

# Cheryl Hines Stays Friends With Ex-Hubby



*Curb Your Enthusiasm*

actress Cheryl Hines has managed to do something rare in Hollywood: avoid a messy divorce and remain friends with her ex. Hines told [E! Online](#) that she plans to stay close to ex-husband, producer-manager Paul Young. “You know what, it’s an adjustment [but] I married a really great guy, so we still have a really great relationship.” Hines and Young have a 6-year-old daughter, Catherine Rose. The two quietly filed for divorce on July 20, but according to a statement released by Hines’ rep, “They will remain extremely close friends.”

**What are the benefits of staying friends with your ex?**

**Cupid’s Advice:**

After breaking up with someone, it might seem impossible to go

from lovers to friends. But with a fair amount of effort, it is possible to have a good relationship with an ex. Cupid shows you how staying close to your ex can be a good thing:

**1. Learning experience:** By completely stopping all contact with your ex after breaking up, you lose the opportunity to talk to him about what went wrong and why. If you stay friends, you have the chance to resolve any confusion or hurt feelings and learn how to avoid making the same mistakes in future relationships.

**2. “Why Can’t We Be Friends?”:** When you break up, not only do you lose your ex as a friend, but also losing mutual friends who feel like they have to take sides. But if you stay friendly with your ex, you can still hang out with him *and* his peeps!

**3. “The Kids Are All Right”:** If you have kids, staying friends with your ex shows them that even though your romantic relationship has ended, it doesn’t mean that you and their father can’t still be close. It might help your kids avoid the jaded view of love and marriage that children of divorced parents can sometimes have.

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## Cheryl Hines & Paul Young Split





As confirmed in [Us Weekly](#), *Curb Your Enthusiasm* star Cheryl Hines and producer/manager Paul Young filed for divorce last month after seven years of marriage. Hines and Young will reportedly remain close friends, and plan to raise their 6-year-old daughter, Catherine Rose together.

**What is the best course of action when going through a divorce with someone you also work with?**

### **Cupid's Advice:**

In today's day and age where people spend a lot more time at work, it isn't uncommon to mix business with pleasure.

Many couples either met on the job, or have started their own businesses together. However, when the marriage fails, that doesn't mean the professional aspect of the relationship has to suffer.

**1. Separation:** The work and marriage aspects of your life were probably very separate from the beginning – you just never thought about it that way before. Remember not to let any negative feelings you have as a result of the divorce impact your decisions in your career.

**2. Finding friendship:** Whether you share a workplace,

business, or children, it's important to maintain some level of friendship both during and after the divorce. Though this may seem difficult at first, it makes everything easier.

**3. Move on gracefully:** It's inevitable that one or both people will probably find someone else. However, that doesn't mean you need to rub it in the other person's face. You probably wouldn't – and shouldn't – go into the details of your personal life in the workplace, so why do it because your ex also works there?