in a serious one in a while. Cupid is here to help you ease into your relationship with some [dating advice](#):

1. Take it slow: Easing into a relationship may mean not seeing each other every day, or only hanging out a few times a month. Still make sure there's time apart to focus on yourself. You may need some space in order to get closer. Get to know your new partner and enjoy your time together, all while keeping yourself going in the right path. There's no need to jump into it.

Related Link: [How to Communicate to Get What You Need](#)

2. Communication always: As per usual, communication in a relationship is a major key. But when you're in a new relationship, it's best to lay out everything and let your partner know what you want. This way, there are no secrets, and questions you may have later on can be answered ahead of time. Also, make sure your partner knows that you want to take the relationship slow at first and ease into things. They should respect your decisions.

Related Link: [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

3. Be honest: Honesty is the best policy. There's no sense in lying in your relationship, it's unhealthy for future progression. If you don't like something, let your partner know. If you need space, let them know. It's your life, make sure you're comfortable with your relationship.

How did you ease into your relationship? Comment below!