## Celebrity News: 'Bachelorette' Clare Crawley Says She's 'Going Through Things' After Thanksgiving with Dale





By Nicole Maher

In the latest <u>celebrity news</u>, former <u>Bachelorette</u> Clare Crawley alluded to some troubles in her <u>celebrity relationship</u> with Dale Moss after the pair spent this Thanksgiving together. According to <u>UsMagazine.com</u>, Crawley provided insight into the issues of their relationship in an Instagram caption, and explained how being a <u>reality television star</u>

does not "exempt" her from having real emotions. The pair made history after getting engaged after just two weeks on the show this past season.

In celebrity news, things may not be rainbows and roses for Clare Crawley and her new beau, Dale. What are some signs your relationship needs help?

## Cupid's Advice:

Every relationship is bound to run into issues at some point, whether it is early-on or after some time. While tough to navigate, these issues can point you to the areas of your relationship that need some more attention. If you are looking for some signs that your relationship needs help, Cupid has some advice for you:

1. You've stopped trying to problem-solve: In a healthy relationship, most issues are addressed with problem-solving and compromise. However, if these issues have caused you to avoid discussing possible solutions and led you to avoid the topic altogether, then it is a sign that your relationship needs help. Looking for new areas of compromise or different communication strategies may help you work through this rocky period.

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2. You've purposely spent less time together: Everyone needs a break from the partner occasionally, even if it is just for a few hours. But if you find yourself looking for extra opportunities to spend some time away from your partner, it

may be a sign that your relationship needs help. This person should be considered a safe-space in your life, not someone you are looking to avoid.

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3. You have fundamental differences: Especially in newer relationships, it can be exciting when you have a lot in common with your partner, but challenging when you start discovering differences. Large fundamental differences, such as desired living situations and future ideas of marriage and children, can reveal areas of your relationship that need help. If both partners are willing to compromise in some areas, it could easily become a resolved issue.

What are some other signs that a relationship needs help? Start a conversation in the comments below.

## Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss





By Carly Silva

In the <u>latest celebrity news</u>, DeAnna Pappas hinted at Clare Crowley and Dale Moss' relationship status when she appeared on the "Almost Famous" podcast earlier this month. According to *UsMagazine*, the <u>reality TV star</u> confirmed that *Bachelorette* Clare Crowley is apparently still smitten with Dale Moss, one of the contestants on Crowley's season of the Bachelorette.

In celebrity news, DeAnna Pappas referred to Clare's relationship status multiple times in a recent podcast episode. What are some ways to keep outside chatter about your relationship from affecting you?

## Cupid's Advice

When gossip and rumors are circulating about your

relationship, they can put a major damper on the excitement of being in love. If you're looking for ways to keep outside chatter about your relationship from affecting you, Cupid has some advice for you:

1. Address it: The most direct way to handle gossip regarding your relationship is to address it directly. This may mean confronting those spreading rumors in person, or even acknowledging haters online. While this may be an intense way of stopping the noise surrounding your relationship, it will definitely make it clear that you want the chatter to stop.

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2. Go private: Another way to avoid letting the negative rumors about your relationship affect you is to make your relationship less public. It will be extremely difficult for people to comment on and critique your relationship if they don't know anything about it. Try to limit how much you express your relationship on social media and start to enjoy your time with just your partner.

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<u>Relationship</u>

3. Switch your focus: The best way to stop chatter surrounding your relationship from affecting you is to switch your focus to what really matters. Instead of listening or responding to the rumors and gossip, try focusing on your partner and your relationship instead. Don't spend your time caught up in what other people are thinking, and channel that effort towards nurturing your relationship.

What are some other ways to keep outside chatter about your relationship from affecting you? Start a conversation in the comments down below!