

# Celebrity News: A New 'Bachelorette' Is Chosen on Finale of 'The Bachelor' with Ben Higgins



By Myesha Cobb

If you saw last night's finale of *The Bachelor*, then you know that there were two winners! Ok, not necessarily, but the situation was a "win win." This [celebrity news](#) made for some great TV as Lauren Bushnell walked away with Ben Higgin's heart to start their new [celebrity relationship](#) together, and JoJo Fletcher walked away as the next *Bachelorette*. According to [UsMagazine.com](#), Fletcher is getting "another chance at love." The second runner-up Caila Quinn, was tapped

to be the next *Bachelorette*, but she ended up not being well liked by viewers. Fletcher, was obviously a fan favorite.

## **In latest celebrity news, there's a new *Bachelorette* in town! What are some unique ways to find love?**

### **Cupid's Advice:**

Finding love can be really hard. Sometimes, you may even feel like giving up. But don't worry, love will find its way into your life at the right time. Here is some relationship advice on unique ways to find love:

**1. Use a matchmaker:** Matchmakers do everything in their power to make sure that they find the right person for you. There is nothing wrong with hiring a matchmaker to find your true love. Besides, people usually say that they will do anything for love, right?

**Related Link:** [Expert Dating Advice: Why Using a Matchmaker is Better Than Dating on Your Own](#)

**2. Get out more:** Sometimes we find love in the most unpredictable ways. You might meet that next true love at a book store, at a yoga class, or even at a party. Step out of your comfort zone and find what you've been looking for.

**Related Link:** [Relationship Expert Talks Striking Up Party Conversation](#)

**3. Create an online dating profile:** Welcome to the 21st century. Dating websites such as *Zoosk*, *Match* and *eHarmony*, are just some of the top dating websites that people find love on every day. Trying something new on your quest for love can be exhilarating; don't be afraid to experiment!

What are some unique ways that you found love? Share your love advice in the comments below!

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# Celebrity News: Ben Higgins Has Found Love on 'The Bachelor'



The latest [celebrity news](#) introduced a new celebrity couple last night on reality TV show *The Bachelor's* season finale. Fans have been wondering who Ben Higgins was going to pick, and even Ben himself was very indecisive the whole finale episode. However, at the end he did propose to Lauren B.

# Celebrity News: Ben Higgins Proposed On The 'The Bachelor'

In the first half of the 3-hour-long finale special, Lauren B. meets with Ben's parents and tells them that their son makes her happy. She even asks for some relationship advice and talks to his mom about how to get through difficult times, since their relationship has been nothing but happiness so far. Lauren B. made it clear to Ben's parents that she is in love with him and is ready to be engaged.

**Related Link:** [Celebrity News: 'Bachelorette' Star Shawn Booth Hangs with Fiancé Kaitlyn Bristowe's 3 Ex-Boyfriends](#)

Now it's JoJo's turn to meet Ben's parents. JoJo, clearly trying to make a good impression, brings flowers and reveals to Ben that she is nervous. With JoJo's one-on-one with Ben's dad, she tells him that she is going to love Ben every day, which Ben's dad appreciates. When Ben speaks with his mom, she says JoJo seems to bring him to a safe place, as the couple has discussed difficult times they've been through and even had some adverse experiences throughout their relationship. After meeting both ladies, Ben's parents discuss what they think of the ladies. Ben's mom acknowledges that they are very different and Ben's dad says Lauren B. is polished, while JoJo is like a best friend. Even after this conversation, Ben still has no idea who he will pick at this point.

**Related Link:** [Celebrity News: The Ladies Tell All On 'The Bachelor'](#)

After meeting the parent's, it's time for the two ladies to go on their final dates. Both wanting answers about how Ben is feeling, he tells them that he's honestly confused. The two do not take this well and both tear up at the fact that Ben could be breaking up with them. When it is finally time to pick who he will propose to, it seems like Ben still doesn't know his

answer. It's not until Neil Lane, the ring designer, comes with the rings that Ben knows who he is finally going to propose to.

JoJo is the first one to face the music. She gives this long speech about how she loves Ben and how he has become her best friend. Unfortunately for her, Ben says he loves her but he loves someone else more. JoJo is astonished and cries the whole way home. Ben is still trying to absorb what he just did but knows that Lauren B. is the woman of his dreams. When it's Lauren B.'s turn, Ben gives her this speech about how much he loves her and she returns the favor. Finally, Ben proposes to Lauren B.

After the proposal, there is a live show where Ben talks to JoJo one last time and says he did love her at the time and still cares for her now. However, he knows that he does love Lauren B. and that he made the right choice. If you remember Ben said last week on the women's tell all that he would get married tomorrow if he could to the lady he picked. So Chris Harrison brought in both of their parents and a pastor so they could get married that evening. However, they decided to wait.

For those who were heartbroken that Ben didn't propose to JoJo, you haven't seen the last of her. It was announced that she will be the next bachelorette on *The Bachelorette* so we will still get to see if she has a second chance at love! We can't wait to tune in May 23rd to watch JoJo find the man of her dreams!

**Were you happy that Ben chose Lauren B.? Share your thoughts in the comments below!**

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# Celebrity News: 'Bachelorette' Star Shawn Booth Hangs with Fiancé Kaitlyn Bristowe's 3 Ex-Boyfriends



By Myesha Cobb

Here is some interesting [celebrity couple](#) news! *The Bachelorette* star Shawn Booth, hung out with fiancée [Kaitlyn Bristowe's](#) exes this past weekend. This pair's [celebrity relationship](#) must be great, because what partner would be fine with their significant other hanging out with their exes? Obviously, the run-in was not intentional, yet it included no

drama whatsoever. In fact, Booth posted a photo with the three exes on his Instagram stating, "You wouldn't smile either if you were at the bar with 3 of your fiancés exes," which was obviously a joke. [EOnline.com](http://EOnline.com) stated that they all went out for a night on the town. Kaitlyn brought along fellow girlfriends Andi Dorfman, Ashley Laconetti and Jade Roper.

## **This celebrity news requires Shawn Booth to put jealousy to the side. What are some ways to combat jealousy in a relationship?**

### **Cupid's Advice:**

This celebrity relationship clearly has no jealousy woes at all. But, how hard is it not to be jealous when it comes to your significant other? Here is some relationship advice on how to combat jealousy in a relationship:

**1. Stay focused on your relationship:** Do not let any outside interference get in the way of your relationship and how you feel about your significant other. Remember that you and your partner are the only ones in your relationship and that should be your main focus.

**Related Link:** [Are Celebrity Couple Emma Stone and Andrew Garfield Overcoming Jealousy?](#)

**2. Let your partner live their life:** Sometimes being jealous means always questioning your partner, their whereabouts and who they are with 24/7. That's not okay. Let your partner live their own life. Being in a relationship means making sacrifices, and one of those sacrifices is remembering that your partner has their own life. Let them live it.

**Related Link:** [Kourtney Kardashian Confronts Khloe About](#)

## [Partying with Scott Disick](#)

**3. Talk to them, don't investigate them:** If you feel like you are becoming jealous about something in your relationship, talk to your partner about it, but don't treat them like they are in questioning at a police station downtown. Remember, your partner is your equal, not your child.

**What are some ways that you have combated jealousy in your relationship? Share your advice in the comments below!**

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# **Celebrity Baby News: 'Once Upon a Time' Star Emilie de Ravin Welcomes Baby Girl**







By Myesha Cobb

[Celebrity couple](#) Emilie de Ravin and Eric Bilitch welcomed their first [celebrity baby](#) together! This couple's [celebrity relationship](#) will never be the same again, since they welcomed baby girl Audrey de Ravin-Bilitch March 12th, 2016. The *Once Upon a Time* actress tweeted the special announcement on Sunday, March 13th. According to [UsMagazine.com](#), de Ravin first went public with her celebrity relationship to Eric Bilitch in summer 2014. This is the couple's first child together.

**This celebrity baby is a dream come true! How do you know if your partner is cut out to be a parent?**

**Cupid's Advice:**

This celebrity couple obviously knew that the time was right to finally have a child together. But how do you know when your partner is ready for that big step? Here is some

[relationship advice](#) on how to know if your partner is cut out to be a parent:

**1. Watch a baby together:** Ask one of your friends to let you and your significant other babysit for a day or two. That way, you will be able to see if your partner is cut out to be a parent by the way that they interact with the child. You will be able to see first hand how good your partner is with children, or how bad they are with them.

**Related Link:** [Weekend Date Idea: Give the Gift of Babysitting](#)

**2. Talk about it:** Simply talking to your partner about having a child one day will let you know where their head is at when it comes to having kids. In the conversation, ask a lot of questions. By doing so, it will lead you to see how great of a parent your partner will be one day depending on the answers that he/she gives.

**Related Link:** [Lauren Conrad Talks Celebrity Babies with Husband William Tell](#)

**3. Talk finances:** Finances play a big role in having a baby. If your partner is doing well financially, that's half the battle right there as to whether or not they are cut out to be a parent. The way that they spend their money and what they spend it on will show you the truth.

**What are some ways that you knew that your partner is cut out to be a parent? Share your advice in the comments below!**

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# Celebrity Couple Gwen Stefani

# & Blake Shelton Expected to Release Duet Together



By Myesha Cobb

[Celebrity couple](#) Gwen Stefani and Black Shelton have some great [celebrity news](#)! The couple are taking their [celebrity relationship](#) to new pitches and are releasing a duet together. The news was confirmed by a source to [UsMagazine.com](#) and the expected duet is likely to come out on Shelton's upcoming 10th studio album this spring. The couple's relationship is supported by their co-star on *The Voice*, Pharrell Williams. Last week on *The Today Show*, Williams said, "It's so beautiful, because being there, I watched both of them go through a lot, you know. You hate to see your friends go through something so heavy, and it's kind of like a miracle, man – just watching that."

# This celebrity couple is indulging in their mutual passion together. What are some ways mutual hobbies can bring you closer together as a couple?

## Cupid's Advice:

Celebrity couples seem to have all the answers for how to keep their interests in sync. But don't fret! Here is some [relationship advice](#) on ways that mutual hobbies can bring you closer together as a couple:

**1. Home improvements:** Do you and your partner like to be handy? Try doing some activities around the house such as painting the master bedroom, gardening, or even remodeling the kitchen. Nothing brings a couple closer together than projects around the house!

**Related Link:** [Celebrity Couple Kim Kardashian & Kanye West Will Renovate Vineyard and Make Their Own Wine](#)

**2. Go to a sporting event together:** This is something that both of you can truly enjoy together. Whether it's NBA *All Star Weekend*, or the MLB pre-season, a sporting event will be fun now and later, as it will create memories to reminisce together.

**Related Link:** [Weekend Date Idea: World Series Weekend](#)

**3. Become avid collectors:** Maybe there is something that you and your partner enjoy collecting. Collect it together! Start a stamp collection, a postcard collection from different places you've both visited together, or even collect seashells from different beaches you've visited together. It's something that will surely strengthen your relationship.

What are some mutual hobbies that can bring you and your partner closer together? Share your love advice in the comments below!

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## Celebrity News: The Ladies Tell All On 'The Bachelor'



By Emily Hoff

In [celebrity news](#) it was *The Bachelor* tell all on reality TV this week. With next week ending in a brand new celebrity relationship, this week the ladies who did not receive the final rose got to say their final thoughts on their

relationship with Ben Higgins. Ben also got to give his final words on the ladies he did not give roses too. The bachelor also gave us insight into his current relationship but did not reveal any clues into whether it will be JoJo or Lauren B.

## Ladies Tell All On 'The Bachelor' In Recent Celebrity News

It was an interesting night as the ladies got their feelings out once and for all. On the ladies tell all episode, Jubilee said she felt attacked from the other ladies because of what she said during the season. She recognizes that what she did during the season was wrong and apologizes to the rest of the ladies. Host Chris Harrison said Jubilee was complicated, while she told him that she appreciated Ben because he didn't look at her any differently because of her faults. Leah was booed by the audience, and said she threw Lauren B. under the bus because she was upset that she didn't get a one-on-one with Ben. Lace learned to watch her expressions now and listen more. The host then asked Lace if she wanted to go on *The Bachelor in Paradise*, and she says she would like to go.

**Related Link:** [Celebrity News: A Tale of Two I Love You\(s\) on 'The Bachelor'](#)

Now, Olivia's turn for the tell all. Olivia felt like Ben had her right away and made her happy. Amanda confronted Olivia about their earlier drama, including a comment from Olivia about Amanda being a mom. Olivia apologizes to Amanda and all is forgiven. Olivia said some of her behavior on the show occurred because she was bullied as a child. She added that these last months have been hard on her because of all of the backlash from the season. She even had to give her sister the social media accounts and said it was a lot to handle. For Caila's turn on the tell all, she said she really did love Ben and still does.

**Related Link:** [Celebrity News: A Tale of Two I Love You\(s\) on 'The Bachelor'](#)

Then, Ben faces all of the ladies, and said he never thought his heart would tell him to tell two ladies that he loved them. Ben tells Caila that their relationship meant a lot to him and that he appreciated her coming back tonight. He says he's not blaming any of the women for why things didn't work out, adding that sometimes there are communication problems. Amanda tells Ben she wishes him happiness and that he is going to be a good husband. The best celebrity news is that Ben adds that he's more in love than he's ever been and that he would get married tomorrow if he could.

Now that we are down to the final two, I'm going to put in my prediction for who I think will win. My bet is Lauren B. Ben and her have great chemistry and they have hit it off from the beginning. I can't wait to see if he picks my personal favorite next week!

*The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

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**Celebrity News: Rob Kardashian Deletes Instagram Photos & Blac Chyna Hints at Break-Up**



By Myesha Cobb

In latest [celebrity news](#), it looks like [celebrity couple](#) Rob Kardashian and Blac Chyna might be calling it a quits ... or perhaps not? According to [UsMagazine.com](#), Rob Kardashian took to his Instagram account and deleted all of his photos on Sunday. His girlfriend then posted a quote hinting at a breakup between the two that read, "When you just get out of a relationship & your hoe friend welcomes you back into the World of Hoe." A source confirmed that the two did split, but it probably won't be for long and that they were just moving too fast. This duo might get back together, but we will have to just wait and see.

**This celebrity news has drama**



# written all over it. What do you do if your relationship becomes more drama-filled than you like?

## Cupid's Advice:

This celebrity couple has already gone through a lot in their [celebrity relationship](#). Cupid has some [relationship advice](#) for when your relationship becomes more drama-filled than what you expected:

**1. Seek therapy together:** There is nothing wrong with seeking professional help when it seems like your relationship is becoming overwhelmed with drama. Having someone to talk to can help sort out whatever situations you and your partner are going through.

**Related Link:** [Kourtney Kardashian & Beau Get Therapy](#)

**2. Seek out other sources of help:** If you don't want to go to therapy together, try seeking out other alternatives to therapy to sort through your issues.

**Related Link:** [Alternatives to Couples Therapy: Save Your Relationship and Love Life](#)

**3. Take some time apart:** Yes, spending some time apart may be painful, but it's something that every relationship needs at one point or another, especially when the drama heats up a little too much. When the time is right, come back together and talk everything through.

**What are some ways that you've gotten through drama-filled relationships? Share your advice below!**

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# Celebrity Couple News: Taylor Swift & Calvin Harris Enjoy Steak-Filled Date



By [Brooke Crawford](#)

Julia Roberts and Richard Gere are not the only [celebrity couple](#) to frequent CUT, the Wolfgang Puck restaurant located in the Beverly Wilshire hotel. [Taylor Swift](#) and Calvin Harris spent an evening out at the notorious hotel where the romantic '80s classic film *Pretty Woman* was filmed, according to [UsMagazine.com](#). The Hollywood couple, who have been in a [celebrity relationship](#) for a year now, was spotted on a date

night ordering steaks and enjoying a night on the town for the first time since the Grammy's after party.

## **This celebrity couple happens to enjoy life in the form of food. What do you do if you are not a fan of your partner's favorite dish?**

### **Cupid's Advice:**

You can't always share your partner's likes and dislikes. Sometimes you can't help, but despise your partner's favorite food. But, what do you do? Cupid has some tips:

**1. Find an alternative:** Plenty of restaurants offer a variety of dishes to appeal to the masses. Check the menu of the restaurant before attending to look for options that appeal to your palate.

**Related Link:** [Celebrity Couple News: Taylor Swift Takes Calvin Harris to Grammys Afterparty](#)

**2. Try something new:** As a couple, it is great when you can compromise and find something that each other can enjoy. Not only does it help to build a stronger relationship, but it also opens you up to new dishes.

**Related Link:** [Celebrity Couple Taylor Swift and Calvin Harris Plan Trip Abroad to Meet His Parents](#)

**3. Cook a meal together:** Finding favorable options on a menu can be difficult sometime. Pick up your favorite bottle of wine, the ingredients for a meal, and that Redbox you both have been dying to watch to kick off a night full of bonding.

**What are some other actions you can take if you aren't a fan of your partner's favorite dish? Share your thoughts below.**

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# Celebrity News: Kylie Jenner & Kourtney Kardashian Hang with Rob's Ex



By [Jessica DeRubbo](#)

Apparently there are no hard feelings in the mix with this scenario! According to [UsMagazine.com](#), [Kylie Jenner](#) and [Kourtney Kardashian](#) were recently spotted hanging with Rob Kardashian's ex girlfriend, Adrienne Bailon. This [celebrity news](#) comes on the heels of Kylie's Instagram post picturing the three girls, with the caption, "Cause we are sistersss." Celebrity exes Rob Kardashian and Bailon dated for two years,

from 2007 to 2009, when their [celebrity relationship](#) ended. In a 2010 episode of *Keeping Up with the Kardashians*, Kardashian admitted he was unfaithful to Bailon. Apparently Bailon doesn't have hold that against Rob's two sisters!

**This [celebrity news](#) comes amidst a lot of Rob Kardashian happenings lately. How do you know whether you can be friends with your family member's ex or not?**

### **Cupid's Advice:**

It's a dicey situation when it comes to your family and their exes. If you're on the fence about whether it's okay for you to keep a connection with your family member's ex, Cupid has some tips:

**1. Time since the split:** If it's been a long time since the break-up occurred, your family member has probably had plenty of a chance to cope. The best way to find out if that coping period is over is to simply ask. You probably know your family member well enough to detect if there's any hesitation in his or her answer whatsoever. If they seem okay about it, then go for it.

**Related Link:** [Kendall and Kylie Jenner Make Celebrity Gossip Headlines Cozying Up to Chris Brown and Trey Songz at Party](#)

**2. The reason for the break-up:** If the reason for the break-up is that the relationship simply ran its course and it was a mutual parting, you're probably more okay keeping contact with your family member's ex than if something horrific happened at the end of the relationship, like a cheating scandal. Definitely consider the facts before making a decision.

**Related Link:** [Celebrity News: Scott Disick Has Breakdown Post-Split from Kourtney Kardashian on 'KUWTK'](#)

**3. How “over it” your family member is:** It’s not necessarily all about time. Your family member may have good reason to be completely and utterly over the relationship he or she was in. It may have only been a month, but your brother or sister has already moved on to greener pastures. If they’re over it, they shouldn’t have an issue with you continuing to remain friends with their ex.

**What are some other things to consider when you’re trying to determine whether to stay friends with your family member’s ex? Share your thoughts below.**

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## **Celebrity News: Lea Michele Splits from Matthew Paetz After 2 Years of Dating**





By Myesha Cobb

Unfortunately, after two years of dating, [celebrity couple Lea Michele](#) and Matthew Paetz have ended their [celebrity relationship](#). The latest [celebrity news](#) was confirmed by [UsMagazine.com](#) and apparently came as a surprise to the 29-year-old actress. “He had enough,” a source said. “She was completely crushed.” But will they ever get back together? The odds aren’t looking good. “He won’t take her back,” the same source mentioned.

**This celebrity news is definitely unfortunate. What are some things you can do to reclaim your independence post-split?**

**Cupid’s Advice:**

It breaks your heart when you are completely blindsided by a break-up! You feel like you are at a loss for words and don’t

know how you are ever going to recover from it. But don't worry! Here are some suggestions for how to reclaim your independence during those "after break up blues":

**1. Take some time for yourself:** Sometimes not being in a relationship is a good thing! Don't always think not being in a relationship anymore is the end of the road. There is nothing wrong with taking time out for yourself and not looking for a relationship for a while.

**Related Link:** [Justin Bieber Says He Isn't Looking for a Romantic Relationship Right Now](#)

**2. Do something to make you feel like "you" again:** Reclaiming your independence can make you feel like a brand new person. Do things that you know that only YOU like and that maybe your past partner wasn't a fan of. You'll be feeling "brand new" and independent in no time!

**Related Link:** [Paula Patton Says She's a 'Real Woman Now' Post-Split from Celebrity Ex Robin Thicke](#)

**3. Date yourself:** Yes, you read correctly! Date yourself. Nothing says I'm reclaiming my independence like taking yourself out on dates. Go see a movie or treat yourself to some dinner!

**What are some ways that you have reclaimed your independence after a break-up? Share your love advice below!**

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# **Celebrity News: Meet the**



# Families on 'The Bachelor'



By Emily Hoff

In the latest [celebrity news](#), it was meet the family week on *The Bachelor*. Ben Higgins visited the ladies hometowns and met the most important people in the ladies lives. Of course the families gave a lot of relationship advice, and some were even skeptical of Ben. However, the girls ended the episode saying they knew they were in love with him and wanted to express their love to him.

## Celebrity News: Meet the Families on 'The Bachelor'

This week, in reality TV, Ben went to Laguna Beach to see

Amanda's hometown and met her two beautiful daughters. He also got to see the girls throw a few temper tantrums. Amanda's family was concerned about Ben being a dad right away and to be honest, Ben is a little worried too. Then, he went to visit Lauren B's hometown which is Portland, Oregon. She took Ben to a few local food trucks and a whiskey library. Lauren feels like she's falling in love with Ben, but wants her family's approval first before saying anything. Her sister is skeptical, but it seems like the family won't be an issue.

Ben then goes and visits Caila in Hudson Ohio. Caila also feels like she is falling in love with Ben and wants to tell him but decides against it. JoJo's meet the family had an interesting start. Her ex showed up and gave her roses and a letter to tell her that he still loves her. She tells her ex that she is done with him, then ends up talking to Ben about it. Ben is a little worried, saying that past relationships with girls are always something to worry about it. With JoJo's family, her brothers are worried about Ben and don't want her to get hurt. In celebrity news, Amanda is sent home this week in the rose ceremony and Ben even tears up when she's leaving. So who do we think will stay or go this week?

**Related Link:** [Celebrity News: Hometown Throw Down on 'The Bachelor'](#)

**Lauren B:** I think Ben should get down on one knee right now. He has such a good connection with her and Lauren B. is in love with him.

*Stay or Go:* She should stay in Ben's heart forever, because hopefully he is going to propose!

**Caila:** I don't know why but I find Caila crazy. I think she is more in love with Ben, then he is with her.

*Stay or Go:* Go.

**JoJo:** If Lauren B. doesn't get proposed to then I think, JoJo

will. Hopefully her brothers and her ex did not mess anything up.

*Stay or Go: Stay!*

**Related Link:** [Celebrity News: Bahama Drama on 'The Bachelor'](#)

We are down to the last three now and we can't wait to see what happens on next week episode when the girls go to Jamaica.

*The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

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## **Celebrity News: Gwen Stefani Says She's 'Only Had Two Boyfriends'**





By [Jessica DeRubbo](#)

In latest [celebrity news](#), it turns out that Gwen Stefani doesn't have a type, because, well, she's only had two boyfriends, ever! According to [UsMagazine.com](#), Stefani said, "You know I've only had two boyfriends, right? So I'm not like – when you say that, it just sounds funny. It's just so limited. No, I do not [have a type]. That's a funny question. I'm gonna just stop right there." Blake Shelton's current love was in a [celebrity relationship](#) with and married to Gavin Rossdale for 13 years (whom she apparently doesn't count as one of her two boyfriends). Prior to both Shelton and Rossdale, she dated her bandmate Tony Kanal for seven years.

**This celebrity news is pretty surprising! How do you know when you've begun dating around too much?**

**Cupid's Advice:**

There are definitely merits to playing the field, but then again, too much of a good thing doesn't usually turn out positively. Cupid has some signs that you've been dating around too much:

**1. You can't name your last three dates:** If you're having a hard time remembering who you last went on a date with, and who was before that, and who was before that, you might have an over-dating problem. If you're looking for a relationship and aren't just dating around to date around, consider taking things a little bit more slowly and trying to get to know your dates prior to going out with them.

**Related Link:** [Celebrity News: Are Gwen Stefani and Blake Shelton More Than Friends?](#)

**2. Kissing has begun to lose its meaning:** At the end of most of your dates, you're no doubt giving them a kiss goodbye, if there's at least a little spark of attraction there. If this is just run of the mill for you and no big deal, then it's probably time to take a step back and reassess your dating life. Kissing should be meaningful!

**Related Link:** [Blake Shelton and Gwen Stefani Returns to 'The Voice' Post Celebrity Divorce News](#)

**3. He never called, and you didn't notice:** If, after a date, someone doesn't call you, usually you're hyper aware of that. If you don't even notice, that's a bad sign! It means you're not invested in the dates you go on and you're just playing the field for no reason. Consider pumping some feeling back into the game!

**What are some other signs you're dating around too much? Share your thoughts below.**

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# Celebrity Couple Jay-Z and Beyonce Dance to 'Formation' at Grammys Afterparty



[By Jasmine Igwegbe](#)

Relationships are much like dancing! [Celebrity couple Jay-Z](#) and [Beyonce](#) were caught in the corner alone dancing at the Absolut Elyx House in Hollywood Hills, for the Grammy Awards afterparty hosted by Mark Ronson. According to [UsMagazine.com](#), this pair presented “a rare moment of affection when they grooved together in a secluded area of the party.” When Beyonce’s new single “Formation” played, they continued to

dance together where Jay displayed his genuine kool-aid smile while singing along to every word with a cigar in one hand. This [celebrity relationship](#) shows how much joy dancing can bring to a relationship.

## **This celebrity couple were getting down on the dance floor! What are some ways dancing can add an important element to your relationship?**

### **Cupid's Advice:**

There are common factors both a relationship and dancing carry. Cupid has some advice on how dancing is an important element to your relationship:

**1. Dancing involves leading:** An important rule in dancing is that one person must lead. Leading allows one to keep the routine stable, giving rhythm, and direction. This can tie in with relationships because you should be mindful of everything and give signs of what you want and how you want it done. Guys who are shy and are afraid to lead usually never make it to the next step with a girl in a relationship; this can go both ways though.

**Related Link:** [Celebrity Couple Jay-Z & Beyonce Open Grammy's with 'Drunk in Love' Performance](#)

**2. Traditional roles:** In our culture it is the norm for men to lead, while it's the woman's responsibility is to make it worth it. She follows your lead and turns it into something beautiful. Leading correctly results in a beautiful partner who does what's in your favor. Of course, it doesn't always have to be male/female based. There are many variations of

this concept!

**Related Link:** [Beyoncé and Jay Z Lock Lips at MTV Video Music Awards](#)

**3. Knowing when you misstep:** When dancing, it is important to address a misstep to avoid sabotaging your routine. In relationships, you should be able to identify when your relationship is having a fall out and act in response to fix it. This can lead toward a healthy relationship.

**What do you believe are some other ways dancing can add an important touch to your relationship? Share your thoughts with us below!**

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## **Relationship Advice: 10 Actresses To Look To For Guidance**







[By Katie Gray](#)

Lights. Camera. Action. There are so many talented actresses in Hollywood who represent strong, beautiful, classy, hard-working, empowering females. They not only play strong female leads on screen, but they are strong females who lead in the real world by their actions. These women are great role models whom we can seek [relationship advice](#) from in our love lives, as well as in our careers.

## **Need relationship advice? Cupid has compiled the 10 actresses to seek guidance from:**

1. [Jennifer Lawrence](#): This leading lady in Hollywood has accomplished so much. The Oscar winner is all about empowering women and creating wage equality between genders. She even wrote a wage inequality essay that all women can relate to! The *JOY* star has also maintained the right amount of publicity when it comes to her intimate [celebrity relationships](#). She

doesn't hide anything, but doesn't publicize everything either. There was also a revealing leaked photo incident, which she handled like the class act that she is!

2. **[Kate Hudson](#)**: This beauty has made films we all love, and so has her mother, Goldie Hawn. The release of her new book *Pretty Happy: Healthy Ways To Love Your Body* also encourages women to embrace themselves. She's a great mentor for health and fitness, and she even has a line of athletic gear called Fabletics.

**Related Link:** [Kate Hudson Would Marry Fiance Matt Bellamy 'For the Kids'](#)

3. **[Mila Kunis](#)**: *That 70's Show* never gets old! This actress is happily married to fellow actor, Ashton Kutcher. The married pair has a beautiful daughter together who they dote on. We can learn a lot about their [celebrity relationship](#) by watching their dedication to parenting!

4. **[Jennifer Garner](#)**: This television and film star has had many hits. Do *Alias* and *13 Going On 30* bring back any memories? Although she's going through a divorce from Ben Affleck, she shows us how to maintain maturity even after you're separated and not a famous couple anymore. Jennifer really just lives for her children, and it's something we can all strive for!

**Related Link:** [Lessons From Jennifer Garner and Ben Affleck](#)

5. **[Reese Witherspoon](#)**: As America's Sweetheart, Reese Witherspoon can play literally any role. Whether she's singing as June Carter in *Walk The Line*, being a lawyer on *Legally Blonde* or an innocent Catholic student in *Cruel Intentions*, she brings her heart and soul to her work and the role she is playing. She has two children with her ex-husband Ryan Phillippe, and remarried in 2011 to Jim Toth (talent agent and co-head of motion picture talent at Creative Artists Agency where Witherspoon is a client.) The pair have a son together, Tennessee James, who was born in 2012. She's the

perfect example of having a career and making love the second time around work.

6. **[Jennifer Aniston](#)**: Jennifer Aniston will forever have a place in Hollywood. She won the world's hearts for her portrayal of Rachel Green on the hit series *Friends*. She is also one of the highest paid actresses in the industry, and in 2012, she received a star on the Hollywood Walk of Fame. Her marriage and subsequent [celebrity divorce](#) from Brad Pitt, had everyone talking for years. Now, she is happily married to Justin Theroux as of 2015. She's a great example of having a career first and then finding love when you're mature and ready. It's never too late and honestly, she is still young!

7. **Julia Roberts**: Julia Roberts will go down in Hollywood history as one of the best actresses of all time. The Academy Award and Golden Globe winner, broke out with the romantic comedy *Pretty Woman*. She also played another iconic female lead, Erin Brockovich. She was married for a couple years to Lyle Lovett in the 90's, but she has been happily married to Daniel Moder since 2002. They have three children together. Roberts is also the aunt to actress, Emma Roberts, who is inspiring to young girls. It runs in the family!

8. **[Angelina Jolie](#)**: The proud mother of six and wife to Brad Pitt, Angelina Jolie proves that having a good heart will always prevail. She has adopted multiple children and has had biological children as well with husband Brad Pitt. She is also known for her humanitarian work, women's rights efforts and spreading positive messages about inner beauty.

9. **[Gwyneth Paltrow](#)**: Actress Gwyneth Paltrow is the proud mom of two children and is very into healthy eating. She's divorced from Chris Martin, the front man of the hit band, Coldplay. The pair are a great example on how to stay cordial and friendly with one another after separating, for the sake of their children. They still have a good friendship.

**10. Tori Spelling:** Donna Martin graduates! The daughter of legendary television icon, Aaron Spelling, is Tori Spelling who has inherited her father's work ethic. Outside of her career as an actress and author, she shows us that family is the most important thing. She has four children with her husband Dean McDermott. She puts her efforts into parenting and her marriage, this is her first priority!

**Who are your favorite actresses to look to for guidance? Share with us below!**

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## **Celebrity Relationships: Kate Hudson Says 'I Am Dating'**





[By Mary DeMaio](#)

There are plenty of fish in the sea, so why not go for a few different swims? That's exactly what [Kate Hudson](#) is up to at the moment. In latest [celebrity news](#), this [single celebrity](#) is making the most of her free time by hitting up the dating circuit. According to [UsMagazine.com](#), she has been hooking up on and off with [Nick Jonas](#). They have a great connection with one another, but it remains to be seen if there will be a [celebrity relationship](#) in the future!

**Kate Hudson may or may not be in a celebrity relationship, but she's definitely dating around. What are some benefits to playing the field?**

**Cupid's Advice:**

Finding that special someone isn't always easy. Sometimes you have to kiss a few frogs before you can get your prince, but

that doesn't mean you can't enjoy the process. Cupid is here to share some benefits to dating around:

**1. Pinpoint the qualities you are looking for:** Use your dates to learn about what you need in a partner, and compare those attributes between the people you are seeing.

**Related Link:** [Justin Bieber Say's He's a Single Celebrity and 'Ready to Mingle'](#)

**2. Be in control:** Fun dates with many people keeps you in the driver's seat. You won't waste time getting emotionally invested with people who do not have your best interest at heart.

**Related Link:** [Jake Gyllenhaal Spends Time With Three Eligible Women In One Week](#)

**3. Expand your options:** Getting to know someone intellectually, emotionally, and spiritually takes time. While you are still technically single, you should really try to get acquainted before making that commitment.

**What are some other advantages of casually dating? Share your comments below.**

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**Former Celebrity Couple:  
Khloe Kardashian & James  
Harden Split**



By Myesha Cobb

[Celebrity relationships](#) haven't been easy for Khloe Kardashian. The reality TV star and her basketball star beau James Harden recently split after dating since this past summer. [People.com](#) confirmed the break-up between the former [celebrity couple](#), and it seems like Kardashian can't catch a break. The two started to drift apart right around the time that Khloe's "estranged husband," former NBA player [Lamar Odom](#), was found unconscious in a Las Vegas brothel back in October 2015. Khloe said that Harden had been "very supportive and awesome" of the situation with Lamar. Since the split between Harden and Kardashian, Khloe has signed up on OKCupid, a free online dating site.

**This duo is no longer a celebrity**

# couple! What are some ways to move forward after a hurtful break-up?

## Cupid's Advice:

In life, we go through things that hurt us, and we need different outlets to release our pain and heal our minds, bodies, and spirits. Try doing something that you find fun or relaxing to get over those post break-up woes! Here are some awesome post split suggestions to get you going:

**1. Working out:** Going to the gym or running will get the body going and allows it to release all that negative energy that's inside of you. Nothing says, "Get over it and get moving" like going out for a morning run!

**Related Link:** [Former Celebrity Couple: Kourtney Kardashian Opens Up About Anxiety Post-Split from Scott Disick](#)

**2. Pick up a good book:** Reading is one way to help heal the soul, especially if it's a book that's based on getting over a break-up and moving on. A good post break up book will never do you wrong!

**Related Link:** [Dr. Paul Coleman Talks About Love and Loss in 'Finding Peace When Your Heart Is in Pieces'](#)

**3. Get a journal:** Documenting everything that you are feeling and venting it all by writing it down is another great way to move forward after a hurtful breakup. It's private, simple, and is a great way for you to get past all of the possible pain that you are feeling.

**What are some ways that you got through a hurtful breakup? Share your love advice in the comments below!**



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# Celebrity News: Bahama Drama on 'The Bachelor'



By Emily Hoff

"Come at me bro," said by who else but Olivia, a contestant on *The Bachelor* season 20. This was the quote of the episode, especially since Ben Higgins and many of the ladies came after Olivia last night. This episode of was so eventful I don't even know where to start. It definitely could make the front page of [celebrity news](#). From not having a rose ceremony last week and girls starting unnecessary drama this week, this episode did not disappoint, and I felt it was very pivotal to the season.

# Celebrity News: Bahama Drama on The Bachelor

So starting from last week, the big celebrity news was that there was no rose ceremony. We thought for sure Ben was going to send Olivia packing, however, we were all sadly mistaken and she got to stay for the episode (sigh) and Jennifer was sent home at the rose ceremony. After the first rose ceremony of the episode, the girls learn they are going to the Bahamas. The ladies find out that there will be three dates – a one-on-one date, a group, and a two-on-one. Caila gets the one-on-one date and Leah is mad about that because she's never been chosen for one. However, Ben specifically chose Caila because he felt like he needed more one-on-one time with her. At first Ben says he is scared that Caila and him won't click because she is too bubbly, however Caila tells Ben she is scared to be too vulnerable with him because she doesn't want to hurt him (sounds like she needs to take a look at our relationship advice section). But she said that she truly feels like she loves Ben because he understands her. Ben likes that she is a mystery and keeps her around.

**Related Link:** [Celebrity News: What Happens in Vegas on The Bachelor](#)

On the group date, the ladies play with pigs in the ocean (another very creative date, that Ben came up with). That group date makes Ben uncomfortable because the ladies are starting to cause drama, and have attitudes toward Ben. Leah starts drama after the group date. She tells Ben that he and Lauren B. shouldn't end up together because he doesn't see what goes on in the house. Ben then talks to Lauren B. and she's now scared that she'll get sent home. However, Leah's plan back fires as she is the one who gets sent home. For the two-on-one date Olivia is sent packing, FINALLY! After Olivia thought she could be seen for weeks in our celebrity relationship section, Ben is done with her antics and gives

Emily the rose. The episode skips right to the second rose ceremony as Ben cancels the cocktail party, and goes straight to the ceremony, where Lauren is sent home. So, who should stay or go next week?

### **Lauren B.**

She's my personal favorite, but ever since Leah started making up things about her and told Ben, I feel like Ben is going to have that in the back of his mind.

*Stay or Go:* Sadly probably go.

### **Emily**

Even though Emily and I share the same name, and I'm usually a fan of girls that have the same name as me, I feel like she's a little too sassy for Ben.

*Stay or Go:* Hopefully she gets the boot soon.

### **Caila**

I think after this week's episode she is in it to win it. Ben apparently likes confusing girls and really liked his date with her!

*Stay or Go:* This is a big STAY!

### **Amanda**

Even though she was not the star of this episode, she was certainly the start of the previous. I think Ben really connects with her too.

*Stay or Go:* A definite stay.

**Related Link:** [Celebrity News:The Bachelor Travels to Mexico](#)

We are so excited to see what's left for the rest of the season!

The Bachelor *airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

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# Celebrity Couple News: Jay-Z Sent Beyonce 10,000 Roses Before Super Bowl Halftime Show



By Jasmine Igwegbe

It was no joke when [Jay-Z](#) referenced [Beyonce](#) in a song saying, “Put us together, how they gon stop both of us?” This

[celebrity relationship](#) romance has been rising to the top since the early 2000's when it first sparked. In [celebrity couple](#) news, during Super Bowl 50, Jay-Z sent his wife Beyonce 10,000 roses before her half time show, according to [UsMagazine.com](#). Talk about true love!

## **This celebrity couple is obviously still big on romance. What are some ways to ramp up the romance in your relationship?**

### **Cupid's Advice:**

At one point or another, everyone thinks about a way to ramp up the romance in their relationship, but very few take the steps to do it. It may be because you're not of how to go about it! Cupid has some advice for you:

**1. Let your partner know how attractive they are to you:** Tell them how beautiful, handsome or great they look on any given day. There are times we have doubts that our partner isn't attracted to us. Periodic reassurance is key to a successful romance.

**Related Link:** [How Do You Make a Woman Feel Most Beautiful?](#)

**2. Surprise your spouse:** If you're going to the mall to get something for yourself, pick up something for your partner as well and surprise them with it. You can even save it for a day they are feeling blue. Gifts can always turn a frown upside down.

**Related Link:** [What Your Gifts Say About Your Relationship](#)

**3. Extra special loving:** When you first see your partner for the day, hug or kiss them a little bit longer than usual. Show

them how much you love them with affection. Touching your partner throughout the day can also spark romance in your relationship.

**What are some ways to ramp up the romance in a relationship? Share your great ideas with us below.**

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# **Celebrity Interview: Celebrity Trainers Sebastien and Danielle Lagree Talk Famous Clients, Relationships & Love**





By [Michelle Foti](#)

At the heart of the fitness revolution stands Sebastien Lagree, Lagree Fitness owner, developer and innovator seeking to push all limitations of fitness as the world knows it. And in the heart of the fitness mogul is the celebrity love story that has brought him his wife, soulmate and business partner, marrying both of their lives into one. In our exclusive [celebrity interview](#) with the famous couple, the pair dishes on celebrity clients and reveals how they balance their relationship and love with their booming careers.

## **Celebrity Trainer Talks About Celebrity Clients and Gives Relationship Advice**

Lagree has had a host of celebrity clients, ranging from Kim Kardashian to Sofia Vergara to the First Lady herself, Michelle Obama. “I have enjoyed working with all my celebrities,” Lagree says. “Some were more personable than

others. For example, Sofia Vergara is very cool and she is very funny.” Luckily, the celebrity trainer hasn’t had to deal with any divas! “That would be the worst!” he says.

## **Celebrity Interview: Famous Couple Talks Relationships and Love**

It only took this famous couple five weeks from the moment they met to say “I do” and take on the world as Mr. and Mrs. Lagree. Other developments bearing the Lagree name took a bit more time to come into fruition, but once Lagree crafted the Lagree Fitness Method, a snowball of new innovations soon followed. Lagree’s Supraformer released last month, joins the ranks of the Proformer and Megaformer in the lineup that breeds physical, emotional, spiritual, sexual, mental and tactile awareness, according to Lagree. Entering 2016 it is the same Lagree, bigger plans. Lagree will even be opening his first fitness studio in Los Angeles, California this year as well, with wife Danielle heading the studio operations.

**Related Link:** [Ivanka Trump: “I Don’t Stress About Being Balanced”](#)

After duty calls, “Call of Duty” it is. In our celebrity interview, Danielle reveals that marriage always comes first in her book. The married couple always tries to fit in a game of “Call of Duty” after a busy day working. Dinner dates, movies, hiking, traveling and spa days are activities the couple enjoys as well. But when stress relief is on the agenda, the couple dives down deep into the depths of the ocean with creatures that may frighten some. The couple that shark dives together stays together, right? Well, that may not be the only factor that contributes to a healthy relationship and love. Lagree says he and his wife communicate and help each other out a lot.



But for Danielle, the separation of home and work is key. “We both love the work we do,” Danielle says. “Working with your husband is quite different than the husband at home at night. When we get home we try not to talk about anything work related.” Lagree acknowledged that the beginning of relationships are especially difficult because all you want to do is spend time with your significant other. “Hopefully, your partner has the same goals and will want to spend their time the same way you do,” Lagree says.

**Related Link:** [Arielle Ford Gives Relationship Advice in New Book “Turn Your Mate Into Your Soulmate”](#)

Perhaps fitness can be an area of common interest! “I think that if both partners like to workout, it makes it a lot easier to stay fit and healthy,” Lagree says. “We have a lot of couples coming to the studio and workout together which I think is awesome.” In fact, Lagree has created fitness routines suited for both men and women with the interest of couples in mind. “Getting or staying fit and healthy can be enjoyed together and one does not have to choose between the two,” he added.

**Related Link:** [Relationship Advice: How Your Relationships And Love Affect Your New Year’s Resolutions](#)

The couple has a lot to look forward to in the year ahead including Lagree’s autobiography, a documentary, the new workout and the studio. Amidst all of the craziness Danielle says, “You always need to find time to spend with the one you love.” Diving with the sharks or staying dry for a nice walk along the sand, it may not matter so much what you do, but who you are doing it with.

*You can keep up with Lagree Fitness by visiting their [website!](#)*

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# Celebrity News: 'The Bachelor' Travels To Mexico



By Emily Hoff

It was another dramatic week for reality TV on *The Bachelor* this week. In the latest [celebrity news](#), the ladies have turned into little travelers. Last week [Ben Higgins](#) took them to Las Vegas and this week they went to Mexico! On this episode, Amanda (the cute little single mom) goes on a one-on-one date with Ben. It goes really well and she opens up about how it's hard to date while raising her girls. She also opens up about her past to Ben on this season, which seems to be quite the trend of season 20.

The group date gets dramatic, because a lot of the girls who have caused a lot of drama and will probably make it into our recaps every week, were on this group date. Becca, JoJo, Caila, Emily, Lauren B., Jennifer, Leah and Olivia. In celebrity news, on the group date Ben makes the ladies speak Spanish to him and this makes Jubilee very insecure. Then they had a cook off! Ben also goes on a one-on-one with Lauren H, where she admits she's had rough relationships and love in the past. She was even cheated on by her boyfriend and Ben then gave her a date rose.

We won't know who went home until next week as Olivia caused drama so even though Ben gave her a rose, it could be taken away by Ben next week. Now, who should stay and who should go, especially since we didn't have a final rose ceremony this week. Find out below!

## **Celebrity News: Who Should Stay and Who Should Go?**

### **Olivia**

*Stay or Go:* She should go and never come back. She causes way too much drama and Ben should not even consider going on any dates with her, as we learned this episode that she is a very evil girl.

**Related Link:** [Celebrity News: What Happens in Vegas On 'The Bachelor'](#)

### **Jubilee**

*Stay or Go:* She is way too insecure to be on this show, so I think she needs to deal with her own problems before progressing on the show.

### **Amanda**

*Stay or Go:* Stay! She's adorable and connected with Ben. The only thing is Ben would become a daddy if he married Amanda so that is something to take into consideration.

**Related Link:** [Celebrity News: 'The Bachelor' Features Planes, Train \(Wrecks\), and Hot Tubs](#)

**Lauren H.**

*Stay or Go:* She could stay or go. There is nothing really special about her so she really needs to stand out to win Ben's heart.

*The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!*

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## **New Celebrity Couple Miranda Lambert & Anderson East Spend the Weekend Making Music**





By Abbi Compel

There is a new [celebrity couple](#) in town, and they are making beautiful music together. According to [UsMagazine.com](#), Miranda Lambert and Anderson East are spending a lot of time together. Lambert seems very happy in her new [celebrity relationship](#). They started dating in December. It's good to know she is over her celebrity ex Blake Shelton.

**This new celebrity couple is indulging in some serious romance! What are some creative ways to spend a romantic weekend with your partner?**

**Cupid's Advice:**

Sometimes date nights can get old, so it may be time to switch it up. Cupid has some advice on some creative ways to spend a romantic weekend with your partner:

**1. Cabin:** Plan a nice weekend away. Book a cabin, and go somewhere that has no cell phone service so it is just you and your partner. You will really get to talk to each other and enjoy each others' company.

**Related Link:** [New Celebrity Couple: Jewel is Dating NFL Player Charlie Whitehurst](#)

**2. Home:** Plan a nice weekend at home. Go to the grocery store and buy all the supplies you need. Make sure to grab some wine for dinner and some delicious dessert.

**Related Link:** [New Celebrity Couple: Kaley Cuoco Seems Smitten with New BF Paul Blackthorne](#)

**3. Zoo:** Enjoy a nice weekend exploring your local zoo or the closest zoo around. It will be nice to get out in the open and to do something new.

**What are some other creative ideas for a weekend with your partner? Share your thoughts below.**

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## **Celebrity Couple News: Rob Kardashian Resurfaces with Beard and Blac Chyna**





By Jasmine Igwegbe

Is Blac Chyna responsible for the rise of Rob Kardashian's glo' season? In [latest celebrity news](#), new [celebrity couple](#) Blac Chyna and Rob Kardashian have been seeing each other for a few weeks now. Since former model Chyna stepped into the picture, there are impressive changes occurring for reality personality Kardashian surrounding his weight problem. According to [UsMagazine.com](#), Kardashian is being spotted out and about more frequently looking slimmer and bearded. The pair's goal is to "shred a little bit" with the help of Chyna's online personal trainer, Chris Jinna. While these two are in a happy celebrity relationship, Rob's family are not quite on board due to some past drama with Chyna.

**This celebrity couple news has been drama-filled this week. What are some ways to support your friend or**

# family member when you don't approve of their relationship?

## Cupid's Advice:

There are going to be times when one of your family members brings someone home who you may not approve of or your friend invites their partner out with everyone, but you're just not a fan. Knowing how to handle this sensitive situation is important for a stable relationship between you and your family member or friend. Cupid is here to share some advice:

**1. Be polite:** You don't have to be best friends or even friends with their partner; just be gracious. Greet them with a simple "hello" or interact with them in a small conversations. Make them feel welcomed.

**Related Link:** [Is Tyga Feuding with Celebrity Ex Blac Chyna Over Kylie Jenner's Ferrari?](#)

**2. Everything is not meant to be said:** We understand you have negative feelings toward their partner, but don't drag their name in dirt. This is disrespectful to your friend or family member and can harm your relationship with them. You don't want to annoy them about their partner to the point where they'd rather not speak to you.

**Related Link:** [Celebrity News: Rob Kardashian Posts Meme Joking He's Having a Baby with Blac Chyna](#)

**3. Don't push them away:** You don't want to ruin any relationship with a friend or family member because you don't like their partner. Try not to talk about their relationship with them, but also be supportive and listen if they need an ear to vent to. The bottom line is that who they date is their decision, and you can only offer advice. Don't be pushy.



What are some ways you would support your friend or family member if you don't approve of their relationship? Share your ideas below.

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## Celebrity News: Catherine Giudici Tells Sean Lowe She's Traumatized About Her Body



By Abbi Compel

[Celebrity couple](#) Catherine Giudici and [Sean Lowe](#) discussed their insecurities on *Marriage Boot Camp: Reality*

*Stars*. According to [UsMagazine.com](http://UsMagazine.com), Giudici spoke about how uncomfortable she is with her body. This [celebrity news](#) caused a riff in her [celebrity relationship](#) because she doesn't want to take beach vacations with her husband. The couple married in January 2014.

## **This celebrity news resonates with a lot of us. What are some ways to reassure your partner in the face of insecurities?**

### **Cupid's Advice:**

Insecurities can be difficult to talk about and very hard to get rid of. Cupid has some advice on how to reassure your partner in the face of insecurities and how to make them feel better:

**1. Talk to them:** When they come to you with these problems, don't just shrug them off. Hear them out and know that you are there to listen to them. Then, let them know that they shouldn't be insecure because you care about them and wouldn't change anything about them.

**Related Link:** [Celebrity News: What Happens in Vegas On 'The Bachelor'](#)

**2. Do something special:** Make them feel special and have them forget about their insecurities. Take them to a nice dinner or to their favorite store and treat them to something special.

**Related Link:** [New Celebrity Couple: Kendall Jenner & Harry Styles Reunite at Party](#)

**3. Remind them:** Every day when you wake up remind them how special they are. Don't let their insecurities get to them.

Show them how much you care and that they are truly loved. It will help them move on.

How do you reassure your partner when it comes to their insecurities? Comment below!

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## Celebrity News: What Happens in Vegas On 'The Bachelor'



By Emily Hoff

Season 20 of *The Bachelor* is making for great reality TV. This week, [Ben Higgins](#) surprised the ladies by taking them on a trip to Vegas. You know that what happens in Vegas will

definitely not stay in Vegas with these ladies. Plus, Vegas always makes good [celebrity news](#). Ben took four ladies out on one-on-one dates– JoJo, Becca and the Twins. Also, Ben took some ladies on another creative group date in which he brought in a ventriloquist and impressionist on a stage, and asked the ladies to make up an opening act. Olivia's opening act was a little too flashy, and she gets made fun of, then has a nervous breakdown.

Ben's one-on-one date with JoJo was adorable as the helicopter almost knocked JoJo and Ben to the ground while they were trying to drink champagne and be romantic. However, Ben made it up as he gave JoJo a kiss, while all the girls were watching from the hotel. JoJo also opens up to Ben about past relationships and love. Becca and Ben had a cute date at a chapel (maybe foreshadowing the future), and she opened up about being a virgin. Ben's date with the twins was a little strange as he had more of a connection with twin sister Emily and no connection with Emily's twin Haley, making it awkward in the sister duo. Unfortunately, not everyone can stay around and he sent Amber and Rachel home this week during the rose ceremony. Now, who do I think should stay and go after hearing all the celebrity news?

## **Celebrity News: What Happens In Vegas Doesn't Stay In Vegas on The Bachelor This Season**

*Olivia:* Olivia has officially gone mad. She is extremely possessive over Ben and also gets extremely jealous when Ben is on dates with the other girls. Sorry Olivia, this is what you signed up for.

*Stay or Go:* She needs to go, go, go! She makes for good television, however she is crazy and I have no idea why Ben

decided to let her stay.

**Related Link:** [Celebrity News: 'The Bachelor' Features Planes, Train \(Wrecks\), and Hot Tubs](#)

JoJo: Her date with Ben went really well this week and I think Ben was really into her. Ben also really appreciated that she opened up about her past relationships and love.

*Stay or Go:* Stay. I think she is a big contender for the final rose.

**Related Link:** [Celebrity News: Ben Higgins Throws It Back To High School For First Dates On 'The Bachelor'](#)

Becca: Becca and Ben's date went extremely well, and it was cute it took place in a chapel. Maybe we could see them next on our feature [celebrity couple](#) page? Ben gave her a rose at the end of the date.

*Stay or Go:* Stay! Another contender for the final rose, I think.

Haley: Her date was awkward from the beginning, Ben went on a date with Haley and her sister and had more of a connection with Emily. Since the twins are from Vegas, Ben got to go to their hometown and talk to their mother. Ben decided to let go of Haley in front of her mom.

*Stay or Go:* Haley definitely needs to go. He has more of a connection with Emily, and at first being twins was cute or creepy (whatever you prefer to think) so I think that whole situation just needs to go.

We can't wait to see what happens next week, when the ladies viva a la Mexico!

*The Bachelor airs on ABC on Mondays at 8/7c. Check back next week for our recap!*