

# Singer John Mellencamp and Wife Elaine Split



It looks like singer John Mellencamp is starting the new year as a single man. After 18 years of marriage, Mellencamp and his wife Elaine have decided to call it quits. According to *People*, the pair met in 1991 when supermodel Elaine Irwin was hired to pose on the cover of Mellencamp's 'Whenever We Wanted' album. No concrete reason has been given for the split, but Mellencamp's spokesperson Bob Merils told *The Hollywood Reporter* that they "are proud of their 20 years together and are very happy with their accomplishments both as parents and as a family" and that "they will continue to raise their two children in Indiana, but have decided to call it a day as a couple."

**What are ways to get out there after a long marriage ends?**

**Cupid's Advice:**

Like many others coming out of a long marriage, John

Mellencamp and Elaine Irwin are a little rusty when it comes to the dating game. Cupid thought of some steps to getting yourself out there after a divorce:

**1. Focus on numero uno:** Before you can find someone new after a divorce, you need to feel good about yourself. Take some time to lift your spirits by doing things that make you smile. Once you're happy on your own, you're more likely to attract a great guy!

**2. Hang with singles:** Once you're ready, start going out with friends and meeting new people. This can be anything from going out dancing, attending sports events or traveling. Mingle with the singles everywhere you go, and you're bound to find yourself a date who shares similar interests.

**3. Online dating:** When all else fails, try meeting someone online! Find a dating site that feels right for you, set up a profile and let the computer do the work. We're in the generation of technology, and hundreds of people are meeting their spouses online every day. You could be next!

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## Black Swan Star Mila Kunis and Boyfriend Macaulay Culkin Split After 8 Years





After eight years together, Mila Kunis and Macaulay Culkin have decided to amicably end their relationship. According to *UsMagazine.com*, the couple went their separate ways months ago, but decided to keep it quiet while Kunis, 27, promoted *Black Swan*. The actress has never made her fear of settling down a secret.

She even admitted to *Blackbook* in 2009 that although she doesn't believe in marriage, she does want to have children someday. "I will have children," Kunis said. "I'm too selfish to have them now, but when I do, I don't feel like I need to be married. I need to have a person in my life who will care for me and my children – nothing else."

## **What are things to consider about your partner before you have kids?**

### Cupid's Advice:

Having children is one of the most important decisions you and your partner will have to make together. Cupid has some things to consider about your partner before you decide to reproduce:

- 1. Happiness:** Having a child is a lifelong commitment, and you have to be sure that your partner is content with his life and what he's achieved before you make the decision to alter both of your lives.

**2. Career:** Not only does having a child require a lot of money, but it also requires a lot of time. Both of these factors heavily depend on your partner's career.

**3. Wants in life:** Sometimes the pressure of feeling like you're *supposed* to do something in life can make you forget what you truly want. Make sure that you both want children for the right reasons.

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## LeAnn Rimes and Eddie Cibrian Barred from New Year's Eve A-List Party



What's a celebrity couple to do when they're barred from attending a birthday

bash? They just attend a party thrown in their honor to ring in the New Year of course! LeAnn Rimes and Eddie Cibrian found themselves missing from the guest list for a party hosted by the ex-boyfriend of Cibrian's ex, Brandi Glanville.

According to E! Online, "They tried to get on the list, but he said no because of his allegiance to Eddie's ex-wife."

It's time for Plan B! The newly engaged couple spent the night at Pink Kitty nightclub in Cabo.

## **What are ways to overcome animosity from ex partners?**

### **Cupid's Advice:**

Going separate ways is unfortunately not always a pleasant experience, but don't let the past keep you from moving forward. Cupid has a few tips on overcoming ill will from an ex:

**1. Take the higher road:** In the words of Sandra Bullock, "Whoever established the high road and how high it should be should be fired." Yet Bullock still maintains grace and poise by refusing to allow her ex to bring her down – as should you!

**2. Let it go:** Holding a grudge requires retaining a lot of negativity. Instead, focus not only forgiving your ex partner, but yourself as well. Move on.

**3. Settle your differences:** Forgiveness goes a long way, especially when you can both come forward and apologize for the past. Everyone makes mistakes!

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# Dr. Lillian Glass Talks 'Toxic Men'



By Krissy Dolor

You've seen them on TV, at work, or maybe in your own home. You've dated them, worked for or with them, and have screamed at them from the comfort of your couch. Yet, women everywhere *still* put up with their crap. That's right – I'm talking toxic men, the men who have you feeling sad, angry and confused about who you are. Even worse, you may not even know that you're dealing with a toxic man! Lucky for you, Lillian Glass, PhD is here to help. In her latest book, *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men You Make Your Life Miserable*, Dr. Glass helps you figure out what types of men are toxic to you, and ways to handle them when you have to, and dump them when you don't. What's more is that her training in body language can help you see the warning signs that are often masked with words. After reading the book ourselves, we have to say that Dr. Glass is spot on – we've

even figured out the types of toxic men we should avoid at all costs (aside from the scary-sounding *The Socio-Psychopath*)! Dr. Glass took some time out of her busy schedule to chat with us over the phone about her book. See what this best-selling author had to say:

**In the introduction to *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men Who Make Your Life Miserable*, you mention that its predecessor, *Toxic People*, inspired you to write a book geared specifically to women. Do you think you will write a 'Toxic Women' book for men?**

I tell you, in all honest, the book should have been called *Toxic Men and Women*. It's really for both sexes. Even the men who read it are surprised at how it relates to both men and women. I think I may write a 'Toxic Women' book. Right now, *Toxic Families* is coming out, and then maybe 'Toxic Women.'

**When will *Toxic Families* come out?**

*Toxic Families* will be published in November by Adams Media, the same publishing company as the other books.

**You define 11 Toxic Types of Men. Aside from "The Socio-Psychopath," which just *sounds* awful, which of them do you think is the worst type and why?**

It's different for different people. Some people, they don't mind certain types that others mind. I myself don't like 'The Sneaky Passive-Aggressive Silent-but-Deadly Erupting Volcano,' I think they're sneaky and dangerous.

One of the things I do for people is make them write down, as an exercise, five men who absolutely, without a doubt, make your life miserable, since you were a child until now. Then, write down three adjectives next to them, and you'll see that there will be similar traits for each person. Like, oops –

you know that's who to stay away from.

**The checklists of each trait from the 11 types of Toxic Men are helpful! But how can you tell the difference between 'normal' and 'toxic' behaviors, as many people – men *and* women – exhibit some levels of toxic behavior?**

It's consistency – how you feel around that person. If you consistently feel bad, or if your body starts reacting, that's how you know this is a toxic person.

**What do you say to women who are in denial about their involvement with a toxic man?**

You can be in denial, but the truth always, *always* prevails – it always prevails. Even if you think it's fine, it will come out in your behavior, health and other ways.

**What's the number one piece of advice you have for women dealing with toxic men?**

The number one thing is respect yourself. Don't let anyone abuse you, and don't think less of yourself!

**In addition to your books, you were also recently featured on an episode of Millionaire Matchmaker. What other projects do you have coming up this year?**

Well, definitely a lot more Millionaire Matchmaker with Patti this season, according to Patti, which is great! And I will also be doing a lot of media and doing a lot of projects, which will be very helpful to people.

Cupid's Pulse thanks Dr. Lillian Glass for her time! If you want to figure out which types of men you're toxic to, visit Amazon to purchase your copy of *Toxic Men: 10 Ways to Identify, Deal with, and Heal from the Men Who Make Your Life Miserable*. To read more about Dr. Glass, check out her website: <http://www.drlillianglass.com/>. Stay toxic free!



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# Valerie Bertinelli Marries Boyfriend of 7 Years, Tom Vitale



Valeri Bertinelli is hitched! The actress married her boyfriend of seven years, Tom Vitale, on New Year's Day at their home in Malibu, *People* reports. "We're so happy!" said Bertinelli. There were approximately 100 guests at the wedding, including Bertinelli's son Wolfie from her previous marriage to Eddie Van Halen, who also attended.

**Should you invite your ex to your wedding?**

**Cupid's Advice:**

Now that you've accepted your fiancé's proposal for marriage and are making your wedding guest list, it's time to decide whether to invite your ex to the big day. Cupid has some things to consider:

**1. What your fiancé thinks:** Will your spouse-to-be feel comfortable with having your ex present at the wedding? If your ex-partner is a stranger to your future spouse or they aren't friends, it's better to leave him off the list.

**2. Your friendship:** How has your relationship with your ex been since you broke up? If you're on good terms and harbor no lingering feelings, consider inviting him to your wedding, only after consulting with your fiancé.

**3. Ulterior motives:** If your only reason for inviting your ex is so that he can wish you and your spouse-to-be the very best in life, it's probably not a good enough reason.

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## A-Rod's Kids Like Kate Hudson Better Than Cameron Diaz





Apparently, Cameron Diaz pales in comparison to Kate Hudson when it comes to boyfriend, Alex Rodriguez's kids. According to *UsMagazine.com*, a source says that Natasha, 6, and Ella, 2, "liked Kate more than Cameron, since she had Ryder [Hudson's 6-year-old son]. They really miss him." Diaz has been doing her best to get on the kids' good side while vacationing in Cab San Lucas, Mexico over the holidays. Hopefully, all of her efforts don't go unnoticed!

**What do you do if your kids don't like the person you're dating?**

### **Cupid's Advice:**

Your kids are some of the most important people in your life, and their opinion of your new partner will definitely have an effect on the relationship. Cupid has some advice on what to do if your kids aren't thrilled about the person you're dating:

**1. Find out why:** If your kids have a reason beyond "he's not my dad" to dislike your new relationship, you need to find out what that reason is and, if possible, find a way to fix it.

**2. Put their needs first:** As hard as it is to hear, being a parent is your first priority. If your children don't get

along with your new partner, then you may need to rethink the relationship.

**3. Give it time:** Sometimes it's just hard for children to adjust to new faces. Although they may not initially be thrilled with your relationship, time may be the answer.

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## Is Your Dating Profile A Movie Trailer or a Cereal Box?



I've read a metric bazillion dating profiles in my time as an online dating coach and about 90% are yawn-worthy. Do you think you're part of the other 10%? Think again.

Most people write a dating profile that reads a bit like a

cereal box. Have you seen the following claims on a dating profile (maybe yours)?

### **The Cereal Box Dating Profile**

**Healthy:** "I like to take care of my body and you should, too."

**Balanced:** "I love to get dressed for a night out or wear PJs for a movie at home."

**Wholesome:** "Family is really important to me. I don't know what I'd do without the support and love of my parents and siblings."

**Mom-approved:** "Best of all, your parents will love me."

Sure, these are all things that you might value in a date, but we eat cereal every day. It's not exciting. It's not unique. It's not interesting. It's just... okay. Pair a cereal box profile with photos of a regular Joe (or Jane), and what do you get? Not a whole lot of emails from potential dates, that's what!

### **Learn A Lesson From The Movies**

The film industry knows what they're doing. How many times have you seen a trailer and been totally psyched to see the movie? It has your favorite actor, it's based on your favorite novel or it has lots of explosions. You know in a minute or three whether or not it's a movie you'd be interested in seeing.

Previews work by showing you snippets of the best parts of the movie. You meet the protagonist, and you get a preview of their story. If it's going to be a funny movie, there are some quick quips. If it's going to be a summer blockbuster, there are cars exploding and people leaping away just in the nick of time.

### **What's Your Trailer?**

Your life may not seem as exciting as a summer blockbuster

(and I certainly hope there are fewer explosions!), but it's interesting and unique. Think about the little things that make you who you are, and write those into your dating profile.

Even little things give a glimpse of your character. When I was dating, my profile described me riding my shopping cart across the parking lot at Publix supermarket (you're never too old!). Many of the emails I got from men referenced that part of my profile as a reason why they emailed me.

Take your Cereal Box Claims and beef them up with specifics:

**Old:** "I like to take care of my body and you should, too."

**New:** "I'm not sure what I like most about my morning run – the heart-pumping exercise or the heart-stoppingly beautiful sunrises."

**Old:** "I love to get dressed for a night out or wear PJs for a movie at home."

**New:** "My best friend knows me better than anyone else. For my birthday last month, she got me tickets to the opera and a new pair of fuzzy bunny slippers."

**Old:** "Family is really important to me. I don't know what I'd do without the support and love of my parents and siblings."

**New:** "Now that we're adults, my sister and I are best friends. It might also help that our closets are 300 miles apart – she always stole my favorite clothes!"

### **A Movie Trailer Profile Always Does Its Job**

Not every movie trailer is going to thrill you and make you mark opening day on your calendar. If you re-write your dating profile ([or have my staff do it for you](#)), it's not going to magically attract every single on your dating site.

And it shouldn't.

If your dating profile is written like a good trailer, it will



intrigue the kind of person who will find you interesting, attractive, and worth getting to know better.

### **Steps for Success**

1. Read your current dating profile and mark the boring cereal box phrases. Make notes on how you can beef them up by being more specific.
2. Find little snippets of your life that show off your character. Write about those.
3. Don't be afraid to show yourself off. Self-confidence is sexy and will draw in exactly the kind of people that are good matches for you.

Need help? Check out the [Geek's Guide to Online Dating Success](#) on my site for more tips & tricks or [hire us](#) to write or re-write your dating profile.

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## **Kourtney Kardashian's Rumored New Love Says She Deserves Better Than Scott Disick**





If Kourtney

Kardashian didn't know about model Leandro Magno's feelings before, she sure does now. In an exclusive video interview with RadarOnline, Magno stated, "If things happen to not work out with Scott Disick," he would love to be more than friends with Kardashian. With the hot-cold relationship between Kardashian and Disick, it's no wonder men are still vying for her affections. Magno ensured, "There's definitely attraction from my part ... She knows her worth I would say."

It's clear Magno himself believes he would be an upgrade. "I do know that I can treat her like a princess she deserves to be."

**What do you do if you know your friend is dating a dud?**

### **Cupid's Advice:**

Everyone wants the best for their friends, especially when it comes to finding "the one." However, what happens when your friend believes they've found that person, but you couldn't disagree more? Cupid has some tips on how to share your thoughts:

**1. Break the news gently:** No one wants to be blindsided by their best friend when it comes to serious matters. Avoid bashing and approach your friend tactfully. The last thing you want is for them to feel attacked and immediately

disregard your opinion.

**2. Voice your concerns:** As a best friend, it's your job to support unconditionally, which includes the hard stuff. One way to avoid putting your friend on the defensive is to offer concrete examples.

**3. Console and support:** Hopefully your friend believes you, in which case a breakup is in sight, and she is going to need a shoulder to lean on. If things don't necessarily go your way, remember that sometimes people need to realize things for themselves; support them in the meantime.

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## Jason Mraz Discusses Why Fiancee Tristan Prettyman is "The One"





Singer Jason Mraz is sure his fiancée, Tristan Prettyman is “The One.” *UsMagazine.com* reports that Mraz’s certainty stems from his devotion to the number 23. “[Prettyman and I] hit it off instantly by syncing our interest in this magical prime number,” said Mraz on his blog. “Whenever she or I come upon it, whether being sat at table 23, or assigned seat 23 on a plane, we almost-always and/or involuntarily think about the other.” In fact, Mraz proposed on the magical 23rd of December. “We both see this being a long engagement, but would love to get married within the next 2.3 years,” said Mraz. “She will likely retain her beautiful name, but should she decide to hyphenate, Tristan Ann Prettyman-Mraz makes 23 letters.”

## **What are signs that your partner is “The One”?**

### **Cupid’s Advice:**

Sometimes it’s hard to tell if your partner has the potential to be “The One.” Here are a few signs:

**1. He supports you:** A supportive partner will most likely be amenable to any changes your career throws at you, like sudden moves or a change in salary. Support is necessary if you and your partner are going to provide for each other both emotionally and financially.

**2. You have the same goals:** You and your significant other need to be confident in your future together. If you both wish for kids or want a small house by the beach, then you'll find that making decisions in the future will be relatively painless.

**3. Your instinct:** You can do all of the analyzing you want, but eventually what it comes down to is how you feel about your partner. You may not see fireworks or flashes of light across the sky, but at the very least, a small part of you will "just know."

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## Christie Brinkley Says Finding Love Isn't a Priority



Even though Christie

Brinkley has been divorced for two years, she's in no hurry to find love again, according to *People*. Why? According to the model, she's not as likely to meet people when she has her kids with her, which is a lot of the time. Also, she says, "you never really know if someone is talking to you because you're a celebrity. It's not my number one priority."

Brinkley currently has three children, and says that being a mother "takes a lot of work. My works makes me a better mom.

It gives me a little door to step out of my parenting and bring the excitement from that day back home." Her advice to bounce back from a painful divorce? "You've got to find a way to keep laughing, even if it's black humor, and my friends are very good at that," she says. "Some people think of happiness as a luxury, but it's a necessity, and you need to make space for it in your life."

### **How do you know if someone likes you for the right reasons?**

Cupid's Advice:

Celebrities can never tell if people are into them because they're famous or because they actually like them. Even for those of us who aren't famous, it can be tough to tell if someone's interested for the right reasons. Here are some hints:

**1. Eye contact:** It may seem simple, but if someone is actually interested in what you're saying, he will make eye contact with you during a conversation. If it seems like he's constantly glancing around to see who's watching, he might be a fake.

**2. He's attentive:** He sends you cute texts in between dates, he remembers things you said the last time you saw him and follows up on them, and he goes out of his way for you on a regular basis. These are all signs that he likes you for you.

**3. He sings your praises:** Instead of simply telling his



friends he's dating you and leaving it at that, he gushes to them about all of your finer qualities – the ones that matter. This proves he's actually getting to know you and likes what he sees so far.

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## Nicki Minaj is Single and Seeking a Calm and Strong Man



Nicki Minaj is single and ready to date, according to The Hollywood Gossip. Minaj is on the cover of the latest issue of *King Magazine* and opens up about what she's looking for in a partner. "Someone who is calm, who is strong enough to not have to win every argument, who allows a woman to be her crazy self and someone with a conscience not to feel less of a man." We suppose a calm man would be a good balance to the rapper's

wild style.

**What are characteristics of a good argument style in a relationship?**

**Cupid's Advice:**

A good argument is not who has the best come-back, but more of an action plan. You can have a shouting match with your siblings, but talk it out with your partner:

**1. Listen:** How do you expect your partner to listen to your side if you won't listen to his? If you're too heated to sit down and be rational, take some time apart and get back together in an hour or so, after you've both cooled off.

**2. Acknowledge his side:** When your boyfriend is making a point and says something you disagree with, let him know that you understand where he's coming from, but that you don't feel the same way. "I understand you want to do this, but I feel it would be better if.." is a good way to start.

**3. Sleep on it:** Sometimes it's better to go to bed and start the day fresh than to talk in circles with no solution in sight. If you're not getting anywhere, sleep on it and return to the subject at hand in the morning.

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**Reese Witherspoon and Jim Toth Are Engaged**



Reese Witherspoon will soon be walking down the aisle once again, this time with Hollywood agent Jim Toth. The actress, 34, and Toth, 40, began dating in January 2010. This will be Witherspoon's second time down the aisle; her first marriage to actor Ryan Phillippe ended in 2008. Witherspoon and Phillippe have two children together, Ava, 11, and Deacon, 7. An insider revealed that Witherspoon's children have bonded with Toth and "...are happy with [Toth]." The source assured *UsMagazine.com*, "[Reese] is definitely happy, in love and definitely wants to settle down."

## **What are things to consider about a second marriage?**

### **Cupid's Advice:**

When your first marriage doesn't work out, it's understandable to want to give married life another shot. Here are a few things to consider about a second marriage:

**1. Children:** If you have any children from your first marriage, make sure they are fond of your new partner. Your children need to have a say in deciding who their next family

member will be.

**2. Child/Spousal support:** Before walking down the aisle, make sure you have taken care of all of the monetary concerns. Review the child or spousal support you are receiving from (or giving to) your ex-husband, and be aware of any changes that will occur.

**3. First marriage's failure:** Take some time to reflect on your first marriage, and figure out why it failed. By analyzing your mistakes, you can go into your second marriage with a stronger understanding of what it takes to make a marriage work.

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## Tasha Smith Gets Married at Home



Every little girl

has dreams of a big fancy wedding when she grows up, right? Not necessarily! For Tasha Smith and Keith Douglas, exchanging vows in the living room of their Los Angeles home was a dream come true. “We decided to hold a very simple, intimate ceremony with just us and our pastor,” the 39-year-old actress tells *Essence*. According to *People*, the newlyweds announced their engagement six months ago. Now back from her Las Vegas honeymoon, Smith says, “It was a beautiful, blessed moment that we will remember forever.”

## **How do you make a wedding at home romantic?**

### **Cupid’s Advice:**

Many couples would love a wedding like Tasha Smith and Keith Douglas, but they aren’t sure how to make it special. Cupid has a few ways to make a wedding at home special:

- 1. Live music:** Since you’re saving so much money on a venue, why not spend some of it on a band? There’s nothing more romantic than walking down the staircase to the sound of soothing instruments in the other room. Then after the ceremony, have them play your favorite requests while you dance the night away with your new spouse.
  - 2. Decorate:** Decorations can turn any ordinary room into a fancy hall. A few fancy chairs, tables with center pieces and some pretty flowers can help aid with the transformation.
  - 3. Try outside:** Having a wedding at home doesn’t actually limit you to the inside of your house. If it’s nice day, why not say “I do” in the beautiful summer breeze or over your newly green lawn covered in spring flowers? Don’t forget, your backyard is part of your home, too.
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# 90210 Star Shenae Grimes Denies Dating John Mayer



According to *UsMagazine.com*, *Star* recently connected Shenae Grimes of *90210* to singer, John Mayer. However, both parties deny this claim. While a rep for John Mayer simply stated that *Star* isn't a credible source, Shenae Grimes took to Twitter to set the record straight by tweeting, "According to *Star* magazine John Mayer and I are in secret sexy cahoots. How wonderful for me...if wonderful meant embarrassing." **How do you tell if he's a bad boy?**

## **Cupid's Advice:**

John Mayer has established his reputation as a bad boy in Hollywood. The thing is, they don't always come in leather jackets. Here are some tell-tale signs:

**1. Your parents don't like him:** Sometimes mother really does know best. Your parents will always want the best for you and



can almost always sense when the guy doesn't have your best interests at heart.

**2. He's unpredictable:** If you can't count on him to keep his word or show up to dates on time (or at all), he's probably bad news.

**3. He won't fully commit:** If he tends to always keep his distance, you probably aren't the only woman in his life.

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## Kelly Osbourne Trashes Ex-Boyfriend Luke Worrall



Christmas wasn't so merry for Kelly Osbourne, thanks to ex-fiance Luke Worrall. According to [Us Weekly](#), the 26-year old let her ex have it late Monday night via Twitter. At first, Osbourne kept it cryptic, tweeting: "Just found something out that has hurt my

feelings so bad ☹️ and christmas was going so well.” Later on, she made it clear that since they parted in July, “he has been trying to get back with me, I only came home for Xmas to see him. Meanwhile, he has been f\*\*\*ing hundreds of girls...behind my back.” The E! Fashion Police critic is back in London with her family for the holidays and plans to go “off Twitter for a while.” Osbourne noted, “Never felt heartbroken like this in my life.”

## **What things should you keep to yourself in a relationship?**

### **Cupid's Advice:**

Kelly Osbourne was so blinded by anger that she got the whole media world involved with her relationship. However, there are many things in a relationship that should just stay between you and your special someone. Cupid has some examples:

**1. Fights:** Getting people involved in arguments between you and your partner could be fatal to your relationship. Whether it's your friends ganging up on him or his family judging you, tension is bound to build.

**2. Love life:** Whether your love life is amazing or on the rocks, it's your love life. Even if you're okay with others knowing intimate details, he may not be. Respect your relationship with your partner by keeping certain details to yourself.

**3. Money:** If you and your partner are married or living together, money becomes a shared entity. Many people are sensitive about the amount of money they make, whether they admit it or not. Keep monetary details on the down-low.

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# LeAnn Rimes and Eddie Cibrian Are Engaged



After all the controversy surrounding their relationship, LeAnn Rimes and boyfriend Eddie Cibrian are engaged! According to [People](#), a source close to the couple says, “Yes, they were engaged over the holidays and are very happy.” On Monday, Rimes thanked all of her fans for their support by tweeting, “Thank you for all your well wishes!! We are extremely excited and look forward to a beautiful future. It’s been an incredible last few days, I was shocked!!! We are blessed, our families are so happy and our lives are filled with love.” The pair was surrounded by family and friends in town directly following.

**What are reasons to involve your family in your engagement?**

Cupid’s Advice:

An engagement is one of the happiest moments of your life, and who better to to share it with than the people who have seen

you through it all? Cupid has some reasons to involve your family in your engagement plans:

**1. Approval:** Even though they have probably met your partner before, introducing someone as your fiancée is totally different. Make sure the people who know you best approve of this decision.

**2. Respect:** Your parents and family are the ones that have raised you and been with you through it all. Include them in the engagement proceedings out of respect.

**3. To share your happiness:** Because your engagement is one of the happiest times in your life, sharing that joy with your family makes it even happier.

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## Jessica Simpson Calls Eric Johnson 'Perfect Addition to Our Family'





Jessica Simpson was very active on her Twitter account this past week, wishing all of her followers a very merry Christmas, reports [RadarOnline](#). Simpson revealed that her entire family gathered at her parents' home in Encino, California for a Christmas celebration. Simpson's fiancé, football player Eric Johnson, was also there for the celebration. "Eric is the perfect addition to our family," tweeted Simpson. "I'm so grateful this holiday season!!! I hope everyone had a magical Christmas! Love you X."

**Is it important that your partner fit in with your family?**

### **Cupid's Advice:**

Having your family accept your partner is only half the battle. The other half is getting your family to actually like him. While some deem this effort unnecessary, having a significant other who fits in with your family makes life much easier. Here are some benefits:

- 1. Peace of mind:** When families get together, especially during the holiday season, it's nice to know that there aren't any snide or frustrated conversations occurring behind your partner's back.
- 2. Willing favors:** While your family would never turn their



back on you and your partner when the two of you are in need, they will be more likely to grant a favor with a smile on their face if they genuinely approve of your relationship.

**3. Frequent visits:** When your partner feels comfortable visiting your family with you, you're able to spend more time with all of the people you love.

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## Why I'm Rooting For Jennifer Aniston in 2011



By The Single Filez

2010 is drawing to a close, and the new year will soon be upon us. While this is usually exciting for me, I must admit that I'm not looking forward to watching the clock strike midnight this year. Let me explain. I turn 35 next year. If I'm being honest, I'm scared shitless. Luckily, I still feel and



(thanks to great genes), look 25. But no matter how young I look, the fact remains the same: next year I will be 35 and still single. I'll be single with not even a whiff of any potentials and without ever having experienced a long term relationship. The older I get, the more worried I feel about my singledom.

Just like Jennifer Aniston (and many other single women out there), I'm notoriously unlucky in love. Although Jen has the distinct advantage of having been married to Brad Pitt, whereas I have the advantage of still being in my mid-30's (Aniston is in her 40's). Either way, I'm rooting for Jen because I'm sick and tired of the reaction in the media to her lack-of-a-man situation. Everything they say about Aniston are the same things my friends, family and co-workers say about me: "but, she's gorgeous," "but she's successful" and "why on earth can't she keep a man?." It's frustrating, it's tiring and it's just not fair.

At first, I was going to write about why Jennifer Aniston and Halle Berry (another successful hottie who seems to be a serial douche bag dater) scare the hell out of me. I was going to say how nervous I am about still being single when I'm 40, but then I thought, "NO." Actually, what I want to do is root for Jennifer Aniston in 2011. I want to do for her what I want my folks to do for me. Despite my bad luck with men, I feel confident that I will find the right man eventually. So, HAPPY NEW YEAR Jen! I hope you find a good love in 2011. Enough of the 'Mr Right Nows,' like John Mayer, Bradley Cooper, Vince Vaughn and Gerard Butler. Give us singletons the opportunity to look at you and say, "Hey, there's hope after all. It is possible to find true love after a long bout of bad luck." But most importantly, do it for yourself. Wouldn't it be nice to stick your middle finger up and prove to the world that you're gorgeous, successful and can keep a man?

Go Jen!

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# Natalie Portman is Engaged and Pregnant



Natalie Portman has more to celebrate than her Golden Globe nomination. The actress is engaged to choreographer, Benjamin Millepied, and they are expecting their first child, according to [People](#). The pair met during the production of the Darren Aronofsky's ballet thriller *Black Swan*, where Millepied acted as a choreographer and one of Portman's co-stars. The couple is excited for their first child who is due in 2011.

**Is it OK to date your coworkers?**

**Cupid's Advice:**

While there are some people who won't mix business with pleasure, others don't see a problem with it. Before making a decision, Cupid has some things to consider:

- 1. Expressing feelings:** Don't jump into things too quickly. Make sure that your attraction is mutual so that you don't end up making things awkward in the workplace.
  - 2. Don't violate company policy:** Some companies discourage relationships among employees while others are more tolerant of it. Find out what the dating policy in your company is beginning a relationship with your coworker.
  - 3. Be serious:** Make sure you are both serious about being in a relationship. If you know that it's just going to be a short-term fling, it might be awkward for both of you to work together afterward.
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## Kate Middleton Celebrates Last Christmas with Family





This may have been the last Christmas Kate Middleton spends with her own family, [Us Weekly](#) speculates. While Middleton was with her parents in Berkshire, England for the holidays, Prince William spent the holidays doing search and rescue work in a helicopter in North Wales. Once the couple weds next April, Middleton will most likely be spending Christmas 2011 at the royal Christmas Day celebration at Sandringham. Sources say that traditionally, her parents would not receive an invitation. But also according to sources, changes may be in store for royalty in England. "William is determined for this to be the beginning of a new royal family with new ways of doing things, he wants his marriage to last."

## **What sacrifices should you make for a relationship?**

### **Cupid's Advice:**

Just like Kate Middleton's life is about to change, we all make sacrifices for our relationships in our own individual ways. Here are some guidelines:

- 1. Stay comfortable:** As long as you feel okay about the sacrifices you make in a relationship, that's all that matters. But once you feel like your partner is asking too much of you, rethink things before you go through with them.
- 2. Sacrifices are a two-way street:** You should not be the only

one making sacrifices in your relationship. If you celebrate Christmas with your family one year, perhaps you can spend time with his family the next. Relationships are all about give and take, and your parents will understand that.

**3. Be true to yourself:** Never do something that makes you uncomfortable or that you puts you in danger. As much as you may love your partner, you are ultimately number one.

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## Alanis Morissette Has a Baby Boy



After a May wedding, singer Alanis Morissette and rapper Mario "Souleye" Treadway are proud to announce the arrival of their son, Ever Imre Morissette-Treadway. Talk about a mouthful! It was in August that Morissette revealed her pregnancy in *Us Weekly*'s "25 Things You Don't Know About Me" section, listing "I am

pregnant!” as the 25<sup>th</sup> item on the list. According to [Us Weekly](#), a representative confirms, “All are healthy and happy.”

**What are ways to compromise with your partner about a baby name?**

### **Cupid’s Advice:**

There’s no doubt that naming your child is an important process between you and your partner. If you’re stuck on how to make this decision, here’s a couple of ways to find some middle ground:

- 1. Use both of your favorites:** Do both of you have your heart set on a different name? Use them both!
- 2. Try different spellings:** There are various spellings to each name. Compromise by having one of you choose the name, while the other chooses the spelling.
- 3. Make a list:** Make a list of your favorite baby names and compare your choices with your partner’s. Look for names that rank high on both of your lists for the perfect resolution.

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**Ryan Reynolds Officially  
Files for Divorce from  
Scarlett Johansson**





As much as we had hoped they would work it out, less than two weeks after their separation, Ryan Reynolds and Scarlett Johansson have officially filed for divorce, according to USMagazine.com. According to their documents, neither is asking for spousal support.

### **How do you know when it's time to make a separation permanent?**

Cupid's Advice:

Separations are usually a last attempt to make your marriage work. Unfortunately, they often precede divorce. Cupid has some ways for you to know when it's time to make a separation permanent:

- 1. You can't get along:** If taking a break from each other doesn't get rid of some of the hostility in your marriage, it may be a sign that it's too late to work things out.
- 2. You're only in it for the kids:** As much as every parent wants to make their children happy, there comes a time when you may need to put yourself and and your spouse's needs

first.

**3. You've been unhappy a long time:** A separation is a time to reflect on your relationship. If you can't recall a recent time when you were content with your spouse, it may be time to move on.

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## Christina Ricci Says Robert Pattinson is a Good Kisser



Uh oh, should Kristin Stewart be worried? According to [Us Weekly](#), Christina Ricci and Rob Pattinson locked lips for their upcoming movie *Bel Ami*, and Ricci liked it. The actress confessed, "He's a good kisser," but the smooching was purely professional. She went on to say, "He's a lovely human being also, he reminded me of my best friend's little brothers growing up. He's just a silly, fun guy; we laughed a lot. He makes fun of himself

all the time; he's adorable..." Luckily, it seems like Stewart has nothing to worry about.

**Why is the first kiss in a relationship so important?**

**Cupid's Advice:**

There are a lot of firsts in a new relationship. Cupid has some reasons that the first kiss is particularly important:

**1. Connection:** As much as you may like your new potential partner, the first kiss says a lot about your chemistry. Either the connection is there or it isn't, and most of the time it's not something you can force.

**2. Kissing style:** The truth is, you've both probably kissed other people before, which means you have your own way of doing it. If your smooching techniques don't match, it could be a turn off!

**3. Aftermath:** Most of us think about "the first kiss" hours after it's over. If you're really unhappy with it, it may be a deal breaker.

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## **Kevin Jonas and Wife Danielle Celebrate First Anniversary at Disney**





This past Sunday marked the first wedding anniversary of pop star Kevin Jonas, and his wife Danielle. The couple celebrated their anniversary by visiting Walt Disney World's Magic Kingdom in Florida. Jonas had some kind words to say for the occasion.

"Happy anniversary to my amazing wife of a year and for the rest of my life I love you," he wrote on Twitter. After a magical day at the theme park, the Jonases stayed in the Cinderella Castle Suite.

### **What are some unique first anniversary celebration ideas?**

#### **Cupid's Advice:**

It can be frustrating to come up with things to do on your first anniversary, given that you want your special day to be memorable. If you are confused, Cupid has some suggestions to make your anniversary unforgettable:

**1. Romantic picnic:** Surprise your partner by planning a picnic in a location with a great view. The area you choose should create a beautiful backdrop for both of you to enjoy. Pack your picnic basket with your partner's favorite foods. Relax and enjoy each other's company.

**2. Vacation:** Surprise your significant other with a trip to a destination you've both been dying to visit. Spending some

quality time as tourists may be just the answer.

**3. Walk down memory lane:** Revisit the special moments in your relationship by visiting all of your “first” locations. If you first kissed on a roller skating rink in middle school, relive the experience by getting back out there!