

Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split



By

Ellie Rice

In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

1. Stay on the same page: Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

Related Link: [Royal Celebrity Couple: Prince Harry & Meghan Markle Settle in Los Angeles](#)

2. Be respectful: The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

Related Link: [Relationship Advice: The Case of Elon Musk: Connecting Instead of Clashing](#)

3. Redirect: If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

How would you keep your break-up drama-free? Start a conversation in the comments below!

Celebrity Break-Up: Josh Lucas' Ex Wife Claims He Cheated During Pandemic





By

Alycia Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazinge.com*, Henriquez captioned her tweet, "Exes are exes for a reason." She went on to explain that it's easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter, ending her tweet saying, "I deserve better than this, Our son deserves better than this."

In celebrity break-up news, Josh Lucas' ex-wife is airing her

grievances publicly. What are some things to consider before going public with relationship disagreements?

Cupid's Advice:

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

1. Think of the kids: Relationship disputes can be a really delicate situation, but when there are kids involved, it only makes it more complicated. You don't want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

Related Link: [Celebrity Break-Up: Halsey Opens Up About Split from G-Eazy](#)

2. What will your family and friends think?: When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. You'll receive everyone's two cents: Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only one on that matters.

What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!

Celebrity Baby News: 'Duck Dynasty' Star Phil Robertson Finds Out He has Adult Daughter From Past Affair





By

Diana Iscenko

In the latest [celebrity news](#), *Duck Dynasty* star Phil Robertson discovered he has a 45-year-old daughter. In a recent episode of their podcast, *Unashamed with Phil Robertson*, two of Robertson's sons, Alan, 55, and Jase, 50, revealed they received letters from their long-lost sister, Phyliss. The [reality TV](#) patriarch took a DNA, which was a 99.9% match. "As it turns out, 45 years, you have a daughter that you don't know about. Finally, after all those years, we come together," Robertson said.

In celebrity baby news, Phil Robertson is coping with the news that he has an adult daughter he never knew about. What are some ways to welcome a child (baby or

adult) into your family?

Cupid's Advice:

Families come in all shapes and sizes. No matter who you're bringing into your family, it's important to welcome them with open arms. If you're unsure how to seamlessly expand your family, Cupid has some advice for you:

1. Tell extended family: Whether you're having a baby, adopting a child, or reuniting with an adult family member, it's important to make sure they feel welcome. That starts with the entire family being excited to meet them, not just the parents.

Related Link: [Relationship Advice: How to Deal With Estranged Family Members](#)

2. Make sure they're comfortable: For a baby, this would be setting up a nursery. However, it can vary for older family members. Make sure to openly communicate with them about their needs. Listening to them will make them feel valued and like part of the family.

Related Link: [Duck Dynasty's Miss Kay Reveals She Birthed Her First Child Before Marriage](#)

3. Put energy into the relationship: It's not enough to be initially welcoming. Let your new family member know how excited you are for a future with them and use your actions to follow through with that. Be supportive, be accepting, and be there for them.

How do you welcome your new family members? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split



By

Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filled for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Culter "would be

mean to [Cavallari], embarrass her, make her feel bad, or storm off.” Despite this messy situation, these [celebrity exes](#) “have nothing but love and respect for one another,” according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari’s friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing warnings about your relationship?

Cupid’s Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you’re not sure how to handle a friend’s worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you’ll be able to tell if your friend has your best intentions at heart.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they’re concerned. It’s also important to consider your friend’s viewpoint. They

could see some major red flags you might have missed.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity News: Nikki Bella Offered to Take a Break in Relationship with Artem Chigvintsev





By

Diana Iscenko

In the latest [celebrity news](#), *Total Bellas* star Nikki Bella reveals she offered to take a break with fiancé Artem Chigvintsev at the beginning of their relationship. The [celebrity couple](#) started dating only six months after Bella called off her engagement and ended her six-year relationship with John Cena. According to *UsMagazine.com*, Bella divulged she was initially worried about falling into a new relationship so quickly. “I was still in the process of healing, but yet I was falling in love so fast with [Chigvintsev],” Bella said on the latest episode of “The Bellas Podcast.”

In celebrity news, Nikki offered to take a pause on her relationship with Artem early on as she was healing from her past celebrity

break-up. How do you know you're ready to move on from a past relationship?

Cupid's Advice:

Finding a new partner is exciting, but it can be hard to tell if you're ready to take the jump into a new relationship. If you're unsure if you're ready to put yourself out there again, Cupid has some advice for you:

1. You've learned from the past: You need to learn from your past relationships to have healthy ones moving forward. It's important to acknowledge what didn't work in your last relationship (yes—even in your own actions!), but it's even more important to learn from it and prevent yourself from falling into those same patterns in your new relationship.

Related Link: [Celebrity News: Pregnant Nikki Bella Shares Sweet Note to Fiancé Artem Chigvintsev](#)

2. You're content with life being single: Finding happiness outside of relationships shows you've moved past your ex. Once you've figured out what you want from life, it's much easier to know if a new partner would fit into that, or if you should wait a little longer.

Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

3. You're open to a new experience: It's easy to tell yourself you're ready for love again, but still shut down any opportunities that come your way. If you've met someone you like without pushing them away, that's your gut telling you you're ready.

What do you do to heal after a relationship? Start a

conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By

Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie ended things to give Disick space to work on his mental health

and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Anna Kendrick Does Not Believe in Romantic Soulmates





By

Diana Iscenko

In the latest [celebrity news](#), Anna Kendrick reveals she doesn't believe in romantic soulmates, while discussing her new HBO Max series, *Love Life*. According to *EOnline.com*, the [single celebrity](#)'s character is shown throughout a ten-year period, highlighting her different relationships and how they let her grow. Even though Kendrick doesn't believe in traditional soulmates, she told *Emmy Magazine* that people have "many 'the ones,' and if we're lucky we spend a long time with someone."

In celebrity news, Anna Kendrick shed some light on why she doesn't believe in romantic soulmates. How do you know you've met someone you could settle down with?

Cupid's Advice:

Whether you believe in soulmates or not, it's always hard to decide when to take the next step with your partner. Do you have trouble knowing if you found someone who's worth committing to? Cupid has some advice for you:

1. You can handle conflict: You're able to communicate with your partner and work through disagreements. You're not worried every fight will be the end of your relationship, and you're not tiptoeing around subjects to keep the peace.

Related Link: [Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas](#)

2. You have each other's backs: Your partner is someone you can lean on, and you do the same for them. You're both able to support the other, no matter how big or small the stress the other is going through.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

3. You talk about the future: You aren't afraid to talk about where you see the relationship going. You're vulnerable enough to tell your partner that you're planning for a future with them in it.

How do you know when it's time to settle down? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex

Kourtney Kardashian & Kids After Split from Sofia Richie



By

Diana Ischenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!

Celebrity Break-Up: Mary-Kate Olsen Officially Files for Divorce from Olivier Sarkozy



By

Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing

initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

In celebrity break-up news, Mary-Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?

Cupid's Advice:

Break-ups can be very difficult thing to process, especially when you're married. Dealing with the those first steps of the break-up can be be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

1. Deal with the logistics: When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's you're belongings or you're home, you guys should decipher who's going to keep what and just come to a common ground.

Related Link: [Celebrity Break-Up: Kylie Jenner & Travis Scott Are Taking a Break](#)

2. Make a plan for friends: Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. Seek help to navigate your emotions: Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family member or a friend. As long as they are willing to listen to you vent about the break-up.

What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!

Celebrity Baby News: Elon Musk & Grimes Change Newborn Son's Name to Comply with California Law





By

: Alycia Williams

In latest [celebrity news](#), Elon Musk and Grimes changed the name of their newborn [celebrity baby](#) to abide by the California Law. According to *UsMagazine.com*, the [celebrity couple](#) welcomed their son on May 4, and originally named him X Æ A-12. Once the name was revealed, many were quick to point out that according to the California State Constitution, names can only use the 26 alphabetical characters of the English language. The couple then changed their son's name to X Æ A-Xii. When questioned on social media about the name change, Grimes replied, "Roman numerals looks better."

In celebrity baby news, Elon Musk and Grimes were forced to slightly change their baby's name. What are some ways to compromise with your

partner about baby names?

Cupid's Advice:

Expecting a baby is one of the most joyous feelings in life, but picking the baby's name can sometimes be a battle. It will be one of the first decisions that you and your partner make together as parents. For some ways to compromise with your partner about baby names, Cupid has some advice below:

1. Hear each other out: In any relationship, it's so important that you listen to each other. You should both come up with suggestions for the baby's name and then listen to what you both came up with and why. Although you may be head over heels in love with the names that you picked, you may find that your partner came up with something that you like better.

Related link: [Celebrity Baby News: Kylie Jenner Reveals the Name of Her Daughter, and Twitter Reacts](#)

2. Narrow it down: Before you start throwing names at each other, figure out what kind of names you both are interested in. It can be long or short names, modern or old-fashioned names, or maybe even unisex names. Whatever it is, come to an agreement and go down that path together to look for names.

Related Link: [Parenting Trend: Royal Baby Names](#)

3. Take your time: Finding the perfect name for your baby won't be easy, but luckily you have nine long months to narrow it down. Although you're eager to have a name for the baby, understand that you may like one name today and then like another a few months later. Sometimes naming your baby after you meet them can be more efficient because the name you picked out beforehand may not match your baby's look or personality. Understanding that nothing is final until the name is on the birth certificate is key!

What are some ways you would compromise with your partner on baby names? Let us know in the comments below.

New Celebrity Couple: Sophia Bush & Grant Hughes Get Cozy in Masks as They Step Out in Malibu Together



By

Alycia Williams

In latest [celebrity news](#), former *One Tree Hill* star Sophia Bush was spotted with Grant Hughes on a casual date in Malibu,

California. According to *EOnline.com*, the two were holding hands as they took a walk in the neighborhood in face masks. They were even pictured stopping for a warm embrace.

In celebrity couple news, Sophia Bush is getting cozy with her new beau, Grant Hughes. What are some ways to grow your bond in a new relationship?

Cupid's Advice:

New relationships are so much fun, but there's always a rush to get that deeper connection. If you're in a new relationship and looking to grow your bond, Cupid has some advice for you:

1. Introduce them to your family: When you bring your partner to meet the people who are closest to you, your family, it brings you two closer. It tells your partner that you're serious about your relationship and that you're in it for the long haul.

Related Link: [Ask the Guys' Guy: How Do I Know My Boyfriend is Serious About Me?](#)

2. Spent time getting to know each other: In new relationships, you don't know everything about your partner. The more time you spend just talking and asking each other random questions, the faster you will know everything about one another. Knowing your partner inside and out will only build a foundation for a long-lasting relationship.

Related Link: [New Celebrity Couple? 'Bachelor' Alum Nick Viall Confirms He Had Dinner with Rachel Bilson](#)

3. Make memories together: When you look back on some great

moments you've had and your significant other was there experiencing those great times with you, you will be able to reminisce. Whether it's taking a vacation or even going to an amusement park together, looking back on the good times you spent together will bring you two closer together.

What are some ways you would grow your bond in a new relationship? Start a conversation in the comments below!

Celebrity Break-up News: Brian Austin Green Confirms Split from Megan Fox After 10 Years of Marriage





By

Alycia Williams

In latest [celebrity news](#), pictures of Megan Fox and Machine Gun Kelly have surfaced, which has led many to suspect issues within Brian Austin Green and Fox's marriage. According to *UsMagazine.com*, Green shares in his podcast that he has split from his wife of ten years. Despite this [celebrity break-up](#), Green expresses that he will always love Fox, but that they've been trying to be apart since the end of 2019. He got choked up as he explains that he would rather be apart from Fox than be at odds, since they're best friends and have children together.

In celebrity break-up news, Brian Austin Green and Megan Fox are calling it quits. How do you know your relationship is beyond saving?

Cupid's Advice:

Relationships are bound to go through up and downs, which makes it hard to know when you should let go. For some clarity on when your relationship is beyond help, Cupid has some advice for you:

1. Is your partner being faithful?: If your partner truly loves you, they won't be unfaithful. If they are cheating on you or being dishonest, then they don't respect you enough to tell you that they don't want to be with you. And, in that case, there is no point trying to fix the relationship because you deserve someone that respects you enough to be faithful.

Related Link: [Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split](#)

2. Are you happy?: Your partner is supposed to make you happy. So, if you feel that that you've been unhappy lately, then that's a sign that something isn't working out. You should get to the bottom of your unhappiness, and if your partner is at the root of your unhappiness, then it's time to part ways.

Related Link: [Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage](#)

3. Do you love being around your partner? In a loving relationship you guys would never want to be apart and you'll always want to be around each other. If you find yourself trying to get as far as possible from your partner and not spending a lot of time together then you shouldn't try to save the relationship anymore.

How else do you know your relationship is beyond saving? Start a conversation in the comment below!

Celebrity News: Brian Austin Green Shares Cryptic Post After Wife Megan Fox is Spotted with Machine Gun Kelly



By

Ellie Rice

In the latest [celebrity news](#), Megan Fox was spotted hanging out with rapper, Machine Gun Kelly, leading many to suspect a rift between her and husband, Brian Austin Green. According to *People*, Green posted a cryptic message on social media and was seen out and about without his wedding ring. The pair have had a rocky relationship, so this wouldn't be their first

split. After meeting on set in 2004, the duo went on to have three kids together! We hope these two can work things out.

In celebrity news, Brian Austin Green came forward with a cryptic post, potentially referencing his wife Megan Fox after she was spotted with another man. What do you do if you suspect your partner is being unfaithful?

Cupid's Advice:

Infidelity can plague and ultimately ruin a relationship especially if one partner finds out about the other's bad behavior. If you suspect your significant other of cheating, Cupid has some advice for you:

1. Talk to them about it: Before you draw any conclusions, you need to have a chat with your partner. Something you may have seen or heard could have been misinterpreted or only a portion of the full story. While this is an extremely emotional situation, it's important that you leave your aggression at the door. Go into the conversation with a level head and open mind in order to understand the weight of what your partner has to say.

Related Link: [Relationship Advice: The Case of Elon Musk: Connecting Instead of Clashing](#)

2. Analyze the situation: Once you've heard your partner out, it's up to you to decide what to do with that information. Take some time to think about the situation and your feelings for this person. Is this something you're willing to work

through? Can your relationship move past this? Once trust is broken in a relationship it can be very difficult to get back to where you both were. Even though you may love this person, you need to put your mental health first. Decide if this relationship is worth repairing or if it's a better decision to move on.

Related Link: [Celebrity Exes: Megan Fox Finally Confirms Past Romance with Shia LaBeouf](#)

3. Find your support network: If you've decided that your relationship cannot move forward after infidelity, it's important that you have a support network to help you through this time. Dealing with a cheating partner comes with a lot of hurt and feelings of betrayal. Surround yourself with friends and family and always save time for self-care. This group of people will be there to help you through every step of your breakup and when you're ready, they'll be by your side when it's time to date again!

What would you do if your partner was cheating? Start a conversation in the comments below!

Ian Somerhalder Gushes Over 'Superwoman' Wife Nikki Reed in Birthday Post





By

Alycia Williams

In [celebrity couple news](#), Ian Somerhalder publicly wished his bride a “happy birthday” in a very sweet social media post. According to *UsMagazine.com*, Somerhalder published a birthday post for *Twilight* star Nikki Reed expressing to his followers how much he loves his wife. In the caption of the of the post, he says, “You’re the only person I know who can be a full time mom, while running your own company while keeping numerous other jobs ON TOP of devoting your time and energy to my chaotic life work -foundation etc. The list goes on...YOU are superwoman.”

In this celebrity couple news, Ian Somerhalder professes his love to his wife Nikki Reed on Instagram for her birthday. What are some

ways to make your partner feel special in public?

Cupid's Advice:

Wanting the best for your partner is natural. To make your partner feel special in public, Cupid has some advice for you:

1. Take it to social media: When you're looking to get anything across to the public, social media is the way to go. Letting a large amount of people know that you love your partner through a post on Instagram or a loving tweet is a great way to make your partner feel like one of a kind.

Related Link: [Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary](#)

2. Make grand romantic gestures: In order for your partner to feel special in the public, you have to get the public's attention, and what better way to do that than doing something big? Whether it's a getaway vacation, a surprise birthday party, or a marriage proposal (if you're ready), it's sure to make your partner feel special.

Related Link: [Celebrity Couple News: Lamar Odom Is Engaged to Sabrina Parr](#)

3. Don't be afraid to defend them: Nothing feels better than knowing that your partner has your back. So, when your partner needs a little back-up, don't back down. Stand up for them to anyone who may not be treating them right. That'll keep your partner feeling special.

What can you do to make your partner feel special? Start a conversation in comments below!

Celebrity News: 'Friends' Star Matthew Perry Is Getting Back Into Online Dating After Molly Hurwitz Split



By

Alycia Williams

In the latest [celebrity news](#), *Friends* star Matthew Perry is getting back into online dating after his [celebrity break-up](#) from Molly Hurwitz. According to *UsMagazine.com*, Perry is on the dating app Raya and is messaging girls and getting back into online dating again.

In celebrity news, Matthew Perry gets back on dating apps after his break-up with Molly Hurwitz. What are some benefits to online dating during the pandemic?

Cupid's Advice:

Dating online can be really nerve racking. There are perks to online dating during the pandemic, and Cupid has some advice for you:

1. There's already something to talk about: When talking to someone new, it can be difficult to find something to talk about, which just makes things awkward. Since new developments are happening every day with the pandemic, this can be used as something you know you have in common. You can both talk about how the pandemic is affecting you, which can lead to great conversation.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

2. There's more time to get to know each other: Most of us are home all day while in quarantine. This means that you have time to really get to know someone. Thanks to modern technology you can talk to someone through text, facetime, social media, or maybe even zoom. That way, by the time you both finally meet up the anticipation is built and you both are excited to see each other.

Related Link: [Dating Advice Q&A: Is It Okay to Start a Relationship via Social Media?](#)

3. There's no pressure: When dating someone new, in person you may feel pressure to have a connection with that person. When

dating online you don't have to waste your time talking to someone you're not interested in. That way your able to find someone that you have a connection with quicker and have more time with that person.

**What are some perks to dating online during the pandemic?
Start a conversation in comments below!**

Celebrity Interview: Hollywood's Most Sought-After Hair Colorist Michael Canale Talks Tips for At-Home Hair Care and His New Hair Line





By

[Hope Ankney](#)

Michael Canale is an American hairstylist, colorist, and the creator of Canale Hair Care Products. Yet, he's mainly famous for being the most sought-after hair specialist in Hollywood.

Being a part of the entertainment industry for years, his hands have worked magic on the likes of Reese Witherspoon, Jennifer Aniston, and Kate Hudson. In fact, Canale is responsible for "The Rachel" look on Aniston that dominated the widely successful, early 2000s sitcom *Friends*. But, he's recently decided to branch out and start his own line of hair care products to further help others outside of his grasp. On top of that, he has spoken out about the importance of self-care and how to maintain your color during this time of quarantine.

In our exclusive celebrity interview, we chat Michael on his

rise in the industry, advice over safe hair coloring tips, tricks to try at home, and his new hair line Canale.

How did all of this start for you? Was there a specific moment you remember that caused you to want to become a hair colorist?

I was a biology minor and have always been on the chemical side of the industry. Early in my career, the colorist where I worked did not show up to the salon. The makeup artist asked me if I wanted to learn how to color hair with him. So, he taught me how to identify the right color for each type of complexion. He also showed me 3 techniques that I have expanded over time, making my own numerous techniques while retaining those 3 main concepts.

You've worked with very well-known clientele over the years. Jennifer Aniston.... Kate Hudson.... Are there any stories you can tell us about your favorite experiences with some of them?

I am a colorist, and I work by myself. It was amazing to see Jennifer blow-dry her own hair as well as any stylist! Heidi Klum was the only person that ever made me blush just by her looking at me. I am honored to work with a lot of my actresses, trusting me to color their hair during their pregnancies, like Kate Hudson!

You've been voted 14 years in a row by *Allure Magazine* as being the "best of the best" and even received praise from *Vogue*. You have such a prolific career. What advice do you have for young children or even young stylists who want to get into the field?

Learn from the best, work with the best, and never let them

down. Make the master stylist proud. Remember to keep the health of the hair, use what the client naturally has to achieve – what they desire. Work with their natural base color and their hair consistency to enhance their overall look.

With the state of the world right now and everyone being at home due to quarantine, what are some at-home hair coloring tips for our audience?

Between seeing your colorist and seeing them again, do not do anything that will ruin your hair. While quarantined, you can use concealers like spray and powders that cover grey. This lasts until you wash it out. Another option is demi or semi-permanent. Demi will last up to 2 weeks while semi can last up to 6 weeks when using the right hair products. Both will keep your hair color intact while waiting to see your hairdresser again. If you choose to dye your hair, remember hairlines grab darker, so try to stay lighter around the hairline. You will have to purchase 2 different boxes of color. For example, if you are doing your base medium brown use light brown around your hairline. Also for brunettes, try a color bath with the remainder of the hair color! Use a base color, you can add water and shampoo to the remaining color in the bottle and lather it into the ends of the hair to refresh it for the last 5 minutes of the process.

From your perspective, what are the hair color trends at the moment?

Roots are in! Try to preserve or prolong your hair color. I recommend using a color and shine-boosting gloss. All of my New SIGNATURE GLOSSES, can really refresh and enhance color for both highlights and base colors. The SUNKISSED GOLD for warmer skin tones and COOL BLUE for cooler skin tones will brighten up your blonde while MIDNIGHT BLUE cools down any brassy tones on blondes or brunettes. They last up to 2 weeks, the results are amazing! I am currently providing samples to my clients in my Canalé At Home Personalized Color Kits. The

glosses will be made available in June for the Summer and can currently be pre-ordered on my website www.colorbycanale.com.

Self-care in any way can be something that makes someone feel great about how they look or feel inside. How important do you feel it is to practice self-care on your hair while being isolated during this pandemic?

Take care of yourself and your hair! Get up in the morning, take a shower, wash, and style your hair. Use boar bristles, not metal for your brushes, and avoid hot tools. Add oils to your conditioner. My new REPAIRING Hair Oil restores natural luster, hydrates, and deeply conditions dry, damaged, and color-treated hair. Just add 3-5 drops of oil to a tablespoon of Canale SOFTEN or SOFTEN PLUS Conditioner for a deep conditioning treatment. I am also providing these samples to my clients in my Canale At Home Personalized Color Kits. They will be made available in June and can currently be pre-ordered on my website www.colorbycanale.com.



Michael Canale. Photo:
Courtesy Anderson Group
Public Relations

Can you tell us a little bit more about your product line, Canale?

People would come to me and ask, “How can I keep my hair looking fresh until I see you again?” So, I created a product line that is proven to maintain and restore the integrity of treated hair from the inside out and the outside in! Canalé CLEANSE Shampoo for all types of hair is the mildest shampoo that fully cleans the hair without fading color. SOFTEN Conditioner for finer hair, rebuilds the hair shaft and brings back the luster of the hair. SOFTEN PLUS Conditioner, rebuilds the hair shaft plus adds moisture, perfect for thick, unmanageable hair. Canalé hair products have two supplements, one topical and one ingestible. NOURISH topical vitamin foam is applied to the root of the hair and feeds the hair follicle with key nutrients. It is applied after Cleanse shampoo and expands the hair shaft adding volume. It is the most technologically advanced product in the line. The ingestible vitamin REPLENISH feeds the hair, skin, and nails all-natural, vegan, superfood, blue-green algae , and other key nutrients that help stimulate the hair with a patent on cellular absorption by Targeted Medical Pharma. Healthy, shiny hair that is what everyone wants!

How did the idea come about to create the products for Canalé? Was there a specific amount of time you waited before pursuing it?

In the past, I represented brands like *Kerastase* and *Shu Uemura*. Although I loved these products, I still felt something was missing. I made it my personal goal to develop the most holistic healthy hair care system. I partnered with Dr. David Silver and worked together to scientifically formulate a product line focusing on getting and keeping hair healthy while maintaining and extending hair color, improving the fullness of hair, and bringing out the natural shine.

What do you think is the greatest opportunity you’ve had while having the platform you do as such a renowned hair colorist?

I truly enjoy making people happy. Creating the trend, while

working to bring out my client's personal best. The right color is an accessory, use it to your advantage. People can always tell my work, enhancing a person's natural complexion and eye color, this trend never goes out of style. I have appreciated the opportunity to share my work over the years with multiple generations of the most powerful woman, true icons, and inspirations.

The hairstyles we have can be so empowering. The way one plays with theirs can be such a creative outlet. Why do you think that is?

Hair is personal. It is an expression and extension of ourselves and our personality. It is who we are and who we inspire to be. With the latest hair color trends, individuals are empowered and encouraged to take risks. Using temporary dye or hair makeup is so fun!

Voted "Best-of-the-Best" by Allure Magazine 14 years in a row and touted by Vogue as "not only really good, he's really fast," Canalé personally travels between locations in Rancho Santa Fe, San Francisco, Dallas, New York, Washington DC and Beverly Hills, making sure that each of his clients gets the hands-on attention they need to look and feel their very best. With over 30 years' experience, Michael Canalé is a rare talent and truly among the best in the industry; his work has been published in Allure, Vogue, Vanity Fair, Women's Health, Elle, Marie Claire, Redbook, Glamour, and New Beauty, to name a few.

Celebrity Exes: Jessie J

Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split



By

[Hope Ankney](#)

In the latest [celebrity news](#), Jessie J. wished [Channing Tatum](#) a happy birthday over the weekend. Just weeks after these [celebrity exes](#) called it quits, *EOnline.com* states that the “Domino” singer took to social media to give Tatum a big 40th birthday shout-out. “Happy 40th birthday to this special man right here,” Jessie wrote alongside a photo of Channing in the water. “I am so grateful you were born, and even more grateful that we met.” She even shared a video of him in the water with the caption, “Keep living your BEST life.”

These celebrity exes seem to be taking the high road. What are some benefits to keeping a civil relationship with your ex?

Cupid's Advice:

Everyone knows how difficult it can be to stay on good terms with an ex. It's possible, but it can take a while to get to a point where you're both balanced enough to have some sort of friendship outside of the relationship. If you're figuring out the pros and cons of taking the high road with an ex, don't worry. Cupid has some [love advice](#) on the benefits that staying civil with your ex can bring:

1. Someone to confide in: No one else was apart of the relationship other than your ex. So, if you're having a difficult time healing or moving on in other relationships, they can be the perfect person to confide in. They know parts of you no one else does, and that can be very beneficial in the long run.

Related Link: [Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book](#)

2. Beneficial for the kids: If you and your ex have children together, it is very good to try and keep a civil relationship with their other parent. It can be difficult enough to split your kids up between the two of you, but it will be a lot better for everyone if you're able to still act as that family unit around your children.

Related Link: [Celebrity Exes: JLo and Diddy Reunite for a Good Cause](#)

3. The work environment: Sometimes, you find that splitting up

can be sticky for more reasons than one. If you both work around each other, the work environment can get awkward and tense real quick. If you're able to find a common ground to stand on with an ex, it can make both of your work spaces that much more bearable. Trust me, your coworkers will thank you.

What are the benefits you've found while staying civil with your ex? Let us know down below!

New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?





By

Ellie Rice

In the latest celebrity news, *Bachelor* Nation's Victoria Fuller is rumored to be quarantined with her new man, former *Bachelor* Chris Soules in his hometown in Iowa. According to *UsMagazine.com*, the speculation intensified when the pair posted similar photos of a plowed field to their Instagram accounts on April 21. We love to see new relationships blossom during this uncertain time!

***Bachelor* fans are really trying to figure out what's happening with Chris Soules and Victoria Fuller. What are some reasons to keep your relationship under wraps at first?**

Cupid's Advice:

Navigating the rocky waters of the dating scene can definitely be challenging and once you've found someone, you won't want

to let go! If you're debating whether or not to go public with your new relationship, Cupid has some advice for you:

1. Listen to your partner: There are two people in your relationship and you always have to remember that. Even though you may have strong feelings towards a certain subject, your partner's opinions should be taken into account as well. Allow them to share their thoughts on publicizing your relationship or keeping it under wraps so the two of you are on the same page. If you are still exploring each other and your emotions, that's definitely a reason to keep it private.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

2. Think about the family: Take a new relationship slowly and move at your own pace. If you're not ready to share your relationship with your family, that is okay! Maybe they weren't too fond of your ex and that's left you wary of introducing them to someone new. Or they can be a bit overprotective and might scare off a new partner. Whatever the case may be, remember this is your life and you make the decisions.

Related Link: [Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"](#)

3. Not ready for the friends: Aside from family, your friends are probably the most important people in your life. Introducing them to someone new is a big step step for everyone! At the end of the day, all they want is for you to be happy and feeling loved, but sometimes gaining their approval is quite the feat. Avoiding judgement or potentially disapproving friends are definitely reasons to keep your relationship a secret for a while.

Would you keep your relationship a secret from your loved ones? Start a conversation in the comments below.

Celebrity News: Gavin Rossdale Says Quarantine Coparenting with Gwen Stefani Has Been a 'Dilemma'



By

[Hope Ankney](#)

In the latest [celebrity news](#), Gavin Rossdale and [Gwen Stefani](#) have had a challenging time co-parenting their three sons together during isolation. According to *UsMagazine.com*, Rossdale says that it is hasn't been easy to align their schedules to ensure their kids are staying safe between the

two of them. "I think it's ok for now," he continued, "but it's a really big dilemma for parents and kids with split custody."

In celebrity news, these exes are having a tough time co-parenting their children together in quarantine. What are some ways you can spend time with your kids during this period of isolation?

Cupid's Advice:

With the lockdown, it has caused kids to be home more than usual since schools have let out. That can get boring rather quickly, so it is important to try and keep your children as engaged as possible. But, it can be harder than you think to not run out of activities to do with them. If you're having a hard time coming up with new ideas to do with your children right now, don't worry! Cupid has some [parenting advice](#) on ways to freshen up this isolation period for both you and them:

1. Zoom family calls: Whether it be with their other parent or just members of the family, it can be fun to get the kids talking to others outside of just you. It gives them an outlet to socialize with people, and they can even do certain activities with them through the screen! I'm sure their grandparents would simply love to just color with them over the call!

Related Link: [Celebrity News: Blake Shelton Says It's 'So Fun' Having Gwen Stefani's Kids Around](#)

2. Tie-Dye: Tie-dying can be a quick way to freshen up the activities you do with your children. If you're tired of being cooped up in the house, this gives you the perfect opportunity to get outside. The supplies can easily be bought at the store or online, and you can get to work on creating some cool patterns. Not only will this give them an opportunity to engage with art, but they'll even have a fun shirt to rock afterward!

Related Link: [Parenting Tips: The Benefit of Kind Words](#)

3. Create an original story: A great thing to try with kids is to have them create their own story. You can buy blank storybooks off the internet easily, and then your kids can begin filling them in! Once they're finished, you can add a quirky bio/photo of the author and have a new story to read that is unique to them! Not only that, but it can act as a cute souvenir to keep as they get older.

What have you done to spend time with your kids during isolation? Let us know down below.

Celebrity News: Former 'Bachelor' Peter Weber Breaks Silence on Kelley Flanagan Dating Rumors





By

Ellie Rice

In the latest [celebrity news](#), former *Bachelor* Peter Weber and Kelley Flanagan have sparked dating rumors after the pair were spotted together in her hometown, Chicago. Speaking openly on Nick Viall's podcast, "The Viall Files," Weber explained that while they are not currently dating, he would love for it to happen in the future. According to *UsMagazine.com*, the pair have been quarantined together in her apartment along with *Bachelorette* alum Dustin Kendrick.

In celebrity news, Peter and Kelley aren't dating, but they may be on their way to dating! What are some ways to get to know someone well before jumping into dating them?

Cupid's Advice:

Getting to know someone before you dive into a relationship is

crucial. If you're looking for ways to get to know a potential partner, Cupid has some advice for you:

1. Explore your feelings: If this is a potential partner that you've met on a dating app, try keeping it virtual for a while. Continue talking via texting and phone calls to build a layer of trust before you jump into a relationship. By getting to know each other on this level, you can be open and honest without it getting physical or too much too soon. Be aware of your emotions and move forward when you are ready.

Related Link: [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

2. Hang out in groups: If you're not ready for a one-on-one date with this person, try a group setting. Invite them on an outing with your friends and their significant others or vice versa. Getting to know them while enjoying time with friends will create a more comfortable and relaxed setup. Your friends can also weigh in on their thoughts about them!

Related Link: [Celebrity Break-Up: 'Bachelor' Peter Weber & Madison Prewett Split After Finale](#)

3. Go on an adventure: Get to know this potential match by going on dates with them. Go for a hike or hit the beach! Explore the outdoors while enjoying each other's company. Spending actual time with someone and getting to know them on this level will help you decide if you see a future with them. Just because you are going on dates with them doesn't mean you are committing to anything, so be sure you are taking everything at your own pace.

How would you get to know someone before dating them? Start a conversation in the comments below!

Celebrity News: 'Bachelorette' Clare Crawley Explains Why She Kept Dress from Juan Pablo Galavis Breakup



By

Ellie Rice

In the latest [celebrity news](#), soon to be *Bachelorette* Clare Crawley shared a throwback picture with fans on Instagram. Posting to her story, Crawley revealed that she kept her

iconic finale dress from her breakup with Juan Pablo Galavis. According to *EOnline.com*, she held onto the dress for its custom design and because that scene was the most empowering moment of her life. Fans may remember this dramatic episode as Crawley stood her ground and told Galavis exactly how she felt about him. We love a woman who isn't afraid to speak her mind and can't wait to see her journey for love unfold next season!

In celebrity news, Clare Crawley talks about keeping her dress because she wore it during the most empowering moment of her life. What are some ways to remain empowered in your relationship?

Cupid's Advice:

Every relationship comes with challenges, but it's important to understand your worth and voice your opinions. If you're looking for ways to feel empowered in your relationship, Cupid has some advice for you:

1. Stay vocal: Always communicate with your partner openly and transparently. Voice your feelings to them so you are both on the same page about where you stand in your relationship. Don't be afraid to initiate hard conversations and always stand your ground. Being forthcoming and honest will create a consistently healthy environment where you will feel empowered and appreciated.

Related Link: [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

2. Keep your independence: Even though you are in a committed

relationship and sharing a lot of things with your partner, that doesn't mean that everything has to be done together. It's important to keep your individuality when in a relationship so you are growing personally and together. Be sure you're making time for your friends and hobbies as these are important aspects of your personal life.

Related Link: [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

3. Learn to say no: Don't be afraid to say *no* to things in your relationship. If you feel overwhelmed and like you're spreading yourself too thin, speak up. Your partner may not realize how much they are asking of you, so it's important to set healthy boundaries.

How do you stay empowered in your relationship? Start a conversation in the comments below.

Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'





By

[Hope Ankney](#)

In the latest [celebrity news](#), a [Bachelor](#) alumnae was announced as the new Season 16 [Bachelorette](#)! According to [UsMagazine.com](#), Clare Crawley is officially continuing her journey to find love. The 38-year-old [reality star](#) revealed herself on *Good Morning America*, stating she had only found out two days prior. She told Lara Spencer, “[It was] So unexpected. I cannot believe it. I mean, six years later. What is happening?” Crawley makes history being the oldest *Bachelorette* to lead the show. Rachel Lindsay was previously the oldest with her season when she was 32. Crawley made her first appearance in 2014 on Juan Pablo’s season and is famously known for telling him off when he didn’t propose to her. She went on to join the franchise three more times with [Bachelor in Paradise](#) and *The Winter Games*, where none of her relationships kept a spark.

In celebrity news, there’s a

new *Bachelorette* in town! What are some unique ways to go about finding love?

Cupid's Advice:

Finding love in this modern dating scene can seem almost impossible. With the many dating apps, the insensitivity that's come with technology and social media, and knowing that traditional ways of finding love are sometimes too unrealistic to play out, it can look pretty bleak out there for all the single folk. But, there are still some unique ways to find love that doesn't rely on apps or constant worrying over social media. You might not get the opportunity to land yourself on a reality show to find love, but Cupid has some [love advice](#) on original ideas on finding love yourself:

1. Ask your friends for set-ups: I know that blind dates can seem terrifying and over-dramatized in film and media, but bringing back this model of finding others can actually work to your advantage. In fact, most young people do find love interests based on their friends. So, if you want to shoot your shot and trust a friend, ask them to help set you up with someone they know. Don't give them any pressure! Just tell them that you're open to anyone new, so they aren't stressed to find you the perfect date.

Related Link: [Celebrity Wedding: 'Bachelorette' JoJo Fletcher & Jordan Rodgers Get Engaged ... Again](#)

2. Live your life for you: When you begin to start getting to know all the facets of who you are, and you live for yourself and no one else, you'll go down a healthy life path. Doing what is right for you means you will be around jobs, places, and near people who further align with your life plan. You'll have a much better chance of meeting a soulmate because they will also have a similar life path.

Related Link: [New Celebrity Couple: 'Bachelor' Kaitlyn Bristowe & Jason Tartick Announce Relationship](#)

3. Use Uber as often as possible: Not technically a social media, this ridesharing service can actually connect you with others you might never meet elsewhere. When you choose the option to UberPool, you are meeting new people that you could have a connection with. It's like a sort of speed dating that can end the moment you arrive at your location.

What are some unique ways you've found love? Let us know in the comments below!

Celebrity News: Ben Affleck Had Breakdown While Filming Scene About Broken Marriage





By

Ellie Rice

In the latest [celebrity news](#), Ben Affleck was caught in a deeply emotional moment while filming his latest flick, *The Way Back*. According to *UsMagazine.com*, the actor felt parallels between his character's struggles with addiction and his own personal life. Affleck has openly acknowledged his battles with sobriety and how they have affected his career, children, and life with ex-wife Jennifer Garner.

In celebrity news, Ben Affleck is experienced some emotions about his past personal trauma while at work. What are some ways to function at work when you're going through tough times in your relationship?

Cupid's Advice:

Every relationship goes through challenges and each person will handle them differently. But when you start to feel those struggles affect your work life, Cupid has some advice for you:

1. Separate the two: Take time in the morning to reflect on your relationship and the struggles you are currently facing. Give yourself a few moments to really think about the problems you are having with your partner. Once you are finished, channel your energy solely into your work for the day and do your best to keep your focus locked in on it. By separating the two, you are distracting yourself and productively redirecting your efforts.

Related Link: [Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting](#)

2. Take a walk: If your relationship is starting to affect your ability to do your job, then changes need to be made. Start by taking your work breaks outside. Go for a walk or just get some fresh air to allow your body to relax and refocus on the task at hand.

Related Link: [Relationship Advice: How to Cope with a Loved One Who Is an Addict](#)

3. Have lunch with your coworker: Spend some quality time with your friends at work by going out to lunch. By taking a break from your job and socializing over a meal, you will be able to stay healthy and in the company of others.

What are some ways you deal with challenges in your life? Start a conversation in the comments below!

Celebrity Exes: Bradley Cooper & Renee Zellweger Reunite at Oscars 2020



By

[Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes](#) Bradley Cooper and Renee Zellweger were spotted mingling together at the 2020 Oscars. *UsMagazine.com* reported that the two were being cordial with one another before taking their seats as the award show started. The pair began dating soon after working together on the thriller *Case 29* in 2009. They then split back in 2011.

These celebrity exes kept it cordial and mingled at this year's Oscars. What are some reasons to remain cordial with your ex after a break-up?

Cupid's Advice:

Staying cordial with an ex can sometimes be tricky. If you and your ex ended on less than ideal terms, it can be even trickier to find a medium ground between the two of you. It doesn't help if you have to see each other more often than you would like. If you're having trouble keeping it amicable with an ex, don't worry! Cupid has some [relationship advice](#) to help you wade through those waters after a break-up:

1. Let time pass: Sometimes, the best healing agent is the act of absence. Even if you are forced to be at the same functions or events as an ex, it's easier to stay clear of them until both of you are at a point that you can talk to one another cordially. It'll be less stressful and much more rewarding if you keep your distance when you work on interacting publicly.

Related Link: ['Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards](#)

2. Meet up to discuss problems: If you both are at a place that you can meet and hash out your issues, that would be a great step for forging a cordial relationship with an ex. You guys can get everything out into the open, understand why one of you felt the way you did, and find common ground. Besides, this is a perfect opportunity to get closure if you didn't already have it.

Related Link: [Single Celebrity: Tyler Posey Confirms He's](#)

[Single After Split](#)

3. Bring friends as support: If you know you're going to have to interact with an ex at a function or event, surround yourself with friends to make sure it all runs smoothly. They won't allow the conversation to go off the rails, and they are a great barrier between any awkward tiffs you and your ex might have if you both were alone.

**What are some ways you've learned to be cordial with an ex?
Let us know down below!**