

Celebrity Couple News: Kristin Cavallari Says Her Marriage to Jay Cutler 'Isn't Perfect'



By [Marissa Donovan](#)

[Kristin Cavallari](#) understands the hardships that come with marriage. The *Laguna Beach* alum is the mother of three children, and the wife to an NFL quarterback. According to [UsMagazine.com](#), Jay Cutler has recently left his position for the Chicago Bears to pursue NFL commentating. Their family has relocated to Nashville for his new job. It has been a difficult adjustment for the [celebrity parents](#), but the [celebrity couple](#) manages to work out their problems through

the techniques they have learned in couples therapy.

This celebrity couple doesn't claim to have it all figured out! What are some ways looking at your relationship realistically can help?

Cupid's Advice:

Sometimes it's hard to communicate your problems as a couple with your partner. Here are some tips for keeping your relationship on the same page:

1. Couples therapy: Like Cavallari and Cutler, try couples therapy and figure out your problems. A therapist can hear what each of your problems are in the relationship in an unbiased way and can help you both find a solution for communicating those problems to each other.

Related Link: [Celebrity News: Find Out What Kristin Cavallari's First Impression of Jay Cutler Was](#)

2. Take a vacation together: Find a way to have a couples' getaway during your busy lives. Have a weekend [getaway](#) in a new city, or take a week off from your responsibilities in a tropical oasis. Spending time together will make it easier to express how you feel without work schedules from keeping you tied down.

Related Link: [Celebrity News: Kristin Cavallari Reveals Her Third Wedding Anniversary Celebration With Jay Cutler](#)

3. Spend time apart: Have alone time away from each other once in awhile. Spend a few days apart to reevaluate your problems as a couple. This time apart does not suggest that you see

other people, but it's a time to reflect on how each of you can improve the relationship.

What relationship advice do you have for a couple struggling in their relationship? Leave your thoughts in the comments!

Celebrity News: Ashton Kutcher Recalls First Kiss On Camera with Mila Kunis



By [Melissa Lee](#)

Everyone's favorite co-stars turned married couple [Ashton](#)

[Kutcher](#) and [Mila Kunis](#) have known each other for 20 years after starring on *That '70s Show* together – and Kutcher recently spilled his thoughts on their first on camera kiss! [UsMagazine.com](#) reported that Kunis was still a minor when the kiss took place, and that Kutcher was concerned that Kunis was uncomfortable due to the 5 year age difference. “She was 14! She was like my little sister. I wanted to make sure she was OK.” said Kutcher.

This celebrity news has us taking in the cute-ness! What are some ways to make your first kiss memorable?

Cupid's Advice:

Not everyone can look back at their first kiss and find it as adorable as Kutcher and Kunis', but there are a few ways to make it memorable. Luckily, Cupid has some tips:

1. Take your time: Honestly, there's no reason why there should be a sense of urgency when it comes to having your first kiss. Don't feel like you need to rush into it and don't feel ashamed for taking your time when it comes to this milestone.

Related Link: [Date Idea: Revisit Your Childhood](#)

2. Don't put pressure on the situation: If your main goal is to have your first kiss, the circumstances may become awkward. Try not to put pressure on the situation and understand that it will happen when it's supposed to – there's no need to constantly drop hints, because if they're interested, they will do the same thing.

Related Link: [Date Idea: Spring Into Romance](#)

3. Be open-minded: Don't feel like it needs to be this picture perfect moment. Nine times out of ten, people's first kisses aren't ultra-romantic and everything they've ever dreamt about. It will happen organically and when you're ready. At the end of the day, it's nothing to stress over!

What are some of your tips for having your first kiss? Share your thoughts below.

Celebrity News: 'Bachelor in Paradise' Cast Backs DeMario Jackson After Alleged Misconduct





By [Melissa Lee](#)

In light of the [recent events](#) surrounding the upcoming season of *Bachelor in Paradise*, it has been revealed that the cast is supporting DeMario Jackson, despite alleged misconduct claims. Production was shut down until recently while ABC and Warner Bros. investigated, but [UsMagazine.com](#) reported that there was no evidence to support the complaint against Jackson. In the meantime, several contestants have unfollowed Corinne Olympios on Instagram, and a source claims that “they are not supporting her.”

This celebrity news just doesn't seem to be dying. What are some ways to keep your character intact after a questionable incident?

Cupid's Advice:

Despite this serious incident, Jackson has claimed that both

his character and name have been tainted by the investigation. Check out Cupid's Advice if you're trying to come back from a questionable situation:

1. Clear your name: If possible, it's important to try to clear your name. Depending on the circumstances of the incident, it may be difficult to do this. It's critical for people to understand that there are two sides to every story, so by telling your side, bystanders may begin to perceive the situation in a more forgiving manner.

Related Link: [Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident](#)

2. Move forward: If you feel that you've done everything you can regarding the case, the best thing to do is to simply move forward with your life. Continue to live your day-to-day life being the best person you can possibly be. Not only will this help you move on from this incident, but people may take notice and start to forget about the situation as well.

Related Link: [Celebrity News: 'Bachelor in Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'](#)

3. Focus on positivity: During this time, it's important not to listen to the negativity that may be surrounding you or your name. Try to live a more positive lifestyle that consists of bettering yourself. The fact of the matter is that if you're constantly enveloped in negativity, you will be just as pessimistic as the people that talk about you.

What are some of your tips to keep your character intact? Leave your thoughts below.

Celebrity News: 'Bachelor in Paradise' to Resume Filming After Warner Bros. Finds No Misconduct



By [Marissa Donovan](#)

In [celebrity news](#), ABC's [Bachelor in Paradise](#) will now continue production. Since news was released about allegations of sexual misconduct between Corinne Olympios and DeMario Jackson, Warner Bros. has been watching footage from the night of the incident to find proof to support the claim. The tape does not show evidence supporting the claim and the production company will not be airing the footage. According to [UsMagazine.com](#), the show will apply changes to the [reality](#)

[TV](#) program's policies for the safety of current and future participants.

This celebrity news has a lot of *Paradise* fans rejoicing! What are some ways to stand up for yourself in your relationship?

Cupid's Advice:

Despite what others may believe, it is always important to let your voice be heard! Here are some ways to stand up for yourself in a relationship:

1. Be firm: If something is upsetting you, let your partner know. Try to speak in a stern voice and make sure you are looking directly at your partner. It is okay to cry, but make sure you can recuperate to express your disappointment in their behavior.

Related Link: [Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident](#)

2. Tell your truth: Be clear on what you believe. The more confidence you have with your statement, the more others will believe your side of the story.

Related Link: [Celebrity News: 'Bachelor in Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'](#)

3. Leave if you continue to be disrespected: Sometimes it is best to just walk away. Explain that their actions have caused you to move forward and spend time alone. They may change their actions to win you back, but make sure you give yourself enough time to consider your options.

Who are you looking forward to seeing on the show? Tell us in

the comments below!

Celebrity Baby: Kim Kardashian & Kanye West Hire Surrogate for Third Child



By [Marissa Donovan](#)

[Celebrity couple Kim Kardashian](#) and [Kanye West](#) have decided to expand their family! Kardashian mentioned wanting more [celebrity babies](#) during an episode of *Keeping Up With The Kardashians* that aired in March. The [celebrity parents](#) are now

making it official by hiring a surrogate. Doctors have warned Kardashian that getting pregnant again would be dangerous for her health. According to UsMagazine.com, the surrogate will be paid “\$45,000 total in 10 installments” and will be given additional money if she loses reproductive organs or delivers multiple children.

There’s soon to be another West celebrity baby joining the ranks! What are some options to consider if you can’t naturally have a child?

Cupid’s Advice:

There are many alternatives to bringing a child into your family. Check out this [parenting advice](#) for those wishing to expand their family:

1. Become a foster parent: Take the responsibility of being a child’s caretaker. Research programs and their guidelines on how to apply. Check to see if your lifestyle meets their criteria for becoming a foster parent. Training programs to become a foster parent are available if this option feels right for you.

Related Link: [5 Celebrities That Have Been Adopted](#)

2. Adopting from teen mothers: Many young parents lack the financial stability for raising a child. Programs such as [Lifetime Adoption](#) help you find young mothers that are currently searching for loving families to welcome her child.

Related Link: [Celebrity Baby: Kim Kardashian Reveals Plans to Have Third Child with Kanye West](#)

3. Finding a surrogate: Like the [celebrity couple](#) mentioned above, find a service that matches you with women willing to carry your child. Having a surrogate might be the best option for your lifestyle.

Do you have any baby name ideas for Kim Kardashian and Kanye West? Leave your suggestions in the comments!

Celebrity Baby: Ali Fedotowsky Says She's Ready to Be Pregnant Again



By [Melissa Lee](#)

Former *Bachelorette* contestant [Ali Fedotowsky](#) recently spilled to [UsMagazine.com](#) that she and husband Kevin Manno are ready for [celebrity baby](#) number two! The [celebrity couple](#) tied the knot back in March, but are already parents to their one-year-old daughter, Molly. “I wouldn’t mind if I was pregnant right now,” Fedotowsky says. “We want another baby, and we want them to be close.”

There may be another celebrity baby on the way soon! What are some ways to know you’re ready for a second child?

Cupid’s Advice:

This celebrity couple is already preparing for their second child. Sometimes it can be tough deciding when you and your partner would like to bring another child into the world, but Cupid has some advice:

1. Things are under control: Already having one baby in the house can be chaotic, so making sure you and your significant other are managing is super important. If the two of you feel that you are handling the stress with ease, then it may be time to prepare for a second child.

Related Link: [Relationship Advice: 5 Ways Therapy Can Help Your Relationship](#)

2. Look at your financial situation: What’s more expensive than having one child? Having two children! Make sure you two are in a decent financial situation where you will be able to care for your entire family. If this is not the case, there’s a possibility that it may not be the right time for another

baby.

Related Link: [5 Most Romantic Celebrity Couples](#)

3. Reflect on your relationship: Will a second child bring your relationship happiness, or will it stress you two out even more? Babies can put a strain on relationships since there's so much going on, so if you and your partner are already experiencing troubles, maybe you should work on that before deciding to have another child.

What are some ways you know you and your partner are ready for a second child? Leave your thoughts below.

Celebrity News: Tempers Flare Between Lee & Kenny on 'The Bachelorette'





By [Melissa Lee](#)

On this week's episode of *The Bachelorette*, jealousy proved to be a dominant emotion as fierce competitors Lee and Kenny began to battle it out. In [celebrity news](#), [UsMagazine.com](#) reported that Lee initially interrupted a heartfelt moment between Kenny and Rachel Lindsay, this season's *Bachelorette*. By the end of the night, Kenny and Lee had engaged in a screaming match. According to Kenny, Lee had been giving him "shade" and was "super disingenuous," but Rachel ended up giving them both roses.

This celebrity news is evidence that jealousy comes in a lot of forms. What are some ways to deal with a jealous partner?

Cupid's Advice:

Although this conflict is a result of reality television,

jealousy exists in a real life. Dealing with a jealous partner can be difficult, but can get easier when it's handled the right way. Luckily, Cupid has some [relationship advice](#) for this situation:

1. Trust: If there is jealousy in your relationship, it most likely exists because there isn't a mutual trust between you two. The first step to dealing with a jealous partner is to enforce trust as much as possible. Do your best to reinforce this by reflecting trustworthy behavior, and your significant other will slowly begin to understand that they don't have as much of a reason to be jealous.

Related Link: ['Bachelor' Celebrity Couple Sean & Catherine Lowe Share 'Foolproof' Marriage Advice](#)

2. Be understanding: If there has never been a breach of trust in your relationship, it's of importance to understand that your partner's jealousy comes from a separate cause, whether it be a previous unhealthy relationship or something as simple as anxiety. Don't get frustrated with your partner and constantly question why they don't trust you. Instead, work with them, asking what you can do to make them more comfortable.

Related Link: [Celebrity News: ABC Suspends 'Bachelor In Paradise' Production in Mexico Amid 'Misconduct' Allegations](#)

3. Be aware of the healthy/unhealthy line: Jealousy is a natural emotion, so it's understandable if you or your significant other exhibits such behavior. However, you should be aware of when their conduct becomes unhealthy – if they prevent you from going places with other people, if they're texting/calling you *nonstop*, etc. Make sure you recognize if it starts to become obsessive and unhealthy.

What are some of your tips for dealing with a jealous partner? Share your thoughts below.

Celebrity Wedding: 'Bachelor in Paradise' Stars Evan Bass & Carly Waddell Are Married



By [Marissa Donovan](#)

Season 3 [Bachelor in Paradise](#) alums Carly Waddell and Evan Bass tied the knot on June 17th in Mexico. The [celebrity couple](#) initially planned to share their vows on Season 4 of *Bachelor in Paradise*, until the show was recently suspended

from filming. According to Hollywoodreporter.com, Bass shared that the [reality TV](#) show guided him to “personal redemption” by meeting Waddell. The two became close on the show by talking on the beach. Let’s hope other alums of *Bachelor in Paradise* can have their own happy ending!

This [celebrity wedding](#) shows that not all time in Paradise is filled with negative drama. What are some unique ways to meet “the one”?

Cupid’s Advice:

Meeting “the one” sometimes happens by chance. Here are some events you should consider attending in hopes you can bump into your future partner:

1. Attend a “paint and sip”: You do not have to call yourself an artist to enjoy a paint and sip. Go alone and ask people for tips and advice on how to create a stunning painting. You might even get advice from your future partner! Check out venues that will be hosting one soon.

Related Link: [Celebrity News: ABC Suspends ‘Bachelor in Paradise’ Production in Mexico Amid ‘Misconduct’ Allegations](#)

2. Attend a book reading: This is a great way to meet people interest in the same topics you are! A Q&A after the reading or a booking signing is the perfect opportunity to chat with others. You might be lucky enough to strike up a conversation with the right person for you! Search for bookstores in your area that host book readings.

Related Link: [‘Bachelor in Paradise’ Couple Marcus Grodd and Lacey Faddoul Tie the Knot](#)

3. Attend a beach party: Take advantage of the summer heat by going to a beach party. Invite friends along for volleyball games or just to scope out the beach. One of them might introduce you to one of the party guest! Ask friends or check venues that host beach events.

What are some out of the ordinary ways to meet someone special? Leave your ideas in the comments!

Celebrity News: Find Out What Corinne Olympios Remembers from Night of 'Bachelor in Paradise' Incident





By [Marissa Donovan](#)

In the heat of the [Bachelor in Paradise](#) incident, details on Corinne Olympios's memory of the event have been disclosed. [The Bachelor](#) alum has yet to see the footage from the night of the event. She can only remember her last drink before blacking out. According to an insider who spoke with [EOnline.com](#), female co-stars of the show knew she was very drunk due to her inability to walk. Olympios was also reportedly never notified by *Bachelor in Paradise* producers that she would be having a scripted romance with DeMario Jackson. The source also shared that Olympios has spoken to producers since the show stopped filming and was not responsible for the complaint they filed.

This celebrity news still has us wondering what actually happened in Paradise. What do you do if your

partner becomes too controlling?

Cupid's Advice:

Being in a very controlling relationship can be uncomfortable and unhealthy. Consider this [relationship advice](#) on how to handle a manipulative partner:

1. Attend a couples therapy session: Discussing your partner's behavior will not be an easy task. They may be in denial about how they have treated you, or they may defend their actions. Talking with outsider of the relationship can help you work out issues that you both have. This will hopefully change your dynamics as a couple.

Related Link: [Celebrity News: 'Bachelor in Paradise' Star DeMario Jackson Says He 'Didn't Do What He's Being Accused Of'](#)

2. Inform close friends on their behavior: Letting a close friends know your partner's behavior is for your own state of mind. Not only will you feel better releasing all your emotions about the relationship, but you will also have a resource in case the relationship becomes dangerous. Tell them not to tell your partner about what you have shared and make sure they are in your phone contacts.

Related Link: [Celebrity News: ABC Suspends 'Bachelor in Paradise' Production in Mexico Amid 'Misconduct' Allegations](#)

3. End the relationship: You may feel obligated to be in the relationship due to the many happy memories and years you've spent together. It's extremely important to acknowledge the moments you have felt sad and helpless. Ending the unhealthy relationship will make you happier and healthier in the long run!

What tips do you have for dealing with a controlling partner? Leave your best advice in the comments!

Relationship Advice: Getting Over a Grudge



By Dr. Jane Greer

In [celebrity news](#), social media is going crazy after pop star [Taylor Swift](#) decided to release her entire back catalog of music on all streaming services on the same day that [Katy Perry](#) released her new album, *Witness*. It was especially big news because Taylor had previously pulled her songs from Spotify in 2014. Some fans took it to be an intentional act, possibly to take the attention away from Katy on that important day. At the very least, the timing was interesting since Katy has publicly discussed her feud with Taylor

multiple times in the last few weeks while promoting her new record. This is the perfect example of two people holding onto a grudge and resentment for a long time.

For Taylor and Katy, the grudge seems to be born out of creative competition that went on between them, but grudges can be kept over almost anything. Check out this [relationship advice](#):

Usually at a grudge's core is both people believing that they were wronged by the other person, and feeling justified in their anger, entitled to an apology, and basically hurt by the other person putting their own interest and needs ahead of the friendship. Very often, the pain that the betrayal causes can run so deep that people easily become consumed in their desire for retaliation and/or revenge. When this happens, the goal is to make the other person suffer and pay for the pain they put you through.

Related Link: [Celebrity Break-Ups: Taylor Swift's Ex Calvin Harris is Collaborating with Her Nemesis Katy Perry](#)

In my book *How Could You Do This To Me?: Learning To Trust After Betrayal*, my chapter "I'll Make You Pay" speaks to the nature of revenge and the toll it takes. When you lock into getting back at the other person, it keeps you connected to that person in a negative way. It is one thing to feel resentful over something a friend has done and decide to end the friendship and not have anything more to do with that person. It is another thing entirely to get mad and end the relationship, but stay connected by way of your anger. It also

can be difficult for the people around you who may be drawn into the controversy as they are asked to choose sides, or worry about offending you by wanting to still be involved with the person you are feuding against. Too often there is collateral damage.

Related Link: [Celebrity News: Diplo Fires Back After Katy Perry Knocks His Bedroom Skills](#)

The question becomes, how do you end a grudge when you feel you have been betrayed? It isn't easy to let go when you believe you have been wronged, but here are a few things to keep in mind as you attempt to do just that. The first step is realizing that if you are in this situation it is like giving bad energy free rent in your mind which could be used for more productive things. If you keep the flame of anger burning you will have less available fuel for engaging in activities and doing things that could actually make you feel good. Recognizing this can help you choose to let go of all these vindictive thoughts so you can begin to shift your focus to what you can do for yourself, something you can control, and away from focusing on what you hope might happen to the other person, which you can't control.

Related Link: [Relationship Advice: Does Time Apart Heal Betrayal?](#)

Another option is to deal directly with the person you have a grudge against. If you do go this route, it is important to give up the notion that you are in the right and the other is in the wrong, and that you deserve an apology. Instead, recognize that both of you are dealing with a misunderstanding, and tackle it like a team. Consider saying to the other person that obviously you both have hurt feelings, and that you are sorry for what happened and you hope that is mutual. If you try to get into your view versus theirs, it is likely that tempers might flare and you might end up being accusatory and have a difficult time problem

solving. If that should occur, the only choice might be to agree to disagree, and accept that you may never get to the bottom of it, but concur that the relationship matters more and you are willing to put the disagreement behind you. At that point, you can talk about how to put guidelines in place so you can check things out with each other and be more considerate, so hopefully you can avoid altercations in the future.

Perhaps Katy and Taylor are on the brink of letting go of their grudge, and time will tell.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on Facebook, at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Find Out About George & Amal Clooney's First Week as Celebrity Parents



By [Marissa Donovan](#)

It's been a week since Amal and [George Clooney](#) became parents to twins. The Clooney family of four spend some time in the hospital before welcoming the twins into their house in England. According to sources who spoke with [EOnline.com](#), George and Amal have hired nurses to help with the twins sleeping schedule for eight weeks. The [celebrity couple](#) have also had help from locals in their community. The community members have been guarding photographer from circling around their home. George and Amal have embraced the challenges of being [celebrity parents](#) to both their daughter and son.

These celebrity parents no doubt

have their hands full with their newborn twins. What are some ways to prepare your relationship for the addition of twins?

Cupid's Advice:

Newborn twins can be overwhelming and can put a strain on your relationship. Here are some tips for helping you stay happy during their arrival:

1. Make a sleeping schedule: Although you might not have at home nurse like the Clooneys, make sure you and your partner work out a sleeping schedule for your children. Reading parenting books can help you strategize how to take turns getting up during the night. Take turns taking naps to avoid being cranky with each other.

Related Link: [Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!](#)

2. Have your parents come over to help: Your parents are probably waiting for you to ask them for help! Spending time with their grandchildren is something they've been looking forward to. Taking them up on an offer or asking for their help will allow for quality time to relax with your partner.

Related Link: [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

3. Complement each other parenting abilities: Giving each other compliments can increase the love and trust you have for another. Words can insure that you both still deeply care about each other, despite the stress your twins have been causing. Even a thank you can allow the person to know you value them as a partner and a parent.

Do you have any tips for keeping your relationship strong while having twins? We want to hear about your experiences in the comments!

‘Bachelor’ Celebrity Couple Sean & Catherine Lowe Share ‘Foolproof’ Marriage Advice



By [Melissa Lee](#)

Season 17 *Bachelor* contestants Sean and Catherine Lowe have been going strong for nearly four years – a rarity for

the *Bachelor* franchise, especially with all the [recent drama](#) surrounding the show. The couple sat down with [okmagazine.com](#) to reveal their “foolproof” marriage advice, which includes attending a marriage group, being committed, and constantly working on their relationship. We wish the best of luck to the Lowes, plus their adorable one-year-old boy, Samuel!

This celebrity couple has come a long way since *The Bachelor*! What are some ways to keep your marriage strong?

Cupid's Advice:

Against most odds, Sean and Catherine Lowe have managed to keep their marriage afloat by working hard to keep committed. If you and your significant other are in a similar position, here are some tips to keep your relationship strong:

1. Problem? Acknowledge it: If there's an on-going issue between you and your partner, don't ignore it – acknowledge the problem by sitting down to have a productive conversation that consists of finding the cause and a solution.

Related Link: [Relationship Advice: How Excitement Drives Your Expectations](#)

2. Don't be afraid of counseling: Sean and Catherine attended marriage counseling to work out their problems (along with thousands of other couples, celebrity or not), and it ended up heavily working in their favor. There's nothing wrong with seeking help from a professional and it can do amazing things for your relationship, including introducing the opportunity to make your marriage that much stronger.

Related Link: [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

3. Make time together: If you and your partner tend to live busy day-to-day lives, it's important to make time for one another so you're able to simply sit down and spend time together. This one-on-one time could be extremely beneficial. Whether it consists of a date night, watching a movie together, or even just discussing your days before going to bed, forming this routine could improve your marriage.

What are some of your tips to strengthen marriages? Leave your thoughts below.

Celebrity News: Diplo Fires Back After Katy Perry Knocks His Bedroom Skills





By [Marissa Donovan](#)

Diplo is not okay with getting third place by his [celebrity ex Katy Perry](#). In [celebrity news](#), Perry had a live stream interview with *The Late Late Show's* host James Corden and made a list from worst to best on her most recent sexual partners. The DJ responded to article on [Twitter](#) saying that he doesn't remember having sex with the pop singer during their 2014 fling. Perry tried defending the list during the live stream by saying she would sleep with all of them once she ended her many live stream videos.

In this celebrity news, Diplo isn't taking Katy's criticism lightly. What are some ways to keep rumors from affecting your relationship?

Cupid's Advice:

Gossip about your relationship can be hard to hear. Don't let

swirling rumors get the best of your relationship with these tips:

1. Confront your partner: Let your partner know what you have been hearing. You can come together and bring down the rumor or you can let it blow over. Being on the same page with your partner will make it easier to deal with.

Related Link: [Katy Perry's Boyfriend Diplo Welcomes Celebrity Baby Boy with Celebrity Ex Kathryn Lockhart](#)

2. Distance yourself from the rumor starters: Sometime the people who you associate with can be the source of bad relationship drama. Don't let their remarks make you feel insecure about your relationship. Decline hanging out together until you can find a time to confront them about the rumor.

Related Link: [Relationship Advice: Does Time Apart Heal Betrayal?](#)

3. Have a date night: If the rumor is causing tension in the relationship, try a relaxing or fun date night. Once you and your partner both acknowledge the rumors are false you can reconnect once again!

How can you avoid rumors from effecting your relationship? Leave your best [relationship advice](#) in the comments!

Celebrity News: 'Bachelor in Paradise' Star DeMario

Jackson Says He 'Didn't Do What He's Being Accused Of'



By [Marissa Donovan](#)

Despite the recent incident that caused *Bachelor in Paradise* to stop filming it's upcoming season, DeMario Jackson is keeping his head held high during sexual assault claims. In [celebrity news](#), Warner Bros. have been examining an incident that reportedly happened between Jackson and Corinne Olympios. Sources from [UsMagazine.com](#) shared that the two had been excessively drinking the whole day. This lead to the stars of the [reality TV](#) show to have a moment together in the pool. The rest of the cast are unknowing of the details and are not involved with the investigation.

This celebrity news regarding [Bachelor in Paradise](#) is getting more convoluted by the day. What are some ways to debunk relationship rumors that are hurtful to you?

Cupid's Advice:

Rumors have a good way of changing what actually happened during the relationship. Check out some tips to put a stop to them:

1. Confront your ex or current partner: The first person you should go to is the person connected to the rumors. Tell them exactly what you heard being said. Hopefully this person can be mature and can put a stop to the rumor. If they are not responding to your hurt feelings, then move on to the people spreading the rumors.

Related Link: [Celebrity News: ABC Suspends 'Bachelor in Paradise' Production in Mexico Amid 'Misconduct' Allegations](#)

2. Confront the sources: Speak to the rumor spreaders. Let them know your truth and share how this rumor is currently effecting your life. People often gossip without realizing the impact it has on the person they're talking about. Sharing your side should give them clarity and reshape the rumor to what actually happened.

Related Link: [Celebrity News: Controversial 'Bachelor' Alum Corinne Olympios is Headed to 'Bachelor in Paradise'](#)

3. Speak to those who ask: Instead of making a public statement on social media, tell people who confront you. If

someone cares enough to hear what you have to say, then tell them the truth. The people who don't ask want it to end just as much as you do. Debunking rumors can't always be successful, but time will eventually reveal the integrity of the liars.

How would you deal with a relationship rumor? Give us your best [relationship advice](#) in the comments.

Celebrity News: ABC Suspends 'Bachelor in Paradise' Production in Mexico Amid 'Misconduct' Allegations





By [Marissa Donovan](#)

Looks like there's trouble for [Bachelor in Paradise](#)! The ABC reality TV show is currently in hot water over allegations of misconduct on set. The premiere was scheduled to air on Tuesday, August 8 at 8PM ET/PT. Sources from [EOnline.com](#) revealed that the production of the show has "suspended indefinitely." Rumors have been swirling that the situation involves Corinne Olympios and Jackson DeMario. Many of [The Bachelor](#) and [The Bachelorette](#) alums have already been sent home. This situation has put the show in jeopardy of being canceled. Yikes!

In this [celebrity news](#), not everything is roses in Paradise! What are some ways to keep jealousy out of your search for love?

Cupid's Advice:

Jealousy is often what gets us into trouble while being in a relationship. Consider these steps to avoid this dating flaw:

1. See everyone as your equal: This idea is sometimes challenging due to how we perceive people. It's threatening knowing someone could leave us for someone better. Consider everyone as your equal instead of your competitor. This mind set removes jealousy from your relationship.

Related Link: [Celebrity News: ABC Announces 'Bachelor in Paradise' Season 4 Cast](#)

2. Accept and overcome your insecurities: Acknowledge your flaws and finds ways to overcome feeling ashamed of them. If you do not feel comfortable in your own skin, you will hurt yourself and eventually the relationship you have. It's best to confront your insecurities before it ruins your relationship. Self love is the key to conquering jealousy.

Related Link: [Relationship Advice: Can You Cheat Jealousy?](#)

3. Be confident in who you are: Appreciate all of the amazing qualities you have as a person instead of evaluating someone else. Knowing your worth will help you avoid jealousy and will make your relationship stronger!

What are some great tips for avoiding jealousy? Leave your advice in the comments.

Celebrity Exes: Brandi Glanville Accuses LeAnn Rimes

of Keeping Tabs on Her Relationship



By [Marissa Donovan](#)

It's been years since the drama first started between [Brandi Glanville](#) and LeAnn Rimes. According to [EOnline.com](#), the tension between the two has gotten worse since the [Real Housewives of Beverly Hills](#) alum has made allegations about Rimes' behavior. Glanville believes that Rimes is trying to sabotage her current [celebrity relationship](#) with Donald Fries. She accused the country singer of stalking the couple on Snapchat. On June 9th, Glanville posted a screenshot on [Instagram](#) to support her claim. Eddie Cibrian showed a text message on [Twitter](#) trying to debunk claims. No comments have been made by Rimes.

Though Eddie Cibrian is really Brandi Glanville's [celebrity ex](#), it's his new love LeAnn Rimes who can't get along with his ex. What are some ways to keep your new and past partners from butting heads?

Cupid's Advice:

It's hard to keep the peace when you have a bad history with someone's ex or current partner. Here are some tactics you can use for less drama:

1. Have an understand and positive mindset: Paranoia and jealousy often happen if a relationship didn't begin on good terms. Try understanding where the other person is coming from and set the tone. If the other person is making cruel remarks then try being the bigger person. If you are talking badly about the other person then stop and reflect on how this will only make things worse.

Related Link: [Brandi Glanville Says Drama Will End When LeAnn Rimes Has Her Own Kids](#)

2. Try team bonding exercises: You need to be trusting and civil if children are involved. Try finding team bonding workshops that will force you to work together instead of working against each other. You may not be best friends in the end, but at least you'll be on civil terms.

Related Link: [LeAnn Rimes and Eddie Cibrian Ready for Children](#)

3. Spend time away from the ex or current partner: Avoiding confrontation might be your best strategy. Spending time together might not work for your situation. Giving each

other space will allow for clarity.

Have you had problems with a ex or current partner? Share your advice on how to deal with the drama in the comments!

Celebrity Couple News: 'Bachelorette' Villain Chad Johnson Is Dating Zoe Baron



By [Marissa Donovan](#)

[Bachelorette](#) and [Bachelor in Paradise](#) bad boy Chad Johnson is currently in a serious relationship! Johnson has been swept

away by model Zoe Baron. The two connected over Baron asking Johnson for [fitness tips](#). Baron also shared with [ETOnline.com](#) that they've been dating for a few months, but have recently made it official. This [celebrity couple](#) has been taking beach photos together on each other's Instagram accounts. Let's hope this relationship will calm down Johnson's wild ways.

It's a miracle! *The Bachelorette* villain Chad Johnson secured a girlfriend. How can you tell if your new partner has a mean streak?

Cupid's Advice:

Short tempered partners may act differently around you, but you should still be on your toes for their behavior. Watch out for these warning signs:

1. Their mouth lacks a filter: It's sometimes important for people to have the last word. Your partner may lack a filter on what is not okay to say. Let them know when a statement is uncalled for and hope they understand your disgust.

Related Link: [Celebrity News: 'Bachelorette' Villain Chad Johnson Defends Bad Behavior](#)

2. They act on jealousy: Jealousy brings out the worst in anyone. If your partner is already hot headed, this could mean there's trouble ahead. Talk with your partner about their feelings and maybe you can find a healthy resolution.

Related Link: [Relationship Advice: Can You Cheat Jealously?](#)

3. They lack respect boundaries: Does your partner try to manipulate a situation out of spite or make you feel

uncomfortable when they're angry? This is a good time to seek professional guidance to help you partner work out their anger. As much as you care about our partner, your safety is important as well. Once your partner can realize their actions are harmful, then there's a chance you both can be happy together!

What advice do you have for dealing with a partner with a mean streak? Leave you tips bellow for a reader that needs them!

Celebrity Wedding: Ben McKenzie and Morena Baccarin Secretly Marry





By [Melissa Lee](#)

In [celebrity news](#), couple Ben McKenzie and Morena Baccarin secretly tied the knot over the weekend! According to [UsMagazine.com](#), the [celebrity wedding](#) took place at the Brooklyn Botanical Gardens in Brooklyn, New York. The [celebrity couple](#) already have a child together, Frances Laiz Setta Schenkkan. We're wishing the best of luck to these newlyweds!

This celebrity wedding was definitely a surprise! What are some benefits to a surprise wedding celebration?

Cupid's Advice:

McKenzie and Baccarin chose to go the discreet route for their wedding. Check out some advantages to having a low-key celebration:

1. It's private: At the end of the day, you and your partner's wedding celebration should come down to the fact that you love one another. By having a surprise wedding celebration, you're only inviting the people you two truly want to share this special occasion with, therefore making it a much more private event.

Related Link: [5 Most Romantic Celebrity Couples](#)

2. It won't be as stressful: Planning big weddings with tons of guests can get super stressful, especially when it gets down to the wire. If you and your partner decide to have a surprise wedding celebration, the pressure won't be half as bad. Together, you'll be able to enjoy both the planning process and the actual celebration so much more.

Related Link: [Relationship Advice: Post-Engagement Advice](#)

3. You'll save money: Less people equals a smaller venue, saving on invitations, save-the-dates, and more! If you and your significant other are on a budget, this might be the route for you. You have the option to have a shorter reception and ceremony, plus you can put that saved money toward the honeymoon!

What are some other pros to having a surprise wedding? Share your thoughts below.

Celebrity Vacation: Kate Hudson Travels to Cambodia

with Boyfriend Danny Fujikawa



By [Melissa Lee](#)

In [celebrity news](#), [Kate Hudson](#) has revealed that she is in Cambodia with boyfriend Danny Fujikawa. According to [UsMagazine.com](#), this isn't just your normal [celebrity vacation](#), though – Hudson shared a picture of herself wearing a vest promoting the World Food Programme, the largest humanitarian organization that helps to fight hunger and helps families across the world.

This celebrity vacation has some humanitarian efforts built in! What

are some ways to know your partner has the same values that you do?

Cupid's Advice:

Hudson and Fujikawa are clearly passionate about the same causes. Here are some tips to find out if you and your partner are on the same page:

1. Bring up your interests: If there's a particular cause, charity, or moral that you hold near and dear to your heart, don't be afraid to show your passion. Talk to your partner about it and show them how special this is to you – at the end of the day, good communication is always a huge pillar of relationships.

Related Link: [Date Idea: Volunteer and Start a Foundation Together](#)

2. Teach and learn: If your partner is unaware of a specific value (or vice versa), be open to teaching them about it! There's no harm in learning new things in a relationship, and it can even turn into another thing that you two can bond over.

Related Link: [Relationship Advice: Stay True to Yourself](#)

3. Get involved, together: If you end up finding something that you're *both* interested in, take a cue from Hudson and Fujikawa and take it to the next level and get involved first-hand. You never know what could come of it, and it could be a great date idea!

What are some of your tips to sharing the same values as your partner? Share your thoughts below.

Celebrity News: Scott Disick & Kourtney Kardashian Are Not on Speaking Terms



By [Melissa Lee](#)

In [celebrity news](#), it has been revealed that [Kourtney Kardashian](#) and [Scott Disick](#) are no longer speaking to one another. [EOnline.com](#) reports that this is a result of Disick's recent trip to Cannes, where he hooked up with numerous new girls. Kardashian is still allowing her [celebrity ex](#) to see the three kids they have together, 7-year-old Mason, 4 year-old Penelope, and 2-year-old Reign, but there's no doubt that

their relationship is strained. Best of luck to these co-parents!

This celebrity news has drama written all over it. What are some ways to keep drama out of your relationship?

Cupid's Advice:

Kourtney and Scott might have been one of the most dramatic couples Hollywood has ever seen. Here are some tips to keep the drama to a minimum:

1. Keep it private: Constantly posting about your relationship – whether it be the good, the bad, or the ugly – could open the opportunity for other people to get involved. By keeping the social media to a minimum, drama definitely won't be a huge problem, as your relationship will remain between you and your partner.

Related Link: [Date Idea: Laugh Out Loud Fun](#)

2. Communicate: Conflicts or arguments tend to get even worse when there's poor communication. If there's something bothering you, be straight forward! Calmly explain to your partner that there is an issue that you'd like to work on, together. This opens the opportunity to have clear communication and a productive conversation to fix the problem. No drama here!

Related Link: [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

3. Choose to let it go: There are just some arguments that aren't even worth having (like that one about who's turn it is

to empty the dishwasher?). Recognize that while conflict can be healthy at times – when it’s productive – there doesn’t always have to be a fight. Sometimes, you can just validate your partner’s feelings, apologize, and move forward.

What are some ways you keep drama out of your relationship? Share your tips below.

Celebrity News: Controversial ‘Bachelor’ Alum Corinne Olympios is Headed to ‘Bachelor in Paradise’





By Melissa Lee

In [celebrity news](#), Bachelor season 21 contestant Corinne Olympios has recently announced that she will be heading to the upcoming season of *Bachelor in Paradise*! According to [Entertainment Tonight](#), Olympios had been hinting at her appearance in the upcoming season of *Paradise*, even joking that she already had plans involving a fake boyfriend. Many people recall Olympios' dramatic behavior (anyone remember "make American Corinne again"?) throughout *The Bachelor*, making her a fan favorite even post [celebrity break-up](#) from Nick Viall.

In this celebrity news, Corinne is sure to stir up some drama in Paradise! What are some ways to keep drama out of your

relationship?

Cupid's Advice:

Everyone experiences relationship problems at some point, but drama is a whole other story. Cupid has some advice on how to keep the drama to a minimum:

1. Act rationally: When there is a problem arising, it may be hard not to completely freak out. Instead of demanding an immediate explanation, it can be more beneficial to communicate efficiently and understand each other's point of views. Try to act calmly and focus on having a productive conversation.

Related Link: [Celebrity News: 'Bachelor' Break-Out Star Corinne Olympios Opens Up About Nanny & Promiscuous Behavior](#)

2. Reflect on your communication: A lot of the time, conflict can arise when a person feels that they're not being understood. Remember that your partner isn't a mind reader, and that the best way to communicate is to simply explain what's bothering you.

Related Link: [Celebrity News: 'Bachelor' Villain Corinne Olympios Parties in Miami After Nick Viall Split](#)

3. Take responsibility: Sometimes it's better to pick and choose your battles rather than fight it out every day. After hearing your partner's concerns, it may be more beneficial to simply apologize and validate their emotions instead of denying that anything's wrong.

What are some ways you avoid drama in your relationship? Share your thoughts below.

Celebrity News: Amanda Stanton Is Returning to 'Bachelor in Paradise'



By [Marissa Donovan](#)

In [celebrity news](#), *Bachelor in Paradise: Season 3* sweetheart Amanda Stanton is coming back for Season 4! Since her split from Josh Murray, Stanton is returning for another chance at love. Last month, she spoke with [UsMagazine.com](#) and shared how the connection between the couple faded once the show ended. It has been difficult for her to move on from their [celebrity break-up](#), but maybe this time she will meet Mr. Right. Best

wishes to Amanda in the upcoming season!

In this celebrity news, Amanda Stanton is taking another shot at love. What are some unique ways to find love?

Cupid's Advice:

Unlike Amanda Stanton, we might not be able to meet our soulmate on a television show. There are many opportunities this summer to meet someone new. Here are some ideas in how to bump into that special someone soon:

1. Sign up for an adult summer camp: If you can remember your childhood crushes, the idea of going to summer camp may bring back some memories. Now you can meet other singles looking to have fun and make memories that will last a lifetime.

Related Link: [Date Idea: Embrace a Physical Activity](#)

2. Participate in The Color Run: You probably have one of these cool races in a city near you. Many people run or walk just to experience the fun of color being splashed on their white clothes. You never know who you may run into along the way!

Related Link: [Relationship Advice: Turning Your Summer Fling Into Something That Lasts Longer](#)

3. Attend summer classes: Whether you're interested in brushing up on your pottery skills or learning how to cook certain meals, summer classes are a great way to meet new people. Make sure there's still openings available for your interest.

Can you think of some interesting ways to find love? Leave

your answers in the comments below!

Celebrity Couple News: Pink & Carey Hart Are 'Solid' After Two Breaks from Their Marriage



By [Cortney Moore](#)

Pink and Carey Hart have made celebrity news in the last 16 years due to their tumultuous relationship. However, after

celebrating their 11th anniversary back in January, it seems that this celebrity couple have found a way to make it work. How were Pink and Hart able to save their relationship? Well, Pink credits the two breaks her and Hart took in 2003 and 2008 as factors that transformed their love for each other. "The first one was about a year. And the second one was 11 months," Pink explains in an interview with UsMagazine.com. An insider also spoke with the magazine and agreed that Pink and Hart are a solid celebrity couple, "They love their life together." Taking a break during marriage might be a little unorthodox, but this strategy has helped them avoid divorce. Let's applaud this famous couple for making it work. There are so many in Hollywood who aren't as lucky.

This celebrity couple proves that sometimes breaks in a relationship can be beneficial. How do you know if a break will help or hurt your relationship?

Cupid's Advice:

The very idea of taking a break is scary for many couples. However, if your relationship has been on the rocks for some time, a break might be just what you need. Before you decide to go all-in, let Cupid help you figure out whether a break will be beneficial or hurtful for your relationship:

- 1. There's a weak foundation:** The reason you're considering a break is due to a failing relationship. Some things just aren't working out anymore and you need space to see if this is something you really want. Taking a break helps you find the cracks in your relationship, and hopefully with some time apart you can fix these problems together. But, you also need

to be wary. Being able to see all of your relationship's flaws might also tempt you to run away. You need to go into a break with the intention of possibly getting back together. If you don't do this then it's just a plain breakup and not an actual break.

Related Link: [Celebrity News: Carey Hart Shares Sweet Family Photo on Anniversary with Pink](#)

2. Get on the same page: Before you and your partner officially decide to part ways, you need to discuss what you're both okay with and what you're both not. Will this be a break that allows you to both date other people, or do you both expect monogamy during your time apart? These nitty-gritty details might not be something you want to discuss during tough times, but it's a conversation that must be had. If you're both not on the same page about the break, then someone is going to get hurt and your relationship will be strained even more than before. So talk it out, you might even be pleased to see you both share similar ideologies.

Related Link: [Celebrity Wedding: Lance Armstrong Is Engaged to Girlfriend Anna Hansen](#)

3. Gives you very much needed 'me time': Taking a break from your relationship helps to free up your schedule. This is great because it provides you the opportunity to reassess your priorities personally and professionally. If there's something you always to do, it's time you pursue those dreams. Whatever it is that makes you happy may translate over to your strained relationship. When you feel good about yourself, you're confident, and that positive energy might be something your partner was missing in you. Just make sure you're not too busy for a relationship. Remember, the point of a break is that you and your partner intend to reunite.

Have you ever had to take a break in a relationship? How did it work for you? Share your comments below!

Celebrity News: Scott Speedman Was a 'Disaster of a Boyfriend' to Keri Russell During 'Felicity'



By [Cortney Moore](#)

Former celebrity couple and co-stars Scott Speedman and Keri Russell made [celebrity news](#) once more during their appearance on [Jimmy Kimmel Live!](#) this week. While guest starring, Speedman and Russell joked about their past relationship. The pair had dated during their time on the hit show *Felicity*,

which aired from 1998 to 2002. Speedman and Russell reminisced about the time Russell chopped her hair off for the sake of the show's storyline, which Speedman didn't take well. "We were actually dating at the time and I had been such a disaster of a boyfriend up until then and I knew I had to put on a good show. I knew I was going to see her new haircut and I was like, 'Come on man, you got to bring it home. You gotta do it,'" Speedman admitted, "And I got to work and she turned around the corner and my face sort of froze in a half panic, half smile sort of situation. I just didn't pull it off and she called me out." Russell chimed in saying they were able to endure the situation although her haircut at the time was reminiscent of a Chia Pet. "It grew into something great," Speedman added reassuringly. Despite making it through the haircut phase, this [celebrity couple](#) parted ways shortly after, but they've remained close friends.

This celebrity news has us laughing at the amicable exes. What are some ways to keep your relationship with your ex civil?

Cupid's Advice:

Just because your relationship has ended doesn't mean you have to hate your ex. As a matter of fact, if you're able to remain friends with an ex, you're more likely to avoid unnecessary drama. Let Cupid help you figure out how to remain civil with your ex:

- 1. Have your own stuff going on:** Whether it be a hobby, a career or volunteer work- you need to have things that keep you busy. Having your own activities will not only bring you enjoyment, but it will also distract you from any lingering thoughts of your ex. It's important that you make moving on as

easy as possible, and keeping busy is the best way to do just that.

Related Link: [Celebrity Break-Up: Jane Fonda & Richard Perry Split After 8 Years Together](#)

2. Don't be tense in their presence: No one likes being in the line of fire of hostile exes. If you were friendly before your relationship, try to bring those positive vibes with you post-breakup. If friendship is something new for you and your ex, then take things slow and stick to discussing lighthearted topics if you're ever in the same room again.

Related Link: [Celebrity News: Bella Thorne Says Cannes Isn't for Her After Scott Disick Hookup](#)

3. Keep details to yourself: Even if you and your ex parted ways a long time ago, you need to be careful with the things you say. In trying times you may want to vent to your ex, but you need to ask yourself if this would be the best thing to do. You don't want to put yourself in an awkward situation where your ex can use information against you.

Are you friends with any of your exes? How have you been able to keep things civil and platonic? Share your stories below!