

Celebrity Break-Up: Danica Patrick's Posts About 'Pain' After Aaron Rodgers Split



By Alycia Williams

In latest [celebrity news](#), Danica Patrick is focusing on her emotional well-being after her [celebrity break-up](#) from Aaron Rodgers. According to *UsMagazine.com*, Patrick shared that she watched a video on where trauma is stored in the body. She also shared a few quotes to her Instagram. “You know the saying ‘gut feeling’? I have found it speaks to me before the mind. I take it as an invitation to stop and look within. I journal and ask what could be going on?” She later shared another quote: “The pain that we are given is the pain that we pass on.”

In celebrity break-up news, Danica Patrick seems to be having a rough time after her split from Aaron Rodgers. What are some ways to communicate your pain to family and friends?

Cupid's Advice:

Feeling pain after a break-up is completely natural and expected, but holding onto that pain will only make it worse. If you are looking for ways to communicate your pain to your friends and family, Cupid has some advice for you:

1. Find out who you're most comfortable with: Telling all of your friends and all of your family about your pain won't be helpful because you'll just keep repeating yourself. Out of everyone find two or three people you feel the most comfortable talking to and anytime you feel like you need to talk you should call one of them.

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2. Don't hold back: The whole point of talking to your friends and family is to get what you need off your chest. That won't work if you leave stuff out. Be open and honest with them to really lay out all of the pain.

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3. Find out what works best for you: Since this is your time to release pain you should have control over every detail. Whether it's texting, calling, or meeting up in person,

whatever makes you feel the most comfortable is what you should be doing.

What are some other ways to communicate your pain to family and friends? Start a conversation in comments below!

Celebrity News: 'Bachelorette' Clare Crawley's Suitors Are Revealed



By Diana Iscenko

In the latest [celebrity news](#), ABC has announced the contestants for the newest season of [The Bachelorette](#). This season's [reality TV](#) star is Clare Crawley, the runner-up from Juan Pablo Galavis' season of [The Bachelor](#). Crawley initially had a different group of suitors for Season 16, but production was pushed back due to the COVID-19 pandemic, and they had to be re-cast. Production is slated to start in the fall.

In celebrity news, the guys for Clare Crawley's season of *The Bachelorette* have been revealed. What are some unique ways to go about meeting a love interest?

Cupid's Advice:

While we can't all have *The Bachelorette* experience, we can still step out of our comfort zones to meet new potential partners. If you're over swiping on dating apps and being set up with friends of friends, Cupid has some advice for you.

1. Do things alone: While going out with friends might be your default, it's hard for a new person to approach your group. Taking yourself out can help you meet fun, new people that you normally wouldn't. If you're nervous about going out alone, ease into it by bringing a book or a journal with you.

Related Link: [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

2. Start volunteering: Find a cause your passionate about and volunteer your time. You'll meet plenty of new people that you already have something in common with. You'll likely talk to

these people while volunteering, so it won't be as daunting to start a conversation.

Related Link: [Celebrity News: 'Bachelorette' Clare Crawley Explains Why She Kept Dress from Juan Pablo Galavis Breakup](#)

3. Walk your (or a friend's) dog: As weird as it may sound, dogs are a great conversation starter. Going on walks or visiting the park will give you the opportunity to talk to new people. Having a dog will make you seem more approachable. What's a better excuse to talk to someone than wanting to pet their dog?

What are some ways you put yourself out there? Start a conversation in the comments below!

Celebrity Break-Up: Justin Hartley Isn't Concerned About Ex Chrishell Stause's Drama





By Diana Iscenko

In the latest [celebrity news](#), Justin Hartley reveals he's not letting drama from his divorce from [celebrity ex](#) Chrishell Stause bring him down. Despite the *Selling Sunset* star's claims about their split, Hartley told *ETOnline.com* that he is staying positive: "I'm a happy guy. I sleep like a baby. I don't have anything on my mind... I am a very, very lucky, lucky individual." Hartley filed for divorce from Stause in November 2019 after almost three years of marriage.

In celebrity break-up news, Justin Hartley isn't concerning himself with his ex Chrishell's divorce drama. What are some ways to distance yourself from relationship drama?

Cupid's Advice:

Post-break-up drama can be overwhelming, especially if you're trying to distance yourself from it. If your ex refuses to leave the drama in the past, Cupid has some advice for you:

1. Find your support system: Surround yourself with people you trust. Distance yourself from your ex and other people you're worried might try to bring you down with unnecessary drama. Lean on close friends and family who you trust have your best interests at heart.

Related Link: [Celebrity News: Justin Hartley Brings Daughter to Critics Choice Awards Amid Divorce](#)

2. Be empathetic: Understand other people's thought processes and do your best to forgive them. Your ex may be causing drama after the break-up but think about where they're coming from. Break-ups hurt and this may be your ex's (imperfect) way of handling it.

Related Link: [Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship](#)

3. Look on the bright side: Have a positive outlook on your situation. While things may not be going perfectly, be thankful for the positive people in your life. Be grateful for you and your ex's time together instead of bashing them post-split.

How do you avoid relationship drama? Start a conversation in the comments below!

Celebrity News: Jada Pinkett Smith and Will Smith's Public Split Discussion Was 'Best Move' for Them



By Alycia Williams

In latest [celebrity news](#), Will Smith and Jada Pinkett Smith are content after speaking their truth and discussing their past breakup in public after August Alsina's affair claims. According to *UsMagazine.com*, They are a very vulnerable and open pair, and they felt opening up about the situation is the best move for their family. The [celebrity couple](#) opened up about their past split during the Friday, July 10, episode of her Facebook Watch series, *Red Table Talk*, after Alsina,

claimed that he had a years-long affair with Pinkett Smith. The couple discussed the her brief “entanglement” with the singer, noting it happened when she and Will were separated.

In celebrity news, Jada and Will felt going public with their marital woes was the best move for them, as an open and vulnerable pair. What are some ways being open with your friends and family about your relationship can make you stronger as a couple?

Cupid’s Advice:

Relationships are bound to go through their ups and downs and not every couple feels comfortable letting the people around them know when they’re going through a a difficult time. If you’re looking for reasons to be open with you’re friends and family about your relationship, Cupid has some advice for you:

1. You aren’t hiding: Hiding things about your relationship from your friends and family is a full-time job. Knowing that everything is on the table about your relationship will have you both feeling free and open.

Related Link: [Celebrity Couple News: Find Out How Cardi B & Offset Make Their Relationship Work](#)

2. You may receive help: If you’re going through a rough patch with your partner and you let your friends and family know, they may be able to offer help and advice. Which can result in the rough patch ending a lot sooner.

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3. You can move on: Once the closest people in your life know when you and your partner is going through a hard time, and it's over, you both can quickly move on from that. You won't spend extra time dwelling on the situation because your friends and family will be caught up to speed.

What are some other ways being open with your friends and family about your relationship can make you stronger as a couple? Start a conversation in the comments below!

Royal Celebrity Couple Prince Harry & Meghan Markle Step Out in Matching Masks in Beverly Hills





By Alycia Williams

In latest [celebrity news](#), [celebrity couple](#) Prince Harry and Meghan Markle are enjoying their time together in Los Angeles. The Duke and Duchess of Sussex were spotted on Friday afternoon, walking side-by-side as they waited for their car from a valet in Beverly Hills, wearing matching face masks. Harry and Meghan relocated to California with their one-year-old son Archie in March, and the couple is said to be living in Tyler Perry's Beverly Hills mansion.

This royal celebrity couple is following protocol when it comes to COVID-19. What are some ways to support each other through the pandemic?

Cupid's Advice:

This pandemic has been a crazy roller coaster ride and it's hard to determine what's coming next, which can make your relationship rocky after a while. If you are looking for ways to support your partner through the pandemic, Cupid has some advice for you:

1. Make time for each other: It can be easy to get set in your ways and do what you want to do during the pandemic, but set aside some time for your partner. Whether it's twice a week, once a week, or everyday, it's nice to have time specifically set aside for your partner.

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2. Try to get out when you can: Being in the house all day can be really suffocating, so try to get out with your partner. You don't have to go to an extravagant place together; it can be just a walk around the block or you can sit right outside your door together. Try to breathe in that fresh air together.

Related Link: [New Celebrity Couple: Sophia Bush & Grant Hughes Get Cozy in Masks as They Step Out in Malibu Together](#)

3. Alone time is okay: Being together is great, but having some alone time can be really therapeutic for you both. You should also set aside time for you both to be separate and do what you want to do what you want with your free time.

What are some other ways to support each other through the pandemic? Start a conversation in the comments below!

Celebrity News: Kelly Preston Dies from Breast Cancer at 57 & John Travolta Pays Tribute



By Alycia Williams

In latest [celebrity news](#), Kelly Preston died on July 12, 2020 after a long battle with breast cancer. According to *UsMagazine.com*, Preston's husband, John Travolta, paid tribute to his late wife in a Instagram post. "She fought a courageous fight with the love and support of so many," Travolta wrote. "Kelly's love and life will always be remembered." The [celebrity couple](#) shared three kids together. Their eldest child died at the age of 16 in 2009, but Travolta mentions that he will be taking time off to care for his other two kids who have lost their mother.

In celebrity news, tragedy has struck Hollywood, as Kelly Preston passed away after a two year battle with breast cancer. How do you cope with the loss of your significant other?

Cupid's Advice:

No one is ever really prepared for a loss of a loved one, especially not your significant other. If you're looking to cope with the loss of your partner, Cupid has some advice for you:

1. Allow yourself to cry: It's not healthy to keep your emotions inside, especially when it comes to something as drastic as a lost life. Don't hold your feeling back, no matter where you are. Allow yourself to cry and to feel that pain.

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2. Go easy on yourself: There is no right way to feel when it comes to losing a partner. Don't get down on yourself if you're too sad or not sad enough, as everyone deals with grief differently and you're entitled to your own feelings.

Related Link: [Celebrity News: Kate Spade's Husband Breaks Silence After Her Death By Suicide](#)

3. Seek support: When you're grieving, it's sometimes best to be around your family and friends. The people who love you and want the best for you are the people who you need to seek support from. Reach out more often than you usually would,

especially those times when you're feeling lonely.

How do you cope with the loss of your significant other? Start a conversation in the comments below!

Celebrity Couple News: Find Out How Emily Blunt & John Krasinski Built a Strong Marriage



By Diana Iscenko

In the latest [celebrity news](#), [Emily Blunt](#) and John Krasinski continue to be couple goals as the pair celebrate their ten-year wedding anniversary. The couple met through a mutual friend in 2008 and share two daughters together, Hazel, 6, and Violet, 4. The [celebrity couple](#) recently starred in Krasinski's *A Quiet Place* together recently. Krasinski reflected on how the experience brought them closer in an interview with *MensHealth.com*: "There's no greater gift that the universe could have given me than to go through the biggest success of my career [with Emily]."

In celebrity couple news, Emily and John's relationship sparks a little jealousy, as they have a strong marriage. What are some ways to continually strengthen your relationship?

Cupid's Advice:

Relationships require hard work, even when things are going well. You and your partner should be working on your relationship even when it doesn't need to be "fixed." If you're looking for some ways to strengthen your relationship, Cupid has some advice for you

1. Stay connected: Your relationship should be founded on friendship and respect for each other. Working on your friendship is just as important as working on your romance. Spending quality time with your partner is the best way to keep your connection strong.

Related Link: [Celebrity Couple: Emily Blunt & John Krasinski Were Warned About Working Together](#)

2. Celebrate each other: Showing affection and giving compliments should be a daily habit in your relationship. Be the person your partner can fall back on and support them in everything they do. You and your partner should be each other's number one fans!

Related Link: [Celebrity Couple News: Find Out How Cardi B & Offset Make Their Relationship Work](#)

3. Learn from your fights: Fights are inevitable in every relationship but make sure you're being respectful of your partner. A fight isn't an excuse to belittle your partner. Learn how to have healthy disagreements and use them to better understand your partner.

How do you and your partner keep your relationship strong? Start a conversation in the comments below!

Celebrity Break-Up News: Jordana Brewster Files for Divorce from Andrew Form





By Diana Iscenko

In the latest [celebrity news](#), Jordana Brewster filed for divorce from husband Andrew Form after 13 years of marriage. According to *UsMagazine.com*, the *Fast & Furious* actress submitted the divorce papers to the Stanley Mosk Courthouse in Los Angeles last week. The former [celebrity couple](#)'s case was listed as "dissolution with minor children." The pair share two sons, Julian, 6, and Rowan, 4.

In celebrity break-up news, Jordana and Andrew have decided to call it quits on their marriage. What are some ways to announce your divorce to your young children?

Cupid's Advice:

The end of a marriage is never easy, but it can be even more

stressful when you have young children. As a parent, you want to protect your kids from painful situations. If you're not sure the best way to tell your kids about you and your parent's separation, Cupid has some advice for you:

1. Focus on the moment: Your kids will likely remember the moment you tell them about the divorce for their entire lives. Make sure you're sitting down as a family, with all your kids and your partner, when having this conversation. Think about where you're having this conversation and if it would be comfortable for your children.

Related Link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Listen to your children: It's impossible to know how your child will react to this news. No matter how well you breakdown the news to your young children, they're going to have questions you're not prepared for. Be supportive of them no matter how they react and answer their difficult questions honestly.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

3. Be united with your partner: While your divorce is hard on you, you need to be mature around your children. When announcing your separation, do not blame your partner. Both parents should take ownership and give your children the same message. Blaming your partner will make your kids think they need to reject their other parent.

How do you look out for your kids during a divorce? Start a conversation in the comments below!

Celebrity Break-Up: Cassie Randolph Slams 'Bachelor' Editing After Talking Split from Colton Underwood



By Diana Iscenko

In the latest [celebrity news](#), Cassie Randolph speaks out against how *The Bachelor: The Greatest Seasons – Ever!* portrayed her in a recent interview. The interview focused on Randolph's recent split from [Bachelor](#) Colton Underwood, despite Randolph's reluctance to talk about it. The [reality TV](#) star posted on her Instagram story, explaining how much was cut from her interview: "There's so much more to me than just my past relationship, and I think that's why I'm annoyed."

In celebrity break-up news, Cassie Randolph isn't happy with the way her split was in the spotlight on a recent episode of The Bachelor GOAT. What are some ways to keep the after-effects of your split from getting you down?

Cupid's Advice:

No matter how your relationship ended, it's completely normal to be upset. That doesn't mean you should let your grief consume you! If you're having trouble keeping your head up post-break-up, Cupid has some advice for you:

1. Lean on your friends: It's easy to see your friends less during a relationship, but it's important to stay connected. Use this time to catch up with them. Set aside time to talk to them, whether that's in person or over the phone.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

2. Focus on your interests: Throw yourself back into your hobbies. Focusing on something you enjoy will help you focus on something besides your break-up. It's also a great opportunity to try something new!

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3. Keep saying "yes": Accept social every invitation you get. Spend as much time as you can with those who support you. It may not feel genuine at first, but spending time with friends and family will prevent you from isolating yourself.

How do you keep your mood up after a break-up? Start a conversation in the comments below!

Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship



By Alycia Williams

In latest [celebrity news](#), G-Eazy had a creative breakthrough

in his music after his toxic on- and off-again relationship with Halsey. According to *UsMagazine.com*, G-Eazy is finally feeling positive again after his [celebrity break-up](#) from Halsey nearly two years ago. The relationship was really toxic toward the end, but G-Eazy has been healing through his music and has been spending his quarantine time in his home studio writing and recording. In his new songs, he isn't afraid to mention how crazy he believes Halsey to be.

These celebrity exes clearly didn't part on good terms. What are some ways to turn your rough break-up into a positive experience?

Cupid's Advice:

When a relationship ends, no one can promise that it'll end on a good note and even though you might be in a slump, it's important to pick yourself back up. If you are looking for ways to have a more positive outlook on life after a bad break-up, Cupid has some advice for you:

1. Take time for yourself: In times like these the only person that can really pick up your energy is you. Spend time in your own thoughts, reflecting on how you'll move forward from this experience. Direct your focus to things that are most important to you at this moment.

Related Link: [Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'](#)

2. Talk to someone about it: This doesn't necessarily mean you need to seek professional help, it means that you should talk to someone that makes you feel comfortable. Someone that you don't mind sharing every detail with.

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3. Spend time doing things that you love: Use this extra time to do what you love to do. Whether it's playing the guitar or having a movie marathon with your friends, do whatever make you happy.

What are some ways to turn your rough break-up into a positive experience? Start a conversation in the comments below!

Celebrity Couple News: Khloe Kardashian Celebrates 4th of July at Tristan Thompson's House





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) Khloe Kardashian celebrated the 4th of July at Tristan Thompson's house after engagement rumors. According to *UsMagazine.com*, the two have been quarantining together amid their public [celebrity break-up](#) for the sake of their daughter True. Recently, the two were spotted together, pulling up to the house in Calabasas with some party supplies. Later, Kourtney Kardashian and Kris Jenner arrived at the party.

In celebrity couple news, Khloe Kardashian spent holiday time with Tristan Thompson after engagement rumors. How does spending holidays together bring you closer as a couple?

Cupid's Advice:

Holidays are a great time to be with the people that you love most, and for a lot of people that means being with their partner, but not everyone feels the same way. If you are debating if you should spend holidays with your partner, Cupid has some advice for you:

1. Share the intimate moments: Since there is no work or school on national holidays, there's nothing else for you to do besides enjoy the holiday and be with the people you love. Instead of running around like you would on a regular day, you can not only be with your partner, but be present with your partner. You can cherish those long lasting memories that you make on holidays together.

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2. Introduce your partner to your family: The holidays are the perfect time to introduce your partner to your family. Everyone is happy and filled with holiday joy, and conversation just flows easier on the holidays. Your partner is bound to have a better relationship with your family if they meet on a holiday rather than meeting on a regular day.

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3. Be playful together: Holidays are meant for you to have fun and be playful. Use this time with your partner to let your hair down and bring out that fun-loving nature. Go out and do something that you normally wouldn't do together, or stay in and play a board game. Whatever it is, strip the responsibilities of adulthood just for today and bring out your inner kid.

What are some other ways spending holidays together bring you

closer as a couple? Start a conversation in the comments below!

Celebrity Break-Up: Christina Ricci is Granted Protective Order Against Husband James Heerdegen



By Diana Iscenko

In the latest [celebrity news](#), Christina Ricci was granted an

emergency protective order against husband James Heerdegen. According to *UsMagazine.com*, the Los Angeles Police Department responded to a call for domestic battery at the actress' home. Ricci was granted the protective order, which prohibits any contact between the [celebrity couple](#). Heerrdegen was not arrested.

In celebrity break-up news, Christina Ricci and her husband James Heerdegen are clearly having major issues. What do you do if your partner becomes violent toward you?

Cupid's Advice:

Finding out your partner is abusive is difficult to navigate. While you may still love them, it's important to keep yourself safe. No matter what kind of violence you're facing, it isn't your fault and you aren't responsible for your partner's abusive behavior. If you need help figuring out how to leave a violent relationship, Cupid has some advice for you:

1. Create a safety plan: A safety plan is a personalized plan to keep you safe while in a violent relationship. It should include telling close friends or family about the abuse and how to stay as safe as possible before leaving the relationship. Teach children how to stay safe in these emergencies.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Get legal protection: Protective orders and restraining

orders can help you immediately by keeping your partner physically away from you and your family. Once you have a protective order, you should always keep the document with you. You can apply for these documents at courthouses, women's shelters and police stations.

Related Link: [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

3. Leave your abuser: Make a plan to escape quickly. You might want to request a police escort when you leave. Be sure to grab important documents and other irreplaceable keepsakes when leaving. After leaving, try to change up your routine to lessen the chance of your abuser finding you. This might include changing your hours at work or changing your phone number.

Do you have advice for those facing intimate partner violence? Start a conversation in the comments below!

Celebrity Couple News: JoJo Fletcher & Jordan Rodgers Almost Split After 'Bachelorette'





By Alycia Williams

In latest [celebrity news](#), JoJo Fletcher and Jordan Rodgers almost called it quits three years ago. According to *UsMagazine.com*, the [celebrity couple](#) explained in a joint interview that although they are one of *Bachelor Nation's* ultimate success stories, they have their ups and downs just like everyone else. Fletcher described their first year together as difficult, and she also said that they went through a lot of struggles. Rodgers explained that the couple decided to stay together through the rough patches.

In celebrity couple news, JoJo and Jordan experienced some rough patches in the first year of their relationship. How do you decide whether to stay together or split

during a rough patch?

Cupid's Advice:

In relationships there will always be good times and there will also be bad ones, but it can be hard to decipher whether the bad times are enough to split. If you are in a relationship and you're not sure whether you should break up or stay together, Cupid has some advice for you:

1. Does the good outweigh the bad?: When deciding if you and your partner should stay together, you should take a hard look at your relationship and figure out if the good times outweigh the bad. If they do, then you should try to make it work, but if not, then you may want to take a closer look at things.

Related Link: [Celebrity Couple News: Find Out How Cardi B & Offset Make Their Relationship Work](#)

2. Talk to your family and friends: Talk to the people who know you best, and get an insight of what your relationship looks like from the outside. Although their opinion shouldn't be the final decision, you may have a clearer idea of what to do.

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3. Are you both willing to try harder?: Going through a rough patch isn't easy, and it means that you both have to work harder on your relationship. If one of you isn't willing to do whatever it takes to make the relationship work, then it may be time to split for good.

What are some other ways to decide whether to stay together or split during a rough patch? Start a conversation in the comments below!

Celebrity Break-Up: Ryan Seacrest & Shayna Taylor Split for the Third Time



By Alycia Williams

In latest [celebrity news](#), Ryan Seacrest and Shayna Taylor called it quits for the third time in the past eight years.

According to *UsMagazine.com*, the [celebrity couple](#) are remaining good friends and will always be each others' biggest supporters. They will also cherish the time they spent together as a couple. Seacrest, who is in Mexico with some friends, was spotted a few times with another woman. They've

been pictured holding hands and relaxing on the beach together, very soon after his [celebrity break-up](#).

In celebrity break-up news, Ryan and Shayna called it quits, and it seems Ryan has already moved on. How do you know when you're ready to move on after a long-term relationship?

Cupid's Advice:

When you're in a relationship for a long time and things aren't going so well, it's hard to know when you should continue to work on your relationship or move on. If you are in a long-term relationship and you're not sure if you should move on, Cupid has some advice for you:

1. You've lost interest: In the beginning of the relationship, you two were inseparable. Late night phone calls, endless text conversations, and spontaneous dates were the norm, and it seemed like you would be together forever. If you've lost that same spark that you had when you first got together completely, then chances are it's not coming back.

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2. You fight constantly: Disagreements within a relationship are perfectly normal, but if you find you and your partner fighting a lot more than usual, then it's time to take a broader scope to the relationship. If fights outweigh the good times that you have, then it's time to call it quits.

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[Officially Break Up After 3 Years](#)

3. You avoid future plans: If you're in a long-term relationship, then planning ahead should be natural, because you see a long-term future with each other. If you find yourself not planning a future with your partner, that just means you don't see this person in your future. In that case, it's time to move on.

What are some other ways to know when you're ready to move on after a long-term relationship? Start a conversation in the comments below!

Celebrity News: Find Out Why JoJo Fletcher is Excited to Watch 'Bachelorette' Season with Current Love Jordan Rodgers





By Alycia Williams

In latest [celebrity news](#), [reality TV star](#) JoJo Fletcher is excited to watch her love story with Jordan Rodgers play out on her season of *The Bachelorette*. According to *EOnline.com*, the [celebrity couple](#) was anxious to see the season again, but eventually took a different attitude to it. “But now, honestly, I’m excited to watch it back and excited to see it through Jordan’s eyes,” Fletcher said.

In celebrity news, JoJo and Jordan are excited to watch their love story play out on TV. What are some ways to deal with hearing about your partner’s exes?

Cupid’s Advice:

When you’re in a relationship, it can be hard to hear about

your partner's past relationships, but acting as if they don't exist isn't the way to go. If you find it hard to hear about your partner's exes, Cupid has some advice for you:

1. Remind yourself that you're together now: It can be so difficult to hear about partners' past relationships, but you have to remind yourself that this is your partner now and whatever they may have done with someone else is irrelevant to your relationship. Keep your head on straight and be able to separate their past relationship and your new relationship.

Related Link: [Celebrity Exes: Ben Higgins Apologizes to Olivia Caridi for Her 'Bachelor' Experience on His Season](#)

2. Just listen: As you're hearing about your partner's exes, your job is just to listen. Try to refrain from expressing what you think went wrong in their past relationships, or what you think of their ex. Keep your thoughts to yourself to avoid issues in your relationship.

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Don't hold anything against your partner: Your partner could've made mistakes in their past relationship, but don't change your perception of your partner because of something they did previously. Each relationship is different, and just because your partner made a mistake doesn't mean that they're a bad person. You're are with your partner for a reason; keep that reason in mind.

What are some other ways to deal with hearing about your partner's exes? Start a conversation in the comments below!

Celebrity Baby News: Emma Roberts Is Pregnant with First Child



By Diana Iscenko

In the latest [celebrity news](#), Emma Roberts is expecting her first child with boyfriend Garrett Hedlund. The pregnancy was reported by *UsMagazine.com* last Thursday and has been confirmed by Roberts' mom, Kelly Cunningham. Cunningham replied to fan comments on Instagram, saying she is "very excited" to welcome Roberts' [celebrity baby](#) to their family. The [celebrity couple](#) has been dating since March 2019, after Roberts ended a five-year relationship with *American Horror Story* co-star Evan Peters.

In celebrity baby news, Emma Roberts is expecting her first child with her boyfriend of just over a year, Garrett Hedlund. What are some ways to prepare your relationship for a child during an expected pregnancy?

Cupid's Advice:

Parenthood will completely change your relationship with your partner. It can be overwhelming for this to change with the birth of your child. If you need help babyproofing your relationship, Cupid has some advice for you:

1. Remember the pre-pregnancy days: Before your little one's arrival, reminisce with your partner about your relationship pre-parenthood. It's okay to be sad about some of the freedoms you two will be losing. Acknowledge the "loss" by celebrating the end of this part of your relationship.

Related Link: [Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child](#)

2. Talk about expectations: Discuss what roles you and your partner will fall into when your child arrives. There will be more work that needs to be done so its crucial that you and your partner discuss what each of you will be doing to contribute.

Related Link: [Celebrity Baby News: Former 'Pump Rules' Star Stassi Shroeder Reveals Sex of First Child](#)

3. Hold on to small moments: Learn to appreciate the little things you and your partner do for each other before your baby

arrives. Once you have a newborn, there will be less time for date nights and grand romantic gestures. Appreciate the smaller signs that your partner is here for you.

How did you prepare your relationship for parenthood? Start a conversation in the comments below!

Celebrity Couple News: Find Out How Cardi B & Offset Make Their Relationship Work



By Diana Iscenko

In the latest [celebrity news](#), hip-hop power couple Cardi B and Offset pass the two-year anniversary of announcing their [celebrity wedding](#). In June 2018, Cardi B announced the couple had been married for nine months. The rapper said that there are aspects of her life she wants to keep private, which included their marriage: “Our relationship was so new breaking up and making up and we had a lot of growing to do but we was so in love we didn’t want to lose each other.” The [celebrity couple](#) had a lot of ups and downs in their relationship: their secret marriage, a cheating scandal, the birth of their daughter and a period of separation, to name a few. Despite the chaos, the couple has remained strong over the past three years. Cardi B told Vogue: “Me and my husband, we prayed on it... It’s really us against the world.”

In celebrity couple news, Cardi B and her husband Offset have had their share of ups and downs. How do you rise above difficult times in a relationship?

Cupid’s Advice:

No couple is perfect, but it can be hard to hold onto your relationship when things are especially rocky. You and your partner both need to work on your relationship. It’s easier said than done to fix the problems in your relationship. If you don’t know where to start, Cupid has some advice for you:

1. Spend more time together: Some relationships struggle when you don’t spend enough time together. Conflicting schedules and long-distance can take a toll on any couple, but it’s important to put the time into it. Plan a day to spend together each week. It doesn’t have to be elaborate: it can be

a Netflix night in or a planned FaceTime call.

Related Link: [Celebrity News: Cardi B Gets New Tattoo of Husband Offset's Name](#)

2. Identify bad behavior: It can be hard to tell exactly what's going wrong in your relationship. It's important to figure out where the negativity is coming from. If it's from outside the relationship—like work stress or mental health issues—you and your partner can tackle it together.

Related Link: [Celebrity Couple News: Kim Kardashian & Kanye West Are on 'Different Pages' Amid Quarantine](#)

3. Hold on to positivity: Relationship problems can feel like they overshadow the positives in a relationship. To fix the issues, you and your partner need to keep trusting and loving each other. If you forget about the good times, you won't have anything to motivate you to get through the issues in your relationship.

How do you and your partner deal with hard times? Start a conversation in the comments below!

Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'



By Diana Iscenko

In latest [celebrity news](#), Jim Edmonds accused ex-wife Meghan King Edmonds of abuse in a recent Instagram post. Edmonds posted a picture of his girlfriend, Kortnie O'Connor, captioning it: "If it wasn't for this girl, I don't think I would be here right now." He continues by accusing his [celebrity ex-wife](#) and *Real Housewives* star: "I was going through hell ending a loveless and abusive relationship. The lies and accusations that followed the breakup only put me deeper into a funk." The post's intent was to celebrate the new [celebrity couple](#) but may create drama between the [reality TV](#) exes.

This celebrity break-up was

certainly not drama-free, and accusations are still being thrown out there. What are some ways to keep negativity after a break-up from consuming your life?

Cupid's Advice:

The end of a relationship is always hard, but avoiding drama will make it easier for you and your ex. Even if you can't avoid every awkward moment, Cupid has some advice for you:

1. Take time apart: Do your best to not see your ex, even if you want to be friends after the breakup. Give yourself a couple of months to get used to life on your own before you reach out to your ex again. Staying too interconnected after a breakup will prevent you (and your ex!) from moving on.

Related Link: [Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen](#)

2. Set boundaries: Sometimes you can't avoid your ex. Maybe you work together or have close mutual friends. You and your ex need to establish boundaries. Discuss what you're comfortable with when you do see each other and be adamant about not falling back into your old habits.

Related Link: [Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split](#)

3. Avoid social media: After the breakup, take some time before going on social media. Seeing what your ex is doing will cause unnecessary hurt and drama. You might also want to keep your breakup off the internet at first. You may not be ready to talk about the breakup with those outside your inner circle.

How do you keep things drama-free with your exes? Start a conversation in the comments below!

Celebrity Baby News: Former 'Pump Rules' Star Stassi Schroeder Reveals Sex of First Child



By Diana Iscenko

In latest [celebrity news](#), [reality TV](#) star Stassi Schroeder

announced she'll be having a daughter with husband Beau Clark. The Instagram post was the [celebrity couple](#)'s first confirmation of the *Vanderpump Rules* alum's pregnancy, despite *UsMagazine.com* breaking the news two weeks earlier. Clark shared his own post about the pair's [celebrity baby](#), writing, "I was raised by great women, and the lessons I learned from them I'll [forward] to my daughter and then some!"

In celebrity baby news, Stassi and Beau will be welcoming a baby girl. What are some ways to prepare for a baby girl versus a boy?

Cupid's Advice:

Expecting a child is an exciting time! Your family is growing and there's a lot to prepare for. It's important to know that a baby's brain develops differently for each sex. If you want a sneak peek into your little girl talents and struggles, Cupid has some advice for you:

1. Talking: On average, girls start talking a month earlier than boys. Girls also tend to have larger vocabularies than boys as early as 18 and 24 months. However, reading to your child has more of an impact on their vocabulary than biological sex does, so be sure to talk and read to your baby as much as you can!

Related Link: [Celebrity Baby News: Stassi Schroeder Is Expecting First Child Amid 'Pump Rules' Firing](#)

2. Spatial skills: Boys tend to better understand the space objects take up. Boys can usually understand how objects appear rotated between three to five months old, which is earlier than girls. Make sure to play with your daughter in ways that help her with this: build with building blocks,

teach her to count, throw a ball around with her.

Related Link: [Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege](#)

3. Potty training: Girls have the upper hand when it comes to potty training. They start toilet training between 22 and 30 months, which is three months to a year earlier than boys. Girls pee on their own approximately four months earlier than boys. Girls also are able to sit still to poop around three-and-a-quarter-years-old, which is five months earlier than boys.

How else do you prepare for the birth of your little girl? Start a conversation in the comments below!

New Celebrity Couple: Jon Hamm Is Dating Former 'Mad Men' Co-Star Anna Osceola





By Diana Iscenko

In the latest [celebrity news](#), Jon Hamm and former co-star Anna Osceola have been spotted together, sparking relationship rumors between the two actors. *UsMagazine.com* confirms the [celebrity couple](#) is likely in a relationship. The *Mad Men* alums have been spotted together playing tennis and picking up food in the midst of the pandemic.

There's a newly identified celebrity couple in Hollywood! What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

A new relationship is always exciting! You might be tempted to tell everyone in your life about your new love, but there are some benefits to keeping a new relationship private. If you're not sure if keeping a new relationship under wraps is for you,

Cupid has some advice:

1. You can connect on a deeper level: Keeping your new relationship private gives you and your partner a chance to establish your relationship. There's a lot of learning to do at the start of a relationship and keeping it private will allow the two of you to create a strong foundation.

Related Link: [‘Mad Men’ Creator Says Jon Hamm and Jennifer Westfeldt Are Having ‘Tough Time’ Post-Celebrity Break-Up](#)

2. There's less pressure: One way to have privacy in a relationship is to keep it off social media. This prevents people from having expectations about your relationship. This will keep the relationship between the two of you and away from those who aren't rooting for your happiness.

Related Link: [New Celebrity Couple Megan Fox & Machine Gun Kelly Confirm Relationship With a Kiss](#)

3. It will end cleanly: Relationships are always a shot in the dark and they don't always work out. If your new relationship wasn't built to last, keeping it private will make it easier to move on. You can rely on your inner circle without having it questioned by outsiders.

When do you know it's time to tell people about a new relationship? Start a conversation in the comments below!

Celebrity News: Colton Underwood & Madison Prewett

Get Friendly on IG After His Split from Cassie Randolph



By Alycia Williams

In latest [celebrity news](#), fans are speculating that something is going on between former [reality TV star](#) Colton Underwood and Madison Prewett after his split from Cassie Randolph. According to *UsMagazine.com*, the two share the same Christian faith and it seems that once one of them post something on Instagram pertaining to their faith, the other one doesn't hesitate to comment below. Fans are skeptical of the pair's interactions and are wondering if they're flirting. Since Underwood and Randolph split only two months ago, is this too soon?

In celebrity news, Colton was caught flirting with Madison on Instagram. What are some ways to ease into a new relationship after a split?

Cupid's Advice:

Wanting to move on after a split is expected, but easing into this is the best way to go. If you are looking to ease into a new relationship after a split, Cupid has some advice for you:

1. Take it slow: Once you get into a new relationship after a recent split you want to make sure that you're taking this slow and steady. If you jump into a new relationship too quickly, you may still have feelings for your ex and not even realize it, and you don't want to bring that into your new relationship. The best thing to do is to take it slow to ensure that you're doing it for the right reasons.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

2. Be open and honest: Don't be afraid to tell your new partner that you just got out of relationship. If they care about you then they'll understand. Hiding it from your partner will just start your relationship off on the wrong foot. Be real, be honest, and be truthful.

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Don't compare the two: It'll be easy to compare your ex to your new partner as everything is still so fresh. Do your best to keep the two relationships as separate as possible. Don't compare them to each other, take a new and fresh attitude to

your new relationship.

What are some more ways to ease into a new relationship after a spilt? Start a conversation in the comments below!

Celebrity Wedding: Raven-Symoné Marries Miranda Maday in Surprise Ceremony



By Diana Iscenko

In the latest [celebrity news](#), Raven-Symoné announced on

Instagram that she and girlfriend Miranda Maday were married in a surprise ceremony on June 18. According to *UsMagazine.com*, the [celebrity wedding](#) was an intimate backyard ceremony due to the Coronavirus pandemic. The [celebrity couple](#) has kept their relationship private, but Symoné opened up about her new wife on her Instagram post: “I got married to a woman who understands me from trigger to joy, from breakfast to midnight snack, from stage to home.”

In celebrity wedding news, Raven-Symone is officially off the market. What are some ways to explain a small wedding ceremony with few guests to extended family and friends?

Cupid's Advice:

Having a small wedding might be perfect for you. It's more intimate. It's cheaper. It's less stressful. The only downside is chopping down your guest list. If you're worried about your distant relatives and coworkers asking why they weren't invited, Cupid has some advice for you:

1. Blame your budget: One way to curve these awkward conversations is by blaming your budget. Tell those that didn't make the guest list that your tight budget prevented you from inviting everyone you wanted to celebrate with you.

Related Link: [Dating Advice: 3 Best Places for Women to Meet Women](#)

2. Blame your family: Another way to dodge this question is to bring up how you want your wedding to be intimate. Tell them

that the guest list is made up of only your closest family members and your wedding party.

Related Link: [Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's 'Not Straight'](#)

3. Blame your venue: When all else fails, bring up your venue. Tell those not invited that the venue you chose has limitations on how many people can attend and that you wish you could've invited more loved ones.

How would you tell someone that they're not invited to your wedding? Start a conversation in the comments below!

Reunited Celebrity Couple? Exes Nick Viall & Andi Dorfman Spotted Running Together





By Diana Iscenko

In the latest [celebrity news](#), *Bachelor* alums Nick Viall and [Andi Dorfman](#) were spotted on a run together in Santa Monica, according to *UsMagazine.com*. The [celebrity exes](#) were seen two days after Viall revealed he was dating someone on his podcast, the *Viall Files*. While the [reality TV](#) star didn't give any details, he discussed "a conversation with someone that [he's] dating." A few weeks prior, Dorfman joked about reaching out to her exes during quarantine, sharing a post that read, "I'm about two days and/or three martinis away from texting all of my exes." She included a screenshot of a blank group text to Viall and Chris Soules, who were both contestants on her season of *The Bachelorette*.

Exes Nick Viall and Andi Dorfman are starting celebrity couple rumors after they were spotted

running together. What are some ways to know if you should reunite with your ex?

Cupid's Advice:

Your relationship ended for a reason, but you can't stop thinking about your ex. How do you know if you should really give it another chance with your ex? Cupid has some advice for you:

1. Time has passed: You and your ex have spent time apart. Maybe, you've both grown. Maybe, you can't remember what fight broke you up. You may be able to start again with a clean slate. If extended time apart helped you realize you still want to be with your ex, why wait any longer?

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

2. You fixed the problem: Remember the reason you broke up in the first place? Maybe it's not a problem anymore. If there was a specific issue that broke you two up—like long-distance no longer being an issue—and that issue has been solved, it might be worth it to try again.

Related Link: [Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'](#)

3. You're on the same page: Sometimes relationships end because you and your partner don't want the same things. Maybe you couldn't agree on where to live or if you wanted kids. People can change their minds! If you and your ex want the same things now, it sounds like the timing is right.

Would you be open to giving your ex another shot? Start a conversation in the comments below!

Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split



By Diana Iscenko

In the latest [celebrity news](#), Julianne Hough is having a hard time with her recent separation from ex-NHL player Brooks Laich. The [celebrity couple](#) split in May after almost three years of marriage. A source told *UsMagazine.com* that the *Dancing with the Stars* alum is “super upset” about the pair’s upcoming [celebrity divorce](#) saying, “Julianne and Brooks’ split was a long time coming... There’s still a love there, but not in

a romantic sense.”

In celebrity break-up news, Julianne is having a tough time dealing with her recent split. What are some happy things you can do while coping with a split to boost your mood?

Cupid's Advice:

The end of a relationship is always hard. You need time to grieve no matter how it ended. It's also important not to let the grief be the only thing you feel. If you're having a hard time feeling positive after your breakup, Cupid has some advice for you:

1. Reconnect with friends: It's easy to distance yourself from your friends during your relationship, but it's important to spend time with them after a breakup. Your close friends are there for you and this is when you need them most. If they're long-distance friends, schedule times to call them!

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

2. Fall in love with your hobbies: Some of your free time will be spent being upset about your breakup and that's okay. Try spending more of that time getting back into hobbies you may have stopped doing during your relationship. This is your time to experiment with new activities, too!

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Say yes to new experiences: Accept every social invitation you have. Spend a night out with friends or have lunch with your family. Even if it doesn't feel genuine at the beginning, you'll be glad you spent time with people you care about instead of holing up and watching Netflix again.

What are some ways you pick yourself up after a breakup? Start a conversation in the comments below!