

Fergie Wants to Spend More Time with Husband Josh Duhamel



Now that Fergie finally has a break from touring, the first thing on her agenda is spending more time with her husband Josh Duhamel. According to UsMagazine.com, Fergie says that her and Duhamel's quality time consists primarily of listening to music and going down to North Dakota to visit Duhamel's parents. The singer says, "My husband and I like playing music from our childhood," says Fergie. "Music which makes a difference to us. It's a bonding thing. It's nice to share music from your past with someone you love because you learn a lot more about the person."

How can you carve out more time with your significant other?

Cupid's Advice:

Between work and kids, quality time with your partner is pretty hard to come by. Here are some tips on how to create more time with your significant other:

1. Date night: Set aside one night a week that you two have committed to each other. For that one night, every other responsibility must fall to the waist side, no matter what.

2. Breakfast: No matter what time each of you has work, make a set time to have breakfast with one another. It's the only meal that is guaranteed.

3. Take a trip: As hard as it may be to take time off from work, whether its two days or five, make sure that at least once a year you are able to get away together as a couple.

David Arquette and Courteney Cox: Did Over-Complaining Kill Their Marriage?





By Guy Winch, Ph.D., author of *The Squeaky Wheel*

While it's natural to moan and complain to our spouses and expect support and understanding from them, too much complaining can change the very nature of our relationship and damage it beyond repair. When David Arquette and Courteney Cox announced they were splitting up last October, Arquette mentioned that Cox was sick of "mothering" him. For a celebrity couple, the two have been relatively close-lipped about the details of their separation. However, it's fair to assume that if Cox was doing too much mothering, Arquette was doing too much complaining.

When one member of a couple becomes an over-complainer, it creates significant stress on the relationship and the entire household. Unproductive complaining such as venting, whining and moaning, creates an atmosphere of negativity and dissatisfaction that pervades the home. Over-complaining of the unproductive kind can also make it difficult for other members of the household to express their own joy and happiness.

The problem is that such habits can develop slowly and go unnoticed until the problem is severe. For example, a husband might go through a period of employment instability and feel down about himself and the world. His wife might be supportive at first. She might try to help out by offering regular dollops of sympathy and taking on more responsibilities. However, by doing so she is reinforcing her husband's complaining and enabling him to remain miserable and passive. Over time, the husband in this scenario can become comfortable in the situation and expect his wife to continue "mothering" him.

When left unchallenged, this kind of dynamic can lead to a shift in the very nature of a couple's relationship. Instead of being husband and wife, they now relate to one another in a manner more reminiscent of mother and child or mother and teenager. As a result, their relationship suffers, their marital satisfaction drops and their sex life erodes. Whining is rarely a turn on.

Although it's natural to go through difficult times and expect support from our spouses, couples should never let negative circumstances turn into an enduring reality. If your spouse is over-complaining so much that you begin to think of him or her as a whiner, alert your partner to his or her behavior and how it is affecting you. Ask your mate to learn how to use complaints sparingly and productively—for everyone's sake.

Cupid Exclusive: Jaimie Hilfiger on Old Hollywood

Romance



By **Vicky Sullivan** of **Aspiring Socialite**

Supermodel Jaimie Hilfiger, niece of famed fashion designer Tommy Hilfiger, has been seen around town wearing the latest in fashion – which includes old Hollywood styles. During L.A. Fashion Week, she wore a light pink cocktail dress complete with old world-inspired lace and Edwardian beadwork designed by Sue Wong to the designer's *My Fair Lady* Champagne Brunch/Fashion Show at The Cedars, the former historic Hollywood home of silent-screen icon Norma Talmadge, which was purchased by Wong in 2004. Hilfiger's most recent project is being the face of boyfriend Igal Dehan's jewelry line, Cuffs of Love, worn by celebrities like Kim Kardashian, the Hilton sisters, and Stevie Wonder.

Hilfiger took time to speak exclusively with **Cupid's Pulse**

about love, dating and celebrity style. For hopeless romantics intent on experiencing the romance and chivalry of old Hollywood, this young model reveals how to glam up your love life simply by bringing back nostalgic designs and genuine class:

What do you like best about old Hollywood styles?

Old Hollywood has inspired so many recent styles, with high-collared fitted outfits and of course, hats. Kate Middleton has taken a lot of her style from old Hollywood and *My Fair Lady* inspirations. There is just so much one-of-a-kind craftsmanship that goes into these fashions.

How do you incorporate the romance of old Hollywood into your everyday life?

My boyfriend, Igal Dehen, is from Paris so it's always a romance movie in my house. At the height of old Hollywood, men had a lot of manners and courted women with the utmost respect.

Do you feel that wearing these soft, glamorous styles evoke old-school romance?

Yes, you're absolutely treated differently. When you present yourself with class, you're treated with class. People also tend to take you more seriously in classically beautiful styles.

How has being from a famous family affected your dating life?

You have to find someone who doesn't care either way and is there for you. They must be successful in their own right and aren't looking for a free ride.

Besides a man, what is your favorite accessory?

Diamonds are a girl's best friend.

What tips can you give our readers on how to get ready for a date?

The day of the date you should wake up early and go to the gym. Make time to talk to your girlfriends that day. Wear something hot, but not slutty. It is very important that you're comfortable in what you wear, or you won't be comfortable on the date. Don't be exactly on time, because chances are he won't be. But don't be any more than 10 minutes late, because otherwise you look like a diva.

How do you dress for a casual vs. formal date?

No matter if the date is casual or formal, you should always be comfortable in what you're wearing. Always ask what you're doing first so you know what to wear. Even if you're wearing heels to a fancy dinner, you should bring along a pair of flats in your purse in the event that you take a walk on the beach after dinner.

What other dating tips and advice can you give us?

Don't text or be on your phone while on a date. Be polite and ladylike. Always say "please" and "thank you." Remember that 90 to 95 percent of the time he's more nervous than you are.

Cupid thanks Jaimie Hilfiger for her time! For more on Hilfiger, visit her website at www.JaimieHilfiger.com, Facebook page and follow her on Twitter: @JamieHilfiger.

Singles Event: After Work

Spring Fling Party



This is no joke or April Fool's Day prank! If you're looking for something fun to do on April 1st, Spring Fling, hosted by WeekendDating.com, is an event you won't want to pass up. The organization has partnered up with 20 social groups to put the party together, which is New York City's largest after-work mingling and networking event. Featuring hors d'oeuvres, happy hour, giveaways and music all night long, you'll be sure to meet someone new to spark your interest, whether you're looking for the love of your life or just want to enjoy the dating game.

Who: WeekendDating.com

What: Spring Fling

Where: La Pomme NYC

37 W. 26th St.
New York, NY 10010

When: Friday, April 1 at 6 p.m.

Cost: \$20.00 online (reserve before April 1); \$30 at the door

Dress Code: Business Casual – no ripped/baggy jeans, sneakers, runners, or t-shirts please!

Brad Pitt and Angelina Jolie Keep a Tight Family Life



If their life was like a sitcom, it'd be called "The

Brangelina Bunch.” Brad Pitt and Angelina Jolie were out in New Orleans last weekend with their entire clan of kids, according to [People](#). While things are busy on vacation with the family, the life of this celebrity family is becoming, as a source said, “organized chaos.” “Of course it’s wild when all the kids are there, and evening tends to be a bit chaotic with dinner and bedtime are both good with rules,” the source said. “[Pitt and Jolie] there are definitely consequences, like time-outs, for bad behavior, but for the most part the kids all get along.”

How can you include your kids in date night?

Cupid’s Advice:

- 1. Go somewhere kid friendly:** Avoid the bars and clubs with your children. Instead, perhaps try a child’s movie, bowling or mini-golfing. Plus, it’s sometimes fun to revisit your own childhood!
- 2. Back before bedtime:** Try to have your kids in early. But just because they went to sleep, doesn’t mean your night is over. Rent a movie to watch after the kids are sleeping so you can have some romantic alone time.
- 3. Keep it ‘G-Rated’:** Try to be mindful about you and your partner’s PDA. Your offspring are observant creatures so try to set the example for proper etiquette when in public.

Rachel Bilson and Hayden

Christensen Call It Quits For Good



Both the engagement and the relationship are over for Rachel Bilson and Hayden Christensen. According to UsMagazine.com, the couple just couldn't make things work. The pair met in 2007 on the set of *Jumper*. They were engaged a year later and called it off in the summer of 2010. It seems like this on and off couple may officially be on the outs.

How do you know what a relationship is truly over?

Cupid's Advice:

Sometimes relationships work and sometimes they don't. If you are in an on-and-off-again relationship that just doesn't seem to be working, the best course of action may be to move on:

1. Too much drama: If you are in a relationship where the tears of make-ups and break-ups never seems to end, get out for your own sanity.

2. Boredom: Along with being over-dramatic, a relationship that is dead in the water can also be underwhelming. If your partner no longer excites or interests you it may be time to say, "Let's just be friends."

3. You don't trust your partner: If you're back with an ex and find that you can no longer trust them due to your painful past, don't walk ... run out of this relationship.

Hugh Hefner and Crystal Harris Get Close at Lingerie Party





Playboy founder Hugh Hefner and his much-younger fiancée Crystal Harris were caught huddling close all night at the *Playboy* Golf Lingerie and Pajama Party at the *Playboy* Mansion in L.A. last week, according to [People](#). The duo “looked smitten,” according to a source at the party with them. Hefner, the 85-year-old husband-to-be, also received a life-sized birthday card from *Playboy* Golf CEO Ajay Pathak.

Does age matter when it comes to marriage?

Cupid’s Advice:

Cupid tends to think that age in itself doesn’t matter, but there are some things to consider before entering into a relationship with someone significantly older or younger than yourself:

- 1. Different generations:** If you and your partner were born in different generations, you grew up with different commonly held beliefs. Make sure you’re on the same wavelength morally before you get too serious.
- 2. Think longterm:** Think about whether you want to have kids

and what your age difference means in that situation. Will your spouse have enough energy to put into raising a child?

3. Energy levels: Someone younger might have a lot more energy for activities and outings than someone older. If your partner is much older than you, are you willing to deal with those limitations?

‘Jackass’ Star Chris Pontius’ Wife Files for Divorce



Jackass star Chris Pontius has split with his wife of nearly seven years, Claire Nolan, reports [UsMagazine.com](https://www.usmagazine.com). Nolan filed

for divorce last week in L.A. County Superior Court. The couple share no children.

If your partner files for divorce, how should you react?

Cupid's Advice:

While most people are aware if their spouse files for a divorce, there are occasions where one is caught by surprise. Here's how to handle being caught off-guard:

- 1. Confront your spouse:** Ask your spouse what made him or her file for divorce. Make sure you know and understand your partner's reasoning. Talk until you do.
- 2. Try to work out issues:** If a sudden call for a divorce has caught you off-guard, chances are that there are issues you and your spouse have not addressed. Take some time to talk about the problems at hand and see if there's any way to repair the marriage.
- 3. Contact a lawyer:** If your issues cannot be resolved, your divorce will most likely need to be settled in court. Take some time to find a good lawyer, as good lawyers can make the divorce proceedings much less painful.

Chris Brown Is Upset He Cannot Move On from Past With Rihanna



Rapper and R&B star Chris Brown can't seem to shake his past with former flame Rihanna, reports [People](#). Brown became visibly upset and violent on Tuesday morning during an interview for *Good Morning America* when interviewer Robin Roberts began to inquire about his past with Rihanna. A source close to the actor says, "He's been trying to move on from his past and focus on his music, and he's finally putting out an album..." Brown tweeted later on that day giving a shout out to his fans, "Thank you to everyone who supports my music!!! Key Word (music) !!! Love y'all."

How do you start new after you cheat on someone?

Cupid's Advice:

Nobody can answer for you or explain why you cheated, but making sure that you don't repeat the past is imperative to your future. Cupid has some tips on how to start fresh:

1. Take some time: Take time off from dates and pick-ups. The down time will give you the opportunity to reflect on your recent relationships.

2. Figure it out: What was the reason that you cheated? Were you unhappy? Did you do it just because you could? Knowing the motive behind your actions is the first step to correcting any future decisions.

3. Be honest: In your next relationship, be open and forthcoming. Before things get too serious, have a heart-to-heart and explain your past, what you did and why. Being up front from the beginning will show your new partner that you've turned over a new leaf.

Reese Witherspoon Prepares for Big Wedding Day





The big day is just days away, and you can bet Reese Witherspoon is finalizing the last touches to ensure her wedding is perfect. [RadarOnline](#) reported Monday that Witherspoon met with stylist Lorri Goddard-Clark at Prive Salon to color her hair amid the dreary Los Angeles weather. The bride-to-be will marry Hollywood agent Jim Toth at her Ojai Valley ranch in California this Saturday. We're sure this is just one of many things on Witherspoon's wedding checklist, and we wish her the best of luck!

How can you keep the pressure off right before your wedding?

Cupid's Advice:

Cupid knows that no matter how calm and collected any woman like Reese Witherspoon is, her wedding day is one occasion where the pressure is on. Here are some tips to keep you from being (and looking) frazzled the week before your nuptials:

1. Make a list: This is no time to rely on your elephant memory. Write down everything that needs to be done and have your maid of honor, mother or wedding planner look it over.

You'll feel extra satisfied each time you cross something off that list.

2. Delegate your tasks: You have a bridal party for a reason! By including everyone in the planning process, you'll get the work done faster – and keep your head from spinning.

3. Just breathe: When wedding frustrations get in your way, think of all the happy moments you've had with your betrothed. The party only lasts a night, but a marriage is forever. By reminding yourself of the love you and your partner share, you're bound to make sure everyone will see that love when you both say "I do."

Tiger Woods' New Girlfriend Just Looking for a Good Time





Tiger Woods' rumored girlfriend Alyse Lahti Johnston may not be in for the long haul, reports [RadarOnline](#). A source close to Johnston revealed that the 22-year-old may only be looking for fun. "[Johnston] sent a BBM to a mutual friend of ours saying she didn't consider herself Tiger's girlfriend," says the source. "They were just having a good time hooking up." Johnston and Woods, who were introduced by Johnston's golf instructor, have dodged many rumors regarding Johnston's motives. "Alyse wouldn't care about Tiger's money. That's never motivated her and she comes from a very well-to-do family anyway," says the source. "She just wants to have a good time and lots of fun. I can definitely see her considering sex with Tiger a lot more fun than a relationship with him."

How do you know if he's committed?

Cupid's Advice:

The line between a committed relationship and a purely fun relationship is very thin. Here are a few ways to tell if your beau is truly committed:

1. Revisit your conversations: A partner who is only looking for fun will not want to bring up serious topics in conversation. If the conversations you have with your partner are always light-hearted and playful, it may be time to try discussing deeper issues.

2. Observe his helpfulness: If your beau is comforting and supportive after a rough day, then it's likely that he is committed. A partner merely looking for fun would not stick around to help on the "bad" days.

3. Ask him: As your partner, he should be able to answer questions about your relationship. If you have doubts, ask about his commitment. You will probably get an honest and enlightening answer.

Holly Madison and Boyfriend Jack Barakat Split





It looks like Holly Madison's romance with Jack Barakat is over, according to [People](#). The duo met on Twitter and continued to date under the radar until her December 31st birthday party, when they went public with their relationship. Madison didn't let the breakup get in the way of a fun weekend, however, as she seemed in a good mood while hosting a party with Brody Jenner at Chateau nightclub in Las Vegas last weekend. Despite the sad ending, Madison proved that there's more to be said for Twitter than status updates.

What are the benefits of meeting your partner online?

Cupid's Advice:

Of course meeting someone face-to-face has its own perks, but there are certain benefits to meeting your partner online as well. Cupid has a few:

1. Looks aren't as much of a factor: Sometimes people let physical attraction get in the way of getting to know someone personally. Although you may see a photo here and there, by meeting online you get to know the person before judging his

or her appearance.

2. It's easier to be honest: When you're having a conversation with someone in person, it can be difficult to say what you really mean. If your potential partner asks a difficult question, your first inclination may be to lie. When you're typing out your answers, it's simply easier to be 100% truthful.

3. You can go slow: In person, it can be easy to get caught up in the moment. If you meet online, you can take things as slowly as you need to without feeling as pressured to move forward.

LeAnn Rimes and Brandi Glanville End Feud Over Eddie Cibrian





The ongoing internet feud between country crooner LeAnn Rimes and her fiancé Eddie Cibrian's ex wife Brandi Glanville is over, reports UsMagazine.com. Rimes has been accused of creating a fake Twitter account and cyber bullying Glanville, but both women are denying any harassment has taken place. "We have communicated and have a direct understanding that we are only ourselves on Twitter and have no other accounts that try to destroy one another," Rimes tweeted.

Should you be concerned about your partner's ex?

Cupid's Advice:

Your partner is with you for a reason. Always remember, you were chosen over everyone else:

1. Underlying issues: If you're self-conscious about your love life for some reason or you began to date your partner while he was still connected to an ex, this can cause issues. Sometimes you should just ignore the past and focus on the present.

2. Over the line: Does your partner's ex continuously step

over the line? If the ex in question continues to make themselves known in an unwanted situation, speak up and tell him or her how you feel.

3. You're naïve: If your partner's ex is still around because your partner is keeping them around, perhaps you should look into this. Is your partner being 100% honest with you about letting his ex down slowly and carefully? A breakup takes one conversation, not three weeks.

Dating Tips for Renee Zellwegger and Other Singles Over 40





By Rosalind Sedacca, CCT

The pain of dating and breaking up isn't just reserved for the young. Singles dating in mid-life and beyond face the same heartbreak, confusion and anxieties as those in their 20's and 30's. These challenges are compounded by the insecurities that frequently come with age, especially for women: Am I still desirable? ... Am I still attractive? ... Will I ever find another partner?

Celebrity couples are no exception. After 24 years of marriage, Tony Danza, age 59, filed for divorce from his 52-year old wife, Tracy Robinson. Jennifer Aniston, who has been in the headlines with several unsuccessful relationships over the past decade, is now telling reporters that she's happily single.

Recently, celebrity couple Renee Zellweger and Bradley Cooper, considered one of Hollywood's top power couples, broke up after dating for two years. When asked during an interview about the nature of their relationship, Cooper mentioned that marriage was not in the picture. Chances are that Zellweger thought she was in a different relationship – one with a more

committed and long-term outcome. It appears both partners were not “on the same page.”

This is one of the most common deal-breakers for long-term relationships. Often, couples get together and make assumptions that the other person shares their goals and intentions. The problem is that they don't discuss these options and spell them out clearly. If you're not on the same page when it comes to monogamy, time spent together, decisions about raising children, as well as other values and cultural beliefs, you set yourself up for disappointment and inevitable conflict.

Some other success tips for over 40 singles entering a new relationship include:

1. Be aware of unresolved baggage: Emotional scars and wounds from your past can easily sabotage any new relationship. Take the time to identify unresolved feelings of anger, hurt, guilt and disappointment from the past and accept these feelings as lessons learned. It then becomes easier to move on.

2. Avoid “fairy-tale” thinking: It's not your partner's job to make you happy. It's your responsibility to love and value yourself when you enter a relationship. Dependency and neediness are not attractive qualities. It is also an illusion to assume any one person can meet all your needs or desires.

3. Start with friendship first: This level of comfort translates into a solid foundation for love to blossom and intimacy to develop. Be friends first before you open the door to the physical and emotional closeness that is so essential to a solid partnership.

4. Be sure your expectations are realistic: Are your demands about weight, age, height, financial success and other factors limiting your ability to find the right partner? Being

flexible, objective and fair prevents us from setting ourselves up for the pain and disappointment of unrealistic expectations.

5. Communicate effectively by encouraging open, honest dialogue: In addition to your words, be attuned to your partner's nonverbal cues and body language. Also, be aware of your own cues that can trigger messages and unconscious signals to your partner.

Rosalind Sedacca, CCT, is the co-author of the new book, 99 Things Women Wish They Knew Before Dating After 40, 50 & Yes, 60! Visit www.womendatingafter40.com to receive a complimentary Tip Sheet, along with a Tip of the Week which spans every facet of dating success – from preparing for your first date to determining whether your partner is a “keeper.”

Saturday Night Live Alum Maya Rudolph Is Expecting





Saturday Night Live alum Maya Rudolph, 38, revealed her baby bump on Sunday at the Milk and Bookies Second Annual Story Time Celebration in L.A, UsMagazine.com reports. She's expecting her third child with her husband, Paul Thomas Anderson and the couple is already parents to two daughters, Pearl, 5, and Lucille, 1. Although pregnant, the Bridesmaids actress will continue working. "I seem to be pregnant through all my movies, so I never seem to give anything up, do I?" Rudolph said last June while promoting Grown Ups.

What are some ways to stay active with your partner while pregnant?

Cupid's Advice:

Being active is more fun with your significant other, especially when you're pregnant. It's great to know that your partner supports you and wants to share the moment. Here are some ways you can both can be active during the pregnancy:

1. Exercise: Being pregnant shouldn't be an excuse to get out of shape. Consult with a doctor on what physical activities

are safe. Not only will you be there to support her, but it'll be a way to spend quality time with each other.

2. Take a walk: Take a stroll around town or in a park. It'll help reduce your back pain and increase your energy levels.

3. Yoga: Take a yoga class with your significant other. It'll help strengthen your abdominal muscles and make you relax.

Cameron Diaz and A-Rod Are Happy Family with His Kids



In honor of their on-again romance, Cameron Diaz and Alex

Rodriguez took A-Rod's two children to Busch Gardens amusement park in Tampa, Florida. According to UsMagazine.com, the actress looked incredibly motherly holding hands with the baseball star's two daughters Natasha, 6, and Ella, 2, from his previous marriage to Cynthia Rodriguez. It looks like this couple may have hit a home run in the kid department after they rekindled their romance in November. Cameron Diaz was also seen bonding with the girls late last year on a family trip to Mexico.

How can you bond with your new partner's kids?

Cupid's Advice:

Bonding with a new partner's children can be one of the most magical and most difficult parts of a new romance. Here are some tips:

- 1. Show respect:** Though you may be very excited about getting to know your new partner's children, it's always important to respect their boundaries and their previous relationships with both of their parents. The last thing you want to do is trash your partner's ex in front of the children or get in the way when your partner wants to spend quality time alone with his or her children.
- 2. Come bearing gifts:** It's never a good idea to try to buy someone's love. However, kids love getting gifts. It makes them feel important that you thought of them. Also, getting them a little something you knew they have been wanting or would like shows that you are making an effort to get to know them.
- 3. Go on a date with the kids:** Cameron Diaz and A-Rod had the right idea when they took the kids to an amusement park. Dating someone with children is a completely different playing field, so expect a mix of sophisticated dinners and dates with the kids at Chuck E Cheese.

Prince William and Kate Middleton: Australian Honeymoon?



Now that the world has most of the details on the royal wedding ceremony, the next question on everyone's mind seems to be where the Prince and his soon-to-be wife plan on spending their honeymoon. The fact that the pair can take their pick of pretty much anywhere in the world, makes the answer to this question that much more interesting. According to [People](#), Prince William has hinted toward an Australian honeymoon while visiting the areas of the continent that were

damaged from last month's Cyclone Yasi, saying, "I love scuba diving. I have always wanted to dive the [Great] Barrier Reef, I will have to come back – maybe we'll have a honeymoon in Cairns [Australia]?"

Where are the best places to go for a honeymoon? Cupid's Advice:

Although most of us don't have the luxury of taking our pick of anywhere in the world for our honeymoon, there are a few classic choices:

1. Hawaii: If you're leaning more toward a tropical destination, Hawaii has been a classic honeymooner spot for years. Between the beach, the sun and the luaus, you and your new spouse will have no problem getting a romantic getaway.

2. Italy: Some couples choose to go the more cultural route. If this sounds like you and your beau, a honeymoon to Italy is sure to bring great meals, fine art and traditional romance.

3. Florida: If your budget is a little tight after the wedding, Florida is a fantastic pick for newlyweds. With its festive atmosphere, beautiful beaches and famous amusement parks, Florida has something to offer all new couples.

Cupid Event: Finding Mr. Bright at Bloomingdale's





By Vicky Sullivan of Aspiring Socialite

I fell in love with Bloomingdale's long ago. However, over the weekend, I got to experience love in an entirely new way during the Cupid's Pulse Finding Mr. Bright event in the cosmetics department. As I have grown to know all too well, New Yorkers never have enough time. Therefore, multitasking is a must. Getting both makeup and dating advice in one session is just what any social or corporate ladder climber needs. The fabulous [Lori Bizzoco](#) (pictured left,) founder and editor-in-chief of **Cupid's Pulse**, opened the program with a star-studded presentation on how to find love based on lessons learned from celebrity romances and heartbreaks. As a blogger and Aspiring New York Socialite looking for love, Lori has been an excellent mentor and complete inspiration to me.

Stylish representatives from Benefit Cosmetics, a makeup brand founded in San Francisco based on the principles of fast and fabulous, demonstrated how a few brightening tricks can actively enhance your natural beauty. While "That Gal" brightening face primer can give you that Kim Kardashian glow, BADgal Lash Mascara can make your eyes pop like Scarlett

Johansson. As a blue eyed girl, I have my eyes on the Smokin' Eyes Sexy Eye & Brow Makeover Kit.

After The Breakup: Should You Stay in Contact With Your Ex?



By Natalie from Baggage Reclaim

One of the trickiest aspects of modern dating and relationships is the etiquette minefield that is keeping in touch with your ex.

There are two important things to consider:

Are you over them?: Have you worked through the loss of the relationship, grieved your feelings good, bad, and indifferent, accepted that it's over and reached a point of not being emotionally invested?

What is your *purpose* for staying in contact?: If it's friendship pure and simple, working together or sharing kids necessitates contact, these reasons are understandable. Anything else is a hidden agenda.

Unless you were 'over' him by the time you broke up, you need space before contact.

Many people believe that the mark of a good person is one that can remain friends with an ex...even one that didn't treat them well in the relationship. As a result, often the 'dumper' pushes for contact because gaining agreement makes them feel less guilty. The 'dumpee' might push for contact so that they can be validated and try to potentially 'win' their partner back.

Those who break up pretty amicably and understand and accept why the relationship ended are often OK with letting a friendship evolve naturally. Those who want to ease their conscience or keep a foothold in case they change their mind or who are seeking validation and don't want to let go will not have the patience for space. They're afraid of their partner moving on without them.

If your motives are not purely friendship or for professional/civil reasons, evaluate what you're doing because your agenda will create expectations that your ex cannot or shouldn't meet. You're likely to seek emotional and affectionate displays that are not appropriate for a friendship, and you may inadvertently try to control their agenda so that you don't have to let go. If you're keeping in contact in case you change your mind, you could be wreaking havoc in their lives. If you still look for things such as

sex and attention from them, you are using them.

Remember if you have any other agenda beyond being friends or professional/civil, it means you're not their friend so you shouldn't be keeping in touch.

Billy Ray Cyrus Calls Off Divorce From Wife Tish



In a shocking announcement last week, Billy Ray Cyrus told the ladies of *The View* that he had decided to drop the much-publicized divorce between himself and wife, Tish. The 17-year marriage that spawned teen sensation Miley Cyrus was in

danger of dissolving last year when the Cyruses filed for divorce, citing “irreconcilable differences.” After seeing how much the divorce was hurting the family, Billy Ray decided to call it off, reports [RadarOnline](#). “I dropped the divorce. I wanted to put my family back together,” he says. He also cited communication as one of the their biggest problems, and added, “I think for the first time me and my entire family are finally communicating with each other.”

What are some ways to work on your rocky relationship?

Cupid's Advice:

If you and your mate are headed toward a breakup, it's not too late to try to save the relationship. Cupid has some ideas on how to work on a troubled relationship:

- 1. Make the grand gesture:** When you or your partner just can't get what you want from the other person, it's time to make the grand gesture. For example, if your mate thinks you're afraid of commitment, maybe it's time to ask him to move in.
 - 2. Communicate:** Lack of communication is one of the most common reasons for a breakup. Make sure you are both comfortable sharing your thoughts and feelings with each other.
 - 3. Do little things:** Sure, the big things are important, but a little goes a long way. Try doing small things like cooking dinner or buying your mate flowers. They'll appreciate it more than you know.
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Bradley Cooper and Renee Zellweger Split



She'll be writing about this one in her diary. Reports from [RadarOnline](#) say that *Bridget Jones* star Renee Zellweger and Bradley Cooper, the star of *The Hangover* and *Limitless*, have broken up after two years together. Neither have commented on the split, but sources have told [UsMagazine.com](#) that things ended following the release of photos which depict Cooper with another woman. "I just don't want to talk about that," Cooper told Howard Stern while on the shock jock's radio show. Star Magazine revealed Cooper was sneaking around with Hollywood girls such as Sandra Bullock and Jessica Biel.

What are signs that you should move on from a relationship?

Cupid's Advice:

No relationship is limitless. Cupid has some signals that things have reached their breaking points:

- 1. No more sparks:** If you can't remember why you initially became attracted to your lover, then chances are it's time to end things.
 - 2. Feelings for someone else:** An old rule of dating goes, "If you have time to cheat, you have time to break up." There's no reason to cheat when all it takes is a talk with your partner, explaining to them that you have feelings for someone else.
 - 3. 'Happiness is a warm gun':** Although not every minute of dating is fun, if you and your significant other are not generally happy, then it may be time to take a break or say goodbye for good.
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'Teen Mom' Leah Simms Was Overwhelmed with Wedding Plans





It's hard enough planning your wedding without kids, but add twin 15-month-olds to the mix and it can be even more stressful! Just ask *Teen Mom 2* star Leah Simms. The 18-year-old mom, who was planning her upcoming nuptials with her babies' father Corey in the show's latest episode, was beginning to get frustrated with wedding planning and raising her kids at the same time, according to UsMagazine.com. "I'm getting frustrated about it. I haven't got my dress, Corey hasn't gotten my wedding band," Leah told her mom, Dawn. "We were talking today about postponing it, but I don't know what we're going to do. I'm completely stressed out about it."

How can you avoid getting stressed by wedding planning?

Cupid's Advice:

Your wedding will probably be the happiest day of your life, but it's not easy getting it to run smoothly. Cupid has some tips on how to cut back on the frustration of the planning process:

1. Think in perspective: Let's face it. Your wedding is just

one day out of the rest of your lives together. Of course you want everything to run smoothly and be memorable, but chances are that the fact that you're marrying the love of your life will trump anything that goes wrong with the cake.

2. Delegate: The best thing you can do is give the people who care about you jobs to do. Your wedding party, family and close friends will be more than willing to help in any way they can!

3. Plan in advance: Get everything done as early as possible, so that you can relax in the weeks leading up to your big day. Make sure you aren't stressed from planning right before you wedding.

Beastly featuring Vanessa Hudgens, Alex Pettyfer and Mary-Kate Olsen





Beastly, a modern day depiction of *Beauty and the Beast*, tells the tale of Kyle Kingson (Alex Pettyfer), the ideal handsome high school student who has anything he could ever want. His only downfall is his love for picking on those inferior to him. Things take a turn for the worse after Kyle ditches a goth girl (Mary-Kate Olsen), who casts a spell and transforms Kyle into a hideous creature. The spell can only be broken if he can find someone who's able to love him for his inner qualities. Kyle's father (Peter Krause) isn't one who can do this, sending Kyle off to live in Brooklyn where he vows to protect a local addict if he lets his beautiful daughter (Vanessa Hudgens) live with Kyle. Over the course of the film, this couple forms a deep relationship unlike anything Kyle had in high school.

How important is physical attraction in a relationship?

Cupid's Advice:

Sure, good looks draw attention, but how far does that really

go? Cupid has a few things to consider and other important traits to look for when finding a long-term mate:

1. Old age: As gruesome as it sounds, everyone gets old, and looks will fade in time. Dating based entirely on physical attraction probably isn't the best idea.

2. Carrying conversations: Probably the best long-term commitment is one where you and your partner are able to sit down and talk for hours about anything ranging from current events to your deepest feelings. Once looks are gone, the only thing left is your ability to communicate.

3. Moral character: You may get along with someone on the surface, but if you're not on the same page morally, your relationship may be doomed. The longer you're in a relationship, the more moral character plays an important part.

Release date: March 18, 2011

Cupid's rating: 3/5

Chad Ochocinco and Evelyn Lozada Not Rushing to Marry





Cincinnati Bengals star Chad Ochocinco may have rushed his engagement to fiancée former *Basketball Wives* star Evelyn Lozada, but don't expect to see them walking down the aisle anytime soon. "He has four kids. I have one. We want to be engaged for at least a year and enjoy our time with our children, and then we're going to plan our wedding," said Lozada at *Cosmopolitan's* Fun Fearless Males of 2011 party.

Ochocinco thinks that his relationship with Lozada works so well because they are completely open with each other, according to [People](#). "I know everything about her, so there are no surprises," said the football player.

Is it important to know your partner's every secret?

Cupid's Advice:

There's no doubt that it's important to know your partner well before you decide to spend your life with him or her, but it's not necessary to know every last detail. Here's why:

1. Keep the mystery alive: There's no fun in knowing everything about your partner right from the start, because

then there's nothing to discover or reveal throughout the rest of your lives together.

2. It's not possible: The bottom line is that it's not possible to *fully* know someone. We don't remember every detail of our lives, so there's no way we can relay everything to our partners.

3. You're entitled to secrets: If your secret has nothing to do with your partner and isn't in any way deceiving him or her, it's completely fine if you have a secret or two. Being open doesn't necessary mean you have to share every detail of your life.