

Prince Harry and Cressida Bonas Are Back On



By Maggie Manfredi

The Brits are back and beaming! According to UsMagazine.com, Prince Harry and Cressida Bonas' break up is over. The royal and socialite attended the Invictus Games Closing Ceremony on Sept. 14, and were spotted two additional nights after that event. Catching flicks and celebrating, the couple seems to be having fun and enjoying each other's company.

How do you know whether to give your relationship another try?

Cupid's Advice:

Relationship limbo is a hard state to be. If you find yourself questioning whether you want to move on from an ex or get back together, Cupid has some tips to tackle the relationship status conversation:

1. Be honest with yourself: Though it is easy to remember all the positive elements from your past together, make sure you reflect on why it didn't last the first time.

Related: [Sources Says Avril Lavigne and Chad Kroeger Are Headed for Splitsville](#)

2. Be happy: The most important thing to remember is you should be making choices that bring you joy and will lead to positive things in this life.

Related: [Mindy Kaling Admits 'Office' Costar B.J. Novak was a 'Great Love'](#)

3. Work at it: Committed relationships take patience and effort to get right, and no two couples are the same, just make sure that you are in love and doing right by your partner.

Do you think this is a fling or forever? Share your thoughts below!

Celebrity Interview: 'DWTS' Contestant Antonio Sabato Jr. Says His First Dance is The

Cha - Cha !



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

Hailing from Rome, Italy, Antonio Sabato Jr. first grabbed America's attention as an underwear model for Calvin Klein before playing Jagger Cates on the popular soap opera *General Hospital*. Now, he's impressing us with even more talent, as he takes on two new roles: DIY expert on *Fix It and Finish It* and contestant on season 19 of *Dancing With the Stars (DWTS)*. The busy father of two found some time to chat with us as he enthusiastically tackles both endeavors while on the road!

Antonio Sabato Jr. Talks Current Projects in Celebrity Interview

In our celebrity interview, the TV host says that taking on two projects at once is something he can definitely handle, and he clearly intends to succeed at both, stating, “Challenges are something that I love confronting face on – and *Fix It and Finish It* is a huge challenge! We’re doing 150 shows in a year across the country; it’s a lot of renovations, demolitions, and things like that.” His wife Cheryl will be helping with the building projects as well.



Antonio Sabato Jr. on ‘Fix It and Finish It.’ Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

Then, Sabato got the call to do *DWTS*, which he describes as a “blessing.” The family man didn’t originally intend to put his dancing shoes on though. “My first thought was that I couldn’t do it. It’s up to my producers and my team because *Fix It and Finish It* was my main priority. They all worked it out, and now, we have a busy, seven-day schedule each week,” he explains. “*DWTS* is something that I considered for a long time. My fans and my family are so happy that I’m doing it.” His daughter, who will be in the audience each week with his wife and other kids, is especially excited about the show, being that she is the real dancer of the celebrity family.

Related Link: [Brooke Burke-Charvet Says ‘Dancing With the Stars’ is “Unpredictable and Evenly-Matched”](#)

Reality TV Star Opens Up About *DWTS* and Celebrity Marriage

Sabato says that his greatest sources of support are his “two Cheryls,” one being his wife and the other being his *DWTS* partner, Cheryl Burke. Of his [celebrity marriage](#), he says, “I can’t wait to dance with my wife! I’m definitely picking up some stuff, and hopefully, I’ll be somewhat of a dancer relatively soon. Then, I can take those moves and have a nice time with her.” We can’t wait to see more of this celebrity relationship on both of Sabato’s shows!

When it comes to Burke, he shares, “When they asked me who I wanted to dance with, I said Cheryl – and I got her! She’s everything that I need and then some. She’s tough and kind. I like to push myself, and she just pushes me to another level.”



Antonio Sabato Jr. on 'Fix It and Finish It.' Photo courtesy of Bellum Entertainment / Photographer: Andrew Doyle

It's clear that the actor believes life is about embracing new experiences. "It's about taking chances, trying new things. I don't like to follow the herd. I do whatever I feel like doing," the reality TV star says in our celebrity interview. "I feel like doing things that come my way, and I just take it one day at a time. *DWTS* is another opportunity to do something that is quite amazing, actually, in such short amount of time. You can't refuse that!"

Related Link: ['DWTS' Pro Tony Dovolani on His Marriage: "My Wife is My Queen"](#)

As for his first dance, he reveals that he'll be doing the Cha-Cha on tonight's episode. "I'm looking forward to learning

any dance since I don't have any dancing background. We've been rehearsing for about a week and a half now," he explains. "What a challenge – it's mental, physical, and emotional. But you have to make life interesting!"

It's no surprise that his longtime fans are a great source of encouragement. He knows that he's "still Jagger to them" and gushes, "It's incredible. They keep everything going. They supported me from day one. They're still supporting me now. Doing *DWTS* is for them as well. I have the best fans in the world."

You can keep up with Antonio on www.facebook.com/Antonio-Sabato-Jr-38146293272/. Don't forget to tune in to Fix It and Finish It each weekday – check local listings for times and stations in your area. You can also catch him on Dancing With the Stars, which premieres on ABC on Monday, September 15th at 8/7c!

Our Favorite Superheroes and Their Significant Others





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Ryan Reynolds and Blake Lively

This adorable couple met while filming 'Green Lantern,' in which Reynolds played the superhero and Lively was his love

interest. They were married on September 2012 and most recently walked the red carpet together at the Cannes Film Festival. Photo: AAR/FameFlyNet

'Bachelor In Paradise' Star Michelle Money Says, "I am the Luckiest Girl in the Whole World!"



By Ann Luther

The *Bachelor in Paradise* finale did not disappoint. Host Chris

Harrison promised us drama, and as always, he delivered. In the end, it came down to three couples: adorable Sarah Herron and Robert Graham, solid Lacy Faddoul and Marcus Grodd, and wild cards Michelle Money and Cody Sattler. Then, Harrison rolled in with overnight date cards for the love birds, giving them time to work it out (and *work it out*) before the final day in paradise.

Related Link: [‘Bachelor in Paradise’ Star Michelle Money on Relationships, Love and Cody Sattler](#)

After the dates, Herron and Graham broke up and headed home. Of course, Faddoul and Grodd emerged from their room as engrossed as ever. And by a *huge* surprise, Money, who entered the date as unsure as one can be, and Sattler, both glowing, sauntered into the hut “satisfied” and “sore.” Money even gushed, “I have a boyfriend!”



Cody Sattler and Michelle Money share a moment on set after the final rose ceremony. Photo courtesy of Michelle Money’s Instagram

After Money and Sattler exchanged roses, a very nervous Grodd took his girl down to the beach and proposed!

Faddoul said yes, and they formally accepted each other's last roses. With intrigue and endings that happy, it's no wonder *BIP* has already been green-lighted for a sophomore season.

Intertwined in all the twists and turns of the episode was the internal struggle within Money to accept the love that Sattler was offering not only her but her young daughter too. The personal trainer was so sweet and patient with her as she hesitated throughout most of their time together. The Utah hairstylist said in interviews that he wasn't the type of guy she usually pursued. She also expressed feelings of being overwhelmed by how quickly his feelings progressed and how strongly he came on. It really wasn't until her last moments on camera that she decided to go all in.

Now that the season is over, everyone can see that she is elated with her man. Money's Twitter and Instagram accounts are flooded with pictures of the two of them along with her daughter. She captioned one sweet photo with, "Sooooo in love with @cody_sattler and so happy I can finally talk about it!! This man has changed my life!! I am a better woman because of him!!! I am the luckiest girl in the whole world!!" As she told UsMagazine.com, "I've never met anyone as amazing as Cody. I never thought someone like him existed. It's been such a beautiful surprise."



Michelle Money and Cody Sattler pose with Money's daughter, Brielle. Photo courtesy of Michelle Money's Instagram.

This got us thinking. In real life, we often end up with a partner who we never saw in our lives. We all have our types – the fellows we're drawn to and keep falling in and out of relationships with until one day, we meet someone different. It's always the "this one is so different" that ends up turning into "he's The One." So how do you know when to ditch your type and just go for it with the divergent dude? Here are three things to consider:

Related Link: ['Bachelor in Paradise' Contestant Chris Bukowski Talks Friendship with Michelle Money and Split from Elise Mosca](#)

1. You're so over it: When the guy that is so up your alley lets you down just like all the others that came before him, it's time to mix it up. There is no need to keep torturing yourself with men just because they match your typical criteria. There are so many guys out there waiting for you!

2. You're in a slump: If you haven't been seeing anyone special for a while, it might be because you've boxed yourself in. When you look outside those boundaries, things will start to change, for better or worse. The point is: They're changing. You're getting out there and learning things about yourself that you may have forgotten because you unknowingly cut yourself off from all of those other fish in the sea.

3. He's right there: Just like Money realized, someone could be right in front of your face, begging you to see them. Maybe you friend-zoned him ages ago; maybe he even gets under your skin a little bit; or maybe you met him yesterday and automatically wrote him off. Whatever the excuse, tell that voice in your head to pipe down and leap into his arms. Most

likely, he will catch you and never put you down.

Follow Michelle Money on Twitter @MoneyMichelle. The second season of Bachelor In Paradise will premiere during summer 2015 on ABC.

‘Bachelor in Paradise’ Stars Michelle Money and Cody Sattler Talk Wedding Bells



By Amanda Boyer

Although ABC's *Bachelor* spin-off show, *Bachelor in Paradise*,

is over, some of the relationships made on the show are just starting. Off the island, Michelle Money and Cody Sattler are one of few couples that are in the honeymoon phase of their relationship. Even though the show ended back in June, the couple claims to be “even more smitten.” They talk and text “all day, every day.” According to UsMagazine.com, Sattler is planning to move from Iowa to Utah to be with Money and her 9-year-old daughter. They hope to start planning a wedding in the next few months that could even be shown on TV for the fans to watch.

What are some important factors to consider before tying the knot?

Cupid’s Advice:

Want to make sure you are marrying the right person? Cupid has some tips:

1. Money: Make sure to look at each other’s incomes and debts collectively. As a couple, you’ll need to figure out how you will pay off any debts, how you will share money in various accounts, and how much work you’ll do for the lifestyle you want.

Related: [Adam Levine and Behati Prinsloo Make Debut as Married Couple](#)

2. Discuss location: It is not going to work if you and your partner are in different locations. Sit down with your honey and discuss where you want to live and which location seems best for the both of you.

Related: [Kim Kardashian and Kanye West are Married](#)

3. Your needs and wants: When marriage is in the cards, it’s important to talk about family life and whether you want to start one. Are children in the equation for you? Iron those types of things out before tying the knot.

Have any other advice for newly in love couples about marriage? Leave a comment below!

Holly Madison And Husband Pasquale Celebrate Wedding Anniversary in Disneyland



By [Sarah Batcheller](#)

[UsMagazine.com](#) has reported that Holly Madison, husband Pasquale Rotella, and their daughter, Rainbow Aurora, returned to Disneyland this week, where the couple was married, to

celebrate their wedding anniversary. Madison says that since the couple both love Disney, it wasn't cheesy, and she posted various pictures on Instagram of the family having fun, with the clever caption, "Returned to the scene of the crime..."

What are some out-of-the-box ideas to celebrate your wedding anniversary?

Cupid's Advice:

Your wedding anniversary is monumental, so why not make the occasion a unique one to remember? Your spouse is so special to you that you should do something equally as special to celebrate the fact that your love and hard work have groomed an unbreakable marriage. Here are Cupid's out-of-the-box wedding anniversary ideas:

1. Go sailing: The horizon is limitless, you're withstanding rough water, you're together without anyone else in sight, it's all pretty metaphorical! Sailing is a great getaway because you're leaving your natural element to explore something mystifying and a little dangerous. Who better to undergo such an adventure with than your one-and-only? And what better occasion than the celebration of the day you were joined in holy matrimony?

Related: [Lance Bass Proposes to Michael Turchin Again on Anniversary of Engagement](#)

2. Write letters a year in advance, every year: On each anniversary, write letters to each other to be exchanged at the next anniversary. Reflecting on the past is just as important as planning for the future, and there's no better way to do this than to remind each other of how everlasting your love is. Every year you'll be reminded of the time that has just passed, and what started it all- your wedding!

Related: [Cupid's Weekly Round-Up: Celebrating Your](#)

[Relationship](#)

3. Travel: Each year, choose a new place, either abroad or within the country, to visit for the first time. Every new destination represents the milestone in your marriage. Because marriage itself is a journey, choose to go on actual journeys each year. A road trip or plane ride also provides a good amount of quality time to be spent together with nothing to do but talk, laugh, and enjoy each other's company.

What fun ways do you celebrate your wedding anniversary? Tell us in the comments below!

Kate Middleton And Prince William Have Announced Their Second Baby Is On the Way!





By [Sarah Batcheller](#)

Prepare for your heart to explode inside your chest in 3...2...1! Kate Middleton and Prince William are expecting their second child! [UsMagazine.com](#) reported that the royal couple are waiting on baby number two. As thrilled as their devoted admirers are, though, the couple had to make the tough decision to announce their pregnancy a little earlier than they previously desired, as the Duchess of Cambridge's severe morning sickness, which has left her in the care of doctors in the palace, is preventing her from attending planned events with her hubby. We'll miss seeing you about for a while Kate, but we know you're toughing it out for your little one.

How do you know when to announce your pregnancy?

Cupid's Advice:

Celebrating a new pregnancy is initially a very intimate event between two people, and then a very special event among family and close friends. Later, comes everyone else in your world whom the information is important to. Even those of us without royal engagements in our calendars need to inform our

bosses, neighbors, and general acquaintances of the delightful news. Here are some of Cupid's suggestions on when to announce you are pregnant:

1. Wait a couple weeks before telling family: Although they should be the first to know, it's nice to have a little time to let the news settle in before announcing your pregnancy to family. This way, you can actually have the time to develop answers to all their questions about potential names, how far along you are, the gender, etc. Not to mention, it's a great bonding experience for you and your partner to be the only ones who know for a little while.

Related: [Scarlett Johansson Welcomes Daughter Rose With Fiance Romain Dauriac](#)

2. Make it public three months into your pregnancy: After three months, the chances of miscarrying significantly reduce. Plus, all your family and closest friends know by this time, so it's appropriate to post a Facebook status, Tweet, let the office know, etc. While, of course, you'll let the most meaningful people know first, you don't want to wait too long to share the announcement with everyone else, so that you don't have to keep making excuses as to why you can't have a glass of wine, why you're so tired, or why you're...you know...getting larger.

Related: [Rachel Bilson Celebrated Her Baby Shower](#)

3. Decide on any big changes before your announcement: Ideally, you were planning and expecting to get pregnant for a while, and any big changes to occur as a result, like a move or a new job, have already been determined. If you're going to stop working to be with your baby, your boss will probably want to know that when you tell him/her you're pregnant. Likewise, you'd need to inform many people that you're relocating if that's your decision, and there's no sense withholding that information if they already know you're

pregnant.

When did you decide to announce your pregnancy? Share with us in the comments below!

'Bachelor in Paradise' Reality TV Star Jesse Kovacs Apologizes: "I Acted Like a No Class D-Bag"



Interview by [Lori Bizzoco](#). Written by Ann Luther.

On this week's episode of *Bachelor in Paradise*, Jesse Kovacs escaped Tulum, Mexico, in his typical controversial fashion. The villainized cast member departed the reality TV show with regrets and without a relationship and love. In all the chaos of his exit – the accusations, the name-calling, the confrontations, *and* the yelling – it was difficult to understand just what happened in paradise and why. Luckily, we got an exclusive interview with Kovacs and heard his side of the story.

Related Link: [‘Bachelor in Paradise’ Contestant Jesse Kovacs Denies Threesome: “I Fell Asleep”](#)

Reality TV Star Opens Up About Controversial Celebrity Hook-Up

We all know the magic of television editing can turn anyone's character sour, but Kovacs testifies, “I feel like trying to explain what happened on the episode would be a cop-out. I can't blame anything on editing.” He goes on, “There were certain things that were suggested that never happened, but all the statements made by me and others really were said.”

In his last moments on camera, Kovacs was accosted in his exit car by three heated women: Christy Hansen, Michelle Money, and Lacy Faddoul. The scene was intense. “I have no idea why they were upset after I left.” The San Diego native added, “I never wanted a drama-filled confrontation. I just wanted to leave.”

But we all know what he said in front of and outside of the confessional camera. After the show, the winemaker told us that he “never had the intention of being disrespectful,” but then he conceded, “I made some pretty stupid statements about Christy, and I feel horrible.” The 32-year-old admits that he called Hansen and apologized. “I acted like a dick, and Christy wanted to let me know.” He also “hashed it out” with Money post-show.

The style in which Kovacs went out was by no means gentlemanly, but he defends his actions. “I left as soon as I felt like my time was up. No connection was happening, and I didn’t want to waste any one’s time. And I know people probably think I already wasted every one’s time, but everything happened so fast.” He must have done something right, though, because he says he still talks to most of the guys. Plus, “Lucy [Aragon] and Michelle are still friends...I think.”

Related Link: [Jesse Kovacs on ‘Bachelor in Paradise’ Controversy: “Guy Talk Isn’t Always Meant to be Shared”](#)

The whole ordeal surrounding his celebrity hook-up was a lot to handle, but reflection brings both perspective and clarity. Kovacs wants everyone, especially his parents, to know that he’s sorry. In a statement to us, he explains: “To my Mom and Dad, I’m sorry you had to sit through that, and please stay off my Twitter for a while. I acted like a no class d-bag, and although all the things being said about me aren’t true, they are well-deserved.”

We look forward to what comes next for Jesse Kovacs, the Liquid Lounge co-owner, reality TV star, and self-proclaimed d-bag!

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune in to Bachelor in Paradise on Monday nights at 8/7c on ABC!

Beyoncé and Jay Z Lock Lips

at MTV Video Music Awards



By Kaley Allard

Recently, there have been rumors swirling that power couple Beyoncé and Jay Z were headed for splitsville. As reported by [E! Online](#), the two put that gossip to rest when they kissed at the 2014 MTV Video Music Awards as the rapper presented his wife with the Michael Jackson Video Vanguard Award. Beyoncé thanked God, her daughter Blue Ivy, her husband, her fans, and MTV for this award and couldn't hold back the tears.

What are some ways you can support your partner's career?

Cupid's Advice:

The human race is a self-centered one. We want others to pity us in times of need or to praise us in times of joy. When you

are in a committed relationship, that attitude must change in order for your partnership to stay strong. Here are three ways to support your partner's career and show how much you truly care:

1. Surprise them: If your partner receives a promotion at their job, surprise them with a nice dinner or even a simple card. Anything to say how proud you are of this exciting announcement will make the promotion even more special.

Related Link: [How to Handle Being More Successful of Your Partner](#)

2. Lend an ear: If your partner is worried or stressed about a project at work, take the time to actively listen to their concerns. Allowing them to vent will show them that you really care about what's going on and that you're there to help them work through any issues they may have.

Related Link: [Celebrity Athletes and the Women Behind Them](#)

3. Plan a date night: If your partner loses their job or even just has a really rough day at the office, take them out for a night of fun and relaxation. Put off discussing the tough situation until tomorrow, but don't put it off for good. If needed, help your partner in their job search. No matter what, be positive – tomorrow will be a better day!

What have you done to show your support for your partner's career? Please share below!

Adam Levine and Behati Prinsloo Make Debut as Married Couple



By Kaley Allard

Women around the world wept when the news of Adam Levine's engagement and wedding was announced. The Maroon 5 lead singer is easy on the eyes, so it's surprising that it took someone so long to nab him! As reported by UsMagazine.com, *The Voice* coach and his Victoria's Secret model wife Behati Prinsloo attended the 2014 MTV Video Music Awards in their first official outing since they said their vows earlier this summer. The pair were gorgeous and looked so in love as they strolled down the red carpet. We wish them a lifetime of happiness!

What are the pros of being a married couple rather than just being in a relationship?

Cupid's Advice:

Being in a committed relationship with someone is a wonderful experience, and when the two of you decide that it's time to get hitched, your love reaches a new level. You both care for and trust each other enough that you're willing to commit for the rest of your lives. Here are a few perks that go along with being a married couple:

1. Honeymoon phase: One thing that people always talk about is the so-called honeymoon phase that newlyweds experience. There is an overwhelming sense of joy now that your wedding is finally over. It's time to relax and just enjoy each other's company as a married couple.

Related Link: [Find Out About Adam Levine and Behati Prinsloo's Wedding Reception](#)

2. You're now a unit: After you and your partner officially tie the knot, those around you will see you as one. Your marriage shows your family and friends that you have made a lifelong commitment to one another and are completely dedicated to each other. Your relationship has hopefully grown stronger because of this big step!

What positive experiences have you had now that you and your partner are married?

Ariana Grande and Big Sean Confirm Celebrity Relationship at VMA's



By [Courtney Omernick](#)

It was a big weekend for Ariana Grande, who is currently dominating celebrity news! Not only did she perform at the VMA's, but her [celebrity relationship](#) with Big Sean has gone public! According to [UsMagazine.com](#), the "Bang Bang" singer and Big Sean were caught holding hands backstage at the award show. Will this famous couple keep the spark alive in their Hollywood relationship? We sure hope so!

Celebrity relationships are often discovered sooner than they're meant to be. Luckily, you have more control! What are three creative ways to announce your love to family and friends?

Cupid's Advice:

Announcing a new relationship is definitely an exciting moment! There are butterflies in your stomach and love in your heart. You probably feel higher than a kite! But with Facebook being a worldwide staple, the "surprise" element of announcing a new relationship has been diminished. So we've come up with a few ways that you can take a cue from the hottest celebrity relationships and get creative with your announcement:

1. Utilize the element of surprise: Like Grande and Big Sean, confirm your relationship with a subtle surprise. For example, if the two of you are going out with friends or to dinner with family, you could try walking into the room holding hands to get the conversation started. Or if you're really daring, plant a quick kiss in front of your loved ones.

Related Link: [Ryan Seacrest Aspires for a Marriage like His Mom and Dad](#)

2. Take advantage of social media: Ok, so we can't deny the use of technology to get the message out there! After all, almost everyone is online these days. Posting a picture of you and your new significant other holding hands, kissing, etc. might be the way to go. This way, you'll be able to acceptably use a ton of hashtags and get the word out to your favorite people in one easy move.

Related Link: [Ciara Is 'Devastated' After Discovering Future's Ongoing Affair](#)

3. Use Snapchat: Like Instagram, Twitter, or Facebook, this is a great way to get the word out quickly! You can take a picture similar to the one mentioned above and come up with a great caption like, "He's all mine!" The beauty with Snapchat is that it allows you to select which contacts in your phone receive the message, so you can make it as private as you'd like.

What are some other fun ways to announce your relationship? Share below!

Jennifer Lopez Reunites with Celebrity Ex Casper Smart at MTV VMA's





By [Courtney Omernick](#)

In the latest celebrity news, [UsMagazine.com](#) reported that Jennifer Lopez was able to spend some quality time with her celebrity ex Casper Smart last night at the VMA's. He sat in front of her at the award show, and they were spotted sharing Skittles and talking. Their [celebrity relationship](#) may have ended, but it's clear that these two are maintaining a good friendship.

Even the most coveted celebrity relationships come to an end! What are some ways to keep things civil post-breakup?

Cupid's Advice:

If you're hurting because of a break-up, it can be hard to think about being nice to your former significant other. But, if you're looking to keep things civil, we have some love

advice for you:

1. Give them their space: Breaking up is hard for both parties. If you truly want to keep things on a level playing field, it's best to give them some space right after the break-up occurs. The other individual is going to be much more open to being friendlier if they've had some time to cope with their feelings.

Related Link: [Jill Duggar and New Husband Derick Dillard Are Expecting First Child](#)

2. Show your support (in moderation): You want the other individual to know that you still value them as a person, and possibly a friend, so it's important to help them understand, through tiny gestures, that you still support them. However, you don't want to constantly bombard them with "Congratulations" and other happy messages because you could be implying something else.

Related Link: [Carson Daily and Celebrity Love Siri Pinter Welcome Third Child](#)

3. Treat them as a friend: If you want to keep things civil, it's important to treat your ex as you would a friend or acquaintance. Be positive, smile, and keep things light and happy.

J-Lo is facing the end of her celebrity relationship gracefully. What are some ways you've kept things civil post-break-up? Share your stories in the comments!

Meg Ryan and John Mellencamp Split After Three Years Together



By Ann Luther

After more than three years together, Meg Ryan and John Mellencamp have ended their relationship. Ryan has been living in New York, while Mellencamp has been staying on a farm in Indiana. A source tells UsMagazine.com that “the distance got to be too much” for the couple. Best of luck to both of them as they go their separate ways!

What are some ways to cope with long distance in your relationship?

Cupid's Advice:

Even the best couples can be broken up by distance. You expect so many things from a relationship that you simply cannot get when you're far away from your love. Plus, your partnership loses an amount of intimacy that can mean doom. However, distance doesn't always mean the end, so here are a few ways to help:

1. Video chat: Face-to-face communication is crucial to surviving a long-distance relationship. So much can be lost over texts or even phone calls. Tone, intentions, facial expressions, and body language are all key to fully understand what and how your partner is feeling. Video chat isn't the same as being in-person, but it's a step in the right direction!

Related Link: [Celebrity Breakups: Who Burned Who?](#)

2. Send each other mementos: Leave something behind for each other...preferably something that can be cuddled. A teddy bear sprayed with his cologne will get you through those long, lonely nights. Having something to be able to physically touch when you can't touch your guy will aid in taking a bit of the edge off.

Related Link: [Singer John Mellencamp and Wife Elaine Split](#)

3. Be sure to know each other's schedules: Send each other your schedules and include time differences if you're separated by time zones. Knowing when the other is available for when you need or want them is unparalleled in comfort and security. If you know he's at the gym until 6 p.m. every night, then you won't be worried that he's ignoring your messages. You may not be able to actually participate in your partner's activities, but this little step will make you feel like a bigger part of their life.

How have you coped with a long-distance relationship? Share in

the comments below.

Ryan Seacrest Aspires for a Marriage Like His Mom and Dad



By [Sarah Batcheller](#)

As Ryan Seacrest nears his 40th birthday in December, he's thinking about what it is in life that matters forever- love! According to [People](#), Seacrest thinks this means a marriage like his mother and father's, which is a healthy and happy one. His parents have been married for over 40 years, so now the multi-media mogul is thinking about how and when finding

the same kind of love is in store for him, and the 40-year milestone is a wonderful time. Seacrest says his goal is to find balance in the coming year, which means focusing a little less on work, and a little more on the sweeter things in life.

How do you know when you're in a healthy relationship?

Cupid's Advice:

Balance is important in any relationship, and it can be hard to see the signs if you're in an unhealthy relationship. Cupid has some hints that point to a healthy relationship:

1. You spend quality time together: Even amid all the craziness of work, school, and all other responsibilities, you and your partner make sure you set aside time to be together, and not just to sit around the house, but to have fun and bond. Spending quality time together allows both people to continue to feel connected throughout the days, even when they haven't seen each other for a bit. In long-distance relationships, this means making time for quality conversations, and not just texting all the time.

Related: [How To Turn A Summer Fling Into A Healthy Relationship](#)

2. You both make compromises: Being in a relationship means being part of a team, and when you're on a team, the goal is not for individual members to win, but for the whole group to win. This means that in a healthy relationship, both partners consider the *team* when it comes to big decisions, like relocating, and even little ones, like where to get dinner. Compromise means considering what will sustain a happy, functional relationship, rather than one person only considering themselves.

Related: [Cupid's Weekly Round-Up: Fixing Your Relationship](#)

3. You're not afraid to be vulnerable: Masking your feelings

will set you on the fast track to the demise of your relationship. If both partners can be vulnerable, it makes it easier to compromise, because you know what each other truly want, deep down. Showing your true colors will allow your partner to nurture your deepest feelings.

How do you make sure your relationship stays healthy? Share with us in the comments below!

Jill Duggar and New Husband Derick Dillard Are Expecting First Child





By [Sarah Batcheller](#)

Just two months in to holy matrimony, Jill Duggar and her husband Derick Dillard are expecting their first child. According to [UsMagazine.com](#), the happy news was released by the mother-to-be and her hubby on August 20th. Happiness surrounds the couple, as Duggar took to Twitter to announce the couple's one year "Skypiversary" on August 17th- the anniversary of the first time they Skyped. The two were introduced by Duggar's father, and immediately knew they'd be together forever. Duggar is the fourth of nineteen children in her family's household, and the second to become a parent, following her older brother, Josh. Now that the couple are "one kid and counting", we can't wait to hear potential baby names!

What are some ways to decide when to have your first child?

Cupid's Advice:

A baby, like marriage, is the beginning of a wonderful new adventure. In order to enjoy the experience of having your first child, rather than stress a lot over it, it's important

to be prepared and know when it's the right time for you and your spouse. Here we've got some tips on how to decide when the time is right for you:

1. You've got your "younger" aspirations out of the way: Being a parent is a full-time job, and it's hard, heck- it's impossible- to balance it with spontaneity and reckless abandonment. If you and your spouse have always desired to, say, travel to Tuscany, or backpack Ireland's countryside, you're not going to do so hauling a baby around. You know the time for a first child is right for you when you've already satisfied your thirst and curiosity of wilder things.

Related [First Comes Love, Then Comes Baby...Then Comes Marriage?](#)

2. You swoon every time you see a baby: You know your parental instinct has kicked in when you briefly plot snatching up someone else's baby every time you see one. Just kidding, we know you wouldn't do that. At the very least, when you walk through the aisles at a department store and spot the baby section, you start planning tiny outfits. If your heart melts at the mere sight of a baby, then go ahead and make your dream come true.

Related: [Kourtney Kardashian is Pregnant With Third Baby](#)

3. You treat your pets like children: You dress up your dog, spoon-feed your cat, and even read to your parakeet. All of these things are signs that your parental instinct is in high gear! If you know you're capable of loving and nurturing smaller creatures, and are 100% dedicated to doing so, take the next step and bring your own bundle of joy into the world.

When did you know the time was right for you to have your first child? Tell us in the comments below!

Christian Bale and Wife Sibi Welcome a Baby Boy



By Ann Luther

Christian Bale and his wife, Sibi Bale, just welcomed their second baby, a son, into the world. A source told UsMagazine.com, "They are truly a supportive couple, he and Sibi are thrilled." The newest Bale addition joins his nine-year-old sister, Emmeline. Congratulations to the whole family!

What are three ways to be supportive of your partner?

Cupid's Advice:

The support we get from our partners is unmatched by any other kind. Big or small, their encouragements means the world to us. To that end, we've compiled three of the most important ways you can support yours:

1. Reminders: An "I love you" in the morning goes a long way. Your partner may know that you care, but it's always sweet to hear. It is important to affirm the important things in your relationship. It's too easy to fall into a rhythm and forget how special your consort really is.

Related: [Christian Bale Gets Choked Up While Praising His Wife](#)

2. Dedicate time: Set aside an amount of time per day, week, or month that you can focus all of your attention on your partner's needs and wants. Put down your phone, turn off the television, and plunge yourself into the life of your love. This special time when you're not thinking of anyone else, not even yourself, will show how much you care and take some burden away from your beau.

Related: [Guliliana and Bill Rancic Support Each Other Through Surrogate Miscarriage](#)

3. Make a promise: Even if you aren't at the stage in your relationship to where you would want to get married, you can still promise things to your guy and he can promise things to you. It can be little promises like swearing to do the dishes if the other cooked. Or it can be big promises like vowing to follow him to wherever his career places him. Pledging whatever you can will make your partner feel secure and supported.

What do you do to support your partner? Share with us in the comments below.

Find Out How Jennifer Aniston Got Bikini Ready For Vacation with Justin Theroux



By Ann Luther

Jennifer Aniston perfected her already famously tight body in preparation for her beach vacation to Bora Bora in celebration of fiancé, Justin Theroux's birthday and the couple's two-year engagement anniversary. Aniston's long-time yoga instructor, Mandy Ingber spoke of her starlet student saying, "we add a little more cardio to the yoga, but also what she puts into her body is essential. That really is 80 percent of it ... it's

not a big deal if you have a bite of this or that if you are mostly eating well.” According to UsMagazine.com, Aniston’s self-discipline is what keeps her body in top condition.

How can being healthy and in shape help your relationship?

Cupid’s Advice:

Taking care of your body can sometimes fall last on your to-do list. However, a clean and healthy lifestyle can benefit both you *and* your relationship. Check out how below:

1. The couple that sweats together stays together: Your partner is your perfect gym buddy. Exercising together will allow you to spend more time as a twosome while doing something beneficial for both of you. You can be each other’s motivation and reward.

Related: [Jennifer Aniston Gushes About ‘Handsome’ Fiance Justin Theroux](#)

2. A reminder that you’ve still got it: You’re beautiful at any size and your guy should know that. However, firming your back side, shrinking your thighs, and toning your arms will demand your beau’s attention. Plus, seeing your fellow impressed will make you feel amazing.

Related: [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

3. Extend forever: Maybe you won’t live forever; but, if you plan on spending your lives together, it would be nice to add a few more years. Maintaining good health will help you to live and therefore love longer. There’s nothing more romantic than saying you want as much time as life can give you with one another.

Do you incorporate health in your relationship? Share with us in the comments below.

Celine Dion Cancels Tour Due to Husband's Cancer



By Laura Seaman

Céline Dion will be putting off her work in show business for a while, cancelling her Asia tour and Las Vegas shows. The singer wants to be with her husband, who has been battling cancer. Dion's husband René Angélil had a tumor removed from his throat last December, and she now says, "I want to devote every ounce of my strength and energy to my husband's healing, and to do so, it's important for me to dedicate this time to him and to our children." The couple has three children together, and according to [People](#), the singer also has

inflammation in her throat muscles, which has led to her cancelling a few shows.

How do you support a partner through health scares?

Cupid's Advice:

Health scare are, well, scary! It's terrifying to not know how bad something might be or when your loved one will recover. Hospitals can be stressful and expensive, adding even more to the stress. If your partner is suffering from an illness, it might be tempting to just try and ignore it, or busy yourself with others things. However, a supportive partner would face this head-on and be there every step of the way:

1. Take time off to be with your partner. If your work schedule demands that you be away from your partner, take a page from Céline Dion's book and ask for some time off. Sickness can be terrifying, but having someone around to comfort you makes a big difference. Comfort your partner and be there as often as possible.

Related: [Celine Dion on Motherhood: "I'm More Grounded Now Than Ever Before"](#)

2. Do more chores around the house. Make things easier for your partner and take on some of their daily chores. Cook dinner for them, make sure the house is nice and clean, and pick up anything they need from the store. Illness can drain a person's energy, and the last thing they want to use that energy for is chores. Even the small gesture of dusting or cleaning the bathroom can make a difference.

Related: [Celine Dion Pregnant With Twins!](#)

3. Arrange for family to visit. While being there yourself is great, sometimes a person wants their family to come and comfort them. Talk to their family about visiting and maybe having them stay the night at your house so that your partner

can have the extra support. Having the in-laws over for dinner one night is also a nice gesture, if they live close by.

How have you supported your partner during a health scare? Let us know in the comments!

John Legend and Chrissy Teigen's Body Language: More Intimate Than PDA



by [Jared Sais](#)

It's hard not to be enamored with Chrissy Teigen and John

Legend and the love they share for each other. With that thought in mind, I took a look at their nonverbal cues to determine what their body language reveals about their relationship.

Related Link: [John Legend is Engaged to Model Girlfriend Chrissy Teigen](#)

In both photos above, the couple shows their best red carpet photo stance. Even with the yellow dress covering her legs, I can tell that she is actually doing the same camera-op pose. You can see a bit of a bump at her knee, giving a small outline of the direction of her legs and feet. Her legs are pointed the same way, and her feet are in the same position (one foot in front of the other). What that proves is that Teigen is posing more for the cameras than truly showing her love for her husband.

Still, there are body language signs that show just how much they love each other at this point in their relationship. Two things really stick out to me in these photos: The first is their distance from each other. In almost all of their photos, you will see them standing close to each other as they share the “we” mentality, which is when a couple starts identifying as a single unit. You may hear a long-time pair say something like, “We have to run a few errands tomorrow,” when only one of them truly needs to.

In the second photo, we really see that idea: Look at how they bring each other close when taking a photo. They are proving that they’re in a happy, loving relationship with trust and lust. When a couple is happy, they will get close together and pose as one unit; when a couple is not happy or feeling distant, they will lean away from one another and not be joined at the hip.

Related Link: [Celebrity Couple Predictions: Chrissy Teigen, Jessica Alba, and Eve](#)

The second nonverbal cue that jumped out at me was the position of Legend's hand in both pictures. The angle of his arm indicates his hand is on her lower back or upper butt. This zone of a person is considered off-limits to all who are not considered loved ones. We have different zones on our body that indicate different levels of connection and comfort. For example, a pat on the head usually means one person is more dominant (the pater) than the other, either by age or position. This action is usually a sign of acceptance or support. In this case, Legend is reaching for a more loving, relationship zone of the body. In turn, his causal photo pose is really a nonverbal shout-out that they are in love and in a very intimate relationship.

It really looks like these two were made to love to each other. These pictures might be a bit light on public displays of affection, but thanks to their body language and nonverbal leaks, everybody knows that they only have eyes for each other.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

**Sofia Vergara Speaks Out
About New Boyfriend Joe
Manganiello**



By Laura Seaman

Actress Sofia Vergara recently spoke about her relationship with actor Joe Manganiello. The couple has been seen together a lot this summer, and they are adorable together. “You know, I’m just having a great time,” Vergara said in an interview. “It’s a special time in my life, and I’m trying not to think too much about it. It’s something very new, so we will see what happens.” The two were seen kissing during their vacation to Miami, where Manganiello also met the Vergara family. When asked if her mother approved, the actress replied, “What is there not to approve of?” A source told UsMagazine.com that the pair spends every night together, and that Manganiello cooks for his girl on their night in.

What do you do if your family doesn’t approve of your partner?

Cupid’s Advice:

Maybe you're not as lucky as Sofia Vergara, whose mother approves of her new boyfriend. If your parents don't approve of your partner, it's going to add an awful lot of stress onto the relationship. But don't worry! There are ways to address the situation and try to make everyone happy. Just follow these simple tips from Cupid:

1. Ask your family why they don't approve. Who knows, maybe there's a good reason your family doesn't like your new love interest. They might bring up some red flags you'd never noticed before. Take what they say into consideration. They know you best, so their opinions should be important.

Related: [Sofia Vergara and Joe Manganiello Pack on the PDA on Double Date](#)

2. Tell them why your partner makes you happy. Maybe your family just doesn't understand your relationship, but if it makes you happy, they should be happy for you. Explain to them what you like about your partner and why this relationship has been good for you. They might just need to have it explained to them in a way they can understand.

Related: [Sarah Hyland Says Sofia Vergara and Joe Manganiello Would Make 'Hot Babies'](#)

3. Bring them together more often. First impressions are important, but they could be completely off! If your family didn't like your partner at first, try bringing them around more often and see if the opinion changes. Sometimes it just takes a while for a family to warm up to the idea of a new person being around. Soon they could start warming up to him or her and your situation will be just fine!

How did you deal with a partner your family didn't approve of? Let us know in the comments!

David Arquette Says He Doubts He'll Attend Ex Courteney Cox's Celebrity Wedding



By [Courtney Omernick](#)

Even though David Arquette has remained close with his celebrity ex Courteney Cox, he doubts that he will be attending her upcoming [celebrity wedding](#) to *Snow Patrol* band member, Johnny McDaid. According to [UsMagazine.com](#), Arquette said about his relationship with Cox and her fiancé, “We are all very tight and very close and very supportive of everyone.” These two celebrity romances have proven that, even

among the stars, friendship with exes *is* possible!

Celebrity romances don't always end in drama! What are some ways you can also remain supportive of your ex post-split?

Cupid's Advice

It can be challenging to remain close or develop a friendship with your ex post-split, but if you're looking to remain supportive of them, Cupid has you covered! Check out our love advice below:

1. Focus on yourself first: If you want to go back to just being "friends" with your ex, the first thing you need to do is focus on yourself and lose your "couple" identity. Take some time to be away from the person and work on you as an individual. Deal with the break-up in your own way before connecting with the other person again.

Related Link: [Courteney Cox's Fiance Johnny McDaid's Mom "Loves" Her](#)

2. Support their milestones: After you've spent time away from the relationship and understand yourself as an individual, you can show the other person your support through simple texts, e-mails, and phone calls. For example, if your ex just finished their first marathon, extending your thoughts through a "congratulations" text can show them that you're still a part of their support system. We're sure that Arquette expressed his happiness about Cox's upcoming celebrity wedding!

Related Link: [Courteney Cox Is Engaged to Snow Patrol's Johnny McDaid](#)

3. Be a resource: If you hear that your ex is going through a hard time with a family member or having problems with their computer, make sure they know that they can come to you for advice or help. Assisting them in finding a solution for their problems shows that you still want to remain active in their lives and support them through difficult situations.

Have you been supportive of your ex post-split? Share your stories in the comments.

Kendra Wilkinson Wears Telling T-Shirt Post-Divorce Lawyer Meeting





By [Courtney Omernick](#)

It looks like Kendra Wilkinson is letting her clothes do the talking. According to [UsMagazine.com](#), Kendra Wilkinson stepped out of her divorce lawyer's office on August 8 wearing a shirt that said, "I'm Not Sorry." As previously reported, Wilkinson's husband, Hank Baskett, cheated on her with a transgender YouTube model named Ava Sabrina London back in April.

What are some ways to cope with the divorce process?

Cupid's Advice:

When you get married, the last thing you want to think about is the possibility of divorce. But, unfortunately, divorce is more common than we'd like to believe. So, if you find yourself going through this painful time, what are some ways you can cope with the process? Cupid has provided some tips below:

1. Recognize that it's ok to have different feelings: One moment, you may feel relief that your marriage is coming to an

end, and the next, you might become extremely frustrated with what's going on. It's normal to have a number of different emotions during this time. Leaving your past behind and exploring a new future is an emotional journey for anyone!

Related: [Jason Aldean Defends Relationship with Former Mistress](#)

2. Give yourself a break: As if you're life wasn't busy enough before the divorce process started, now you're dealing with paperwork, custody battles, and mixed emotions. It may seem weird to suggest a break during this hectic time, but don't be afraid of not giving it your all on the job or your fullest attention to your friend's needs. This process and how you handle it comes first.

Related: [10 Signs That You're in Love](#)

3. Don't isolate yourself: Sharing your feelings with friends and family members during this time is a healthy way to cope with the stress, anger, frustration, and more that a divorce process brings. You might even consider joining a support group or seeking a therapist.

Have you ever gone through a divorce? How did you cope with the process? Share your stories in the comments.

Justin Verlander Tosses Baseball to Girlfriend Kate Upton During Game



By Laura Seaman

Even celebrities have their little 'aww' moments together. Model Kate Upton and her Detroit pitcher boyfriend Justin Verlander had their own cute couple moment at the Tigers and Yankees game on August 4. The baseball player tossed a baseball over the dugout and right to Upton as she caught it and gave an adorable grin. According to UsMagazine.com, the two started dating in 2012 but had a short split during that time. All was well again as they got back together and took a trip to the Bahamas. Now they seem happy as ever, enjoying each other's presence and sharing their little moments with the world.

What are three spontaneous romantic gestures to make for your partner?

Cupid's Advice:

Your partner knows you love them, but sometimes it's nice to remind them in a special way. Take the time to do something special and surprise them with a romantic gesture. It doesn't have to cost a lot of money or require a lot of planning. Small and sweet things are just as good as the big and grand. Even Justin Verlander knows that! Here are some great little romantic gestures to let your partner know that you care:

1. Leave a little love note for them. Even if it's just a simple 'I love you' written on a post-it note, these little handwritten notes can brighten up anybody's day. It means that you took a little bit of time to write down how you feel and do something nice for your partner. They can keep it and look at it whenever they want to cheer up.

Related: [Kate Upton Responds to Victoria's Secret Snub](#)

2. Buy their favorite snack food while you're at the store. If your partner really likes a certain brand of cookies, or is absolutely loves some special type of chips, remember to pick some up the next time you're at the store. It might not seem like much, but it lets your partner know that you're paying attention and that you think of them even when they're not around.

Related: [Kate Upton Responds to Viral Video Prom Invitation](#)

3. Visit them at work and bring them lunch. Depending on your partner's job, maybe you could stop by the office and drop off some lunch for them. Sometimes work can be stressful, and seeing your face and knowing that you thought of them is a great way to put anyone in a better mood. Just make sure it's at the proper time so you're not interrupting anything!

What are some spontaneous romantic gestures you've done for your partner? Let us know in the comments!

Beyonce and Jay-Z Continue to Avoid Each Other on Tour



By Laura Seaman

All the signs point to trouble in paradise for Beyonce and Jay Z. The couple is currently on tour together, appearing to be fine working together on stage. However, a source tells UsMagazine.com, "They stayed separately in both New York and L.A. for several nights." Another source reported that Beyonce was seen looking at apartments by herself in New York City. There are multiple predictions that the couple will officially split after their tour, but an insider close to Beyonce insists that they are fine. "They have issues, like every

other couple," the source said.

How do you keep your troubled marriage under wraps?

Cupid's Advice:

Marriages go through rough patches, but that doesn't mean anyone else has to know about it. Sometimes it can be embarrassing, and maybe once others find out they might start trying to 'fix' things or telling you that it was never going to work in the first place and encouraging a split. Here are some ways to keep your marriage troubles a secret:

1. Avoid going to events by yourself. You can probably get away with saying that your partner is busy during one family event, but when you start showing up everywhere without your significant other, things start to look suspicious. This is when you need to talk to your partner about working together to keep up appearances or just announcing a split.

Related: [Beyonce and Jay-Z Share Wedding Video on Tour](#)

2. Show a little PDA. If you're still going places together, that's a good step! However, it won't help much if you're sitting far apart and refuse to even touch each other. Try holding hands or sharing a kiss every once in a while. Tension can be easy to see, but affection is a great way to settle any doubts. And who knows, maybe it can help you feel closer as a couple and work on settling your issues!

Related: [Beyonce's Sister Solange Attacks Jay-Z](#)

3. Keep your fights between yourselves. This can mean two different things. First, don't have fights when you're with friends or family, even if they're tiny little snide remarks back and forth. These people know you, and they'll pick up on it. Second, don't talk about your fights with others. It's probably tempting to rant about a fight to your friends, but unless it's only one friend that you are absolutely sure can

keep a secret, try to keep it to yourself.

How would you keep marriage issues a secret? Let us know in the comments!