

Ricki Lake Files for Divorce From Christian Evans



By Amanda Boyer

It is officially over! According to UsMagazine.com, Ricki Lake filed for divorce from her husband, Christian Evans, on Oct. 16 . The couple has been married for two and a half years since 2010. Lake has now been through two marriages and has two children.

What are some ways to strengthen your marriage before resorting to divorce?

Cupid's Advice:

If your marriage feels like it is on a downhill spiral, read

ahead for some advice from Cupid to strengthen your bond before resorting to divorce:

1. Memories: Go through old videos, tapes, pictures, and just anything that reminds you of the journey of love you have been on with your partner. This can spark old feelings and the bring back the reasons you fell in love in the first place.

Related: [Khloe Kardashian 'Can't Even Get in Touch' With Lamar Odom to Finalize Divorce](#)

2. Be honest: Being open and honest about how you feel and what is going wrong will be beneficial to both of you. This will allow you to come agreements on situations and show you how to fix others with compromise.

Related: [Source Says Kendra Wilkinson Is Going 'Back and Forth' About Divorce Decision](#)

3. Get help if needed: If you think you could both use professional help, do not hesitate to do so. Sometimes having a mediator helps the process and creates a safe place to sort things out.

Have any other tips to strengthen a dull relationship that is spiraling out of control? Comment here!