

Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"



Interview by Lori Bizzoco. Written by Kayla Garritano.
[Tyler Henry](#) is best known as the young, Macaulay Culkin look-alike who talks to spirits of deceased celebrity relatives on his hit reality show, *Hollywood Medium*. Now on a small break from filming during season two, the E! superstar has published

his first book, *Between Two Worlds: Lessons from the Other Side*.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life](#)

Hollywood Medium Reality Star Releases New Memoir

In his exclusive [celebrity interview](#) with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares. Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your

own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. “No, I left her home,” he says. Anyone who has ever watched the show knows that Henry’s mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents’ home and bought a home of his own in Malibu. Then, he adds, “Now, my parents live with *me!*”

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first off-camera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim’s robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he *has* helped families connect with members who have gone missing. “I would like to do more of that,” he admits. “It’s something that is very sensitive, and I think that there’s a way to do it.”

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn’t know who

they are or what they do – and he actually prefers it that way. “I don’t get starstruck. I don’t get distracted,” he shares. “Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level.”

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. “This is fundamentally what I’m meant to do,” he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: “If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible.”

If you want to inquire about a reading, you can visit Tyler’s [website](#). Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on [Facebook](#).

Celebrity News: Aubrey Plaza Almost Married Michael Cera in Las Vegas





By Kayla Garritano

This duo is keeping it on the down low. Aubrey Plaza revealed in a recent interview that she once dated former co-star Michael Cera, and even thought about tying the knot with him! According to UsMagazine.com, this [celebrity news](#) came from an interview on RuPaul and Michelle Visage's podcast, *What's the Tee?*, after RuPaul mentioned that he found Cera, 28, "sexy." The [celebrity exes](#) dated for a year and a half and drove across the country after filming their movie, *Scott Pilgrim vs. the World*, only to almost get married in Vegas. "We love each other. We're still really good friends," Plaza said.

This celebrity news has us shocked! What are some benefits to a spur of the moment wedding?

Cupid's Advice:

Love can be spontaneous and full of adventure! If you're a couple who likes to take a drive on the more spontaneous side,

Cupid is here to tell you why you should have a spur of the moment wedding:

1. No planning: Planning a wedding has the capability to be stressful and may take a turn for the worst between you and your partner. So, why not skip all the hassle of planning and just go for it? All the planning you'll have to do is picking the Vegas chapel and deciding on which Elvis you want to have marry you!

Related Link: [Celebrity Wedding: Ryan Gosling & Eva Mendes Secretly Married Earlier This Year](#)

2. No invites: Another stressful event when having a wedding is figuring out who you're going to invite. There tends to be a lot of family problems; who doesn't get along, who can't sit next to whom, and who doesn't get invited versus who does. You can take out that stress by just going for it and getting married. There's no one involved except the two lovebirds.

Related Link: [Their Lips are Sealed: 5 Celebrity Couples That Kept a Secret](#)

3. It's fun: Spontaneous actions can bring out the best moments. If you and your partner are about doing things just because "you feel like it," it may make your relationship strong. If you both stop worrying about the "what ifs," then you're going to enjoy every moment you have together. Make your marriage a part of the fun!

Did you ever have a spur of the moment wedding? Comment below!

Celebrity News: Miranda Lambert Stuns at CMA's with Boyfriend Anderson East



By [Mallory McDonald](#)

In recent [celebrity news](#), Miranda Lambert's [celebrity relationship](#) with Anderson East is heating up, and the two couldn't be more stunning! This year at the CMA's, Lambert killed the red carpet with East looking dashing next to her. [UsMagazine.com](#) reported that post [celebrity break-up](#) with her ex [Blake Shelton](#), she was really struggling, and like most artists she used her music to get through it. But now, Lambert is looking happier than ever with East, and they are becoming one of Hollywood's favorite couples! East and Lambert starting dating last winter and have been keeping their relationship

low-key. However, the two killed the CMA's with coordinating outfits. " East was in a white dress shirt, black tie and black suit, and Lambert in a low-cut, black-and-sheer Georges Hobeika gown that showed off her tanned and toned figure, along with Monika Chiang heels, a Lee Savage clutch and jewelry by Hearts on Fire, Borgioni, Butani and Doves."

This celebrity news has us happy that Miranda Lambert moved on from Blake Shelton. What are some ways to know you're ready to move on after a split?

Cupid's Advice

Splitting up with someone who has been in your life for a long time is a difficult decision to make. Cupid is here to help you decide about the right time:

1. Silence: Sometimes it can be easy to say a relationship is over when there is a lot of fighting and screaming going on. While fighting isn't necessarily a good thing, when a relationship becomes silent and there is no longer any communication, this can be the clearest indicator it is over.

Related Link: [Celebrity Couple Miranda Lambert & Anderson East Talk Marriage and Kids](#)

2. Constant contest: When the relationship is getting to its end, it can be easy to see that you both don't agree on anything. If you can never come to an understanding or meet half way on issues, the relationship may need to end.

Related Link: [Relationship Advice: Prepare For The Unexpected Love Like Blake Shelton & Gwen Stefani](#)

3. Depressed: If you are not happy in your relationship anymore and it is leaving you both feeling drained and depressed, staying in the relationship is only making it worse for both of you.

**When did you know you were ready to move on post-split?
Comment below!**

Celebrity Couple Prince Harry & Meghan Markle: Secret Toronto Visit



By Kayla Garritano

They're making long distance work! Prince Harry made a secret visit to Toronto in order to see his rumored girlfriend, Meghan Markle, at her home. According to [UsMagazine.com](https://www.usmagazine.com), the English Prince kept a low profile on his visit and arrived in Toronto's Pearson International Airport on October 28 only having one protection officer. For the next several days, including Halloween night, the [celebrity couple](#) stayed in Markle's suburban pad, staying in and cooking together at home, all while playing with her rescue dogs. A pal of Harry said, "It's very serious."

This new celebrity couple is trying to keep their interactions low-key! What are some ways to ease into a relationship?

Cupid's Advice:

New relationships are a big deal! They can sometimes be scary as well, especially if you're new to it or haven't been in a serious one in a while. Cupid is here to help you ease into your relationship with some [dating advice](#):

1. Take it slow: Easing into a relationship may mean not seeing each other every day, or only hanging out a few times a month. Still make sure there's time apart to focus on yourself. You may need some space in order to get closer. Get to know your new partner and enjoy your time together, all while keeping yourself going in the right path. There's no need to jump into it.

Related Link: [How to Communicate to Get What You Need](#)

2. Communication always: As per usual, communication in a

relationship is a major key. But when you're in a new relationship, it's best to lay out everything and let your partner know what you want. This way, there are no secrets, and questions you may have later on can be answered ahead of time. Also, make sure your partner knows that you want to take the relationship slow at first and ease into things. They should respect your decisions.

Related Link: [Relationship Advice: 10 Emotional Stages of Being in a New Relationship](#)

3. Be honest: Honesty is the best policy. There's no sense in lying in your relationship, it's unhealthy for future progression. If you don't like something, let your partner know. If you need space, let them know. It's your life, make sure you're comfortable with your relationship.

How did you ease into your relationship? Comment below!

Celebrity News: Source Says Mariah Carey Is 'Devastated' by James Packer Dumped Her 'Out of Nowhere'





By [Mallory McDonald](#)

Mariah Carey moved quickly into a [celebrity relationship](#) with James Packer, and in [recent celebrity news](#), the relationship came to a crashing halt. According to [EOnline.com](#), Packer called off the couple's [celebrity engagement](#), and Carey is left devastated by the sudden split. A source told *E! News* exclusively that Carey was "blindsided" when Packer dumped her "out of nowhere." Another source shared that she only learned the relationship was over by seeing it in the press. We learned that "the split has been devastating for Mariah. She loved James and was planning to marry him...She made life changes for this man to prepare for their future as husband and wife, even relocating to L.A., at James' request, so he could be closer to his children. Everything she has done over the past year is to prove how fully committed she is to their life together. She really wanted this to work. And then, completely out of the blue, it imploded." This [celebrity break-up](#) is going to leave the two reeling and cause a lot of media attention!

This celebrity news has breakup drama written all over it. What are some ways to keep your breakup story out of the public eye?

Cupid's Advice:

A very public break-up can make everything even more stressful and painful. Cupid is here for how to avoid your breakup becoming public:

1. An understanding: The decision to end the relationship needs to be a decision that both partners agree to. It cannot be a surprise because it will leave the opportunity for the public to learn first.

Related Link: [Celebrity News: Mariah Carey Turns to Dancer After Problems with fiancé James Packer](#)

2. United front: Both you and your ex-partner need to be united on the break-up so that there is no confusion when it does become public knowledge.

Related Link: [Mariah Carey: Moving Quickly in a Celebrity Relationship?](#)

3. Keep it private: Until the break-up is over and both people have moved on, try to keep it between the two of you. Even if it was not an amicable end, try to remember it will only become worse with the public's opinion.

How do you shield your breakup from the public? Comment below!

Celebrity News: Mariah Carey Turns to Her Dancer After Problems with Fiancé James Packer



By Kayla Garritano

Mariah Carey has found another hand to hold during serious problems with fiancé James Packer. According to EOnline.com, Carey formed a close relationship with her dancer, Brian Tanaka, while in Vegas and is now seeking his comfort while going through her [celebrity break-up](#). "James was not in the

right mind for months,” a source said. “Mariah was in essence an abandoned woman.”

The [celebrity news](#) has us hoping Mariah found comfort after her ended engagement! What are some ways to find comfort after a broken engagement?

Cupid's Advice:

A break-up hurts the heart a lot, and everyone needs to be comforted so they get the strength to feel better. Here is some [relationship advice](#) to help you:

1. Focus on yourself: A little “you” time may be the best medicine. Making yourself happy without the help of a significant other will make you grow stronger. Make sure you are mentally and emotionally okay before you head back into that dating pool.

Related Link: [Dating Expert Gives Love Advice On When To Date After a Break-up](#)

2. Comfort food: Take the word “comfort” literally. Grab your sweats, get cozy on the couch, and eat your favorite food. Indulge in pizza, ice cream, anything that takes you back to when you were a kid, or gives you a warm feeling in your stomach.

Related Link: [Relationship Advice: Stay True to Yourself](#)

3. Phone a friend: Your best friend will be there for you during any bad moment, including a break-up. You're going to want to hear everything they say to you; how they're not worth it, you're better without them, and everything is going to be

okay. Let them help you, because that's what friends are for!

How have you sought comfort after a broken engagement? Comment below!

Celebrity News: Ian Somerhalder Gushes Over Starting a Family With Wife Nikki Reed



By Kayla Garritano

He's head over heels in love! [Ian Somerhalder](#) gushed over his wife, Nikki Reed, and discussed starting a family with her. According to [UsMagazine.com](#), the [celebrity couple](#) got married in April 2015, and the *Vampire Diaries* actor could not be any more in love. "The second we were around each other, and not [dating] other people, we just knew. Oh, I will one day have amazing children with my beautiful wife. Absolutely, definitely," he told *Modern Luxury Magazine*. "I live with someone who strives to find happiness and peace in the smallest things – whether it's sitting for five minutes under a tree or getting out into the country and spending time on our horses or even just going for a walk around the lake or riding a boat."

This [celebrity news](#) has us hoping the couple starts a family soon! What are some ways to discuss having a family with your partner?

Cupid's Advice:

Once you and your partner are ready, you are going to be starting a family of your own. Although it may be what you want, you and your partner have to talk about it to make sure you're both happy. Here are some ways to help get the ball rolling:

1. Talk before marriage: If you're going to spend the rest of your life together, it is best to make sure you discuss what the future holds for both of you, meaning whether or not there's potential to start a family. Hopefully if you talk about it, you'll be able to decide if a family is what you really want, or if your partner is the right person for you.

Related Link: [Ian Somerhalder Thanks New Celebrity Wife Nikki](#)

[Reed for Making 'Every Day a Dream Come True'](#)

2. Find a way: If you're both willing to have a family, make sure you are both able to make it happen, and figure out how you want it to happen. Maybe you want kids of your own, or maybe your best answer is adoption. Are you financially stable enough to raise a child, or do you have a plan for eventually having a kid? Just make sure when you have a child, you are ready.

Related Link: [Relationship Advice: The Baby Predicament](#)

3. Drop hints: If your partner is not quite ready to discuss children, dropping a clue here and there may help stimulate their thinking process. For example, if you pass by the baby department at a clothing store, you can acknowledge how cute their little shoes are, or tell your partner that, one day, you want your kids to wear those overalls. Don't bombard your significant other to the point where you scare them, just let them know you've been thinking!

**How have you talked to your partner about starting a family?
Comment below!**

Celebrity Couple Blake Lively and Ryan Reynolds Celebrate His 40th Birthday in a Cute Way



By Kayla Garritano

A blast from the past! [Blake Lively](#) celebrated husband Ryan Reynolds's 40th birthday by taking him to the place similar to where it all started for the [celebrity couple](#). According to [UsMagazine.com](#), Lively posted a picture on Instagram on October 25th of the pair surrounded by streamers in a Japanese restaurant in New York City. She captioned the pic, "@_o_ya_ We fell in love at your restaurant in Boston. We stay in love at your restaurant in NY. Thank you for the BEST food and memories! You are our FAVORITE!! Another happy birthday with @vancityreynolds. Hey, Reynolds, I like you a wh[o]lle lot. Just saying'..."

This celebrity couple is making the

most of this birthday celebration. What are some special ways to celebrate your partner's birthday?

Cupid's Advice:

Birthdays can be so much fun, especially if you are celebrating for a loved one. There are many ways to celebrate your partner's birthday, and Cupid is here with some advice:

1. Surprise party: When your partner least expects a big celebration, their reaction is priceless. They will appreciate all the effort you put in to throwing the party, and they get to celebrate with everyone they care about most.

Related Link: [Celebrity News: Ryan Reynolds Had Ridiculous Birthday Message for Wife Blake Lively](#)

2. Bring it back to where it began: If you want to celebrate like Blake Lively did for her husband, you can bring the celebration to where the romance started. Not only will you be celebrating your partner's birthday, but you'll be celebrating your love! Double romance!

Related Link: [Celebrity News: Joel Madden Wishes Wife Nicole Richie a Sweet Happy Birthday](#)

3. Take a trip: Say "happy birthday" with a getaway. Take a break from the hustle and bustle of everyday life, and go celebrate alone with your partner. You'll be able to relax and celebrate how you both want to, away from the stress!

How have you celebrated your partner's birthday? Comment below!

Product Review: The Perfect Beauty Products To Look Your Best This Fall



This post is sponsored by iRestore, Belli's and `SASĒ.

By [Mallory McDonald](#)

The fall season is approaching and with it comes colder weather, which can be harsh on our bodies. Our hair starts to feel dry, and that dryness can cause the ends to split, which gives our hair an unhealthy appearance. Along with dry hair comes dry skin, and the colder the temperatures get, the more

dried out our skin becomes. It can be hard to find a product that gets skin feeling smooth and soft. Something that is unavoidable most months of the year, but is more easily hidden during the fall, are the exasperating stretch marks that come with growth and age. It can be easy to follow [celebrity news](#) and look for the best beauty products on the market. With these products below you won't need to search any longer!

iRestore's Hair Growth Serum, Belli's Stretchmark Minimizing Cream, & SASÉ Skincare products are your answer for looking your best during the fall months & preparing your body for winter!

iRestore Hair Growth Serum

iRestore launched its new hair growth serum this September, and it has been seeing the best results. The hair growth serum helps grow thicker and healthier hair and was developed using an advanced thickening formula, Redensyl®, that is clinically proven to stimulate hair growth for both men and women. This solution is noninvasive and made of natural ingredients that proliferate hair growth and allows users to have more beautiful hair without negative side effects. While the serum is designed for those with thinning hair and alopecia, it is helpful for those not suffering from this who just want thicker and healthier hair. By applying 1ml two times a day directly onto the scalp in areas of hair loss or desired areas of growth, users can expect to see significant visible results in as little as three months. For only \$39.99, you can keep your hair full and strong during the harsh colder months!

While there are no dangerous ingredients, it is not recommended for pregnant women and children.



iRestore Hair Growth
Serum & Packaging

Belli Stretchmark Minimizing Cream

Stretch marks can be a major insecurity for lots of people. There are tons of creams out there, but most of the time the results are not what you're looking for. As our skin dries out from the colder months, stretch marks can sometimes become irritated and more apparent. The Belli Stretchmark Minimizing Cream is specially formulated to decrease the appearance of existing stretch marks of any age. The Cream features *darutoside* & *regisstril*, ingredients shown in research studies conducted by Phybiotex Labs, Sederma Group, France, 1997 to visibly reduce the appearance of stretch mark depth by up to 72% and stretch mark length by up to 52%. Don't let stretch marks keep you feeling insecure about your body. Try the Belli Stretchmark Minimizing Cream yourself for \$49 to get those stretch marks gone for the warmer months!



Belli Stretchmark Minimizing Cream

`SASÉ Skincare

The most noticeable thing that happens to our body during the colder months is dry skin. `SASÉ skincare has come out with a new line formulated to do the work of 7 products in just 2, without sacrificing results. These two multi-effective products help women simplify their daily beauty process so they can enjoy healthy, youthful, beautiful skin. The Hydra-Purifying Cleanser is a daily cleanser that, for only \$45, serves as a multitasking skincare solution. In addition to cleansing, it is a hydrating mask and natural non-abrasive exfoliator. The Advanced Hydra-Illuminating Skin Therapy is also a one-step skincare solution which delivers all the benefits of a moisturizer, serum, eye cream and neck cream in one application for \$110. Deeply hydrating yet lightweight, this sophisticated cream leaves skin rejuvenated, repaired and protected against environmental damage, dehydration and dullness.



The Hydra-Purifying
Cleanser 3 IN 1 & the
Advanced Hydra-Illuminating
Skin Therapy 4 IN 1

Make sure it is the cold weather making you bundle up and not
insecurities about your beauty troubles!

Enjoy an Outdoorsy Date Night at The Little Nell





By [Cortney Moore](#)

If you have a special event like a birthday or anniversary coming up, or you just want to visit a romantic location for the holidays, then The Little Nell might just be the place for you! Nestled on the Aspen Mountain in the beautiful state of Colorado, you can enjoy a [date night](#) in the great outdoors alongside your sweetheart.

Have a romantic and scenic date night in the Colorado mountains.

The Little Nell is a 5-star resort that features a number of luxurious amenities, such as: free in-room snacks and non-alcoholic drinks, WiFi, spa services, activities for children, free seasonal bike loans, outdoor pool and hot tub, a local American restaurant, tavern, multiple bars, and much more. However, this chic hotel's main attraction is its ski lodge, which goes along with the resort's snowy setting at the base of the Silver Queen Gondola. This is a great option for active couples who like snow sports and vacation spots that provides

bang for the buck.

Related Link: [Embark on a Romantic Getaway in the Luxurious Wilderness of Finch Hattons](#)

If you're unsure whether The Little Nell is right for your date night, keep in mind that this upscale resort has made celebrity news with a list of famous clients. So, if The Little Nell can make superstars like Mariah Carey and Kate Hudson happy, then this might be a place you want to look into.

Related Link: [Romantic Getaway: Enjoy a Fun Holiday at the Beautiful Gaylord Texan Resort & Convention Center](#)

Have you ever been to a ski resort? Would you like to visit The Little Nell for a romantic date night? Share your thoughts below!

‘Bachelorette’ Alum Desiree Hartsock Gives Birth to Celebrity Baby Boy





By Kayla Garritano

It's a boy, and she's a mother! Former [Bachelorette](#) contestant [Desiree Hartsock](#) welcomed a [celebrity baby](#) boy into the world on Wednesday, October 19. According to [EOnline.com](#), Asher Wrigley Siegfried was born at 8 pounds and 20.5 inches, and Desiree and husband Chris Siegfried couldn't be happier. "Words can't even express the amount of love we feel for our baby boy Asher," the new mom exclaimed. "He has already brought so much joy into our lives in one day. He's strong, healthy, happy, playful and warm. Chris and I are beyond blessed with this beautiful gift of life that we are excited to have as a part our family."

This celebrity baby's name is Asher Wrigley. What are some ways to decide what to name your new baby?

Cupid's Advice:

You have a new bundle of joy! Now, you have to name your baby.

The name is permanent once you write it on the birth certificate, so just make sure you 're committed to the name, even if it's just think it was pretty! How do you know what's the right name for your baby? Cupid is here to help:

1. Baby books: There are plenty of baby naming books if you're really stuck not knowing what to name your newborn. There are different types of names and different ways to spell them. Talk it out and see what you and your significant other agree on. You can even take a look at your baby and see what name suits him or her best.

Related Link: [Olivia Wilde & Jason Sudeikis Welcome a Celebrity Baby Girl!](#)

2. Family importance: Is there one family member on either your side or your partner's side who you adore and look up to so much you want to bless your child with that name? A lot of people do this, in honor of someone they love or lost. Take a moment to think about it and see if you'd name your baby the same.

Related Link: [Rob Kardashian & Blac Chyna Are Having a Celebrity Baby Girl](#)

3. Common interest: Maybe there's a name of a character in a movie, on a TV show or in a book that you connect with. You love the character so much that you can see your baby with the same name. Your baby could also be named after your favorite celebrity. Anything that interests you is fair game!

How did you decide on your baby's name? Comment below!

Celebrity News: Find Out What Kristin Cavallari's First Impression of Jay Cutler Was



By Kayla Garritano

A little Googling never hurt anybody. [Kristin Cavallari](#) revealed that she searched the web and looked up some pictures before meeting her husband Jay Cutler back in 2010. According to [UsMagazine.com](#), the Chicago Bears football player originally reached out to her publicist to set up a date in 2009. At first she denied, but then the following year, when she was in Chicago, her rep got Cavallari passes to meet Cutler after one of his games. "My cousin was a huge Bears fan, and he was like, 'You have to meet him.' I didn't think anything was going to come of it for me. I thought I was going

to make my cousin's life," she said. "I had Googled pictures of him, and I was like, 'Eh, you know, whatever.' He walked in, and I was like, 'Whoa, he's so much cuter in person.' He's almost six-four, big, manly." They've been a [celebrity couple](#) ever since and have three kids together!

This [celebrity news](#) has us wondering about first impressions. What are some ways to make a good impression on your crush?

Cupid's Advice:

Impressing your crush isn't an easy task, especially if you get all nervous talking to them! Just take a deep breath, because Cupid is here to help you make a good first impression on your crush with this [dating advice](#):

1. Be yourself: What's the point of impressing your crush if you're not being true to who you are? Your crush should like you for who you are, not someone you're pretending to be. Just do your thing, let your crush get to know the real you, and once they do, they'll get to see the amazing person you are!

Related Link: [Dating Advice: 3 Ways to Master the Art of the First Impression](#)

2. Be confident: Confidence is key. Tell yourself you can do it. Be positive. Being shy probably won't take you far, because you won't be able to hold a hearty conversation. Go up to him and flash a smile. You got this!

Related Link: [Exclusive Celebrity Interview: 'The Bachelorette' Star Desiree Hartsock Says Confidence is Key to Finding Mr. Right](#)

3. Freshen up: Look good and feel good. We aren't saying cake on the makeup or dress completely differently to the point where you feel uncomfortable, but brush your teeth and get a minty fresh breath going so when you talk to your crush without worrying about bad breath. If you have a zit you don't like, cover it up. Minor changes can make you feel much better about approaching and impressing your crush!

How have you made a good impression on your crush? Comment below!

Celebrity News: Neil Strauss & Gabrielle Reece Break a Sweat in 'The Truth Barrel'





By [Cortney Moore](#)

People don't usually like the feeling of being sweaty while interrogated, but on *The Truth Barrel*, that's exactly what hosts Neil Strauss and Gabrielle Reece want out of their guests. Recorded within a 220-degree barrel sauna, the *New York Times* bestseller and professional volleyball player interview interesting characters in an hour-long podcast that aims to cover topics people don't like talking about. They discuss affairs, fears, challenges, double lives and inner struggles. Nothing is too controversial to be discussed. Cupid was able to speak with Neil and Gabrielle to find out how this new podcast is making a buzz and is becoming the latest [celebrity news](#).

In celebrity news, learn more about the podcast that's recorded in a super hot sauna.

Neil Strauss and Gabrielle Reece's podcast isn't something

that was manufactured overnight. The pair had been speaking the truth for years, long before they started recording. “We were introduced through mutual friends, and then Neil started coming to my house and training with my husband and I,” Reece explains, with regard to how this unlikely pair first met.

The concept behind *The Truth Barrel* is definitely a unique one. The cedar wood barrel sauna in question can fit anywhere from eight to ten people at a time, and although many deep conversations tend to take place in this environment naturally, people do often try to stay away from touchy topics like politics and parenting. Taking notice of this fact, Reece thought broaching these topics in the sauna would make for a great show because of its relaxing setting. “The barrel gets people to reveal things about themselves that they wouldn’t normally,” Reece says. Strauss, on the other hand, adds that unlike other conversations that take place between friends in saunas across the country, in *The Truth Barrel*, their interview subjects don’t know them like they do their spa buddies, making for very interesting exchanges.

Related Link: [‘The Truth’ Author Neil Strauss Gives Relationship Advice – Even When It’s Uncomfortable](#)

The Truth Barrel is still young, but the team has already welcomed a few intriguing personalities in their celebrity interviews, so it’s easy to understand why the podcast has already garnered so many highly rated reviews online. Both hosts work hard to get honest answers from their subjects and hope that their listeners can take away something from each episode. For example, Strauss points out that in the two streams that have been uploaded so far, they’ve interviewed people who have had near-death experiences and have come back from it. In his own words, Strauss says, “I thought it would be interesting to learn from people who have been on the other side and see how we could appreciate life and be more grateful.” In fact, this is the thoughtfulness that sets *The Truth Barrel* apart from other podcasts. Reece believes that

the podcast's success relies on integrity and that listeners enjoy hearing when others are going through similar issues as themselves because they feel less alone in their struggles. "I want to put stuff out there that even if it may be uncomfortable or imperfect, there's a level of honesty to it. There's nothing like when you're going through something and someone goes, 'Wait, I'm going through that; I feel that way.'"

Related Link: [Celebrity Interview: Virtually In Love's Kansas Discusses Falling In Love Online](#)

If there are any doubts that this duo can provide worthwhile advice, naysayers are in for a surprise. Both Neil and Gabrielle have overcome obstacles in their lives that required professional help. Strauss battled sex addiction after publishing his book *The Game*, which focused on pick up artists, while Reece has prevailed over body image issues and is currently speaking out against opioid use after her knee replacement surgery. Despite these hardships, they've both been able to lead successful careers and have families. Strauss has his wife Ingrid De La O and their son, and Reece has her husband, big wave surfer Laird Hamilton and their three daughters. What's their secret when it comes to balancing family, marriage, and careers? Well, the bestselling author credits careful scheduling as his main source of success for finding a healthy balance, while the mother of three says it's important to know, "You can't have it all, all at the same time."

Sweat the truth out, and take the plunge with Strauss and Reece in this riveting podcast. Learn deep dark secrets, and take the time to hear inspiring stories and experiences that can also help you when you are facing struggles and challenges- in your life.

You can stream The Truth Barrel on [PodcastOne.com](#), the show airs on Tuesdays. For more information on Neil and Gabrielle,

they can be reached on Twitter at @NeilStrauss and @GabbyReece.

Celebrity News: Rob Kardashian Vows to 'Snap Back' Into Shape with Blac Chyna After Birth of Baby



By Kayla Garritano

Shaping up! Rob Kardashian vowed to his Instagram followers on Tuesday, October 18 that he is determined to get back into

shape after his first [celebrity baby](#) with Blac Chyna is born. According to [UsMagazine.com](#), the [celebrity couple](#) is due with their child next month, and Rob claims they'll be battling the weight loss together. "Oh yeah we snapping back lol...baby will be here in 4 weeks and I'm done with carrying this pregnancy weight," he captioned a throwback picture of him and Blac Chyna at their slimmest. "Me and my baby gonna be rightttttttt ... MOTIVATION TIME! we almost there Chy."

This [celebrity news](#) has us hoping for the best for Rob! What are some ways to use fitness as a bonding mechanism with your partner?

Cupid's Advice:

Working out can be hard! You say you want to work out, but then you probably just end up on the couch watching TV. Maybe it's time to grab your partner and find a way to bond over exercise. Cupid is here to help:

1. You push yourselves: Odds are that if you're dating, you want to be the best person you can for your significant other. You won't be afraid to push each other and help them move in the right direction, especially if you are there alongside them, supporting them.

Related Link: [Rob Kardashian & Blac Chyna Are Having a Celebrity Baby Girl](#)

2. You have a workout buddy: A lot of people don't like working out alone. They need someone to guide them and do the same workouts as them so you both feel the burn. Working out with your partner means you always have someone to work out with, so you're never alone. A romantic partner and a workout one? Double win!

Related Link: [Relationship Advice: 5 Basic Workouts to Do With Your Partner](#)

3. You gain trust: If you are working out with a partner, you are going to have to spot them if they lift weights, or make sure they drink plenty of water and don't hurt themselves. This trust while working out will gain trust in your relationship, and hopefully strengthen it.

How has fitness bonded you and your partner? Comment below!

Olivia Wilde & Jason Sudeikis Welcome a Celebrity Baby Girl!





By Kayla Garritano

This [celebrity news](#) has us going Wilde! [Celebrity couple](#) Olivia Wilde and husband Jason Sudeikis welcomed a second child into their family. Their new [celebrity baby](#) girl, Daisy, was born on Tuesday, October 11. According to [UsMagazine.com](#), Mama Wilde shared a post on Instagram on October 15 of her new daughter with the caption, "There goes the neighborhood. Daisy Josephine Sudeikis. Born, like a boss, on #internationaldayofthegirl."

This couple welcomed their second celebrity baby. What are some ways to prepare differently for your second child versus your first?

Cupid's Advice:

Having children is a beautiful miracle. However, preparing for the first child may be a little different than preparing for

your second. Cupid is here to help you get ready for child number two:

1. Prepare the older sibling: Now that you're extending your family even more, you need to think about your first child. Since they are becoming a big brother or sister, it will be exciting, but there may be a little jealousy. Just make sure that you pay attention to your first child, even though having a newborn is a lot of work. Neither of your children should feel neglected.

Related Link: [Olivia Wilde & Jason Sudeikis Are Expected a Baby!](#)

2. Hand-me-downs: The good thing about having gone through pregnancy and birth already is that you still have all your old equipment. First of all, you still have your maternity clothes, so you don't need to go shopping again. But there's also the benefit of having a crib, baby clothes that your first child grew out of, a stroller, etc. You get to save some cash when having a second child, which will be important in the long run.

Related Link: [Olivia Wilde Opens Up About Relationship with Jason Sudeikis](#)

3. Less parenting books, and more hands-on experience: When preparing for your first child, you spent most of your time reading pregnancy, birth and parenting books to ensure your child was healthy. However, now that you already have your first child, you've experienced what it's like to be hands on with your child. You know how to hold your baby, how to put them to sleep, and how to feed them. Hopefully, this will make you a little more at ease when you're expecting your second child.

How did you prepare for your second child differently than your first? Comment below!

New Celebrity Couple Hilary Duff & Jason Walsh Go Public with Relationship on Instagram



By Kayla Garritano

It's social media official! [Hilary Duff](#) officially announced her new [celebrity relationship](#) with Jason Walsh by posting a picture on Instagram. The picture shows the [celebrity couple](#)

sharing a kiss on Sunday, October 16 with a black and white filter. According to UsMagazine.com, Hilary's new romance with her personal trainer sparked rumors after the duo stepped out together earlier this year, but this marks the first time their relationship has been displayed for the world to see.

This new celebrity couple is making it social media official! What are some benefits to announcing your new relationship on social media?

Cupid's Advice:

Congratulations on your new relationship! Now all you want to do is show it off to everyone, and that's what social media is for. There are many apps and sites that will help you announce the news, and Cupid is here with some [dating advice](#):

1. Show them off: You really like your new partner, and all you want to do is show them off to everyone. Putting pictures on social media of your new relationship shows everyone how happy you are and displays how happy they make you feel. You get to easily say, "This is my boyfriend; isn't he great?" or "This is my girlfriend, isn't she amazing?" in a picture. Be proud to show them off!

Related Link: [Relationships Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

2. Share the happiness: You're happy, so everyone else should be, too. The people who care about you want to see you happy, and want to make sure you are doing well. If they see positive pictures, they will be sure to feel happy as well. Spread the love!

Related Link: [Dating Advice Q&A: Can I Blog About My](#)

Relationship and Love Life?

3. Stop the rumors: If you're like Hilary Duff, there may be a rumor about you having a new boyfriend before you confirm anything. In fact, it happens a lot in [celebrity news](#). But when you're both ready, you can publicly display your relationship and stop everyone from gossiping. There's no rush to doing this, but a benefit of announcing your new relationship on social media is helping to hush the whispers.

Have you ever posted about your new relationship on social media? Comment below!

Celebrity Interview: Chloe Lukasiak Talks 'Dance Moms': "I'm Kind of Doing My Own Thing Now"





Interview by Lori Bizzoco. Written by Kayla Garritano.

From the age of two, Chloe Lukasiak knew she wanted to step foot on the dance floor, only to dance her way into fame. She starred in the first four seasons of *Dance Moms*, but this blonde performer has recently left to further her dance career with her self-titled channel, *Chloe on Pointe*, on *Ownzones.com*. Now working on season two, the 15-year-old dancer has much to share in this exclusive [celebrity interview](#) with CupidsPulse.com on what's ahead in the upcoming season, as well as life after leaving *Dance Moms*.

In our celebrity interview, Chloe Lukasiak opens up about her career and gives some advice for young girls following their dreams.

Lukasiak's proven that she can handle being on her own. Her channel, which focuses on dance tutorials, also provides fans insider exclusives on her life through vlogs, and even offers

beauty DIYs. So it's no surprise as to why *Chloe on Pointe* was renewed for a second season with the great content she's uploaded thus far. When asked why she wanted to create her own show, Lukasiak responded with, "I thought this would be a great way to teach, and give fans a look into the dance life. They can learn with me." This move to *Ownzone* has also helped Lukasiak gain new skills, which she appreciates because she's been exposed to things she's never tried before. Such as helping choreograph and teach her own dance solo! Being able to create, perform and teach has turned Lukasiak into a triple threat to be reckoned with. You'll be able to see the solo on her channel within the next couple of weeks. "I'm hoping that people really like it," she says.

Related Link: [Date Idea: Dance the Night Away](#)

Despite all her success, Lukasiak took a moment to reflect on how her career started. She left *Dance Moms* after season four, when instructor Abby Lee Miller made negative comments on her appearance and said her routine was a "hot mess." But instead of crying about it, Lukasiak says she's doing her own thing now and acknowledged that she hasn't kept in contact with her former dance teacher. She went on to mention that she still talks to a few of the girls here and there, but everyone has their own lives and busy schedules. "It's just hard to keep in touch with everyone, since our schedules have taken us different places." However, she admits to being close with Paige and Brooke Hyland, who were also on the show and left at the beginning of season four. As far as other experiences she had on the show, Lukasiak opens up about how it's had a lasting effect on her. "I was nine, and I left when I was about thirteen, so I grew up really fast in that environment." She goes on to say that the show helped her come out of her shell and overcome her shyness. However, it is clear that Lukasiak is staying away from her past as best as possible. In recent weeks, there has been talk about canceling *Dance Moms* season 7. Responding to the news, she

says, "I guess this might be the end of *Dance Moms*." She was also unaware of the rumor regarding Kendall Jenner joining the show, which she thinks would be a strange and interesting change.

Date Idea: [Date Idea: Beat of the Music](#)

Now that Lukasiak is occupied with her channel, dance and other exciting events, it's hard for her to make time for friends and school. When asked how she balances her responsibilities and fun, she responded with, "You have to figure out what's important and what's not important. It's about what you do with your time and how you handle it efficiently." She mentions that she focuses a lot of time on school, but stresses that it's important to be social and hang out with your friends. Lukasiak also shares some advice for young girls who are looking to dance competitively: "Do what makes you happy, because at the end of the day, you are your own person. If you're not happy, then something's wrong. Remember at the end of the day you're just getting a trophy," she jokes.

What can we look forward to seeing from Lukasiak? Aside from a potential Christmas special on her channel, she will appear in two upcoming movies. She's also been thinking about college and what she will do with her life. "If I had to guess, I'd still dance, but I don't know if I could study dance."

You'll be able to find Chloe On Pointe on [Ownzones.com](#). For more on Chloe Lukasiak, you can check out her [YouTube Channel](#), [Instagram](#), and [Twitter](#).

David Arquette & Wife Christina Are Expecting Second Celebrity Baby



By Kayla Garritano

There's another bun in the oven! David Arquette is expecting his second child with his wife Christina McLarty, and they're having a boy! According to UsMagazine.com, David took it to Instagram to share the wonderful [celebrity news](#) about their new [celebrity baby](#). "So incredibly blessed and honored that my wife @christinaarquette is pregnant with a baby boy," the 45-year old exclaimed. "Thank you Christina and humbled gratitude to G-D for this tremendous gift! Charlie and Coco are so excited and I am over the moon!!!"

There's about to be another celebrity baby to add to David Arquette's pack! How do you determine how many kids to have with your significant other?

Cupid's Advice:

Having children with your significant other can be a beautiful thing, you're creating a family! However, it can be tough to determine how many kids you want. Cupid is here to help:

1. Talk it out: Communication when starting a family is very important. What if you have two different ideas on how many kids you want? You'll need to explain to one another your thoughts, and potentially compromise, if it means figuring out your special number of kids.

Related Link: [Rob Kardashian & Blac Cyna Are Having a Celebrity Baby Girl](#)

2. Make sure you're ready: Another big part of having children is making sure you're prepared. Look at your lives now. Would you be able to support your children financially? If the answer is yes, then how many could you support? You have to make sure you ask yourself these questions, because that can also help you determine the amount of children you can have.

Related Link: [Megan Fox & Brian Austin Green Welcome Celebrity Baby No. 3](#)

3. Use protection: If you want to be smart about the number of kids you have, it is best that you protect yourself from having any more than you originally planned. Once you and your significant other know the right number, you start to make safe and strategic decisions.

How have you decided with your significant other on the number of kids you're having? Comment below!

Product Review: Maintain Your Figure With the 5-Day Fast Diet



This post was sponsored by Weight Loss Buddy.

By [Mallory McDonald](#)

We are constantly hearing in [celebrity news](#) about the newest weight loss secrets. Stars have the figures we envy and the tools needed to get their goals. For everyone else, it can seem impossible to achieve our dream, which can lead to constantly trying the latest fitness trend. Eventually, after the results fail, it can be easy to give up and remain unhappy about your image. Don't let all the failed fitness trails keep you from achieving your goal body!

Weight Loss Buddy's 5-Day Fast Diet Program is the perfect way to kickstart your weight loss journey at an affordable cost.

Constantly seeing different weight loss companies being promoted through social media can seem redundant and ineffective. There are companies that guarantee extreme weight loss in a short amount of time and many women have purchased these products, in hopes of creating a new body. When this is not the case, it may be time to figure out your next step. This is where Weight Loss Buddy's 5-Day Diet program is the perfect answer to figuring out your next move!



There is really no easy answer to losing weight, and Weight Loss Buddy knows that you have to be dedicated and willing to work to achieve the goals you've set for yourself. Results that last aren't solved by a magic pill. Eating right, creating a proper workout routine, cutting out carbs and watching your calorie intake is the most successful way to lose weight and keep the weight off. However, Weight Loss Buddy is aware that for most people, finding the time to set

aside every day to workout and eat right is challenging.

Weight Loss Buddy's 5-day fast diet program is the perfect solution for anyone simply wanting to bring about a change in their health, help jump start their weight loss and see changes above and beyond positive, limited fasting. The 5-Day fast diet is a pre-measured, pre-calculated 5-day eating plan delivered to your door. The diet requires minimum work for a short amount of time to achieve great results. Not only will you be able to see results in five days, but this is the perfect way to begin your journey to a healthier lifestyle without taking drastic measures that won't last. Each box only costs \$99.95 and Weight Loss Buddy is constantly running sales to help you get what you need for weight loss success!

Don't let losing weight rule your life and keep you from enjoying the process. Losing weight doesn't happen overnight, and Weight Loss Buddy is the perfect place to help you start your healthier lifestyle. With the five day fast diet, you can see results sooner rather than later!

Celebrity Wedding: Shia Labeouf Marries Girlfriend in Elvis-Themed Vegas Wedding





By [Mallory McDonald](#)

In recent [celebrity news](#), Shia Labeouf has married his girlfriend Mia Goth in an exciting way! Their [celebrity wedding](#) was an Elvis-themed Vegas wedding! Labeouf and Goth have been a [celebrity couple](#) since 2012, and even though their engagement was not publicly announced, the gorgeous diamond ring said it all. According to [UsMagazine.com](#), the two got engaged in 2016 and exchanged their “I dos” at Sin City’s Viva Las Vegas chapel, a venue known for themed weddings. Photos from the event show off the Elvis theme, and during the wedding, “a singer belted out Adele’s ‘Make You Feel My Love’ as the couple held each other in an extended embrace.” It looks like this theme was perfect for the couple!

This celebrity wedding reminds us of *The Hangover*. What are some reasons a Vegas wedding may be for

you?

Cupid's Advice:

Planning your wedding can be one of the most stressful things to handle, and yet, it is supposed to be the happiest day of your life. Here are some reasons why a Vegas wedding could be your perfect happily ever after:

1. Thrill: One of the greatest things in life is getting a thrill from something great. If you are someone who likes living on the edge and loves to do out of the box things, eloping to Vegas could be the perfect wedding for you.

Related Link: [Is Shia LaBeouf Celebrating a Celebrity Engagement with Girlfriend Mia Goth?](#)

2. Spontaneous: Sometimes the best things in life are not planned. If you are becoming so stressed that you cannot even focus on the love you share with your partner, it might be time to make a snap decision, embrace the love and elope to Vegas!

Related Link: [Celebrity News: 'The Bachelor' Alum Nikki Ferrell Marries Tyler Vanloo](#)

3. Simplicity: Weddings have become so elaborate that sometimes it can be easy to forget the real reason behind them, and that is the love of the bride and groom. Having a simple Vegas wedding can allow you to focus on your partner.

Would you ever get married in Vegas? Comment below!

Celebrity News: Melania Trump Calls Donald Trump's 2005 Comments 'Unacceptable and Offensive'



By Kayla Garritano

This [celebrity news](#) has us debating on these presidential candidates. Republican presidential nominee Donald Trump's wife, Melania, released a statement on Saturday, October 8, to address the controversy surrounding the comments he made about women in the newly surfaced video from 2005. According to [UsMagazine.com](#), Melania reportedly said, "The words my husband used are unacceptable and offensive to me. This does not represent the man that I know. He has the heart and mind of a

leader. I hope people will accept his apology, as I have, and focus on the important issues facing our nation and the world.”

This celebrity news has us wondering about Melania’s celebrity relationship with Donald Trump. What are some warning signs that your partner may not respect you?

Cupid’s Advice:

Sometimes you may not realize that you are having issues with your partner. Respect is important when it comes to being with someone. You must respect the person you’re with. How can you tell? Cupid is here to help:

1. They put your ideas down: Listening is a big part of making a relationship work. If your partner doesn’t listen to what you have to say and won’t take your ideas or advice over their own, that may be a red flag. Make sure your partner knows how to listen to you.

Related Link: [Couples Therapy: A Way to Rebuild a Struggling Relationship](#)

2. “Pet” names: Nicknames can be cute, such as “honey” or “sweetheart.” However, there’s a line between cute and rude. Never let your partner call you a nickname that puts you down. You are not a title or an object to own.

Related Link: [Relationship Advice: What Makes a Marriage Strong?](#)

3. Their needs come first: It’s only right to treat yourself every now and then, but it’s not okay to constantly put

yourself before others, especially your partner. You and your partner are supposed to compromise. If your significant other can't do that, then you may need to reconsider your relationship.

Has your partner ever shown warning signs of disrespecting you? Tell us in the comments below!

Celebrity News: 'The Bachelor' Alum Nikki Ferrell Marries Tyler Vanloo



By Kayla Garritano

No final rose needed here! [The Bachelor](#) alum Nikki Ferrell got married to her fiancé, Tyler Vanloo, on Saturday, October 8th. Previously receiving the final rose, but no ring on Juan Pablo Galavis' season, Nikki met a new man, and announced their engagement this past January. This [celebrity news](#) comes from [UsMagazine.com](#), where they said the couple tied the knot among family and friends, including former *Bachelorette* [Andi Dorfman](#), who posted a snap story of herself and Nikki at the event.

In celebrity news, this *Bachelor* alum has finally found love! What are some unique ways to seek out love?

Cupid's Advice:

You can find love anywhere, especially in today's day and age. But it's not always easy. Having a little trouble finding love? Cupid is here to help:

1. Swipe right: *Tinder*, *Bumble*, or any other dating app like those often times get a bad reputation. However, you'd be surprised to find out that a lot of people find their significant other on these sites. Not all are looking for a hookup, so don't lose faith!

Related Link: [Celebrity Couple Ben Higgins & Lauren Bushnell Celebrate Bachelor and Bachelorette Parties Together](#)

2. Singles meet-up: Would you rather meet your potential love in person? Try a meet-up. Singles just like you are looking for the same thing you are. Meet someone new, chat it up, and find common interests. Who knows; maybe you'll find that

instant connection!

Related Link: [Celebrity News: 'Bachelor' Alum Nikki Ferrell is Engaged!](#)

3. Blind dates: Asking a friend or family member to help set you up with someone can be super helpful. They are people who care about you, so they have your best interests in mind. They want to choose someone who they think will treat you well. They can definitely help you pick out someone special.

In what unique way did you meet your partner? Comment below!

Celebrity News: Ozzy Osbourne Surprises Sharon Osbourne With Flowers For Her Birthday





By Kayla Garritano

Lights, camera, love action! In latest [celebrity news](#), Ozzy Osbourne surprised his wife, Sharon Osbourne, with flowers on her show *The Talk* for her 64th birthday on Thursday, October 6. According to [UsMagazine.com](#), once he snuck up to her on the live taping with a bouquet of flowers, the [celebrity couple](#) proceeded to make out on camera. This sweet gesture comes just months after Sharon tried ending their 34-year marriage this past May, after allegedly learning her husband was having an affair. She later took him back.

This celebrity news has us swooning over the sweet gesture! What are some ways to keep the romance alive after a rough patch with your partner?

Cupid's Advice:

It takes effort to make a relationship work, and even more effort to mend a broken one. But once it's fixed, you want to make sure that love is still in the air between the two of you. Cupid is here to help you keep the romance alive with some [relationship advice](#):

1. Be romantic in bed: Sex is definitely a big part of any relationship. It stimulates your feelings even more for one another. You want to make sure you have that connection and feel the passion between one another. Make sure there are feelings involved.

Related Link: [Celebrity News: Find Out Why Sharon Osbourne took Ozzy Back](#)

2. Surprise!: Like Ozzy, be surprising. It definitely worked out well for him when he surprised Sharon. Make your significant other feel excited. Catch them off guard. These random acts will get their heart racing in a great, exciting and loving way.

Related Link: [Sharon Osbourne Says She's 'Devastated' by Ozzy's Drug Relapse](#)

3. Be spontaneous: Don't just sit around being bored with your significant other. Think of something you're both interested in. Go kart racing! Go big and go skydiving! Well, you don't have to be quite as crazy as that, but do something adventurous. Do something your weren't expecting to do today. It will make you and your partner feel young and energetic, a way to be sure you keep a positive vibe going in your relationship!

How have you brought the romance back in a relationship? Comment below!

Celebrity Couple Ben Higgins & Lauren Bushnell Celebrate Bachelor and Bachelorette Parties Together



By Kayla Garritano

From *The Bachelor* to the bachelor party! [Celebrity couple Ben Higgins](#) and Lauren Bushnell celebrated their upcoming marriage with bachelor and bachelorette parties this long weekend. According to [UsMagazine.com](#), the *Bachelor* alumnae threw a joint party with all of their friends in Las Vegas! A picture

shows them poolside with all of their friends on Thursday, October 6, just hanging out and celebrating before the big day.

This celebrity couple did not want to celebrate separately! What are some ways to bring all your friends together before the big day?

Cupid's Advice:

You don't need to have a traditional "all girls" bachelorette party or an "all guys" bachelor party. Sometimes, the best way to celebrate your last days of not being married is to celebrate together. Here are some ways to conjoin your celebration:

1. Wedding party field day: Have your wedding party get to know each other a little better by battling it out. Team Bride vs. Team Groom. This will let your party bond over fun activities all while having some friendly competition. Plus, it's kind of fun seeing your future spouse duel against you.

Related Link: [Celebrity News: 'Bachelor' Alum Lauren Bushnell Reveals Romantic Thing She Does for Ben Higgins](#)

2. Vacation: Instead of a "party," why not take a trip somewhere together? It's just like a party, except you get to take a couple extra days off and relax for a little bit more. You still get to drink (responsibly, of course), and you get to enjoy each others' company, while celebrating the same thing.

Related Link: ['Bachelor' Celebrity Wedding Planner Mindy Weiss Makes Predictions for Ben Higgins & Lauren Bushnell's Nuptials](#)

3. Separate rehearsal dinner: You definitely need a rehearsal dinner the night before the wedding. The one with your parents and other family members, as well as the wedding party. But what about a dinner for just your friends? Get together with them all and enjoy a dinner. Make some last-minute wedding plans, and organize the aisle situation; who's walking with who? Just take it easy with your friends before the official events begin.

How have you brought your friends together before you tied the knot? Comment below!