

# Maria Shriver Discusses Support Received After Divorce Announcement



Maria Shriver

endured a difficult year, but she's thankful for all the support she has been receiving from family and friends. At a bicycle race on Saturday, [People](#) reports that Shriver told the crowd, "I appreciate your support, particularly this year, for sticking with me." She also spoke of a recent experience with a friend. "When I was going through my own challenges this year; feeling down and confused, I got an email from him. He wrote me a note saying, 'You're my best friend Maria and you will never be left out,' " she said. "When the world is so complicated, the simple gift of friendship is within all of our hands. Thank you to everyone who came up to me this weekend and wished me well."

**What are some ways to deal with the aftermath of a divorce announcement?**

## Cupid's Advice:

Going through a divorce is difficult, but trying to deal with it once it's official is a whole new experience. Since moving on can be harder than you expected, Cupid offers some advice:

**1. Express your feelings:** In order to heal, you must speak about your feelings with someone you trust, instead of keeping them bottled up.

**2. Activities:** Stay busy by participating in activities or picking up new hobbies. When you're engaged in something, you're less likely to think about your divorce.

**3. Travel:** Take advantage of being single by traveling wherever you want to go. This experience will make you feel less lonely, and you only have to worry about yourself in the planning process.

**Do you have suggestions on how to deal with the aftermath of a divorce? Share your ideas below.**

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## Surprise! Amy Smart Ties the Knot With Carter Oosterhouse





*Shameless actress,*

Amy Smart, recently married HGTV's Carter Oosterhouse in Traverse City, Michigan. According to [UsMagazine.com](http://UsMagazine.com), the bride looked stunning in a Carolina Herrera gown, as did her bridesmaids in navy Ann Taylor dresses. "We feel so excited and blessed to celebrate this happy day with our family and friends," said the wholesome Hollywood newlyweds. Both Smart and Oosterhouse are known for being environmentally friendly. In fact, the couple met in November 2010 at a green-charity event.

**What are some important things to see eye-to-eye on before getting married?**

### **Cupid's Advice:**

Marriage isn't just about the dress and a reception; it's a union between two people. While it's healthy to have differences of opinion when it comes to the little things, you have to be on the same page when it comes to the fundamentals:

**1. Kids:** If one of you wants to have children and the other couldn't be less interested in adding children to your lives, you are going to run into problems later. Talk about this in-depth with your partner before taking the next step.

**2. Finances:** It is always important to be financially

responsible. But, that means different things to different people. If you can't come to an agreement on budgeting, consider separate bank accounts.

**3. Home:** People are often very attached to where they grew up. If the two of you grew up in different places and each want to start a family in your perspective hometowns, this could mark the end of your relationship if you can't compromise.

**What techniques can you use to come to an agreement before the wedding about the important things? Share your thoughts below.**

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## Justin Bieber Says He Wants to Be Married By 25-Years-Old



Teen sensation Justin Bieber already has marriage on the mind, reports

People. When asked where he sees himself in five years, the 17-year-old pop singer told *Women's Wear Daily*, "By 25 or 26, I want to see myself, like, married or start looking for a family. I want to be a young dad. I want to be able to have done what I wanted to do – to be successful, to do a movie or whatever."

## **Is age a factor when it comes to marriage?**

### **Cupid's Advice:**

Though the age-old mantra "age is just a number" often holds merit, it's important to take age into consideration when committing to marriage. Here are a few things to consider before making a decision:

**1. Future experiences:** When you truly love someone, you shouldn't feel like you're giving anything up. When you marry, you potentially forever rule out any future relationships. At a young age, you are giving up a lot of future relationships. Be sure that you don't feel as though you're missing out.

**2. Your goals:** When you're young, you don't always have your priorities set in stone. You may mature and decide to take your life in a different direction. Be confident with your place in life before marrying.

**3. The age of your partner:** Though you may be the rare young person who is mentally prepared for a marriage, your partner may not be. Make sure that your partner is as ready as you are for this commitment.

**Did you marry young or you know anybody who has married young? Share your story below.**



# 'Friends' Alum David Schwimmer and Zoe Buckman Renew Wedding Vows



It seems this duo is still 100-percent committed. David Schwimmer and Zoe Buckman renewed their wedding vows recently outside London in a ceremony officiated by actor, Joey Slotnick. According to [UsMagazine.com](http://UsMagazine.com), Schwimmer's *Friends* co-star, Matt LeBlanc, was among the 200 guests. The couple's 4-month-old daughter, Cleo, also took part in the festivities. Other famous guests included Thandie Newton and Oliver Parker.

**What are some reasons to renew your wedding vows?**

**Cupid's Advice:**

Besides being madly in love, couples never really need a cause to renew their vows. But, here are some fun reasons to formally profess your adoration to your partner once again:

**1. It's an excuse for a vacation:** Bruce and Kris Jenner renewed their vows during a family vacation to Bora Bora. If you didn't get the chance to have a destination wedding (or even if you did), renewing your vows on location can be a fun and romantic adventure.

**2. You saw a wedding dress you loved:** Even if you're already happily married, there's nothing like coming across the perfect wedding dress. Now that you have the right dress, all you will need is a guest list and the perfect venue to renew your vows.

**3. Thanking your partner:** Years and years of a happy life together are often hard to come by. Saying 'I Do' again is an opportunity to show how thankful you are for the happiness and support your partner provides.

**If you could renew your vows anywhere in the world, where would it be? Share your thoughts below.**

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## **Prince William and Kate Middleton Re-Gift Land Rover Wedding Present**





This royal couple loves to give back. Upon receiving a Mountain Rescue Team Land Rover as a wedding gift, Prince William and Kate Middleton passed it on as charity to the Mountain Rescue England and Wales. After a raffle, it was awarded to the Patterdale team, according to [UsMagazine.com](http://UsMagazine.com). “The vehicle will be greatly appreciated. Our present vehicle only has a shelf life of about six months and we were embarking on a major fundraising exercise to raise more than £45,000 to replace it,” said Keith Montgomery, honorary secretary of Glossop Mountain Rescue Team.

**What do you do if you don't like a gift you get at your wedding?**

### **Cupid's Advice:**

Getting questionable gifts is an inevitable part of getting married. You're not going to like every single gift you receive from your guests. Here are a few ways to deal with that situation:

**1. Regardless, send a thank you card:** No matter what the gift, you still must send a “thank you” note even if you can't stand what you received. Just because this particular guest may have misread your tastes, that doesn't mean he or she doesn't have the best wishes for you and your marriage.



**2. Give back:** Chances are you may receive more than one toaster or food processor. Instead of sticking them in a drawer never to be seen again, donate these items to a shelter or group home for children. These types of facilities are not able to afford luxuries, and giving back to them is a great way to bring good karma to your marriage.

**3. Use your gift receipt:** You can always return the unwanted present to the store and use the cash for something you really wanted. However, if you choose to go this route, don't tell your guest. Although they most likely want you to have what you need, they might be hurt if they find you didn't like their gift.

**What did you do with your unwanted wedding gifts? Share your experiences below.**

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## **Zara Phillips Talks Babies and Skipped Honeymoon**





It's amazing that Zara Phillips could even fit a wedding into her busy schedule when she says she and her rugby player husband don't have time for a honeymoon. [People](#) reports that the equestrian royal, 30, and her new hubby Mike Tindall, 32, haven't had a moment to rest since their wedding in July. "There are always other competitions and other dreams that you want to achieve. Winning Badminton and Burghley, the Olympics, another World Championship," said Phillips, daughter of Princess Anne and Captain Mark Phillips. Focusing on their careers also means putting off having children. "I'd love to have kids, but not at the moment. You know – I'm just happy competing and putting the work in."

## What are the advantages of delaying your honeymoon?

### Cupid's Advice:

While the majority of couples who have honeymoons choose to do so right after their wedding, there are some advantages to putting it off. Cupid has some thoughts:

- 1. Save money:** You've probably gone nearly broke financing your wedding or cleaned your parents out of cash. If you wait a little while, you can earn some extra money to make your honeymoon extra special.

**2. Take a breath:** After the wedding festivities are over, traveling (even to an exotic destination) creates extra stress. When you want a real break, just chill out at home and save the trip for later.

**3. Wait for the weather:** If you got married in the summer, but really want to go to Aspen for your honeymoon, there's no harm in waiting a few months until the weather suits you.

**Are there any more reasons to put off a honeymoon? Share your comments below.**

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## Lauren Bush and David Lauren: Newlyweds



After a year of planning, Lauren Bush, the niece of former president George W. Bush, and David Lauren, the son of fashion designer Ralph

Lauren, finally tied the knot. The couple were wed at the massive Double RL Ranch in Colorado, reports [People](#). The ranch, named for Ralph Lauren and his wife Ricky Lauren, covers 17,000-acres of land in the Rocky Mountains. Though the ceremony was on Sunday, the entire weekend was devoted to family activities such as picnics, softball and rodeos.

Lauren Bush faced a tough decision when it came to choosing her married name, but finally settled on Lauren Bush-Lauren, choosing to both take her husband's name and avoid confusion.

**How do you decide whether to take your partner's last name?**

### **Cupid's Advice:**

Many marriages are becoming more and more modern, with many women choosing to keep their last names. Here are a few things to consider before making your decision:

**1. Outside pressure:** Make sure to recognize any outside influence on your decision. It's your name, so your family's traditions or your friend's ideas should have no major impact.

**2. Your ideals:** Are you old-fashioned? If so, you may want to take your husband's name. If you're more modern, you should consider keeping your name. You need to be comfortable with your name, so make sure it's something that fits with your goals and values.

**3. Compromise:** It isn't bad to compromise if you can't make a decision. Try hyphenating your last name or combine your last name with your partner's for something unique and personal.

**Do you think a woman should take her husband's last name?**  
**Feel free to share your opinion in a comment below.**

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# Mark Ronson and Wife Honor Amy Winehouse at Wedding



Mark Ronson, the late Amy Winehouse's producer and friend, honored the singer at his wedding in Aix de Provence, France. Ronson married French model Josephine De La Baume. The producer, 35 and Baume, 26 tied the knot after planning their two-day wedding affair in just six months. Shortly after Amy Winehouse, 27 was found dead in her London home on July 23<sup>rd</sup>, Ronson took to Twitter to express his grief, "This is one of the saddest days of my life." A source told [UsMagazine.com](http://UsMagazine.com), "Amy was a great friend of both Mark and Josephine and they would have been thrilled to have her with them at their big day, but sadly it wasn't to be." The bride and groom found a way to turn their feelings of grief into feelings of gratitude toward Winehouse on the happiest day of their lives with a memorable toast.

**What are some ways to remember deceased loved ones at your wedding?**



## Cupid's Advice:

If you have a family member or friend who has passed away that you want to honor at your wedding (without tissue boxes and running mascara), find a way to incorporate the individual into the nuptials without ruining the joyous mood:

**1. Favorite song:** If your loved one had a song he or she enjoyed, have the DJ dedicate the tune to that person, and get the crowd up and moving. Think "YMCA" or "The Electric Slide."

**2. Memorabilia:** Something old, something new, something borrowed and something blue. Carry an item that belonged to the person who's no longer with you in your bouquet (a picture or jewelry, for example).

**3. Wedding program:** When you watch a movie or read a book, there's often closing credits that read, "In Loving Memory." Well, "In Loving Memory" can be the first words in your ceremony program dedicated to your loved one. Just remember to keep it simple and meaningful.

**Have you ever been a guest at a wedding that turned sour because of a memorial to a deceased loved one? Share your experience below.**

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## LeAnn Rimes' Ex Dean Sheremet Is Married





LeAnn Rimes isn't the only happily remarried half of her broken marriage to Dean Sheremet. Now, Sheremet has tied the knot with photographer Sarah Silver, according to [People](#). The pair became engaged in November of last year. After being married by a City Clerk, the proud husband posted a video of he and his bride stepping out of the office. He was wearing a gray suit with no tie and his new wife was wearing a short one-shoulder red dress while holding a bouquet of flowers. Congratulations to the newlyweds!

**How do you know when you're ready to move on after a breakup?**

### **Cupid's Advice:**

Dean Sheremet and LeAnn Rimes were married for seven years before calling it quits. Now, both of them seem happy in new marriages. Cupid has some tell-tale signs that it's time to move on:

**1. You're smiling:** Perhaps you don't have a smile on your face *all* the time, but it's important that you've recovered from your past relationship enough that you're able to let loose and have a good time. No one wants to date a frowny-face.

**2. You've established independence:** When you get out of a long relationship, it's important to come into yourself again and

regain all of the things that make you, you. Once you've done that, it's much more likely you're ready for a new and healthy relationship.

**3. You've tied up loose ends:** "She has a lot of baggage" is not something you want to hear about yourself. Make sure you've gotten close on your past relationship before you attempt to bring someone new into your life.

**How did you know when you were ready to move on? Share your thoughts below.**

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## Does Kim Kardashian Want Babies Already?



Although Kim

Kardashian tied the knot with Kris Humphries earlier this month, she's already thinking of babies, according to family

friend Lisa Gastineau. "She wants babies. Let's cross the fingers. And her mom wants her to have babies quick!" Gastineau told [UsMagazine.com](http://UsMagazine.com) on Saturday in Hollywood. Gastineau believes Kardashian will be a great mom, and she's confident that Humphries will be a great family man. "He adores [Kim]. I wish that every girl that I know had someone that adores her. Just the way that he looks at her. He's so cool, he stands up to her. Kim is a little dynamo. It is amazing; it is a fun, fun relationship watching them!"

**Is there such thing as bad timing when it comes to having a baby post-marriage?**

### **Cupid's Advice:**

Although some couples take advantage of their time alone as newlyweds, others prefer having children immediately. Here are a few things to consider before starting a family:

- 1. Financially stable:** Make sure you both have a career and are doing well financially, because taking care of children is expensive.
- 2. Goals:** Do you both have future goals? Think about how having children might affect your dreams and relationship.
- 3. Ready for babies:** You and your spouse have to understand the responsibilities involved when raising children. Make sure it's something you both want.

**When do you think a couple should start having kids after marriage? Share your thoughts below.**

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# Will Smith and Jada Pinkett-Smith Speak Up About Split



As most of us know by now, the rumors about Will Smith and his wife Jada Pinkett-Smith splitting are false. The happy pair set the record straight Tuesday according to [People](#), claiming that the buzz in the tabloid's about their 13 year marriage coming to an end are not true. The couple made a joint statement saying, 'Although we are reluctant to respond to these types of press reports, the rumors circulating about our relationship are completely false. We are still together, and our marriage is intact.' While talk of the split was swirling around, the Smith's were shopping at Michaels Crafts acting cutesy and giddy according to onlookers. The couple's son Trey tried to squash the headlines too by tweeting 'Did #WillandJada split? No they did NOT split! False information ... it's not true RETWEET!!!'

**How do you prevent rumors from ruining your relationship?**



## Cupid's Advice

When people lie or start spreading rumors, it can play havoc on even the happiest couple. Cupid has some advice on how to handle this stressful situation, even if it's truly bothering you inside.

1. **Laugh It Off:** If you know the rumors you're hearing are completely false, simply laugh them off. When others see that you aren't taking them seriously, the novelty should eventually wear off.
2. **Speak Up:** What better way to squash nasty gossip than to set the record straight yourself. Sometimes heading the rumors off and dispelling the negative accusations may be the only option. Be sincere when you talk to others, this will demonstrate that you and your partner have nothing to hide.
3. **Be Strong:** Try not to let the rumors bother you. Go out in public as usual and have a great time. If people see you acting normal and the two of you still together the hype will begin to fade.

How do you prevent rumors from ruining your relationship? Share your thoughts.

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## Kris Humphries' Family "Look Appalled" at His Wedding





Kim Kardashian and

Kris Humphries finally got hitched this weekend ... and the Humphries family had quite a mixed reaction according to [UsMagazine.com](http://UsMagazine.com). According to one guest, "Everybody felt awkward, like it was all for the cameras and more like a TV show than a wedding." Humphries' parents must have felt the same, because they "mostly looked appalled by the entire thing," although they "cheered when Kim and Kris were pronounced husband and wife."

**How can you have a lavish wedding without breaking the bank?**

### **Cupid's Take:**

Not all of us can afford a wedding like Kim Kardashian's, but we can pretend! Cupid has some tips on how to make your wedding fit for a reality TV princess (without spending like one).

**1. Dress up your gown:** All brides know that it's all about the dress, and you don't have to empty your bank account to find a gown that makes you look like a million bucks.

**2. Network for deals:** You shouldn't pay full price for anything if you know the right people. Is your aunt a chef? Have her cater the wedding to save money.

**3. Keep it small:** As your guest list increases, so do your

costs. Having fewer people means you can spend more on other things to make your wedding memorable.

Have any other tips on how to lower costs but keep your wedding looking fancy? Share your comments below.

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# Newlyweds Kim Kardashian and Kris Humphries Leave for Mini-Honeymoon



Now that their lavish wedding is over, Kim Kardashian and Kris Humphries have decided to escape for a mini-honeymoon to Capri, Italy. It will be quick because the couple need to be back in order for Kim to present at the upcoming MTV Video Music Awards Show. Hopefully, they will have time for some rest, romance and

relaxation. They will be visiting different areas throughout their trip, a source told [UsMagazine.com](https://www.usmagazine.com). When spotted at LAX airport on Monday, the pair were glowing with love for each other.

## **What European hotels make the perfect location for a honeymoon?**

### **Cupids Advice:**

**1. Hotel Gritti Palace, Italy:** This gorgeous hotel has received praise from some very notable people, including Earnest Hemingway and Greta Garbo. One amazing amenity of staying here is that this Italian Palace offers boat service to its sister hotels in Venice Lido where you and your new spouse can enjoy a vast array of private beaches, swimming pools, tennis courts, and golf greens.

**2. Hotel Perivolos, Greece:** Words simply cannot do this location justice. This blissfully romantic getaway consists of a series of private homes overlooking the water. You and your love will be surrounded by a breathtaking landscape complete with a stone terrace and private pool, which flows down a cliff overlooking the Aegean Sea. This is the perfect place for two newlyweds to have endless alone time while taking in the amazing sunset each night.

**3. Hotel Palafitte, Switzerland:** This magnificent hotel is sure to turn up the romance for any honeymoon couple. The property is set lakeside with an awe-inspiring view of the Alps and offers a wide array of activities. For example, you can indulge your sporty side and enjoy golfing, sailing or skiing, and the next day feed your mind with Switzerland's culture by going to the theater or simply visiting the museums.

**Where did you go on your honeymoon? Share your memories in a comment below.**

# Country Crooner Chely Wright Ties the Knot



Chely Wright finally found her happy ending after tying the knot with partner Lauren Blitzer last weekend, reports [UsMagazine.com](http://UsMagazine.com). The country singer, 40, met civil rights activist Blitzer, 30, just weeks after coming out. Last year Wright told NBC's *Today Show* that she "was hiding. I was gay, and I didn't want anyone to know that I was." The differing religions of the two brides meant that both a rabbi and a reverend were present at the interfaith ceremony.

**What do you do in a wedding if you and your partner have differing religions?**

**Cupid's Advice:**



When you and your fiancé practice different religions, your wedding ceremony will have to be altered. Cupid has some tips on how to make an interfaith union a success:

**1. Two celebrations:** One option is to have two ceremonies, one for each family and each religion. This way you'll make sure to accommodate everyone, and plus you'll have two awesome parties to attend.

**2. Interfaith:** You can also combine your two faiths in one wedding by having, for example, both a rabbi and a reverend preside over the ceremony like Chely Wright and Lauren Blitzer did.

**3. Compromise:** If you're not religious, but getting married in a church has always been your partner's dream, be flexible and let he or she pick the place. Maybe that means you can choose the wedding cake.

What's the best way to make sure no one feels left out in an interfaith wedding? Share your comments below.

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## Jessica Simpson's Best Friend Cacee Cobb Is Engaged





It seems like Jessica Simpson won't be the only one heading down the aisle soon. [RadarOnline](#) reported that the singer's best friend Cacee Cobb is engaged to her longtime boyfriend Donald Faison. The excited groom tweeted, "If you like it you better put a Ring on it. – Beyonce." Cobb responded with, "If she likes it then she better say YES!!" Faison revealed his feelings for Cobb in an interview last November. "I'm sure I know in my heart I love her and I definitely want to be with her forever, but sometimes you throw marriage in situation and it ruins everything," he told Vibe.com. Fortunately, he got over his fear and proposed to his girlfriend of nearly six years.

**How do you support your best friend with wedding plans?**

### **Cupid's Advice:**

Since a wedding day is one of the most important days in a woman's life, your best friend will count on you to support her throughout the planning process. Here are three ways to do so:

- 1. Support:** Assist her in finding the perfect dress and organizing the ceremony and reception. Celebrate with her at the bachelorette party and bridal shower.
- 2. Ceremony:** Help her get dressed and ensure that she looks

elegant. Give her a reassuring grin whenever she glances your way.

**3. Reception:** Stay until the very end to assist your best friend with anything she needs.

What are some other ways to support your best friend with wedding plans? Share your thoughts below.

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## Kim Kardashian and Kris Humphries Say 'I Do'



Kim Kardashian is officially married and off the market. The Armenian beauty tied the knot with Kris Humphries on Saturday at a beautiful estate in Montecito, California. 450 guests were in attendance. According to [People](#), the two were married in a traditional Christian ceremony officiated by the Humphries

family's pastor, Joel Johnso. Kardashian paid tribute to her late father, attorney, Robert Kardashian, in a heartfelt message in the program, "I so wish my dad could be here today to walk me down the aisle, But I know in a way he is here, and I feel his loving presence all around me. I love and miss you, dad."

**How do you deal with nerves on your wedding day?**

### **Cupid's Pulse:**

Your wedding day is one of the most memorable days of your life. What makes it memorable isn't the dress or the lavish party, but the feelings of excitement and nervousness. Here are some ways to calm your nerves on the big day:

- 1. Take a deep breath:** Your yoga teacher has the answer. Don't forget to breathe. The time it takes to inhale and exhale will put everything into perspective.
- 2. Ask for help:** Getting ready for your wedding is difficult for you to do alone, so ask your friends for help. After all, what are bridesmaids for?
- 3. Feel the love:** It's easy to get caught up in the superficial aspect of a wedding, but in the end the only thing that matters is celebrating your love.

**What have you done to relive stress? Share your tips below.**

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# **Brooke Burke Finally Weds**

# David Charvet



Five years after announcing their engagement, Brooke Burke and David Charvet have finally tied the knot, according to [UsMagazine.com](http://UsMagazine.com). The *Dancing With the Stars* cohost, 39, and her *Baywatch* beau tied the knot in St. Barts Friday, Burke's rep confirmed. The couple were joined by their four children during the Caribbean ceremony. "Want to thank everyone for their support," Charvet, 39, tweeted Saturday. "It has been a great day!" The couple are parents to son Shaya, 3, and daughter, Rain, 4. Burke also has two children from her previous marriage to plastic surgeon Garth Fisher, daughters Sierra, 9, and Neriah, 11.

**What are some good reasons to date a long while before marriage?**

## Cupid's Advice:

It's important to dig as deep as possible to make sure you know your lover inside and out before marriage. Cupid has some reasons not to move too quickly:



**1. Get all your questions out:** Don't let any questions go unanswered. No matter how minor they may be, every detail is crucial to getting to know the man or woman you plan on spending the rest of your life with.

**2. Ask his or her family and friends:** Family and friends are the ones that know you the best. Chances are if they are aware you are serious about their loved one and plan on getting married to him or her, they will be honest with you.

**3. As the time goes by:** There are some things you may start to realize about your mate that you didn't notice earlier in the relationship. As the time goes by, the filter lessons and the quirks come out.

**Why do you think it's good to date awhile before marriage?  
Share your answer in a comment below.**

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## **'Project Runway' Judge Michael Kors Gets Married**





Fashion icon Michael

Kors recently tied the knot with longtime partner Lance LePere in stylish Southampton, NY. According to [People](#), the private ceremony took place on Dune Beach and was officiated by Southampton Mayor Mark Epley. Shortly after same-sex marriage became legal in the state of New York, the 51-year-old fashion designer announced on *Project Runway* his plans to marry LePere. As Kors told *Women's Wear Daily*, "To marry someone as wonderful and special to me as Lance barefoot on a glorious beach is more than I could have dreamed of."

**How do you know when you're ready to tie the knot?**

### **Cupid's Advice:**

Knowing you're ready for marriage is more of a feeling than anything else. You have to be ready to completely commit. Here are some strong indicators:

- 1. When your eyes sparkle:** The moment your eyes begin to sparkle more than your engagement ring is the moment you should walk down the aisle.
- 2. Your partner is always on your mind:** If your mate is all you can talk, think and dream about, it's time to put on that white dress.

**3. You can't stop smiling:** One can always spot a person in love from his or her radiant smile. If your smiles outweigh your frowns by a long shot, you might consider tying the knot.

**When did you know it was time to make it official and get married? Share your thoughts below.**

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## Rebecca Friedman, Exclusive Hair Colorist to Kim Kardashian, Unveils Her Client's "Big Day" Look – Will It Be Light or Dark?



By Whitney Baker

Before her big day, a bride-to-be has so many details to consider: location, music selection, flower arrangements, seating chart, menu choices, and, of course, her personal style. She needs to pick out a dress and jewelry, as well as decide how to do her make-up and hair. When it comes to her hair, she not only needs to choose a style – keeping in mind her choice of veil – but also a color.

That's where Rebecca Friedman can help. Co-owner of Goodform Salon in Hollywood, and a celebrity colorist expert, Friedman knows just how critical it is to achieve that perfect hair color – and most recently, as the exclusive colorist to Kim Kardashian, she's helped one bride-to-be do just that.

With Kardashian's wedding to New Jersey Nets' basketball star, Kris Humphries, only two days away, Friedman reveals, "I just saw her the other day. I took her lighter chocolate brown color back down to a dark, minky sable, closer to her natural hue."

In light of these upcoming Hollywood nuptials – a wedding that's expected to be as grand as the royal wedding – this celebrity hair colorist offers a bit of advice to future brides. "Unless it's in your personality to make bold decisions with your look, I wouldn't recommend a shocking change before your big day," she says. "You want to look at your pictures and feel timeless. I think most brides want to look like the most polished version of themselves."

Of course, other factors, like season and location, impact a bride's choice of hair color, as well. According to Friedman, "If you're getting married in the summer time, or on the beach, beautiful, hand-painted highlights on slightly deconstructed waves seems fitting. On the other hand, for a winter wedding in the city, you may want to opt for a deeper, richer shade styled into a more-textured low bun."

While a bride-to-be should stick with what she knows, single

girls have the flexibility to be a bit more playful. “You are single and want to look your best – you never know who you will run into! Lightening up your color, or using multiple tones to add sparkle and dimension, is sure to make you feel flirty,” she says.

But remember: you should never change your hair color for a man. Friedman regards this reasoning as a big no-no and says, “The attraction should be there regardless of your hair color.”

A broken-hearted girl, however, should be a bit more cautious. “Wait until you’re less emotional or start slowly by adding a few face framing highlights or a gloss,” recommends Friedman. “You can always go more drastic later.”

After all, “in the throes of a heart ache, what seems like a good idea, sometimes is not – like eating a whole container of ice cream!” Friedman cautions.

At the end of the day, whether you’re a bride-to-be, a single girl ready to jump back into the dating world, or a girl with a broken heart, there is a “golden rule” when it comes to changing your hair color: “Honor your personal style.”

Before making a color change, Friedman advises all girls to do their homework. “Find a very capable hair professional to [make the color change] for you. Be realistic about how achievable the target color is for your complexion and your hair,” she says.

Since the right hair color is different for every girl, Friedman believes that you should “play up what you have,” offering this advice to girls of every shade: “If you’re a redhead, add a fiery, copper gloss. Blondes can try painted-on, surfer-girl highlights with a few random low-lights. As for brunettes, they can stay multi-tonal by adding some sparkly toffee and toasted-walnut strands around their hairline and tips.”



According to Friedman, regardless of your base color, there are six important questions to ask your stylist before making a major color change:

1. What is a realistic level of lightness for me to achieve given my current hair color?
2. Will previous chemical treatments on my hair affect how light I can go?
3. What tones will best suit my complexion?
4. Will the texture of my hair change after I lighten it?
5. How often will I have to come in for touch-ups?
6. Do styling products for color-treated hair really work?

While the answers to these questions will provide you with invaluable information before making the big decision, the most important question to ask yourself is: Will my color change make me feel like my *most* confident self? Friedman says, "Wearing your hair color with confidence, no matter what color it is, really is key."

We couldn't resist asking Friedman one last question – something everyone wants to know: Do blondes really have more fun? She shows off her own confidence and answers unabashedly, "Well, as a natural and currently very blonde girl, I must be biased and say yes!"

*To make an appointment with Friedman at Goodform Salon, please call 323.658.8585.*

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# Tara Reid: Engaged and Married All In One Day



Just hours after tweeting that she “just got engaged,” Tara Reid tied the knot with her fiancé Zack Kehayov in Greece on Saturday. [UsMagazine.com](http://UsMagazine.com) reported that the *American Reunion* actress recently split from her boyfriend Michael Lilleun. She was also previously engaged to Internet entrepreneur Michael Axtmann, but called it off in April 2010. Even further back, she was engaged to Carson Daly – *The Voice* host – and they ended their relationship in June 2001. Things might be happening very quickly for Reid, but we wish her all the best.

**What are the advantages to eloping?**

**Cupid’s Advice:**

Weddings are expensive and can be stressful to plan. Here is why Cupid thinks eloping can be the best decision for you:

**1. Cost:** Couples who elope will pay a nominal fee compared to those who have a wedding. Marriage licenses range from \$10 (Colorado) to \$100 (Minnesota). Your other expenses will only be your outfit, transportation and lodging.

**2. No stress:** Planning a wedding is stressful. If you elope, you won't be overwhelmed because all you have to plan is when and where you want to marry the one you love.

**3. Avoid drama:** If your parents object to the marriage, then avoid the drama the wedding will cause. By eloping, you'll have a simpler ceremony and won't have to deal with people who don't support you both.

**Do you think it's a good idea for couples to elope? Let us know about your thoughts by commenting below.**

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## Hilary Duff Announces She Is Expecting





In the midst of celebrating their first wedding anniversary this past Sunday, Hilary Duff and husband Mike Comrie announced they are expecting their first child, [E! Online](#) reports. While reflecting on her year of marriage, Duff made the big announcement on her official website. “We also want to share the exciting news that... BABY MAKES THREE,” she wrote. “We are extremely happy and ready to start this new chapter of our lives.”

**How do you creatively announce your pregnancy to family and friends?**

### **Cupid’s Advice:**

News of a baby on the way isn’t just exciting for the expecting couple, but also for friends and family. Here are a few creative ways to make the big announcement:

**1. Give an ultrasound picture as a gift:** Send out copies of your first ultrasound to family members and put it in personalized picture frames (Think: “Grandma/Grandpa/Aunt/Uncle-to-be” frames).

**2. Be the gift:** During the next holiday or family get together (preferably involving gift giving), tie a big red bow around your belly and see how long it takes for friends and family to

realize what you're trying to tell them.

**3. Use a surprise website:** Creating a free website is fairly easy; make a site with a message about your pregnancy (something along the lines of “\_\_\_\_\_ is pregnant!”). Send your close ones an email with the link telling them to check out a “shocking” website you found.

**How did you announce your pregnancy to everyone? Share your experiences in a comment below.**

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## Sherri Shepherd Ties the Knot With Longtime Beau



*The View* has another newlywed on its hands. According to [People](#), Sherri Shepherd married fiancé, Lamar Sally, in her hometown of Chicago at the Fairmont Hotel on Saturday. Co-host, Elizabeth Hasselbeck,



served as one of her eight bridesmaids along with Nicey Nash and Yvette Nicole Brown. The bride shared her wedding jitters with her Twitter followers tweeting things such as, “What happens when you are in your wedding dress and you have to tinkle? Uh-oh!”

**How do you decide whom to include in your wedding party?**

### **Cupid's Advice:**

With all of the factors you have consider, such as friends, family, and who included you in their wedding, choosing a wedding party can often be difficult. Here are some ways to make it easier:

**1. Family first:** Start with the people with whom you are closest. They don't necessarily have to be biologically related to you to feel like family.

**2. The type of wedding:** Do you want a large wedding or a small one? If you choose a small wedding, then the wedding party should also be minimal.

**3. The weddings you have been in:** Just because you were in someone's wedding doesn't mean you have to ask them to be in yours. But, you can give them extra consideration.

**How big of a wedding party do you plan on having? Share your ideas below.**

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## **The Reason ‘Bachelorette’ Ali**

# Fedotowsky Delayed Her Nuptials to Roberto Martinez



Ali Fedotowsky is happy with her recent decision to delay her wedding to Roberto Martinez. According to [UsMagazine.com](http://UsMagazine.com), the couple was engaged in May of 2010 and one of the main reasons for putting off the nuptials was that her knee surgery in July, which made Fedotowsky unable to hit the gym. She wants to get in some good gym time before the big day ... and she'd also like to walk (instead of hobble) down the aisle. Though the couple aren't in a rush to get married, there could perhaps be a wedding next summer.

**What are some good reasons to put off your wedding for the time being?**

## Cupid's Advice:

In our society, people often feel pressured to get married quickly, but that isn't always the best course of action. Here

are some good reasons to postpone your wedding:

**1. You're not ready:** If you're really having doubts that go beyond cold feet, it's okay to wait to get married. Being absolutely sure is the most important thing.

**2. The kids:** If you have young children that don't fully understand what is going on and what the changes in your life mean for them, you might want to wait a little longer.

**3. Money issues:** If you find that you can't afford your original plans, which is very common in this economy, take a step back and regroup.

What are some other reasons to put off a wedding? Share your thoughts below.

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## Susan Sarandon Says Her Son-in-Law To-Be Is 'Fabulous'





Susan Sarandon is excited about daughter Eva Amurri's engagement to the "fabulous" Kyle Martino. The proud almost mother-in-law is not taking part in the wedding planning, however. Sarandon told [People](#) that Amurri is "very smart and very organized" and that she "trust[s] her judgment." But that doesn't mean she's not assisting in other ways, from finding the right cake topper to advising Amurri on her gown.

**What do you do if your parents don't like the person you're going to marry?**

### **Cupid's Advice:**

Not all of us have mothers who, like Sarandon, would use the expression "fabulous" to describe our spouse-to-be. In fact, many of us have probably been in the situation in which our parents disapprove. It's a difficult place to be in, but Cupid has some advice:

**1. Get them to talk:** First of all, you need to figure out why it is that your folks disapprove of your spouse-to-be. Is it because they don't think he or she is good enough for you? Is it simply because they're afraid of losing their child? If you sit down and have a word with them, at least you'll have

something to work with.

**2. Talk to them:** So you've given them their chance to explain themselves. The floor is now yours. Tell your parents that you love your partner and want to be with him or her. Show them that the relationship makes you happy and you hope that they can be happy for you. Talking about it directly will make it easier for them to accept the marriage.

**3. Be patient:** Your folks may be disapproving for the time being. That said, be patient. Allow them to get to know your partner better and find common points of interest. Often times, our parents may feel an overprotective instinct toward our suitors because they perceive them as potential threats. With time, they may become more welcoming and let your partner into their hearts.

**Do your folks disapprove of your fiancé? Share your story below!**