

Courteney Cox and Daughter Coco Support David Arquette on 'DWTS'



David Arquette debuted a suave waltz during the season premiere of *Dancing With The Stars* on Monday night, according to [People](#). In the crowd cheering him on were none other than his ex-wife, Courteney Cox and their daughter, Coco. Beaming from ear to ear, the two watched as Arquette's performance was well received with a standing ovation from the audience and an array of praises from the judges. "I really liked it. There's something about you," raved Carrie Ann Inaba. Judge Len Goodman agreed saying, "I was impressed. You're a dancer." To top off his amazing night, the *Scream* actor took

pride in his daughter's presence, saying, "She is just so beautiful...She is the love of my life."

What are some ways to make your children feel loved after a split?

Cupid's Advice:

It's important for both parents to give their children the same attention and care after a split. This lets them know that they will always be loved despite the status of their mother and father's relationship:

1. Family outings: A family trip to the movies or the zoo is always a good way to let your children know that both of their parents still care despite the split. With so much change happening, this helps to instill a little normalcy in your childrens' lives.

2. Support them: Whether it's a dance recital or a basketball game, make sure that both you and your ex are there to support your kids as frequently as possible in their extra-curricular activities.

3. Love reminder: In the wake of a split, parents many sometimes forget to tell their children that they love them. A simple "I love you" can be enough to put a child at ease.

How would you make you child feel loved after a spilt? Give us your ideas below.

5 Celebrity Couples We Want to Reunite



By Tanni Deb

We've all had a moment when we've stared wide eyed in utter shock at the TV screen after finding out our favorite celebrity couple has split, trying to figure out what went wrong. After all, this pair seemed to be in such a happy relationship!

There will always be famous duos that we think about months (or even years!) down the line, wondering if they'll ever reconcile. While the possibility may be a long shot, no one can help wishful thinking. With that said, here are five celebrity couples we would like to reunite:

1. Britney Spears and Justin Timberlake: The famous singers first met in 1993 on the sets of *The Mickey Mouse Club* and began dating five years later. They were everyone's favorite celebrity couple in the late 90's, but their relationship ended in 2002. After their breakup, Timberlake released 'Cry Me A River,' a revenge song for Ms. Spears herself. As much as everyone loved this musical duo it doesn't seem like they'll ever get back together – romantically, at least. We can hope for a musical collaboration, right?

2. Jessica Simpson and Nick Lachey: Although wedding bells are ringing for both performers, who wouldn't like this aesthetically pleasing couple to reunite? The pair met in 1998 and within weeks of meeting each other, Lachey told his 98 Degrees band members Simpson would be his future bride. He proposed in 2002 and the marriage lasted for three years. Could *Newlyweds*, MTV's reality show which aired the couple's married life, be to blame?

3. Reese Witherspoon and Ryan Phillippe: This blonde coupling were married for seven year when they split in 2006. While they seemed to have a successful relationship, they spoke openly about having to work on their marriage, and underwent couples therapy in 2002. Despite Witherspoon's recent nuptials, we can't stop thinking of what a beautiful couple she and Phillippe made.

4. Scarlett Johansson and Ryan Reynolds: After only two years of marriage, the pair called it quits in 2010. Rumor had it that Reynolds had an affair with *Gossip Girl* star Blake Lively, and *Us Weekly* reported that he told friends Johansson "treated him badly." Though the *Lost in Translation* actress has certainly moved on, we wonder if she and her ex-husband will ever reconcile.

5. Courteney Cox and David Arquette: They fell in love on the set of *Scream* in the mid-90s, tied the knot in 1999, had their first child in 2004 and then shocked the world when they

announced their separation in 2010. However, the couple isn't giving up, as they're currently undergoing marriage counseling. We wish these two the best of luck!

These are just a few of the many celebrity couples we'd love to see together again. Which celebrity do *you* want to see back with their ex? Let us know in a comment below!

Top 10 Sexy, Successful and Single Celebrity Women Over 40





By Krissy

Dolor

Think women over 40 don't have a place in Hollywood? After reading this list you'll see that isn't the case. While The Moviefone Blog came up with 40 actresses over 40 that are killin' it on the big screen, we wanted to narrow it down to our favorite 10 – but they had to be single. Why? Simple! While there's no doubt that every woman on the list is sexy and successful, we wanted to highlight the celebrities who prove that you don't need a man (or woman!) by your side to make it big. So go ahead ladies – keep doing what you're doing! Read on to see our picks for powerhouse women in Hollywood:

1. Jennifer Aniston (42): Though Aniston is constantly singled out as *the* icon for unmarried and over 40 women (which some tabloids don't view as a good thing), she brushes it aside and continues to make us laugh alongside funnymen like Adam Sandler and Ben Stiller. She'll continue the comedy streak in *Horrible Bosses*, which includes a cast of Jason Bateman, Jason

Sudekis and Jamie Foxx. With a list like this, being single is *definitely* a good thing!

2. Halle Berry (44): Not only is Berry a Revlon spokeswoman and a former Miss USA runner-up, she is *still* the only African-American woman to have won an Oscar for her role in 2002's *Monster's Ball*. Though she is currently in a custody battle with ex Gabriel Aubrey over daughter Nahla, she hasn't let it slow her down completely. In fact, rumor has it that she's dating Oliver Martinez, her co-star in their upcoming film, *Dark Tide*.

3. Sandra Bullock (46): This woman won a Razzie for comedic flop *All About Steve*, an Academy Award for *The Blind Side* the day after, then went through an excruciatingly public breakup with husband Jesse James, handling it with extreme grace. Need we say more? While baby Louis is the only man in Bullock's life, she is working with a few good ones in her upcoming films, including Tom Hanks, John Goodman and James Gandolfini for 9/11-themed drama *Extremely Loud and Incredibly Close* and George Clooney for sci-fi flick *Gravity*.

4. Courteney Cox (46): Though Cox currently has an estranged relationship with longtime husband, David Arquette, she openly supported his decision to check himself into rehab for alcohol abuse and depression. While their future still remains to be seen, the two currently star in this year's *Scream 4*, the movie that brought them together in the first place.

5. Jodie Foster (48): We've all seen Foster on film – but did you know she's a director, too? Check out May's *The Beaver*, where she'll co-star alongside drama-daddy Mel Gibson. If anyone came tame that guy for a few months of filming, that's considered success!

6. Melissa Leo (50): You may not have heard of this longtime actress, but Leo made news when she won a Golden Globe, Screen Actors Guild and an Oscar for best supporting actress in

2010's *The Fighter*. You'll see more of her this year next to Robert Duvall in *Seven Days in Utopia* and Jesse Eisenberg and Tracy Morgan in *Predisposed*.

7. Susan Sarandon (64): Though many have speculated that Sarandon is dating ping pong business partner Jonathan Bricklin, she insists she doesn't have a boyfriend. But let's be serious – who *doesn't* like imagining a little cougar action when it comes to this sexy starlet? After all, she was in the Beastie Boy's *Fight for Your Right Revisited*, a Sundance short – a sure sign of her staying with the times.

8. Sarah Silverman (40): This funny lady keeps it controversial, addressing racism, sexism and religion in her comedy stints, but everyone knows that a woman who isn't afraid to speak her mind is sexy. You'll see in her in this year's *Take This Waltz* with Michelle Williams and Seth Rogen.

9. Marisa Tomei (46): She's starred in hits like *My Cousin Vinny*, *The Wrestler* and *The Lincoln Lawyer*, and you'll see her next in *Crazy, Stupid, Love* along bigwigs like George Clooney, Ryan Gosling and Julianne Moore.

10. Robin Wright (44): After her highly-publicized divorce from Sean Penn, this former soap star threw herself into new projects, including crime thriller *Rampart* with Steve Buscemi and Sigourney Weaver; *Moneyball*, an adaptation of author Michael Lewis' (*The Blind Side*); and the adaptation of Stieg Larsson's *The Girl With the Dragon Tattoo*. With all that on her plate, who has time to think about exes?

David Arquette Says He Had to Act Childishly After Separation



David

Arquette's chaotic months are behind him. Arquette thoroughly explained his new outlook on life to [People](#) at Hollywood Bites Back on Saturday. "I went through a really hard time, and my way of dealing with it was just to blow it all up," said Arquette. "I did act childish[ly], but at the same time I had to – I was really hurt. It was hard for me to deal with this, but what I had to do ultimately was step back and take a look at myself." The *Scream 4* actor went on to say, "I'm really getting in touch with my feelings, and trying to process them in a more appropriate way."

What are some ways to cope with a separation?

Cupid's Advice:

After a tough breakup, it's all too easy to fall into depression. Here are a few ways to cope:

1. Visit friends and family: Family and friends are the best support system. A few afternoons with the people who care about you most can do wonders for your attitude.

2. Resolve issues: Especially after an emotionally rough split, it's difficult to let the relationship go. If possible, contact your ex and make amends. While your relationship may not be saved, your partner's friendship can be secured.

3. Keep moving forward: Accept the past and move forward with your life by trying new things. Pick up a few new hobbies or pursue an old goal. The refreshing new beginning will help you heal.

Have your own breakup advice? Leave a comment below!

David Arquette and Courteney Cox: Did Over-Complaining Kill Their Marriage?





By Guy Winch,
Ph.D., author of *The Squeaky Wheel*

While it's natural to moan and complain to our spouses and expect support and understanding from them, too much complaining can change the very nature of our relationship and damage it beyond repair. When David Arquette and Courteney Cox announced they were splitting up last October, Arquette mentioned that Cox was sick of "mothering" him. For a celebrity couple, the two have been relatively close-lipped about the details of their separation. However, it's fair to assume that if Cox was doing too much mothering, Arquette was doing too much complaining.

When one member of a couple becomes an over-complainer, it creates significant stress on the relationship and the entire household. Unproductive complaining such as venting, whining and moaning, creates an atmosphere of negativity and dissatisfaction that pervades the home. Over-complaining of the unproductive kind can also make it difficult for other members of the household to express their own joy and happiness.

The problem is that such habits can develop slowly and go unnoticed until the problem is severe. For example, a husband might go through a period of employment instability and feel down about himself and the world. His wife might be supportive at first. She might try to help out by offering regular dollops of sympathy and taking on more responsibilities. However, by doing so she is reinforcing her husband's complaining and enabling him to remain miserable and passive. Over time, the husband in this scenario can become comfortable in the situation and expect his wife to continue "mothering" him.

When left unchallenged, this kind of dynamic can lead to a shift in the very nature of a couple's relationship. Instead of being husband and wife, they now relate to one another in a manner more reminiscent of mother and child or mother and teenager. As a result, their relationship suffers, their marital satisfaction drops and their sex life erodes. Whining is rarely a turn on.

Although it's natural to go through difficult times and expect support from our spouses, couples should never let negative circumstances turn into an enduring reality. If your spouse is over-complaining so much that you begin to think of him or her as a whiner, alert your partner to his or her behavior and how it is affecting you. Ask your mate to learn how to use complaints sparingly and productively—for everyone's sake.

Courteney	Cox	Admires
Estranged	Husband	David

Arquette for Entering Rehab



Courteney Cox let David Arquette know that she's there for him in spite of their separation, *People* reports. When Arquette entered rehab a few days ago, Cox was one of the first to show her support. The actor entered the rehab facility for alcohol and depression, almost three months after separating from wife Courteney Cox. Arquette, who is also the father of their six-year-old daughter, Coco, was not handling the separation well, sources say. Cox said, "I really admire David and his choice to take charge and better his life...I love and support him." **How do you support your partner through a hard time?**

Cupid's Advice:

Sometimes in a hard situation, less is more. By letting your

partner know that you're there with an open ear and a shoulder to lean on may be all that he needs to hear. Here are some tips:

1. Listen: Hear all that he has to say, and pay attention to how he acts as well. If he's the type of person who needs space, give him some. If he needs a comforting touch, oblige!

2. Be there and mean it: Ultimately, let your partner know that you're there for him anytime he needs to talk, and then don't let him down. When you get that call, make sure you give him all of your attention.

3. Know your role: Depending on how long you and your partner have been together, it may determine how much of a supporting role you play during his tough time. If you just started seeing each other, don't be surprised when he takes a little longer to open up to you and goes to his parents or friends first.

David Arquette Parties in Miami Following Separation from Courteney Cox





Post-separation from Courteney Cox, David Arquette hit the Miami party scene while simultaneously posting his escapades on Twitter. According to [People](#), the actor was quite the party hopper. He stayed at the Fontainebleau and made appearances at LIV nightclub and Arkadia. He even took time out of his drinking schedule to get a tattoo of his grandfather. A source close to the actor revealed that much of this crazy behavior was a direct result of his separation from Cox. “He was dumped by his wife of 11 years. His answer to that is to go out and party and try to forget about everything and have fun.”

What are the best ways to temporarily forget about a breakup?

Cupid's Advice:

Though there is no best way to get over a broken heart, Cupid has some ideas for temporary relief:

1. Party responsibly: There's nothing wrong with a night out

on the town with friends after a break-up, but don't overdo it by drinking past your limit and doing something you'll regret.

2. Get away: A vacation is a great way to forget about things for a while. If it's out of your budget, go to a spa or take a walk to get back in touch with nature. Anything you can do to rediscover yourself is a positive step.

3. Find a new hobby: If there's an activity you've always wanted to pursue, now is a great time to look into it. Not only will it get your mind off of your break-up, but you may also make new friends!

Courtney Cox Deals with Separation from Husband, David Arquette with Humor and Hard Work





Courteney

Cox's recent split with husband David Arquette has been making quite a few headlines. Unfortunately, news of the break-up has also been affecting Cox's daughter, six-year-old, Coco. The actress' *Cougar Town* costar Josh Hopkins told [People](#), "The day that the news of the separation broke, there were paparazzi outside of their house, and they were taking pictures when Courteney took Coco to school." Though Courteney Cox has remained strong at home and professional at work, "Coco [still] sees these things, because [paparazzo are] not a normal thing in any respect, and she is a precocious child." Hopkins went on to explain that the couple's split is tougher than most due to their celebrity status. "There's no doubt they have a lot to deal with right now...more than you would in your average separation."

How do you keep a breakup from affecting your children?

Cupid's Advice:

Recovering from a breakup is hard, and it's even tougher the children involved. Cupid has a few tips to keep your children

relatively unaffected:

- 1. Cooperate with your ex:** Nothing is more harmful to your children than a battle for custody. Meet your ex halfway, and make some compromises. A civil and orderly split will make the separation much easier.
 - 2. Be supportive:** Make sure your children know that the split will not affect your feelings for them. They need to be aware that they're loved, even if you and your ex may not feel that way about each other.
 - 3. Give them time:** No matter how masterfully you handle your breakup, your children will be at least slightly affected. It may be rough now, but in time and with care, your children will adjust.
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Courtney Cox Denies Pending Divorce





Actress

Courteney Cox has finally spoken out about her pending divorce to husband and actor David Arquette, [People](#) has learned.

During an interview for Australia's *TV Week*, Cox said, "I don't know what will happen, but this is not like we're getting divorced...This is a separation and I think that takes a lot of courage. Whatever is supposed to happen will be the best thing for us." At the same time, however, Cox admits that all is not well in the duo's 11 year marriage.

"Sometimes you just realize 'Wow, we actually have grown apart,'" she said. As far as her husband's Howard Stern radio appearance, Cox seemed nonchalant about it, saying Arquette is a "kook" and an "entertainer." And as Arquette went to Stern for support, Cox has been spending time with her bestie, Jennifer Aniston. "We just have fun, we laugh, we're inseparable and it's great."

When is it time to try separating in a marriage?

Cupid's Take:

Sometimes things taken a turn for the worst in a relationship.

Often times it can be a phase and, in time, things will go back to normal. Other times, however, we must make the sad conclusion that this relationship won't have a fairy tale ending. And that's when a separation in a marriage may be for the best:

1. Time off: When neither of you can get a word in edgewise without voices escalating and faces turning red, a separation may be right for you. You'll have time to sort out your thoughts without letting your anger get in the way.

2. Think it over: If recent times between you and your mate are more negative than positive, perhaps it's time to get some space. You'll be able to lay all factors out in front of you in order to figure out exactly why the two of you have been arguing more than kissing.

3. When love is lost: Sometimes, sadly, people outgrow each other, and the love they once had for one another fades away. When this happens, it's best to face reality and go your separate ways rather than forcing something to work that doesn't.

What Celebrity Marriages Can Teach Us About Love





By Sherry Amatenstein, LCSW, and author of *The Complete Marriage Counselor*

It sounds simplistic, but the primary key to a successful marriage, whether the couple are superstars or just plain folk, is for the pair to make each other a priority.

This advice is easy to say, of course, but hard to implement, especially when your every move is followed by Twitter, Facebook, 24/7 cable news, and paparazzi. In the case celebrity couple John Travolta and Kelly Preston, their union endured the scrutiny that arose after a blackmail attempt surrounding the death of their autistic son. No couple is immune from trauma and strife, but they must band together in the face of the trouble, instead of becoming separate camps.

Travolta and Preston exhibited grace under unimaginable sorrow and pressure, and their union seemingly emerged stronger for the ordeal.

Compare that grace to the four star bad judgment exhibited by David Arquette, by blabbing to Howard Stern about how his

estranged wife, Courtney Cox, was tired of being his mother and had given her blessing to his having sex with other women.

He added that sex with Cox was scheduled to some degree.

Loose lips may not sink ships, but certainly can further puncture troubled marriages.

Another lesson to be gained from Arquette is his seeming unwillingness to compromise. On *The View*, he professed to love his wife, the mother of his child, but says she wants a quiet, calm life, while he (seven years younger) still wants to party. Is this really a gulf that cannot be bridged if both partners agree to give a little?

If star couples in love exhibit a little more Travolta and a lot less Arquette, perhaps the shelf life of these unions will be longer than a carton of milk!

Courtney Cox and David Arquette Unite for Halloween





In the midst of their very public separation, Courteney Cox and David Arquette have vowed to make sure that daughter Coco, 6, remains their top priority, according to [People](#). When the duo announced their separation last month, they insisted that they would remain dedicated parents. In fact, the two even planned to celebrate Halloween together with their daughter. “Sunday, yeah we go trick-or-treating,” Arquette said at a recent film screening. “Coco is going to be a bumblebee and Courteney is going to be a sunflower. I’ll put on a flower suit or something,” Arquette joked. **After a split, how can you keep your child’s life normal?**

Cupid’s Advice:

Breakups are especially hard on children, which is why it’s important to make sure you remain responsible parents. Cupid has some ideas on how to keep your child’s life as normal as possible during a separation or divorce:

1. Stick to the routine: Although your child’s life will undoubtedly change, you should try to keep their routine as

normal as possible. If you used to get pizza every Tuesday night, keep on doing it to show your little one that some traditions will never change.

2. Split up time: Unless you have already figured out custody issues, try to split your tot's time evenly between both parents. This will remind your kid that they aren't going to lose either of you.

3. Communication is essential: Don't leave your child in the dark about the breakup. Talk to them about why you two are separating and make sure they know that they are still your number one priority. Also, make sure they're 100% confident that it's not their fault.

Wicked Celebrity Breakups





By [Jessica](#)

[DeRubbo](#)

Let's face it: It's not often that breakups and divorces are civil and lacking in drama. In fact, most are ridden with angry fights, jealousy and revenge. America's A-list celebs prove that theory better than any other group! Consider Bristol Palin, Courteney Cox and Mel Gibson.

Bristol Palin

After revealing that she was expecting a baby during her mom's run for Vice President, a teenaged Bristol Palin announced her engagement to baby daddy Levi Johnston. Things eventually turned sour, however, when the couple called it quits and both of their families turned to the media for revenge. Johnston bad-mouthed Palin's family in an attempt to destroy it in a famous interview with [Vanity Fair](#). He said that Sarah Palin originally wanted to keep her daughter's pregnancy a secret and then adopt the child as her own when he was born. When the couple decided to try to make it work again recently, things went downhill pretty quickly. Bristol talked to the

tabloids herself this time, claiming that she called it quits with Johnston due to his being in an intimate music video with singer, Brittani Sanner. Johnston had apparently told Palin that he was going to Hollywood to film a hunting show. Even now, as Bristol stars on this season's *Dancing with the Stars*, Johnston had something to say about it, remarking that she never once danced with him while they were together. Big or small, the drama won't seem to leave this couple alone!

Unfortunately, with a son in the picture, the two will have to eventually make it work in a civil way.

Courtney Cox

Everyone's favorite *Friends* actress Courtney Cox isn't innocent to relationship drama either. Although we have yet to hear much from her camp after her split from husband David Arquette after 11 years, Arquette has been very vocal. What started out as a united statement to the media, saying, "The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage.

We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together" quickly led to Arquette's shocking radio interview with Howard Stern. The actor commented on the couple's sex life, among other things.

"We're not having sex, and I completely understand," he said. "She's in a place of wanting to be real and emotional.

She's an emotional being. She's an amazing woman. If it doesn't feel right, she doesn't feel like bonding in that way." It's been reported that Cox is more than unhappy about her former flame's big mouth (I know I definitely don't blame her!), but it remains to be seen where the two will go from here. It's so sad when a celebrity couple who seems to have it all together shocks us with buried anger and bitterness!

Mel Gibson

And then, of course, there's the case of Mel Gibson. After being married for 28 years to Robyn Gibson, Mel left his wife for Russian entertainer, Oksana Grigorieva. The couple dated for two years before breaking up, at which point Gibson allegedly lost it and began leaving abusive messages for his ex. The crazy messages were recorded and eventually leaked to the public. In them, Gibson uses explicit language and is very hostile toward Grigorieva. At one point, he says, ""You're a f-ing mentally deprived idiot. You're a f-ing using whore ... I own you." At another point, Grigorieva says, "You control me, like marionette ... I walk on eggshells with you." Fighting words! The duo have been in a legal battle ever since. Personally, I'd want it all over and done with as quickly as humanly possible, wouldn't you?

Drama, drama, drama! Some celebs just can't avoid it. And when you add an anger-ridden break-up or divorce into the picture, A-listers seem to lose all control.

Smiling David Arquette Looks 'Relaxed and Cheerful' After Separation





If David Arquette is hurting after his recent separation from wife Courteney Cox, he certainly isn't showing it. The 39-year-old actor was all smiles at the 2010 Spike TV Scream Awards, his first public appearance since news broke of the split from Cox, 46. [Us Weekly](#) reports that Arquette, who attended the awards show without his wife, looked happy, relaxed and chatted animatedly with his publicist before going into the event. After 11 years of marriage, the couple announced their trial separation earlier this week. The two met in 1996 on the set of *Scream* and married three years later. Their daughter, Coco, is 8. A source close to the couple says they "are by no means interested in giving up. They just need time apart."

How can you tell if your mate is fake?

Cupid's Advice:

Some people might enter into a relationship for the wrong reasons. But with Cupid's help, you can tell whether or not your mate is for real:

1. He pays attention: If he remembers minute details, like what you said a week ago and already forgot about, then he's really into you and is in the relationship for the right reasons. If his eyes seem to glaze over when you talk, you might want to look into why that's the case.

2. He respects you: This means respect in every sense of the word. One example is understanding your need to take it slow. If he tries to round the bases too quickly, then his intentions are only lustful.

3. He only has eyes for you: If he's shows no interest in other women, then he thinks you're the one. But if he wants to keep an "open relationship" and date other women, he's not sure yet and may just be faking interest.

Courtney Cox & David Arquette Split





After years of irreconcilable differences, Hollywood couple Courteney Cox and David Arquette have announced their official separation. The two have been married for 11 years. Ironically, this romance began when they met on the set of *Scream* in 1996. They now have a six-year-old daughter named Coco, whom they both adore.

As Cox and Arquette recently told [*People*](#), "The reason for this separation is to better understand ourselves and the qualities we need in a partner and for our marriage. We remain best friends and responsible parents to our daughter and we still love each other deeply. As we go through this process we are determined to use kindness and understanding to get through this together." Though this separation may appear drama-free, it seems the marriage was not. The media has reported repeated arguments in the past.

How can you put an end to the "same old fights" in your relationship?

Cupid's Advice:

Irreconcilable differences are the number one cause of

breakups and divorces. No matter how big or small these issues are, many couples tend to have the same fight over and over. In order for a relationship to grow, these ongoing issues need to be worked out:

1. Seek the advice of a third party: Sometimes all you need is the counsel of a completely uninvolved third party to help you and your partner come to a compromise. This can be, but doesn't have to be, a marriage counselor; however, a mutual friend could also do the trick.

2. Recognize the problem: As soon as the "same old fight" begins, look for the redundancies. Write down the problem. Sometimes it's better to see it on paper. This can be the first step to working things out.

3. Reevaluate the relationship: If after countless tries to work out your issues you are not any closer to finding a solution, then perhaps you're not right for one another. It may be a hard thing to face, but it could be time to move on.

Jennifer Aniston's "Cougar Town" Courting





Actress

Jennifer Aniston has reportedly been enjoying some perks from her guest appearance on gal pal Courteney Cox's TV series *Cougar Town*. Recently, Aniston enjoyed a long candlelit dinner with fellow *Cougar Town* actor Josh Hopkins, according to [People](#). "She seemed very excited about her date," said an eyewitness. "She and Josh sat at a more private table and they seemed to get along great...there was a flirty energy between them, and Jen looked very happy." **How do you stay optimistic in the dating world?**

Cupid's Advice:

In today's fast-paced bustling world, the prospects of cultivating a new relationship can be hard to handle. Cupid has a few suggestions on how to stay strong with a single status:

1. Remember Carrie: When single and in doubt, just remember one of womankind's most beloved protagonists, Carrie Bradshaw of *Sex and the City*. Never forget that there is something captivating about a strong, confident and independent woman.

If you can rock your single status, chances are you won't be unattached for long.

2. Put yourself out there: Being a single lady in the tumultuous sea can be intimidating. Be brave. The more you explore and let yourself be open to experiencing new things, the more fun the dating world will be.

3. Your man is out there somewhere: Don't let the single life get you down. Remember that there are thousands of potential partners out there, and being single is just another way of saying you're waiting for the right one. Don't settle just so you can change your relationship status on Facebook. With patience and confidence, the perfect person will undoubtedly come along.

David Arquette & Courteney Cox Argue Over Her Show Cougar Town





Courteney Cox and David Arquette are experiencing some trouble in paradise. Cox wants to gather up the old *Friends* gang and have them reappear on an episode of *Cougar Town*, Cox's latest comedy series. According to a source on [Betty Confidential](#), "David isn't happy about it." But apparently, Cox has already called up Jennifer Aniston, Matt LeBlanc, David Schwimmer and Matthew Perry to make appearances. The source adds, "He told Courteney, 'This is not *Friends*. This is *Cougar Town*.' They kind of got into an argument about it during a staff meeting. He wasn't happy when Courteney asked Lisa Kudrow to appear on their show last season, but Courteney won that battle." It seems that Cox will win this battle, too; she's already come up with a plot and characters for Perry and Aniston.

How can you persuade your spouse to be more supportive?

Cupid's Advice:

Unsupportive partners can put a strain on any relationship. Cupid has some tips on how to make your way through it:

1. Understand: You need to understand why your partner is against your decision. Try to find out what benefits he or she sees by choosing the opposite standpoint. Ask lots of questions to help you figure out why they are against the situation, then address their points.

2. Weigh options: You might find that your partner's point of view has a lot of reasoning behind it, so don't just dismiss them because you don't like it. Try to find an in-between so that you are both happy with the outcome.

3. Be honest: Don't lie, exaggerate, or go behind your spouse's back to get what you want. If it's a big decision, such as going back to school, your partner will find out eventually, and will be even more upset you lied.

David Arquette's Marriage is Just Fine





Even the happiest of couples can't escape the rumor mill. David Arquette told [People](#) that close friends sometimes believe gossip printed about himself and his wife, Courteney Cox Arquette. "There's nothing [wrong]," said Arquette. "We have a really great, beautiful relationship." The couple celebrated their 11th wedding anniversary on Saturday.

Arquette admits that great marriages take work. How can you maintain a happy marriage for the long haul?

Cupid's Advice:

Simply realizing that a happy marriage needs work is half the battle. The other half is carrying through by working on it with your partner.

1. Hash it out: Some couples shrink away from problems, but avoiding the issue won't clear the air. Get it out of your system and figure out a solution instead of letting the situation escalate into something bigger.

2. Do stuff together: And we don't mean grocery shopping or

the laundry. Take each other out on dates, or simply go for a walk in the park. Kick it up a notch and revisit old haunts from when you first started dating. Staying active keeps the spark alive.

3. Also take time out for yourself: You're still individuals with your own interests and desires. Take time to pursue them, and share your experiences with each other when you're together.