## Mario and Courtney Lopez Welcome a Baby Boy





By April Littleton

What are the perks of waiting to find out the gender of your child?

### Cupid's Advice:

You're pregnant, but you're unsure if you'd like to know the sex of the baby before it's time for you to give birth or if

you'd rather wait until the big day. Keeping it a mystery until the day you deliver can be a lot of fun for you and your partner. Cupid has some advice:

- 1. Excitement: If you decide that you don't want to know the gender of your baby, labor will be very exciting for you and your whole family. The news that you've had a boy or a girl will be even more special since you've waited so long to find out. You'll have even more memories to look back on and you'll have quite a story to tell your child when he or she grows up.
- 2. No expectations: Even if you do find out if you're having a boy or girl, that prediction isn't necessarily 100 percent correct. Mistakes do happen. You could be expecting to have a boy and end up delivering a girl. If you expect one thing, you won't be prepared for any other circumstances. Avoid any potential sadness, anxiety or grief by letting the gender be a complete surprise. You and your honey can have a little fun with it and plan for the birth of your newborn to go either way.
- 3. Shopping: Instead of sticking to traditional blues for a boy or pinks for a girl, spice things up and go for unisex colors. Shopping for a "mystery" baby will be more fun and exciting and you'll have more options to choose from. You can stay safe and go for more neutral colors. Or, go a little crazy and pick something bright and vibrant for your baby's nursery.

Are there any more perks to waiting to find out the gender of a baby? Comment below.

# Star Moms Give Back to School Tips





By Jenny Schafer for

Celebrity Baby Scoop

It's time to start thinking about the back to school madness. While this time of year can cause stress and anxiety, Celebrity Baby Scoop reached out to some savvy celebrity moms — and rounded up top favorite brands — to help beat the back to school chaos.

Related Link: Claire Danes Worried She'd Never "Want to Work Again" After Cyrus' Birth

Melissa Joan Hart and husband Mark Wilkerson are parents to three sons: Mason, 7, Brady, 5 and Tucker, 12 months in

#### September.

"I always try to get the boys a new backpack and a new pair of sneakers to get them excited about going back to school," Melissa says. "We talk for a few weeks leading up to it about the teachers name and who a couple of classmates will be to help ease some of those first day jitters."

**Courtney Lopez** and husband, *Extra* host Mario Lopez, are parents to 3-year-old daughter Gia and are currently expecting their second child.

"In order to avoid losing her stuff at school, we label all of Gia's school supplies and clothes with Mabel's Labels," Courtney shares.

TODAY Show anchor and co-host, Natalie Morales, and her husband Joe Rhodes are parents to sons Josh, 9, and Luke, 5.

"Create a calendar of activities for each kid early on so they can see each day what they have and need," Natalie shares. "And label everything! I love Mabel's labels, as they stay on longer than the clothes lasts."

Entertainment Tonight's Nancy O'Dell is stepmom to her husband Keith Zubchevic's sons, Tyler and Carson. They are also parents to 6-year-old daughter Ashby.

"Make an album with your child," says Nancy, an avid scrapbooker.

"Over the summer when it gets close to the time for back to school, sit down with your child and make an album or a scrapbook of the previous year in school," she adds. "It will remind him or her of all the good times they had in school and it will get them excited about going back! It is a great bonding project to do together and you have a wonderful keepsake for the family as a result."

Nancy goes on to talk about the benefits of enjoying family photos.

Related Link: <a href="Ivanka Trump">Ivanka Trump</a>: I Don't Stress About Being Balanced

"Also bring out some of your family albums to show your child," Nancy continues. "It will remind them that they are part of a group, that they are members of a strong family, that they belong and it will give them the strength to fall back on if they were to go through anything difficult at school, for example, bullying which is all too prevalent these days."

"Child psychologists will tell you that seeing family photos, with it being reinforced visually, helps children to know they have this family unit behind them to lean on," Nancy adds. "I share more of my album ideas at NancyOdell.com including an Album of Hope which would be another great back to school project with your child."

For the rest of the interview visit, www.celebritybabyscoop.com/2013/08/14/star-school-tips

# Mario Lopez and Wife Courtney Are Expecting Baby #2





By Andrea Surujnauth

Mario and Courtney Lopez are expecting their second baby in late summer. The two announced the pregnancy on February 19th on the set of *Extra*. According to *People*, Mario Lopez brought his wife and daughter onscreen to make the announcement. His daughter, 2, was the one the break the news by wearing a shirt that read "Big Sister Gia". Lopez has always wanted a big family. During his wedding he joked "We're working on that. Right after the wedding. We'll wait for the guests to leave and then we're getting right on that!"

#### How do you prepare for a second child versus your first?

### Cupid's Advice:

Learning to care for your first child was not easy. Now you are expecting baby #2. How do you prepare for taking care of two children instead of only one? Cupid is here with some advice for you:

1. Prepare your first child: Get your first child excited about becoming a big brother or a big sister. Talk about

playing and changing the new baby together. Make sure your first child feels involved and not left out. Show that you need your first-born to help you make them feel like an important part of the new baby's life. Make sure you show them love and appreciation for being the first born and now the older sibling.

- 2. Take classes: It is best to brush up on the labor and delivery procedures for the new bundle of joy. You may think that you remember everything but re-taking classes can be extremely beneficial the second time around.
- **3. Organize:** Organization is key to making everything run smoothly. Having two kids can become hectic if you are not prepared. Make sure you and your partner schedule time for each child and time to rest.

How do you prepare for your second child versus your first? Comment below and let us know!

## Courtney Lopez: "Mario and I Are Over The Moon"





Jenny

Schafer for Celebrity Baby Scoop

Already parents to 2-year-old daughter Gia, Mario Lopez and Courtney Lopez are expanding their family. The newlyweds announced on *Extra* Tuesday that their second child is on the way, while giving away beautiful bedding by Carousel Designs with Hollywood insider GG Benitez.

Courtney opens up to Celebrity Baby Scoop about feeling "wonderful" and "over the moon" about their baby on-the-way. She goes on to talk about her pregnancy cravings, planning on a surprise delivery, and her prenatal fitness program.

## CBS: Congratulations on your second pregnancy! How are you feeling? Any weird cravings?

CL: "Thank you so much. Mario and I are over the moon! I feel wonderful. I've been craving a lot of fruit and Captain Crunch cereal."

CBS: Were you pregnant at your December wedding? If so, were you feeling OK on your big day?

CL: "I was not pregnant at my wedding. Perhaps this is a honeymoon baby!"

#### CBS: When are you due? Are you going to find out the gender?

CL: "I'm due at the very end of summer. Hopefully the baby doesn't come on Gia's birthday (September 11). We are not finding out the gender of any of our babies — it's so much fun that way."

## CBS: Tell us about doing the giveaway with Carousel Designs on Extra.

CL: "It was such an honor to have Carousl Designs do a giveaway at *Extra*. It was a perfect combination to announce our baby and give away a product I love."

#### CBS: Are you working on a prenatal fitness program?

CL: "I have a wonderful trainer, Angela Copland, who knows exactly what I need during this time. I work out with her 4 times a week and I try to take long walks on the other days."

## CBS: Are you concerned about losing the baby weight quickly once the baby arrives?

CL: "I was pretty lucky losing the baby weight the first time. I lost everything and a little more only 3 months after Gia was born. I hope and pray I'm as lucky the second time around."

## CBS: With Earth Day coming up, what are some of the ways you teach Gia to be eco-friendly?

CL: "We are teaching Gia how important it is to recycle. We also just changed our whole house to LED lights."

### Mario Lopez Wants "At Least 4 More" Children





By Jenny Schafer for

Celebrity Baby Scoop

Newlyweds Mario Lopez and **Courtney Mazza** teamed up with NIVEA for its "Kiss of the Year" contest on Facebook in search for America's greatest love story. The winning couple rang in the new year with Mario and Courtney — parents to 2-year-old daughter **Gia** — in New York City's Times Square.

The *Extra* hunk opens up to Celebrity Baby Scoop about his favorite family recipe at the holidays and his hopes for "at least 4 more" children.

CBS: Did you practice your kiss for your recent nuptials?

ML: "No, we've had plenty of practice."

CBS: Are you hoping to have a big family? How many children are you planning on? Do you want a mix of boys and girls?

ML: "Yes, at least 4 more. Either boys or girls would be great."

CBS: Happy Holidays! Do you have a favorite family recipes you can share with us?

ML: "My nana's tamales....they're a secret family recipe though."

### Mario Lopez Marries Courtney Mazza





By Nic Baird

X-Factor and Extra host Mario Lopez married actress Courtney Mazza on Saturday, <u>People</u> reports. The couple exchanged nuptials in an outdoor ceremony in Punta Mita, Mexico. The newlyweds' daughter, Gia, was a flower girl with her three cousins. The ceremony will also feature a wedding cake by Cake Boss Buddy Valastro, and a mariachi band. The couple met in 2008 when Lopez starred in A Chorus Line on Broadway.

What are some things to consider about the music at your wedding?

#### Cupid's Advice:

Don't stay up at night making your wedding playlist. This is usually a task assigned to a trusted music adviser, either a friend or sibling. Here are a few things to keep in mind for your music choices:

1. Venue: The ceremony itself would obviously benefit from live musicians for more powerful instrumentals. There's no point in playing party music at your wedding venues where

nobody can dance. Music can always add to the atmosphere, but high tempo pop is much more obnoxious than slow instrumental songs. Manage the volume when music is not important, or instruct musicians accordingly.

- 2. Dancing: If people are going to be hitting the dance floor, pick exciting music! Luckily there are many classic songs for wedding receptions. Adding a few of these is a good way to break the ice. Don't worry about theme appropriate songs, just as long as it sounds fun. Live bands who know a good collection of tunes are even better, but make sure they have enough good material for your whole event.
- 3. Know your audience: Weddings can bring many demographics together so make sure the music will appeal to everyone. It's too tempting to pick music with emotional significance to you or specific people in attendance, but don't go overboard. This is your special day, but making diplomatic music choices will keep your guests happy. Letting a friend with reputable music taste to design the line-up is a safe choice.

What types of music do you like at weddings? Share your experiences below!

## Mario Lopez's Fiancé Courtney Mazza Surprises Him at Vegas Bachelor Party





By Erin Minty

Host of Extra and America's Best Dance Crew Mario Lopez held his bachelor party this past weekend at TAO Beach in Las Vegas. Among 15 of his closest buds, Lopez lounged in the sun, snacking on fresh fruit, sushi, crispy rice and quesadillas, reports <u>People</u>. No matter how much fun he had with the guys, however, it was his fiancé's surprise addition to the all-boys weekend that was the showstopper. Courtney Mazza, who has been engaged to Mario Lopez since January, appeared during the bachelor party to perform with the Pussycat Dolls.

What are some ways you can contribute to your partner's bachelor/bachelorette party?

### Cupid's Advice:

A bachelor/bachelorette party can be one of the most memorable times that a bride/groom gets to spend with their friends before the big day. Without stepping on anyone's feet, you may be tempted to make the party even more special. Cupid has some advice on how to contribute to your partner's bachelor/bachelorette party:

- 1. Have a specially designed cake delivered: Have a tasty treat delivered to the party that has a special message design. Show you're thinking of your partner and your approaching big day.
- 2. Make sure champagne is waiting in their hotel room: Have chilled champagne delivered to your soon-to-be spouse's hotel room so that she/he and their friends can toast to your nuptials.
- **3. Make a surprise appearance:** Take a hint from Courtney Mazza and make a quick unexpected appearance at the bachelor or bachelorette party. Make sure that this appearance would be appreciated before deciding to do it, however.

How did you contribute to your partner's bachelor/bachelorette party? Leave your story below.

## Mario Lopez and Fiancé Load Up on Spring Scents





Spring is in the air, and actor Mario Lopez and his fiance Courtney Mazza started the season with some fresh scents. The couple loaded up on the latest spring collection at Bath and Body Works, and Mazza joked about how she loves to hoard their products. According to <a href="People">People</a>, Mario mentioned that he loves it when his fiance wears a coconut scent as they were testing out the new products.

What are some fun ways to celebrate spring with your partner?

#### Cupid's Advice:

Spring has finally come after a long winter, so get out and enjoy it with the one you love. Cupid has some tips to help you shake off your winter blues and get spring rolling:

1. Be active: Snow is melted and the sun is shining, so take advantage of what Mother Nature has to offer by planning an outdoor date. Rollerblading or going to play putt-putt where you can breathe in some of the fresh new air are great options.

- 2. Kick back: It's always nice to relax with the sun warming up your face and giving you a healthy glow, so plan a picnic with your partner somewhere where you can enjoy each others' company and take in the newly budding nature around you.
- **3. Re-accessorize:** It's time to ditch those winter clothes and hall out your summer wardrobe. Hit the shopping mall with your partner, and load up on some new spring trend essentials.

How do you plan to celebrate the start of the season? Share your comments below.

# Celebrities Who Love the Derby





By Andrew Pryor

Known as "The Most Exciting Two Minutes In Sports" because of its rapid duration, the Kentucky Derby is a combination of old-time tradition and the fast-paced fanaticism of sports betting. Love and luck will both be in the air on May 7 — a love for the "sport of kings" and desire for the luck it takes to see something amazing happen. If you're planning on making the trip to Churchill Downs, you might see a few amazing celebrities as well.

Here are a few of the past celebrity couples that have been to the Derby:

- 1. Nick Lachey and Vanessa Minnillo: These engaged lovebirds made an appearance at last year's races.
- 2. Rebecca Romijn and Jerry O'Connell: He's a Bachelor no longer and she's the farthest thing from Ugly. And both of them saw the Derby last May.
- **3. Mario Lopez and Courtney Mazza:** The *Entertainment Tonight* personality started dating Broadway dancer Mazza in 2008. Two

years later, they attended the "Run for the Roses."

And here are some celebrity singles that are looking for a win, place, or show (or maybe even love!) at the Derby:

- 1. Terrell Owens: A guest at last year's events, this high-profile football player always wants to be where the action is and the Downs has plenty of action to offer.
- 2. Maria Menounos: This sexy television correspondent showed up to the Kentucky Derby last year, which was a welcome break from interviewing celebrities.
- **3. Idris Elba:** Known best as *The Wire's* Stringer Bell, he attended last year's Derby in style.