

New Couple: Courteney Cox Is Dating 'Cougar Town' Co-Star Brian Van Holt



By Petra Halbur

Courtney Cox is now officially dating *Cougar Town* co-star, Brian Van Holt. The two reportedly found love while playing each other's ex on the TBS series. A source confided to UsMagazine.com that the pair have been going out for six months. According to the source, Cox feels more comfortable discussing her relationship with Van Holt now that her ex-husband, David Arquette, has found new love in girlfriend, Christina McLarty.

What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

Honesty is the best policy ... most of the time. Sometimes though, it really is better to keep your relationship from family and friends for a period of time. Cupid is here to help you recognize if you're in such a position:

1. You're unsure about the relationship: If you don't really know what kind of relationship you're involved in, you might want to put off inviting him or her to meet your parents.

2. You anticipate disapproval: If you're worried that your friends and family won't approve of the gender, race or religion of your partner, it's understandable to want to put off announcing your relationship until you and your partner are on more solid ground. Just remember that this can only go on for so long. Sooner or later, for better or for worse, you're going to have to introduce your partner and face the consequences.

3. There's been a tragedy: If your family has suffered a loss, then it's probably best to defer your announcement to a later date. Not only do you want to avoid seeming insensitive to your loved ones' grief, you probably don't want your family to associate your partner with a period of mourning.

Have you hidden your relationship from friends and family? Tell us why in the comments below.

**Busy Philipps Explains
Announcing Her Pregnancy on**

Twitter



By Meghan

Fitzgerald

As the comedian she is, *Cougar Town* star, Busy Philipps disregarded all traditional ways of telling family and friends about her pregnancy and went to Twitter. According to [People](#), Philipps became aware that someone was going to spread her pregnancy over the Internet, so her husband, Marc Silverstein simply said, "You know what? Eff them. Just Tweet it, and then you put it out there and it is what it is." Philipps discussed on an appearance on *Anderson Live* that she didn't want to make a celebrity statement describing how "happy" the couple is for the new addition to the family. Instead, she wanted her news to come from her own voice.

What are some creative ways to announce your pregnancy?

Cupid's Advice:

It seems to be almost a sort of competition of who can have

the cutest, and most endearing way to announce their pregnancies to their family and friends. You want to ease into your announcement, no rush, no pain, just a happy announcement. Here are some creative ways to announce your pregnancy:

1. Postcard: To your closest family and friends, send out a perfectly sculpted and crafted postcard describing your recent pregnancy. With this postcard already sent out, you could also include any ceremonies or parties occurring for the new addition of your family. Another option for the postcard method is to scan it on to your computer and upload it to Facebook. This ensures that you included everyone in announcing your pregnancy.

2. Fortune Cookies: Order fortune cookies with a personal message inside exclaiming “We’re pregnant!” or “Another baby on the way!” Have an intimate dinner with your family and friends and save the fortune cookies until the last part of dinner. This is an easy, quirky, and creative way to announce your pregnancy to the people you love most.

3. Build-a-Bear: Although this approach may be more pricey than you’d like however, your closest family will absolutely love the special remark. Make your own bears dressed up in either a diaper, pink clothes, or blue clothes. Include the birth certificate specified for your expected date, and distribute! Your parents will especially love the bear, keeping it close to their hearts, preparing for their grandchild on the way. The bear can also be used for your child’s’ first stuffed animal.

Tell us how you broke the news about your pregnancy below.

David Arquette Guest Stars on Courteney Cox's 'Cougar Town'



Courteney Cox and

David Arquette will once again be sharing screen time. Arquette will guest star as a hotel concierge in the season 3 finale of Cox's sitcom *Cougar Town*, reports *People*. Though the two separated in October of 2010 after 11 years of marriage, Cox said last month, "He's my favorite person in the world. No matter what happens in our future, he's my very best friend."

Is it OK to work with your partner after a split?

Cupid's Advice:

Though most individuals prefer distance after a breakup, it is possible to work with your former partner again. Here are a few things to consider before working with your ex:

1. Time: Make sure to take some time before reconnecting with

your ex. Work together only after the two of you have had time to heal and move on with your love lives.

2. Your ex: Though your feelings may have passed, the same may not be true for your ex. Make sure that your former partner has moved on before working together. Working with unresolved tension will not be productive.

3. Your reasons: Before you work with your ex, you should be sure that you have pure intentions. Don't work with your ex if you feel guilty about the breakup or your ex's current situation. Make sure your top priorities are work-related.

Have you ever worked with an ex? Feel free to leave a comment below.

Courtney Cox Says Kissing Co-Star Was Confusing to Daughter





Courteney Cox's

involvement with *Cougar Town* costar Josh Hopkins is too complicated for daughter Coco to comprehend, reports UsMagazine.com. "[Coco] shouldn't watch *Cougar Town*, but she does," said Cox. "She's always like, 'Mommy! Did you really kiss Josh? And I'm like, 'I'm just faking it!'" Though Cox and Hopkins were seen vacationing together with Coco in March of last year, both deny a romantic relationship.

What are some ways to explain moving on after a split to your child?

Cupid's Advice:

Moving on is a difficult hill to climb, even without the added pressure of telling your child. Here are a few things to consider before breaking the news to your kids:

1. Your new relationship: Before introducing your new partner to your children, make sure that you're serious about the relationship. Children look for stability, so introducing your kids to a mere fling could harm them in the long run.

2. Your past breakup: Let your children adjust to the changes in their life before you change yet another element. Instead of introducing your new partner immediately, give your children some time. Eventually they will be more accepting of

a new relationship.

3. Your children: You know your children's personalities better than anyone. Use your best judgment before introducing your partner. Decide if a face-to-face meeting or a discussion is the best way to break the news.

Have you ever had to explain a new relationship to your child? Feel free to leave a comment below.

Jennifer Aniston's "Cougar Town" Courting



Actress Jennifer

Aniston has reportedly been enjoying some perks from her guest appearance on gal pal Courteney Cox's TV series *Cougar Town*. Recently, Aniston enjoyed a long candlelit dinner with fellow *Cougar Town* actor Josh Hopkins, according to [People](#).

"She seemed very excited about her date," said an eyewitness.

"She and Josh sat at a more private table and they seemed to get along great...there was a flirty energy between them, and Jen looked very happy." **How do you stay optimistic in the dating world?**

Cupid's Advice:

In today's fast-paced bustling world, the prospects of cultivating a new relationship can be hard to handle. Cupid has a few suggestions on how to stay strong with a single status:

1. Remember Carrie: When single and in doubt, just remember one of womankind's most beloved protagonists, Carrie Bradshaw of *Sex and the City*. Never forget that there is something captivating about a strong, confident and independent woman.

If you can rock your single status, chances are you won't be unattached for long.

2. Put yourself out there: Being a single lady in the tumultuous sea can be intimidating. Be brave. The more you explore and let yourself be open to experiencing new things, the more fun the dating world will be.

3. Your man is out there somewhere: Don't let the single life get you down. Remember that there are thousands of potential partners out there, and being single is just another way of saying you're waiting for the right one. Don't settle just so you can change your relationship status on Facebook. With patience and confidence, the perfect person will undoubtedly come along.

David Arquette & Courteney Cox Argue Over Her Show Cougar Town



Courteney Cox and

David Arquette are experiencing some trouble in paradise. Cox wants to gather up the old *Friends* gang and have them reappear on an episode of *Cougar Town*, Cox's latest comedy series. According to a source on [Betty Confidential](#), "David isn't happy about it." But apparently, Cox has already called up Jennifer Aniston, Matt LeBlanc, David Schwimmer and Matthew Perry to make appearances. The source adds, "He told Courteney, 'This is not *Friends*. This is *Cougar Town*.'" They kind of got into an argument about it during a staff meeting. He wasn't happy when Courteney asked Lisa Kudrow to appear on their show last season, but Courteney won that battle." It seems that Cox will win this battle, too; she's already come up with a plot and characters for Perry and Aniston.

How can you persuade your spouse to be more supportive?

Cupid's Advice:

Unsupportive partners can put a strain on any relationship. Cupid has some tips on how to make your way through it:

1. Understand: You need to understand why your partner is against your decision. Try to find out what benefits he or she sees by choosing the opposite standpoint. Ask lots of questions to help you figure out why they are against the situation, then address their points.

2. Weigh options: You might find that your partner's point of view has a lot of reasoning behind it, so don't just dismiss them because you don't like it. Try to find an in-between so that you are both happy with the outcome.

3. Be honest: Don't lie, exaggerate, or go behind your spouse's back to get what you want. If it's a big decision, such as going back to school, your partner will find out eventually, and will be even more upset you lied.