

Blake Shelton and Miranda Lambert Both Win at CMAs



Blake Shelton and Miranda Lambert received a late wedding present when they both took home CMA awards for male and female vocalist of the year on Wednesday. According to [People](#), while receiving her award, Lambert proclaimed, “Congrats to my hubby too. It’s gonna be a good night tonight baby! “

How do you share the limelight with your partner?

Cupid’s Advice:

Everyone wants to be in limelight at least once in while. But, when it comes to sharing it, here are some ways to enjoy your glory together without it getting competitive:

- 1. Smile and relax:** Some of us have a very competitive nature. But, it doesn’t have to be that way, especially with

someone you love. Take a step back and enjoy this moment together.

2. Congratulate them: Let your partner know how proud you are of them, and they'll do the same for you.

3. Give credit where it's due: Don't try to take credit for everything. Your partner's achievements are just as important as yours.

What successful couples do you admire? Share your comments below.

Miranda Lambert & Blake Shelton to Compete at CMAs



Singer Miranda

Lambert cleaned up this year with nine nods for the Country Music Awards, including one for Entertainer of the Year. In

fact, Lambert's number one competition is herself, as two of her songs both received nominations for Music Video, Single and Song of the Year, reports [E! News](#). Despite competing with herself, however, her toughest competition may go to her soon-to-be husband, singer Blake Shelton, who's up against her in three categories. We'll have to wait until the CMAs air live on Nov. 10 to see who comes out victorious!**Is competition in a relationship a good or bad thing?**

Cupid's Advice:

In a long-term relationship, it's easy to start obsessing over the little things, and it's especially simple to turn everything into a competition. A little competitive spirit is healthy for a relationship, but it can get out of hand quickly. Cupid has some tips for keeping your competitive nature in check:

1. Throw away the tally sheet: One of the worst things you can do in a relationship is to keep score. Most of us are guilty of keeping a mental checklist of all the things we have done so we can prove to our partners how little they have contributed. It's best to accept that relationships are never perfect, and focus on the positive aspects.

2. Start relating: Competing with your mate can be a way to avoid relating to him. A relationship built solely on competition isn't healthy, so your time is better spent trying to truly get to know your partner. Your relationship will be more meaningful, and you'll understand each other better.

3. Establish self-confidence: Competitive relationships are often sparked by low self-esteem. Because low self-esteem is characterized by irrational thoughts and actions, you can lose yourself in a relationship and therefore lose control. Make sure you focus on yourself before you bring someone else into the picture. Having self-confidence will allow you to have a healthy and happy relationship.