

Did Selena Gomez Get Punched By a Justin Bieber Fan?



When Selena Gomez went public with Justin Bieber, she knew she'd have to deal with her boyfriend's crazy fans. But this time, the "Beliebers" may have gone too far. [People](#) reports that after Gomez, 18, was photographed with what looked like a fat lip, rumors started that she was punched by a Bieber fan. Paparazzi snapped the photo when Bieber and Gomez were leaving his 17th birthday party at Maggiano's restaurant in L.A. Gomez's rep insists that there is "absolutely no truth" to the rumors.

How do you deal with your partner's exes?

Cupid's Advice:

When your partner is as popular a guy as Justin Bieber, he may have a couple of angry or jealous exes. Cupid has some tips on how to deal:

1. Ignore: If there is an ex who is trying to get back with your partner, ignore her and tell your beau to do the same. The ex is probably just trying to get attention and when they realize they can't get it, they'll stop.

2. Don't get jealous: Keep jealousy out of the equation. Remember that your partner chose you and broke up with his or her ex for a reason.

3. Tell them: When your mate's ex just won't leave you two alone, let the ex know that you're uncomfortable with the way they're acting and if they can't tone it down, they should just stay away.

Ryan Phillippe and Amanda Seyfried Rekindle Their Romance





After much talk of their romance dying out, Amanda Seyfried and Ryan Phillippe seem to be working things out. According to [People](#), the two were seen at the Grey Goose Pre-Oscar bash at L.A.'s Soho House. Although the two were definitely together, Seyfried did seem a bit uneasy, a source says. Although it seems the two are back and forth, "When it's good, they're really good together."

When is your relationship good enough? Cupid's Advice:

Every relationship is different, and each couple has its ups and downs. Sometimes, it's difficult to assess the condition of your connection. Cupid has some tips to help you figure out when your relationship is good enough:

- 1. You are genuinely happy:** Although there are always hard times, the good times should outnumber the bad.
- 2. It doesn't feel like work:** Sometimes we get so caught up that our relationships begin to feel like chores. When it starts to feel like a second job, you may want to begin to start rethinking things.
- 3. You don't constantly need reassurance:** If you feel like you need to be constantly convinced to stay in your relationship, it may not be good enough.

Celebrity Couples Who Have Stayed Together



By Erin O'Riordan

Why do some celebrity couples end up as a train wreck, while others seem to withstand the test of time? Different strategies work for different power couples. For some, private time is the glue that cements them. For others, it's a conscious decision to put marriage and family before work or making time for grand romantic gestures.

Check out what works for these four celebrity pairs:

Beyonce and Jay-Z: They are one of the world's great couples.

Jay-Z has an undeniable charm, a laugh to die for and a fantastic smile. The key to their happiness may lie in their equal success – both reportedly make around \$80 million yearly. Celebrity couples have survived even without equal success, though, so what works for Jay-Z and Beyonce might be their commitment privacy. The couple is notoriously private about their relationship, keeping the magic between them and not opening up their bedroom to the world.

Faith Hill and Tim McGraw: Married since 1996 and some of the hottest entertainers on the country music scene, these two owe their success to spending time together. Even with their busy touring schedules and McGraw's burgeoning movie career, they try never to spend more than three nights away from each other's sides.

Jada Pinkett Smith and Will Smith: He's the only actor ever to have scored eight consecutive films that grossed over \$100 million domestically. Okay, so Will Smith is the biggest movie star ever. Jada's also had some megahits, notably the Matrix series, and she's taken turns as a writer and director. Still, Jada insists she would let her career go before allowing it to interfere with her relationship with Will. Maybe that's why they've been together since 1997. Of course, it doesn't hurt that this super-cute couple only seems to get better looking with age.

Heidi Klum and Seal: The former Victoria's Secret model who stays involved with America's Next Top Model, is known for her fabulous figure and gorgeous face. He's known for his legendary singing voice and the uber-romantic ballad "Kiss From a Rose." The pair met in 2003 and married in 2005. The fact that he's English and she's German never seems to be an issue for this playful pair, often caught in public frolicking with their four children. The romantic duo renews their wedding vows every year on their anniversary.

Erin O'Riordan writes hot and steamy romantic fiction. Her

short story "Post Op" appears in the Evernight Publishing anthology *Indecent Encounters*. She also reviews books of every description at <http://www.erinoriordan.blogspot.com>.

'Twilight' Stars Rob Pattinson and Kristen Stewart Dance All Night Long



Twilight actors and real-life lovebirds Kristen Stewart and Robert Pattinson spent the night dancing at a Friday/Saturday pre-Oscar bash at the Chateau Marmont in Hollywood, reports UsMagazine.com. A source revealed that Stewart and Pattinson "were dancing the whole time. They definitely kissed a few times." Also on the dance floor were Hayden Panettiere, Miley Cyrus, Ryan Gosling, Scarlett Johansson, Halle Berry, and Natalie Portman, to name

a few.

What are some ways to have fun with your mate at a party?

Cupid's Advice:

It's not hard to have fun at a party, but sometimes it's difficult to have fun with another person in tow. Here are some ways to enjoy a party with your partner:

- 1. Hit the dance floor:** For some instant fun, hit the dance floor. Crazy dance moves and a few song requests will ensure a good time, even if neither one of you are good dancers.
- 2. Meet up with friends:** Parties are meant for socialization, so try meeting some new people or catching up with friends. A few minutes talking and laughing will put you and your partner in a good mood.
- 3. Find some privacy:** When you and your mate are too tired to dance and want to spend some time alone together, try finding a table and chatting. A moment of down time at a party is the perfect remedy for sore feet.

Jon and Kate Gosselin Are Not Back Together





Reality stars Jon and Kate Gosselin are not getting back together, reports [People](#). The pair have been the at the center of tabloid gossip recently, and though rumors suggest the two are back together, sources close to the former couple disagree. "There is absolutely no chance of a reconciliation. They remain civil for the sake of the kids, but that's it," said a source close to Kate Gosselin. "It's frustrating for Kate that people keep making up stories. They have both moved on. Obviously he is the father of her children and that won't change, but she is feeling very happy about her decisions and situation"

Should you get back together with the father of your children?

Cupid's Advice:

Though separating from the father of your children can be extremely complicated, it's important to overlook the negatives and focus only on what's best for your relationship. Here are a few things to consider:

1. The reasons behind the breakup: Think back and try to remember the reasons for your split. If you feel you and your ex can work out the issues, then consider getting back together.

3. Your happiness: Make sure that you're happy in your relationship. Though seeing your family together may be important to you, it's also important to realize that a good relationship is the focal point of any happy family.

3. Your children: Though being a cohesive family unit would be nice, it's more important to focus on your children than it is to worry about your broken relationship. Be certain you're sure about your decision to get back together with your ex before you do it.

Is Taylor Swift Dating 'Glee' Star Chord Overstreet?



It looks like Taylor Swift has moved on from Jake Gyllenhaal. According to UsMagazine.com, the country singer was spotted at Thursday's

L.A. Kings game with *Glee*'s Chord Overstreet. An Overstreet source said he called Swift up Wednesday to talk about writing a song together and following the game, the duo went out for food. "He will definitely pursue this," Overstreet's friend said. This isn't Swift's first date with a cast member of *Glee*; she was previously with Cory Monteith, who plays Overstreet's romantic rival.

Do sporting events make a first good date?

Cupid's Pulse:

The first date is said to set the tone for the relationship. Here are some things to consider about a sports-related first date:

- 1. The person:** If your date has an interest in sports, then tickets to a game or team they enjoy is a good bet. However, if they don't care for sports, then you may have a tough time winning a solid first impression.
- 2. The event:** If you have two tickets to a suite during the next Super Bowl or World Series, then no matter what your partner's interests are, you should be in for a winning date.
- 3. The outcome:** Let's be honest. If your team wins, then it helps the overall morale of the date. A loss on the field doesn't necessarily mean you've lost the night, but it can be more difficult to come back afterward.

Natalie Portman's Co-Star

Says She Will Be 'Best Mom in the World'



Academy Award winner Natalie Portman is admired by many for her phenomenal acting in *Black Swan*, but her friend and co-star, Greta Gerwig, who co-starred with Portman in *No Strings Attached*, is praising her for another reason. "I think if everything else she does in her life is an indication of what a great mom she'll make, she's going to be the best mom in the world," Gerwig told [People](#) Saturday at the Film Independent's Spirit Awards.

"She's a lovely girl to pal around with. It's been really great to know her." Gerwig was nominated for Best Actress at the Independent Spirit Awards against Portman, and although she knew her odds of winning were slim, she was thrilled with her nomination.

How do you know if your partner will make a good parent?

Cupid's Advice:

Are you wondering if your significant other will be a good parent? There are many qualities for which to look:

- 1. Patience:** Patience is the first characteristic necessary to being a good parent. You need to have the ability to tolerate daily circumstances that occur when raising your child.
 - 2. Responsibility:** Being a good parent means being responsible and putting the needs of your child above your own.
 - 3. Reliable:** If you can rely on your partner, then you can be sure to count on him or her when your child needs one of you.
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Jessica Simpson Says She Could Get Married in Sweats Right Now





Although it seems that Jessica Simpson has been more consistent with her gym regimen in anticipation of her wedding to Eric Johnson, Simpson denies the allegations, according to UsMagazine.com. "Yes, I am working out, but why is that worth any sorta press? I always take care of myself," Simpson wrote on her Twitter page Thursday, adding, "Eric and I could get married right now in sweats!"

Why is your wedding day so important?

Cupid's Advice:

There are a handful of defining moments in your life, and your wedding is definitely one of them. Cupid has some reasons why your wedding day is so important:

- 1. You've been dreaming about it your whole life:** Your dreams of a perfect man/woman and your big day are two things you imagine all your life, and the day it all comes true makes it one of the most memorable days of your life.
- 2. Sharing your love:** Your wedding is the day you get to celebrate your love with not only your significant other, but with everyone else important in your life.
- 3. Beginning of your new life:** The day you get married is the

day your new life with your now husband/wife begins.

Demi Lovato Reunites with Ex-Boyfriend Wilmer Valderrama Post-Rehab



Following her release from rehab, Demi Lovato has relapsed on an old relationship. The 18-year-old Disney star was caught with her ex-boyfriend Wilmer Valderrama, according to UsMagazine.com. The couple has supposedly been dating since Lovato's split from Joe Jonas. Lovato checked into rehab back in November after pulling out of the *Camp Rock 2* Tour with the Jonas Brothers to "seek medical treatment for emotional and physical issues." Reports say she has had past issues with weight management and self-mutilation.

Should you get back together with your ex?

Cupid's Advice:

Most of the time, it's a bad idea to get back together with your ex. After all, you broke up for a reason and chances are that those things will end resurfacing in time. Cupid has a few things to consider:

- 1. Look for the spark:** When getting back together with an ex, it's common for things to quickly return to how they were after the "honeymoon period." If you want things to be different, then the spark should carry past the good times. It should be there even on bad days.
 - 2. A new beginning:** This is a fresh start, so try to learn from past mistakes.
 - 3. Be cautious:** If things are going back to how they used to be, don't be afraid to call your lover out on it. The key is communication, so say something if you're not happy.
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Marriage Is a Loaded Word





By Kenneth Weene,

PhD.

We got engaged on April Fool's day. That was a propitious start. At least she couldn't claim that I didn't have a sense of humor about the whole thing. Prior to that, I'd only agreed to getting engaged-to-get-engaged one evening at the restaurant called Big Chicken Fry (honest).

Before you get the wrong idea, I loved her, I was committed to her. In my head we were going to grow old together. My concern was the word – marriage.

I've always been about words; not just what they mean, but what they imply. Throughout my career as a therapist, my concern about the word "marriage" has been borne out. The word creates expectations. It changes and codifies roles. It imposes mental burdens where before there were none.

To come to terms with these burdens, some couples live together before marriage. They think it will give them a good sense of what their lives will be like after they tie the knot. If they're satisfied, they then marry. Then, things immediately go downhill. Celebrity couples are no exception.

David Arquette and Courtney Cox is one couple that comes to mind; Lisa Bonet and Lenny Kravitz is another.

"What happened?" they ask me, their new marriage counselor. It just took that one word. Suddenly the humor and spontaneity was gone. In its place were those burdens and those darn expectations. It started in the little things: "Why isn't my laundry done?" "Didn't you take the garbage out?" It then escalated: "Why do you need so much cash in your pocket?" "Whose parents are we visiting for Christmas?" And then it reached fever pitch: "Shouldn't we start thinking about kids?"

Sadly, having children often creates the expectation of marriage, an expectation that is often a mistake. Ashlee Simpson and Pete Wentz obviously shouldn't have married, as they're now getting a divorce. To their credit, Naomi Watts and Liev Schreiber have children and haven't changed their marital status. They seem happy to this day.

And then there's the expectation that marriage is forever. Forever is such a long time! (My approach was to consider it a three-year contract with option to renew.) That expectation leads to one of the easiest mistakes to make, which is investing in one member of the couple. Don't put your spouse through school. There, I've said it. That's a prescription for the spouse's mid-life crisis. Marriage is too fraught with obligation as it is. Don't add more.

"Marriage" is a word loaded with meaning and danger. Maybe that's why some couples never marry. Oprah Winfrey and Stedman Graham lived together for many years without calling it marriage. Yet, it can be wonderful. My engagement was 43 years ago, and my wife and I are still together and in love to this day. The key is to rethink it by giving the word meaning with which you can live comfortably. For me, it's all about humor, symmetry, and equality – not responsibility, obligation and expectation.

A New Englander by upbringing and inclination, Kenneth Weene is a teacher, psychologist, and pastoral counselor by

education. He is a writer by passion. A poet and fiction writer, Ken's novels, *Widow's Walk* (2009), and *Memoirs From the Asylum* (2010), are both published by *All Things That Matter Press*.

Have Rihanna and Ryan Phillippe Been Hooking Up?



Who's the hot new couple in Hollywood? Apparently Ryan Phillippe and Rihanna have been hooking up and are keeping it on the down-low. According to UsMagazine.com, the pair started getting together when their previous relationships were coming to a close. A source close to Rihanna says, "They initially hooked up when things were strained with [Rihanna's ex] Matt Kemp back in early December. As for Phillippe, "his three-month, nonexclusive

romance with Amanda Seyfried had recently fizzled.”

What are some ways to “play it cool” around a crush? Cupid’s Advice:

- 1. Don’t seem too available:** If your crush notices you dropping all your plans the second he or she asks you to, you’ll start to appear eager and desperate.
 - 2. Don’t give them too much attention:** When you’re out with a group of people, try your best to talk to each person an equal amount. If your crush starts to notice you’re giving him a lot of extra attention, it might be a red flag.
 - 3. Don’t make the first move:** If you want your crush to attend a group event, let him or her know your plans in a casual manner and say, “Feel free to tag along.” The key is to make sure they know you like them, but aren’t too obsessive.
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Vanessa Minnillo Is Cool With Nick Lachey Hosting Vegas Swimsuit Party





Letting your partner go to Sin City without you is one thing, but letting him go with a bunch of supermodels seems a bit risky. Apparently Vanessa Minnillo doesn't think so! Minnillo recently let future hubby Nick Lachey go to Las Vegas alone Thursday to host a Sports Illustrated swim party while she stayed behind for auditions. Talk about a cool fiancée. Even though Vanessa wasn't on Vanity nightclub's list that night, she was on Lachey's mind. "She looks as good if not better than any of the models you see behind me in a swimsuit," he told [E! Online](#). And as far as the wedding plans go, Lachey assures us that they're "getting there slowly but surely...we're inching our way along."

Is it OK for your partner to go on a wild trip without you?

Cupid's Advice:

Knowing whether or not you should trust your partner to go on a trip without you is a big decision. If you're not sure, Cupid has some things to consider:

1. How long: There's a big difference between going away for a weekend and going away for weeks. A lot can happen if you're away from your special someone for an extended period of time.

If your partner plans on packing all the clothes in his or

her closet, maybe you should tag along on the trip.

2. Who is going: It's not always about how much you trust your partner as much as it's about how much you trust their friends. If your beau still hangs out with his crazy single friends, make sure to remind him that he's not a bachelor anymore before he leaves.

3. Reason to worry: Ask yourself why you're worried in the first place. It's normal to be a little uneasy, but don't let the jitters get the best of you. If your partner has broken your trust and given you a reason to worry before, there's nothing wrong with insisting to go with them.

Penélope Cruz and Javier Bardem Find Time for Romantic Dinner





Vicky Cristina

Barcelona stars and now-spouses Penélope Cruz and Javier Bardem found themselves with some free time last week, reports [People](#). The couple, who just had their first child together, were able to get away for a romantic dinner in London at Gordon Ramsay. Onlookers say the two couldn't keep their hands off of each other and that they were looking very cozy.

How do you find time for romance when you have a baby?

Cupid's Advice:

It's easy to focus all of your attention on your new bundle of joy, but in order to main both your sanity and your relationship, make sure to take some time out to focus on romance:

1. Schedule it: It may not be the most romantic idea, but if you don't schedule some alone time, no one will. So make dinner reservations for two, and get a babysitter.

2. Find a pattern: Does your baby's nap time always seem to fall around the same time as when your partner gets home? Take advantage of it, and cuddle together in the rare silence. Just make sure there's a baby monitor nearby in case both of you fall asleep.

3. Create inside jokes: Nobody will be spending more time around your newborn than you and your spouse. To create a connection during a less than private time, mention something that only your honey will understand. The inside information will bring a smile to his face.

Jesse James to Pen Memoir About Sandra Bullock and Kat Von D



Jesse James has been part of quite a lot of controversy in Hollywood over the past year. Sandra Bullock's ex was the center of a cheating scandal, and then shocked us once again with a surprise engagement to tattoo artist Kat Von D. Now, James has signed a book deal with Simon & Schuster's Gallery Books, reports [E!](#)

[Online](#). The book will include details about James' marriage to Sandra Bullock, and will also contain information on James' engagement to Kat Von D. There is no set release date as of yet, but Simon & Schuster's Gallery Books appears to be looking at a release date later this year.

How should you deal with a vengeful ex?

Cupid's Advice:

It's hard to put a relationship behind you when its issues are still frequently coming up. Though you may have coped with the breakup, your ex may still be hurting. Here are a few ways to deal with a vengeful ex:

- 1. Try to smooth over hurt feelings:** Vengeful feelings can spring from a tough breakup. Though it may be awkward, talking to your ex and smoothing over hurt feelings may be the best way for you and your ex to put the past behind you.
- 2. Ask him to stop:** If negotiating with your ex is out of the question, you can always ask him to stop his hurtful behavior. This approach must be done tactfully, but if you appeal to his better nature and make him see that his actions are helping no one, he may be inclined to stop.
- 3. Ignore him:** If your ex is resisting all negotiation, ignore his antics. He's probably only trying to hurt you with his behavior, and will stop when he sees his efforts are useless.

Mary-Kate Olsen Starts Dating

a Shoe Designer



Mary-Kate Olsen is in a new relationship with shoe designer Seth Campbell, according to UsMagazine.com. The two have been spotted at multiple New York City hotspots including celebrating a mutual friend's birthday together at NYC's Lavo. "They've been able to have a few dates on the down low. He's a downtown kind of guy, likes to party every now and then," said a source close to the couple.

How soon should you debut your relationship to your friends?

Cupid's Advice:

It's possible to introduce someone you just started seeing to your friends too quickly. Here are some points in a relationship when you should consider having your partner meet your friends.

1. When you're exclusive: Once you're completely committed to

one another, it's time for your partner to meet your friends if they haven't already.

2. When you're on a group vacation: Going away together, even in a group, is a big commitment. Take the time to introduce yourselves as a couple to your friends while soaking up some rays.

3. Once you start seeing each other regularly: If the person you are seeing becomes your guaranteed Friday and Saturday night date, it's probably time to introduce him or her to your friends so they don't start feeling neglected.

Joe Jonas Gives Golden Birthday Gift to Ashley Greene





Twilight star Ashley

Greene had much to celebrate this past weekend. The actress rang in her 24th year by celebrating in Sin City with rockstar boyfriend, Joe Jonas, [People](#) reports. Jonas gifted Greene with a Chanel bracelet, accidentally crediting the jewelry as a token from Coach. Greene adores her new jewelry. "Coach, Chanel, [it] makes no difference to him ... [But] I absolutely love it because he knows what I like," said Greene. But besides birthday jewels, Greene credits her favorite gift as, "having my best friends fly in to celebrate with me."

What are some ways to decide what gift to give your partner?

Cupid's Advice:

It takes real talent, time and thought to pick out the perfect present for the one you love. Cupid has some tips:

1. Stop, look and listen: Slow down and make a mental note when your partner makes a passing comment about something that catches his or her interest. If it's something your mate keeps mentioning, but won't go out of his or her way to buy, consider it gift appropriate.

2. Make a connection: If you and your significant other are just starting out and you're having a hard time with gift ideas, try to find something that unites you as a couple. Is

there an inside joke you both share or an uncommon interest that bonds you? The thoughtful trinket will show you care.

3. Make him or her feel young again: To ease the harshness of aging, turn back the clock with a toy from his childhood. Is it a summer birthday? A pair of water guns should bring a smile to his face.

Finding Love After a Breakup: Should You Jump In?



By Kelly Seal

When someone leaves us broken-hearted, our natural reaction is to find love again as quickly as possible. Unfortunately, healing a broken heart takes time and patience. It's necessary to spend some time alone so you can build your own

strength and move on to a happier, healthier relationship in the future.

Like us, many celebrities move from one relationship to the next, hoping that this will ease their pain and help make the transition easier. Eva Longoria started dating Penelope Cruz's brother Eduardo shortly after her split with Tony Parker. Jake Gyllenhaal quickly started dating after breaking up with Reese Witherspoon, leaving a trail of girlfriends behind including Taylor Swift, Carey Mulligan and Jennifer Aniston. While romance creates a sense of happiness and excitement for a brief time, eventually old pain can start to resurface.

If you've recently endured a break-up, try giving yourself some time off and do the following before rushing back in to the dating pool:

Allow yourself to grieve: A break-up is a huge transition. When you've been with someone you love, it's natural to feel pain and anger. Allowing yourself to grieve over the relationship is part of letting go.

Hang with uplifting friends: We all have friends who can lift our spirits, be supportive and are just fun to be around. If you spend time around people with positive energy, it has an affect on your mood and can help lift your depression. Avoid friends who would rather complain about exes; this won't help you move on.

Do things that make you happy: Maybe you haven't been surfing in a few years, but have always enjoyed it. Or perhaps you put off taking those cooking classes because you didn't have time. Now is the perfect opportunity to do things you enjoy, and remember why you liked them in the first place.

Get to know yourself again: Sometimes, we feel so lost after a break-up we don't even know who we are without our exes. If you feel adrift, try doing something new, whether it's going

to a new restaurant or paragliding on a Saturday afternoon. Trying new things lifts our spirits and puts us back in touch with the part of ourselves that is willing to take risks and grow.

When you've gone through these steps and feel like it's time to start meeting people again, go for it. Just be sure to take your time and keep living your own life. Look at dating as a chance to meet many different kinds of people, rather than a way to get back into a relationship. The right man or woman will come into your life when you're ready to move on.

Paris Hilton and Boyfriend Cy Waits Shop for Engagement Rings





Paris Hilton and boyfriend Cy Waits may soon be getting engaged, reports [People](#). The couple were spotted shopping at Jacob & Co. jewelry store in New York City on Friday. "They shopped for engagement rings," says a source. "They were really cute together. Paris was making comments about the rings and joking that her ring has to be at least 24 carats." While the pair did not leave the store with an engagement ring, Hilton did "[walk] out sporting a \$25,000 white gold and black diamond ring." Hilton's rep later revealed, "The couple were shopping in New York looking for something special for Paris's 30th Birthday."

How can you tell when your mate is about to propose?

Cupid's Advice:

While most women are surprised when their partner pops the question, some are ready and well-prepared. Here are a few ways you can tell when your man is about to propose:

- 1. He asks your opinion:** When he casually asks for your opinion on restaurants or even on jewelry, it may be a sign that he's about to pop the question. He could be on a mission to find a special setting and the perfect ring.
- 2. Your rings are missing:** If you find one of your rings

missing one day, don't panic. Chances are, he's taking the ring to a jeweler in order to find an engagement ring that will fit your finger correctly.

3. His behavior changes: If your partner is about to propose to you, he's probably extremely nervous, excited or both. You may be able to pick up on his changing behavior and mood swings.

'Glee' Star Dianna Agron: Terrified of Ex-Boyfriend Alex Pettyfer?



It's another messy Hollywood breakup. Sources are saying that *Glee* star Dianna Agron is "terrified" of her "psycho" ex-boyfriend, Alex

Pettyfer, according to [E! Online](#). News that the couple, who were dating for less than a year, called it quits broke last week. Friends of Pettyfer calls the reports “absolute nonsense,” and a source close to Agron says, “Things have definitely been intense, and Alex certainly can have *quite* the temper, but I don’t think she’s ‘terrified’ of him.”

Why do breakups turn nasty?

Cupid’s Advice:

Breakups are never a pleasant experience, but why is it that former couples so readily turn against each other after a split? Cupid has some ideas:

1. Hurt feelings: The most obvious explanation is that one or both parties is extremely hurt by the split. Sometimes hurt feelings can manifest themselves as anger. With anger, comes drama.

2. Built-up issues: Sometimes during a relationship, we keep our thoughts and feelings from our partner to avoid arguments. Now that the relationship is over, it’s easier to tell your former mate how you felt all that time. That said, it’s not a healthy way to deal.

3. Family and friends take sides: After a breakup, friends and family are quick to support their respective side of the duo in question. Sometimes, they might be angrier about the split than you are, and it rubs off on you. Try to keep a cool head, and reassure your supporters that you’ll be OK ... eventually.

Brody Jenner's Mom Thinks Avril Lavigne Is 'the One'



Has the heartbreaker we loved to watch on *The Hills* finally found his dream girl? If you ask Brody Jenner's mom, Linda Thompson, Avril Lavigne might be the one that sticks around in her son's life. According to [E! Online](#), when Thompson was asked if she thought the two would be together forever, she said, "I actually do yeah." What makes the pair so perfect for each other? "They have the same sense of humor," Thompson said. "They both love to laugh and have fun. They both have a little streak of irreverence which is pretty delightful and a lot of fun to be with."

Does your parents' approval of your partner matter? Cupid's Advice:

As much as we sometimes can't stand the nagging voices and opinions of our parents, deep down most of us care about what

they have to say about our significant others. Cupid has some theories on why that is:

- 1. Honesty:** As open and honest as you feel your friends are, nobody in this world will break the truth down for you like the people that have known you the longest – your parents.
 - 2. They know everything about you:** Your parents have seen you through the good, the bad and the ugly. Who better to know who is perfect for you than the people that know the most about you?
 - 3. They truly want the best for you:** Although it may be hard to see sometimes, your parents sincerely want what's best for you. They want you to be happy. So, don't forget that when they're giving their opinions, it's always with the best intentions.
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Christina Aguilera's Ex Jordan Bratman Finally Moves Out





Fame and fortune will not keep you from the hardships of living in the same place as your ex after a breakup. After all, relationships end easier than leases or mortgages. Christina Aguilera's living situation has been uncomfortable, due to her ex-husband Jordan Bratman living under the same roof as her and her new man, Matt Rutler. According to [E! Online](#), Jordan Bratman has finally moved out. As Xtina's ex now sits in a snazzy bachelor pad, Matt Rutler's 2011 Ford Mustang GT still sits in the singer's driveway.

How do you decide who gets the pad after a split?

Cupid's Advice:

The best way to make an emotional split easier is to put some physical distance between you and your ex-partner. This is very difficult to do when both of your names are on the mortgage. Here are some tips on how to decide who should stay and who should leave a bit easier:

- 1. Don't uproot the children:** If children are involved, make an effort to keep them in the same place. This should be a major factor in the decision as to who stays and who must find a new place to live.
- 2. Compromise:** The person who doesn't get the house needs to

get something of equal value to their half of the property.

3. Think logically: Emotions often get in the way of these types of decisions. Always approach them fairly and logically. Keep a cool head as much as possible.

The Law of Attraction Between Celebrity Couples



By Yolanda Shoshana,

Luscious Lifestyle Diva

Biker boy and ex-husband to America's sweetheart, Jesse James recently declared that 2010 was the best year of his life.

That declaration definitely made some people raise an eyebrow or two. Since when does a messy divorce and the possibility of losing your child constitute the time of one's life? But

according to James, it all led to him finding love with Kat Von D. When he announced his engagement to Von D, people said they are perfect for each other, which was not necessarily a compliment in their case. That said, there's no doubt that the law of attraction was working its magic when the two of them met.

Simply speaking, the law of attraction is when "like" attracts "like." Take a look at Jesse James and Sandra Bullock's different places in life. Clearly, they had perspectives and ideals that simply didn't match, whereas James and Von D are on the same page.

Another example of the law of attraction at work is between celebrity couple Angelina Jolie and Brad Pitt. They ended up together not just because of physical attraction, but also due to other attraction elements. Chances are there were issues in the Pitt and Aniston marriage, which allowed Jolie to swoop in. Now, people see Aniston as a woman who can't find love, while I see her as a woman who likes freedom, loves her body, likes a good looking dude, and just wasn't about to have a tribe of children. Aniston's attraction to Pitt didn't last because they simply have different energies and wants in life. In other words, they broke the law of attraction.

The law of attraction is a key ingredient when it comes to finding the love of your life. To utilize it in your search for love, all you have to do is ask, believe and receive with full clarity. As simple as that sounds, people get impatient when it comes to the "believe" part. While it would be fabulous if the love of your life arrived five minutes after you incorporated the law of attraction, it doesn't happen that way. Sometimes it takes time for the opportunity to present itself, but know that it's well worth the wait.

Source Says Pete Wentz Couldn't Trust Ashlee Simpson



While Ashlee Simpson and Pete Wentz's divorce announcement on February 9th may seem to have come out of the blue, UsMagazine.com reports that the couple "have been talking about splitting up forever." The couple, who share son Bronx, 2, cited no reason for the divorce, but an insider feels that Simpson's late-night partying played a large role in the split. Simpson frequently spent her time with a crew of pro skateboarders in San Clemente, California, and would often not return home until sunrise. Sources say that Wentz "started getting burnt out" by Simpson's behavior and "would constantly check in on Ashlee, and he'd have his friends call the house and her cell to make sure she said she was where she said she was going to be....He felt like he couldn't trust her."

What are some ways to know your partner is trustworthy?

Cupid's Advice:

Gauging your partner's trustworthiness is a difficult task, especially as most people are prone to suspicion. Here are a few ways to find out if your partner deserves your trust:

- 1. Look at past experiences:** If your mate has had many relationships in the past, try figuring out why the relationships ended. While the vast majority of them probably ended due to character differences, there may have been infidelity or arguments leading to the breakup.
- 2. Take note of his behavior:** If you feel that your partner has some character irregularities (such as anxiety), it may be cause for concern. The varying mood swings may be a sign that your partner is keeping something from you.
- 3. Give the benefit of the doubt:** If you feel that your partner is trustworthy, then it's probably true. There's no sense in digging for clues that don't exist. Relax, and have faith.

Former 'Jersey Shore' Star Angelina Pivarnick Is Engaged





Let's do a fist pump for a *Jersey Shore* engagement! Angela Pivarnick is officially engaged, following her boyfriend David Kovac's very public proposal on the red carpet outside of STYLE360 Sachika's fashion show Wednesday. "She was completely surprised [and said], 'Are you serious?'" She looked really happy and shocked," an onlooker told [People](#).

Should you propose at a public event?

Cupid's Advice:

Proposing in a public setting generally has two outcomes – successfully romantic or embarrassing rejection. The best proposal settings tend to have a tie to your relationship. Here are some things to consider when planning your proposal:

1. Avoid clichés: Instead of sticking with the old 'romantic candlelit dinner, flowers and hiding the ring in champagne' routine, make it unique and personal. Take your mate to the restaurant where you had your first date or your first kiss. Something that holds significance to your partner shows thought.

2. A romantic strikeout: Unless you plan on running across Wrigley Field or standing on the 50-yard line of Ohio Stadium,

don't take a cue from the Jared commercial by proposing during a sporting event. It's unoriginal and the last thing you need are crazy fans surrounding your special moment.

3. Make sure it's right: Don't make the move if you have doubts. Proposing is a big step in a relationship, and it's important that you have no doubts.