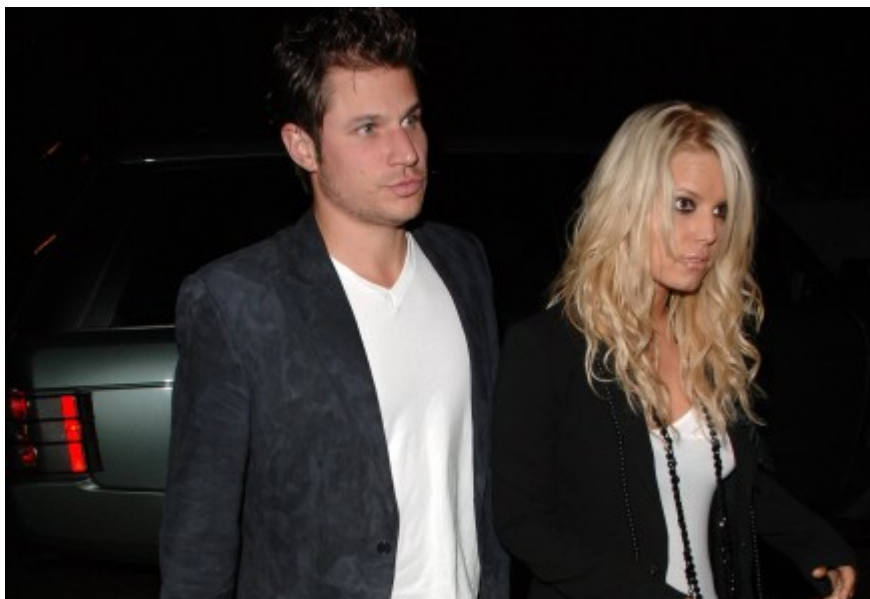


Jessica Simpson Runs Into Ex Nick Lachey



What happens when you run into your ex with his new girlfriend while you're on a date with your new boyfriend? Well, Jessica Simpson and beau Eric Johnson found out over the weekend when they ran into Simpson's ex, Nick Lachey. When asked about the incident by [USA Today](#), the singer said, "He was at the same restaurant. I didn't speak to him." But apparently she was much more willing to talk when asked about her current relationship with Johnson, according to [Us Weekly](#). "He definitely makes me very happy," she said. "He brings out a lot of light in me and makes me very comfortable being who I am. It's nice to be with somebody who praises you for the right reasons." Is that a Nick Lachey burn? We'll never know for sure. **How should you handle your first sighting of an ex post-breakup?**

Cupid's Advice:

It's always awkward when you run into your ex for the first

time after you've broken off your relationship, but there are right and wrong ways to deal with it. Cupid has some suggestions:

1. Act casual: There's no need to bring drama into the picture. Even though you may be feeling turmoil on the inside, keep it bottled up for the time being. Although they say keeping your feelings inside can sometimes be a bad thing, it's okay if you let it out in a different venue later on – away from your ex.

2. Be civil: Again, there's no reason to carry the reasons you broke up into your first meeting after your split. Your relationship is over, and it's time to move on. Why re-hash old arguments when you can just keep it civil, and shrug it all off?

3. Keep it short: Don't prolong your first meeting post-breakup. If you happen to end up at the same location as your ex and there's no way to avoid each other's presence, deal with it briefly. The longer you confront your ex-partner, the more awkward you will feel and the more likely you may say something you'll regret later.

Jesse James and Kat Von D: On or Off?





Sandra Bullock's ex Jesse James and Kat Von D effectively squashed all recent breakup rumors, as the pair was caught kissing while at a restaurant over lunch recently. Rumors were swirling over James' recent move to Austin, Texas. In fact, [People](#) reported that Von D is unhappy with the long-distance "go-between" relationship. Von D has also reportedly been seen with ex-flames Nikki Sixx and Bam Margera. Despite the rumors, the much-talked-about duo seemed to enjoy lunch and left a generous tip before leaving the restaurant. **What can excessive PDA mean?**

Cupid's Advice:

While some couples have no qualms about publicly displaying their affection, most couples are a little more conservative. If excessive PDA is coming from a couple who usually keeps it tame, it's safe to say there's probably an ulterior motive. Here are a few things it could mean:

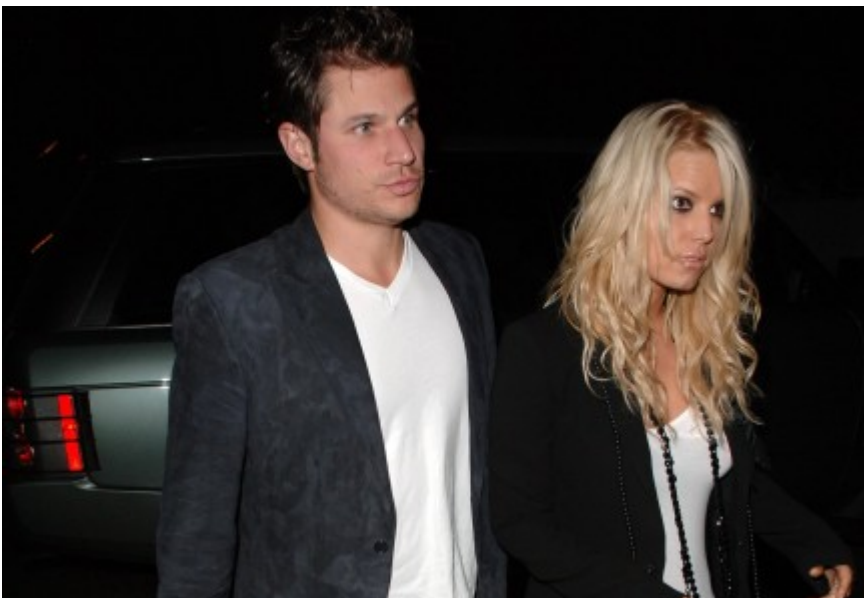
1. Insecurity: If a couple shows their affection in public, it could mean that they're insecure in their relationship. They are trying to prove to others (and themselves) that their relationship is still going strong, even though it may be rocky at the moment.

2. Need for attention: Those who step outside the lines of

public decency by excessively showing affection may only wish to shock others. They have a need for attention that can be satisfied by some major PDA.

3. Face value: While PDA could have underlying meaning, sometimes it's necessary to take the PDA for what it is – affection. Therefore, it might just mean they're lustful!

Jersey Shore's Angelina Goes on a Terrifying Date



In spite of leaving her castmates at *Jersey Shore* before the end of the season for the second time, Angelina's reality TV career is far from over. According to [RadarOnline](#), just in time for Halloween, the Jersey girl appeared on IFC's 5-part horror satire series,

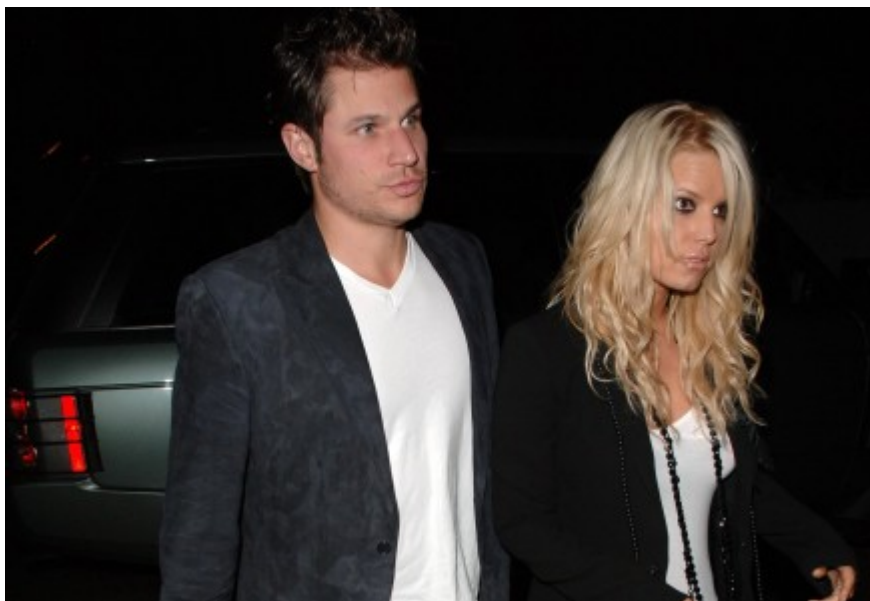
Dead Set. It seems that Angelina may be trading in her tan juice head guidos for a much paler partner. As part of IFC's spoof, Angelina shocked the GTL off of her *Jersey Shore* cast mates by dating the undead. Anyone who thinks their last blind date was bad can't top Angelina's date with a zombie. Her disgust can be seen as she speaks in candid detail about why this zombie isn't right for her. Perhaps, next time she will look for guys on the boardwalk instead of at the graveyard.

What are some date deal breakers? Cupid's Advice:

There is nothing like a bad date to ruin a perfectly good evening. But, remember, going on a bad date isn't your fault, staying on one is:

- 1. Disrespect:** If your date makes hurtful comments about your appearance, family background, religion, or anything else, end the date immediately. This is unacceptable behavior that doesn't warrant a second of your attention.
 - 2. Too touchy-feely:** Though everyone has a different timeline when it comes to the sensual side with someone you have been dating, if that's all your date is interested in, there is no point in dating him/her.
 - 3. No chemistry:** Your date may be a great person, but there's just something missing. He/she may appear to be the perfect partner, but maybe just not for you. Don't feel guilty; at least you didn't lead him on!
-

Halle Berry Steps Out With New Beau



Although actress Halle Berry and new beau Olivier Martinez have been spotted together before, last week they finally made their relationship official by gracing the red carpet. The couple made their first red carpet appearance over the weekend at the Carousel Of Hope gala in Beverly Hills. Berry, 44, wore a stunning red dress by Yves Saint Laurent and beau Martinez, also 44, looked very handsome, as usual. The duo met while working together on the upcoming thriller, *Dark Tide*. An onlooker told [Us Weekly](#) that the “smitten” twosome were “inseparable” at the event. Martinez was “constantly leaning in and whispering in Halle’s ear, making her laugh,” added the source. Hey, maybe inter-office dating *can* work!

When should you make your relationship with a co-worker public?

Cupid's Advice:

Dating someone you work with can be a challenge, but if you're serious about making the relationship work, you have to be careful about when and how you go public with the relationship. Cupid has some ideas on how to make the transition as smooth as possible:

1. Will I get in trouble?: Almost every company has rules on inter-office dating. Look into your office's policies to make sure you're not in danger of getting fired before entering into a relationship with a coworker.

2. Is it serious?: Before you start telling people, make sure it isn't just a fling. Dating someone at work brings a lot of extra baggage with it so you need to be certain that the relationship can go the distance before you open up about it.

3. Who should I tell?: If you tell your cubicle mate you're dating someone in the office, she might start a rumor that could easily get out of hand. Mum's the word as far as other coworkers go until things get serious. Then make sure your supervisor or boss is the first to know before telling others.

'Millionaire Matchmaker' Patti Stanger Against a Kim Kardashian and John Mayer Union



Patti Stanger

doesn't have her own show *Millionaire Matchmaker* for no reason. After the *New York Post* reported that reality star Kim Kardashian was spotted out and about in NYC with singer, John Mayer, Stanger had some serious advice to share: "No! He's a douche bag." [US Magazine](#) caught up with the matchmaker to discuss whether she thought there would be fireworks or if the date would be a disaster. Stanger insisted, "She'd chew him up and spit him out and chew him up again." If his dating history with celebrities such as Jessica Simpson and Jennifer Aniston wasn't reason enough, Stanger insists, "Kim's a class act, so I'd never put her with him." While Mayer might not be the one for Kim Kardashian, there is hope for love in her future. The *Millionaire Matchmaker* believes Kardashian needs "an A-list actor who likes a brunette hottie...She needs someone who is strong, who will allow her to build her empire. She needs some one serious." Sorry, John; maybe next time.

What are some tell-tale signs of a player?

Cupid's Advice:

While you might not have the advice of a matchmaker at your disposal, with these helpful hints you'll surely be able to weed out the rogues from the real gentlemen:

1. Midnight phone calls: While it's great that he wants to hang out with you, phone calls or text messages consistently coming after midnight should have you concerned. What are his intentions? And at that hour, are you the only one he's been talking to that night?

2. Rumor mill: There is a reason Hollywood starlets are wary of John Mayer. When rumors circulate, you can't always tell what's fact and what's fiction. But when your friends voice concerns, listen up! They have your best interests at heart.

3. Authenticity: When it comes to getting to know you, if you feel like he's simply asking questions without really being concerned with the answers, trust yourself. Not being genuine is probably just the beginning of disappointment. Chances are his insincere side will be sure to follow.

Jon Gosselin's Ex-Girlfriend Calls Him a Chronic Liar





After what seemed like a heartfelt message to his family and friends via Twitter, Jon Gosselin's ex-girlfriend Hailey Glassman is calling him out on his chronic lying habit. Gosselin tweeted, "I am acutely aware of the mistakes I made in 2009 and I am ashamed of the choices I made. I have apologized to Kate, my family, and to my friends. Through counseling I have learned to own my actions. My goal is to move forward in a positive direction." Despite Gosselin's seemingly good intentions, Glassman insists that his Twitter apology was just a "negotiating tactic to gain sympathy from the public," according to [RadarOnline](#). Glassman called her ex a "pathological liar" whose life coach once told her and her parents to "accept his lying and not get mad at him for it because he will then never tell the truth."

Is there any time in a relationship when lying is okay?

Cupid's Advice:

Honest communication is the crux of a healthy relationship, but sometimes telling white lies is necessary in certain situations. Cupid has some examples of instances when it's okay bend the truth:

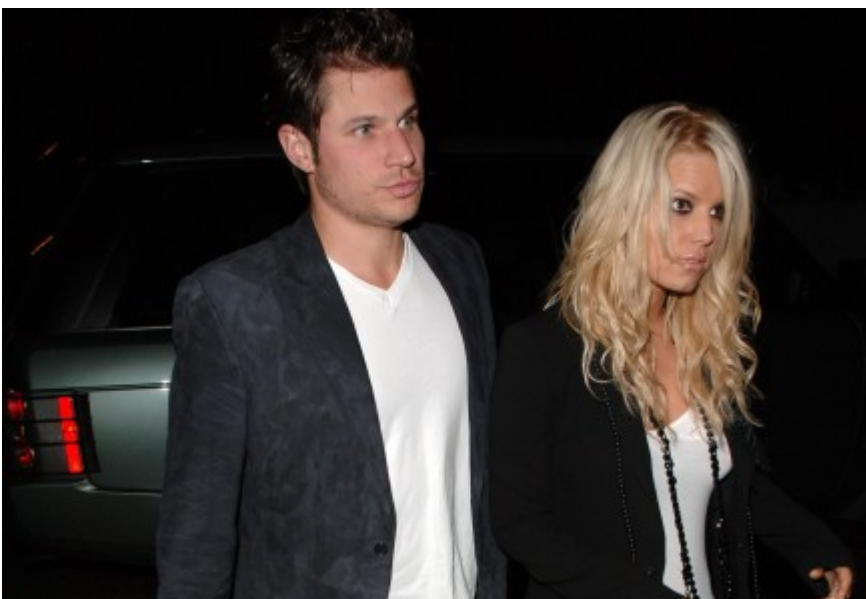
1. You look so thin!: If she asks, "Does this make me look fat?" tell her "no," whether it's true or not. Sometimes you

need to fib to spare her feelings, especially when talking about her appearance. There's no need to bring insecurities into your relationship.

2. Thanks, I love it!: Whether it's a diamond ring or a pair of socks, this is always the correct response when receiving a gift. If you don't want to offend your mate, pretend you love it... then if necessary, quietly return it later.

3. I'm not attracted to other people: Just because you notice when a total babe walks by doesn't mean you have to tell your partner! Some things are better left unsaid.

Taylor Swift's Single Days



Country crooner

Taylor Swift may be putting her dating history into hit songs,

but don't think that she dates men just for the musical inspiration. And don't bother asking her about who her songs are referring to, because she's not about to tell you. "I will say everything in my music," she tells [People](#). But despite her emotionally heavy songs, Swift is currently embracing the single life, saying, "Being single is wonderful and I love it. I don't ever have a morning where I wake up and say, 'I really need to find a boyfriend today.'"

What are some benefits of being single?

Cupid's Advice:

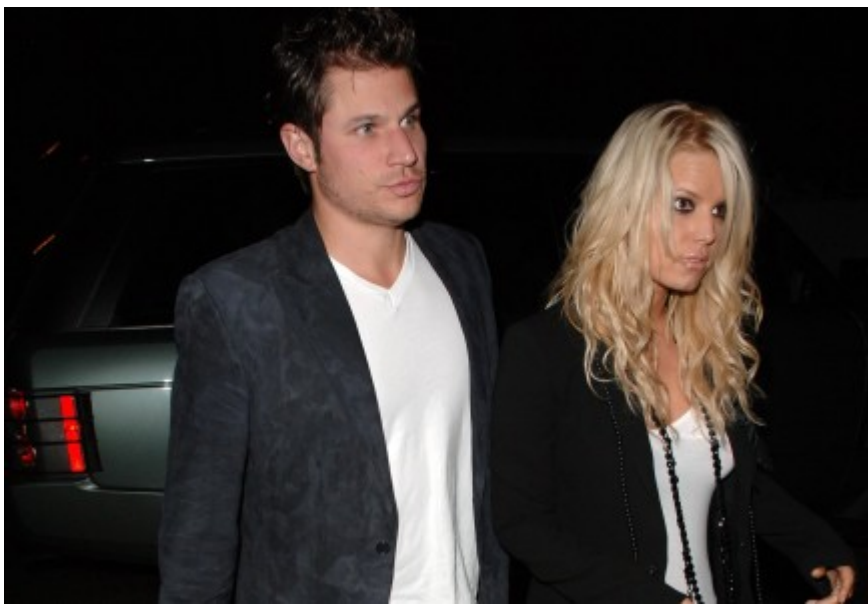
For some people, living the single life is rough. And seeing all your friends pair off while you sit at home on a Friday night can be like a slap in the face. Living la vida single, however, can actually be one of the best times of your life:

1. Miss Independent: When you're single, you only have one person to answer to: yourself. You can go out whenever you want, go where you want and see whatever movie you want sans compromising. Take time to enjoy not having to answer to anyone else, and be selfish.

2. Life lessons: Sometimes when life isn't so pleasant, and you don't have anyone to turn to for help, you have to forge ahead and go at it alone. But in the end you'll be so empowered that you accomplished a seemingly impossible task all by yourself that you'll soon realize you don't need anyone and that you are capable of doing anything.

3. More money, less problems: You don't seem to realize how much extra money you spend in a relationship until you're not in one anymore. With all the extra cash you now have, save up and buy yourself something fabulous. Splurge on a ridiculously expensive pair of shoes or a designer dress you may only wear once for no particular reason.

Taylor Swift: New Song Slamming John Mayer?



With Taylor Swift's upcoming album dropping next week, speculation has begun circulating around one of the tracks, entitled "Dear John."

Does it reflect Swift's once-rumored relationship with crooner John Mayer? [Us Magazine](#) reports that Swift, 20, and Mayer, 13 years her senior, were romantically linked last year when the country crooner collaborated with Mayer on the song "Half of my Heart" for his album, *Battle Studies*. Although Swift refuses to confirm the song is about Mayer, with lyrics like, "You'll add my name to your long list of traitors, Who don't understand, And I'll look back in regret, I ignored what they said, 'Run as fast as you can,'" one can only assume all signs point to the soulful singer and serial dater.

What are some appropriate ways to deal with anger after a

breakup?

Cupid's Advice:

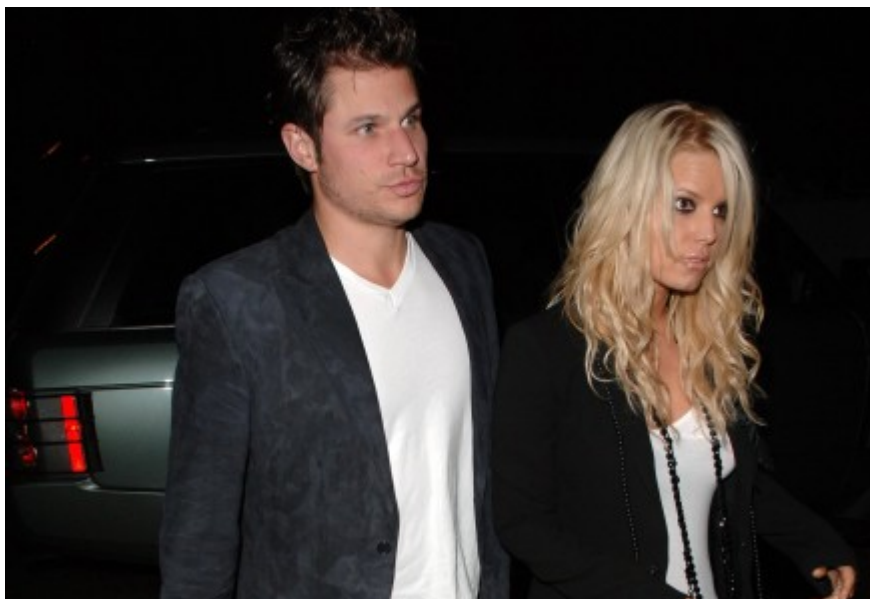
It's normal to be angry after a breakup. While it may be fun to sit with your girlfriends and plot revenge on the one who broke your heart, think twice before you pull a Carrie Underwood in her "Before He Cheats" days:

1. All talk and no action: This may be the one time you should run your mouth with no intention of following through. Take a cue from Taylor Swift and write it out. Her lyrics are her personal way of getting through an emotional time without doing anything outrageous and harmful. The individual in question may end up being a bit embarrassed, but doesn't he deserve that anyway?

2. Gather your girls: Release your anger in a positive way. Grab some friends and go out dancing. Part of the friend code means that you'll automatically have someone to lean on. Feel free to vent as you dance out your post-breakup frustrations. Don't worry – your roles will eventually reverse, and your friend will need you for comfort and take-out pizza.

3. Work it out: Find a gym that offers a kickboxing class, and let loose! Fill your iPod up with your favorite songs and run your anger right out of your system. Exercise is a great way to filter your emotions and burn off those pizza night calories. Your ex will be sorry once he sees your hot bod, and the look on his face will be the perfect revenge!

Katy Perry's Pre-Wedding Excitement



Katy Perry is enjoying her final days as a single woman. Following her performance on Britain's *The X-Factor*, Perry and fiancé Russell Brand talked to judge Simon Cowell backstage. A source tells [Us Magazine](#), "She had so much fun with Simon, and Russell was chatting with him too. Katy was hugging Russell a lot after her performance. She kept asking him, 'Was I OK?' 'Was it OK?', but he was nothing but supportive. He was stroking her bum in her catsuit. He couldn't keep his hands off her, actually." The engaged pair also went to a private screening of *The Social Network* on Monday. On Tuesday, Perry and Brand intend to fly to India for their extravagant 6-day wedding celebration. The few guests, including Rihanna, will stay in "pimped out" tents and are to be flown in on private jets. Despite the extravagance, Brand seemed unearlier to talk about the celebration. "I'm trying to preserve it, to keep it a beautiful thing," Brand explained. "I think people get the

wrong idea on how we want the wedding to play out. Love between two people is the most spectacular yet ordinary thing in the world.”

What are some things to be careful about before your wedding?

Cupid’s Advice:

The days before your wedding are nerve-wracking, exciting, and unlike anything you have ever experienced. While you should enjoy these last few days to the best of your ability, here a few things of which to beware:

1. Too much talk: No matter how excited you are, talking about your wedding too much may ruin the big day. By talking about the big day, you raise expectations. Hold disappointment at bay, and keep at least some of your excitement to yourself.

2. Stress: Wedding planning is stressful. You want the best day possible, but by accepting the fact that no wedding is absolutely perfect, you will be able to relax and really enjoy the day without worrying about minor things.

3. Too many nerves: Chances are, before your wedding you are feeling excited and nervous. While it is good to share your nerves, make sure you do so in a healthy way so you don’t give your friends and family the wrong idea.

5 Signs That George Clooney

May Actually Commit



By Kimberly Dawn

Neumann of Dating Diva Daily and author of *The Real Reasons Men Commit*

Recently there have been all kinds of tabloid rumors working to put a chink in the bond between George and his stunning Italian amore-du-jour Elisabetta (sex and drug scandals anyone?). Though Elisabetta has chalked a lot of it up to envy (okay, we'll admit we're a little jealous but seriously...that wouldn't cause us to implicate her in a drug debacle), later this summer there was also a flurry of speculation that E and G were about to become EG (in other words, they were possibly EnGaged).

While more recent reports have explained that the reported left-hand ring flash was actually a napkin ring with which she was playing at dinner (on her left hand while waving it to the paparazzi...ummm...okay, whatever), the reality is that there may actually be some validity to the idea that good ole' George is in a commitment frame of mind when it comes to his latest gal.

Here are some signs that George (and any man for that matter) may be ready to commit that go beyond how ridiculously stunning Elisabetta looks like in a bikini:

1. He makes room for his woman in his home and his life: In George's case that means that Elisabetta has been spotted frequently at Clooney's Lake Como villa. Any man that welcomes a woman into his home with such open arms is exhibiting commitment-mindedness.

2. He takes the relationship public: In the non-celeb world, this usually means that a man is willing to tell all his friends, family, coworkers about the lady in his life. In George's case that also means telling the tabs, the Oscar voters and the red carpet mavens. So, it is wise for him to remain mum on a gal unless he's serious. George has shown no qualms about displaying his affection for Elisabetta on a very public stage.

3. He has a sincere desire to please and make his woman happy: Elisabetta was quoted recently in Italian Vanity Fair stating "I feel good, I feel light. Like when I was 18 years old." She goes on to add that George pampers her like she's never experienced before and that he is the person to whom she owes the color that is back in her life. He is clearly working to make this woman happy.

4. He is supportive and complimentary: In that same interview, Elisabetta said that Clooney is very supportive of her and always close. A man who is there for and builds up his partner is definitely more commitment-ready because he cares about his partner's sense of self and well-being, not just his own. "If you feel loved, you always feel beautiful," she says. Ah, well put. And if Elisabetta is feeling that kind of love from George then he's clearly invested in this relationship.

5. He recognizes that he can be independent and in a

relationship at the same time: One reason George has previously said that he'll remain a confirmed bachelor is that he always felt the women he was with didn't understand the demands of his work and how it might take him away for long stretches. However, with Elisabetta, George seems to be comfortable since she's clearly independent and strong enough to stand on her own two feet if he has to go away. Though marriage may not be the end game here, George is exhibiting signs that this woman will be in his life for more than a blip. Sorry to all you Mrs. Clooney hopefuls out there, but the signs (for now) seem to be lining up in Elisabetta's favor.

Kimberly Dawn Neumann is a New York City-based dating/relationship writer and coach whose work has appeared in such publications as Cosmopolitan, Maxim, Marie Claire, and online for Match.com, Yahoo, AOL, MSN, and iVillage. She is the author of two books, The Real Reasons Men Commit and Sex Comes First and an advisory board member for CanDoBetter.com. Her blog-zine is Dating Diva Daily.

Christina Aguilera Goes On Vacation After Split





Christina Aguilera

has recently been dealing with divorce papers and drama, all caused by her split from hubby Jordan Bratman. The singer decided to escape the chaos by taking a quick vacation to Hawaii. The *Burlesque* star “...has a packed weekend ahead of her, including yoga, surfing lessons, hikes, lunches, VIP dinners and cocktail parties,” reports [E! Online](#). Sounds like it’s just what she needs!

After a breakup, where are some good places to get away?

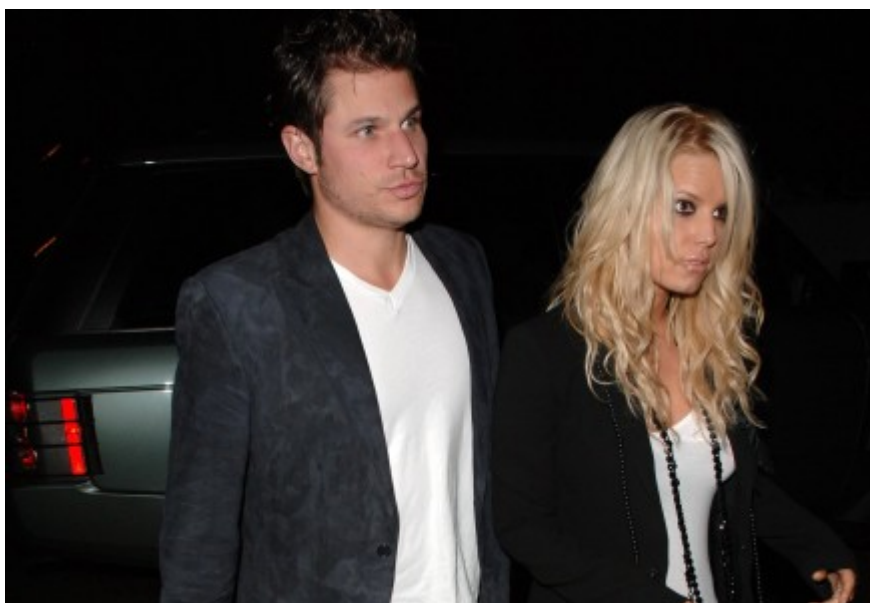
Cupid’s Advice:

When your heart is aching, you may need some space. Some people may recuperate just by having some down time, while others may need a paradise getaway to soothe their spirits. Cupid has some suggestions:

- 1. Suburbs:** Live in a big city? Get some fresh air by stepping outside of your urban environment. The change of scenery will be both relaxing and refreshing.
- 2. Europe:** If you’re one of those people who needs serious space after a split, head to an exotic location. Skip romantic activities in Paris, and spend some time with friends in Greece, or relax on a beach in Italy.
- 3. A friend’s house:** If you don’t have the time or the money

to plan a trip, spend some time at a friend's house. You will have a different environment in which to recover and the added bonus of a good friend taking care of you.

Jenny McCarthy Tries Honesty With New Guy



After splitting with Jim Carrey, her boyfriend of five years, Jenny McCarthy has found love again. [People](#) reports that the actress is very happy with her new man, Jason Toohey, 35, a Las Vegas-based pirate performer. McCarthy, 37, says she has learned a lot from her previous relationships. "I was a girl who pretended. I would say I liked things when I didn't," she says. "I knew if I wanted to grow, I needed to make myself happy before I could begin to have an equal relationship with another man." And the most important lesson she learned?

Honesty is the best policy. “If he wants Chinese [food] and I don’t, I say it,” she says. “If he wants to go out and I want to stay in and watch *Dancing with the Stars*, I tell him so... Our relationship is stronger because of the honesty.” **How can you have an equal relationship?**

Cupid’s Advice:

Aretha Franklin had it right when she sang, “R-E-S-P-E-C-T, find out what it means to me!” In order for a relationship to work, you need to have mutual respect and equality. Cupid has some ideas on how to make sure you and your partner are on equal footing:

1. Decide together: If one of you is making decisions for the other person, you’re not in an equal relationship. Make sure that you listen to each other’s ideas so you can come to mutually beneficial conclusions.

2. Tell the truth: Follow Jenny McCarthy’s lead and be completely honest and open with your partner. These two things are essential in any healthy relationship. Make sure he doesn’t always get his way or vice versa. If you don’t want Chinese tonight, tell him!

3. Money matters: Financial issues are often the biggest source of relationship inequality. While you don’t both have to make the same amount of money, make sure that the relationship doesn’t become a financial burden. If it seems like your mate is overextending himself, try to even the score.

Kim Kardashian Blames TV for Lack of Love Life



Kim Kardashian's not too happy with sharing the spotlight, but it's not her sisters she's worried about – it's her boyfriends. The reality star is planning on staying single for awhile, and blames the constant camera attention for complicating her love life.

Kardashian told [US Magazine](#) that being single "is a lot easier" than trying to "figure out who likes me for really me (and) who wants to be on a show." The star's ex, Dallas Cowboys' player Miles Austin, reportedly loved the attention he got from Kardashian's show. As she prepares to begin shooting *Kim and Kourtney Take New York*, in which Kim and her sister will open a new boutique in the Big Apple, she looks forward to remaining single. "This was like, for me, the perfect time to come to New York, because I'm single," she says. "I just felt like I kind of wanted a fresh start."

What are some things that get in the way of love?

Cupid's Advice:

Relationships can be a lot of work, and there tends to be obstacles nearly every couple has to overcome. Cupid has some ideas on how to work around these issues:

1. Time: Like most things in life, relationships require a lot of time in order to flourish. While it may be difficult to balance all the aspects of your life, try to take at least 15 minutes a day to show your partner that you care about him or her.

2. Distance: Particularly in new relationships, distance can cause some issues. If you're not living together, try to make sure you communicate in some small way daily, even if it's just a text that says "hi" – that way, you'll stay on each others' minds.

3. Harmony: Variety can add depth and health to any relationship, but balancing opposing viewpoints or interests can make things tough. Stay open-minded about what your partner likes, believes and wants, but make sure you also stay true to yourself. Make sure to communicate about conflicts when the need arises.

Love Lessons From ABC's 'The Bachelor'





By Erika Vujnovich

While there's no question that *The Bachelor* and *The Bachelorette* are must-watch television shows, statistics show that out of a 19 seasons, only two couples have stayed together, while waiting to see how the latest relationship between bachelorette Ali Fedotowsky and Roberto Martinez ends up. These are programs designed to produce long-lasting marriages, yet we often wonder whether we can call them reality TV or merely fantasy, designed to whet the appetite of women and men everywhere. Season after season, the program dominates the ratings with an average audience of 10 million viewers taking part in a voyeuristic game of watching desperate singles attempt to find true love.

If you're looking for "happily ever after" and contemplating the reality show route, here are a few things to keep in mind:

1. Get real: Each season, the contestants are whisked away to some exotic location to fall in love. Viewers watch as the couples travel over the canyons in helicopters, fly through the sky on zip cords or bask in the sun on a tropical island with a breathtaking backdrop. These settings could make even the biggest skeptic feel like they're falling in love. Let's face it, reality isn't always having the luxury to lounge on the beach and sip champagne with your partner, but rather it's

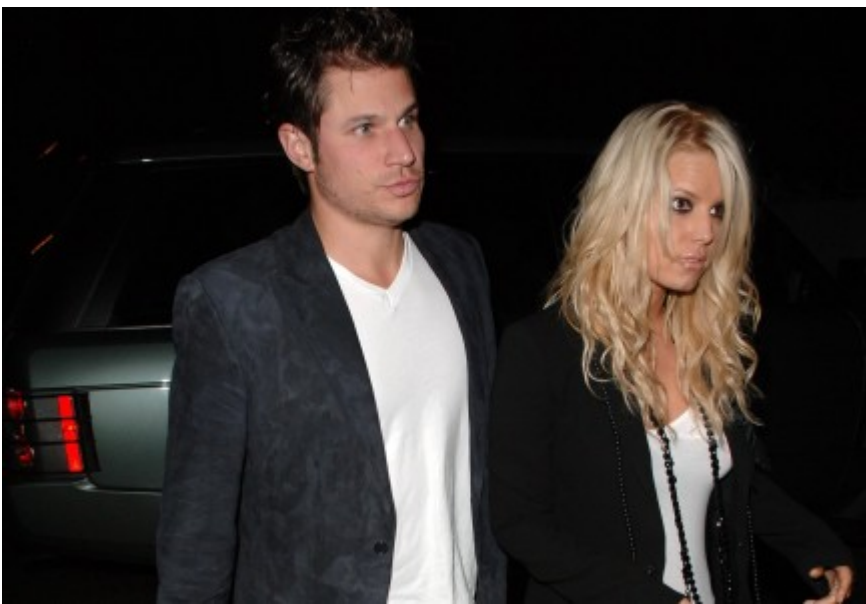
realizing how you couple cope with money problems, children and everyday monotonous routines.

2. Play the field, but keep it simple: For those of you not familiar with the concept of the show, the series revolves around one man or woman dating 25 singles in the hopes that they will find a partner for life. Throughout the season, the bachelor goes on a series of group dates, two-on-one dates and one-on-one dates. At the end of the journey, two contestants are left standing from which a fiancé is ultimately chosen. According to Match.com, there are several benefits of dating more than one person at the same time, "Multi-dating isn't merely a tactic for doubling your pleasure. Rather, during your hunt for 'The One', it can be a way to achieve romantic wholeness by dating partners with differing interests and personalities." This may be true but you also want to make sure you don't let your emotions get the better of you. Dating several people at one time can stir up feelings leaving you confused.

3. Don't come across as desperate: Put 25 singles against each other in a competition to land the perfect mate and you are sure to see some desperation among the contestants. Think about it: they all came on the reality dating show with one sole purpose – to find love and get married (or at least that's what they said). Therefore, it's no surprise that drama always finds its way into the story. When dating, try not to make yourself too available or be the one always initiating contact. This could come across as desperate. Be confident, attentive and a bit assertive, but most importantly, just be you.

The next season of "The Bachelor" returns to ABC in January 2011.

Jessica Simpson Declares Her Love



Jessica Simpson is smitten with her longtime beau, football player Eric Johnson. The singer recently told [People](#) of her Thanksgiving plans with Johnson, saying, “...We’re all gonna be in New York. I’m gonna be on a [Macy’s parade] float. It’s not always the best way to spend a Thanksgiving, but it’s a great way to celebrate.” The couple started dating in May, and their relationship seems to be getting very serious. “He’s the one for me right now! I’m very happy, I’m in a great place and if right now could last forever, I’d take it.” Simpson says Johnson is extremely supportive. “He went and got a sweater and a bowtie to try to lift my spirits because I [had] been working extremely hard. I laughed my butt off!” she recalls. “I couldn’t ask for a better man in my life right now.” **What are some romantic/unique ways to make your partner laugh?**

Cupid's Advice:

Whether it be stress, routine, or boredom, a good laugh can solve a good many relationship problems. Here are a few ways to get a laugh:

1. Sing together: Try karaoke, or burst into song. The worse your voice is, the funnier you will be. Print out lyrics to an Adam Sandler song, and unleash your vocal prowess! Your neighbors may be in agony, but at least you and your beau will have fun!

2. Be brave: Consult Eric Johnson's play book, and be brave. Grab a funny outfit, and wear it in public. A sweater vest and a bowtie may make others look at you strangely, but your mate will find it hilarious.

3. Movies: If you're the worst comedian on the planet, grab your Blockbuster card. Rent a few funny movies, and spend the night watching them. You and your partner are sure to share a few laughs.

Poker Pro Beth Shak on Millionaire Matchmaker





By Victoria Sullivan

Though the poker table may be an excellent place to meet men, it's no longer just a man's game. Cupid was there in Midtown Manhattan at the Spot at the Table Charity Poker Tournament where Asylum.com teamed up with Poker Pro, Beth Shak, who will soon make an appearance on Bravo's Millionaire Matchmaker.

After discovering poker in 2002, Shak has conquered more than just tournaments. As the card shark, style mogul, and philanthropist told Cupid, "Poker has helped me learn so much about men." She goes on to explain that she's "treated like a woman" when she first sits down at the table "but after playing for hours, men tend to forget and start to let their guards down and be themselves." When we asked Shak about men being intimidated by her she didn't think it was intimidation, she said "men just don't want to lose to a woman."

A key ingredient to playing poker is having the ability to read people. Shak uses her intuition to play the table. As a woman playing in a male-dominant sport, the advantage is that as a woman she thinks differently than they do. This helps her game. When it comes to her love life, it isn't all that different. Shak notes that if any guy claims to be too busy to see her, she's bound to call their bluff. She offers

some good advice (women listen up). She notes that men can multi-task. For example, they can use the mens' room, grab a bite to eat and get back to the poker table all within a 15 minute time period. She's got a great point!

After seeing Shak in her element, Cupid is counting down the minutes for her *Millionaire Matchmaker* episode to air. Though Shak didn't give much away, she did issue the following statement exclusively to Cupid: "Millionaire Matchmaker was an amazing experience. I loved Patty. The past two years have been a life transition for me (going through divorce, etc). She helped me see clearly about a few important things in relationships."

Stay tuned for the Season Premiere of Bravo's Millionaire Matchmaker tonight @ 9/8c!

Ali Fedotowsky and Roberto Martinez Slow It Down





After finding love on the reality TV hit, *The Bachelorette*, Ali Fedotowsky and Roberto Martinez announced that they planned to elope. Though still head over heels for one another, the happy couple has decided not to tie the knot immediately. As Fedotowsky recently told [People](#), “Nothing has changed – we’re still just as happy as we were when we were finished [with the show]; we were so excited. We were like, ‘Oh, we’re going to get married right away.’ But if you’re rushing because you’re in love, why rush? [Just] wait. You’re going to get married anyway. We’re both sort of enjoying life.” The soon-to-be newlyweds have moved to San Diego together and are considering wedding venues on the west coast. **Why is it important to take things slow?**

Cupid’s Advice:

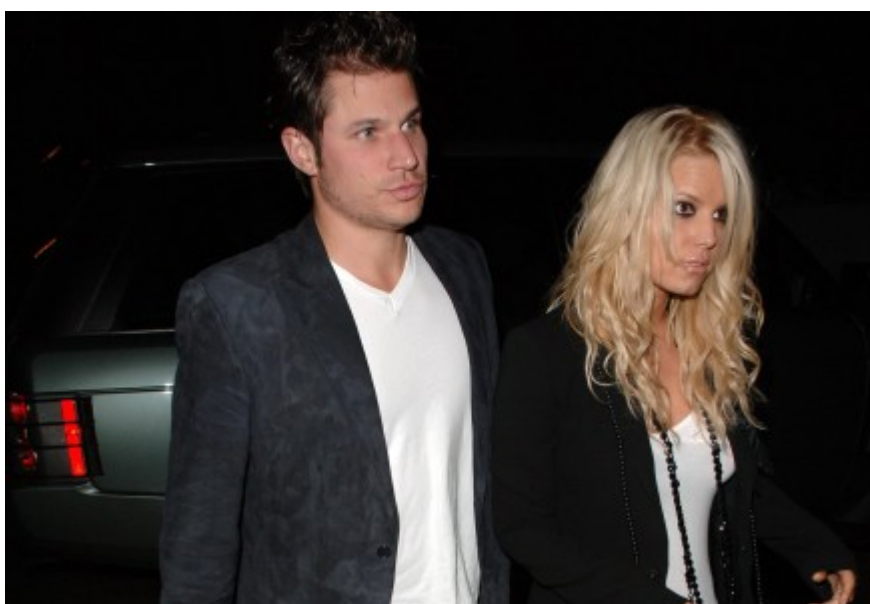
Taking things slow or slowing things down doesn’t mean you are any less in love. Couples who mutually decide to jog to the alter instead of running there are simply doing what they feel is best for them:

- 1. Only fools rush in:** Just because you’re in love doesn’t mean you have to walk down the aisle tomorrow. Take the time to enjoy each other’s company and plan your dream wedding. This moment should only happen once.

2. You know best when the time is right: Your gut feeling is almost always correct. If the only rationale you have for taking it slow is that making the next move doesn't feel right, trust yourself. There's probably a reason you're internally hesitating.

3. Love knows no schedule: Don't let anyone tell you or your partner that it's time to get married or move in together. There are no deadlines when it comes to love.

TLC's *Sister Wives* & Hubby Under Investigation



No matter what your take is on TLC's reality series *Sister Wives*, there is no doubt that Utah's most famous polygamist family has caught

America's full attention. Unfortunately, according to [RadarOnline](#), Kody Brown and his multiple wives have also caught the attention of the feds. Though bigamy is a third-degree felony in Utah, it's rarely investigated. But due to all of the publicity surrounding the show, a full-out police investigation on the Browns is underway. In response to potential legal action, the Brown family issued the following statement: "We are disappointed in the announcement of an investigation, but when we decided to do this show, we knew there would be risks. But for the sake of our family, and most importantly, our kids, we felt it was a risk worth taking."

What should you do if you love two people at once?

Cupid's Advice:

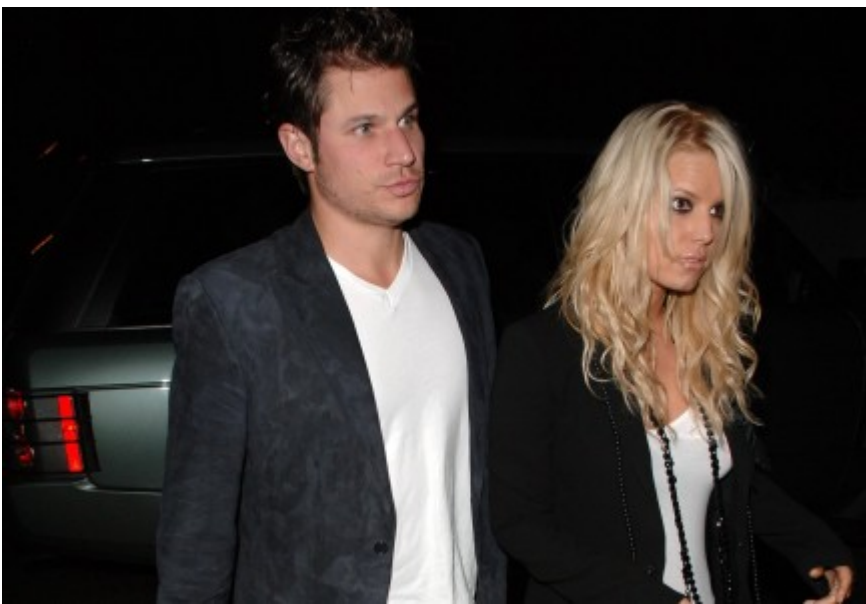
Cheating is one thing, but what if you really love two people at the same time? Cupid has some things to consider:

1. Alternative lifestyles: Whether it's for religious reasons or other moral considerations, there will always be people out there who have alternative love lives. As long as those people are happy and not hurting anyone around them, there's no reason we shouldn't accept relationships which differ from our own.

2. Making equal time: If for some reason you do end up in a consenting relationship with two or more people, the top priority must be to give equal attention to all the parties involved. If one person believes they aren't loved as much as another, it can lead to drama or depression.

3. Multiple commitments: If you don't believe in polygamy, but are in love with two people at the same time, it's time to start analyzing each relationship separately. Focus on factors outside of the love. With which mate are you most compatible? Which relationship can truly go the distance?

True Blood's Joe Manganiello to Tie the Knot



True love has found *True Blood* star Joe Manganiello. According to [People](#), the actor proposed to actress/model Audra Marie while on vacation in Italy. But this couple's romance didn't start off easily. "She wouldn't go out with me for six months," Manganiello told [People](#) in September. "We started dating a few months before I got cast [on *True Blood*]." Now the couple are anything but coy, confessing exactly what attracts them to each other. Manganiello says, "She's sweet ... nice. And she makes crazy English breakfasts," while Marie loves Maganiello's "sense of humor, his work ethic and how humble he is with everything that has gone on."

When does playing hard to get work?

Cupid's Advice:

While honesty is key in a healthy relationship, being a little coy with your emotions in the beginning may be what it takes to get the spark going. Cupid recommends when playing hard to get is a good thing:

- 1. Playing the game:** Many people treat dating like a fun game, so not letting on right away can create a pursuit that will make finding out more about you a goal your crush is striving to achieve. Bring on the excitement!
 - 2. Adding mystery:** By not immediately laying it all out there, you're leaving something to the imagination. Your romantic interest will have to ask you out again to get more info about you, ensuring a second or even third date.
 - 3. Playing it safe:** While it'll take your potential partner longer to learn more about you, it'll also take you longer to learn about him/her, allowing you to truly get to know the person you could be dating before you get too serious.
-

Daniel Radcliffe Loves the Single Life





Even though Daniel Radcliffe probably has the power to “cast a spell” over any woman he chooses, the *Harry Potter* star has vowed to remain single during his upcoming stint on Broadway. Radcliffe will be returning to the stage in “How to Succeed in Business without Really Trying,” and has told [Dazed and Confused magazine](#) that he wants to enjoy being single during the show, particularly because of his tempting cast mates. “I’ve been in relationships from the age of 14, and now I’m single,” said Radcliffe. “I said to a friend the other day, ‘Dude, I’m doing a show with dancers. I’ve got to be single.’” Radcliffe added, “He was like, ‘Don’t sleep with anyone in your own show. That’s a mistake.’ It’s good advice. But I’m not sure I’ll stick to it.”

Is there a point when playing the field goes too far?

Cupid’s Advice:

Like most fun things in life, casual dating and sex are great, but too much of a good thing can be bad for both you and those around you. Cupid has some thoughts on when dating around moves from harmless fun to harmful behavior:

1. Physically unhealthy: Carelessness during casual sex could lead to unwanted STDs or pregnancy, but no matter how much protection you use, there’s no way to protect your brain.

According to *Hooked: New Science on How Casual Sex Is Affecting Our Children*, sex causes the brain to release dopamine, which can lead to poor decision making. And oxytocin, which makes women feel a sense of trust and connection with their partner, is based on nothing, but the chemicals in their heads.

2. Mentally unhealthy: Some people deal with their fear of intimacy by refusing to get close to anyone and dating around instead. This fear stems from deeper problems, and if left unresolved, could escalate and prevent a real relationship from blossoming.

3. Addiction: Casual sex could be a mask for a burgeoning sexual addiction. According to PsychCentral.com, “a sex addict will continue to engage in certain sexual behaviors despite facing potential health risks, financial problems, shattered relationships or even arrest.”

But enough with the downsides! Casual sex and dating can be fun, and healthy for you, too – in moderation.

Married Brett Favre Accused of Hitting on Second Woman





Brett Favre may have to worry about getting sacked by more than just linebackers. The quarterback for the Minnesota Vikings has been accused twice in three days of cheating on his wife Deanna Tynes Favre, according to [RadarOnline](#). Earlier this year, sports reporter Jennifer Sterger accused Favre of sending her sexy texts and pictures, but it wasn't until last week that the National Football League began looking into the allegations seriously. Less than 48 hours after the NFL announced its investigation, an unnamed masseuse who worked with Favre when he was part of the New York Jets, accused the quarterback of repeatedly leaving steamy messages on her phone.

Is it okay to be attracted to someone other than your mate?

Cupid's Advice:

Cupid knows that it's perfectly natural to be attracted to someone other than your mate. Here's some suggestions on how to make sure the attraction doesn't turn into more:

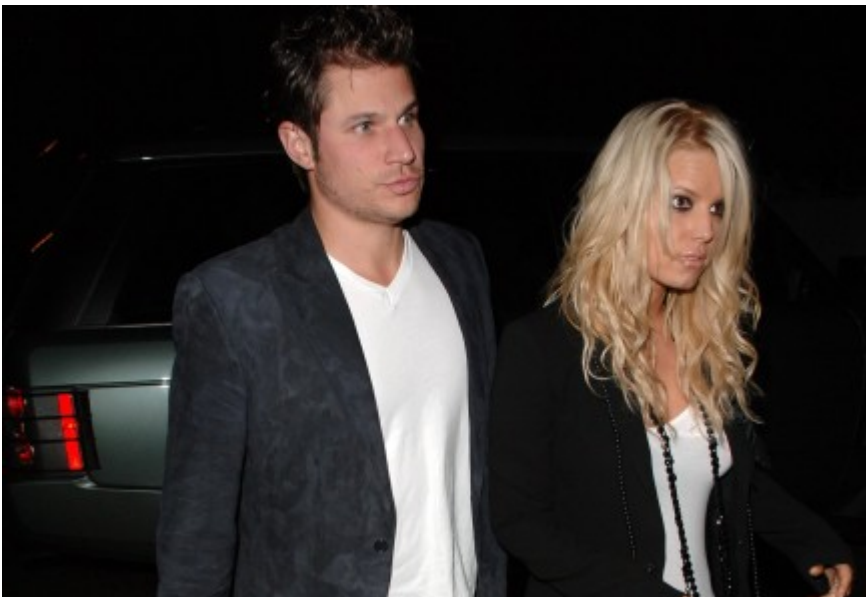
1. Keep talking: Open and honest communication is the key to success in any relationship, so knowing how you and your partner feel about attraction to others will keep suspicion and resentment out of the relationship.

2. Consider the options: If you were to cheat, what would the benefits and gains be? If you're in a healthy and lasting

relationship, the pros of a quick fling should be less than the cons of ruining your relationship.

3. Check your relationship: If the positives don't outweigh the negatives, then you should see whether your relationship needs some revamping. It may be time to have a serious heart-to-heart with your partner, or it might just be time to end things.

Single Celebrities Who Rock (and Rule)!



By Terry Hernon

MacDonald of singlewomenrule.com

A happy marriage may be among life's greatest pleasures, but there's a lot to be said for living single. For too long, single men and women have been portrayed as unlovable,

irresponsible, selfish, or childish. (The media tend to portray single celebs in their 20s as sexy, but once she – and in this case, it's usually a she – turns 30, the question, "Is there anyone special in your life?" comes with increasing frequency and feigned concern.)

It's time to celebrate two unmarried women who make single living desirable, and they're both well over 30. If you're not there yet, they'll give you plenty to aspire to; if you are, they'll give you reasons to be cheerful.

Susan Sarandon

The young woman who played the grating but endearing Janet Weiss in *The Rocky Horror Picture Show* went on to draw acclaim for her performance in *Atlantic City* and ascended from there.

She built a reputation for being the wise, sexy, and – later on – the older woman men find irresistible. (After 40, she solidified her status as a sex symbol – not a sex object – in *Bull Durham* and *Thelma and Louise*.)

And, while she's sexy, she's also one to beat the odds. According to IMDb.com, doctors Sarandon that she'd never have children. She had the last of three at 45. Today, she's 64, living on her own terms, having recently ended a 21-year relationship with *Durham* co-star Timothy Robbins.

Marisa Tomei

According to IMDD.com, this 46-year-old actress says of marriage, "I'm not that big a fan of marriage as an institution, and I don't know why women need to have children to be seen as complete human beings." Tomei does enjoy relationships, though, having dated many attractive men, most recently actor Logan Marshall-Green, who is 12 years her junior.

Since hitting it big in the 1992 comedy *My Cousin Vinny* (her

performance was ridiculed by the likes of Charlie Sheen), Tomei earned considerable respect for her work in *Welcome to Sarajevo* and *In the Bedroom*. She garnered an Oscar nomination for *The Wrestler* in 2008 and will co-star with Kevin Bacon, Steve Carell, and Emma Stone in *Crazy, Stupid, Love*, due for release in April 2011.

While Tomei's acting made her famous, what we at SWR really love her for is her work on behalf of women's causes, most notably Equality Now.

Rumer Willis Moves On With New 'Glee' Beau



Rumer Willis and beau Micah Alberti have officially parted ways, reports [People](#), but it doesn't seem to be keeping Willis down! Demi

Moore's famed daughter was spotted with new *Glee* cast member, Chord Overstreet. The duo was seen in Beverly Hills at the Night Vision presents an Evening Affair with Seth Macfarlane party holding hands and sharing kisses. The two were first spotted last week acting flirty in Las Vegas partying with Overstreet's *Glee* co-star, Mark Salling.

What are a few things you can do before jumping back into a relationship?

Cupid's Advice:

Being in a relationship can be amazing. Always having someone who is a phone call away can be hard to let go of when a relationship ends. But if you are continuously jumping into a new relationship, you may be avoiding the one relationship that may need the most work: the one with yourself:

1. Take a break: If you find that you are spending most of your time partnered up, take some time off. Going to a movie and out to eat alone can be peaceful and rewarding. Plus, you won't feel pressured to order the lighter option on the menu.

2. Learn from your mistakes: Acknowledge what wasn't working in your last relationship in order to prevent the same things from happening in your next one. Couldn't stand your old smoker boyfriend? Make sure your next one is tobacco-free. If something didn't work in the past, it won't work in the future.

3. Write it out: Sit down and make a list of all the qualities you want in a partner, as well as a list of "deal-breakers." Don't settle but be realistic. There is no such thing as the "perfect man." Keep the list in a place you'll see it, and be patient. It's often when you're not looking that you'll find someone worthy of your time.

Courtney Cox & David Arquette Split



After years of irreconcilable differences, Hollywood couple Courtney Cox and David Arquette have announced their official separation. The two have been married for 11 years. Ironically, this romance began when they met on the set of *Scream* in 1996. They now have a six-year-old daughter named Coco, whom they both adore.

As Cox and Arquette recently told [People](#), "The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage. We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together." Though this separation may appear drama-free, it seems the marriage was not. The media has reported repeated arguments in the past.

How can you put an end to the “same old fights” in your relationship?

Cupid’s Advice:

Irreconcilable differences are the number one cause of breakups and divorces. No matter how big or small these issues are, many couples tend to have the same fight over and over. In order for a relationship to grow, these ongoing issues need to be worked out:

1. Seek the advice of a third party: Sometimes all you need is the counsel of a completely uninvolved third party to help you and your partner come to a compromise. This can be, but doesn’t have to be, a marriage counselor; however, a mutual friend could also do the trick.

2. Recognize the problem: As soon as the “same old fight” begins, look for the redundancies. Write down the problem. Sometimes it’s better to see it on paper. This can be the first step to working things out.

3. Reevaluate the relationship: If after countless tries to work out your issues you are not any closer to finding a solution, then perhaps you’re not right for one another. It may be a hard thing to face, but it could be time to move on.