Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage

By Courtney Shapiro

In <u>celebrity news</u>, Offset recently spoke up after his grand gesture to Cardi B was rejected. The Migos rapper came on stage during one of his ex-love's concerts with flowers and a giant cake that said, "Take me back Cardi." According to *EOnline.com*, Offset begged the "Bodak Yellow" rapper to take him back, saying, "I just wanna tell you I'm sorry, bro, in person, in front of the world. I love you. Whatever I gotta do to show you that, I'm there." This <u>celebrity</u> <u>relationship</u> has been strained since accusations of infidelity came out against Offset.

In celebrity break-up news, no grand gesture is going to fix this relationship. What are some big ways to apologize to your partner after you've done something wrong?

Cupid's Advice:

How can you apologize to your partner after you've done something wrong? Cupid has some ideas:

1. Verbally say "I'm sorry": Tell your partner that you are sorry in person. Talk everything out and make sure you tell

your side, but also listen to what your partner has to say. This can help you and your partner come to terms with any issues.

Related Link: <u>Celebrity Break-Up: Niall Horan & Hailee</u> <u>Steinfeld Split</u>

2. Ask for forgiveness: Truly admitting that you're wrong and asking your partner for forgiveness can show them that the relationship is important. If you made a mistake and can move forward and admit it, the relationship will be better off.

Related Link: <u>Celebrity News: Ariana Grande Sets Record</u> <u>Straight on Ricky Alvarez Romance Rumors</u>

3. Let them know how you plan on fixing the situation: If you open up to you partner and find a way to tell them how you plan on righting your wrongs, then the apology may be accepted easier.

How did you apologize to your partner? Let us know below!

Celebrity Wedding: Lala Kent & Randall Emmett Celebrate Engagement With 'Pump Rules' Co-Stars

By <u>Courtney Shapiro</u>

In <u>celebrity news</u>, Lala Kent and recent fiance Randall Emmett rang in their engagement with close friends and family. The pair celebrated with several of their *Vanderpump Rules* costars this past weekend. The <u>celebrity couple</u> got engaged in September and enjoyed their time together at a party in Los Angeles. According to *UsMagazine.com*, Kent shared a moment of reflection for her late father, saying, "Very proud of the women that I'm becoming. And I know he feels so happy that you're with me." Kent and Emmett look forward to planning their special day.

In celebrity wedding news, Lala Kent is relishing being able to be in the limelight with her man Randall Emmett. What are some special ways to celebrate your engagement?

Cupid's Advice:

How can you celebrate your engagement? Cupid has some thoughts:

1. Go out to dinner with close friends: You and your partner don't have to have a huge celebration. Bring some close friends together to share the exciting news rather than being with a large crowd. The people who know you best will be the happiest for you, and you can share with everyone else at a later time.

Related Link: <u>Celebrity Engagement? Jennifer Lopez Flashes</u> <u>Diamond Ring at Game 2 of World Series With A-Rod</u>

2. Have a couples weekend: Take a mini vacation with your partner to celebrate your relationship. The two of you will have time to spend by yourselves and really take the time to remember why you got engaged.

Related Link: <u>Celebrity News: Wells Adams Praises GF Sarah</u> <u>Hyland One Week After Her Cousin's Death</u>

3. Visit the place where you had your first date: .You can celebrate your engagement by bringing your relationship full circle. The first date has a lot of meaning to you an your partner and it'll be special to go back there and celebrate.

How did you celebrate your engagement? Let us know in the comments!

Celebrity Break-Up: Niall Horan & Hailee Steinfeld Split

By Courtney Shapiro

In <u>celebrity news</u>, singer Niall Horan and actress/singer Hailee Steinfeld have called it quits. The <u>celebrity</u> <u>relationship</u> was strong over the summer, but the couple hasn't been together for a few months. The pair kept their time together on the down-low, and according to *E! Online*, a source shared that "Hailee realized she had a lot on her plate and her work schedule was insanely busy. She was gearing up for a huge press tour for her new movie," and she ultimately realized they "would be apart for mass amounts of time." Neither of them have spoken about the break-up.

In celebrity break-up news, Niall

Horan and Hailee Steinfeld are no more. What are some ways to keep a busy work schedule from affecting your relationship?

Cupid's Advice:

How can you keep a busy work schedule from affecting your relationship? Cupid has some thoughts:

1. Share a calendar: You and your partner can put everything you do in a calendar or planner. It will be clear when you have plans and when you don't so you can use any extra time to plan something with each other instead of trying to randomly schedule time.

Related Link: <u>Celebrity Exes Brad Pitt & Angelina Jolie Reach</u> <u>Child Custody Agreement</u>

2. Plan a time where the two of you can spend time with each other: The two of you can plan a day during the week where you only spend time with each other. It'll give you a chance to catch up with each other as well devote your full attention to one another. The time will just be for the two of you, and will allow you to strengthen the relationship after being so busy.

Related Link: <u>Celebrity News: Ariana Grande Says She Will</u> <u>Always Have 'Irrevocable Love' for Ex Pete Davidson</u>

3. Take the free time you have to show appreciation for your partner: The two of you might not be able to see each other all of the time, but you can still appreciate each other. Send messages to your partner throughout the day to let them know you're thinking about them. You could also get your partner something you know they like to show them they're important

even though you are busy.

How did you keep a busy schedule from affecting your relationship? Share with us below!

Celebrity News: Dax Shepard Denies Having Affair With Julie Andrews' Granddaughter

By Courtney Shapiro

In <u>celebrity news</u>, Dax Shepard speaks out against cheating allegations that surfaced recently. According to UsMagazine.com, Shepard responded to a Daily Mail post claiming he had cheated, saying, "Hey Daily Mail, that photo is 13 years old, not 9. Also, Kayti has sold stories to tabloids about Matthew Perry, Jack Osbourne, Kid Rock, and now me. I look forward to her next one. Fingers crossed it's about my #1, Brad Pitt :)." Shepard's <u>celebrity relationship</u> with actress Kristen Bell is still going strong, and the pair is happily married with two children.

In celebrity news, Dax Shepard is publicly denying claims of an affair. What are some ways to defend yourself about untrue rumors that affect your relationship?

Cupid's Advice:

How can you defend yourself against rumors about your relationship? Cupid has some advice:

1. Stick by your partner: If rumors are circulating about your partner, make sure you stay positive and stick by them. The rumors aren't easy for either of you, but since they are specifically about your partner, they are probably having a more difficult time than you are. Help your partner by reassuring them that everything in the relationship is how it should be.

Related Link: <u>Celebrity News: Royal Drama Has 'Put Pressure'</u> on Prince Harry & Meghan Markle's Relationship

2. Have an open conversation with your partner: The best thing for your relationship is talking out the issues with each other. Don't accuse one another of anything without addressing the rumors first. Be open and honest with each other and tell each other if there is truly anything to worry about.

Related Link: <u>Celebrity News: Jennifer Garner & BF John Miller</u> <u>Are Stronger Than Ever Amid Split Rumors</u>

3. Stay out of your head: It can be hard to defend yourself when the rumor is specifically about you. You have to stay out of your own head and remember your character and who you are as a person, and remember that the rumors will die down.

How did you yourself against rumors? Let us know in the comments!

Fitness Trend: Establish a Workout of the Day

By Courtney Shapiro

If you are busy throughout the day, it can be difficult to establish a solid fitness regiment. A popular <u>fitness trend</u> right now is to set up a workout for each day. These workouts can be something different everyday; for example, Monday can be strength training, while Thursday can be more aerobic type exercises. Planning a workout every day will definitely help you get on the right fitness track.

In fitness trends, check out why you should establish a workout of the day.

1. A routine is a good way to achieve accountability: Plan a workout for each day and keep track of what you accomplish that day. The workouts you plan can change from day to day, but giving yourself a way to stay in shape everyday can help improve your accountability.

Related Link: <u>Fitness Trend: 5 Best Workout Apps</u>

2. Helps with organization: A lot of people use planners or calendars to keep track of the events going on in their daily lives. Use these tools to plan a workout as well. You can easily create a time where you will workout, and planning for the same time can make you more organized because working out will be something you expect in your routine.

3. You'll feel good about yourself: If you're able to get even a little exercise in throughout your day such as a short walk or weight training, you'll probably start to feel pretty confident. Working out has many benefits including better sleep, stronger metabolism, and boosted self esteem.

Related Link: Fitness Trend: Cold Therapy

4. You can inspire others: Once you start telling your friends or co-workers that you workout every day, they may be inspired to join you. You might even be able to start working out together and incorporating a partner workout into your routine.

5. Your health will improve: If you workout every day, your stamina and metabolism are sure to improve. You will also prevent yourself from certain diseases or medical problems that can arise if you are unhealthy.

What are some of the benefits of incorporating a daily workout into your routine? Let us know in the comments!

Celebrity News: Jennifer Garner & BF John Miller Are Stronger Than Ever Amid Split Rumors

By Courtney Shapiro

In <u>celebrity news</u>, Jennifer Garner's relationship is going strong, even though rumors that her and John Miller have split have been spreading. According to *UsMagazine.com*, "John and Jen are going stronger than ever," an insider said. "They are still spending a lot of time together." The celebrity couple made their relationship public in October and have been very happy with each other.

In celebrity news, the split rumors surrounding Jennifer and John are false. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

How can you keep rumors from affecting your relationship? Cupid has some advice:

1.Ignore the outsiders: The only people involved in the relationship are you and your partner. Keep the thoughts of others away from the two of you, and although it is easier said than done, you and your partner will be stronger.

Related Link: <u>New Celebrity Couple: Demi Lovato Caught Kissing</u> <u>Henry Levy During Dinner Date</u>

2. Talk to your partner if you have any concerns: Don't jump to conclusions about what's happening in your relationship. Talk to each other first, and hash out any concerns you may have. It'll be much easier if you talk to each other first rather than listening to anything else.

Related Link: <u>Celebrity News: Dakota Johnson Spends</u> <u>Thanksgiving with BF Chris Martin Along with Gwyneth Paltrow &</u> <u>Kids</u>

3. Spend time doing other things: If you and your partner keep busy, the rumors won't even matter to you. You and your partner will be occupied spending time with each other and can ignore any of the rumors about your relationship.

How did you avoid rumors about your relationship? Let us know below!

Celebrity News: Prince Harry 'Feels Powerless' Amidst Meghan Markle Royal Drama

By Courtney Shapiro

In <u>celebrity news</u>, Prince Harry is feeling pressure with the negativity surrounding his wife Meghan Markle. There has been a bit of a strain on the <u>celebrity relationship</u> because Prince Harry is "very frustrated with how little can be done" in regards to the harm around the Duchess. According to *UsMagazine.com*, reports have surfaced that Meghan Markle has been feuding with her sister-in-law as well as her private secretary, yet there was no drama with either party. Overall, Prince Harry just wants to be there for his wife.

In celebrity news, Prince Harry is feeling the pressure of the drama surrounding his bride Meghan Markle. What are some ways to support your partner through a hard time?

Cupid's Advice:

How can you support your partner through a hard time? Cupid has some thoughts:

1. Remind them it is only temporary: The hard time your partner is going through isn't going to last forever. Be positive with your partner and reassure them that they can get through the rough patches.

Related Link: <u>Prince Harry & Duchess Meghan Did Not Attend</u> <u>Priyanka Chopra & Nick Jonas' Wedding</u>

2. Don't add anymore negativity: Your partner might be going through something, and it's best you encourage them rather then put them down. Be gentle, your partner will notice that you're being supportive, and hopefully the rough time will end quickly.

Related Link: <u>Celeb News: How Miley Cyrus and Liam Hemsworth</u> <u>Beat the Odds to Become One of Hollywood's Most Solid Couples</u>

3.Let your partner know you're really here for them: It might be unspoken that the two of you are always there for each other, but verbalize those feelings. Telling you're partner that you're there for them can help ease their worry, and it can help the two of you grow stronger as a couple.

How did you support your partner? Let us know in the comments!

Product Review: Perfect Practical Gifts for Your Home

By Courtney Shapiro

It's holiday season! This is the best time of year to go

shopping for your family. If you're having trouble finding the best items, Cupid explores exciting and practical gifts in this <u>product review</u>, that your family will enjoy without breaking the bank.

Product Review: Check out some of the best gifts for your home this season

"Happy Day Rug", Rugs available \$18-370



"Happy Day" Rug by Lorena Canals. Photo: lorenacanals.com

Lorena Canals rugs make for perfect home decor. The rug designs are inspired by various sunrises and are made with an array of colors and fabrics. Lorena Canals is the founder of the Spanish lifestyle brand, and all of her rugs are ecofriendly, hypo-allergenic, and functional. These are sure to brighten up any living space.

Related Link: <u>Product Review: A Runner's Essential Product</u> <u>Guide</u>

ChargeHub Powerstation 360, \$60



ChargeHub Powerstation 360. Photo: limitlessinnovations.com

No more fighting with the family to see who gets to use the outlet! With this power station, 10 devices can charge at the same time. The port has six adapter outlets, as well as four USB ports. The USB ports have SmartSpeed® Technology, which means the device will charge much faster than a normal port. The station can be simply placed on the floor, or even mounted on the wall. For only \$60, this product is a steal!

Related Link: <u>Product Review: YouTuber Heather Marianna's</u> <u>Created ORganic Beauty Line, Beauty Kitchen</u>

BloomBaes, \$55-\$75



BloomBaes. Photo: bloombaes.com

Calling all chocolate lovers; these handcrafted artisan chocolate bouquets make the perfect gift. Made with chocolate truffles, sola wood flowers, and of course, love will definitely make someone smile. The bouquets come in two sizes with many decorative bucket and wrapping options. It only takes three easy steps; first choose your BloomBae, add a personal touch, and send it to brighten someone's day.

Related Link: <u>Product Review: These Personal Care Products</u> <u>Should Always Be In Your Bathroom</u>

Lotus Trolley Bag, \$22.99



Lotus Trolley Bag. Photo: lotustrolleybag.com

Get ready to up your grocery shopping game. This product comes as a set of four and easily lines up in the shopping cart. The re-usable, environmentally friendly bags are easy to use, hold up to 70 pounds, save time at checkout, and have special compartments for cold and fragile items. These bags should definitely be on your wish list.

Tastemaker, \$28



Tastemaker products. Photo: Amazon.com

Whether you're hosting a holiday party, or just having some family over, the Tastemaker is a fun gift for experimenting with new cocktail concoctions. This product is quick and easy to use, holds up to nine fluid ounces at a time, and can infuse something in as little as five minutes. You only need a base liquor, fruits and spices of your choice. The set comes with a built-in stainless steel mesh filter, four round ice ball molds and ten exclusive drink recipes. Impress your guests this season with your new found mixology skills!

Make sure to check out more of Cupid's product reviews.

Celebrity News: Wells Adams Praises GF Sarah Hyland One Week After Her Cousin's Death

By Courtney Shapiro

In <u>celebrity news</u>, Wells Adams has been super supportive towards his girlfriend Sarah Hyland after a tough couple of weeks. The actress shared that her cousin was killed in a drunk driving accident on December 2nd. According to *E! Online*, Adams posted a photo of him and Hyland with the caption, "This beautiful specimen has had a tough couple of weeks," he wrote. "I'm here to remind you @sarahhyland that there is light amongst all the darkness. If you ever doubt that, just look at this picture and remember how awesome we are." Adams and Hyland's <u>celebrity relationship</u> is strong, and the pair continue to support each other on and off of social media.

In celebrity news, Wells Adams is standing by his girlfriend in the wake of some controversy. What are some ways to stand up for your partner?

Cupid's Advice:

How can you stand up for your partner? Cupid has some ideas:

1. Respect each other: Don't disregard each other's ideals and make sure each of you gets to share your opinion. The relationship will end up stronger if you support each other

rather than putting each other down.

Related Link: <u>Celebrity Couple News: Ryan Gosling is</u> <u>'Completely Infatuated' With Wife Eva Mendes</u>

2. Be on their side: Standing up for your partner can be a big deal especially when it comes to events involving family. You should respect your family, but take into consideration the feelings of your partner. It'll be a great feeling to know you have your partner's support on certain topics.

Related Link: <u>Celebrity Couple News: The Weeknd Cheers on</u> <u>Girlfriend Bella Hadid at Victoria's Secret Fashion Show</u>

3.Remind them of their strength: The best thing you can do in a relationship is support each other. Make sure you remind your partner of how amazing they are, or something that you love about them. It'll help the two of you become stronger as a couple.

How did you stand up for your partner? Let us know below!

New Celebrity Couple: Demi Lovato Caught Kissing Henry Levy During Dinner Date

By Courtney Shapiro

In <u>celebrity news</u>, Demi Lovato was seen kissing clothing designer Henry Levy this past weekend. The rumored <u>celebrity</u> <u>couple</u> was out to dinner after the singer received a Grammy nomination for Best Pop Duo/Group Performance. According to *UsMagazine.com*, Lovato was first spotted with Levy in the beginning of November after completing her time in rehab. The clothing designer has also spent time in rehab previously. While Lovato's romance is fairly new, her main focus is recovery.

Things are heating up for this new celebrity couple! What are some ways to know when to take your relationship to the next level?

Cupid's Advice:

How do you know when your ready to take your relationship to the next level? Cupid has some thoughts:

1. You want to tell your friends and family: The two of you have been getting closer, so it may be time to tell the people who are important to you. If you and your partner are happy, and have kept it on the down-low for a bit, take some time to share your happiness about the relationship.

Related Link: New <u>Celebrity Couple: Lauren Bushnell Called</u> <u>Chris Lane's Ex-GF to Tell Her They Were Dating</u>

2. You feel secure in the relationship: You and your partner have gotten used to each other's company, and are comfortable being around each other. You trust each other and have communicated your feelings to the other person.

Related Link: <u>New Celebrity Couple: Channing Tatum Is Dating</u> <u>Jessie J Post-Divorce From Jenna Dewan</u>

3.You have discussed the future: The future of your relationship doesn't have to be something big and scary. You could take small steps towards your future for whatever you and your partner are comfortable with, and use that as a

stepping stone for bigger plans.

How did you take your relationship to the next level? Share with us below!

Parenting Advice: Road Trip Hacks

By Courtney Shapiro

Road trips can be a super fun way to bond as a family, but they can also get old after a while if you don't have a plan in place to keep everyone entertained. There's nothing worse than that dreaded, "Are we there yet?" question being asked multiple times. Here are some <u>parenting tips</u> for road trip hacks that can help keep the kids occupied.

Check out our parenting advice to keep your passengers busy along the way.

1. Snacks: Kids can start to get whiny if they don't have proper nourishment during the trip. Make sure you have plenty of snack varieties to keep hunger levels down. You'll win the road trip game if you have cool snacks like granola bars, fruit snacks, Chex Mix, and more.

Related Link: <u>Parenting Advice: Ways to Cope With The Terrible</u> <u>Twos</u>

2. Car games: There are so many games that can occupy a long

car ride. For example, with young kids you could play something as simple as "I SPY" or "I'm Going On a Picnic" where you name an item beginning with every letter of the alphabet until you get all the way through. These take up time and will help your kids forget that there is still time left in the car.

Related Link: Parenting Trend: Baby-Safe Teething Jewelry

3. Supplies: If you have young kids, make sure you pack everything for easy access while you're traveling. For example, don't forget the diapers, entertainment, and if it's a long trip, maybe even a change of clothes.

What is some parenting advice on how to hack a road trip? Share your thoughts below.

Celebrity News: Find Out Why Kristin Cavallari Keeps Finances Separate from Jay Cutler

By Courtney Shapiro

In <u>celebrity news</u>, Kristin Cavallari shared that she has a separate bank account from her husband Jay Cutler. She shares <u>relationship advice</u> saying that women should learn to be independent with their finances, and be with their partner because they love them, not because they need to be supported. According to *UsMagazine.com*, Cavallari said, "I have my own bank account … I just think it's important for the woman to

have a little independence."

In celebrity news, Kristin Cavallari keeps her own bank account to retain some independence. What are some reasons keeping separate finances from your significant other is a good idea?

Cupid's Advice:

How is having separate finances from your significant other a good idea? Cupid has some thoughts:

1. You want to buy things with the money you make: You should be able to make your own purchases with the money you earned yourself. You don't have to share every single small purchase you make with your partner.

Related Link: <u>Celebrity Couple News: Find Out Why Kanye West</u> <u>Surprised Wife Kim Kardashian With a \$1 Million Check</u>

2.You want to buy gifts for your partner: If you're buying something special for your partner, you want to keep it a secret. If you don't have separate accounts, your partner will be able to see the purchases made therefore making the gift less special.

Related Link: <u>Celeb News: How Miley Cyrus and Liam Hemsworth</u> <u>Beat the Odds to Become One of Hollywood's Most Solid Couples</u>

3.You get to learn independence: You and your partner can take responsibility for various expenses. Having separate accounts for certain bills can help you keep track of what you need to contribute.

How did you benefit from keeping your finances separate from your partner? Let us know below!

Celebrity Exes: Megan Fox Finally Confirms Past Romance with Shia LaBeouf

By Courtney Shapiro

In <u>celebrity news</u>, Megan Fox has finally admitted she was in relationship with Shia LaBeouf while on the set of *Transformers*. According to *UsMagazine.com*, Fox clarified and said the <u>celebrity relationship</u> was "on-set romance that didn't go anywhere afterwards." Labeouf, however, hinted that their relationship was more than an on-screen romance. The pair only briefly dated for six months, and Fox is currently married to Brian Austin Green.

These celebrity exes kept the fact that they dated close to the vest. What are some benefits to keep your new relationship on the down-low?

Cupid's Advice:

How can you benefit from keeping your relationship on the down low? Cupid has some thoughts:

1. You and your partner can focus more on each other: Not

involving too many people in your relationship will give you and your partner more time to be invested in each other. The relationship is between the two of you and will feel more special if the details aren't being spread around.

Related Link: <u>Celebrity News: Dakota Johnson Spends</u> <u>Thanksgiving with BF Chris Martin Along with Gwyneth Paltrow &</u> <u>Kids</u>

2. It's less stressful: You don't have to impress anyone or constantly talk about your relationship with other people. Do what makes you and your partner happy and forget everyone else.

Related Link: <u>Celebrity News: Halsey Responds to Rumors She's</u> <u>Dating John Mayer</u>

3.You and your partner are really get to know each other: If the relationship is still new, it is important that you and your partner take time to know each other before everyone else knows about it. When you feel ready, then you and your partner can give more details.

How did you benefit from keeping your relationship on the down low? Share with us below!

Product Review: Dysport & Restylane for Natural-Looking Skincare Success

Written by <u>Courtney Shapiro</u>

Getting older doesn't necessarily mean you need to look your

age or go through extensive surgery to achieve a younger appearance. Healthy and smooth looking skin is possible for everyone.

Galderma, a global leader in skincare, has created several products which are key to retaining effortless-looking beauty. Two of their most successful products to date include Dysport and Restylane.

Our founder, Lori Bizzoco found out first hand when she visited Brian D. Cohen, M.D., a board-certified plastic surgeon with offices in Great Neck and Manhattan. First, she was given Dysport which was injected in her forehead, around her eyes, and on her glabellar lines.

"I have very strong muscles in my face, and there is one stubborn line on my forehead that never seems to go away or soften with make-up or creams," she said. "I wasn't sure if Dysport would really do the trick, but after only a few days, my line has completely faded away."



Dysport is an FDA-approved prescription injection for the treatment of moderate to severe frown lines between the eyebrows. The great news is that with Dysport, it's the frown lines between the eyebrows that are minimized, not your expressions. It is a good choice for anyone under 65 who wants to give their skin a little rejuvenation.

Related Link: <u>Product Review: Giuliana Rancic Launches</u> <u>Fountain of Truth, a Clean-Beauty Skincare Line</u>

In addition to treating the lines around her forehead, Bizocco also opted for a lip plumping procedure using Restylane Silk. "I have extremely thin lips," she said. "But, I was always nervous to use a filler because I didn't want them to look overdone."



Restylane[®] can be used to add volume and fullness to the skin to correct moderate to severe facial wrinkles and folds, such as the lines from your nose to the corners of your mouth. Restylane offers five different product options all given in the form of injection including, Restylane Silk, Restylane Lyft, Restylane, Restylane Refyne, and Restylane Defyne. Each treatment is suited for any healthy person over 21 who wants to improve their skin quality.

Related Link: <u>Product Review: Visit VU Hair Salon in New York</u> <u>For Red Carpet Worthy Hair</u>

"The injection to my lips did hurt a little more than I expected and there was some bruising and swelling for a couple of days," she admitted. "However, the end result was worth it because my lips look fuller and lipstick goes on much smoother."

Thanks to Dr. Cohen and his staff, our founder's concerns were alleviated because the team took their time explaining the procedures thoroughly. The best part was that Dr. Cohen reassured her that she would walk out of the office with natural-looking results!

"Nothing was overdone or noticeable," she said. "In fact, I was able to go back to my normal day the minute I walked out the door."

You can follow Cohen Plastic Surgery on Instagram <u>@cohenplasticsurgery</u> or on <u>Facebook</u>.

If you are looking for a natural-looking way to boost your appearance, try Dysport or one of Restylane's many products today!

Travel Tips: How to Plan Your First Getaway Together as a Couple

By Courtney Shapiro

Taking a trip together as a couple is a big step forward in your relationship. There are several aspects that need to be planned out before going on vacation. Check out our <u>travel</u> advice for you and your partner's first trip together.

Here are a few travel tips to plan your first getaway as a couple:

1. Come up with a budget or payment plan: Obviously any vacation you and your partner take is going to cost money. Figure out how much you want to spend, and how the two of you

are going to take care of your travel expenses.

Related Link: Travel Tips: How to Live Like a Local

2. Decide what you both want to see:.Your idea of a vacation might be different from your partner's. Pick a place that interests both of you, and figure out what you can see while you're there so each of you can be satisfied.

3. Figure out what type of trip you're planning: Are you planning a tropical getaway, a strenuous exploration, or something in the middle? Discuss what the best option would be for you as a couple, and decide the best way to spend your time together.

Related Link: <u>Travel Tips: How to Plan a Debt-Free Vacation</u>

4. Do something special for the two of you: No matter where you end up on vacation, you should plan something that will be memorable for your future. The whole vacation could be special to you and your partner since it is just the two of you, but maybe you could take it to the next level and give yourselves a special night out.

5. Try something new: Going to a new place with your partner could be the perfect time to try something different. Be adventurous together and eat a new food, or share an experience that you probably would not have normally done.

What are some your travel tips for a couple's first getaway? Comment below.

Celebrity News: Dakota Johnson Spends Thanksgiving with BF Chris Martin Along with Gwyneth Paltrow & Kids

By Courtney Shapiro

In <u>celebrity news</u>, Dakota Johnson had a family-filled Thanksgiving. The actress spent the holiday with boyfriend Chris Martin, his ex-wife Gwyneth Paltrow and their two kids. According to *People*, "They're a total modern family and had a great time celebrating together," an insider shares. The <u>celebrity couple</u> have been together for over a year and decided to celebrate the holiday together, only a month after a false pregnancy report came out about Johnson. The pair has been very private about their relationship, but have said they are happy.

In celebrity news, Dakota Johnson took the next step in her relationship with Chris Martin by spending the holiday with his exwife and kids. What are some ways to know whether you're ready to spend the holidays together?

Cupid's Advice:

How do you know if you and your partner are ready to spend the holidays together? Cupid has some ideas:

1. You want to spend time with your partner and their family: If you have already met your partner's family, the holidays are a perfect time to learn more family traditions and get acclimated to the people who raised your partner.

Related Link: <u>Celebrity News: Chris Pratt and Katherine</u> <u>Schwarzenegger Are Getting Serious</u>

2.The relationship is getting more serious: When you and your partner start discussing the future together, it may be time to bring each other home for the holidays. If you've been together for a while, this may be the next step in the relationship.

Related Link: <u>New Celebrity Couple: Channing Tatum Is Dating</u> Jessie J Post-Divorce From Jenna Dewan

3.You are dreading being apart: You and your partner may spend a lot of time together to the point that going home without them for the holidays would not be any fun. Decide with your partner about going home together, and make the holidays special.

How did you know you were ready to spend the holidays with your partner? Share with us in the comments!

Celebrity Baby News: Bristol Palin's Ex Levi Johnston Is Expecting His Fourth Child

By Courtney Shapiro

In <u>celebrity baby news</u>, Levi Johnston will have another

addition to his family soon with wife Sunny Oglesby. This will be the third child for the <u>celebrity couple</u>. Johnston also has another son with his ex-fiancee, Bristol Palin. According to *UsMagazine.com*, Oglesby posted a photo on Instagram with the caption, "We are excited to say a little present is on the way. Baby Johnston #4 is due in July!" Palin praises both Johnston and Oglesby for being great parents, and continues to remain friends with the couple.

In celebrity baby news, Levi Johnston is expecting a fourth child. What are some ways to introduce a new child to your household?

Cupid's Advice:

How can you introduce a new child to your household? Cupid has some thoughts:

1. Include your children in the preparation for the new baby: Let your current child or children see the ultrasounds or touch the baby bump. It will feel more real if they are going through the process with you, rather than just talking about a new sibling.

Related Link: <u>Celebrity Baby News: Carrie Underwood Shares Sex</u> of Baby at 2018 CMAs

2. Have the new baby give a present: If the new baby's siblings are young enough, then receiving a gift from their new brother or sister will make them feel important. If the siblings are older, make the gift celebratory for becoming a sibling.

Related Link: <u>Celebrity Baby News: 'Bachelor' Arie Luyendyk</u> <u>Jr. and Lauren Burnham Are Expecting First Child</u>

3. Give the other children jobs to do: This gesture can make your other children feel important, if they are involved in something that will benefit the new baby. They just want to be included, and giving them the opportunity to help with tasks, even something small, could help reduce fear of being forgotten or left out.

How did introduce another child into your home? Share with us below!

Celebrity Interview: Ashley Iaconetti and Jared Haibon Talk Wedding Plans and Dating Tips

Interview by Lori Bizzoco. Written by Courtney Shapiro

Known for her tears on season 19 of *The Bachelor*, seasons two and three of *Bachelor In Paradise*, and season one of *Bachelor Winter Games*, Ashley Iaconetti never gave up hope for her happy ending. Jared Haibon was known for being on season 11 of *The Bachelorette*, and seasons two and three of *Bachelor in Paradise*. The two originally met on season two of *Bachelor in Paradise* back in 2015, and three years later are happily engaged.

In our exclusive <u>celebrity interview</u>, we chat with Iaconetti and Haibon about their relationship, their partnership with NET10 Wireless, and what their future holds for their <u>celebrity wedding</u>, kids, and careers.

Celebrity Interview with Ashley Iaconetti & Jared Haibon: Wedding Plans, NET10 Wireless, and Dating Advice

Iaconetti, star of the *Ben and Ashley I Almost Famous* podcast, is known for wearing her emotions on her sleeve; it's one of the many traits that makes her so lovable! When asked about her ability to share emotions so easily, Iaconetti confesses, "I have so much confidence that I don't care about being vulnerable and tearful. I embrace it." That confidence is what motivated her to pursue Haibon relentlessly. "The connection between us was super special, and I didn't think it was worth giving up on." Iaconetti says of Haibon's original rejection, "There were times I thought we were just going to be friends, but we had such a strong friendship that the relationship just came naturally."

Haibon, who was hesitant about pursuing a relationship with Iaconetti at first, shares that the couple were just friends after their brief stint in paradise; they didn't actually start dating until 2018. "I think that's the one thing that is misunderstood about Ashley and I," Haibon says. "We never dated before this year. People say to us that they are happy we got back together, but there was no getting back together. We were never together until now." When asked how he came to realize that he wanted a relationship with Iaconetti, Haibon says, "There was a reason why Ashley and I were best friends. We had this wonderful friendship that I was so unwilling to let go of." When asked, "Why now?" Haibon admits that when you lose something it sometimes makes you realize that you can't live without somebody, referring of course to Iaconetti's relationship with Kevin Wendt, her ex-boyfriend from *Bachelor Winter Games*.

Related Link: <u>Celebrity Interview: Former 'Bachelorette' Ali</u> <u>Fedotowsky Shares Her Tips on Staying Fit as a New Mom</u>

Before the two lovebirds dated, they kept in touch with the help of technology. "When Ashley and I were just friends, we kept the communication open. I know that I used a lot of data during this time," he laughs. It's a good thing, because Iaconetti was in L.A. and Haibon was in Rhode Island. Haibon reflects on the beginning of their relationship saying, "We talked almost every day and that was only because we have these phones at our disposal." That's why the celebrity <u>couple</u> partnered with NET10 Wireless this season to make digital-age dating easier in the hopes everyone will find love likes theirs. Iaconetti explains, "[NET10 Wireless is] now giving customers, for a limited time, double data and the unlimited plan is starting at \$35, which is great, especially if you're in a budding relationship that needs the help of face time or texting." Haibon adds, "The promotional deal is only running until the end of the year, so you have until December 31st."

Speaking of Rhode Island, we couldn't end the conversation without talking about this pair's upcoming wedding plans. "I I lucky when Ashley and got engaged," qot notes. "[Ashley] didn't really Haibon have any sentimental feelings to anywhere in the world that she wanted to get married." So, it was an easy decision that the couple will be tying the knot in the state where Haibon grew up. "I'm from there, my family and friends are there, so we were able to go wedding venue shopping a couple of months ago." The couple confirmed that they found a venue. "I think it's safe to say that it will be in Newport," Ashley slips while Haibon says, "Or Westerly," trying not to give too much away.

Many fans from Bachelor Nation are curious to know whether the

wedding will be televised, but the couple says it is highly unlikely. "We may share it with *Bachelor* Nation in our own way and our own control, but right now we aren't televising it."

Related Link: <u>Celebrity Interview: Reality TV Star Becca</u> <u>Tilley on 'The Bachelor' Finale: "Well, I Read the Spoilers!"</u>

Speaking of *Bachelor* Nation, we had to know if longtime fans Ashton Kutcher and Mila Kunis would be coming to the wedding. Haibon and Iaconetti previously met Kutcher and Kunis at a Dodgers Charity event this past summer, and Iaconetti said, "They are going to be invited," while Haibon chimed in, "Whether they come or not is out of our hands."

The pair is eager for their future together. We played a little game with them, asking how many kids they each want. They both answered simultaneously, "Two or three." It seems like we'll have another *Bachelor* family in our midst! The *Bachelor in Paradise* alumni also discussed how they're quite content in L.A. right now and will continue living there for their foreseeable future.

Jared and Ashley have such a great love story, and it is filled with hope for other singles. "There are a lot of guys out there like myself who have insecurities and doubts, and are afraid of commitment, but also afraid of disappointing the person they are with," Haibon says. "I think Ashley does give a lot of hope to women, but personally I think our story as a couple gives a lot of hope to not only women but men as well."

You can keep up with <u>Ashley Iaconetti</u> and <u>Jared Haibon</u> by following them on Instagram. You can also check out the <u>Ben</u> <u>and Ashley I Almost Famous</u> and <u>Help! I Suck At Dating</u> podcasts.

Celebrity Break-Up: Roger Mathews Claims Wife Jenni 'JWoww' Farley Finds Him 'Repulsive'

By Courtney Shapiro

In <u>celebrity news</u>, Roger Mathews posted a comment on a fellow Jersey Shore star's Instagram photo where he said "fun fact. My wife finds me repulsive." It is unclear whether the comment is serious or not, yet many people seem to find it humorous and sarcastic. The <u>celebrity relationship</u> between Mathews and his ex-wife Jenni 'Jwoww' Farley ended in September after Farley filed for divorce. According to UsMagazine.com, the reality star shared an Instagram post in October with the comment, "Humor has always been my way through life. Praying for a better tomorrow." the pair was married for three years, and also have two kids together.

In celebrity break-up news, things aren't going well in this *Jersey Shore* romance. What are some ways to keep a level head during a break-up?

Cupid's Advice:

How can you keep a level head during a break-up? Cupid has some advice:

1. Don't listen to what other people say: You and your partner

are the only ones who know all the details of your break-up. Just ignore what other people say about the relationship because they weren't involved anyway.

Related Link: <u>Celebrity Break-Up: Shawn Booth Breaks Silence</u> on 'Painful' Split from Kaitlyn Bristowe

2.Don't overthink everything: This is easier said then done, but try to keep the break-up out of your head. Overthinking every "wrong" thing will only drive you crazy and make you more upset. Stay calm and approach the situation rationally.

Related Link: <u>Celebrity Break-Up: Ariana Grande & Pete</u> <u>Davidson's Loved Ones Are 'Relieved' They Split</u>

3. Try not make assumptions or jump to conclusions: Speak to each other calmly and try not to yell or get uptight so fast. You don't fully know what that person is thinking, so don't get ahead of yourself.

How were you able to stay level headed during a break-up? Let us know below!

Celebrity Baby News: 'Bachelor' Arie Luyendyk Jr. and Lauren Burnham Are Expecting First Child

By Courtney Shapiro

In celebrity baby news, former Bachelor Arie Luyendyk Jr. and

fiance, Lauren Burnham are going to be parents. The <u>celebrity</u> <u>couple</u> is tying the knot in January of 2019, and they have been living together in Phoenix since April. "I kind of had a feeling that I might be pregnant. So my friend insisted on bringing a pregnancy test over," Burnham said to *UsMagazine.com*, adding that she made her fiancé read the results. "Arie came out with the test in his hand and tears in his eyes. He was like, 'You're pregnant!'" The pair is preparing for their upcoming wedding, and practicing their parenting skills on their two dogs.

In celebrity baby news, there's a *Bachelor* baby on the way! What are some ways to announce a surprise pregnancy to family and friends?

Cupid's Advice:

How can you announce a surprise pregnancy to your loved ones? Cupid has some thoughts:

1. Have a big dinner together: Bring everyone in for a nice family get together, and share the news then. It'll be nice to have the whole family in one place, and that way you can deliver the news to everyone at the same time.

Related Link: <u>Celebrity Baby News: Amy Schumer Is Pregnant,</u> <u>Expecting First Child with Husband Chris Fischer</u>

2.Bring up the topic of babies: If babies are already being talked about, it will be easy to mention you're having one of your own. Slip it in casually, and you'll definitely get a reaction from friends and family.

Related Link: <u>Royal Celebrity Baby: Prince Harry Hopes First</u> <u>Child With Duchess Meghan Is a Girl</u>

3.Make something special for your loved ones: Gather your family together and share something that will lead up to the reveal of the pregnancy. This could be a photo album, a scrapbook, or another keepsake that can help share the news.

Have you announced an unexpected pregnancy? Let us know in the comments below!

Fitness Trend: 5 Best Workout Apps

By Courtney Shapiro

In today's society, it can be pretty difficult to make it to a physical gym. Workout apps are a huge <u>fitness trend</u> right now that will help you save time and money. You can still burn calories and sweat from an at-home app workout; you just have to find what works best for you.

Check out which workout apps will get you the best results.

1. PEAR personal fitness coach: The free version of this app offers a wide variety of workouts and intensities that adapt to your personal fitness level. It also includes packages and coaches that gives you hands-free audio-based guidance.

Related Link: <u>Fitness Trend: Acai Bowls</u>

2. Workout Trainer: A good thing to have in a workout app is versatility. In this app specifically, you can pick from the step-by-step video or audio workouts, or you can create your own routines. The workouts range from gaining muscle to conditioning training, as well as other options.

3. Aaptiv: Unfortunately this training app is not free, but there are over 2,500 different types of workouts in various class styles that are offered. Workouts can be configured for distance, duration, intensity, or calories burned.

Related Link: Fitness Trend: Cold Therapy

4. Freeletics Bodyweight: This app requires nothing, but your body. The routines cover an array of muscle groups as well as fitness levels, and uses no outside equipment. Step-by step routines are also provided.

5. Nike+ Training Club: The workouts featured on this app are designed by professional athletes and celebrities. Workouts focus on strength, endurance, or mobility and offer three levels of difficulty. Users can also share photos after their workouts, and progress with the Nike+ Community.

What are some of your favorite workout apps? Let us know below!

Celebrity News: Ariana Grande Posts About 'Painful and Yet Beautiful' Life After Pete

Davidson Split

By Courtney Shapiro

In <u>celebrity news</u>, Ariana Grande is grateful for the support of her fans after her split from Pete Davidson. She described this part of her life to be "challenging, painful, yet beautiful" since the <u>celebrity relationship</u> just ended in October. The singer just achieved another milestone as her new single, "Thank u, next" is set to debut at no. 1 on the Billboard Hot 100. According to a tweet shared with UsMagazine.com, Grande wrote, "what an interesting, challenging, painful and yet beautiful and exciting chapter of life when it rains it pours but I'm embracing all of it. I'm excited for whatever the universe has in store for me. she's growing n she's grateful."

In celebrity news, Ariana Grande is opening up about life after her split from Pete Davidson. What are some ways to move on after a breakup?

Cupid's Advice:

How can you move on after a break-up? Cupid has some advice:

1. Cross something off of your bucket list: You now have some time on your hands to do things for yourself. Go do something you have always wanted to do and be proud of yourself for checking a new adventure or experience off of your list.

Related Link: <u>Celebrity Break-Ups: Kaitlyn Bristowe Visits</u> <u>Vancouver Post-Split from Shawn Booth</u> 2. Find comfort in friends and family: Going home can make you feel like you're not alone. Youre friends and family know you best, and being around them can help lift your mood.

Related Link: <u>Celebrity Exes Channing Tatum & Jenna Dewan</u> <u>Reunite for Halloween Selfie Amid Divorce</u>

3. You have bursts of energy: Having bursts of energy can elevate your emotions and help you feel better. Channel these happy moods into going out with friends, and you won't be as caught up in the break-up.

How have you moved on from a break up? Share with us in the comments!

Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show

By <u>Courtney Shapiro</u>

In <u>celebrity news</u>, The Weeknd was standing and cheering front row at the taping of the Victoria'a Secret fashion show where his girlfriend Bella Hadid walked for the third time. The singer had previously performed at the fashion show back in 2016. Hadid had walked during this show, but the <u>celebrity</u> <u>couple</u> was split up at the time. According to *E! Online*, the model told her fans before the show how happy she was to be part of it, sharing, "i'm so grateful to be a part of the show again, feeling happier and healthier than ever." The Weeknd and Hadid are going strong, and continue to support each other.

In celebrity couple news, The Weeknd is supporting his girlfriend's career by showing up. What are some ways to support your partner's career?

Cupid's Advice:

How can you support your partner's career? Cupid has some ideas:

1. Show up to their milestones or big events: Being present is a big move when supporting your partner. There could be something big happening in your partner's career and it will help strengthen your relationship if you are cheering each other on.

Related Link: <u>Celebrity Couple News: Ryan Gosling Is</u> <u>'Completely Infatuated' With Wife Eva Mendes</u>

2.Don't make work a competition: Be proud of each other in the workplace, and try not let jealousy or pettiness get in the way of your relationship. Be happy for one another and celebrate your successes.

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3.Talk about your careers together: You shouldn't hide anything from your partner. If your career is stressful one day, tell your partner. If it's going well, share the good news. You're partner will be there for the ups and downs going

on in the job, and it'll make communication stronger between the two of you.

How have you supported your partner in their career? Let us know below!

Celebrity Break-Ups: Kaitlyn Bristowe Visits Vancouver Post-Split from Shawn Booth

By Courtney Shapiro

In <u>celebrity news</u>, Kaitlyn Bristowe headed back to Canada shortly after her break-up from Shawn Booth. The pair had spent some time apart during July and August when Bristowe had left their home in Nashville together to visit family back home. The <u>celebrity relationship</u> lasted for three years, and the two are committed to remaining friends. In an Instagram story Bristowe shared with *UsMagazine.com*, she admitted to feeling "a little out of [her] mind." While at home Bristowe recorded a song with her father, allowing her to put her emotions somewhere.

In celebrity break-up news, Kaitlyn Bristowe is visiting her hometown after her heartbreaking split from Shawn Booth. What are some ways

going home can help you cope with a break-up?

Cupid's Advice:

How can going home help you cope with a break-up? Cupid has some thoughts:

1. Your family knows you best: When going through a break-up it will help to be around your biggest support system. Your family knows you the best, and can offer you the best comfort.

Related Link: <u>Celebrity Exes Channing Tatum & Jenna Dewan</u> <u>Reunite for Halloween Selfie Amid Divorce</u>

2.Getting away from a public space: Being home allows you to be in your own head space away from everyone's questions or concerns. Your family will know when it'll be okay to work through everything out loud, but will also know when to give you time for yourself.

Related Link: <u>Celebrity Break-Ups: Kaitlyn Bristowe Reveals</u> <u>Shawn Booth Forgot Their Anniversary Last Year</u>

3.You won't be alone: Going home automatically means you won't be by yourself. You will be able to cry or laugh with family and friends who will be there for you no matter what.

Have you used your hometown for support after a break-up? Let us know in the comments!