

# Beauty Tips: Best Anti-Aging Ingredients



By [Carly Horowitz](#)

Lana Del Rey's lyrics resonate with all of us when she sings, "Will you still love me when I'm no longer young and beautiful?" But, who says you can't be older and beautiful? Many people make efforts to minimize how their skin will age, but how much of those products truly work? Fortunately, Cupid has narrowed down the most effective and natural ingredients that help to make your skin the healthiest it can be as time goes on. You can be going on [date nights](#) in your 70's feeling like you're still in your 30's!

# Here are some [beauty tips](#) on the most beneficial anti-aging ingredients to look for in the products you buy:

**1. Vitamin C:** The antioxidants in Vitamin C are what make it so favorable for your skin. It can help prevent and treat sun damage and under-eye circles. Therefore, you can use Vitamin C-based products before you even notice aging skin damage, or after it already occurs, and it will help either way. You can invest in Vitamin C serum, or find an anti-aging product that contains Vitamin C. This natural vitamin also serves as a great moisturizer.

**2. Tea Extracts:** Research has shown that applying green tea leaves or extracts to your skin have anti-aging benefits. The best part about this ingredient is that it's natural. You don't want to bombard your face with harsh chemicals. Applying white tea extracts to your face can help to reduce wrinkles, eliminate sun damage and replenish firmness. Plus, not only is it beneficial to apply the extracts, but it also helps if you sip white tea as well!

**Related Link:** [Beauty Trend: 5 Face Masks to Try](#)

**3. Sea Buckthorn Oil:** This fabulous oil can help to slow down the signs of aging if you use it on the daily. It nourishes the tissues in your skin and hydrates it. It can also help in healing burns, cuts, wounds, sunburn, rashes, and just about any type of skin damage. You can apply the oil topically, find a product that contains it, or ingest it orally. If you take it orally, other great things this oil can do is prevent liver damage, help with weight management, and aid in preventing Alzheimer's disease. Sea buckthorn oil seems pretty magical.

**4. Grape Seed Extracts:** Grape seed oil is known to not clog your pores while it tightens your skin and helps diminish dark circles around your eyes. It contains natural ingredients that fight against skin aging. Again, natural products are the way to go. Experiment with which ones feel most comfortable on your skin, and get ready to glow for the rest of your life!

**Related Link:** [Beauty Tips: No Makeup Is the New Best Look](#)

**5. Retinol:** Retinol is pretty much just the technical name for Vitamin A, and it is fairly amazing. It can help to diminish fine lines and wrinkles to the point where you can visibly notice it. Of course, it also aids in firming your skin. Retinol works at the deepest level of your skin to produce the best anti-aging results possible.

Even though we all strive to obtain a fresh, young look throughout time, we must remember that every one of us is beautiful. Wrinkles are beautiful in their own way! If you do wish to minimize them, these ingredients are the best way to go.

**What are some other great anti-aging products to use? Comment below!**

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## **Date Idea: Take a Trip Down Memory Lane**





By [Marissa Donovan](#)

Some of the sweetest memories between two people come from the very beginning of their relationship. This weekend, plan a [date night](#) centered around all of your first experiences as a couple. It will be an evocative reminder of why you're together and how far you've come.

## Walk down memory lane as a couple!

Relive that special moment by visiting the place where you met. If you were introduced at a bar, go back and order the same drinks. Wear the same outfit you wore on your first date, if possible, or simply grab a bite to eat and recall what attracted you to one another.

**Related Link:** [Relationship Advice: Plan a City Scavenger Hunt](#)

Take some time to plan out the evening by revisiting the same restaurant, club, or venue that ignited the initial spark before you two became an item. Put on your best dress, have your partner pick you up, and get to know one another all over



again. You're bound to feel those familiar butterflies, rekindling your romance once more.

**Related Link:** [Date Idea: Go Back to College!](#)

No matter where you met, engage in activities reminiscent of your vibrant beginnings as a pair.

Have you relived old memories with your long term love? Do you have a great first date story? Give our readers [relationship advice](#) on how to relive memories in the comments!

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## Date Idea: Stay Indoors



By [Marissa Donovan](#)

We've all had one of those days where we just want to stay home and do absolutely nothing. Of course you've been looking forward to going on that special date with your significant other, but after a stressful week, you'd rather stay indoors and just relax. Well, why not do both?

## **Experience a fun night indoors with your partner!**

Invite your significant other over your house and spend time together there. Spend the night playing card games or play video games. To make things interesting, create your own rules. Come up with penalties for the loser and prizes for the winner. Show off your competitive side!

**Related Link:** [Weekend Date Idea: Game On](#)

If you run out of games to play, take out a puzzle you've never been able to complete. Sit down with some coffee and sweets as both of you attempt to put the pieces together. There are also puzzle apps you can download on your phone in case you don't own one to solve together.

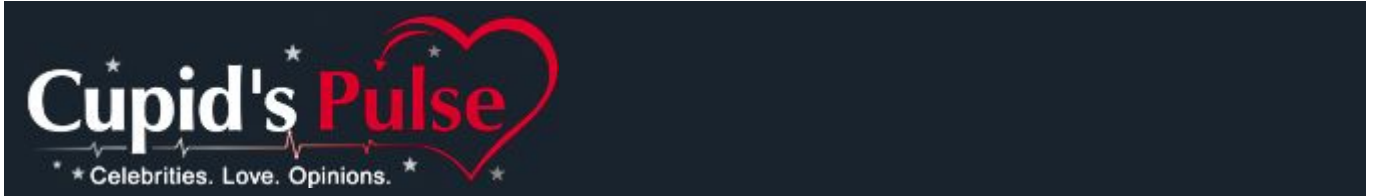
**Related Link:** [Date Idea: Enjoy the Snow from Indoors](#)

After you solve your puzzle can settle down in front of the TV with a bowl of popcorn with your partner. There's many other ideas for a fun night indoors. Make sure to have fun and stay warm!

**Have a favorite indoors date of your own? Comment below and share with our readers.**

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# Date Idea: Gamble on Love



By [Marissa Donovan](#)

With the new year approaching, there's no better time to take a risk on your love life. Try your luck by heading to your nearest casino. It's perfect for a first date, group outing, or general date night with your partner.

## There's something for everyone at a casino!

You'll never feel bored with your partner at a casino. Many

entertainment venues are typically near you location wise and offer all kinds of shows. Casinos often have with performances by musicians, magicians, and comedians.

**Related Link:** [Date Idea: Love is Magic](#)

You can always start the night by hitting the tables. Have fun playing blackjack or trying the slots. You can even plan a trip in conjunction with the casino, with help from TripAdvisor's list of the best casinos.

**Related Link:** [Weekend Date Idea: Rack Up a Few Laughs At a Comedy Show!](#)

For more luxury hotel casinos for a high-end weekend getaway, check out [Gayot.com](#).

**Do you know of a fun casino to visit? Share your suggestion in the comments bellow for our readers to see!**

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## Date Idea: Plan a Party







By [Marissa Donovan](#)

Tired of getting stuck inside due to the snowfall? After watching every movie during the 25 Days of Christmas twice over, what are you and your partner to do? Tell your friends to put on their ugly Christmas sweaters and get ready for a holiday bash!

**With this [date idea](#), parties will bring out the holiday spirit in your relationship.**

When it comes to the guest list, don't be afraid to get creative! Send a holiday spirited invitation to your boyfriend's friends as well as your own. Introducing your friends will bring you two closer, and you might make a few love connections.

**Related Link:** [Celebrity News: Best Ugly Christmas Sweaters](#)

Now to the good stuff – the food of course! A pot luck is

always a great idea for a gathering of close friends and family. You're then serving a wide variety of dishes, and you might even snag a secret recipe! Another option is to spend the day cooking up a storm while listening to some holiday tunes with your sweetheart.

**Related Link:** [Dating Advice: Don't Be Afraid to Sparkle During the Holidays—Even If You are Single](#)

Don't be stuck in the holiday blues. Celebrate your relationship this season with a holiday party!

Have any other fun holiday themes in mind? Leave your party ideas in the comments bellow!

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## Product Review: Organize Your Quick Summer Look With Boxy Girl





By [Marissa Donovan](#)

*This post was sponsored by Boxy Girl.*

Summer can be a crazy time of business meetings, [date nights](#), and brunch with friends. Before leaving the house, you probably need to quickly get ready. Sometimes it's a struggle to put on the right shade of concealer to cover up yesterday's sunburn that also blends in with your sun-kissed skin. You find yourself searching for earrings to wear, but you can't seem to find a pair that matches. We have a hard enough time trying to organize our busy schedules, so why should getting ready be a scattered mess?

**Boxy Girl is your quick fix for  
coordinating your  
Summer [beauty](#) looks!**

Boxy Girl is a brand that creates chic and clear multi-compartment drawers and add-on organizers that can help you

separate your products. Boxy Girl stacks are durable due to their non-slip surface protectors that prevent your items from damaging the acrylic surface. There are so many stacks to choose from that you can even build your own vanity! Boxy Girl has been named [People.com's](#) 'Genius Organizer' of 2017. Kylie Jenner even has her own Boxy Girl to help arrange her many cosmetics!

**Related Link:** [Beauty Trends: Best Beauty Buys for Summer 2017](#)

### **Original Four Stack With Lid**



The Original Four Stack With Lid is a basic need for all beauty gurus have an array of different shades of lipsticks and eye shadows. You can categorize your looks through the four clear drawers by tones or by what time of day you wear a certain shade. You may want to consider using a drawer for your make-up removal or skin care routine since that can sometimes get messy. If you're not much for makeup the stack can be fantastic storage for nail polish and other manicure accessories for a fun a spa day with friends!

**Related Link:** [Product Review: Beauty Products That Will Have You Feeling Radiant All Summer Long](#)

### **Half Brush Stack**



The Half Brush Stack allows you to bundle many brushes and beauty blender of all sizes into three spacious tubes. If you have many rings and bracelets then buying this stack is necessary to keep everything in order so your jewelry doesn't get lost or scratched.

**Organized your look this summer the right way! Use our coupon codes: CP25 for \$25 off the Original Boxy 4-Stack or CP20 for 20% off any Boxy product on [boxygirl.com](http://boxygirl.com). This is a summer investment you don't want to pass up!**