

# Celebrity News: Khloe Kardashian Reunites with Tristan Thompson in Boston After 'Mystery Woman' Drama



By Nicole Maher

In the latest [celebrity news](#), Khloe Kardashian joined Tristan Thompson in Boston as he prepares for his first basketball game with the Celtics. According to *UsMagazine.com*, the [celebrity couple](#) was spotted out to dinner at the same restaurant Thompson was seen with a different woman earlier in the week. The other woman has since been identified as an estate manager that has worked with Thompson in the past.

# In celebrity news, it looks like Khloe Kardashian still trusts her man. What are some ways to know your partner is being truthful with you?

## Cupid's Advice:

Although trust is a crucial part of any relationship, it can sometimes be hard to achieve. If you do not have trust in your partner, who will continue to face obstacles as the relationship progresses. If you are looking for some ways to know if your partner is being truthful, Cupid has some advice for you:

**1. They communicate clearly:** While constant communication is not needed to determine if someone is being truthful, clear communication is. If someone communicates openly with you about topics such as where they are going and how they are feeling, then there probably is no reason to worry about them lying. Red flags should only appear if the person is continuously giving vague answers or avoiding questions.

**Related Link:** [Celebrity News: Khloe Kardashian Posts Cryptic Messages One Day After Tristan Flies to Boston to Join Celtics](#)

**2. They acknowledge your concerns:** Sometimes the only way to resolve a trust issue is to address your concerns with your partner. If your partner is willing to have a conversation that acknowledges your concerns and does not get defensive, then they are likely being truthful. However, having this conversation too often can sometimes cause someone to become offended if they need to keep defending themselves.

**Related Link:** [Celebrity News: Taylor Swift Opens Up About](#)

## [Bonding Over Sad Songs with BF Joe Alwyn](#)

**3. They haven't lied to you before:** If you have never caught someone in a lie before, then there is likely no reason to worry about them lying moving forward. Relationships may experience periods of distance or decreased communication, but these are not necessarily signs that someone is being dishonest. Until it's proven, don't jump to conclusions about your partner being untruthful!

What are some other ways to know if your partner is being truthful with you? Start a conversation in the comments below!

---

# Celebrity News: Taylor Swift Opens Up About Bonding Over Sad Songs with BF Joe Alwyn





By Nicole Maher

In the latest [celebrity news](#), Taylor Swift provided her fans with some details about her [celebrity relationship](#) with Joe Alwyn. According to *EOnline.com*, Swift revealed that her and longtime boyfriend Alwyn bonded while writing sad songs for her latest album. The couple has been dating for about four years, but have chosen to keep their relationship relatively private due to Swift's past experiences with public relationships and break-ups.

**In celebrity news, Taylor Swift gave fans rare insight into her relationship with boyfriend Joe Alwyn. What are some reasons to keep details about your relationship to yourself?**

## **Cupid's Advice:**

There is nothing wrong with wanting to keep some of the details about your relationship to yourself, whether it one that is relatively new or one you've been in for years. If you are looking for some reasons to keep details about your relationship to yourself, Cupid has some advice for you:

**1. Past traumas:** If you've experienced some kind of public fallout from a break-up in the past, you may want to keep your future relationships more private. Sharing too much of your new relationship with the public could cause you to fear the same result if things end, which can add unnecessary stress to your current situation. Keeping this quiet and revealing selective details is a great alternative to sharing everything if you don't want to!

**Related Link:** [Celebrity News: Khloe Kardashian Posts Cryptic Messages One Day After Tristan Flies to Boston to Join Celtics](#)

**2. Work-life separation:** If you have a relatively public career, you may desire to keep other aspects of your life private, such as your relationships. Having a private relationship while working in the public eyes is a great way of ensuring you don't feel like the public knows everything about your life, and takes the pressure off your partner if they are not used to their lives being incredibly public.

**Related Link:** [Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split](#)

**3. Value privacy:** Some people simply value their privacy and do not want everyone else knowing the details of their relationship. This desire for privacy is a valid reason for keeping details of your relationship to yourself. Share what you wish to share, and keep the rest as details between just you and your partner.

**What are some other reasons to keep details about your**

relationship to yourself? Start a conversation in the comments below!

---

# Celebrity Couple News: 'Bachelorette' Tayshia Adams Picks Her Final 3 And Sends Someone Home



By Nicole Maher

In the latest [celebrity news](#), *Bachelorette* Tayshia Adams

narrowed down her remaining contestants to just three men after hometown dates. According to *UsMagazine.com*, Adams hoped these dates would provide an opportunity to get to know both the men and their families better. The [reality tv](#) star went on four individual dates during the episode and made the heartbreaking decision to send one man home.

## **In celebrity couple news, Tayshia Adams is down to her final three suitors. What are some ways to know that someone is right for you?**

### **Cupid's Advice:**

Sometimes we encounter a person who we find both attractive and kind, but inevitably do not have the best chemistry with. These situations can be challenging because you may be reluctant to let go of someone when nothing is necessarily wrong, they are just not your perfect match. If you are looking for some ways to know that someone is right for you, Cupid has some advice for you:

**1. Your bond feels natural:** While it may not be love at first sight, creating a bond with someone should feel easy and natural if they are the right person for you. There may be awkward silences in conversations or mild miscommunications while you are getting to know someone, but the overall progression of the relationship should never feel forced.

**Related Link:** [Celebrity News: 'Bachelorette' Clare Crawley Says She's 'Going Through Things' After Thanksgiving with Dale](#)

**2. You're progressing at the same pace:** There is no set timeline that you need to follow when you are getting to know or dating someone new. However, the two of you should be

progressing at relatively the same pace as the relationship continues. If one person is still holding back months into the relationship, it may be a sign they are not the right person for you.

**Related Link:** [Celebrity News: Dean Unglert Admits He Was 'Disappointed' in Caelynn Miller-Keyes Past](#)

**3. You don't feel stressed:** Your intuition is your best friend when starting a relationship with someone new. Sometimes we still feel stressed with things appearing to be going perfectly, which may be a result of some underlying factor you are avoiding. If the current situation you are in causes you to feel a constant low level of stress, it may be a sign that person is not your perfect match.

**What are some other ways to know if someone is right for you? Start a conversation in the comments below!**

---

# Celebrity News: Khloe Kardashian Posts Cryptic Messages One Day After Tristan Flies to Boston to Join Celtics







By Nicole Maher

In the latest [celebrity news](#), Khloe Kardashian posted a series of cryptic messages the day following Tristan Thompson's arrival in Boston to join the Celtics. According to *UsMagazine.com*, the Kardashian sister shared a series of inspirational quotes on her Instagram stories about focusing on the positives of life. The [celebrity couple](#) has experienced a rocky relationship with allegations of Thompson's cheating first surfacing in February of 2019, but plan to split their time between Los Angeles and Boston.

**In celebrity news, Khloe Kardashian may be dealing with a long distance relationship after Tristan flew across the country to join his new basketball team. What are some ways**

# to make a long distance relationship successful?

## Cupid's Advice:

Long distance relationships can be difficult to navigate, no matter how prepared you may feel to take on the challenge of living in different places. However, with some hard work, long distance relationships can be successful. If you are looking for ways to make a long distance relationship work, Cupid has some advice for you:

**1. Have a communication plan:** When you are not physically near someone, it can feel more tempting to want to talk to them more often. However, if you're expecting to talk to your partner all day when it is not realistic for either of your schedules, you may find yourself getting disappointed. Selecting methods of communication and times to talk early-on in a long distance relationship can help manage expectations and avoid conflict.

**Related Link:** [Celebrity News: Tamera Mowry Says Quarantine Tested Her Marriage to Adam Housley](#)

**2. Plan enough visits:** Even if you have good communication in your different locations, it is still important to make the effort to see each other in person. Trying to see each other relatively often, as well as making sure both partners are making the effort to travel if possible, is a great way to strengthen a long distance relationship.

**Related Link:** [Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split](#)

**3. Focus on the end-goal:** Every long distance relationship is going to experience hardships relating to the difference of location, which makes it especially important to focus on your

end goal. If the distance is only temporary, focus on working toward being in the same location again. This reminder that the distance is only a phase in your relationship will help the two of you work through the challenges connected to it!

What are some other ways to make long distance relationships successful? Start a conversation in the comments below!

---

## **Celebrity News: 'Bachelorette' Clare Crawley Says She's 'Going Through Things' After Thanksgiving with Dale**





By Nicole Maher

In the latest [celebrity news](#), former *Bachelorette* Clare Crawley alluded to some troubles in her [celebrity relationship](#) with Dale Moss after the pair spent this Thanksgiving together. According to *UsMagazine.com*, Crawley provided insight into the issues of their relationship in an Instagram caption, and explained how being a [reality television star](#) does not “exempt” her from having real emotions. The pair made history after getting engaged after just two weeks on the show this past season.

**In celebrity news, things may not be rainbows and roses for Clare Crawley and her new beau, Dale. What are some signs your relationship needs help?**

**Cupid's Advice:**

Every relationship is bound to run into issues at some point, whether it is early-on or after some time. While tough to navigate, these issues can point you to the areas of your relationship that need some more attention. If you are looking for some signs that your relationship needs help, Cupid has some advice for you:

**1. You've stopped trying to problem-solve:** In a healthy relationship, most issues are addressed with problem-solving and compromise. However, if these issues have caused you to avoid discussing possible solutions and led you to avoid the topic altogether, then it is a sign that your relationship needs help. Looking for new areas of compromise or different communication strategies may help you work through this rocky period.

**Related Link:** [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**2. You've purposely spent less time together:** Everyone needs a break from the partner occasionally, even if it is just for a few hours. But if you find yourself looking for extra opportunities to spend some time away from your partner, it may be a sign that your relationship needs help. This person should be considered a safe-space in your life, not someone you are looking to avoid.

**Related Link:** [Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss](#)

**3. You have fundamental differences:** Especially in newer relationships, it can be exciting when you have a lot in common with your partner, but challenging when you start discovering differences. Large fundamental differences, such as desired living situations and future ideas of marriage and children, can reveal areas of your relationship that need help. If both partners are willing to compromise in some areas, it could easily become a resolved issue.

What are some other signs that a relationship needs help? Start a conversation in the comments below.

---

# Celebrity News: Tamera Mowry Says Quarantine Tested Her Marriage to Adam Housley



By Nicole Maher

In the latest [celebrity news](#), Tamera Mowry revealed that being quarantined with her husband Adam Housley tested their marriage. According to *UsMagazine.com*, Mowry described both

herself and her husband as workaholics, and said that being home together constantly was a change to which they needed to adapt. The [celebrity couple](#) tied the knot in May of 2011, and share two children together.

## **In celebrity news, Tamera Mowry is opening up about the test she and her husband are going through due to COVID-19. What are some ways to cope with being quarantined with your partner?**

### **Cupid's Advice:**

Quarantine has proved as a relationship test for even the strongest of couples. While you may love your partner endlessly, being confined to one home for months on end can test your relationship. If you are looking for some ways to cope with being quarantined with your partner, Cupid has some advice for you:

**1. Allow for some alone time:** Just because you and your partner are in the same house does not mean you have to be together the entire time. As quarantine progresses, you may feel the need to have some time apart. Taking a few hours every day or so to relax or sit on your own can help prevent any frustrations or tensions you may be feeling with your partner. If possible, safely getting some alone time by going for a walk or drive is also a good option.

**Related Link:** [Celebrity Vacation: Maren Morris Celebrates Ryan Hurd's Birthday with Romantic Getaway](#)

**2. Have off-limit areas:** Quarantine can make any living space

feel claustrophobic after some time, so designating some areas that are reserved for each partner is a good idea to maintain the peace. If you are working from home, an office is a great space to reserve for yourself. In smaller living situations such as apartments, having a designated chair where your partner knows to give you space can also work.

**Related Link:** [Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley](#)

**3. Plan in-house events:** Despite feeling confined to your partner because of quarantine, it is still important to nurture the relationship by scheduling things to do together. By doing at-home dates such as cooking together or watching a movie, it will show your partner that you still want to spend quality time with them. This miniature date can help relieve some tension and make your partner more willing to give you space when you need it.

**What are some other ways to cope with being quarantined with your partner? Start a conversation in the comments below.**

---

## **Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split**







By Nicole Maher

In the latest [celebrity news](#), Vanessa Hudgens revealed what she wants in the ideal partner following her [celebrity break-up](#) with Austin Butler. According to *UsMagazine.com*, Hudgens is open to dating someone whether they are in the public eye or not. Hudgens and Butler separated in January of this year after dating for nearly nine years. Since their break-up, Hudgens has revealed that she has not been dating amid the coronavirus pandemic and her busy acting schedule.

**In celebrity news, Vanessa Hudgens is reevaluating what she looks for in a partner after her split from Austin Butler. What are some ways to learn from a break-up?**

**Cupid's Advice:**

Although challenging, break-ups provide a great opportunity for learning lessons from a past relationship, as well as determining what you want out of future relationships. If you are looking for some ways to learn from a break-up, Cupid has some advice for you:

**1. Set priorities:** Break-ups provide a great time to reestablish your priorities and expectations about what you want in a future relationship. While you likely had an idea of your priorities before you even started dating, going through an unsuccessful relationship can reveal what you truly need from a partner to make things work. Take this time to update your priorities so that you know what is a must-have the next time around.

**Related Link:** [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

**2. Establish deal-breakers:** Deciding on deal-breakers is just as important as setting priorities. A person can have all of the characteristics you favor, but if they have a major lifestyle habit that you disagree with, it can cause conflict in the future. Deal breakers also don't have to be "negative" attributes about the person, but can simply be factors like distance and the type of relationship you are both looking for.

**Related Link:** [Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox](#)

**3. Consider external factors:** When we're in a relationship, we sometimes tend to put that aspect of your life above others. Break-ups are a great time to look at other aspects of your life and decide if you'd like to spend some time improving them as well. By working to better yourself professionally or mentally between partners, you will enter your next relationship with a more solid foundation and be ready to put in all the necessary effort.

What are some other ways to learn from a break-up? Start a conversation in the comments below.

---

# Celebrity Break-Up: Olivia Wilde Ditches Engagement Ring After Jason Sudeikis Split



By Nicole Maher

In the latest [celebrity news](#), Olivia Wilde has removed her engagement ring after her [celebrity break-up](#) with fiancé Jason Sudeikis. According to *UsMagazine.com*, Wilde was first spotted

without her ring while spending some time at a horse stable in Los Angeles, California. The couple began dating in November of 2011 and announced their engagement in January of 2013.

## **In celebrity break-up news, Olivia Wilde is no longer sporting the engagement ring she got from ex Jason Sudeikis. What are some physical ways you can cope with a break-up?**

### **Cupid's Advice:**

One of the hardest things to deal with in a break-up is letting go of some of the physical reminders of your relationship. If you are looking for some physical ways you can cope with a break-up, Cupid has some advice for you:

**1. Lose the jewelry:** Whether it's an engagement ring or a necklace, taking off any jewelry that was given to you by your ex is a good first step in removing physical reminders of your break-up. This will also give others the clue that your relationship has ended without you necessarily needing to tell everyone verbally. After some time has passed, you can decide what to do with the jewelry long-term.

**Related Link:** [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

**2. Clean your social media:** In the modern age, nearly everyone in a relationship has shared some pictures with their partner on social media. Another physical way of coping with a break-up is to clear that person from your field. This can include archiving pictures of you two together, removing tags from

past photos, and muting or unfollowing your ex's account.

**Related Link:** [Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death](#)

**3. Put away past gifts:** While you may have a sentimental attachment to some of the gifts your ex has given you in the past, it is a good idea to remove these gifts from view. Just like with jewelry, placing the gifts you've received in a box and putting them away for a while can help take your mind off the break-up. Once your emotions have settled, then you can decide what to keep, return, and get rid of.

What are some other physical ways that can help you cope with a break-up? Start a conversation in the comments below.

---

## Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley





By Nicole Maher

In the [latest celebrity news](#), new *The Bachelorette* Tayshia Adams defended the character of the remaining male contestants after taking over for Clare Crawley. According to *EOnline.com*, Adams described the men as “phenomenal” while discussing the season on the *Bachelor Happy Hour* podcast. The [reality tv star](#) describes that during Crawley’s time on the show, very few of the men had the opportunity to express their personalities, which changes as the season advances with Adams.

**In celebrity news, Tayshia defended the men on her season of *The Bachelorette* after taking over for Clare. What are some ways to find love in an unusual setting?**

**Cupid’s Advice:**

Even if we are not planning on going on a dating television show, it is still possible to find love in unconventional settings. However, these settings may cause us to feel closed off or skeptical. If you are looking for some ways to find love in an unusual setting, Cupid has some advice for you:

**1. Drop preconceived ideas:** When we find ourselves in a new setting, we often have preconceived ideas about what the people and experiences will be like once we arrive. In order to give the idea of finding love a fair chance, it is important to get rid of those preconceptions. Having a clean slate and open mind is the best way to find love in unusual situations.

**Related Link:** [Celebrity News: DeAnna Pappas Hints At Clare Crawley's Relationship Status with Dale Moss](#)

**2. Don't force anything:** Sometimes when approaching a situation with the hope of finding love, we may unintentionally feel ourselves trying to force a connection. Even in unusual settings, it is better to let things progress naturally. Make sure that the person you are finding interest in is someone you would want present in your normal life as well, and not simply the best option out of the people around you.

**Related Link:** [Celebrity News: Former 'Bachelor' Colton Underwood Says Cassie Randolph Dropped Restraining Order](#)

**3. Take advantage of your time there:** Whether your unusual setting is a business trip or simply your local gym, it is important to take advantage of the time you have there. If you are looking to find love, use every opportunity to talk to the people around rather than waiting for them to approach you. By using your time wisely, you'll open as many doors as possible for potential bonds.

**What are some other ways to find love in an unusual setting? Start a conversation in the comments below!**

---

# Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits



By Nicole Maher

In the latest [celebrity news](#), Lamar Odom and Sabrina Parr have decided to call off their engagement. According to *UsMagazine.com*, Odom and Parr's [celebrity break-up](#) stems from personal issues that Odom needs to work through on his own. The couple was engaged in November of 2019, just three months after first being seen together in Atlanta, and had planned their wedding for November 2021.



**According to Sabrina, this celebrity break-up is a result of Lamar Odom needing to work on himself. How do you know if you're in a good place mentally and emotionally for a relationship?**

**Cupid's Advice:**

Sometimes the state of a relationship is dependent on internal factors, such as mental and emotional readiness, rather than external factors. If you are wondering if you're mentally and emotionally ready for a relationship, Cupid has some advice for you:

**1. You have other outlets of happiness:** Being in a relationship should be one of the highlights of your current life, but it should not be your only outlet of happiness. If the only thing that truly brings you joy is being around your partner, then you may not be mentally or emotionally ready for a relationship. Placing all of your happiness on one person can lead to unhealthy standards and more disappointments even if neither partner is in the wrong.

**Related Link:** [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

**2. You're happy with the timing:** When you are in a sound mental and emotional place, you are often happy with the progression of your life. If you are content with the rate at which your relationship is moving, as well as how it fits into your life overall, then you are ready to be in that relationship. However, if you feel that this relationship will cause you to miss out on different areas of your life, you may

be in the spot to commit mentally.

**Related Link:** [Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together](#)

**3. You've processed past experiences:** An obstacle that many people face in relationships is getting over negative past experiences caused by an ex. If you are entering a new relationship but are still holding onto issues caused by a past partner, you may not be emotionally ready. However, if you've processed and coped with these past issues, then you are likely in a good spot to go forward with a relationship.

**What are some other ways to tell if you're mentally and emotionally ready for a relationship? Start a conversation in the comments below.**

---

# Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together





By Nicole Maher

In the latest [celebrity news](#), *Real Housewives of Beverly Hills*' couple Erika Jayne and Tom Girardi have announced their split. According to *EOnline.com*, their [celebrity break-up](#) comes following 21 years of marriage. The couple had originally met while Jayne was working in West Hollywood and were engaged after six months of dating. Despite being married for two decades, Jayne expressed frustration about the public's continued reference to the couples' age gap.

**In celebrity break-up news, it's over for Erika and Tom, who have been together for over two decades. How do you know when a long-term relationship has run its course?**

**Cupid's Advice:**

Break-ups are never easy, no matter how long you and your partner have been together. However, spending years, or even decades, with another person can make the process of breaking up even more challenging. If you are looking for signs that your long-term relationship has run its course, Cupid has some advice for you:

**1. Holding on to happier times:** Creating memories together can be one of the best parts of a relationship, but it can also cause people to remain in relationships that are reaching their end. If you find yourself holding on to memories that happened months or years ago, but have not made the same type of memories since, your relationship may have run its course. Breaking-up doesn't mean you have to forget all the great times in your relationship, it opens you up to new experiences.

**Related Link:** [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

**2. You've grown in different directions:** People are constantly growing and changing over the years. It's possible that you and your long-term partner have grown in different ways since the beginning of your relationship. While this is no one's fault, staying together despite your different paths in life may continue to cause conflicts that you're already facing.

**Related Link:** [Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids](#)

**3. Loss of feelings:** No one wants to be told that their partner has lost feelings for them. Likewise, many people might not want to admit they've lost feelings for their partner. However, it's possible over the course of a long-term relationship for feelings to change, and holding on to past feelings of love that have disappeared will eventually lead to an unhealthy relationship.

**What are some other signs a long-term relationship has run its**

course? Start a conversation in the comments below.

---

# Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids



By Nicole Maher

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler celebrated Halloween together with their kids despite being in

the midst of a divorce. According to *EOnline.com*, Cavallari shared an Instagram post showcasing the [celebrity exes'](#) costumes, along with those of their three children. The couple first announced their divorce in April of this year after ten years of marriage, and Cavallari has been rumored to be casually dating comedian Jeff Dye.

**In celebrity news, these exes took the high road and celebrated Halloween together with their kids. Why should you come together as a family for holidays if you're not together as a couple anymore?**

#### **Cupid's Advice:**

Holidays can be challenging for separated families, especially when both parents want to be present. Even though it may be difficult to come together for a holiday with your ex, it may be worth it. If you are looking for some reasons to come together as a family for the holidays, Cupid has some advice for you:

**1. Create new memories:** Holidays are the perfect occasion for creating memories with your children. It is important not to skip out on these types of memories just because you are no longer with your partner. Looking back, both you and your children will be happy you chose to spend these days together as a family despite any differences.

**Related Link:** [Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post](#)

**2. Demonstrate healthy relationships:** Spending the holidays

together despite no longer being together is a great way to demonstrate healthy relationships to your children. They will learn that even if two people have a differing opinion on something, it is still possible to compromise and communicate effectively. They will also learn how to set realistic expectations and boundaries in their future relationships.

**Related Link:** [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

**3. Relieve family stress:** Whether people are showing it or not, the holidays can be stressful for everyone involved in a separated family. While you may be worrying about not being able to see your children on a specific holiday, they may be facing the same fear. By making an effort to all be in the same house, you'll be relieving stress for everyone involved.

**What are some other reasons you should come together as a family for the holidays? Start a conversation in the comments below!**

---

## **Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox**





By Nicole Maher

In the latest [celebrity news](#), Machine Gun Kelly outlined how his new relationship with Megan Fox has made him a better person. According to *UsMagazine.com*, Kelly was struggling with addiction prior to meeting Fox, but their relationship allowed him to break the cycle and have the “biggest rise” of his life. The [celebrity couple](#) met while filming *Midnight in the Switchgrass* and moved in together one month after Fox separated from her estranged husband.

**In celebrity news, Machine Gun Kelly credits Megan Fox for helping him become a better person. What are some ways a relationship can change you for the better?**

**Cupid's Advice:**



There are many benefits to being in healthy and loving relationships, some of which may personally make you a better person. If you are looking for some ways a relationship can change you for the better, Cupid has some advice for you:

**1. More responsibility:** Relationships come with a lot of responsibilities, from maintaining open communication to tending to the feelings of your partner. By taking on some of these responsibilities when getting into a relationship, you will gradually become more mature and better equipped to maintain other relationships and friendships in the future. This ability to handle more responsibilities can also translate to other areas of your life, such as your professional life.

**Related Link:** [Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss](#)

**2. New social circles:** The people that we choose to surround ourselves with can benefit or hurt us in the long run. Forming a new relationship can provide an opportunity to integrate new people into your social circle, which may lead to some more positive influences. Changing the people you surround yourself with can also provide an opportunity to stop falling back into old habits if it was something you shared with your past friends.

**Related Link:** [Celebrity News: 'RHOC' Alum Vicki Gunvalson Shoots Down Split Rumors](#)

**3. Positive outlooks:** Healthy and loving relationships should provide you with more things to look forward to in life. A relationship can better you as a person by giving you more outlets for excitement, which in turn can make you a happier and more pleasant person to be around. The happier you are, the more positively you will see yourself as well.

**What are some other ways a relationship can make you a better person? Start a conversation in the comments below!**

---

# Celebrity Baby: Lily Allen Reveals She Wants Kids With Husband David Harbour



By Nicole Maher

In the latest [celebrity news](#), Lily Allen revealed that she may be discussing the possibility of having a [celebrity baby](#) with new husband David Harbour. According to *EOnline.com*, Allen and Harbour are open to having children together, but may hold off for a while because of Allen's struggles with mental health. The [celebrity couple](#) met on the dating app Raya in 2019 and were secretly married in September of this year.

**In celebrity baby news, Lily Allen wants kids eventually with her new husband, but she may hold off for a little while since she's in a good place mentally. What are some ways mental health comes into play when deciding whether to have kids?**

**Cupid's Advice:**

Having children leads to large changes in everyone's lives, but these changes can be especially challenging for those who struggle to maintain mental health. What mental health considerations should you make before having kids? Cupid has some advice:

**1. Change in hormones:** Pregnancy and childbirth are two events that cause large changes to a woman's hormones, which could also affect her mental health. If you are considering having children but are worried about the changes it will cause to your body because of your mental health, getting the advice of both a psychologist and an obstetrician can help you decide when the best time to try for a child may be.

**Related Link:** [Royal Celebrity News: Prince William Disagreed With the Palace's Misleading Comments about Meghan Markle's Labor and Birth](#)

**2. Higher energy levels:** Having and raising children requires large amounts of energy, which is something that may already be a struggle for someone with inconsistent mental health. While having a kid may allow for less rest days, there are many ways to structure your schedule that allow you to prioritize both raising your child and maintaining your

balance of energy. On days where your energy is lower, try relying more on your partner or a babysitter.

**Related Link:** [Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson is Pregnant With First Child](#)

**3. Constant enthusiasm:** Whether it's their first birthday, first steps, or first day of school, there is so much to celebrate as your child grows up. However, this constant need to have enthusiasm may be difficult for someone struggling to maintain good mental health. Waiting until you have more enthusiasm in your daily life to have a kid may be a good idea to prevent you from feeling like you're missing out on celebrating important milestones.

What are some other ways mental health comes into play when deciding whether to have kids? Start a conversation in the comments below.

---

## Celebrity News: Blake Shelton & Gwen Stefani Toast to CMT Music Awards 2020 Win





By Nicole Maher

In the latest [celebrity news](#), Blake Shelton and Gwen Stefani celebrated their recent win at the CMT Music Awards 2020 for their duet “Nobody But You.” According to *UsMagazine.com*, Shelton and Stefani toasted to their win while watching the award ceremony from their living room. The [celebrity couple](#) has been together since 2015, and have released a total of four duets together. Both singers took to their social media accounts to thank their fans and each other for all the support.

**In celebrity news, Blake and Gwen are the definition of a power couple! What are some ways to celebrate your accomplishments with your partner?**

**Cupid’s Advice:**

One of the best parts of being in a relationship is getting to celebrate your accomplishments with the person you love. Whether it is something that you have accomplished together or individually, it is the perfect opportunity to provide some congratulations. If you are looking for some ways to celebrate your accomplishments with your partner, Cupid has some advice for you:

**1. Plan a date:** The perfect way to celebrate an accomplishment within your relationship is to plan a date. Whether it is a dinner at your favorite restaurant or a weekend getaway, planning a date is a great way to show your partner how proud you are of them, and gives you an opportunity to celebrate together.

**Related Link:** [Celebrity Couple News: Gwen Stefani & Blake Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

**2. Buy them a gift:** Gifts are another thoughtful way of celebrating an accomplishment within your relationship. If it was your partner that achieved their goal, then buy them something you know they've been wanting for a while. If it is something that you've accomplished together, then you can both contribute and buy something for the two of you to share.

**Related Link:** [New Celebrity Couple: Sofia Richie Is Dating Matthew Morton After Scott Disick Split](#)

**3. Tell them you're proud:** Sometimes the best way to celebrate an accomplishment and make your partner feel important is to simply tell them how proud you are. Words of affirmation can go a long way in making your partner feel special and strengthening your relationship, and are not something that should be overlooked just because they are free!

**What are some other ways to celebrate an accomplishment with your partner? Start a conversation in the comments below!**

---

# Celebrity Couple News: Jacob Elordi & Kaia Gerber Confirm Relationship With a Kiss



By Nicole Maher

In the latest [celebrity news](#), Jacob Elordi and Kaia Gerber have just made their relationship official in public. According to *EOnline.com*, Elordi and Gerber were spotted kissing while running errands together in Los Angeles. The [celebrity couple](#) caught the attention of their fans back in September when they were seen at dinner together, and the rumors continued as they were seen holding hands while walking

through a New York City market.

## **In celebrity couple news, Jacob and Kaia have gone public with their relationship. What are some subtle ways to confirm your new relationship to family and friends?**

### **Cupid's Advice:**

While you are undoubtedly excited about your new relationship, you may not be the type of person who wants to formally announce it to everyone. If you are looking for some subtle ways to confirm your new relationship to family and friends, Cupid has some advice for you:

**1. Ask for a plus one:** A great way to subtly announce that you and your partner have gotten more serious is to ask if you can bring them as a plus-one to an event. This will show your friends and family your relationship is growing as you are allowing for it to become more public.

**Related Link:** [Celebrity Couple News: Jeff Dye Appears to Reference New Romance with Kristin Cavallari in Funny Post](#)

**2. Call it a date:** Switching up the language is another subtle way of showing the growth of your relationship. If you have been telling your family and friends that you are “hanging out” with your current partner on Friday night, now may be the time to switch the phrasing to “going on a date.” This will let them know that things have gotten more serious and leave them wanting to know more details!

**Related Link:** [Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot](#)



**3. Step up the PDA:** Just as Eloridi and Gerber did, stepping up the PDA is a subtle way of making your relationship official. By openly giving your partner a kiss hello, or holding their hand throughout the day, it will let you family and friends know that the two of you are officially together without you needing to outwardly say it.

**What are some other subtle ways to confirm your relationship to friends and family? Start a conversation in the comments below!**

---

## **Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post**





By Nicole Maher

In the latest [celebrity news](#), Jeff Dye may have just referenced a new romance forming with Kristin Cavallari. According to *UsMazagine.com*, Dye posted a mirror selfie to his Instagram account captioned, “Some women like hot guys, some like funny guys. Don’t be salty,” which Cavallari liked. While the [celebrity couple](#) has not made their relationship official, they were spotted kissing during a date in Chicago this October. Cavallari has expressed not wanting a serious relationship following her recent split from husband Jay Cutler.

**In celebrity couple news, Jeff Dye hasn’t officially confirmed his relationship with Kristin Cavallari, but he seemingly**

# referenced it in a recent Instagram post. What are some reasons to keep your relationship under wraps at first?

## Cupid's Advice:

Just because you see your friends and family releasing details about their relationship does not mean you are obligated to do the same thing. If you are looking for some reasons to keep your relationship under wraps at first, Cupid has some advice for you:

**1. You're just starting out:** When you are just beginning a new relationship and aren't sure where it's going, you may wish to keep the details to yourself. There is no shame in waiting a few weeks or months before sharing your relationship with others, especially if you are waiting to see if you're going to be with this person long-term.

**Related Link:** [Celebrity Couple News: Kristen Bell Stands By Husband Dax Shepard After Relapse](#)

**2. Keeping it casual:** If you and your current partner are just looking to keep things casual, then there may be no reason to post about it. You may not want to overshare about this relationship if you do not see yourself dating this person long-term, or are still open to meeting other people.

**Related Link:** [Celebrity News: Jana Kramer Receives DM Alleging Husband Mike Caussin Cheated Again](#)

**3. You want privacy:** Some people simply want privacy in a relationship and do not wish to make all the details public. Whether you went through a public break-up in the past or simply do not want to answer endless questions about your new

partner, seeking privacy is an understandable reason for keeping things under wraps.

What are some other reasons for keeping your relationship on the down-low when you first start dating? Start a conversation in the comments below!

---

## Celebrity Baby News: 'Duck Dynasty' Alum Sadie Robertson Is Pregnant With First Child



By Nicole Maher

In the latest [celebrity news](#), *Duck Dynasty* alum Sadie Robertson and her husband Christian have announced that they're pregnant with their first [celebrity baby](#). According to *UsMagazine.com*, the [celebrity couple](#) both took to Instagram to announce their pregnancy. Robertson's post included an image of the couple together holding the newest sonogram of their child. Robertson and Huff first made their relationship official back in September of 2018, and announced their engagement shortly after in June of 2019.

**In celebrity baby news, Sadie Robertson and husband Christian Huff are expecting their first child together. What are some ways to announce your pregnancy to family and friends?**

### **Cupid's Advice:**

While posting pictures of your pregnancy announcement on social media may be a great way of informing people you don't speak with everyday, you may be looking for a more intimate way to tell those closer to you. If you are looking for some ways to announce this milestone to your close friends and family, Cupid has some advice for you:

**1. Baby clothes:** One way to announce your pregnancy to your family, and to prepare for the arrival of your baby, is to start picking up baby clothes. Whether you are simply throwing a few baby outfits in your cart while you are out shopping with someone, or deliberately giving your parents a pair of baby shoes to keep at their house, people will catch on quickly and start asking you for all the details.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Customized gifts:** From t-shirts to coffee mugs to baked goods, there are endless possibilities for announcing your pregnancy through a customized gift. Announcing your pregnancy this way will allow you to personalize the news for each person you are telling. If your family member has a favorite sports team or musician, giving them a customized gift saying their newest number one fan is on the way is a moment they will never forget.

**Related Link:** [Celebrity Baby News: Gigi Hadid & Zayn Malik Welcome First Child](#)

**3. Excited phone call:** Sometimes the excitement of realizing you are pregnant is too much and the first thing you want to do is call your parents. While this may take away the opportunity for a more planned out pregnancy announcement in the future, it is still just as memorable to all your family to share in the initial excitement with you.

**What are some other ways to announce your pregnancy to family and friends? Start a conversation in the comments below!**

---

# Celebrity News: Nikki Bella Describes Deep Postpartum Depression





By Nicole Maher

In the latest [celebrity news](#), Nikki Bella opened up about the struggles she faced in her [celebrity relationship](#) while suffering from postpartum depression. According to *UsMagazine.com*, Bella recalled having feelings of hatred toward her fiancé Artem Chigvintsev after having their [celebrity baby](#), but was able to move past these feelings as the couple began to have more open discussions. Chigvintsev stated that he wished Bella had opened up “sooner” about how she was feeling so that he was more aware of her postpartum depression when he came home from filming the ABC show *Dancing With The Stars*.

**In celebrity news, Nikki Bella “hated” partner Artem Chigvintsev as she battled postpartum depression. What are some ways to**

# support your partner through postpartum depression?

## Cupid's Advice:

Postpartum depression following the birth of a child is something that many couples face in their relationship, even if they are not talking about it openly. If you are looking for ways to support your partner through postpartum depression, Cupid has some advice for you:

**1. Discuss it frequently:** To avoid the formation of ill feelings from either person, it's important to discuss the effects postpartum depression is having on both your partner and the relationship. While your partner may be hesitant to open up because they fear it will strain the relationship, acknowledging and talking through these new feelings will prevent any bad feelings from building up.

**Related Link:** [Celebrity Baby News: Rooney Mara & Joaquin Phoenix Welcome First Child](#)

**2. Stay close by:** The easiest way to support someone is to remain by their side during a difficult time. Try to make yourself available to the other person as much as possible or contact them frequently if you need to be out of town. By staying close and talking often, you will prevent them from feeling like they are alone in this process.

**Related Link:** [Royal Celebrity Couple Prince Harry & Meghan Markle Take Aim At Online Negativity](#)

**3. Do your research:** Postpartum depression is complicated and can be different for everyone experiencing it. One way to show your partner that you truly care and are ready to be supportive is to do some research about how they might be feeling. If your partner sees you doing a little extra work,



they will know you are taking this new part of the relationship seriously!

What are some other ways to support your partner through postpartum depression? Start a conversation in the comments below.

---

## **Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce**





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

**This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some**

# support systems to have in place during a dramatic divorce?

## **Cupid's Advice:**

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

**1. Family and friends:** The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

**Related Link:** [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

**2. A lawyer:** The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

**Related Link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**3. Counselors and therapists:** It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of

the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

**What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.**

---

## **Celebrity Baby News: Penn Badgley & Domino Kirke Welcome First Child Together**





By Nicole Maher

In the latest [celebrity news](#), Penn Badgely and Domino Kirke welcomed their first [celebrity baby](#) together after having multiple miscarriages. According to *UsMagazine.com*, the [celebrity couple](#) first shared the news of their baby's birth on Kirke's Instagram. While this is the first child the couple have together, Badgley has been acting as a stepfather toward Kirke's ten-year-old son, Cassius, from a previous relationship. Kirke has described her husband Badgley as being a "good stepdad," and is excited to raise their own child together as well.

**In celebrity baby news, Penn and Domino welcomed a child together after suffering multiple miscarriages. What are some ways to**

# support each other through a miscarriage?

## Cupid's Advice:

There is so much excitement around expecting a child with your partner, and the last thing you want to consider is the possibility of having a miscarriage. Unfortunately, many couples do experience miscarriages during their pregnancy journeys. If you are looking for ways to support your partner and relationship through a miscarriage, Cupid has some advice for you:

**1. Relieve any guilt:** Miscarriages are one of the most emotional events a couple can experience when trying to have a child. Despite following all of the pregnancy guidelines and visiting doctors regularly, an issue such as miscarriage can still occur. It is important to remove any guilt or blame surrounding a miscarriage, and assure both partners that neither of them are at fault.

**Related link:** [Celebrity Baby News: Gigi Hadid Gets Flirty with Zayn Malik Ahead of Baby No. 1's Arrival](#)

**2. Develop a plan:** Deciding on the next-steps following a miscarriage are painful but necessary. These types of events can be emotionally exhausting in a relationship, and it is important to discuss how both of you wish to move forward together. Having a conversation about if and when to try again, as well as the possibility of exploring other options can help relieve some stress and provide a new sense of hope in the relationship.

**Related link:** [Celebrity Baby News: Hilaria Gives Birth to 5th Child with Alec Baldwin](#)

**3. Attend to the family:** After a miscarriage, a majority of

the attention goes to the woman who was pregnant. While it is essential to support her through this process, it is also important to tend to the rest of the family. Both partners and any existing children were all likely looking forward to welcoming a new child into the family, and will all have their own grief processes following a miscarriage.

**What are some other ways to support your partner through a miscarriage? Start a conversation in the comments below.**

---

## **Celebrity News: Brad Pitt's Girlfriend Nicole Answers Fans Asking Why She Hates Angelina Jolie**





By Nicole Maher

In the latest [celebrity news](#), Brad Pitt's new girlfriend Nicole Poturalski faced questions about her rumored hatred toward Pitt's [celebrity ex](#), Angelina Jolie. According to *UsWeekly.com*, Poturalski was presented with an array of comments on one of her Instagram posts after captioning the image "Happy people don't hate," followed by three heart emojis. Fans were quick to question the caption after hearing rumors about Poturalski's ill feelings toward Jolie, but the model silenced them instantly. Pitt and Poturalski's [celebrity relationship](#) was confirmed after the two were spotted in France together this past August.

**In celebrity news, Brad Pitt's girlfriend is keeping things classy when it comes to her beau's ex. How do you deal with lingering drama**



# with your partner's ex?

## Cupid's Advice:

When beginning or continuing a relationship with your current partner, the last thing anyone wants to face is drama associated with their ex. While you may want to believe that none of the rumors are true, it can be difficult to stop them from affecting your relationship. If you are looking for ways to deal with lingering drama with your partner's ex, Cupid has some advice for you.

**1. Listen to your partner:** Your partner cannot control the way their ex acts after their relationship has ended. Rather than focusing on whatever it is that their ex is saying, pay more attention to the way your partner is speaking and acting. If he or she is not paying attention to any lingering drama, then neither should you.

**Related link:** [New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares](#)

**2. Limit their access:** In a world where everything we do ends up online, it can be beneficial to limit someone's access to you. There is no shame in blocking your partner's ex from your social media accounts if you feel that they are visiting your page regularly. If a person can't see what you are doing, then they can't start any real drama!

**Related link:** [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

**3. Stand your ground:** Unfortunately, sometimes people can be relentless and turning a blind-eye to the drama will only work for so long. If this is the case, follow Poturalski's lead and give them a simple reply. Despite stirring up drama, some people are still afraid of confrontation, and acknowledging their actions once may be enough to get them to stop.

What are some other ways to deal with lingering drama with your partner's ex? Start a conversation in the comments below!

---

# Celebrity Divorce News: Cardi B Files for Divorce from Offset After Three Years



By Nicole Maher

In the latest [celebrity news](#), rapper Cardi B has filed for a [celebrity divorce](#) from her husband Offset of Migos after three years of marriage. According to *EOnline.com*, the former

celebrity couple began to spark dating rumors after being seen together at the 2017 Superbowl, and were married in secret in September of that year. Throughout the three years of their marriage and the birth of their daughter Kulture, the pair had faced many infidelity rumors. Despite reconciling in the past, Cardi B has declared their [celebrity relationship](#) is “Irretrievably broken.”

## **In celebrity divorce news, Cardi B filed for divorce from husband Offset How do you know your relationship is officially over?**

### **Cupid’s Advice:**

When we truly love someone, we often find it difficult to determine when a relationship is officially over. Despite the fact that staying together may now be causing one or both of you discomfort, it can be challenging to let go. If you are looking for signs that it is time to end your relationship for good, Cupid has some advice for you:

**1. Nonstop disagreement:** It is obvious that a relationship isn’t working when both people involved are fighting constantly. However, even nonstop small disagreements, such as never agreeing where to eat or what day to hangout, can be unhealthy in a relationship. While these mild disagreements may not be enough to warrant a break-up initially, they can lead to underlying tension or lack of communication if they are present in every conversation.

**Related link:** [Celebrity News: Cassie Randolph Is Granted Restraining Order Against ‘Bachelor’ Colton Underwood](#)

**2. Lack of Excitement:** If agreeing to an activity with your partner causes you to feel stressed rather than excited, it

might be a sign that the relationship has reached its limit. It should never feel like an obligation to be around the person you love. If you find yourself dreading the idea of spending time with your partner, it is likely time to sit down for the conversation.

**Related link:** [Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding](#)

**3. Consult your friends:** While the relationship is taking place between you and your partner, sometimes it is necessary to get an outsider's perspective. Find a trusted friend that will have no problem being honest with you and ask for their feedback. This friend will likely see the signs long before you, and will have no problem telling you if you've been acting differently or getting irritated easily, which are often signs of a troubled relationship.

What are some other signs that a relationship is officially over? Start a conversation in the comments below.

---

## Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding





By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to *UsMagazine.com*, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred between them.

**In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last**

# ditch efforts you can make before deciding to split from your partner?

## Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

**1. Look to the beginning:** As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

**Related link:** [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

**2. Take a step back:** Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness or peace.

**Related link:** [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

**3. Seek professional help:** Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their

concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

**What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!**