

Celebrity News: Joe Giudice Says He 'Can't Wait' to Celebrate Christmas with His Daughters in Italy



By [Meghan Khameraj](#)

In [celebrity news](#), Joe Giudice revealed that his children will spend Christmas with him in Italy. The reality star has been living in Italy since he was released from prison after serving 41 months for mail, wire and bankruptcy fraud. His wife and *Real Housewives of New Jersey* star Teresa Giudice,

who he has been in a [celebrity relationship](#) with for over 20 years, also served time in prison. Giudice was held by ICE after his release due to the fact that, even though he lived in the United States since he was a child, he never held citizenship. Giudice asked to be moved to Italy due to harsh conditions at the ICE facilities. The family seems to be excited about the holidays, but Teresa Giudice may not be able to join her family as she may have work obligations.

In celebrity news, Joe Giudice is looking forward to the holidays with his family. What are some ways to celebrate the holidays with family who are far away?

Cupid's Advice:

Famous couple, Teresa and Joe Giudice, have been dealing with distance as a result of Joe's criminal history. Teresa admits that the holidays have been hard for her and her kids since he moved to Italy. Cupid has some advice to help you celebrate the holidays with family who are far away :

1. Video chat: FaceTime and Skype have made it easier than ever to connect with people who live down the block or across the globe. Take advantage of this by scheduling a call with your family members to catch up and celebrate the holidays!

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2. Exchange gifts: Even if your family lives in a different country, you can still exchange gifts. You can organize a Secret Santa exchange for you and your family so you can avoid having to ship a gift for each of your family members. It is

also a great way to show your family that you're thinking of them.

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3. Visit: Though it may be difficult, the best way to celebrate with your family is by being with them! Plan a trip for the holidays so you can spend quality time with your loved ones while also escaping the hassles of your everyday life.

How do you celebrate the holidays away from your family? Let us know in the comments below!

Celebrity News: 'DWTS' Alan Bersten Calls Hannah Brown a 'Female Version' of Him





By [Meghan Khameraj](#)

In [celebrity news](#), *DWTS* pro Alan Bersten calls *Bachelorette* alum a “female version” of himself, according to *UsMagazine.com*. Bersten also revealed, “Honestly, I’ve said it before. I just want Hannah to win...it’s incredible for a pro to get a mirror ball, but it’s all about Hannah’s journey, and she’s grown so much. Even though we’re a team, I want her to win. I guess if I’m a part of that I’ll take the mirror ball!” This potential [famous couple](#) has sparked [celebrity relationship](#) rumors since the season began in September. The rumors got even more intense after Brown brought Bersten as her date to the Country Music Awards. The pair, however, have denied that they are anything more than friends.

In celebrity news, Alan says his

DWTS partner is a female version of him. What are some benefits of dating someone similar to yourself?

Cupid's Advice:

While Brown and Bersten are adamant that they are just friends, there are still many benefits of dating someone who is similar to yourself. Cupid has some relationship advice to help you determine the benefits of dating someone who is similar to you:

1. You like (and dislike) the same things: Every relationship, whether romantic or platonic, is based on the foundation that you have something in common. However, when you're dating someone who is similar to yourself you go beyond just a few common interests. You both tend to like and dislike the same things which can make decision-making much easier.

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2. You can be yourself around them: There are few things worse than having to pretend that you're someone you're not. Luckily, if you and your partner are similar then there is no need to hide who you truly are. Being in a relationship with someone who is just like yourself allows you to be more free and open.

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3. You finish each other's...: Sandwiches! Just kidding, sentences! More times than not, you two will be on the same page so when an issue arises you and your partner are more likely to solve the issue than argue about how to solve the

issue. Besides making disagreements less frequent, being on the same page as your partner allows you to make wonderful and spontaneous memories.

What are some other benefits of dating someone similar to you? Let us know in the comments below!

Celebrity News: Queen Elizabeth Is 'Disappointed' Prince Harry & Duchess Meghan Won't Be at Christmas Festivities





By [Meghan Khameraj](#)

In [celebrity news](#), Queen Elizabeth II is disappointed in Prince Harry and Duchess Meghan's decision to spend Christmas with the Duchess' mother. According to a source for *UsMagazine.com*, family drama is one of the reasons the royal [famous couple](#) decided to spend the holiday away from the rest of the royal family. Prince Harry and his brother [Prince William](#) have grown apart during the last few years. Harry and Meghan want to make this holiday special as it is their son, Archie's, first Christmas. The source also states that "the drama surrounding the couple has caused a huge amount of stress. They're making their family their No. 1 priority right now."

In celebrity news, Queen Elizabeth

isn't happy that Harry and Meghan won't be celebrating Christmas with her. What are some ways to balance family obligations during the holidays?

Cupid's Advice:

Although they are royalty, Prince Harry and Duchess Meghan still deal with holiday family drama. The holidays are a great time to be with family, but they can also cause an unnecessary rise in tensions. Cupid has some advice to help you balance family obligations during the holidays:

1. Take turns: This is the easiest way to avoid any holiday drama. There are enough holidays for you to spend some with your family and some with your partner's family. Once you spend a holiday with your family, spend the next one with your partner's and so on.

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2. Prioritize: Some families value certain holidays over others. Discuss with your partner which holidays are the most important to your family and ask which are the most important to theirs. You can prioritize who you spend the holiday with based on how important it is to both of your families. This also helps if there happen to be any cultural differences regarding holidays between you and your significant other.

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3. Focus on your family: If you have kids it might be best to spend the holiday at home with your partner and your children.

If you don't have kids, you can just spend the holiday with your partner. This will avoid any hurt feelings among family members and also help you create meaningful holiday memories between you and your partner.

How do you handle family obligations during the holidays? Let us know in the comments below!

New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson





By [Meghan Khameraj](#)

In [celebrity news](#), *Bachelor* star Nick Viall confirmed he had dinner with actress Rachel Bilson. There has been a lot of speculation that the pair is in a [celebrity relationship](#) with each other. According to *UsMagazine.com*, Viall was questioned about the dinner by Brad Goreski. Viall clarified by stating, "We hung out, and her friends were there, too...a bunch of people." While this [famous couple](#) might be spending more time together, both Viall and Bilson have kept the exact status of their relationship a secret. When Bilson was asked about the celebrity relationship, she said she didn't "want to talk about it."

There may be a new celebrity couple in the works. What are some ways to

get to know each other at the beginning of a relationship?

Cupid's Advice:

Nick Viall and Rachel Bilson are tight-lipped when it comes to the status of their relationship. Whether this new celebrity couple is actually a couple is up for speculation. However, if you find yourself in a new relationship, Cupid has some advice to help you get to know your partner better:

1. Share music preferences: This may seem silly, but you can figure out a lot about a person by listening to their favorite songs. Music is a creative outlet not only for the musician but also for the listener. It is one of the few things that brings people together, so be sure to listen to when your partner shares one of their favorite songs with you.

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2. Ask questions: If you want to know something about your significant other then just ask! The fact that you're curious to know more about them will show them that you have a genuine interest in them which will build a stronger bond. Start with simple questions before moving into heavier topics.

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3. Take a walk down memory lane: You can learn more about your partner by sharing your own experiences. Your partner will feel more comfortable to share any similar stories. This can build trust amongst you and your new partner while also allowing you and your partner to get to know each other better.

How do you get to know someone? Let us know in the comments

below!

Celebrity News: James Van Der Beek Dances for Wife Kimberly on 'DWTS' After She Suffers Miscarriage



By [Ahjané Forbes](#)

In [celebrity news](#), *Dawson's Creek* alum James Van Der Beek and his wife Kimberly lost their [celebrity baby](#), which would have been a sixth addition to their family, after announcing it a month prior. The [celebrity couple](#) were overtaken by grief as they had to announce the loss of their baby. On *Dancing With The Stars*, James made the announcement saying, "My wife Kimberly went through every expectant parent's worst nightmare. We lost the baby." The star danced for his wife as they both work together to overcome this pain.

In celebrity news, James Van Der Beek and his wife are suffering a loss. What are some ways to support your partner after a tragedy?

Cupid's Advice:

Loosing an unborn child can be devastating. There's no handbook on how to deal with this, especially if you have already told outside people. Cupid has some advice on how to help your partner through this:

1. Let them know that they're not alone: Tough times with your partner can be significantly sensitive. Tried to comfort them by offering a shoulder to cry on or just even sitting with them and silence. This will make them more comfortable to opening up about their true feelings about the issue and create a closer connection for the both of you.

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2. Go to therapy sessions with them: This will show them that you're committed to helping them and your relationship gets the problem together. They may not admit every detail in the therapy session, but it's important that you at least support

them and hear them now. Try not to tell the story from their perspective if they're not ready to speak yet. It will only make the situation worse by doing so.

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3. Take time to understand: This issue might directly affect you as well. You need to take time for yourself to be able to help your partner. Pointing fingers at each other will not help the situation. Work on ways to approach a partner without bringing up the topic first. This will de-escalate the situation a little bit so that your partner knows that you can be approach when they need to talk.

What are some ways you helped your love get through a difficult situation? Let us know in the comments below!

Celebrity News: Halsey Denies Pregnancy Rumors After Evan Peters Touches Her Stomach





By [Ahjané Forbes](#)

In [celebrity news](#), [celebrity baby](#) rumors sparked when Halsey's boyfriend, Evan Peters, was spotted rubbing her belly. According to *UsMagazine.com*, the singer took Twitter to joke about the situation saying, "Is it a boy? Is it a girl? It's pancakes." Halsey had encountered a similar situation with celebrity ex-boyfriend, Youngbud. She was holding her stomach and wearing an over-sized T-shirt.

In celebrity news, Halsey is not pregnant after all. What are some ways to squash pregnancy rumors?

Cupid's Advice:

Having people assume you're pregnant when you're not can be a pain. However, sometimes a picture can make people believe

that you might be “showing” or “hiding” something. Cupid has some advice on how to handle those rumor:

1. Make a joke out of it: As soon as you post a picture to Instagram with an over-sized shirt or loose dress, your followers might think that you are pregnant. This can cause frustration and anxiety, but have some fun with their assumptions. Create a video to post online talking about the allegations, and then tell them you’re pregnant with a food baby.

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2. Answer the question head on: Nothing is better than the truth, right? Tell your friends, family members, and social media that you will not be having a baby. If you let them know the truth from the source, they will no longer question it.

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3. Leave it to time: Gossip does pass and people do figure out the truth on their own. If you’re not a person that likes confrontation or a million questions, then you don’t have to answer. Your silence (and lack of a continuously growing belly) will speak volumes.

What are some ways you handle rumors? Let us know in the comments below!

Celebrity Couple News: Demi

Lovato & New BF Austin Wilson Show PDA on Hike



By [Hope Ankney](#)

In the latest [celebrity couple news](#), [Demi Lovato](#) has been spotted showing PDA on a hike with her new boyfriend, Austin Wilson. According to *EOnline.com*, the couple was on a stroll in Los Angeles on Sunday when they were spotted. This is the first time they've been seen out in public together. This outing comes days after they showed off their relationship on Instagram with some PDA pictures at home.

In celebrity couple news, things with Demi and Austin are heating up. What are some ways to show you're proud to be with your partner?

Cupid's Advice:

Showing your partner that you love being with them isn't always easy for some. PDA and verbally expressing "I love you!" can be difficult! But, if you're struggling with showing your partner how much you care about them, don't worry! Cupid has some [love advice](#) to make sure your partner knows exactly how proud you are to be with them:

1. "You make me a better person:" If you're not big on PDA or telling someone how you feel, directly, saying that they make you a better person can be a powerful comment to make. We don't meet many people in life that inspire us to be better than we are, so when we do, it is important. Telling someone this will not only make them swoon, but they won't have to worry about where you guys stand with one another.

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2. Tell them how much you appreciate them: There's nothing like being told that you are appreciated. Think about how you felt the last time someone expressed that to you. It brings gratefulness to another level. If you really want to let your partner know that you're proud to be in a relationship with them, let them know! People love being appreciated.

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[Bersten](#)

3. Go out with your friends: If you haven't gone out with your friends yet as a couple, this might be the time to do it. Introducing your partner to those closest to you shows that you're comfortable enough in your relationship to show it off. Also, your significant other will feel great knowing that you care enough about them to proudly display them to people you highly value.

How have you shown your partner that you're proud to be with them? Let us know down below!

Celebrity Exes: Jon Gosselin Says Kate Gosselin is 'Warped' By Fame





By [Hope Ankney](#)

In the [latest celebrity news](#), Jon Gosselin has stated he thinks [celebrity ex](#)-wife, Kate Gosselin, has changed for the worse after the couple's fame skyrocketed from *Jon and Kate Plus 8*. According to *UsMagazine.com*, Jon expressed his concerns on an upcoming episode of *Dr. Oz*. Preview clips of the interview feature him stating, "I believe that her belief system is skewed. I believe her intentions, in the beginning, were good intentions. Bringing kids into the world that she fought to have, these kids. But I think once fame and money got involved, it twisted her belief system. On my end, I've been fighting to get my kids off TV forever."

These celebrity exes are still taking digs at each other. What are

some ways to keep negativity about your ex out of your life?

Cupid's Advice:

Sometimes, when it comes to exes, it's hard to stay on friendly terms. The split is messy. The friend circle is too small. The wounds aren't easy to heal. If you're struggling with keeping yourself out of the drama with an ex, don't worry. Cupid has some [relationship advice](#) to help you keep their negativity out of your life:

1. Give a disclaimer to friends: If you and your ex share a friend group, make sure you have a conversation with the friends about how you feel. If you tell them that you'd rather not hear anything about your ex, they'll more than likely accommodate your request than if you didn't communicate with them beforehand. It also keeps the peace between the friend circle.

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2. Unfollow them on social media: Negativity seems to follow exes who stalk each other on social media. If you really want to distance yourself from the drama and pessimism that is triggered by an ex, unfollow them or even block them on your social sites. This helps you not be tempted to check their page and sour your mood.

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3. Don't fan the fire: Most times when an ex is causing negativity in your life, they're expecting a reaction. Ignoring someone might sound like an obvious piece of advice, but it is important to not allow yourself to give in and snap

back. This only causes more drama and makes your ex susceptible to acting out again.

How do you keep the negativity about an ex out of your life? Let us know down below!

Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian





By [Meghan Khameraj](#)

In [celebrity news](#), Tristan Thompson is still holding out hope for a relationship with [Khloe Kardashian](#). A source for *EOnline.com* revealed that “Tristan is always trying to win Khloe back.” Thompson has tried to win Khloe back by buying her gifts and complimenting her. However, “She’s in a great place in her life where she’s focused on True and co-parenting with Tristan. She’s not interested in giving him another chance.” The former [famous couple](#) share a daughter, True Thompson. The [celebrity relationship](#) came to an end a few months ago, in part due to cheating allegations.

In celebrity news, Tristan Thompson still has hope for a relationship with his ex Khloe Kardashian. What

are some factors to consider before getting back together with an ex?

Cupid's Advice:

Tristan Thompson is desperately trying to win back his ex-girlfriend, Khloe Kardashian. While it might seem like the perfect idea to get back with an ex, Cupid has some [relationship advice](#) on which factors to consider before you jump back into the relationship:

1. Is it mutual?: [Taylor Swift](#) sang, "We are never ever getting back together...like ever," and she meant it. You don't want to come across as a crazy ex, so make sure your ex is comfortable with pursuing the relationship again. If not, then it is time to move on to something healthier.

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2. Were you happy?: Sure, every relationship has its ups and downs, but ask yourself if you were truly happy in the relationship or if you're clinging onto a few happy moments. Your happiness should be put first and foremost when it comes to a decision like getting back into a previous relationship. Make sure this is something you truly want.

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3. What has changed?: Your relationship ended for a reason. Whether it was distance or trust issues, you should take a step back and figure out if the problems that caused your relationship to end are fixed. If nothing has really changed, then you're setting yourself up for another heartbreak. Take time to either fix the issues that pulled you and your partner

apart in the first place, or move on.

Would you get back with an ex? Let us know in the comments below!

New Celebrity Couple: Pete Davidson & Kaia Gerber Are Dating



By [Meghan Khameraj](#)

In [celebrity news](#), *UsMagazine.com* confirms that *Saturday Night Live* star Pete Davidson and model Kaia Gerber are dating. A source reported to the publication, “Pete and Kaia are dating and they’ve been trying to keep their relationship somewhat low profile.” The new [famous couple](#) has been spotted on a number of dates from lunch in Malibu to a comedy show in Brooklyn. This [celebrity relationship](#) has been kept on the down-low, as there has been minimal PDA, which is a sudden change for Davidson. Davidson has joked on many occasions about his very public relationship with Grammy winner [Ariana Grande](#). The comedian has also been linked to [Kate Beckinsale](#) and Margaret Qualley this year.

This new celebrity couple is trying to keep their relationship “low profile.” What are some ways to keep your relationship out of the limelight?

Cupid’s Advice:

Pete Davidson and Kaia Gerber are officially dating. This famous couple plans to keep their relationship away from prying eyes. Cupid has some relationship advice to help you keep your relationship private:

- 1. Limit your social media presence:** Posting cute pictures of you with your significant other is always fun, and you shouldn’t stop if you really enjoy sharing pictures. However, there are many ways to avoid your relationship becoming the talk of the town. Limit the comments on your Instagram posts to prevent any negative people from discussing your relationship. Also, make your account private and only allow those whom you trust to follow you.

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2. Keep private things private: As we've seen with Davidson past relationship with Ariana Grande, sometimes speaking candidly about your personal love life can come back to bite you. Keep private conversations and stories between you and your partner. No one else needs to know.

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3. Ignore outside opinion: Sometimes all of the preventative measures in the world won't stop negative people from commenting on your relationship. Build a strong enough bond with your partner so you're both able to ignore the opinion of those who have bad intentions.

What are some ways you keep your relationship private? Let us know in the comments below!

**New Celebrity Couple?
'Bachelorette' Hannah Brown
Hits the CMA Awards Red
Carpet with 'DWTS' Partner
Alan Bersten**



By [Ahjané Forbes](#)

In [celebrity news](#), Hannah Brown and Alan Bernstein might have chemistry off of the dance floor as well. The two sparked [celebrity couple](#) news at the Country Music Awards, which they attended hand-in-hand. According to a *UsMagazine.com*, weeks ago Brown told them exclusively, “We are dance partners, and we have the best time together, and we have a friendship that is great.” Brown also added that she has her eye on the mirror ball, and she didn’t admit to a [celebrity relationship](#).

There are rumors that Hannah Brown

is part of a new celebrity couple with her *DWTS* partner! What are some ways working hard with someone can lead to love?

Cupid's Advice:

It's okay to not know where your relationship is heading at the beginning stages. You could be really good friends, or you may develop feelings for each other. Cupid can help you with establishing if this might be love:

1. Connect with them: When you get to spend more time with someone, your connection grows deeper. The more time you spend with them, the better you get to know them. Finding out things like what their favorite food is and what movies they like to watch is a great way to bond with each other.

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2. Start to hang out more: You and this person might just be friends, but if you start to hang out with him or her without anyone else around, it's a step toward something more. If he's picking up your favorite coffee for you or buying tickets to a play you wanted to see, it's proof he's looking to be around you more. If you feel like you're starting to get them to know them on a more personal level, then maybe this relationship is turning romantic.

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3. Work well with them: When you bond with someone over hard work, your connection gets stronger. You're learning to work as a team to get something done, and that sense of accomplishment at the end of the day pulls you closer.

What are some other ways working hard together can you bring you closer as a couple? Tell us your experience in the comments below!

Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt





By [Ahjané Forbes](#)

In [celebrity news](#), [Angelina Jolie](#) is moving on from [celebrity ex-husband Brad Pitt](#). According to a *UsMagazine.com*, the actress “has been on a few dates,” a source said. Jolie does want to find romance, however, the *Maleficent* star is not looking for a [celebrity marriage](#). The mother of six has reached a custody agreement with Pitt and admits that marriage is something that she did not want to do. She is focused on her job, children, and finalizing her divorce.

In celebrity news, Angelina Jolie is moving on amid her divorce from Brad Pitt. What are some first steps you can take to move on after

your marriage ends in divorce?

Cupid's Advice:

Ending a marriage can be hard, especially when there are children involved. The separation might be a good thing for both parties, but it can be emotionally draining. There's not one right answer to how to handle yourself after the divorce. Cupid has steps you can take to move on immediately after a split:

1. Take some time to heal: Everyone handles a break-up differently, but we all can agree that we will miss the good times that we had with our partner once its over. It takes time to adjust to this new lifestyle. Don't rush into a new relationship just because you want to get over your partner. Taking things slow will be better to handle the process.

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2. Ask for some space: Having people constantly asking you about how your divorce is going will not make it any better. Find a decent way to tell them that you are okay, and that you need your privacy at this time. This also can be used for family members. You might not be be ready to tell everyone how you're really feeling. If you have children, spend more time with them. The younger ones will have a harder time understanding what is happening.

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3. Find yourself again: Sometimes when we're in a relationship for so long, we forget what it feels like to do things by ourselves. Try a new hobby like yoga, a cooking class, or spending more time with your friends. This will help you take your mind off of things. Schedule these dates regularly as

needed. Putting yourself in a different environment will alleviate some of the stress.

What are some steps you to overcome your divorce? Let us know when the commerce below!

Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Thoughts on Season 2 and Physical Infidelity vs. Emotional Connection





Interview by [Lori Bizocco](#). Written by [Hope Ankney](#).

Mark Walberg (not to be confused with film actor Mark Wahlberg) is an American actor, on-air television personality, and talk show host known primarily for *Antiques Roadshow*, *The Moment of Truth*, and both the original (Fox Network: 2001) and the modern reboot (USA Network: 2019), *Temptation Island*. Walberg's time on *Temptation Island* is split between acting as the host and being a relationship confidant who couples go to for guidance through all kinds of relationship struggles they experience on the show. In our exclusive [celebrity interview](#), Walberg offers our visitors his thoughts on the second season of the show, and some [dating advice](#) for any couple going through hardships.

In our celebrity interview

with *Temptation Island*'s Mark Walberg, get season 2 sneak-peeks, dating advice, and tips on emotional connections.

Temptation Island is a reality show that follows four couples who are struggling in their relationships and can't decide whether to call it quits or not. When they arrive on the island, they are separated and put onto different parts of a beautiful island for four weeks, where they are tempted by other relationship options. The show has seen booming success since the first season of its reboot aired at the beginning of 2019. With season two premiering just a few weeks ago, the drama-filled show has only turned up the heat with its steamy antics.

Related Link: [Celebrity Interview: 'Temptation Island' Host Mark Walberg Shares His Secret to a Happy Relationship](#)

A season that Walberg claims is “really on steroids” as far as content goes, he explains that what ends up happening with these couples isn't scripted. The producers aren't in charge of turning the heat up, despite the drama escalating quickly this season. According to Walberg, it all depends on the couple and their personal journey. For example, Ashley G. slept with someone in the first episode, and that's something that just didn't happen in the first season of the show.

Walberg likes the idea of producers not being in control, because it allows him to be more open and vulnerable with the couples. In the second episode, Walberg has a conversation with Rick about Ashley's infidelity, saying that he's sincerely hurting alongside Rick. He takes his role with the couples very seriously, admitting, “I want the best for them. I'm very well aware that it's probably not going to go the way

that they hoped or thought they could control, but the bigger question, to me, is always about yourself. What brought you here? It's not about the other person." He expands on this statement, explaining how he handled his discussion with Ashley G., hinting that she has great remorse about hurting Rick in later episodes.

When asked if a couple can come back from something like what Rick and Ashley G. are going through, he provides some great advice about the differences in every couple and how they handle hardship. According to Walberg, every couple is unique and thinks differently about their relationship. If you're talking about two people who have built a foundation from an on-again off-again dynamic, it's obvious that the couple has been able to forgive one another and get back together after past conflict. Walberg is serious when he asks couples, "Do you think you can come back from this?" He says, "When you sit and break it down, there's a lot of grey area between the black and white. I know that people watching at home are like, 'If anybody did that then it's over,' but relationships with these people are years long and unique to them."

Watching season 2 of *Temptation Island*, we observe events like David's threesome, Ashley's infidelity, and then cases like Casey's where he claims that his relationship with Ashley H. is weak, stating, "I could break-up with her and be fine." Does that raise questions about what really hurts more, physical infidelity or emotional connection? Walberg seems to think that a lacking emotional connection is much scarier than a physical infidelity. Physical intimacy doesn't always cause a bond to form, and he agrees with viewers who believe that emotional connections are the ones that are lasting.



Mark L. Walberg. Photo Credit: Pr Photos/prphotos.com

Despite our curiosity, Walberg remains tight-lipped about who he thinks will survive as a couple and who he's rooting for, but he does touch on the growth he's seen from both Rick and Ashley H. He thinks that Rick's backstory of being a playboy is interesting when you see how he grows throughout the season. He even singles out Ashley H. and applauds her for her development from being extremely sensitive to radiating a sense of strength by the season's end.

In fact, Walberg explains that the island is a vehicle for couples to seek answers in different facets of their lives. "For some guys that require self-love, and sometimes [they] just do things I can't figure out. But, my hope is that everybody leaves the island feeling like the experience helped them grow in some way or another." If the couples are committed to going to the island, there is a sense of self-reflection that they have to go through and work on. It's a natural process that happens on its own for every couple.

With shows like *Temptation Island*, it can be an addicting experience for the audience. So, it isn't surprising that fans become attached to the show, because they see parts of themselves or their relationship in some of the couples on screen. People can relate to wondering whether or not they're settling in their relationship. It's easy to empathize with the struggles when it comes to finding your "person."

Related Link: [Celebrity Interview: Leanne Ford Talks Interior Design Advice and Upcoming Projects](#)

Relationship struggles are a reality for all couples, and Walberg stresses the importance of communication to overcome those low points. Not all folks can hop a plane and become part of a reality show to fix their problems, he says, but, "If you can talk about it, you've got a shot. Talk it out, and if you need to find professional help to talk it out, that might be the best way."

And, speaking of communication, Walberg is still in touch with the entire cast from season 1 through Instagram! He says he's still friendly with all of them, pointing out, for instance, that Evan reached out to him personally when he and Morgan announced their engagement.

So, what can we expect from upcoming episodes? Walberg wasn't very forthcoming on this, but he told us to keep a watch on the dynamic between couples shifting from potential love interests to supportive friends, as well as seeing romantic connections grow. And, get ready for some entertainment! According to Walberg, the final bonfire is "pretty riveting."

Stay tuned! If Walberg's insight is anything to go on, *Temptation Island* is about to get insanely entertaining.

You can keep up with Mark L. Walberg by following him on [Twitter](#) and [Instagram](#). Make sure to check out "Temptation Island" Tuesdays at 10/9c on USA Network.

New Celebrity Couple Zooey Deschanel & Jonathan Scott Make Relationship Red Carpet Official



By [Ahjané Forbes](#)

In [celebrity news](#), this *Property Brother* might know how to fix Zooey Deschanel's heart, as the two were spotted together on

the red carpet. Jonathan Scott and the *New Girl* star first sparked the [celebrity couple](#) radar in September. Although this [celebrity relationship](#) might be at the beginning stages, the pair wore matching Halloween costumes to Scott's older brother J.D.'s wedding. Deschanel is previously divorced from her [celebrity ex](#)-husband, Jacob Pechenik. The two co-parent their two children. In a statement to *EOnline.com* the exes said, "We remain committed to our business, our values and most of all our children."

This new celebrity couple is stepping out into the spotlight. What are some ways to bring your relationship public?

Cupid's Advice:

Establishing your relationship in the public eye is a big step. This means that you are getting serious about your partner. However, sometimes you are unsure if you are ready to be that open with your partner. Cupid has some advice on how to know if your relationship is stable enough to face the public:

1. Take them out to a public setting: Bringing them to a party for a basketball game will determine if they're ready for the public eye. Don't pressure them to be lovey-dovey in public. See if this is something that happens naturally.

Related Link: [Date Idea: Explore the Big Apple](#)

2. Bring them around the family: The biggest critics have to be your family members. They tend to see the red flags before you do. Notice how your partner interacts with your family. If they are keeping to themselves and don't hold a conversation with anyone, then maybe they aren't ready for the next steps.

Related Link: [Celebrity News: Heidi Klum Reveals What Her Kids Think of New Husband Tom Kaulitz](#)

3. Post a picture on social media: Professing your love on a social media outlet is an ongoing trend for many relationships. Putting their initials in your bio or “my love” as the caption on a picture can be telling ways to show that you are serious about your relationship.

What are some ways you made your relationship public? Let us know in the comments below!

Celebrity Couple News: Lamar Odom Is Engaged to Sabrina Parr





By [Ahjané Forbes](#)

In [celebrity news](#), wedding bells will ring for Lamar Odom and his girlfriend, Sabrina Parr. Their [celebrity couple](#) was first spotted kissing in August which sparked rumors of a [celebrity relationship](#). Odom proposed to Parr with a pear-shaped diamond ring. According to *UsMagazine.com*, the former Lakers player gushed about his new fiancée on social media, saying, “My post goes out to the new leading woman in my life, that I’m gonna tell every day how beautiful she is, from the inside out. Thanks @getuptoparr for teaching me what real self-value means. It changed my entire mindset.”

In celebrity couple news, Lamar Odom is engaged to Sabrina Parr, who he’s been dating for just a few

months. How do you know you're ready to get engaged to your partner?

Cupid's Advice:

When you start planning your life with another person, that is usually the time that you start planning an engagement. Starting to live together or planning drunk vacations with your families drunk vacations with your families are you are ready to take your relationship to the next level.

1. Making them part of your future plans: When you start taking your partner into account in your life plans, then your relationship probably has long-term potential. If you are in the process of buying a house, for instance, and you would like to know if your partner is comfortable living there, then you might be ready to ring those wedding bells.

Related Link: [Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!](#)

2. Wanting to start a family: Having children with someone you love is an exciting journey. If you start imagining your partner playing with the little ones in your house, then maybe you're ready for an engagement.

Related Link: [Relationship Advice: Is It Too Soon to Get Engaged?](#)

3. Asking them if they're ready for marriage: Don't just pop the question not having an idea if your partner is ready for marriage. Talk to their friends or family members to get their thoughts and feedback. If you are given shaky or uncertain responses, then maybe they aren't ready just yet. Keep hope alive, and give it time.

How do you know that you're ready to be engaged? Share your thoughts in the comments below!

Celebrity News: Gwen Stefani Thanks 'Babe' Blake Shelton at People's Choice Awards



By [Hope Ankney](#)

In the latest [celebrity news](#), Gwen Stefani has been officially

crowned a fashion icon. She was awarded the trendsetting award at Sunday's 2019 People's Choice Awards. As *UsMagazine.com* reports, while up on stage receiving her award, she made a playful shout-out to her love. Directing her attention to country-singer Blake Shelton, she stated, "Blake Shelton, look! Icon." before continuing her speech.

In celebrity news, Gwen Stefani thanked her love Blake Shelton in her acceptance speech at the People's Choice Awards. What are some ways to thank your supportive partner?

Cupid's Advice:

Just like this [celebrity couple](#), you, too, can show thanks to your partner for being supportive. Even though it probably won't be on stage in front of thousands of people accepting an award, it doesn't mean you can't show support in other thoughtful ways. If you're wanting to let your significant other know that you're thankful for them, we've got you covered. Cupid has some [love advice](#) on thoughtful ways you can thank them for all their support:

1. Cook them a meal: The way to someone's heart is through their stomach. If you're wanting to show just how much you appreciate how supportive your partner has been, try cooking them one of their favorite meals. Putting in time and consideration to make them a home-cooked dish will let them know exactly how much they mean to you. Besides, you both get a tasty meal out of it.

Related Link: [Celebrity News: Gwen Stefani Had No Idea Who](#)

[Blake Shelton Was Before 'The Voice'](#)

2. Plan a romantic evening at home: Planning a romantic evening with your partner in mind is a sure way to let them know how thankful you are for their support. Staying at home makes the gesture even more personal. So light some candles, put on some sappy music, lower the lights, and take out their favorite bottle of wine. When they get in from work, they'll love nothing more than to see an entire evening planned out for the two of you.

Related Link: [Celebrity Couple News: Gwen Stefani & Blake Shelton Attend Wedding Together](#)

3. Write them a letter: Sometimes, it's difficult to express how appreciative you are to your partner face-to-face. In these circumstances, try writing them a letter and getting all your thoughts down there. This way you can carefully craft what you want to say to them, and your words are memorialized forever. Then, your partner can always go back and look at the letter when they like.

How have you thanked your supportive partner? Let us know down below!

'Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice

Awards



By [Hope Ankney](#)

In the latest [celebrity news](#), [Bachelorette](#) star Hannah Brown bumped into her [celebrity ex](#), Tyler Cameron, at Sunday's People's Choice Awards. According to *UsMagazine.com*, Brown commented on their interaction before the show started, saying there was no bad blood. She discussed how sweet it was that Cameron brought his mother as his date. When asked if she was nervous about seeing him, she replied positively, "I think I have so much going on right now. I mean, I came straight from practice for the show tomorrow, so there's no place for nerves and honestly, I'm just really focused on myself right now and I'm just really glad that I am able to be here and to

celebrate the nomination of the award.”

These celebrity exes crossed paths at the People’s Choice Awards. What are some tips for keeping your cool in the presence of an ex?

Cupid’s Advice:

A break-up is never easy. It’s even harder when you know you’re going to have to see your ex again whether you plan on it or not. Standing in the presence of someone that you have a history with would make anyone sweat bullets, but it doesn’t have to be an interaction you dread. Instead, if you’re worried about keeping your blood pressure down the next time you see your ex, don’t worry. Cupid has some [relationship advice](#) on how to stay as cool, calm, and collected as possible in their presence:

1. Think about the positives: If you know you’re going to have to be around an ex in a public setting, make sure you don’t focus on the negatives of your relationship. Associating their presence with hurt will only hinder you from having a cordial interaction with them. Try to keep your mind on the positives of your guys’ time together. Then, when the time comes, you’ll be level-headed enough to have a friendly passing conversation.

Related Link: [Celebrity News: Jed Wyatt Vacations with New Woman After Hannah Brown Split](#)

2. Be surrounded by friends: Being around an ex, alone, can be a daunting task. But, if you know there might be a possibility that you’ll run into your ex somewhere, bring a couple of your friends to cushion the blow. You’ll feel much more confident and positive being around them. And, you won’t have to worry

about suffering through any awkward silences that might occur.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown & DWTS Partner Clear Up Romance Rumors](#)

3. Focus on yourself: The best advice to keeping your cool when you're around an ex is to do what Hannah Brown did and focus on yourself. Don't allow yourself to think too much about their presence. Keep doing what you're doing, and don't worry about them being there. This helps in alleviating the stress of seeing your ex and acting kindly towards them when you do bump into them.

What are some ways you keep your cool around an ex? Sound off in the comments below!

Celebrity News: Joe Giudice Reunites with Teresa & Four Daughters in Italy





By [Ahjané Forbes](#)

In [celebrity news](#), [reality TV star](#) Teresa Giudice reunites with her husband Joe after he was in ICE custody for seven months. The [celebrity couple](#) has not seen each other for quite some time. According to a *UsMagazine.com*, the family plans is reconnecting in Italy. On GMA's *Strahan, Sara and Keke*, Melisa Gorga said in an interview, "At this point, they don't know each other anymore. And they need to get to know each other again."

In celebrity news, Joe Giudice is continuing his family focus by meeting up with his wife and kids. What are some ways to know if your

partner has family values?

Cupids Advice:

Spending some time apart from your partner can be detrimental to your family dynamic. However, sometimes this can be beneficial for your family to grow. The person's absence can "make the heart grow fonder," as they say. Cupid have some ways to know your partner is focused on family:

1. Spend time together: Whatever happened is in the past, it is important if your partner make steps to improve your family relationship. This may mean going on mini vacations, visiting each other if you're separated by distance, or just making a point to have a movie night at the house.

Related Link: [Parenting Advice: Cooking Fun with Your Kids](#)

2. Ask for your partner's opinion: Parenting is a two-way street. One parent might be disciplinary and the other might not be. Finding a common ground is important. Asking for input on how you both should raise your children moving forward is an important tactic to raising a strong family.

Related Link: [Parenting Trend: 2019 New Age Parenting Trends](#)

3. Make the family their priority: Working life can get in the way of spending time with family. Nevertheless, if your partner is showing that they want to be an active lover and parent, then they have family values!

How do you know if your partner has family values? Share your thoughts in the comments below!

Celebrity Break-Up: 'Big Brother' Stars Jack Matthews & Analyse Talavera Split



By [Meghan Khameraj](#)

In [celebrity news](#), *Big Brother* stars Jack Matthews and Analyse Talavera announced the end of their whirlwind of a [celebrity relationship](#). The [famous couple](#) met this past summer during season 21 of *Big Brother*. Matthews announced via Instagram that they were taking a break stating, "I'm glad that we were able to be there for each other and we'll always be friends and partners forever." Talavera confirmed Matthews' statement

with her own Instagram post, saying, “...jack and I have both decided that it’s best we go our separate ways and remain great friends.” The couple mentioned long distance as being one of the core reasons for the split.

In celebrity break-up news, this showmance has fizzled, and long-distance played a big part. What are some ways to sustain a long-distance relationship?

Cupid’s Advice:

Jack Matthews and Analyse Talavera have called it quits on their relationship. The couple blamed the split on long-distance. However, Cupid has some [relationship advice](#) that will help you and your partner last through being apart:

1. FaceTime: Video chatting with your partner will help you feel less lonely if you two aren’t together. Schedule times when you’re both free to video chat with your significant other. It’ll be the best way to maintain your relationship if you’re not able to physically be together.

Related Link: [Celebrity News: Demi Moore Says She Was ‘Addicted’ to Ashton Kutcher](#)

2. Focus on yourself: It’s totally normal to miss your partner if you can’t see them, but you should have hobbies and jobs to keep yourself occupied instead of focusing your energy on being sad. Take time to do something you’ve always wanted!

Related Link: [Celebrity Couple News: Jenni ‘JWoww’ Farley & Zack Carpinello Are Back Together After Split](#)

3. Plan trips: Even if it's just for a weekend, you and your significant other can go on a romantic getaway. It doesn't have to be anywhere extravagant or expensive as long as you two get to spend quality time together.

How would you handle a long-distance relationship? Let us know in the comments below!

Celebrity Couple News: Keanu Reeves & Girlfriend Alexandra Grant 'Have Been Dating for Years'





By [Meghan Khameraj](#)

In [celebrity news](#), Keanu Reeves stepped out with artist Alexandra Grant this past weekend. The [famous couple](#) has been very low-key since beginning to date in 2017, but held hands and stood next to each other at the LACMA Art + Film Gala Presented by Gucci in Los Angeles. A source for *UsMagazine.com* stated, “[He] was there, and she was introducing him to people. They weren’t openly affectionate, but they aren’t a couple like that. They’re low-key and cool.”

In celebrity couple news, this pair has been dating for years, even though they recently made their

first red carpet appearance together. What are some reasons to keep your relationship on the down-low?

Cupid's Advice:

Keanu Reeves and Alexandra Grant have officially confirmed their [celebrity relationship](#) after leaving fans speculating about their status for years. Cupid has some [relationship advice](#) to help you figure out if you should keep your relationship on the down-low.

1. You have a public life: Even if you aren't a film star like Reeves or an artist like Grant, your life can still be very public. If you spend time crafting your social media then you tend to share a lot of your life with others. This time, it may be ideal to keep your relationship between you and your partner to avoid any unnecessary opinions from outside sources.

Related Link: [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

2. You've had trouble with relationships: If you've been burnt in the past by an ex-lover you may want to be cautious this time around. Take time to build a solid foundation with your partner before sharing your relationship with the world.

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

3. You have negative people in your life: Unfortunately, many of us have negative people in our lives that we can't seem to get rid of. If this is the case for you then you should lean toward the private side when it comes to your relationship.

This will help avoid drama caused by others.

Would you ever keep your relationship on the down-low? Let us know in the comments below!

Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher



By [Ahjané Forbes](#)

In [celebrity news](#), [Demi Moore](#) tells her story on Red Table Talk. She spoke about her relationship with [celebrity ex Ashton Kutcher](#), and her struggle to sobriety. The actress admits that she relapsed after 20 years of sobriety. The interview comes a month after the release of her new book *Inside Out*. According to *UsMagazine.com*, Kutcher told her once, “I don’t know if alcoholism is a real thing – I think it’s all about moderation.” Moore tells Jada Pickett-Smith and her daughters that, “I wanted to be that girl. The girl who could have a glass of wine at dinner, or do a tequila shot at a party. In my mind, Ashton wanted that, too.” The actress also admits that losing her [celebrity baby](#) was her fault. Rumer, Moore’s daughter, said that she felt like she had lost her mom while she was in the [celebrity relationship](#) with Kutcher. She felt as though she “wasn’t good enough” for her mom.

In celebrity news, Demi Moore says she was addicted to Ashton, and it wasn’t healthy. What are some ways addiction can affect your relationship?

Cupid’s Advice:

Having an addiction can be very toxic in any form in your relationship. Whether it’s a big or small addiction, it will have a negative affect. Drinking and smoking are the most common addictions, and they can tear your bond apart. However, there can be other addictions that have the same effects as a substance abuse. Cupid has some ways is to know if your addiction is affecting your relationship:

1. Communication starts to become strained: If you notice that

your partner or your children do not want to communicate with you as often anymore, then you have to look into what you are doing differently than you used to. For example, if you are used to having family night and watching the football game together, and now no one has an interest in watching with you anymore, your addiction could be the source of the problem. Ask your partner and your children why they're communicating with you less. If they respond with, "I don't like it when..." then your addiction is a serious problem.

Related Link: [Parenting Advice: Tips to Get Your Child Talking](#)

2. Lots of interest in public events: You would rather stay at home and drink a glass of wine or skip a family event to go and play poker. If this is the case, your addiction might be affecting your life. You'll start to seclude yourself from people, including your family members, because you want to perform the action that everyone hates.

Related Link: [The Smarter Way to Meet New People and Actually Enjoy It!](#)

3. No effort in quitting: When your family members and friends tell you that your addiction is very harmful to yourself and others, will you try to stop? If you have the "tunnel vision" mindset when it comes to your addiction, you'll never be able to see the affect it has on everyone around you. Quitting will not be easy, but it is the effort that counts. If you seriously want to quit, then find a support group nearby that will help you through the process.

How can you tell if your addiction is affecting your relationships? Let us know in the comments below!

Celebrity News: Joe Giudice Reunites with Teresa's Dad in Italy Amid Split Rumors



By [Hope Ankney](#)

In the latest [celebrity news](#), Joe Giudice was spotted reuniting with Teresa's dad in Italy amid the [celebrity couple's](#) breakup rumors. According to *EOnline.com*, Giudice posted new photos on his Instagram account of him in Italy where he is spending quality time with his father-in-law. He even posed for a selfie with Teresa's dad on his Instagram story before tagging her account in it.

In celebrity news, Joe Giudice is showing good faith by meeting up with Teresa's family. What are some ways involving your family can help save your relationship?

Cupid's Advice:

Families are such an integral part of a relationship. Getting to know your partner's parents is a big step in taking a relationship to the next level. And, when you and your partner are on the rocks, they can also be a very helpful outlet to combatting these issues and keeping your bond from crumbling. If you're having a hard time figuring out how to save your relationship, don't fret! Cupid has some [love advice](#) on how involving your family can actually be a useful asset during these trying times:

1. New perspectives: If you're speaking to your in-laws, know that they know your partner better than you ever will. Being open and honest with them about your relationship will give them a chance to hand you new perspectives on the situation. They can provide anecdotes of how your significant other reacts towards certain behaviors while also offering wise advice for keeping your relationship alive.

Related Link: [Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen](#)

2. Tough-love: Families are good at many things, but one of their best skills is to give you tough love when you need it. Most times your family won't sugarcoat anything for you, and if you come to them for relationship advice, they won't hesitate to be as blunt and honest as possible. If you've messed up, they'll let you know, and if you're being stubborn,

they'll call you out on it. Trust families to not take your feelings into consideration because, sometimes, being direct about relationship issues can actually help you resolve them.

Related Link: [Celebrity Couple News: Teresa Giudice Shares Worries about Husband Joe's Deportation](#)

3. Safe space: Remember all those times you were homesick, and you wanted nothing more than to travel home and sleep in your childhood bedroom? A lot of times, having relationship blues can actually trigger a feeling of homesickness. Don't shrug it off. Lean into it, and visit your family. Taking time to yourself to go back to a place that you consider a safe space can give you an opportunity to decompress. Relax, unwind, and distract yourself for a few days. This can do wonders by looking at your relationship troubles with a fresh perspective.

How has involving your family helped save your relationship? Sound off down below!

Celebrity Break-Up: David Eason Speaks Out After Jenelle Evans Announces Split





By [Hope Ankney](#)

In the latest [celebrity news](#), *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their [celebrity break-up](#). This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

In celebrity break-up news, David Eason threw some shade Jenelle Evans' way after she announced

their split. What are some things to avoid on social media during a break-up?

Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some [relationship advice](#) on what to avoid on social media during a split:

1. Social media stories: Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

Related Link: [Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle](#)

2. Burner accounts: If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts

to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or hurt.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

3. Keeping up with the circle: Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

What are some things you avoid on social media while going through a breakup? Let us know down below!

Single Celebrities: Selena Gomez Clarifies Relationship Status After Being Spotted with Ex





By [Ahjané Forbes](#)

In [celebrity news](#), “Lose You To Love Me” singer [Selena Gomez](#) recently went out with her [celebrity ex](#) Samuel Krost. According to *UsMagazine.com*, the pair arrived at a restaurant called La Esquina in New York City on October 29 with their friends in tow. The next day, the Disney Channel alum cleared the new celebrity relationship rumors by telling her Instagram followers, “I’ve been single for two years. I’m on Gods timing not mine.” Although Gomez hasn’t been in a relationship for a while, the star seems to enjoy flying solo.

This [single celebrity](#) hasn’t been in a relationship for two years. What are some benefits to being

single?

Cupid's Advice:

Even though being in a relationship can be nice, staying single has its benefits as well. First, don't think about the negatives. Just because you are a party of one does not mean you can't still have fun. Next, keep a positive mindset. If someone is truly there for you, they will gravitate toward you. Lastly, stay true to yourself. Don't jump into a relationship because your friends say it's been "too long." Start dating when you are ready. Cupid has some advice on how to make the process of being single a little bit easier:

1. Focus on yourself: Sometimes when you are in a relationship you forget the importance of self-love. Treat yourself to Spa day. Start going to yoga classes. Reconnect with your inner-self.

Related Link: [Top 2019 Fitness & Wellness Trends to Watch](#)

2. Take opportunities to grow: This does not mean that you have to better yourself for the next person you're going date. Find areas in your life that you feel need some improvement. For example, if you've always wanted to do something, but you've never had the chance to do it before, now is that time. Motivate yourself to accomplish your goal.

Related Link: [Dating Advice: Don't Lose Weight to Find Love!](#)

3. Set new standards: You might have been single for a while, but that does not mean you are any less attractive. After you have spent some time on yourself, reevaluate what type of partners are a match for you. List all the qualities you would like your future partner to possess first, and then go from there. Building up your confidence and staying true to yourself can you turn a lot of heads.

**What are some ways you improve you life while your are single?
Let us know in the comments below!**