

# Celebrity Break-Up: Danica Patrick Shuts Down Comment About 'Failed' Relationship



By Alycia Williams

In latest [celebrity news](#), Danica Patrick addresses internet trolls when someone comments on her [celebrity break-up](#) with Aaron Rodgers. According to *EOnline.com*, someone commented on Patrick's post saying, "At 38, its over for you in the relationship world with high value men. From a failed marriage to failed dating clearly you have a problem dating." Patrick posted the comment and captioned the post "If we let what one person thinks of us be our reality, we are doomed. Realize that what someone says to us has a lot more to do with their own wounds and reality than ours. Our reality is our decision."

Still not easy but true.”

**In celebrity break-up news, Danica Patrick isn't letting anyone get away with bashing her most recent relationship with Aaron Rodgers. What are some ways to keep outside comments after a split from affecting you?**

#### **Cupid's Advice:**

Getting over a break-up is hard enough as it is, but with additional comments on your split just adds to the negativity. If you are looking for ways to keep negative comments after a split from affecting you, Cupid has some advice for you:

**1. Address the comments:** Just like Danica Patrick you can respond to the comment to keep people commenting on your situation. Whether you reply nicely or not so nicely people will eventually get the hint that you aren't interested in their remarks.

**Related Link:** [Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split](#)

**2. Ignore the comments:** Although addressing the comments could be helpful, ignoring it completely could also be the right answer. By not shedding any light to what other people have to say, in time people won't say anything knowing that you won't respond.

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**3. Keep a positive circle:** Surround yourself with people who always have a positive attitude, who can always see the bright side of the situation. When you start allowing a lot of people to know your business, that's how you get negative comments. Keep your circle tight.

What are some other ways to keep out comments after a split from affecting you? Start a conversation the comments below!

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## **Celebrity Break-Up: Danica Patrick Is Doing 'Emotional Therapy' After Aaron Rodgers Split**





By Alycia Williams

In latest [celebrity news](#), Danica Patrick posted about doing an “emotional therapy” workout just weeks after her [celebrity break-up](#) from NFL quarterback Aaron Rodgers. According to *UsMagazine.com*, Patrick posted a photo on Instagram that showed her posing beside a mountain lake. The photo was captioned “I got me, I always have.” Patrick explained that she started doing The Class workout a week ago after her friend Heather Nielsen said she was loving it. “Turns out, now I do too!” she wrote of the calisthenics and plyometrics routine.

**In celebrity break-up news, Danica Patrick is working on herself emotionally after her break-up from Aaron Rodgers. What are some ways**

# to cope during a hard time after a split?

## Cupid's Advice:

A break-up can be hard time in life. Finding ways to get back to your old self is difficult. If you are looking for ways to cope during a hard time after a split, Cupid has some advice for you:

**1. Write it or talk it out:** Writing out your thoughts in a journal, having a good cry, or talking to a therapist can help you process and gain the clarity you need to see why the relationship didn't work and why you'll be better off without your former partner.

**Related Link:** [Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split](#)

**2. Get active:** Going for a run or hitting the elliptical can lower your stress levels, improve cognitive functioning and boost your mood in addition to providing a healthy distraction from your worries. Even if exercising is the last thing you want to do, the act of simply getting out of your head and focusing your awareness on your body can be helpful.

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**3. Do things you love:** Treat yourself to something that make you feel good, whether it's a cup of coffee with a friend or a massage. Self-care is essential to the healing process, and doing things that make you smile can help you heal.

**What are some other ways to cope during a hard time after a split? Start a conversation in the comments below!**

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# Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split



By Alycia Williams

In latest [celebrity news](#), Danica Patrick is focusing on her emotional well-being after her [celebrity break-up](#) from Aaron Rodgers. According to *UsMagazine.com*, Patrick shared that she watched a video on where trauma is stored in the body. She also shared a few quotes to her Instagram. “You know the saying ‘gut feeling’? I have found it speaks to me before the mind. I take it as an invitation to stop and look within. I

journal and ask what could be going on?" She later shared another quote: "The pain that we are given is the pain that we pass on."

## **In celebrity break-up news, Danica Patrick seems to be having a rough time after her split from Aaron Rodgers. What are some ways to communicate your pain to family and friends?**

### **Cupid's Advice:**

Feeling pain after a break-up is completely natural and expected, but holding onto that pain will only make it worse. If you are looking for ways to communicate your pain to your friends and family, Cupid has some advice for you:

**1. Find out who you're most comfortable with:** Telling all of your friends and all of your family about your pain won't be helpful because you'll just keep repeating yourself. Out of everyone find two or three people you feel the most comfortable talking to and anytime you feel like you need to talk you should call one of them.

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**2. Don't hold back:** The whole point of talking to your friends and family is to get what you need off your chest. That won't work if you leave stuff out. Be open and honest with them to really lay out all of the pain.

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**3. Find out what works best for you:** Since this is your time to release pain you should have control over every detail. Whether it's texting, calling, or meeting up in person, whatever makes you feel the most comfortable is what you should be doing.

What are some other ways to communicate your pain to family and friends? Start a conversation in comments below!

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## Celebrity Couple News: Aaron Rodgers Surprises Danica Patrick With Birthday Trip to Paris





By [Mara Miller](#)

In the latest [celebrity couple](#) news, Aaron Rodgers surprised girlfriend Danica Patrick with a birthday trip to the City of Love for her 37th birthday, according to *UsMagazine.com*. Patrick shared a photo on Instagram of her smooching her beau in front of the Eiffel Tower, with the caption, "For my birthday he said pack a bag, we are going somewhere. Amazing." What a sweet, thoughtful gift!

**In celebrity couple news, Aaron and Danica are headed to Paris! What are some affordable options for a birthday surprise for your partner?**

#### **Cupid's Advice:**

While you might wish you could jet off with your partner to Paris for a surprise birthday gift, that option may not be affordable. Cupid has gathered a list of affordable birthday

surprise ideas for your partner!

**1. Home cooked meal:** Forgo the expensive eating out and make a meal at home. Home dinner kits are available online. Some meal kits are even coming to local grocery stores. They're great because they have everything you need and don't take long to prepare.

**Related Link:** [Celebrity Couple News: Newlyweds Lea Michele & Husband Zandy Reich Honeymoon in the Sun](#)

**2. Mini road trip:** Do some research before you surprise your sweetie for their birthday. Find a historical site they've always wanted to see in your home state or a museum you haven't been to and take them.

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**3. A love note:** You can leave a note beside the bed, in your partner's car, or next to a fully prepared breakfast in the morning. Write something sincere and thoughtful, letting your partner know how much you love them, and wishing them a happy birthday.

**What are some other affordable options to surprise your partner on their birthday? Let us know in the comments below!**

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## **New Celebrity Couple: Danica Patrick Confirms She's Dating**

# Aaron Rogers



By [Carly Horowitz](#)

There is a new [celebrity couple](#) in the world today! After gossip that Danica Patrick and Aaron Rogers had a [date night](#) on Saturday, January 13, Patrick confirmed their relationship two days later: "Yes, Aaron and I are dating", she told The Associated Press, according to [UsMagazine.com](#). The [latest celebrity news](#) reveals that NASCAR driver Patrick has always rooted for Rogers, as he is the quarterback for the Greenbay Packers NFL team, even though she has been a Chicago Bears fan for years. One could say she has had a long time celebrity crush on him! Sometimes dreams do come true.

# **This new celebrity couple news is spreading fast to the ears of many. What are some ways to announce your relationship to friends and family?**

## **Cupid's Advice**

Breaking the news to your friends and family about new relationships can sometimes be nerve racking! Cupid is here to help make this reveal as easy as possible:

**1. Prioritize who you want to reveal the news to "officially":** Don't stress out about telling every single person in your life that you're in a new relationship. If you want to flaunt it, great! Go for it. But, think about the most important people in your life- your family and your close friends, and make sure you get a chance to officially tell them about your new relationship so that they feel happy to be informed.

**Related Link:** [Celebrity News: Danica Patrick Crashes After Boyfriend Forces Her Car Into Wreck](#)

**2. Evaluate the mood:** You want to make sure that when you go out of your way to tell the closest people in your life that you're in a new relationship, that they are in the right place to soak in this information. Make sure they are not busy with something else or worse, in a bad mood.

**Related Link:** [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

**3. Be ready for questions:** Of course your friends and family are going to want to know as much as they can about your new significant other before they even meet them. Be prepared to answer their questions as you feel comfortable. Maybe even

have a picture of them ready to show so that they can match the information about them to their face.

**Share some of your best and worst relationship reveal stories.  
Comment below!**