Piers Morgan and Wife Are Expecting First Child Together





This just in: CNN Walden are expecting

anchor Piers Morgan and his wife Celia Walden are expecting their first child together, according to <u>UsMagazine.com</u>. "It's the best news ever," said a source close to the couple. Walden, a British columnist, is approximately four months along, according to the U.K.'s <u>Daily Mail</u>. For the *America's Got Talent* judge, this will be child number four, as he has three sons from his first marriage.

How does your lifestyle change when you have your first child?

Cupid's Advice:

Your child's needs must come first, and it can be difficult to

navigate the changes that come as a result of that. Here are some suggestions:

- 1. Tone it down: Some things you're used to doing may not be fit to do around a child, so everything you and your partner do is going to have to come into question.
- 2. Lack of sleep: Children require a lot of attention and you're going to have to sacrifice a lot of precious hours of sleep early on.
- **3. Home improvement:** The room that was going to become your work-out room is going to have to become your baby's bedroom. Deal with it!

How did your lifestyle change when you had kids? Share your experiences below.

CNN News Anchor Don Lemon Announces He Is Gay Through 'In My Own Words'





Ascot Media Group,

Inc. and Aston Publicity Group <u>announced</u> that they are launching a massive project called 'In My Own Words'© (IMOW) that will allow the media to receive official announcements quoted directly from celebrities and written totally in their own words. These will not be statements written by Ascot, Aston or any other company — they will be the actual words from the individual celebrity.

Leading the effort is CNN News Anchor Don Lemon with the official statement he released to the media this week that announced he is gay:

"Today I chose to step out on faith and begin openly living my own truth. And let me say right up front that I hope many of you will be inspired to do the same thing in your daily lives. Some of the things I've chosen to reveal in my book *Transparent* were very difficult to share with even those closest to me.

"There was a time when I was terrified of revealing these things to the person I love most in this world — my own mother. But when I finally mustered the courage to tell her that I had been molested as a child and that I was born gay, my life began to change in positive ways that I never imagined

possible. Yet I still chose to keep those secrets hidden from the world. I, like most gay people, lived a life of fear. Fear that if some employers, co-workers, friends, neighbors and family members learned of my sexuality, I would be shunned, mocked and ostracized. It is a burden that millions of people carry with them every single day. And sadly, while the mockery and ostracizing are realized by millions of people every day, I truly believe it doesn't have to happen and that's why I feel compelled to share what I've written in Transparent.

"As a journalist I believe that part of my mission is to shed light onto dark places. So, the disclosure of this information does not inhibit in any way my ability to be the professional, fair and objective journalist I have always been.

"My book is dedicated to the memory of Rutgers University student Tyler Clementi, who jumped to his death from a bridge after his dorm mates streamed his private business over the Internet for the world to see. Tyler might still be with us today if more gay men and women had chosen to live proudly and openly. It is also dedicated to the millions of young, gay people who believe they are alone when dealing with their own sexual identities. You are not alone! There are people, like me and many others, who are thriving in their personal and professional lives and although we sometimes have a hard time with it ourselves, we are here to show you by example that you too can overcome any obstacle as long as you stay strong and, most of all, stay alive."