

Celebrity News: First Black 'Bachelorette' Rachel Lindsay Hopes People 'Rally Behind' Her



By [Ma](#)

[llory McDonald](#)

The newest [celebrity news](#) is the announcement of the next *Bachelorette*, Rachel Lindsay, who is the first black *Bachelorette*. [People.com](#) recently reported that she announced on Monday night that she would become the new *Bachelorette*. Lindsay went on *Good Morning American* on Tuesday and spoke about the decision, saying, "You know, I haven't been on social media so I haven't seen that much, but the cast members that I was on the season with have been great. Family

and friends have been wonderful, too. I'm just glad I don't have to keep it a secret anymore! I was excited that they asked me to do it, but I was also equally nervous," she said. "But then when I started to weigh out the pros and the cons, I decided that this was too good of an opportunity to turn away." We cannot wait to see what she has in store for next season!

There's a new *Bachelorette* in town! What are some ways to know if someone is pursuing you for the right reasons?

Cupid's Advice:

Listen to this [dating advice](#) to know if someone is into you for the right reasons:

1. Eye contact: A person who gives you constant eye contact and can look you in the eye when having those deep conversations is one you want to keep in contact with. It's a great sign that you're on the right track!

Related Link: [Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date](#)

2. Constant effort: To know that a person is into you for the right reasons can be difficult, but if they aren't putting in constant effort to make the relationship turn into something more, this could be a big red flag.

Related Link: [Find Out Why JoJo Fletcher & Jordan Rodgers' Celebrity Wedding is Still on Hold](#)

3. Communicating: Not just communicating when you are together, your partner should be communicating when you aren't

together and should be telling you exactly what their intentions are and what they are looking for.

How do you know the person pursuing you was in it for the right reasons? Comment below!

Date Idea: Most Romantic Destinations In the U.S.



By

[Delaney Gilbride](#) & Linda Guma

If you're lucky enough to have some time off this coming President's Day weekend, what better way to celebrate the

coming and going of Valentine's Day than by indulging in some travel and exploration with your honey? Traveling abroad can get expensive and time-consuming, and not all of us have extra money and vacation days to spare. Although places like Venice and Paris are known for their European romance and charm, you can find that same feeling right here in the United States.

Who says you have to be in Paris to french kiss? Here's some [dating advice](#) on the most enchanted travel destinations in the U.S.

1. Niagara Falls (NY): Niagara Falls, known as the Honeymoon Capital of the World, is an ideal romantic spot. One of the many [date ideas](#) for Niagara Falls includes taking a classic Maid of the Mist boat tour with your lover and be captivated by the breathtaking view of the waterfalls. You can also engage in some other fun activities, like going on a Niagara wine tour.

2. Poconos Mountains (PA): Whether or not you've just tied the knot, the Poconos is a spectacular destination. The Mountains were home to the first honeymoon resort in 1945. As part of its intimate tradition, Poconos has a famous heart-shaped whirlpool bath for two, as well as many world-class spas.

Related Link: [Top 5 Most Traveled Celebrity Couples](#)

3. Key West (FL): Surrounded by history, art, and culture, Key West is the southernmost city of the U.S. and an excellent couples' [romantic getaway](#). Enjoy a magical tour of the city during the day and take advantage of the upbeat nightlife. Conclude your day with a passionate and awe-inspiring view of the sunset in Mallory Square, where people gather for the sunset celebration.

4. Malibu (CA): An iconic American destination, Malibu is home to an array of public beaches. Enjoy some delicious seafood on the beachfront while bidding the sun farewell for the day or visit a winery in a chateau. Take advantage of an entertaining [date night](#) by hitting up a blues bars, dance hall, or martini lounge.

Related Link: [Dating Advice: 7 Things to Remember While on Vacation with a New Love](#)

5. Rocky Mountains (CO): If you and your partner are outdoor fanatics, you definitely don't want to miss out on the spectacular landscape of the Rockies. Your trip can be amorous, yet adventurous. Reconnect with your partner and discover peaceful solitude in an intimate cabin. Then escape into nature while surrounding yourself by untouched beauty as you venture off for a hike on Mount Elbert, the range's highest peak.

Got any other suggestions for romantic American destinations? Share your ideas below.

Celebrity Break-Up: Paris Jackson & BF Michael Snoddy Call it Quits





By [Wh](#)

[itney Johnson](#)

It looks like Paris Jackson is back on the market...for now. As confirmed by [UsMagazine.com](#), the aspiring actress, who is set to appear in Fox's new series *Star*, recently split from her boyfriend of less than a year Michael Snoddy. Speaking about the [celebrity break-up](#), an insider said, "It appears that Paris and Michael have parted ways for now, but their future is uncertain. She is doing well, enjoying being on set and focusing her energy on the opportunities ahead." Just last month, the former [celebrity couple](#) enjoyed a romantic trip to Paris, France. Only time will tell what the future holds for this celebrity relationship!

Paris Jackson is focusing on her career following her celebrity break-up. What are some ways to cope right after a hurtful

split?

Cupid's Advice:

1. Work, work, work: The worst thing you can do is sit around and mope about your split. Take a cue from Jackson and throw yourself into your career instead. Accept an extra project or two. Offer to work overtime. Who knows – your efforts may even pay off with a promotion or raise!

Related Link: [Celebrity Couple Paris Jackson and Chester Castellaw Look Happier Than Ever](#)

2. Find a new hobby: Have you always wanted to learn Spanish or take up rock climbing? Maybe you want to sign up for a cooking class or take painting lessons. Now's the time! Use your break-up as an excuse to focus on what's most important: *you*.

Related Link: [Celebrity Break-Up: Kylie Minogue & Fiancé Joshua Sasse End Engagement](#)

3. Plan a trip: Sometimes, the best way to get over heartbreak is to distance yourself from it. Get out of town – literally! Escape the winter blues, and head to somewhere sandy and sunny. It's impossible to be sad while you're wearing a new bathing suit and sipping a strawberry daiquiri on the beach.

Got any tips for dealing with a break-up? Tell us in the comments below!

Celebrity Couple News: Michael Phelps & Wife Nicole Johnson Enjoy Rare Night Out



By [Wh](#)

[itney Johnson](#)

According to [UsMagazine.com](#), professional swimmer Michael Phelps and wife Nicole Johnson Phelps recently enjoyed a rare night out. The parents of nine-month-old son Boomer were spotted at the Giving Back Fund's 8th annual Big Game, Big Give Super Bowl charity event, presented by BB0 Poker Tables, in Houston, Texas. The [celebrity couple](#) secretly wed two months before Phelps competed at the Rio Olympics this past summer.

This celebrity couple is finally making an appearance in public! What are some ways to know it's time for a date night?

Cupid's Advice:

As all new parents know, finding time for a date night is tricky but always worth the extra effort. If you, like this celebrity couple, rarely have time alone with your significant other, you may be in need of a date night. Check out this [dating advice](#) from Cupid:

1. You feel disconnected: It's easy to get caught up in the craziness of spending long days at the office, getting your kids to school and soccer practice, keeping your house clean – the list goes on. Remember that relationships need attention too, and make an effort to spend a little one-on-one time with your partner.

Related Link: [Olympian Ryan Lochte Says He's 'Always Looking' for the Perfect Girl](#)

2. You can't remember the last time you got dressed: If you're a new parent, you surely understand the haze of midnight feedings, sleepless nights, and fussy babies. It's common to go days or even weeks without getting dressed or doing your hair and make-up. A date night is the perfect reason to give yourself –and your partner – some much-needed attention.

Related Link: [Celebrity Video Interview: Olympians Meryl Davis and Charlie White Dish About Their Love Lives!](#)

3. You always make an excuse: “We’ll go out to dinner next week.” “Let’s wait and plan a date night for Valentine’s Day.” “Our anniversary is coming up – we’ll do something then.” Do

any of these phrases sound familiar? While it's tempting to push date night to the back burner, it's just as important as grocery shopping and brushing your teeth. No more excuses!

How do you know when you and your partner need a night out? Share your best love advice in the comments below!

Dating Advice: How to Avoid Holiday Weight Gain!



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert and fitness guru Tracy Campoli to offer their best [dating advice](#)

for those trying to maintain their weight during the holidays. Learn how you can stay fit this Valentine's Day with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Start off right. Eat a healthy breakfast, it's the best way to start off the day. You'll feel good throughout the day if you eat something nutritious. This way you'll crave healthier food for the rest of the day.

Related Link: [Dating Advice: How To Handle a Bad Date?](#)

2. Calm down. Don't freak out if you notice you've gained some weight. You're busy and stressed enough, you don't have to worry about your body too. Take a moment to meditate, and don't be afraid to reject unhealthy food.

Related Link: [Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!](#)

3. Mark calendars. Write down the time you want to dedicate towards working out. Putting it down on paper will make you accountable. Be realistic with your fitness goals also, you're not going to work out extra during a busy holiday schedule.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Dating Advice: How To Handle a Bad Date?



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Jen Kelton to offer their best [dating advice](#) for those who have experienced disastrous dates. Learn how you should handle a bad date with the following dating tips!

Dating Advice That Will Help You Find Love Online

- 1. Go offline.** Screen your potential date, especially if it's someone you've met online. Make a point to communicate with

them offline, either through phone call, video chat, or text. From the conversations you have, evaluate whether it's a good idea to meet this person face-to-face.

Related Link: [Dating Advice: What Attracts a Man?](#)

2. Be polite. Make a graceful exit if you're having a bad date. You don't really know this person or what they're capable of, so don't make a scene. Just quietly run for the hills. You also want to be polite because you wouldn't appreciate it if someone was rude to you after a poor date. Be candid, don't waste their time.

Related Link: [Your First Trip Together? 10 Packing Tips](#)

3. Say something. If you're upset or uncomfortable with something that is going on during a date, bring it to their attention. Make sure you're not chastising your date, use humor if you have to- but don't sit there unsatisfied if your date is neglectful or rude. If they don't respect what you have to say, it's okay to remove yourself from the situation.

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Dating Advice: What Attracts a Man?



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Mr. Locario to offer their best [dating advice](#) for those looking for love online. Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Appearances, duh. This shouldn't be a surprise to anyone, but appearances matter when it comes to attracting a man. You don't have to look like a super model, just look your best when you go out. When you're put together, men will notice and gravitate towards you more. Don't stress yourself out too much.

Related Link: [Dating Advice: Best Online Dating Tips From a Dating Strategist](#)

2. Good attitude. Men like being around people who have pleasant attitudes. Your behavior and energy are definitely analyzed before a man pursues. Even if you reject a man, if you do it nicely- he'll appreciate that. Nobody wants to be treated badly, especially not in the dating scene.

Related Link: [Single in Stilettos Show: 5 Signs He's Interested in You](#)

3. Success is key. Those who are successful and goal-oriented are found very attractive. Men like seeing women have their own hobbies and careers. They'll want to build with someone who already has things going on in their lives. A good man wants to support, not be relied on completely.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Dating Advice: Best Online Dating Tips From a Dating Strategist





On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert and dating strategist Damona Hoffman to offer their best [dating advice](#) for those looking for love online. Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Love Online

1. Communicate before meeting. Go beyond the instant messaging systems on dating websites. Make moves for conversations over the phone or through text. This gives a better sense of who you're talking to so you don't paint a picture of somebody that doesn't exist. Romance doesn't start online, it happens in person.

Related Link: [Dating Advice: How Long Will It Take Until I Finally Meet The One?](#)

2. Tell the truth. Be honest with how you present yourself. Don't dabble in false advertisements. It's a disappointment to those you meet in person if you don't meet their expectations. It's also a bad idea to lie about your age online. If you're not being contacted online for dates, then be more proactive and send out messages of your own.

Related Link: [Dating Advice: Best Online Dating Photo Tips](#)

3. Be more inclusive. When searching online, it's easy to narrow down the qualities you want- so your dating pool ends up being very small. Lighten up on your criteria and be open to meeting people who don't match your list completely. It's more important that you find someone who shares your values and beliefs.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Dating Advice: How Long Will It Take Until I Finally Meet The One?





On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Arica Angelo to offer their best [dating advice](#) on how long it should take for you to meet "the one." Learn how you can improve your chances at finding love with the following dating tips!

Dating Advice That Will Help You Find Your "One"

1. Pay attention. Look at the people around you. Don't rely on dating apps to find someone, it distracts you from people you see in your daily life. Pay attention and observe the relationships around you- you never know who is nearby checking you out. Sometimes your lover is the guy you kept in your friends circle.

Related Link: [Dating Advice: How to Meet Men if You're Shy!](#)

2. Be thankful. Appreciate the dates you do have. Don't be negative and complain about what your date didn't do right. If

you have frequent dates, you should be grateful for that. You're spending time with someone who's interested in you and you're connecting with them. That's a beautiful moment, be thankful for it.

Related Link: [Relationship Experts Talk Capturing His Attention \(In Person!\)](#)

3. Find focus. Determine what kind of love you want and stick to it. Don't settle for less or let your circumstances affect your dating life. Be careful though, your desires could be too rigid; a list can write off eligible candidates. Make sure the qualities you want in a partner stem from love and not fear.

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For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity News : 'The Bachelor' Alum Lauren Bushnell Celebrates Birthday in Mexico Without Ben Higgins





By [Wh](#)

[itney Johnson](#)

Is there trouble in paradise? [The Bachelor](#) alum Lauren Bushnell recently celebrated her 27th birthday in Mexico without one special person by her side: fiancé [Ben Higgins](#). According to [UsMagazine.com](#), the reality TV star jetted off to the beach with her family for a week of fun in the sun. Higgins shared a sweet birthday message on Instagram and also responded to recent [celebrity news](#) and break-up rumors, writing, “[J]ust know as @laurenbushnell celebrates her birthday tomorrow I am still extremely lucky to be able to share life with her and be by her side.” Fans first began speculating about a celebrity break-up when Bushnell spent a girls’ weekend in Nashville without her 4.25-carat Neil Lane engagement ring – which is noticeably absent in her Instagram posts from Mexico as well.

In celebrity news, this turn of events has us wondering about

Lauren and Ben's relationship. What are some tell-tale signs that things aren't going well in your relationship?

Cupid's Advice:

Based on this celebrity news, it's hard to know if this celebrity couple is headed for the altar or headed for Splitsville – but luckily, it's easier to tell if your own relationship is on the rocks. Here are three signs that things aren't going well in your love life:

1. You're spending less time together: If you and your partner are spending more time apart than together, there's a chance your relationship is headed towards its end. It's good to have separate interests, but you shouldn't use those hobbies as an excuse to be away from each other.

Related Link: [Celebrity News: Lauren Bushnell Says When She'll Marry Ben Higgins is the 'Million Dollar Question'](#)

2. You argue constantly: It's one thing to have a fight every now and then; it's another if all of your discussions turn into yelling matches. Relationships are all about communication, so a failure to do so in a civilized manner is a tell-tale sign that things are headed in the wrong direction.

Related Link: ['The Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding](#)

3. You no longer make each other happy: If you're choosing to be in a relationship with someone, you should feel like the best version of yourself when you're around each other, plain and simple. Instead, if you're often stressed and unhappy

because of them, it's time to reevaluate your partnership.

Cupid wants to know: What's another sign that your relationship isn't going well? Tell us in the comments below!

Dating Advice: How to Meet Men if You're Shy!



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Thomas Edwards, Jr. to offer their best [dating advice](#) for those shy girls who want to meet someone new. Learn how you improve your love life and become more outgoing with the following dating

tips!

Dating Advice That Will Help You Meet a Guy Even If You're Shy

1. Stand out. Wear something that is unique. It can be a cute accessory, a bright dress, or an intricate hairstyle. If you have something on your person that looks nice, it can serve as a conversation piece and help you meet someone. Stay away from black also, that's a "blend in" color.

Related Link: [Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love](#)

2. Go for hobbies. If you're a shy person, try picking out special-interest activities. This way you'll be able to meet people who have the same hobbies and aspirations as you. Not only will you be surrounded by like-minded people, but you'll also feel comfortable having conversations you're knowledgeable on.

Related Link: [Single in Stilettos Show: How to Have the "Exclusive Relationship" Talk with Him](#)

3. Start early. If you wait until nighttime to go outside and date, you'll end up competing with others doing the same exact thing as you. So start earlier in the day if you want to increase your chances in meeting someone. This is also great practice if you're a shy person that's nervous about competing.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

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Dating Advice: 5 Reasons Why Men Text Instead of Call



By [Jessica DeRubbo](#)

[Jessica DeRubbo](#)

“Wanna go out tonight?” may be a simple text that most men feel is harmless, but it’s something that drives women nuts. What happened to the days of in-person conversations, or perhaps picking up the phone and calling, so you can get to know people, hear their voices, and truly sense how they are feeling? It seems that texting is no longer a trend and has become the norm, and it is getting on the nerves of women everywhere!

The question is, “Why do men text instead of call?” Cupid did some digging for [dating advice](#), and here are five iron-clad reasons:

1. It's quick and easy: If it comes to simple things like what time the two of you are meeting up, or where to go for dinner, shooting off a text takes a lot less time and effort than an actual phone call. Julie Spira, creator of [CyberDatingExpert.com](#), agreed with this idea, saying that many men are busy executives and don't have time to hold an over-the-phone conversation. Sending a text takes less than a minute. Also, it takes away some of the pressure of having to come up with a plan instantly, since through texting, you have time to sit and think about what to type, as opposed to an awkward silence over the phone.

Related Link: [Dating Advice Q&A: What Does Texting On A Date Say To Your Partner?](#)

2. They are copying women: A few men gave Cupid their opinions on why they opt to text now-a-days rather than calling, and a common response we received was that they are simply following what they see women do. Dan Nainan, a comedian/actor, claims that it seems like the only way to ask women out is through text messaging, because no one wants to talk on the phone anymore. So, if guys are copying what they are seeing, maybe women need to stop sending the wrong message, and start picking up the phone once in a while instead of sending a text.

3. Fear of rejection: Just like women, men fear rejection, and what's more embarrassing than making the effort to pick up the phone and call a girl, just to be turned down? Many women seem to forget how intimidating dating is, especially for guys. Dr.

Zach Hill, of AdultDatingHistory.com, explained, saying, "Dating can be intimidating, and hiding behind the screen of a cell phone makes conversations less intimidating. Telephone calls with someone you are not comfortable with just yet are just as intimidating. When you text someone, you have time to think about what you are going to say, how you are going to word it, and you have the advantage of looking it over to make sure everything sounds right. Whereas when you make a phone call, you are put on the spot to speak, and the idea of fumbling your words, saying the wrong thing, speaking too fast or slow, or any other option that may make you appear like an "idiot" is much more probable." I guess when you see it from this perspective, women can get a sense of why men do text instead of call.

Related Link: [Dating Advice Q&A: Is It Appropriate to Play Hard to Get Via Texting?](#)

4. They don't know it bothers you: If you allow men to continue texting, and you don't say anything about it, then why would they feel anything needs to change? There are easy ways to get your point across, without being too direct. Carole Lieberman M.D, a psychiatrist, says that in order to have your guy call instead of text, simply respond to their text with something cute like, "Hey, would love to hear your voice, give me a call." This will give men the confidence to pick up the phone and actually call.

5. Men think it's okay to text: Because texting has become such a common part of everyday life, men have started to think it's fine to just text women instead of calling. Dave Grossman, of CanoodleOnline.com, says, "In this era of text messaging, men have decided it's OK to text the women they are dating," and he even admits to doing this himself, but has now become more cautious of it. It's hard to break a habit that has become a part of everyday life, so women need to try to break men from this habit by showing them how much more personal a phone call can be.

Why do you think men choose to text instead of call? Share your thoughts with us below!

New Celebrity Couple: 'This Is Us' Star Chrissy Metz Goes Public with Boyfriend Josh Stancil



By [Whitney Johnson](#)

Over the weekend, *This Is Us* star Chrissy Metz introduced the

world to her boyfriend Josh Stancil at *Entertainment Weekly's* SAG Awards party in Los Angeles. According to UsMagazine.com, the [celebrity couple](#) met through a friend and have been dating for a couple of months. The breakout TV star couldn't hide her happiness as she walked the red carpet with Stancil, who is reportedly a cameraman on the hit NBC show. Last month, she opened up about her new beau and their [celebrity relationship](#), saying, "He's an amazing guy. He's super supportive and encouraging, and that's all I could ask for. And he's definitely a fan of the show."

This celebrity couple is making their relationship public! What are some things to consider before bringing your relationship into the public eye?

Cupid's Advice:

It's not always easy to introduce your new partner to your friends and family, and it's often even harder to know the right time to do so. Before you bring your relationship into the public eye, read this love advice below:

1. Cancel your Match.com account: Before you bring your loved ones into the equation, make sure you and your partner are on the same page. If you're falling in love but he's still seeing other people, now isn't the right time to take a big step forward. Once you're both ready to be exclusive, you can talk about making friend and family introductions.

Related Link: [Celebrity News: This Is Us Star Mandy Moore Wants to Have Kids 'Sooner Than Later'](#)

2. Don't rush it: Wait until you've been dating exclusively

for at least three months (like this celebrity couple!). It's important that you've worked through the early dating ups-and-downs and that your relationship is stable. You don't want to introduce your man to your BFF, only to break-up with him after a silly fight a few days later!

Related Link: [New Celebrity Couple Look 'Smitten' While Hanging Out With Friends](#)

3. Keep it low-key: Don't introduce your partner to your loved ones at a wedding, family reunion, or holiday dinner, as these events add an extra level of pressure. Not only will they be meeting nearly everyone in your circle at once (talk about nerve-wracking!), but it's hard *not* to jump ahead to the future when you're celebrating a new marriage or gathered around the Christmas tree.

How did you know when to introduce your partner to your family and friends? Tell us in the comments below!

Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'





By [Wh](#)

[itney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall says his two-on-one date with Corinne and Taylor is "pretty much a disaster." For viewers of this season of ABC's hit reality show, this [celebrity news](#), as reported by [UsMagazine.com](#), shouldn't come as a surprise: The two ladies fought at the end of last week's episode as Taylor questioned Corinne's "emotional intelligence." On their two-on-one date, Corinne, this season's villain, tells Viall that Taylor "emotionally attacked" her, and Taylor later reveals that Corinne lied to him. Talk about drama!

Not many of us can relate to a two-on-one date scenario like in this celebrity news. What are some factors to consider when you're

deciding between two potential partners?

Cupid's Advice:

On this season of *The Bachelor*, fan favorite Viall has to pick between 30 women – what a challenge! Luckily, for those of us not on reality TV, the choice is often between only two potential partners. But what factors should you consider to determine who is the best fit for you? Check out our dating advice below:

1. Compatibility: Physical attraction will only take you so far. Do you enjoy spending time together? Do you share the same values? Do you want the same things out of your relationship? Determine if you're truly compatible before moving forward.

Related Link: [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

2. Common interests: Sure, opposites attract, but for a long-term partnership, it's equally important to have similar hobbies and passions. If you enjoy spending a lot of your free time outdoors, it'd be difficult to main a relationship with someone who'd rather be on the couch!

Related Link: [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

3. Compromise: A relationship will never last unless you're both willing to compromise. If you're always going to *his* favorite restaurant or seeing whatever movie *she* wants, it may be a sign that you don't belong together. You want to be with someone who will take your needs into consideration and meet you halfway.

Cupid wants to know: What's your best dating advice for

deciding between two potential partners?

Dating Advice: 3 Ways to Protect Your Relationship from Reality TV



By

TraceyAnne, Relationship Coach and Founder of FindThatMach.com

When it comes to love and connection with our loved ones, I find it astounding some of the things that I see on reality TV. *Kendra on Top*, *Real House Wives of Beverley Hills*, and *Keeping Up With the Kardashians* to name but a few, all depict

a world that most of us do not live in. The fast cars and expensive seemingly superficial lifestyles don't resonate with us much. These "celebrities" appear to have everything and all done for them from their hair and make-up to holidays planned and designed for them. Our attraction, I believe, is seeing a mix of a world we might like to one day inhabit and the relationships that are very much just like the ones that we have in our own circles.

This [dating advice](#) can help you keep reality TV from negatively affecting your relationship.

To see people who appear to 'have it all' fall out with and argue with their close friends, family and spouses can in a weird way give us a sense of comfort. You see, we only get to view the edited versions, so we have no idea what information we're missing. The communication that we see is bad, short and misses so many vital points that I always find myself thinking, "For goodness sake! Perhaps if they had a real conversation about what was really happening, they might be able to get their stuff together." Alas, we watch these shows and it teaches us nothing, just that relationships are hard work and full of drama. Drama that viewers believe is passion and chemistry and what all relationships should have. Relationships take work. A few pieces of advice:

1. Listen to what they're really saying.

So often you will see an argument play out that is more about circumstance. These people are fighting in their own corner and simply want to be heard and more likely want to be the person who is 'right'. If they (and us at home) would communicate our feelings, it would honestly move mountains. The real issues would be spoken about and the couples could find some common ground to move forward.

Related Link: [Do Your Friends Influence Your Relationship?](#)

2. Don't be fooled by romantic gestures.

On these TV shows we see the romance of being taken out to dinner, bought flowers and diamonds and it makes us stop and think 'hang on where is this in my life, I don't get that' well I implore you to take stock and think about how many times your other half has made a romantic gesture. Really think about it, I bet they do, and if they don't how often do you? Romance is a two way street!

Related Link: ['Millionaire Matchmaker' Reality TV Star Marisa Saks Says Listening Is Key](#)

3. Don't allow yourself to become suspicious.

We sometimes see couples on reality TV get cheated on and hurt. I by no means am suggesting that you ignore or block out if you think your partner may be cheating, what I am saying, is that if you watch these TV shows and your role models are cheaters you may start to become suspicious.

TraceyAnne, a Relationship Coach and founder of [FindThatMach.com](#); a unique online relationship and dating course helping people find love and what they truly want in life.

Celebrity News: New Couple Hilary Duff & Matthew Koma 'Had Great Chemistry in the

Studio'



By [Wh](#)

[itney Johnson](#)

[Hilary Duff](#) has a new boyfriend – and it sounds like this celebrity couple had great chemistry long before they coupled up. According to the latest [celebrity news](#) on [UsMagazine.com](#), the pop star first collaborated with Matthew Koma on her 2015 album *Breathe In. Breathe Out.* “They had great chemistry in the studio,” a Duff source reveals. “Hilary thinks Matt is very talented and cute.” Earlier this month, the musical pair put their celebrity relationship on display during a long weekend at Santa Barbara’s San Ysidro Ranch – the same spot where the *Younger* star spent her August 2010 wedding night with then-husband Mike Comrie. Despite their romantic getaway, the new [celebrity couple](#) is taking things slow: “It’s pretty recent. They’re seeing where it goes,” the source added.

In celebrity news, Hilary Duff has a new musical boyfriend! What are some benefits to having hobbies in common with your partner?

Cupid's Advice:

If you and your boyfriend, like the couple in this celebrity news, have similar hobbies, consider it a good thing! Sharing common interests will bring you closer together and make your relationship even stronger. Below, Cupid reveals three benefits to having the same likes and dislikes as your partner:

1. You'll be happier: Research suggests that couples who try new things and share common interests, particularly active pursuits, are happier. When you share hobbies with your partner, it's like having a built-in sounding board. You can bounce ideas off one another, and the time you spend together will be even more worthwhile.

Related Link: [Celebrity News: Hilary Duff Speaks Out on Divorce, Marriage, Monogamy and More](#)

2. You'll get to know each other better: Understanding and sharing his passions will allow you to see a new side of your boyfriend. Likewise, if he tries to enjoy your favorite things (like your Thursday morning runs and *The Bachelor* on Monday nights), you'll appreciate that he made an effort. Seeing each other in your elements will make you even *more* attracted to each other. Additionally, the more hobbies you share, the more time you get to spend together – it's a win-win!

Related Link: [Former Celebrity Couple Hilary Duff & Mike Comrie Vacation in Hawaii After Divorce](#)

3. Compromise is important: At the end of the day, relationships require sacrifice and compromise – two actions that don't always come easy. Adopting – or even just showing an interest in – his hobbies early on will benefit your partnership in the long run. Plus, you may even pick up a new hobby of your own, thanks to his influence!

What are some other benefits to sharing hobbies with your partner? Tell us in the comments below!

New Celebrity Couple Look 'Smitten' While Hanging Out With Friends





By [Wh](#)

[itney Johnson](#)

She sings “The Heart Wants What It Wants,” and it looks like *her* heart isn’t denying it’s feelings for her new man! As reported by [EOnline.com](#), Selena Gomez and The Weeknd (real name: Abel Makkonen Tesfaye) put their [celebrity relationship](#) on display and spent a fun night out in Hollywood with some of their famous friends, including French Montana and Jaden Smith. An onlooker says the celebrity couple looked “smitten” as they left Dave and Buster’s holding hands at 3 a.m. “Selena looked so happy, and Abel was very chill, very relaxed,” the insider added.

This celebrity couple is definitely making a splash in Hollywood! What are some unique ideas for introducing your new partner to

your friends?

Cupid's Advice:

This musical duo recently put their celebrity relationship to the ultimate test and enjoyed a night of fun and games with friends. If you're looking for a unique way to introduce your beau to your buddies, consider this [dating advice](#):

1. Keep it casual: A sit-down dinner is too formal for this lighthearted first meeting. Instead, take a cue from this celebrity couple, and plan a game night! Head to your local arcade, or be even more low-key and play some board or card games at home.

Related Link: [New Celebrity Couple: Why Selena Gomez & The Weeknd Went Public With Their Relationship So Soon](#)

2. Take advantage of an upcoming event: Is there a birthday party or engagement shower on your calendar already? If so, it's a great opportunity to bring your new man. That way, there's less pressure on you to plan the perfect outing.

Related Link: [Celebrity Exes: Find Out How Bella Hadid Feels About The Weeknd & Selena Gomez's New Romance](#)

3. Head to happy hour: Everyone loves a reason to get together after a long work day. Invite your closest friends for a after-work drinks at a nearby bar. An added bonus: A beer or glass of wine will help you keep your nerves in check!

Got any tips for introducing a new partner to your pals? Tell us in the comments below!

Serena Williams Talks Celebrity Engagement to Boyfriend Alexis Ohanian



By

Justin Thomas

Here comes the bride! During a press conference after a successful match at the 2017 Australian Open on Tuesday, Serena Williams opened up about her recent celebrity engagement to her now fiancé Alexis Ohanian. According to UsMagazine.com, Williams simply said, “It feels good” when asked about her feelings toward her new upcoming nuptials. As exciting as it is, Williams is making it clear she’s not losing focus, saying, “I really haven’t thought about it too much, because I wasn’t even really gonna think about it until

after the tournament.” She continued, “So, I just keep saying, ‘February, I’ll start looking at the bigger picture of my life.’ But right now, I’m just so focused that this is all I can think about.” The news of the engagement broke on December 29, though the [celebrity couple](#) have been dating since the fall of 2015.

This celebrity engagement is still being celebrated! What are some ways to celebrate your recent engagement with family, friends and each other?

Cupid’s Advice:

Getting engaged is no doubt one of the most exciting moments and experiences in one’s life. There are a rush of thoughts that cross your mind as you begin to celebrate. Here’s some [relationship advice](#) from Cupid to help get the celebration started:

1. It takes two: Enter this new phase of your lives together by telling all of your loved ones together as a unit. Be creative or don’t be creative, or yell it from the top of a mountain; it doesn’t matter as long as you share the news together!

Related Link: [Relationship Advice: Post Engagement Behavior](#)

2. Celebrate: Yes, this means all the cliché engagement motions! Call up all of your family and friends, grab your partner, and pop open a bottle of your favorite champagne (or your drink of choice) and get the good times rolling.

Related Link: [Is Shia LaBeouf Celebrating a Celebrity](#)

[Engagement with Girlfriend Mia Goth?](#)

3. Let the real party start: Once everyone leaves and the dust (confetti) has settled, it's time to celebrate with just the two of you. This can be done at home or through a quick getaway; just make sure it's special. By now, you can already feel the change in dynamic between you two as the news is still fresh, so relish in it. Make time to do what couples do!

What are some ways you'd celebrate your engagement? Comment below!

Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode





By [Ma](#)

[llory McDonald](#)

In recent [celebrity news](#), *The Bachelor* is back, and this year on Nick Viall's season, the villain of the season is stirring up a lot of drama! According to [UsMagazine.com](#), Corrine Olympios "showed up to the cocktail party in a trenchcoat and nothing else before asking Viall, 36, to lick whipped cream off her body." While that wasn't seen by the other contestants, later on in the episode, a few of the other contestants saw "Viall jumping around in Olympios' inflatable bouncy house one too many times and called him out: Is *he* here for the right reasons?" So while some of his other relationships are progressing on the show, it seems the villain of this season is really making some of the girls question his motives.

**In celebrity news, *The*
Bachelor just got more drama-**

filled, thanks to Corinne! What are some ways to know if you're in lust or love?

Cupid's Advice:

Finding the difference between lust and love can be very difficult, especially when the two blur so easily. Use this [dating advice](#) to differ between love and lust:

1. Emotional connection: A good way to determine if you are in lust and not love is to ask yourself if you enjoy talking with them and spending time outside the bedroom. Learn if there is an emotional connection.

Related Link: [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

2. Take away lust: By taking away any sexual activities with that person you can find out if there is more to it then just attraction.

Related Link: [Celebrity News: Jenn Saviano Reacts to Getting Dumped By New 'Bachelor' Nick Viall](#)

3. Strong conversations: If you are not having long and thoughtful conversations with the person you think you are in love with, odds are you are just lusting at them.

How did you differentiate between love and lust? Comment below!

Celebrity Couple Reunited: Demi Lovato Is Back Together with Guilherme Vasconcelos



By

Justin Thomas

In [celebrity news](#), “Confident” singer Demi Lovato is igniting the New Year with an old flame. After the 24-year-old pop star called it quits with UFC Middleweight Champion [Luke Rockhold](#), she revisited her relationship with MMA fighter Guilherme “Bomba” Vasconcelos. According to [UsMagazine.com](#), [celebrity couple](#) Vasconcelos and Lovato initially got together back in July, but after Lovato’s date with Rockhold, the hookup was cut short. At some point Lovato and Rockhold threw in the towel making way for Vasconcelos to

swoop back in before the New Year. Vasconcelos shared a pic on Instagram showing the pair celebrating New Year's Eve together. Lovato hasn't made reference to her new(ish) relationship, but if things are heating up like they appear to be, he'll make a charismatic debut on her social media in no time. To further complicate things, Lovato ended a six-year relationship with [Wilmer Valderrama](#) last June, but it looks like she's enjoying playing the field.

This duo is a celebrity couple once more! What are some things to consider before starting to date an ex again?

Cupid's Advice:

Dating an ex could make for quite the sticky situation if you're not careful. Here's some advice on how to make dating an ex a smoother transition:

1. Fools rush in: Really think about this decision. Think long and hard. Don't feel pressured to fall back into old ways without analyzing your feelings.

Related Link: [Is Dating Your Ex Off Limits?](#)

2. Starting over: This is a lot easier said than done. But if you're going to start a new relationship with an old partner, you should treat the relationship like new. You can't immediately pick up where you left off with old grudges and hurt feelings. With that said...

Related Link: [Celebrity News: Jonah Hill Is Spotted Making Out with Ex-Girlfriend in Los Angeles](#)

3. They're an ex for a reason: Address the issues you had in

the past, and think about the idea of why you two initially broke up in the first place. If those problems are still alive between you two, chances are they'll have the same inevitable effect.

What are your thoughts on dating an ex? Share your thoughts below!

New Celebrity Couple: Source Says Jennifer Lopez Is 'Having Fun' With Drake



By [Ma](#)

[llory McDonald](#)

New [celebrity couple Jennifer Lopez](#) and Drake aren't as serious as everyone thinks. A source told [EOnline.com](#) exclusively that Lopez is "having fun" with Drake, but it isn't that serious. "This budding romance is 100 percent legit, and not a professional ploy to promote any type of business like many are assuming." While the new couple is enjoying each others' company, the source added that the two aren't in a rush to make things too serious. "I think she and Casper will get back together," the source adds, confirming that although J.Lo and her [celebrity ex](#) are no longer speaking as frequently as they once were, the lines of communication are still open. While Drake and J.Lo may not be taking things seriously, they are certainly open about their new relationship on social media!

It seems this new celebrity couple is legit! What are some ways to keep from getting too serious too fast?

Cupid's Advice:

A new relationship is fun, exciting and refreshing, especially when coming off a past relationship that didn't work. Use this [dating advice](#) to keep your new fling from moving too fast:

1. Slow & steady: Try not to move too fast in the relationship by always spending time with each other. If you are always together with this new person it could be hard to keep things from getting serious fast.

Related Link: [New Celebrity Couple? Jennifer Lopez & Drake Fuel Romance Rumors in New Snapshot](#)

2. Communicate: Talk to your new significant other about wanting to take things slow and not rushing into anything serious. This way you both can be on the same page and not have any expectations.

Related Link: [Celebrity Exes: Jennifer Lopez Disses Ex Boyfriends, Sayings She's Not a 'Looks Girl'](#)

3. Keep it casual: Try not to discuss things in this new relationship that are really deep and personal. Just enjoy one another's company on fun date nights and don't worry about the future!

How did you keep your relationship from getting serious fast? Comment below!

Dating Advice: 3 Ways You're Sabotaging Yourself at Finding Love





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Michelle Marchant Johnson to offer their best [dating advice](#) for those who want to improve their love life. Learn how you might be sabotaging your chances of finding love with the following dating tips!

Dating Advice That Will Improve Your Chances At Finding Love

1. Limiting beliefs. Don't let your mind cast doubt. If you let negative thoughts and fears take over, you'll ruin your chances at a relationship. Ignore those limiting beliefs if you want to move forward and find someone who will love you.

Related Link: [Dating Advice: Revive Your Love Life & New Year's Resolution By Losing Weight, And Keeping It Off!](#)

2. Get support. Ask someone you trust for help. If your dating methods aren't working, don't keep practicing them in hopes one day you'll have a better result. Reach out to a friend and

ask them to provide you constructive feedback.

Related Link: [Dating Advice: 3 Biggest Mistakes Keeping You from True Love](#)

3. Advocate for yourself. Create opportunities where you can meet someone . Finding love takes effort. A good relationship isn't just going to land in your lap. You need to work for it, so don't be afraid to put yourself out there.

For more relationship advice videos and additional information Single in Stilettos show, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Relationship Advice: When The Person You Love Suffers From An Anxiety Disorder





By

Amy Osmond Cook for [Divorce Support Center](#)

This time of year is filled with holiday magic and festive gatherings with friends and family. But for many, the holidays ignite staggering levels of anxiety that paralyzes the sufferer with fear. Celebrities such as Emma Stone, Oprah Winfrey, and Jennifer Lawrence have been candid about their struggles with anxiety disorder while balancing public life. The road hasn't been easy. "The first time I had a panic attack, I was sitting at my friend's house, I thought the house was burning down," said Stone. "I called my mom, and she brought me home. For the next year, it just would not stop." How can you create a feeling of normalcy with your partner when the circumstances are far from typical? "For the majority of our residents, the holiday season brings family together and cheerful memories of Christmases past. But for some, this time of year brings on higher levels of anxiety and depression," said Mark Hymas, executive director of Copper Ridge Health Care. "We watch for changes in behavior and initiate conversations where we can talk about his or her feelings and find a solution that can best help during this stressful time of year." If anxiety is a large part of your

relationship, here are three pieces of [relationship advice](#) to understand when the person you love suffers from an anxiety disorder.

Relationship Advice For Those Who Know Anxiety Sufferers

1. Their anxiety disorder makes them tired. Some people view their role as they are the one worrying about their loved one's anxiety and trying to find solutions while their partner sleeps and doesn't seem to think about it. In reality, nothing could be further from the truth. "I still do get terribly nervous, and that's partly due to the fact I think too much and over-analyze things," said Amanda Seyfried. Anxiety sufferers think about their situation – a lot. "Anxiety is naturally tiring," said Ryan Rivera, relationship expert and founder of CalmClinic.com. "Anxiety can essentially cause both low and high levels of fatigue, and leave you feeling incredibly drained." Rivera added that tiredness is much easier to prevent than it is to stop. "That's why you need to take steps to start controlling your anxiety better," he said. "The less intense your anxiety is, the less tired you should feel." This year, limit your attendance to gatherings that are meaningful or more intimate with close friends and family.

Related Link: [Relationship Advice: When Your Partner Sings The Blues, It May Be Something More](#)

2. They don't like being around their anxiety, either. Like most people, anxiety sufferers don't want to be defined by their anxiety disorder. "If you truly want to be supportive of someone with anxiety, remind them that you appreciate the individual behind the anxiety," said contributor Jake Mcspirit. "Recognize that they are more than just their anxiety." Anxiety sufferers understand that their behavior is irrational, and they feel frustrated by seeing their

irrational responses. It doesn't help to point them out. "What they need is compassion, understanding, and support," said Mcspirit. "Very rarely do they need advice on how irrational and pointless is their anxiety."

Related Link: [Relationship Advice: 4 Survival Tips When Bah Humbug Meets Father Christmas During The Holidays](#)

3. Partners can be part of the solution. Most partners are unsure of the best way they can offer support to their loved one. Although living with anxiety disorder can be overwhelming, The Anxiety and Depression Association of America encourages partners of those suffering from anxiety disorder to play an active role in treatment. "In one approach, a mental health professional enlists the partner as a co-therapist," said the ADAA experts. "With training, the partner can assist the patient with homework assigned by the therapist. This might involve accompanying the patient into anxiety-producing situations and providing encouragement to stay in the situation by using anxiety-reduction techniques." ADAA recommends setting specific goals that challenge the loved one to progress through different levels then be sure to note the progress.

Related Link: [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

If someone you love suffers from anxiety disorder, ensure all is truly calm and bright this time of year by recognizing the physical toll these emotions create for your loved one. Take time to understand the frustration behind their responses, and appreciate your role in the solution. With support and encouragement, your partner will share in your joy during what can be considered one of the most cheerful times of year.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: 3 Online Dating Trends to Watch Out For In the New Year



By

[Joshua Pompey](#)

The New Year is upon us. And for some of us, this means a symbolic fresh start. Especially in the world of online dating. But before you start firing up those dating sites again, take a moment to note these three new trends that are emerging in the online dating world, and the [dating tips](#) that will help you avoid relationship problems.

Dating Advice That You Should Try Out In 2017

1. The emergence of the dating apps: From my observations as a relationship expert, dating apps are quickly becoming a dominant presence in the online dating world. With the ability to swipe left and right for the perfect match, singles all over the world are flocking to the convenience that these apps offer. But with progress always comes a price. Dating apps are also filled with members who are flaky, have short attention spans, and members who are simply looking for a hook up. Enjoy the convenience if you wish, but if you are looking for a serious relationship, this might not be the most effective road to go down.

Related Link: [Dating Advice: I'm Never Single. Is it Bad to Go From One Relationship to the Next?](#)

2. Online dating exhaustion: With the emergence of the online dating app, dating fatigue is also in full effect. Sometimes having too many options can create the paradox of choice, leading to a multitude of conversations and “matches” that never actually lead anywhere. Users constantly become distracted by the “next best profile” and this eventually leads to complete exhaustion and the urge to quit online dating. The solution? My dating advice, If you engage in online dating apps, stay focused and stop swiping until a few of the conversations you are already in lead to an actual date. If those dates don't work out, then you can resume swiping again.

Related Link: [Dating Advice: Do Pick Up Lines Actually Work?](#)

3. Pick up the response rate: Once upon a time emailing someone back once a day or every other day was more than sufficient. In fact, responding to someone's emails more than once every other day would run the risk of making you appear

desperate. But not anymore. These days, attention spans are shorter than they ever have been and if you don't stay prominent in the other person's life, you run the risk of him or her flaking. Make sure you respond at least once a day, and if you can, twice a day. As a rule of thumb, try to mirror that patterns and speeds at which the other person is engaging you. If they are quick on the trigger and you are interested, don't leave them hanging too long.

For more information, you can visit Joshua Pompey's [home page](#) for free advice and services.