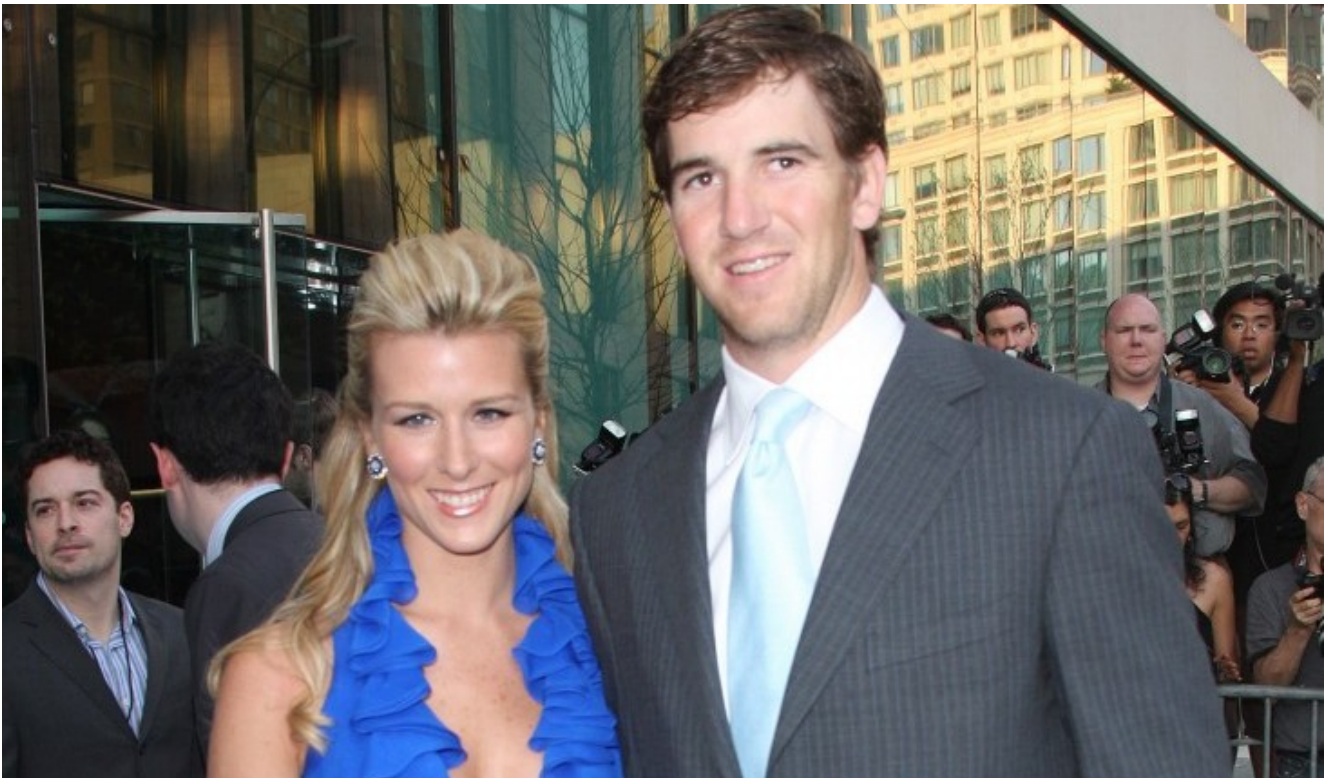


# Celebrity Baby: Eli Manning Prepares to Welcome a Second Child



By Meghan Fitzgerald

[People](#) confirms that the New York Giants quarter backer, Eli Manning, and wife Abby are expecting their second child in June! Their second child will be a sibling to their first child Ava Frances, 2. Manning told [UsWeekly](#) that him and wife of five years are so excited for the new addition to their family!

**How do you prepare for a second child versus the first one?**  
**Cupid's Advice:**

Having children in general will be one of the most stressful

time in your life. Yes, they're cute, you created them, you love them. However, at one point or another you will wonder why you thought it was a good idea to have kids. This is not in any sense a horrible thought, it is a process of parenthood. After you have the first child, you need to prepare differently if you plan on having another one. Cupid has some advice:

**1. Sleep schedule:** With having one child, you are completely aware that your sleep schedule is not the same as it used to be. However, it will change even more when you welcome a second child. You need to make a schedule of your work, your partner's work, events that the both of you have, and when you will be able to sleep in between all of it. Yes, you will not get as much sleep as before however if you map it out, it will be much better!

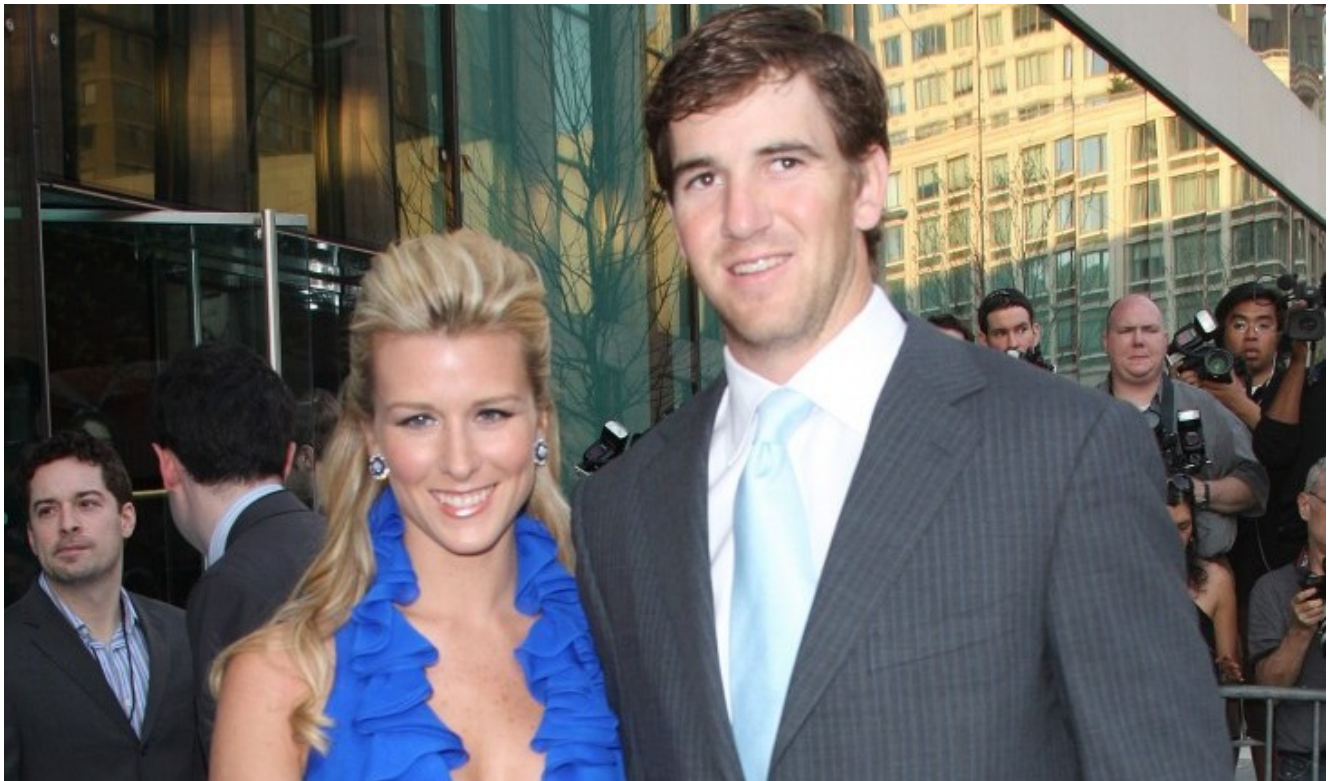
**2. Communication:** You need to communicate with your mate about your relationship, and your children. Mostly about your relationship. With two kids, you and your relationship will not be the spotlight of your lives. Your children are now your sole responsibility, and you and your mate's relationship may suffer. Your relationship will succeed if you both communicate with one another. Your feelings, emotions, opinions, anything you're thinking.

**3. Organization:** You will soon have two children and you need to organize your time. It is necessary to schedule your own time, and time with your partner. You need to make sure you and your mate have time together in your soon to be busy schedule. Organize when you have time to food shop, to pamper yourself, to take your kids to the doctors, and all other important events in your life.

**How did you prepare for your second child? Share your ideas below.**

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# Celebrity News: Judd Apatow Feels Bad for Wife Because He's a 'Disgusting Man'



By Meghan Fitzgerald

Judd Apatow, 45, writer, co-producer, and director of *This is 40*, said he sees himself in his characters Paul Rudd, and Leslie Mann. Apatow and Leslie Mann, a real life married couple know the dilemmas of marriage. Apatow talks with [People](#), stating that he “Relate[s] to just being a disgusting man and feeling bad that my wife even has to be around.” Even after problems after a 16-year relationship, the

couple remains in love with each other, and loves working together more than anything.

**What are some ways to bridge the gap between genders in your relationship?**

### **Cupid's Advice:**

From the beginning of time, men and women have been looked at as two different people, not equals. This is present in relationships, the strong gap between men and women. It is commonly said that men make more money than women, that men are more responsible, that they're the 'man of the house.' Problems and trouble loom from these accusations. Cupid has some advice on how to keep this out of a relationship:

**1. Respect:** With genders in a relationship, each person needs to respect the other. Even if the man makes more money than the women, he needs to respect that he does not have all the power. Money or power does not show that one is better than the other. Also, women need to respect that men try their best to balance work and their [family](#). Although this may not always be the case, women have to be aware that their partner still loves them.

**2. Communication:** Communication is necessary in every relationship. If a problem arises from a gender gap in your relationship, you need to be able to talk to your mate about it. If you both keep your feelings and opinions bottled up, it will not go well. If you feel a gap emerging in your relationship, talk about it! Talk through what your thinking and the relationship won't have any flaws.

**3. Love:** Love needs to be present if a gap has bridged in your relationship. It is easier to communicate and respect your partner of the opposite sex if love is present. Relationships are supposed to be full of laughter, lust, and love! This only happens if you and your beau both ignore genders in a

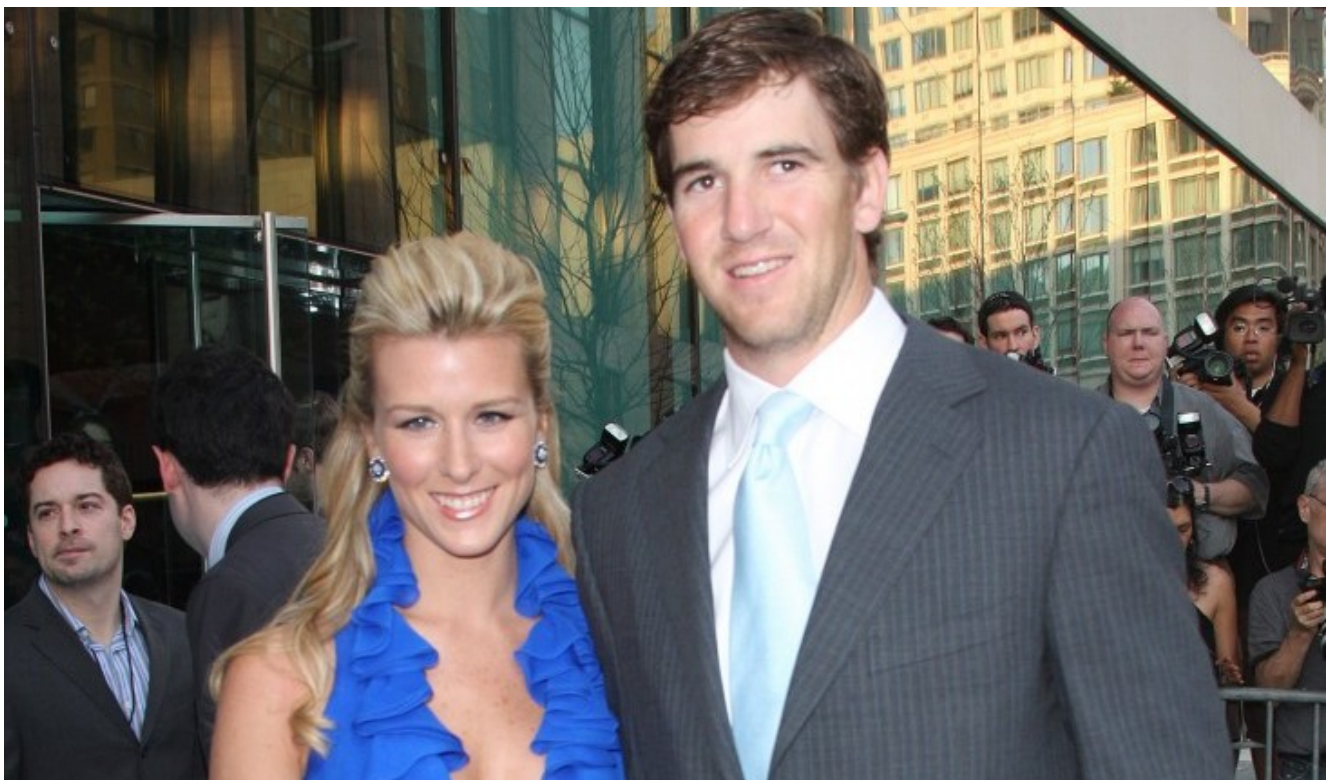


relationship. So go out and love your mate, ignoring any difference of gender!

Have you ever bridged a gap between you and your partner because of gender? Explain below.

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# Expert Dating Advice: What Beyoncé's Body Language Says About Her Love for Jay-Z



By Jared Sais

Beyoncé and Jay-Z have one of those rare celebrity

relationships that seems like the real deal. In this candid chat with Oprah Winfrey on *Oprah's Next Chapter*, the pop superstar opens up about their four-year marriage, divulging never-before-shared details about their union and family life. CupidPulse.com's celebrity detective is here to reveal some non-verbal cues that you may have missed – and to determine if their love will last.

**(0:18)** Beyoncé says, “I would not be the woman I am if I didn't go home to that man.” She uses her fist to help highlight her feelings for Jay-Z. You can take her closed fist to represent her husband being her rock. Even her voice starts to crack, indicating strong emotions about their relationship.

**Related Link:** [Beyonce Hugs Jay-Z After Super Bowl Halftime Show](#)

Many of you may be thinking that a closed fist means anger, but if you look closely, you will clearly see that her fist is more of a political pointer. Bill Clinton did this gesture a lot when he wanted to emphasize a point to the public. So she's not angry; she's “crazy in love” with her man!

**(0:29)** Oprah asks the singer, “How has he helped you?” Beyoncé's head does a slight rollback as her eyes widen and her eyebrows rise. Together, these three non-verbal expressions mean that Jay-Z has always been there for her, supporting her in so many ways. When someone gets overloaded with information or feelings, they tend to have this reaction. It's important to note that Beyoncé was not overloaded by the question but by the numerous ways that Jay-Z has helped her throughout the years. Then, to confirm my analysis, she answers Oprah's question by stating “on so many levels.”

**(0:46)** When talking about her relationship, Beyoncé explains that it's nice to “just have someone you just like, you know?” She leans in towards Oprah to stress the significance of Jay-Z in her life, not only as a lover but as a friend too. She then

confirms her feelings by nodding her head “yes” as her hands hit her leg – another way to emphasize her words. All of these are non-verbal cues that I look for to determine if someone is telling the truth.

**Related Link:** [Beyonce and Jay-Z Sing Coldplay Song to Each Other in Her Documentary](#)

Throughout this interview, the entertainer didn’t tell any lies or try to hide anything from the viewers. It’s easy to see that she truly loves Jay-Z and is grateful for their life together. I think this couple will last a very long time, if not forever.

As a side note, I also believe that Beyoncé is pregnant again. She guards her stomach with at least one hand throughout the interview and also talks in a very soft voice. I would say she’s glowing, but she’s always glowing, right? I think it’s a post-Super Bowl baby, so I expect her to make the big announcement in about six months when she’s in Brooklyn on tour. Keep your eyes open to see if I’m right!

*Jared Sais is co-author of the website The Non-Verbal Game, where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.*

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## **Celebrity News: Katie Holmes Says She’s ‘Open’ to Having**

# More Kids



By Meghan Fitzgerald

The beautiful, single actress, Katie Holmes, 34, has her life entirely wide open. After separating from her ex, Tom Cruise, she has made her way to the cover of *Allure*. Although the two remain civil, reports [Huffington Post](#), Holmes hopes this upcoming year will be a peaceful one. The April issue of *Allure* discusses Holmes's future. [UsMagazine.com](#) reports that Katie Holmes is open to having more children! She's even considering becoming a lawyer! You go Katie.

**How do you decide how many kids to have?**

**Cupid's Advice:**

Kids are great, they're funny, they love you, you love them,



you created them, they're your world. However, there is a certain amount of children one couple should have. The Duggars decided that they want a trillion kids, and it works for them. The big deal here, is what works for you and your partner. Cupid has some more advice on this:

**1. Personal:** Deciding to have children is a joint effort, between you and your mate. If it wasn't, you could have as many kids as you damn please. However, this is not the case, and you have another person you have to communicate with. When deciding whether or not to have more kids, or kids in general, think about your relationship with your partner. Can they handle one kid, three kids, six kids? Can you deal with your partner as a parent? Can you be a parent with six kids? Three kids? One kid?

**2. Financial:** Kids are expensive! And not just a few paychecks here and there, try almost something from each paycheck. The more children, obviously more of your paycheck goes. Can you and your beau handle two children with your current financial situation? Make sure you are able to balance your children's lives, and your bank accounts. As much as you may want to have more kids, you need to keep reality in check.

**3. Medical:** I know many people who were told they could not have any more children, that it was a serious danger to themselves and the doctor didn't advise it whatsoever. Yes, having a lot of children is great for you and your kids. However, you can not put yourself in jeopardy medically. Your kids need a mother, and that is that. Do not go for another child if your life is on the line.

**Did you decide to have more kids? Explain below.**

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# 'Survivor' Champion Kim Spradlin Marries Barefoot in Mexico



By Andrea Surujnauth

*Survivor* winner, Kim Spradlin, tied the knot with her fiancé Bryan Wolfe. According to [People](#), the couple opted for an intimate wedding ceremony on a private beach in Cabo San Lucas, Mexico. "We chose a private beach near our hotel," Spradlin told *People*. "It's by a cove. I just wanted it to feel very organic and natural." The guest list was comprised of about 30 of the couples' closest friends and family. The blushing bride attended the ceremony in a beautiful Catherine Deanne and her bare feet. "It fits with the vibe of Cabo," she said, "and what I wanted for the wedding." The reception was

also held on the beach where the guests ate sea bass as they sat around a campfire. "I wanted the whole thing to feel like a really cool party. I didn't want people to sit down and feel like they had to mind their p's and q's. So I got a cool band and lanterns, and we just spent the day with people who are important to us. I am so happy that I could be surrounded by the people I love."

**What are some advantages of a tropical wedding?**

### **Cupid's Advice:**

Planning a wedding can be stressful and confusing. So many details to be put together and so many options to choose from! Cupid is here to help you out by telling you some advantages of throwing the traditional wedding out the window and opting for a tropical wedding instead:

**1. Easy planning:** When having a beach wedding, there is no need plan the location and decoration of a hall. The beach is naturally beautiful so there is minimal decorating necessary. A beach wedding is also more casual so there are less details that need to be perfected.

**2. More time:** When having a beach wedding, there is no set date that you need to be in and out like with a hall. You have more time to spend celebrating with your guests having a good time.

**3. Money:** With a beach wedding, the greatest advantage is the amount of money that is saved. Intimate weddings involve less people, less planning, less details, and less stress, which leads to less expense. And who wouldn't love to save a few extra bucks while still having a wonderful time?

**What do you think some advantages to a tropical wedding would be?**

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# Celebrity News: Gwyneth Paltrow Speaks Out About Miscarriage



By Jessica Conigliaro

Oscar-winning actress Gwyneth Paltrow recently opened up about the miscarriage she experienced in recent years. She says she got through the tough time with support from her loving husband and Coldplay rocker Chris Martin, [UsMagazine.com](http://UsMagazine.com) reports. "We are committed co-parents, we make all the decisions together and lean on each other for support," Paltrow says. "[Chris] is so good to the children



and to know that you had kids with such a good man is a real weight off you.”

**What are some ways to help your partner get through a tragedy?**

### **Cupid's Advice:**

If your partner is experiencing a tragedy, you undoubtedly want to show your support. He has always been there for you and now's the perfect time to return the gesture. Cupid offers some advice on ways to comfort your man during his rough patch:

**1. Be there for him:** Your boyfriend just heard the news of his grandfather's passing. He of course is upset and overwhelmed after finding out. Show your support by accompanying him to the wake and funeral. Your partner will take notice of your constant presence and will be reminded that he's not alone.

**2. Help them cope:** When someone you love is going through a difficult time, you may feel the need to help them through it. If your partner just found out his favorite uncle is passing away, suggest visiting him in the hospital to say his final goodbyes. Your boyfriend will feel better knowing he got to see his uncle one last time. Find ways to ease your love's mind during a tragedy. They will appreciate your compassion during their rough time.

**3. Give some space:** During sad times, it is often in our nature to want to be alone. If your partner seems a bit distant from you and is avoiding eye contact, don't take that as a bad sign. Some men are embarrassed to cry in front of others, but they still need that emotional release. Tell your boyfriend you are going to the food store and slip away for a few hours. He may just need the house to himself in order to grieve in his own way.

**How do you comfort your love during a tragedy? Share with us**

below.

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# Celebrity News: Cindy Crawford Blames Her Divorce From Richard Gere On 17-Year Age Gap



By Meghan Fitzgerald

[UsMagazine.com](http://UsMagazine.com) reported that although Cindy Crawford and Richard Gere's relationship didn't last, Crawford learned a lot of lessons from the four-year marriage. On March 11th,

Crawford was on *Oprah's Master Class*, discussing how their 17-year gap was the largest problem in their relationship. The [New York Post](#) reports Crawford's appearance on *Oprah*, "I think a lot of what happened with Richard and I was, I was still 22 and at 22 – as a young woman – I was kind of still figuring out who I was and what I wanted to be and he was already 37." The two are now happy, with children.

**How do you know if an age gap in your relationship will affect it in the long-term?**

### **Cupid's Advice:**

Age gaps in relationships can cause a myriad of problems, especially in the long term. It can also be a fresh thing between you and your mate. Depending on your personalities, the age gap, how comfortably you are with each other and what not, the relationship can last. Cupid has some advice on how this gap will affect the long term:

**1. Emotional maturity:** Emotional maturity is an aspect you want in a relationship if a age gap is present. You do not want twelve years between one another and the younger person acting immature and their own age. If you are going to be with this person for the rest of your life, they have to be able to keep up with you emotionally. If this is not a possibility in the beginning, it may challenging to make it for the long haul.

**2. Similarities:** Similarities are usually what brings a couple together in the first place. They should still be present throughout the relationship if there is an age gap present. You and your mate will not make it if you have absolutely nothing in common because of your age. If your music, humor, morals, or anything important are vastly different; consider getting yourself out of the relationship and move on.

**3. In sickness and in health:** If the age gap is not a problem

until after the wedding, well ladies and gents, just remember 'in sickness and in health.' Although divorce is common amongst many couples these days, you should resort back to the vows you took as a couple. If you have already reached the marriage stage, technically you've reached the long term, and simply are just going to have to deal with it day by day.

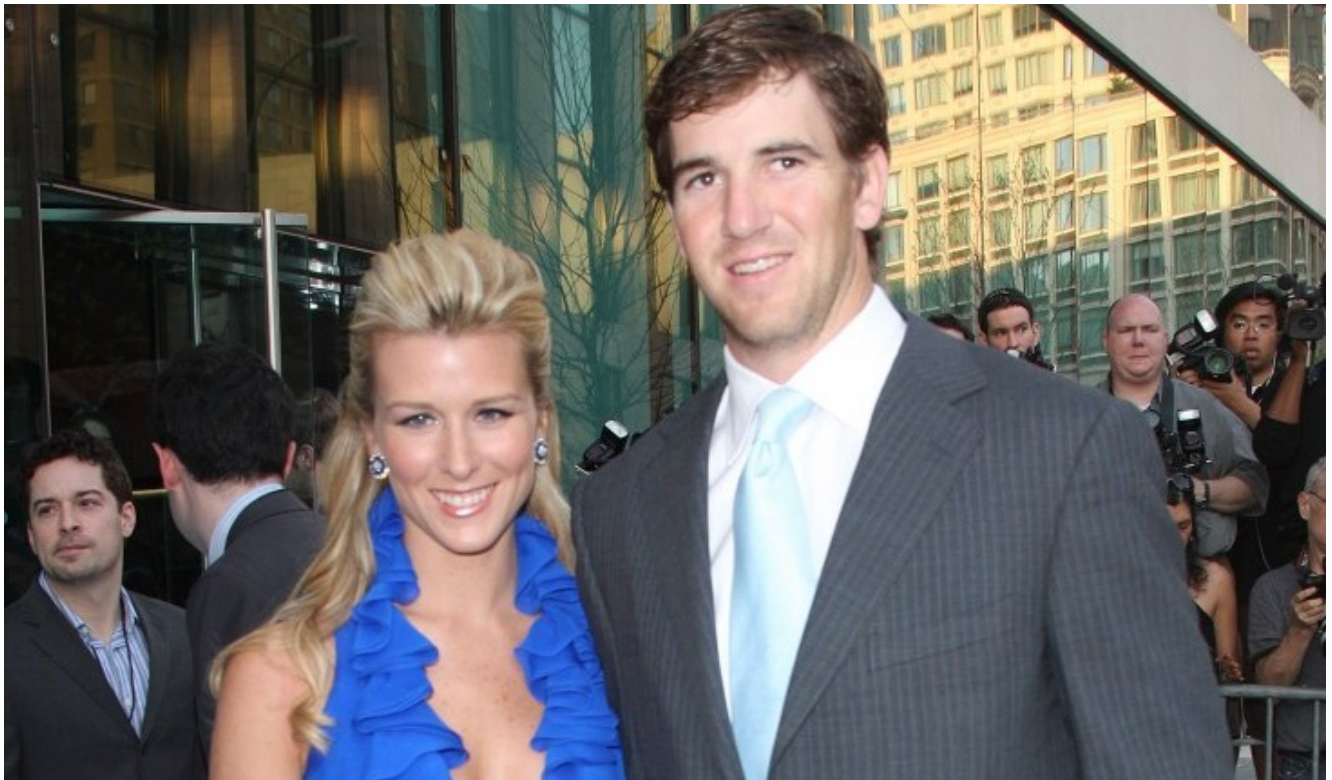
**Has a age gap affected your relationship in the long haul? Explain below!**

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## **'Bachelor' Sean Lowe Says He Won't Invite Emily Maynard to His Wedding**







By Meghan Fitzgerald

*Bachelor*, Sean Lowe, and bride-to-be, Catherine Guidici announced their plans to say 'I do' very very soon! [UsMagazine.com](http://UsMagazine.com) reports how Lowe will most likely not be inviting Emily Maynard to their dream wedding. Although he still likes and respects Maynard, he doesn't think it is appropriate for her to be invited. The happy couple stated that they will get married on TV, [Hollywood Life](http://HollywoodLife.com) reports. The two continue to plan their wedding as they move on with their lives!

**What are some things to consider about inviting your exes to your wedding?**

### **Cupid's Advice:**

Inviting your exes to your wedding is never, and I say never, an easy thing to do. What if you rekindle love? What if they try to ruin your dream day? What if your groom and your ex get into a fight? The questions are endless for brides considering inviting their exes to their weddings. Cupid has some advice on this:

**1. Danger:** Inviting your ex to your wedding will cause danger. However much you preach on their changed ways, or how civil you guys are; there will always be a slight bit of chaos. Seeing your ex at your wedding is not something you exactly want to do, you may think at the time it is a great idea however, at the wedding, it is not. Feelings can be brought back up with the sight of them, you could say something inappropriate. Just make sure you know inviting your ex has danger written all over it.

**2. "Just friends":** In all honesty, after you have had sex with another person, you will never be 'just friends' again. It is proven so. Especially if this person was of a romantic value. This being said, you and your ex will never be 'just friends.' Stop thinking it is possible, and just realize that it is not! The sooner you realize you two can never be friends again, the sooner you'll realize that you probably shouldn't invited them to your wedding.

**3. Showing off:** Alright ladies and gents, did your ex drive you crazy, humiliate you, break your heart and step on it? Are you now happy and wish to show that son-of-a-bitch how better off you are without them? If you are answering yes to all of this, than you are relatively right for considering inviting your ex. You are going to get married, why not rub some salt in the wounds of your ex? Have fun!

**Have you ever invited your exes to your wedding? Share your experience below.**

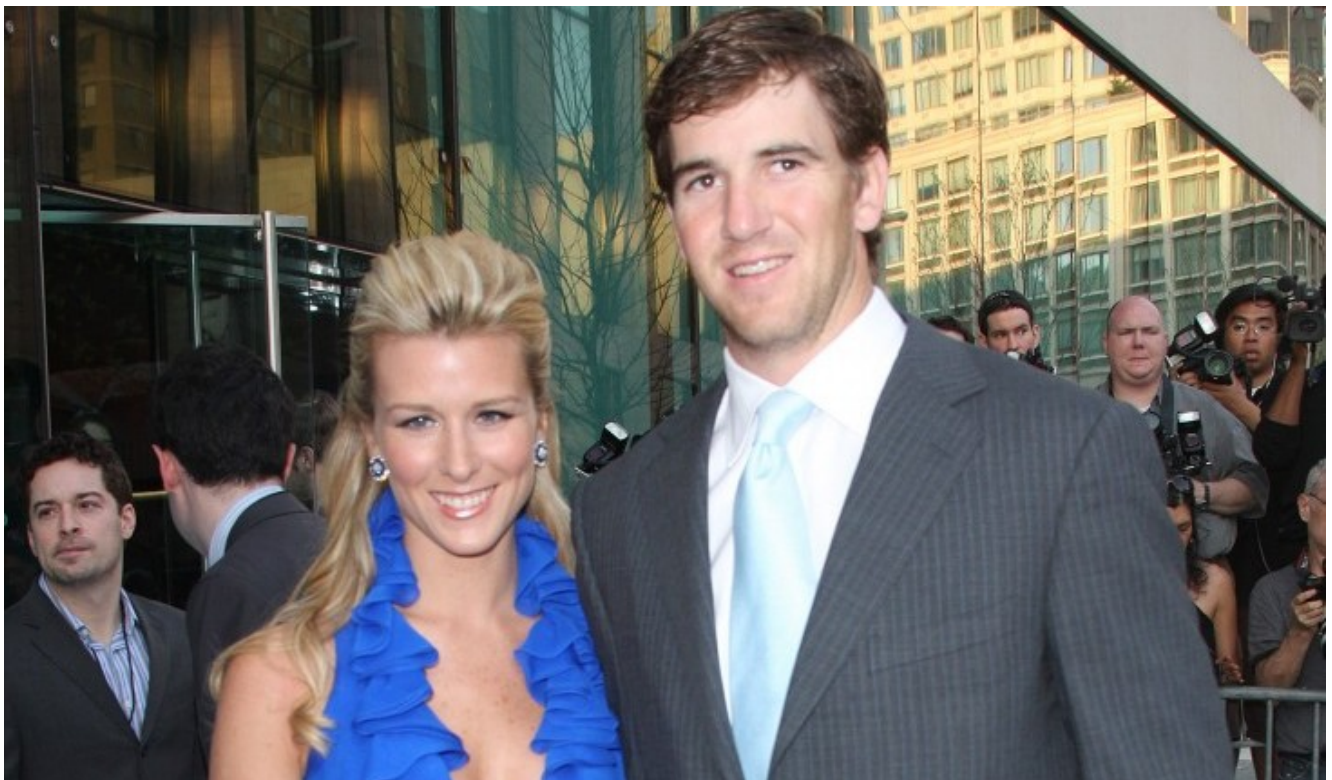
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**Celebrity**

**Mom**

**Jillian**

# Michaels Admits It's Hard to Balance Workouts and Motherhood



By Meghan Fitzgerald

Jillian Michaels and girlfriend, Heidi Rhoades, are busy balancing their two kids, daughter Lukensia, 3, and son Phoenix, 10 months. Jillian Michaels spoke with [People](#) and said, "I get up at 7 a.m. – after being up all night with the baby – and run around trying to get both kids diaper-changed, dressed and fed. Finally I'll shower, and before I know it, I've got 50 emails to answer, and I need to leave for work." She told [Fitness Magazine](#) that women need to workout whenever they can ... and realize that every decision counts.

## **What are some ways to balance being a parent and staying healthy?**

### **Cupid's Advice:**

Being a parent requires the majority of your efforts, sanity, and time. Staying healthy is challenging to balance with all the duties of being a parent. Teetering weight watchers meetings and diet plans as you organize your child's lunch and school plan is hard! It is not in any sense easy to do. Cupid has some advice on how to balance this:

**1. Schedule:** Scheduling is fun ladies and gentleman! It may be stressful planning out, organizing your events and divvying up your time however, the inevitable return is great. Scheduling your weeks, or months out will give you a stressful life in the end. If you schedule out your time, you will be able to schedule gym time, meals for the upcoming weeks. It is easier to stay healthy if you schedule out your life.

**2. Communication:** Staying healthy requires to give yourself some time. Obviously this time was once devoted to your child or children so you need to communicate with your partner about your temporary absence. Your mate will have to fill in your spot as you attend dieting meetings or spending time at the gym. If you are working out at home, this will not be a problem. However, as most people go to the gym, you will need to talk to your beau.

**3. Discipline:** Discipline ladies and gentlemen is more than important to stay healthy when you're a parent. If you have plans to go to the gym with your girlfriends, yet don't want to go, make yourself go! You need to make sure you stick to your decision because you may not get that time again. Your children requires a lot of time from you and you can't waste your time already planned.

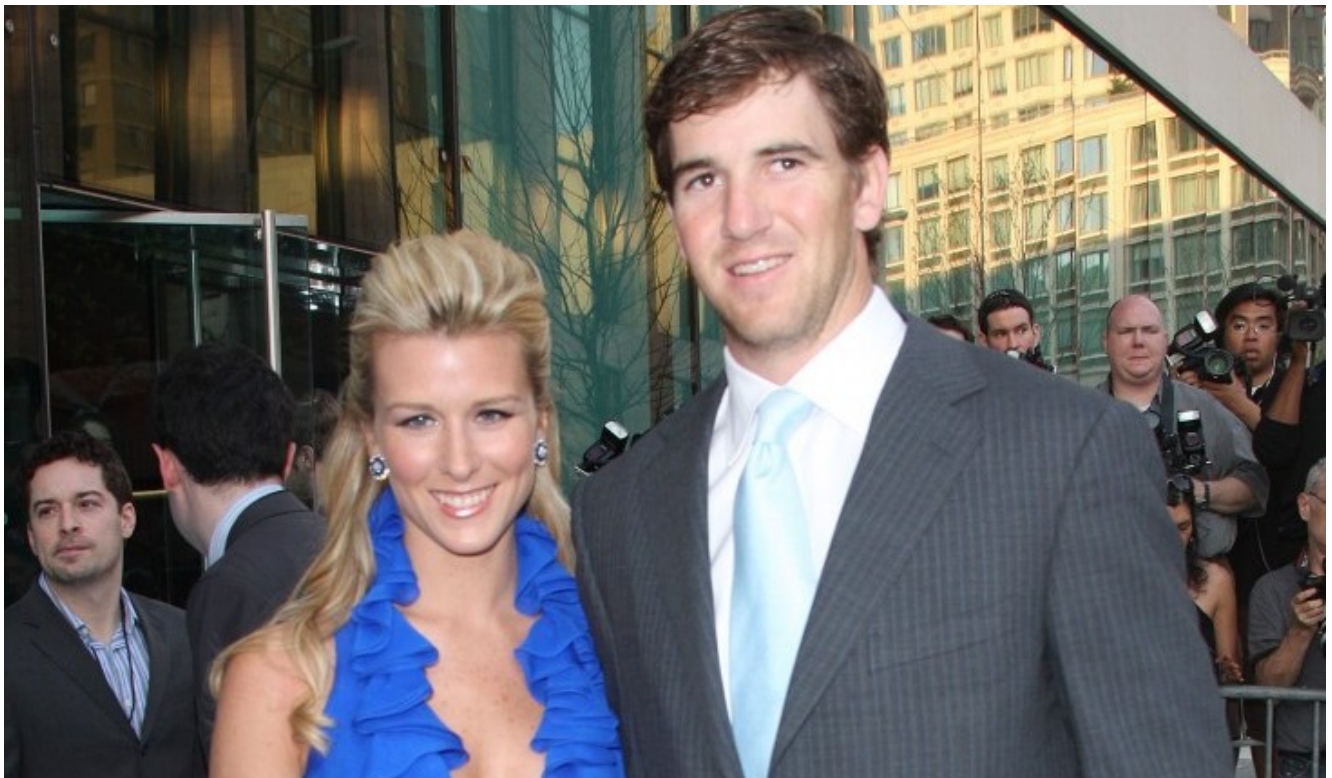
**How do you balance being a parent and staying healthy? Explain**



below.

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# Celebrity Mom Melissa Joan Hart Says Her Husband Is Worse Than Her Kids When Sick



By Andrea Surujnauth

Melissa Joan Hart, star of the hit show *Melissa and Joey*, had a house full of sick patients this month. Her three sons Mason, 7, Brady, 5, Tucker, 5 months, and her husband all had the flu. According to [People](#), Hart admitted that her husband,

Mark Wilkerson, was the hardest patient to deal with. “Kids bounce back like that. Men ... not. You’d think that no one had ever been sick before!” said Hart. Surprisingly, Hart did not get sick at all. “You’re the mom. You gotta clean it up and keep going. You’re not allowed to get sick. You do not get sick. Especially when you’re working, too.”

**How do you show you care when your partner is sick?**

### **Cupid’s Advice:**

So your sweetheart is sick. What should you do? How do you show your beau that you care about them and want them to get better? Cupid has some advice for you:

**1. Be their doctor:** When your honey is sick, be their doctor. Tuck your partner into bed and give them their medicine. Check their temperature and make sure they get their rest. They will not only get better faster but they will love the attention that they get from you.

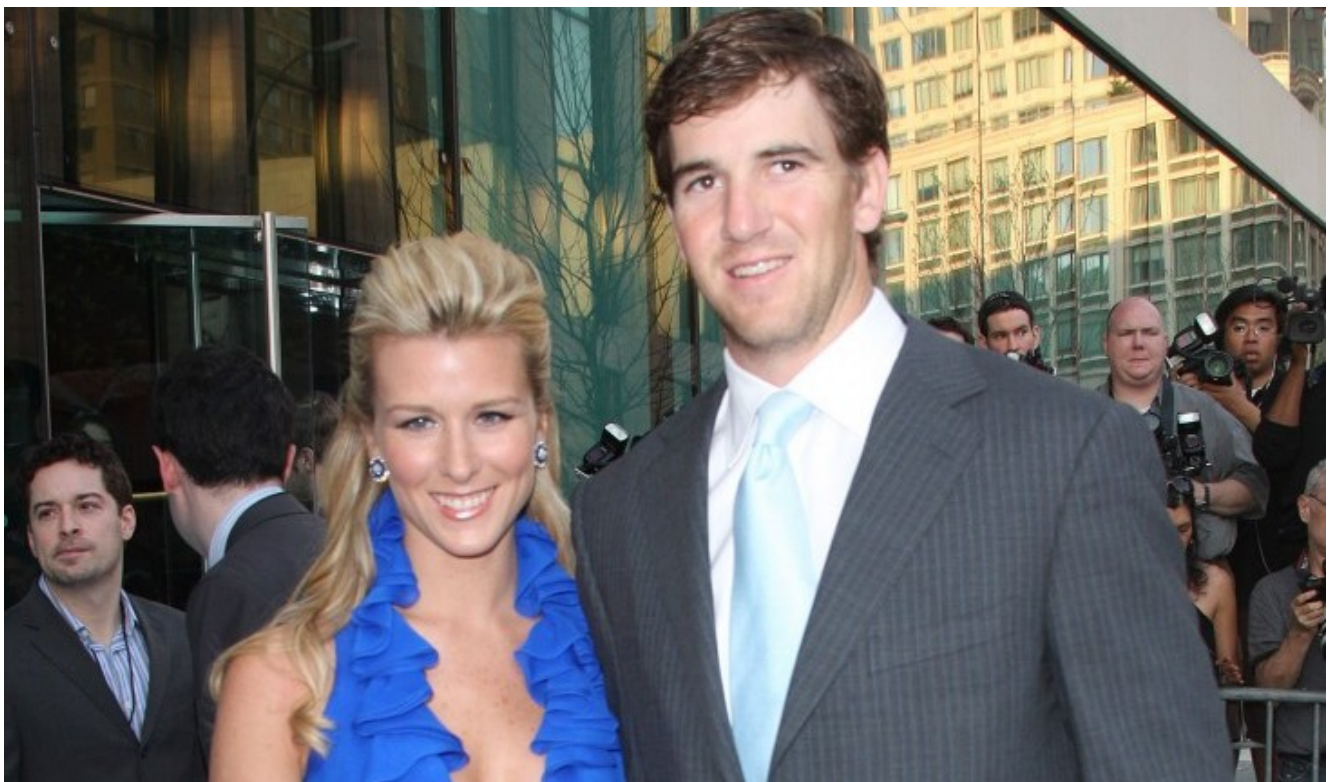
**2. Make some home-made soup:** When your beau is sick, a great way to help them feel better is to make them some home-made soup. Your partner will appreciate all the effort you put into helping them feel better and when sick, what could possibly be better than a big bowl of hot soup?

**3. Keep the kids quiet:** If you have kids, the best thing you can do for your sick partner is to keep the kids from bouncing off the walls. This way your sweetie will be able to get all the rest they need and they will definitely appreciate you for that!

**How do you show your partner that you care when they are sick?  
Comment below and let us know!**

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# Why 'The Bachelor' Sean Lowe and Bride-to-Be Catherine Giudici Are Waiting for Marriage



By Andrea Surujnauth

*The Bachelor's* Sean Lowe and Catherine Giudici are excited to finally be public about their love for one another. "I'm just so excited that the secret is out," says Lowe. After having a romantic proposal in Thailand on national television, Guidici is happy to get the chance to be in a normal relationship with

her man. "Now, we can be a normal couple and hold hands in public!" she exclaims. However, as excited as they are to be together at last, [People](#) reported that the two are waiting until after they are married to be intimate with one another. "From my perspective, I've lived life kind of selfishly for a long time. Now, I'm going to try to live it the way I know to be right." says Lowe who is a born-again virgin and a conservative Christian. How does Giudici feel about this? "I honor him," she says. The two will be tying the knot on national television for an ABC special.

**What are some ways to know your values match with your partner's?**

### **Cupid's Advice:**

Having the same values as your partner is a good sign that the two of you will have a long lasting relationship together. But how are you supposed to know whether the two of you have the same values? Cupid is here to tell you:

**1. Religion:** Having a partner that has the same religious beliefs as you is a good way of being sure that they have the same values as you. Even if the two of you do not have the same exact religion, you and your beau could still have the same values if you both hold your religions close to your heart or if you both don't believe in religion at all.

**2. Family:** How your partner treats his family is a great way of knowing whether or not the two of you have similar values. If your sweetheart loves their parents and keeps them close, then you have a family person on your hands. Are you the same way? Then you two have similar family values which is important if your planning on getting married.

**3. Money:** Do you and your sweetie have the same values when it comes to money? If your beau buys whatever makes them happy at the moment or spends paychecks on luxury items, be sure that



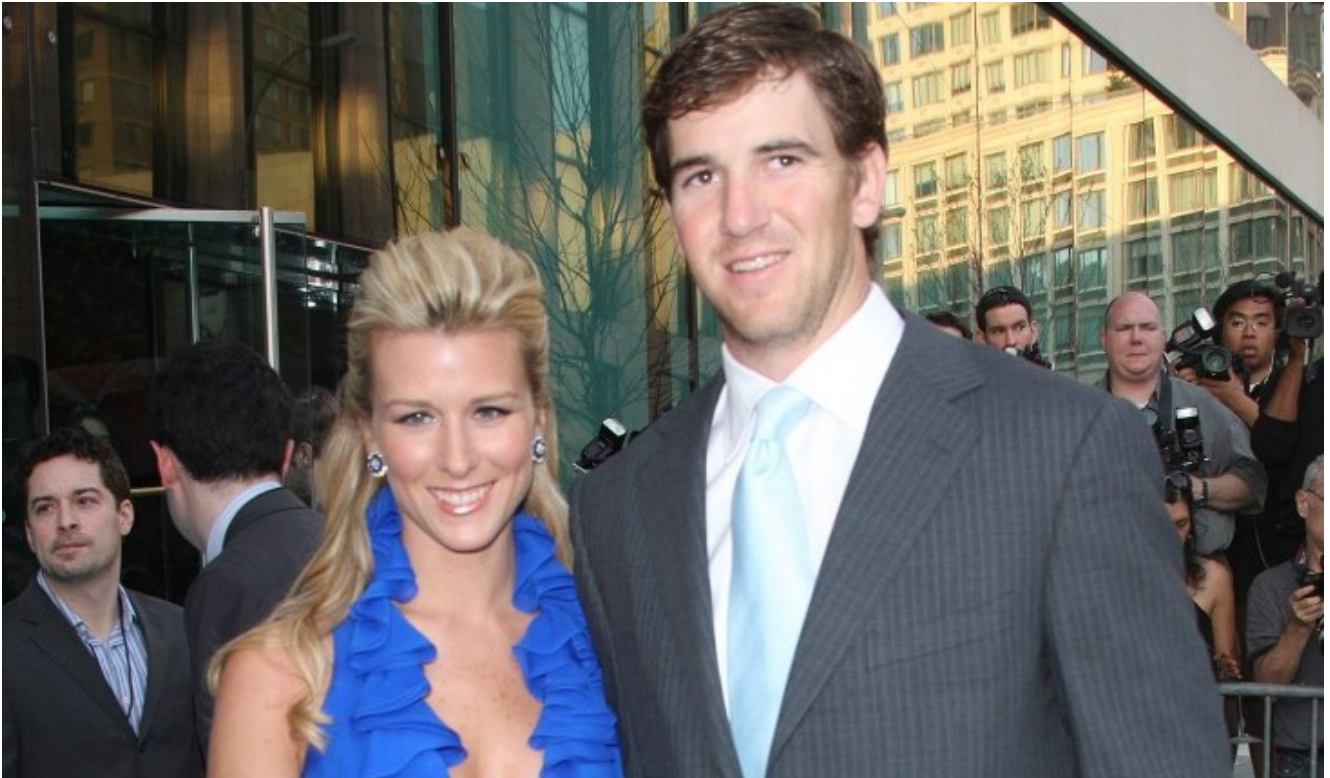
you have the same lifestyle. If you are a big money saver, then you two do not have the same financial values. Be careful, you do not want to spend your lifetime fighting with your partner over money.

How do you tell whether or not you and your partner have similar values? Comment below and let us know!

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## **Celebrity Couple: Scott Disick Upsets Kourtney Kardashian with Comments About Post-Baby Weight**





By Meghan Fitzgerald

Scott Disick is up to his usual nonsense yet again. While the beautiful Kourtney Kardashian is shaping herself up for this summer's bikini season, boyfriend Disick, is attempting to speed up the process. On the latest episode of *Kourtney and Khloe Take Miami*, Kourtney stepped on the scale weighing a tiny amount of 115 pounds. [UsMagazine.com](http://UsMagazine.com) reported that Disick continued to say "Do you know what you're supposed to weigh for your average weight for your height?" [Los Angeles Times](http://LosAngelesTimes.com) describes how Disick told Kourtney 93 pounds is the "dream" weight. She then broke down to tears, saying she wanted to do it the healthy way. Good for you Kourtney, stick up for yourself in this relationship!

**What are some ways to stay in shape as a couple?**

### **Cupid's Advice:**

Staying in shape as a couple is both a physical and a mental obstacle. It is essential to keep healthy, diet, and keep the communication strong as you continue on with your relationship. Although it may be challenging to stay in shape

due to you and your mate's schedules however, it is manageable. Cupid has some advice on how to do this:

**1. Yoga:** Yoga is a mental and physical activity. It obviously exercising your body, leaving you in shape, toned, and leaving happy. It also keeps your mind aligned. Keeping you in balance with the nature and your thoughts. Doing this activity together as a couple will keep you both synced together in the relationship. It also assures that the two of you will stay in shape both physically and mentally.

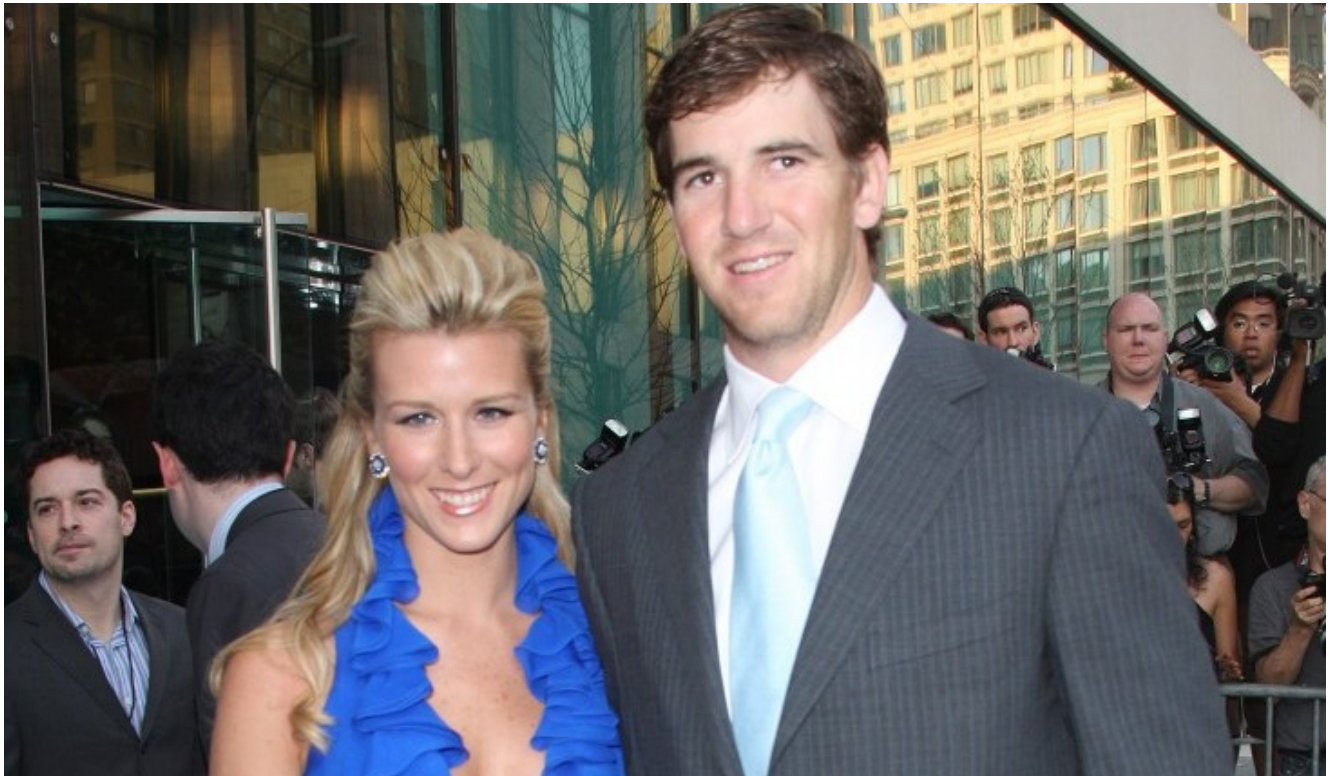
**2. Dieting:** Keeping your diet healthy obviously keeps you healthy. Not only does it keep your body in tuned however, you mind becomes clearer, more sharp and alert. By fueling your body with healthy items, you overall become healthy. Dieting is a great thing to do when you're in a relationship, the two of you can keep watch on each other. Also, it gives you slight motivation on who can get fit the quickest, or whose losing the most weight. Go on and buy those veggies!

**3. Outdoors:** Going outdoors, whether it be hiking, fitness walking, or what not; it kicks your butt in shape. Hiking especially keeps your mind body, and spirit aligned. It tones your legs, your arms. It decreases your stress and anxiety, it strengthens your skill and ability. Fitness walking is more for the average person. Hiking requires strong endurance, and motivation. Fitness walking can be kicked up with hills, pushing around a stroller if you have kids. Either way you and your partner are getting in shape!

**How do you and your couple stay in shape? Explain below!**

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# 'The Bachelor' Sean Lowe Chooses His Bride-to-Be



By Meghan Fitzgerald

This past Monday, *The Bachelor* hunk, Sean Lowe, proposed to the goofy yet beautiful graphic designer, Catherine Giudici, 26. [People](#) reports that the last episode took place in Thailand filled with romantic dates and the final two both meeting Lowe's parents. The emotional season came down to one girl, Catherine. [E! Online](#) announced that very shortly after Lowe proposed, Giudici jumped to Instagram to post a picture of the 3 carat Neil Lane engagement ring. The couple have not set a date, but plan on marrying very soon!

**How do you know if your partner is 'the one'?**

## **Cupid's Advice:**

In many relationship cases, you may think 'the one' appears. There are numerous ways to determine whether or not your partner is 'the one.' Although this process can be excruciating it is worth it in the end to determine if you have found the person you will spend the rest of your life with. Cupid has some advice on your partner being 'the one':

**1. Love:** Are you willing to jump in front of a bus for your partner? Put aside the exaggeration, and focus on the things you are willing to do for your partner because you love them. Love is one of the easiest ways to determine if your partner is 'the one' or not. Depending on what type of love it is, it could be for the long haul. This 'the one' love needs to be constant, painful, hopeful, passionate, frustrating love. It needs to make you want to rip your hair out because you love your mate so much.

**2. Treats you right:** It is necessary for you partner to treat you right in general. It is especially important for your beau to treat you like a princess if you consider him 'the one.' Ask yourself a few questions on how your partner treats you. Do they kiss you gently, tell you how much you mean to them, do they do chores, celebrate anniversaries birthdays, sacrifice their weekends for family events? You need to make sure the relationship is filled with your mate treating you more than right.

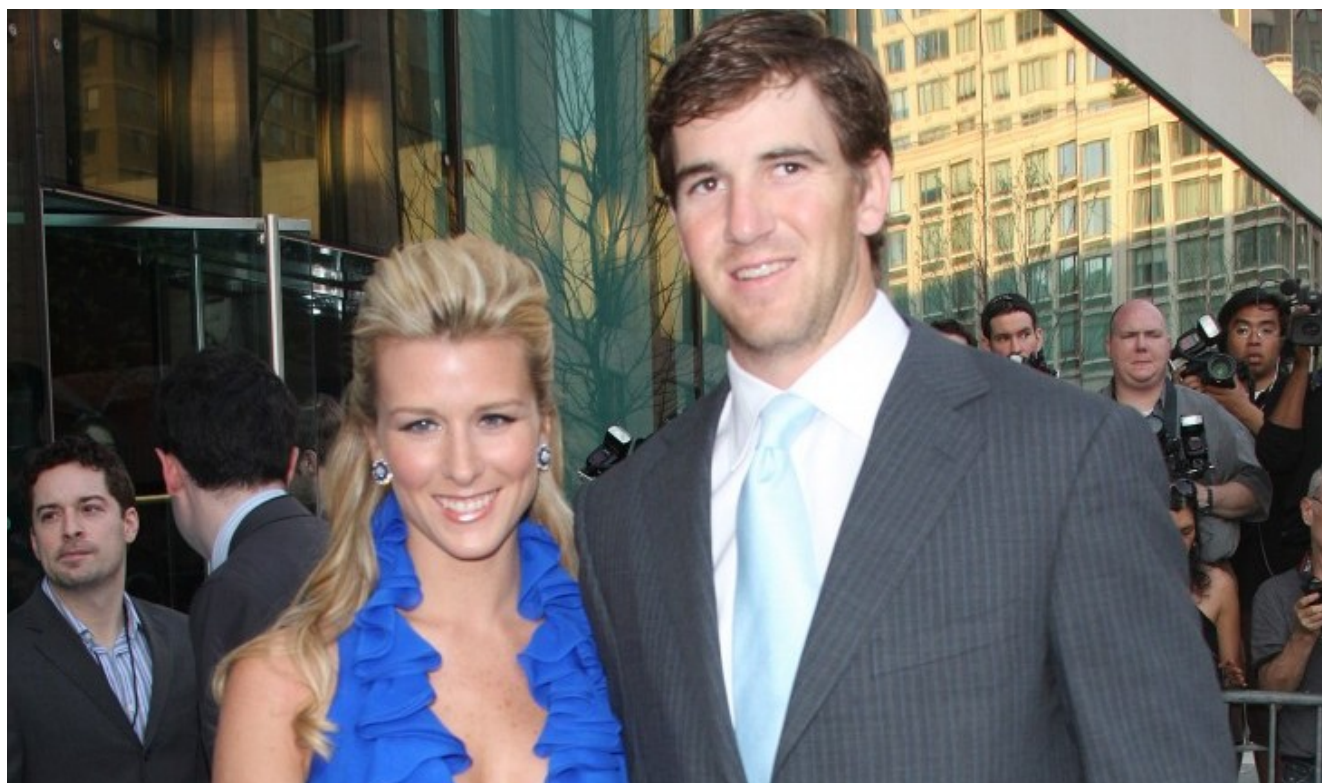
**3. Makes you feel special:** Does your mate make you feel like you are the only one in their world? Do you see them as if they're the only one around? No matter the circumstance does your beau make you feel special? Like you're the luckiest person in the world because you're with them? If all the answers to these are yes than you may have 'the one' on your hands. Tie this rule in with the other one and determine if you have found the love of your life!



How did you know your partner was 'the one'? Share your comments below!

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# Celebrity Couple: Nikki Reed and Paul McDonald Put Children On Hold for Music Career



By Andrea Surujnauth

Nikki Reed recently talked to [People](#) about her relationship with husband Paul McDonald and their plans for their future.

Reed said that the key to a successful relationship is to spend time with one another. "I feel like it's really important to just be with each other and make the other person a priority," she tells *People*. She mentions that she and her hubby have been spending extra time with each other collaborating on music. "We're actually writing a full-length [album] and we should be releasing that in the next couple of months and hopefully doing some touring in Europe. We're playing a few shows at SXSW." says Reed. When it comes to expanding their family, Reed is in no rush to have kids. "Right now we're just so focused on what we're doing together musically and where we're at in our careers," Reed says. "I can't try to predict what life has in store for us because obviously at a certain point, you throw your hands up and say what's meant to happen will happen. But right now at this moment, I don't feel like I'm insistent on that. I just feel really content."

## **How do you know when it's time to have kids?**

### **Cupid's Advice:**

How do you know when you and your partner are ready to have a baby? Cupid is here with a few key signs to help you figure out whether or not you are ready to bring a baby into your life:

**1. Relationship:** Be sure that you are in a stable relationship before you and your partner attempt to get pregnant. If your relationship is on the rocks or barely hanging on a string, a baby will not help the situation. It might make the situation worse. You do not want to bring a baby into a home that has a lot of fighting or negative energy.

**2. Finances:** Be sure that you and your partner are financially prepared for a baby. Keep in mind that women have to go on maternity leave after giving birth. Be sure you and your partner are stable enough to afford this along with all the

expenses that goes along with a child. Remember, babies are not a one time expense, money will be needed to take care of that child until they become an adult.

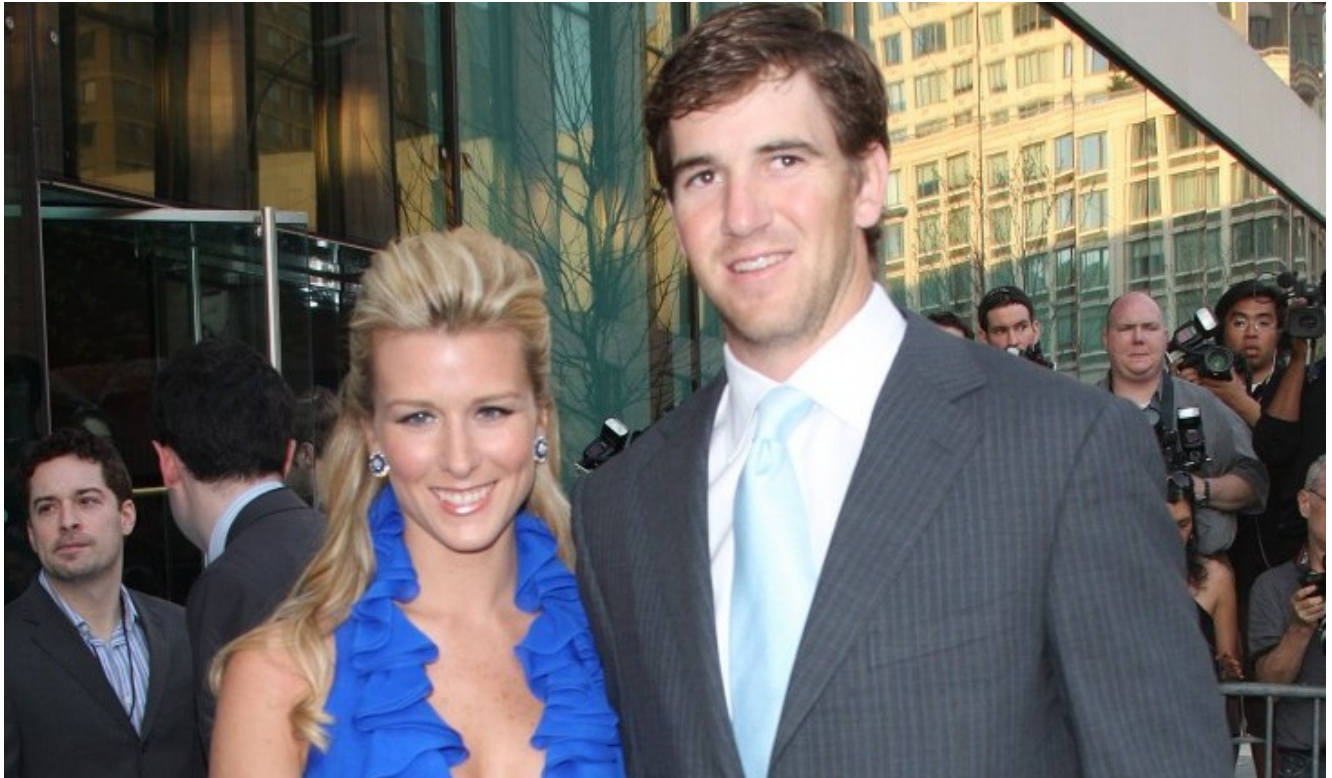
**3. Space:** Babies take up room. If you and your partner are living in a tiny apartment, it will be difficult to fit a crib and a play pen for your bundle of joy. Be sure you have room for your baby to grow, play, and sleep. If you have all of this prepared, then you are ready to bring a beautiful baby into your life.

How did you know you were ready to have a baby? Share your thoughts below.

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**Celebrity Britney Spears says: I'm 'So Excited and Happy' for Jamie Lynn Spear's Engagement**





By Meghan Fitzgerald

According to [People](#), Britney Spears went straight to Twitter on Monday morning to congratulate her sister Jamie Lynn Spears on her recent engagement. It seems little Spears is moving on her way in the world! [Huffington Post](#) announced that Britney, 31, said, “So excited and happy for my sister, congrats @jamielynnspears – love you.” Even though Spears recently went through a breakup from her fiancé, Jason Trawick, she is still able to be happy for her sister. Good for you, Jamie Lynn and Jamie Watson!

**How do you know when it's the right time to get engaged?**

### **Cupid's Advice:**

Knowing when it is the right time to get engaged is more than confusing. Not only is it confusing however, it is challenging to determine. Some people say ‘when you know, you know’ yet, this is not always the case. You may know, but not entirely know. It really is simply a enormous, confusing process. Cupid has some advice for this:

**1. Trust:** Do you trust your mate with your entire life? Can you tell your partner anything, no matter how they will react or what the circumstance is? If you answer these first two questions with a 'no', you may want to reconsider getting engaged right time. You know it is the right time to get engaged when your mate knows every little aspect of your life. What your favorite pizza topping is, how many people you have dated, your deepest darkest secrets, the entirety of your life.

**2. Love:** Love is all you need ladies and gentlemen. Of course there are a few exceptions where the love is not reciprocated and an engagement may not work out. However, in most cases, if love is evident, go out and buy that ring darling! The type of love present needs to be specified in the books. This is not some silly-little puppy love we are talking about, the love present needs to be full blown true love. If you have that, go for gold! Literally!

**3. Happiness:** Does your beau make you happier than you've ever been in your entire life? Do you make your partner happier too? Is the happiness between the two of you equal? Hopefully if you're considering engagement, these answers are a 'yes.' If you can not see a life without your mate because you will be miserable, you know. You know you're ready when your sad when your partner leaves for the bathroom.

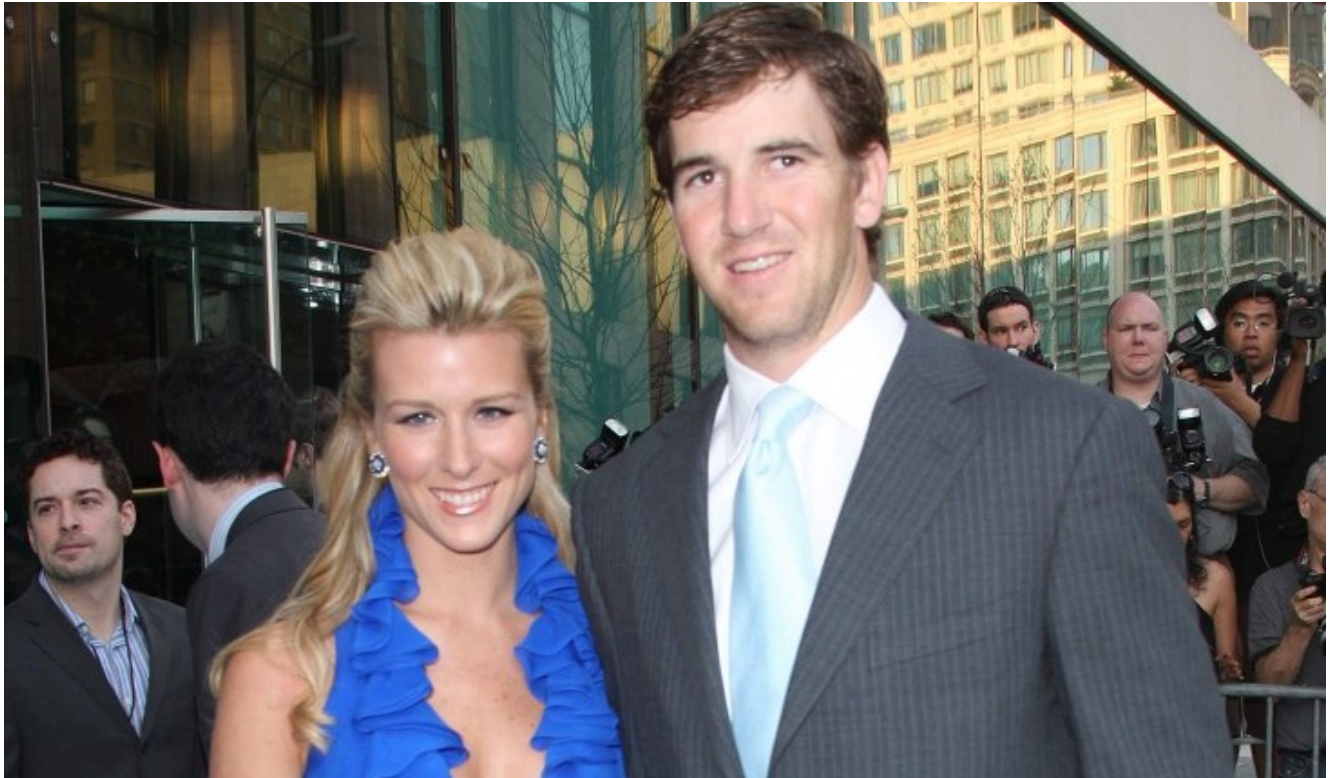
**When did you know it was the right time to get engaged? Share your experiences below.**

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# Jennifer Aniston and Justin



# Theroux Can't Wait to Wed



By [Andrea Surujnauth](#)

According to [People](#), Jennifer Aniston “is crazy about Justin [Theroux] and can’t wait to be his [wife](#).” A source tells the magazine that “she plans on privately changing her name to Theroux. She likes the way it sounds and jokes that [Jennifer Theroux] sounds very posh.” The source also spilled the beans about the couple already having their wedding bands designed and Aniston already having a wedding dress in mind. Plus, the twosome have set a date. The two lovebirds got [engaged](#) on August 10, 2012 when Theroux [popped the question](#) while they were celebrating his 41st birthday.

**What are some last-minute ways to prepare for your wedding?**

**Cupid’s Advice:**

Planning a wedding calls for a great deal of organization and work. Time seems to be running out, but your to-do list keeps getting longer and longer. When you are down to the last-minute preparations, what are some things you can do to make sure it all goes well? Cupid has some suggestions for you.

**1. Plan your outfits in advance:** Get your [wedding ensemble](#) ready to go by making sure every accessory, including your jewelry, veil and shoes, are all in one place. Lay them out in the room where you'll be getting ready, and you won't have to worry about forgetting anything. It's also smart to plan your outfits for other weekend activities, like the bridesmaids' luncheon, rehearsal dinner and Sunday brunch.

**2. Prepare an emergency kit:** Put together an emergency kit for your [big day](#). Include a sewing kit, extra money, portable iron, makeup, hair brush, hair spray, tissues, camera, breath mints, tape and safety pins. This way, you'll have a quick fix for any situation.

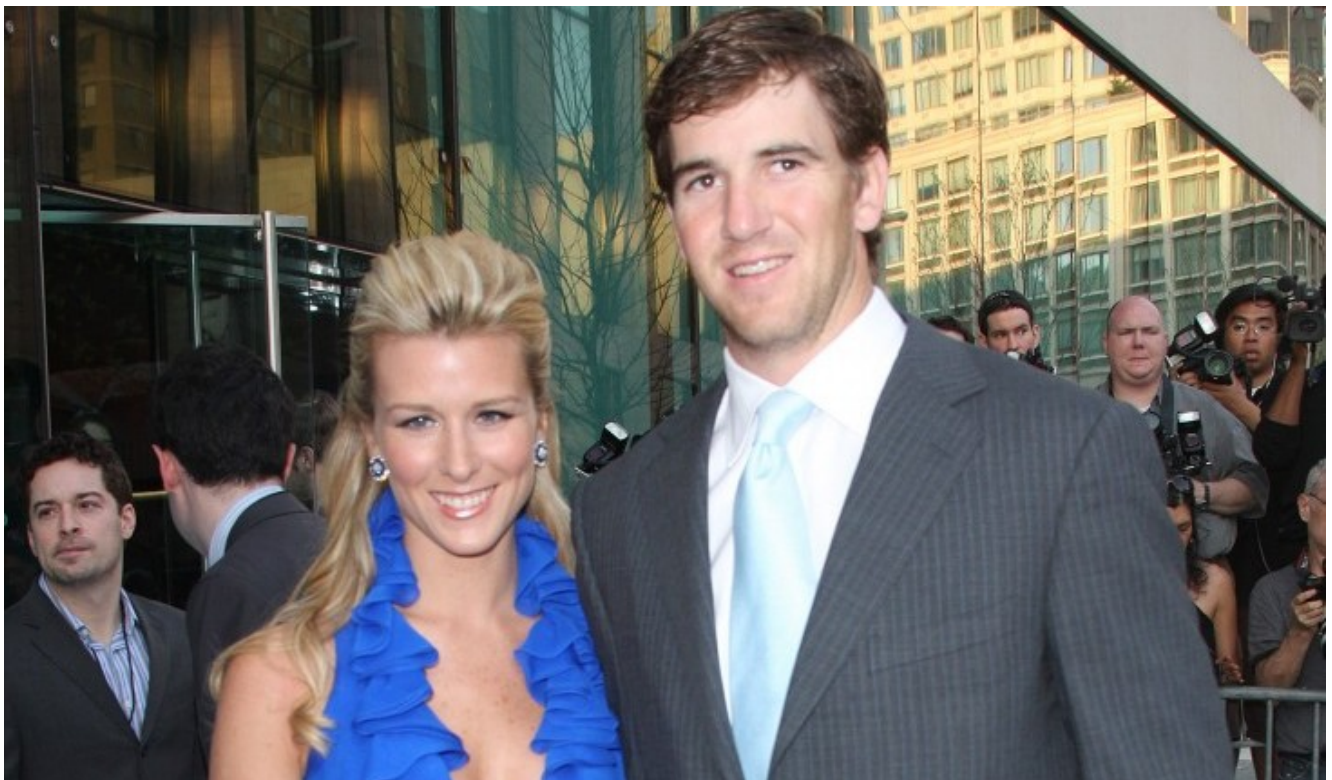
**3. Stay in communication:** Go over all of the [wedding](#) details with your family and friends, and make sure everyone is on the same page. If you have forgotten something, turn to your Maid of Honor or mother for help. Assign different responsibilities to different people so that no one – including you! – feels overwhelmed.

**What are some last-minute ways to prep for your wedding day? Comment below and let us know!**

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## Celebrity Couple: Giuliana

# and Bill Rancic Put Their Marriage First and Child Second



By Meghan Fitzgerald

Celebrity couple Giuliana and Bill Rancic told [UsMagazine.com](http://UsMagazine.com) that they “make their relationship a priority, even when there’s their cutest baby ever” around. Similarly, [Hollywood Life](http://HollywoodLife.com) reported that the twosome believe that the best thing they can do for their son is to have a strong marriage, hence why they put their marriage first and their child second. The couple refers to themselves as husband and wife but also best friends.

**What are some ways to work on your marriage when you have**

**children?**

**Cupid's Advice:**

When you have a child, your marriage will change and may require some extra work. Of course, it's challenging to focus on your relationship when you have a new baby that requires a lot of attention. Lucky for you, Cupid has some advice to help improve your relationship!

**1. Communication:** Working on your marriage requires constant communication, especially when you have children. You and your partner must check-in with each other and make sure you're both on the same page. When you have an issue, it's important to confront your significant other. Don't let your emotions build up, as it may drive a wedge between the two of you. Strong communication skills will not only improve your ability to be a good husband or wife but also a good parent.

**2. Time:** It'll take some time to adjust to having a child; you won't suddenly adapt to a lifestyle full of diapers and lack of sleep. Be patient with yourself and your partner as you get used to being a threesome instead of a twosome.

**3. Love:** Your marriage will not suffer as much if you remember how much you love your significant other – especially during the most stressful moments. You need to stay fully connected to your partner to maintain a strong relationship and be the best parents possible to your baby.

**How do you keep your marriage strong after having a baby?  
Share in the comments below.**

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# Christina Applegate Ties the Knot with Longtime Boyfriend



By Andrea Surujnauth

Christina Applegate tied the knot with her longtime boyfriend, Martyn LeNoble. According to [People](#), the two had a private ceremony at their home in Los Angeles. Applegate, 41, and LeNoble, 43, have been together since 2008. These lovebirds got engaged in 2010 on Valentine's Day. The couple have a 2-year-old daughter together, Sadie Grace. This is both Applegate's and LeNoble's second marriage.

**How do you know when you're ready to marry your partner?**

**Cupid's Advice:**



You have been dating for a while and now you are think marriage. Are you and your partner ready to tie the knot? Cupid is here to help you decide:

**1. You enjoy every moment:** A major sign that you are ready for marriage is if you enjoy every moment with your sweetheart, no matter how small or how boring. If you even enjoy doing chores together or just sitting together in the car, that's love.

**2. You're both ready to burn the little black book:** If you are both ready to give up all old flames and give up dating, then wedding bells are definitely in the air for you two lovebirds.

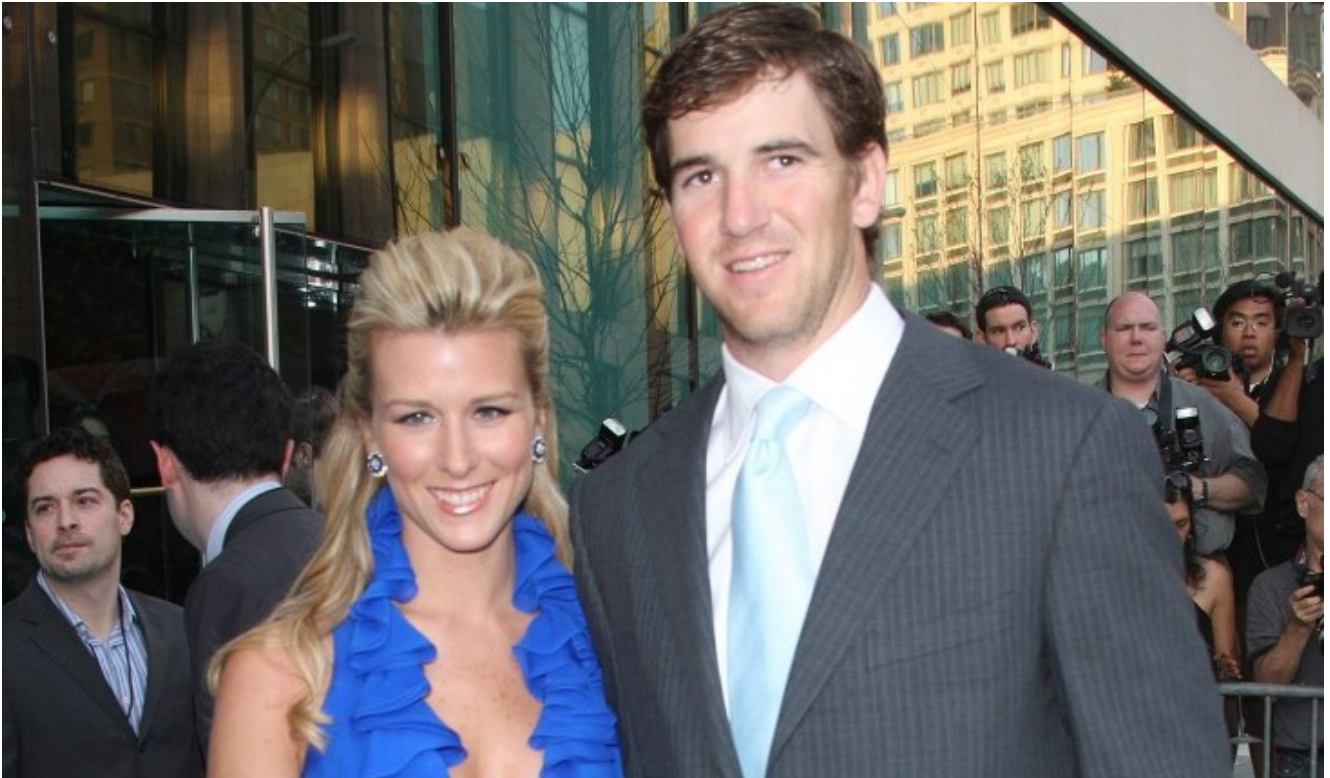
**3. You have long term plans together:** If you two have long term plans together then your relationship is ready for marriage. Planning your life years down the road together shows that marriage is on both of your minds and you are already planning for it.

How do you when your relationship is ready for marriage? Comment below and let us know.

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## Jessica Biel Praises Husband Justin Timberlake's Performance at the Brit Awards





By Meghan Fitzgerald

Love was in the air at Justin Timberlake's performance at The Brit Awards left many people anxiously waiting his new album release. [E! Online](#) reported that wife, Jessica Biel was able to go to the Brit Awards and watch hubby perform his new song, "Mirrors." Biel was so proud off her husband's performance, and his recent work, that she rushed right to Twitter. Saying "My huz just killed it on the Brits, and the London fans are the tits!" [UsMagazine.com](#) stated that Biel was "super excited for the show" and even danced around the VIP section to "SexyBack."

**What are some ways to support your partner in his or her passion?**

**Cupid's Advice:**

No matter how obscure your partners' passion is, it is your duty to support it. Being apart of a relationship is to love your mate entirely. If your beau loves to collect baseball cards, ask him about it. It will not only form a bond between the two of you. However, your partner will love you even more

for wanting to know more about you. Putting a little more effort into one of your mate's passions will have unlimited rewards. Cupid has some more advice:

**1. Praise:** Did you beau just book a new venue for their British Pop band? Is their passion ripping away on the guitar at a way-too-old age? With any of the passions your mate might have, find an aspect of it you enjoy, the crowd of a concert. If your beau loves to jump off planes, love the plane ride, not the jump. In every passion, there is something you could love. Take this love and give it to your partner. Praise them on how well they have been doing, how proud you are of them. Even if you don't love their passion entirely, you love some of it.

**2. Listen:** With passion, most people enjoy telling others why they love it, how it makes their day, how it drives them crazy, how it makes them "them." Listen to your mate about his passion. Listen to how much they love their passion. Realize how much they express love. Love them for opening up to you. Be passionate with them. It does not have to be their passion too, but be passionate together.

**3. Be apart of it:** Attempt to be apart of their passion, if your beau wants you too. With most relationships, your partner will be completely ecstatic that you want to delve into their passion. Give them some guidance, or simply be there with them. Your mate will love having you just there with them. They will think you two are embracing their passion as one. Go with it.

**Have you supported your partner's passion? Share your experiences below.**

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# Marc Friedland Explains Why the Winner's Envelope is Now an Iconic Part of the Oscars



By Whitney Baker and Rachael Moore

For 27 years, Marc Friedland, also known as the “godfather of the invitation” and “stationer to the stars,” has perfected the design, elegance and timeliness of an invitation. Having developed wedding invites for everyone from Brad Pitt and Jennifer Aniston to Larry King to Timbaland, Friedland and his team understand the importance of using the personal style of the bride and groom to create a unique invitation.

“We look at all of our events as experiences and recognize them as great moments to be remembered. People sometimes



forget about the food and the décor, but the invitation serves as a keepsake to bring back the memory of that time,” he shared. “It takes the personality of the couple and brings that to life. I try to capture their essence in everything I do.”

Before Friedland can develop the invitation, the bride-to-be has to decide how she wants to announce her upcoming wedding to her friends and family. The main issue is trying to fit the authenticity and individuality of her relationship onto a slip of paper. “The invite is the first piece that commemorates the bride and groom together as a couple. Each wedding invitation should be unique and distinctive – just like every romance is unique and distinctive.”



**Related Link:** [How to Handle Wedding Season as a Single Gal](#)

Los Angeles-based Friedland, who is the founder and creative director of Marc Friedland Couture Communications, has done much more than establish nuptial memories. Given his talent and extensive background, it's no wonder that, in 2011, he was tapped to be the first designer and producer of the Academy Award's hand-crafted envelopes and announcement cards. “Prior to me coming up with this special design, it was just a standard-issue printed envelope, which was used for informational purposes only. What I proposed was elevating the



winner's envelope into an iconic piece. Just as the Oscar statuette is iconic, we felt that the envelope also needed its own presence," Friedland shared.

Well, the final product certainly stands out in more ways than one. The four-ounce creations are made of a beautiful gold, iridescent and metallic material that "picks up the light in just the right way." In order to produce the 96 envelopes (24 for each category with 4 sets being made) and the 488 nominee cards (122 total nominees with 4 sets in total), Friedland has a team working for 252 hours. Ultimately, the envelopes are only touched by 48 people – 24 presenters and 24 award winners – but they are seen by over a billion viewers worldwide.

Of the design, the stationer explains, "We wanted to make sure it captured some of the richness of the golden age of Hollywood but was also relevant to today."

The only adjustments made to the envelopes since 2011 have been for structural reasons. "When I originally designed it, it wasn't meant to be reinterpreted each year – just as the statuette isn't changed each year. To make the card easier to open, we took out the seam a little bit; it's almost dummy proof now."

For this year's show, which will air on ABC on Sunday, February 24 at 7 p.m. EST, Friedland also created the invitations for five Oscar-related events. With a total of 15,100 invitations being sent for the events, it took over 300 hours to produce them. Of course, Friedland put personal touches on each of the invites. He explains that his team "approached the task in a way similar to how a designer would approach a fashion collection." First, he picked a color palette of very rich jewel tones and gave each event a signature color: black diamond for The Governors Awards; sapphire for The Nominees Luncheon; emerald for The Scientific and Technical Awards; amethyst for The Foreign Language Film reception; and ruby for The Oscars.

**Related Link:** [Taylor Swift and Jake Gyllenhaal Reunite at Oscars](#)

Additionally, as if this work isn't remarkable enough, Friedland crafted an online collection of cards for Oscar viewers at home. With The Oscar Collection By Marc Friedland on Evite Postmark, audiences everywhere can throw their own parties using the signature Academy-sanctioned designs – free of charge! To make your viewing party even more fun and interactive, you can also download the designer's Oscar Bingo game to play as the stars glide across the red carpet and onto the stage.

Even though most of his work is already completed, Friedland still suffers from a bit of anxiety on the big night. Watching from his seat in the audience, he hopes that “there are no mishaps with people getting the winner's cards out of the envelopes. It's such a tense moment, and we want to make sure nothing goes wrong.”

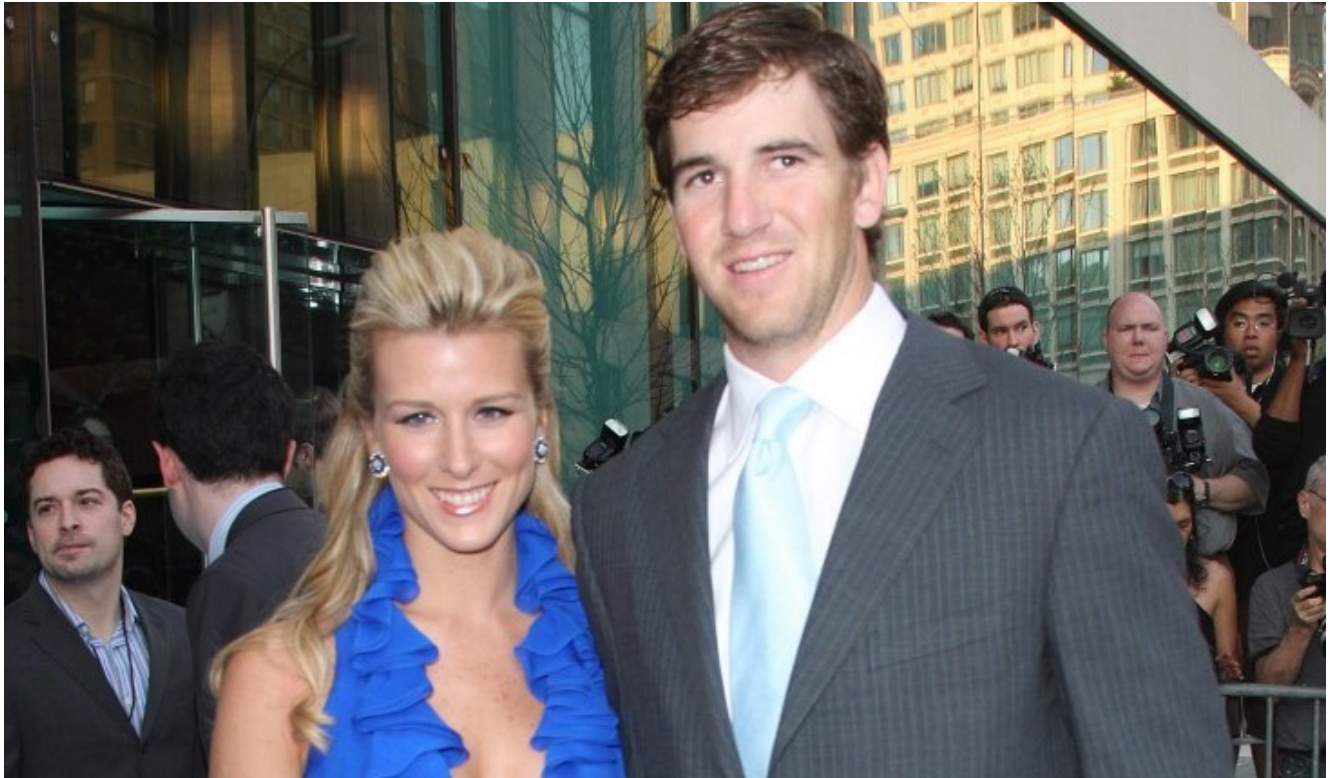
As for Friedland's picks for best actor and best actress, he thinks it's going to be a tough call this year: “there are so many good contenders, and it's going to be really close.” Be sure to tune into the 85th Academy Awards to see who walks away with the coveted awards – and don't forget to check out Friedland's beautiful designs.

*For more information about [Marc Friedland](#), check him out on [Facebook](#), [Twitter](#) and [Pinterest](#).*

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## **Pink Says the Key to Marriage**

# Is Only Half Listening



By Jessica Conigliaro

Pop singer Pink often uses her marriage as inspirations for her songs. Personal lyrics such as those must have an effect on the man she is singing about. When asked how he felt, Pink's husband told her, "Look, I know you, we have a good sense of humor, and I know what I signed up for. I only listen to half of what you say anyway!" [People](#) reports that Pink's response was, "When he starts listening to me too much, we have problems!"

**How do you know when to make an issue of something that upsets you in a relationship?**

**Cupid's Advice:**

Every committed relationship comes with arguments. In fact it's seemingly healthy to fight with one another. It allows the other person to know what upsets you; instead of keeping your emotions bottled up. You gain the opportunity to express how you feel—and could prevent it from happening again. On the other hand, too many fights between one another will leave you frustrated. Here are some tips on how to pick your battles accordingly:

**1. You've gotten mad about this before:** People often hide their anger from their partner; eventually, it will become too much to bear. If your boyfriend is repeatedly late for plans, your anger level will rise every time you hold your tongue. Let him know if something is bothering you and get everything out in the open—this will prevent a much larger dispute later on.

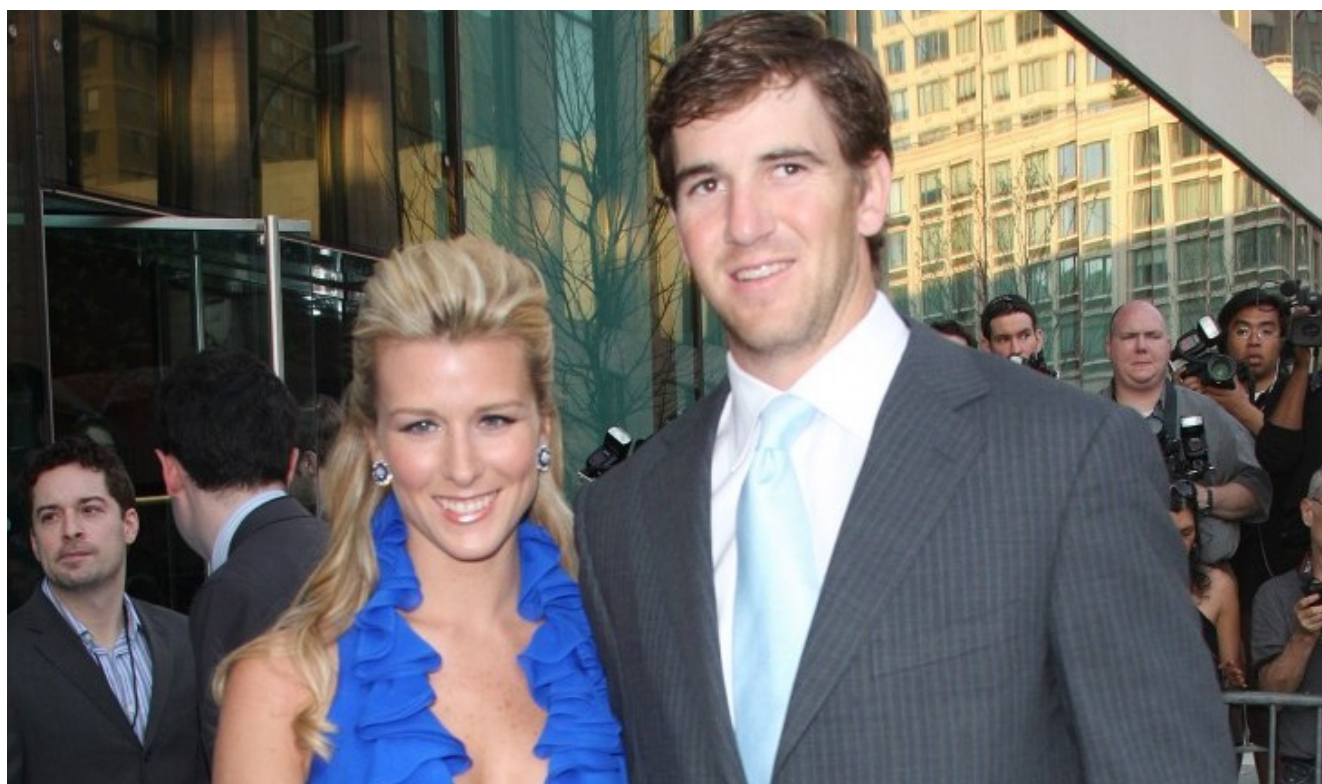
**2. Don't pick stupid fights:** Little things our partners do—such as wearing mismatched sock or leaving the toothpaste out—can irritate us to no end. Although you may not be thrilled about these situations, ask yourself if it is worth getting into an argument over. Learn to accept the minor nuisances; there are more important things to be focusing on in your relationship.

**3. Know why you are mad:** If you find yourself upset about something your boyfriend said, consider his point of view. If he suggested getting salad for dinner and you assumed he wants you to lose weight, reconsider the situation. It is possible—and more logical—that he was simply in the mood to eat that. We often work things up in our heads to be worse than they actually are; avoid this by taking time to contemplate why you are mad and if you are overreacting.

**How have you decided what to make an issue out of? Share your thoughts below.**

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# Anne Hathaway Says She Met A Lot of 'Bad Ones' Before Her Husband



By Meghan Fitzgerald

Even the beautiful and talented Anne Hathaway has gone through 'bad ones.' The actress who recently won an award for *Les Misérables*, talked about her engagement ring with hubby Adam Shulman. [People](#) states that Hathaway had to go through some 'bad ones' to find the love of her life, Shulman. According to *ICYDK*, she insists on being matchmaker now so she can spread the love to everyone.



**What are some qualities that qualify your current fling as a 'bad one'?**

**Cupid's Advice:**

It is hard to determine whether or not your current fling is the right one or not. In life, unfortunately, you must go through a lot of 'bad ones' to discover who you are meant to be with. Although this may not be easy to deal with, once you find 'the one,' it is all worth it. Cupid has some advice:

**1. Treats you and your friends disrespectfully:** A big aspect of a relationship or current fling is if your partner treats you right. It is also essential for your significant other to treat your friends right. Who wants to be with someone who treats you like garbage? You need to find another person who treats you like you walk on water, someone who looks forward to hanging out with your friends. You know your current partner is a 'bad one' if they are nothing but disrespectful to you.

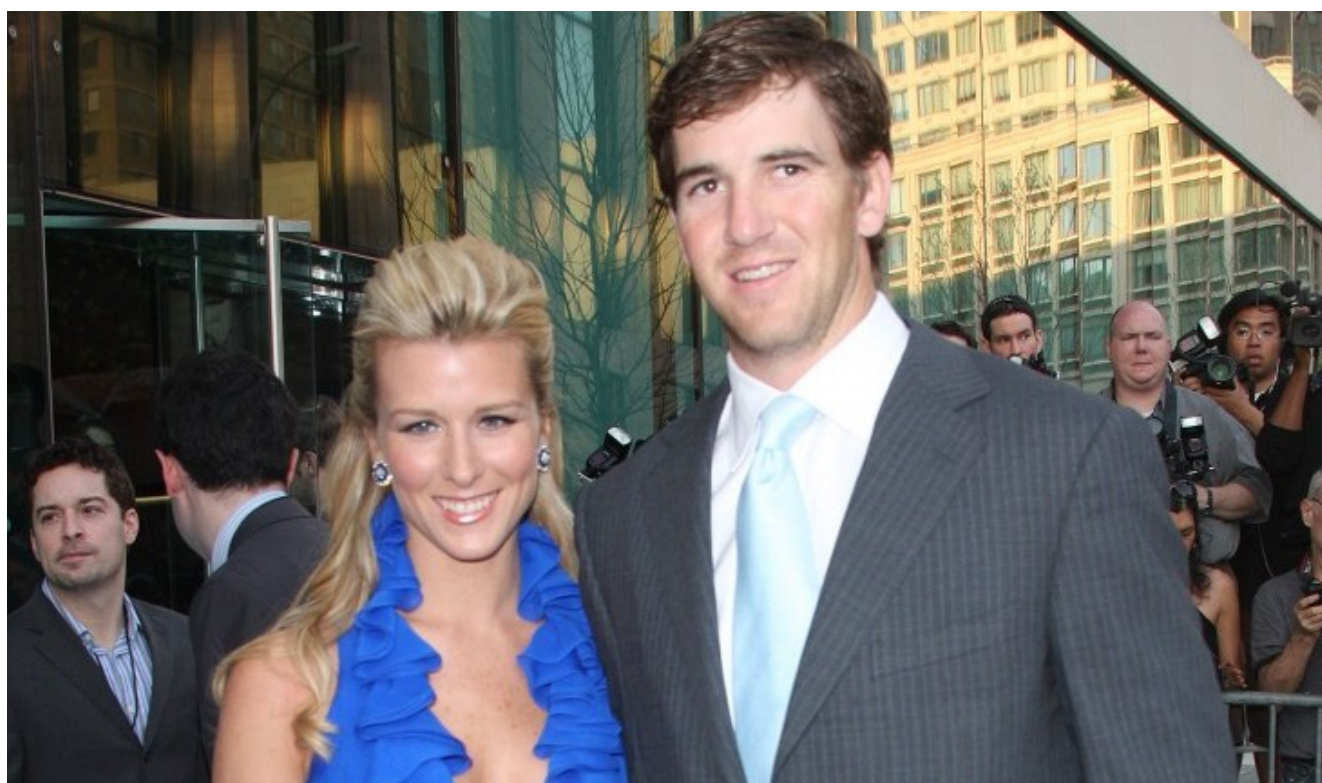
**2. Uses you for what you want:** Who wants to be in a relationship where the other person uses you? The answer to that is absolutely no one. It is challenging to know if your current fling will end with an empty wallet or a new guest in your home. However, if your partner consistently crashes at your place because he doesn't have a home, ditch him. If your partner uses you for food, leave him. They are a 'bad one' if they use you.

**3. Cheats on you:** Unfortunately, if your partner cheats on you...it's over. Pack up your stuff and leave immediately, it is as simple as that.

**Is your current fling a 'bad one'? Explain below!**

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# Dick Van Dyke Opens Up About His New Wife



By Jessica Conigliaro

For Dick Van Dyke, the Screen Actors Guild Awards (SAG) was a night of celebration for many reasons. According to [People](#), he received the Life Achievement Award, and coincidentally returned to the same event where he met his wife Arlene during the 2006 SAG ceremony. Although half his age, the two are happily married with Van Dyke gushing in a recent interview on *RumorFix.com*, “I found the perfect one.”

**How do you know if your partner likes you for you?**

## **Cupid's Advice:**

Finding someone that loves and respects you unconditionally can be a challenge. When there are differences such as age, money or social status it can often leave you (or others) questioning the sincerity of the relationship. Here is some helpful advice on how to tell if your partner likes you for you:

**1. Listening and attention:** Knowing if someone is actually interested in you has a lot to do with body language; do they look you in the eyes when you talk, or is their attention somewhere else? If they are giving you their undivided attention, and taking the time to ask questions about who you are, that is definitely a good sign. However, if you feel that your partner only talks or thinks about their own needs and desires, you should remain cautious and keep watch over their behavior.

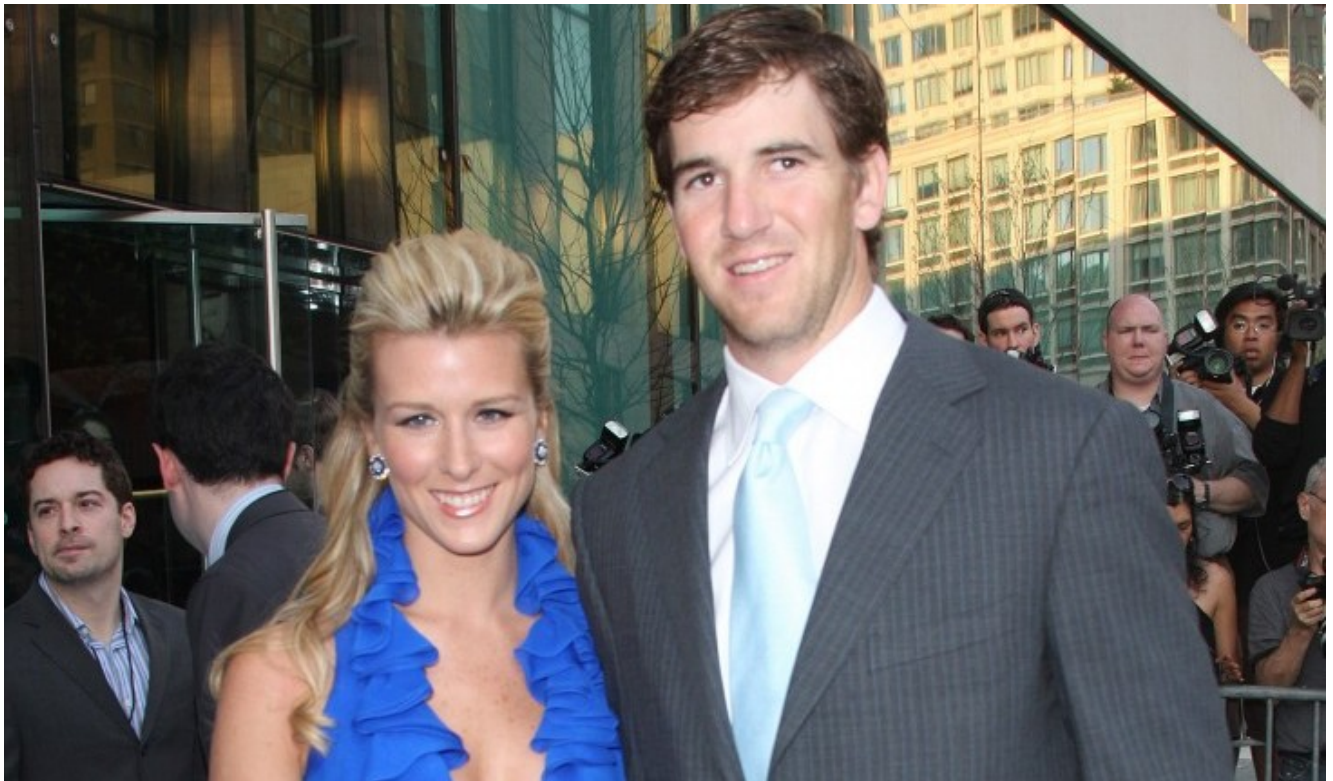
**2. Respect for your needs:** A major factor in healthy relationships is respect. If your partner interrupts you every time you talk, ignores you when you're out with friends, or puts more attention on himself than you, this could be a warning sign of someone who isn't with you for you. In a relationship, your significant other should be boosting about you in public or social situations.

**3. Compliments and affection:** It is often a difficult process to get guys to tell us how they feel. However, when someone is truly interested in you, they can't help but express their emotions. This can be done as simply as them saying that you look beautiful or that you made a wonderful meal. If your partner has introduced you to friends and family, that is another sign that they are sincere about having you in their life.

**What are some signs you look for when dating someone new? Share your thoughts below.**

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# Michelle Kwan Says She ‘Shed So Many Tears’ On her Wedding Day



By Meghan Fitzgerald

Michelle Kwan walked down the aisle dressed head to toe in a flowing ivory Vera Wang dress, approaching the love of her life, Clay Pell. Most brides express emotions on their wedding day, however, and according to [People](#), Kwan shed “so many tears.” With all of her closest friends and family, Kwan was hit with emotions like a hurricane. The [Providence Journal](#) reported that after the ceremony, family and friends gathered

together with sparklers as the new couple walked out of the church.

**How do you support your nervous bride on your wedding day?**

### **Cupid's Advice:**

Cold feet on a wedding day is a common. Brides and grooms tend to bunch up their emotions and have a mini breakdown. The great thing here is that family and friends are willing to help with 'said' wedding-jitters. Here are some other ways to subdue the jitters:

**1. Glass of wine:** Sit your bride down and give her a glass of wine. If the bride asks for another glass, be careful. You don't want a burgundy colored dress, or a drunk bride stumbling down the aisle.

**2. Wedding playlist:** Organize a playlist with the bride's favorite songs. Include some mellow classic jazz, such as Louis Armstrong or Duke Ellington. You should include a few upbeat songs, too, so the [bride](#) gets excited for her wedding. Make her feel comfortable with the sounds of music.

**3. Pep talk:** Gather up your best pep-talker in the group. The person who can cheer up anyone's day, or the person who always knows what to say is your best choice. Inform this person about the bride's jitters and send them in there to shut them down! Make sure the pep-er explains to the bride how much the groom loves her, and how much her family and friends [love](#) her. Apply pep talk, and gather rewards!

**Have you supported a nervous bride on her wedding day? Share your experiences below.**