

# Kristin Cavallari Shows Off Baby Bump #2



By April Littleton

According to [UsMagazine.com](http://UsMagazine.com), former *Hills* star Kristin Cavallari showed off her second baby bump via Instagram Jan. 18. "Gym selfie...baby bump getting big!" she captioned the photo. Cavallari married Jay Cutler last June. The couple are already parents to son Camden, 17 months.

**How do you prepare for a new addition to your family?**

**Cupid's Advice:**

Congratulations on your growing baby bump! Family is important. Adding to something that already means so much to

you is a special thing. You're ready to include a new life in your already amazing family, but how do you get them to feel the same way? Cupid is here to help:

**1. Communicate with your child/children:** One of the first things you should do when you find out you're expecting another baby is share the news with the child/children you already have. If they're old enough to understand what it means to be a big sister or brother, just let them know when you let the rest of your family know. If they're too young to full grasp the meaning, keep reassuring your love for them and get them excited about the new baby. Let them help pick out toys, clothing, etc. When the newborn finally does arrive, allow them to help out with small things involving their new younger sibling as well.

**Related:** [Chris Hemsworth and Elsa Pataky Are Expecting Twins](#)

**2. Budget:** How much money you're spending on your family now versus how much you'll have to spend when the baby comes will differ greatly. Be prepared for a new budget. A new child also comes with new responsibilities and a bigger family means higher expenses.

**Related:** [Olivia Wilde Shows Off Baby Bump at Golden Globes](#)

**3. Look through old baby items:** Before you go out and buy unnecessary baby items, look through some of the things you already have from your previous pregnancies. Depending on the sex of your newborn, any of the old clothing you have will do just fine until your child grows out of it. You can choose to update other items such as a crib, stroller and toys, but if you'd rather save your money for the things you can't reuse (diapers), your loved ones and your newborn baby won't hold it against you.

**What are some other ways to prepare for a new addition to your family? Comment below.**

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# Daphne Oz: “It’s Such an Adventure Being Pregnant”



By [Whitney Johnson](#)

Like any mother-to-be, Daphne Oz has been excitedly preparing for her upcoming arrival. She recently took a big step and picked out baby furniture at Delta’s Children showroom in New York City.

**Related Link:** [Emily Blunt Celebrates Her Baby Shower](#)

“I’ve loved every minute of being pregnant. It’s such an adventure, and everything feels so new and exciting! Since we

don't know what we're having, I've been designing the nursery in all neutrals – white, creams and grays – with lots of plush textures and soft things for baby,” *The Chew* co-host recently told *Celebrity Baby Scoop*. “My mom has been helping me, which is so much fun as we create a welcoming environment for the newest addition to our family.”

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## Bruce Willis Prepares to Welcome His Fifth Child



By Brittany Stubbs

Bruce Willis is a daddy-to-be – again! The actor's beautiful

wife Emma Heming-Willis, is officially expecting their second child together, confirms [People](#). Willis comments on his experience of being a father to the couple's first child, daughter Mabel Ray who is now 20 months old, stating, "I think I'm even more open and more giving as a father now. I pay more attention now because I value it more and I'm less caught up with my career." Willis is also a parent to his children from a previous marriage with Demi Moore, fathering daughters Tallulah, 19, Scout, 22, and Rumer, 25.

## How do you decide how many children are right for you?

### Cupid's Advice:

It can be hard to make the decision that's right for you when it comes to deciding how many children to have. Cupid has some advice:

**1. Financially:** Although children are referred to as gifts, they are far from free. When it comes to planning whether or not to expand your family, your financial situation is a large factor to consider. You may dream of having four precious children, but can you afford to support the expenses that come with those lives, both currently and in the future.

**Related:** [Bruce Willis Supports Demi Moore Post-Splie With Ashton Kutcher](#)

**2. Time commitment:** Each child is in need of your personal time and attention. It's important to consider whether you and your partner have the luxury of that personal time to devote to *each* your children separately. Will you be able to make all those different little league games, dance performances, and parent-teacher meetings?

**Related:** [Kate Winslet Welcomes a Baby Boy](#)

**3. Age:** When planning a family, the age of you and your spouse might depend on the number of children right for you. If



you're starting a family when you're older and don't necessarily want to have all your children back-to-back, you may decide that a smaller family is what is fit for you.

How have you determined the number of children right for you? Share your thoughts below.

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## Kim Kardashian Defends Parenting Decisions in Face of 'Ignorant' Tweeter



By Kerri Sheehan

Kim Kardashian revealed that her five-month-old daughter, North West tried out swimming for the first time this weekend. Both Kim and fiancé, Kanye West were present for the occasion. Kim posted about the family swimming day on her Twitter page and one commenter said that it was nice that Kimye's baby girl "got to see her parents for a change!" According to [UsMagazine.com](http://UsMagazine.com), Kim fired back calling the commenter ignorant and saying that she did not know how much time Kim and Kanye spent with their daughter.

**What are ways to compromise on parenting techniques with your partner?**

### **Cupid's Advice:**

Parenting is tough work. Make sure you're working with your partner and not against them by compromising on parenting techniques.

**Related Link:** [Kanye West Calls Kim Kardashian 'the Most Beautiful Woman of All Time'](#)

**1. Figure out your styles:** It will be easier to mesh your two parenting techniques together once you both identify which technique you prefer. The three types of parents are generally authoritative, passive, and democratic. Once you and your partner pinpoint your styles you can figure out how to make them work effectively together.

**2. Take turns:** No one parent should be in full control of the children. Both should take turns dealing with any problems that arise so that both parties are involved in the children's upbringing.

**Related Link:** [Cupid's Weekly Round-Up: Parenting and Marriage After a Second Baby](#)

**3. Compromise, not compete:** If your children see you and your partner disagree when it comes to raising them then the kids

will start to think that they have some of the control. Sure Daddy may say no to buying me a new tricycle, but Mommy is sure to say yes. Parents should work together, not against one another.

How do you and your partner compromise? Share below.

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## **‘The Bachelor’ Celebrity Couple Jesse and Ann Csincsak Are Expecting a “Play Friend” for Son Noah**





This week, our favorite celebrity couple from *The Bachelor* and CupidsPulse.com contributors, Jesse Csincsak and his wife Ann, announced their celebrity pregnancy: They're expecting a second child in March! The famous couple, who married in 2010, are excited to give their son Noah a brother or sister. "He is pumped to have a play friend," Jesse says with a laugh. Noah will turn three right before their [celebrity baby](#) is born.

## Jesse and Ann Csincsak Open Up About Their Celebrity Pregnancy

As excited as the family is about the new addition, Ann has had some difficulties with her pregnancy so far and has been sick 24 hours a day. "We had to call in her parents to help out," Jesse shares. "Someone has to take care of Ann, while someone else runs our businesses and takes care of our son." The mom-to-be experienced some discomfort with their first child, but the celebrity couple says that it's completely different this time. "She had morning sickness during her pregnancy with Noah but only in the mornings. This is constant and has been from the start," he tells us. "Not fun!"

**Related Link:** [Jesse Csincsak Rescues Mother and Son From Same Area as First Date with His Wife](#)

Could all this mean that a little girl is on the way? Jesse told FOX411's Pop Tarts column that Ann was "secretly hoping for a girl to one day take over the fashion business she is building."

For right now, the Csincsak's don't know the sex of the baby and hasn't decided on any names yet. They'll find out if they're having a boy or girl in the next couple of weeks (Ann is in her second trimester), and they plan on filling us in as soon as they know.



Noah Csincsak  
holding a sonogram  
of his new sibling.

Of course, they can't escape their *Bachelor* roots. The first-ever *Bachelorette* celebrity couple, Ryan and Trista Sutter, live one neighborhood away and have remained close with the Csincsak's. "They've been amazing," Jesse and Ann reveal. "They helped us move into the area and gave us advice on what doctors to use."

**Related Link:** ['Bachelor' Alumni Ann Csincsak and Partner Katie Meyer Open Vintage Sweet & Chic Boutique](#)

When the foursome get together, they never really talk about their reality TV past. Instead, they focus on real-life happenings. "Ryan and I are always talking about our kids or good hiking spots. Trista loves shopping at Ann's store, Cashmere & Coco, in Vail Village, so they talk fashion and whatever else it is that girls talk about," Jesse says.

Could this be the makings of a *Bachelor to Babies* spin-off?

*Stay tuned for more Bachelor news!*

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# Melissa Joan Hart Says She Wants Another Baby



By April Littleton

According to [People](#), Melissa Joan Hart is looking forward to having another baby in the near future. “I would like a fourth – but it’s not because I want a girl,” the star of ABC Family’s *Melissa and Joey* said. Although her sons, Mason, 7 1/2, and Brady, 5, who wouldn’t mind welcoming a little sister into their family. “Mason, my eldest, is like, ‘We have to have a girl, we need things to soften up around here,’” she said.

**How do you decide how many children is right for you and your partner?**

**Cupid's Advice:**

The decision to have children is one of the most important you will ever make with your significant other. How many you choose to have is entirely up to you, but you should take a few key factors into consideration before you make any plans. Cupid has some tips:

**1. Financial stability:** You would love to have a house full of kids, but financially you might not be able to support them. Kids need more than just love. You need to be able to provide them with food, clothing and shelter. Trying for a third and fourth child when you can only afford one or two would not only be unfair to you, but to the children you're bringing into the world.

**2. Compromise:** Your partner might want four kids while you're only comfortable with two at the most. You and your significant other will have to meet in the middle and figure out what the both of you will be OK with.

**3. The size of a home:** You and your honey will need to determine if your home is big enough for the amount of children you want. Will you need to move in order to accommodate the expansion of your family? Can you afford a bigger house? These questions need to be answered before you decide to have children together.

**How did you decide how many children were right for you and your partner? Comment below.**

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# Busy Philipps Explains Announcing Her Pregnancy on Twitter



By Meghan Fitzgerald

As the comedian she is, *Cougar Town* star, Busy Philipps disregarded all traditional ways of telling family and friends about her pregnancy and went to Twitter. According to [People](#), Philipps became aware that someone was going to spread her pregnancy over the Internet, so her husband, Marc Silverstein simply said, “You know what? Eff them. Just Tweet it, and then you put it out there and it is what it is.” Philipps discussed on an appearance on *Anderson Live* that she didn’t want to make a celebrity statement describing how “happy” the couple is for the new addition to the family. Instead, she



wanted her news to come from her own voice.

## **What are some creative ways to announce your pregnancy?**

### **Cupid's Advice:**

It seems to be almost a sort of competition of who can have the cutest, and most endearing way to announce their pregnancies to their family and friends. You want to ease into your announcement, no rush, no pain, just a happy announcement. Here are some creative ways to announce your pregnancy:

**1. Postcard:** To your closest family and friends, send out a perfectly sculpted and crafted postcard describing your recent pregnancy. With this postcard already sent out, you could also include any ceremonies or parties occurring for the new addition of your family. Another option for the postcard method is to scan it on to your computer and upload it to Facebook. This ensures that you included everyone in announcing your pregnancy.

**2. Fortune Cookies:** Order fortune cookies with a personal message inside exclaiming "We're pregnant!" or "Another baby on the way!" Have an intimate dinner with your family and friends and save the fortune cookies until the last part of dinner. This is an easy, quirky, and creative way to announce your pregnancy to the people you love most.

**3. Build-a-Bear:** Although this approach may be more pricey than you'd like however, your closest family will absolutely love the special remark. Make your own bears dressed up in either a diaper, pink clothes, or blue clothes. Include the birth certificate specified for your expected date, and distribute! Your parents will especially love the bear, keeping it close to their hearts, preparing for their grandchild on the way. The bear can also be used for your child's' first stuffed animal.

Tell us how you broke the news about your pregnancy below.

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# Kim Kardashian Is Expecting a Baby with Kanye West!



By Nic Baird

Kanye West announced at a Sunday concert in Atlantic City that he and girlfriend Kim Kardashian are expecting a child, according to [People](#). During the last song, "Lost in the World," West cut the music and asked the audience to applaud for his baby mama. Kardashian confirmed her pregnancy in a blog post. "We feel so blessed and lucky and wish that in

addition to both of our families, his mom and my dad could be here to celebrate this special time with us," she wrote. "Looking forward to great new beginnings in 2013."

**What are some ways to celebrate your pregnancy with your partner?**

**Cupid's Advice:**

If you're going to become a parent, you shouldn't stop congratulating yourself. Make sure you and your partner take time to reflect on your happiness together. Be excited! Here's how you can channel your elation:

**1. Throw a party:** Don't be too shy to share the good news! Throw a party together to announce the pregnancy. It's a great way to get the word out and express how excited you are to become a parent. Don't forget baby showers either. There are many opportunities for you and your partner to celebrate an upcoming child with friends and family.

**2. Find new activities:** They'll have to be some lifestyle changes during the pregnancy, so maybe you need to look at new activities you and your partner can do together. It's important to stay active, but reduce stress. Explore your options, and find activities that will work as quality time for you and your partner.

**3. Prepare for the baby:** A great way to celebrate a child is to get things ready for after the birth. Research what you'll need to get for a healthy baby, and understand how you'll have to change your home. The anticipation you'll share with your partner will help build the excitement!

**Do you have any ideas on how to celebrate a pregnancy with your partner? Share your suggestions below!**

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# Jessica Simpson Is Pregnant Again!



By Jennifer Ross

At barely seven months old, baby Maxwell Drew Johnson is going to be a big sister soon. In what is surprising news to everyone, even those involved, [UsMagazine.com](http://UsMagazine.com) confirms that Jessica Simpson is pregnant again. A source states, "It definitely wasn't planned. But yes, Jessica is pregnant again. She really is overjoyed!" This will be the second child for both Simpson, 32, and fiancé Eric Johnson. It wasn't long ago when Simpson went on episode one of *Katie*, Katie Couric's show and said, "Motherhood is a dream. It really is absolutely

amazing.” It looks like Simpson will now have two reasons to be amazed.

**What are some ways to support your partner during a surprise pregnancy?**

**Cupid’s Advice:**

Having a baby is a shocking and exciting time for anyone regardless if the pregnancy was planned or not. That being said, you and your partner may be more anxious ridden if the pregnancy was a surprise. To ensure that both baby and parents are healthy come delivery time, here are a few ways to support your partner during the next nine months:

**1. Do not judge:** Because neither you nor your mate was “expecting” to be expecting, be sure never to judge him/her should self-insecurities arise. It is only normal to question everything about becoming a parent beforehand. Keeping yourself open and supportive to your mate will help to alleviate those doubts.

**2. Stay positive:** As with having doubts and worries, your partner may occasionally have negative emotions surrounding the pregnancy. Remember, those emotions are just fear being expressed. No matter what, stay positive to combat the negativity and help your partner look forward to a happier future.

**3. Protect:** If you think you and your partner will be the only ones with questions, you are sadly mistaken. Therefore, should family and/or friends come around expressing doubts about your surprise, remember to protect the hearts of your partner and unborn baby. Regardless of your internal worries, your baby is coming and you and your mate will need to stand strong together.

**How did you support your partner during a surprise pregnancy?**



Share with us below.

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# Celebrity Baby News: Best Announcements from Famous Couples



By Lily Rose

First comes love; then, comes marriage; then, comes a little one sitting in a baby carriage. In 2012, things may not happen *exactly* in that order – especially for our favorite celebrity couples. No matter the order of things, when the

little bundle of joy does come, it is cause for celebration and for baby announcements. When it comes to [celebrity baby news](#), announcements range from traditional to over-the-top.

## Announcing Celebrity Baby News

Some famous couples opt to announce their baby's arrival with a simple yet heartfelt press release. Kristin Cavallari and Jay Cutler, who welcomed Camden Jack Cutler on Aug. 8, decided to go that route. So did Kelsey and Kayte Grammer, who welcomed daughter, Faith Evangeline Elisa Grammer, on July 13. Also taking a simplistic approach, Hilary Duff tweeted her son Luca's first photo.

**Related Link:** [Why It's OK to Have Kids Later in Life](#)

But why settle for simple and heartfelt when you can do it big and make it financially lucrative? From the date the press first learns there's a celebrity pregnancy to the date the child arrives, most publications are scrambling, begging, and scheming to get their hands on the first baby pics. Some celebs, such as former reality TV star turned fashion designer, Jessica Simpson, chose to circumvent the rigmarole by simply selling the pictures. *People* featured the first snapshots of Simpson's daughter, Maxwell Drew. Simpson was reportedly paid \$800,000 for their exclusive right to her little girl's first photos.

**Related Link:** [Jessica Simpson Says Motherhood Is the 'Best Thing I've Ever Experienced'](#)

Simpson isn't the only one to sell the privilege of offering the public its first glimpse of her child. Former *American Idol* judge Jennifer Lopez and Latin crooner Marc Anthony also sold the exclusive rights to the first pictures of their twins. As far as the price goes, Lopez and Anthony didn't do too shabby either: The celebrity couple reportedly made a cool

\$6 million.

## Famous Couple's Expensive Baby Pics

Of course, no one does it as big as Hollywood couple [Angelina Jolie](#) and [Brad Pitt](#). The public waited with bated breath to see the child produced by the genetically blessed superstars. Jolie and Pitt reportedly sold the photos of their twins, Knox and Vivienne, for more than \$11 million.

Still, some famous couples chose a different but still non-traditional route to share their celebrity baby news. For example, singer, Beyonce Knowles and her rap star husband Jay-Z erected a tumblr page displaying daughter Blue Ivy's first photo shoot. The page was offered free to the public.

Some think selling your baby's first photos seems just plain wrong. Others figure, why not? It's better than the paparazzi chasing you down the street for them! Let us know your thoughts.

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## Chelsea Clinton Discusses Plans to Have Children





After two years of marriage, former First Daughter Chelsea Clinton is finally talking babies with Marc Mezvinsky. [UsMagazine.com](http://UsMagazine.com) reports that in the September issue of *Vogue* Clinton shares that starting a family is “certainly something that Marc and I talk a lot about.” But the couple is in no rush. “Marc and I are both working really hard right now, but I think in a couple of years, hopefully . . . literally, God willing. And I hope my mom can wait that long.” Clinton is coincidentally the same age as her mother, Secretary of State Hillary Rodham Clinton, was when she gave birth.

**How do you know when it’s the right time to have kids?**

**Cupid’s Advice:**

After marriage the idea of having kids can be exciting, but you have to make sure you are settled in your life before taking on a whole new adventure. Here’s how to make sure the timing is right:

**1. Financially secure:** You want your kids to have the best life possible, and if you’re having money problems your child

will be negatively affected. Having children is all about love but don't forget that you also need to be able to support them.

**2. You've spent enough alone time in your marriage:** After your big wedding day, spend at least a couple of months in the honeymoon phase of your marriage. Get to know each other as a married couple and enjoy your intimate alone time before you add a plus one.

**3. You know what you're getting into:** The thought of having children can conjure up images of love, playfulness and happiness, but you need to be prepared for all of the difficulties behind the positives. You need to read up on what to expect during pregnancy, how to care for newborns and then some. It would even help to get advice from other families. No one knows exactly what to expect when starting a family, but it's good to be knowledgeable about the basics.

How would you know when it's the right time to have kids? Tell us below.

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## Matthew McConaughey's Kids Are Excited to Have a New Sibling







Matthew McConaughey and new wife Camila McConaughey (formerly Alves) aren't the only ones who are eager for their newest child. As the public grows excited by Camila's visible baby bump, their son, Levi, and daughter Vida are especially anxious for their new sibling. Although they still can't decide whether they'd rather have a sister or a brother, the two still "danced and sang" when they heard the news, according to [People](#). The couple have been married for a month.

**How can you prepare your family for a new addition?**

### **Cupid's Advice:**

Anticipating an addition to your family is always an exciting time. Your life will soon be changing in many ways, so it's best to plan ahead. Here are some ways to prepare your family for a new addition:

**1. Tell them early:** If you have small children, it's best that you and your partner let them know as early as possible that you're expecting. This gives them ample time to prepare themselves for their new responsibilities and ask you any

questions they may have.

**2. Make room:** You and your beau may have lived comfortably in a one-bedroom apartment, but as your family grows, so should your living space. Even if you already have a child, you'll still find yourself with even less room than before.

**3. Stay positive:** You may have many worries now, but if you and your honey keep a positive attitude, your environment (and your outlook) will drastically change.

**What are some ways you can prepare your family for a new addition? Tell us your story below.**

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## **Vanessa Minnillo Says She's 'Excited' to Become a Mom**





Vanessa Minnillo and Nick Lachey's family is about to get bigger. The couple is expecting their first child in the next few months and it's no surprise that both are elated for the fast approaching arrival of their son. The couple is even more ready to take on the unexpected, which for Mrs. Lachey includes working on ABC's second season of *The Wipeout* with a newborn baby at home. The gorgeous star told [UsMagazine.com](http://UsMagazine.com), "We're still working on everything... it's an exciting time." Despite all that's going on, it's expected for these two to come out on top.

**How do you prepare your relationship for welcoming a child?**

**Cupid's Advice:**

Welcoming a child is an exciting experience for any couple. But like every change in a relationship, it takes adjustments. Here are some ways to maintain a successful relationship with a new child in your world:

**1. Recognize priorities:** Priorities change for any person who becomes a parent. Accept the fact that you must now share your

sweetie with someone else: your baby.

**2. Family time:** Continue to do things together, even if it's simply giving the baby a bath. You can bond with your baby and your love at the same time.

**3. Baby duty:** Split your baby duties equally. Work out who will be taking care of the baby at what times, including the middle of the night.

**How would you prepare your relationship for a new baby? Share your thoughts with us.**

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## **How Did Beyonce Prepare for Her Daughter's Birth?**





Beyonce, recently named the Most Beautiful Woman, may have only given birth to her baby girl Blue Ivy a few months ago, but she's already shedding the baby weight . Before the diva went to the hospital for the one of the biggest debuts of her life, she got ready for her performance with a fresh mani-pedi and an eye brow wax, but she says that when the moment came, all she and her husband Jay-Z cared about was the birth of their miracle. After their new baby girl came into the world, the singer was ready to bounce back, and she began a strict diet and workout schedule. "I'm proud that my waist came back so fast. I'm proud of that and happy, but that was mostly from the breastfeeding," the singer explained to [People](#). "I lost most of my weight from breastfeeding and I encourage women to do it; It's just so good for the baby and good for yourself."

**What are some ways to prepare your body for birth?**

### **Cupid's Advice:**

Painting the baby's room and baby-proofing the house are all important, but what's more important is preparing your own body for the birth of your child. You'll be glad you did so

you're more prepared for labor, and it will be easier for you to shed the pounds after. Cupid has some tips:

**1. Give up bad habits:** There's no sense in taking the slightest risk when it comes to your baby's health, so throw out the cigarettes and remove the alcohol from your home. Avoid going to places like bars where you'll be inhaling toxins that are bad for you and your growing baby.

**2. Eat right:** It's important to maintain a wholesome nutritious [diet](#) and ditch the fast food burgers. You're going to want to get a good daily intake of a variety of proteins, vegetables, fruits and grains. Trying organic food to avoid any toxins and pesticides is also a good idea, but feel free to indulge your cravings once in a while.

**3. Stay fit:** Exercise will help you in a variety of ways. It will help you stay fit, which will also give you good circulation, reduce stress, and give you endorphines to make you happy. Exercising regularly will also make you tired at the end of a long day and a good night's sleep will rest and rejuvenate your body.

**How did you shake your baby weight? Share your comments below.**

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## Sarah Michelle Gellar Is Pregnant







Hollywood couple, Sarah Michelle Gellar, 35, and Freddie Prinze Jr., 36, are going to be parents again. Gellar is pregnant with their second child. According to [People](#), Gellar and Prinze took their time to have 2 -year-old daughter, Charlotte Grace and are thrilled to be extending their family. On planning a family Gellar said, “You need to be at a point in your life where you can give up anything and everything for a child.” Congratulations Sarah and Freddie!

**How do you prepare for your second child differently than your first?**

**Cupid’s Advice:**

There is nothing like becoming a parent the first time around, but how do you prepare for when it’s time to extend your family? Here are some tips when preparing your family for a new edition:

- 1. Prepare your child:** Preparing for a second child involves more than just stocking up on diapers, talk to your first child about becoming a big brother/sister.

**2. Prepare your finances:** Having one child is expensive and having another will only make your budget tighter. Figure out your money situation and get your savings account in order.

**3. Prepare your village:** It takes a village to raise a child and in your case, two children. Figure out your new busy schedule and gather support from family and friends.

**How did you prepare differently for your second child? Share your comments below:**

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## Melissa Joan Hart Is Expecting Third Child



Melissa Joan Hart, 35, has a lot to celebrate. The *Melissa & Joey* star is turning 36 and she's pregnant with her third child. Hart and her husband, Mark Wilkerson, are excited about adding to their family of two sons, Braydon Hart, 4, and Mason Walter, 6. According to [People](#), Hart knew she wanted more children back in 2009. Are they rooting for a girl? Hart said, "It's not necessarily that I want girls. It's because I just know I want more babies." Congratulations Melissa and Mark!

**How do you decide how many children to have?**

### **Cupid's Advice:**

Deciding to start a family is a huge decision and size matters. Here are some ways to decide on just how big your family should be:

**1. Be selfish:** It's okay to want a small amount of children or a whole baseball team. Take time out to decide what you want. In the end, it's your body and your decision.

**2. It takes two:** You're not the only one making the babies. Talk to your partner about how big you want your family to be. Things don't always work out the way they are planned, but being on the same page with your partner helps ease whatever surprises may come along.

**3. Talk to the kids:** If you already have children, adding another child is going to be a big change for the existing kids. Take time out to talk to your kids about becoming big brothers or big sisters. After all, they're apart of the family too.

**How did you decide how many children to have? Share your comments below.**

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# Nicole Richie Motherhood Advice to Pregnant Jessica Simpson



*Fashion Star* mentor Nicole Richie has some motherhood advice for her new coworker. The *Winter Kate* designer, 30, offered Jessica Simpson a crash course in parenting, reports [UsMagazine.com](http://UsMagazine.com). “I offered for her to take my kids up until she has hers,” joked Richie. “That didn’t really work, but the offer still stands because she hasn’t had her kid yet. If she wants to take [daughter Harlow, 4, and son Sparrow, 2], go ahead. I will go to Cabo, no problem.”

## What are some ways to prepare yourself for parenthood?

### Cupid's Advice:

Parenthood gets easier with time, but the first few months with your newborn can be the most challenging part of your new role. Here are a few ways to prepare yourself:

**1. Buy the essentials:** It's surprising how many things new parents leave for the last minute. Prepare in advance as much as you can. Buy a car seat, baby formula, diapers, a crib, etc. You'll be too occupied with your newborn to be doing much shopping after the birth.

**2. Find a doctor:** Finding a pediatrician you're comfortable with before the baby arrives can save a lot of time. Make appointments with several local doctors and talk to your friends until you find one that suits your needs.

**3. Organize a support system:** The first few weeks will be tough on you and your partner. Arrange for a friend or family member to stay with you and help out. You'll be able to enjoy their company and a large load will be taken off of your shoulders.

How did you prepare yourself for parenthood? Feel free to leave a comment below!

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## Civil Wars' Joy Williams Announces She's Pregnant





It seems two trophies from the Grammy Awards isn't all The Civil Wars' Joy Williams has to celebrate these days. The singer-songwriter recently announced her pregnancy via Twitter. "Beyond elated to share that [husband] Nate [Yetton] and I are expecting our first child in late June!" she wrote. "My baby bump and I will see you on the red carpet." It hasn't been an easy pregnancy, though, according to [UsMagazine.com](http://UsMagazine.com). Williams struggled with "24-hour morning sickness for months" she shared, also via Twitter. Williams and her bandmate John Paul White won the Best Folk Album and Best Country Duo/Group trophies at the Grammy's.

**How do you support your partner during a tough pregnancy?**

**Cupid's Advice:**

Not all pregnancies involve a warm glow. In fact, some involve complications and sick feelings from the very



beginning. Cupid has some ways to support your struggling partner:

**1. Take over household chores:** If your pregnant wife or girlfriend is the one who usually takes care of various household tasks, step up and take those over for her. She's carrying your child, so the least you can do is vacuum under the bed.

**2. Learn prenatal massage:** If you really want to go above and beyond, learn how to give a mean massage. Take a class or read a book on how to use your hands to relieve some of your pregnant mate's stress.

**3. Research:** There is a lot of information out there about how to deal with pregnancy struggles. Take the initiative to read up on them, and apply your new found knowledge to help your partner.

What are other ways to help your partner with a tough pregnancy? Share your thoughts below.

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## 'American Idol' Alum Brooke White Is Expecting Her First Child





Brooke White, who made her performing debut as a finalist on season 7 of *American Idol*, is expecting her first child in May with husband, Dave Ray. “By the time the baby’s born, we’ll have been married eight years. I met Dave when I was 19 years old – we’ve been together a really long time, and we’ve always wanted to be parents,” White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

**How do you prepare your relationship for a child?**

### **Cupid’s Advice:**

Having your first child is one of the most exciting and scary experiences you’ll have in your life. Here are some ways to embrace it:

**1. Enjoy your alone time (while you still can):** Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is

born.

**2. Decide on how the child will be raised:** Prior to bringing a baby into the world, you need to make important decisions about issues such as what religion you will be raising your child with and what school they will attend.

**3. Baby proof your home:** Getting your home ready for a new baby can be a great bonding experience for you as a couple. It's a form of "nesting."

**What are some other things to prepare for before having a child? Share your thoughts below.**

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## **Kourtney Kardashian Announces She's Pregnant**





*Keeping up with the Kardashians* just got a little more interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told [UsMagazine](#). "You're supposed to wait 12 weeks to tell people, but I feel confident." The couple's first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

**Why do women wait 12 weeks before announcing their pregnancy?**

**Cupid's Advice:**

**1. Risks:** The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

**2. Emotions:** You're going to feel a lot of different

emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.

**3. Time to settle:** You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

**How did you announce your pregnancy? Share your comments below.**

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## **Beyonce Was Worried Pregnancy Secret Would Be Revealed Prematurely**





Beyonce has always been a private person under a public microscope. That's why, when she revealed her baby bump at the 2011 Grammy Awards, Facebook and Twitter were on fire. How long was she pregnant before popping the news to her fans? [Access Hollywood](#) said that Beyonce was hiding her pregnancy since her four-night Roseland Theater performances. While on stage, the mom to be said she was thinking, "Everyone knows, everyone can see." Beyonce, we speak for all your fans when we say: We had no idea!

**How do you keep your pregnancy a secret at the beginning?**

**Cupid's Advice:**

Finding the right time to tell everyone about your pregnancy can be difficult. Many women wait until they have gotten past the first trimester and others blurt it out as soon as they find out. But just in case you were thinking about holding your tongue, Cupid has some tips:

**1. Keep the changes to yourself:** You may start to feel extra bloated and moody. Keep those feelings at bay and don't speak



to others about it. People will start to get suspicious. Play it cool.

**2. Try not to shop:** Baby clothes are so cute, and it's hard to say "no" once you know that you're expecting. Be strong, and don't let a trail of baby clothes give you away.

**3. Tell one person:** It's hard to keep such a big secret. Tell one person that you trust, and ask them not to tell. Getting it off your chest will keep you from being stressed.

**How did you hide your pregnancy? Share your experiences below.**

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## **James Van Der Beek and Wife Are Expecting Second Child**





James Van Der Beek has recently announced that his wife, Kimberly, is pregnant with their second child, [People](#) reports. “Just when we thought we couldn’t feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling,” the actor announced on Twitter. The former *Dawson’s Creek* star and his wife had their first child, Olivia, in Sept. 2010.

## **How do you prepare differently for a second child?**

### **Cupid’s Advice:**

When you’re expecting your second child, you’ll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:

- 1. Organize:** Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust:** Your first child will no longer be the only child. Explain to him or her what a great role they will now have as

the oldest sibling, in order to prevent jealousy or resentment towards the newborn.

**3. Responsibilities:** Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and accessories ready.

**What are some other ways to prepare differently for a second child? Share your thoughts below.**

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## **Levi Johnston's Sister Says Her Brother and Bristol Planned Unplanned Pregnancy**





Things are heating up again between the Palins and the Johnstons. According to [People](#), Mercede Johnston has been bashing the Palins. She accused Sarah Palin of using Levi Johnston as a “prop” for her 2008 presidential campaign. She called Bristol Palin a “sociopath,” who planned her pregnancy, which she strategically announced when her mother joined John McCain’s campaign. Mercede also claimed that Bristol’s and Levi’s engagement was part of the fabrication to prevent Levi from speaking out against the Palins.

**What are some reasons *not* to have a child?**

### **Cupid’s Advice:**

Most of us probably don’t have a soap opera kind of ex-girlfriend who uses her pregnancy in a manipulative kind of way. But there are perhaps other reasons why you should not have a child. Cupid has some ideas:

**1. Stability of relationship:** If you’re considering whether or not to have a child with your partner, analyze the state of the relationship with that partner. If you’re in a fragile

place, there's no need to rush to be a parent. Take it easy and wait until your relationship is more secure. You want your child to grow up in a nurturing, loving place.

**2. Work:** Have you considered the job situation? If you're in a not-so-stable place, either because you're looking for a solid position or because you're trying to work your way up a notch, you may want to hold off on the baby situation until your professional life gets a little more certain.

**3. Doubts:** If you or your partner feel uncertain when it comes to the idea of having a baby, you're probably not ready to be parents. Before you plan to conceive, you should both discuss whether you feel that parenthood is right for you. It's okay to not feel 100% ready, but this should be something you're both sure that you want.

**Are there any other reasons someone may not be ready for parenthood? Share your thoughts below.**

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## **Kellie Pickler Says She's In No Rush To Have Children**





Kelly Pickler, who has been married to Kyle Jacobs since New Year's, isn't in any hurry to have children. "I don't know what's gotten into these kids where they feel like they have got to have a baby because their friend has one or whatever," said Pickler, according to [People](#). The 25-year-old star realizes that she and her partner are in a stable relationship and that being a parent is a big responsibility. At the moment, the couple simply aren't ready to take that next step.

**How do you handle the pressure of having children right after you get married?**

### **Cupid's Advice:**

Being a parent is probably one of the most demanding jobs out there and can be especially tough if you're a newlywed. Cupid has some tips of how to lessen the pressure:

**1. Be patient:** Yes, parenting can be very stressful, but refrain from that urge to take your anger out on your partner. Remind yourself that you can complete that seemingly never-ending list of tasks, as long as you take everything step-by-



step.

**2. Keep up the romance:** Having a baby means being more responsible, but it surely doesn't mean you have to be serious all the time. Keep those rosy-colored glasses out and sustain your romantic life by continuing to go on dates with your partner and having fun as a couple.

**3. Relax:** Don't be afraid to indulge in some alone time and do whatever makes you feel good, whether that's reading your favorite magazine, taking a bubble bath or taking a yoga class. It's important that you take the time to regain your energy if you want to be at the top of your game.

**What are some things you can do as a newlywed parent to ward off the pressure? Share your comments below.**