

# Mira Sorvino & Family 'Get Up and Go'



Balancing your personal life, family and job can be tricky, especially if you're in Hollywood. But even in the midst of shooting a movie, actress Mira Sorvino makes sure her family knows they come first. The actress told [People](#) that she only works on films with short shooting schedules, and often brings her children to set with "quilts and colored Christmas lights and art supplies and books to help make it a home away from home."

Sorvino's three children and husband Christopher Backus not only kept her company on the set of her most recent film, *Like Dandelion Dust*, but became her inspiration for it. The film tells the story of a woman trying to reclaim the child she gave up for adoption. "I have three beautiful children who I love more than anything else in the whole world, so anything having to do with your children and potentially losing them is very, very personal to me," said Sorvino. "I didn't have to do

much to get to the emotional place [of my character].”

**How can you keep your spouse and kids happy at the same time?**

**Cupid’s Advice:**

Keeping all your relationships healthy can be tricky, but Cupid has some ideas on how to keep everyone, including yourself, happy:

**1. Make the time:** It sounds simple, but between finances, chores, personal projects and work, it’s easy to forget to take the time to show your loved ones you care. Set aside at least 30 minutes per day for each person, and worry about other distractions later.

**2. Focus on your bond:** Do something with each family member that’s important to both of you. Whether it’s as simple as watching a show you both like, or chatting together about a shared interest, activities done together will strengthen what makes your relationship unique.

**3. Plan group time:** Your connection with you family is just as important as your individual relationships with each family member. Take the time to plan weekly events, no matter how simple – it will bring the whole family together doing something you all love.