

# William H. Macy Reveals How He Keeps the Passion with Wife Felicity Huffman



William H. Macy, who has been married to *Desperate Housewives* star, Felicity Huffman, for 15 years, recently let *People* in on his advice for men on how to keep your marriage alive after the honeymoon phase. According to Macy, the answer is to simply fake it until you make it. “Just act like you love her more than anybody you’ve ever seen in your life, and you’ll get it back in spades,” he says. “Just pretend.” While speaking at the Sundance Film Festival, he talked about passion as something you have to work toward later in marriage, but the work is well worth it.

**What are some unique ways to keep the spark alive in your marriage?**

## Cupid's Advice:

Just because passion doesn't come as easy as it once did, doesn't mean it isn't there. Don't be afraid to put some effort into your relationship. Cupid has some advice:

- 1. Schedule time together:** People tend to live on a schedule. Therefore, your love life should be no different. Make it a priority by making time for it. If you show you're willing to sacrifice for your marriage, it can really be a turn on.
- 2. Be spontaneous:** There's nothing more romantic than doing something spontaneous as a couple. The element of surprise makes everything more romantic. For instance, take a Saturday you have nothing to do and turn it into a time of firsts by going skydiving.
- 3. Return the effort:** If you see that your partner is putting their all into your relationship, it's your responsibility to do the same. If she plans a trip to a baseball game for you, perhaps you can surprise her with a spa weekend.

**What can you do to surprise your partner? Share your thoughts below.**

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## Sources Say Aspen Was the Last Straw for Heidi Klum and Seal





Heidi Klum and

Seal's family vacation to Aspen over the holidays appeared to be about fun, love and skiing. However, sources told [People](#) that the trip to a Colorado resort is where the now separated couple realized their marriage was over. "Aspen didn't go as well as planned ... there were more lows than highs," one source says. "Aspen was the final straw." The couple were often apart due to work commitments, but planned to enjoy quality time while on the trip. "When they came together for Christmas as a family, things had changed and they fought a lot," another source says. "Their Aspen trip was a bit of a mess. Instead of enjoying being back together as a family, it was difficult for them to get along." During their vacation, Klum reached the point where she was "done with arguing" and thought it would be best to separate before their arguing affected their kids.

**How do you know when your relationship is over?**

**Cupid's Advice:**

Ending your relationship is definitely not easy, especially when there are kids involved. But, when you and your mate can no longer seem to make things work, it may be the best thing to do:

**1. You're always arguing:** No relationship is perfect, but when you can never have a moment of peace with each other and can never seem to stop arguing or make it right, it's time to pack your bags.

**2. You'd rather be away from your lover:** There are times that you will need your space in a relationship to sort some things out, but if it gets to the point that while you're away you don't miss your partner at all, then you need to leave.

**3. Body language starts to change:** If your mate no longer makes eye contact with you during conversation, that can be a troubling sign. Also, if they're no longer in the mood or seem uninterested in having sex, that may be a clear indicator that they want to avoid having an emotional connection with you.

**What are some other ways to know when a relationship is over?  
Share your comments below.**

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## **Ryan Reynolds and Blake Lively Visit New Orleans**





Despite their slight difference in age, Ryan Reynolds and Blake Lively have been spotted in many romantic places since they've begun dating. For their latest destination, they've opted to check out the beauty of New Orleans. Their last visit to New Orleans together was during the filming of the *Green Lantern*, which is where they met. According to [People](#), the couple truly enjoyed walking around and re-visiting favorite restaurants while there. Perhaps this trip was even better than the last with the added element of romance in their relationship.

**How do you find out the most romantic locations in a city you're going to visit?**

### **Cupid's Advice:**

Celebrities seem to have no trouble finding romantic spots to visit together. Cupid has some tips:

- 1. Go somewhere far:** Discovering a new city with someone you love can truly be an adventure. Explore a new town or area, and check out all the local sites.
- 2. Use your resources:** There are an array of guidebooks and websites, which list the most romantic places for any dating situation. Check them out with your partner.



**3. Have fun:** It doesn't have to be something you've never done before, but it would be good to have a date involving something you've never done with them specifically. Like Blake Lively and Ryan Reynolds, visiting a place they've been has a new element, because they're doing it together.

**What are some ways you find romantic places to visit? Share your tips below.**

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## Rumor: Are Heidi Klum and Seal Getting a Divorce?



Though they are both still wearing their wedding bands, rumors are flying around Hollywood that Heidi Klum and Seal are headed for a split. According to [People](#), distance has been the major issue within this rocky patch in the marriage. Seal has been away a lot

lately promoting his new album, *Soul 2*, which has put a strain on the couple. However, now that the two have reunited, they seem to be doing a lot better.

**What do you do if you notice the fighting in your relationship is increasing?**

**Cupid's Advice:**

All relationships have their highs and lows. When fighting increases, don't be afraid to ask for help, look within yourself or change your surroundings:

**1. Couples therapy:** Lots of couples have gotten through their troubles by bringing in an involved third party professional, such as a therapist, to talk out your problems with.

**2. Look within yourself:** You may not be able to change the actions of others, but you certainly can change your own. Reevaluate yourself to see if there is something you're doing to cause distance between you and your partner.

**3. Talk it out:** Problems are solved by talking, not by yelling.

**What amount of fighting is too much in a relationship? Share your thoughts below.**

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**Katherine Heigl Falls For A Bad Boy in 'One For The**

# Money'



Katherine Heigl is back in a romantic comedy with an edge: *One For The Money*. Based on Janet Evanovich's sixteen-book mystery series, Heigl plays Stephanie Plum, a newly divorced and unemployed New Jersey girl. Stephanie talks her cousin into giving her a job at his bail bonding company as a recovery agent to get gain some cash. Stephanie agrees to catch Joe Morelli (Jason O' Mara), a former cop, murder suspect and the [ex](#) who dumped her in high school. With no idea how to handle a gun and pay back on her mind, she begins to fall for Joe all over again.

**How do you get over a bad boy?**

**Cupid's Advice:**

Women love rebels, but sometimes they can be a bad idea.



Here are some ways to get over your bad boy tendencies:

**1. Personality:** It's okay to like a guy who can hold his own, but it can be bad if he uses his strength against you. Look for a nice guy with the positive qualities of a rebel.

**2. Become a bad girl:** Bad boys do what they want to do. You need to find your inner bad girl, and leave the relationship if you're not happy.

**3. Illusion:** Bad boys are all about portraying an image to the world. Once you see through the act, say goodbye to the false relationship, and find a real partner.

How have you gotten over a bad boy? Share your comments below.

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## Avril Lavigne and Brody Jenner Speak Out Amidst Breakup Speculations





Avril Lavigne and Brody Jenner may have gone their separate ways, but that doesn't mean they aren't Twitter pals. Amidst rumors of a nasty breakup, Jenner tweeted, "It really upsets me to read all the FALSE!! stories. Avril has always been there for me and is the closest person to my heart. I love her." According to [People](#), the singer/fashion designer replied on the social networking site with, "Luv u 2!!! @brodyjenner."

### **How do you put forth a united front after a breakup?**

#### **Cupid's Advice:**

Just because you've broken up with your partner, doesn't mean you can't still be a team. If you have children together, for example, it's best that you always present a united front:

- 1. Stay strong:** People may expect you to turn against each other now that you're broken up, but there's nothing wrong with still being friends.
- 2. Compliment each other:** You may not have been good together in a relationship, but that doesn't mean you aren't both great in your own ways.
- 3. Keep in touch:** Keep up with what your ex-partner is up to, and wish them luck.

Why can some exes stay friends and others can't? Share your thoughts below.

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## Christina Aguilera Parties in San Diego with Boyfriend and Son



Christina Aguilera and boyfriend Matthew Rutler took Aguilera's four-year-old son, Max, on a birthday trip to remember. According to [People](#), Aguilera and friends took her son to *Legoland* which served as one present, as well as "the Hard Rock Hotel San Diego, where she checked into a luxe Rock Star Suite" in which Max was "showered with gifts." He was later taken to a Japanese restaurant and a nightclub. Last time Aguilera was at the hotel was with Rutler last year for Valentine's Day.

**How do you make your children comfortable around a new partner?**

**Cupid's Advice:**

Children can often take time to adjust to a new special someone in your life. Cupid shares ways to help your child adjust:

**1. The first introduction:** Ease your way into the first meeting. Ask your child questions and let them ask you questions about this new significant other in your life. Give them time if they need it, but make sure it's within reason.

**2. The first meeting:** Don't make the first encounter entirely focused on the significant other. Take a page from Christina Aguilera and have it coincide with another event. Not only does it say money, but this allows the child to associate good memories with your new partner.

**3. Avoid conflict:** You won't always be able to please both your partner and your children, but avoid situations where you have to choose between them. This is especially true if it's a highly tense situation which could lead to resentment.

**How did you introduce your new partner to your children? Share your advice below.**

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**Ashton Kutcher Chats with Demi's Daughter Rumer at Pre-**

# Golden Globes Party



Actor Ashton Kutcher and ex wife actress Demi Moore found themselves at the same Pre-Golden Globes party, and Kutcher didn't hesitate to catch up with Moore's daughter, Rumer Willis. As the *Two and a Half Men* actor made his rounds to chat, [People](#) reported that he and Willis were all laughs and smiles until she went back to join her mother.

**Is it OK to keep in touch with your ex's children?**

## **Cupid's Advice:**

It can be difficult to "dump" the rest of your ex's family after a breakup, especially when it comes to kids. Cupid has some tips:

**1. Healing time:** If you're the one who's broken up with your partner, it might be a good idea to step aside and give them their space by avoiding their kids as well.

**2. Be a friend:** If you want to continue the relationship that you've built with your ex's kids, it would be best for both sides if you and your ex were friends. Whatever you do, don't vent to the kids about your past relationship and current feelings about your ex.

**3. Be respectful:** Your ex may want you out of their lives and their children's lives completely. If this is the case, then you need to be respectful of their decision. Losing that connection is a risk you took once you broke up.

**Do you think it's OK to allow your ex and your children to interact? Share your comments below.**

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## **Rumor: Did Avril Lavigne and Brody Jenner Break Up?**







Could Avril Lavigne

and Brody Jenner be calling it quits after 2 years of dating?

According to [Hollyscoop](#), Lavigne is ready to settle down, and Jenner just isn't. We wonder if Jenner might be nervous because he knows Lavigne's previous marriage to rocker, Deryck Whibley, didn't work out or because his step sister, Kim Kardashian's, union to ex hubby Kris Humphries ended in such a short time. Also, maybe that bar fight back in November put a strain on the relationship. We'll have to see.

**What are some ways to tell it's time to break up with your partner after a long-term relationship?**

### **Cupid's Advice:**

After long time dating, you may find yourself questioning the relationship. Here are some ways to know if you need to break-up or should hang in there:

- 1. Company:** If you are annoyed or unhappy when you spend quality time with your partner, it may be time to move on.
- 2. Intimacy:** Is the intimacy non-existent or are you using sex to make the relationship better? If you said "yes" to either, re-evaluate why you are with your significant other.
- 3. Different values:** If the two of you want different things

out of your relationship, and it seems like each other's plans have changed over time, it may be time to make plans solo.

How did you know it was time to end your long term relationship? Share your comments below.

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## Rumor: Did Prince William Give Kate a Puppy for Her Birthday?



It looks as if the Duke and Duchess of Cambridge have added an adorable black Labrador to their royal court. According the [People](#), the two were seen with a new puppy on a romantic stroll in North Wales. It had been rumored that Prince William was getting his new bride a dog for Christmas. Around the New Year, Will

and Kate were seen playing with a few dogs at the Middleton home in Bucklebury, Berkshire. Later, speculation rose that the recently spotted puppy had been a gift for Kate Middleton's 30th birthday, which was celebrated with a low-key private party.

**What are the advantages of giving your partner the gift of a pet?**

**Cupid's Advice:**

There are many advantages to giving your partner a pet, but only do so if you know for sure that both of you are ready for the responsibility. Cupid has a few ways that a pet can bring joy to you and your partner:

- 1. Pets are cute and cuddly:** Pets bring people so much joy, and there's nothing better than sharing that joy with someone you love.
- 2. Responsibility:** Having a pet is a huge responsibility that can prepare you and your partner for sharing the responsibility of children one day.
- 3. Sharing the love:** When you share the adoration and love for an animal with your partner, it can bring you closer together.

**What kind of a pet do you want to share with your partner? Share your ideas below.**

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**'American Pie' Actress Mena**

# Suvari Files for Divorce



After less than two years of marriage, *American Pie* actress Mena Suvari is ending her union to concert producer Simone Sestito. According to [People](#), the 32-year-old actress had her attorney file divorce papers on her behalf, citing “irreconcilable differences and asking that Sestito receive no spousal support.” The two met in 2007, were engaged in 2008, and married in 2010. Suvari, set to appear in another *American Pie* movie this year, was excited to have children, but the couple had none and this will be her second divorce since 2005.

**How long should you try to fix your marriage when it's not working?**

## **Cupid's Advice:**

Sometimes a marriage hits some rough spots that you have to work through. Cupid shares how long to keep trying to fix a broken marriage:

**1. If you're playing the blame game:** Don't blame each other for the problems in your marriage. Accusations can only cause a further rift. If you and your partner are unable to discuss things without blame, this could be indicative of a larger, unfixable problem.

**2. Questions:** If you or your partner constantly asks why you are together, it may be time to seriously sit down and weigh the pros and the cons of the marriage. If the con list far outweighs the pro list, it may be time to consider other options.

**3. Control:** Do you have control over the problems in your marriage? If they can be fixed by mutual work between you and your spouse, you should continue to try to fix it. If it's something beyond your control, you may have to seek outside help in fixing your marriage.

**How do you know when to stop trying to make your marriage work? Share your ideas below.**

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## **'American Idol' Alum Brooke White Is Expecting Her First Child**





Brooke White, who made her performing debut as a finalist on season 7 of *American Idol*, is expecting her first child in May with husband, Dave Ray. “By the time the baby’s born, we’ll have been married eight years. I met Dave when I was 19 years old – we’ve been together a really long time, and we’ve always wanted to be parents,” White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

### **How do you prepare your relationship for a child?**

#### **Cupid’s Advice:**

Having your first child is one of the most exciting and scary experiences you’ll have in your life. Here are some ways to embrace it:

**1. Enjoy your alone time (while you still can):** Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is born.

**2. Decide on how the child will be raised:** Prior to bringing a baby into the world, you need to make important decisions



about issues such as what religion you will be raising your child with and what school they will attend.

**3. Baby proof your home:** Getting your home ready for a new baby can be a great bonding experience for you as a couple. It's a form of "nesting."

What are some other things to prepare for before having a child? Share your thoughts below.

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## Rumor: Halle Berry Is Engaged to Olivier Martinez



Halle Berry is no longer on the market, or at least that's the rumor going around. According to [People](#), "Olivier Martinez, Berry's boyfriend of more than a year, has given her a diamond-and-

emerald engagement ring.” The two co-starred in a French film in 2010 and became a couple shortly after. This would be Berry’s third time tying the knot, as she was previously married in the early 1990s as well as in the early 2000s.

## **How do you know when it’s time to tie the knot?**

### **Cupid’s Advice:**

It’s not always clear when it’s time to take the big step of marriage with your partner. Cupid has ways to know if you’re meant to be:

- 1. No need to impress each other:** You’re able to be yourself around your partner. There’s no longer a need to pretend you like their weird music or have a taste for fondue.
- 2. Trust:** You trust each other. When you go out, you’re not wondering what they’re doing and vice versa. A secure relationship is critical when taking it to the next level of commitment.
- 3. Ready for forever:** Once you’ve truly grasped what marriage means and that you want to be with this person for the rest of your life, then marriage may be the next step. If you can’t imagine your life without them, maybe you should make them a more permanent part of it.

**What are some other ways to know you’re ready for marriage? Share your thoughts below.**

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# Stacy Keibler Says George Clooney Keeps Her 'Locked Up'



George Clooney knows a good girl when he's got one. The actor jokingly told reporters that he doesn't let girlfriend Stacy Keibler go out. According to [UsMagazine.com](http://UsMagazine.com), the former WWE star played along with the reporters saying, "George keeps me locked up." They have much more in common than not wanting to go out on the town, however. The duo also have similar taste in fashion, according to Keibler. "Whatever I end up liking, he likes it, too. So it works out good because if he didn't, then I don't know what I would do!"

**What do you do if your partner begins to hold you back?**

## **Cupid's Advice:**

Not all relationships are like Clooney and Keibler's. Sometimes a partner can stop you from doing things you want to do. Cupid has some tips:

**1. Support:** Ask for support. Sit down with your partner and let them know that you need them to be a friend to you first and foremost. Friendship means supporting you in whatever you choose to be passionate about.

**2. Trust:** Some partners keep their loved ones from going out due to a lack of trust. Not believing in your partner can be a huge mistake. If your partner doesn't trust you, or vice versa, think about what is causing this mistrust and fix it if possible.

**3. Moving on:** Ultimately, if your guy or girl refuses to be there for you, it may be time to find someone who isn't going to hold you back, but rather, will push you forward.

**What are some other ways a partner can hold you back? Share your comments below.**

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## **Beyonce and Jay-Z Welcome a Baby Girl**





Beyonce and Jay-Z have just become Hollywood's newest parents! According to [People](#), they welcomed a new baby girl named Blue Ivy Carter in New York on Saturday. Both mom and the baby are in the best of health. Beyonce's sister, Solange Knowles, tweeted over the weekend that the new baby is the most beautiful girl in the world.

**What are some factors to consider when you're naming your child?**

### **Cupid's Advice:**

Naming your child can sometimes be a difficult endeavor for you and your partner. Not only must you find the perfect name, you also must agree on it. Here are the top factors to consider:

- 1. Family names:** Maybe you want to use an old family name or name your child after a much-loved deceased relative.
- 2. Unique names:** Your child is unique and their name should be, too. Just don't go overboard to the point where you name your child something completely weird. Keep in mind that he or she will have to live with the name you give them for the rest of their life.

**3. Favorite names:** Everyone has their favorite names that they've always wanted to name their child. Share your favorite baby names with your partner and have them share with you.

**What do you want to name your child? Share your baby names in a comment below.**

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## **'New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard**



Sometimes when your career hits a high note, your personal life seems to fall apart. While Zooey Deschanel had an amazing year as a breakout star, her relationship with Death Cab for Cutie front



man, Ben Gibbard, seems to have come to a bitter end. According to [People](#), the two filed for divorce, citing Oct. 31 as their date of separation. The ex couple, who married in 2009, are claiming irreconcilable differences, but are still on friendly terms.

## **How do you know when your differences are irreconcilable?**

### **Cupid's Advice:**

Irreconcilable differences is the most common reason for divorce. If you and your partner just aren't the same people you were when your relationship began, you may be experiencing irreconcilable differences. Here's how to tell:

- 1. Always fighting:** If you're always arguing with your partner over both big and little things to the point where you agree on absolutely nothing, perhaps, your differences are irreconcilable.
- 2. You want to see other people:** If you believe that you or your partner would be happier with someone else, it may be time to move on.
- 3. You've tried everything:** If you've tried couples therapy and everything else to try to reconcile your relationship, but nothing seems to work, it may be time to cut your losses.

**How long would you try to make a relationship work before you call it quits? Share your ideas below.**

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# New Couple: Are Olivia Wilde and Jason Sudeikis Dating?



When beautiful women claim they love a guy with a sense of humor people often scoff, thinking that looks matter much more. However, Jason Sudeikis has proven the theory true with his ex-girlfriend January Jones and current fling Olivia Wilde. While single, Wilde had been linked to stars such as Justin Timberlake and Bradley Cooper, but this time could be the real deal. Wilde and Sudeikis were recently spotted when they went to a University of Kansas Jayhawks basketball game, which is a team that Sudeikis considers his own, according to [Hollyscoop](#). To show her support, Wilde even sported a KU beanie with a fuzzy ball on top.

**What are some unique sports-related dates you can go on as a couple?**

**Cupid's Advice:**

Sporting events are a great way to loosen up with your mate for a common cause. Cupid has some unique sports-related dates:

**1. Join a team together:** Instead of just watching a sporting event unfold, you can be part of it with your partner. Sign up for a recreational soccer or flag football league in your area, and let the competitive spirit bond you as a couple.

**2. Check out a less popular sport:** You don't necessarily have to check out the NBA, MLB or NFL if you want to go to a sporting event. Consider going to a sport you know little about, like rugby, broomball or curling.

**3. Sunday football at home:** Put on your jerseys and chill out at home with some homemade nachos and wings. Sometimes the most fun you can have with your partner is the easiest solution.

**What are other unique sports-related dates? Share your ideas below.**

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## **Find Out How George Clooney and Stacy Keibler Spent New Year's Eve**





Stacy Keibler didn't have to worry about where her New Year's kiss was going to come from because she and boyfriend George Clooney celebrated the arrival of 2012 together with family and friends at their home in Cabo San Lucas, Mexico. [People](#) reported that, although the former *Dancing With The Stars* contestant and hunky actor kept things low key this holiday, they still participated in usual NYE festivities. "There will *definitely* be some dancing and drinking going on," Keibler explained beforehand.

### **What are the advantages of celebrating holidays at home?**

#### **Cupid's Advice:**

Spending New Year's Eve in crowded bars can be fun, but it can also be a hassle. Cupid has some advantages to ringing in the New Year at home:

- 1. VIP list:** If you throw a holiday party at your home, you can invite all of your closest friends and family. There's no chance you'll be sitting next to strangers.
- 2. Save money:** Buying drinks or dinner out can be expensive. Make dinner at home, and accompany your meal with your favorite drinks made at a fraction of the price.
- 3. Intimate:** Spending the holiday with friends and family can

be a blast, but it might be a nice change of pace to spend a romantic night alone alongside your partner.

How did you ring in the New Year? Share your comments below.

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## Zoe Kravitz and Penn Badgley Engage in Poolside PDA



Penn Bradley enjoyed a romantic getaway with his girlfriend Zoe Kravitz while hanging out by the pool in Miami. The *Gossip Girl* star, who last dated Blake Lively, began his new relationship with the beautiful daughter of rocker Lenny Kravitz in October reported [USmagazine](#). The couple enjoyed their vacation with a dip in the pool and some cuddling on their beach lounge chair.

What are some ways to make a vacation more romantic?

## Cupid's Advice:

It doesn't get much more intimate than a vacation near the beach or at the poolside while sipping cocktails. Cupid has some tips to make sure you have fun in the sun.

**1. Dress for the occasion:** It's called a *romantic* getaway for a reason! Let loose and wear something sexy and a little more revealing than you would if you were at home.

**2. Stay Refreshed:** A pina colada or a frozen margarita is the perfect drink to keep you cool under the sun's rays and get you in the mood for a little PDA.

**3. Horseplay:** You're on vacation so have fun! Go swimming or tease each other by splashing around in the water. Smiling and laughing will bring you closer together as a couple and make for some great memories.

**What's your advice for having a loving vacation with your partner? Tell us below.**

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# Prince William and Kate Middleton Act Goofy at Charity Visit







Prince William and Kate Middleton got their groove on during a visit to Centrepoin't's Camberwell Foyer, a charity very close to the heart of the late Princess Diana. The Duchess of Cambridge watched with a smile as her prince imitated the dance moves of Centrepoin't Foyer resident, Vanessa Boateng, who was the winner of the organization's Got Talent contest. According to [UsMagazine.com](http://UsMagazine.com), the casually dressed royal couple seemed happy and relaxed. In the spirit of the holidays, they also made mince pies and gingerbread cookies with the homeless youth.

**What are some ways to make laughter a bonding experience in your relationship?**

### **Cupid's Advice:**

Laughter is one of the most important parts of any relationship. Everyone should be with someone who can make them giggle. Cupid has some great ways to bond over laughter with your partner:

- 1. Joke around:** Always be on the lookout for a good laugh. When you're with someone you love, it's always a good time to let loose.
- 2. Inside jokes:** Couples always seem to have things that are

only funny to them, which makes their bond even stronger.

**3. Smile:** You have to be smiling to laugh. Always take a moment to smile at your partner.

What's the funniest thing to ever happen to you and your partner? Share your experiences below.

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## J.R. Martinez Prepares to Welcome a Daughter With His Girlfriend



2011 has been an exciting year for Iraq war veteran J.R. Martinez. Just last month he won the coveted mirror ball trophy on *Dancing with the Stars*. However, it looks like 2012 will come with excitement as well, as Martinez and his girlfriend Diana Gonzalez-Jones

are expecting their first child in May. According to [People](#), Martinez says that the couple is “over the moon” about the pregnancy and consider it the “best gift we could get.” The idea of being a father is just hitting Martinez, but there’s no doubt he’s excited. Though he and Gonzalez-Jones are grateful for the blessings of 2011, they already know how 2012 is “going to top 2011” with a beautiful baby girl.

## **What are some ways to prepare yourself for fatherhood?**

### **Cupid’s Advice:**

It’s just as important for men to prepare themselves to be a father as it is for women to prepare for motherhood. Cupid has some tips:

**1. Help your partner stay healthy:** Adapting your eating habits will help your significant other stay healthy as well. If you also avoid the unhealthy foods that tempt her , she’ll find it easier to say “no.” Joining an exercise class together or going for walks together are also good options.

**2. Be prepared:** Learn everything you can about what to expect during the upcoming pregnancy and after. It can’t hurt to read as much material as possible to help your partner.

**3. Go shopping:** Not only could shopping be relaxing for the mom-to-be, but it’s also good to have everything you can for the baby’s arrival. Buy baby clothes, a crib, a stroller and even nursery decorations.

**What are some ways your beau prepared for fatherhood? Share your comments below.**

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# Britney Spears and Jason Trawick Get Engaged



Britney Spears has had a turbulent few years. This month, however, she has a lot to celebrate. Aside from celebrating her 30<sup>th</sup> birthday, recent reports have confirmed that the pop princess is now engaged to Jason Trawick. According to [People](#), Trawick proposed on his birthday Thursday night in Los Angeles. After giving him tons of birthday gifts and having cake together, Spears was surprised to get a surprise of her own in the form of a Neil Lane sparkly engagement ring. According to sources close to the couple, the two are very happy and have been talking about marriage for a while now.

## What are some unique ways to celebrate a recent engagement?

**Cupid's Advice:** The holidays may be a time to celebrate, but

an engagement can be just as much if not even more exciting. No matter if you are getting your friends and family together for a big party or just having a private celebration. Here's how to make it a festive occasion:

**1. Vegas trip:** You don't have to get married in Vegas to have fun there with your spouse-to-be. Stay at the Bellagio, and watch the fountains burst into the night air together.

**2. Show off the ring:** Facebook, Twitter and other social media sites provide you with the means to share pictures of your ring with everyone in your network instantly. Make them jealous.

**3. Pop champagne:** A celebratory bottle of bubbly is perfect of either a romantic dinner for two or a large celebration.

**How do you plan on celebrating your engagement? Share your ideas below.**

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## **Real Housewife Taylor Armstrong Will Release Tell-All Book**







Taylor Armstrong from Bravo's *The Real Housewives of Beverly Hills* will be releasing a tell-all memoir through the publisher Simon & Schuster entitled *Hiding From Reality: My Story of Love, Loss and Finding the Courage Within*. The book is scheduled to be released Feb. 7 and will outline her relationship with her ex husband Russell Armstrong, who tragically committed suicide in August. According to [The Hollywood Reporter](#), the couple had filed for divorce only a month before the suicide.

### **What do you do if your ex “tells all” after a split?**

#### **Cupid's Advice:**

If an ex decides to tell all after a split, there's really not much you can do to prevent them from doing so. All you can do is stay strong and move on:

- 1. Allow only positive influences:** Surround yourself only with positive people and things. After all, it's your ex who is airing their dirty laundry and not you.
- 2. Don't answer questions:** If someone asks you about something they heard from your ex, simply tell them that it's none of their business.
- 3. Let time work in your favor:** Time cures all wounds and rids



all rumors. When you are in bad place in your life, time always works in your favor.

When a relationship is over, should you tell all or keep the details to yourself? Share your thoughts below.

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## Ashley Hebert and J.P. Rosenbaum Have No Celebrity Wedding Plans Yet



The *Bachelorette* couple Ashley Hebert and J.P. Rosenbaum, who got engaged last August during the reality TV show's finale, won't be saying their "I do's" anytime soon. The famous couple told [UsMagazine.com](http://UsMagazine.com) that they haven't set a date for their celebrity wedding yet. Hebert is waiting to finish up school

before tying the knot. The former *Bachelorette* star said that she and Rosenbaum are “looking forward to building our lives together. We really are best friends, [so] just being together is a lot to look forward to.” Rosenbaum said that they “want to wait for the right time” before walking down the aisle.

## **Hebert and Rosenbaum are taking their time when it comes to picking a celebrity wedding date. What are the advantages of a long engagement?**

### **Cupid’s Advice:**

Take a cue from this famous couple and know that there’s nothing wrong with a long engagement! In fact, there are plenty of benefits to taking some time before you tie the knot. Cupid has a few reasons why:

**1. Less stress:** Getting married soon after your engagement means you have to plan an entire wedding – and fast. Take your time and enjoy planning out this special day in your relationship and love.

**Related Link:** [Reality TV Star Ashley Hebert Instagrams Amazing Post-Celebrity Baby Body](#)

**2. Take your pick:** With your extra time, you can be sure that you book the ideal locations for your wedding and reception. You can also gather all the ideal decorations to throw the perfect party!

**Related Link:** [Kendrick Lamar Celebrates Celebrity Engagement to High School Sweetheart](#)

**3. No doubts:** While you and your fiance spend some more time

together as a soon-to-be-married couple, you'll have time to make sure they're the person you want to spend the rest of your life with.

**Why did you like having a longer engagement? Share your comments below.**