# Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split





Ellie Rice

In the latest <u>celebrity news</u>, Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

#### Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

1. Stay on the same page: Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

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2. Be respectful: The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

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3. Redirect: If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

How would you keep your break-up drama-free? Start a conversation in the comments below!

#### Prince Harry and Cressida Bonas Are Back On





Maggie Manfredi

The Brits are back and beaming! According to <u>UsMagazine.com</u>, Prince Harry and Cressida Bonas' break up is over. The royal and socialite attended the Invictus Games Closing Ceremony on Sept. 14, and were spotted two additional nights after that event. Catching flicks and celebrating, the couple seems to be having fun and enjoying each other's company.

How do you know whether to give your relationship another try?

#### Cupid's Advice:

Relationship limbo is a hard state to be. If you find yourself questioning whether you want to move on from an ex or get back together, Cupid has some tips to tackle the relationship status conversation:

1. Be honest with yourself: Though it is easy to remember all the positive elements from your past together, make sure you reflect on why it didn't last the first time.

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2. Be happy: The most important thing to remember is you should be making choices that bring you joy and will lead to positive things in this life.

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**3. Work at it:** Committed relationships take patience and effort to get right, and no two couples are the same, just make sure that you are in love and doing right by your partner.

Do you think this is a fling or forever? Share your thoughts below!

#### Prince Harry and Cressida Bonas Split After Two Years





Sanetra Richards

Prince Harry is back on the market! According to <u>UsMagazine.com</u>, after a two year relationship, the Prince and girlfriend Cressida Bonas have separated . . . for now. "They're off, but I don't think it's for good," said a source to <u>Us</u>. "They hit a rocky patch and this decision is the result of that. Harry is the type to want to take breathers and then try again." A Kensington Palace spokesman went on to say, "We never comment on private lives." The pair met when Prince Harry's cousin Princess Eugenie of York, also the 25-year-old socialite's friend, introduced the two and they hit it off by July 2012. Despite the breakup, the two have remained friends: "It's very sad that they have decided to split. It's very amicable, but they have decided to go their separate ways," says a Bonas family source.

What are some ways to keep your split amicable?

#### Cupid's Advice:

Many former couples have a theory that there is no possibly

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way to end a relationship and be somewhat friendly to one another. It is far from easy! Subtract the hard feelings, irreconcilable differences, and that specific mentality and you will have the answer to keeping the breakup cordial. Cupid has a few tips to help you and your ex even things out and remain pleasant:

1. No harboring: Do not hold on to all of the negative things that happened in your relationship. You cannot expect to make progress individually and as an ex-couple if the past is constantly taunting you. Remember, heartbreak and anger is not a part of your closet's wardrobe!

**Related:** The REAL Reason that Gwyneth Paltrow and Chris Martin Split

2. Come to terms: There was a specific reason(s) why the relationship ended. Facing and accepting the breakup is a major factor when it comes to being able to keep things under wraps and the split amicable. Realize your ex may be moving on with their life, and you should do the same. Same book, new chapter!

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<u>Months After Separation</u>

3. Keep calm: Have complete control of your emotions. Avoid the random lashing out moments to your ex. This will prevent any chaos in your attempt to keep the (former) relationship on a good note.

How do you keep a split amicable? Share your suggestions below.

## Family Source Says Prince Harry Is 'Very Serious' with Cressida Bonas





Kristyn Schwiep

Prince Harry and Cressida Bonas are becoming very serious, a family source told <u>People</u>. The couple has been together for a year and has recently taken their relationship into the spotlight. "They are quite perfect for each other," a family source tells People.

By

How do you know when to get serious with a new partner?

#### Cupid's Advice:

Beginning a new relationship can be an exciting time in your life. But how do you know when it is time to get serious with your new partner? Cupid has some advice for you:

- 1. Time together: If you're almost always together and enjoy spending most of your time with your partner, then its time to get serious and put a label on your relationship.
- 2. Family: Have your families met yet? If they have its pretty safe to say that things are starting to get serious in your relationship. Meeting the parents is a big sign that you are in this relationship for the long haul.
- 3. The future: If you've talked about the future and where you two see yourself in the future, your relationship is getting serious. If you've spoken about marriage, moving in together, or kids that is a sign that it is time to get serious with your partner.

When did you know it was time to get serious with a new partner? Share your stories below.

#### Prince Harry and Cressida Bonas Have Back-to-Back Date Nights





#### Whitney Johnson

According to <u>People.com</u>, Prince Harry is still a happily taken man. He was seen with girlfriend, socialite Cressida Bonas, on back-to-back date nights earlier this week. On Monday, the lovebirds attended a James Blunt show at the Tabernacle in London's Notting Hill. The following evening, the casually-dressed couple were spotted at a performance of the *Book of Mormon*. This duo was first seen together during the summer of 2012 and rekindled their relationship in February when Bonas vacationed with the royal family in Switzerland.

How do you know how much time to spend with your partner in the beginning of a relationship?

#### Cupid's Advice:

You're dating the girl or guy of your dreams, and it's hard not to want to spend every minute of every day with them. It's important, though, to find balance in your life. You can embrace your new love while still maintaining your sense of self. The tricky part is figuring out just how much time to spend with your partner in the beginning of a

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relationship. Cupid has some tips:

- 1. Pace yourself: Too much, too soon can cause even a great relationship to suddenly end. If you've been seeing each other once or twice a week, gradually add another day or night to your typical schedule. After all, you want to leave them wanting more of you, not less!
- 2. Don't forget about your friends: Make sure that you still spend time with the other people in your life too. They'll resent you if you start ignoring them because of your partner, so be sure to spend two or three nights each week without your significant other by your side.
- 3. Enjoy your alone time: You don't want to forgo your personal passions because of romance, no matter how exciting your love life may be. Stick with your usual routine, whether it includes photography class on Tuesday evening or movie night every Friday. Once you feel confident that your sweetheart is sticking around, feel free to invite them to share your hobbies with you but never give them up.

How much time did you spend with your significant other at the start of your relationship? Tell us in the comments below!

### Prince Harry Reunites with Ex-Girlfriend Cressida Bonas





Nicole Weintraub

Prince Harry and former girlfriend Cressida Bonas are back together, sources report on *Extra*. The duo split after Harry's scandal of nude photos in Las Vegas in which he embarrassed the model. Bonas dumped the royal redhead, but the two have still been in contact with each other. Harry has missed his former girlfriend and revealed that he "wanted things to go back to normal when he returns" from Afghanistan. According to sources, Bonas feels the same way and is looking forward to his return where the two will finally be reunited.

Can you move on, forgive and be happy again with a partner who has cheated?

#### Cupid's Advice:

You never thought you would be back with him — he lied, cheated and the two of you have long since broken up. But can there be a round two? Cupid has some tips:

1. Forgive, don't forget: We all need to forgive, mostly in order to move on and heal ourselves. If we hold on to a grudge

and hold onto anger and resentment, then we are only hurting ourselves in the long run. Though, just because we forgive does not mean that we forget what has been done to us.

- 2. Think long and hard: Do not jump right in to another relationship, especially with someone who has cheated on you before. Weigh the pros and cons and truly consider whether or not your former beau has changed. Keep in mind the common saying: once a cheater, always a cheater.
- **3. Take baby steps:** Don't rush into anything; take baby steps to see if this is something that you and your partner truly want. Perhaps you have forgiven them, but you cannot trust them. Perhaps you will find you are on two different paths in life.

Would you ever get back with someone who cheated? Share your stories with us.