

Celebrity News: 'Bachelorette' Contestant Chase McNary in the Running to Become Next Bachelor



By

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Chase McNary was a fan favorite on this season of [The Bachelorette](#). Unfortunately for McNary, [JoJo Fletcher](#) didn't seem to feel as strong of a connection as he did. In [celebrity news](#), she sent him home straight from the fantasy suite after he dropped the L-bomb. According to [UsMagazine.com](#), McNary has decent odds at the coveted position of *The Bachelor*. He said, "The discussions are there, but I don't know – there's a lot of weight there." He also admitted that it would be

challenging to open up emotionally to that many women all at once, especially after how it ended with Fletcher. Only time will tell.

This celebrity news could provide him with a fresh start. How do you start over after heartbreak?

Cupid's Advice:

[Celebrity couple](#) relationships don't work out just as much as ordinary couples fail. Heartbreak can creep up on you anywhere, and everybody goes through it at one point or another. Regardless of if you're the breaker or the breakee, Cupid is here to help you cope:

1. Confide in someone: Don't go through a break-up alone. Involve your friends and family who will be on your side. They'll know exactly what to say to make you feel better or at the very least will bring you ice cream and tissues.

Related Link: [Celebrity News: 'Bachelorette' Guys Share Embarrassing Sex Stories with JoJo Fletcher](#)

2. Meet new people: Not everybody can be on *The Bachelor*, but you can still go out and meet new people. Don't jump right into bed with someone, but don't shy away from people either. Never give up! There is somebody out there for everybody.

Related Link: ['Bachelorette' Contestant Luke Pell Says He Still Loves JoJo](#)

3. Get over them: Whether it's time or space or a new guy, however you feel fit to move on is fair game. Everybody handles break-ups differently. Some people get mad, while others shut down. Don't let it impact your life, but handle it in a way you see fit.

How do you bounce back after a heartbreak? Comment below!