

Rumor: Is Jennifer Aniston's Wedding On Hold?



By April Littleton

Rumor has it that Jennifer Aniston has put a halt to her wedding plans – at least for now. Justin Theroux and the former *Friends* actress have decided to slow down on their plans to walk down the aisle to focus on their separate careers. Both actors have signed up for upcoming movie projects. A source who knows the couple professionally told [People](#), “There are other priorities (besides marriage).” Another insider said, “They need to figure out a way to create a life that makes them both happy. Still, Jen can’t wait to be (Justin’s) wife.”

What are some reasons to delay your wedding?

Cupid's Advice:

Postponing a wedding is never an easy decision, but it might just be the best thing for you and your partner to do. Unforeseen events can happen that will make continuing on with wedding plans almost impossible, but this shouldn't be a discouragement from the idea of marriage altogether. Cupid has some advice:

1. The stress: Sometimes the stress of planning a wedding can be overwhelming for a bride, especially if you're doing it without much help. When this happens, it's OK to take a break and get the focus back on the actual relationship, or maybe call in some reinforcements to help with the planning. Just because the wedding is postponed doesn't mean you won't get the chance to marry your significant other. It just means the wedding won't happen when you originally planned it.

2. Careers: In some situations, weddings will need to be put on hold because of the careers of the bride, the groom or both. You or your partner might get that promotion you've always dreamed of and may need to relocate to a new city. If this happens, you and your partner will need to decide on a new place of residence. Until you get all of that settled, you won't have much time to think about marriage.

3. Unexpected death: One of the most common reasons many couples delay their wedding is because of a sudden death of a family member or friend. It wouldn't feel right to hold a wedding when so many people around you are in mourning. If you have to deal with an unfortunate situation like this, it would be wise to push back the wedding until after the grieving period has passed.

Did you have to delay your wedding or know some other reasons why it should be delayed? Comment below.

'Top Chef' Host Curtis Stone and Lindsay Price Tie the Knot



By Kerri Sheehan

The host of Top Chef Masters, Curtis Stone and actress Lindsay Price walked down the aisle this Saturday in Spain, according to [People](#). Stone and Price had one son together back in 2011 before getting engaged in 2012. When asked about his honey Stone said, "She is a real sweetheart and I am lucky to have found her."

How do you know when you're ready to tie the knot?

Cupid's Advice:

Transitioning from relationship to marriage is a lot harder than it sounds. Cupid has some advice about how to know when to make the move:

- 1. Trust:** For a relationship to be able to make the leap to marriage the couple must trust each other above all else. If you don't have a shared trust then the foundation of your union is a weak one.
- 2. Life Goals:** One thing that often causes divorce is when the two parties simply want different things out of life. If one of you wants kids and the other doesn't then you could be in for the fight of the century.
- 3. Communication:** This component of marriage is vital. To make a marriage work you must be able to talk freely about any issues that arise.

Do you think you're ready to tie the knot? Share below.

Kristin Cavallari and Jay Cutler Tie the Knot in Nashville





By Petra Halbur

Kristin Cavallari and Jay Cutler were married over the weekend in Nashville, Tenn. The *Hills* star and Chicago Bears quarterback quietly tied the knot at the Davidson County Clerk's office in Nashville on Friday and celebrated with a ceremony the following day on June 8. The ceremony took place at Woodmont Christian Church, which was listed #1 on Martha Stewart's "Wedding Ceremony Locations in the South." Despite the impressive location, however, it was an intimate affair. "It's going to be about 150 people, so not huge," Cavallari told UsMagazine.com back in May. "I was never the girl who dreamt about my wedding or any of that stuff, but the wedding how we're planning is exactly what I wanted. I think it's going to be perfect for what we're doing."

How do you decide who to invite to your wedding?

Cupid's Advice:

The guest list is, perhaps, the most stressful part of planning a wedding. Cupid is here to help:

1. Choose the wedding size: Before anything else, you and your partner need to decide how large you want your wedding to be. Once you've picked a guest count, then you can start prioritizing potential invitees.

2. Consider obligations: It may be tempting to exclude everyone you don't like from the guest list, but consider your familial and relational obligations to the people in your life. In some respects, a wedding is for the friends and family as much as it is for the bride and groom.

3. Don't do it for the gifts: Unless you're planning a wedding for thousands, don't invite that wealthy friend-of-a-friend-of-a-friend. It's shallow and transparently materialistic.

How did you pick your guest list for your wedding? Tell us below.

'Mad Men' Star Jared Harris Is Engaged to Longtime Girlfriend





By Marisa Spano

We would like to hope that Jared Harris is not mad, but rather blissful! The former *Mad Men* star, 51, is engaged to beautiful, longtime girlfriend, Allegra Riggio. Harris' fiancé could not hold herself back from the excitement and posted a *Vine* video of her heart-shaped Erica Courtney sparkler, reported [People](#). According to a release sent out by the jeweler, the heart-shaped diamond rose gold engagement ring was custom designed. That's enough to drive any girl mad.

How do you know what engagement ring to get for your bride-to-be?

Cupid's Advice:

Finding the right ring is a long and hard process. Cupid is here to help:

1. Pay attention: There are a lot of choices out there! Look at what your sweetheart wears on a daily basis. That should give you a clue of her style.

2. Bring a friend: Don't go to the jewelry store alone. There are going to be way too many choices. If possible, maybe even bring your love's mom with you. Mother's know best.

3. Do your research before: before you even set your foot into a store be sure to read up on diamonds. There are a lot of things to know and if you go without any knowledge you are almost guaranteed to do wrong.

How would you get the perfect ring? Let us know below!

Jimmy Kimmel Celebrates Bachelor Party with Vancouver Getaway





By April Littleton

Jimmy Kimmel and about 20 of his friends went to Vancouver for a bachelor getaway. The late night talk show host spent the weekend at the Opus Hotel in Yaletown. Some of his guests included comedian Jeff Ross and former *Mad Men* cohost Adam Carolla. The bachelor party consisted of a weekend of bike rides, champagne and seafood. A source told UsMagazine.com, "The bike ride was really awesome, (and) they ended up at a food truck called Fresh Local Wild. The guy who runs the food truck did a spread for the group – all local – crab cakes, oyster sandwiches."

What are some creative ways to celebrate a bachelor/bachelorette party?

Cupid's Advice:

The bachelor and bachelorette party is considered the last hooray when it comes to living the single life. These parties are a great way to celebrate the end and the beginning of two different aspects of your life. Are you looking for your last

night of singledom to be exciting and memorable? Cupid has some advice:

1. Scavenger hunt: Running around town all night looking for a hidden “treasure” may be the perfect way to celebrate your upcoming wedding. You’ll stay active throughout the game and a little friendly competition never hurt anyone. As for the list of locations and tasks, include questions based on your spouse-to-be’s likes and dislikes and search around areas where you and your partner share special memories together.

2. Go co-ed: Celebrate your love by celebrating together. Grab your whole gang of friends and family for a night out. Go the movies or have a special dinner. Go back to the place where you had your first date and share romantic stories with your party guests. If as a couple, you prefer a more active environment, rent out a skating rink or spend the day doing outdoor activities – like go carting, miniature golf or swimming.

3. Stay in: If you’re not much of a party animal, ask a couple of your closest friends over for a slumber party. Watch some of your favorite movies, cook some of your favorite meals and pig out on cake and ice cream. Talk about each other’s first crushes and the moment you knew you met the love of your life. It’s guaranteed you’ll have a night full of laughter and fun.

How did you celebrate your bachelor/bachelorette party? Comment below.

Kristin Cavallari Wears Tiara

While Celebrating Bridal Shower



By April Littleton

According to UsMagazine.com, Kristin Cavallari wore a sparkly tiara and sash during her bridal shower at The London in West Hollywood over the weekend. The former *The Hills* star shared a picture of her bridal getup surrounded by friends to her Instagram account Tuesday, June 4. Cavallari is set to marry Jay Cutler this summer. She and Cutler are parents to Camden, who's 9 months.

How do you personalize a bridal shower?

Cupid's Advice:

A bridal shower is one of the most fun events you will get to experience as you're preparing for your wedding. The shower will be the opportunity for your friends and family to plan something that will pay homage to you. Your loved ones will get to showcase your personality through gifts, games and some unique activities. Want the day of your shower to be something you'll never forget? Cupid has some suggestions:

1. Pick a theme: Your bridal shower will show some character if there's a theme involved. Do you love to watch football with your partner? Pick a sporty theme for your shower. Maybe you're more of a girly girl. Deck out your bridal shower in all pink. Are you a goofball? Ask your guests to wear silly costumes and hats.

2. Decorations: Instead of gathering a bunch of store-bought decorations, get your bridal party to help you create your own. Throw some cute cutouts around the room, like hearts, wedding bells and flowers. Fill your party favors with personal objects. Do your friends know you can't live without makeup? Pick out an assortment of lip glosses and fill bags with them. Anything that shows off your style will be the perfect gift for your guests.

3. The location: The bridal shower doesn't necessarily have to take place inside of your home. If you're considering a sporty theme, think about having your shower outside or maybe even at a bowling alley. If you're all about keeping the party mellow and casual, maybe take the girls out to a spa. No matter what you decide, throw the traditional "rules" out the door and plan the shower YOU want.

How did you personalize your bridal shower? Share your experience below.

Jennifer Aniston and Justin Theroux Attend Lake Bell and Scott Campbell's Wedding



By April Littleton

[People](#) reports the appearance of Jennifer Aniston and Justin Theroux at Lake Bell's and Scott Campbell's wedding Saturday at the Marigny Opera House. Aniston was spotted wearing a short, floral print summer dress, while her fiancé kept things more formal in a gray suit with a black-and-white tie. Theroux is good friends with Campbell, a tattoo artist and fine artist, and attended the wedding as one of the groomsmen.

What are some ways to make a wedding the perfect date?

Cupid's Advice:

Wedding can be the perfect place to get to know a significant other a little better. The love surrounding the atmosphere and the all around positive vibes are contagious. You would be crazy not to want to share such a lovely experience with your partner. However, there are some do's and don'ts when it comes to taking a date to such a sacred ceremony. Cupid has some tips:

1. Help your date fit in: Don't just leave your date standing out in the cold. Show off your significant other. Introduce him or her to some of your friends and see how they get along. It's more than likely that your date will only know you at this event. So, it's up to you to make your lover feel as comfortable and as entertained as possible.

2. Sneak in some alone time: Take advantage of the romantic scenery and slip away with your date somewhere. If the location of the wedding happens to be outdoors, find a secluded spot and have a conversation. Ask your partner how they feel about the wedding so far. If you envision things going further between the two of you, it may even be a good idea to discuss the future of your own relationship.

3. Don't flirt: Most guests see a wedding as the perfect opportunity to flirt with other people and find their next potential boo. If you're serious about the person you're investing your time with, don't give anyone else the type of attention your partner deserves from you. You shouldn't engage in any flirtatious banter with anyone else but your date, especially if you want to continue seeing them after the wedding.

How would you make a wedding the perfect date? Comment below.

'Idol' Couple Ace Young and Diana DeGarmo Are Married



By Kerri Sheehan

American Idol crooners Ace Young and Diana DeGarmo have officially tied the knot. According to UsMagazine.com, the two got married on Saturday, June 1 at the Luxe Sunset Boulevard Hotel in Bel Air, California. The couple tried to make their ceremony specialized to really reflect who they are. "We want everybody to have fun, let their guard down," said Young.

What are some ways to incorporate personal elements in your wedding?

Cupid's Advice:

Your wedding is the perfect time to add some personal flare for guest to enjoy. Cupid has some advice on how to do so:

1. Food: Everyone that has ever been to a wedding knows that food is one of the most anticipated elements of the event. Adding your own favorite foods to the menu will help you share your likes with your guest. Also think about creating a signature "wedding cocktail" to be served to guests.

2. Décor: Decorations tell a lot about a ceremony. Whether you're a big beachgoer, a world traveler, or a huge fan of a certain book or movie, you can easily incorporate those elements into your décor. You want the ceremony to really reflect who you and your partner are.

3. Wedding favors: This is another way to show guest who you are. If you're a music lover then a mix CD is a good idea for a favor, or if you're more of a foodie then some sort of wine or candy is another way to go. The possibilities are endless!

What are some ways you can think of to incorporate personal elements into your wedding? Share below.

Short Term Celebrity Marriages (Learn From Their Mistakes)





By Andrea Surujnauth

Celebrities seem to always be in and out of marriage faster than the rest of us. Take Kim Kardashian and Kris Humphries, for example. The couple dated for a mere six months before deciding they were ready to tie the knot. Then lo and behold, 72 days later, the story of their split hit newsstands everywhere. A 72-day marriage is not something you hear about everyday, but in Hollywood, short-term marriages happen all the time. Kim and Kris may be getting a lot of heat for their marriage, but believe it or not, they are not the shortest-lived marriage to ever hit Hollywood. Let's take a look at some celebrities who jumped the broom then called it quits shortly after:

Britney Spears and Jason Alexander:

This couple tied and untied the knot faster than Kim and Kris! This pop princess had a little too much fun in Sin City with a childhood friend, and it ended with a drunken wedding ceremony. Spears and Alexander were married for a total of 55 hours. The couple got their marriage annulled. We doubt they

will be partying that hard ever again!

Dennis Rodman and Carmen Electra:

These lovebirds seemed to have fallen under Las Vegas' spell as well. At 7a.m., these two decided to jump the broom. The two denied intoxication and said their holy union was legit. However, actions speak louder than words because 9 days later, the couple got their marriage annulled.

Related: [4 Hollywood Breakups That Offer a Lesson In How Not To Behave During Divorce](#)

Mario Lopez and Ali Landry:

This *Saved By The Bell* heartthrob married actress Ali Landry in April 2004. Sadly, their marriage didn't even last long enough to make it to the honeymoon. The couple had their marriage annulled 18 days later. After dating for 6 years, Landry found out that Lopez had been unfaithful to her throughout their time together. Too bad she didn't find out 19 days earlier.

Renee Zellweger and Kenny Chesney:

This couple got hitched in the Caribbean after dating for only 4 months. They met at a tsunami-relief event and thought it was love at first sight. After 225 days, they annulled their marriage. Zelleger cited "fraud" as the reason for the split.

Pamela Anderson and Kid Rock:

This bizarre pair had an on-and-off relationship from 2001 to 2003. In 2006, they opted for a drunken wedding on a yacht, Anderson wearing a string bikini and Kid Rock wearing a t-shirt and baseball cap. 122 days later, the two raced to the court to file for a divorce. Kid Rock beat Anderson by 53 minutes.

So the moral of the story is lying, cheating and alcohol is

definitely not the basis of marriage. These celebs made the mistakes, so lets all learn from them!

What mistakes do you think celebrities make when choosing their spouses? Comment below and let us know!

Sean Parker Marries Alexandra Lenas in \$9 Million Wedding



By Petra Halbur

Sean Parker married Alexandra Lenas on Saturday, June 1st, in one of the most expensive weddings Silicon Valley had ever

seen. According to [People](#), Parker and Lenas tied the knot before 300 family and friends in a ceremony that cost \$9 million. The Ventana Inn, where the wedding took place, was decorated to resemble a movie set, complete with fake waterfalls, a gated cottage and a \$600,000 stone gate. The dance floor reportedly cost \$350,000 and the cost of flowers and plants totaled to \$1 million.

How do you decide how much money to spend on your wedding?

Cupid's Advice:

It's easy to get carried away with a wedding. Of course, you want to make your big day memorable but you don't have to spend a fortune to do so. Cupid has some ideas to help:

1. Remember what's important: Ultimately, your wedding is a ceremony to mark the beginning of your new life with your spouse. Don't lose sight of that.

2. Prioritize: Decide which part of the wedding is most important to you. Is it the dress? The location? The cake? Pick one or two things to splurge on and take a frugal approach to the rest.

3. Consider the long-term: A wedding lasts only one day. Consider your honeymoon, and any future vacations or material indulgences that you might rather spend the money on.

How did you budget your wedding? Tell us below.

Celebrity Couple: Stephen Amell Marries Cassandra Jean for the Second Time



By April Littleton

Arrow star Stephen Amell and the *Hart of Dixie* actress Cassandra Jean tied the knot for the second time in New Orleans Sunday, May 26. The happy couple originally married during a Caribbean vacation last Christmas. Before returning to shoot the second season of *Arrow*, Amell plans to travel the world with his wife. He told UsMagazine.com, "We're mixing in some international promotion for the show with a nice vacation. Stockholm, London, Monte Carlo, Toronto and China."

What are some creative ways to renew your wedding vows?

Cupid's Advice:

Renewing your vows is a way for you and your partner to declare your love for one another all over again. Getting your vows renewed expresses the fact that you're still interesting in keeping the commitment you pledged to your significant other all those years ago. Are you thinking about reaffirming your love in a special way? Cupid has some advice:

1. Go somewhere exotic: If your original wedding was close to home, take your renewal ceremony as an opportunity to plan a trip! Renew your vows in Hawaii or Italy! If there's a place you and your partner always wanted to visit, consider using that location for your special day.

2. Make it a surprise: Hide your vow renewal plans from your spouse until the big day! Trick your partner into getting dressed up and lead them to the renewal location. Make sure your friends and family show up ahead of time and have your vows in hand. This will surely be a surprise your loved one will enjoy!

3. Write your own vows: If you used traditional vows during your wedding, switch things up a bit and write your own this time around. Your personalized vows can say just about anything you want. Reminisce over your first date or talk about the birth of your first child. This is the time to look back on those special memories you and your partner share together and remind them you still love them just as much as you did when you first said "I do."

Have you renewed your vows? How did you make it creative? Share your experience below.

Celebrity News: Should We Be Worried About Ben and Jen's Marriage?



By Jared Sais

It all started during the Oscars when Ben Affleck stated his marriage to Jennifer Garner was “work.” He recently hosted *Saturday Night Live* (SNL) and addressed his choice of words in his monologue. So after analyzing both speeches, there’s something you all must know. There is no better place to start than by looking at the couple’s non-verbal cues at the Oscars.

Jen appeared to be genuinely touched and demonstrated loving support for her husband. Before he even spoke, the actress was already showing signs of joyful tears, the same emotion you

would see at a wedding. These feelings get even stronger when Ben starts to speak about her.

First, her inner eyebrows are raised, indicating that she was very emotional. When her inner eyebrows are raised, you also see wrinkling on her forehead. This cue is just a side effect of her raised inner eyebrows, but it helps to indicate that she's truly feeling this emotion since deep wrinkles are hard to fake. Finally, she shows the trifecta of strong emotional feelings as her chin dimples and bulges.

You may think these three non-verbal cues indicate sadness, but don't be fooled! Jen was extremely happy and proud of Ben. In addition to the cues above, she showed the following cues of joyfulness: smiling with the addition of dimples and crow's feet (wrinkling at the corner of her eyes). Crow's feet is a powerful cue used to identify a sincere smile versus a fake smile, which only happens near the mouth. A true smile includes the mouth, cheeks and eyes – everything that Jen was showing.

Of course, we all want to know what Jen was thinking when Ben started talking about their relationship being "work." She showed three notable non-verbal cues. First, she tilted her head to the side, which indicated that she was wondering a bit about where Ben was going with his speech. She was surprised but not offended by what he said.

She also sat up straight and slightly tilted her chin upwards, indicating that she was curious about what Ben was saying and perhaps getting a bit uncomfortable. You may have thought the Oscar winner was digging himself in a hole with his comments, but his wife didn't show any signs of anger. Instead, she appeared to just be pondering what he said.

Finally, Jen did a shoulder shrug when Ben said, "It's a lot of work, but it's the best kind of work." This shrug demonstrates complete agreement. She knows he's speaking the

truth and saying it with all the [love](#) in the world. Relationships do require a bit of work, especially in the hectic celebrity world.

Related Link: [What We Can Learn from “the Work” Celeb Couples Do](#)

Now, let's move on to Ben's non-verbal cues during his Oscar speech. First, you will see Ben do a double-take (look twice at Jen or at least in her direction), as if he was almost reminded to thank her in his speech. In this case, the spontaneous nature actually made his speech more from the heart rather than prepared or scripted.

When Ben mentions her name, his voice cracks slightly. As we all know, when we are very emotional, our voices will sometimes crack. Usually, it's in an effort to hold back further emotions like tears. We will see this happen again at the end of his speech when he thanks his kids.

One other thing worth mentioning is that Ben has open arms when he says, “There's no one I rather work with.” This motion tells me that he truly means what he says. Open arms when talking is a clear sign of trustworthiness. We might not think of work meaning love, but for this celebrity couple, “work” means just that.

SNL is where we see that everything is okay between the twosome. Before Ben brings Jen out, he speaks about the public and media misunderstanding his statement that their marriage is work (around 2:00). When Ben says, “That's just not it,” he also starts to shake his head no. His non-verbal cues are reinforcing his words, a clear sign that he's telling the truth. So I can immediately confirm that he didn't mean anything but love for Jen in his speech.

When his wife comes on stage (about 2:30), both of them show strong eye contact right from the beginning – a primary sign of intimacy and romantic chemistry. If they weren't so connected, Ben would have been more involved with the

audience. Instead, they both light up when they see each other. It almost seems like they're distracted by one another's presence – a sure sign of true love, especially when on television. When the duo hugs and kisses hello, Ben's right hand moves to Jen's lower back as he rubs her. People who are very attracted to each other usually show it by touching the lower back, and rubbing is a very [intimate](#) and comforting non-verbal gesture.

Related Link: [Ben Affleck Says Wife Jennifer Garner is "More Perfect Than I Am"](#)

Jen returns the affection but putting her right hand on Ben's chest, which is also a very loving gesture that reveals an intimate relationship. Her left hand goes to Ben's lower back as well. Throughout all of these hand movements, they are maintaining eye contact and smiling very proudly and sincerely at each other.

The most important non-verbal cue of all occurs when you see Jen almost fall. This misstep happens because she is so secure with Ben that she puts all her weight on him. Once Ben moves, she has to regain her balance because she was using Ben as her pillar, something that only happens when you truly trust and love someone.

When they say goodbye to each other (about 4:00), the SNL host pulls his wife closer and whispers something along the lines of "I love you very much" in her ear. We see Jen's eyes roll towards Ben to give him her full attention. She then shows a real smile and says "I love you too" before she walks off stage.

So the only thing between Jen and Ben is love and lust. Yes, there is work involved in maintaining a long-term relationship or a healthy marriage, but it's similar work to a stay-at-home mother or father. It's hard work, but it's work we put in to make something special last.

Jared Sais is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Celebrity Couple: Keira Knightley and James Righton Return to London Post-Honeymoon in Corsica



By April Littleton

After tying the knot May 4 in Mazan, France, [People](#) reports Keira Knightley and her new hubby James Righton, a keyboardist for The Klaxons, returning to London after spending their honeymoon in Corsica. The couple met after being introduced by fashion correspondent Alexa Chung. A year after being spotted together, Knightley and Righton got engaged in May 2012.

How do you decide as a couple where to honeymoon?

Cupid's Advice:

Your honeymoon is one of the most important trips you will go on. After all, it is the first of many trips you and your partner will take together as man and wife. After all of the stress of planning a wedding, the honeymoon is the time to relax and unwind with your beau. Many couples have a hard time deciding on the destination of their honeymoon, but not to worry – Cupid has some tips:

- 1. Set a budget:** The first thing you should do as a couple is work out a budget. Both of you should agree on how much money you're willing to spend on the honeymoon. Can you afford that dream honeymoon in Fiji, or should you be looking at locations closer to home? Whatever the case, don't be discouraged if you can't go all out for the honeymoon. There are dozens of locations within an affordable price range just for newlyweds.
- 2. Research:** You and your significant other should think about what kind of honeymoon you want. Do you want to spend most of the time relaxing by the pool and drinking cocktails, or do you want to live on the adventurous side? Once you figure out what kind of setting you both will enjoy, then you can narrow down your location search.
- 3. Get some help:** Discuss some of your options with a couple who's been in your situation before, or get in touch with a

travel agent. Mention your budget and what you're expecting out of the honeymoon. Not only will you get some valuable feedback, but you might also get information on other possible destinations you and your partner didn't think of!

How did you decide where to honeymoon? Comment below.

Celebrity News: Michael Douglas Welcomes Catherine Zeta-Jones Home from Treatment





By Marisa Spano

Catherine Zeta-Jones just completed her ongoing treatment for Bipolar II disorder, according to [People](#). Jones, 43, entered treatment for the second time in April and has just returned home to her husband, actor Michael Douglas, 68. “She’s doing a really good job of getting balanced. I’m proud of her,” said Douglas.

What are three ways to support your partner through treatment or rehab?

Cupid’s Advice:

Marriage is hard enough as it is, let alone adding in a partner in treatment. Cupid is here to show you the way:

1. Bring in the family: Encourage your loved one to continue with their treatment program, knowing the family cares. Support goes a long way when it comes to recovering from both physical and mental ailments.

2. Take care of you: It may sound weird advice, but you have

been giving this person most of your attention and in order to help your significant other you must be the best you that you can be.

3. Ask what they need: This may sound basic, but it can be challenging. Treatment or rehab can be one of the most difficult things your partner has ever been through. You need to know what you can and cannot discuss about the process with your partner. You need to be aware of when they need you close or when they need space.

What are some other ways you can support your partner through treatment or rehab? Share your ideas below.

Celebrity Couples in Interracial Relationships





By [Courtney Allen](#)

Rich, famous and in love... the characteristics we assume every celebrity couple embodies through their glamorous photos of romantic Caribbean getaways and riveting red carpet PDA. However, the image of every celebrity couple is different from how it's portrayed in the media.

Through their interracial relationships displayed in the media, celebrity couples show us there's more than meets the eye. Our fixation on Hollywood may be over-the-top, but whoever said we couldn't take away a solid lesson from it? We learn to accept love in all shapes, sizes and colors, especially in the case of these couples:

1. Kim Kardashian and Kanye West: The E! reality star and the outspoken rapper, who were originally old friends, hooked up just months after Kim filed for divorce from Kris Humphries. Even before their relationship, Kim and Kanye were no strangers to interracial love with a dating list that includes Miles Austin, Reggie Bush and Amber Rose. From the looks of it, the list will end here. Kimye are expecting their first

child this year.

Related: [When Opposites Don't Attract](#)

2. Khloe Kardashian-Odom and Lamar Odom: The marriage of Khloe and Lamar is one we all can't help but love. The two lovebirds met back in August of 2009 and tied the knot just a few weeks after. Fans of the *Keeping up with the Kardashians* star and the NBA player had their doubts on whether the duo would make it. Three years later, the couple is still head-over-heels for each other. Now we're all patiently waiting for a Baby Odom.

3. Paula Patton and Robin Thicke: These high school sweethearts have turned into one of the most beautiful and successful couples in Hollywood, but it's been a long time coming. Patton hasn't always been comfortable with her interracial relationship with the singer. In an interview with *Essence* magazine, the actress admitted, "I didn't want all my high school friends to know that I'd fallen for a white boy." Lucky for Paula, the secret is out now. The couple is living a fairytale with their only child, Julian.

Related: [Celebrities Couples Who Have Made Love Last](#)

4. Camila Alves and Matthew McConaughey: When Brazilian bombshell Camila Alves first met Matthew McConaughey in 2006, she had no idea they would be married six years later. Their 13-year age difference and ethnicity didn't stop these two from building a life together, having three kids and being named one of the hottest Hollywood interracial couples.

Who are some of your favorite celeb interracial couples? Share your thoughts with us!

Brooke Burke-Charvet Says 'Dancing With the Stars' Is "Unpredictable and Evenly-Matched"



By [Whitney Baker Johnson](#) and [Sarah Ribeiro](#)

Brooke Burke-Charvet is a star in so many ways: actress, model, *Dancing With the Stars* (DWTS) winner and now co-host. Given her past dancing record (she won season 7), it's no surprise that *DWTS* is something she holds near and dear to her heart.

"I loved the experience of learning how to dance. It was an incredible life lesson. Hosting the show and being such a big

part of the *DWTS* family does make me want to dance again, but I doubt that I'd be able to pull off dancing and hosting at the same time!"

As for the current season, the co-host thinks it will be full of surprises until the finale (which airs tonight). "Every couple brings something different to the ballroom," she shares. "I love how unpredictable and evenly-matched it is this year. On some nights, when I think a certain couple will shine, another couple surprises me. That's the beauty of the show. At this point, I have no idea who will take home the coveted mirror ball trophy. Even if I had a favorite, I wouldn't tell you anyways!"

Related Link: [Brooke Burke-Charvet Shares Love Life Secrets](#)

But despite keeping her favorite couple to herself and juggling multiple activities and roles, the most important role seems to be that of being a good mom to her children and wife to husband David Charvet. "We [David] and I try to get out once a week, just the two of us. Our golden rule is that we can talk about anything but the kids. We do a lot of double dates, and we love the local hot spot in Malibu, Nobu, which is only five minutes away from our house. A really important part of our relationship is to carve out that time just for us."

In addition to balancing her personal life with her hectic schedule, Burke-Charvet has another challenge and it happens during allergy season. Each spring, she's faced with excessive sneezing, runny nose and itchy, watery eyes. This is not something that fares well in her busy career. Knowing that she isn't alone when it comes to seasonal allergies, Brooke is partnering with Claritin on the Claritin Clear Challenge to get the message out to others who are going through this. Claritin keeps her healthy while she carries on with her busy life at home and in the spotlight.

“My allergy symptoms slow me down as a mom,” she reveals. “And it can also be really embarrassing when you’re on television. Claritin really works for me, so I teamed up with them to take their Claritin Clear Challenge and share my story.”

Related Link: [With Claritin, The Difference Is Clear](#)

Of course, Burke-Charvet has faced worse health problems than allergies. Last year, she announced that she had thyroid cancer and underwent preventative surgery. Even so, just like her allergies, she didn’t let her diagnosis get in the way of living a normal life. “All of it was hard, but as a public figure, I have a responsibility to share personal things when I think other people can grow from them,” she explains. “I was astonished to learn how many women have been diagnosed with thyroid cancer and have had thyroidectomies. I hope sharing my story was comforting for those people.”

It wasn’t a one-way street though. “I certainly learned a lot from the exchange on social media. The outpour of love, support and prayers from everyone around the country really helped me manage my own fears, and I’m happy that I was able to control the story and share it. We all learned from one another – that’s why I’m so open and vocal on social media.”

It’s no wonder this strong, courageous and likable woman won *DWTS*!

Be sure to watch *Dancing With the Stars* on ABC tonight at 8/7c to see who wins – and to see how Claritin helps Burke-Charvet stay allergy-free.

For more information about Burke-Charvet, follow her on [Twitter](#) or check out her Web site, [Modern Mom](#).

Celebrity Couple: Tori Spelling Gets Spinning Diamond Ring from Dean McDermott for Anniversary



By April Littleton

Tori Spelling and Dean McDermott have been married for 7 years and are still going strong! For their recent anniversary, McDermott wanted to create a special gift for his lovely wife. The result was a dazzling ring set in 18k gold with over 150 small rose cut diamonds and the most unique detail – the ring can spin! Neil Lane, McDermott's jewelry designer who created the ring told [People](#), "Tori loved it! Dean is very romantic and sentimental and he totally adores her. The ring

represents the significance of their relationship. She rocks his world!"

What are some ways to make your anniversary special?

Cupid's Advice:

Anniversaries are all about celebrating the commitment you made to your significant other and proving to each other that the love you share together is still as strong as ever. Every couple wants their anniversaries to be one-of-a-kind. Here are some ways to make that one day out of the year one to treasure forever:

1. Write a love letter: In today's world, lives are overrun by the usage of text messages and emails. Do something different by writing your partner a love letter the old-fashioned way. Pour your feelings out on paper and let your significant other know just how lucky you feel to have somebody like them in your life!

2. Plan a getaway: Plan a romantic getaway just for you and your boo. Travel to the Bahamas and have some fun in the sun together, or maybe a quiet weekend in the country side would be more your style. Wherever you decide to go, make sure it's somewhere you and your partner will be able to spend some quality time alone. This is the time to enjoy each other's company without any distractions.

3. Stay in: Decorate your living room with rose petals, pick out a bottle of wine and prepare a home-cooked meal. Pick some of your partner's favorite movies to watch and anticipate a night full of romance, snuggling and whispering sweet nothing's in each other's ears. What could be better than that?

What are some other ways to make your anniversary special? Share your thoughts below.

Celebrity Wedding: Shenae Grimes Marries British Model Josh Beech Wearing Black Wedding Dress



By April Littleton

According to UsMagazine.com, Shenae Grimes, the *90210* actress, married British model Josh Beech on May 10. The couple went public with their relationship in July 2012 and announced their engagement last December. But what made her wedding so different from all the others? The star wore a black Vera Wang

wedding dress down the aisle and a source said house music was playing as Grimes made her way to the alter.

How can you plan for a non-traditional wedding?

Cupid's Advice:

Not every girl dreams of walking down the aisle wearing a fluffy, white dress. Some women just want to marry their significant other without having to deal with the tedious planning a traditional wedding would take. If you're a bride-to-be who's thinking out of the box in terms of your wedding plans, Cupid has some advice for you:

1. The dress: Contrary to popular belief, your wedding dress doesn't have to be white! It's your wedding, pick out something you feel comfortable in and what you believe would suit you the best. Try not to think too heavily on what your husband-to-be would think. Naturally, he would love anything at this point! If you showed up in a trash bag, your partner would still think you're the most beautiful woman in the room.

2. Be creative: Skip some of the usual planning and make the details of your special day a little more personable! Use your iPod and have a friend be in charge of the music during the reception instead of hiring a DJ. Create your own invitations, and let the bridesmaids and groomsmen pick their own outfits. You'll save tons of money, and you'll have a wedding your friends and family members will remember for years to come.

3. Focus on the groom: At the end of the day, the purpose of your wedding is for you to marry the person you love. Don't get caught up in the little things. Keep your focus on you, your beau and the life you're about to build together. In fact, you can skip the big ceremony all together and get hitched in Vegas! As long as the two of you exchange I Do's, there's not much else to worry about.

Did you have a non-traditional wedding? Share your experience below!

Celebrity Couple Blake Shelton and Miranda Lambert Celebrate Second Wedding Anniversary



By Kerri Sheehan

Country superstar couple Blake Shelton and Miranda Lambert are

getting ready to celebrate their two year anniversary since they said, "I Do." According to UsMagazine.com Shelton wants to make sure that Lambert is, "Nothing but smiles on their special day." It seems this couple is in it for the long haul as Lambert told reporters at the 2013 [Academy of Country Music Awards](#), "We really love each other and have a real marriage outside of all of this. When this is all said and done, we will be drinking a beer together on a front porch somewhere, reminiscing about the good old days. That's what I'm happy about."

What are three ways to make your anniversary special?

Cupid's Advice:

No matter how many years together it's celebrating, an anniversary is always a special time for a couple. Cupid has some advice about how to make that day an exceptionally good one:

- 1. Remember why you married them:** Marriage is tricky. His or her less than perfect aspects can often crowd the real reasons why you love a person. So, it's important to remember what brought you two together in the first place. Reminiscing a bit on the past will help you two come closer in the future.
- 2. Go away:** An anniversary celebration is the perfect time to take a few days off and have a breather. Going somewhere new will help you create new memories that you will remember for years to come. If going somewhere on location will break the bank too much for you then consider planning a staycation! There are bound to be activities in your area that you've always wanted to do, but never had the time.
- 3. Bond:** Whether it's recreating your first date, or just taking a mental stroll down memory lane together bonding on your anniversary is vital. It not only shows that you appreciate the past you had together, but also that you want

to create a strong future.

What are some ways you celebrate a wedding anniversary? Share below.

Alison Sweeney Chats About Her New Book, Fitness Routine and Family Life



By [Whitney Baker Johnson](#)

As if Alison Sweeney wasn't busy enough, she decided to make

her foray into fiction with her first novel, *The Star Attraction*, which published earlier this week. When telling the story of Sophie, a Hollywood publicist who risks her fabulous job and happy relationship when she hooks up with a sexy client, the actress drew from her nearly two decades as Samantha “Sami” Brady on NBC’s *Day of Our Lives*, explaining that her experience on daytime television was the basis for writing her own story. She adds, “My best friend is a publicist, so that was certainly the inspiration for writing about that perspective of the industry. Plus, I have a lot of personal stories that contributed to the red carpet scenes in the book.”

When it came to her main character, the author wanted to create someone who is based in reality, who behaves like a real girl. She describes Sophie as “self-effacing, smart, funny, and most importantly, willing to grow and learn” and says, “I hope she reads like a best friend whose stories you never get tired of hearing. She makes mistakes along the way, but you love her more for them.” It’s no surprise, then, that there are pieces of Sophie that come from her closest friends and herself.

Related Link: [Alison Sweeney: “I Stay Healthy For My Kids, My Husband and For Me”](#)

Since 2007, Sweeney has stolen the hearts of many viewers as the encouraging host of another hit show on NBC, *The Biggest Loser*. This experience has brought a renewed sense of passion for her personal health, as evidenced by her *Shape* cover this month. Like many of us, she’s struggled with her weight in the past but now believes that it’s most important to “want to make a change and commit to living a healthier lifestyle. It’s about making the best choices each and every day.”

For readers struggling to take control of their weight, she offers this tip: “I encourage you to schedule time in your

calendar to workout and to plan your food ahead time so you're not scrambling when you're starving. Prepare healthy snacks and meals to get you through your day."

As for her own exercise routine, although she has a trainer, she works out on her own quite often and really enjoys maintaining her fitness. "I run and ride my bike (both outside and at spin class). I try to complete a good cardio workout at least four times a week, and then, at least once a week, I do circuit training with weights."

While we may know Sweeney as an author, actress and host, at home, she's happy to be a wife to husband David Sanov and mom to son Ben and daughter Megan. Juggling her many different roles is never easy, but she has a simple trick that helps her stay on track: "I've found that the best way to transition from one project to another is to look at what I have to do in each moment and make sure that I give each task 100 percent before I move on to the next thing in my schedule."

That means that when she's home, she focuses completely on her family. To keep her marriage strong, she says, "Dave and I make a point to have time to ourselves, even if it's only going for a hike or watching a movie. This time together enables us to keep our connection strong." They even have date nights at home after the kids are in bed. "We cook dinner together and then watch *Survivor* or *Breaking Bad* and just hang out."

Related Link: [Tips to Keep Things Exciting With a Date Night at Home](#)

So how did she meet her special someone? Sweeney and her husband actually grew up together and have known each other since they were young. Perhaps she followed her own relationship advice when they re-met as adults: "Enjoy life, meet people and know that you'll meet the right guy who will explain all the wrong ones along the way."

She adds, "With Dave, there was definitely a spark that led to our relationship and two incredible kids."

When it comes to parenting, she describes them as pretty traditional parents. "Manners and structure are really important to us. We're the parents, and we're in charge. We don't take a lot of sass from our kids, but we love them so much, and they know that."

Some of their favorite times together as a family are in the kitchen as they prepare dinner. Of their routine, she shares, "The kids set the table, and sometimes, they help mix the salad or something. If a song comes on the radio that we all love, we drop everything for a 'dance break.' It's hilarious – Megan loves to mimic our dance moves. Classic family laughs."

It sounds like Sweeney's got the good life figured out, but that doesn't mean she's slowing down any time soon. "I'm in the process of writing my novel, which I'm very excited about. I'm also starting production on season 15 of *The Biggest Loser*, and the summer storyline on *Days of Our Lives* is heating up. Finally, Greg Vaughn and I star in *Second Chances*, premiering on the Hallmark Channel on July 22nd." Mark your calendars!

You can purchase *The Star Attraction* on [Amazon](#) or in your local bookstore. To keep up with Sweeney, follow her on [Facebook](#) and [Twitter](#).

Celebrity News: Bethenny

Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday



By Meghan Fitzgerald

According to UsMagazine.com, on May 4th, Bethenny Frankel and Jason Hoppy's child Bryn Hoppy celebrated her third birthday party at Dylan's Candy Bar. Frankel's now ex, Hoppy arrived with his parents and stuck to them for the entirety of the event. People reports that the couple ignored one another the entire time. The birthday girl was happy to see them both.

What are some ways to remain civil with an ex for the sake of your children?

Cupid's Advice:

When you split up a marriage and have children, it is essential to stay civil for the children's sake. It is not great if your children think that mommy and daddy hate one another and don't like to talk. Although it may not be easy to remain civil with your ex, it's possible. Cupid has some more advice:

1. Dinners: If you want to remain civil with your ex for the sake of your children, have occasional dinners at either you or your partner's home. It will show your children that their parents can still talk together even if they aren't living with one another. For the adults, do not fight at dinner. It will do the complete opposite of what you're trying to show your children.

2. Parties: Most children have parties or small family dinners for their birthdays, communions, graduations. Be apart of these festivities, you and your ex. Organize them together, plan them together, go to them together. Again, it will show your kids how you two can handle being around one another.

3. School events: Are your children involved in activities at school? Do they play band? Or are apart of the school musical? If they are, or any other activity – go to them. It will show your kids that you still want to be apart of their life. Even though you aren't entirely in their life at the moment.

Have you remained civil with an ex due to your children? Share below.

Celebrity News: Hilary Duff Calls Motherhood a 'Hormonal Roller Coaster'



By Andrea Surujnauth

Hilary Duff, proud mother of one year old Luca, recently talked about the difficulty of motherhood with Usmagazine.com. "Exhaustion is a good one to start with! You're very sleep-deprived." says Duff. "Sometimes you have a crying baby and you can't do anything to get them to stop crying ... you feel, as their mom, that you should be able to have all the answers and be able to take care of them so easily." Fortunately Duff has her husband, Mike Comrie, and especially her mother to help her get through the difficult

times. "She's been so great – helping me with the baby, coming over when I need to take a nap or escape for a little bit," she said. "My husband is amazing, too. If I want to run out of the house for an hour to go work out or go meet a friend for lunch, I can. I think that's really important."

What are some ways to support your partner through parenthood?

Cupid's Advice:

You are the main bread winner and your partner is the one that usually stays home to care for the new baby. How can you support your partner? Cupid is here with some suggestions:

1. Alone time: Take responsibility of the baby on a certain day of the week to allow your sweetheart to get some alone time and breathing space. Your partner will appreciate you giving them time to get out of the house on their own,

2. Couple time: Have one of the child's grandparents or a nanny come over to watch your little bundle of joy so the two of you can get some romantic time outside of the house. Take your partner out on a date.

3. Encouragement: Let your partner know that they are doing a good job holding down the household. They are working hard to keep the house running in order and taking care of your baby, let them know that you love and appreciate them.

How do you support your partner through parenthood? Comment below and let us know!

Celebrity News: 'Today Show' Co-Host Savannah Guthrie Is Engaged



By Andrea Surujnauth

The *Today Show*'s Savannah Guthrie announced her engagement Monday morning during the show. According to [People](#), her boyfriend of four years, Michael Feldman, proposed to her over Mother's Day weekend. "Good for you and congratulations to Mr. Feldman," said Guthrie's anchor mate Matt Lauer. "He's a great guy." Guthrie was previously married to to BBC News presenter Mark Orchard in 2005, but the two divorced in 2009.

How do you know when you're ready to get married?

Cupid's Advice:

Marriage isn't something to step into lightly, and it can be hard to know when your relationship is ready for that next step with your partner. Cupid is here to help you figure it out:

1. You bring out the best in each other: Does your sweetheart make you strive to be a better you? If you find yourself consciously inspired to make a difference in yourself, wedding bells may be in the air.

2. Think long-term: If you two lovebirds are already planning for the future together, it's a good sign that things are headed toward at least a very committed relationship.

3. You'd elope: If you want to marry your partner whether you two have a big wedding or not, then you truly love them and it may be time to walk down the aisle (or elope in Jamaica).

How did you know you were ready to get married? Comment below and let us know!

Celebrity Couples: Celebrity Women Involved with Non-Celebrity Men





By [Ashley DelBello](#)

Celebrity relationships always seem like they're over before they start, but for some women who look outside the world of entertainment it appears that long-lasting love becomes a possibility. Is that the key to finding love in Hollywood, or is it easier to date someone in the biz since they may be able to better understand the pressures of the industry? Cupid takes a look at a few relationships between celebrity women and "normal" men:

Scarlett Johansson + Romain Dauriac:

Scarlett Johansson has only been dating French creative agency manager Romain Dauriac since November, but whether she's dating a star or a non-celeb, ScarJo doesn't seem to stay single for too long. She was married to Ryan Reynolds for two years, quickly rebounded with Sean Penn, dated advertising executive Nate Naylor for about a year and then quickly moved on to her current beau just one month after her break up with Naylor. Considering Johansson's fame, the new couple appear to be trying to keep their relationship as [normal](#) as possible.

Related: [Matt Damon Returns to Work After Renewing Vows with Wife Luciana](#)

Tina Fey + Jeff Richmond:

Tina Fey met Jeff Richmond in Chicago when he was a composer, while she was trying to make it big with the Second City improv group. According to UsMagazine.com, the key to this long-lasting relationship is to “never stop having fun.” The couple has been married for more than eleven years and has two daughters.

Drew Barrymore + Will Kopelman:

Before meeting art consultant Will Kopelman, the actress was in a serious, five-year relationship with The Strokes’ drummer Fabrizio Moretti – who is now dating Barrymore’s close friend Kristen Wiig! However, this shouldn’t bother Barrymore as she’s now not only newly married to Kopelman, but gave birth to the couple’s first child, Olive Barrymore Kopelman last September.

Related: [‘Glee’ Star Heather Morris Is Pregnant!](#)

Meryl Streep + Don Gummer:

Surprisingly, the three-time Academy Award winner has a leading man who is not in the entertainment business. Streep and sculptor Don Gummer have been married for nearly 35 years and have four children together. Keeping their relationship out of the public eye seems to have helped this marriage last.

What do you think? Do relationships between stars and non-celebs last longer? Share your thoughts below.