

Beyoncé Announces Pregnancy at VMA's



Beyoncé stunned the world Sunday night when she announced that she and husband Jay-Z are expecting their first child. If it wasn't already obvious, the diva showed up to the VMA's in an orange wrap dress and kept rubbing her belly, according to [People](#). After confirming the rumors from the red carpet, she went on to show off her baby bump while on stage performing 'Love On Top' and started off the performance by screaming, "I want you to stand up on your feet. I want you to feel the love that's growing inside me." Jay-Z was in the crowd, as excited as ever about the news, and the couple seemed happy to share it with the world.

How do you know at what age to have a baby?

Cupid's Advice:

It's not always easy to know when it's the right time to have

a baby. Cupid has some advice:

1. It feels right: If you and your partner have discussed having a child for a while and the two of you agree that now is the time, then it doesn't matter what age you are; the time is right for both of you.

2. Ask your doctor: With modern day technology and medicine, your doctor should be able to tell you when the best time to have a child is in order to have a smooth and healthy pregnancy.

3. It just is: Most pregnancies aren't planned and, in fact, are a surprise, so sometimes you're ready because you have to be!

How do you know at what age to have a baby? Share your thoughts below.

Sean Penn Dating Producer Shannon Costello





One of Hollywood's most sought after actors, Sean Penn, is officially dating producer Shannon Costello, who has worked on high-profile projects such as Davis Guggenheim's documentary *Waiting for Superman* and ABC's *20/20*. Penn's newest flame is also the former Communications Director of the actor's J/P Haitian Relief Organization. The couple met in the fall of 2009 and took their relationship public in early July of this year. According to [People](#), Costello was mistakenly identified at first by the media for Stacey Koplin. In spite of this short-lived case of mistaken identity, both Penn and Costello were seen looking very much like a couple on the sandy beaches of Malibu, at Nobu and dining out in Miami.

What's the best way to introduce your partner to your family?

Cupid's Advice:

Meeting the family is a huge step in your relationship. Try making the introduction in a casual setting where there's no pressure on you, your partner or your family:

1. Go out to dinner: Meeting at a neutral setting where everyone can eat what they like is a great way to make an introduction. Besides making reservations, there's no preparation on your part.

2. Include them in a family event: If there's a birthday or holiday party coming up with your family, bring your partner along to meet your nearest and dearest.

3. Have a dinner party: If you like to cook and entertain, have friends and family over for dinner. If you aren't one to cook, you can always order in.

How have you gone about introducing your partner to your family? Share your experiences below.

Will Smith and Jada Pinkett-Smith Speak Up About Split



As most of us know by now, the rumors about Will Smith and his wife Jada Pinkett-Smith splitting are false. The happy pair set the record straight Tuesday according to [People](#), claiming that the buzz

in the tabloid's about their 13 year marriage coming to an end are not true. The couple made a joint statement saying, 'Although we are reluctant to respond to these types of press reports, the rumors circulating about our relationship are completely false. We are still together, and our marriage is intact.' While talk of the split was swirling around, the Smith's were shopping at Michaels Crafts acting cutesy and giddy according to onlookers. The couple's son Trey tried to squash the headlines too by tweeting 'Did #WillandJada split? No they did NOT split! False information ... it's not true RETWEET!!!'

How do you prevent rumors from ruining your relationship?

Cupid's Advice

When people lie or start spreading rumors, it can play havoc on even the happiest couple. Cupid has some advice on how to handle this stressful situation, even if it's truly bothering you inside.

1. Laugh It Off: If you know the rumors you're hearing are completely false, simply laugh them off. When others see that you aren't taking them seriously, the novelty should eventually wear off.

2. Speak Up: What better way to squash nasty gossip than to set the record straight yourself. Sometimes heading the rumors off and dispelling the negative accusations may be the only option. Be sincere when you talk to others, this will demonstrate that you and your partner have nothing to hide.

3. Be Strong: Try not to let the rumors bother you. Go out in public as usual and have a great time. If people see you acting normal and the two of you still together the hype will begin to fade.

How do you prevent rumors from ruining your relationship? Share your thoughts.

Jennifer Garner and Ben Affleck Are Expecting Third Child



Looks like there will soon be a third addition to the Jennifer Garner and Ben Affleck clan. According to [People](#), Jennifer Garner is now pregnant with the couple's third child. The pair, who already has a 5 1/2-year-old daughter named Violet and a 2 1/2-year-old daughter named Seraphina, are "thrilled" to be expecting a third child. Garner also told the Associated Press that she believes she's gotten somewhat of a "split personality" from motherhood. One minute her brain is mush and she is a total ditz with all the thoughts of motherhood, and then somehow she pulls it all together when the cameras start rolling. Talk about mother of the year!

How do you deal with the dynamic of three children versus two?

Cupid's Advice:

Raising a family is always tough, but when adding a third child to the mix, it can change things a bit. Cupid has some advice on how to deal:

1. Middle child: Once you have three children, there's always the child that suffers from "middle child syndrome," so it's important to show him or her the same amount of attention as you do the oldest and youngest children.

2. More work: With another kid in the family, that means more mouths to feed, more places to be and more clothes, school supplies and toys to buy. All in all, a third child means more work.

3. More fun: An additional kid means another personality in the household and more fun to have. Instead of just having two kids that may constantly be competing with one another, you now have three to even things out in that department.

How do you deal with the dynamic of three children versus two? Share your thoughts below!

Melissa Rycroft and Husband Move to California With Baby Daughter





After much

deliberation, Melissa Rycroft and hubby Tye Strickland made the big decision to move to California with their 6-month-old baby Ava, according to [People](#). Rycroft admitted, “Adding a baby to the equation makes my job much harder. It involves travel and it was impossible to travel without her, but at the same time it was impossible to travel with her.” Even though the new mother is stressed between working and raising her daughter, she says it’s all worth it for that ‘one little smile’ she gets from Ava after a huge temper tantrum. Luckily, Strickland is a great father, according to Rycroft, and definitely takes his fair share of the parenting responsibilities.

How do you balance traveling for your job and your family?

Cupid’s Pulse:

It’s difficult to balance raising a family and working, especially when you must travel for work. Cupid has some advice on how to ‘do it all’.

1. Only go if necessary: It’s not always required to travel everywhere for your work, so it’s up to you to decide if the trip is absolutely necessary, or if it can be cancelled or postponed. Instead of trying to do it all, it’s time to prioritize.

2. Take a break: Everyone needs a break once in a while, and busy moms who have to travel are no exception. If you feel like you're spending a lot of time traveling, be sure to fit in a week of downtime in between so you don't overdo it. A little break to spend with your family is absolutely necessary.

3. Bring your family along: Why not bring your family on a business trip with you? Extend the trip by a few days and have some family fun.

How do you balance traveling for your job and your family? Share your thoughts below!

Kate Gosselin Says She's Glad to Be Divorced



Kate Gosselin has

shown us the good, the bad and the ugly parts of her life and now she wants everyone to see she's doing just fine as a divorced woman taking care of her 8 kids. "I wouldn't change my marriage because I have eight awesome kids that I would not change, but people change and they're not who you thought they were and if they're not for you, move on. And I have," she said, according to [People](#). That's a winning attitude! Her show *Kate Plus 8* has recently been canceled, but Gosselin continues to maintain that positive attitude and focus on what's most important, her kids.

Divorce can be tough, but what are its advantages after the fact?

Cupid's Advice:

Divorce is a difficult thing to go through, but there's always a light at the end of the tunnel, and Cupid has come up with a few advantages:

1. Happiness: Yes, initially you may be heartbroken, but in the end it's important to realize that the two of you weren't happy. Once you move on, you'll be happy knowing you ended something that wasn't going anywhere.

2. Find yourself: One of the best parts of life after divorce is rediscovering what makes you, you. Whether it's going back to the hobbies you used to love or jumping back into the dating pool, keeping yourself busy with things you enjoy will remind you that you're self sufficient.

3. Open to new love: Maybe your idea of a picture perfect marriage didn't work out as planned, but that doesn't mean you have to give up. Now that you're single, you can find your true soul mate.

**What do you think are some advantages of life after divorce?
Share your thoughts below.**

Jessica Alba and Cash Warren Welcome Daughter Haven Garner



It's baby number two for actress Jessica Alba and hubby Cash Warren. They welcomed daughter Haven Garner into the world this past Saturday and Alba couldn't wait to share the news. Sunday morning, she posted it on her Facebook page, according to [OK! Magazine](#).

The busy mother who was working right up until she gave birth promoting her new movie *Spy Kids: All The Time in The World*, says her 3 year-old daughter loves having a little sister and was just as excited about the newborn as her parents. Now Alba is focusing on balancing a busy career, motherhood and a loving relationship with her beau.

What are some ways to lose the baby weight quickly after giving birth?

Cupid's Advice:

Every woman knows it's difficult to shed weight, but it's even tougher to lose the baby weight after giving birth. Cupid has some advice on how to drop the pounds so quick that people won't believe you were even pregnant:

1. Pilates and yoga: Not only is this a perfect way to relax and chill out, but both of these activities are great ways to tone your body and get your shape back. If you're up for a challenge, instead of doing traditional yoga, try hot yoga or bikrim. You'll sweat everything out of your body and feel cleansed. Plus, you'll sweat off the pounds.

2. Diet: Whether you decide to try Weight Watchers, Jenny Craig, or any other diet, as long as you start to eat healthy and watch what your eating, you are sure to shed the pounds fast. Keep track of what your eating and make subtle changes in your diet.

3. Plain old exercise: When all else fails, hit the gym and lose the weight the old fashion way, by working out. Not only does this give you some alone time, but it also makes you feel good and will most likely cause you to make healthier decisions throughout the day.

What are some ways to lose baby weight quickly after giving birth? Share your thoughts below.

**NBC New's Peter Alexander
Will Marry ABC Anchor Alison**

Starling



The old adage “birds of a feather flock together” is coming true when it comes to NBC New’s Peter Alexander and ABC anchor Alison Starling. The two are thrilled about their recent engagement, according to [People](#). There were no teleprompters or cameras needed when Alexander popped the question to his future fiancée under the Eiffel Tower in Paris. Talk about a story book moment! He did admit that he “fumbled” on a couple of lines, but fortunately she said “yes”. The couple met in 2001 while working at competing news stations in Seattle, and it has been loving memories ever since. The couple is currently planning a spring wedding .

What are the benefits of dating someone with the same career as you?

Cupid’s Advice:

Dating someone with the same career as you can be difficult at times, especially if it involves long hours and traveling, but

for every negative there is a positive. Cupid has some benefits on why dating someone with the same job is a good thing:

1. Common ground: By dating someone with the same job as you, you will automatically have a common thing to bond over. It can be a sign that the two of you are meant to be, since you both picked a similar field to pursue.

2. Makes you understanding: Without much explanation, you'll understand your partner's complaints and stress from the workplace. It'll make you a better confidant for your honey since he knows you go through the same things he does throughout the busy work day.

3. Similar patterns: Whether it be sleeping, eating or even relaxing, a job has an influence on your every day life, whether you like it or not. For example, instead of you wanting to go out early while he'd prefer to go out late, if the two of you are on similar schedules, coordinating times and plans will naturally be easier.

What do you feel are the benefits of dating someone with the same career as you? Share your thoughts below!

Date Idea: Get Wet and Wild on the Water





With this great summer weather, it's time to have some fun in the sun. What better way to do that than by getting wet and wild on the water?

Grab your boo and head out on the water for some great waves and fun. If you don't have your own boat, why not rent one for the day? Head out to Montauk or take a ride around New York City to see some memorable sites, and cherish the time you get to spend with your love. Bring along some lunch or dinner to make your own romantic meal on the water.

If you're up for more intense action, rent a jet ski and get crazy. It's sure to be an adventure! If you're on the West Coast and are ready to have some extreme fun, why not go white water rafting? This gives you an excuse to get close to your honey when you're going over steep falls or bumps.

If you don't feel ready to hop on a jet ski or go white water rafting, take a dip in the water and go for a nice swim with your beau. In the Midwest? The Great Lakes are a "great" option. Take a trip to Southwest Michigan and indulge in some beautiful lakeside beaches, like Silver Beach in St. Joseph. No matter what you and your partner choose to do, you're bound to have tons of fun in the sun.

Do you have any tips on how to get wet and wild on the water

this weekend? Share your thoughts below!

Prince William's Cousin Zara Phillips Ties the Knot



It's the year of royal weddings. First Prince William and Kate Middleton walked down the aisle, and now Prince William's cousin Zara Phillips has tied the knot with Mike Tindall, the captain of England's rugby team. The wedding took place in Edinburgh this past Saturday, according to [People](#), and it was absolutely breathtaking. The wedding was straight out of a story book with a royal guest list and a fabulous reception at the Palace of Holyroodhouse, the Queen's residence. The pair met through Prince Harry, who introduced the two at a bar in Sydney during the Rugby World Cup back in 2003.

What are some ways to tell your partner loves you for the

right reasons?

Cupid's Advice:

It's tough to tell if your partner really loves you for you and that he or she has good intentions. Cupid has some tips:

1. They accept you at your worst: If your mate is able to put up with you when you're having a bad day or are in a bad mood, it shows that he or she is truly there for you.

2. They remember the little things: If your partner remembers things like your favorite dessert and what kind of perfume you wear, it shows that he or she pays attention to you and wants to make you happy.

3. They are open and honest: Being open and truthful shows that your mate has nothing to hide. If he didn't love you for the right reasons, he'd avoid certain topics.

How can you tell if your partner loves you for the right reasons? Share your thoughts below!

Jennifer Aniston Is House Hunting With Beau Justin Theroux





Jennifer Aniston and

Justin Theroux are making the big move. According to UsMagazine.com, the *Horrible Bosses* actress is looking for places to either rent or buy in the Beverly Hills area with new serious boyfriend, Justin Theroux. Sources close to the couple say that the relationship is going extremely well, and they hope to make it permanent. As far as other recent big real estate purchases for the actress, Aniston just closed on an \$8 Million Penthouse in New York's West Village. She also purchased the one-bedroom apartment below it with plans to turn it into a duplex.

How do you know when you're ready to move in with your partner?

Cupid's Advice:

Real estate can be a serious issue for a couple. But, when you can finally agree to move in together, it should be a joyous occasion. Here are some signs that you and your partner are ready to make the big move:

- 1. When you spend every night together:** If you are spending every night together anyway, it may be time to start splitting the rent.
- 2. When you foresee being together for a long time:** Nothing

makes a relationship more permanent than sharing a place together. Plus, it's a good way to get to know each other on a deeper level.

3. When you want to spend more time together: If all the time you spend together just doesn't seem to be enough, start looking for a new place together.

Have you ever cohabitated with a partner? Tell us about it.

5 Of Our Favorite Celebrity Beach Bum Couples



By Melissa Tierney

We aren't the only one's trying to hit the beach this season to escape the hot summer heat. Sizzling celebrity pairs can be spotted in Miami, Los Angeles and the Hamptons, soaking up some rays and having fun in the sand. If you're lucky, you

may spot your favorite duo while you're taking an ocean dip. Here are a few of the celebrity beach bum couples that we'd love to join at the beach:

1. Kim Kardashian and Kris Humphries: This newly engaged couple has been all over the media lately and one of the last trips they made caused a huge splash. The duo traveled to Puerto Vallarta, Mexico in late May, and by looking at the pictures of them, it seemed like they had a blast together. The couple played in the ocean and embraced on the beach – talk about summer lovin'.

2. Justin Bieber and Selena Gomez: The teenage royalty twosome hit Maui in May and turned heads when they were spotted smooching in the sand. Things have gotten serious for the young lovebirds as Gomez was even seen visiting Bieber's family in Canada this spring. We wonder if they love her as much as we do.

3. Ice-T and Coco: The hip-hop couple showed their overwhelming love for each other on the hot beach of Miami in February. Rapper Ice-T kept it cool while his wife, former Playboy model Coco, showed off her sexy beach body in an itty-bitty bikini. The couple, who have been married for five years, now have their own reality show, *Ice Loves Coco*, every Sunday night on E.

4. Kristin Cavallari and Jay Cutler: The ex-reality star went to Cabo San Lucas in April on a romantic getaway with beau Jay Cutler and came back engaged – what a treat. Love was definitely swirling around this pair as they spent their weekend hand-in-hand walking in the sand before Cutler popped the question. We don't know what was more blinding: the bright sun or her new 5.2 carat engagement ring.

5. Reese Witherspoon and Jim Toth: These newlyweds celebrated their nuptials by having a fun-filled getaway in Belize with Witherspoon's two kids. The new family came back with some

nice color. They were just in time for Witherspoon to promote her latest movie, *Water for Elephants*, and accept the generation award at the MTV Movie Awards. Good thing they got to enjoy an exotic getaway before heading back to work.

Who's your favorite celebrity beach bum couple? Share your thoughts below!

Reality Stars Head to Catalina Island for 2nd Annual Reality Reunion Weekend



By Melissa Tierney

It's almost time again for the 2nd annual "Reality Reunion" on

Catalina Island. If you haven't had your fill of drama and cat fighting during this year's reality television season, there's sure to be some juicy gossip at this summer's oversized party where contestants from the *Bachelor*, *Bachelorette*, *Survivor* and *The Amazing Race* are all set to travel to Catalina Island. There will be raffles, contests, partying and tons of fun.

A portion of the ticket proceeds will go to the "name a tent" fundraiser for the Catalina Experience- a non-profit organization whose mission is to create awareness of the local marine environment and of the critical habitat found on Catalina Island. All remaining funds from the weekend will go to Stand Up 2 Cancer.

Unfortunately for all you reality TV fans, the event is for reality stars only. However, four lucky fans can snag tickets to this year's Reality Reunion by heading to www.realityreunion.com and purchasing them for \$1,500 each. Who knows, you may come back with a rose or at the very least a tee-shirt that says you survived the 2nd annual Reality Reunion weekend!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

**Katie Holmes Throws Tom
Cruise Surprise Birthday Bash**



Katie Holmes knew just how to make her hubby, Tom Cruise's 49th birthday special by throwing him a surprise birthday bash at Miami Beach's SoHo Beach House, according to [People](#). Holmes planned the whole thing herself, including the RSVPs. Cruise and Holmes' daughter Suri, and Cruise's children from his marriage to Nicole Kidman, Connor and Isabella, attended as well as 40 close friends. Everyone enjoyed pasta, shrimp and other delicious dishes, as well as sweet chocolate birthday cake on the roof and inside the private venue.

What are some ways to make your partner's birthday bash unique?

Cupid's Advice:

What better way to show your love for your significant other than to make his or her birthday bash totally unique? Cupid has a few tips on how to make the special day just right:

1. Surprise: Take a tip from Katie Holmes and throw your beau a surprise birthday bash. He'll be caught off guard and it'll make his birthday one he'll never forget.

2. Pick a fun theme: Every party needs a good theme, so why not make your boo's bash centered around something he loves, like sports, adventure or music. Pick a venue that caters to his interests, like box seats at a baseball game (for the sports lover), a concert hall (for the music fanatic), or a rock climbing facility (for the adventurous).

3. Add something extra: Add a little something special to the bash, whether it be requesting your love's favorite song at a club, or ordering his or her favorite dish at a restaurant. It's the little touches that make his or her birthday extra special.

What are some ways you've made your partner's birthday bash unique? Share your stories below!

'Ugly Betty' Star America Ferrera Is Married





Ugly Betty star

America Ferrera was the opposite of ugly during her recent wedding to longtime boyfriend, Ryan Piers Williams, according to [People](#). The Emmy-winning actress, 27, and Williams were married Monday night in “an intimate setting amongst close friends and family,” her rep reports. The couple first met when Williams cast Ferrera in his student film at the University of Southern California and the couple became engaged in 2010. “We kind of connected from the get-go on that professional level and that was something that really drew us to each other,” Ferrera said. She also said that she and her beau have “a shared passion for what we do and our work.”

Is it important that your partner share a passion for your career?

Cupid’s Advice:

Career path typically shouldn’t be a determining factor in your relationship. Here are ways to be supportive whether you do share a passion for your partner’s relationship or you don’t:

1. Opposites attract: Yes, you and your mate should have some things in common, but he or she is in no way obligated to share a passion for your career. The ‘opposites attract’ theory says the following: If you love singing, your honey can

absolutely hate it, but still love you.

2. Put yourself In his or her shoes: Imagine if you were in the same career as your mate. This will help you understand what makes your partner tick a lot better than simply knowing his or her professional title.

3. Be there: No matter how bad it works your nerves, it's still important to be there for your partner when he or she hits a stumbling block in his or her career.

Are you having a hard time accepting your partner's career choice? Share your thoughts below.

Melissa Rycroft Says Date Night Is Weird Post-Baby



5 months after having baby Ava, Melissa Rycroft and hubby Tye Strickland

still feel 'weird' having date nights without their little bundle of joy. Rycroft told UsMagazine.com that, "It's weird that we're having a date night out and we don't have our daughter with us." When spotted at the HTC EVO 3D launch party in West Hollywood, the two said that they know their daughter is in really good hands. According to Rycroft, if you and your significant other are able to survive a newborn, you're able to survive pretty much anything!

How can you make date night special after you have a baby?

Cupid's Advice:

Life is definitely different after bringing a newborn baby into the world. It affects your marriage in many ways, one of them being your dating life. Cupid has some tips on how you can make date night special even after you have a baby:

- 1. Include your child:** Having a child is a new step in both you and your significant other's lives, so why not embrace this change by including your child on date night? Maybe the night won't be as romantic, but it sure will be fun going out with your little angel and experiencing the world as they see it.
- 2. Embrace parenthood:** Instead of going to dinner and a movie, why not check out some places you would like to bring your baby, like a park, zoo or aquarium.
- 3. Reminisce:** Head out for a romantic night on the town and relive your newlywed days by appreciating the love and passion the two of you have for each other. Just because there's a new baby in your lives doesn't mean you have to forget who you are as husband and wife.

What tips do you have on how to make date night special after having a baby? Share your thoughts below!

Prince William and Princess Kate to Face Off In Dragonboat Race



It looks like a little friendly competition doesn't get in the way of Prince William and Kate Middleton's love for one another! North America is in great anticipation of the royal couple's tour, and a private secretary for the couple announced that the couple will be facing off in a Canadian dragonboat race on July 4th. The couple will have a race to Canada's Prince Edward Island where they will participate in some competitive sports with young fans and try out different delicacies, according to [People](#). After the couple's visit to Canada, they are reportedly heading to California for further engagements.

What are the benefits of healthy competition in a relationship?

Cupid's Advice:

There's nothing wrong with a little healthy competition in your relationship. Here's why:

1. Fun: Having a little competition in a relationship, whether it's with sports or even a board game, brings you both back to a time when things weren't so seriously in your life. And guys, don't let the girls win on purpose! It's so much more fun to truly compete.

2. Keeps you on your toes: Competition can spice things up a bit. It adds some excitement to the boring routine of going on romantic dates and allows the two of you to interact in a new way.

3. Shows a different side: When people are participating in a game, sport or contest, they tend to act differently than when they are in a relaxed environment on a date. It's nice to see a different side of the person you're involved with, whether it's true passion or simply getting into the spirit of competition.

What benefits do you believe there are to having a little healthy competition in a relationship? Share your thoughts below!

LeAnn Rimes and Eddie Cibrian Indulge in Vegas





Newlyweds LeAnn

Rimes and Eddie Cibrian sure know how to party. The two traveled to Sin City and were spotted partying with Playboy founder Hugh Hefner, according to RadarOnline. The couple started their romantic evening with dinner at N9NE steak house at the Palms Casino. After sharing some red velvet cupcakes for desert, the two lovebirds headed to the Playboy Club where they sat at Hefner's table for a while. Looks like these two know how to make the most of a romantic getaway.

What are creative ways to indulge as a couple while on vacation?

Cupids Advice:

Vacations are always fun, but how can you indulge as a couple to have an unforgettable experience? Cupid has some suggestions:

1. Try a new activity: Make some new unforgettable memories by trying a new activity with your beau. Trying something you've always wanted to do like sky diving or white water rafting is the perfect way to indulge on a vacation.

2. Go to a new place: Be the first of your friends to check out a new bar, restaurant or hotel while on vacation. You'll be able to say you've been somewhere that no one else has

been, and it makes the trip more personal and memorable.

3. Splurge: If you really want to indulge on vacation, why not do a little shopping or plan a nice day at the spa with your significant other? It'll be romantic and fun!

What couple-y things did you plan for your last vacation? Share your comment below.

What do you think are some creative ways to indulge as a couple on vacation? Share your thoughts below!

Why Jennifer Aniston Took Relationship With Justin Theroux Public



Far from the secretive approach she took before, Jennifer Aniston is now

dealing with the paparazzi in a whole new way making it no secret that things are heating up between her and Justin Theroux. In an effort not to frustrate her new man, the *Friends* star is being more relaxed about the two being spotted by the press. According to UsMagazine.com, the couple were seen dining on June 2 at The Tower Bar in Los Angeles. After their three-hour date, they left in the same car. The last time Aniston and Theroux ate there together, her assistant drove her boyfriend to the restaurant in spite of the fact that they both came from Aniston's house.

What are some reasons to go public with your relationship?

Cupid's Advice:

Hiding a relationship can be more time consuming than actually having one. Though it may seem like a big deal at the time, there are very few good reasons to keep your relationship under wraps. Cupid has some reasons to go public:

- 1. You want to share your happiness:** When you're happy, you want to share it with others. It's hard enough to keep something negative a secret, so imagine trying to hide something positive.
- 2. You have run out of excuses:** When you're in love with someone, you're going to want to be with them all of the time. Therefore, you're bound to run out of excuses for why you're always together.
- 3. You are tired of lying:** Lying and sneaking about take a lot more effort than the repercussions of having everything out in the open. Taking your relationship public can be a huge load off of your back.

Have you ever been in a secret relationship? Spill your story below.

Hayden Panettiere Is Dating NFL Player Scotty McKnight



Looks like Hayden

Panettiere has a thing for athletes. Just a month after ending things with heavyweight champion Wladimir Klitschko, Panettiere is reportedly dating NFL player Scotty McKnight, according to UsMagazine.com. After mistakenly being linked to McKnight's pal and fellow footballer Mark Sanchez, Panettiere, 21 said, "I'm a huge Jets fan and became very good friends with Mark and his buddies, I've always been that girl who has a lot of dude friends. I'm into sports so we have a lot in common."

What characteristics of an athlete make a great partner?

Cupids Advice:

Hayden Panettiere isn't the only starlet who seems to have a thing for athletes. Maybe Hollywood is onto something! Cupid has some characteristics that make an athlete a great partner:

- 1. Energetic:** Athletes are usually full of energy, which makes them a lot of fun to hang out with. This way, they'll want to go out and do things rather than just sit on the couch all night.
- 2. Enthusiastic:** Sporty guys are always up for a challenge and want to try new things. He'll always keep you on your toes.
- 3. Respectful:** Athletes respect their bodies by doing their best to be healthy, whether it's by working out or eating healthy. He'll probably be a good influence on your health, too.

What characteristics of athletes do you think make them great partners? Share your thoughts below.

Mila Kunis and Justin Timberlake Talk Romance Rumors





Mila Kunis and

Justin Timberlake stirred up some controversy at the MTV Movie Awards Sunday night when they decided to grope each other on stage in order to drive home the point that they're "just friends". According to [People](#), the two were addressing rumors that they are romantically involved. "Even though we're in the movie *Friends With Benefits*, Mila and I have never dated," Timberlake said. Kunis said that she and Timberlake are more like brother and sister than anything else. Looks like there isn't love in the air for these two celebrities, but there's definitely a great friendship!

How do you prove you're nothing more than friends?

Cupid's Advice:

Dealing with supposed romance rumors isn't easy, especially if you're just friends with the person in question. Cupid has some tips:

- 1. Be honest:** Just be honest and tell your friends, family or any one who may ask that you're just friends nothing more. Sometimes it's best to hear it straight from the person the rumors are about.
- 2. Go on dates:** If you're going on dates with other people, it should squelch any romance rumors between you and your friend.

If you're serious about someone, your most certainly not going out on dates with other people.

3. Act like brother and sister: When you two go out, joke around like you're brother and sister instead of lovers. This will show everyone that you just have innocent fun together, and it's not anything more than that.

How did you prove that you were "just friends" with someone? Share your experience below.

Scott Disick Questions Kourtney Kardashian's Interior Design Choices



Kourtney

Kardashian's latest obsession is redecorating her new home

that she shares with longtime boyfriend, Scott Disick. However, according to [People](#), Disick is a little creeped out by his other half's over the top design choices and her uncanny love for checkered patterns. "Our house looks like it's out of *Beetlejuice*," commented Scott Disick on their \$1.7 Million home in Los Angeles. So far, he's gone along with Kardashian's unique decorating ideas. "If she's into it, let her have her fun," he said. "I hang out in the garage."

How do you compromise on design choices as a couple?

Cupid's Advice:

Though a couple may be very much in love, they may also have very different tastes when it comes to interior decorating. Considering how much time we spend at home, this could become a serious issue in your relationship. Cupid has some tips:

1. Go with it: In every relationship you have to pick your battles. If in the end, the decor really isn't that big a deal to you or is something you could get used to, it may not be worth it to pick a fight, especially if designing makes your partner happy.

2. Compromise: If one person chooses the sofa and the other picks out the coffee table, both of you can be happy.

3. Get a man/woman cave: Establishing a part of the house that is all your own can actually strengthen your relationship and satisfy your decorating needs.

How did you compromise with your partner on design themes? Share your experience below.

Jennifer Aniston Introduces New Beau Justin Theroux to Pals



Things have been heating up between Jennifer Aniston and her new man, actor/screenwriter, Justin Theroux. According to [People](#), Aniston recently introduced her new love interest to her nearest and dearest by throwing a small get-together attended by some of the actress' closest friends, including Chelsea Handler and Courtney Cox. According to a source close to the couple, the introductions went famously and everyone seemed to enjoy each other's company.

What are some ways to introduce your new partner to your friends?

Cupid's Advice:

Introducing your new partner to your friends and family is a

huge milestone in your relationship. Here are some fun ways to make an introduction:

1. Go out to eat: Everyone needs to eat, so meeting your friends at a restaurant is an excellent way to introduce your partner to the special people in your life. Plus, you don't have to cook.

2. At a party: Whether you're throwing a party or going to one together, it's always a great place to meet new people and break the ice.

3. Surprise them: Showing up somewhere with your new partner can be a pleasant surprise for your friends.

What are some ways you have gone about introducing your partner to your friends and family? Share below.

Molly Sims Is Engaged to 'Love and Other Drugs' Producer





Love is in the air for actress and jewelry designer Molly Sims and new fiance Scott Stuber. Stuber, producer of the movie *Love and Other Drugs* popped the question the weekend of May 20th, according to [People](#). Stuber even surprised Sims by flying her parents into Los Angeles to celebrate the special occasion. Sims, 38, and Stuber, 42, had been together for a year and a half before he popped the question.

How do you include your parents in your engagement?

Cupid's Advice:

The marriage proposal is one of the most memorable moments of the engagement, and Molly Sims and Scott Stuber made that even more special by including her parents. Cupid has some ways to do just that:

- 1. Invite them to the proposal:** If you plan on proposing at a romantic restaurant, why not have your parents sit at a table across the way or somewhere secluded so that they can still see your special moment without spoiling it.
- 2. Make them your first call:** Before calling your best friend, call your parents to share the good news with them. They'll feel special that they were the first people to know about the upcoming nuptials.

3. Ask for advice: Involve your parents by asking them to help choose the ring and the right time and place to propose. It'll make them feel special and important.

How did you include your parents in your proposal? Share your moment below.