

Celebrity News: Dakota Johnson Spends Thanksgiving with BF Chris Martin Along with Gwyneth Paltrow & Kids



By [Courtney Shapiro](#)

In [celebrity news](#), Dakota Johnson had a family-filled Thanksgiving. The actress spent the holiday with boyfriend Chris Martin, his ex-wife Gwyneth Paltrow and their two kids. According to *People*, "They're a total modern family and had a great time celebrating together," an insider shares. The [celebrity couple](#) have been together for over a year and decided to celebrate the holiday together, only a month after a false pregnancy report came out about Johnson. The pair has

been very private about their relationship, but have said they are happy.

In celebrity news, Dakota Johnson took the next step in her relationship with Chris Martin by spending the holiday with his ex-wife and kids. What are some ways to know whether you're ready to spend the holidays together?

Cupid's Advice:

How do you know if you and your partner are ready to spend the holidays together? Cupid has some ideas:

1. You want to spend time with your partner and their family:

If you have already met your partner's family, the holidays are a perfect time to learn more family traditions and get acclimated to the people who raised your partner.

Related Link: [Celebrity News: Chris Pratt and Katherine Schwarzenegger Are Getting Serious](#)

2.The relationship is getting more serious: When you and your partner start discussing the future together, it may be time to bring each other home for the holidays. If you've been together for a while, this may be the next step in the relationship.

Related Link: [New Celebrity Couple: Channing Tatum Is Dating Jessie J Post-Divorce From Jenna Dewan](#)

3.You are dreading being apart: You and your partner may spend

a lot of time together to the point that going home without them for the holidays would not be any fun. Decide with your partner about going home together, and make the holidays special.

How did you know you were ready to spend the holidays with your partner? Share with us in the comments!

Celebrity Couple: Dakota Johnson & Chris Martin Are 'Definitely Dating'



By [Rachel Sparks](#)

The *Fifty Shades of Grey* actress Dakota Johnson is a part of a new [celebrity couple](#)! A source confirmed to [UsMagazine.com](#) that Johnson and Chirs Martin are “definitely dating.” The couple has been spotted on two public dates in just as many months. Cold Play singer Martin asks Johnson for her opinion on his music and Johnson asks her celebrity boyfriend his opinion on her upcoming projects. The couple just recently came back from a trip to Israel together.

This celebrity couple just came back from a romantic getaway together. When is it too soon in a relationship to plan your own?

Cupid's Advice:

[Romantic getaways](#) are great, without a doubt. Sure, plans may fall through, it may be raining and you totally forgot to bring any rain gear, but traveling somewhere with just your love is a terrific bonding experience. But when is it too soon to get away with your partner? Read Cupid's [relationship advice](#) to learn when you should start planning your own couple's vacay:

1. Do you know how to spoil them: A romantic getaway is all about appreciating your partner, celebrating your relationship together, and expressing your love. How does your partner like to be appreciated? If you don't know this yet it may be too soon to get away. That's the whole point of these mini vacations!

Related Link: [Romantic Getaway: 8 Affordable Destinations to Escape the Cold](#)

2. Relaxers or adventurers: You imagine drinking mojitos on the beach but your S.O. is that person parasailing. Spending time apart is healthy for relationships, but if you're looking for a weekend of 24/7 time with your partner, make sure you both have the same goals for the vacation.

Related Link: [Top 5 Most Luxurious Romantic Getaways in the United States](#)

3. Common Intentions: Ultimately, no time is too soon for a romantic getaway if you both agree you're ready. While they can be silly, exciting, or serious, what you both bring out of it is up to the two of you. Make sure your intentions for your relationship are clear, along with what you would like to see out of your getaway.

Have you gone on a weekend trip with a partner before you were ready? Is there such thing as too soon? Share your own love advice below!

Former Celebrity Couple Gwyneth Paltrow & Chris Martin Reunite for Daughter's Birthday





By [Stephanie Sacco](#)

[Gwyneth Paltrow](#) and Chris Martin have reunited, at least for the moment. According to [UsMagazine.com](#), Paltrow posted a selfie of the [celebrity exes](#) in Disneyland. In [celebrity news](#), their daughter Apple turned 12, and the pair spent the big day at the happiest place on earth. This former [celebrity couple](#) is stronger now more than ever. Paltrow says, “I think we are better as friends than we were [married]. We are very close and supportive of one another.” Paltrow proves that you can be friends with your ex and still be a family.

This former celebrity couple is keeping a relationship for the kids. What are some ways to keep things civil with your ex for the sake of your children?

Cupid's Advice:

It's crucial after a divorce that your kids don't think it's their fault. If a relationship fails, you have to think of them first and if getting along with your ex is what it takes, then so be it. Cupid is here with some [relationship advice](#):

1. Stay positive: Don't spend too much time with your ex if you can help it, but when you do, make sure to keep the mood light. Don't discuss bills or your past in front of the children. Always think of them first before you open your mouth.

Related Link: [Scarlett Johansson Says She 'Hit Rock Bottom' in Celebrity Relationship](#)

2. Stay alert: If you feel yourself getting into angry territory with your ex, remember it's only a temporary visit. Laugh it off when you feel yourself start to slip. Look to your kids if you get desperate; they'll remind you who you're fighting for.

Related Link: [Celebrity News: Jennifer Garner Says She & Ex Ben Affleck WILL Make Co-Parenting Work](#)

3. Stay together: Be a team when it matters most. Try to make decisions as a unit and if you can't, at least compromise. Find a balance so neither of you has the upper hand. Be aware of the volume of your voices when you're around your child.



Chris Martin and Gwyneth Paltrow. Photo: Solarpix / PR Photos; Andrew Evans / PR Photos

Think you know how to be civil with your ex? Comment below!

Former Celebrity Couple Gwyneth Paltrow and Chris Martin Spend Thanksgiving Together



By Katie Gray

In latest [celebrity news](#), former [celebrity couple](#), actress Gwyneth Paltrow and Coldplay front man Chris Martin, spent

Thanksgiving together with their celebrity babies. They went through a celebrity divorce and have a tumultuous history, but they remain a united front for the children's sake. According to UsMagazine.com, Paltrow had stated on her Goop website after the separation that they were going to remain close as parents, but simply "consciously uncouple."

This former celebrity couple is doing what's best for the kids. What are some ways to remain civil with your ex for your children?

Cupid's Advice:

It's important to always take the high road in life and to remember to stay positive. After you have split from your partner via separation or divorce, it can be very hard for you to be around your ex. It's crucial that you remain civil if there are children involved. Cupid has some tips:

1. Talk it out: Even though you are no longer together, you are still connected to each other because of your children for life, so you must get it together. It's good to talk to your ex about every aspect concerning the children's lives to make sure you are on the same page and know what's going on!

Related Link: [Celebrity News: Brad Pitt Is Handling Thanksgiving Turkey for Angelina Jolie and Kids](#)

2. Showcase mature behavior: Divorces and separations are always hardest on the kids. When interacting with your ex, make sure that you put up a happy front for their sake(s). Don't argue or say anything passive aggressive. If the children see tension, then it will make them feel like they did something wrong, and they shouldn't be in a position where they feel pressured to pick sides.

Related Link: [Single Celebrity: Kate Beckinsale 'Doing Fine' After Len Wiseplan Split](#)

3. Watch what you say: When talking to your relatives or friends, make sure your children can't hear when you are discussing their mother/father. If you are going to talk about your ex, do it when they are not around, or make sure they can't decipher who you are talking about. Remember, say what you mean – just don't say it mean.

What are some ways that you and your ex remain civil for your children? Share your stories below.

Celebrity Photo Gallery: Famous Couples That Co-Parent





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Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career. Photo: Charles Norfleet / PR Photos

Top 10 Unlikely Hollywood Couples



by Molly Jacob

Ever look back on past [relationships and love](#) and wonder, "What was I thinking?" Don't worry, celebs do that, too. While classic Hollywood couples like Brad Pitt and Angelina Jolie

just seem meant to be, there have been many mismatched celebrity couples that stand out in the Hollywood dating scene.

See what 10 unlikely Hollywood couples made our list!

1. Joel Madden and Nicole Richie

He's the tattooed rocker from the band Good Charlotte, she's infamously childhood best friends with *The Simple Life* costar Paris Hilton. This celebrity couple seems like an unlikely match, but the pair got hitched in 2010 and have two kids.

2. Sam Taylor-Johnson and Aaron Taylor-Johnson

Avengers: The Age of Ultron star Aaron Taylor-Johnson is only 23 but his wife of three years, Sam Taylor-Johnson, is 46. This celebrity couple doesn't care about this huge age gap, though. He was only 19 when they started dating, but as for the age gap, he told *The Times*, "I never noticed it when we fell in love with each other. And I don't notice it now...We just instinctively gel."

3. Mary-Kate Olsen and Olivier Sarkozy

Besides just the obvious difference in height (Olsen barely exceeds 5 feet while Sarkozy towers over her at 6'3"), there is also an 18-year age gap between the celeb love birds. This secretive Hollywood couple became engaged over a year ago.

Related Link: [Mary-Kate Olsen is Engaged to Olivier Sarkozy](#)

4. Marilyn Manson and Evan Rachel Wood

One look at this couple may make you think, "How on Earth did those two date?" This mismatched couple dated in 2007, and they were briefly engaged before splitting up in 2010. Wood,

who is 19 years younger than Manson, told *People* that she was attracted to Manson's use of heavy black eyeliner.

5. Ryan Reynolds and Alanis Morissette

Think Ryan Reynolds and you probably think about a pretty boy who gets all the ladies. It's hard to imagine the *Deadpool* star dating soulful and infamously angry singer Alanis Morissette, but they were a big couple in 2002 and even got engaged in 2004. Morissette admitted that her album, *Flavors of Entanglement*, was all about their messy break-up.

6. Josh Groban and Kat Dennings

When the incredibly talented singer, Josh Groban, and "foulmouthed" Kat Dennings started making public appearances as a couple, most people were wondering what these two celebs had in common. Apparently, they get along well, even if Dennings isn't a huge fan of musicals. The Hollywood couple was spotted at the Tonys last week looking madly in love.

7. Chris Martin and Jennifer Lawrence

Martin and Lawrence seemed to be an unlikely pair when the Hollywood couple got together after Martin's highly publicized split from Gwyneth Paltrow. The pair had a 13-year age gap, and they seemed to run in different Hollywood social groups. While they split last fall after only a few months together, there are bits of celebrity gossip floating around about the two getting back together and moving in together.

Related Link: [Are Chris Martin and Jennifer Lawrence Back Together?](#)

8. Tom Cruise and Cher

Before Tom Cruise and Katie Holmes were taking over Hollywood, apparently the *Mission Impossible* star and Cher were an item in the '80s. Cher has been quoted as saying that Tom is on the list of her top best 5 lovers.

9. Sarah Silverman and Michael Sheen

What happens when a profane comedienne and a British actor who studied at London's Royal Academy of Dramatic Art get together? We're finding out as more news about Silverman's and Sheen's relationship appears in celeb magazines! This celebrity couple has been together for over a year and seems to be going strong.

10. Julia Roberts and Daniel Moder

Julia Roberts is one of Hollywood's royalty for sure, so many expected her to marry another famous movie star or celeb. But Roberts, after a string of highly publicized break-ups, got married to cameraman Daniel Moder in 2002. This unlikely duo is still together after nearly 13 years.

What other weird or unusual Hollywood couples didn't make our list? Let us know in the comments section below!

6 Celebrity Break-Ups That Shocked Everyone





By Molly Jacob

Breakups can be hard, but they get even more difficult when they're in the spotlight. While we know that Hollywood couples, with the pressures that come from being famous, often don't last long, it's still hard on fans when their favorite celebrity couple goes through a [celebrity break-up](#).

See what celebrity break-ups shocked everyone, including us at Cupid's Pulse!

1. Heidi Klum and Seal:

Heidi Klum and Seal seemed to be one of those Hollywood couples who had it all. That's why we were especially shocked in April 2012 when Klum filed for divorce after six years of marriage. But we're happy to hear, according to TMZ, that the celebs' divorce was a "clean break" with no fights over money or custody of their four kids.

2. Mariah Carey and Nick Cannon:

Mariah Carey and Nick Cannon seemed to be deeply in love during their six years of marriage. But this celebrity couple fell apart when Cannon filed for divorce this past January. This celebrity breakup was in the spotlight this spring when Carey released her new song, "Infinity," which throws some jabs at Cannon. Next time you're thinking of getting tattoo for your significant other, think about this: Cannon had to cover up his "Mariah" tattoo with a larger tattoo last October.

Related Link: [Nick Cannon Opens Up About Split From Mariah Carey](#)

3. [Jennifer Aniston](#) and [Brad Pitt](#):

We were heartbroken when this celebrity couple split up in 2005. Whether you were Team Aniston or Team Jolie during the publicized celebrity breakup, Aniston and Pitt seemed to have had the perfect relationship. But don't spend too much time worrying about this heartbreaking split – Aniston told US Magazine last January, "I don't find it painful."

4. Susan Sarandon and Tim Robbins:

Susan Sarandon and Tim Robbins appeared to be the classic, enduring Hollywood couple – until they announced their breakup in 2009. While the celeb couple never got married, they were together for over 20 years and had two sons. The two met in 1988 while shooting the film *Bull Durham* and immediately clicked. Although there were rumors that they broke up because Robbins had an affair with Meg Ryan, Sarandon said a major reason for the split was a reexamination of her life after performing in the Broadway show, *Exit the King*.

5. Robin Thicke and Paul Patton:

Thicke made the headlines in the last couple of years with his

catchy and controversial song, “Blurred Lines” and also his breakup with his teenage sweetheart, Paula Patton. In February 24, the celebrity couple announced their marriage was over, but it seemed like Thicke wanted Paul back more than she wanted him. This was pretty evident after he released his tribute to his ex-wife, the 2014 album title *Paula*.

Related Link: [Does Robin Thicke’s “Get Her Back” Have Enough Passion For Paula Patton?](#)

6. Gwyneth Paltrow and Chris Martin:

Coldplay and *Shakespeare in Love* fans alike were shocked when Paltrow announced on her blog, Goop, that the Hollywood couple would be splitting. After being married for 11 years and having two children, the duo’s bond seemed unbreakable. Their divorce seemed amicable, with Paltrow using the vague term “conscious uncoupling” to describe their breakup.

What other celebrity breakups shocked you? Share in the comments section below!

The Best Celebrity Relationship Moments of 2014





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Gwyneth Paltrow and Chris Martin Announce Their “Consciously Uncoupling”

On March 25, 2014, the actress announced that she and the Coldplay singer were "consciously uncoupling" but were "first and foremost parents" to their two children. The couple has remained amicable, even as Martin quickly moved on with Jennifer Lawrence. Photo: Away! / PR Photos; Janet Mayer / PR Photos

Are Chris Martin and Jennifer Lawrence Back Together?



By Amanda Boyer

News broke last week that Jennifer Lawrence and Chris Martin

had called it quits. But according to [People.com](#), they are still seeing a lot of each other. Although they have been going to some places separately, like Jessica Biel's Halloween party, Lawrence has still been spotted going over to Martin's house in Malibu on numerous occasions. Are they back on?

How do you decide whether to get back together with an ex or not?

Cupid's Advice:

Before you get back with your ex, read ahead for some advice if it's the best decision:

1. **Why:** They are an ex for a reason, why did the break up happen in the first place? Take a step back and look at why it was over and how you felt.

Related link: [Jennifer Lawrence and Chris Martin Call It Quits](#)

2. **Take it slow:** Start with becoming friends again before dating. Building a better base will help your relationship last.

Related link: [Gwyneth Paltrow Wants to 'Spend a Little time' With Jennifer Lawrence](#)

3. **Change:** Discuss that if you do get back together, it will not be the same relationship as before. There will be changes to benefit the both of you.

Have another point we did not cover? Leave it down below!

Jennifer Lawrence and Chris Martin Call It Quits



By Amanda Boyer

After four months of dating, celebrity couple Jennifer Lawrence and Chris Martin have officially split up. According to UsMagazine.com, the couple began dating in June after Lawrence got out of a relationship with long-term boyfriend, Nicholas Hoult. Chris Martin had also recently separated from his wife, Gwyneth Paltrow, at the time. With both of their careers in high gear, sources say their relationship has been rocky even though they do really like each other.

What are some ways to balance your career and your relationship?

Cupid's Advice:

Finding yourself in a tough situation when trying to find a balance with your work and love life? Read ahead for some advice from Cupid:

1. Technology away: Designate some time with your partner to set aside your phones and laptops. This way you can focus on each other and keep some quality time in your relationship.

Related: [Gwyneth Paltrow Wants to 'Spend a Little time' With Jennifer Lawrence](#)

2. Making plans: Make an effort to balance your work plans and date plans. Stop rescheduling or giving rain dates on either side, and make sure there is a give and take in both relationships!

Related: [Love Advice: Can Jennifer Lawrence and Bradley Cooper's Work Marriage Work?](#)

3. Take a step back: Occasionally look at the positives and negatives in both of your lives, and find new ways to improve both. Some retrospective always helps moving into the future.

Have another way to balance both your work and love life? Comment here!

Gwyneth Paltrow Wants to 'Spend a Little time' With

Jennifer Lawrence



By Amanda Boyer

According to UsMagazine.com, sources are saying that Gwyneth Paltrow wants to “spend a little time” with her ex-husband Chris Martin’s new girlfriend, Jennifer Lawrence. Two months after Paltrow and Martin’s “conscious uncoupling,” Martin began seeing Lawrence. The ex-couple remains on friendly terms. Now, Paltrow thinks she can have a relationship of her own with Lawrence.

What are some ways to remain civil with your ex’s new partner?

Cupid’s Advice:

Did your ex just get into a new relationship? Read ahead for some tips to stay civil:

1. Do not judge: Even though you did date them for a period of time, every relationship is different. Do not compare your ex-relationship with their new one. Keep an open mind.

Related: [Jennifer Lawrence Attends Chris Martin's Coldplay Concert](#)

2. Be friendly: It might be a challenge, but hang out with your ex's new partner in a group of friends. Make some memories and get to know them as a person; you might be surprised.

Related: [Jennifer Lawrence Is Back in 'Hunger Games' Sequel 'Catching Fire'](#)

3. Be happy for them: Show respect and be happy that your ex found some happiness in their life.

Have any other tips to be cordial with your ex's new partner? Comment here!

Celebrity Couple Jennifer Lawrence and Chris Martin Are Hollywood's Newest A-Team





By Amanda Boyer

Celebrity love is in the air! It looks like Jennifer Lawrence not only likes Coldplay's music, but she also has Chris Martin's heart! The celebrity couple has now been seeing each other for about three months and has been seen all the way from New York to California, including the actress's attendance at a recent Coldplay concert. On Wednesday, Sept. 17, the band performed in downtown Los Angeles at the Ace Hotel Theater, where the couple was spotted yet again, according to UsMagazine.com.

Hollywood relationships aren't the only ones that require work. What are some ways to support your partner in their career?

Cupid's Advice:

Need to help motivate your partner? Cupid has some dating

advice that will work for everyday pairs and celebrity couples alike:

1. Don't give up: Even when your beau is complaining about their job and how it will get them nowhere, let them know that it will help them get to where they want to go. They just have to stay focused and be patient.

Related Link: [Malin Akerman Flirts with Leiv Schreiber's Brother at Emmy's](#)

2. Let them vent: Give them the opportunity to talk about their day or ask you questions if they need some insight on a project or task. Listen carefully and help them as much as you can. What you say could open more doors for them!

Related Link: [Exes John Mayer and Katy Perry Are Spotted Flirting at Memorial Day Party](#)

3. Leave them sweet notes: When they least expect it, put a note in their briefcase or laptop bag letting them know you're thinking about them. Small thoughtful things can go a long way to brighten someone's day.

Have another way to motivate your partner in their career? Share your relationship advice below!

Celebrity Dating Rumors: Gwyneth Paltrow Is Dating 'Glee' Co-Creator Ben Falchuk



By Shannon Seibert

According to celebrity dating rumors, romance has once again struck on the set of *Glee*! Gwyneth Paltrow and Ben Falchuk were spotted on a flirty dinner date at East Borough in L.A., according to UsMagazine.com. Paltrow has made five guest appearances on the co-creator's show as Holly Holliday since 2010. Following her celebrity divorce from Chris Martin in March, Paltrow's relationship with Falchuk has progressed from professional to personal over recent months. Falchuk has also recently split from his ex-wife Suzanne of 10 years. Both the actress and the producer share children with their celebrity exes and are seemingly close to their former partners. We're excited to see what Cupid has in store for the new [celebrity couple](#)!

Rumor has it that Paltrow is already part of a new celebrity couple. How do you know when you're ready to move on after a split?

Cupid's Advice:

Moving on can sometimes feel like you're climbing a never-ending mountain, but then one day, you finally reach the top, and you realize the view isn't half bad. When you feel that you have closure from your past relationship, the next step is moving forward. If you're wondering whether or not you're up to starting something new, consider these three pieces of love advice:

1. You physically feel better: Sometimes, emotional pain transitions into physical pain. There seems to be a never-ending pit in your stomach that leaves you feeling nauseous. When you've let go of past emotions and memories and accept that he isn't coming back, you feel lighter. The songs on the radio don't "speak" to you anymore; you aren't avoiding certain places you went together; and you find yourself forgetting to think about him from time to time. This weight that lifts is a sign that you don't have to be held back anymore. Paltrow has been able to let go of past grievances after her celebrity divorce, and they've even remained close friends. There is nothing keeping you in the past, so you can create your own future.

Related Link: [Gwyneth Paltrow and Husband Chris Martin Split](#)

2. You've thought about dating again: When you're ready to move on, thoughts of dating cross your mind more frequently, and they usually aren't about your past significant others. Finding new men to reach out to can help stimulate the healing

process and allow you to consider new avenues for finding love. Celebrity couple Paltrow and Falchuk both waited until the right moment to be together.

Related Link: [Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow](#)

3. You've had complete closure: Closure is hard to come by, but when you finally have it, everything feels at peace. Though the truth about why things ended may hurt, it also allows you to feel more in tune to your senses. There won't be any more "what ifs" nagging at your mind before you go to sleep each night. You won't be analyzing everything that went wrong, and you'll be able to just have the memories of everything you did right. Use your past relationships and love to help you in the future.

How did you know it was time for you to move forward? Share your story with us in the comments below!

Chris Martin Says He's 'Friends' With Estranged Wife Gwyneth Paltrow





By Sanetra Richards

The love is still there for Chris Martin and Gwyneth Paltrow. According to UsMagazine.com, the estranged spouses have remained friends, despite the announcement of their split back in March. The *Coldplay* frontman talked about the relationship between him and his spouse during an interview with Ryan Seacrest on Thursday, July 31st. "I'm not the best interviewee on this kind of thing," Martin said when asked by the 102.7 KIIS FM host how him and Paltrow are able to remain friends during their separation. "But we're friends and proud parents. There's lots of love, and that's it," he added.

What are some ways to remain friends with your ex post-breakup?

Cupid's Advice:

When you think of an ex, you don't always think of the possibility of being cordial with each other, let alone friends. Matter of fact, the first thing that may come to mind is despising one another. Despite the pages of history,

whether good or bad, there is a way to actually become friends. Cupid has some advice to get you and your ex to that point:

1. Find your way to good terms: Communicate thoroughly with your ex-partner to gain a full understanding on why the relationship ended. If there is no chance of reconciling, at least you will be able to avoid a ton of confusion later down the road when you all are working on rebuilding your friendship.

Related: [Chris Martin Blames His 'Issues' for Split with Gwyneth Paltrow](#)

2. Control your emotions: Avoid harboring those ill feelings. They can lead to even more major problems between you and your ex. Do not expect to any progress if you are a carrying a load or two of baggage from the past. Unfortunately, it's not as easy as it sounds and will take some time to adjust. What's most important is that you give it a try.

Related: [Source Says Gwyneth Paltrow and Chris Martin Look 'Genuinely Happy' in Hamptons](#)

3. Move on: If you are able to do exactly this, your post-breakup friendship has the possibility of flourishing. The two of you are no longer concerned about what the other is doing, per se. You have turned the page and started a new chapter. Embrace it. Go out for lunch like regular friends would do (as strange as that may seem).

How can you remain friends with your ex post-breakup? Tell us!

Source Says Gwyneth Paltrow and Chris Martin Look 'Genuinely Happy' in Hamptons



By Laura Seaman

Despite their 'conscious uncoupling', Gwyneth Paltrow and Chris Martin have been getting along just fine. The two were seen at the premiere for *Hector and the Search for Happiness* in New York. The film stars Simon Pegg, the godfather to one of their children. The two showed their support for Pegg while also seeming happy and supportive of each other. It wasn't until the end of the cocktail party after the premiere that the two were seen speaking to each other, but an insider told UsMagazine.com that "they looked genuinely happy to be in each other's company."

What are some ways to remain civil with your ex post-breakup?

Cupid's Advice:

Couples break up for a reason, and very rarely is that reason a pleasant one. It's understandable to be angry and upset with your ex, but sometimes you have to move past the hurt for the sake of the children, your friends, or your own sanity. It can be hard to move on from the hurt and learn to forgive, but never fear! There is always a way to set things right, even with your ex, and cupid is here to help:

1. Don't put the blame on anyone. Whether it was you or your partner that ended the relationship, nobody is at fault. Something was wrong between the two of you and it had to end, so someone had to speak up. Any relationship is a two-way street, so don't start pointing fingers. Instead, acknowledge that something just didn't work and move on from there.

Related: [Miranda Kerr After Split with Orlando Bloom: "This is My Time to Explore"](#)

2. Admit that it's over, and that's okay. Nothing causes friction like an ex chasing after you and attempting to get back together. Don't be that person! Tell yourself it's for the best and that you'll be happier in the long run. If you have to, give yourself some distance from your ex before trying to patch things up. Friendship is a much better option than a one-way attraction.

Related: [Robin Thicke Speaks Out About Trying to Win Back Paula Patton](#)

3. Remember why you liked them in the first place. Many people will shout the disgusted phrase, "Ugh! I don't even know why I dated them! They're such a scumbag!" after a breakup. It's understandable; you're angry and hurt. But after that frustration wears off, you have to remember that there was a

reason you two were together. There was something there that you liked, and you have to focus on the good times instead of the bad. It will make any future encounters a lot easier.

Have you been civil with your ex? How do you do it? Let us know in the comments!

The Ex Factor: Songs After Heartbreak





Paula Patton and Robin Thicke

Thicke attempted to win back his estranged wife with an emotional ballad off of his new album. "Get Her Back" is dripping with grovel as the crooner begs his ex to forgive him after his cheating scandal. Photo: David Gabber / PR Photos

Divorce with Dignity





By Tammy Greene for [Hope After Divorce](#)

It would be hard to ignore the latest buzz in celebrity couple news. There has been little else talked about than the separation and impending divorce of Hollywood darling Gwyneth Paltrow and front man rock star Chris Martin. This marriage of 10 years has been closely protected and kept out of the public eye, so news of the breakup has come as a surprise and a blow to their adoring fans.

There has been endless speculation on what went wrong in their relationship, but it is, at this time, just speculation. After recent news of many Hollywood breakups, it certainly would seem that celebrity status puts an added stress on a marriage that many are not able to rise above. Although no divorce is easy, it does appear that this illustrious couple has figured out the ever-elusive secret of how to have a diplomatic and uneventful dissolution. Even as they head for divorce, this celebrated couple has much to teach us about relationships and separation.

What You See Is Not Real

The actress has built her brand on having it all together. We admire her for her strong family bonds, her pulled together style, her clean eating and healthy lifestyle, and up until a few weeks ago, her seemingly fairytale marriage. But here is the truth: What you see on the outside is not what is real. What has been portrayed through magazines, commercials, and movies is not reality. Celebrity or not, we all are dealing with our own private stuff. Everyone from your next-door neighbor to Oprah Winfrey has their own inside struggles of which we are not privy.

The lesson here is don't believe everything you see. Celebrities are people, too. Like the rest of us, they, too, are just trying to get through each day with the appearance that they have it all together.

Related Link: [Maintaining a Positive Image After Divorce](#)

Children Come First

The biggest tragedy in most divorces is its effect on the children. There is the very real concern that there will be long-term effects on the well-being of the kids. With two children, Apple, age 9, and Moses, age 7, this is sure to be among the top concerns of this A-list couple too, and it seems they have not taken this responsibility lightly. Martin and Paltrow announced that they have come to an agreement to share custody of the children. They have made it clear that it is top priority that the children's transition is as easy as possible.

Granted, while not all relationships can end as amicably as this one seems to have, there is a lesson to be learned about ensuring that their children are made the priority in the midst of divorce. Though not always possible, the goal should be to make sure that the children still have both their parents in their lives. Even though Mom and Dad don't live together, they are still a team when it comes to parenting.

Though surely difficult, couples like Paltrow and Martin show us that it can be done.

Related Link: [How to Cooperatively Co-Parent After Separation or Divorce](#)

Maintain Your Dignity

These two stars have been known for protecting their personal lives fervently. Even in the face of divorce, they are keeping the reasons and terms behind the decision for separation private and personal. In a country where divorces have become increasingly ugly and cruel, it is certainly a breath of fresh air to see two people maintaining their kindness and dignity in what is certain to be a challenging time. It is understandable that not all relationships come to an end in such a civil manner. Certainly, there are reasons for a split where maintaining a polite relationship of any kind is impossible.

That being said, it is important to always aim to be the bigger person. So many divorcees allow the process of separation and divorce to turn them into someone that they are no longer proud of. As of yet, it doesn't appear that this superstar couple will be among that list. We look to celebrities to help guide us through parenting, aging, trends, diets, exercise, and relationships. Even though many relationships in the spotlight end in a whirlwind of drama, it is nice to see that some Hollywood couples work hard to ensure their separation is done with privacy, compassion, and dignity. Paltrow and Martin appear to be shining examples of just that.

Do you think it's possible to remain friends after a divorce? Let us know in the comments below!

For more information about Hope After Divorce, click [here](#).

Tammy Greene is a graduate of the University of La Verne. She

has worked as a Child Life Specialist and social worker assisting families who have children with illness or mental disabilities. Tammy is a producer of the national PBS children's television show, Curiosity Quest. She has a blog, Married and Naked, where she shares personal lessons learned from her own life, offering helpful ways to navigate through the challenges of marriage. Tammy is happily married to her high school sweetheart and is the mother of two. See Tammy's Curiosity Quest website at www.curiosityqueststore.com. Follow her blog, MarriedandNaked, at www.married-and-naked.com.

Chris Martin Blames His 'Issues' for Split with Gwyneth Paltrow





By Louisa Gonzales

Chris Martin finally opens up about his split from Gwyneth Paltrow. According to UsMagazine.com, the Coldplay singer, 37, recently sat down with BBC Radio 1's Zane Lowe to talk about his band's new album, how he feels about One Direction and even about the end of his 11-year marriage. It's been one month since news first broke about Martin's separation from Paltrow, 41, but the music artist has now revealed to Lowe in his interview part of the cause of the split falls on him. Martin told Lowe he hasn't let himself be completely "vulnerable" and open to letting love "in" and because of that it caused problems with his relationship. He continued to say he doesn't want to blame anyone else and only he can make the proper "changes" to his life.

What are some ways to work on your marriage?

Cupid's Advice:

Getting married is a life changing event. With marriage comes new joys, discoveries about yourself and your partner, but

also hardships and challenges. Cupid has some advice on some way to work on your marriage:

1. Communicate more: A good relationship requires good communication. If you are having problems in your relationship or any other difficulties going on in you life, it's okay to talk with your partner about them. Don't keep things bottled up, it or make your worries grow and be that much worse when you finally do talk about them.

Related: [Gwyneth Paltrow and Chris Martin Separate](#)

2. Attend counseling: Sure, counseling isn't for everyone, but it may be good to give it a shot. Many couples don't like to admit that they need help, least of all accept or hear advice from other people. However, talking out your problems with someone may be good for your relationship, not to mention the fact it will give you the chance to hear what's on your significant other minds concerning you and the relationship.

Related: [Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression](#)

3. Remember to have fun: Relationships require work yes, but that doesn't mean you can't have fun and live a little. Make sure to make time to go out together, free of discussing your problems, and do fun things or plan to stay in for romantic evenings, it doesn't matter what you do just do something you both enjoy. It's good to be able to just enjoy your lovers company from time to time without discussing troublesome things.

What do you think are some good ways to work on your marriage? Share your tips below.

The REAL Reason that Gwyneth Paltrow and Chris Martin Split



By Sarah Christensen Fu

Unless you're under a rock, you've probably heard that Gwyneth Paltrow and Chris Martin recently consciously uncoupled. It's a bummer—I thought they were the golden couple that would shame all other Hollywood divorcees by going the distance. The truth is that it's not surprising they split if you look at their astrological compatibility. The REAL reason they split is because Gwyneth, a Libra, and Chris, a Pisces, are **completely star-crossed.**

First, and foremost, let's take a look at Chris's horoscope (this is copied directly from *Bad Birthdays: The Truth behind Your Crappy Sun Sign*):

March 2: "Men are only as faithful as their options," said comedian Chris Rock. The Pisces ladies and gentlemen born on March 2 find themselves evaluating their options regularly, sometimes consciously and sometimes subconsciously. They love their partner deeply but can't help but fall prey to other sets of batting eyelashes and whispered sweet words from soft, cherry-like lips. Best to lock March 2 natives in some sort of cage if you plan to maintain a relationship with one.

Basically, Gwyn could have done everything right, and still lost her mopey Pisces poet to exotic temptations. However, Gwyneth brought her own share of icky personality traits to their relationship: she was born on September 27th, making her a vain, pretentious, wishy-washy Libra. No amount of money, class, live-in nannies, or self-righteousness, could have made this love match comfortable enough for people with this couple's sexiness and financial means to suffer through the rest of their miserable lives together.

Related: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

At the core, Libras are obsessed with the thrill of the chase. While Pisces has a deep romantic streak, they are rarely proactive hunters when it comes to romantic interests. Gwyneth basically ended up playing a pathetic, partnerless game of Cat and Mouse, which I guess is just called "Mouse." Aw. On top of that, Libras born on September 27th have a competitive, determined fire in them, which would explain why Gwyn has tried so hard to be the best mother, wife and GOOP founder on the planet. If Chris had been supportive of all of those endeavors, the two may have found a way to remain the reigning king and queen Hollywood royalty. However, in his Piscean way, Chris very likely criticized and whined about Gwyneth's stupid

lentil and lemon soup and her annoying GOOP colleagues—he actually may have literally gotten sick when she told him she planned to use the term “conscious uncoupling” to describe their split.

Related: [Cold Feet Before the Wedding? Reasons to Use Your Head](#)

Sigh. They were doomed from the start. However, if you, like me, are still feeling a little low about this celebrity breakup, you should find comfort in the fact that Gwyneth Paltrow and Chris Martin probably had hotter sex during their marriage than many, many other celebrity couples. One thing’s for sure: the Libra/Pisces combination emits a whole lotta sparks before it explodes and catches fire, burning everything down with it.

***Sarah Christensen Fu** is a Virgo (incredibly high-strung and mostly a pain). She lives in Colorado with her husband and three kids, whose astrological signs cause a great deal of chaos and neuroses around the neighborhood. Visit her at www.hey-sarah.com.*

To Move or Not to Move? Why This Decision Is Tough on Kids





By Michele Sfakianos, RN, BSN for [Hope After Divorce](#)

Divorce is one of those life events that forces huge changes in your life, whether you like it or not. During a divorce, a decision will need to be made on living arrangements. Let the court decide who needs to move out and what will happen with the home. Sometimes, one spouse will offer to move out but wants their part of the equity in the house. The partner who stays put may have to put it up for sale in order to pay the other partner unless they can refinance, thus adding the amount of equity onto the mortgage.

Definitely get some legal advice before you make your choice. Leaving the home before the court date might have a detrimental effect on the outcome. Couples will want to communicate in a responsible manner to find a way to share the residence. If there's too much disagreement, then another solution may be necessary...but you still need a professional opinion before packing up those boxes.

Since they have just announced their desire to divorce, Gwyneth Paltrow and Chris Martin are one such couple

who will be considering the effect moving will have on their two young children. Hopefully, through their “consciously uncoupling,” the transition will be as smooth as possible for their kids – as well as themselves.

Related Link: [Gwyneth Paltrow and Chris Martin Separate](#)

There are times in each child’s life when a change like moving to a new school, city, or state can be devastating. A young kid depends on the security of their home and school, while a teenager may simply want to finish high school with their friends. You need to take these situations into account when making your plans. The parent who has the children a majority of the time should do their best to stay put.

With divorce, the furnishings are often divided, which may leave the family home empty. Since it is your kids’ house too, you should try to include them in the decorating decisions. This approach helps them to feel valued. Listen to the child’s needs and tastes. It also provides opportunities for two important activities:

1. Education: You may know that it’s an antique chair, but for your children, it’s an old ugly chair until you teach them about the distinguishing signs and history.

2. Shopping: Head to local flea markets, auctions, or estate sales for old furniture. Refinish or repaint the old dresser. Your kids will feel like a part of the process and enjoy using the item they helped refinish.

Once you’re finished decorating, throw a party and show off the new look of your place. By celebrating, you are showing the children that you love and respect their help and that everyone can enjoy the newly decorated home.

Related Link: [What Now? Transitioning From Married to Single](#)

If you must move, understand that a new place will not fix

everything. Moving is traumatic and expensive, and when everyone has to move, someone will be upset. Yes, the new house may have clean paint and a fresh look, but those moving into it are still the same people. After the movers are gone, you may find yourselves standing around and looking at each other thinking, "What now?" Post-Move Syndrome Letdown (PMSL) is common.

Hang in there and try to enjoy setting up your new home. Make sure to include everyone. If you see your children having difficulty adjusting to a different home or community, address it immediately. Find someone for them to talk to. Be supportive and encouraging and let your children know that you'll be with them every step of the way.

For more information about Hope After Divorce, click [here](#).

Michele Sfakianos, RN, BSN, is a Registered Nurse, Life Skills Expert, Speaker and Award Winning Author. She is the owner of Open Pages Publishing, which includes her series of "The 4-1-1" books on Life Skills, Step Parenting, and Surviving Teenhood. Michele is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com.

Gwyneth Paltrow and Chris Martin Separate





By Sanetra Richards

Another one bites the dust! Gwyneth Paltrow and husband Chris Martin have decided to part marital ways after 10 years. The couple announced the split earlier this week. According to [People](#), Paltrow (PEOPLE's 2013 Most Beautiful Woman) and Martin stated they were "working hard for well over a year" – both as a couple and individually – "to make their relationship work."

The pair released the following statement on the GOOP website under the heading "Conscious Uncoupling": "It is with hearts full of sadness that we have decided to separate." The parents of a 9½-year-old daughter Apple and a 7½-year-old son Moses went onto say, "We have come to the conclusion that, while we love each other very much, we will remain separate."

Although the marriage is ending, co-parenting is not out of the question. "We are, however, and always will be a family, and in many ways, we are closer than we have ever been. We have always conducted our relationship privately, and we hope that as we consciously uncouple and co-parent, we will be able to continue in the same manner."

How do you know when it's time to go your separate ways?

Cupid's Advice:

Every relationship is not salvageable, and it's best to know when you should part ways before it's too late. Here are some things Cupid thinks will help you come to the realization:

Related Link: [Gwyneth Paltrow Speaks Out About Miscarriage](#)

1. Bickering daily: Is the time you spend together consumed by arguments? You and your partner cannot seem to agree on anything and compromise just does not exist. Pay attention to the disputes revolving around some of the smallest issues and if there is constant finger pointing. Yes, proper communication may repair the relationship, but it is not a guarantee.

2. Blurred vision: Your significant other starts off as a good time, but eventually, you realize that you do not see them in your future. There is no sight of making a home, having a family, etc. You begin to nitpick and dislike the little things about them. Maybe you thought their style of mismatching outfits was cute and artistic at first, but now, it's just plain tacky.

Related Link: [Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression](#)

3. Attraction disappears: The spontaneous dates fade away; the sizzling romance fizzles; and the desire to have your partner around vanishes. These are all warnings (couldn't be any clearer!) that calling it quits is in your near future.

What are the signs that your relationship is in its last days? Share your thoughts below.

Celebrity Couple Predictions: Jordin Sparks, Nina Dobrev and Gwyneth Paltrow



By [Shoshi](#)

For today's column, let's take a look at three celebrity couples that keep the gossip mills churning – whether it's because of a potential engagement, a possible new love affair, or never-ending separation rumors.

Jordin Sparks and Jason DeRulo: Lately, all eyes have been on

this couple, wondering when they're going to get engaged. DeRulo made the smoothest move ever on Valentine's Day by gifting his girlfriend with 10,000 orange roses. How in the heck is he going to top that? What also has people buzzing is that the sultry singer proposed to Sparks in his latest video for "Marry Me."

Calm down, and stop waiting for your wedding invitations. They're only 24 years old – why is everyone trying so hard to marry them off? They're still figuring it out. That's not to say that they haven't started talking about marriage; right now, it's out on the table and being discussed. The two of them are best friends, so it's looking really good.

DeRulo is still trying to decide how and when to propose. I see it coming on a holiday or a birthday; New Year's Eve keeps popping up.

Related Link: [Jason Derulo Surprises Jordin Sparks with 10,000 Roses for Valentine's Day](#)

Nina Dobrev and Liam Hemsworth: Are these two Atlanta-based actors a new couple? They have recently been spotted on a date and sharing a few kisses.

If they do decide to pursue a relationship, don't look for this one to last a long time. No offense to Dobrev, but she's in a rebound situation after her split from longtime boyfriend (and *The Vampire Diaries* co-star) Ian Somerhalder.

Similarly, Hemsworth's energy is all over the place when it comes to his heart. Can you blame him? By the end of his relationship with Miley Cyrus, it had become a train wreck. He has a bit of healing to do. He isn't sure what he wants in a relationship, so he's just having a good time and looking to see who's out there. The *Hunger Games* actor has a few wild oats to sow before settling down again.

Related Link: [Find Out About Liam Hemsworth Post-Miley Hookup](#)

[with Eliza Gonzalez](#)

Gwyneth Paltrow and Chris Martin: Oh, how the gossip is flying on the marriage of this longtime pair! Her reps have denied that she's having an affair with lawyer Jeff Soffer; there have been other names thrown around as well. The question remains is any of it true – and who knows? Only those people directly involved with the couple know the real deal.

When I look at the marriage of the actress and musician, it's in deep trouble – and not just because of affair rumors or because Martin may not be a happy camper living in Los Angeles. Long story short, the Coldplay frontman is bored to tears with their relationship, and he looks disconnected. If things don't turn around soon, look for a divorce announcement. Martin is going to want to split, but Paltrow will make sure that it looks like she's the one who wants to end their marriage, as her image is very important to her. Martin will be fine with that as long as he gets to move on.

For more information on Shoshi, click [here](#).

Celebrity News: Gwyneth Paltrow Speaks Out About Miscarriage





By Jessica Conigliaro

Oscar-winning actress Gwyneth Paltrow recently opened up about the miscarriage she experienced in recent years. She says she got through the tough time with support from her loving husband and Coldplay rocker Chris Martin, UsMagazine.com reports. "We are committed co-parents, we make all the decisions together and lean on each other for support," Paltrow says. "[Chris] is so good to the children and to know that you had kids with such a good man is a real weight off you."

What are some ways to help your partner get through a tragedy?

Cupid's Advice:

If your partner is experiencing a tragedy, you undoubtedly want to show your support. He has always been there for you and now's the perfect time to return the gesture. Cupid offers some advice on ways to comfort your man during his rough patch:

1. Be there for him: Your boyfriend just heard the news of his grandfather's passing. He of course is upset and overwhelmed after finding out. Show your support by accompanying him to the wake and funeral. Your partner will take notice of your constant presence and will be reminded that he's not alone.

2. Help them cope: When someone you love is going through a difficult time, you may feel the need to help them through it. If your partner just found out his favorite uncle is passing away, suggest visiting him in the hospital to say his final goodbyes. Your boyfriend will feel better knowing he got to see his uncle one last time. Find ways to ease your love's mind during a tragedy. They will appreciate your compassion during their rough time.

3. Give some space: During sad times, it is often in our nature to want to be alone. If your partner seems a bit distant from you and is avoiding eye contact, don't take that as a bad sign. Some men are embarrassed to cry in front of others, but they still need that emotional release. Tell your boyfriend you are going to the food store and slip away for a few hours. He may just need the house to himself in order to grieve in his own way.

How do you comfort your love during a tragedy? Share with us below.

Gwyneth Paltrow Says Chris Martin Helped with Postpartum Depression



Brooke Shields, Courteney Cox, Bryce Dallas Howard and Amanda Peet are some celebrities who have suffered from postpartum depression and so do as many as one in five women in the United States, but Gwyneth Paltrow didn't think she would be one of them. The actress found herself experiencing the symptoms of postpartum depression shortly after giving birth to her son Moses in April 2006. It wasn't until her husband, Chris Martin pointed it out that she realized she actually had it. Paltrow believes that being open about her depression made it easier to cope, "We think that it makes us bad mothers or we didn't do it right, but it's like, we're all in this together." Between the support she's had through it and the awareness of it, she claims that her postpartum depression is slowly starting to diminish.

What are some ways to support your partner though postpartum depression?

Cupid's Advice:

It is hard enough for your partner to be suffering through something like postpartum depression, the best thing you can offer them is your support. Here are some ways to show them you're there for them:

1. Don't make it take over your relationship: You're both aware that the depression is there, but continue to try doing the normal things you would do. If you start changing the way you act around them because of it, it'll most likely make them feel even worse.

2. Be understanding: It's a tough thing to be going through, so you have to be understanding. It may get frustrating, but all your partner wants is to know you'll still be there for them.

3. Help them, help themselves: Encourage your significant other to get treatment and start seeing a doctor. Make sure they know that you genuinely want to help them get better.

Have you ever had to experience dealing with someone suffering from postpartum depression? Share your experiences below.