

Celebrity Couple News: Ashton Kutcher Posts Sexy Photo with Wife Mila Kunis Pre-Oscars



By [Jessica Gomez](#)

In [celebrity news](#), on their [date night](#) to celebrate the 2018 Oscars reportedly at a party, [Ashton Kutcher](#) posted a photo via Instagram on Sunday of him and his wife [Mila Kunis](#), according to [UsMagazine.com](#). The [celebrity couple](#) looked gorgeous, all dressed up in the up close shot. "Night out with the wife," read the caption. Kutcher doesn't really post many photos of his wifey on social media, but he did for this special night. Adorbs!

This celebrity couple is keeping the spark alive! What are some ways to keep the spark alive in your relationship?

Cupid's Advice:

There are plenty of ways to keep the spark alive in your relationship. It can sometimes require work, but no need to feel any shame. Cupid has some tips:

1. Don't stop flirting with one another: In the beginning, flirting can give us that fluttery feeling in our stomachs, which is what keeps that "new" feeling going. Sometimes couples stop complimenting one another, and just stop with the flirtatious and promiscuous comments altogether. This can take some of the fun out of your relationship. Every couple is different, but if you both enjoyed flirting in the beginning, you should definitely still be doing it. You can do it via text messages, in person, or both!

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

2. Continue going on dates: Go to the places you love and go to different ones as well! Spending quality time together is essential, whether it's a date outside or an at-home one. Continue to do things together – share experiences and make more memories. Schedule at least one date a week, it will go a long way. Bottom line: don't stop going on dates.

Related Link: [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

3. Laugh together: Whether you're watching a comedy, going to a stand up show, or just cracking jokes with one another,

laughing together is important. The act of laughing releases endorphins that provide feelings of happiness and a great sense of well-being, which is something that can make you and your partner bond more.

Any other ideas to keeping the spark alive? Comment below!

Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez



By [Carly Horowitz](#)

Happy 24th Birthday [Justin Bieber](#)! In [celebrity news](#), Bieber enjoyed celebrating his birthday with his friends and family. According to [EOnline.com](#), Bieber met up with some friends for a birthday lunch at the London West Hollywood. After that, they went to MB2 Raceway in Sylmar, California for some fun go-kart racing. A few pals that were in attendance for this celebration were Pastor Carl Lentz, Pastor Judah Smith, Scooter Braun, Ryan Good and Justin's mom Pattie Mallette. Missing someone? The other half of the hottest [celebrity couple](#), [Selena Gomez](#), didn't make it for Bieber's birthday festivities. Although, she did send him happy birthday wishes via Instagram.

In celebrity news, Justin Bieber had a blast celebrating his birthday even without Selena. What are some ways to make your partner's birthday special?

Cupid's Advice:

Birthday's are so fun to celebrate with your special someone. Here are some cool ideas on how to help make your partner's birthday memorable:

1. Candle-lit dinner: Chef it up in the kitchen and help your partner end their special day with a yummy feast! Make it romantic by adding candles for the dinner, and then of course candles in the delicious birthday cake you have prepared afterwards.

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2. Do something they enjoy: Does your partner love baseball

games? Broadway shows? Whatever it is, even if you are not the biggest fan, your partner would love it if you invested in an activity for their birthday that they thoroughly enjoy.

Related Link: [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

3. Throw a surprise party!: Why not engage in the traditional birthday surprise and throw a surprise party for your partner. This will definitely make for a memorable birthday celebration!

What are some other ways to make your partner's birthday special? Comment below!

Celebrity News: Kelly Ripa Addresses Ryan Seacrest Sexual Misconduct Allegations





By [Jessica Gomez](#)

According to [UsMagazine.com](#), TV show host Kelly Ripa is standing by Ryan Seacrest. "I just want you to know you are a privilege to work with, and I adore you, and I am speaking on behalf of all of us here. I know what an easy, professional, great person you are and I feel very, very lucky to work with you each and every day," Ripa said to Ryan Seacrest on Thursday while on air during their show *Live With Kelly and Ryan*. This heartwarming statement came after the sexual misconduct allegations against Seacrest from one of his former stylists. Seacrest has denied the accusations multiple times.

In [celebrity news](#), Ryan Seacrest is up against some serious sexual misconduct accusations. What are some ways to support your partner

when he/she is being accused of something they did not do?

Cupid's Advice:

Trust is a big thing, and it's what keeps us standing by our partners when accusations arise. Cupid has some relationship advice on ways to support your other half if a tough time like this comes up:

1. Be their shoulder to lean on: Be there for them. Be there to listen to them. If your partner is being accused of something they didn't do, they will most likely be under some real stress, so they need a support system. You must be mindful of their emotions. Just make sure they know you have their back.

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2. Be positive: Talk to them, offer words of encouragement. Don't criticize. Depending on the accusation, this can be a dark time. Try to be the light in the darkness for them. Obviously, don't try to downplay what's going on, but try to have them see that things will get better. Hope is sometimes one of the things we need the most.

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3. Help problem solve: Try to come up with some ideas on how to get past the situation or solve it. Be there to give advice when they need it. Two minds are often better than one. Time can be of the essence in cases like these, so put your heads together – You will get through it.

Have you had experience with this, if so, how did you handle it? Share below!

Royal Celebrity Wedding: Meghan Markle & Prince Harry to Face Danger on Their Wedding Day



By [Jessica Gomez](#)

In [celebrity news](#), royal [celebrity couple](#) Meghan Markle and Prince Harry face a potential danger: being a target. According to [EOnline.com](#), former Head of Royal Protection and Chief Superintendent of the Metropolitan Police Service Dai Davies said: "History has a habit of repeating itself. In the

last thousand years, there hasn't been a King or Queen that someone hasn't tried to murder." In addition, it cost \$33 million to protect [Prince William](#) and [Kate Middleton](#) at their [celebrity wedding](#) in 2011 – one of the most pricey security operations. Undercover police, investigations to avoid terrorist attacks, snipers, and an extensive search for explosives hiding in any place you can think of were all part of that price. Harry and Meghan's protection plan for their big day could possibly cost more than William and Kate's – yikes! What makes them a bigger target is Harry's active military status in Afghanistan, plus the hate letter containing anthrax (an infectious disease caused by the bacteria *Bacillus anthracis*) aimed at Meghan. As we can see, the royal fam needs all that protection. We wish this beautiful couple the best of luck!

Royals have a dangerous element to their celebrity weddings. What are some ways to keep drama from infecting your wedding day?

Cupid's Advice:

We all want our wedding day to be perfect, or at least close enough to it. We plan ahead to try to create this perfect day, but there's more to it. Cupid has some ideas on how to keep your wedding day as stress and drama free as possible.

1. Stay organized and delegate when needed: If you plan ahead, like most of us do for our wedding day, then you're off to a good start. But maintaining everything organized is the tough part if things don't go accordingly. And let's face it, many times things don't go according to plan. And don't be a total control freak either. It is your wedding day, but you need to learn to pass down tasks when necessary. Communicate properly

and trust in your close friends and fam to help you get the wedding you deserve.

Related Link: [Prince Harry Asks Ed Sheeran to Perform at Royal Wedding to Meghan Markle](#)

2. Adjust your guest list and seating arrangements properly: This may not be the case for everyone, but sometimes we need to take more consideration in who will be on the guest list and who will be seated with who for more than just the typical reasons. Do certain people not get along or have drama with one another? Then make sure they are seated far away from each other! And take any other actions necessary to keep drama from going down on your big day.

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3. Meditate: On your wedding day, you should meditate. It's an exciting day, but also stressful because you obviously want it to be magical. Try meditating one to three times that day to keep you calm and grounded. We know you don't have tons of time, so five to 10 minutes each time should do the trick. It's worth it!

What advice do you have for brides trying to keep their big day drama free? Share below!

Celebrity Exes Demi Lovato & Wilmer Valderrama Haven't

Ruled Out Reconciliation



By [Karley Kemble](#)

Demi Lovato has always been vocal about her feelings toward her ex boyfriend Wilmer Valderrama. The [celebrity exes](#) previously dated for six years before their celebrity break-up in 2016. However, the pair made [celebrity news](#) a couple days ago, after they were spotted grabbing lunch together. Now, a source close to the former couple tells [People.com](#) that there is a chance they could become exclusive again. For now, though, the source says Valderrama and Lovato are “extremely close friends” though “there’s always potential they could give a romantic relationship another try.” Guess it is possible to be friends with an ex, after all!

These celebrity exes are on good terms, and may end up back together. What are some reasons getting back together may actually work out?

Cupid's Advice:

Regardless what others may say, getting back with an ex is not always a bad idea. Sometimes time apart is what's needed to grow stronger. Cupid weighs in:

1. It's all on the table: If you're thinking about getting back together with an ex, the most important thing you must do is talk with each other. If there is any unfinished business or unresolved resentment, you must lay it all on the line. Once all the feelings are accounted for, be sure to set clear guidelines before jumping back in.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

2. You've forgiven: Forgiveness isn't easy, but it is possible! Contrary to popular belief, forgiveness does not weaken your character: it shows you have the strength to accept the past, look beyond the mistakes, and move on. If you have come to terms with an ex who may have hurt you, but genuinely want to give them another chance, that shows a maturity toward both parties involved.

Related Link: [Celebrity News: Demi Lovato Has Dating Advice For Fans](#)

3. You're both in better headspaces: Break-ups usually happen because two people are unable to be on the same page. The time spent as a single person is pivotal in personal development.

If you and your ex have given each other enough time and space apart, allowing each other to grow, then getting back together might be worth a shot. Though you already know each other, and the relationship is by no means “new,” it is exciting to begin a new chapter and get to know each other’s newfound headspaces.

Have you gotten back together with an ex? We want to hear about it: share your comments below.

Celebrity News: ‘The Bachelor’ Star Bekah Martinez Says She’s More Ready for Marriage Than Arie





By [Karley Kemble](#)

Bekah Martinez is one of the most talked about contestants on this season of [The Bachelor](#), not because she caused drama, but because of her age! Though she just turned 23, this season's *Bachelor*, Arie Luyendyk, Jr., is 36, and he (along with many women on the show) felt Martinez was not ready to settle down. However, in the [latest celebrity news](#), Martinez claims Luyendyk Jr. is the one who's not ready for marriage. In a recent interview with *Entertainment Tonight*, the reality TV star stated, "I think I'm more ready for marriage than Arie is, quite honestly. I don't think Arie knows what he wants, and I don't think he's serious about being with one person for the rest of his life," reports [UsMagazine.com](#). Though she was mum about why she felt that way, Martinez assured all our questions will be answered during next week's finale. Sounds juicy!

In celebrity news, Bekah M. was

accused of not being ready for marriage on *The Bachelor*. How do you know if you're ready for marriage?

Cupid's Advice:

Age and marriage don't always coincide. When you're ready for marriage and to settle down, you'll know. Check out these tips from Cupid:

1. You're ready to commit: Marriage should be a natural progression in your relationship. In fact, it's better to begin any relationship with marriage on the back burner. Instead of pursuing a relationship with marriage on your mind, focus on being present in the now. As time passes and your love grows, the progression and desire to take the next step will be a fluid change

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2. You aren't trying to fix or save them: All too often, people enter relationships and try to be the heroic figure. In these situations, the underlying thought is that the flaws or challenges the partner is facing will be fixed over time with careful guidance from the other partner. This is never a good idea, as it ultimately is romanticizing challenges and causes you to think things will work out eventually. It's better to find a partner that you see eye-to-eye with, and to keep your mind and heart in-sync with each other.

Related Link: [Celebrity News: Jenny McCarthy Says 'Bachelor' Arie Luyendyk Jr. Is a 'Snooze Fest'](#)

3. You know it won't be easy: The honeymoon phase of your

relationship will come to an end, and finding romance will not always be a walk in the park. You and your partner will certainly have your fair share of struggles to keep the romance alive. If you are accepting of this, and feel ready to face the challenges that will arise, that is a good sign. Always be sure to grow together, because the only other option is growing apart.

How did you know you were ready for marriage? Share in the comments below!

Celebrity Couple Scott Disick & Sofia Richie Enjoy Date Night As She Introduces Puppy No. 2





By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) Scott Disick and Sofia Richie enjoyed a [date night](#) after Richie posted videos of the couple's puppies on social media, according to [EOnline.com](#). Hours after Richie posted the adorable videos on Instagram, the couple was photographed leaving Shibuya, an Asian restaurant, in Calabasas. The couple was dressed comfortably and casually on their night out. Disick and Richie seem to be really happy together. How cute!

This celebrity couple is still going strong and enjoying dates. What are some ways to keep the spark alive in your relationship?

Cupid's Advice:

There are plenty of ways to keep the spark alive in your relationship. Sometimes it happens naturally because of who

you are and sometimes it requires work. Either way, Cupid has some [love advice](#) for you:

1. Don't stop flirting: In the beginning, flirting gave us that fluttery feeling in our stomachs (yeah, butterflies – remember those?). This keeps that “new” feeling going. Sometimes couples stop with the compliments, stop with the flirtatious and promiscuous comments, and that can take some of the fun out of your relationship. Every couple is different, but if you both enjoyed flirting before, you should definitely still be doing it. Send text messages, and do it in person!

Related Link: [Kristen Bell Shares The Secrets to Her Healthy Relationship With Dax Shepard](#)

2. Continue going on dates: Go to different places and even continue going to places where you're both regulars. Bottom line: don't stop going on dates. Spending quality time together is essential, whether it's a date outside or an indoor at-home one. Continue to do things together – share experiences and make more memories. Schedule at least one date a week.

Related Link: [Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night](#)

3. Role play: Whether you role play while flirting or in the bedroom, you can spice things up this way. Acting things out can be enough for some and others want to take it the whole way and dress up as well. Being comfortable with one another is important. Have some fun and enjoy being someone other than yourself. Many couples try filling in the roles of cops, prisoners, teachers, nurses, and/or dress up elegantly and take it from there.

What are some ways you have kept the spark alive in your relationship? Share below!

Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date



By [Jessica Gomez](#)

In [celebrity news](#), celebrity exes Demi Lovato and Wilmer Valderrama were spotted having a lunch date at Sol Y Luna in Los Angeles, according to [UsMagazine.com](#). The former [celebrity couple](#) dated for six years, and their [celebrity break-up](#) occurred in the summer of 2016. However, Lovato and Valderrama sparked rumors last year when they were spotted together in multiple places. Could these two be reconciling their

celebrity relationship or are they just good friends? We'll have to be on the look out!

These celebrity exes are either on good terms as friends or may be giving their relationship another try. What are some benefits to remaining friends with your ex?

Cupid's Advice:

Sometimes break-ups don't end badly, and in those times you may want to stay friends with your ex. Cupid has some advice on the benefits to staying friends with an ex:

1. They know you: If you guys end on a good note and stay cool with one another, then they can give you advice. The people we date get to know us in ways others don't. This comes in handy when it comes to your new relationship, because your ex can give you advice based on your past experiences and the fact that he indeed knows you in that way. Just make sure you are not dealing with a bitter or spiteful ex – you would not want to take the wrong advice.

Related Link: [Would Jennifer Aniston Get Back Together With Brad Pitt?](#)

2. You've got history: It's a shame to let all that history go to waste if you are both decent people that get along well after the break-up. Just because your romantic relationship didn't work out doesn't necessarily mean that a friendship won't work. You never know – maybe you were not compatible as lovers, but you make great friends, and the history can make the friendly bond stronger.

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3. You get closure: Becoming friends with an ex can be a path into getting over them, but only as long as you're both ready and willing to actually be friends. If you're friends, then you obviously should have let go of any resentment between the both of you. The past is in the past, and now you've got a friendship. You didn't have to lose a good person just because it didn't work out.

What are some reasons you stayed friends with your ex? Share with us below!

Celebrity Baby News: Rachel McAdams Is Pregnant With Her First Child





By [Jessica Gomez](#)

Multiple sources say that Rachel McAdams is pregnant, according to [EOnline.com](#). The alleged mother-to be has not said a word on it and neither have any of her representatives. McAdams has always been pretty private about her life. The last time she was photographed was in Toronto where she was wearing a jacket that could have been hiding her [celebrity baby](#) bump. She's also been keeping a low profile in the last few months. We don't know much as of yet, but let's hope we soon will!

This [celebrity baby news](#) hasn't been confirmed by McAdams herself, but we're happy for her! What are some reasons to keep your pregnancy under wraps?

Cupid's Advice:

Whether to announce your pregnancy or not is the mother-to-be's choice. Cupid has some reasons why you may not want to break the news just yet:

1. To avoid stress: Pregnancy is a sensitive time when your health and the one of your baby depends on you taking it easy. If we feel like outside factors can cause us stress during a critical time, then as mothers-to be we must cut out those things. Sometimes people can become over bearing when it comes to receiving baby news – so if you're around those kind of people, then momentarily hiding your pregnancy is an option. Do what's best for you and your bundle of joy.

Related Link: [Jordin Sparks Celebrates Baby Shower](#)

2. Judgy peers: Whether these peers are at school or work, or are your neighbors, friends, or fam, sometimes they're just not the easiest people to deal with. At times, we may be surrounded by people who judge and/or gossip, and that can lead to you wanting to keep your pregnancy low-key. During pregnancy, drama should be avoided, so there's no shame in doing what you have to do. Do what you have to do for yourself, forget about others. You and your baby are most important.

Related Link: [Kylie Jenner Plans to Keep Motherhood Journey with Stormi Private for Now](#)

3. You don't want to jinx it: Some of us are superstitious and believe in the ability to jinx things. This may not be logical to everyone, but if it's logical to the mother-to be, then that's enough. It's your body and your baby. Sometimes certain people find reassurance and comfort in not telling people right away due to fear of something wrong, like a miscarriage for example. At the end of the day, as long as the baby news is delivered later rather than never, it should be fine.

Have stories on reasons for hiding a pregnancy? Share with us below!

Celebrity News: Would Jennifer Aniston Get Back Together With Brad Pitt?



By [Jessica Gomez](#)

Former [celebrity couple Jennifer Aniston](#) and Justin Theroux's split is raising a certain question: will [celebrity exes](#) Aniston and [Brad Pitt](#) be getting back together now that they're both single? According to [UsMagazine.com](#), Aniston and Pitt will not be rekindling their [celebrity relationship](#) after all. "Jen wouldn't consider being with Brad in a romantic way," a friend of Aniston's said. "But there is always a spot

in her heart for him.” As for Pitt, a source said, “Brad is sad to hear about Jen’s divorce. He only wishes the best for her. However, Brad hasn’t reached out to Jen, and has no plans to do so at this point.”

In this [celebrity news](#), fans are speculating about Jennifer Aniston and Brad Pitt now that both have gone through splits. What are some things to consider before getting back together with an ex?

Cupid’s Advice:

Whether or not to get back with an ex is an important decision. It isn’t always an easy one either. Cupid has some things to consider before making the choice:

1. Have you both moved on from the reason you both broke up?: Think about the reason why you both broke up in the first place. Was it for a good reason or was it circumstantial? Then, also think about whether you both have forgiven each other completely for past mistakes. If you have, then that can be a good sign – if not, then not so much. If you feel like you haven’t forgiven your ex for something, then that problem will probably constantly arise during your reconciled relationship.

Related Link: [Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage](#)

2. Do you see a future with your ex?: Why go back to an ex if you don’t think it’s going to be serious and no good future ahead? Think about this thoroughly – sometimes we see a future

with someone, but that future comes with unnecessary obstacles and negativity. If this is the case, then it may be a sign that your ex is meant to stay an ex. Think about this while spending some time apart – it's something big to ponder.

Related Link: [Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston](#)

3. What are reasons to get back together and not get back together?: Pro and con lists are good ones to make. Be fair and think about why you should get back together with your ex and why you shouldn't. Then, weigh it all. Certain things weigh more than others, so be honest and just with yourself when considering all the information. Making a list with a friend can help, as long as that friend isn't necessarily biased.

What are some things you or a friend considered before getting back with an ex? Share below!

Celebrity News: Hometown Heartbreak on 'The Bachelor'





By [Carly Horowitz](#)

According to [EOnline.com](#), [The Bachelor](#) hometown dates resulted in similar fashions. Each of the girls' families made it clear that they weren't too ecstatic over Arie, but they trust their daughters' decisions if they want to marry him. When it came down to the moment of truth, the rose ceremony, Arie pulled Kendall aside and revealed he was looking for an engagement and wanted to know if Kendall could get to that place emotionally. Kendall couldn't answer the question, but she told Arie that he really is everything she wants in a partner. In the end, Kendall accepted the rose that was offered to her. The [reality TV star](#) Tia was very upset with her departure. She thought she did something wrong, but in fact, there was just something missing between her and Arie.

In this [celebrity news](#), one woman vying for Arie's heart went home.

What are some ways to deal with the initial sting of a break-up?

Cupid's Advice:

The feelings you experience from a fresh break-up are not too fun. Fortunately, Cupid is here with some advice on how to deal with your split:

1. Allow healing time: The best thing to do is focus on yourself. Rest, eat healthy, and remember to get some exercise! Even if you don't feel like eating, remember that your body needs the nutrients and you are now in the mindset of giving your full attention to your own needs.

Related Link: [Celebrity News: 'Bachelor' Arie Luyendyk Jr. Justifies First Impression Rose Pick](#)

2. Cry: Yes, cry. You are allowed to let it all out during this fresh break-up period. Allow yourself to cry, it is natural. After you let it all out though in whatever allotted time works for you, remember to pick yourself back up because you are strong and independent!

Related Link: [Celebrity News: Jenny McCarthy Says 'Bachelor' Arie Luyendyk Jr. Is a 'Snooze Fest'](#)

3. Write it out: You are most likely going to have a lot on your mind after a recent break-up. Instead of resorting to social media or worse, your ex, let your feelings out on paper. This is a great exercise to release the feelings inside of you and help you to feel renewed.

What are some other ways to deal with a break-up? Comment below!

Celebrity Baby News: Jordin Sparks Celebrates Baby Shower



By [Jessica Gomez](#)

In [celebrity news](#), Jordin Sparks celebrated her baby shower in Arizona, where she's from, with family and friends on Sunday, according to [UsMagazine.com](#). The singer took a post to Instagram, a photo of her niece kissing her baby bump, captioned: "Little Bug can't wait to meet her cousin. We had a low key baby shower for Little Man in AZ . . . It was beautiful. I am so grateful for the support system. I've had growing up and the roots that took hold to support us now. The journey is incredible. God is good." Sparks and her [celebrity](#)

[baby](#)-to be are super cute.

In this celebrity baby news, Jordin's niece is super excited to meet her cousin! What are some ways to introduce your baby to family and friends?

Cupid's Advice:

There are many different ways that you can introduce your little bundle of joy to family and friends – the choice is yours. Cupid has some tips:

1. Social media: Post a cute photo on Facebook, Instagram, etc. Posting a precious photo is one of the simplest ways. You can literally share the photo with so many people without having all the germ fears first-time parents go through. If you don't like the idea of social media, send it through a photo message individually or in a group chat.

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2. Throw a small get-together: Hosting a nice intimate gathering at your place is a cute and fun way to introduce your baby to your friends and fam. It can also relax the new mommy. Being around loved ones can be good for you and your baby, as long as you know and let everyone know about how long the meetup should last. Let everyone rave about your cute little one, but know how much you can handle in a time of big transition and probably one of the most tired times of your life.

Related Link: [Get Inspired by These Celebrity Baby](#)

[NurseriesPosted In: Parenting](#)

3. On a one at a time basis: Sometimes, some moms prefer to keep their kids more sheltered than usual in the beginning. That's fine. Have friends and family come over one by one, in pairs, or in small groups to see your little one. Sometimes babies do get overstimulated, which is why this option makes sense.

What are some ways you or those around you introduced their baby? Comment below.

Celebrity News: Prince Harry & Meghan Markle Enjoy 'Hamilton' Date Night





By [Jessica Gomez](#)

In [celebrity news](#), royal [celebrity couple](#) Prince Harry and Meghan Markle were spotted Friday on [date night](#) watching *Hamilton* at the Victoria Palace Theater in London. According to [UsMagazine.com](#), Leslie Garcia Bowman, who plays the role of a general in the hit production, tweeted that it “was an honor to have Prince Harry and Meghan” in the audience. The couple seems very happy and as we can see, do take out time from planning their royal [celebrity wedding](#), possibly because it’s already pretty planned out.

In celebrity news, even the royals step out for special date nights! What are some out of the box date ideas?

Cupid’s Advice:

Date ideas are endless! Cupid has some out of the box date

ideas for you and your partner to take part in. Here they are:

1. Go to an escape room: This is fun and a cool way to bond. You have to put your minds together and work on a plan to complete a mission. There are plenty of escape rooms, so just google some near you. It will feel like you're in a movie or a very thrilling situation – how cool.

Related Link: [Date Idea: Best Shows to Binge-Watch With Your Partner](#)

2. Glow in the dark painting: Go out to a place that provides UV body paint. Go nuts and paint on each other. Get creative and “handsy.” This is a fun date to do to express your artistic side and it definitely gives you something to remember. Take photos after to remember how you both used each other's bodies as canvases. Show off that body aka art work.

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3. Scavenger hunt: Create a scavenger hunt for each other. Use things you know about each other and things based on your history as clues. This will be fun and get your mind going, so put your thinking cap on and get creative. This takes some effort, but it costs little to nothing, and it is endearing because of the the thought that goes into it.

What are some cool, unique dates you've been on? Comment below!

Celebrity News: Kristen Bell

Shares The Secrets to Her Healthy Relationship With Dax Shepard



By [Jessica Gomez](#)

In [celebrity news](#), [Kristen Bell](#) shared her marital wisdom with Instagram on Valentine's Day, according to [EOnline.com](#). Bell shared a post of a letter with [relationship advice](#) she had been asked to write for her newlywed friends. Grab a tissue, here is what she wrote: "Vulnerability always begets connection and intimacy. Stay vulnerable with each other. In 10 yrs when the dopamine has waned, remember: Life is a crazy ride. It is a privilege to go through it with a partner. Take necessary separateness. It will make your marriage better. Loving someone despite their faults, failings, or character

defects is the most powerful loving thing you can do. Rejoice in what makes the other person happy, and allow them their individual interests. Know that everyone is doing the best they can with what they've got. So get a bigger emotional tool box to fix your problems." Aw, Kristen Bell is bae – Dax Shepard sure is lucky!

In celebrity news, Kristen Bell is giving us her secrets to a successful relationship. What are three things that add to a healthy relationship?

Cupid's Advice:

There are many things you can do to help your relationship become healthier. Some things work better than others, while others work for some couples better than others. Nevertheless, here are three things to do for a healthier relationship:

1. Be honest: Being honest is a two way street. Being honest with one another is crucial. Trust is key to making a relationship work. Lies hurt and even ruin relationships. Being honest builds trust and makes the bond between you and your significant other even stronger. It can sometimes be hard to be honest at all times, but the benefits are worth it.

Related Link: [Dating Advice: Survey Results Are In! What Does it Mean to be Single in America?](#)

2. Encourage and compliment each other: Sweet things and encouraging words go a long way. Supporting each other is another crucial element to making relationships work. As for complimenting, you should always make each other feel special. Never stop making your loved one feel special – flirt and push

one another ahead!

Related Link: [Celebrity Couple Tom Brady & Gisele Bundchen Kiss in Costa Rica After Super Bowl Loss](#)

3. Spend quality time together: Snuggle, do things you both love doing together, and try new things. Cuddling is great because physical contact and connection is important. In fact, being held for an extended period of time releases serotonin, elevating your mood. Spending quality time is important for every relationship. As time passes, sometimes couples spend time together but not quality time. Spice things up and do different things or do those things you really enjoy – try to do that at least once a week.

What are ways you keep your relationship healthy? Share below!

New Celebrity Couple: 'Full House' Star Jodie Sweetin Is Dating Mescal Wasilewski





By [Jessica Gomez](#)

In [celebrity news](#), there's a new [celebrity couple](#) in town! *Full House* star Jodie Sweetin is dating Mescal Wasilewski, according to [UsMagazine.com](#). A source confirms that the new celebrity relationship began in November. As a Valentine's Day post, Sweetin took to Instagram a collage of photos with her beau, captioned: "Find someone who you can share this kind of love with ... Someone who doesn't just show you they love you one day a year ... Who isn't afraid to look silly when they tell you they love you ... Who doesn't judge you for past mistakes, but who wants to build a better future together ... Who builds you up and never makes you feel small ... Who supports your dreams and hopes and desires, and also has those of their own. Who doesn't put a price tag on your love ... Who holds your hand when you're scared and doesn't run away ... Who loves you, not in spite of your weirdness, but because of it ... Who makes you a priority in their life, no matter what," she continued. "Who doesn't hold you hostage with their love, but whose side you don't want to leave because you're happier when you're with them ... who makes you get shy when they look at you, because the rest of the world stops. That's the kind of love we all

deserve. Anything less isn't worth it." How sweet!

In this celebrity couple news, Jodie Sweetin is moving on from a series of bad relationships. What are some ways to know you're choosing someone who will treat you right?

Cupid's Advice:

There are many things that are signs showing that someone will treat you right. Sweetin was right on the money with all she said on V-Day via Instagram. Here are three signs to be optimistic about:

1. They make you feel both safe and special: Having someone that treats you the way you should be treated is a wonderful thing. Not everyone can provide that for their lover. Being comfortable with your partner and feeling like they wouldn't do anything to hurt you is a comforting feeling. Trust is what leads to these feelings.

Related Link: [Camila Cabello & Matthew Hussey Are Dating](#)

2. They respect your differences: This is important! It's great to have things in common, that's one of the many things that build a bond. However, having differences is okay, as long as you both respect each other's dissimilarities. Variation can be good when you both have boundaries and don't judge one another. This also leads to a more open relationship, which is a good thing.

Related Link: [John Stamos & Pregnant Caitlin McHugh Tie the Knot](#)

3. They support you any way they can: Your partner should be your cheerleader. We can all use a support system, and having someone that encourages your dreams, aspirations, and decisions is a magnificent thing to have. Don't think that everything needs to be encouraged and supported, that's not the case. We do not want to support negative behavior. We do however need our loved ones to be there for us.

What are some ways you know your partner is right for you? Comment below!

Celebrity Couple Tom Brady & Gisele Bundchen Kiss in Costa Rica After Super Bowl Loss





By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) Tom Brady and Gisele Bündchen were spotted in Costa Rica sharing a loving kiss, days after Brady's loss at the Super Bowl, according to [UsMagazine.com](#). He even joked about it on Instagram when he posted a photo of the couple smooching Sunday. "This Sunday's outcome is a lot better than last Sunday's! #losingstreakstopsatone," he captioned. Adorbs!

This celebrity couple isn't letting the Super Bowl loss affect their relationship. What are some ways to keep negative life events from putting a damper on your relationship?

Cupid's Advice:

It happens. When we are involved in negative circumstances, we tend to misplace our emotions and take out our frustrations on our significant other at times, which isn't okay. Cupid has some advice on how to get around it:

1. Remember what you're mad at: Breathe and think. It's easier said than done, but it works. When we become angry, we can lose sight of what or who we're really mad at, which can lead us to take it all out on those closest to us, like your lover. When surrounded by negativity, clear your head by taking about 10 deep breaths – in and out. Then remember that you're not mad at your partner, and that they deserve your fairness and respect.

Related Link: [Gisele Bundchen Consoles Husband Tom Brady After 2018 Super Bowl Loss](#)

2. Do something with your significant other: It will help take the edge off. When you create a happy place with them, then outside negativity should not be able to reach you there. Also, building positive memories is always a good thing! Be sure to remain mindful of the energy you give out in your happy place because if you're being negative, then what's the point?

Related Link: [George Clooney Opens Up with the Sweetest Statement About Wife Amal Clooney](#)

3. Blow off steam: Chill with your friends. Sometimes when surrounded by the bad, we need to kick back and have some time with our friends. We sometimes also need space from our partners, so this works for both. Don't let bad energy or vibes bring you down, go and have a good time!

How do you avoid taking things out on your partner? Comment below!

New Celebrity Couple: Camila Cabello & Matthew Hussey Are Dating



By [Jessica Gomez](#)

In [celebrity news](#), it's official – Camila Cabello and Matthew Hussey are dating and happy. The [celebrity couple](#) were spotted being all love dovey during their bae-cay. A source opened up to [EOnline.com](#) about this surprising relationship a couple days after the love birds were spotted during their [celebrity vacation](#). “It wasn't something she expected, but she knew of him and really enjoys his work,” said the source. “She has

been following him for a while and was a fan, but it took her by surprise that she has gotten to know him on a deeper level.”

This new celebrity relationship took Camila by surprise. What are some ways to remain open when in a new relationship?

Cupid’s Advice:

New relationships need to be nurtured, but at the same time, you don’t want to rush. Cupid has some [dating advice](#) on ways to be open in your new relationship:

1. Be honest: It is important to be honest in a relationship from the start. This is when you’re building trust, and trust is earned by being righteous and truth-telling. It’s always best to be upfront. If not, things tend to build up, causing problems and the both of you closing up and not being open with each other. Don’t be afraid to share your feelings – just remember there’s a difference between being a blunt person and a rude one.

Related Link: [Jennifer Lopez Gushes Over Alex Rodriguez](#)

2. Communicate effectively : It’s important to try understanding as much as you want to be understood. Talk to your partner about your feelings in a straight forward and clear manner – no beating around the bush. Also, be aware of your body language and timing. Non-verbal cues give can give away a whole different meaning than you’re trying to convey. As for timing, being aware is essential because sometimes situations transform into a worse one due to wrong timing.

Related Link: [‘Bachelorette’ Alum Dean Unglert Is ‘Incredibly](#)

[Happy' Since Dating Lesley Murphy](#)

3. Learn as much as you can about each other: As your relationship blossoms, so should the both of you. By getting to know one another, your relationship will evolve – the faster you do, the faster it blossoms. Not to say that you should rush, but there's not much harm in learning each other's ways at a rapid pace. When you learn someone's ways, you can be a better partner. In order for you both to learn from one another, you have to be open to it.

What are some ways you have stayed open with a new partner? Share with us below!

Celebrity Divorce: 'Modern Family' Star Julie Bowen Files for Divorce from Husband Scott Phillips





By [Jessica Gomez](#)

In [celebrity news](#), Julie Bowen filed for divorce from husband Scott Phillips on Tuesday, according to [EOnline.com](#). It was revealed less than a week ago that the former [celebrity couple](#), who was married for 13 years, separated. However, Bowen listed their separation date as December 17. She marked irreconcilable differences as the reason for their parting and is asking for joint legal and physical custody of their three children, according to the documents that *E! News* obtained.

This celebrity divorce after 13 years of marriage is very unfortunate. What are some ways to know it's time to move on from a marriage?

Cupid's Advice:

Some of us may try to fight off a divorce for as long as possible... but honestly, that's just a waste of time. Cupid has some suggestions on signs that can mean it's time to move on:

1. You're worried about what your kids, friends, or family will think: Staying together for your children isn't a good idea. And staying together for the sake of dodging judgment from family and friends is even less of a good idea. Those you love don't usually want you to be unhappy, and neither do your children. Kids want parents who are happy and love them. You can go your separate ways, but still be a family. Build a friendship when possible, don't continue building an unhappy marriage. Your friends and family will just need to accept it. You are the one living with this decision, not them.

Related Link: [How to Navigate a Separation](#)

2. You've tried counseling and gave it all you've got, but it's still not working: If you gave it your biggest shot, but you guys are still not coming together the way you should, then it may be a sign that it's time to go. Staying in an unhappy marriage is unhealthy for you. As long as you can look back and say "I gave it my all," there's no shame in knowing it's time for a divorce. Time to take action. All you can do at the end is try, if that doesn't work then there's nothing to do but what's in your best interest.

Related Link: [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

3. You no longer respect nor trust your spouse: Trust and respect are both key things to have in a marriage. Sometimes we can gain that sense of trust and respect back, but sometimes we can't. If you don't see yourself ever trusting or respecting your spouse again, then it's safe to say that your marriage has hit its end point. Being married to someone that is not the same person you married happens sometimes, and it sucks. It really does, but instead of dwelling on it, start

making moves.

Related Link: [5 Communication Keys Every Relationship Needs](#)

And just as a last piece of advice: do not continue in an abusive marriage – whether it's physically, mentally, or emotionally abusive! An abusive relationship is one of the biggest signs it's time to leave. Seek help if needed.

What are some ways you knew your marriage or relationship was over? Share below!

Celebrity Baby News: Kylie Jenner Plans to Keep Motherhood Journey with Stormi Private for Now





By [Jessica Gomez](#)

In [celebrity news](#), [Kylie Jenner](#) plans on keeping her life with [celebrity baby](#) Stormi low-key, at least for now. The 20-year old reality TV star and makeup mogul kept her pregnancy on the down-low and demands that her motherhood journey be kept private as well, according to [UsMagazine.com](#). “She is extremely protective and she is very focused on trying to keep motherhood private for right now,” a source said. “All Kylie wants is for her privacy to be protected right now and is pretty demanding about that at this time.” The source also adds that Kylie is in no hurry to get engaged to beau Travis Scott, so we guess there won’t be any [celebrity wedding](#) bells ringing there for a while.

In this celebrity baby news, it begs the question – is it okay to post photos of your child on social

media? What are some factors to consider?

Cupid's Advice:

Whether you want to post photos of your child on social media or not, the decision is up to you. It's all up to preference, as long you understand the loss of control that takes place on your end once you upload a photo on the web. Here are some factors to consider:

1. It will always be on the web: When you post photos of your little bundle of joy, they will permanently be on the internet. This concerns some people, while others don't find any harm in it. Think it through and decide whether or not this factor plays a role in your preference, considering that these photos are of your child and they will one day grow older and potentially see them.

Related Link: [Khloe Kardashian Reveals How She Hid Her Pregnancy & How She Told Tristan](#)

2. Cyber safety risks: Do I want everyone to see this? Unless your social media account is private, the photo is available to pretty much the whole world. So think about what you're posting and consider whether you care who sees it or not. Cyber safety is one of the biggest concerns for parents considering it has been suggested that approximately 50% of photos on Pedophile sites come from the social media pages of parents.

Related Link: [Kim Kardashian Is a 'Very Hands-On Mom' with New Celebrity Baby Chicago](#)

3. Some photos may either be misjudged, misappropriated, or both: On social media, everyone has an opinion. This makes room for people to sometimes misjudge what they see or think

they see on a photo. Misappropriation also happens often, especially with memes. You never know if one your photos will fall victim to this. People all the time take photos and turn it into a post relating a totally different message, good or bad. If you're fine with this because of your care-free attitude then that's fine, but others may want to stray away from this.

What kinds of photos do you think should be posted and what photos shouldn't be? Comment below!

Celebrity News: What Reese Witherspoon Learned After Leaving an Abusive Relationship





By [Karley Kemble](#)

[Reese Witherspoon](#) usually keeps her personal life out of the public eye, but in the latest [celebrity news](#), the actress is opening up about her past. In an interview with *O Magazine*, Witherspoon sat down with Oprah Winfrey and Mindy Kaling in a [celebrity interview](#) to talk about their new movie, *A Wrinkle in Time*, reports [EOnline.com](#). The women also talked about the current state of Hollywood, the #MeToo and Time's Up movements, and Witherspoon briefly delved into her past abusive relationship. When she finally ended the relationship, Witherspoon said, "It changed who I was on a cellular level, the fact that I stood up for myself. It's part of the reason I can stand up and say, 'Yes, I'm ambitious.' Because someone tried to take that from me." We certainly admire her courage and bravery in such a sad situation.

In this celebrity news, Reese Witherspoon opens up about an

abusive relationship. What are some things you can do if you find yourself in an abusive situation?

Cupid's Advice:

Abusive situations are very serious and can be challenging to leave. If you or somebody you know is struggling with any sort of abuse, here are three things to do:

1. Acknowledge: Victims usually blame themselves or minimize the reality of the situation. Abuse isn't always broken bones or black and blue bruises. It takes form of sexual assault, verbal intimidation and threats, too. Acknowledging that your situation is an abusive one does not define who you are, it is a step closer to getting out of it.

Related Link: [Celebrity News: Reese Witherspoon Reveals She Was Sexually Assaulted by Director at Age 16](#)

2. Talk: Once you open up to somebody about your relationship, overcoming it becomes easier. Whether you confide in a family member, friend, or anonymous hotline, you are taking a huge step in your path. Don't be afraid to talk about what you're going through. The National Domestic Violence Hotline has amazing, trained people to talk to 24 hours a day, so call them anytime: 1-800-799-7233.

Related Link: [Source Says Sarah Hyland Will Bounce Back From Alleged Abuse](#)

3. Use a safe computer: It's important to keep your well-being at the front-lines. Computer usage is easily monitored, so you want to ensure your abuser has no access to your searches. The National Domestic Violence Hotline's website has some very informative information about how to reduce your "tech footprint" to reduce the chance of your abuser finding your

cries for help. Deleting your history, cache, and cookies are all starters, though the website has more detailed tips for your benefit.

Celebrity Baby News: Kylie Jenner Reveals the Name of Her Daughter, and Twitter Reacts



By [Karley Kemble](#)

If you thought you were going to have to wait awhile for [Kylie Jenner](#) to announce her new [celebrity baby](#)'s name, you're in for a real treat! In the latest [celebrity news](#), Jenner took her big reveal to social media on Tuesday night, reports [UsMagazine.com](#). Accompanying the precious post was a simple caption: "Stormi Webster" with an angel emoji. The Kardashian and Jenner families are known for their unique baby names, and Twitter users were certainly quick to come up with puns related to the newest celebrity baby. One user wrote "Somebody just said: It will be Stormi with the chance of Reign in the North of Chicago. I said: wait what[?] They replied with: it was a Dream." Too funny! We can't wait for more news about Stormi Webster!

This celebrity baby's name was highly anticipated. What are some ways to honor your family's heritage when it comes to naming your child?

Cupid's Advice:

It's an awesome idea to pay homage to your relatives when naming your new generation. Cupid has some ideas for you:

1. Use a maiden name: Maiden names make beautiful first names! If your maiden name is too masculine or feminine, use a variation that fits your style. Nicholson or Nicholas can easily become Nicole, Michaels can become Michaela. The possibilities are endless, you just have to get creative!

Related Link: [Celebrity Baby News: Surprise! Kylie Jenner Gives Birth to Baby Girl with Travis Scott](#)

2. Middle names matter: If you are set on a first name that

has no relation to your family, consider tying your child's middle name in! You can use the same middle name as a parent, grandparent, or even great-grandparent, or even use their first name. That way, there is a direct familial connection, which will certainly be appreciated.

Related Link: [Celebrity Baby News: Source Says Kylie Jenner's Pregnancy with Travis Scott 'Definitely Wasn't Planned'](#)

3. Use a combo: Perhaps you want your child to have connections to both sides of the family. This can be done a variety of ways. You can combine two names as a hybrid first name, use one as a first and another as a second, or put a hyphen between the two! No feelings will be hurt when you make a clear effort to bring together both families!

We want to know: how did you honor your family's heritage? Share below!

Celebrity Wedding: John Stamos & Pregnant Caitlin McHugh Tie the Knot





By [Jessica Gomez](#)

In [celebrity news](#), [celebrity couple](#) John Stamos and Caitlin McHugh got married! According to [UsMagazine.com](#), the [celebrity wedding](#) took place on Saturday at the Little Brown Church in Studio City, followed by the reception at Stamos' home in Beverly Hills. The magical day will be one of many considering McHugh is pregnant with the happy couple's first [celebrity baby](#).

This celebrity wedding was one for the books. What are some ways to honor your unborn child at your wedding?

Cupid's Advice:

In today's day and age, there's no shame with being a pregnant bride! Cupid has some ideas on ways to give some recognition to your little bundle of joy:

Surprise! Kylie Jenner Gives Birth to Baby Girl with Travis Scott



By [Jessica Gomez](#)

Congratulations to [celebrity couple Kylie Jenner](#) and Travis Scott on officially becoming parents to a new baby! In [celebrity news](#), Jenner gave birth to a baby girl this past week, according to [EOnline.com](#). At that time, Mom [Kris Jenner](#) and sister [Kim Kardashian](#) were seen at the hospital along with Travis Scott and Kylie's best friend Jordyn Woods. The [celebrity baby](#) has not yet been named. As the world knows, Jenner kept her pregnancy on the down low, making this news even more relevant. "I'm sorry for keeping you in the dark through all the assumptions. I understand you're used to me

bringing you along on all my journeys,” Kylie said via Instagram on Sunday. “My pregnancy was one I chose not to do in front of the world. I knew for myself I needed to prepare for this role of a lifetime in the most positive, stress free, and healthy way I knew how. There was no gotcha moment, no big paid reveal I had planned. I knew my baby would feel every stress and every emotion so I chose to do it this way for my little life and our happiness,” she explained. “Pregnancy has been the most beautiful, empowering, and life-changing experience I’ve had in my entire life and I’m actually going to miss it. I appreciate my friends and especially my family for helping me make this special moment as private as we could. My beautiful and healthy baby girl arrived February 1st and I just couldn’t wait to share this blessing. I’ve never felt love and happiness like this I could burst! Thank you for understanding.”

Well, this celebrity baby news wasn’t just a rumor! What are some reasons to keep your baby news to yourself for a while?

Cupid’s Advice:

There are a few reasons that you may want to keep your pregnancy under wraps for a while, just like Kylie Jenner and many others. Cupid has some reasons as to why:

1. You have a stressful pregnancy: You just don’t need nor want the stress. If you have a sensitive pregnancy where your health and the one of your baby depends on you taking it easy, then hiding your pregnancy could be an option for you. If we feel like outside factors can cause us stress during a critical time, then as mothers-to be we must cut out those factors. Sometimes people can become over bearing when it

comes to receiving baby news – so if you're around those kind of peeps, you know what it is.

Related Link: [Khloe Kardashian Reveals How She Hid Her Pregnancy & How She Told Tristan](#)

2. You're superstitious and don't want to jinx it: This may not be logical to everyone. However, if it's logical to the mother-to be, then that's enough – it's her body and her baby. Sometimes certain people find reassurance and comfort in not telling people right away due to fear of a miscarriage or something going wrong. At the end of the day, as long as the baby news is delivered later rather than never, it should be enough.

Related Link: [Kim Kardashian Is a 'Very Hands-On Mom' with New Celebrity Baby Chicago](#)

3. Judgy peers: Whether these peers are at school or work, or are your neighbors, friends, or fam, sometimes they're just not the easiest people to deal with. At times, we may be surrounded by people who judge or gossip, and that can lead to you wanting to keep your pregnancy low-key. During pregnancy, drama should be avoided, so there's no shame in doing what you have to do.

These are just a few reasons why you someone may hide their pregnancy. What are some reasons you or someone you know hid a pregnancy? Comment below!

Celebrity News: Sarah Jessica

Parker Says Time Apart is Beneficial to Her 20-Year Marriage to Matthew Broderick



By [Jessica Gomez](#)

In [celebrity news](#), Sarah Jessica Parker explains how having busy schedules helped her 20-year marriage to Matthew Broderick. According to [UsMagazine.com](#), Parker appeared on an episode of *Girlboss Radio with Sophia Amoruso*, expressing how time apart was beneficial to the [celebrity couple](#). “I know this sounds nuts, but we have lives that allow us to be away and come back together,” Parker said. “His work life takes him here, and mine takes me there. In some ways, I think that that’s been enormously beneficial because we have so much to share in a way,” she continued. And the actress had some

insight as well: “Anytime that any relationship is hard, it’s the point in which you’re deciding, ‘Is this worth the investment getting through whatever that thing is?’”

In celebrity news, time away truly does make the heart grow fonder. What are some ways that distance can actually help your relationship?

Cupid’s Advice:

Sometimes in a relationship, you do need space. Sometimes we like it, sometimes we don’t – but that’s how it is! Here are a few ways relationships can benefit from space:

1. It can boost your individual growth: When in a relationship, we can sometimes lose sight of who we are as an individual. Many times this is due to the compromises we have to make and our focus on “couple goals,” more than individual goals. Time apart will help because you’ll get alone time. During this time, give some thought into where you want to go in life. Think of you, the individual. You can also learn some new things about yourself. As humans, we are constantly changing, and having space for yourself provides the environment and alone time to recognize something about yourself – which leads us to #2...

Related Link: [‘The Bachelor’ Star Catherine Giudici Reflects on 4-Year Marriage to Sean Lowe](#)

2. You can learn something new, like a hobby: And bring it back to your relationship. If you both learn new things while having time apart, it can be an exciting experience to share it with your partner after. Doing new things while there is

space between you two helps because you learn things that are concentrated around your personal preferences and interests. You're doing two things: enjoying your time alone while learning and bringing something new that can even maybe spice up the relationship.

Related Link: [How Jessica Biel & Justin Timberlake Keep Their Marriage Strong](#)

3. It can increase trust and decrease insecurities: If you're going to have time apart, you obviously have to trust each other. And if you don't trust each other, then you have to build that trust – and time apart is a way to do so. You can also gain a new perspective on the relationship. The independence you'll receive can actually make you more confident since you'll be focusing on yourself. Trust us, like we said before, some time apart can make the heart grow fonder.

What are ways giving each other space has helped your relationship? Share below!