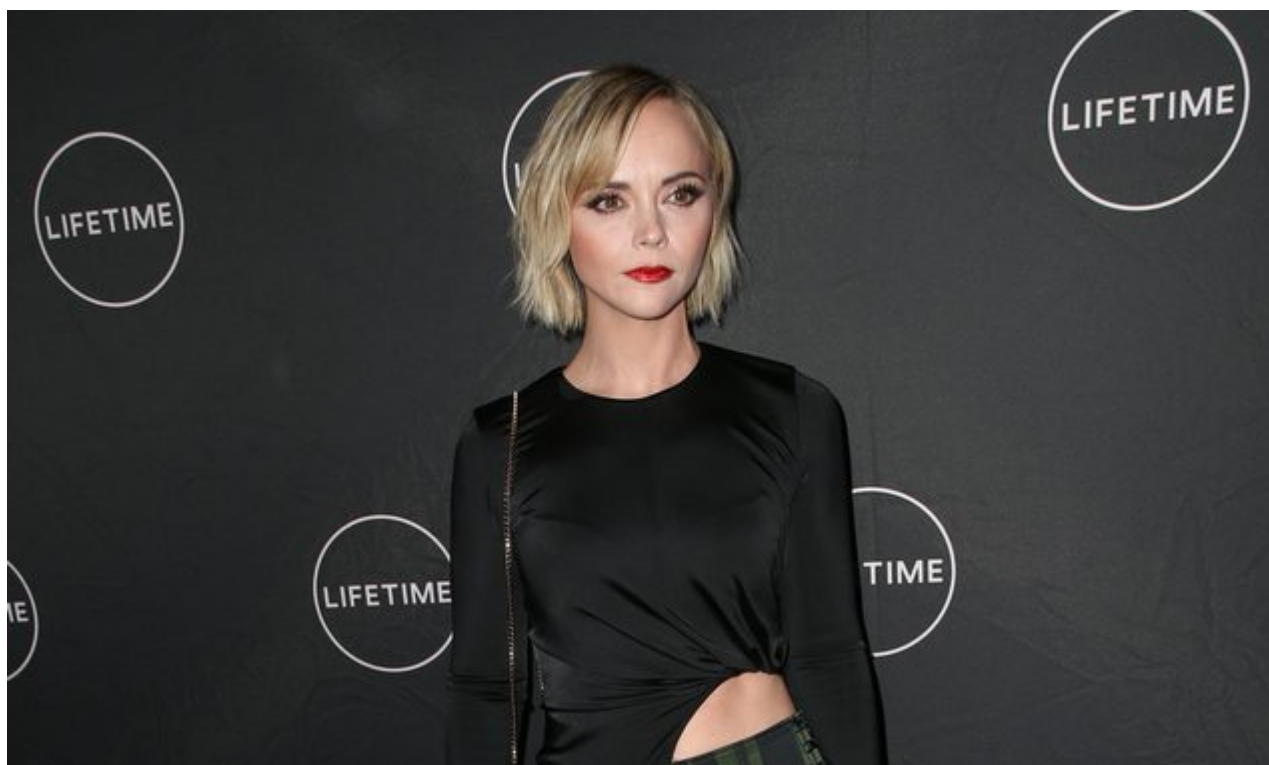


# Celebrity Break-Up: Christina Ricci is Granted Protective Order Against Husband James Heerdegen



By

Diana Iscenko

In the latest [celebrity news](#), Christina Ricci was granted an emergency protective order against husband James Heerdegen. According to *UsMagazine.com*, the Los Angeles Police Department responded to a call for domestic battery at the actress' home. Ricci was granted the protective order, which prohibits any contact between the [celebrity couple](#). Heerrdegen was not arrested.

# In celebrity break-up news, Christina Ricci and her husband James Heerdegen are clearly having major issues. What do you do if your partner becomes violent toward you?

## Cupid's Advice:

Finding out your partner is abusive is difficult to navigate. While you may still love them, it's important to keep yourself safe. No matter what kind of violence you're facing, it isn't your fault and you aren't responsible for your partner's abusive behavior. If you need help figuring out how to leave a violent relationship, Cupid has some advice for you:

**1. Create a safety plan:** A safety plan is a personalized plan to keep you safe while in a violent relationship. It should include telling close friends or family about the abuse and how to stay as safe as possible before leaving the relationship. Teach children how to stay safe in these emergencies.

**Related Link:** [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

**2. Get legal protection:** Protective orders and restraining orders can help you immediately by keeping your partner physically away from you and your family. Once you have a protective order, you should always keep the document with you. You can apply for these documents at courthouses, women's shelters and police stations.

**Related Link:** [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

**3. Leave your abuser:** Make a plan to escape quickly. You might want to request a police escort when you leave. Be sure to grab important documents and other irreplaceable keepsakes when leaving. After leaving, try to change up your routine to lessen the chance of your abuser finding you. This might include changing your hours at work or changing your phone number.

**Do you have advice for those facing intimate partner violence? Start a conversation in the comments below!**

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## **What Is Christina Ricci's Favorite Thing About Being Engaged?**





By

Kristyn Schwiep

Christina Ricci and James Heerdegen are officially engaged. According to [People](#), it takes just one word to make Ricci smile. "Getting to say 'fiancé' instead of 'boyfriend,' " is the engaged actress's favorite thing about her relationship status, she told PEOPLE at Sunday's Citi-sponsored *Smurfs 2* premiere in N.Y.C. Ricci is looking forward to calling Heerdegen her husband. "I can't wait for 'husband' because then I can really throw my weight around," Ricci said.

**What are some benefits to being engaged versus boyfriend/girlfriend?**

### **Cupid's Advice:**

Getting engaged is not only a fun and exciting time in your relationship, but there are some benefits to being engaged versus boyfriend/girlfriend:

**1. Satisfaction:** Both partners have the satisfaction and peace of mind that you are both in a stable and committed relationship. You don't fear that your partner has the need

to be with anyone else. Being engaged makes you feel confident in your relationship in that everything will work out. Being able to put your fear at rest will allow you to love your partner more and allow you to be more happy and trusting without jealousy and stress.

**2. The Ring:** Having a ring on your finger that is publically displayed has its benefits. Wearing an engagement ring can make you feel more confident and loved and it allows people to know that you are in a committed and loving relationship. This ring will seem to make jealousy go away and will make you feel safe when your partner is not with you and out with their friends.

**3. Planning your future:** When you are engaged you get to plan a future with someone you love. The wedding, children, your careers and your whole life is now shared with someone you will be with for the rest of your life. Just think of all of the special memories you'll get to share with one another.

**What do you think are some benefits to being engaged? Share your thoughts below.**

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## **Christina Ricci Is Engaged to Boyfriend James Heerdegen**





By

Andrea Surujnauth

It's official! Christina Ricci and her boyfriend, James Heerdegen, have decided to tie the knot. Ricci confirmed the engagement exclusively to [UsMagazine.com](http://UsMagazine.com) on February 1st. The two love birds met on the set of Ricci's now cancelled ABC series *Pan Am*. Ricci has been wearing an engagement ring since October, but never commented about the engagement speculations. Now she is finally announcing that her and her soon-to-be hubby have been engaged since last year. Ricci was previously engaged to Owen Benjamin but the two broke it off in June 2009.

**What are some reasons to keep your engagement under wraps at first?**

### **Cupid's Advice:**

Although being engaged is amazing news, you might want to keep the engagement on the down low at first. Here are some reasons why couples are hush hush about their great news:

**1. One big announcement:** Some couples want to wait until their

family are all together before they announce the news. This way everyone hears it from them first and there is no pre-announcement gossip!

**2. Opportunity to plan:** By holding off on letting everyone know about the engagement will give you the chance to plan a party or plan how you want to tell everyone. This way the announcement will be exactly how you want it to be.

**3. Time needs to be right:** If someone else just announced some big news, like a pregnancy or another engagement, you may want to hold off for a few months just so that couple will have their time in the spotlight. Everyone wants some time to shine when they announce big news.

**Why would you keep your engagement under wraps? Comment below and let us know!**

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## **Christina Ricci Says Robert Pattinson is a Good Kisser**







Uh oh, should Kristin Stewart be worried? According to [Us Weekly](#), Christina Ricci and Rob Pattinson locked lips for their upcoming movie *Bel Ami*, and Ricci liked it. The actress confessed, "He's a good kisser," but the smooching was purely professional. She went on to say, "He's a lovely human being also, he reminded me of my best friend's little brothers growing up. He's just a silly, fun guy; we laughed a lot. He makes fun of himself all the time; he's adorable..." Luckily, it seems like Stewart has nothing to worry about.

## **Why is the first kiss in a relationship so important?**

### **Cupid's Advice:**

There are a lot of firsts in a new relationship. Cupid has some reasons that the first kiss is particularly important:

- 1. Connection:** As much as you may like your new potential partner, the first kiss says a lot about your chemistry. Either the connection is there or it isn't, and most of the time it's not something you can force.
- 2. Kissing style:** The truth is, you've both probably kissed



other people before, which means you have your own way of doing it. If your smooching techniques don't match, it could be a turn off!

**3. Aftermath:** Most of us think about "the first kiss" hours after it's over. If you're really unhappy with it, it may be a deal breaker.