

Mel B Walks Out on Husband Amid Domestic Abuse Rumors



By [Courtney Omernick](#)

This week, it has been reported by [UsMagazine.com](#) that former Spice Girl Melanie Brown, better known as Mel B., has walked out on her husband of seven years, Stephen Belafonte. Worried fans began speculating that Belafonte abused Brown after she appeared on *The X Factor* without her wedding ring and seemed to have bruises on her face and arms.

What do you do to cope with emotional or physical abuse?

Cupid's Advice:

The dark side of a relationship is never easy to talk about,

but there are many people out there who are unfortunately involved in abusive relationships, whether they are emotional or physical. However, there are ways to cope with the abuse and seek help. Below are three pieces of advice:

1. Put your safety first: Abusers rarely change. Think about your needs and how you can meet them while staying safe.

Related: [Kourtney Kardashian and Scott Disick Welcome Third Child – A Baby Boy!](#)

2. Reach out to family and friends: It can be hard at first to confess to your loved ones that you're not being treated with respect in your relationship. However, family and friends can provide you with the support you need to get through this difficult time. Who knows, maybe a friend or a family member has gone through a similar situation and can guide you through everything.

Related: [Angelina Jolie Gushes About 2014 Saying 'I Married My Love'](#)

3. Speak with a professional: It is possible for both partners to be able to solve the issue if they speak to a therapist. Sessions with a professional can help your partner determine the causes of abusive and put them on a road to change their behaviors.

What have you done to cope with physical or emotional abuse? Share your stories in the comments.

Angelina Jolie Gushes About

2014 and Says, 'I Married My Love'



By Maggie Manfredi

According to UsMagazine.com, *Maleficent* star Angelina Jolie only has the best things to say about 2014. She stated, "It's been an amazing year. I married my love, my son [Maddox] became a teenager, and I got to bring [*Unbroken*] to the world." Jolie is ready to be done with acting and focus on being behind the camera. We cannot wait to see what 2015 has in store for this super star and her family!

What are some creative ways to wrap up the year with your love?

Cupid's Advice:

Ready for a fresh new year full of possibilities? We are too! First, though, make sure to celebrate 2014 for all the joys it brought you:

1. Make a slideshow: Compile all of this year's greatest pictures and sit down together to go through them. A glass of wine and lots of memories to review will make for the perfect recap of an amazing year.

Related: [Ashton Kutcher and Mila Kunis Explain Why They Don't Have a Nanny](#)

2. Get together with friends: Host a dinner party or plan a get together at your favorite restaurant. Invite your friends who mean the most to you and have supported you and your partner through all of the ups and downs of this year.

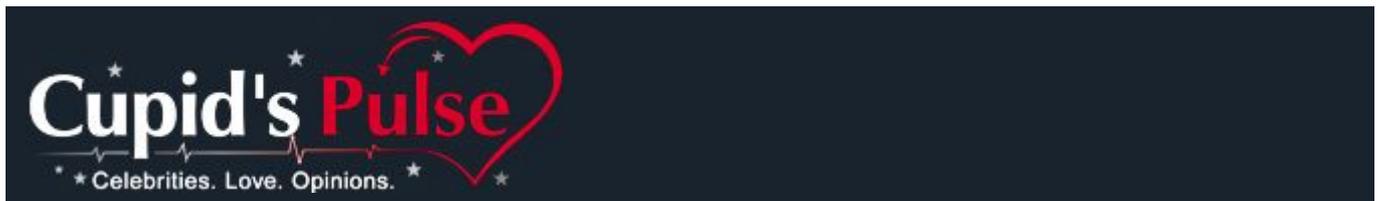
Related: [Ben Affleck and Jennifer Garner Take PDA-Filled Outing in L.A.](#)

3. Recreate your favorite date: Did you find a new coffee spot to frequent on Saturday mornings or go ski diving together for your anniversary? Recreate that moment together again!

What are your New Year's resolutions? Share with us below!

**Leonardo DiCaprio and
Longtime Love Toni Garrn Call**

it Quits



By [Sarah Batcheller](#)

After over a year of dating, Leonardo DiCaprio and model Toni Garrn have ended their relationship. According to [UsMagazine.com](#), news of the split came shortly after the 40-year-old actor was seen leaving a Miami nightclub flanked by 20 women. DiCaprio has a history of dating models, and sadly, it looks like Garrn won't be his happily-ever-after.

What are some ways to recover from a breakup after a long-term relationship?

Cupid's Advice:

Being heartbroken can make you blind to moving on, so you need to recover a bit and get your life back. Cupid has some tips:

1. Don't act scornfully: Lashing out at your ex via phone call, text, e-mail, etc., will only worsen the hurt you're experiencing. Instead, whenever thoughts of the break-up cross your mind, choose a peaceful thought or action- like meditation, yoga, or talking to your friends- to ease the sting.

Related Link: [How To Break Up Without Breaking Them Down](#)

2. Stay busy and productive: It has been proven time and time again (by no one but ourselves) that slumping on the couch with a sad movie and ice cream doesn't help. Don't put your life on hold because of a split! Channel the emotions positively and excel at work, school, or your favorite hobbies.

Related Link: [Cupid's Weekly Round-Up: Surviving a Breakup](#)

3. Don't move on too soon. If you still find yourself missing your ex, and you're not ready to go out meeting new people, then don't! There's no rush. It takes time to heal and process the end of a relationship- that's the only way to learn from it. Take your time getting over them.

What do you do to get over a bad break-up? Tell us in the comments!

5 Women Who Got Famous After Celebrity Divorce



By [Courtney Omernick](#)

Sometimes, the not-so-glamorous side of one's life is showcased and talked about more than their positive, beautiful moments. And when it comes to divorce, especially if you're a celebrity, get ready to be eaten alive by the tabloids!

Below are five women who had a rise in fame after they dropped the ax on their marriage by getting a celebrity divorce.

1. Camille Grammer: The famous ex-celebrity wife of Kelsey Grammer became even more famous when the couple went through an ugly celebrity break-up in 2011 after 14 years of marriage.

While her [celebrity divorce](#) was being finalized from Kelsey, Camille signed on to the reality show *The Real Housewives of Beverly Hills*.

Related Link: [Four Changes You MUST Make to Avoid Falling Prey to the Unavailable Man](#)

2. Katie Holmes: While Katie had a great run on *Dawson's Creek* from 1998-2003, the actress didn't get a lot of attention until she surprised Tom Cruise with celebrity divorce papers in 2012. Since that time, Katie's been scouted for multiple film roles and received copious amounts of attention from the paparazzi.

Related Link: [Solange Knowles and Alan Ferguson Honeymoon in Brazil](#)

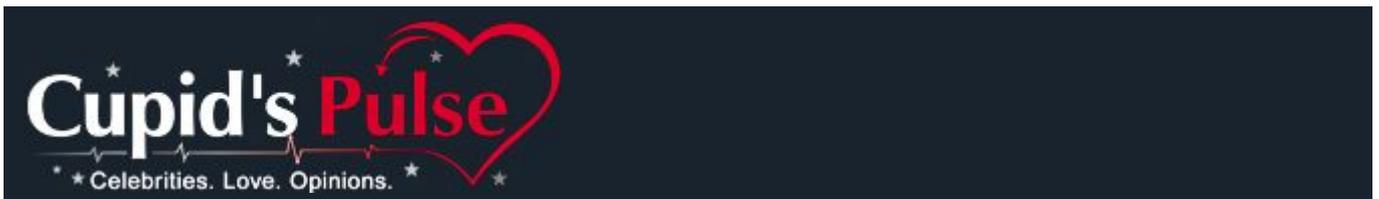
3. Heather Mills: This celebrity wife was only married to Beatles front man, Paul McCartney, for four years. But, she turned heads after her split from Sir Paul because she claimed that he was 'abusive,' 'a drug taker,' and more. McCartney was also forced to give Heather \$46.6 million after their split.

4. Elin Nordegren: Since her crazy divorce from Tiger Woods in 2010, every newspaper wants to know how she's moved on, if she forgives Tiger, and what she's been up to. Prior to the cheating scandal involving Woods, not many people could recall the name Elin Nordegren.

5. Ivana Trump: Soon after her divorce from Donald Trump in 1992, Ivana started making a name for herself. Since that time, Ivana signed on with William Morris Agency and developed lines of clothing, fashion jewelry, and beauty products. She has also written several books and starred in her own reality television show.

What other celebrity women have gotten famous after their divorce? Comment below!

Life Coach Lisa Haisha Shares Her Best Relationship Advice: “Choose Love Everyday”



Interview by [Lori Bizzoco](#). Written by [Emily Meyer](#).

Lisa Haisha is a woman who can't be stopped. Not only is she a life coach, motivational speaker, and author, but she also works with nonprofit organizations like Whispers from Children's Hearts Foundation. Now, she is helping people discover the answers to life's most soul-searching questions through Soul Blazing, her unique therapy method. In our exclusive interview, Haisha chats with us about all things

celebrity couples and relationship advice!

After working in the entertainment industry for a few years, the life coach decided to take a break and get her Masters in Psychology. “I chose psychology because, having worked with actors so much, I felt like a psychology degree might be a good idea to deal with all of the various personalities,” she explains. “Plus, I have always been fascinated with what makes people tick.” Haisha now coaches some of the most well-known celebrities, helping them get into character and also aiding them with their personal problems.

Related Link: [Khloe Kardashian Talks About Finding Mr. Right: “Things Just Have to Happen”](#)

She helps her clients through Soul Blazing, which, according to her website, is meant to “unlock your potential by unveiling the fears, beliefs, and habits that prevent you from achieving your highest personal and financial success.” She reveals she got the idea of the name while working with an inmate at a women’s security prison. The prisoner told her she had “blazed her soul.”

Relationship Advice from the Life Coach

From all of her experience and time in the field, it’s no surprise that she has learned a lot. When asked about her best [relationship advice](#), she divulges, “You have to be extremely patient, and you have to choose love everyday. If you don’t choose love everyday, psychologically, you will start to think the relationship is too much work.”

The author claims that, to make a relationship work, you can’t react to the little things. She says, “Everyone wants to be loved, and everyone wants to love. Once you like yourself, you can like others.”

Related Link: [Ashley Tisdale On Husband Christopher French: "He Inspires Me in So Many Different Ways"](#)

Haisha also encourages everyone to be more accepting and to consider that you may be wrong. Having conscious communication is key. "Instead of blaming, tell the person how you feel, whether it is true or not. The other person has to actually listen and repeat what you say," she reveals. "Usually, you don't hear the other person because you are stuck in your own mind. Whether it's true or not, say, 'I am so sorry you feel that way. What can I do to make you feel better?'"

What We Can Learn from Celebrity Couples

With the motivational speaker being surrounded by pop culture and the entertainment industry, she has a lot to say about Hollywood relationships. So why does she think all of these A-List single celebrities have such trouble finding love? She explains, "A lot of it is picking the wrong person because they're lonely and emotional while working on movie sets. They either have flings, affairs, or random hook ups and think it's going to work because it was so magical on the set. It typically doesn't work because usually actors are narcissists."

While many celebrity couples don't show us what true love is, there are a few pairs that Haisha claims have happy and healthy relationships. "George Clooney, Matthew McConaughey, and Matt Damon are great examples because both them and their wives are leading strong lives in every area," she shares. "They have all picked non-celebrities, grounded people who are taking care of the family and children but also have careers."

She also reveals that a lot of couples are still together because they are passionate about a common cause: "Celebrity couples like George and Amal and Brad and Angelina are working

towards a higher good. They both want to help shift the world, and that is what brings them together.”

To find out more about Lisa, SoulBlazing, or her motivational speaking, go to her website lisahaisha.com. You can also keep up with Lisa on Twitter at @LisaHaisha. She’s currently writing her next book, titled Soul Blazing: Melt Away Your Fears, Create Your Legacy, and Live a Life that Matters.

10 Ways to Give Thanks To Your Partner



By Molly Jacob and Melissa Tierney

It's that time of year to give thanks for all the good fortune we have in our lives. Whether it be a successful career, good health or a great family, there's no better way to celebrate Thanksgiving (or strengthen your relationship) than by acknowledging your partner, lover or spouse. We tend to overlook the person who matters most to us, and that's why we've come up with 10 ways that will show your sweetheart how grateful you are that they're in your life:

1. Make a handcrafted gift: A great way to show your partner that you truly care about them is to give them a present with a lot of thought. It shows you took the time to create something special for them, so bring out your creative side and make a handmade memento, such as a knit scarf or painted picture frame.

2. Take a trip: Plan a romantic getaway for the two of you, and create new memories. Instead of spending the holidays with your family and following old traditions, create your own that will hopefully stick for years.

Related: [Olivia Wilde and Jason Sudeikis Enjoy Weekend Getaway in Boston](#)

3. Do their chores: Nobody likes to [vacuum](#) or dust, but somebody has to do it, especially if you have guests visiting for the holiday season! Offer to take over whatever household tasks your loved one dreads the most to show that you'll do anything to show them how much they mean to you.

4. Create a scrapbook: People love looking at old photos that remind them of good times, so put together a collection of photos and other objects, such as movie ticket stubs, that will bring back fond memories. Not only will your partner enjoy reflecting on your relationship, they'll hold onto this precious scrapbook for years to come.

5. Help your partner: The holiday season can be stressful for

everyone, so take the time to see what your love needs help with, such as cooking for a dinner party or holiday shopping. Your partner will appreciate your support during this busy time.

6. Say how you feel: Nothing is more meaningful than the words, "I love you," so why not give thanks by sharing how you feel? Leave a love note taped to your honey's bathroom mirror or packed in their lunch!

7. List their best qualities: Although your partner knows you love them, sometimes they might want a reminder about why you do. Write a list of all their best qualities, and handwrite it or print it out on nice stationary so they'll be able to treasure it forever.

8. Have a romantic night: One of the best ways to give thanks to your companion is to have a nice, simple, romantic evening for just the two of you. Snuggle up by the fireplace with a cup of hot cocoa and enjoy each other's company.

Related: [Zac Efron Is Dating Sami Miro](#)

9. Start a gratitude journal: Buy a notebook or journal for the two of you to write down what you appreciate most about each other. This can be great to look back on if you ever face difficult times and serves as a nice reminder about why you two care for each other.

10. Say thank you: What better way to give thanks than by saying, "Thank you for being you"? This may seem simple, but saying these simple words is something we often take for granted.

What other ways can you give thanks to your partner? Share your thoughts below.

Famous Reality TV Couple Desiree Hartsock and Chris Siegfried Reveal How Many Celebrity Kids They Want



By Emily Meyer

[Reality TV](#) couple Desiree Hartsock and Chris Siegfried are planning a celebrity wedding in January, and we may hear about a celebrity pregnancy soon after! According to [Wetpaint.com](#), after the famous couple marries, they're going to focus on having celebrity kids. In a Q&A on Hartsock's

blog, *The Bachelorette* star answered questions from fans about their plans for the future, including how many baby Siegsocks they want to have. “We will see but maybe 3?” the reality TV star revealed. It looks like we won’t have to wait long because she sees them in five years as “married, kids, dogs, traveling, and doing what we love.”

The latest celebrity news is that this soon-to-be-married reality TV couple is already talking about celebrity kids. How do you know when it’s time to have children with your partner?

Cupid’s Advice:

Are you and your love beginning to think about starting a family like this famous couple but aren’t sure you’re completely ready for what’s in store? Cupid knows it can be tough, so here are three ways to know when you and your partner should have kids:

1. You both have pure motives: As much as we hate to say it, sometimes, people want children for the wrong reasons. Having kids isn’t a bandage that will fix a relationship in distress. For these reality stars, decision-making can be a little tough since they’ve only known each other for a short period of time. Make sure you and your partner know what’s ahead and the journey you will go through together.

Related Link: [Do Trista and Ryan Sutter’s Kids Know How the Couple Met?](#)

2. The timing works: Have you accomplished what you want

to thus far in your life? Are you done with school, confident about finances, settled with your job, and happy with where you live? Check all of these important boxes *before* having kids.

Related Link: [Ashley Rosenbaum Instagrams Amazing Post-Body Just One Month After Giving Birth](#)

3. You are healthy and happy: Being healthy and happy is another important aspect to consider when you're having children. A mother's actions and attitude rub off on a child, so it is crucial to be in a good mindset while pregnant and as a new mom.

How did you know you were ready to have children? Share below!

What Chris Pratt and Anna Faris's Goofy Red Carpet Pose Says About Their Love





By [Jared Sais](#)

So often we see celebrity couples get stuck in the “properness” of what they should look like when walking down a red carpet. How one should act, pose, smile, and stand all help the viewer (you) determine who the couple is in public as well as in private. Luckily, at a recent iHeartRadio event, Chris Pratt and Anna Faris broke the standard rules and give us a real glimpse into their relationship.

In the picture above, we see the adorable pair truly enjoying each other’s company. First of all, anyone will tell you that, if a girl can laugh at her partner as he acts like a goof, then she’s a keeper. From this photo, you can see how they’re both joyful, loving, and non-judgmental.

Related Link: [Anna Faris And Chris Pratt Welcome Child](#)

Let’s first focus on Faris’s face: It’s a combination of surprise and a happy, playful smile. The mouth tells me this pose wasn’t planned to be cute for the camera, as it is a genuinely shocked expression. As you can see, her mouth is in

a slightly off “O” shape due to the combination of a surprise emotion and a smile of happiness. When feeling the excitement of shock, the mouth goes into an “O” shape as your eyes widen and your eyebrows shoot upwards. Though, in this case, with the addition of joy, her eyes are a bit less open, and her outer lips of her smile a bit more raised.

One of the main non-verbal cues that jump out at me is the *Mom* star’s nose. Some people will mistakenly see a wrinkled nose as disgust, but when paired with a smile, it is a well-known sign of playfulness and lust.

If we now focus on her hands, it looks like the shock of Pratt’s sudden love outburst made the actress have a sudden need to do a non-verbal cue called a self-touch gesture. This gesture is a subconscious or auto-response to curb stress, induce the sense of comfort, or reassure oneself in times of anxiety or excitement. I am not saying Faris was scared; rather, she was startled in a good way, which can stimulate the same response.

Now, let’s switch our gaze to Pratt. He is defiantly posing for the photo but doing so in the most loving and goofy way. This is important to know, as he is allowing himself to be silly and free. If he can be himself in front of the camera and have her play along, then in a sense, it’s a telling sign that their connection is the real deal.

Related Link: [Celebrity Couples: What True Love Looks Like](#)

Notice Pratt’s hands in a double-hand grasp around his wife’s waist. This is a very strong non-verbal gesture of love and, in some cases, dominance; I believe that the gesture is one of love in this picture. Also, such a tight grasp is telling of their relationship because, when people truly love each other, they are more comfortable in their close proxemics with their loved ones. The more love you share, the closer you are together; the less love, the farther

you are apart. It's as easy as that!

Lastly, the *Guardians of the Galaxy* actor's lip pucker is a cute, fun gesture to solidify his emotions towards Faris. The lip pucker is known to be the non-verbal cue of love and the beginning of a romantic kiss. For this celebrity couple, I foresee a long, loving relationship that will last.

Jared Sais is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Latest Celebrity Gossip: Mario Singer Dating 'Blood, Sweat and Heels' Reality TV Star Chantelle Fraser





By Emily Meyer

Mario Singer sure loves the Bravo ladies! Per the [latest celebrity gossip](#), *Real Housewives of New York* reality TV star Ramona Singer announced her plan to divorce her husband in August after she allegedly caught him cheating multiple times with his mistress. Now, it's being reported that he's dating Chantelle Fraser, a newcomer to the cast of season two of *Blood, Sweat and Heels*. Our team at CupidsPulse.com got an inside look at this budding romance while at the "A Flawless Affair" event on the Hornblower Infinity a few weeks ago.

Related Link: [Exclusive: Chantelle Fraser Talks Flawless NYC Moments Before 'Blood, Sweat & Heels' Brawl](#)

Mario Singer Is Dating Another Reality TV Star

According to [Radar Online](#), the new celebrity couple was recently kicked out of an upscale nightclub after their PDA was out of control. Allegedly, the make out session was so

raunchy that they were asked to leave by management. They then fueled more rumors when Singer was spotted at Fraser's own "A Flawless Affair" event, which was filmed for *Blood, Sweat and Heels*. If celebrity dating history repeats itself, then can this relationship and love really last?

Throughout the party, Singer was seen talking to a few women and mingling on the ship. However, he stayed directly across from where Bravo was filming. He was in the area when the guests witnessed the brawl between *Blood, Sweat and Heels* castmates Geneva Thomas and Melyssa Ford. Thomas is currently facing felony charges as a result of the fight.

Related Link: [Video Interview: 'Blood, Sweat & Heels' Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

Reports recently confirmed the latest celebrity gossip, so we know that Fraser will be replacing Brie Bythewood and Demetria Lucas on the upcoming season of the Bravo reality TV show. We will have to wait and see if Singer makes any appearances!

Do Trista and Ryan Sutter's Kids Know How the Couple Met?





By Emily Meyer

Although we know Trista and Ryan Sutter for being one of the most successful couples in *Bachelorette* history, their own children might not be as aware! According to Wetpaint.com, while Trista has been promoting her new book, *Happily Ever After: The Life-Changing Power of a Grateful Heart*, the 42 year-old confessed that her children don't know how their parents met. She admits, "They haven't seen it...I'm sure that we'll be answering questions, but I'm not ashamed of it by any means." The recent *Marriage Boot Camp Reality Stars* participant thinks her hubby will be the first one to show the kids their past. She revealed, "I'm much more protective. I'm very regimented. I like keeping to a schedule, and the reason I like it is because my children are happier if they get their sleep, if they do the things they are used to doing." It seems Ryan and Trista will have some explaining to do!

How should parents talk to their children about relationships?

Cupid's Advice:

Every kid looks up to their parents, and it's only natural for them to eventually get curious about their mom and dad's relationship. Parents, then, have the opportunity to explain to their kids how to have healthy and strong love. Here are three things to remember when it comes to talking to your children about happy relationships:

1. It's never too early: It's never too early to bring up the topic of romantic partnerships with your children. It is actually better to discuss it before they begin forming their own relationships with others, so don't be afraid to approach the topic.

Related Link: [Chris Hemsworth Spends a Beach Day with Family](#)

2. Make them aware of the truth: It's important for these conversations to come up so that your children understand the components of a good and successful relationship. Making your kids learn the dos and don'ts of true love will help them in the future.

Related Link: [Neil Patrick Harris and Family Wear Gotham-Themed Halloween Costumes](#)

3. Let them know you're always there for them: Make sure your little ones know that you want to help. Never suppress their feelings and acknowledge every issue that comes up. This will help your children get smart about relationships.

What tips do you have for parents who want to talk to their children about relationships? Share below!

Celebrity Couple Predictions: Kris Jenner, Neil Patrick Harris and Rachel Bilson



By [Shoshi](#)

For today's celebrity couple predictions, we're looking at three very different but seemingly happy couples. One pair of new lovers is all wrapped up in each other despite receiving their fair share of speculation from the public; another duo is thriving in their marriage and family; and the last couple is celebrating the recent birth of their first child.

Kris Jenner and Corey Gamble: Raise your hand if you believe

that this is a real relationship. From the moment I saw these two together, the word “staged” came into my psychic radar. In fact, the best way to summarize this relationship is “staging with benefits.” Don’t get me wrong: Jenner is an attractive woman and still has it going on. Of course, she could cougar it up better than anyone – I even expect that from her at this point! There just seems to be calculation around this so-called relationship. All we really know about Gamble so far is that he works with Justin Bieber’s manager, Scooter Braun.

Do not be surprised if you find out that Gamble is about to drop an album or he wants to start his own management firm. Better yet, he could partner with Jenner’s empire. Either way, he wins because he is not only getting the attention he wants but has a sugar mama to play with until this hot mess is done.

Related Link: [Khloe Kardashian Approves of Kris Jenner’s New Beau Corey Gamble](#)

Neil Patrick Harris and David Burtka: I might be biased because I love the former *How I Met Your Mother* star and adore his relationship with Burtka. They seem to really love and respect each other, though I always wondered how Burtka felt about giving up his career – or shall I say *changing* his career – to accommodate Harris, who was more successful.

In case you didn’t know, the couple got married in September and then moved to New York City with their two adorable twins. They are being open about the fact that Burtka was rather miserable in Los Angeles. Now in NYC, he’s feeling like his happy self again.

These two are stronger than ever. Both will be able to have an identity, something Burtka struggled with in LA. Burtka will do a lot of theater, while Harris, of course, will host the Oscars. I also see that Harris will be on a television show that’s based in NYC. Money is not an issue for them anymore, so they will be able to work or not work when they choose.

Their family will remain a priority. The twins will flourish in NYC as well. All is moving in the right direction for the Harris-Burtka family!

Related Link: [Neil Patrick Harris and David Burtka Share Italian Wedding Photo](#)

Rachel Bilson and Hayden Christensen: These two actors just welcomed their daughter Briar Rose into the world. This little bundle of joy should turn out to be quite a cutie considering that both of her parents are lookers! But what is really going on with this couple? They're not married but have been together longer than many celebrity couples. They started dating in 2007, got engaged in 2008, broke up in 2010, and got back together only three months later. Now, they have a baby, which is a game changer.

I predict that Bilson and Christensen will get married and that we will be the last to know about it. They'll invite some family and close friends to brunch or a party, and then a minister will drop in to officiate their wedding. I can see Bilson casually mentioning on a talk show that she's married. Parenthood will change this couple for the better, making them stronger. The *Hart of Dixie* actress is always going to be the breadwinner between the two of them, thanks to her successful TV career and being a spokesperson for numerous products.

For more information on Shoshi, click [here](#).

'The Bachelor' Winner Nikki

Ferrell Confirms Split from Juan Pablo Galavis



By [Emily Meyer](#)

Sadly, it has been confirmed that another *Bachelor* couple has split. After speculation that there was trouble between celebrity couple Nikki Ferrell and Juan Pablo Galavis, Ferrell confirmed the celebrity breakup. According to [E! Online](#), the split happened over her birthday weekend. The pediatric nurse revealed, "We were just going back and forth through texting. He was questioning the relationship, and I was questioning it back. I sent him a message saying, 'We should fight for this. We should work this out.'" And he didn't respond." That's when the 28-year-old posted her angry message to Instagram. She confessed, "In hindsight, I probably

shouldn't have done that. I'm a tad bit impulsive." Regardless, the two still have love for one another. Ferrell said, "Who knows what the future holds, but at this point in our lives, it's not working for either one of us."

Celebrity couple Nikki Ferrell and Juan Pablo Galavis were pretty upset about their celebrity breakup. How can you stay positive when ending a relationship?

Cupid's Advice:

We've all been there: a bad breakup that makes you feel like you'll never be happy again. We know being strong is challenging, but staying positive can help you get through the tough times that are ahead. We know this celebrity couple will get through it and so can you. Here are three tips on how to stay positive when going through a split:

1. Forgive and forget: A big part of being positive is learning to let things go. Not all relationships work, so there is no reason to blame yourself or your ex. Learn to move on and remember the good times you shared.

Related Links: [Have 'Bachelor' Couple Juan Pablo Galavis and Nikki Ferrell Split?](#)

2. Reconnect with yourself: You have been part of a partnership for so long; now is the time to focus on yourself again. Find out what it is that truly makes you happy and pursue it, whether it's exploring a new hobby in photography or spending extra time with your best gal pals.

Related Links: [Can You Really Find Love on 'The Bachelor'?](#)

3. Surround yourself with good people: It's important to surround yourself with friends and family who love and support you. Find things that make you smile and laugh. The happier you are, the sooner you will forget about the breakup and be ready to open yourself up to love again.

What are some other ways you can stay positive during a breakup? Share below!

Top 10 Most Loving Celebrity Husbands



By [Courtney Omernick](#)

It's no doubt that there are many celebrity men we adore and would love to be with. And, there are definitely a few celebrity wives that make us jealous. Below is a list of the most loving celebrity husbands. And, we'd like to remind their wives how lucky they are!

1. Tom Hanks: His marriage to Rita Wilson has set the record in Hollywood with the two being together for 25 years. Tom's stated that it feels like he's been married to Rita for only two years because it's gone by so quickly and he's having so much fun with her.

Related: [The First Official Look at Chris Soules on 'The Bachelor'](#)

2. Tim McGraw: Is there a better love story than Tim McGraw and Faith Hill? The country duo has been making it work since 1996 by vowing to never spend more than three days away from each other, creating joint tours, and beautiful love duets.

Related: [Ricki Lake Files for Divorce From Christian Evans](#)

3. Barack Obama: Yes, being the President is the toughest job in the United States and puts a lot of pressure on the family. But, somehow, Barack makes keeping a marriage together look flawless. Barack always comments on how he couldn't do what he does without Michelle by his side, displays his affection in public, and makes time for his family.

4. Justin Timberlake: It's still hard to believe that this guy is off the market, but he makes the best husband! It's been said that Justin's album that was released last year is full of love songs dedicated to his wife, Jessica, and that when she's at one of his concerts, he sings them right to her.

5. Keith Urban: The country singer fell in love and married Nicole Kidman eight years ago and they have two lovely daughters together. In a recent interview, Nicole talked about

how Keith is an amazing man, would do anything for her, and how he carried her physically and emotionally over the past few months while she was dealing with the passing of her father.

6. Michael J. Fox: Being a star that has battled so much, Michael always lets the press know how much he adores his wife. Michael and Tracy started a foundation to raise money for Parkinson's research and they've been by each other's side since the 80s. Michael was quoted in Redbook Magazine stating, "The best thing that ever happened to me was getting married."

7. Ben Affleck: Whenever Ben is on a talk show, you can always find him giving compliments to his wife, Jennifer Garner. And, when Ben accepted his Best Picture Oscar for Argo, he thanked her and openly talked about all of the hard work they'd put into their marriage.

8. Brad Pitt: Brad recently married Angelina, but they already have a wonderful history together. He's been by Angie's side through her scare of breast cancer, their multiple adopted children, and more. He's stated that she makes him a better person, and that he's lucky she's in his life.

9. Channing Tatum: The actor met his wife on the set of Step Up, and the rest is history. Channing can't say enough nice things about his beautiful bride and always compliments her as a mom and all-around amazing human being.

10. David Bowie: Most people would be surprised that a marriage between a rock star and a supermodel would last two decades. But, in the case of David Bowie, it has. His wife, Iman has stated that David still takes her on date nights and makes her laugh like no one else does.

What celebrity husbands did we miss? Let us know in the comments!

10 Celebrity Love Affairs with “Normal” People + ‘Beyond the Lights’ Giveaway!



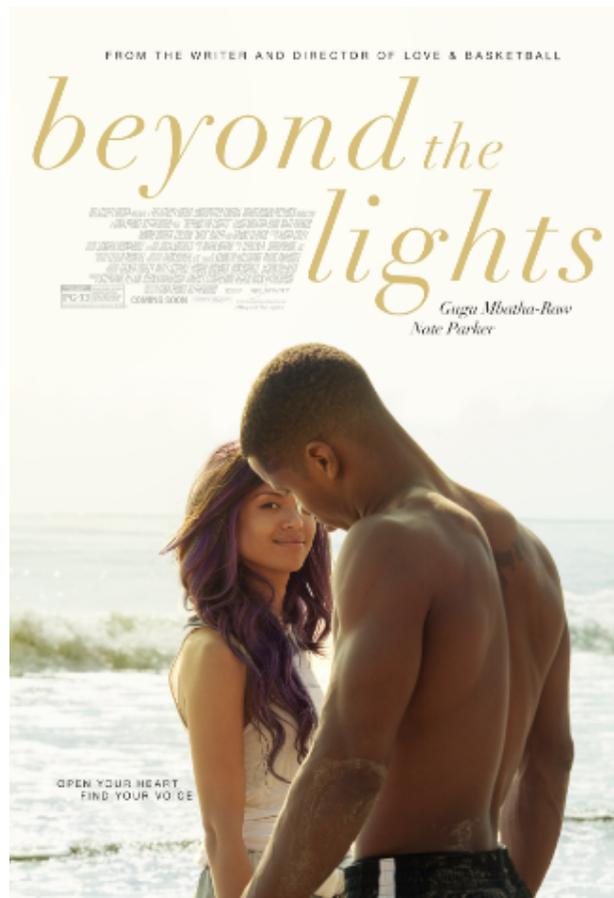
This post was sponsored by Beyond the Lights.

By [Sarah Batcheller](#)

We all love to see it when a person who lives in the limelight finds love with someone who is so-called “normal” – someone who does their own grocery shopping and works regular hours to make a regular paycheck. Maybe it’s because we like to fantasize about the possibility of finding love with a

celebrity ourselves...or maybe it's because romances like these prove that love knows no boundaries.

In the new film *Beyond the Lights*, premiering on Friday, November 14, pop star Noni falls in love with a police officer named Kaz, assigned to protecting her. In honor of the unlikely yet heartwarming relationship depicted in the movie, we've decided to pay tribute to 10 celebrity love affairs with normal people.



'Beyond the Lights' movie poster.

1. Kevin Jonas and Danielle Deleasa: Jonas spotted the former Jersey hairdresser while both were on vacation in the Bahamas with their families. He approached her, and their love blossomed from there. The two are now married and have a daughter.

2. Elizabeth Banks and Max Handelman: The *Hunger Games* star met her now-husband, a sportswriter and producer, in college in 1992. Banks converted to Judaism upon marrying her true love, and the couple has two sons.

3. Anne Hathaway and Adam Shulman: Hathaway's own princess diaries came true when she married the jewelry designer in 2012, a few years after her previous beau was sent to prison on serious fraud charges.

Related Link: [Are Chris Martin and Jennifer Lawrence Back Together?](#)

4. Jon Bon Jovi and Doratheia Hurley: The rock legend married his high school sweetheart in a Vegas chapel in 1989. They now have four children together.

5. Jessica Alba and Cash Warren: In 2008, the *Fantastic Four* beauty married the son of actor Mike Warren. They now have two adorable daughters, Honor and Haven.

6. Jimmy Fallon and Nancy Juvonen: Everyone's favorite comedic TV personality married his lover, a film producer, back in 2007. The two, who were introduced by Drew Barrymore, are proud parents to their daughter and golden retriever.

7. Julia Roberts and Danny Moder: Roberts met her cameraman-hubby on set in 2000 while both were still in other relationships. Since marrying in 2002, the couple has welcomed three children.

Related Link: [Jessica Chastain Dishes On Not Dating Other Stars](#)

8. Christian Bale and Sibi Blazic: The brooding *Batman* star married Winona Ryder's former personal assistant in 2000. They now have two children and are active members of various environmental groups.

9. Matt Damon and Luciana Barroso: Damon married the former

bartender in 2005, becoming the stepfather to her daughter. Since then, the couple has had three daughters of their own.

10. Nicholas Cage and Alice Kim: Cage married the former waitress in 2004 while the divorce proceedings of his previous marriage to Lisa Marie Presley were still taking place. Cage and Kim have a son together, who they named Kal-el after Superman.

~~**GIVEAWAY ALERT:** One lucky reader will receive a *Beyond the Lights* prize pack with the following items: branded hoodie, branded lip gloss, branded make-up bag, mini poster, soundtrack digital download, and a \$25 Fandango gift card. To enter our giveaway, email cupid@cupidspulse.com with your full name, address, email, and daytime phone number BEFORE 5 p.m. EST on November 25th. In the subject line, please write "Beyond the Lights Giveaway." You can also enter on [Facebook](#). You may enter the contest only once. Good luck!~~

Giveaway is now closed. Thank you to all who participated!

Nick Young Reveals He and Iggy Bought a House Together





By Amanda Boyer

Iggy Azalea and Nick Young are taking the next step in their relationship, according to UsMagazine.com. The NBA player and rap stars were seen buying a house together after a year of dating. Now living together, the couple says they fight over the TV remote and argue a lot, but it works out and they “understand each other.”

What are three things co-habitation can teach you about your partner?

Cupid's Advice:

If you think it is time to take your relationship to the next level and move in together, Cupid has some tips:

1. Habits: Learning your partner's living habits can help you decide if your relationship has what it takes to make it long-term. This may be eye-opening, but it is a must in any relationship.

Related: [What You Need to Know Before You Move In Together](#)

2. Stress: Seeing your partner 24 hours a day can help you see their mood swings and stress levels. These are important factors when considering whether you want to be with this person in the future.

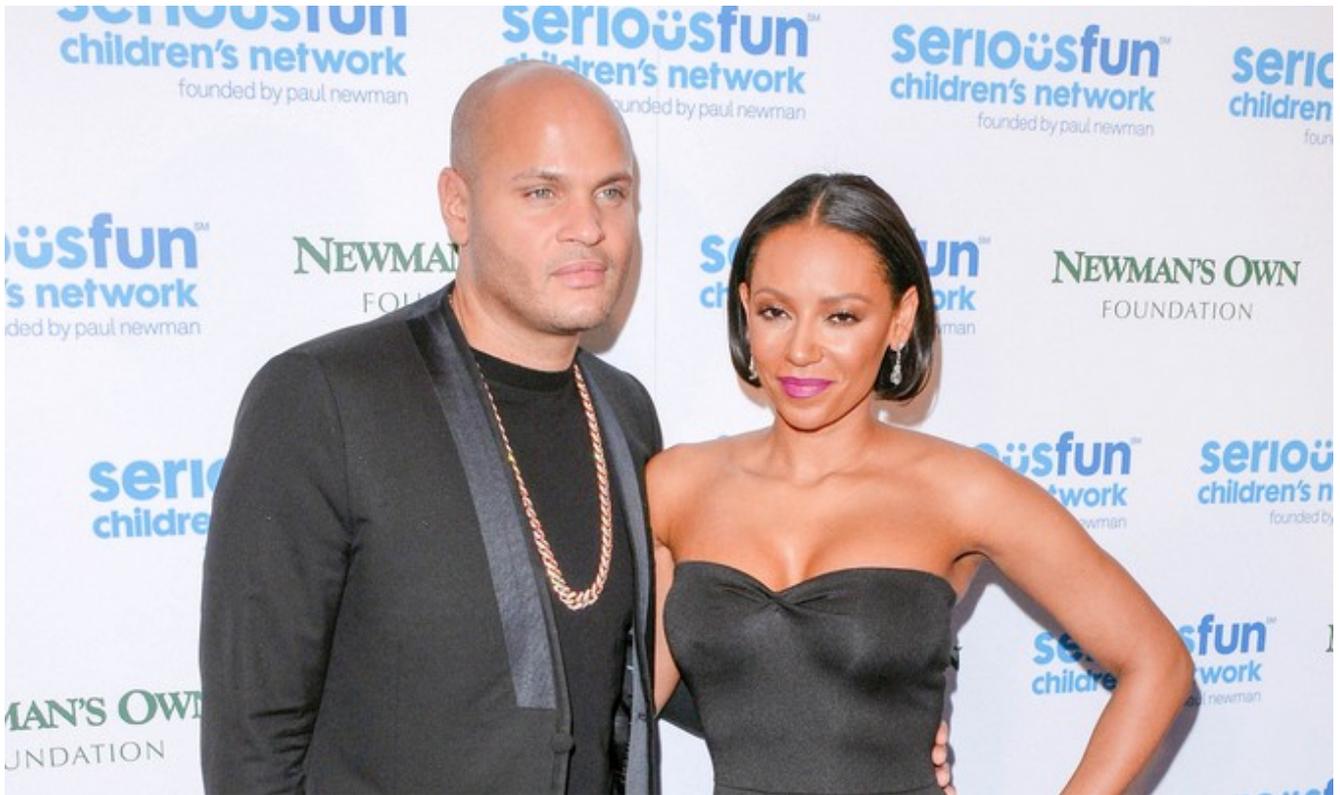
Related: [How to Prevent Yourself from Rushing into a Relationship](#)

3. Roles: What is your partner good at around the house? Establishing roles will benefit both of you and teach you how to work together.

What are some other things living together can teach you about your partner? Share your thoughts below.

Jennifer Lopez Says Celebrity Ex Marc Anthony Predicted They'd Marry When They First Met





By Maggie Manfredi

In the latest celebrity news, Jennifer Lopez tells all! According to UsMagazine.com, the super star and now author is putting everything out there in new memoir *True Love*. Fans get details on past relationships and loves, such as Ben Affleck, Cris Judd, and Marc Anthony. For instance, [celebrity ex](#) Anthony's first words to the starlet were, "One day, you're going to be my wife." A pretty impressive prophecy considering she dated multiple men before their marriage!

Hollywood couples sometimes rush into marriage, only to end up with yet another celebrity ex. How can you tell if you've really met The One?

Cupid's Advice:

Have you been searching for a soul mate, a lover, The One? Curious how you will know when you find them? Cupid has some relationship advice to consider:

1. Mutual respect: Whether you prefer bluntness like Lopez's celebrity ex Anthony or a sweet, subtle sweep-off-your-feet kind of romance, you have to feel respected. You also have to give respect for any type of relationship to work. With respect comes admiration and then potentially love.

Related Link: [Jessica Chastain Dishes On Not Dating Other Stars](#)

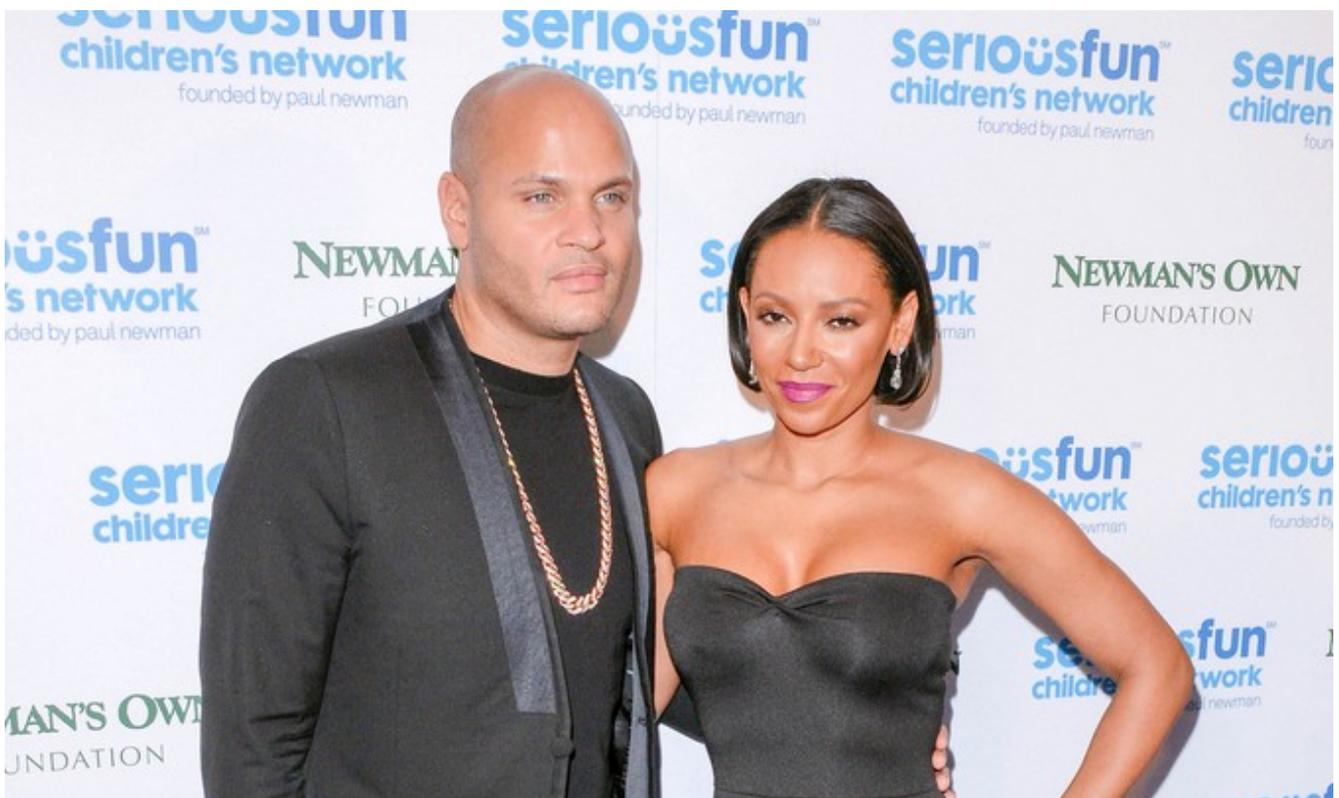
2. Butterflies and warm fuzzies: It is important to get excited and to feel it. Who knows if there really is such a thing as "a spark," but there is such a thing as feelings, and tuning in to whether you truly have them is an important step.

Related Link: [Jennifer Lopez Reveals Ben Affleck Was Her "First Big Heartbreak"](#)

3. Long-term potential: Being someone's person means it's much more than a fling or an attractiveness. Even Hollywood couples long for solidarity in their whirwindish lives. You are supposed to be with this person for worse or for better, through good and bad times. Make sure that The One you have chosen will love you, defend you, protect you, and laugh with you.

Will you be reading JLo's memoir? Comment below and share what you think of the singer's revelation and other love advice!

3 Celebrity Men Who Date Women Outside of the Spotlight



By [Courtney Omernick](#)

Many times we hear stories about the latest and greatest celebrity couple, but people rarely talk about celebrities who have gone “out of their way” to date “normal” people. Below is a list of a few male celebrities who have chosen to date women outside of the spotlight.

1. Louis Tomlinson: The One Direction mega star decided to find his girlfriend outside of the celebrity world. It has been reported that Louis is currently dating Eleanor Calder, a

student at the University of Manchester and former Hollister floor model.

Related: [Jennifer Lopez Reveals Ben Affleck Was Her “First Big Heartbreak”](#)

2. Taylor Lautner: The *Twilight* star is currently dating Marie Avegeropoulos. While Marie isn't well known, she does star in the CW show, *The Hundred*, which premiered in March 2014.

Related: [Find Out Why Kris Jenner Is ‘Livid’ at Bruce Jenner](#)

3. Tom Felton: The famous *Harry Potter* star fell in love with his current girlfriend while acting in the major film series. Jade Olivia met Tom on set as she was the film's stunt coordinator assistant.

What other celebrity men are dating women outside of the spotlight? Comment below!

Neil Patrick Harris and Family Wear Gotham-Themed Halloween Costumes





By [Katie Gray](#)

How I Met Your Mother star Neil Patrick Harris and his family dressed up for Halloween with Gotham costumes, according to [UsMagazine.com](#). Harris, husband David Burtka, and their 4-year-old twins Gideon and Harper dressed up as DC Comics characters from Gotham City. Harris captioned on Instagram, "Happy Halloween from Gotham City!!" The family celebrated with their famous friends, power couple Kelly Ripa and Mark Consuelos.

What are some creative ways to celebrate Halloween as a family?

Cupid's Advice:

Halloween is the perfect time for families to come together and have fun, while enjoying the company of one another. On the actual holiday, trick-or-treating and themed parties are always the way to go. Cupid has some ways you can celebrate Halloween as a family:

1. Jump then fall: Take a cue from Taylor Swift's song 'Jump

Then Fall' and dive straight into the beautiful season of fall/autumn. A great way to enjoy the Halloween season with your family, is by doing fun Halloween activities! Make Halloween arts and crafts, create your costumes together, do Halloween baking and make yummy sweets, watch Halloween movies (you have the option of scary or funny) and carve and paint pumpkins together. There are so many great options for you to enjoy the festive Halloween season as a family!

Related: [Halloween Date Ideas](#)

2. Pumpkin patch: A fantastic way to have quality family time is by going to a pumpkin patch, for the traditional act of pumpkin picking. Usually, places will offer hay rides and other fun activities along with it. There are also places to go apple picking, which fits in with the theme of fall and family fun.

Related: [Celebrity Couple Halloween Costumes](#)

3. Trick-or-Treat: Just like the Aaron Carter song goes, I want candy! The classic way to enjoy Halloween with family is by going trick-or-treating. It's fun to see everyone dressed up in their costumes, and everybody likes candy. Attending parties and parades together on Halloween are also superb ways to enjoy the company of family and the holiday.

What are some ways that you have celebrated Halloween as a family? Share your thoughts below.

The First Official Look at

Chris Soules on 'The Bachelor'



By Emily Meyer

Start planning for *The Bachelor* Season 19 viewing parties now! While the reality show isn't set to air until January 5, 2015, eonline.com has the first exclusive look at Chris Soules. The 32-year-old Midwest farmer who won our hearts on Andi Dorfman's season of *The Bachelorette* now has his chance to find a relationship and love. The first promo pic for the season is captioned: "Traditional. Classic. All-American." It was also just announced that *The Bachelor* premiere will be three hours long *and* live! "Coming from a small town, I never really expected to have this opportunity to be on either show, let alone to be the lead on *The Bachelor*, so it's been

awesome,” Soules shared after his announcement was made on *Good Morning America*.

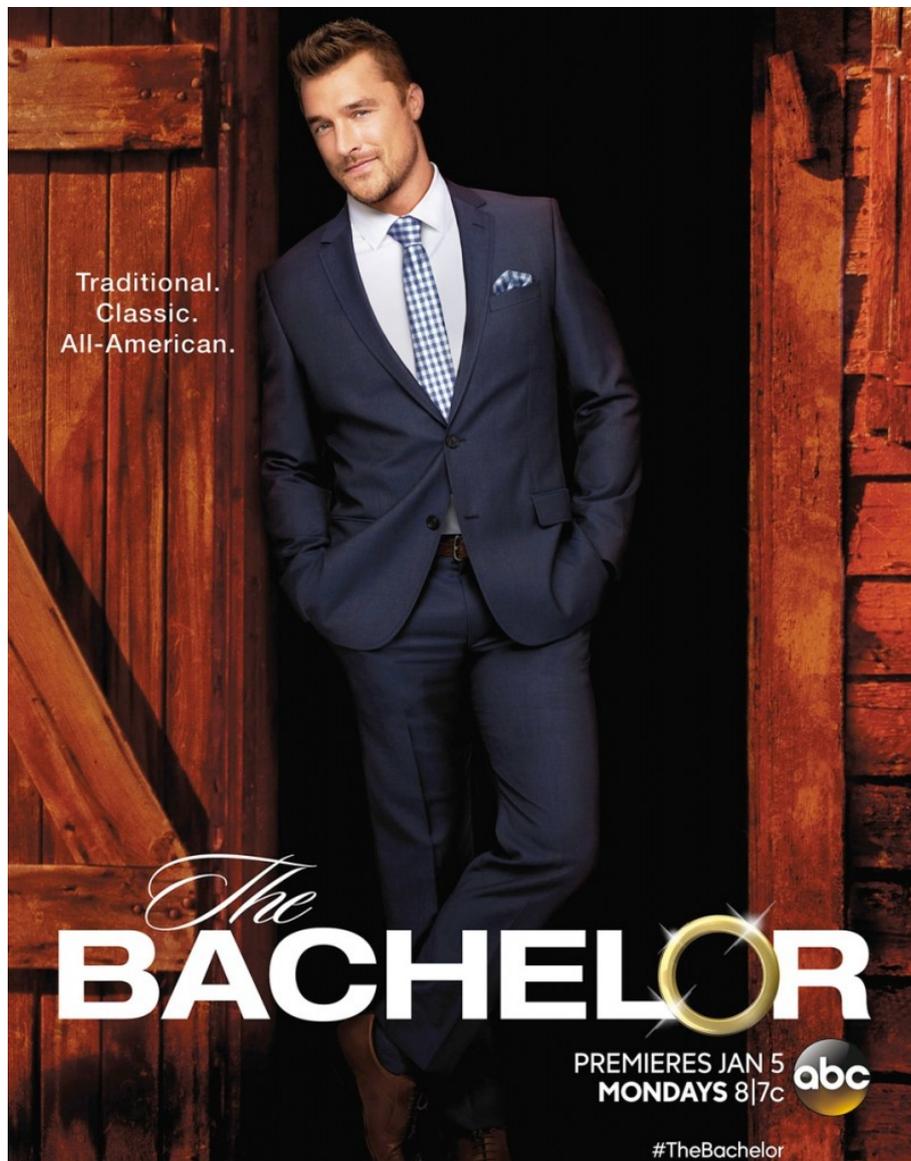


Photo courtesy of ABC.

‘The Bachelor’ offers a unique way to meet a new partner. What are some other ways to meet someone?

Cupid’s Advice:

Are you tired of the same boring potential partners you meet each weekend at the local watering hole? You probably don't want to go as far as being the next *Bachelor* or *Bachelorette* (if only we were all so lucky!), but you *do* want to find fresh and exciting people to bring into your love life. Cupid knows it can be tough, so here is some dating advice to help you meet someone new:

1. Hang out where big groups gather: Think about where men and women often spend time together. Get a few girlfriends and go to a place you know will be flocking with men, like a local steakhouse or a nearby sports bar on game night. If you're looking for ladies, head to the mall or a popular park in your town. The more people around, the better chance you have of meeting someone who's a good fit for you.

Related Link: ['Bachelorette' Andi Dorfman Quits Assistant District Attorney Job](#)

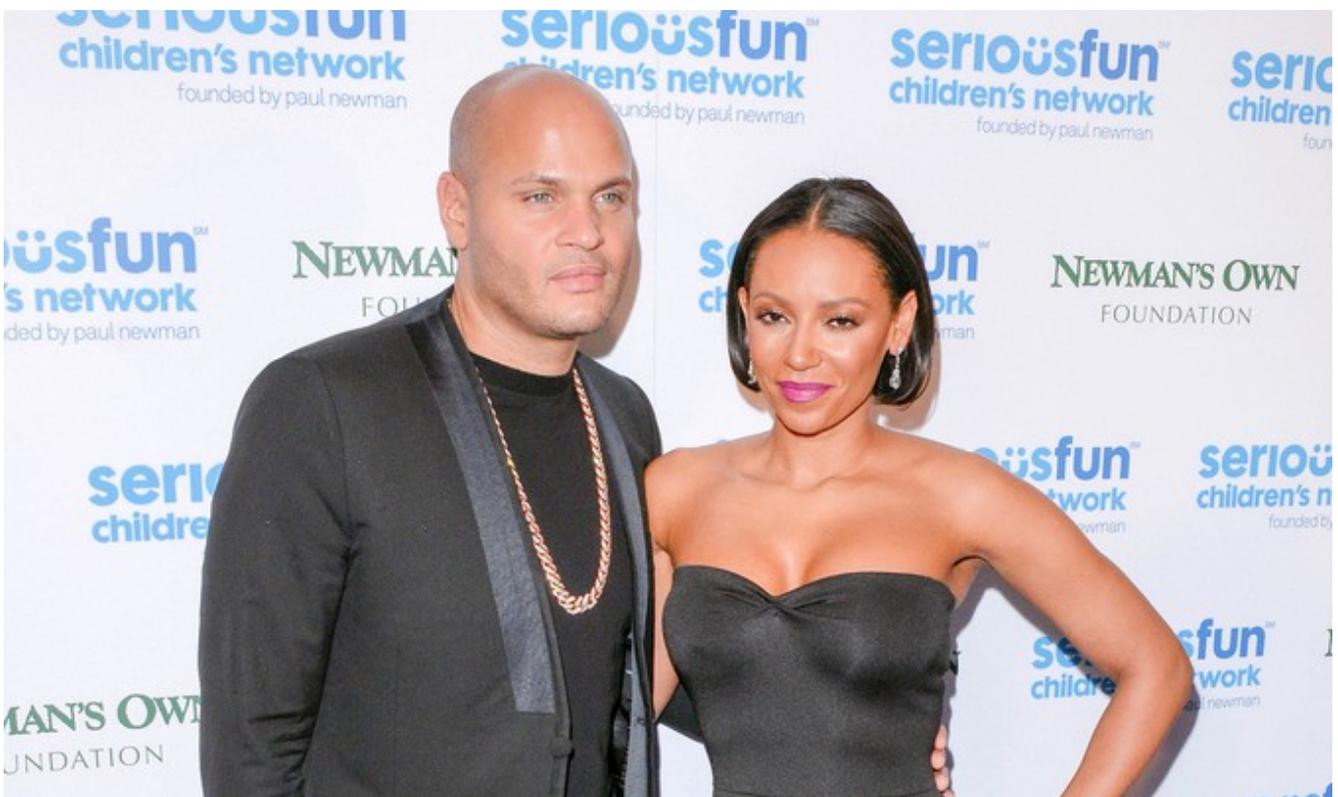
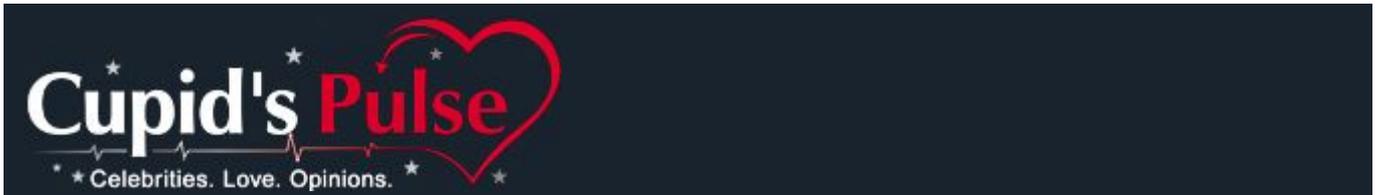
2. Volunteer: What could be better than a significant other who gives back to their community? It's time to get involved and start volunteering! You will meet single men and women who are caring and passionate about something. Plus, you'll be doing something good for your town while you search for The One!

Related Link: [Ryan Seacrest Aspires for a Marriage Like His Mom and Dad](#)

3. Join a local sports team: Not only will you meet tons of single men and women— but you can get in better shape and release any stress from work. That cute pitcher is sure to be turned on by your impressive batting skills!

What are some different ways to meet someone special? Tell us in the comments below.

'Will and Grace' Actor Sean Hayes Is Engaged



By Amanda Boyer

'The Millers' and 'Will & Grace' star Sean Hayes is now engaged. According to People.com, he confirmed this on the 'CBS Morning Show' when he guest starred on Monday morning. Hayes and his partner, Scott Icenogle, have been together now for eight years. Now the couple is ready to take their relationship to the next level.

What are three special ways to announce your engagement to family and friends?

Cupid's Advice:

So, you're engaged. Now, what's the best way to announce it to those close to you? Cupid has some advice:

1. Engagement party: Throw a big bash to celebrate your recent engagement and show off the ring! Your friends and family will be psyched to celebrate with you and give their congratulations.

Related: [Olivia Wilde and Jason Sudeikis Are Engaged](#)

Photos: Take some engagement photos soon after your engagement. Post the photos to Facebook, and have them speak for themselves!

Related: [Lance Bass Proposes to Michael Turchin Again on Anniversary of Engagement](#)

3. Change your status: Social media make it easy! Change your status on Facebook or Twitter, and announce your looming nuptials to friends and family that way.

Have another way to showcase your engagement? Comment below!

Celebrity Couples Who Rocked the Cradle





By Emily Meyer

It's not a secret that there are quite a few cradle robbers in Hollywood. Although these celebrity couples span multiple generations, so far they have stood the test of time in the limelight. These couples sure aren't letting age get in the way of their relationships. Below, Cupid has five celebrity couples who are continuing to live happily in ageless love:

1. Megan Fox and Brian Austin Green: This handsome couple certainly does not mind their 13-year age gap. Although both actors have stayed busy, since getting hitched in 2010, the couple has also welcomed two little boys. The Greens continue to be in marital bliss and only seem to be growing stronger as a pair.

Related Link: [5 Reasons Why You Should Date Someone Who's Older Than You](#)

2. Ellen DeGeneres and Portia de Rossi: Even though their 2008 marriage caused quite a stir, most people don't even realize that this famous couple has a large age difference. However,

their 15-year age gap has not stopped the couple from being together since 2004. This power duo has led the way for other same-sex couples to also take a trip down the aisle.

3. Harrison Ford and Calista Flockhart: After meeting at the 2002 Golden Globes, not only did sparks fly, but so did a glass of wine. Even if it was a spilled glass of wine that brought these two together, it seems to have worked because the pair has been together ever since. The strong and talented couple is not dwelling on their 22-year age gap.

Related Link: [Celebrity Couples That Have Bounced Back After Cheating](#)

4. Johnny Depp and Amber Heard: After meeting on set in 2010, this mysterious and timeless couple was not actually romantically linked until 2012. The couple has since gotten engaged earlier this year. Nonetheless, the 23-year age difference sure looks good on them.

5. This couple takes the crown for having the biggest age gap in Hollywood – 6 decades to be exact. Hefner and Harris did not let their 60-year age difference prevent them from getting married and starting a life together. Hefner once tweeted wise words: “When you’re in love, age is just a number.”

What other celebrity couples have a large age gap? Share what you know in the comments!

Russell Brand Says ‘I Loved’ Being Married to Katy Perry



By Amanda Boyer

Russell Brand is finally opening up about his prior marriage to singer Katy Perry. While Brand was promoting his new book on the *Today Show* on Monday, Oct. 13, he said something that caught some attention. According to UsMagazine.com, the comedian claimed he “loved” being married to Perry and said she “is an amazing person.” The ex-duo were together for 14 months.

How do you set realistic expectations for your marriage?

Cupid's Advice:

To ensure you are going to have a successful marriage with realistic expectations, Cupid has some tips:

1. Compromise: Sometimes, you need to agree to disagree in certain situations. In order to make your relationship work,

make sure there's give and take.

Related: [Katy Perry Opens Up About Divorce from Russell Brand](#)

2. Discuss roles: Talk about responsibilities and who wants to be in charge of cleaning the house or making dinner. This will make your day run smoothly when things get hectic!

Related: [Katy Perry Calls Divorce From Russell Brand a 'Very Tiny Elephant'](#)

3. Be honest: Do not hold off saying something because you are scared or afraid about how it is going to come off. If you decide you want to change something around, discuss it with your partner and get their say on it as well.

Have another way to set an expectation in your marriage? Let us know below!

'Bachelor in Paradise' Couple Marcus Grodd and Lacy Faddoul Still Together





By Emily Meyer

Do we still hear wedding bells for Marcus Grodd and Lacy Faddoul? Although the *Bachelor in Paradise* couple is pretty low-key, from the looks of their social media accounts, the hot duo is still very much in love. Even though neither of them has made the big move across the country yet (to either Los Angeles or Dallas), it's obvious they have been traveling back and forth to be with each other. According to Inquisitr.com, Faddoul was in Texas about a week ago with Grodd when she tweeted that the two of them were at the state fair. The couple has previously said they are planning to wed next year, but it looks like fans will just have to stay tuned for more details.

What are three ways to make a long-distance relationship work?

Cupid's Advice:

It's hard when the person you love is living in what seems a world away. Long-distance relationships can be tough, and Cupid wants to help! Here are three ways to stay connected to your love despite the miles separating you:

1. Say what you're thinking: It is very important to say what's on your mind. Since the two of you aren't together all of the time, your partner won't be able to see that something's wrong. This will cause confusion in the relationship and maybe even unnecessary fighting if you don't share your feelings.

Related Link: [Cody Sattler Surprises Michelle Money For Her Birthday](#)

2. Build trust: A relationship is nothing without trust. If you cannot learn to fully trust your partner, try and find the root of this problem. Trust leads to a smooth and healthy relationship.

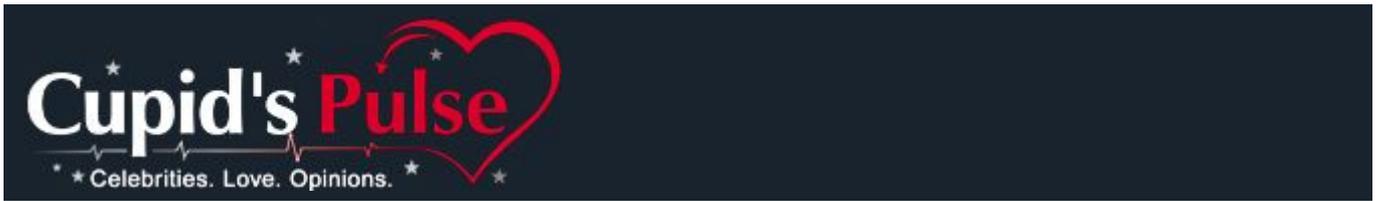
Related Link: [Trista Sutter Surprises Husband Ryan With Colorado Camping Trip](#)

3. Do something together: Technology is so advanced these days that you and your partner can be together even when you're apart! Whether it's watching a show or movie together, playing a game, or video chatting, actually seeing each other can really help you bond.

Know any other ways to make a long-distance relationship work? Share below!

**Ashley Tisdale Talks
Celebrity Marriage: "He
Inspires Me in So Many**

Different Ways”



By [Sarah Batcheller](#)

In a recent interview with Wonderwall, newlywed Ashley Tisdale gushes about the love she shares with husband Christopher French. The actress says she just knew that it was right and that he inspires her every day. The rocker's loyalty is second-to-none, a quality that Tisdale highly regards in her [celebrity marriage](#). The *High School Musical* star also dishes on how she and former *HSM* co-stars have kept in touch over the years, raving especially about her friendship with Vanessa Hudgens. Read on for the details from her adorable celebrity interview!

Ashley Tisdale Opens Up About Her Celebrity Marriage

WW: Did falling for your husband open your eyes to a new kind of romance or love story?

AT: “Definitely! Obviously! He definitely inspires me, for sure. It’s one of those moments where, in the past, everything else was just kind of forced or not right. Then, finally, when you are in the one that’s The One, you are like, ‘Oh, wow! This is how this is supposed to be.’ So it’s natural and nice. It’s one of those moments that you just know.”

Related Link: [Ed Sheeran’s New Girlfriend is Taylor Swift Approved](#)

WW: How does he inspire you in your celebrity marriage?

AT: “He inspires me in so many different ways, just to be a better person. I never really had someone guy-wise who was a loyal person, so it’s really nice to have someone be as loyal ... I hold loyalty and respect really high. So it’s like ‘Oh, there’s someone who is giving back as much as I’m giving.’”

WW: What is your idea of a romantic encounter?

AT: “I think it’s that first connection. You just feel it. It’s an exciting time, I think. It’s the first spark where you go, ‘Oh my God, this is so great.’ I definitely can relate to that moment for sure. You always remember it too, that moment.”

WW: What’s your idea of a romantic evening?

AT: “For the first couple of dates, I’m definitely someone who likes to be more casual. When it’s super romantic, it’s a little bit of pressure, and you’re like ‘Oh my God, this is nerve-racking.’ I’m one of those girls that you can just take to dinner and not have to romance completely. I’m someone who

likes the idea, but I'd rather go to a cool restaurant that's not so dark. For me, romance is the smaller things. I'm definitely someone who is adventurous and spunky."

WW: Are you a hopeless romantic?

AT: "Yeah! I definitely am. I'm someone who loves romantic comedies: *My Best Friend's Wedding*, *Just Married*, and *How to Lose a Guy in 10 Days*. And I listen to Taylor Swift's music all of the time."



Ashley Tisdale and Christopher French on their wedding day. Photo courtesy of Ashley Tisdale's Instagram.

Celebrity Interview with Ashley Tisdale

WW: You recently had a *High School Musical* reunion. How was that?

AT: “Monique [Coleman] does this charity where she was giving away a dinner with the cast. So there was a winner a couple of months ago, and she was finally able to get us in one area to do it. It was the best time. We were just talking about anything and everything. [The winner] was so a part of it because we hadn’t seen each other in so long. It’s been years since we’ve been all together like that.”

Related Link: [Lea Michele Kisses Boyfriend on Boat in Italy](#)

WW: You and *High School Musical* co-star Vanessa Hudgens have really stayed close over the years. How has your relationship grown?

AT: “We will always have this connection of something we’ve been through together. Over the years, though, she’s really grown up and is such a beautiful person. It’s nice to grow together and lean on each other in moments that we’ve needed it. It doesn’t matter how busy we both are; if I pick up the phone and call her, she’s always there. So to have that kind of friendship has been awesome.”

For the rest of the celebrity interview, visit www.wonderwall.com/entertainment/ashley-tisdale-my-husband-inspires-me-everyday-1840127.article. You can keep up with Ashley on Twitter @ashleytisdale.