

Ashlee Simpson Is Spotted With a New Man



Rumor has it that Ashlee Simpson may have found herself a new love. According to [People](#), Simpson was seen kissing and strolling with *Boardwalk Empire* star Vincent Piazza on June 15. This isn't the first time she's been spotted with a man following her February divorce from Pete Wentz. A month after her official split from Wentz, rumors were reported that Simpson was involved with musician Craig Owens. Those reports were quickly shot down, but Simpson is certainly wasting no time getting out and about after her break-up.

What are ways to handle your ex dating someone new?

Cupid's Advice:

Moving on after a break-up is not an easy task, but there are some things you can do to make it easier. Cupid's got some suggestions:

1. Don't contact your ex: Seeing your ex with his or her new partner could be quite a blow, so until you're fully over the break-up, avoid seeing him or her. Stay away from places he or she is likely to frequent in order to prevent running into each other.

2. Bond with your friends: Instead of playing the victim card, get out there and have a good time. Supportive friends are the best psychologists. Nothing is as therapeutic and rewarding as a good laugh with your besties!

3. Start dating: Don't think that you're unlikeable. There are plenty of people who would be glad to date you. Nothing comes of being depressed and negative about relationships after a split.

What are some things you can do to get over your ex dating someone new? Share your thoughts below.