Relationship Movie 'While We're Young' Features Ben Stiller Reliving His Youth



WHILE WE'RE **Young**

By Courtney Omernick

As a childless couple in their mid-forties, it seems that all of Josh (Ben Stiller) and Cornelia's (Naomi Watts) friends are starting to settle down and have children. While Josh is teaching a class in New York, he encounters Jamie and Darby, a young couple full of life in their relationship and love. After Josh and Cornelia befriend Jamie and Darby and start "living" again, Josh slowly starts to suspect that Jamie might be using him for his professional connections.

Should you see it:

This relationship movie is a bit of a chick flick with a twist. And if that's what you're looking for, than look no further than *While We're Young*. This movie is also packed with amazing actors such as Ben Stiller, Naomi Watts, Amanda Seyfried, Adam Driver, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you pump some life back into your relationship?

Cupid's Advice:

Especially if you've been with the same person for quite some time, you can eventually get stuck into a routine with them. It may seem to you like the desire you had for them when you first started dating isn't there anymore. You've lost that spark, or connection. Well, if you want to revive what you deem a dead relationship, check out our advice below.

1. Take a look at yourself: Do you know how you're contributing to the lull in the relationship? Nobody wants to admit that they're personally responsible. You may think that it's much easier to blame someone else. However, before you start playing the blame game, take a look in the mirror.

Related Link: <u>Relationship Advice: 3 Ways to Handle Unmet</u> <u>Expectations in Marriage</u>

2. Don't think about what's fair: You'll probably have to practice guiding your partner to a better relationship. It's unrealistic that it will come naturally. It's not fair, and

it's going to take some work on your part, but it's what will save your relationship.

Related Link: <u>Is It Okay to Hoop Up With Your Ex?</u>

3. Be positive: Too often, we provide our partners with negative reinforcement. Now, it's time to change that. Be sure to thank your partner for doing the dishes, compliment them, and smile at them. These small gestures will go a long way.

How have you pumped some life back into your relationship? Comment below!

Relationship Movie 'Home Sweet Hell' Features Katherine Heigl as a Killer Wife





WHILE WE'RE **Young**



Home Sweet Hell. Photo: Vertical Entertainment

By Courtney Omernick

In the new relationship movie *Home Sweet Hell*, which releases on March 13th, Don Champagne (Patrick Wilson) has a successful business, a perfect wife, perfect kids, and a perfect house. But, when Don's wife, Mona (Katherine Heigl), learns of his affair, his "perfect wife" decides to stop at nothing, including murder, to maintain their "perfect" life.

Should you see it:

If you're getting bored of the standard "chick flick" but enjoy relationship movies with a twist, then you'll love *Home Sweet Hell*! The film is jam packed with comedy, suspense, and crazy.

Who to take:

This film would be great to see with your friends, family members, or significant other.

How can you have the perfect life with your significant other?

Cupid's Advice:

No matter how hard we try to be perfect, relationships and love are filled with flaws. But, fortunately, if you work hard enough at your relationship, you can create a near perfect environment with your partner that is filled with trust and understanding. However, you need to commit to building your relationship every day so that it can stand the test of time. How does one hit the ground running? Find out below!

1. Be yourself from the beginning: If you begin the relationship by trying to be a Stepford wife, what's going to happen when you crack under the pressure? To ensure success, be yourself from day one. This way, your significant other will have proven that you deserve to be loved just the way you are.

Related: Expert Dating Advice: How to Straddle the Line Between Proactive and Pushy

2. Have a sense of humor: Life is going to be full of ups and downs. However, if you both are able to see the humor in the difficult situations that you go through as a couple, it'll make the hard times not seem so bad after all.

Related: <u>Relationship Advice Video: Why You're to Blame for</u> <u>Dating Losers and Jerks</u>

3. Give each other the benefit of any doubts: You've already built your relationship on trust. So, don't assume that your partner is doing something to irritate you. Maybe, they don't know that what they're doing is bothering you. Communicate to your partner what is bothering you without assuming the worst of them. Once it's out in the open, make adjustments.

How is your life with your significant other perfect? Comment below!

Relationship Movie 'Focus' Features Will Smith as a Con Artist





WHILE WE'RE **Young**

By Courtney Omernick

In the new relationship movie *Focus*, Nicky Spurgeon (Will Smith) is a con artist who takes a girl named Jess (Margot Robbie) under his wing. Nicky and Jess become romantically involved, and with Nicky's profession, which includes lying and cheating, he decides to end the relationship. The two reunite three years later.

Should you see it:

If you're sick of the standard chick flick, but enjoy a relationship movie with a twist, then you'll love *Focus*! The film is jam packed with action, suspense, and romance.

Who to take:

This film would be great to see with your friends, family members, or significant other.

How can you tell if your significant other is cheating?

Cupid's Advice:

Relationships and love are meant to last. But, unfortunately, they can end prematurely due to one, or both, parties deception or cheating. Sometimes, it can be easy to pin point when the person you're with isn't being faithful. However, most of the time, we don't see the signs. Find out what to look for below!

1. Excuses: If your significant other is usually ready to hang out but now constantly makes different excuses as to why he/she can't see you, they're probably cheating.

Related Link: Find Out Why Ellen Barkin Called Off Celebrity Engagement to Ben Emmerson

2. Different routine: Usually, your partner comes home, has dinner, and walks the dog. Now, he/she comes home, takes a shower right away, and tries to read a magazine to "unwind." If they're starting to switch up their routine for no apparent reason, they might be unfaithful.

Related Link: <u>Mandy Moore Ditches Wedding Ring & Spends V-Day</u> with Minka Kelly Amid Celebrity Divorce News

3. Their looks have changed: Has your partner recently lost a lot of weight? Did they buy a new wardrobe? Are they starting to dress up all the time when they usually dress down? They might be "cleaning up" to impress their fling.

How did you know your significant other was cheating? Comment below!

Relationship Movie 'The Last Five Years' Features Anna Kendrick





WHILE WE'RE **Young**

By Courtney Omernick

The Last Five Years is a relationship movie adaptation of a hit Broadway musical. The film shows the relationship, marriage, and divorce of Jamie, an author, and Cathy, a struggling actress, over a five year period.

Should you see it:

If you enjoy a great relationship movie and chick flicks then get ready to witness this love story! From love, to marriage, to divorce, this film is sure to tug at your heartstrings.

Who to take:

This film would be great to see with your friends or significant other.

How do you know when it's time to move on?

Cupid's Advice:

Even some of the most heartfelt romances end in sorrow. In the case of Jamie and Cathy in *The Last Five Years*, their relationship sadly ended in divorce. It can be difficult to decipher whether you and your partner are just going through a rough patch, or if it really is time to break it off. Cupid has provided some insight on how you can tell when it's time to move on below.

1. The relationship brings more pain than joy: If your relationship is leaving you with more tears, anger, and frustration than joy and laughter, it's time to move on. Relationships aren't always going to be perfect, but you shouldn't constantly feel burdened or stressed out either.

Related: <u>Nicole Scherzinger and Lewis Hamilton Become</u> <u>Celebrity Exes Again</u>

2. You're the one making sacrifices: Relationships are a two way street. Being with another person means that you can't get everything you want. However, you shouldn't always be the one changing plans or delaying future hopes and dreams. Both parties need to give a little.

Related: <u>Wiz Khalifa Calls Celebrity Ex Amber Rose a 'Foul</u> <u>Creature' on Twitter</u> 3. You believe they'll change: Sometimes, people hang on to their significant other because they expect that what they're going through is just a "phase." However, we tend to forget that people grow and evolve over time. Don't expect the person that you married to be the same person 20 years from now. If who they are really bothers you, get out.

How did you know it was time to move on? Comment below!

Relationship Advice: How Should We Raise Our Kids?





WHILE WE'RE **Young**

By Courtney Omernick

Relationships and love can be complicated, and when it comes time to decide how to raise your children, there's no doubt that you and your partner might have opposing viewpoints. These three pieces of relationship advice will help you agree on the best approach!

Relationship Advice to Help You Determine How to Raise Your Kids

Consider the relationship advice below:

1. Consider your own upbringing: Not all of us like every aspect of how we were raised, but it's definitely a conversation that you can have in order to put some ideas on the table. Think about what your parents or guardians did or didn't do while raising you that you would or wouldn't like to see incorporated into your own child's upbringing.

Related Link: <u>Celebrity Pregnancy: Kate Middleton Says She Can</u> <u>Feel Baby Kicking</u>

2. Look at the research: There's plenty of research that has been done on how and where to raise children. Doing a simple Google search can tell you some of the most effective tips when it comes to certain situations. You be the judge. Is what relationship experts are suggesting going to work for you?

Related Link: <u>Celebrity Pregnancy: Former 'Bachelorette' Emily</u> <u>Maynard is Expecting!</u>

3. Make a list: Once the both of you have decided what you absolutely have to do/can't do as parents, come together and compromise. Write down your "must haves" as a couple while raising your children. This way, you lay the ground rules for raising your kids and each person has input and some of their rules incorporated.

What relationship advice would you give on how to raise children? Comment below!

Hottest Single Celebrity Ladies of 2015





WHILE WE'RE **Young**

By Courtney Omernick

A new year is here, and that means that some of the hottest, female celebrities are newly single, while others are carrying their single status over from 2014.

Below is a list of the some of the hottest, single celebrity women of 2015:

1. Jennifer Lawrence: After her split with on again, off again boyfriend Nicholas Hoult, Lawrence went on to become a member of one of the most famous couples with Coldplay front man, Chris Martin. But, their relationship quickly ended when scheduling became an issue. Jennifer started off 2015 as a single woman, despite rumors of getting back together with Martin. **Related Link:** <u>Gina Rodriguez Says Celebrity Love Henri Esteve</u> <u>Tears Up During 'Jane the Virgin'</u>

2. Khloe Kardashian: Who wouldn't want to date a Kardashian? After officially announcing that it's over between her and French Montana, Khloe is single in 2015 and ready to mingle.

Related Link: <u>New Celebrity Couple Selena Gomez and Zedd Face</u> <u>Doubt From Her Friends</u>

3. Anna Kendrick: The *Pitch Perfect* star might have had love interests in the films she's been featured in recently; however, there's been no such luck in her real life. The actress dated director Edgar Wright from 2009-2013, but she hasn't had a relationship since.

4. January Jones: You love her as Betty Draper in *Mad Men*, and she could very well be someone's next love interest in 2015. This celeb has always been quiet about her relationships in the past; however, she could meet Mr. Right in 2015!

5. Jessica Szohr: Better known as Vanessa Abrams from *Gossip Girl*, Jessica has been linked to her co-star, Ed Westwick, and NFL MVP, Aaron Rodgers over the last few years. But, she's starting out 2015 as a powerful, single lady. Szohr has worked on popular films such as *The Internship* since the end of *Gossip Girl*.

Who are your picks for the hottest single ladies of 2015? Comment below!

Celebrity Couples Who Met

Through Other Celebrities





WHILE WE'RE **Young**

By Courtney Omernick

It's not always easy to find a partner, especially one who is a good match for you. Sometimes fate and circumstance helps you find your significant other. Other times, your friends step in to play matchmaker.

The celebrity couples below found each other with the help of a

fellow celeb friend.

1. Louis Tomlinson and Eleanor Calder: This couple has One Direction member, Harry Styles, to thank for their Hollywood relationship. Styles brought Tomlinson along to meet a friend that he used to work with at a bakery. His friend brought along Eleanor.

Related Link: Elton John and Partner David Furnish Marry in England

2. Benji Madden and Cameron Diaz: This couple met through Benji's sister-in-law and Cameron's good friend, Nicole Richie. After a whirlwind romance that lasted under a year, the celebrity couple tied the knot in an outdoor ceremony at Diaz's home recently.

3. Ed Sheeran and Claire Donald: Ed Sheeran and Taylor Swift have been fending off romance rumors for years. So, what does Swift do? She sets Sheeran up with one of her good friends, Claire Donald. Donald is an aspiring model/actress who worked with Swift on her *We Are Never Getting Back Together* campaign.

Related Link: <u>Stevie Wonder Welcomes 9th Child with Girlfriend</u> <u>Tomeeka</u>

4. Nick Jonas and Olivia Culpo: This adorable celebrity couple met through a mutual friend, namely Nick's brother Joe. Joe Jonas was a judge at the 2012 Miss USA pageant where Culpo was crowned, and when the Jonas Brothers performed at the same event the following year, Joe is said to have introduced Nick to Olivia.

5. Kim Kardashian and Kanye West: Though these superstars didn't technically meet with a celebrity, they did get to know each other because of one. While on Jimmy Kimmel's show, Kardashian said: "I should thank you right now, right? I did meet [Kanye] years before, but we really got to get to know

each other on a shower that you guys produced together."

What other celebrity couples met through other celebrities? Share what you know in the comments below!

It's Friends vs. Relationship in 'The Wedding Ringer'





WHILE WE'RE **Young**

By Courtney Omernick

It's time for another chick flick! In *The Wedding Ringer*, Doug Harris is getting married. But, there's a problem; he has no best man. Doug seeks the help of Jimmy Callahan, owner and CEO of Best Man Inc., a company that provides best men for socially awkward guys. While Jimmy prepares for Doug's big day, a bromance between the two begins.

Should you see it:

If you enjoy rom-coms, then this film is for you! The movie also features an amazing cast with actors like Josh Gad, Kevin Hart, and Kaley Cuoco-Sweeting.

Who to take:

This romantic comedy would be great to see with your friends, family, or your significant other.

How do you juggle friends and a relationship?

Cupid's Advice:

Especially if you're used to it being just you and your friends, adding a significant other to the midst of your social life can make things complicated. But, don't worry, you don't have to completely reorganize your schedule. Just incorporate some of our tips below!

1. Update your schedule: Figure out which days of the week you're willing/available to spend time with your significant other. If your friends plan a weekly game night on Thursdays, don't skip it just to hang out with your new flame. Make sure that the time you're spending with your new boyfriend/girlfriend isn't interfering with your friend time.

Related Link: 10 Ways To Give Thanks to Your Partner

2. It's the little things: It can be hard to stick to a schedule every week when so many things can pop up and throw us off our game. If this happens, make sure you're inviting a friend for a quick lunch or dinner if you've been spending more time with your significant other this week/month and vise versa.

Related Link: <u>Should You Date More Than One Person at the Same</u> <u>Time?</u>

3. Integrate them into your friend group: The easiest way to spend equal time with both parties is to do it at the same time! Slowly introduce your new boyfriend/girlfriend to your friend group so that your friends want you to bring him/her to game night or on other outings.

How have you juggled friends and your relationship? Share your stories in the comments!

Relationship Advice: 5 Basic Workouts to Do With Your Partner





WHILE WE'RE **Young**

By Courtney Omernick

You are half way through the first month of your 2015 resolution to get in shape and the gym is starting to feel routine and tiring. Don't give up just yet. Instead, get your partner involved in your plan by taking into consideration some of the dating and relationship advice below that can really help you build a stronger and more physically connected romance,

Below is some great relationship advice that involves getting physically fit with five basic workouts that you can do with

your partner:

1. Squats in sync: Stand facing each other, while looking into each others eyes and see who can go the lowest doing a squat! Deep squats can really work your quads and glutes and staring at each other doesn't hurt either.

Related Link: Date Idea: Workout Together

2. Lunges: Like squats, face each other and alternate forward and backward lunges. Remember to alternate legs in order to work both sides! Lunging in sync with your partner can be a lot of fun and you can challenge one another to see who can do the most.

Related Link: <u>'Top Chef' Alum Richard Blais on Healthy Holiday</u> Cooking with Benefiber

3. The tricep dip: Make tricep dips more interesting by having the person doing the dips puts his or her hands on his partners knees or quads. Innocent touching while working out is much better than exercising on a cold bench.

4. Bodyweight partner press: This move is a lot of fun. The key for women is to trust your man with knowing your weight (lol) and the key for men is helping your partner benchpress yours. Be there to spot them through and never attempt this if you don't think you can bench the weight of the other person.

5. Double tree pose: If you are looking for relationship advice that will help you bond with your partner during a work out then the yoga is the perfect solution. And the double tree pose is the perfect move. With your hips touching each other, try to stretch them out while working on your balance and posture. Hold this move for a few counts and then switch sides.

What are some other great workouts you can do with your

Khloe Kardashian Opens Up About Dating French Montana After Split from Lamar Odom





WHILE WE'RE **Young**

By Courtney Omernick

Khloe Kardashian is finally speaking out about her

split from Lamar Odom and her rebound relationship with French Montana. The reality star admitted she "rushed" into a relationship with Montana after her split with basketball star, according to <u>UsMagazine.com</u>. She went on to say that the rapper is a good person, but that right now, she needs to mourn the loss of her marriage.

How do you know if your current relationship is a rebound?

Cupid's Advice:

After the end of a relationship, it can be tough to know what to do with yourself, especially if you were with your ex for a long period of time. It can be lonely! That being said, it's important to begin a new relationship for the right reasons and not just so you can have companionship. So how can you tell if you're rebounding? Cupid has some ideas:

1. You don't care about the other person: Your new significant other makes you feel great and does all of the right things, for the right reasons, at the right time. Unfortunately, you don't feel a spark, and if they said goodbye tomorrow, it wouldn't be a big deal. If you're only in your current relationship because you like how you're being treated, but you're not interested in reciprocating, think about moving on.

Related Link: Is It Ok to Hook Up With Your Ex?

2. Your eyes are always open: You want attention and the assurance that you've still got it. If you're constantly seeking the approval of members of the opposite sex, even though you're in a new relationship, you might not be ready to settle down just yet.

Related Link: <u>Mel B. Speaks Out about Husband Stephen</u> <u>Belafonte's Alleged Abuse</u>

3. You talk about your ex with your new partner...a lot: To you, it may seem like you're just airing out dirty laundry. In

actuality, you're bringing up your ex every chance you get because you still miss them and want their presence in your life somehow.

How did you know your new relationship was a rebound? Comment below!

How to Celebrate the New Year with a New Baby





By Courtney Omernick

You may think that all of the fun of New Year's is over because you have a new baby in the house, but guess again! Just because your newborn is taking control of how you spend your time doesn't mean you have to have a dull New Year's celebration. Check out some fun ways to celebrate New Year's with your baby in tow:

1. Host a slumber party: If you have enough space in your home, consider inviting a few of your friends who have children to party at your place. Yes, your house will have even more chaos because of the extra children, but this gives your friends an incentive to get out of the house and celebrate too! You can even have it catered to take some of the pressure off of you and your partner.

Related Link: <u>Scarlett Johansson Secretly Married Romain</u> <u>Dauriac in October</u>

2. Dress up: If you're planning a night in, you don't have to resort to sweats! Add some sparkle to the event by wearing a skirt or dress (for her) and a bowtie and suit (for him). Make sure to include your new baby in the festivites by dressing them up in a cute outfit too!

Related Link: <u>Did</u> 'Bachelor' Winner Nikki Ferrell Reveal She <u>Has A New Man?</u>

3. Bring your baby to the party: Obviously, this option depends on the type of party you're attending. After all, you won't want to bring your baby to a loud bar. But if you're going to a friend's house, you might be able to bring your newborn along. If there's a place in your friend's home where you can put your child down for bed, you won't even have to worry about interrupting their usual routine.

How else can you celebrate the New Year with a new baby? Share

Sofia Vergara Is Engaged to Joe Manganiello After Only Six Months of Dating





WHILE WE'RE **Young**

By Courtney Omernick

After just six months of dating, True Blood star Joe

Manganiello and *Modern Family* actress Sophia Vergara are engaged, according to <u>UsMagazine.com</u>. Manganiello waited until Christmas Day to pop the question to Vergara because he "wanted to do it in front of her family." The pair is currently celebrating their engagement and Manganiello's birthday in Hawaii.

How long should you date before getting engaged?

Cupid's Advice:

Each couple is going to have their own opinion about when to get engaged. No matter what you decide, *someone* will think you rushed into things too quickly or you took too long to take the plunge. So how do you when the time is right for you and your beau? Check out our advice below:

1. Do your research: There are multiple studies out there that state that they know the perfect time for a couple to get engaged and then married. If you like looking at studies and getting a substantiated idea as to what works best, go for it!

Related Link: Chris Rock and Wife Malaak Compton-Rock Are Divorcing After 18 Years

2. Consider past relationships: Each person is different, but practice makes perfect. If you've been in serious relationships before, you have an idea as to how ready you are now versus how ready you were before. Also, consider your past and present circumstances. What makes this partnership different?

Related Link: <u>10 Relationship Myths</u>

3. Go with your gut: No one knows you like you do. If you can see yourself supporting the other person for the rest of your life – even if you've only been together for a short while – an engagement makes sense for you. Just make sure that you're making the right decision or you.

How long have you dated someone before you got engaged? Comment below!

'Match' Teaches the Art of Deception





WHILE WE'RE **Young**

By Courtney Omernick

In the new movie *Match*, a husband and wife team interview Tobi Powell, an aging Juilliard dance professor, for a dissertation she's writing about dance in the 1960's. However, as the interview continues, it becomes clear that the couple has an ulterior motive.

Should you see it:

If you enjoy stories about love, art, and responsibility, then this film is for you! The movie also features an amazing cast with actors like Patrick Stewart, Matthew Lillard, and Carla Gugino.

Who to take:

This romantic drama would be great to see with your friends or your significant other. If you're still home for the holidays, you can go with your family too.

How do you deal with deception in a relationship?

Cupid's Advice:

Feeling cheated or deceived in a relationship can be a tough thing to bounce back from. Sometimes, you would rather leave the relationship than try to rebuild. However, there is hope. Below are a few things you can do to help you through the deception in your relationship:

1. Make a decision: The first step to moving on is making a decision. Do you want to save the relationship? Are you willing to put your trust in this person again? Worrying and contemplating just makes things worse.

Related: <u>Four Changes You MUST Make to Avoid Falling Prey to</u> <u>the Unavailable Man</u>

2. Let go of anger: During this time, face your feelings and utilize a journal to get them out. If you need to, burn the paper afterwards.

Related: How to Defend Against Four Emotional Vampires

3. Take care of yourself: Be sure to eat healthy, drink a lot of water, exercise, and try to laugh as much as you can.

How have you dealt with deception in your relationship? Share your stories in the comments!

Blake Lively Shares Her Christmas Traditions





This week, <u>UsMagazine.com</u> reported on the interesting Christmas traditions that actress and mom-to-be Blake Lively partakes in each year. Lively said that her family spends the whole day in the house with one another. And, at the end of the day, they all pile into the same bed. Talk about a close Christmas!

What are some ways to make new traditions with a new partner?

Cupid's Advice:

It's almost time to ring in the new year, and if you have a new partner, it can be a great time to create special and fun Christmas traditions. Below is a suggested list of ways to come up with these new traditions:

1. Blend ideas: Seeing as how you both came from different families, you might have a few different traditions. You and your new partner can take ideas from the old traditions that you both have and "reformat" them into a new tradition that you celebrate together.

Related Link: <u>Hugh Hefner and Crystal Harris Debut Cute 2014</u> Christmas Card

2. Consult the Internet: Thanks to Buzzfeed, articles that incorporate lists have become extremely popular. Even a simple Google search of "Christmas traditions" can help you and your partner come up with unique ideas.

Related Link: <u>Blake Lively Proclaims Pregnancy is What She</u> <u>Always Wanted</u>

3. Be spontaneous: The great thing about traditions is that they continue because of something awesome that happened one year. Why not wait and see what activities you two can spontaneously come up with together this year? What makes it a tradition is repeating it the next year, so there's no limit to what you can do. What are some other ways you can make new traditions with a new partner? Comment below!

Kate Hudson and Matthew Bellamy Spotted Shopping in Aspen Post-Split





WHILE WE'RE **Young**

By Courtney Omernick

Who says exes can't be friends? Kate Hudson and Matthew Bellamy were spotted in Aspen this week as they were finishing some Christmas shopping, according to <u>UsMagazine.com</u>. The pair recently ended their relationship after a three-year engagement. Hudson and Bellamy have one child together, son Bingham.

How do you know how much space to give your ex post-split?

Cupid's Advice:

Breakups can have different outcomes depending on the couple. Sometimes, it's mutually beneficial and no harm has been done. Other times, one or both members are left feeling many different emotions all at once. So how do you know how much space to give your ex post-split? Cupid has listed some tips below:

1. Assess their emotions: If it was a mutual breakup and the other person also clearly thought that it was for the best, you probably don't have to give them too much space. However, if you both disagreed about the breakup and there are hard feelings, you may want to give your ex more space before you're able to be friends or hang out post-split.

Related Link: 'Bachelor in Paradise' Lovebirds Cody Sattler and Michelle Money Breakup After Six Months

2. Consider how long you've known them: If the two of you have been friends since you were teenagers and you've been dating for the last five years and if the relationship didn't end because of a cheating scandal, you won't have to give the other person too much space. But if you haven't known each other very long and it ended because you both want to go different directions with your lives, you might want to hold off on a lot of contact.

Related Link: Single in Stilettos Show: How to Move On After a

<u>Breakup</u>

3. Blended friend group: If you've been together for a long time or if you both work at the same office, went to the same school, etc., you might have the same friends, and you may not be able to take a break from each other for long. If this is the case, you should figure out how to behave around each other as friends as quickly as possible.

How have you known how much space was needed for your ex postsplit? Comment below!

Mel B Walks Out on Husband Amid Domestic Abuse Rumors





WHILE WE'RE **Young**

By Courtney Omernick

This week, it has been reported by <u>UsMagazine.com</u> that former Spice Girl Melanie Brown, better known as Mel B., has walked out on her husband of seven years, Stephen Belafonte. Worried fans began speculating that Belafonte abused Brown after she appeared on *The X Factor* without her wedding ring and seemed to have bruises on her face and arms.

What do you do to cope with emotional or physical abuse?

Cupid's Advice:

The dark side of a relationship is never easy to talk about, but there are many people out there who are unfortunately involved in abusive relationships, whether they are emotional or physical. However, there are ways to cope with the abuse and seek help. Below are three pieces of advice:
1. Put your safety first: Abusers rarely change. Think about your needs and how you can meet them while staying safe.

Related: <u>Kourtney Kardashian and Scott Disick Welcome Third</u> <u>Child – A Baby Boy!</u>

2. Reach out to family and friends: It can be hard at first to confess to your loved ones that you're not being treated with respect in your relationship. However, family and friends can provide you with the support you need to get through this difficult time. Who knows, maybe a friend or a family member has gone through a similar situation and can guide you through everything.

Related: Angelina Jolie Gushes About 2014 Saying 'I Married My Love'

3. Speak with a professional: It is possible for both partners to be able to solve the issue if they speak to a therapist. Sessions with a professional can help your partner determine the causes of abusive and put them on a road to change their behaviors.

What have you done to cope with physical or emotional abuse? Share your stories in the comments.

Justin Bieber Confirms He's 'Super Single'





By Courtney Omernick

Is Justin getting a girlfriend for the holidays? It was recently reported by <u>UsMagazine.com</u> that Justin Bieber is back in the dating game. But those rumors were quickly shot down by the singer this week when he said that he's "super single" and that, if he were dating someone, the public would know.

What are some benefits to being single around the holidays?

Cupid's Advice:

With Christmas being a popular time for engagements and moments with loved ones, it can feel a bit frustrating if you're single. However, it does have some benefits. Check it out:

1. You can spoil yourself: Because you don't have to shop for an elaborate Christmas gift for your significant other, you

can spend that money on yourself! Need a massage? Want a pedicure? Merry Christmas to you!

Related: Ashton Kutcher And Mila Kunis Explain Why They Don't Have A Nanny

2. You don't have to compromise: When you're in a relationship, it can be tricky when it comes to planning where you'll be during the holidays. After all, you don't want to disappoint his family by spending Christmas with your own. But if you're single, you can use the time how you see fit. You make the rules!

Related: Leonardo DiCaprio and Longtime Love Toni Garrn Call it Quits

3. You can kiss who you want: Perhaps best of all, you can pick and choose your mistletoe partner – or partners! – this holiday season.

What are other benefits of being single during the holidays? Comment below!

Dating as a Single Dad in 'Goodbye To All That'





By Courtney Omernick

When his wife unexpectedly tells him that she wants a divorce, Otto Wall must do his best to try and re-enter the dating scene…as a single dad in *Goodbye to All That*.

Should you see it:

If you enjoy new beginnings, watching relationships evolve, and having a good laugh, then this film is for you! The movie also features a great cast including Paul Schneider, Anna Camp, Heather Graham, and more!

Who to take:

This romantic comedy would be great to see with your friends or significant other.

What are the best practices for dating as a single parent?

Cupid's Advice:

After taking a hiatus from the game, you might need a refresher course…especially if you're a single parent. Never fear! Cupid's Pulse has compiled a few tips on some of the best practices for dating as a single parent. Check them out below!

1. Ease into it: Especially if you're newly divorced, take this time to really focus on your kids and their feelings. Make sure that when you're ready to date again, you talk to your kids about it and are without a doubt convinced that this is the next step in your life.

Related: Prince William and Kate Middleton Meet Jay-Z and Beyonce

2. Be honest: If your date doesn't know that you're a single parent before your first meeting, you should let them know your situation right away! Your kids come first, and it's obviously important that you're dating someone who knows that you have children and isn't thrown off by it.

Related: <u>Chris Brown Says Karrueche Tran Dated Drake and</u> <u>Didn't Visit Him in Jail</u>

3. Avoid multiple introductions: Children can easily get attached to a new 'friend' of mom or dad's. So, be careful with how many different partners you're bringing home and how often. If people keep disappearing on them, kids may become pessimistic about romantic relationships.

What are some other best practices for dating as a single parent? Share your thoughts in the comments!

3 Celebrity Couples That Waited to Have Kids





WHILE WE'RE **Young**

By Courtney Omernick

These days, it seems like once two celebrities get together, the world wants to know when they plan on having children. Well, we've found a few celebrity couples who actually waited to have children. Check out the list below!

1. Kate Middleton and Prince William: The second this couple was married back in April 2011, the media began speculating every week as to whether or not the Duchess of Cambridge was

pregnant. However, it wasn't until over a year later that the couple announced they were expecting their first child.

Related: Prince William and Kate Middleton Arrive in NYC

2. Beyonce and Jay-Z: This celebrity power couple started dating in 2002 and married in 2008, but baby Blue Ivy didn't come into the picture until 2012.

Related: <u>Beyonce Shares Eifel Tower Picture with Jay-Z and</u> <u>Blue Ivy</u>

3. Sarah Michelle Gellar and Freddie Prinze Jr.: Their first child, daughter Charlotte, came into the world a few weeks after their seventh wedding anniversary. The couple also took some time in between children, as their second child, son Rocky, was born three years later.

What other celebrity couples waited to have children? Comment below!

Should You Date More Than One Person at the Same Time?





By Courtney Omernick

Juggling work, life, family, and friends can be hard enough. Now try adding dating. No, let's make that dating multiple people at once! Sounds like a bit of a challenge, doesn't it? Well, it can be done, and it can be done right if it's something you're looking to do. Below are a few points regarding dating more than one person at the same time.

1. Honesty may be the best policy: We're not suggesting you make this the first thing you tell your date right after you've stated your name, but you may want to tell them that you're interested in openly dating because they may have different expectations. You wouldn't want to figure that out after you're a few weeks in.

Related: <u>Sofia Vergara and Joe Manganiello Celebrate</u> <u>Thanksgiving Together</u> 2. Compare and contrast: While dating multiple people may be hard to balance, it does give you the option to compare and contrast each person. This way, you can speed up the process of finding 'the one.'

Related: Snooki Marries Jionni LaValle

3. Gaining skills: Like a job interview, dating multiple people at once helps you practice what to do and say on the first date. After a few tries, you'll be a pro, and the first attempt hopefully won't be so nerve wracking.

Do you think dating more than one person at the same time is a good idea? Comment below!

5 Women Who Got Famous After Celebrity Divorce





By Courtney Omernick

Sometimes, the not-so-glamorous side of one's life is showcased and talked about more than their positive, beautiful moments. And when it comes to divorce, especially if you're a celebrity, get ready to be eaten alive by the tabloids!

Below are five women who had a rise in fame after they dropped the ax on their marriage by getting a celebrity divorce.

1. Camille Grammer: The famous ex-celebrity wife of Kelsey Grammer became even more famous when the couple went through an ugly celebrity break-up in 2011 after 14 years of marriage. While her <u>celebrity divorce</u> was being finalized from Kelsey,

Camille signed on to the reality show *The Real Housewives of Beverly Hills*.

Related Link: Four Changes You MUST Make to Avoid Falling Prey to the Unavailable Man

2. Katie Holmes: While Katie had a great run on *Dawson's Creek* from 1998-2003, the actress didn't get a lot of attention until she surprised Tom Cruise with celebrity divorce papers in 2012. Since that time, Katie's been scouted for multiple film roles and received copious amounts of attention from the paparazzi.

Related Link: <u>Solange Knowles and Alan Ferguson Honeymoon in</u> <u>Brazil</u>

3. Heather Mills: This celebrity wife was only married to Beatles front man, Paul McCartney, for four years. But, she turned heads after her split from Sir Paul because she claimed that he was 'abusive,' 'a drug taker,' and more. McCartney was also forced to give Heather \$46.6 million after their split.

4. Elin Nordegren: Since her crazy divorce from Tiger Woods in 2010, every newspaper wants to know how she's moved on, if she forgives Tiger, and what she's been up to. Prior to the cheating scandal involving Woods, not many people could recall the name Elin Nordegren.

5. Ivana Trump: Soon after her divorce from Donald Trump in 1992, Ivana started making a name for herself. Since that time, Ivana signed on with William Morris Agency and developed lines of clothing, fashion jewelry, and beauty products. She has also written several books and starred in her own reality television show.

What other celebrity women have gotten famous after their divorce? Comment below!

Finding New Paths in 'Elsa and Fred'



WHILE WE'RE **Young**

By Courtney Omernick

Elsa, a positive and upbeat woman, meets Fred, a depressed and crabby man, when he moves into her apartment complex after his wife passes away. What starts out as a friendship turns into something more when Fred starts to realize that Elsa's attitude toward life makes her a beautiful person.

Should you see it:

If you enjoy stories of change, relationships, and enlightenment, then this film is for you! The movie also features a great cast with members such as Shirley MacLaine, Christopher Plummer, Marcia Gay Harden, and more.

Who to take:

This romantic comedy would be great to see with your family, friends, or your significant other.

How can you change your partner's sour attitude?

Cupid's Advice:

Everyone has their good and bad days, but sometimes, it can seem like a person is stuck in the negativity and letting their poor attitude weigh them down. It can be especially depressing when you're having the time of your life, and your significant other is on the other end of the "fun spectrum." Below are a few suggestions as to how you can help change your partner's sour attitude.

1. Be the example: Some psychologists say that we begin to act like the individuals we spend the most time with. So, if you're significant other is spending time with you (as they should be), make sure that you're setting the positive tone and being that "role model" that they look to for guidance on how to act.

Related: <u>Andrew Garfield Attends Girlfriend Emma Stone's</u> <u>Broadway Debut</u>

2. Stay Positive: Even when you're stuck in a sticky situation, stay positive. Make sure that your partner understands how you've managed to stay cheerful so that they know how to act once a similar scene takes place.

Related: <u>Idina Menzel Discusses 'Slutty' Dating Style</u>

3. Show them how much fun you're having: Showing someone how it's done is generally more effective than telling them. And, usually, if people see you're having fun, they'll want to know how they can join the party. Make having a positive attitude seem as effortless and rewarding as possible.

How can you change your partner's sour attitude? Share your stories in the comments!

Top 10 Most Loving Celebrity Husbands





By Courtney Omernick

It's no doubt that there are many celebrity men we adore and would love to be with. And, there are definitely a few celebrity wives that make us jealous. Below is a list of the most loving celebrity husbands. And, we'd like to remind their wives how lucky they are!

1. Tom Hanks: His marriage to Rita Wilson has set the record in Hollywood with the two being together for 25 years. Tom's stated that it feels like he's been married to Rita for only two years because it's gone by so quickly and he's having so much fun with her.

Related: <u>The First Official Look at Chris Soules on 'The</u> <u>Bachelor'</u>

2. Tim McGraw: Is there a better love story than Tim McGraw and Faith Hill? The country duo has been making it work since

1996 by vowing to never spend more than three days away from each other, creating joint tours, and beautiful love duets.

Related: Ricki Lake Files for Divorce From Christian Evans

3. Barack Obama: Yes, being the President is the toughest job in the United States and puts a lot of pressure on the family. But, somehow, Barack makes keeping a marriage together look flawless. Barack always comments on how he couldn't do what he does without Michelle by his side, displays his affection in public, and makes time for his family.

4. Justin Timberlake: It's still hard to believe that this guy is off the market, but he makes the best husband! It's been said that Justin's album that was released last year is full of love songs decided to his wife, Jessica, and that when she's at one of his concerts, he sings them right to her.

5. Keith Urban: The country singer fell in love and married Nicole Kidman eight years ago and they have two lovely daughters together. In a recent interview, Nicole talked about how Keith is an amazing man, would do anything for her, and how he carried her physically and emotionally over the past few months while she was dealing with the passing of her father.

6. Michael J. Fox: Being a star that has battled so much, Michael always lets the press know how much he adores his wife. Michael and Tracy started a foundation to raise money for Parkinson's research and they've been by each other's side since the 80s. Michael was quoted in Redbook Magazine stating, "The best thing that ever happened to me was getting married."

7. Ben Affleck: Whenever Ben is on a talk show, you can always find him giving compliments to his wife, Jennifer Garner. And, when Ben accepted his Best Picture Oscar for Argo, he thanked her and openly talked about all of the hard work they'd put into their marriage. 8. Brad Pitt: Brad recently married Angelina, but they already have a wonderful history together. He's been by Angie's side through her scare of breast cancer, their multiple adopted children, and more. He's stated that she makes him a better person, and that he's lucky she's in his life.

9. Channing Tatum: The actor met his wife on the set of Step Up, and the rest is history. Channing can't say enough nice things about his beautiful bride and always compliments her as a mom and all-around amazing human being.

10. David Bowie: Most people would be surprised that a marriage between a rock star and a supermodel would last two decades. But, in the case of David Bowie, it has. His wife, Iman has stated that David still takes her on date nights and makes her laugh like no one else does.

What celebrity husbands did we miss? Let us know in the comments!

3 Celebrity Men Who Date Women Outside of the Spotlight





By Courtney Omernick

Many times we hear stories about the latest and greatest celebrity couple, but people rarely talk about celebrities who have gone "out of their way" to date "normal" people. Below is a list of a few male celebrities who have chosen to date women outside of the spotlight.

1. Louis Tomlinson: The One Direction mega star decided to find his girlfriend outside of the celebrity world. It has been reported that Louis is currently dating Eleanor Calder, a student at the University of Manchester and former Hollister floor model.

Related: Jennifer Lopez Reveals Ben Affleck Was Her "First Big <u>Heartbreak"</u>

2. Taylor Lautner: The *Twilight* star is currently dating Marie Avegeropoulos. While Marie isn't well known, she does star in

the CW show, The Hundred, which premiered in March 2014.

Related: Find Out Why Kris Jenner Is 'Livid' at Bruce Jenner

3. Tom Felton: The famous *Harry Potter* star fell in love with his current girlfriend while acting in the major film series. Jade Olivia met Tom on set as she was the film's stunt coordinator assistant.

What other celebrity men are dating women outside of the spotlight? Comment below!