

5 Celebrity Couples Who Prove Love Can Last a Lifetime



By [Courtney Omernick](#)

When you think of “celebrity couples” and “lasting love,” you don’t usually think they go together. However, there have been a few celebrity couples that made sure their love kept them together. Maybe it’s time to follow their love and relationship advice.

Listed below are Cupid’s five celebrity couples who’ve proven

that love can last a lifetime.

1. Sarah Jessica Parker and Matthew Broderick: Sarah and Matthew married on May 9, 1997 and have had a solid relationship and love life ever since. The famous couple has a son, James, and twin girls, Marion and Tabitha, together.

Related Link: [Singer Colbie Caillat Celebrates Celebrity Engagement to Longtime Love Justin Young](#)

2. Meryl Streep and Don Gummer: This actress and painter duo have been together for 37 years. Meryl and Don married in 1978 at her parent's home in Connecticut. They went on to have four children: Mami, Grace, Henry, and Louisa.

Related Link: [Jennifer Aniston's Celebrity Engagement: How Long is Too Long?](#)

3. Tom Hanks and Rita Wilson: This dynamic duo met on the set of Tom's TV Show, *Bosom Buddies* in the early 1980's. The two married in 1988 and have two sons together, Chet and Truman.

4. Goldie Hawn and Kurt Russell: Even though these two have never married, they've still maintained a strong relationship that has lasted over 30 years! This couple has been together since 1983, and had one son, but raised multiple children together from previous relationships.

5. Jeff Bridges and Susan Geston: Jeff has only been married once, and that's to the love of his life, Susan Geston. The couple married 38 years ago (five days after Jeff proposed) and have three daughters together. Jeff told reporters that he danced with Susan at a party and "just knew."

What are some other long lasting, celebrity relationships? Comment below!

Kris Jenner Reacts to Kim Kardashian's Celebrity Baby News



By [Courtney Omernick](#)

[UsMagazine.com](#) reported the celebrity baby news that celebrity couple [Kim Kardashian](#) and [Kanye West](#) announced they were having another [celebrity baby](#) on the season finale of *Keeping Up With The Kardashians* on Sunday night. Not only are Kim and Kanye's fans excited for their second baby, but the proud grandmother-to-be Kris Jenner also took to Instagram to announce her love for the celebrity couple and their new

celebrity baby. Kris wrote that she couldn't wait to meet their new "love bug."

There will be no lack of attention on Kim Kardashian's second celebrity baby news. What are some ways to keep your pregnancy under wraps?

Cupid's Advice:

While this celebrity baby news will get coverage all over the world, other people might want to be more secretive when it comes to their pregnancy. Below are a few ways to help keep your pregnancy under wraps:

1. Be the designated driver: Your friends and family members are probably going to ask you out for a drink within the next nine months. If you want to get out of drinking, tell them you'll be the designated driver!

Related Link: [Kanye West Sends Celebrity Love Kim Kardashian Gushing Anniversary Twitter Message One Day Late](#)

2. Schedule your meetings in the afternoons: If you have terrible morning sickness and you're not sure you'll be able to work well in the mornings, make sure to schedule work meetings for the afternoons. Hopefully, by that time, your morning sickness will have subsided.

Related Link: [Celebrity Baby News: Keira Knightley Welcomes First Child with Husband James Righton](#)

3. Don't talk about it: If your coworkers are concerned as to why you've had so many doctors' appointments lately, simply say, "I'd rather not talk about it." It's better than making

up an illness. If your coworkers persist, tell them you're fine...or that it's "women's problems."

What are some ways you've kept your pregnancy quiet? Comment below!

Celebrity Exes Justin Bieber and Selena Gomez Reunite in Trending Video



By Meranda Yslas

If you're still heartbroken about the [celebrity break-up](#) between [Justin Bieber](#) and [Selena Gomez](#), then this latest video on Snapchat might make you feel a little bit better. As told by [E! Online](#), the celebrity exes were seen on the video together hanging out with a few other people and was posted by Hillsong preacher Rich Wilkerson Jr. Although it doesn't look like this famous relationship is going to start back up again, fans of the singers had mixed reactions. Those in the 'Jelena' fandom were excited about the reunion, whereas other fans were a bit more suspicious of the potential drama that might result.

Cupid doesn't think these celebrity exes are getting back together anytime soon! What are some ways to keep things civil post break-up?

Cupid's Advice:

It's nice to know that these celebrity exes are able to maintain a friendship even after their romantic relationship ended. Although it seems difficult, exes can be in each other's lives. Here are a few relationship tips on staying civil with an ex:

1. Give them their space: While in a relationship, it isn't uncommon to want to know what your partner is up to throughout the day. However, after a break-up you no longer need to know what your ex is doing all the time. Constantly checking in on them may cause some unnecessary tension.

Related Link: [Selena Gomez Calls New Celebrity Love Zedd 'Harry to my Sally' on Instagram](#)

2. Let old arguments go: Once you two are no longer a couple, all the fights and bickering that used to happen aren't

important anymore. Try to forget any grudges you may have and start this new friendship with a clean state.

Related Link: [Austin Mahone Denies Dating Selena Gomez](#)

3. Be okay without them in your life: Sometimes exes don't want to have a friendship once the relationship is over, and that's okay. You shouldn't force a friendship with them, it will only cause drama and cause a wider gap between you two.

How were you able to maintain a civil relationship with you ex? Share below.

'The Bachelorette' Stars Britt Nilsson and Brady Toops Go Public with PDA





By [Courtney Omernick](#)

It looks like Britt Nilsson isn't wasting any time when it comes to a celebrity relationship. [UsMagazine.com](#) recently reported that Britt and Brady Toops are involved in a celebrity relationship. Sources also say that the two are going strong and showing their love through Instagram.

This Bachelorette duo is in hiding no more! What are some ways to use PDA to go public with your relationship?

Cupid's Advice:

"PDA" can be known as a touchy phrase. There are some that are ok with a little bit, and others who absolutely dread seeing couples all over each other. If you're one of those people who don't mind a bit of PDA, below is some love advice on how you can incorporate it into going public with your relationship:

1. Get noticed: Is there a specific place where your friends usually hang out? What about the local park? If you want people to start noticing that you're with someone, bring the PDA to a well-known area in town.

Related Link: [Former Bachelor Ben Flajnik Was 'Not Happy' With Courtney Robertson's Tell-All Book](#)

2. Use Social Media: Just as Britt and Brady did, post your PDA pics on Instagram, Facebook, Twitter, etc. But, remember, keep it classy.

Related Link: [Find Out 'The Bachelorette' Kaitlyn Bristowe's Worst Date Moment So Far](#)

3. Snapchat: What better way to instantly make an announcement to a selected group of individuals than Snapchat? Send a PG PDA pic to your favorite Snapchat followers.

Share your love advice with our readers. What are some ways you've used PDA to go public with your relationship?

Comment below!

Celebrity Exes Emma Stone & Andrew Garfield Are Spotted Together Post-Split





By [Courtney Omernick](#)

It looks like these celebrity exes may be getting back together! [UsMagazine.com](#) has recently reported that Emma Stone and Andrew Garfield were spotted on May 23 grocery shopping in Beverly Hills, California. Although, this isn't their first time hanging out together since their split in March. This former celebrity couple was also seen holding hands and grabbing pancakes at Malibu Farm recently.

These celebrity exes may be back together! What are some things to consider before reuniting with an ex?

Cupid's Advice:

Especially if you've invested a lot into your previous relationship and love life with your ex, it can be hard not to return to that relationship. However, it isn't always a good

idea to rekindle an old flame. Below is some love advice and items to consider before reuniting with an ex:

1. Why did you break up?: Sometimes, horrible things happen that cause a breakup. If you want to reunite, consider what happened and why things ended. Are you willing to forgive your ex?

Related Link: [Are Celebrity Exes Emma Stone and Andrew Garfield Back Together?](#)

2. Why do you want to reconcile?: If it's out of love and admiration, you might be able to make it work a second time. However, if you're getting back together out of necessity, it's time to move on.

Related Link: [Emma Stone is Caught Carrying Andrew Garfield- Labeled Bag Post Celebrity Break-Up](#)

3. Can you be friends?: Most couples and celebrity couples alike are together because they not only love each other, but they also like each other. If you don't even like the other person, chances are, you won't be sticking around for the long haul.

What are some other items to consider before reuniting with an ex? Provide our readers with some love advice, and comment below!

Bristol Palin Feels 'So Blessed' On What Would Have

Been Her Celebrity Wedding Day



By [Courtney Omernick](#)

Surprisingly, Bristol Palin feels “so blessed,” even though her celebrity wedding to Dakota Meyer was canceled. The celebrity couple decided to release a statement on social media about a week before their wedding stating that they would “celebrate life” on their celebrity wedding date instead. According to [UsMagazine.com](#), Palin snapped a photo on her “wedding day” of her son, Tripp, and their dog out on a bike ride.

Celebrity wedding no more! What are some ways to turn a canceled wedding into a rewarding experience?

Cupid's Advice:

Even though this celebrity couple is making it look easy, we're sure this time is still emotional for Bristol and Dakota. We're glad that Bristol is holding her head high and looking on the bright side. With regards to this celebrity news, below are some ways to turn a canceled wedding into a rewarding experience:

1. Take that vacation: If you planned a honeymoon, or booked a ticket to a foreign country, take the time that you set aside for each other as a time to take a break for yourself. Travel, relax, and have as much fun as you can.

Related Link: [Katharine McPhee's Celebrity Divorce: Can You Stay Friends With an Ex?](#)

2. Focus on yourself: Now that your significant other is out of the picture, take time to reevaluate your life and look deep within yourself. What are some areas for self-improvement, healing, etc.?

Related Link: [6 Celebrity Break-Ups that Shocked Everyone](#)

3. See it as an option to give back: Have you wondered what you're going to do with the food you ordered, decorations, etc? You could be like one Atlanta family who donated the four course meal that was supposed to be served at their daughter's wedding to 200 homeless individuals in 2013. Talk about a way to give back!

With this celebrity news piece in mind, what are some ways you can turn a canceled wedding into a rewarding experience? Comment below!

Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?



By [David Wygant](#)

Take a look at all of the [celebrity couples](#) out there that don't make marriage a priority in their relationships and

love: [Kourtney Kardashian](#) and Scott Disick, [Jennifer Aniston](#) and Justin Theroux, Goldie Hawn and Kurt Russell. Does that mean that you have to do what these famous couples do? Per my expert relationship advice, no one should ever follow the example of a celebrity. A celebrity is just someone who happens to have lucked into a career – who had enough talent, timing, connections, or serendipity. Look at Kardashian, for instance. Her lack of talent is painfully apparent, but her mother is an absolutely brilliant marketer. She was able to get a terrible reality TV show on the air and capture the public's morbid curiosity...and the rest is history.

Related Link: [Why Kourtney Kardashian and Scott Disick Don't Need to Get Married](#)

Expert Relationship Advice About Marriage

You need to stay on the path of your own life and follow your heart. Marriage is something that is definitely, in today's day and age, different than it's ever been before. As a relationship expert, I find that most people who get married these days don't have the patience to stick it out. And why is that? Because the word "commitment" doesn't mean what it used to. When people used to get married, it was "for life." The term "'til death do us part" was used because people got married very young and died young too, so death was usually what parted them.

I can't tell you whether to get married or not, and I can't tell you whether it's irrelevant for you. My expert love advice is simple: You need to search deep inside and ask yourself, "What do I want out of life?" Do you want to get married? Do you want to have children? Do you want to raise a family? You have to decide what *you* want to do based on who you are as a person, not based on the story your parents

passed on to you and not based on the expectations of others or some fairy tale you heard as a kid. After all, marriage is not for everyone.

Related Link: [Bristol Palin Cancels Celebrity Wedding](#)

I've met a lot of young people who have no interest in getting married. As a matter of fact, they have no interest in having a family. All they want to do is enjoy life. Marriage is great, but it takes two people to grow and learn, step outside themselves, and be willing to love somebody unconditionally. If you don't have that in a relationship and you're not willing to be vulnerable or to make sacrifices, then my expert relationship advice is that marriage *is* irrelevant for you.

If you take two self-absorbed individuals and throw them into a relationship and love, you have two people who are afraid to work on themselves, and the marriage will never last. Think about what you really want because, at the end of the day, this journey of life is all about you. Write down how you want to spend your time. Write down how you feel about marriage, children, etc. And then date accordingly. You'll find plenty of people who feel the exact same way as you!

David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked and speaker](#). Through his boot camps, personal coaching and his [website](#), his advice has transformed the dating lives and relationships of hundreds of thousands of people from every corner of the globe.

Rumored Celebrity Couple Taylor Swift and Calvin Harris Kiss and Hug at 2015 Billboard Awards



By [Courtney Omernick](#)

Rumors have been floating for ages about a new celebrity relationship for Taylor Swift. Finally, fans have their answer! This past weekend at the Billboard Music Awards, Taylor hugged and kissed her new celebrity boyfriend, Calvin Harris, before going up on stage to accept her award, reported [E! Online](#). It looks like we have a new celebrity couple in town!

This new celebrity couple will be publicly confirmed before long! What are some ways to go public with a new relationship?

Cupid's Advice:

Relationship advice comes from left and right these days, and it may seem obvious as to what is best for you. But, if you're not sure how to open up to the public about your new relationship, take some tips:

1. Facebook: Living in a digital age, this one might be obvious. But, if you want to reach the highest amount of your friends at once, why not announce on Facebook?

Related Link: [Latest Celebrity News: Taylor Swift Jams Out at Boyfriend Calvin Harris' Concert](#)

2. Snapchat: If you're looking for a quick announcement, why not try snapchat? Snapchat may also give you a larger audience, and the brief message may cause some curiosity.

Related Link: [Celebrity News: Leighton Meester Says She's Never Been Dumped](#)

3. Text: If all else fails, try a mass text: This may be a good option if there are a lot of people asking when you're going to get into a relationship, and it'll help keep things short and sweet.

How have you gone public with your new relationship? What relationship advice do you have for our readers? Comment below!

Dating Advice: How to Get Out of the Friend Zone



By Molly Jacob

You go to the movies together, you grab lunch all the time, and you two know each other's secrets. You want to take your friendship to the next level of relationships and love, but that's all you are – just friends. Sound familiar? If so, you may be stuck in the “friend zone.” Being in the friend zone means that you are romantically interested in someone who just views you as a friend.

See what dating advice Cupid has to help you get out of the friend zone!

1. Evaluate your relationship.

If you two are friends, there must be a reason why you two get along. You probably have similar interests or senses of humor, so you could have a chance of finding love in your friendship. But really take a look at your friendship and figure out why your romantic interest only views you as a friend. Does he talk to you about all the other girls he finds attractive? Does she tell you in great detail about all the dates she's been on? He or she may simply view you as a confidant, not someone they could imagine themselves dating. Dating advice: show how you can be more than just a friend! Show your friend a different side of yourself; it's always good love advice to show your best self to those you want to pursue.

Related Link: [When It's Best To Keep It in the Friend Zone](#)

2. Say how you feel.

This may be the hardest but also more important part of getting out of the friend zone. You may think you've been dropping hints here and there that demonstrate your affection, but you can't assume that your friend knows about your crush unless you tell him or her yourself. Let your friend know that you have been thinking of them less as just a friend recently and more in the area of relationships and love. Once you admit your feelings, give your friend plenty of time to process your love confession because it may be a shock to them.

3. Be your own person.

So you've admitted your feelings to your crush and you're giving them time to process this change in your relationship. Don't let that stop you from living your life! It's known love advice that people are attracted to others who seem to be

having fun with their lives, instead of waiting around and being clingy. Go hiking with friends and go out to eat downtown instead of just waiting by the phone for your friend to call you. Show your friend that you have your own life, and that they'd be lucky to be a part of it!

Related Link: [David Arquette Says That He's Entered the Friend Zone with Courteney Cox](#)

4. Accept your friend's feelings.

As much as you want to take this friendship to the next level, you two may just not be meant to be. Don't be upset if your crush doesn't want to date you – you may not be their type or they might not be looking for a relationship at all. Devote your romantic energies pursuing other people in your life and look for relationships and love elsewhere. Dating advice: don't get hung up on just one unrequited love. They're probably missing out by not dating you!

Have you ever gotten out of the friend zone? What advice helped you? Let us know by commenting below!

'American Crime' Actress Gwendoline Yeo on Relationships and Love: "You Have to Have Similar Hearts"





By [Sarah Batcheller](#)

Gwendoline Yeo captivates audiences with her ability to capture the essence of every character she plays. She is best-known for her roles on *Desperate Housewives*, *Broken Trail*, and most recently, ABC's *American Crime*. While her comedic virtue keeps fans coming back, it's her knack for expressing deep human emotions that is truly unforgettable. The Singapore native is an outstanding example of a female actress whose undeniable talent demands reverence. In addition to her television roles, she has crafted her own one-woman show that reminds us all about the power of inner strength. In our exclusive celebrity interview, Yeo opens up about the representation of women in the entertainment industry, her booming career, and, of course, all things [relationships and love!](#)

***American Crime* Star Discusses the Role of Women in the Entertainment**

Industry

The actress believes that the entertainment industry should always work to increase the number of empowered female roles, particularly when it comes to women of color. During her time on *Desperate Housewives*, she recalls the ways in which the media would miss the point and celebrate women for things other than their acting talent. “I remember that there was a cover story about Eva Longoria saying something like, ‘Mexican Latina Explosion!’ Eva was like, ‘What explosion? It’s just me,’” she says.

Related Link: [Eva Longoria Says She’s Not Angry About Ex Tony Parker’s Affair](#)

She explains the importance of a diverse representation in the TV world by saying, “You’ve just got to keep working at diversity. I do think that many networks are trying to get there. *American Crime* is such a diverse show, and ABC as a network has such a diverse roster.”

She then adds, “It’s also not just about being in front of the camera. It’s important for people to want to be *behind* the camera directing and writing these roles. With all of that being said, I don’t think I work any less than other actresses. I’ve been very fortunate, and half of the roles I have booked have not been race specific. I still believe that talent and authenticity win in a room.”

As far as the behind-the-scenes work goes, the *Desperate Housewives* veteran explains that women are often times harder on her, but she describes that as “a joyful challenge” because, all-in-all, they understand each other.

Yeo is currently working on transforming her one-woman show, *Laughing With My Mouth Wide Open*, into a screenplay. The show details the true story of her journey from abuse and suppression to freedom and happiness, and her goal is to

connect with her audience through art. “I feel that, often times, when you expose yourself, people are actually very accepting because everybody has their own shame about things,” the actress-turned-producer explains. “I really wanted to impact younger women. I had a lot of women come up to me, and while none were very vocal, I think they were like, ‘Wow, I learned something.’”

She continues, “I wanted to prevent people from getting into situations where they feel compromised. Whenever people are victimized in certain ways, they always wonder, ‘Did I cause it?’ But I don’t feel that’s the case.”

Gwendoline Yeo Gives Relationship Advice to Fans

Although there was a time when her parents disagreed with her career choice, Yeo changed their minds when she realized that acting gave her a sense of wholeness. “In any family, you want stability for your children. When we came over to the states, my dad was making twenty to thirty thousand a year, and my mom sold sewing machines at five dollars an hour. All the while, they were putting us through Catholic school. They were doing their best, so I felt indebted to them,” she candidly shares in our exclusive celebrity interview. “Eventually, though, they came around completely. When I found a sense of self-esteem through acting, they had to respect it.”

Of her desire to act, she reasons, “Some people choose the art of creativity because it makes them process things and it makes them more stable people. There’s nothing more important than emotional health.”

Related Link: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

Sharing her best relationship advice – a tip that applies to

both family relationships and romantic partnerships – Yeo says, “I think that when you are your authentic self and when you’re moving with a purpose – I think that’s the gift that God gave me, to make people feel less alone and entertain people – people cannot deny your self-confidence. People respect it.”

When it comes to sharing her life with someone special, the actress offers sound knowledge on how to balance love with a busy career. “It’s something that I still struggle with! When you are a successful woman, I think communication is important. You have to be able to communicate, navigate, and not be selfish. You’ve also got to realize that any time is quality time. It doesn’t have to be something romantic. If you have four hours, just kick it!” she insists. “I also think you have to have similar hearts. Whether it be a passion for creativity, giving, or kids or even a racial connection, there needs to be an anchor. Whatever that ‘thing’ is – that centripetal force.” While she hasn’t had a celebrity relationship and prefers to keep her love life private, she does believe that “kindness, authenticity, and manners” go a long way.

For more from Gwendoline, visit GwendolineYeo.com and follow her on Twitter @GwendolineYeo and www.facebook.com/GwendolineYeoOfficialFanpage.

**Jennifer Lopez Makes
Celebrity Ex Casper Smart Her**

#ManCrushMonday



By Maggie Manfredi

These exes are definitely more hot than cold! According to UsMagazine.com, [Jennifer Lopez](#) made her [celebrity ex](#), Casper Smart, her “#ManCrushMonday” on May 11th. The sexy superstar captioned the Instagram photo, “#MCM @beaucaspersmart #lovethispic #HandsomeBear.” The celebrity exes ended things in June 2014, but have been spotted together on multiple occasions since the public dissolution. No official report on if the celebrity couple is back together at this time.

Rumors are swirling that these

celebrity exes are back together! What are some things to consider before reconciling with your ex?

Cupid's Advice:

Back and forth with an ex can be emotionally draining. Here are some way to decide if reconciling is right for you:

1. How did things end: Reflect back to your break-up. Was there a lot of turmoil and chaos leading up to the inevitable end or was it peaceful and friendly? This alone might be a good indication if it is a good idea to try again.

Related Link: [J.Lo's Ex Seeks Revenge on 'American Idol'](#)

2. Fun verses drama: Cupid uses the scale 70/30 to measure the worth of a past relationship and love. Fun, love and happiness together should be the 70 percent. Arguments and hardships would make up that 30 this should hopefully be the max. If you feel like bad times outweigh the good then you should maybe rethink getting back together.

Related Link: [Celebrity Trademarks Offer Dating Advice For Singles](#)

3. Future is bright: Look into your future, do you see your ex as a potential life partner sharing important milestones that you wish to live out. If certain steps (having children, getting married, moving in together etc.) were holding you back in the previous relationship, how can you be sure this time will be any better? Be sure to have open and honest communication before making any sudden movements.

Do you think this couple is back together or still exes? Share with us below!

Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?



By [Dr. Jane Greer](#)

Famous couple [Brad Pitt](#) and [Angelina Jolie](#)'s [celebrity marriage](#) has been reinvigorated by couples' counseling. Although things are on the mend now, there was trouble in paradise less than a year after they tied the knot. Not only did Brad see ex Jennifer Aniston alone, but he also didn't accompany Angelina to the Critics' Choice Awards in January. After months of fighting, they decided to seek the help of a

therapist.

Now they plan to always keep counseling in their lives, because they say it has transformed their marriage and helped them fall in love with each other again. And they are not alone.

Cameron Diaz and Benji Madden have enlisted some outside support after just five months of marriage, as they work to put a strong foundation beneath them. This proves that it is never too early to get help.

Related Link: [Brad Pitt and Jennifer Aniston Are Scheduled at the Same Film Festival](#)

The secret to having a lasting relationship and love life is to not let the anger and resentment build up to the point where it drives you apart. A lot of people don't realize that a lasting union is full of angry and questioning feelings which go hand in hand with the adoring ones, not unlike a seesaw. I call them "love you, mean it" and "hate you, mean it" moments, which I talk about in my book *What About Me? Stop Selfishness From Ruining Your Relationship*.

Related Link: [Brad Pitt Confirms Celebrity Wedding with Angelina Jolie Will Happen 'Soon'](#)

It is natural to shift in and out of these emotions. The challenge is to make sure the positive ones always balance the negative ones so that they don't consume you. The goal is always to continue to or to get back to loving and feeling connected to your partner. What happens, though, when that

becomes more and more difficult to do, and you aren't able to get past the anger anymore? How do you know when it is time to bring in a trained professional to help you sort out the issues?

Even in today's sophisticated age, people are often reluctant to air their marital problems with an outsider, especially when it comes to sexual troubles. There are many reasons for this which include feeling embarrassed, the fear that you think something is really wrong with you or your partner, the concern that you will be told there is something wrong with your relationship that is unfixable, or maybe you do want to go but your partner doesn't. There are also those people who think that because the idea of divorce hasn't come up things can't be that bad, so you don't really need help.

It is terrific that Brad and Angelina realize and appreciate that they have a big relationship, sometimes even bigger than the two of them, and they were able to seek assistance from a counselor who can help them deal with their issues. The same is true for Cameron and Benji. You certainly don't have to be a celebrity to have issues that can weigh down your relationship and start to interfere with the love you share, but they are good examples to follow. If you are resisting therapy, try to shift your way of thinking. Know that there isn't anything wrong with you or your partner, but there is something in your connection that warrants finding help and relief. Allow your fears to propel you forward instead of holding you back. Your seeking help is not a sign of weakness in any way, but rather a measure of strength, courage, and commitment to your relationship. It proves that you care enough to not give up and find what it takes to make things better.

Keep in mind that making a relationship successful is work. If you don't do that work now, you will have to do it later either by taking your marriage apart or learning to live with unhappiness. Why not spend that energy working to find a way

to stay together and live happily? A therapist can help a couple learn to communicate and identify the problem areas in their relationship, so that they can learn how to compromise and put the pieces back together. Brad and Angelina seem to be doing just that. They appear strong and are a positive testimony to the value of knowing when to get help and getting it. Hopefully the same will be true for Cameron and Benji.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy.

George Clooney Says His Sports Obsession 'Kills' Celebrity Love Amal Alamuddin





By [Katie Gray](#)

A celebrity love life sometimes deals with the same issues as a non-celebrity relationship and love life. Recently, [George Clooney](#) admitted on Mario Lopez's *Extra* that his obsession with watching sports "kills" his celebrity wife, Amal Alamuddin. While she isn't a fan of all of the sports he watches, he is a fan of her sense of fashion. The celebrity couple stunned at the MET Gala in New York. According to [UsMagazine.com](#), "Talking about the couple's appearance at Monday, May 4's Met Gala, the proud husband gushed about his wife's passion for fashion."

Even this celebrity love life experiences the occasional annoyance! What are some ways to cope with your partner's

differences?

Cupid's Advice:

There's no getting around differences between you and your partner in your relationship. Cupid has some ways to deal:

1. Be open: In life, it's important to be open to things that don't necessarily suit your interests. You will get more enjoyment out of life and have better experiences if you are open minded to change and to trying new things! Be understanding, because it's something that is important to your partner.

Related Link: [George Clooney and Amal Alamuddin Have Civil Ceremony in Venice](#)

2. Participate: Join in on the fun! You may not have tried something before that your partner likes, but give it a whirl. It shows you care, will mean a great deal to them and you probably will discover that you too enjoy it!

Related Link: [Famous Couple George Clooney and Amal Alamuddin Enjoy NYC Food Tour](#)

3. Combine both interests: Being in a relationship and love means combining the both of everything in your worlds. The same thing goes for when you get married. What is yours becomes theirs, too, and what is theirs becomes yours as well. Take this into account for activities and interests that you each have. Find a balance between doing what each of you enjoys!

What are some other ways to cope with differences between you and your partner in a relationship? Share your thoughts below.

Matthew McConaughey Credits Celebrity Wife Camila Alves for His Happiness



By Meranda Yslas

Working in Hollywood isn't an easy task. There are long hours, meaning sometimes you will be away for weeks or months at a time. For Matthew McConaughey, he is able to endure this thanks to his celebrity wife Camila Alves. According to [E! Online.com](#), the actor shared, "Now I get to wake up next to someone who I know loves me the way she does-my wife-who gave birth to our three beautiful, healthy children." Being a celeb

and a parent can be tough, but the *Dallas Buyers Club* star hopes that it will be a learning experience for his kids. “What they learned is not that if you go to work you get a trophy, but if you do something really good today, you can be rewarded for it later.”

This celebrity wife sure isn't lacking an appreciative husband! What are some ways to show your thanks to your partner?

Cupid's Advice:

It's not only celebrity wives who get praised; all partners should! When you've been in a relationship and love for a while, it can be hard to think of new ways to show your partner that you appreciate them. Here is Cupid's love advice on showing thanks to your beau:

1. Pen and paper: With sending a quick email or text becoming the new norm, hand written letters are becoming obsolete. Break out the stationary set, and write your partner a sweet love letter, including how much you appreciate them. This small gesture can mean a lot.

Related Link: [Matthew McConaughey's Kids are Excited to Have a New Sibling](#)

2. Return the favor: One way you can show your partner that you appreciate them is by doing a random act of kindness. Surprise them with a special cooked dinner one evening or offer to take the kids to school even if it's their turn.

Related Link: [Matthew McConaughey and Camila Alves Move to Texas](#)

3. Saying 'Thank you': While in a romantic relationship, sometimes the words 'thank you' are forgotten. Show your mate that you do notice them by simply saying aloud why you appreciate them. Just hearing those words can make your partner feel good.

How do you show your partner that you appreciate them? Share below!

Famous Couples Share How They Celebrate Mother's Day



By [Courtney Omernick](#)

While so many [celebrity couples](#) will be celebrating Mother's Day this year, either for the first time or for the 8th time, Cupid got to take a look inside a few famous couples' Mother's Day festivities.

Here are some ways our favorite famous couples celebrate Mother's Day:

1. Jessica Alba and Cash Warren: Jessica, Cash, and their daughter, Haven, keep things casual on Mother's Day. This family loves going to brunch.

Related Link: [Get Details on Nikki Reed and Ian Somerhalder's Sunset Celebrity Wedding](#)

2. Camila Alves and Matthew McConaughey: Camila and her daughter, Vida McConaughey, leave Matthew at home. These girls spend Mother's Day in style by jewelry shopping in NYC.

Related Link: [Prince William and Kate Middleton Celebrate 4th Celebrity Wedding Anniversary While Awaiting Royal Baby](#)

3. Hilary Duff and Mike Comrie: Who knows what's in store for Hilary this Mother's Day, as she is newly single celebrity. But, typically, it's a warm Mother's Day for the celebrity mom. Hilary and her son, Luca, were spotted soaking up the sun's rays in Mexico last year.

4. Channing Tatum and Jenna Dewan-Tatum: Channing and his wife, Jenna, keep this special holiday a family affair. They spend their time with their daughter and Channing's mom.

5. Halle Berry and Olivier Martinez: This celebrity couple spends Mother's Day enjoying lunch with her children in sunny Los Angeles.

How do you and your mom spend Mother's Day?

Relationship Expert Shares Must-Dos for Career Women



By [Sandra Fidelis](#)

What's a driven career woman to do when she's looking for a [relationship and love](#) life while simultaneously balancing the demands of a busy professional life? Some say that dating is like having a second job, but your journey to love doesn't have to feel like a burden.

Relationship Expert Shares Must-Dos for Career Women Looking for Relationships and Love

Hilary Duff, star of the series *Younger*, is now a single celebrity mom after her separation from husband, Mike Comrie. Duff is in the process of reviving her acting career after taking some time off to start a family. But now that she's back on the market as a single celebrity and career woman, what can she and other singles like her do to meet a great guy? Sandra Fidelis, a relationship expert, says that there are four must-dos for a career woman to find love again:

Related Link: [Expert Love Advice: What to Do If Your Job Intimidates Your Partner](#)

1. Expand your social circle – It may be difficult for you to expand your social circle. Maybe you have a great set of friends and co-workers that you hang out with on a regular basis and there are no eligible men available. Well, if you're not meeting many any bachelors through your current circle of friends, you should find ways to branch out and do activities or join clubs where you don't know anyone. This is the best way to increase your opportunity to meet Mr. Right.

2. Focus on self-care – It's easy to get caught up in the rat race and let your self-care routine fall by the wayside. Taking care of yourself, mind, body and spirit will make you much more attractive to men and you'll look and feel great. Hilary Duff recently showed off her toned body in *Shape* magazine where she talked about how she stays in shape by switching up her exercise routine. Take a hint from this single celebrity! Your self-care routine should definitely include some regular exercises that you find enjoyable. In addition, yoga, meditation or regular massages are great ways to unwind and connect with your magnetic feminine energy.

Related Link: [How to Balance a New Relationship and Love with a Booming Career](#)

3. Take part in activities you enjoy – You can expand your social circle and meet new people by taking part in activities you love. If you're a busy woman whose main focus is work, you'll be able to connect with other like-minded people (including men) and it will also allow you to cultivate a richer and more enjoyable life – which makes you a more attractive woman.

4. Try online dating or work with a matchmaker – Many women cringe at the thought of going online to meet a partner, but if you're a busy career woman looking for a committed relationship and love life, going online or hiring a professional to introduce you to potential matches may be an effective way to meet people you may never have the chance of meeting otherwise. Take Duff for example, it's recently been reported that the starlet took to Tinder. Although many think it's a fake account (and it may very well be), celebrities are no strangers to using a more discrete method such as a matchmaker and "outsourcing" their dating search. You might consider getting online or outsourcing your love life too if your career demands make it hard for you to meet great men.

[Sandra Fidelis](#) is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.

Bruce Jenner's Ex-Celebrity Wife Reacts to ABC Special



By [Jessica DeRubbo](#)

[Bruce Jenner](#) left it all on the table in the recent ABC special where he confirmed the truth about his gender identity. In the highly anticipated 20/20 episode with Diane Sawyer, the Olympic athlete discussed his transition from male to female. According to [UsMagazine.com](#), his ex-celebrity wife, Chrystie Crowover, was by his side during the airing of the special. Crowover spoke to *Good Morning America* on April 27th about her thoughts on his transition, saying, "It was just kind of surreal. It was great because the family was together and that's what I'm most proud of." Jenner told Sawyer that Crowover was the first to know about his gender identity

issues. “Understandably, I was speechless. I didn’t really know what to say. I was really pleased that he shared that intimacy with me, that he trusted me with his deepest darkest secret.”

Bruce Jenner kept his gender identity a secret from celebrity ex-wife Chrystie Crownover for quite some time. What are some reasons to keep a secret from your partner?

Cupid’s Advice:

Sometimes keeping a secret is good in a relationship and love, while other times it can destroy a good thing. Cupid has some reasons to keep a secret from your partner:

1. It would unnecessarily hurt them: If by keeping a secret, you’re avoiding hurting your partner, sometimes it’s okay to do so ... of course depending on what that secret is. For instance, if your partner asks if she looks heavy in a white pair of skinny jeans, it’s probably in your best interest to avoid affirming the concern. This type of secret doesn’t hurt your partner; whereas telling her may hurt her feelings.

Related Link: [Find Out Why Kris Jenner Is ‘Livid’ at Bruce Jenner](#)

2. It has nothing to do with them: If you have a secret that does not affect your partner, then you may want to simply keep it. Perhaps a secret pertaining to your family comes out; it’s not your responsibility to enlighten your partner unless you want to do so.

Related Link: [Kris Jenner Officially Files for Divorce from Bruce Jenner](#)

3. It's someone else's secret: If a friend tells you something in confidence, you're not obligated to tell your partner. In fact, it's probably best not to do so, as things like that easily spread. If the secret doesn't affect them and is someone else's secret to tell, don't feel bad about keeping your partner in the dark.

What are some other reasons to keep a secret from your partner? Share your thoughts below.

Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"





Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

Fans may recognize Brooke Burke-Charvet from her time on the reality TV show *Dancing with the Stars*, but she's come a long way since then. She is married to musician and actor David Charvet and spends much of her time with her family, promoting a healthy lifestyle. In our [celebrity video interview](#), Executive Editor Lori Bizzoco chats with the actress and model about her relationship and love life, motherhood, and her busy career, including her current partnership with Walgreens for Red Nose Day.

Related Link: [Brooke Burke-Charvet Shares Love Life Secrets](#)

Brooke Burke-Charvet Talks Red Nose Day in Celebrity Video Interview

Celebrated for over 25 years in the UK, Red Nose Day has been a day dedicated to raising money for underprivileged children and families. On Thursday, May 21, the event will take off for the first time in the United States and include a night full

of comedy, music, and fundraising that will help 12 charity organizations lift children and young people out of poverty, both in the U.S. and throughout the world. Burke-Charvet decided to partner with Walgreens for this fundraiser because she likes that “it’s really about children and young families.” Just buying the red rubber nose for one dollar at Walgreens will have an impact: “That money is going to go and make a difference for a lot of different causes – the Boys and Girls club of America, United Way, Feeding America,” the actress says.

As the mother of four children herself, she understands that teaching her celebrity kids generosity and charity is an important lesson. The model reveals that leading by example is the best way to teach your children that hard lesson. “It’s really interesting for them to be able to see it and understand it,” she shares in our celebrity video interview. “You can teach them to be generous and to give.”

Of course, fans remember the health scare that Burke-Charvet faced after being diagnosed with thyroid cancer in 2012. Now, she says, “Everything’s good. My health is perfect.” Her experiences and health issues have helped her recognize that “there’s somebody else somewhere who’s struggling with similar issues.”

Related Link: [Brooke Burke-Charvet Finally Weds David Charvet](#)

Television Personality Talks About Her Relationship and Love Life

Although she’s a busy celebrity mom, she makes sure to prioritize her relationship and love life. “We carve out time for each other, which is super important,” she says of her marriage, “even if it’s just having lunch while the kids are at school.” When their schedules permit, the famous couple’s favorite date night is eating at a local restaurant

in Malibu. “We cook so much that sometimes it’s nice to be served a meal!” she divulges.

You can keep up with Brooke Burke-Chavet on Twitter @brookeburke or her blog, www.modernmom.com/

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Hollywood Couple Blake Lively and Ryan Reynolds Battle for Daughter’s First Word





By Meranda Yslas

New celeb parents, [Hollywood couple](#) Blake Lively and [Ryan Reynolds](#) are competing to see what will be their baby's first word. As told in [People](#), the *Gossip Girl* actress has heard her celebrity love, Reynolds, teaching their daughter to say 'Da-da.' Wanting to make sure 'Ma-ma' is the first word, she joked, "The word 'Da-da' is banned in our house."

It seems that even Hollywood couples squabble about their kids! What are some ways to compromise with your partner when it comes to parenting?

Cupid's Advice:

It isn't only Hollywood couples who get in tiffs about parenting styles, almost all parents are known to do things a

little bit differently than their partners. To make sure you two are on the same page when it comes to raising your little ones, here is Cupid's relationship advice about making compromises:

1. Create a list: If your partner does something in his parenting style that you don't agree with or you find ineffective, sit down with him or her and compile a list of these actions. They can do the same thing, and if you both list a similar action, it can be something you both can work on eliminating.

Related Link: ['Sons of Anarchy' Star Theo Rossi is Expecting Celebrity Baby with Wife Meghan McDermott](#)

2. Don't make someone be the bad guy: It is very common in a couple that one will be the 'nice' parent, who lets their kids eat ice cream before dinner, while the other one is labeled the 'mean' parent, who enforces the rules and puts the kids in timeout. Rather than creating this tension, make sure to share the responsibility of who has to discipline the kids.

Related Link: [Robert Pattinson's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

3. Let the little things go: You will drive yourself crazy trying to control every aspect of you and your partner's parenting style. The little things, like you saying bedtime is 8:00pm while your partner says 8:30, shouldn't cause you to stress.

How do you compromise with your partner about parenting styles? Share below!

Celebrity Couple Predictions: Bobby Flay, Robert Pattinson and Miley Cyrus



By [Shoshi](#)

The latest celebrity news has been filled with hot relationship gossip, including a celebrity marriage coming to an end, a famous couple finding true love, and a pop star who won't be settling down any time soon. Check out my predictions for the three [celebrity couples](#) below and find out what's next in their relationships and love lives!

Latest Celebrity News About Three Celebrity Couples

Bobby Flay and Stephanie March: It looks like the celebrity marriage of Chef Bobby Flay and actress Stephanie March is going up in flames. On television, Flay seems like a nice guy, especially when he's standing behind the grill wearing an apron. On the flipside of that, I have only heard negative things about him that make him sound like a real douche (for lack of a better word). Therefore, some of the claims about him from March are no surprise. If memory serves me right, she left acting to help him with his restaurants.

A "close source" to him says he's heartbroken about his celebrity divorce. When I look at this relationship and love, it looks like he can't get out of it soon enough. Word on the street is that March is not happy with the prenup. Of course, she isn't! When you're in love, money doesn't matter as much, but when the love is over, you want to take them for all that you can. That doesn't make her a bad person; it makes her human. I see other female energy around Flay. I'm not saying he has a mistress, but maybe he put his utensils in someone else's kitchen, if you know what I mean.

Related Link: [Bobby Flay Helps January Jones After a Hit-And-Run Accident](#)

Robert Pattinson and FKA Twigs: Word on the streets is that singer FKA Twigs and actor [Robert Pattinson](#) are engaged. One thing's for sure: Pattinson never looked so happy until this whirlwind celebrity romance. If you look back at some of his photos when he was with Kristen Stewart, he looked a bit miserable.

This famous couple is on a roll and won't be slowing down anytime soon. They are both equally invested in their relationship and love, and I see them going to the chapel and

getting married soon. Pattinson knew that she was The One immediately. When a man finds what he is looking for, he doesn't waste time. They could tie the knot by the end of this year. There is also a bit of baby energy swirling around these two. Within the first year of their celebrity marriage, a little girl just might show up.

Related Link: [April Fools? T-Pain Says Famous Couple Robert Pattinson and FKA Twigs Are Engaged](#)

Miley Cyrus Will Not Announce Celebrity Engagement Anytime Soon

Miley Cyrus and Patrick Schwarzenegger: Where do I begin with this celebrity relationship? It seems like Patrick Schwarzenegger has been spending more time with his "friends" than with [Miley Cyrus](#). Does he only know women? I don't see this relationship ever getting serious. If it does, Cyrus will always be questioning what he is doing with his so-called friends. It's not that Schwarzenegger should stop having women friends, but does he have to *always* look so cuddly with all of them?

Schwarzenegger doesn't seem to want to settle down at all, and Cyrus isn't ready to be married with kids either. They have a relationship that is kind of like the ones you may have had in high school, where the loves lines are always kind of blurry.

For now, the two of them are getting what they need from each other: some fun and frolic. No need to wait for a celebrity engagement announcement from them. This will fizzle out sooner rather than later. The next guy Cyrus dates will be a long-term relationship. As for Schwarzenegger, until he falls in love, he will go through girlfriend after girlfriend.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Famous Couple Jon Hamm and Jennifer Westfeldt Slam Break-Up Rumors



By Maggie Manfredi

They're staying strong! According to UsMagazine.com, famous couple Jon Hamm and Jennifer Westfeldt are rejecting any and all break-up rumors. Hamm's rep stated, "The story that

appeared in this week's edition of *In Touch* magazine is not true. The only gentleman Jennifer visited regularly in Connecticut was Jon, while he was in rehab. They continue to ask for the public's understanding and sensitivity during this challenging time." The Hollywood couple did prove other rumors true recently when Hamm did a 30 day stay in rehab for his alcohol addiction.

This famous couple is denying being on the rocks! What are some ways to avoid letting rumors affect your relationship?

Cupid's Advice:

People are always going to talk. Cupid has some tips to deny the dish like celebrity couple Jon Hamm and Jennifer Westfeldt:

1. Share what you want: When you're talking about your relationship and love life, be sure to only share what you want to be sharing. Rumors can be made up, but they can also start from the source and get twisted and turned into something else. Start by being cautious about what you bring to the public.

Related Link: [Jon Hamm Explains Why He Would Be a 'Terrible Father'](#)

2. Laugh it off: Rumors can be outlandish and just embarrassingly wrong. If they are ridiculous, just brush them off and find amusement in the sheer craziness of it. You know what your relationship means to you and your partner and where you stand, so take comfort in that and let the haters keep talking.

Related Link: [Bobby Flay Helps January Jones After a Hit-And-Run Accident](#)

3. Communicate: Ultimately the most important thing is honest and open communication between you and your partner. Stand by each other, defend each other, and just have fun together. Give them something good to talk about!

How do you keep the rumors at bay? Share your advice below!

Kaley Cuoco Slams Ryan Sweeting Celebrity Divorce Rumors





By [Rebecca White](#)

As Taylor Swift says: “Haters gonna hate, hate, hate, hate, hate.” According to [UsMagazine.com](#), the latest celebrity news and gossip has to do with *The Big Bang Theory* star Kaley Cuoco’s relationship and love life. Cuoco has faced constant rumors about her marriage to athlete Ryan Sweeting after their whirlwind romance. The famous couple tied the knot after dating for only three months and have been married for over a year, despite the celebrity divorce rumors. The actress took to social media this weekend to address the gossip, captioning an Instagram photo with this: “So all of you who take it upon yourselves to trash our marriage, daily workings of our relationship and everything in between, go ahead and keep doing it, cause it only makes us stronger – if you were smart, you would take a look at your own marriage, relationship, job etc., instead of focusing on someone else’s. You might be surprised at what you find. ‘You know my name, not my story.’”

How can gossip like Kaley Cuoco's celebrity divorce rumors help to strengthen your relationship?

Cupid's Advice:

Do you get worried when you hear that your favorite actress or actor is facing celebrity divorce rumors? If you do, don't worry, because if their love is true then it will only bring them closer together, like Cuoco and Sweeting. Here's how rumors can actually strengthen your relationship and love life:

1. You'll lean on each other for support: When your relationship is being attacked via rumors and gossip and you both know that they are untrue, it will make you lean on your significant other in ways you never have before. You'll learn to support each other in different ways which will bring you closer together.

Related Link: ['Big Bang Theory' Co-Stars Kaley Cuoco & Johnny Galecki Secretly Dated](#)

2. It will make you communicate: People like to give their two cents about everything and when they do, it will make you communicate with your partner regularly so that you are never caught off guard with gossip.

Related Link: [Kaley Cuoco Is Engaged to Josh Resnik](#)

3. It's your little secret: The only two people in the world who understand what is going on in your love life are you and your partner. You may just end up bonding amid false accusations because in the end you can just laugh at the gossip that you know is untrue. Take comfort in the fact that no one really knows what's going on and that's why the rumors exist in the first place.

What are some other ways rumors can strengthen your relationship? Comment below.

Kendrick Lamar Celebrates Celebrity Engagement to High School Sweetheart



By [Katie Gray](#)

Rapper Kendrick Lamar confirmed on April 3rd that he is in fact engaged to his highschool sweetheart, Whitney Alford. According to [UsMagazine.com](#), the Grammy winner said, "At the

end of the day, you want to always, always have real people around you, period. Whether it's male or female, and everybody that's been around me, they've been around since day one... I always show respect when respect has been given, and people that have been by your side, you're supposed to honor that."

This celebrity engagement was a long time coming. How do you know if your relationship has staying power?

Cupid's Advice:

Whether you have been in a relationship and love with someone for a long time or you just started dating them, you very well may be thinking about the possibility of an engagement down the road. It's important to take a step back and think about what you want for the future in terms of your relationship:

1. Committed: When you and your partner are fully committed to one another then your relationship highly has staying power. If you both are devoted to one another, and more importantly each other's happiness, then it is very likely that it will last!

Related Link: [Favorite Celebrity Engagement Rings](#)

2. Exclusive: Sometimes people date more than one person at once, because they don't know who they want to be in a relationship with or who they like. When you and your partner decide to be exclusive in your relationship and only see one another, then you probably have a good chance of making it if you both enjoy each other.

Related Link: [Nick Jonas Scares Girlfriend Olivia Culpo With Prospect of Celebrity Engagment](#)

3. Emotionally available: A lot of relationships don't work out because one person was emotionally unavailable and the other partner was. If both people in the relationship are emotionally available and are actively working on maintaining a happy and healthy romantic relationship, then the relationship lasting is in your favor!

How have you known that your relationship had staying power? Share your stories with us below!

**New Celebrity Couple Alert!
Ryan Adams is Dating Amber
Heard's Sister, Whitney**





By Meranda Yslas

Hollywood has a new [celebrity couple](#)! Singer Ryan Adams is now dating singer Amber Heard's younger sister, Whitney Heard, according to [People.com](#). Just two months earlier, Adams and actress Mandy Moore officially announced their celebrity divorce. Although the celebrity couple had been married for almost six years before the split, they were going their separate ways beforehand. One insider shared, "They really were just two very different people. He's such an introvert, and she may not want her life out there every day, but she's so sweet and friendly and social. Total opposites."

It looks like former celebrity couple Ryan Adams and Mandy Moore are going their separate ways! How do you know when you're ready to

move on from a past love?

Cupid's Advice:

Moving onto a new relationship and love is exciting! However, if you find yourself constantly thinking about your ex, maybe you're not quite ready to start something new. If you need some reassurance that you're over your old fling, here are some signs:

1. Thinking of the future: What do you imagine your life being like in the next three months? Year? Five Years? If in these fantasies and future goals, your ex partner isn't in them, it's safe to say that you've moved on from him.

Related Link: [Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage](#)

2. You've stopped talking about them: It's a tell-tale sign that you aren't over your ex if you find any excuse to bring up their name. Some simple relationship advice: if you want to forget about a past love, don't constantly remind yourself of it.

Related Link: [Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary](#)

3. Excited for love: If you can picture yourself in a new relationship with different people, then your ex isn't a problem anymore. You are free from any lingering feelings that may have stopped you from grabbing fro-yo with your cute coworker.

How did you know you were ready to move on from a past love? Share below!