Michael Douglas and Catherine Zeta-Jones Step Out in NYC





Michael Douglas and

wife Catherine Zeta-Jones were seen walking around Manhattan recently, despite Douglas' struggle with throat cancer. The 66-year-old actor is recovering from eight weeks of chemotherapy treatment for the tumor found at the back of his throat. Michael Douglas, though thin, seemed to be perfectly happy. The actor even managed a recent trip to Pennsylvania to visit his son Cameron in prison. Douglas' publicist told <code>RadarOnline</code>, "He's not going everyday and not as often as he would like, but he is still visiting with him."

What are some ways to cheer up your beau during an illness?

Cupid's Advice:

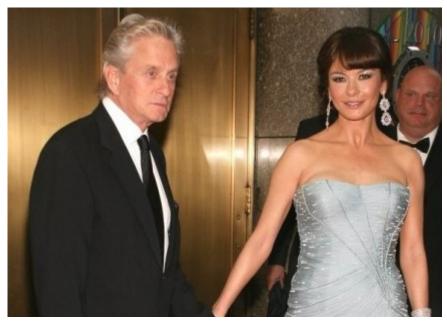
1. Bring him a book/movie: While your beau may own countless movies and an alarming amount of literature, bring him

something new. He has a lot of time to kill, and a book or movie is relaxing and entertaining.

- 2. Make breakfast in bed: Breakfast in bed never fails. If he has medicine, serve the pills as a side dish. If he's not coughing too much, you may even get a laugh out of him.
- **3. Visit him:** While movies, books, and his cell phone may keep him connected to the outside world, they are no substitute for a face-to-face visit. Visit him It's an easy way to show him that you care.

Anne Hathaway Fakes Jealousy at Jake Gyllenhaal and Taylor Swift Couple Talk





Apparently For Love

and Other Drugs star Anne Hathaway will not entertain talk of her co-star's love-life during interviews, according to <u>US</u> <u>Weekly</u>. During a press conference for the movie, questions arose about Jake Gyllenhaal and his connection to teen singing sensation Taylor Swift. Anne Hathaway took the pressure off of her co-star by saying, "You keep the conversation to me and only me or otherwise I'm going to get nasty! Thank you."

How can you avoid answering prying relationship questions?

Cupid's Advice:

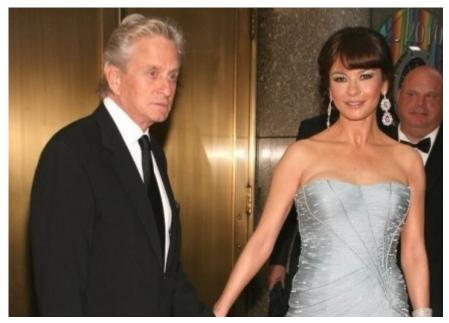
Don't fold to the pressure of onlookers when your private life is abuzz, and you're not ready (or willing) to talk about it:

- 1. Laugh it off: If a topic or question comes up that you aren't comfortable answering, give a little laugh paired with a mysterious smile and a shrug. This will send the message that your lips are sealed on the matter.
- 2. Change the subject: Segway the question at hand onto another topic. Interjecting "speaking of..." or "that reminds me..." takes the focus off of you and onto something new.
- 3. Be blunt: If all else fails, be blunt about it. "I'm sorry, but I'm not comfortable answering that," or "That's

none of your business" will get to the point when politeness doesn't.

Christina Aguilera Dating 'Burlesque' Assistant Matthew Rutler





It looks as though

Christina Aguilera is back in the dating game! Since separating from husband Jordan Bratman, Aguilera has been spotted out and about with Matthew Rutler, a set assistant from her new movie *Burlesque*. Most recently, Christina Aguilera and Matthew Rutler went on a double date with celebrity couple Nicole Richie and Joel Madden at Hollywood's SoHo House, according to *PopEater*.

What are ways to tell you're ready to date after a divorce?

Cupid's Advice:

While it's important to take time to mourn the end of a marriage, you can't stay single forever! Cupid has some advice on how to know when you're ready to date after a divorce:

- 1. You're okay being alone: Don't jump into a rebound relationship right after a divorce. Take time to grieve, and get used to being by yourself before you start dating again.
- 2. You have a support group: You shouldn't go through a divorce alone. Lean on friends and family when you're feeling low. They can also help you decide when you're ready to enter back into the dating world.
- **3. You're healthy:** Often people turn to alcohol or food to help ease the pain of a divorce. Make sure you don't overindulge too much, and wait until you're healthy before you start seeing someone new.

Thoughts from a Single 30-Year-Old





By Jessica Downey of Chicago Now's All the Single Ladies Christina Aguilera recently divorced Jordan Bratman, and she is about to turn 30 in December. I am at the opposite end of things — I just turned 30, and I have never been married (read that as I am totally and completely single).

When I was 20, I thought that I would be married or at least in a really serious relationship by the age of 30. And it's not that I think 30 is old by any means or that I had some sort of timeline but at that time, 30 just seemed so far away. I mean, 10 years is a pretty long time; plenty of time to

meet a guy, fall in love and get married.

Obviously as I went into this year, I figured out that marriage probably wasn't going to happen. Technically, it didn't take me that long to figure it out, but I mean, you really never know what can happen. But as my birthday got closer and closer, I kind of liked the idea of having a boyfriend or at least a date by my side on that day.

When the day actually came, I honestly have to say that I wasn't all that sad that I didn't have a man by my side. Actually, I wasn't sad at all. I looked around me and saw all of the amazing friends and family that went out of their way to make the day special for me. I also realized that I have accomplished a lot in life since I was 20.

Now that I am actually 30, I can honestly say that not having a significant other really doesn't feel any different than when I was 20. I mean, things around me have changed. I now live in a completely different place. Certain characteristics about me have also grown and changed, but honestly being single doesn't feel any different for me.

I am not trying to take anything away from the whole concept of finding someone that you truly love. But I do believe that there are many other things in life that you can also be happy about. Things that are important as well. And while the once 20-year-old girl thought she would be married by this time, the 30-year-old woman knows that she just hasn't met the right guy yet.

Jessica Downey is a freelance writer who writes about dating and single life in Chicago. All of her ramblings can be found on her blog on ChicagoNow.com. She also writes for badonlinedates.com and has written for examiner.com.

Former 'Girl Next Door' Bridget Marquardt: Reality Show?





Former Girl Next

Door Bridget Marguardt has a new reality television show in the works. What's her only concern? Can she and boyfriend Nicolas Carpenter keep their relationship intact? She told RadarOnline, "It's kind of fun to be able to share it with my boyfriend, but at the same time I have concerns with that as well...they always say that all these reality show couples end up breaking up and [have] lots of problems and stuff so I'm definitely listening to that and taking that into Maybe a formatted show is a better way to consideration. go." Bridget Marquardt is excited about the show and is also thrilled with her post-playboy life. She and Nicolas Carpenter, a director, hope to "...do some more horror movies together where I'm producing and he's directing and his brother is actually a writer so we kind of have a team here!"

When do you go public with your relationship?

Cupid's Advice:

It's always hard to take your relationship public, but before you tell your friends and family, consider a few things:

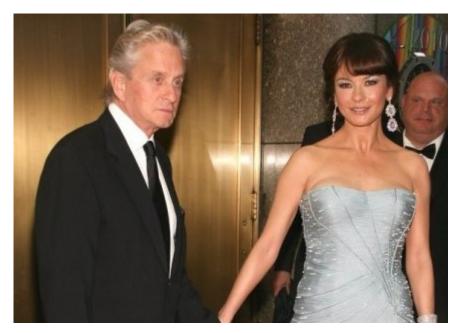
1. Your intentions: If you want only a brief fling out of your relationship, then there's no need to tell others, aside from a few close friends. However, if you hope the relationship

will get serious, then tell your family. They'll be glad you've found someone!

- 2. Time: Before you tell your friends and family, give the relationship some time. The old saying, "time will tell" is definitely true in this situation. If it seems like your relationship is becoming promising, then share.
- **3. Others' approval:** While you have the freedom to date whomever you like, having your family's approval is heartwarming. Before introducing your family to your beau, try envisioning your family's reaction. Prepare yourself for the best and the worst outcomes.

LeAnn Rimes Has No Regrets About Affair with Eddie Cibrian





After meeting on the

set of the Lifetime movie *Northern Lights* last year, LeAnn Rimes and Eddie Cibrian began an off-camera affair when they were both still married to other people. In a recent article in *US Weekly*, the country queen revealed that what happened with Eddie Cibrian is not who she is, but she refuses to live with regrets. "It happens every day to so many people," said LeAnn Rimes. "And if I take away my album sales, my words ... you have just another couple. You had two couples whose marriages didn't work who really stumbled upon each other and fell in love."

Is an affair okay if it's in the name of love?

Cupid's Advice:

Though some couples are able to work it out after an affair, most of the time an affair marks the end of a relationship. Though you have every right to fall in love with someone else, try to be fair to your partner and end your current relationship before you start a new one. Here are some things to consider:

1. Honesty is the best policy: If you have true feelings for someone else that are starting to prevail over the feelings you have for your current partner, it's time to end the

relationship before someone gets hurt.

- 2. Forbidden love: The secrecy that is often behind an affair can add some much-missed excitement to your love life. Make sure you have true feelings for your new lover and aren't just getting caught up in the excitement of it all.
- 3. We all make mistakes: It's only human to follow your heart instead of your mind, especially when it comes to love. If you do slip up, don't be too hard on yourself, but make sure to come clean to those you care about.

Katy Perry Praises Russell Brand's Spirituality





After tying the knot

in what has been a detailed four-day wedding celebration in India, Katy Perry still can't stop talking about her husband, Russell Brand. Despite the provocative teasing good-girl image Katy Perry maintains in the public eye, she tells Harper's Bazaar, "I always knew I wanted a great man of God. Someone who was going to be an inspiration for people and also be a lovely husband and father." Wait, are we still talking about Russell Brand? Apparently so. Us Weekly reports that Brand is a "deeply spiritual man and ideal dad material." And what about the 10-year age gap? Katy Perry explains, "We're at different places in our lives, but we can still grow together." With a man that's "though-provoking, articulate [and] a real advocate," it looks like clear sailing for the newlywed couple — with a few laughs along the way.

How important is religion in a relationship?

Cupid's Advice:

While Perry and Brand meet on common religious ground, does religion have to be a deal breaker? Here are a few arguments to keep in mind for your own blooming relationship:

- 1. Get your feet wet: If you and your significant other hold beliefs in different faiths, try enlightening each other about the culture and faith behind your respective religions. If you feel comfortable, attend a service and get a firsthand look!
- 2. Have an open dialogue: If your relationship is headed somewhere serious, don't be afraid about discussing spirituality. Talk about the importance of your faith. Explore the idea of conversion or allowing your relationship to follow a multi-faith path, observing both religions.
- 3. Think about the future: While kids might not be in the near future, or are perhaps around the corner, one thing to keep in mind is the future. Sure, religion might not be a problem

when it comes to the two of you, but what will happen when you add a child into the equation? Raising a child in a certain faith might be an uncompromising matter in your relationship and in the end, religion might become a problematic aspect of your relationship.

Niecy Nash in Love with Lack of Wedding Plans





Niecy Nash is in

love and wants the world to know it! The Style Network host told <u>People</u> that when it comes to planning her wedding, "The only thing I know I really want is to marry that guy." "That guy" is electrical engineer fiancé, Jay Tucker. The one other wedding detail Nash has set is who she wants for her bridesmaids, including Sherri Sheperd from *The View*. Beyond that, Nash has a lot of planning to do. "Falling in love was

easy," she says. "Planning a wedding, not so much."

What are some ways to avoid the stress of wedding planning?

Cupid's Advice:

Love is of course the most important part of planning a wedding, but the stress of finding the perfect dress, cake, and flowers will soon set in as the date nears. As the clock ticks, Cupid has some relationship advice to help you say 'no' to stress as you get ready to say your I do's:

- 1. Make a checklist: Get organized by formatting a spreadsheet or checklist to help you keep track of a budget and what needs to get done. Also, make sure you have a budget in mind as you begin to book vendors. It's easy to get out of control with your finances when it comes to a wedding!
- 2. Turn to friends: Once you choose your wedding party, let them get involved in the process. With that said, make sure you ask friends and family you truly believe want to share in your special day. Too often, people will say 'yes' to a wedding party, when in reality they would rather be doing anything else. Also, take advice from friends who recently got married. They can most likely point you in the right direction.
- 3. Hire a wedding planner: If you can afford it, consider looking into a wedding planner to handle the load. If you choose to go this route, get references or even ask the locale where you are considering having your wedding to recommend someone. Also, make it clear from the beginning what your budget is so that your planner stays in that range.

Celebrity Couples Make a Blessing Out of Interfaith Relationships





By Erika Hymowitz

Vujnovich

Chelsea Clinton/Marc Mezvinsky, Naomi Watts/Liev Schreiber, Tom Cruise/Katie Holmes and even Brad Pitt/Angelina Jolie are among the numerous celebrity couples attempting to make an interfaith relationship work. While it's nice to believe the old saying "love conquers all," there are often many challenges an interfaith couple faces. Speaking from experience, I entered into an interfaith marriage five years ago. It has taken a tremendous amount of respect and understanding between me and my husband to make our relationship work and to be able to provide a stable foundation for our children.

ABC News says that one in three U.S. couples is in a

religiously mixed marriage. However, back in June, the Chicago Family Law Blog highlighted the issue and cited data taken from a 2001 American Religious Identification Survey, which show couples in mixed-religion families were three times more likely to be divorced than those who were of the same faith. The New York Times also wrote on the issue this past summer, following the high-profile marriage of Chelsea Clinton and Marc Mezvinsky. Clinton, a Methodist and Mezvinsky, who is Jewish, pushed the issue of mixed marriage into the spotlight again.

Whether mixed-religion marriages are becoming the new norm or not, if you are in such a relationship and are questioning whether or not it can work, here are a few things to consider:

- 1. Don't ignore the differences: Religion often contributes to who we are. As such, it's crucial not to disregard religious beliefs. One of the top mistakes that couples make is that they believe their love for one another will conquer all interfaith marital problems. This is not always true. Take the time to discuss your beliefs. You may find that your partner feels the same way, or you may realize you come from completely different backgrounds.
- 2. Look for clergy counseling: If you're looking for that mixed marriage blessing, you'll want to consider speaking with clergy from your place of worship. When my husband and I first considered getting married, we immediately went to meet with my Rabbi. He was very open to the idea of us getting married, with the understanding that we will raise our children in the Jewish faith. A member of the clergy will help outline the challenges you may face as a couple as well as give advice on how to best approach your respective families, who may not be as accepting.
- 3. Think of the children: The last thing you'll want to do is make a child decide which religion they want to follow.

Before you even have children, you and your spouse should decide how you want to raise them. Lay the foundation from the beginning, and be honest with each other about your wishes. You don't want to confuse your child, but rather give them a solid sense of faith and culture. There is nothing wrong with celebrating all holidays, but make sure that as your children get older, they have a belief system.

Snooki's New BF Avoids the Spotlight





While the third

season of the *Jersey Shore* is already looking to raise our eyebrows with the addition of another roommate, Deena Nicole Cortese, one guy who we won't see shouting "T-Shirt Time!" is Snooki's newest boyfriend, Jionni LaValle. While Snooki and her *Jersey Shore* cast mates have turned their 15 minutes of

fame into consecutive seasons of their hit reality TV show, Jionni LaValle has other plans. When LaValle saw a photo taken of himself and Snooki in the tabloids, "he was less than thrilled." Snooki tells *People*, "He said, 'I don't want to be in that world, because he's trying to be a teacher and, you know, he just wants me to be me." And it only gets better! Snooki reveals that LaValle and her father "are already tight," having gained the sought-after seal of approval. With previous boyfriends looking to spill the details about their relationships to any available media outlet, LaValle doesn't seem to care for the celebrity world. He's just Snookin' for love. Why is privacy important in a relationship?

Cupid's Advice:

When you begin a relationship and everything is going well, or perhaps not so swell, it's easy to feel the need to share with anyone who'll listen. But, here are some tips as to why you should think twice:

- 1. R-E-S-P-E-C-T: Entering into relationships means letting your guard down and allowing another person to get closer. You share parts of yourself that not everyone knows, and in doing so, you both understand that these parts are personal and private just like your relationship should be.
- 2. "And Kat and Becca agree with me, too": Friends are a great support system, and after a fight they're often the first to hear every detail. And like a good friend, they'll listen and most likely support your side of the argument. But what happens when you and your significant other rehash the past and you point this out? Oops! No one likes knowing his or her dirty laundry is being aired out.
- 3. Keep it to yourselves: This relationship involves you and your partner, and that's the way you should keep it! One of the greatest things is sharing moments and experiences that no one else can. Your relationship is a serious commitment, not

a soap opera to be played out in front of others.

What Celebrity Marriages Can Teach Us About Love





Sherry

Amatenstein, LCSW, and author of *The Complete Marriage Counselor*

It sounds simplistic, but the primary key to a successful marriage, whether the couple are superstars or just plain folk, is for the pair to make each other a priority.

This advice is easy to say, of course, but hard to implement, especially when your every move is followed by Twitter, Facebook, 24/7 cable news, and paparazzi. In the case celebrity couple John Travolta and Kelly Preston, their union

endured the scrutiny that arose after a blackmail attempt surrounding the death of their autistic son. No couple is immune from trauma and strife, but they must band together in the face of the trouble, instead of becoming separate camps. Travolta and Preston exhibited grace under unimaginable sorrow and pressure, and their union seemingly emerged stronger for the ordeal.

Compare that grace to the four star bad judgment exhibited by David Arquette, by blabbing to Howard Stern about how his estranged wife, Courtney Cox, was tired of being his mother and had given her blessing to his having sex with other women. He added that sex with Cox was scheduled to some degree. Loose lips may not sink ships, but certainly can further puncture troubled marriages.

Another lesson to be gained from Arquette is his seeming unwillingness to compromise. On *The View*, he professed to love his wife, the mother of his child, but says she wants a quiet, calm life, while he (seven years younger) still wants to party. Is this really a gulf that cannot be bridged if both partners agree to give a little?

If star couples in love exhibit a little more Travolta and a lot less Arquette, perhaps the shelf life of these unions will be longer than a carton of milk!

Scott Disick Befriends Old Adversaries





Kourtney

Kardashian's beau Scott Disick is known for his temper, but as of last week, the new father seems to be making changes. Disick, 27, has frequently been caught badmouthing Kim Kardashian's best pal, Spin Crowd star Jonathan Cheeban. At a country club in New Jersey last month, Disick was overheard "...talking sh** about [Cheeban] real bad," revealed a source. Disick claimed that Cheeban would be nobody without him. The source assured RadarOnline, "Cheeban is a good guy and has turned the other cheek." Despite their differences, the two seemed friendly at Ciara's birthday bash in Manhattan. Says the source, "They seemed to be getting along great and even grabbed dinner together after the event."How can you be friends with your partner's pals?

Cupid's Advice:

Though you should always try to be friendly, rules about befriending your beau's buddies have always been a bit unclear. Here a few tips to keep the friendships involved (and your relationship) healthy:

- 1. Make your beau your priority: While it's great to make new friends, you need to make sure that your partner isn't feeling left out. Your mate is your number one priority. Don't become better friends with his buds than with him!
- 2. Don't get too friendly: While your partner will love to see you branching out and having a good time, jealousy may not be too far around the corner. Make sure your new relationships with his pals are (and appear to be) completely platonic. There's no need for silly drama!
- 3. Be cautious: It may seem like you're becoming good friends with your beau's buds, but you need to be a little cautious of how much you say around them. Their loyalty ultimately lies with your beau, and they will probably spill some of the things you reveal to them.

Katy Perry and Russell Brand's Wedding Noise Complaints





While singer Katy

Perry and comedian Russel Brand's wedding may have been all about "no regrets, just love" — for neighbors not in attendance, it was anything but a "teenage dream." The couple's wedding at the Aman-i-Khas hotel in Rajasthan, India, last week was loud enough to draw noise complaints. The hotel, which is located next to a sacred tiger sanctuary, has been charged with violating the district's laws against loud music after 10 p.m. Perry and Brand, who were free from any charges, have headed to the Maldives for their honeymoon, but managers of the hotel could face fines or jail time.

How can you make your wedding stand out?

Cupid's Advice:

While Perry and Brand may have made headline news with their extravagant wedding, getting hotel managers fined with noise complaints isn't the best way to make your marriage memorable. Cupid has some tips on how to make everyone remember your special day in a positive way:

1. Personalize: Whether you're writing your own vows or featuring a slideshow of your sweetest moments as a couple, try to include unique personal touches in both the ceremony and at the reception.

- 2. Make it about everyone: Most people focus on the bride, but there are two people getting married, and you're celebrating your love with your friends and family. Whether it's a customized groom's cake, or a choreographed dance number, try to incorporate your wedding party and particularly your new spouse into as many details as possible. Little surprises will have a big effect!
- 3. Sparkling moment: Rather than blinging out your entire wedding, save some dough by featuring one shining moment at the ceremony and reception. It could be releasing doves after the vows, or a particularly moving speech, but make sure it's something unique to the two of you as a couple, and make sure you don't overdo it. It should be a tasteful unique addition to your big day.

Heidi Montag & Spencer Pratt Reunite at Halloween





Heidi Montag and

Spencer Pratt graced the red carpet on Saturday in Las Vegas for Pure nightclub's Halloween Haunt. Pratt dressed as an alien, while Montag opted for a gold mini-dress. Former Hills star Montag, who recently caused controversy by having ten plastic surgery procedures performed in a single day, told <u>Us Weekly</u>, "I'm good. I'm just trying to focus on other things, not focus so much on my body." The couple, who have reunited after filing for divorce, are "...enjoying [their] relationship," said Montag. "I had so much going on before, I didn't have a chance to enjoy being a newlywed."

If you get back together with an ex, what are some good ways to break the news?

Cupid's Advice:

On again, off again relationships can be a drag for all of those involved. To keep your friends from rolling their eyes, try a few of these tips:

- 1. Some privacy: Don't share everything about your relationship with your pals. This way, when there is some major news, they will be more interested. If you flap your lips constantly about your beau, it can get old very fast!
- 2. Laid-back: When you do feel the need to vent about your

beau, try not to be overdramatic or complain. Your friends will be more likely to help you if you don't irritate them.

3. Be refreshing: When you have news about your relationship, try breaking it in different ways. Instead of constantly complaining, try making the story humorous. If it's entertaining instead of annoying, your friends will laugh along with you and will be more receptive to helping out.

Nick Cannon Insists Mariah Carey Wear Flats





As a result of her recent pregnancy, mommy-to-be, Mariah Carey's style is bound to experience some changes. However, according to <u>People</u>, this high-heeled diva may be switching to flats as a result of husband, Nick Cannon's request. "Basically, I got Mariah

Carey, the high-heel queen, to put on some flats. And this is amazing. I'm going shoe shopping today, needless to say, to buy you some flat shoes," Cannon announced to his wife. Carey, who is even know to travel in heels seems to be flattered by Cannon's request that she wear flats while carrying their child.

When should you make decisions for your partner in a relationship?

Cupid's Advice:

Though telling your partner what to do is rarely a sign of a healthy relationship, there are some instances where you should let it happen:

- 1. During pregnancy: Take a cue from Mariah Carey and let your beau dote on you while you're pregnant. If that means listening when he tells you lie down or if it means changing your clothing style, listen up! Keep in mind it's his child, too, and he only wants what's best for you both.
- 2. In the hospital: If you're really sick and in the hospital, chances are you aren't thinking clearly. Let your partner, who surely has your best interests at heart, help you make your medical decisions. Try to remember that your sickness may be messing with your decision making skills.
- 3. When you're drained: Sometimes when you get home from work, you're completely drained of energy. But you haven't seen your partner all day and he/she wants to spend some quality time together! That's fine and all, but give him the power to make decisions for the evening. It'll relieve the mental stress of coming up with which movie to watch or what to make for dinner. There's nothing wrong with taking a break!

Election Day Celebrity Style





By Kaitlyn Monteiro

With this year's 2010 midterm elections coming to a close today, we aren't seeing the celebrity star power that we witnessed in 2008. Make no mistake; it's not the Presedential election but it's still an important time to vote. According to experts, Hollywood is staying home this election period. Why the lack of star power now? Where's Brad and Angelina? Demi and Ashton? Whether we like it or not, these famous folks can influence public opinion. If you and your partner are ready to vote but don't see eye-to-eye when it comes to politics, there are still ways that you can make a stance while maintaining a healthy relationship:

1. One way to achieve neutral ground is by educating others. Instead of focusing your attention on who you're voting for,

put the spotlight on the traditional lack of voter turn out instead and help increase the numbers.

- 2. Stand behind a group. While Jay-Z has made it clear in the past Presidential election who he was voting for, this time around he's working with the Vote Again 2010 campaign headed by HeadCount, a nonpartisan organization that works with musicians to promote participation in democracy. Find ways to get involved with groups that share the same political viewpoint as you.
- 3. Avoid trying to change your partner's opinion. You're with them because of the person they are, not the political candidate they support. Respect that they have the right to an opinion that differs from yours. Don't ridicule your significant other's views on certain issues instead, listen and work to understand their stance.

Without becoming a political celebrity staple, celebrity couples are taking on a more open-minded and neutral stance when it comes to the midterm elections, and you and your significant other can try this out too. While issues dealt with during political elections can be the breaking point for some couples, that doesn't mean that Republicans, Democrats, and all parties alike cannot find mutual grounds in the dating world.

Gossip Girl Stars Blake Lively and Penn Badgley Split





It's official:

another cute celebrity couple has parted ways. Gossip Girl costars Blake Lively and Penn Badgley have gone their separate ways, People has learned. Reps for both of the actors have confirmed the split, even though the two were seen out in public together just last week in New York shopping for candles at Henri Bendel. While the real-life couple split just like their TV characters, unlike their Gossip Girl counter parts, the pair are remaining mum about the subject. A source says that there seemed "no sign of trouble" between the two while filming their hit show on set. Lively told Allure Magazine in an interview last month that she doesn't comment on relationships. "My anonymity is something I treasure. Wanting to be an actor and wanting to be famous are different." If only Dan and Serena felt the same.

What details in your relationship should you keep to yourself? Cupid's Advice:

Releasing private details about your relationship to the public, whether that being to your friends and family or via the paparazzi, can be tricky. Talk to your partner, and

decide together what is appropriate. Cupid has some suggestions:

- 1. Privacy levels: What may be considered personal information to one person may be just fine for public scrutiny as far as the other is concerned. Our take on private and personal information probably comes from how we were raised as children and what was disclosed in our own family settings. If you and your mate can't compromise or agree on what is appropriate, perhaps dating someone who shares similar privacy levels would work better.
- 2. Girl's night out: One of the best parts of going out with the girls is getting to dish about your beau. Full disclosure. But beware: your beau may be doing the exact same thing with his crew. A good rule to keep in mind here is to ask yourself how you would you feel if the roles were reversed? If you think you may be upset in that situation, zip your lips when you're about to say something overly personal.
- **3. TMI:** Even if you and your partner are completely open and want the world know everything about your relationship, the world may not feel the same. We've all been in that situation where you're stuck listening to someone jabber on and on about the specific intimate details of his or her relationship. Be careful you don't become that person!

Wicked Celebrity Breakups





By <u>Jessica DeRubbo</u>

Let's face it: It's not often that breakups and divorces are civil and lacking in drama. In fact, most are ridden with angry fights, jealousy and revenge. America's A-list celebs prove that theory better than any other group! Consider Bristol Palin, Courteney Cox and Mel Gibson.

Bristol Palin

After revealing that she was expecting a baby during her mom's run for Vice President, a teenaged Bristol Palin announced her engagement to baby daddy Levi Johnston. Things eventually turned sour, however, when the couple called it quits and both of their families turned to the media for revenge. Johnston bad-mouthed Palin's family in an attempt to destroy it in a famous interview with Vanity Fair. He said that Sarah Palin originally wanted to keep her daughter's pregnancy a secret and then adopt the child as her own when he was born. When the couple decided to try to make it work again recently, things went downhill pretty quickly. Bristol talked to the tabloids herself this time, claiming that she called it quits

with Johnston due to his being in an intimate music video with singer, Brittani Senser. Johnston had apparently told Palin that he was going to Hollywood to film a hunting show. Even now, as Bristol stars on this season's Dancing with the Stars, Johnston had something to say about it, remarking that she never once danced with him while they were together. Big or small, the drama won't seem to leave this couple alone! Unfortunately, with a son in the picture, the two will have to eventually make it work in a civil way.

Courteney Cox

Everyone's favorite Friends actress Courteney Cox isn't innocent to relationship drama either. Although we have yet to hear much from her camp after her split from husband David Arguette after 11 years, Arguette has been very vocal. What started out as a united statement to the media, saying, ""The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage. We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go though this process we are determined to use kindness and understanding to get through this together" quickly led to Arquette's shocking radio interview with Howard Stern. actor commented on the couple's sex life, among other things. ""We're not having sex, and I completely understand," he "She's in a place of wanting to be real and emotional. She's an emotional being. She's an amazing woman. doesn't feel right, she doesn't feel like bonding in that way." It's been reported that Cox is more than unhappy about her former flame's big mouth (I know I definitely don't blame her!), but it remains to be seen where the two will go from It's so sad when a celebrity couple who seems to have it all together shocks us with buried anger and bitterness!

Mel Gibson

And then, of course, there's the case of Mel Gibson. After

being married for 28 years to Robyn Gibson, Mel left his wife for Russian entertainer, Oksana Grigorieva. The couple dated for two years before breaking up, at which point Gibson allegedly lost it and began leaving abusive messages for his ex. The crazy messages were recorded and eventually leaked to the public. In them, Gibson uses explicit language and is very hostile toward Grigorieva. At one point, he says, ""You're a f—ing mentally deprived idiot. You're a f—ing using whore ... I own you." At another point, Grigorieva says, "You control me, like marionette ... I walk on eggshells with you." Fighting words! The duo have been in a legal battle ever since. Personally, I'd want it all over and done with as quickly as humanly possible, wouldn't you?

Drama, drama! Some celebs just can't avoid it. And when you add an anger-ridden break-up or divorce into the picture, A-listers seem to lose all control.

Justin Timberlake Reportedly Caught Cheating





Justin Timberlake

reportedly cheated on his main squeeze, actress Jessica Biel. According to <code>Us Weekly</code>, the singer/actor was fooling around behind Biel's back with actress Olivia Munn this past September. Munn is best known as a <code>Daily Show</code> correspondent and stars in the upcoming NBC series <code>Perfect Couples</code>. According to an insider, after exchanging numbers with the actress, he "started chasing her immediately." The source also adds that Munn resisted his advances, telling him it was a no-go if he was still with Biel. But Timberlake "has been telling people it's over with Jessica, even though the reality is he's just doing it behind her back." Timberlake's rep says the accusations are false, while Munn's rep refuses to comment on her personal life. It seems a lot of celebrity relationships are heated these days!

How can you resist the cheating temptation?

Cupid's Advice:

While we don't know for certain the details behind Justin Timberlake's apparent cheating escapade, many men and women in relationships will often find themselves staving off the temptation to cheat. Cupid has some advice to help you work through the urge:

- 1. Explore your feelings: Ask yourself why the temptation is there in the first place. While there is nothing wrong with a wandering eye or some harmless flirting, if you find yourself wanting to take it to the next level, your so-called relationship might not be as strong as you originally thought.
- 2. Think of the future: Before you cheat, take a moment to think about what the future could hold with your partner or spouse. Is it really worth giving up a wonderful life with someone special just for what you may consider the thrill of cheating?
- 3. Consider the consequences: If you cheat, whatever relationship you're currently involved in will most likely end badly. There is nothing good to come out of cheating, and the devastating consequences could hurt not only your significant other, but also your family and children (if there are any in the picture).

Did Marilyn Manson Help Raise Evan Rachel Wood?





Although odd couple

Marilyn Manson and Evan Rachel Wood have officially called it quits, their bond remains strong, according to <u>Us Weekly</u>. The 23-year-old actress told <u>Nylon Magazine</u> that she still feels close to ex Marilyn Manson, 41, because he, "had a hand in raising me." The two have had an on-again off-again relationship since meeting in 2006, including an engagement that lasted for seven months in 2009. Despite their recent split, Wood says she'll always have affection for Manson. "I'm always gonna love that guy. He's a genius, he's an amazing artist, we're still friends. Some things just aren't meant to be."

What are the benefits of dating someone much older than yourself?

Cupid's Advice:

While Marilyn Manson and Evan Rachel Wood's father-daughter relationship is a little out of the ordinary, there still are benefits to dating someone much older. Cupid has some ideas about why you should try going out with someone in a different age bracket:

1. Learn something: If the person you're dating is much older,

they probably have a lot of life and love experiences that you haven't. Take the opportunity to learn everything you can from your older and wiser partner.

- 2. Show me the money: Not to be materialistic, but if you're with someone who is considerably older than you, chances are they have had the time to accumulate a bit of cash. Enjoy the fruits of your mate's labor, and let them treat you!
- **3. Better with age:** Maturity comes with age, so dating someone older inevitably means less video games and fart jokes. And that's a good thing.

Are Taylor Swift and Jake Gyllenhaal a Couple?





Country crooner

Taylor Swift and hunky actor Jake Gyllenhaal are the center of many celeb relationship rumors as of late. The pair have been spotted together multiple times around New York City, reports <code>E! Online</code>. The duo was first seen flirting backstage at Saturday Night Live, which Swift's pal Emma Stone was hosting. The weekend continued with a romantic stroll through Brooklyn's Park Slope area, and they were later spotted doing lunch with Stone at Al Di La restaurant. At lunch, Swift was uncomfortable and spoke rarely. Gyllenhaal, however, was beaming, talking to waiters and cracking jokes. The pair seems to be sending mixed signals. Is this a PR stunt or real infatuation?

What are some signs that you are more than just friends?

Cupid's Advice:

When dealing with insecurity and stress, it's hard to cross the friend boundary. To help ease your worries, here a few tips to help you decide when the time is right to take the plunge:

- 1. Physical attraction: If you and your "friend" find yourselves hugging more than usual and holding hands when usually you only pat each other on the back, then something has probably changed in your relationship. Friendship with active physical attraction is on its way to more than that.
- 2. Discomfort: Hanging with your pal should be fun and easy. If you catch yourself worrying over your makeup and an outfit, then chances are you have some hidden feelings for your friend.
- 3. Frequent calls/texts: If you and your friend talk or text constantly, then you are both thinking of each other a lot. Your pal is constantly on your mind and vice versa. This could mean that the two of you care more for each other than you initially thought.

Top 10 Celebrity-Inspired Halloween Costumes





By Kari Arneson

Lady Gaga

It seems impossible that just a couple of years ago, no one had ever heard of Lady Gaga. Now the international pop superstar is one of the most stylish and controversial stars of her generation. But for Halloween, which outfit (out of thousands) should you choose? Try some of her most well-known, like the blue swimsuit from her "Poker Face" music video or one of her famous VMA outfits. Warning: Be careful with the meat dress.

The Bachelor

This is the perfect costume for the single guy looking for

love. All you have to do is put on a nice suit and some hair gel, and you're good to go. And don't forget the most important part of the costume: roses. Hand them out to the cutest girls at the party.

Katy Perry

Nostalgic for the summer? Now that the weather's turned cold, celebrate summer 2010 with the artist who delivered its biggest hit. Dress like Katy Perry in her candy-themed "California Gurls" music video with a blue wig, candy-covered dress and, if you're feeling adventurous, some whipped cream, too!

Sarah/Bristol Palin

Is teen activist Bristol Palin becoming more famous than her political mom? The teen mother is on this season's *Dancing With the Stars*, the #1 show on TV, and has millions of fans across the country. If you want to go the more traditional route, go with the now-classic Halloween costume: Sarah Palin. Hey, it worked for Tina Fey!

Edward Cullen

One of the most popular book series of the past decade, the *Twilight Saga*, has produced three blockbuster movies so far, rocketing its actors to superstardom. Robert Pattinson plays the brooding vampire, the romantic lead and the subject of many a teen girl's fantasies. Get the look with some white makeup, a gray peacoat and a bouffant hairdo. All you have to do now is practice your pout. Add some fangs if you're feeling daring.

Jersey Shore couple

Although they may not be an actual couple, The Situation and Snooki are undoubtedly the breakout stars of MTV's Jersey Shore. Besides the obvious GTL (gym, tan, laundry), get

Snooki's poof with lots of hairspray or a wig. For the Situation, three words: abs, abs. You might need some time to prepare for that one...

Justin Bieber

While the Biebs was blowing up the charts this year, Halloween costume-makers were busy making, you guessed it — the Justin Bieber wig. All you need to complete this costume is some baggy jeans, sweet kicks, and the hair. Screaming 12-year-old girls are optional.

Kim Kardashian

This reality TV bombshell is one of the most talked-about celebs on the planet. With her hit show Keeping Up with the Kardashians under her belt and the new Kourtney and Kim Take New York coming soon to a living room near you, the curvy brunette is a perfect costume idea. Try a wig or extensions to get Kim's long dark locks, a bandage dress, and if you need it, a little help in the chest area will complete the transformation!

Mad Hatter

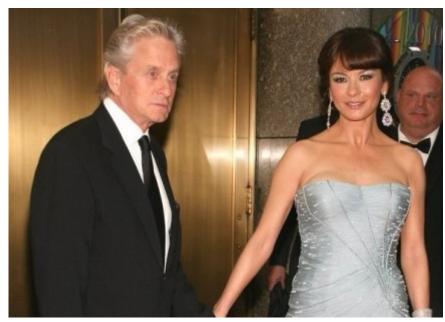
If you're a fan of Johnny Depp and/or huge top hats, this is the costume for you. Replicate the iconic character played by Depp in this year's Alice In Wonderland with a tall, raddylooking hat, long pinstripe pants and a colorful blazer.

Avatar

So a tall blue alien with long hair and very little clothing might not be the most traditional costume, but will no doubt be the most recognizable. Avatar, the highest-grossing movie ever made, came out last year and the Na'avi people featured in the movie are still all the buzz. You can find plenty of blue body paint and full Avatar costumes at most Halloween stores.

Surprise! Janet Jackson is Not Engaged





The rumor mill may

be rampant with talk of Janet Jackson's engagement to boyfriend, Wissam Al Mana, but the rumor has turned out to be false. According to <u>Us Weekly</u>, the singer set the record straight at the New York premiere of *For Colored Girls*. In spite of the fact that her beau has yet to pop the question, he did take his lady for a romantic vacation in Sardinia this summer. Marriage or no, it looks like Al Mana treats his lady like a queen. How can you surprise your mate?

Cupid's Advice:

Saying, "Honey, I'm home" at the same time each day isn't much of a surprise. But, doing something out of your normal routine helps keep a relationship interesting. Though

surprise vacations are always nice, ordering takeout instead of cooking can also qualify.

- 1. Make your mate feel special: In this case, it really is the thought that counts. The fact that you planned something different to surprise your mate just may be all your partner needs to feel special.
- 2. Flowers and candy: Sometimes keeping romance simple and traditional is all you need to spice things up. Send flowers to her at work so that she blushes as all her coworkers look on with jealousy.
- **3. Keep things fresh:** If you haven't done it, it's new to you. Start pursuing a unique hobby together or take a trip somewhere neither of you have ever been, even if it's close to home.

Modern Family's Sofia Vergara and Beau Step Out Post-Accident





Modern Family's

Sofia Vergara and her boyfriend, Nick Loeb, were seen out together last night. *RadarOnline* reports that this is the first time since his terrifying car accident that the couple has been seen in public. The two were spotted leaving Madeo restaurant in Beverly Hills. Loeb, 35, was using crutches as part of his recovery from his car crash in Bel Air, California earlier this year. After the accident, Loeb was rushed to UCLA Medical Center's intensive care unit. He suffered from a broken leg, pelvis and a deep cut to the chest. A former Flordia politician, he was by himself when the accident occurred. Vergara and Loeb began dating earlier this year. What can a near-death experience teach you about your relationship?

Cupid's Advice:

If you ever needed a reason to be thankful for the one you love, a near-death experience is just that. Nothing's worse than realizing that your loved one may not be with you the next day. These experiences are scary indeed, but they also leave you a little humbled:

1. Forever yours: Sometimes a near-death experience makes you put your life into perspective. Suddenly the issues that were plaguing you yesterday don't mean anything today. People tend

to take that time to reflect on what and who means the most to them. They also learn to let the little things in their relationships go, because they're simply not important.

- 2. Cutting to the chase: Your loved one almost dying is a life wake-up call. If you're dating somebody, the experience may help you realize that he/she is the love of your life. On the other hand, it might also teach you that you deserve someone better. Now that you realize how your life can change in an instant, don't you want to change it for the better?
- **3. Getting closer:** Once the general shock of a scary experience wears off, a couple's bond can become stronger. If one person needs some extra help during his/her recovery, the added one-on-one time with your partner will show him how much you care. Playing nurse for your beau will show him how much you care.