

# Celebrity Couples Who Shy Away From the Spotlight



By [Whitney Baker](#)

Some celebrity couples flaunt their relationship for the entire world to see, posing for the paparazzi as if they're at a photo shoot (hello, Kardashian sisters!). Other couples, regardless of whether they've just begun dating or have been married for years, choose to hide from the spotlight and stay mum about the details of their love. Below are five Tinseltown two-somes who are keeping their lips sealed when it comes to romance:

**1. Kristen Stewart and Robert Pattinson:** Although this cute duo has refused to officially confirm they're a couple, they did come close to doing so on *Oprah* in 2010. The two jokingly referred to Kristen Stewart's "baby" when asked if they were dating. Also, an *Oprah* insider insists that Pattinson and Stewart revealed their relationship to the queen of talk shows

before the taping. More recently, Stewart casually mentioned her “English boyfriend” in an interview for British *GQ*. Even so, don’t expect too much PDA from this couple – despite their intense love scenes in *Twilight*’s latest installment.

**Related:** [Rob Pattinson Thinks Kristen Stewart Looks “Amazing” as a Bride](#)

**2. Sarah Michelle Gellar and Freddie Prinze, Jr.:** Gellar and Prinze first met while filming *I Know What You Did Last Summer* and have been together for more than a decade. After a two-year hiatus from acting, Gellar is now starring in *Ringer* on The CW and is learning the ins-and-outs of balancing a career and motherhood. In a recent interview with *Self*, Gellar calls her daughter Charlotte “my best friend” and says that she values time with her family above all else.

**3. Gwyneth Paltrow and Chris Martin:** The Oscar winner and Coldplay frontman have been married for over eight years, but have been tightlipped about their relationship and are rarely photographed together. That’s not to say that they don’t realize how lucky in love they remain. As Martin recently told *CBS Sunday Morning*, “From being a loser to going out with an Oscar winner? It’s a giant leap. Let’s face it: It’s like winning the lottery.”

**Related:** [Chris Martin Calls Gwyneth Paltrow His “Beard”](#)

**4. Emma Stone and Andrew Garfield:** With this rumored romance, Stone, who starred in *Easy A*, *The Help* and *Crazy Stupid Love*, has met her match. Garfield is well-known for his role in *The Social Network* and is currently filming *The Amazing Spider-Man*, making him another one of Hollywood’s hottest twenty-somethings. This publicly-shy couple has been spotted hiking and going to the movies, but they haven’t yet officially confirmed their relationship.

**5. Carrie Underwood and Mike Fisher:** Since Fisher’s trade to

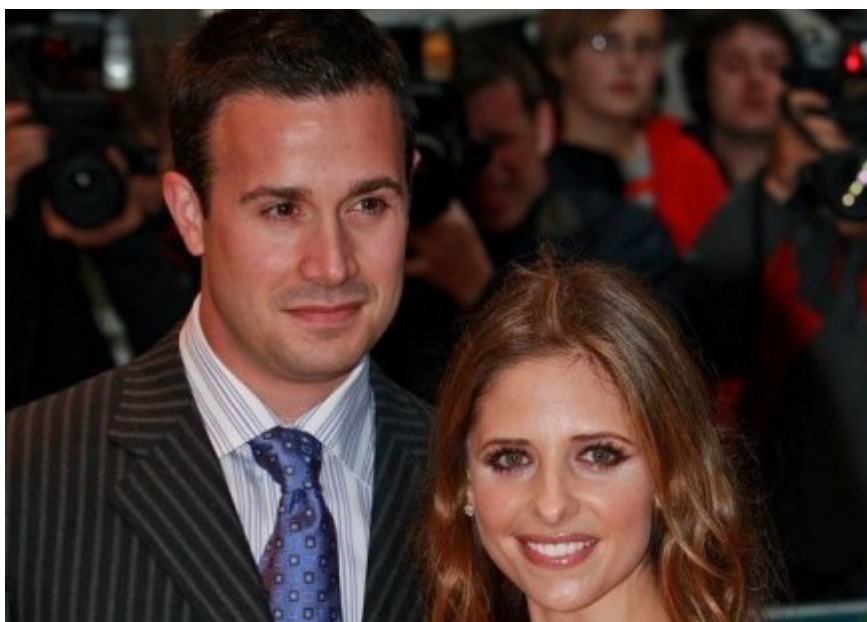
the Nashville Predators early last year, country's all-American sweetheart and her hockey-playing beau are enjoying a low-key life in Nashville. The couple is still relishing their status as newlyweds, often opting for trips to the local Whole Foods Market and cooking at home as opposed to fancy nights out.

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Who are some of your favorite low-key celebrity couples? Share your comments below.

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## Chris Martin Calls Gwyneth Paltrow His "Beard"



Coldplay frontman

Chris Martin spoke about wife Gwyneth Paltrow on *The Ellen DeGeneres Show*, reports UsMagazine.com. “[Paltrow’s] been a great beard for me,” joked the musician, referring to how beards can be used to conceal infidelity or a person’s sexual orientation. Martin went on to joke about his troubles with women and his difficulty in forming relationships with those outside of his band.

**How do you keep from overshadowing your partner?**

**Cupid’s Advice:**

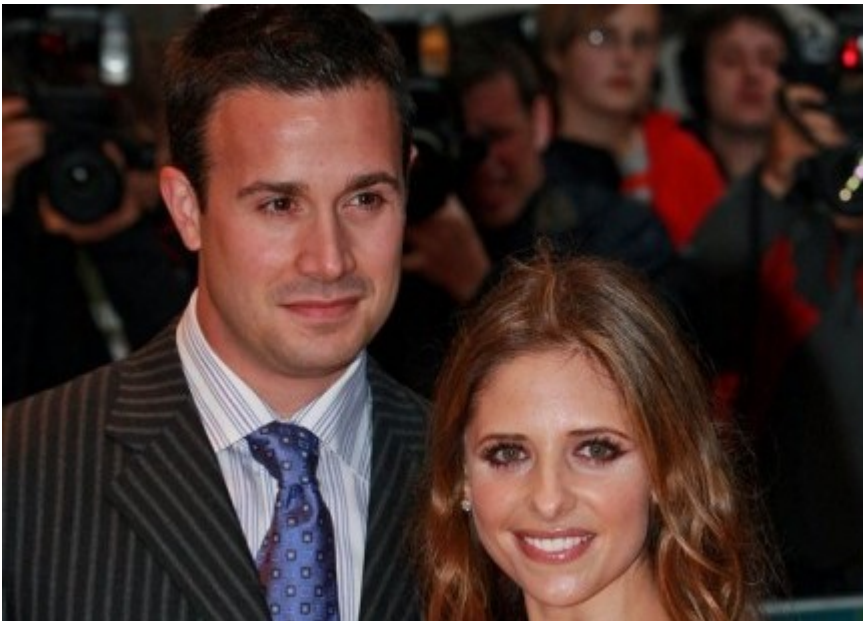
When you achieve great amounts of success, it’s hard to keep your relationship healthy. Here are a few ways to avoid overshadowing your partner:

- 1. Don’t boast:** It’s wonderful that you’re successful, but your partner will not want to constantly hear about your successes. Keep boasting to a minimum, and remain modest.
- 2. Make your partner feel special:** If you’re frequently the center of attention, it may be time to make sure that your partner feels admired as well. Next time you are complimented, try to give your partner some of the credit.
- 3. Don’t be competitive:** You may be achieving more at the moment, but chances are that your partner will one day overshadow you. It is important to realize that everybody eventually gets their chance at success.

**Have you ever overshadowed your partner? Feel free to leave a comment about your experiences below!**

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# Chris Martin Says Marrying Gwyneth Paltrow Is Like Winning the Lottery



In an interview with CBS Sunday Morning, Chris Martin publicly spoke about his wife, Gwyneth Paltrow, for the first time. The couple, who's been married for eight years and has two children, try to keep their marriage out of the public eye and rarely photograph together, according to [RadarOnline](#). The Coldplay frontman admitted that he's had one serious romance, and he's in it. When he was told that he made "quite a leap," Martin replied, "It's a big leap? What, from being a loser to going out with an Oscar winner? It's a giant leap. Let's face it, it's like winning the lottery."

**What are some ways to keep your relationship intimate?**

**Cupid's Advice:**

For relationships to be successful, it should be both healthy and intimate. Cupid offers advice on how to keep the latter in your relationship:

**1. Dating:** Take a day out of every week to spend alone with your partner.

**2. Communicate:** Have daily discussions about your day, feelings, latest news, etc., so you both will be updated on what's going on in each other's lives.

**3. Encourage each other:** Encouraging your significant other to follow their dreams and goals, and giving him/her advice will let them know that you care.

Let us know some of the ways you keep your relationship intimate.

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## Gwyneth Paltrow Says Dating Brad Pitt and Ben Affleck Was Weird







Before marrying rocker Chris Martin and becoming a family woman, Gwyneth Paltrow was a serial dater. In the 90's, she was known for her high-profile relationships with men like Brad Pitt and Ben Affleck. Paltrow now confesses that now she feels a little weird about her famous ex-boyfriends, according to [Us Weekly](#). "It was strange to be part of a public couple," she says in a new E! special, *Gwyneth Paltrow*.

## **What are personality traits to avoid in a potential partner?**

### **Cupid's Advice:**

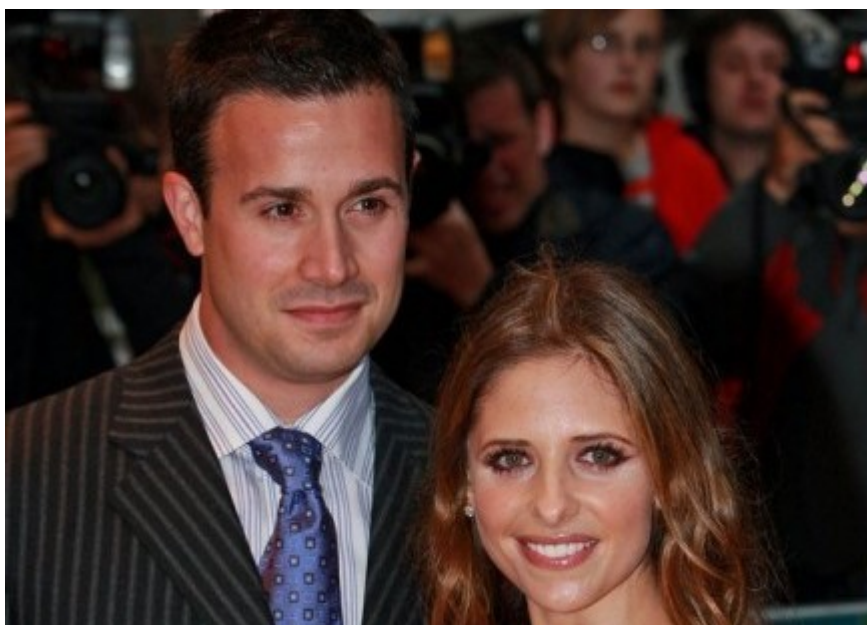
To avoid a "strange" relationship, there are some things you should look out for in a potential partner. Cupid has some tips:

- 1. Bad boy:** He may be hard to resist, but dating a bad boy is, ironically, a bad idea. Oftentimes he's afraid to commit and will be unfaithful.
- 2. Power-hungry:** It's good to be ambitious and want to advance in your career. But you should avoid a guy who is obsessed with money and power because he won't give you the attention you deserve.
- 3. Too vain:** Who doesn't love a pretty boy? But if he spends

more time staring in the mirror than looking at you, he's way too into himself.

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# Gwyneth Paltrow Slams Celebrity Couples Who Teach Important Relationship Lessons



By [Jessica DeRubbo](#)

Recent *Glee* guest Gwyneth Paltrow is making headlines lately. Even though she's part of a high-profile celebrity relationship herself, she is speaking out against "unnecessary" celebrity couples. In fact, she went so far as to tell CNN, "It's just unnecessary to be a public couple,



and to have your couple-dom or whatever be its own entity. It doesn't make sense to have that in the public world."

Alright, Gwyneth, I see your point. There are definitely famous couples who live for the spotlight, which is pathetic. One obvious example is former *Hills* stars Heidi Montag and Spencer Pratt.

I don't know about you, but I'm under the impression that their every move is to garnish media coverage. And then there's LeAnn Rimes and Eddie Cibrian. Has anyone else noticed their everyday presence in tabloids lately? They cheated on their respective spouses with each other and then they spend months defending their indiscretion to the media. Is that necessary?

Even Taylor Swift is becoming a constant presence in the celebrity relationship world. While she doesn't currently have an 'other-half,' I'd be shocked to see someone who *doesn't* know that Taylor Swift is single and loving it. I've read at least three interviews in the last month where she refers to her singleness. Okay, we get it already!

Yes, I see Gwyneth Paltrow's point. She even refers to her own relationship, saying, "When I see high-profile relationships now, I think, 'Oh my God' even though I'm technically in one. But we sort of don't do anything public, we try to keep it behind the scenes as possible (sic).

Because it just generates more interest...it just undermines the quality of your life." That being said, there's certainly a lot to learn from those high-profile pairs that Gwyneth Paltrow speaks about. Celebrity couples can teach us about our own personal relationships. Consider the following:

**1. Heidi Montag and Spencer Pratt:** You may roll your eyes at their publicity stunts, but through that negativity you realize that you want to avoid being like them in your own life. They convince you that it's probably best not to

discuss every detail of your relationship to anyone who will listen.

**2. LeAnn Rimes and Eddie Cibrian:** This singer and actor duo made the mistake of cheating on their significant others and then defended their decision to do so, even though many would agree that infidelity is morally wrong. LeAnn Rimes and Eddie Cibrian help you realize that if you find yourself falling in love with someone who isn't your current partner, you should call it quits and come clean about any wrong doings.

Apologize and move on. And whatever you do, don't rehash the past in public!

**3. Taylor Swift:** She's not only been linked to John Mayer, Taylor Lautner, Joe Jonas and Jake Gyllenhaal, but she's turned around and written songs about it. And right now, Taylor Swift is embracing the single life, calling it "wonderful." What have we learned from her? Being single is okay! Dating is okay! Instead of sulking in a dark corner and lamenting your current solo status, enjoy the experience while it lasts. If Taylor Swift can do it, so can you.

Gwyneth Paltrow may make a valid point in her rant on high-profile celebrity couples, but I highly doubt those who crave the limelight will leave the tabloids anytime soon. As long as they exist, we can use these stories to gain insight into the multifaceted world of dating and relationships.