# Celebrity Couple: Scott Disick Addresses Prospect of Marriage with Kourtney Kardashian



By Meghan Fitzgerald

UsMagazine.com reports that Scott Disick and Kourtney Kardashian, who have been together since 2006 and have two young children, Mason, 3 and Penelope, 8 months, have "no interest" in getting married. Disick, 29, told Ryan Seacrest in an interview for an upcoming segment, "I think if it's not broke, don't fix it. You know what I mean?" The reality TV couple have discussed the idea of marriage many times before, Disick stating that Kourtney was the one who actually didn't want to say "I do." "I feel like I used to want to get married more than she did," Disick told <u>OkMagazine</u>.

What are some reasons to put off getting married?

#### Cupid's Advice:

In some relationships, people are simply not ready for marriage. It could be personal reasons, financial reasons, family reasons, any reason they may seem important to put off a marriage. It is in no sense shameful to put off a marriage. Some couples are just not ready. Cupid has some more advice:

1. Finances: In certain cases, especially with younger couples, money is a large problem of their lives. Most women begin to plan their wedding at an extremely young age, and think about it everyday after a ring was put on to their finger. If it is not possible to have your dream wedding, or even your Plan B wedding-putting off your wedding and possibly even your marriage.

2. Age: Youth really is as important and valuable as people say. Getting married at a young age is extremely common in people these days. Wait it out ladies and gentleman. You are young, go and enjoy it. Do not become tied down with the person you "love" at the age of 22. You have an entire world unseen in your eyes, put off your marriage and go see it. Explore the world, before you're no longer able to.

**3. Social pressure:** Societies pressures on relationships have grown immensely throughout the years. Do not think you have to get married because you've been engaged for two years and your friends and family are telling you it's not the norm. Who cares about the norm, if society is pressuring you to get married. Realize that it is not what you want, and put off the marriage.

Have you put off marriage before? Share your experience below.

# Celebrity News: Lindsey Vonn's Ex-Husband Jokes About Tiger Woods' Masters Penalty





By Andrea Surujnauth

Thomas Vonn showed a sense of humor towards his ex-wife's relationship with pro-golfer Tiger Woods in a tweet on Saturday, April 13th. Woods got into a bit of trouble when a television viewer called in on a violation in Wood's play on Friday. He was then penalized to strokes. After the incident Woods tweeted, ""I didn't know I had taken an incorrect drop prior to signing my scorecard. Subsequently, I

met with the Masters Committee Saturday morning." Thomas Vonn took to Twitter to respond to the incident as well. <u>UsMagazine.com</u> reported that Vonn tweeted, "No problem Masters tournament happy to call in and help. You always have to keep an eye on those cheaters ;)" Thomas and Lindsey Vonn had been married for four years before they decided to call it quits in November 2011. The two finalized their divorce in January 2013, two months before Lindsey and Woods went public with their relationship.

### How do you deal with a jealous ex when you're in a new relationship?

#### Cupid's Advice:

You are in a new healthy relationship. Unfortunately, your ex seems to be waiting for a chance to attack your relationship. Obviously they are jealous but what can you do about their jealous behavior? Cupid is here with some advice to help you:

1. Distance: Keep your distance from your ex. Do not inform them on where you are going and who you are with. The more you let them in your life, the more ammunition they have to torment you with.

2. Confrontation: Confront your ex on their behavior. Tell them that you have moved on and it is about time that they do the same. Make it clear that you are happy in your new love and you do not want them around messing it up.

**3. Pofessionals:** If all else fails, get a restraining order to keep you ex from harassing you. It may seem extreme but if they are continuously trying to ruin your life out of spite, the best thing to do is put your foot down. You need to protect yourself as well as your new beau.

How do you deal with a jealous ex when you're in a new relationship?

### Celebrity News: 'Splash' Star Rory Bushfield Opens Up About Wife Sarah's Death





By Andrea Surujnauth

Rory Bushfield, professional extreme skier and contestant on *Splash*, opens up about the death of his wife, Sarah Burke. She was an acclaimed freestyle skier who died in January of last year after crashing at the bottom of a superpipe during a training run in Park City, Utah, reports <u>People</u>. The couple had been married since 2010. "My life's changed drastically," Rory said as he choked up. "I lost my wife. I had it all. I

still have a lot. I'm thankful for everything I have, but I had it all." He goes on to talk about how he felt about his late wife. "Sarah was my dream girl before she knew who I was," he says. "A lot of the craziest things I ever did were just kind of to impress Sarah." He had proposed to his wife by spelling out "Marry Me Sarah" in rocks on a remote snow-covered field, he then flew her over the field to see it.

How do you cope when tragedy strikes your partner?

#### Cupid's Advice:

You never think it will happen to you. You always believe that you and your partner will stay happy and healthy together for a long time. What do you do when tragedy strikes and your partner is gone? How do you cope with that? Cupid is here to help you get through this trying time:

**1. Compassion:** Have compassion for yourself during this time. Allow yourself to grieve and cry over your loss.

2. Time: Time heals all wounds. You will never stop missing your partner but as time goes by, you will come to terms with your loss and will be able to continue on with your life. Do not expect to get over your sadness quickly, and do not rush it. Everyone grieves at their own pace. Take all the time you need.

**3. Support:** Get a support system to help you recover from your loss. Being surrounded by family and friends will help you cope with your loss and it will help you not feel lonely.

How did you cope when tragedy struck your partner? Comment below and let us know!

Reality TV: 'The Bachelor' Sean Lowe Fires Back at Dating Rumors Pointing to Trouble in His Celebrity Relationship





By Meghan Fitzgerald

<u>People</u> reports that The Bachelor star Sean Lowe and celebrity love Catherine Guidici are still going strong despite dating rumors of a troubled celebrity relationship. Lowe, 29, told People, "We are happy and could not be better." Backstage at Dancing with Stars, Lowe also discusses the dating rumors he has recently encountered. He says, "Nobody knows anything outside of me and Catherine and the people who are closest to us." The celebrity couple is getting through these hard times together.

'The Bachelor celebrity couple Sean Lowe and Catherine Giudici have to fight off dating rumors about their relationship and love life. How do you keep unfounded rumors from affecting your relationship?

#### Cupid's Advice:

It is essential to keep unfounded rumors out of your relationship. If you allow said rumors to pry themselves into your relationship, it is a possibility of suffering immensely. Although it is possible for rumors to affect your relationship and love, their are numerous ways to keep them out. Cupid has some relationship advice:

1. Communication: It is necessary to talk to your partner when there are unfounded rumors surfacing around your relationship. You and your mate both are probably not looking to have your relationship affected by some measly rumors. If you talk to your beau about these rumors going around, your relationship will not suffer. As long as you and your mate are on the same terms and aware of everything going on, you're great.

2. Eliminate: Get rid of the rumors. Of course it may be challenging to find the source, cause, and distinguish them. However, it is helpful to have them washed away if you don't want your relationship to be affected. Do not get yourself into heated debates about said rumors. Make sure you and your mate keep calm and collective, with your head high. Do not let others get under your skin because that is exactly what they're trying to do in the first place.

**3. Keep busy:** Keep yourself busy when rumors are around your relationship and love. Make sure people know that the rumors going around are not affecting your life. People will realize

how strong you and your partner are for not allowing the rumors to hurt your relationship. Silly gossip can't get in the way of the love you and your mate have. Now go keep busy.

Have you kept rumors from affecting your relationship? Explain your experience below.

### Celebrity News: Ozzy Osbourne Denies Divorcing Sharon and Admits to Drug Use





By Meghan Fitzgerald

<u>UsWeekly</u> reported that Ozzy Osbourne is purging himself of his unhealthy ways, "For the last year and a half, I have been drinking and taking drugs. I was in a very dark place and was an a-hole to the people I love most, my family. However, I am happy to say that I am now 44 days sober," Ozzy wrote on Facebook. "Just to set the record straight, Sharon and I are not divorcing. I'm just trying to be a better person." Even if he is trying his best for his relationship, sources told <u>TMZ</u> that Sharon won't get back together with him until he's been clean for a while.

#### How do you help your partner through breaking an addiction?

#### Cupid's Advice:

It's never easy when your partner is battling an addiction, let along trying to break their bad habit. It's essential for you to be in their lives as much as possible and guide them on their way to sobriety. There are numerous ways to help your significant other in this fight. Below, Cupid offers three ways that you can be a positive influence:

1. Support Them: It is necessary to provide your mate with as much support as physically possible. You're one of the few people who know your partner best. This being said, you know how their mind works and what they need to hear in order to keep themselves in check. To help them, be by their side through every meeting, appointment and session. It will not only help their recovery stay on track; it will also show them just how much you care.

2. Get Help: Even though you may think you're capable of breaking your beau's addiction on your own, you're not. Your partner needs professional help. Make sure you can afford it; make sure that it's nearby; and make sure it's with someone you can trust. Most of all, make sure that your partner is willing to go. It's essential for your mate to be open-minded and willing to truly try.

**3. Show Love:** Your partner is going through one of the hardest times in their life. Every chance you get, remind them how much you love them. Buy them small gifts and do special things to brighten their day. Love will make the process easier for them. Remember that love makes the world go around and start spreading it!

Have you ever helped your partner through breaking an addiction? Tell us in the comments below.

# Celebrity Couple: Emily Blunt Opens Up About Marriage to John Krasinski





By Meghan Fitzgerald

Emily Blunt and John Krasinski's marriage seems perfect, according to <u>People</u>. Their marriage took place three years ago was at George Clooney's Italian villa. C'mon ladies and gentleman, they are glamorous and appear to be in a trance-like fairy relationship! Blunt, 30, discusses with <u>InStyle</u>, "I spend my life in sweatpants and covered in mud." She discusses how John changed her life, and how grateful she is to have found the love of her life.

### What are some ways to utilize the support your partner provides?

#### Cupid's Advice:

If your partner is supplying you with support, you should utilize it. Not that your mate won't always provide you with support. However, if it is available, you should make use out of it. Depending on your relationship, the support you are given is varied. But their are always way to utilize them in your relationship. Cupid has some more advice: 1. Further understand: Using the support your partner provides you with allows you to further understand your mate. It gives you insight on themselves and the way they feel about you. Your partner wouldn't provide you with help if they didn't truly mean it. Take in this embrace and contemplate how your partner ticks. And how you can further your relationship.

2. Get closer: Realizing that your mate provides you with such support is an opportunity for you two to grow closer. You know they care about you deeply if they are supporting your life and everything you do with it. This allows you to learn more about your partner. How they function, how they treat you, what they're like in times of crisis. You and your partner will get closer if you utilize the support your partner provides.

3. Lean on it: We all need help once in a while, and if you're in in trouble, the important thing is to take that help where it's given. Your partner is no doubt there for you because he or she cares, so don't hesitate to lean on that support when necessary.

Have you ever utilized the support your partner provides? Share your experience below.

### Celebrity News: Comedian Julia Sweeney Tells Us Why 'If It's Not One Thing, It's

### Your Mother'





By Jessica Conigliaro

It's almost every girl's dream to get married and start a family one day. But what do you do when you reach a certain point in your life and that dream hasn't come to fruition—yet? Actress, comedian and author Julia Sweeney took matters into her own hands: she adopted her daughter Mulan *before* she found Mr. Right. In her new memoir, *If It's Not One Thing, It's Your Mother*, she tackles life's challenges with both humility and humor. Sweeney shares the difficulties of having a family and the importance of making time for yourself. Here, she chats with CupidsPulse.com about adopting her daughter, finding love as a single mom and her upcoming projects, including a voice over role in the upcoming *Monster Inc.* sequel, *Monster University*.

In your book, you discuss how important starting a family was to you and your decision to adopt a baby without a partner. There are so many single women out there who want the same thing and feel like time is escaping them. How difficult is it for a single woman to adopt?

For me, it was really easy. I decided to adopt from China. There was a two-year waiting list, and I wanted a long wait; there were so many things I wanted to do first. I'm really glad I did it. In many ways, I was very naÃ<sup>-</sup>ve, but I'm sure that's how it is for all parents before they have a kid.

#### Was adoption always the only option for you?

There are so many kids in this world who desperately need parents. There are definitely more children who need parents than there are parents out there to take care of them. I felt like trying to have a biological child was unethical, so I never seriously considered it.

#### Was your daughter's name inspired by the Disney character?

No! Put that in caps — NO! That was her name in China, and I immediately changed her name to Tara Mulan. When she was about three-and-a-half years old, she announced that she was Mulan. My daughter came from China with so little, but she did have a name, and she liked it — so we legally changed it back to Mulan.

### Let's talk about relationships. Was it challenging for you to find love after you adopted your daughter?

In some ways, I've never had so many guys interested in me as I did after I became a single mom, which I think is so funny. I think the reason is that, before Mulan, I was like a loaded bullet on dates. I wanted to be a mom, and I was over 40; there was a lot that I wanted from a man. I think that scared them off, which is understandable. You like to start a relationship thinking people don't need so much from you. People start healthy relationships that way.

Once I actually had a kid, two wonderful things happened. First, all of that was off the table – I'd done it on my own, so I didn't need a guy to do it anymore. Second, I had so much love in my life from this kid that I was a much less needy date. I didn't care if I was dating or not, which made a lot of guys more interested.

How did you meet your husband? How old was Mulan at the time?

Mulan was six years old, and we met him in a crazy way. I got a fan letter from his brother, proposing to me on Michael's behalf, even though Michael didn't know anything about it. It was a cute letter, but I didn't respond to it. Several months later, I came out of a show, and there was a guy waiting in the lobby. He told me he wrote a letter about a year ago, proposing for his brother. He told me his entire family, including Michael and his mother, were mad at him for sending the letter and weren't talking to him. I wrote to Michael and told him not to be mad anymore. He wrote back and said how embarrassed he felt. We just kept writing to each other, and eventually, he did, in fact, propose.

### How did you know your husband would be both a good partner for you and good father to your daughter?

I was so smitten with him, and nature just took over. He had a solid career, and I admired that. The thing I really liked was he had achieved success in his field and wasn't an insecure guy. Insecurity is such a poison, but Michael was comfortable with himself. That was a huge ingredient that went into our comfortableness around each other.

He was also really great with Mulan. He's a quiet, calm, reassuring presence and doesn't get ruffled very easily. I'm much more emotional, and he's more steady. I could see that personality trait being such a good addition to our family. You discuss how hard you worked to start a family, yet you feel like you need to escape from them sometimes. Mothers have such guilt when it comes to needing time for themselves. Any advice you can give for just letting go?

One thing that was hard for me when it comes to having a family is having constant interaction with others. I lived a long time by myself where I could work and come home and really decompress in my own way. Even though it seems like I'm an extrovert, I really have to honor the part of me that's an introvert. I guess my advice would be to try and do things on your own: go off to a movie by yourself or go sit in a park for an hour each week. I definitely need that.

# You spent a month away from your family. During this time, you reflected on your life and what you wanted out of it. What did you learn during this time?

I realized how much I loved and cared about my family. I just missed them and wanted them to come back. I also realized I needed to build more breaks into my life, so it doesn't get to the point where I need a month alone again. I'm always a better mother when I've had a couple hours off.

### And finally, outside of your book, do you have any other projects in the works?

I do! I have this show that I do with Jill Sobule called *The Jill and Julia Show*, and we have a website going up soon. We go around and do shows over the summer; she sings, and I tell stories. It's really fun – Jill is my best girlfriend, and we just have such a great time on stage together. Our shows are really about the ups-and-downs of our careers and relationships. We've kind of been humbled by life.

I'm also a voice in *Monsters University*, the sequel to *Monsters Inc*.

You can purchase a copy of If It's Not One Thing, It's Your

Mother in bookstores and online from <u>Amazon</u>. For more information about Sweeney, visit her juliasweeney.com. Be sure to check her out in Monsters University too, out on June 21st.

### Celebrity Couple: Matt Damon and Wife Luciana Renew Wedding Vows



After eight years of marriage, Matt Damon and wife Luciana Barrosso say, "I do" again. According to <u>UsMagazine.com</u>, the

By Jessica Conigliaro

couple renewed their vows Saturday, April 13 on the Caribbean island of St. Lucia. Damon and the bride exchanged vows under thatched roofs right at sunset. After the 15-minute ceremony, all guests were escorted onto the beach for a cocktail reception. Damon and his wife simply had to celebrate their blissful marriage with everyone they are close with.

What are some reasons to renew your wedding vows?

#### Cupid's Advice:

You and your husband have been married for a while now and want to show each other how much you love them still. Cupid is here to show you when it is a good time to renew your vows:

1. Anniversary: Your 10<sup>th</sup> year wedding anniversary is coming up and you want to make it special. Celebrate it by renewing your vows in front of close friends and family. You will get to relive the biggest day of your life and show your husband how happy he makes you each and every day.

2. Spice things up: Even though you are extremely happy with your husband, things have been feeling a bit routinal lately. Between work, the kids, and weekend errands, the romance of your relationship has been slipping away. Rekindle the flame by renewing your vows. You will get a chance to express your love for each other yet again.

3. Fresh start: You and your spouse have been arguing a lot over little nuisances; you forget to turn off the kitchen light before going to bed, or he leaves a mess after cooking dinner. Take a break from the bickering and remind yourselves why you fell in love. Plan a vow renewal ceremony and write out new vows. You and your husband will see how much love you have for each other and the bickering is sure to die down.

How did you renew your wedding vows? Share with us below.

### 'Scary Movie 5' Actress Molly Shannon Talks About Life's Biggest Headaches & Being a "Happy Mom"





### By Lori Bizzoco

Actress and comedienne Molly Shannon first stole our hearts on Saturday Night Live in the mid-1990s. Since then, her career has expanded to include movie star in How the Grinch Stole Christmas and the recently-released Scary Movie 5. Additionally, she's a children's author , her book Tilly the Trickster, is inspired by her own childhood and the silly antics she used to play. Here, the newly-named Excedrin spokesperson chats about what gives her the biggest headache. Shannon also opens up about life with her husband Fritz Chesnut and their two children, Stella and Nolan. She gives us the inside scoop about how she uses her comedic background and attitude to be a better parent, saying, "I know for sure that my kids think of me as a happy mom, someone full of joy." For more videos from CupidsPulse.com, check out our YouTube channel.

### Celebrity News: Julianna Margulies Says She's Glad She Waited to Get Married





By Andrea Surujnauth

Julianna Margulies was surprised to be getting married because she never thought that she was the marrying type, reported <u>People</u>. At the age of 41, she was proposed to by lawyer Keith Lieberthal in 2007. At the time, she was pregnant with their son Kieran, who was born two months later. Now 46, she shares her story in *Good Housekeeping*'s May cover story, "I feel very grateful that I had the courage to say no when I did and say yes when I could, that I waited to find the right mate and to have this little family. There's something about this time in my life where I feel like it's never going to get better."

### What are some benefits to stepping into marriage slowly?

### Cupid's Advice:

You are excited about being able to tie the knot with that special someone. If you're so excited, then why wait? Cupid has some reasons why waiting can be better than jumping the broom too quickly:

1. Experience: When you wait to get married, you gain more

experience and you get to know what traits you want in a partner and what you don't want. This way when you're ready to day "I Do", you will be sure that the person you are saying it to is really the one for you.

2. Divorce: Getting married young runs a higher risk of ending up in divorce than getting married at an older age. When you're young, you're still growing and your aspect of life is still changing so your likes and dislikes may change.

3. Stability: When you are young, you are just starting off in the business world and you are not completely financially stable. This may cause problems and arguments between you and your partner, especially if you are married. If you wait until you are both financially stable, your life and a married couple will run a lot smoother.

What do you think is a benefit of stepping into marriage slowly? Comment below and let us know!

# Celebrity News: Avril Lavigne Plans to Unveil Surprises at Her Wedding to Chad Kroeger





By Andrea Surujnauth

According to <u>People</u>, Avril Lavigne opened up to Ryan Seacrest about her wedding plans. Apparently the groom, Nickelback's Chad Kroeger, is in the dark about certain details of the upcoming big day. "It's going to be guite spectacular, and there's a theme to it," Lavigne shares with On-Air with Ryan Seacrest. "We're going pretty big, but Chad doesn't even know everything." She spilled one of her secrets to Ryan as Kroeger looked on with surprise, "I'm going to take the lyrics from the sheet music from one of our songs and wrap it around the wedding cake." When asked about their engagement, Lavinge talks about the meaningful proposal, "I had been making this scrapbook of my time in the studio. I walk over and he had taken a photo of himself holding the ring box and put the Polaroid in my scrapbook. Because I had stickers everywhere he put in 'Will you marry me?' It was really romantic and kind of made sense." Kroeger proposed to Lavigne with a 14-carat diamond ring.

How do you incorporate a theme in your wedding?

### Cupid's Advice:

You have the perfect theme in mind, but how do you incorporate it into your wedding? Cupid has some ways that you can spice up your wedding with your favorite theme:

1. Venue: Choose a venue that matches with the theme you have in mind. If you want your theme to be an exotic getaway, go for a beach wedding. If you want a winter wonderland theme, a nice cabin in the mountains could be a great choice for you.

2. Cake: Get your wedding cake involved with your wedding theme. If you want that summer exotic getaway feel, a cake with colorful hibiscus flowers would go perfectly with your beach venue.

**3. Wardrobe:** If you want a fairytale wedding, you may want to dress up with a cinderalla-like ball gown. If you want that beach theme wedding, go for something more natural like a more tightfitted gown and flowers in your hair instead of a veil.

How would you incorporate a theme in your wedding? Comment below and let us know.

### Celebrity News: Taylor Swift Admits She Doesn't Know If She Will Get Married





By Meghan Fitzgerald

Recently, 23-year old singer, Taylor Swift talked to <u>Wonderland</u> magazine about relationships, guys, and heartbreak. <u>UsMagazine.com</u> talks more with Swift, talking about "I have no idea if I'm going to get married or be single forever or have a family or just be on my own. You know, paint in a cottage by the ocean by myself." The Never Ever Ever singer has a list of countless exes, John Mayer, Jake Gyllenhaal, Taylor Lautner, and Harry Styles. Who knows what will be next for Swift.

What do you do if you're not sure what you want out of a relationship?

#### Cupid's Advice:

If you are not more than eighty percent positive you should be in the relationship you're in, you should reconsider it. Not knowing where you should be in life means you need to think more about you. You shouldn't delve further into someone else's life if you don't know your own. Cupid has some more advice on not wanting to be in a relationship:

1. Get out: Being in a relationship when you don't know what you want is a sign to get out. If you don't know what you want out of it, you should not be in a committed relationship. It isn't fair to your partner if you're not positive of what you want. Save the despair and heartbreak for your mate, and leave the relationship now. It may be difficult to do, but in the long haul it is worth it.

2. Effective communication: Communication is necessary if you're not sure what you want out of a relationship. Make sure your partner knows what you're thinking and feeling. Inform them about your confusion and anxiety of the relationship. If they are not aware that you may act differently, or may abruptly leave the relationship, let them know. Fill your mate in on everything.

3. Self-exploration: Okay, you're not sure what you want of a relationship…now is your time to explore. Hop out of the relationship and do some self exploration. Do things you wouldn't normally do in a relationship. Do things you normally wouldn't do in general. Go out of your comfort zone and find out who you are. Find out what you want out of relationships so you can go back into them.

Have you ever not known whether or not you wanted to be in a relationship? Explain below.

### Is 'The Bachelor' Sean Lowe &

# Catherine Giudici's Celebrity Love Affair in Trouble Already?





By Meghan Fitzgerald

A source told <u>UsMagazine.com</u> that Seattle native Catherine Guidici has been 'bored and lonely' since she moved to L.A for fiancé, Sean Lowe. While celebrity love Lowe attends <u>Dancing</u> With The Stars practices, Guidici typically stays home and watches TV. Her friends are so-and-so with her relationship and love life with Lowe, mostly because she was previously a driven, career woman. Plus, she gave up an Amazon gig to be on The Bachelor.

'The Bachelor' winner Catherine Giudici needs some more

attention from celebrity love Sean Lowe. What are some ways to keep the spark alive in your relationship and love life after the honeymoon phase?

#### Cupid's Advice:

The honeymoon phase in a relationship makes couples believe that the entirety of the marriage will be dreamy, trance-like, and full of passion. Unfortunately, this is not always the case. Once the honeymoon phase is over, your relationship and love may differ. Fights may arise, intimacy may become rare and in between. The honeymoon phase doesn't last forever. Cupid has some advice on how to keep the spark alive:

1. Try new things: Usually in new relationships, couples tend to try new things almost constantly. After the honeymoon phase, you adapt to a certain routine. A way you live both of your lives, sticking to the same daily events. Keep the spark alive by trying new things. Go to the new bar three blocks away for Spanish tapas. Check out rock climbing, get out of your comfort zone with your mate.

2. I love you: In relationships, it is essential to tell your partner how much you love, care, and appreciate them. Especially after the honeymoon phase when arguments may arise and complications are met. Relationships and love are not typically easy, they require effort and patience. It is easier to fix and have a healthy relationship when you express your love to your partner.

**3. Romance:** Date nights and spontaneity are a great way to keep romance in check with your relationship. Cook your partner their favorite meal: maybe he likes rigotini and meatballs? Or pack a picnic for your mate and take them to a local park on a warm spring day. Friday date nights are also a great way to get the romance going. It's important to keep the intimate time between you and your boyfriend.

Have you kept the spark alive after your honeymoon phase? Share you experience below.

# Celebrity Couples Who Don't Need Marriage to Prove Their Love





By Andrea Surujnauth

Some celebrities tend to run off and get married at the drop of a hat, while others seem to be doing their best to avoid walking down the aisle. After years of dating and one paparazzi shot after another, none of these celebrities have been spotted with a rock on their finger. We took a look at some celebrity couples that seem content to just be dating their sweethearts rather than getting hitched. Will they eventually tie the knot? Who knows, but until then, they belong on our Celebrity Couples Who Don't Need Marriage to Prove Their Love list:

#### Kourtney Kardashian and Scott Disick:

Here is a couple that has been through it all…except marriage. They have been dating for years and display their relationship on the Kardashian's shows *Keeping Up With the Kardashians*, *Kourtney and Kim take New York*, and *Kourtney and Kim Take Miami*. The couple has two children, Mason and Penelope. After all these years of dating and two children later, Kourtney still has not been spotted sporting a diamond of any kind.

#### Goldie Hawn and Kurt Russell:

The sweet Overboard couple have been together since 1983. They have a son, Wyatt Russell. Hawn has two children from a previous marriage and Russell has a son from a previous marriage. Their children has since made them grandparents. After decades of tying the knot on screen in their multiple movies together, they have yet to take the big step in real life.

**Related:** Long-Term Relationships: 5 Ways to Keep the Spark <u>Alive</u>

#### **Oprah Winfrey and Stedman Graham:**

This couple has been exclusive since 1986 but after all the years of being in love, they have not officially jumped the broom. In November 1992, the couple made a step towards marriage when they got engaged, however, the wedding ceremony did not take place and we have not heard of anything since.

### Michael Jordan and Yvette Prieto:

This long-time love story seems to have one hitch: no plans on getting hitched! They got engaged on Christmas Eve of 2011, but since then, there has been no talk of marriage from either party. Will the plans stop at an engagement? We'll find out!

Related: Stars Who Go Public With Love and Affection

### Lebron James and Savannah Brinson:

Maybe it's a trend with the basketball players these days, but it seems like James is following Jordan's game plan. After proposing to his high school sweetheart in 2011, James has not made any moves since. Now they have two kids and only engagement under their belt. Is the marriage in the works? No word about that for the past two years!

### Kristen Bell and Dax Shepard:

This couple decided to take a stand against California by not getting married. They got engaged in 2010 and have a daughter together, however, they refuse to get married until California passes a law allowing gay marriage.

What are your reasons for not getting hitched? Comment below and let us know!

# Celebrity Pregnancy: 'Glee' Star Heather Morris Is

### **Pregnant!**





By Meghan Fitzgerald

<u>UsMagazine.com</u> confirmed that Heather Morris, naive blonde cheerleader on the hit show *Glee*, is expecting her first child! Many gleeks were shocked at the sudden news, especially the fact that the star is six months along. Baby daddy Taylor Hubbell has shielded himself from the sharp Hollywood light. <u>NY Daily News</u> reports that the couple saw this as unexpected. However, they are thrilled to welcome a baby into the world!

What are some ways to announce your unplanned pregnancy?

### Cupid's Advice:

Announcing an unplanned pregnancy isn't always the easiest

thing to do. Especially if a. your or your mate's family are very conservative and super up tight. Or b. you are not married yet. And than there is c. a combination of a. and b. Which is not grand whatsoever. Although this may not be ideal on your to do list for a day. Cupid has some advice on how to make it simpler:

1. Parents first: Out of all the people you will tell about your unexpected pregnancy, your parents will be the most shocked. You and your mate should automatically tell them first . Your parents will thoroughly be upset if they find out about your pregnancy via mass email, Facebook status, or a tweet. You will be thankful you told your parents first. You'll get their initial reactions and know how to approach the rest of the announcement.

2. Facebook: Facebook is an easy and simple way to communicate information to your friends and family. If you have an unplanned pregnancy, do not worry about a thing. Your news will get out. With the great invention of Facebook, and other social media sites...your announcement will get easy as cake. People will have time to register your news and react on it, not getting their judgement in person!

3. Sonogram photos: Sonogram pictures are an easy way to announce any type of pregnancy. It is a great way to announce an unplanned pregnancy. Although they are not ideal in relationships. When love is present, how can you judge? A new person is coming into the world, you should celebrate it with the soon-to-be parents. Embrace that baby on the way! Congratulations all around!

Have you ever had to announce an unplanned pregnancy before? Share your experience below.

# Celebrity News: Kelly Ripa Opens Up About Marriage to Mark Consuelos



By Meghan Fitzgerald

Kelly Ripa, 42, has experienced many years of marriage ... 14 to be exact. Even then, there are still things which bug her about her partner, Mark Consuelos. <u>People</u> reports that she is "[0]penly hostile when Mark leaves the toilet seat up." Ripa continues to discuss how husband, Consuelos, will never put the toilet seat down. That said, she doesn't let it get in her way. She worships her other half, love radiating from her body when she's around him.

What are some ways in which fighting can help a relationship?

### Cupid's Advice:

Yes, fighting is tiresome and physically draining. Of course couples fight, you don't have a healthy relationship if you never have a disagreement. Ultimately, fighting mends problems. You can discuss dilemmas going on, and you blow off some stem. Cupid has some ways in which fighting can be a good thing:

1. Emotions: In relationships, emotions are sometimes held back. Whether it be for their own sake, or their partner. Most people in relationships do this. With fighting, all of your emotions are unleashed. Although some of these emotions may be stronger than you wanted, they still get out there. Making your partner more aware of what you're thinking and feeling all in one strong gust.

2. Strength: Fighting gives you strength. Fighting in a relationship gives you and your mate strength. It allows you to work out your problems and move forwards as a couple. It makes you aware of your strengths and weaknesses. Your mate's strengths and weaknesses. You begin to morph into one when you successfully get out of a fight with a smile. Keep powering through!

3. Excitement: This last one may seem a bit strange. However, what's more exciting than a tense, sexually frustrating fight with your love. Sometimes relationships dig themselves a grave. Burying themselves further into boredom as each day passes on. Fighting as a couple gives you something to get thrilled over. Maybe not thrilled over why you're upset, or mad. But thrilled that your partner is willing to fight for you. The same with yourself.

Has fighting ever helped your relationship? Explain your experience!

## Celebrity Couple: Jana Kramer and Fiance Brantley Gilbert Vie for Same ACM Award





By Meghan Fitzgerald

Jana Kramer, and fiance Brantley Gilbert recently competed yesterday at the Academy of Country Music Awards for the "best new artist" trophy. The couple got engaged the 28th of March at the historic Ryman Auditorium in Nashville, Tennessee. The twosome are now settled in Nashville, with Kramer focusing on her music for the tour with Blake Shelton this summer. Kramer plays around with <u>People</u>'s reporters saying, "We're up against each other and we've got our gloves on!" Although neither half of the couple won "new artist of the year," they did each win an award. Kramer won "new female vocalist of the year" and Gilbert won "new male vocalist of the year."

### How does friendly competition keep your relationship fresh?

### Cupid's Advice:

Depending on you and your mate's competitive levels, you may not want to engage in friendly competition. The results for the mass are grand. However for the few, they can vary. Throwing friendly competition into the valuable of a relationship keeps it fresh, keeps it alive. It allows you to bond with your partner, knowing them better than simply factual information. Cupid has some more advice on friendly competitions:

1. Awe factor: Having a competition with your beau allows either of you to gain some awe towards one another. It can be your partner to you. You can discover how competitive your mate is, but in the slightest of ways. For you of course, so he doesn't hurt you. If they win 'said' competition, you become aware of how hard they worked to get to that position. Aware of how they work in general, and as always, how much they love you.

2. Knowledge of partner: Knowing more of your partner is never a bad thing. Unless they secretly store extinct, decrepit Tasmanian Tigers in all of their closets. Since hopefully this is not the case for you, having a friendly competition allows you to know your mate more. How they think on command, what they do in pressured situations. How they react in certain scenarios. You pick up on their little mechanisms, eventually putting them altogether to analyze the whole machine.

**3. Something to do:** As much as you and your beau are in love, relationships can get dull. It's a fact. It's not you, or your

partner, or the both of you together. It's simply that you two may and most likely will get bored. Adding a friendly competition into your relationship keeps it fresh and going. It gives you something to do on a Friday night when neither of you want to go out. Yet you don't want to sit on the couch all night watching re-runs of Dr. Phil.

Has friendly competition ever kept your relationship fresh? Explain below!

# Celebrity Baby: '7th Heaven' Star Beverley Mitchell Welcomes Daughter Kenzie Lynne





By Meghan Fitzgerald

March 28th, former 7th Heaven star Beverely Mitchell and husband Michael Cameron welcomed their first child, Kenzie Lynne! The actress's rep confirmed to <u>UsMagazine.com</u> that their beautiful daughter weighed in at 5 lbs and 15 oz. Stretching out at 18 and a half inches in Santa Monica, California. The actress tweeted "I never knew a love like this existed," "Michael and I are mesmerized by our little Kenzie! She's perfect." The couple are planning their adventures already with their newbie!

### How do you compromise with your partner on baby names?

### Cupid's Advice:

Having a baby is exciting! You have a brand new addition to your family, and you and your mate are more than thrilled to name it. Naming your child holds a lot more pressure than most people would expect. This is the name your newbie will be called for the rest of their lives, and you have to decide it. Problems will most likely arise with you and your partner on picking your baby name. Cupid has some advice on helping you two:

1. Theme: To make matters less complicated with you and your partner, it is best to think of a theme for your baby's name. Maybe you want something more traditional and your mate wants a name relatively modern. When you both have come up with a theme of names, it is easier to find common ground. Take the in between of traditional and modern names, and there you go!

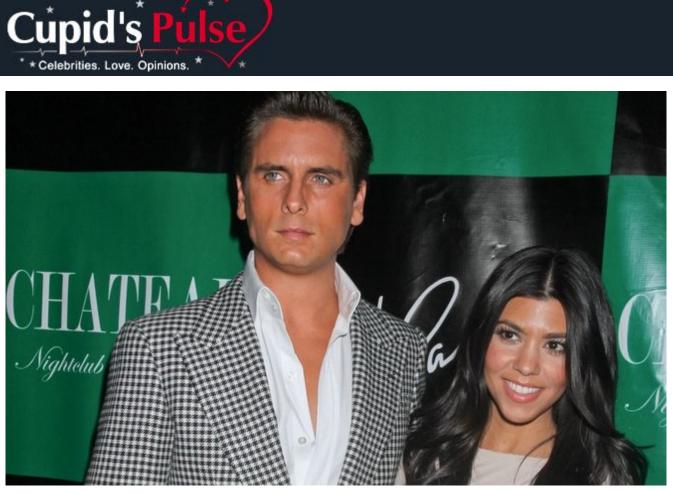
2. Middle name: If you and your beau are having complications with your child's name, a compromise can result to a middle name. If you and your partner can not decide on a first name, take both of those names and morph it into one name. Making it the middle name. If this approach is too modern for you, use one of the names for their first name, and one for the middle. A simple game of rock, paper, scissors would suffice of how gets the first name.

3. Unisex: Compromising with baby names is challenging, a non stressful way is to choose a unisex name. You may want a girly and dainty name for a girl, and your partner could want something stronger. Well ladies and gentleman of parenthood, pick a unisex name! There are a myriad of different choices out there, go fish!

Did you compromise with your partner on baby names? Explain your experience below!

### Celebrity Pregnancy: 'High

# School Musical' Star KayCee Stroh Celebrates Her Baby-to-Be



By Whitney Baker Johnson

KayCee Stroh's spring is already looking pretty in pink. On Saturday, March 23rd, the *High School Musical* star and former *Celebrity Fit Club* contestant kicked off the new season with a chic baby shower at the W Los Angeles-Westwood. With blooms by Sky Flowers, food by LYFE Kitchen and dessert by Magnolia Bakery, the guests, including Vanessa Hudgens, *Hannah Montana's* Anna Maria Perez and *I Kissed a Vampire's* Autumn Grabeel, were treated to a day of pampering from beauty companies like Nail Garden, Lash Fairy, LipSense and more. The mother-to-be got ready for the event with celebrity stylist Anya Sarre, who also helped plan the soiree. Sarre recently welcomed her first baby — son Sawyer William — with husband Tim and knows firsthand that a bundle of joy makes everything different. "The definition of romance has changed," Sarre says of life post-baby. "We still make time for us, but we incorporate the baby. A date doesn't have to be a candlelit dinner for two."

### Related Link: 'My Girl' Star Anna Chlumsky Is Expecting

It sounds like Stroh and husband Ben Higginson have taken this advice to heart. For starters, the twosome has built a strong foundation for their relationship since tying the knot in 2009. After dating for only six months, Stroh realized that her man was someone she couldn't live without. "I knew he was 'the one' because of the way he made me feel and how he made laugh in times of despair. He balances me and always reminds me of what really matters in life."

Plus, they've already "made a few packs" to ensure that romance doesn't fall to the wayside after their daughter is born. In order to keep their love a priority, after a long day of work, they've promised to kiss each other first before turning their attention to the baby. Another important activity is a weekly date night. "Ben's parents always did this, and we feel it's really great advice. Sometimes, couples just need time together to talk like adults and remember why they love each other," the star explains. "We've decided on every other Friday night. That's our plan to keep our marriage healthy and happy!"

While they know a baby will add a lot more responsibility and stress to their relationship, they also think their child will improve their marriage for the better. "I can't think of anything that would strengthen our bond more than looking into the eyes of our baby girl and knowing that we created something wonderful together," the actress gushes. "What an incredible bonding experience!"

**Related Link:** <u>Holly Madison Discusses Baby Names and Wedding</u> <u>Plans</u>

Higginson is already proving to be an involved daddy-to-be, which is no surprise for his wife. "He's always been a part of the decision-making process in our lives. He's helped me every step of the way, whether it's going to doctor's appointments with me or tracking down my most ridiculous request for the nursery."

"He's such a champ," Stroh adds. "I'm really lucky."

Stroh's close friend, Rachel Leigh Cook, has no doubts about the couple's growing family. "Any child coming into this world would be lucky to have you two as parents. You are both all heart," she said at the shower. "I hope your daughter is blessed with Ben's silliness and KayCee's singing voice."

To keep up with Stroh, follow her on <u>Twitter</u>.

# Celebrity Pregnancy: 'My Girl' Star Anna Chlumsky Is Expecting





By Meghan Fitzgerald

According to <u>People</u>, 'Veep' star, Anna Chlumsky, and husband Shaun So are expecting their first child this upcoming summer! I'm feeling pretty good so far, Chlumsky, 32, tells *People*. I was really lucky I did not have any morning sickness which was great because I was working. <u>CNN</u> reports that the couple since 2008 are getting their nursery ready and preparing for their baby! The two are keeping the gender of their baby a secret...guess we'll have to wait until summer!

#### What are some ways to have a worry-free pregnancy?

### Cupid's Advice:

It is essential to have a worry-free pregnancy so your child will come into a non stress, loving environment. Being pregnant is not always the easiest thing you will do in your life. However, there are ways to keep it non stressful. Cupid has some more advice on a worry-free pregnancy:

**1. Yoga:** In most aspects of life, yoga relieves stress and creates a worry-free life. Yoga increases your sleep schedule,

it reduces anxiety, increases strength and flexibility. It decreases any pain you may be having, and risk the chance of labor problems. Prenatal yoga strengthens your muscles, but it also strengthens your mind! Prenatal yoga only involves breathing, stretches, postures, and relaxation.

2. Preparation: A worry-free pregnancy can be had if you prepare for your pregnancy! With a few easy steps, you can organize yourself and have a relatively easy pregnancy. Prepare your child's room-to-be, their clothing, the baby shower. Organize a sleep schedule, when you will get back to work, any doctors appointments or parties. Plan months and months ahead and you won't worry about a thing.

3. Support: Having a worry-free pregnancy is easier to uphold if you have a person by your side, preferably a significant other. You want your partner to be with you all along the steps of your pregnancy. Having your mate by your side will release all the weight off your shoulders. Any problems you may have can go straight to them. Support will come right along in your relationship.

Did you have a worry-free pregnancy? Share your experience below.

## 'Ready for Love' Host Giuliana Rancic Says, "Having a Strong Marriage is the

### Greatest Example You Can Set for Your Child"





#### By Whitney Baker Johnson

Giuliana and Bill Rancic have a relationship that many of us admire, so it only makes sense that the couple was tapped to host NBC's upcoming dating competition show *Ready for Love*. They've opened up their personal life to fans on their own reality show *Giuliana and Bill* on the Style Network, and now, they'll be taking on a new role in front of the camera. "We absolutely love working together," Giuliana says of the experience. "We banter back and forth quite a bit, but it's all in fun."

She adds that deciding to host the show was a no brainer.

"We're always traveling and working apart, so it was the perfect opportunity for us to not only be a part of such a great show with amazing people but to spend some time together while doing it."

The premise of *Ready for Love* is different than other dating shows. The three bachelors – Ben Patton, Tim Lopez and Ernesto Arguello – were each paired with twelve ladies by three matchmakers, Amber Kelleher-Andrews, Tracy McMillan and Matt Hussey. Giuliana knows firsthand that *Ready for Love* is the real deal. "By using relationship experts, the compatibility between the bachelors and each girl is really tested," she explains. "This is, by far, the most realistic dating reality show I've ever seen."

So did the Rancic's share any of their wisdom and experiences as a madly-in-love couple with the single men? "Well, the matchmakers are experts, and they don't necessarily need help from us, but we did throw in little pieces of advice to the guys here and there. You'll have to tune in to find out!"

That's not to say that the couple didn't get to know the bachelors both on and off the set – Ben and Ernesto even came to their baby shower! "We really bonded with each of them and truly rooted for them while they searched for love," the host says. "They are all such great guys."

If the men had asked for their advice, the twosome believes that communication is most important for a successful relationship. When they're in different cities for work, they're "always checking in and trying to put each other first – that's what keeps us strong."

Related Link: Ready for Love: Three Extraordinary Men

Of course, they have a new member of the family who they have to make a priority too: their seven-month-old son, Edward Duke. Even so, becoming parents hasn't changed their relationship. "If anything, it's just brought us closer. We're both so happy and grateful."

"Baby Duke is so adorable, and we're loving every minute of parenthood" the first-time mom adds. "Every 'first' he has is the greatest moment in the world."

For new parents who are struggling to fit romance into their lives, the television personalities say spending one-on-one time together is a must. "It's so important to stay connected to your spouse as a new parent," Giuliana shares. "Having a strong marriage is the greatest example you can set for your child."

Be sure to check back next Monday, April 8 for our interview with Ben Patton and Tuesday, April 9 with Matthew Hussey! Catch the premiere of Ready for Love on Tuesday, April 9th at 9/8c on NBC. For more information about Giuliana, you can follow her on <u>Twitter</u> and watch her on E! News.

## Shiri Appleby Welcomes a Baby Girl





By Meghan Fitzgerald

Shiri Abbleby and fiance, Jon Shook spook to <u>UsMagazine.com</u>, confirming the <u>birth</u> of their little baby girl March 23rd in Los Angeles! Of her daughter, The <u>Girls</u> star stated, "She's heaven. I'm beyond thrilled." <u>Huffington Post</u> reported that the <u>couple</u> decked their baby's room with a chandelier, rug, and are now looking for drapes. The couple refused to release the gender of their <u>baby</u> until now!

### How do you prepare to welcome a baby girl versus a boy?

### Cupid's Advice:

Preparing for a child is stressful. Not only is it stressful, but it obviously needs a lot organizing and preparing. When preparing for a baby girl versus a baby boy, you may have to prepare differently. Most importantly, you need to be ready for pink! Pink everything ladies and gentleman! Cupid has some more advice:

1. Pink: Parents-to-be, if you are welcoming a baby girl, be

prepared for a mess full of pink. Even if you do not supply the pink, your baby shower sure will. Your baby girl will soon be decked out in all pink attire, so be prepared. Also, the color of the room will need to be gender-specific. When preparing for a baby girl, that color is hands down pink. <u>Parents</u>, go buy some paint and start with those walls!

2. Safety: Preparing for a <u>child</u> is frightening, the amount of work you need to put into your house safety is substantial. It may seem obscure at first, however when your baby girl arrives, you will soon know why locks are necessary. Talk to other parents on how they safety proofed their house, or look in parenting magazines! Once your house is safe, your baby girl is prepared to come inside the home.

3. Childbirth: Childbirth is one of the main things to prepare for when welcoming a baby girl. Birthing classes are ideal for new <u>mothers</u>-to-be. It will teach you breathing methods, different ways to position yourself and control contractions. Learning how to undergo childbirth will prepare you to welcome a new baby girl.

How did you prepare for a girl versus a boy? Explain your experience below!

## Celebrity Couple Gwen Stefani & Gavin Rossdale Visit a Park with Their Sons





By Meghan Fitzgerald

Sunday, March 24th, rockstar, Gwen Stefani and husband, actor, and musician, Gavin Rossdale strolled happily along in a park through L.A.'s Sherman Oaks neighborhood. Their two sons, Zuma, 4, and Kingston, 6 took turns hitting a baseball around, reported <u>UsMagazine.com</u>. <u>Celebrity Baby Scoop</u> states that the couple and children headed there way to the Easter bunny, and later taking a family hike through the Hollywood hills.

What are some ways to keep the romance alive when you have kids?

### Cupid's Advice:

Kids are messy, chaotic, all-in-all, a ton of work. They consume the majority of you and your partner's time out of the day. Most people say new couples with children will experience sexual disconnect, this is true. It also continues on in the relationship if you don't do something about it. Cupid has some advice to keep a spark in your relationship when you have kids:

1. Sex: Being intimate with your partner will sure as anything keep your romance alive. The only problem here, is you have kids. Kids who probably spend nights in your bed. Kids who are constantly around, and wanting to be around. To keep the romance alive through intimacy, it would be useful if you planned weekends, or nights to get away. Whether you send your kids to your parents, or book a hotel for a night, it is possible to do!

2. Date nights: Do you remember the days when you and your partner went on constant dates? Even if it wasn't constant, the romance was present when you and your mate spent nights together. Plan a date night every other weekend, or every two weeks if every other isn't possible. Go out to your favorite restaurant, or a local bar. Having date nights will make you two realize how much you love each other and it will definitely keep the romance alive.

3. Attentive: Be attentive to your partner, and hope that your mate is attentive to you and your needs also. Being attentive shows your partner how much you care about them and your relationship. It also shows that you love them because you are willing to take time away from your kids and spend it on them. Ask them how their day was, what they're thinking about, if they need help with anything.

Did you keep the romance alive when you had kids? Explain your experience below!

# Celebrity Couple Jesse James & Drag Racer Alexis DeJoria Tie the Knot



### By Whitney Baker Johnson

Television personality and motorcycle customizer Jesse James recently said "I do" for the fourth time. According to <u>People</u>, he tied the knot with professional drag racer Alexis DeJoria on Sunday in Malibu at the home of her father, co-founder of the Paul Mitchell hair care products line and Patron Spirits Company. <u>ABC News</u> reported that the bride wore a strapless white dress with black details and showed off her extensive collection of tattoos. The couple, who live together in Austin, Texas, exchanged rings by well-known jeweler Neil Lane. James is no stranger to the tabloids: his divorce from Sandra Bullock made headlines in June 2010, while his broken engagement to Kat Von D was splashed across magazines in September 2011.

How do you keep your faith in marriage after a failed attempt?

#### Cupid's Advice:

It's not always easy to jump back into the dating game after getting burned by a bad relationship. It's even harder to give marriage another shot after a failed attempt (or two). Cupid's here to offer some advice:

1. Let go of bitterness. Before you can open yourself up to love again, you must leave behind the cynicism and negativity that may have filled your broken heart. After all, this bad attitude only hurts you. You look petty and jealous, and many people – potential suitors included – will be turned off by your behavior.

2. Know what you want. Take a look at your failed marriage and try to learn something positive from it. Why didn't it work? What went wrong? Then, consider what you want in your next spouse. What are your relationship must-haves and deal breakers? Having a clear idea of your future love life will help you find an everlasting partnership.

3. Remember the good things about love. Once you adjust your attitude and determine what you're looking for in your next relationship, you must be open-minded to true love. Immerse yourself in romance: watch your favorite rom-coms, listen to sappy songs and read your favorite books with fairy tale endings. Remind yourself that "happily ever after" does exist and that it can be your's.

How did you find faith in love after a broken heart? Tell us in the comments below.