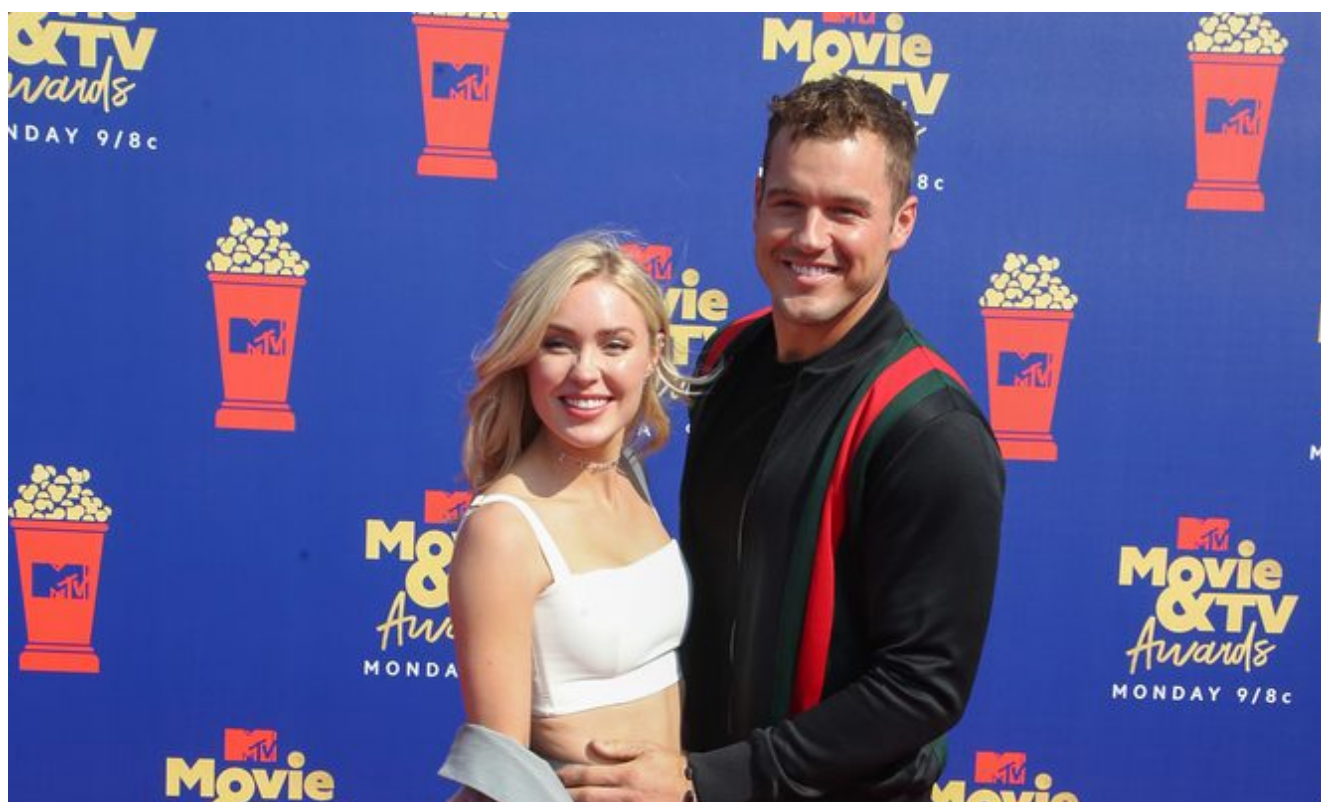


Celebrity News: Former 'Bachelor' Colton Underwood Says Cassie Randolph Dropped Restraining Order



By Carly Silva

In the [latest celebrity news](#), Colton Underwood addressed his status with ex Cassie Randolph after their messy break-up earlier this year. In September, Randolph filed a restraining order against Underwood, citing domestic violence prevention in the request, and accusing the [reality TV star](#) of stalking and harassment. According to *UsMagazine.com*, Underwood confirmed that Randolph has dropped the restraining order, and the two have since reached a private agreement.

In celebrity news, things have been anything but civil between Colton and Cassie, but it seems they've come to a civil agreement. What do you do if you feel unsafe around your ex after a break-up?

Cupid's Advice:

Sometimes break-ups can get seriously intense. If you feel unsafe around your ex after a break-up, Cupid has some advice for you:

1. Let them know: The first step you can take when you feel unsafe around your ex is to let them know. They may not realize they are making you feel that way. If you aren't comfortable speaking to them, you can have a mutual friend or a family member reach out for you and let them know how it is making you feel unsafe.

Related Link: [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

2. Cut off communication: If you feel that circumstances with your ex have become even more intense, or if you are extremely uncomfortable around your ex, cutting off communication may be a good idea. Be sure not to communicate through social media, as it can only add fuel to the fire.

Related Link: [Celebrity Break-Ups: Former Bachelor Colton Underwood Cassie Randolph Restraining Order Court Hearing Set for October](#)

3. Take action: If you believe that your ex may even be dangerous, it may be necessary for you to take legal action.

Filing a restraining order or police report, or even just letting your family and friends know, can help to protect you. Take whatever safety measures you need to take to ensure that you feel safe and comfortable after your break-up.

What are some other things you can do if you feel unsafe around your ex after a break-up? Start a conversation in the comments down below!

Celebrity Break-Ups: Former 'Bachelor' Colton Underwood & Cassie Randolph Restraining Order Court Hearing Set for October





By Carly Silva

In the [latest celebrity news](#), former *Bachelor* Colton Underwood will appear in court in October with ex Cassie Randolph after she was granted a restraining order against the [Reality TV star](#). The two ex-lovers went public about their split in May, and have had a messy fallout since. According to *UsMagazine.com*, Randolph claimed that Underwood has been “stalking and harassing” her, causing her to take legal action.

In celebrity break-up news, Colton and Cassie seem to be going through the worst possible break-up scenario. What do you do if you're trying to cease contact with your

ex, but he or she won't take "no" for an answer?

Cupid's Advice:

It can be really hard for some people to let go when going through a breakup. If you're trying to stop contact with your ex, but they won't take "no" for an answer, Cupid has some advice for you:

1. Talk to them first: Sometimes it can be awkward to tell your ex to stop contacting you, but you want to make sure they definitely receive the message. Ask for some privacy, and make sure it's extremely clear that you don't want them to reach out anymore.

Related Link: [Celebrity News: Jada Pinkett Smith and Will Smith's Public Split Discussion Was Best Move for Them](#)

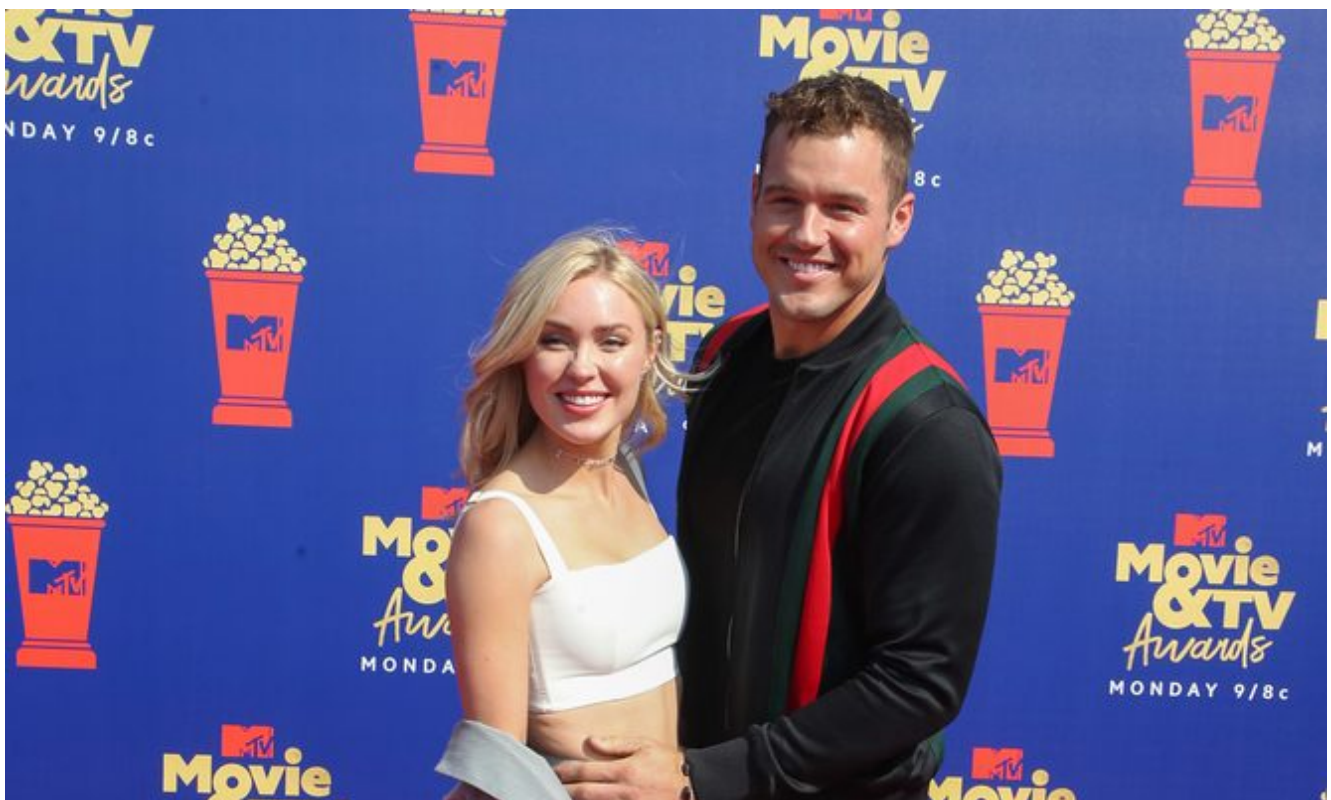
2. Try blocking them: If your ex still isn't taking "no" for an answer, it may be time to block them. You can block their number and their social media accounts to try to get back some privacy.

Related Link: [Celebrity Break-Up: Jaime King's Ex Kyle Newman Says She Emptied Bank Account in Divorce Battle](#)

3. Take it even further if you need to: If your ex is incessant and you have tried everything, it's okay to take it a step further if needed. Contacting the police or filing a restraining order is drastic, but it may be necessary if your ex still won't leave you alone.

What do you do if you're trying to cease contact with your ex, but he or she won't take "no" for an answer? Start a conversation in the comments down below!

Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood



By Carly Silva

In the [latest celebrity news](#), Cassie Randolph was officially granted a restraining order against ex-boyfriend and former *Bachelor*, Colton Underwood. Randolph filed for the order last Friday, September 11th, on the grounds that Underwood has been harassing her since their [celebrity break-up](#). According to

UsMagazine.com, Randolph claimed that Underwood has been stalking her, relentlessly sending her text messages, and even placed a tracking device on her vehicle.

In celebrity news, Cassie Randolph has a restraining order against Colton Underwood, and text messages were released showing some intense feelings between the two. What do you do if you feel your ex has become unstable and/or dangerous?

Cupid's Advice:

Sometimes break-ups can get heated, especially when intense feelings are involved. If you're starting to think your ex has become unstable and/or dangerous, Cupid has some advice for you:

1. Stop contacting them completely: If your ex is starting to make you feel unsafe in any way, it's important to stop contacting them completely. Don't answer their calls or texts, and definitely don't make plans to see them in person. You can even unfollow or block them on social media accounts to ensure that they can't reach you.

Related Link: [Relationship Advice: How Do You Deal With A Badmouthing Ex?](#)

2. Tell someone about it: Sometimes when people get into dangerous relationships, it can be scary or embarrassing to tell your friends and family, but it is essential. Having support from other people will help keep you safer, so your friends and family should definitely be aware of what is going

on.

Related Link: [Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy](#)

3. Don't be afraid to do call the authorities. Although it can be hard to take things to the next level, it may be necessary if you are really starting to worry for your safety. Filing a police report or a restraining order can help give you peace of mind.

What do you do if you feel your ex has become unstable and/or dangerous? Start a conversation in the comments below!

Celebrity News: Find Out What's Going On Between Former 'Bachelor' Colton Underwood and Lucy Hale





By Alycia Williams

In latest [celebrity news](#), former [reality TV star](#) Colton Underwood appears to be moving on from his split with Cassie Randolph. According to *EOnline.com*, Underwood has been going on casual dates with actress Lucy Hale. It's nothing serious yet, but they are both interested in each other. Underwood has spent time at Hale's house the past couple of weeks as they've been going on dates. Although it's very new for them, they've known each other for a while through mutual friends. Halle has always been interested in Underwood and she was happy to learn that the feeling was mutual.

In celebrity news, Colton may be moving on with actress Lucy Hale. What are some ways to ease into a new relationship?

Cupid's Advice:

Starting a new relationship is leaves you feeling warm inside and eager to rush into your relationship. If you're looking for ways to ease into a new relationship, Cupid has some advice for you:

1. Try new things together: When you're taking it slow, you have all the time in the world to actually enjoy dating. That's because you're probably going on more legit dates with your person, so you have more opportunities to make them fun and exciting, not dinner and a movie. And trying something new together can place you both in a position where you're newbies to the activity, and you can bond over how 'out of place' or natural the new activity feels.

Related Link: [Celebrity News: Colton Underwood & Madison Prewett Get Friendly on IG After His Split from Cassie Randolph](#)

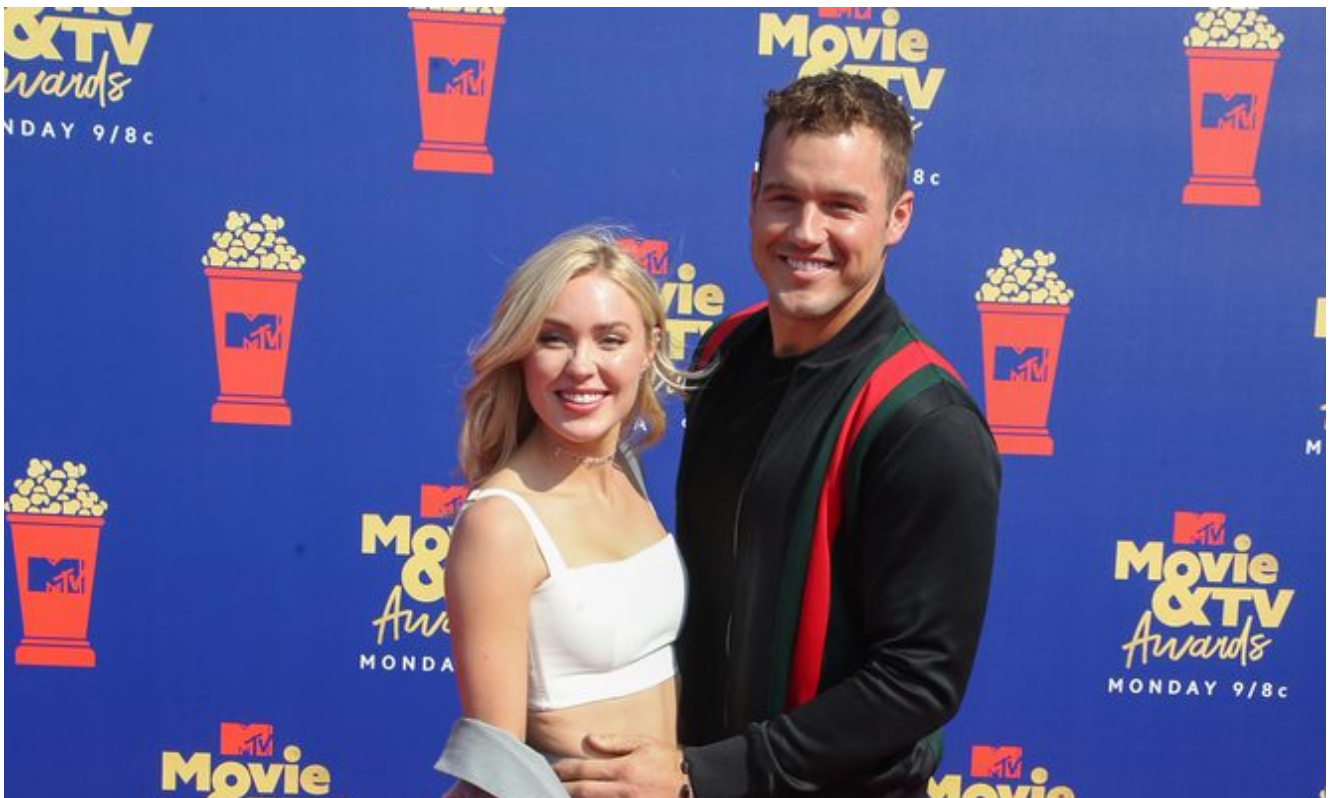
2. Share something you love with your new partner: Figuring out compatibility is pretty important, so sharing your interests whether it's rock climbing, comedy, trying new foods with the person you're dating to help you decide if it's a match. This will help you feel more comfortable on a date, while helping your partner get to know you and your world.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

3. Don't use texting as a crutch: Sure, texting is super convenient, but it's not the best form of communication when you're just getting to know someone. If you both can't meet up try talking on the phone or using video chat.

What are some more ways to ease into a new relationship? Start a [conversation in the comments below!](#)

Celebrity Break-Up: Cassie Randolph Slams 'Bachelor' Editing After Talking Split from Colton Underwood



By Diana Iscenko

In the latest [celebrity news](#), Cassie Randolph speaks out against how *The Bachelor: The Greatest Seasons – Ever!* portrayed her in a recent interview. The interview focused on Randolph's recent split from [Bachelor](#) Colton Underwood, despite Randolph's reluctance to talk about it. The [reality TV](#)

star posted on her Instagram story, explaining how much was cut from her interview: “There’s so much more to me than just my past relationship, and I think that’s why I’m annoyed.”

In celebrity break-up news, Cassie Randolph isn’t happy with the way her split was in the spotlight on a recent episode of The Bachelor GOAT. What are some ways to keep the after-effects of your split from getting you down?

Cupid’s Advice:

No matter how your relationship ended, it’s completely normal to be upset. That doesn’t mean you should let your grief consume you! If you’re having trouble keeping your head up post-break-up, Cupid has some advice for you:

1. Lean on your friends: It’s easy to see your friends less during a relationship, but it’s important to stay connected. Use this time to catch up with them. Set aside time to talk to them, whether that’s in person or over the phone.

Related Link: [Celebrity Break-Up: ‘Bachelor’ Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

2. Focus on your interests: Throw yourself back into your hobbies. Focusing on something you enjoy will help you focus on something besides your break-up. It’s also a great opportunity to try something new!

Related Link: [Celebrity News: Arie Luyendyk Jr. Says ‘Bachelor’ Concept ‘Barely Works’ for Finding Love](#)

3. Keep saying "yes": Accept social every invitation you get. Spend as much time as you can with those who support you. It may not feel genuine at first, but spending time with friends and family will prevent you from isolating yourself.

How do you keep your mood up after a break-up? Start a conversation in the comments below!

Celebrity News: Colton Underwood & Madison Prewett Get Friendly on IG After His Split from Cassie Randolph





By Alycia Williams

In latest [celebrity news](#), fans are speculating that something is going on between former [reality TV star](#) Colton Underwood and Madison Prewett after his split from Cassie Randolph. According to *UsMagazine.com*, the two share the same Christian faith and it seems that once one of them post something on Instagram pertaining to their faith, the other one doesn't hesitate to comment below. Fans are skeptical of the pair's interactions and are wondering if they're flirting. Since Underwood and Randolph split only two months ago, is this too soon?

In celebrity news, Colton was caught flirting with Madison on Instagram. What are some ways to ease into a new

relationship after a split?

Cupid's Advice:

Wanting to move on after a split is expected, but easing into this is the best way to go. If you are looking to ease into a new relationship after a split, Cupid has some advice for you:

1. Take it slow: Once you get into a new relationship after a recent split you want to make sure that you're taking this slow and steady. If you jump into a new relationship too quickly, you may still have feelings for your ex and not even realize it, and you don't want to bring that into your new relationship. The best thing to do is to take it slow to ensure that you're doing it for the right reasons.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

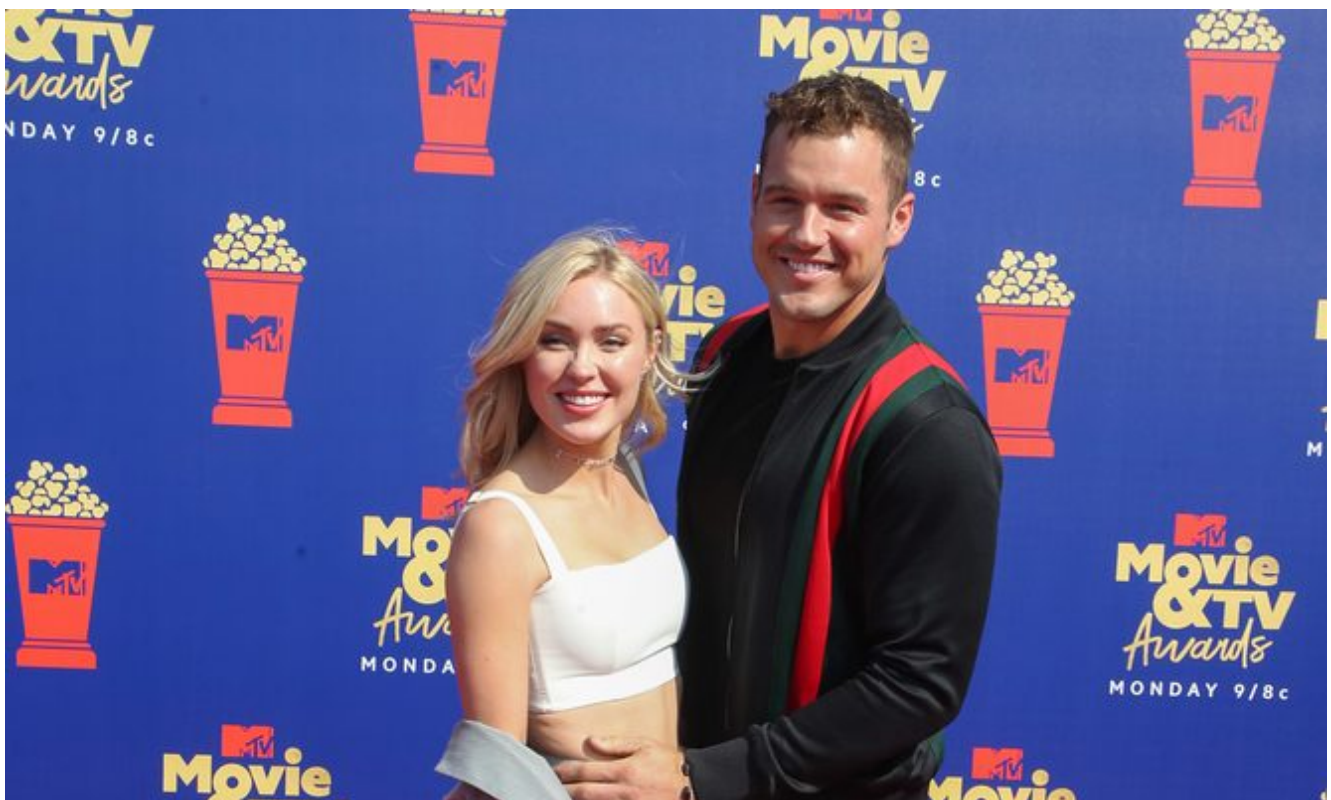
2. Be open and honest: Don't be afraid to tell your new partner that you just got out of relationship. If they care about you then they'll understand. Hiding it from your partner will just start your relationship off on the wrong foot. Be real, be honest, and be truthful.

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Don't compare the two: It'll be easy to compare your ex to your new partner as everything is still so fresh. Do your best to keep the two relationships as separate as possible. Don't compare them to each other, take a new and fresh attitude to your new relationship.

What are some more ways to ease into a new relationship after a split? Start a conversation in the comments below!

Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph



By Alycia Williams

In latest [celebrity news](#), former [reality TV star](#) Colton Underwood joked about his split from Cassie Randolph with the help of Sean Lowe ahead of the premiere of *The Bachelor*. According to *UsMagazine.com*, Lowe took to Instagram the night before ABC is set to air condensed version of season

17 of *The Bachelor*. Underneath the photo of Lowe and his now wife Catherine Giudici, Underwood commented, "Hopefully you are still with her." Many fans responded, complaining how it's too soon to joke about his break-up with Randolph. Underwood then stated, "Sometimes people are just meant to be friends and that's okay. We both have grown immensely and been through so much together so this isn't the end of our story, it's the start of a whole new chapter for us."

In celebrity break-up news, Colton Underwood is already joking about his recent split from Cassie Randolph. What are some ways to use humor in the healing process after a break-up?

Cupid's Advice:

Although break-ups can be difficult, laughing about it can really take the edge off. If you want to be able to use humor in the healing process after a break-up, Cupid has some advice for you:

1. Develop a smarter sense of humor: Using humor in tense situations can be hard to pull off. You want to be sensitive your ex's feeling but still make light of everything. Avoid mean spirited jokes. Saying something hurtful in a joke form could come of even worse than just being hurtful.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Don't use humor to cover up your emotions: Even though

humor can help you heal from a break-up, if you use humor to hide or avoid your emotions than it can be unhealthy. If you're going to joke about your past relationship, make sure it's not for the wrong reasons.

Related Link: [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

3. Make sure you're both in on the joke: Humor only works if both parties are in on it. If you are joking about your past relationship make sure your ex is okay with it. If not it'll just seem like you're picking on your ex and it won't make you feel any better either.

What are some other ways to use humor in the healing process after a break-up? Start a conversation in the comments below!

Celebrity News: Cassie Randolph Defends 'Bachelor' Colton Underwood After He's Deemed a Bad Kisser on 'BiP'





By [Katie Sotack](#)

Reality TV show [Bachelor in Paradise](#) brings all the drama. This Monday, Colton Underwood came under attack for his less than par kissing abilities. Cassie Randolph hopped to her man's defense with a tweeted gif of the two locking lips and the caption, "Kiss me dammit you good kisser you". According to [EOnline.com](#), Derek Peth posed the question to the *BiP* girls about their worst kissing experiences. Sydney Lotuaco, Caitlin Clemmens, and Tayshia Adams all agreed Underwood's skills could use some work.

In [celebrity news](#), Cassie Randolph is standing by her man's kissing skills. What are some ways to learn how to kiss better?

Cupid's Advice:

The date's going really well, and you can see a future with this one. They're attractive, smart, and hilarious, but then the end of the night comes. They lean in for you, and you find that they kiss with all tongue and teeth. Fear not! All that first date potential isn't wasted on your ideal partner's worst kiss. Here are some ways to improve:

1. Take cues: Your partner will kiss how they want to be kissed. Note the subtle movements of their lips and tongue and whether they apply a lot of pressure or a delicate touch. Take cues from their style, body language, and sounds on whether or not you could up your game.

Related Link: [Celebrity News: 'BiP' Star Caelynn Responds to Blake Releasing Their Texts](#)

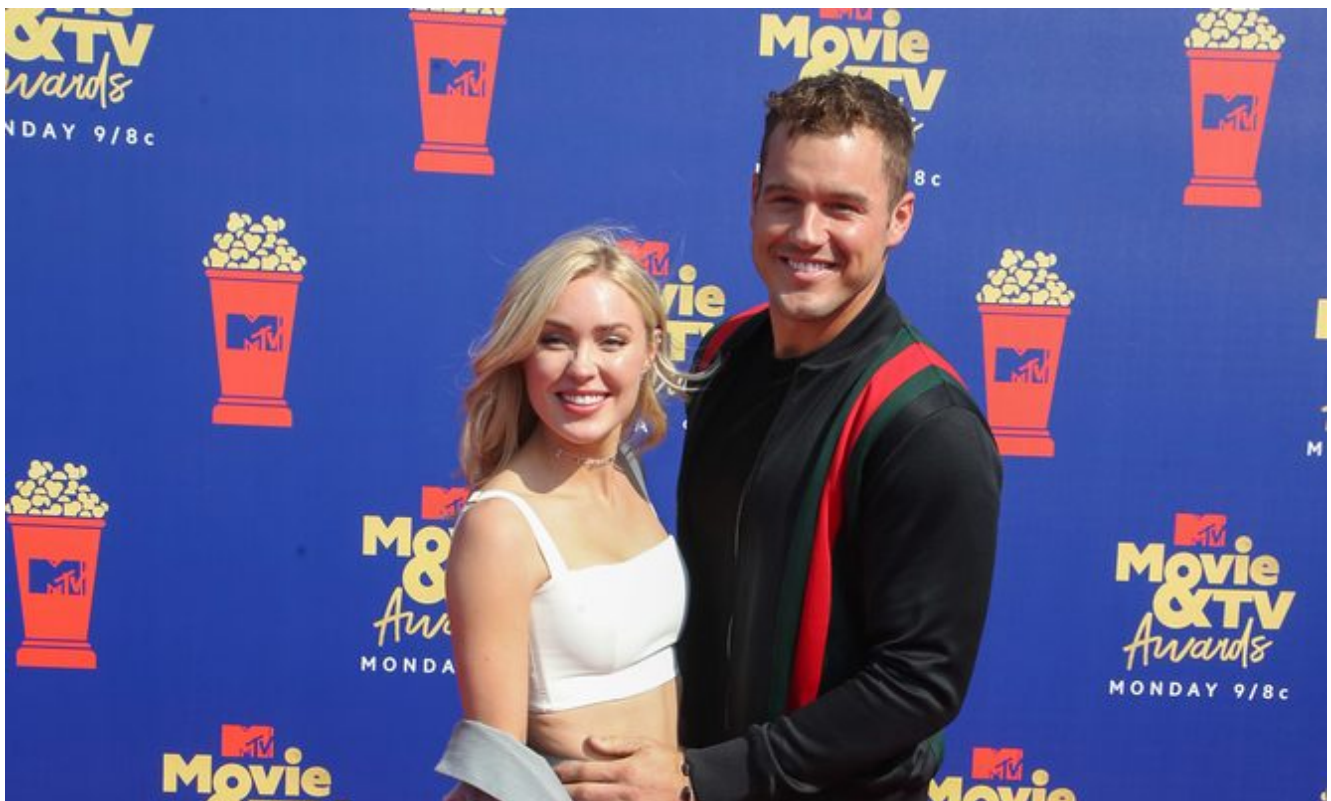
2. Use bodies: A great kiss should inspire your whole body, not just your mouth. Use your physical being to your advantage by working in hands. Grip their waist, tangled their hair, cup their face, etc. There's a million and one ways to set your partner's nerve endings on fire, the lips are only one aspect.

Related Link: [Celebrity Break-Up: 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper](#)

3. Avoid repetition: It may be tempting to stay in on place when your nervous for a kiss, but make sure to spice it up. Move your head and hands to create an unexpected experience for your partner. Great kisses are all about surprises.

What's your go to kiss move? Share in the comments below!

Celebrity News: 'Bachelor' Alum Colton Underwood Reacts to Hannah Brown's Sex Confession



By [Bonnie Griffin](#)

In [celebrity news](#), [Bachelor](#) alum Colton Underwood reacted positively to Hannah Brown's admission to having sex in a windmill on the current season of *The Bachelorette*. According to *UsMagazine.com*, Underwood says the differences between the seasons of *The Bachelor* and [The Bachelorette](#) are "what's so cool about the Bachelor franchise, [because] everybody has their own twists to things." In Underwood's season, he was scrutinized for being a virgin, the complete opposite of the

scrutiny that Brown has seen over her admission to having sex with a contestant. These celebs show us that everyone makes different choices and has different tastes when it comes to sex, but it is nice to see these two owning their choices.

In celebrity news, former *Bachelor* Colton reacted to current *Bachelorette* Hannah's sex confession. How do you make sure you and your partner are on the same page with intimacy?

Cupid's Advice:

Everyone has different sexual appetites. Sometimes those differences can happen between two partners in a relationship, but that doesn't mean you can't work things out. Cupid has some advice to help you make sure you're on the same page as your partner in the bedroom:

1. Talk about it: The number one way for you and your partner to ensure you're on the same page about intimacy is to have an open discussion. Tell them what you like and listen when they tell you the same. If you're both open to talking it through, the act can be much more pleasurable for both of you in the end.

Related Link: [Celebrity News: Justin Bieber Is 'Not in a Rush' to Have Kids with Hailey Baldwin](#)

2. Be open to trying new things: Just because you've never tried something doesn't mean you won't like it. Be open-minded when your partner makes suggestions and you might find a new favorite way to be intimate with the person you love.

Related Link: [Celebrity News: Rachel Lindsay Says She's Surprised 'Bachelorette' Hannah Brown was 'So Bold' About Sex](#)

3. Learn to compromise: Be understanding. Sometimes one of you may be uncomfortable with something new in the bedroom. That's okay. Be willing to compromise, but know that it is okay to take things off the table if they make you uncomfortable.

What are some things you do to make sure you are on the same page as your partner? Let us know your thoughts in the comments below.

Celebrity Couple: Colton Underwood & Cassie Randolph Sport Romantic Jerseys at Hockey Game





By [Mara Miller](#)

In the latest [celebrity couple](#) and [celebrity dating](#) news, Colton Underwood and Cassie Randolph sported romantic jerseys at Vegas Golden Knights vs. Detroit Red Wings game at the T-Mobile Arena in Las Vegas on March 23rd. According to *People.com*, Colton and Randolph have marriage on the brain. Her jersey said “Future Mrs.” on the back and his jersey had “Underwood.” How cute!

This celebrity couple out of *Bachelor Nation* is sharing their love loud and proud. What are some ways to show your partner you love them in public?

Cupid’s Advice:

Even if you think matching jerseys at a hockey game might be

too cheesy, we've gathered some things you can do to show your partner that you love them:

1. Touch: Light PDA in public is okay as long as you keep things clean, like a kiss on the cheek or holding your partner's hand. Play with their hair or snuggle up together when you sit down! It clearly says you're together and you love each other.

Related Link: [Celebrity Couple News: Pete Davidson & Kate Beckinsale Make Out In Backseat of Car](#)

2. Give them your full attention: Give your partner your full attention when they need it in public. Keep multitasking, like answering text messages or checking Facebook, to a minimum.

Related Link: [Celebrity Couple News: 'Bachelor' Colton Underwood Praises GF Cassie Randolph](#)

3. Share food: Sharing food shows your comfort level with your partner. Some people may not be comfortable at all with sharing a plate because they don't want someone else's germs. If you love your partner, let them steal a few fries off your plate!

What are some other ways you can show your partner that you love them in public? Let us know in the comments below!

**Celebrity Couple News:
'Bachelor' Colton Underwood**

Praises GF Cassie Randolph



By Megan McIntosh

It looks like the butterflies and adoration are still going strong for this [celebrity couple](#) after the final rose on *The Bachelor*. According to *UsMagazine.com*, Colton Underwood posted on Instagram about how proud he is of girlfriend Cassie Randolph, who balanced school and *The Bachelor*, saying, "I'm so proud of you...you continue to work hard and deserve everything this world has to offer." Despite the backlash after initially eliminating herself on the show, Randolph seems content with her relationship with Underwood and the pride he has in their relationship.

In celebrity couple news, Colton Underwood is proud of his new girlfriend Cassie. What are some ways to show your partner you're proud of them?

Cupid's Advice:

It's important to show you have pride in your partner. Cupid has some tips:

1. Use a public platform: Like Colton Underwood, you can use a public platform to declare how proud you are of your partner. This shows them that you want the world to know what they've done. If your partner isn't shy, then go ahead and post about them online! The sappier, the better.

Related Link: [Celebrity Couple News: Justin Timberlake Posts Adorable Birthday Message for Jessica Biel](#)

2. Just say it: You don't have to have a special dinner or a post on social media to let your partner know you're proud of them. Just tell them. Let your love know that you are so proud of what they do. Give details to show you're really paying attention. Tell them why.

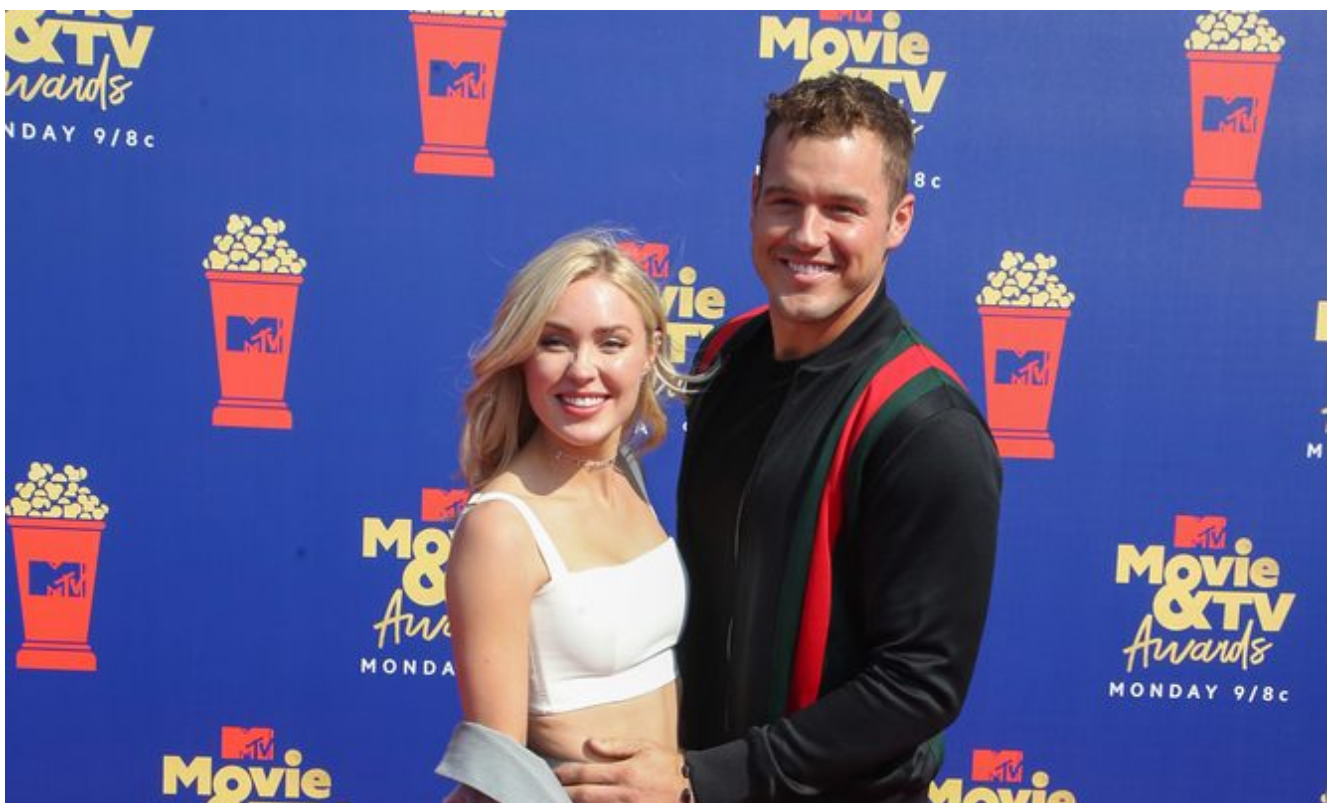
Related Link: [Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend](#)

3. Cheer them on: This may not seem like you're showing pride, but being there when your partner is down or not doing so well, shows that you support them and are proud of them no matter what. Cheer them on and let them know that you believe they can do whatever it is they're striving for.

How do you show your partner how proud you are of them? Share

below.

Celebrity News: 'Bachelor' Colton Underwood Calls Cassie Rudolph His 'Future Fiancee' After Whirlwind Reconciliation



By Megan McIntosh

It looks like Colton Underwood is officially off the market! According to *UsMagazine.com*, Underwood reunited with Cassie Rudolph on the season finale of *The Bachelor*. Though it was difficult for Underwood to put into words his feelings for Rudolph, he posted on Instagram that he knows she's his best friend, girlfriend, future fiancée, and future wife. Colton has finally found "The One." Cassie, for her part, is on the same page. She posted on Instagram that Colton "has her heart." Though they're not planning a [celebrity wedding](#) just yet, the couple was presented with an engagement ring for future use.

In celebrity news, Colton is no longer a bachelor! What are some ways to know you've found "the one"?

Cupid's Advice

Sometimes it takes a while to figure out that you've got a keeper, like Liam Hemsworth and [Miley Cyrus](#) who had their share of [celebrity break ups](#) before they finally wed. Sometimes you figure it out right away that you're meant to be with someone like Chris Pratt and fiancé Katherine Schwarzenegger, who had only gone public with their relationship a month before their engagement. Whether you're getting married or moving in together, how do you know that you're with "the one?"

1. They really listen: Remember when you said you hated being late, and your partner made sure you always had time to get where you needed to go? That's because your partner listened to you. Whether it's big or small, habits or life goals, your lover knows and understands what's going on with you.

Related Link: [Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!](#)

2. You don't drive each other crazy: Or if you do, it's in a good way like butterflies and corny jokes. Your partner should be adding to your life and making your life easier. If you find that while living together, you just click; that's probably because your partner is considerate of your needs. But even if you haven't moved in together just yet, you could try going on a trip so that you can see just how well you do when it's just you two together.

Related Link: [Celebrity Couple: Chris Pratt and Katherine Schwarzenegger Move In Together!](#)

3. You work together: Everything you and your partner do should be as a team. There's no credit for the things you've built together. If you're already talking about your future goals, both individually and as a couple, this may be a sign that it's for keeps.

How did you know you found 'The One?' Share below!

Celebrity News: 'The Bachelor' Colton Underwood Gets Dumped Once Again





By Mara Miller

In the latest [celebrity news](#), Colton Underwood has been dumped again, according to *EOnline.com*. First, it was Elyse, then Sydney, and now Heather. Underwood was supposed to go home with Heather so he could meet his parents, but she admitted to him that she wasn't secure enough in their relationship before she jumped on a train. He later took Hannah—who admitted she is in love with him—to meet his parents, but Underwood isn't sure if he feels the same yet. What in the world is going on with this season of *The Bachelor*?

In celebrity news, Colton Underwood is making headlines as the most dumped *Bachelor* ever! If you find yourself getting dumped more often than not, what are some ways to

stay positive?

Cupid's Advice:

Getting dumped sucks big time. You shouldn't let this get you down. Here are a few things you can do to try to stay positive:

1. Realize they might not be the one: If the person you're dating is truly meant to be the one, they make an actual effort to be with you even if they have their own reservations about getting into a serious relationship.

Related Link: [Celebrity Couple: 'BIP' Star Taylor Nolan Praises New Boyfriend](#)

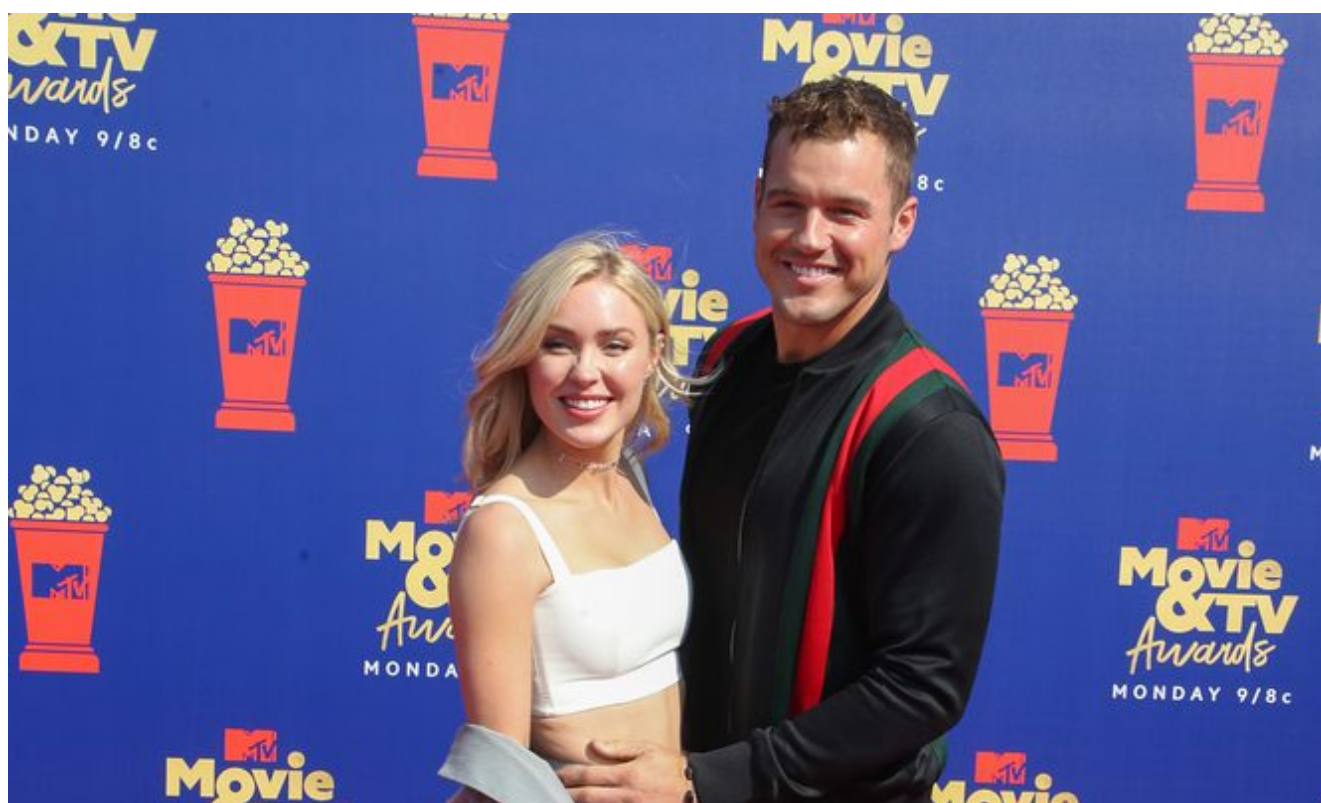
2. Lean on friends and family: There's nothing like going out to the bar with your best friend or joking around with someone in your family after you get dumped. Surrounding yourself by people who love you can help you reassure yourself that you aren't necessarily the reason you keep getting dumped.

Related Link: [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

3. Admit that dating is hard: With online dating taking over more than the traditional ways couples used to meet, it can be pretty tough to meet someone who you're going to be happy with since so many options are out there. It's okay to admit to yourself that the chemistry just might not have been there if they dump you.

What are some ways you can stay positive even though you keep getting dumped? Let us know in the comments below!

Celebrity News: Bachelor Contestant Caelynn Miller-Keyes Talks Sexual Abuse



by [Mara Miller](#)

In the latest [celebrity news](#) according to [EOnline.com](#), *The Bachelor* contestant Caelynn Miller-Keyes had something important to tell Colton Underwood on their second one-on-one date in Singapore. Miller-Keyes opened up to Underwood, telling him how she had been drugged and raped in college at a fraternity party. Colton, in turn, opened up, speaking of experience dating Aly Raisman, who had been sexually abused, and how difficult it was to watch her come to terms with what happened.

Celebrity news: Bachelor contestant opens up about past sexual abuse. What are some ways that we can prevent past abuse from influencing new relationships?

Cupid's Advice:

If you are the victim of sexual abuse, you may be facing demons that effect new relationships. Here are some ways that will hopefully help you and your partner grow beyond your past abuse together:

1. Take Things Slow: You are in control and you do not have to take the next step in your relationship until you are ready, even if that means waiting to be intimate sexually. If your new partner understands, they'll be willing to wait because they respect you and understand what has happened in the past.

Related Link: [Celebrity News: Selena Gomez Explores Mental Health Journey](#)

2. Have a Strong Support System: Having a strong support system as a couple is important, especially if you have experienced sexual abuse. There are times you might frustrate each other, and having a friend or family member you can reach out to will help through the difficult times.

Related Link: [Celebrity News: Chris Brown Detained in Paris on Accusations of Rape](#)

3. Take Time to Build Trust: It can take time to build trust with your new partner. You will never work together if neither one of you can trust each other or if you're worried you may be assaulted again. Being raw and honest with each other will help form a strong bond for you both as a couple.

If you have experienced sexual abused, please reach out to the National Sexual Abuse Hotline, 1-800-656-HOPE (4673).

What are some ways you can stop past abuse from affecting future relationships?

Celebrity News: 'The Bachelor' Star Tia Booth Has a New Boyfriend





By [Ivana Jarmon](#)

Tia Booth is off the market! In [celebrity news](#), Booth has found love again after having her heart broken by [celebrity ex](#) Colton Underwood. The former *Bachelor in Paradise* contestant shared a photo of herself with Cory Cooper at a football game in Nashville. A source close to Booth tells *EOnline.com*, “Tia has been traveling back and forth to Nashville recently within the past month to visit him, and they are very happy.” The source also shares, “Tia really likes Corey, and they are enjoying getting to know each other right now.”

In celebrity news, Tia Booth is no longer single and on the market, it seems. How do you know when to become an “official” couple with someone you’ve been dating?

Cupid’s Advice:

It's never crystal clear when exactly you should have "the talk." Some couples slide into a committed relationship with ease and for others, it's a bit harder. Cupid has some tips on how to tell if you're ready to become an "official" couple with someone you've been dating:

1. Meet each other's friends and family: When you're really into someone, you won't want to hide them. Instead, you will want to show them off. If your plans usually include socializing with their friends and co-workers, it's a great sign that you're headed toward an exclusive relationship.

Related Link: [Celebrity Break-Ups: Kaitlyn Bristowe Reveals Shawn Booth Forgot Their Anniversary Last Year](#)

2. PDA: If you're holding hands, kissing, or cuddling in public in front of family and friends, these signs of affection will show the world that you're official.

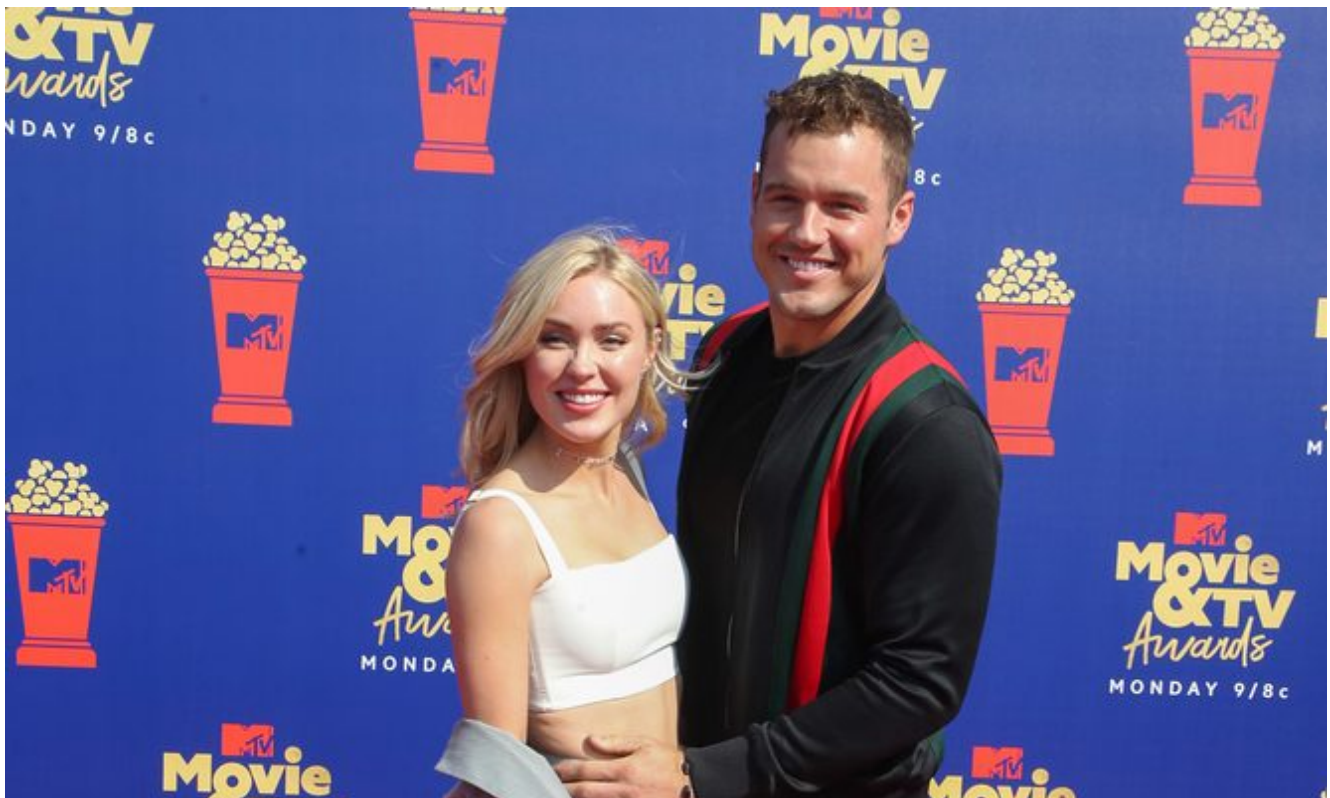
Related Link: [Celebrity News: Halsey Responds to Rumors She's Dating John Mayer](#)

3. A key to their home: If you and your partner exchange keys, that's letting you know that you have the key to your partner's heart. You're definitely in an official relationship and trust each other.

What are some ways to tell if you are ready to become an official couple with someone you've been dating? Share your thoughts below.

Celebrity News: Rachel

Lindsay Bashes Tia in 'Bachelorette' Recap Post



By [Haley Lerner](#)

In [celebrity news](#), [reality TV star](#) and former [Bachelorette](#) Rachel Lindsay criticized Tia Booth's behavior on the latest episode of *The Bachelorette*. In her weekly recap post for *UsMagazine.com*, Lindsay discussed how Tia told current *Bachelorette* Becca Kufirin that she still had feelings for contestant Colton Underwood, whom she had previously dated. Lindsay called Booth a "Judas in the midst" and said, "I do really believe Tia really does like Colton, but there is a time [and] a place for everything and that place for you Tia was weeks ago when Becca confronted you about it the first time." Lindsay added, "The reason this moment bothered me so

much was that it took away, once again, from Becca. This is Becca's season and subpar story lines and people are constantly overshadowing it. Tia, there is a place for you and it is called *Paradise*. You should have just let their relationship play out and if it is meant to be then Colton will see you there. All I know is that after this moment, Colton has to be thinking WTF. And surprise, surprise, Colton went home during the rose ceremony."

In celebrity news, Rachel Lindsay isn't a fan of the way Tia behaved on the recent episode of *The Bachelorette*. What are some things to consider about dating a friend's ex partner?

Cupid's Advice:

If you're contemplating dating a friend's ex partner, Cupid's got some things for you to consider:

1. Talk to your friend: Before doing anything, it's important that you talk to your friend about dating their ex. You must consider their feelings first and it's important you get their blessing before moving forward with anything. If they still have feelings for your ex, you should back off.

Related: [Celebrity News: Rachel Lindsay Says Colton's Passion Isn't There for Becca on 'The Bachelorette'](#)

2. Will it affect your friendship: Even if your friend does give you their blessing, dating your friend's ex can still cause a rift in your relationship. Know that you probably won't get to gush about your emotions while dating to your

friend because it might hurt them. Dating their ex can definitely cause awkwardness and hurt feelings, even if your friend said it was okay.

Related: [Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth](#)

3. Is the ex worth it: It's important you consider if this person is really worth jeopardizing your friendship. If they are amazing and you have incredibly strong feelings for them, then it might be. But if you think it'll just be a short fling, the risk likely isn't worth it.

Have any more things to consider before dating a friend's ex? Comment below!

Celebrity News: Rachel Lindsay Says Colton's Passion Isn't There for Becca on 'The Bachelorette'





By [Haley Lerner](#)

In [celebrity news](#), former [Bachelorette](#) Rachel Lindsay said she doesn't think contestant Colton Underwood has any passion for current [Bachelorette](#) Becca Kuftrin. In a blog for [UsMagazine.com](#), the [reality TV star](#) wrote that Kuftrin and Underwood's one-on-one date was dry and a hot tub scene was only introduced to switch it up. Lindsay was not in favor of the date, saying, "Every time Colton opened his mouth he talked about Tia. How awkward it must be for Becca to sit in the hot tub and talk about another woman also known as her "best friend." Way to kill the mood, Colton. Becca literally had to shut him up by kissing. Lindsay also disapproved of Underwood telling Kuftrin he was falling in love with her after telling her earlier in the night that he did not take telling someone he loves them lightly, as he had only said it once before. Lindsay added, "So, I love you's are sacred to you yet you conveniently drop the phrase in a couple of weeks? Well that was a quick change of events. I feel like Colton is saying the routine and 'right' things with no passion behind them. His eyes are saying one thing and his mouth is saying another. I want Becca to hop on whatever is faster, that big

bus or the camel, and get as far away from Colton as possible. We don't believe you, Colton."

In celebrity news, former *Bachelorette* Rachel Lindsay is pretty sure Colton isn't passionate about Becca on this season. What are some ways to know if your partner is passionate about you?

Cupid's Advice:

It's definitely important that your partner is passionate about you in a relationship. Cupid has some tips on how to tell if they are:

1. Your partner compliments you: One good indicator that your partner has some serious passion for you is if they frequently compliment you. This shows that not only do they notice special things about you, but they want to remind you how much they care about you and how fondly they think of you.

Related Link: [Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth](#)

2. They're open about their emotions: If your relationship is going to last the long run, it's important you and your partner can actually talk about your feeling for each other. If your partner is open and tells you how much they care for you, it's clear that they are definitely full of passion for you.

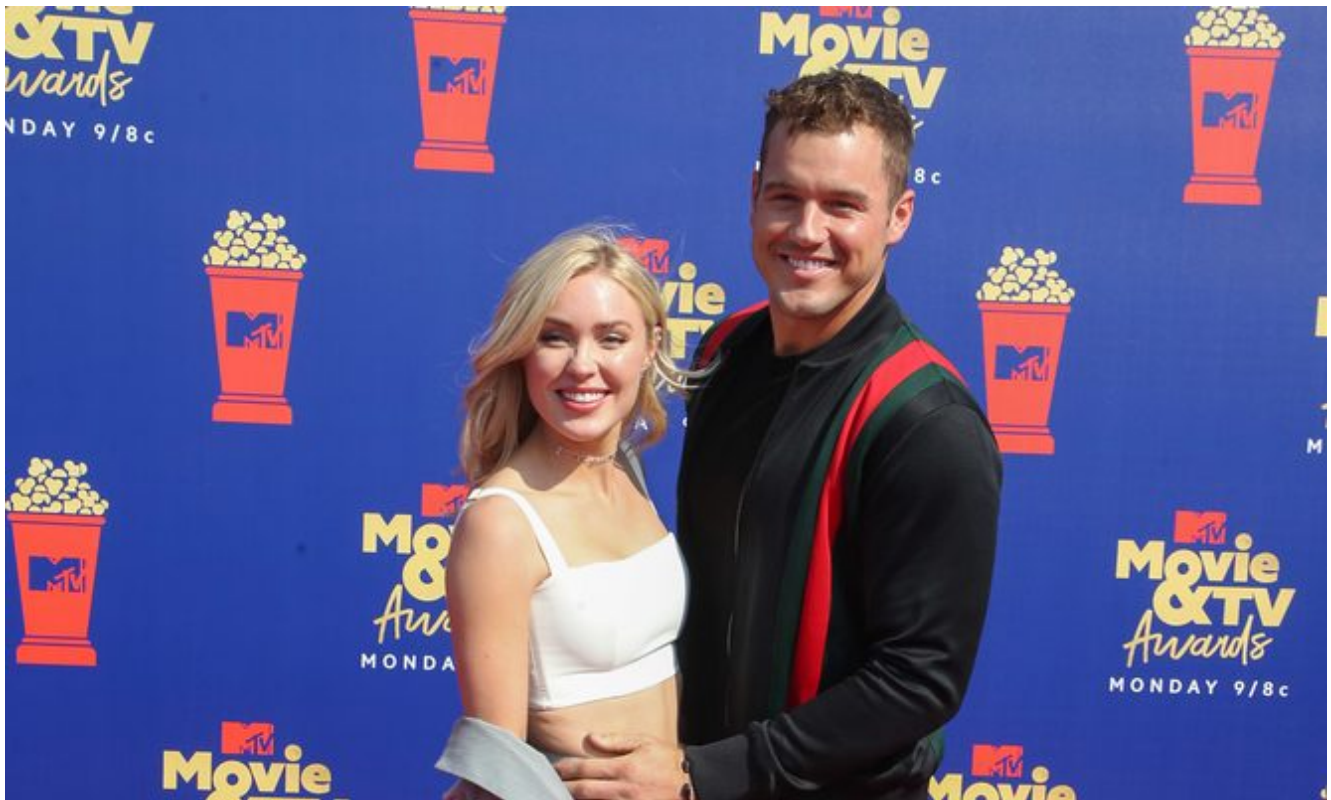
Related Link: [Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise](#)

3. The physical chemistry is there: Obviously one of the most telling signs of whether a partner is passionate for you is if they are clearly physically attracted to you. Your partner being interested in getting intimate with you shows there are definitely flames of desire present.

Have any more ways to tell if your partner is passionate about you? Comment below!

Celebrity News: 'Bachelorette' Becca Kufirin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth





By [Haley Lerner](#)

In [celebrity news](#), [Bachelorette](#) Becca Kufrin said she felt “sick” after finding out contestant Colton Underwood dated her friend and former [Bachelor](#) contestant Tia Booth. On the second week of Kufrin’s season of *The Bachelorette*, there was already plenty of drama, including when the former NFL player told Kufrin on a group date that he had a short-lived relationship with Booth. According to *People.com*, on the show, Underwood told Kufrin about his time with her friend in January, “We had a weekend together and we had a good time, but for me the timing wasn’t right to grow what was a spark into a flame. If my feelings were strong enough, I wouldn’t have come on [the show]. I think that from what I know of you, we could build something awesome. We could have the time. Whereas it wasn’t there, moving forward, with her.” Kufrin was shocked by the news, telling the former San Diego Chargers player “I’m not going to lie – I don’t know how I feel about it. “It makes me feel a little bit sick. I’m very attracted to you, I really like where our conversation was on night one and I feel like we had a lot in common, but it’s a very tricky situation. It puts me in a very strange position. It’s just a lot to take in

right now.” By the end of the episode, Kufrin did end up giving Underwood a rose, but the issue clearly won’t be put to rest. Next week, it was revealed Booth will appear on the show alongside Kufrin’s other *Bachelor* girl friends.

In this celebrity news, *The Bachelorette* is already drama-filled after only the second episode. What are some things to consider before dating a friend’s ex?

Cupid’s Advice:

Dating a friend’s ex is a tricky situation. Cupid has some tips to help you decide whether or not you should do it:

1. Is your friend over it?: Before dating your friend’s ex, it’s important to assess how your friend feels about the old relationship. If your pal is still devastated by the break-up and harbors feelings for their former partner, dating their ex would likely really hurt their feelings. Along with this, it’s important a lot of time has passed between when you start dating this person and when your friend dated them.

Related Link: [Celebrity News: ‘The Bachelor’ Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode](#)

2. It’s worth it: If you’re considering dating a friend’s ex, you should make sure you truly see a future with him or her. If you’re willing to risk a friendship for this person, it’s important your feelings for them are genuine and very strong. Don’t go for it if you don’t think the relationship will last long.

Related Link: [Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

3. You have your friend's blessing: After contemplating whether or not to date your friend's ex, the best thing you can do to give yourself peace of mind is just to talk to your friend. See how they feel about you having a romance with their ex. If they are okay with it, then that's great! If they aren't, you should consider their feelings about the situation strongly.

Have any more things to consider before dating a friend's ex? Comment them below!