## Nick Lachey and Vanessa Minnillo Have Wedding Shower





Nick Lachey and Vanessa Minnillo celebrated their upcoming nuptials this past Sunday at the London Hotel in West Hollywood with an extravagant and unforgettable wedding shower, according to <u>People</u>. The couple and their friends and family seemed excited about their wedding as they took in the amazing views and delicious food from chef Gordon Ramsay's kitchen within the hotel. The party had both a laid back and sophisticated atmosphere where all the guests were able to enjoy themselves and have a great time.

What are some reasons to have a wedding shower before your nuptials?

#### Cupid's Advice:

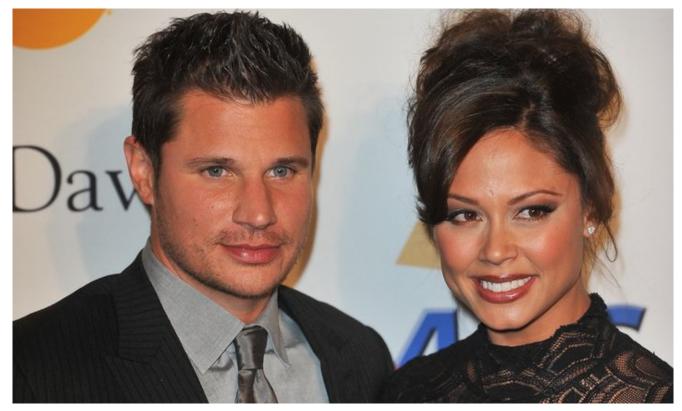
Nick Lachey and Vanessa Minnillo enjoyed themselves at their wedding shower, and Cupid has a few reasons why having a wedding shower before *your* nuptials is a good idea as well:

- 1. It helps calm your nerves: What better way to calm your wedding jitters than to have a fun party with family and friends where you can relax and enjoy each others' company? Having a wedding shower is a great way to celebrate each other without worrying about planning-related stress.
- 2. It gets you even more excited: Having a wedding shower before your nuptials helps get you and your significant other even more excited for the big day by having a pre-celebration with family and friends.
- 3. It allows everyone to get to know each other: Having a wedding shower before your nuptials helps your family and friends get to know each other better before the wedding so at the reception they'll have an even better time. This is the time where you can introduce family and friends from both sides and make sure everyone gets along.

Did you have a wedding shower before your nuptials? Share your experience below.

# Blake Lively and Leonardo DiCaprio Spotted Together In Italy





Looks like love may be in the air for newly single Blake Lively and Leonardo DiCaprio. DiCaprio, who just ended his 5-year relationship with Bar Rafaeli and Lively, who split from Penn Badgley in late 2010, were spotted together in Italy this past Sunday, according to <a href="UsMagazine.com">UsMagazine.com</a>. It seems that the two wasted no time in getting to know each other on a cute, romantic getaway. Talk about starting off a relationship in a unique way!

## How do you start off your relationship in an unforgettable way?

#### Cupid's Advice:

The start of any new relationship is exciting and memorable, but Cupid has some tips on how to make it *unforgettable*:

1. Try new things: What better way to start off a relationship than by going out and trying new things. Try eating at a new

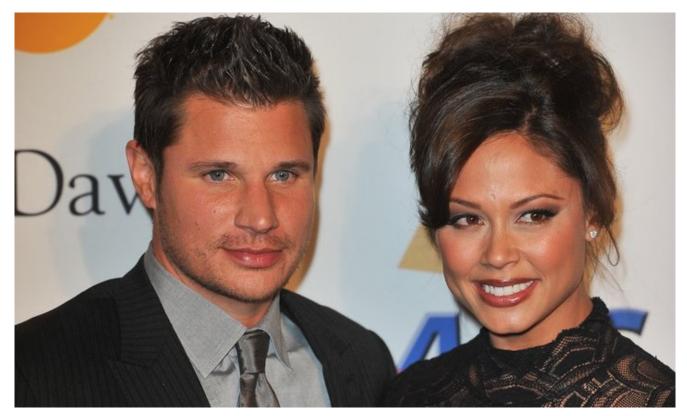
restaurant that you wouldn't typically go to or try a new activity. Freshness will help make your new relationship special and memorable.

- 2. Take candid pictures: The beginning of any relationship is considered the "honeymoon" stage, so why not keep those memories alive by taking pictures of all the fun times you two are having together? This way, you'll always remember the fun you had from the very start.
- **3. Have fun:** The most important part of starting a new relationship is to make sure you relax and have fun. This is the best way to open up and get to know your new significant other without any expectations and judgements. Take a ride on a rollercoaster or go rock climbing. Do something crazy and fun.

How did you make the start of your relationship unforgettable? Share your stories below!

## Maria Shriver Seeks Advice After Arnold Schwarzenegger Affair





By Dr. Judy Kuriansky

After 25 years of marriage to Maria Shriver, Arnold Schwarzenegger revealed that he had been hiding a love child from the public. Arnold's behavior is a serious insult — and the ultimate betrayal — to Maria, especially having this affair in her household and keeping it a secret for so long.

It will take a long time for Maria to rebuild trust in any relationship, and we now have a deeper understanding of her request on the web. Uncertain transitions in life can be traumatic. As stated in a video shared on YouTube, Maria says, "As you know, transitions are not easy. I'd love to get your advice on how you've handled transitions in your own life. It's so stressful to not know what you're doing next. People ask you what are you doing and then they can't believe that you don't know what you're doing."

Maria is reaching out to others for advice on how to transition to the next phase of her life. For many women, Maria's outreach is reassuring. For a public figure to express that her future is unknown is both a positive and comforting example for those experiencing similar turmoil.

Maria now has the opportunity to stand for the empowerment of women by respecting herself, having a high self-esteem, trusting her independence and not tolerating bad behavior.

- Dr. Judy Kuriansky is a world renowned radio advice host, clinical psychologist, certified sex therapist, popular lecturer, newspaper columnist, author of many books, including The Complete Idiot's Guide ® to a Healthy Relationship and saw Arnold and Maria's love bloom firsthand at their engagement party. To help Maria and women everywhere, she has offered three suggestions to handle transitions in life:
- 1. Dream big: Allow yourself time to be quiet and meditate. Think about your ultimate dream. Do not add qualifications or possible inhabitants. Let your mind run free. Imagine without any hesitations.
- 2. Re-focus your energy: Try out the following exercises:
- Picture your future by drawing a matrix. Put yourself in the center and tasks you are completing now in bubbles around you. Look at those tasks and think of how you could turn them into a substantial activity focus.
- Host a gathering of friends. Have each of them brainstorm something that you are good at, or what you could be doing in your next stage of life. When you do this, be sure to write down all of the suggestions.
- Browse a college course brochure. Look for something new that you've always wanted to learn, but never had the time.
- **3. Anxiety into action:** Transitioning can translate to both stress and excitement. Once you accept the stress and anxiety, you will gain the courage to face the unknown.

How have you have handled a new transition in life? Share your stories with Cupid below.

## Miranda Lambert and Blake Shelton Go On Bass Fishing Honeymoon





Talk about a romantic honeymoon! Newlyweds Miranda Lambert and Blake Shelton who tied the knot this past Saturday have been updating us via Twitter about their fun getaway, according to <a href="E! Online">E! Online</a>. The two decided to go bass fishing for their honeymoon instead of the traditional island getaway. Lambert certainly isn't hiding her excitement about the recent wedding either, as she tweeted "Mrs Shelton here! Winning!!!!" in true Charlie Sheen fashion. Plus, she

accompanied her tweet with a picture of the bass she caught. It seems like she is most certainly is "winning" on her honeymoon!

How do you decide where to go and what to do on your honeymoon?

#### Cupid's Advice:

Choosing where to go and what to do on your honeymoon is one of the most stressful parts of the whole wedding planning process. Luckily, Cupid has some pointers on how to make those decisions a little bit easier:

- 1. Ask for opinions: Ask your family and friends where they think may be a good honeymoon destination for the two of you. Your friends and family know you well and will be able to give the best advice.
- 2. Pick one of your dream destinations: Everyone has that one place they'd love to go to, and your honeymoon is the perfect opportunity to live out that dream. If the two of you have two different ideas, compromise and pick a location that has a little of both of your destinations in it.
- 3. Meet with a travel agent: Sometimes travel agents have the best ideas of where to go on a honeymoon, based on good deals and unique locations. Meeting with an agent may open your eyes to a bunch of places you may not have known existed.

How did you decide where to go and what to do on your honeymoon? Share your stories below.

## 'Bachelorette' Stars Ali Fedotowsky and Roberto Martinez Celebrate One Year Engaged





The fire is still burning for *The Bachelorette's* Ali Fedotowsky and fiance Roberto Martinez. The couple spent their one year engagement anniversary last week reliving some of their special moments from the reality show that brought them together. They traveled to the island of Bora Bora, where Martinez proposed to Fedotowsky on the finale of *The Bachelorette*. Fedotowsky was thrilled with how they spent their one year engagement. "We made it to the one year mark!" she told *People*. "The engagement took place last year on May

8th, and when Roberto proposed it was so beautiful. It was great to go back and reflect on the year because it was very special."

How do you make your first anniversary extra special?

#### Cupid's Advice

The first anniversary is one of the most important to get right. Cupid has some advice on how to make yours extra special:

- 1. Re-live your honeymoon or proposal: Why not take a cue from Ali and Roberto and revisit your honeymoon destination or even the place that he popped the question? It's romantic and brings back lovely memories.
- 2. Plan a special vacation: The perfect way to make your first anniversay special is to take a trip to a new place the two of you have been dying to go to and share in some new experiences.
- **3. Have a romantic night:** If you don't feel like traveling for your one-year anniversary, indulge in a romantic dinner, come home and go through your home videos and photos from the year you've shared together and reminisce.

How did you make your first anniversary extra special? Share your experiences below.

### Michael Lohan Shows Off New

### Girlfriend on Twitter





Michael Lohan has had a lot going on recently with his daughter Lindsey ever-present in the media as well as his recent split from girlfriend Kate Major last week. Pop Eater is reporting, however, that Michael Lohan has taken everything in stride and gone off to Fort Lauderdale, Flordia with a new girlfriend, Bernadette, in tow-to whom he debuted via a Twitter photo. In one photo Bernadette and Lohan are locking lips with a tweet reading, "U R amazing". Michael claims Bernadette is opposite of his ex Kate Major saying Bernadette is "in great shape" and "hates tabloids".

How do you deal with being jealous of an ex-partner?

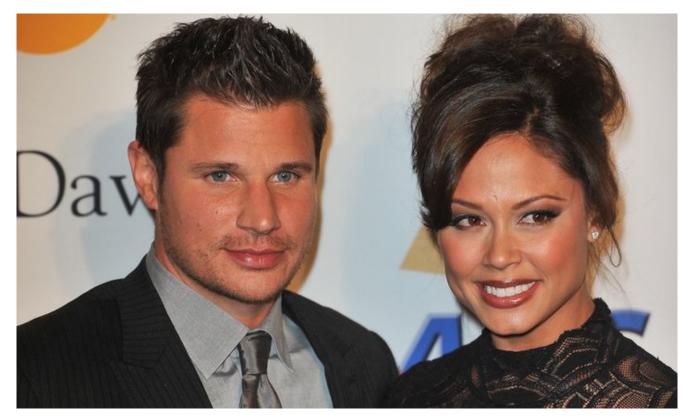
Cupid's Advice:

There's not much more in life that stings worse more than when you catch a glimpse of an ex happy with his new partner. In order to keep your cool, remember that everything happens for a reason.

- 1. It wasn't meant to be: When you become jealous over an ex, think back to all the reasons why you shouldn't be jealous. What flaws of his do you no longer have to put up with?
- 2. Turn jealousy into pity: Seeing your ex move on with another partner is never the easiest to swallow. Think of it as you being stronger and not needing a constant partner. You're better than that!
- **3. Move forward:** If you find yourself being jealous of an ex, snap out of it! The sooner you find yourself being jealous the sooner you can make concious efforts to refocus your energy to something more useful.

## Cupid Exclusive: Jaimie Hilfiger on Old Hollywood Romance





By Vicky Sullivan of Aspiring Socialite

Supermodel Jaimie Hilfiger, niece of famed fashion designer Tommy Hilfiger, has been seen around town wearing the latest in fashion — which includes old Hollywood styles. During L.A. Fashion Week, she wore a light pink cocktail dress complete with old world-inspired lace and Edwardian beadwork designed by Sue Wong to the designer's *My Fair Lady* Champagne Brunch/Fashion Show at The Ceders, the former historic Hollywood home of silent-screen icon Norma Talmadge, which was purchased by Wong in 2004. Hilfiger's most recent project is being the face of boyfriend Igal Dehan's jewelry line, Cuffs of Love, worn by celebrities like Kim Kardashian, the Hilton sisters, and Stevie Wonder.

Hilfiger took time to speak exclusively with **Cupid's Pulse** about love, dating and celebrity style. For hopeless romantics intent on experiencing the romance and chivalry of old Hollywood, this young model reveals how to glam up your love life simply by bringing back nostalgic designs and genuine class:

#### What do you like best about old Hollywood styles?

Old Hollywood has inspired so many recent styles, with high-collared fitted outfits and of course, hats. Kate Middleton has taken a lot of her style from old Hollywood and *My Fair Lady* inspirations. There is just so much one-of-a-kind craftsmanship that goes into these fashions.

## How do you incorporate the romance of old Hollywood into your everyday life?

My boyfriend, Igal Dehen, is from Paris so it's always a romance movie in my house. At the height of old Hollywood, men had a lot of manners and courted women with the utmost respect.

## Do you feel that wearing these soft, glamorous styles evoke old-school romance?

Yes, you're absolutely treated differently. When you present yourself with class, you're treated with class. People also tend to take you more seriously in classically beautiful styles.

#### How has being from a famous family affected your dating life?

You have to find someone who doesn't care either way and is there for you. They must be successful in their own right and aren't looking for a free ride.

#### Besides a man, what is your favorite accessory?

Diamonds are a girl's best friend.

## What tips can you give our readers on how to get ready for a date?

The day of the date you should wake up early and go to the gym. Make time to talk to your girlfriends that day. Wear something hot, but not slutty. It is very important that

you're comfortable in what you wear, or you won't be comfortable on the date. Don't be exactly on time, because chances are he won't be. But don't be any more than 10 minutes late, because otherwise you look like a diva.

#### How do you dress for a casual vs. formal date?

No matter if the date is casual or formal, you should always be comfortable in what you're wearing. Always ask what you're doing first so you know what to wear. Even if you're wearing heels to a fancy dinner, you should bring along a pair of flats in your purse in the event that you take a walk on the beach after dinner.

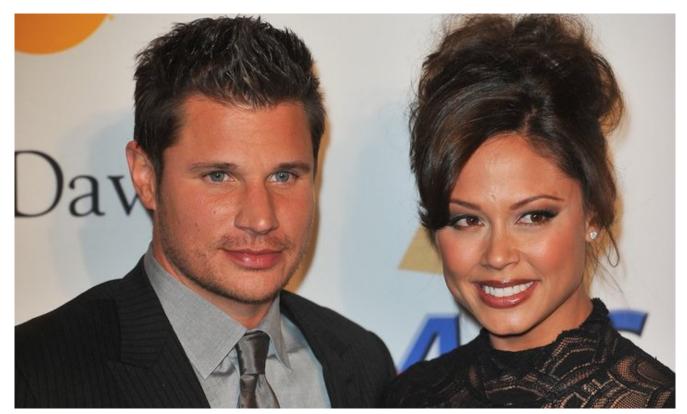
#### What other dating tips and advice can you give us?

Don't text or be on your phone while on a date. Be polite and ladylike. Always say "please" and "thank you." Remember that 90 to 95 percent of the time he's more nervous than you are.

Cupid thanks Jaimie Hilfiger for her time! For more on Hilfiger, visit her website at www.JaimieHilfiger.com, Facebook page and follow her on Twitter: @JamieHilfiger.

## Cameron Diaz and A-Rod Are Happy Family with His Kids





In honor of their on-again romance, Cameron Diaz and Alex Rodriguez took A-Rod's two children to Busch Gardens amusement park in Tampa, Florida. According to <u>UsMagazine.com</u>, the actress looked incredibly motherly holding hands with the baseball star's two daughters Natasha, 6, and Ella, 2, from his previous marriage to Cynthia Rodriguez. It looks like this couple may have hit a home run in the kid department after they rekindled their romance in November. Cameron Diaz was also seen bonding with the girls late last year on a family trip to Mexico.

How can you bond with your new partner's kids?

#### Cupid's Advice:

Bonding with a new partner's children can be one of the most magical and most difficult parts of a new romance. Here are some tips:

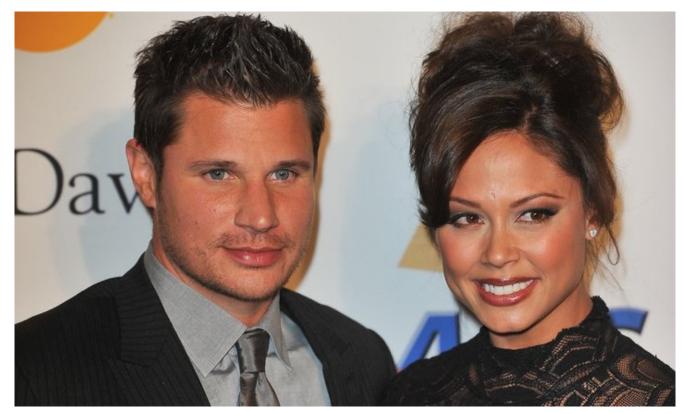
1. Show respect: Though you may be very excited about getting to know your new partner's children, it's always important to respect their boundaries and their previous relationships with

both of their parents. The last thing you want to do is trash your partner's ex in front of the children or get in the way when you partner wants to spend quality time alone with his or her children.

- 2. Come bearing gifts: It's never a good idea to try to buy someone's love. However, kids love getting gifts. If makes them feel important that you thought of them. Also, getting them a little something you knew they have been wanting or would like shows that you are making an effort to get to know them.
- 3. Go on a date with the kids: Cameron Diaz and A-Rod had the right idea when they took the kids an amusement park. Dating someone with children is a completely different playing field, so expect a mix of sophisticated dinners and dates with the kids at Chuck E Cheese.

## Billy Ray Cyrus Calls Off Divorce From Wife Tish





In a shocking announcement last week, Billy Ray Cyrus told the ladies of *The View* that he had decided to drop the much-publicized divorce between himself and wife, Tish. The 17-year marriage that spawned teen sensation Miley Cyrus was in danger of dissolving last year when the Cyruses filed for divorce, citing "irreconcilable differences." After seeing how much the divorce was hurting the family, Billy Ray decided to call it off, reports RadarOnline. "I dropped the divorce. I wanted to put my family back together," he says. He also cited communication as one of the their biggest problems, and added, "I think for the first time me and my entire family are finally communicating with each other."

What are some ways to work on your rocky relationship?

#### Cupid's Advice:

If you and your mate are headed toward a breakup, it's not too late to try to save the relationship. Cupid has some ideas on how to work on a troubled relationship:

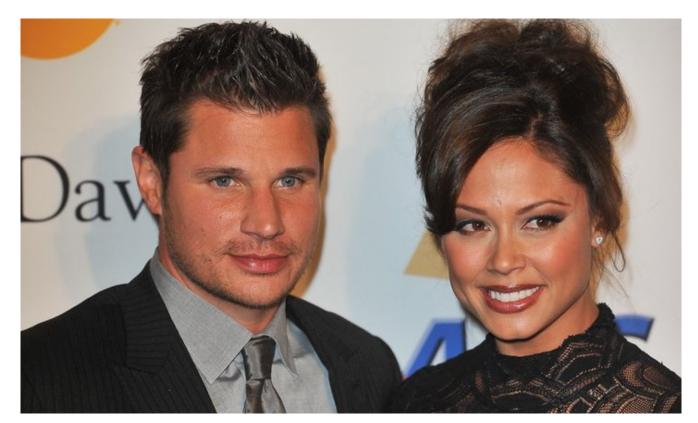
1. Make the grand gesture: When you or your partner just can't

get what you want from the other person, it's time to make the grand gesture. For example, if your mate thinks you're afraid of commitment, maybe it's time to ask him to move in.

- 2. Communicate: Lack of communication is one of the most common reasons for a breakup. Make sure you are both comfortable sharing your thoughts and feelings with each other.
- **3. Do little things:** Sure, the big things are important, but a little goes a long way. Try doing small things like cooking dinner or buying your mate flowers. They'll appreciate it more than you know.

### Selena Gomez Talks Justin Bieber with David Letterman





Disney star Selena Gomez has still not confirmed her relationship with Justin Bieber. In fact, when asked about the rumored romance on Late Night with David Letterman, she quickly changed the subject by saying, "It was like a little prom night, wasn't it?" in reference to a picture of them together at the Vanity Fair Oscar party. According to People, however, David Letterman did manage to get some information out of the teen actress. She has known the singer for two years now and they met through their agents. "He's been in my life for so long, and it's just nice to have someone that understands what you're going through," she said.

#### Is it important that your partner understand you all the time?

#### Cupid's Advice:

Though no one can ever understand another person 100% of the time, if you listen to and love your partner, you should be able to come close:

1. Listen: The more you listen to your partner the more you will understand them.

- 2. Know their likes and dislikes: Once you know what your partner likes and dislikes, you should be able to predict how they will react in certain situations.
- 3. Be understanding: In the event that you don't understand each other, don't make a big deal about it. Just decide if it's something you're willing to live with, and go from there.

## Britney Spears Seen with Jason Trawick and Kevin Federline





Britney Spears reunited with her ex-husband, Kevin Federline, while attending their son Preston's Little League game on Saturday. Spears, 29, arrived to the event with her current boyfriend, Jason Trawick, and her 4-year-old son, Jayden. According to RadarOnline, a witness saw talent agent Trawick approach Federline, who was one of the team's coaches, to congratulate him. Spears seemed happy and after the game, she and all her men left together.

How do you keep things civil between your ex and new partner?

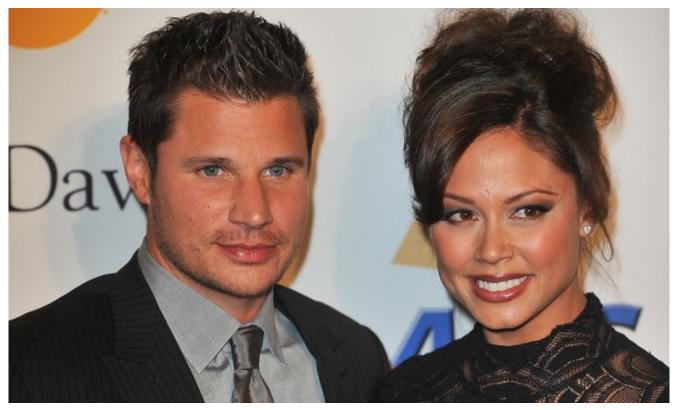
#### Cupid's Advice:

There was once a time you shared your life with your now-ex. It may now be over, but keeping things civil between your ex and your new partner is crucial. Cupid offers a few tips to do just that:

- 1. Don't cling to the past: It all starts with you. Don't continuously talk about your past relationship. Your mate will not appreciate it, and his or her dislike for your ex will deepen.
- 2. Reassurance: Reassure your current partner that things are completely over with your ex, so he or she won't feel threatened.
- 3. Spend time together: It might seem awkward at first, but attend an event with your partner and invite your ex and his or her new mate (if there is one) to be there, too.

## Robert Pattinson and Kristen Stewart: Date Night in Vancouver





Robert Pattinson and Kristen Stewart got a taste of Spain last weekend at La Bodega, a tapas bar in downtown Vancouver. Though this date may have had the markings of a vampire coven when *Breaking Dawn* co-star Kellan Lutz along with a bodyguard joined them, it seems that sangria may have been the closest thing to blood that the *Twilight* stars were drinking at their hidden corner table. According to *People*, the group left the bar in high spirits. Filming of the final chapter of *The Twilight Saga* is set to continue in Vancouver until mid-April.

Is it a date if you go out in a group?

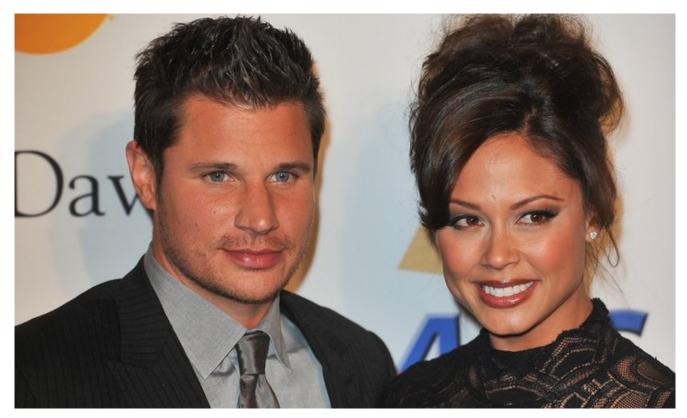
#### Cupid's Advice:

The answer is "yes." As the *Twilight* stars have discovered, double dates, triple dates or even just dates with your friends can be bloodsucking fun:

- 1. Being a couple doesn't mean being exclusive: There are things that couples should exclusively share, but enjoying the company of others while out on a date can actually bring you closer as a couple.
- 2. Bring friends: Most couples share mutual friends. Why not share a night out on the town with them?
- 3. Double up: Double dates are always a fun start to the weekend.

## Scarlett Johansson and Sean Penn Have Dinner in Mexico





Hollywood moguls Scarlett Johansson and Sean Penn were spotted having dinner together in Cabo San Lucas. The two jetted off to the romantic location for a short while to spend quality time together. They were previously seen together in a Los Angeles restaurant where, according to <u>People</u>, Johansson had her leg draped over Penn.

What are some ways to make the most of a short romantic getaway?

#### Cupid's Advice:

A nice romantic getaway can always seem too short. Here are some ways to live it up while you can:

- 1. Share a long kiss: The getaway may be short, but the kisses can still be long.
- **2. Enjoy a romantic dinner:** A romantic candlelit meal over is always a nice touch. Share conversation and just enjoy each other's company.
- 3. Be thankful for the moment: It's not about how much time

you spend together, but about the quality of that time. Live in the present!

### Has Vanessa Hudgens Moved On?





High School Musical star Vanessa Hudgens is all grown up and has a new man. According to <u>People</u>, the brunette beauty has been seen at Hollywood awards shows and premieres with Josh Hutcherson from the Oscar Award Winning film, <u>The Kids are Alright</u>. This new development came just a few weeks Vanessa Hudgens' ex, Zac Efron, was seen heating it up with actress, Teresa Palmer.

How long do you wait before moving on after a split?

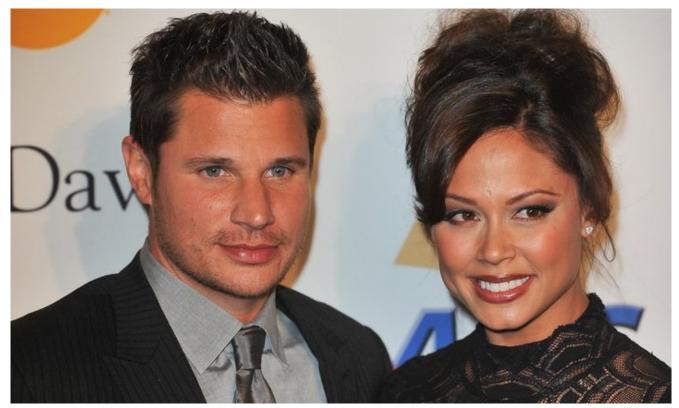
#### Cupid's Advice:

Mourning is important after a breakup, but try to keep it to a minimum. Life is short. Don't waste it being sad over someone who probably wasn't worth it in the first place:

- 1. Instant gratification: If you are one of those rare people who can get over a breakup immediately, the more power to you.
- 2. Waiting too long is unhealthy: If a month has gone by and you still haven't gotten over your ex, you may want to consider seeking professional help.
- **3. Give it a week:** If you need to give yourself a week to get yourself together, go for it. However, when your time is up, there are no extensions.

## Is Bristol Palin Dating a Pipeline Worker?





Dancing with the Stars alum Bristol Palin has a new man in her life, but she isn't revealing much, according to Digital Spy. During an interview that aired on an Alaska radio station, all Palin would do is go along with the radio announcers assessment: "I'm seeing a guy and he's really great and [son] Tripp loves him and we're having a really good time and we're really good friends. Let's go with that." In response, Palin agreed, saying, "Yeah, we can go with that. I'm thrilled."

#### What aspects of your relationship should you keep secret?

#### Cupid's Advice:

Relationships have both a public and a private side. It's up to the couple in question to decide what goes public and what remains under wraps. Here are some details you should probably keep to yourself:

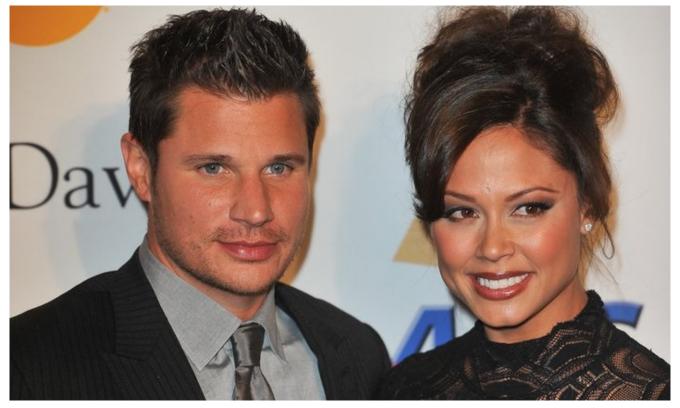
- 1. Personal finances: Whether you as a couple are low on money or rolling in dough, your financial situation is no one else's business.
- 2. Your sex life: When it comes to being intimate, keep it in

between the sheets ... or at least don't over-share.

**3. Deep issues:** Your partner may share with you sad truths about his or her family dynamics or about other things that hurt him in the past. Don't spread it around.

## Kourtney Kardashian and Scott Disick Take a Family Vacation





According to *UsMagazine.com*, E! reality star Kourtney Kardashian and longtime boyfriend, Scott Disick took a quality vacation in Cancun, Mexico with their 13-month-old son, Mason. An insider stated that the couple seemed very relaxed on

their tropical family fiesta. After rumors of a rocky romance between the two, this three-day getaway was free from turmoil.

#### What are ways to re-focus a drama-filled relationship?

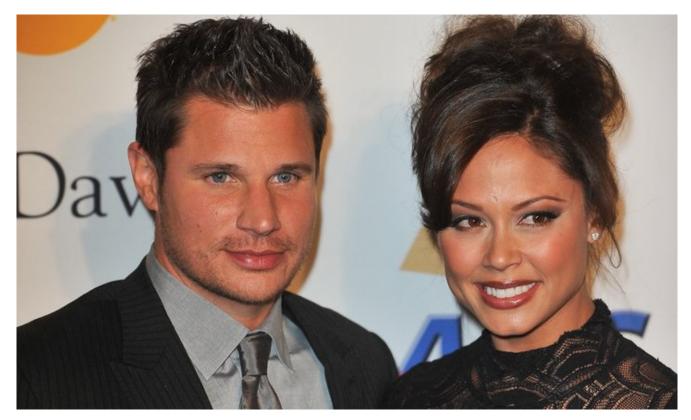
#### Cupid's Advice:

Drama doesn't always mean that your relationship has to come to an end. Here are some ways to work it out:

- 1. Get away for a while: Though vacations may seem like a temporary solution, they may be just what you need to spark a permanent reconciliation.
- 2. Listen: Take a break from your own fighting words to listen to your partner's concerns, thoughts and feelings. Try to understand things from his point of view. Sometimes understanding is the key to resolving important issues.
- **3. Look at the big picture:** Your drama may be comprised of a series of small fights centered around a big problem you are not confronting. Figure out the heart of the matter, and then focus on that instead.

# Forbes: What Do Powerful Celebrity Women Really Want From a Relationship?





By Krissy Dolor

Forbes may be a money magazine, but that doesn't mean that they don't love celebrities, too! Last week, the magazine reported on a recent study conducted by the University of Abertay Dundee in Scotland, which found that as women earn money and financial independence, their attraction to goodlooking, older men increases. In addition, these women hold a man's looks to a higher standard. The university has dubbed this "The George Clooney effect."

Previous studies have found that women care more about whether or not a man can provide for them, while men were more attracted to lookers. This new study showed that when a woman's income increases, her taste in men change.

"We'd assumed that as women earn more, their partner preferences would actually become more like those of men, with a tendency towards preferring younger, more attractive partners rather than those who can provide and care for children," said lead researcher Dr. Fhionna Moore, a psychology lecturer at the University of Abertay Dundee.

"However, the preferred age difference did not change as we'd expected — more financially independent women actually preferred even older men. We think this suggests greater financial independence gives women more confidence in partner choices, and attracts them to powerful, attractive older men."

Forbes analyzed 12 celebrity couples, posing this question: What is each woman in the celebrity couple attracted to? They say that Angelina Jolie, as one of the highest-earning women in Hollywood (\$20 million), wants a hot, older man. Hubby Brad Pitt is 12 years older than the starlet. Think Demi Moore's marriage to Ashton Kutcher is part of the cougar effect? Think again. She told Harper's Bazaar she does not like the term — and Kutcher's Twitter presence seems to garner enough fame on its own. We can even look at Ellen DeGeneres, who earned \$55 million last year, and is married to Portia De Rossi — a woman 15 years her junior.

In addition to the UK study, lead researcher at dating site <a href="eHarmony">eHarmony</a>, Gian Gonzaga, said in the Forbes article that highearning women are attracted to successful men who have established careers — and typically, these men are older. "In the data I've seen, women always want higher earning men," said Gonzaga. He also said, "the Cougar thing is likely a myth."

Well, there you have it: money only begets more money. If only there were a slew of George Clooney and Brad Pitt lookalikes up for grabs...

### Taylor Swift is Single and

## Scared of Being in Wrong Relationship





Country crooner Taylor Swift has dated her share of A-listers, including Joe Jonas, John Mayer, and *Twilight's* Taylor Lautner. The singer is now connected to the always handsome actor Jake Gyllenhaal. However, according to the December issue of *Allure* and *Us Weekly*, America's sweetheart is terrified of being in the wrong relationship. "I used to think there were all these rules for making people like you," said Swift. "I was filled with advice! I'd tell my friends things like, 'Don't accept that apology! That isn't sincere!' or 'He hung out with his ex-girlfriend? Get rid of him.' But love is never that simple."How do you know if you're in a bad relationship?

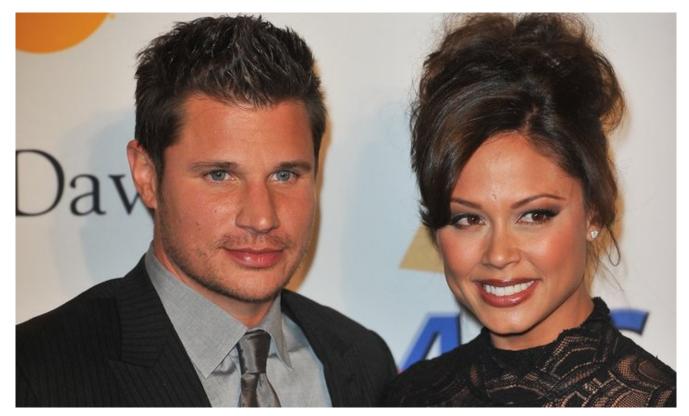
#### Cupid's Advice:

If you think you're in a bad relationship, you probably are. Here are a few signs that it may be time to move on:

- 1. Just friends: If you're starting to feel that you and your partner were better off as friends, the feeling is probably mutual. Friends with benefits may be fun for the time being, but it's not a replacement for a relationship.
- 2. Nothing in common: It's fun to date someone who has a unique hobby or interest that you know nothing about. Learning new things can keep a relationship exciting. However, if their interests and priorities are keeping you apart more than together, your relationship may be doomed for failure.
- **3. Clashing values:** Personal beliefs on issues such as politics, religion or even finances are possible deal breakers. Beware of these relationship red flags.

# Real Housewives of O.C.'s Tamra Barney Talks New Boyfriend, Eddie





Tamra Barney has a surefire plan for getting over her breakup blues, and it involves two new b's: a boyfriend and a BMW. The Real Housewives of the O.C. star recently told Us Weekly that she's been seeing a man, Eddie, who bought her the new car for her birthday. Tamra Barney began her new relationship about a month after her and her husband, Simon Robert Barney, filed for divorce in January. After an ugly divorce, what are some things you should consider before dating again?

#### Cupid's Advice:

For some, the fastest way to mend a heartbreak is to fall in love again. But before you jump back into the dating pool, figure out why you left it in the first place. Cupid has some things you may want to consider:

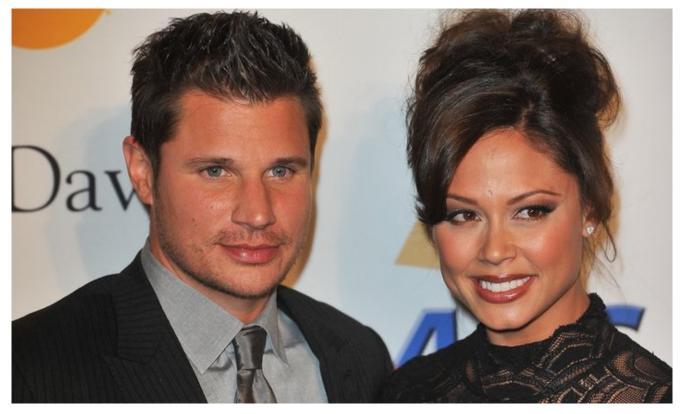
- 1. Are you ready to date?: If your friendships, finances, professional life and/or emotional health are still bruised from your breakup, you should work on recovering before you bring someone else into your life.
- 2. What do you need to work on?: Like relationships, breakups are rarely one-sided. Consider what personality flaws or bad

habits you brought to the table in your last relationship and work on fixing them.

3. What are you really looking for?: Many people end up dating the same type of person over and over again. Decide what qualities you actually want in your next partner, and actively seek out people with those traits.

## Christina Aguilera Dating 'Burlesque' Assistant Matthew Rutler





It looks as though Christina Aguilera is back in the dating game! Since separating from husband Jordan Bratman, Aguilera has been spotted out and about with Matthew Rutler, a set assistant from her new movie *Burlesque*. Most recently, Christina Aguilera and Matthew Rutler went on a double date with celebrity couple Nicole Richie and Joel Madden at Hollywood's SoHo House, according to *PopEater*.

What are ways to tell you're ready to date after a divorce?

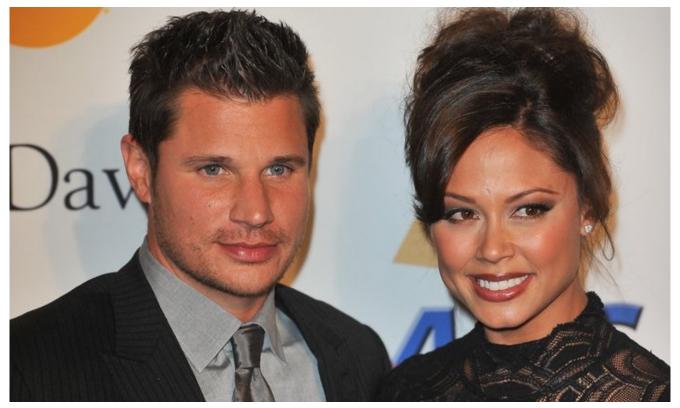
#### Cupid's Advice:

While it's important to take time to mourn the end of a marriage, you can't stay single forever! Cupid has some advice on how to know when you're ready to date after a divorce:

- 1. You're okay being alone: Don't jump into a rebound relationship right after a divorce. Take time to grieve, and get used to being by yourself before you start dating again.
- 2. You have a support group: You shouldn't go through a divorce alone. Lean on friends and family when you're feeling low. They can also help you decide when you're ready to enter back into the dating world.
- 3. You're healthy: Often people turn to alcohol or food to help ease the pain of a divorce. Make sure you don't overindulge too much, and wait until you're healthy before you start seeing someone new.

## Did Marilyn Manson Help Raise Evan Rachel Wood?





Although odd couple Marilyn Manson and Evan Rachel Wood have officially called it quits, their bond remains strong, according to <u>Us Weekly</u>. The 23-year-old actress told <u>Nylon Magazine</u> that she still feels close to ex Marilyn Manson, 41, because he, "had a hand in raising me." The two have had an on-again off-again relationship since meeting in 2006, including an engagement that lasted for seven months in 2009. Despite their recent split, Wood says she'll always have affection for Manson. "I'm always gonna love that guy. He's a genius, he's an amazing artist, we're still friends. Some things just aren't meant to be."

What are the benefits of dating someone much older than

#### yourself?

#### Cupid's Advice:

While Marilyn Manson and Evan Rachel Wood's father-daughter relationship is a little out of the ordinary, there still are benefits to dating someone much older. Cupid has some ideas about why you should try going out with someone in a different age bracket:

- 1. Learn something: If the person you're dating is much older, they probably have a lot of life and love experiences that you haven't. Take the opportunity to learn everything you can from your older and wiser partner.
- 2. Show me the money: Not to be materialistic, but if you're with someone who is considerably older than you, chances are they have had the time to accumulate a bit of cash. Enjoy the fruits of your mate's labor, and let them treat you!
- 3. Better with age: Maturity comes with age, so dating someone older inevitably means less video games and fart jokes. And that's a good thing.

## Thousands of Miles Between Hank Baskett and Kendra Wilkinson





NFL star, Hank Baskett, is now playing for the Vikings, but according to <u>US Magazine</u>, wife and former <u>Girl Next Door</u> Kendra Wilkinson, will not be moving to Minnesota to join her hubby. The distance has reportedly caused a riff between the couple, as Wilkinson is upset that the distance may cause the pro football player to miss their young son's important milestones.

#### How can you keep a long distance relationship alive?

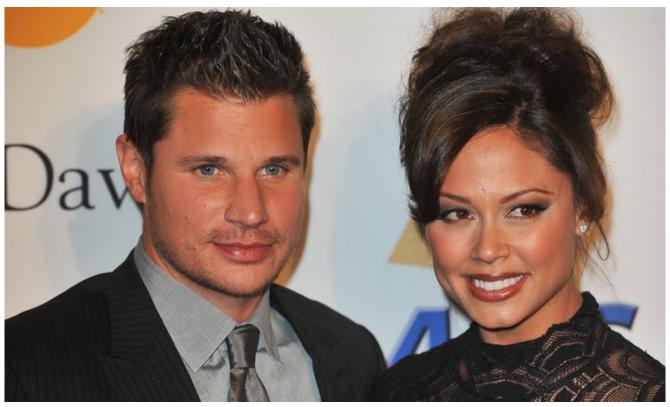
#### Cupid's Advice:

1. Be more tech savvy: Though it isn't a good idea to have a completely virtual relationship, staying in touch through your smart phone or Skype can make your long distance relationship seem like less of a drag. Technology is also a great way to share your children's milestones when you partner is far away.

- 2. Make the most of your time together: When you finally reunite with your long distance partner, make sure to drop everything and really spend some quality time with your mate. Always decide when you will see each other again when you part so you will have something to be excited about.
- 3. Compromise: There may come a time where the logical thing to do to is for either you or your partner to make the move to be together. If you decide that neither of you can give up your lives where you are, perhaps you can meet in the middle and do every other weekend or half the year in each place.

### Taylor Swift's Single Days





Country crooner Taylor Swift may be putting her dating history into hit songs, but don't think that she dates men just for the musical inspiration. And don't bother asking her about who her songs are referring to, because she's not about to tell you. "I will say everything in my music," she tells <u>People</u>. But despite her emotionally heavy songs, Swift is currently embracing the single life, saying, "Being single is wonderful and I love it. I don't ever have a morning where I wake up and say, 'I really need to find a boyfriend today.'"

#### What are some benefits of being single?

#### Cupid's Advice:

For some people, living the single life is rough. And seeing all your friends pair off while you sit at home on a Friday night can be like a slap in the face. Living la vida single, however, can actually be one of the best times of your life:

- 1. Miss Independent: When you're single, you only have one person to answer to: yourself. You can go out whenever you want, go where you want and see whatever movie you want sans compromising. Take time to enjoy not having to answer to anyone else, and be selfish.
- 2. Life lessons: Sometimes when life isn't so pleasant, and you don't have anyone to turn to for help, you have to forge ahead and go at it alone. But in the end you'll be so empowered that you accomplished a seemingly impossible task all by yourself that you'll soon realize you don't need anyone and that you are capable of doing anything.
- 3. More money, less problems: You don't seem to realize how much extra money you spend in a relationship until you're not in one anymore. With all the extra cash you now have, save up and buy yourself something fabulous. Splurge on a ridiculously expensive pair of shoes or a designer dress you may only wear once for no particular reason.

# David Arquette & Courteney Cox Argue Over Her Show Cougar Town





Courteney Cox and David Arquette are experiencing some trouble in paradise. Cox wants to gather up the old *Friends* gang and have them reappear on an episode of *Cougar Town*, Cox's latest comedy series. According to a source on *Betty Confidential*, "David isn't happy about it." But apparently, Cox has already called up Jennifer Aniston, Matt LeBlanc, David Schwimmer and Matthew Perry to make appearances. The source adds, "He told Courteney, 'This is not *Friends*. This is *Cougar Town*.' They

kind of got into an argument about it during a staff meeting. He wasn't happy when Courteney asked Lisa Kudrow to appear on their show last season, but Courteney won that battle." It seems that Cox will win this battle, too; she's already come up with a plot and characters for Perry and Aniston.

How can you persuade your spouse to be more supportive?

#### Cupid's Advice:

Unsupportive partners can put a strain on any relationship. Cupid has some tips on how to make your way through it:

- 1. Understand: You need to understand why your partner is against your decision. Try to find out what benefits he or she sees by choosing the opposite standpoint. Ask lots of questions to help you figure out why they are against the situation, then address their points.
- 2. Weigh options: You might find that your partner's point of view has a lot of reasoning behind it, so don't just dismiss them because you don't like it. Try to find an inbetween so that you are both happy with the outcome.
- 3. Be honest: Don't lie, exaggerate, or go behind your spouse's back to get what you want. If it's a big decision, such as going back to school, your partner will find out eventually, and will be even more upset you lied.